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YEAR 26, NUMBER 4

APRIL 2016

The East Shore Mainstreet

KOOTENAY LAKE BC

Serving the East Shore Communities of Boswell, Gray Creek, Crawford Bay, Kootenay/Pilot Bay and Riondel



Photo: Ingrid Baetzel

in this issue:

- April Horoscope: 4
- Greenhouses & Growth: 6,7
- Rio Hist Soc 40th Anniversary: 9
- Forest Stewardship Mtng: 11
- All the Learning!: 16
- Our Wild Purcells: 17
- the mainstreet is online!
- www.eshore.ca

East Shore youth braved the wet conditions to ring in their Easter Sunday with an egg hunt followed by a few serious games of Capture the Flag and a barbeque in the park. 14 local youths (in the designated 12-18 year range) were present at the event, which was sponsored by the East Shore Youth Council through the annual Community Directed Youth Fund. Steven Sayer is the current youth coordinator and has more fun events planned before the funding for this fourth consecutive year of \$25,000 granting expires. On April 19 at 3pm, the youth society will host their AGM and they invite the community to join. They are currently seeking new board members. The meeting will be at at the Crawford Bay School - all welcome.



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Mainstreet Meanderings

by Editor Ingrid Baetzel

Over seventy East Shore residents turned up for an information session/Q&A at the Crawford Bay School on March 11, 2016. The purpose of this meeting was to give the community an opportunity to hear the School Board's Secretary Treasurer Kim Morris and SD8 Trustee Lenora Trenaman explain the process that allowed the scenario of Crawford Bay School losing its Grades 10-12 and making it a K-9 school become even an option for discussion.

As part of the school district's Facilities Planning and Review process, there were presentations given at schools and around the district in late 2014 looking at declining enrollment, capacity under-utilization, huge looming capital and deferred maintenance costs, increased cost in building failures and pressure to complete outstanding work orders. Part of this process included an invitation for the public to provide ideas and feedback regarding ways for the district to streamline, cut costs, answer some of these concerning cost issues and just generally have a voice.

Out of this invitation, the board looked closely at 92 different suggestions and, after putting them through a rigorous filtering system, including such factors as economical, educational, operational and logistical drawbacks and benefits, narrowed the field down to 50 scenarios. One of those 50 scenarios (in fact, the only scenario that directly affects CBESS) is the reconfiguration of CBESS to a K-9 school, sending our senior (grad program) students to LVR. This scenario is what has this community reacting very strongly.

What is important to know is that this scenario is one person's idea (although others may think it's a good one, it certainly didn't appear that way at the meeting) and it was submitted via email and it deserved, as much as any other scenario, to be analyzed and discussed fairly by the board. What is now left to the community is the opportunity to give voice to the myriad reasons why this plan is not a fitting or good scenario for cost-saving measures for the board and district.

It was hugely important that people take the opportunity to give their feedback. At the time of printing, the deadline for the public feedback has come and gone and the draft plan has just been created. If the voice of this community was loud and sound enough in negating this scenario as even a remote possibility, then it will not even make it onto the draft plan. If it is still on the draft plan, there follows another public input period before the draft plan becomes more official. The special board meeting, open to the public, where the draft plan will first be presented will be (was) on March 29.

Here's hoping that the board threw out this utterly frightening proposal and all that will be left is a memory of a time when this community fought yet again to maintain basic services, and won. If it's still in the draft plan, it is likely that this community will need to truly gear up and get to work. Watch for updates.

Barefoot Handweaving

Love is a feeling completely bound up with color, like thousands of rainbows superimposed."
Paulo Coelho

OPEN lots in April 10-4 227-9655

LETTERS TO THE EDITOR

EVILS OF STYROFOAM

Dear EDITOR

Thank you, Juergen Baetzel, for your letter about the evils of styrofoam. I am often trying to fish it out of the recycling bins by our store, for fear that the entire binfull will be diverted to a garbage site.

The only purpose I have come up with is to crumble it as much as you can and use it to cover pipes to prevent freezing and make identification easier when you are digging again. How about also putting some on top of your septic tank and junction box and then the dirt on top? This would have made it easier for some of us looking for the septic tank at Gray Creek Hall.

Tom Lymbery, Gray Creek

EASTSHORE AMBULANCE SPRING FUNDRAISING

Dear Editor:

The Eastshore Ambulance Auxiliary Society is sponsoring a Spring Fling Raffle* to assist in the continuing operations of the society. Our goals include supporting the ongoing training of BC Ambulance staff, purchase of various equipment requirements/enhancements, providing general assistance to the day to day operations of the ambulance service as well as providing enhanced service delivery to their patients.

The Spring Fling Raffle started the week of March 14 and tickets may be purchased through to April 8, 2016. This is your chance to WIN 1 of 9 Great Prizes, with a total value of over \$1000. Tickets are priced at \$2 each or 3 for \$5. Prizes include a custom made floor lamp from The Forge, a full size handmade quilt, handmade quilted carry bags (2), three hours labour vouchers (2), one dozen handmade all occasion cards (2 pkgs.) and a recycled glassware bird bath/feeder.

Tickets may be purchased until April 8 at Bob's Bar & Grill, Riondel Market, Crawford Bay Market, Gray

Creek Store, Lakeview Store, Crawford Bay Fitness Centre, Yasohara Ashram and Crawford Bay Credit Union. Prizes may be viewed at Bob's Bar & Grill until March 27 or at Crawford Bay Credit Union from March 29-April 8. The draw will be held at noon, on April 9/16 at the Crawford Bay Credit Union. You do not have to be present to win and will be contacted by phone if you are a winner.

The Eastshore Ambulance Auxiliary will also be holding their Sixth Annual Garage/Bake Sale starting the weekend of June 3/4, 2016. More details will be forthcoming and donation drop off points will start approximately mid May. (Arrangements can also be made for pick-up of goods.)

Please purchase your tickets and help us continue to support the Eastshore Ambulance Service & Auxiliary Society. Thank you!

*BC Gaming License#83362

Christy Gillespie, Chairperson

**RDCK
Recreation
Commission No. 9**

Call for Grant Applications

Non-profit groups can submit Recreation grant-in-aid applications to the Rec 9 commission (Box 208 Crawford Bay) by **12noon, Monday, April 18**. Applications can be downloaded from the RDCK website or picked up at the Credit Union East Shore branch. Please refer to the website for evaluation criteria. The Rec 9 meeting to review the applications is scheduled for **Monday, April 25, at 9am at the Gray Creek Hall**. This meeting is open to the public and applicants are encouraged to attend.

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or Best Yet, Email to: mainstreet@eshore.ca

The opinions expressed in this paper are not necessarily the opinions of staff or advertisers. We reserve the right to edit for clarity or brevity and acceptance of submissions is completely at the discretion of the editor.

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Next Deadline: April 27, 2016

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...and you will have seen the world
by Elisa Rose

Center of village is Plaza with statue of *my* important friend.



RDCK Area "A" Update

by Garry Jackman,
Director - Area "A"

SNOW PACK: When I went to the link for the BC River Forecast Center this year I found the link had changed and when I found the new page I note there are fewer gauges listed than I had seen in the past. By digging down into the layers the other gauges become visible. I note as of March 23, the snow pillow gauge at Redfish was tracking at near record depths, while the Moyie and Morrissey gauges are tracking close to average and others such as East Creek are somewhat above average. As of March 1 the West Kootenay had 106% of average snow pack, in spite of Kootenay region temperatures averaging 3 to 5 degrees above average through the month of February. In the East Kootenay the snow pack was at 98% of average as of March 1. I suspect the levels are somewhat higher now, but the new summary will be out on April 1.

Regardless of snow pack levels, the RDCK needs to begin flood readiness before this time of year since we can have minor slides and flooding events due to wet weather such as we recently experienced. More on RDCK emergency response measures below.

The peak lake level is dependant on snow pack, rainfall, temperatures and of course the lake level as the freshet begins. Under the 1938 Kootenay Lake Order issued by the International Joint Commission (IJC) the gates at the Corra Linn dam are to be operated so that the lake level shall not exceed elevation 1744 on February 1st, elevation 1742.4 on March 1 and elevation 1739.32 on or about April 1 except under extraordinary natural high inflow conditions. This is one of those extraordinary years, where rainfall and melting mid-level snowpack resulted in a rapid rise in the lake level during early March. As

of March 1 the lake was one foot below the maximum target at elevation 1741.3 but by March 22 the lake was still at 1741.4 when it should have been heading steadily downward towards 1739.32 for April 1. Starting with a higher lake level in the spring may result in a higher peak level. This is a year when, if the Grohman Narrows project was undertaken, flowing additional water through the entire system now could alleviate downstream concerns around high flows, increased bank erosion and possible flooding later. To me the Grohman project would provide another tool for adjusting water levels through the year that could benefit residents upstream and downstream of Corra Linn. Such a tool could also be used to assist in adjusting lake levels for environmental projects such as encouraging shoal spawning. BC Hydro announced it would not look further into options several months ago but I believe some of the longer term advantages were not fully examined.

EMERGENCY RESPONSE: Under provincial legislation local governments are obligated to respond to local emergencies, generally for the first 72 hours of an event which is how long it can take for various provincial agencies to mobilize additional outside resources depending on distances to travel or the number of other events ongoing around the province at the same time.

In order to be able to respond quickly, the RDCK has three emergency response coordinators who work year round to prepare emergency response plans, network with local resources such as first responders, BC Ambulance Service, the Red Cross, Interior Health, various societies and community groups who can lend assistance in an emergency and with the Emergency Management BC personnel who work directly with the province. Monthly meetings are held to coordinate activities, organize joint training exercises and keep organizations up to date.

Local contacts also include lists of contractors with heavy equipment who can respond to assist during floods or wildfires, retailers who can provide food or medical provisions, organizations (such as school districts or clubs) that can assist with transportation or community members who can assist in identifying neighbours who may be frail or elderly and require a wellness check during events such as extended power outages.

Some communities have local contact persons who

are able to attend the coordination meetings and stay abreast of issues. Other communities could benefit from more volunteers coming forward to assist. If you would like to become more involved, you can contact me and I will put you in touch with our emergency services coordinator.

This year the province has drafted an amendment to the emergency legislation and is seeking input from local government and the public in general. The major changes I noted were that the new legislation contains a provision for the province to tell a local government that they must do a more comprehensive plan than in past years. This includes language that suggests to me the RDCK could be required to do more to plan for anticipated hazards which could become a substantial burden on property taxpayers if the provincial hazard mapping updates are downloaded to local government.

Another change is the proposal to authorize the RCMP and local police forces to apprehend residents who do not comply with an evacuation notice. In the old legislation, only minors could be compelled to leave an area (or be apprehended) while an adult could remain to do whatever they felt necessary to protect their property, such as during a fire or flood. The controversial point is whether the local first responders would be expected to later try to rescue a resident who refuses to evacuate, hence the proposal under consideration to give the police the authority to force evacuation.

CBT COMMUNITY INITIATIVES PROGRAM: The local review of 2016 applications to this fund will be held in the Gray Creek Hall at 6:30 pm on April 4. This year there are 41 eligible applications looking for funding from the Area A. All applications go through a screening process based on CBT criteria before they are passed along for potential funding. The eligible applications for Area A total just over \$105K while the available funding is just under \$36K. This is typical for our area, so the community volunteers who have agreed to run through the applications at the public meeting and make recommendations which total to an amount within the available funds will once again be facing a challenge. The meeting is open to all so please join us.

If you have questions or comments on any topic, please drop a note to gjackman@rdck.bc.ca or call me at 250-223-8463.



Hidden Taxes by David George DIRTY LAUNDRY

More than a century ago, prospectors involved in the California gold rush (1848-1855) used to send their laundry out to be washed. They sent it way out, to China, all the way across the Pacific Ocean to be washed and returned to them. Or, NOT. This is a wonderful example of a modern myth.

Also likely mythical is the tale that shirts were sent to Honolulu in what was then called the Sandwich Islands. What is known to be true is that Chinese laundries appeared early in that gold rush.

Wah Lee, the first Chinese laundry business in San Francisco, opened on the corner of Washington and Grant Streets in 1851. It cost \$5 to launder a dozen shirts, a bargain compared to the \$12 price charged in Hong Kong. His small, leased storefront in San Francisco had a simple sign: 'Wash'ng and Iron'ng. Within a few weeks, the business had expanded to twenty washermen working three shifts daily. By 1870, there were 2,000 Chinese laundries in the city.

NOT A MYTH is the fact that dirty laundry from five interior hospitals may end up shipped to a private facility in the Okanagan or the Lower Mainland unless the decision of Interior Health to contract out laundry services to a company called EcoTex starting in 2017 can be overturned.

Those hospitals are located in Kamloops, Kelowna, Nelson, Penticton and Vernon.

In Nelson, 20 jobs will be lost. A total of at least 100 jobs will be lost at the five affected hospitals, according to the Hospital Employees Union.

EcoTex Healthcare Linen Service, Inc., based in Abbotsford, appears to be a Canadian subsidiary of a Seattle, Washington parent company.

Between 2005 and 2014 EcoTex contributed more than \$125,000 to the B.C. Liberal Party. Its CEO and

president, Randy Bartsch made personal contributions to the Liberals of \$10,720 between 2006 and 2010.

Mr. Bartsch's company has been rewarded with a twenty year contract, (I say again 20 years!) to clean five hospitals' dirty laundry, to the tune of \$11.5 million per year. That \$11.5 million per year is suspiciously similar to the present costs of operating the five separate laundries. Mr. Bartsch himself was personally rewarded by our glorious Premier Christy Clarke in 2013 with the Queen's Diamond Jubilee Medal.

Last year, nearly 13,000 concerned citizens signed a petition against contracting out laundry services that was tabled in the B.C. Legislature. The Liberals allowed Interior Health to go ahead with the contract anyway at the IHA board meeting on March 1 of this year.

Last fall, Dr. Marvin Shaffer, a Simon Fraser University economist, found no valid business case for contracting out the work, after reviewing internal IHA documents, obtained through a Freedom of Information request.

Roadside demonstrations were held in Nelson, Kelowna, Penticton, Vernon and Kamloops as part of a February 29 Day of Action - Leap for Local Laundry - in advance of the Interior Health Authority's (IHA) March 1 board meeting at which this scurrilous 20 year contract was signed. It was not supposed to be a 20 year contract. The requests for proposals stated it would be a 10 year contract with an option for 10 more years.

Shipping costs should be a concern, as well as shipping distances. Five trucks would have to make round trips every day, rain or shine, or snow. Take a look at the route to either the Okanagan or the Lower Mainland from Nelson. Imagine what could happen in winter to that route. Also imagine the carbon footprint of those five trucks making round trips every day of the year.

IHA tries to ignore the fact that carbon emissions would increase from the use of those trucks. That, plainly speaking is hogwash. Of course there would be more carbon emissions.

What about recovery of lost items which get into laundry? In a centralised, privately run laundry, how would items such as eyeglasses get returned to their owners successfully?

What can be done to overturn this dirty laundry contract and keep jobs local?

If you have any ideas, you might call the Hospital Employees Union at 1-800-663-5813.

You might call our own MLA, Michelle Mungall at 250-354-5944 or 1-877-388-4498 or go in to her office in Nelson at 433 Josephine Street. I do not know what she can do, except make sure people know about what is happening and speak in the legislature, as the Liberals control the legislature by 48-34 until the election next year.

Save that date/ 2017 May 7, I think, although that is a Sunday.

FACEBOOK & SKYPE FOR SENIORS

Saturday, April 16 & 23

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April Horoscope

by Michael O'Connor

Tip of the Month: Eclipse season ends at the time of the next New Moon which happens on April 7. What is also significant about this one is that it is in Aries. The Aries lunar cycle has a way of activating the accelerated momentum of spring. Last month's solar and lunar eclipses sure did give it a boost, though. Whatever key events they were destined to trigger are now underway and there are many at the collective level.

The upsurge in terrorist attacks in Europe, the Middle East and Africa will likely prove to result in an escalated and pivotal series of events activating things on the global scene. This adding to the ongoing wave of refugees the world over, but into Europe especially, reveals the birth of a new era, a global village. This is quite in keeping with the dawning Aquarian Age. Our human family must adapt to mergers between peoples on every front and at every level.

Clearly, the U.S. Presidential race is producing a lot of reaction and has gained global attention. It is serving as a catalyst, bringing to the surface a good deal of resistance, resentment and racism in that country. A core theme in the coming New Moon chart indicates that the plot we see unfolding on all these fronts will deepen in April. Stay tuned.

(Read more in my Newsletter. Sign-up is free on my website.)

Aries (Mar 21 – Apr 20)

Your mind has been opened. Your sights are set on the future. A growing sense of your individuality is taking hold. A rebellious, even punchy mood prevails. An array of dreams, hopes, wishes and prayers too, are competing for your conscious attention. Determined to make these manifest, you are ready to get to work. Your focus will increase over the coming days and weeks. Carpe diem!

Taurus (Apr 20 – May 21)

An inner focus continues. Building your strengths, focus and resolve are featured. Acknowledging what makes you special is important to succeed. It has probably been difficult to focus over the past several weeks. All that is changing now. Yet, it will take a while longer before all your engines are fired. Outlining a plan backed by a realistic strategy will help you to feel the solid ground.

Gemini (May 21 – Jun 21)

There is writing on the wall. Hopefully it says what you want. Gaining glimpses of the future are also a challenge to remain present in the moment. Be careful of an overactive imagination that does not serve. Direct your focus to increasing your confidence. Homework is implied. Whether it is academic or literal, like spring cleaning, is for you to decide. Focus on the details and the facts.

Cancer (Jun 21 – Jul 22)

A visionary and fiery mood prevails. Some may even deem your attitude to be feverish. Your world is rocking and you are meeting it in kind. Digging deep, even getting to the bottom of things, feels necessary. Calling upon angels and higher agencies feels instinctual. Asking for support from others is featured as well. Take a strong lead but ask too and be open to receive.

Leo (Jul 22 – Aug 23)

The spring sap is running fast in your veins. Directing this surge of passions towards both practical ends and romantic ideals may require some discernment to keep things balanced. Achieving both will feel empowering. As much as you want to forge ahead quickly, circumstances are forcing you to be patient. Focus to achieve one clear goal a day and you will prevail. All the while, you feel playful and sporty.

Virgo (Aug 23 – Sep 22)

Spring is a time of change for you. Engaging in some form of transformational activity is almost necessary. This can range from gardening to healing with a therapist. Yet, this year there is a new twist in the mix. Somehow it is different than it has perhaps been for many years. Seeing through and beyond as with fresh eyes is a good sign that you are in-tune.

Libra (Sep 22 – Oct 22)

Relationships are rising, or is it an upheaval? Something is sure shaking according to the planetary portrait. More patience and faith and giving to situations too, may be required. Keeping the peace may be challenging but may be exactly what is required. The situation may be described as 'grace under pressure'. Positively, your energy levels continue to rise.

Scorpio (Oct 22 – Nov 21)

You are on a roll. It may even be described as a revolution. Some existing relationships may be under review and seriously in question. If you cannot achieve a breakthrough, there could be a breakdown. The emphasis may be more centered on your social life than your personal, however. This trend will continue. Regarding new relationships, seek people that you can genuinely work with.

Sagittarius (Nov 21 – Dec 21)

Spring is igniting you to take action. You feel assertive, even aggressive. Eager to expand your horizons, a growing determination to break through lines of resistance is palpable. Balancing a cautious approach with an itch to gamble is guiding your choices. Establishing a solid foundation feels more important than ever. Reserve the right to do it your way.

Capricorn (Dec 21 – Jan 19)

Doing the inner work so you can expand your outward reach is a core theme now. Hardly in a superficial mood, you are determined to get to the heart of the matter. The delicate balancing act of dissolving old relationship involvements and/or patterns with deciphering the scope and degree of commitments is featured. Expect this round of the cycle to continue for the next few weeks.

Aquarius (Jan 19 – Feb 19)

It may seem as though with each new day your perceptions, thus your perspectives, are changing. This trend will continue, so you might as well accept it as your norm. Positively, this implies an accelerated evolutionary process. As it is the Age of Aquarius, you and your kind have been selected to lead the way by getting out of the way. Embrace the paradox, faithfully.

Pisces (Feb 19 – Mar 20)

Your ambitions are on a steady rise. This includes expanding your social horizons. Entertaining new possibilities and playing with ideas feels right. The time has come to take some key initiatives. This includes both getting and sharing new knowledge. You may feel the need for some downtime on the weekend, but your enthusiasm levels will rise noticeably as the week progresses.

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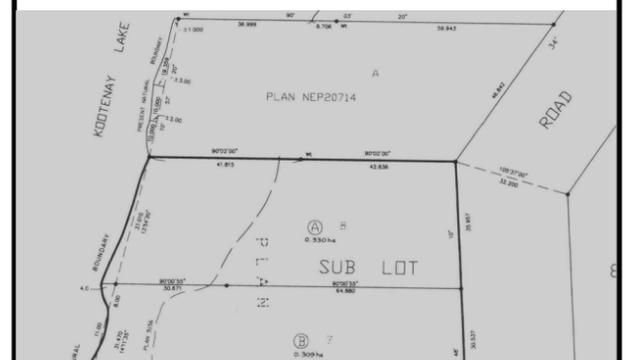
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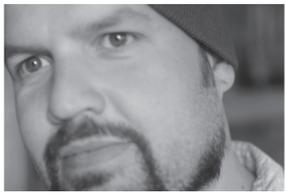
Land Act: Notice of Intention to Apply for a Disposition of Crown Land.

Take notice that Jeffrey Stockdale and Lily Nichols of 1220 Memorial Drive NW, Calgary, AB. T2N 3E5 have applied to the Ministry of Forests, Lands and Natural Resource Operations (MFLNRO), Kootenay Region, under the Residential Program for a Crown Grant situated on Provincial Crown land (Lot A DL4595 KD Plan NEP22552) near Riondel, BC and containing 0.33 hectares more or less.

The Lands File for this application is 0311567. Direct any written comments concerning the application to FrontCounter BC, 1902 Theatre Road, Cranbrook BC. V1C 7G1 or email to: AuthorizingAgency.Cranbrook@gov.bc.ca. Comments will be received by MFLNRO until April 15, 2016. Comments received past that date may not be considered. For more info, visit: www.arfd.gov.bc.ca/ApplicationPosting/index.jsp

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Hacker's Desk
by Gef Tremblay

Design for Humans

Following Marshall McLuhan's concept, media is an extension of humans. In other words, the reality that we create around us, our habitat, clothing, transportation, are all extending who we are. And we, as designers, makers, artisans, orchestrate this multi-dimensional expansion of our reality. Therefore, it's quite important to bring quality to every thing we are creating.

As a graphic designer, the study of the relationship between media and humans is primordial and ever expanding. Since I work in a two dimensional medium, it often feels like there isn't much more than what meets the eye. But we soon discover that there is a lot more. From rhythm to colors (creating emotions), relating and attachment (or repulsion), the study of graphic design is a lot more than graphic.

"People ignore design that ignores people." - Frank Chimero

Design can be created to abuse and can lead toward the forcing of ideas or sales on the viewer. It can be used to bring distrust towards a certain political party, or change your opinion about certain cultures or countries. But design can also be used for good. For instance, if you were to invite friends for dinner, you'd first invite them, which makes them feel special to start with. Then you might hint about what the food will be. Then you prepare the house, so it feels welcoming, maybe light some incense, put on a nice playlist. Then, you might make sure the experience is great with good

food and wine. That specific design of the experience is there only for enjoyment which can be translated and used in graphic design.

I've worked with the Hexagon Players for a few years now, not only as an actor but also as a graphic designer. From that perspective, the experience of the play starts long before the play itself. With a few photos and articles about the play, one of the first invitations to the play are the ads placed in the papers. That initial contact sets the tone and the feeling of the play. It's quite minimal at first, but this glimpse can inspire and start to create a seed idea of the play.

Later on, the posters come out. Now we are moving to a more physical experience, since the poster is its own entity. There is a furthering of the relationship from the ad to the poster; more information to be read, and further tones and colours to experience. Now we have a map posted on the wall that indicates where the experience is going. It's also generally bigger than the ad, so there are more details in the illustration, creating a story of its own. For instance, the band Genesis's *Nursery Cryme* album cover has a whole story woven in it, and some of its elements inspired the creation of the *One Flew over the Cuckoo's Nest* poster.

The next step in the media creation for the play is the tickets, which is this little piece of cardboard that you carry around for a few days, that holds the promise of the play. This is the first piece of media that is held by the audience. For this part the print aspect is as important as the physicality of the experience which influences how it's perceived. For instance, is the size of the ticket a unique one or a more traditional size, like a business card or a traditional ticket size? What texture is used? And of course the graphic elements are influential in the experience. Details like one or two sided print are all part of expanding the experience.

The last part of the experience as far as media is concerned is the program itself. Although so far I've

limited this to a cheaper print in black and white, it's the next step in the graphic design experience. Maybe next year there will be more energy put toward this last part. Refining this experience from year to year is quite exciting.

There is a lot of storytelling in graphic design where you can invite and guide people on a path. A little bit like Alice following the rabbit, graphic design can trigger your curiosity and lead you to wonderland. What is the story you want to tell? How can you inspire people through your art?



WATER, DROUGHT & CLIMATE CHANGE FORUM
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ESIS in Spring: Project Update, Packages and More
by East Shore Internet Society

The overall Connecting Canadians Project plan involves ESIS receiving grant money over three 1-year terms. Each fiscal year ending on March 31: 2015-2016, 2016-2017, and 2017-2018. So, the first term ends March 31, 2016. There are 13 Internet Service Providers within our area receiving funds under the program. Due to unforeseen circumstances, all of the ISPs did not begin to see grant money until February 22 leaving a very short window within which we were to achieve a lot. In anticipation of funding, ESIS prepared well in advance a robust schedule covering all three phases of the project. The schedule covers material procurement, labour and construction needs. Neil Meyers is our project manager and has been instrumental in the preparation and maintenance of this schedule. Columbia Basin Trust (CBT) has also brought in a project manager on their side to work closely with our project manager and treasurer (Brian Philp) to coordinate the schedule and financial information between the two parties. In order to meet the increased human resource demands of the project, we have welcomed Trevor Ferguson onto our technical team, now working with Ben Johnson and Matt Low.

Your ESIS board and staff have worked very hard to meet the accelerated schedule requirements for this phase of the project. We anticipate meeting better than 80% of our planned material procurement for this phase which consists of: server, switch, router and power supply upgrades, with installation better than 50% complete – the remaining to be completed next month. The next phase will include upgrades to system performance with the addition of new radio/network equipment. This phase of the project sees us building up the backbone of the system, which doesn't yet translate into faster speeds for end users, but that's coming.

We have had some inquiries and suggestions regarding our internet packages, so thought we would take a moment to explain how current packages were developed. First, we started with a comparative analysis of other ISPs. Of course, comparing ESIS with Telus or Shaw is like comparing apples and oranges, so we instead looked at nearby ISPs like Columbia Wireless and Kaslo Info Net (KIN). Both of these ISPs have a large base of subscribers on cable/fibre, which supplies most of their income. In contrast, ESIS' entire network is based on wireless connectivity and has no cable/fibre installations. Another difference is that where Columbia and KIN use wireless, both are able to use higher frequency radios, which are cheaper and faster due to access to clear line of site without obstructions, meaning the subscriber is able to see the tower directly to get a signal. ESIS uses lower frequency, more expensive radios that can get a signal through trees (most of the time).

ESIS then looked at KIN and Columbia package charges and calculated the cost-per-Gb for each in hopes of coming close or matching them. As an example, Columbia's base package is 30Gb for \$55 and no radio charge, which is \$1.83/Gb. KIN charges \$44.95 for 30Gb with a \$5 radio rental which is \$44.95 - \$5 = \$39.95 for \$1.33/Gb. We set ESIS' base package

at \$1.33/Gb for 30Gb = \$39.90 rounded to \$40 then added the \$15 radio rental = \$55 The rest of the packages were derived much the same. Yes, we are currently a bit higher in pricing, but we have to use more expensive radios and the cost of maintaining them is higher. Our whole system is more complicated given the remoteness of many subscribers; it would be nice to have all clear line of site. Our plan is to regularly review packages, our next review being planned for May.

On another note, there's good news for Gray Creek subscribers: the Crystal Lake Tower situation looks finally fixed - the tests we did with the charger donated from Backwoods Solar showed that it worked at 100%. All of the equipment up there (except the radios and the batteries) is new, and has been working great since installed on February 20. The generator has only run for two hours since then much thanks to the sun we've been getting, vs, four hours/day before February 29.

Lastly, a reminder about upcoming service changes, whereby as of May 1, 2016, ESIS will no longer be supporting @theeastshore.net email accounts. Consequently, we recommend users setup a free third party account with a service like Gmail, iCloud (mac users), Yahoo, Hotmail, or Outlook. For those interested, the East Shore Learning Hub is offering a course on Saturday, April 9 from 9 to noon, Crawford Bay School with Geoffroy Tremblay who will teach you how to set up and manage a Gmail account, Google groups, docs and calendar. Cost is \$30 and you are asked to please pre-register, by calling Laverne Booth at 250-227-9218 ext 5518 (class size is limited).

Next Deadline:
April 27, 2016

Twisted Roots Community Greenhouse

by Kurtis Staven

Growing a strong sense of community through recreational gardening, food production, knowledge sharing, and volunteer support.

In 2015, a small group of caring individuals came together to continue and recreate a dream of a positive, family-friendly space for the community. Some non-traditional partners were approached and brought to the table to share our vision of a project that not only grows food, but plays host to school groups and workshops, and provides a green retreat for the cold, gray winter months. With a vision for the more immediate goals and a realization that a project of this nature



could catalyze some important economic-generating opportunities for the community in the future, plus a very limited game plan, we forged ahead.

Several site locations were surveyed for their potential and in August of 2015 the greenhouse frames were secured, dismantled and transported from Creston to Crawford Bay. Thanks to the generous and community-minded nature of two local business owners, we secured a site location at the same time.

During the fall and early winter of 2015, the project progressed from the conceptual and feasibility stage into a construction phase, and then to the point of installing, testing and tuning an under-bed heating system and a test planting.

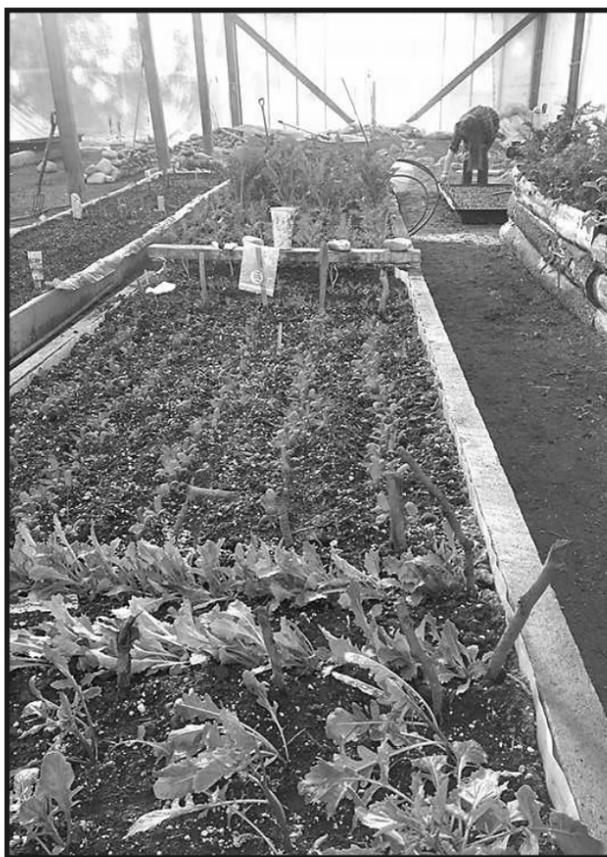
Fast forward to the spring of 2016. After a winter of undying dedication, the drive of a few key individuals and the assistance of several caring stewards, we are ready to move forward to the next phases of this project. This will include clarifying our vision with the input of members, helpers and the stated wants and needs of the community at large which will facilitate our business planning and direct our grant application efforts.

Having a year-round space that gives access to healthy, affordable food remains central to our mission and focus. Structuring areas that allow for accessibility for juniors, seniors and handicapped individuals has also been worked into the floor plan.

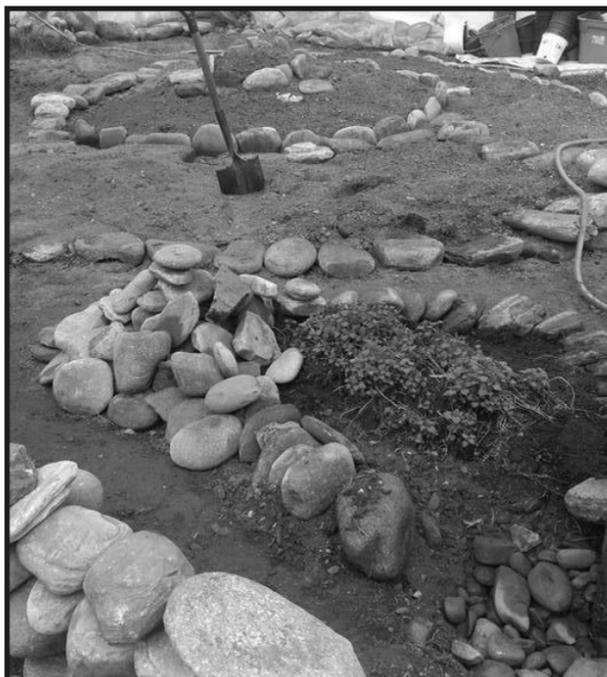
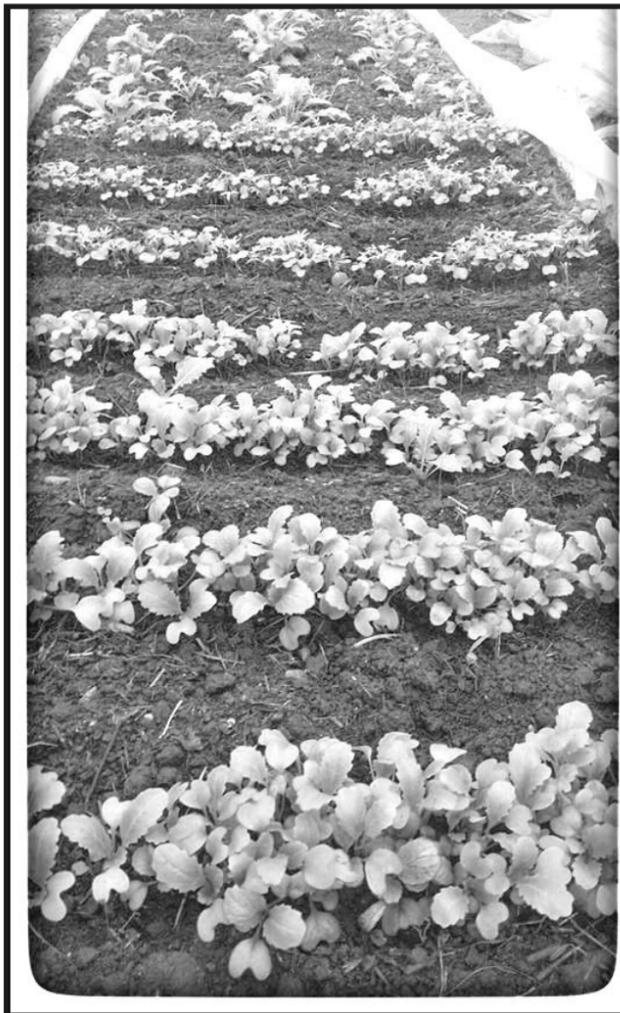
The local stewards have worked very hard to make the daily operations of the Greenhouse a reality. East Shore knowledge, leadership and local champions who are committed to the long-term vision of the Greenhouse will ensure we can grow our future together.

An open house, fresh produce pop-up sales, establishing a small retail presence, weekly CSA boxes, and some lively fundraising events are planned for our immediate future.

Join us today and unleash that inner radical radish or cool cucumber that resides within. As much as this is about the more serious nature of securing a future clean food supply on the East Shore, this is also about having fun while building value into our community. Contact us on Facebook or through our website to become a member, sponsor, helper at large or greenhouse steward.



Photos: Jacqueline Wedge



Food Roots Update

by Nicole Schreiber

Planting Seeds

Plant Sale: Celebrate Earth Day this year at the Food Roots Plant Sale April 23 from 10am-noon at the Crawford Bay School. Have a cup of tea, visit with other local gardeners, ask your gardening questions, share your hard-earned gardening knowledge, and buy some great local starts and transplants for your garden. Proceeds support ongoing Food Roots events. Plus, we've heard that the Twisted Roots Community Greenhouse is planning on having a pop-up sale at the same location, so you can purchase some fresh, locally grown spring greens at the same time.

If you have extra seedlings or transplants from splitting perennials that you'd like to donate to the sale, please do contact us.

Share the Gardens: Do you have a garden or greenhouse in disuse that you'd like to see food growing in? Do you want to grow some of your own food but don't have a garden or greenhouse to do it in? Contact us and we'll try to match you all up. Let's get those East Shore gardens growing! At the moment we know of a garden in Riondel looking for someone to get it growing. Are you interested in using it?

Fields Forward Update: Food Roots is happy to announce that one of our members, Paris Marshall Smith, has been chosen as coordinator for the new 'Fields Forward' initiative of Columbia Basin Trust's Community Directed Funds program. Fields Forward is a three year initiative aimed at helping larger community food and agricultural projects within the area between Riondel and Yahk move forward, with seed funds and support. Paris will be supported by an impact team of individuals from throughout the region. We'll continue to give updates as this initiative gets underway.

Farm and Food Business Skills Conference: On March 19 and 20 the Kaslo Food Hub hosted the third annual Farm, Food, Fork conference, 'A Growing Economy'. This two day event brought together around a hundred people from throughout the Kootenays (including 14 from the East Shore and 3 from Creston) to explore how to develop and maintain successful farm and secondary food businesses in our area. The weekend was a great opportunity for business owners and food organizations to meet and build relationships, to eat fantastic local food, and to learn from successful farm entrepreneurs as far away as Abbotsford, BC (Chris Bodnar - Close to Home Organics). There was a focus on business planning, identifying goals for the business and checking in on a regular basis for small scale producers and processors. As well, there was information on marketing, using social media, building networks and finding appropriate farm management software.

One of the speakers was Sylvia Caldwell of Found Tree Design. A food safety expert, her company here in the Kootenays has a business accelerator program to guide and support new and existing businesses. If you are considering starting or expanding a food business, her expertise may be what you need to get your product successfully on the market, to expand your product line, or extend your product into new markets.

If you have or are considering starting a farming or secondary food business and did not attend, and would like to learn more, Food Roots members who were at the event will be on hand during the upcoming Plant Sale to talk with you, or you can contact us directly.

Thank you very much to the RDCK Area A for a discretionary grant towards subsidies for some of the East Shore folks who attended the conference. This funding definitely made it possible for more people to go!

Feedback from East Shore folks has been very positive. We hope that having had so many from here attend will be inspirational to and add to the business knowledge base of our little community. **You can contact Food Roots at eastshorefood@gmail.com and 250-227-9111**

New Business Introduction

**Bake Shop:
Temptation Never
Looked So Good**



A Mainstreet Interview



Just off the north side of the Junction Creek Hub on the main drag of Crawford Bay sits a sweet little addition of a bakery shop that exudes warmth and sweet smells, brightness and charm upon the first glimpse. Inside, crusty buns and rustic loaves, sweet treats and savoury specialties decorate the counters and the vibe is just good. Behind the counter, you'll find either Jillian Newfield or Ryan Davis, happy to offer you a first-timer cookie on the house, a fresh cappuccino, a decadent lunch to go... so many tasty treats served with warmth and a kind smile. *Mainstreet* sat down with Jillian and Ryan and chatted about how they found themselves here on the East Shore, operating Bake Shop.

Where are you from and how'd you find yourselves here?

Ryan: Well, I'm from Alberta and Jillian is from Manitoba. We both have spent extensive parts of our lives traveling the world. We arrived on the East Shore by chance, both having brief, past experiences in the area (Jill biking across Canada and me hitch hiking). The East Shore stuck out with its beauty and people. We just kinda fell in, and here we are almost two years later. We love this place so much that we chose to hold our wedding right here at the Gray Creek Hall last summer.

What do you serve, and can you tell us your plans for the future with the business?

Jillian: We serve an assortment of artisan breads, from sourdough, ciabatta, French and Italian loaves; as well as a number of goodies from cornbread, cookies, scones, muffins, grandpa's pepper buns, pies, not to mention speciality coffees. Our menu will change according to seasonal availability of produce and other ingredients. As the bakery grows, we intend to source local ingredients, products and services from the surrounding area. We hope to provide baked goods year round and act as a community meeting point.

What are your hours of operation? What other services do you provide?

Ryan: Our hours are 7:30 to 1pm, Tuesday through Sunday (subject to change with the upcoming busier visitor season). We are also providing standing orders for bread and other baked goods – made to order. Delivery is an option, within reasonable distance. If you miss us during our open hours, you can find all baking will be available after hours at the Hub. You can always contact Ryan @ 403.499.8084. Watch for a Bake Shop email soon and a Facebook page for further details.

We would like to thank everyone for the continuous support we have received in and out of the bakery.

New Business Introduction

**New Hands in the
Dirt at Sunny Woods
Garden Centre**

A Mainstreet Interview

Alex Mayer and Susan Brown are excited to announce to their East Shore community that they have taken over Sunny Woods Garden Centre in Crawford Bay. Long-time owners Nick and Jennie Hodgkinson have moved on and Sunny Woods is now in the capable hands of this young duo who are eager to develop the business and grow with their community while continuing on the well-laid path created by the previous owners. *Mainstreet* had a conversation with the two in order to get a better idea about their history and plans for the future.

What's your story and history with the region and how did you find yourself on the East Shore?

Susan: After attending a retreat in Ainsworth Hot Springs in 2011, I fell in love with the area and decided to make a life change. I was born and raised in Calgary and became a Kootenay resident in June of 2014. I moved across to the East Shore in December of 2015 with the purchase of Sunny Woods.

Alex: I've been a resident of the East Shore for 15 years and I feel like I know a lot of people in the area and look forward to getting to know more residents as we move forward with this project. I am originally from Montreal, Quebec. About fourteen months ago, after discovering that we lived above and below each other

in Ainsworth, we became friends and realized our common affinity for small towns, a quiet life, gardening, and business. It wasn't long before the opportunity to acquire Sunny Woods presented itself.

What are your plans with the business?

Susan: We will be keeping the basics of what Sunny Woods has been successfully doing for many years now, such as trees, plants, flowers, shrubs, seeds and gardening related items, seasonal fruits and vegetables, pet food, giftware, and local organic meats. We do plan to expand over the next year or so with

a re-facing of everything, giving a new, fresh look, adding new gardens all over the property and bringing back the popular mini golf just for starters.

We are forever grateful to former owners Nick and Jennie Hodgkinson, who have become like family to us. They will be coming back and forth from Creston this year in order to help us learn and get ourselves situated.

Our ideas are limitless and we look SO forward to serving the community of beautiful Crawford

Bay. Being part of this community is important to Alex and me and we want to hear what people would like to see from us in the future!"

What are your hours and contact info?

Our hours of operation are 9-6pm, 7 days a week, pretty much. If we must close to run personal errands, people are welcome to call Alex's cell at 250-505-0847 to arrange for an alternate time. Our main number is 250-227-9506 if you would like to leave a message there. To the best of our ability, we are here to serve our community.

**Sunny Woods
Garden Centre**



New owners, Alex Mayer & Susan Brown, welcome visitors to

COME AND SEE OUR SELECTION OF:

- TREES, PLANTS, FLOWERS, SHRUBS,
- SEEDS & GARDENING RELATED ITEMS,
- SEASONAL FRUITS & VEGETABLES, PET FOOD,
- GIFTWARE, AND LOCAL ORGANIC MEATS

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DIY Fooding

by Elisa Rose

I am a compulsive maker of foodstuffs. I love discovering new cooking and food preparing techniques especially ones that involve using locally harvested foods. Over the winter there is not a lot to harvest locally, which is okay with me because it gives me a break from obsessively harvesting and foraging for all the local goodies I know are out there.

The desire for DIY (do it yourself) fooding (I think I just made up that word?) is a combination of several factors, such as wanting pure, unadulterated foods for me and my family, lower costs, having a fascination with learning traditional methods; things that have worked for centuries if not millennia and are therefore "tried tested and true" and also because I like to add that elusive flavour known as hand taste.

Since there is not a lot to forage in late winter / early spring, I can satisfy my DIY urges by making yogurt, using locally sourced Kootenay Meadows organic milk from just down the lake, in Creston BC, available in many fine stores including the Crawford Bay Market. Their non-homogenized 3.25% m.f. organic milk is optimum for making homemade yogurt, in my opinion. Most low fat store bought yogurts use gelatin or other thickeners to make their yogurt thick, but with a fattier milk, these additives are unnecessary.

To make a litre or so of yogurt, you will need to start with some yogurt that is already made. Again, go for something without fillers, only live, active yogurt cultures. You need about 3 tablespoons of yogurt, put into a sterilized or at least very clean litre or quart jar, with a wide mouth. Next you need about a litre of non-homogenized whole milk (yes, it's okay if you want to use lower fat instead). Heat the milk in a sauce pan till it reaches 180 degrees Fahrenheit, using a candy thermometer to measure this. Cool it back down to 115 degrees. Add a cup of this milk to the yogurt in the jar and stir it in completely, then add the rest of the heated milk. Put a lid on it.



You're going to need to keep the jar warm, in a spot where it will not be disturbed, so that it sets properly. I put it in a tall stock pot with hot, approximately 115 degree tap water, filled to just below the lid of the jar, in line with the top of the yogurt to be. After 5-10 hours, this can be put in the fridge for at least 3 hours, to cool and thicken. That's it! Yum!

If you keep this up, never running out of yogurt before making a new batch, you could potentially pass on a yogurt legacy to your children, grandchildren and/or your friends that could go all over the world and last, well, a really long time. My mom was once given yogurt from a friend who had brought the culture to Canada when she had moved here from somewhere in Eastern Europe. The same culture had also been sent to Japan with another friend, so, the yogurt had "cousins" across the world. I think that's pretty cool.

Help Save Kootenay Lake Don't Move a Mussel

The Zebra Mussel although small is a major concern for Kootenay Lake. This mussel and the Quagga mussel are both freshwater bivalves native to the Black-sea Region of Eurasia. They were introduced into the Great Lakes from transoceanic ships that discharged their ballasts in the 1980's.

Both Zebra and Quagga mussels have light and dark alternating stripes and hence the name Zebra Mussel. The female mussel of each family can produce an average of one million eggs each year.

These mussels have spread from the Great Lakes and are now in Lake Winnipeg, Manitoba and have infested twenty-four American States.

Some of the implications that will occur if this muscle infests Kootenay lake are:

1. They become so thick that they clog distribution systems for drinking water.
2. They impact fish and wildlife by increasing toxic algae blooms.
3. Ruin beaches.
4. Real estate values, especially lake front fall.
5. Tourism to the area diminishes.

Prevention: All water craft must clean off all plants, mud, and crustaceans. Drain craft on dry land away from the lake, this includes ballasts, wells, and any implement that holds water. Dry all items completely, let dry at least five days in the sun if possible.

At present the South Arm of Kootenay Lake is being monitored by The East Shore Fresh Water Habitat Society in conjunction with Central Kootenay Invasive Species Society. To join this group and be a part of protecting our lake, email mike.ivy@hotmail.com or phone Mike or Ivy Jeffery at 250 227-6807.

For further information, go to dontmoveamussel.ca or invadingspecies.com.

Micropro® Sienna Makes The Grade As First-ever Certified Low Voc Pressure Treated Wood Now available in BC

With environmental sustainability top of mind, people are more conscientious than ever about their impact through the goods they purchase. Just in time for spring, Gray Creek Store just started carrying MicroPro Sienna –an eco-friendly pressure treated wood that's affordable, locally produced and low maintenance, which makes it ideal for all types of outdoor projects.

March 16, 2016 (The Interior, BC) – A new sustainable wood product for outdoor projects is now being produced in Southern British Columbia.

Certified low VOC, MicroPro® Sienna has more environmental certifications than any pressure treated wood product on the market. Aligning with consumer and contractor values around sustainability, Sienna tackles the demand for more eco-driven outdoor lifestyle products with its province-wide launch.

“We're thrilled to be expanding MicroPro Sienna into British Columbia,” says Mary-Anne Dalkowski, Vice-President of Marketing for Timber Specialties. “Making MicroPro Sienna available gives homeowners and contractors a real choice and not one they will feel in their wallet. Instead MicroPro Sienna provides a more sustainable alternative to traditional options and our market research says this is what people want.”

Based on its low VOC emissions, MicroPro Sienna was awarded GREENGUARD Gold Certification for use in sensitive environments such as schools and homes. Its minimal impact when used in soil makes MicroPro Sienna a better choice for urban gardening with the rise in popularity of edible gardens.

Ready-to-build in a beautiful rich brown tone, MicroPro Sienna needs no initial staining. A first in Canada; advanced technology infuses a cedar-tone pigmentation into the treated wood, enhancing the natural grain and character. The result – a durable wood product that looks great for backyard projects of all sizes; from decks and fences to lattices and balconies.

Setting new standards for treated wood products, MicroPro Sienna's patented wood preservation process reduces energy use and greenhouse gas emissions.

“Moving to a value added pressure treated wood product that's environmentally-friendly is exciting, we've been waiting for this to come to the B.C. market,” says Jay Secord, Sales Manager, Treated Wood Products at CanWel Building Materials. “Most consumers assume that being eco-friendly is very expensive, but with Sienna affordability doesn't come at the cost of the environment.”

“Our decision to carry Sienna at our stores is a win-win situation for everyone,” says Steve Conroy, Director of Merchandising and Inventory of Slegg Lumber on Vancouver Island. “You're getting a treated wood product that looks like cedar, is eco-friendly and is compatible with other building materials, at a much lower price.”

How it works: MicroPro Sienna is pressure treated using a patented wood preservative process that uses micronized copper to provide durability to wood used in exterior applications. Because solid copper is injected into the wood at a microscopic level, without the use of solvents, less is released into the environment. At the same time, the lumber's rich colour is achieved by a similar process that injects iron oxide pigments into the wood.

Look for MicroPro Sienna at building material suppliers across Canada and visit microprosienna.com.

ATTENTION BOATERS

PROTECT OUR WATERS FROM INVASIVE SPECIES



CLEAN, DRAIN, DRY YOUR BOAT



CLEAN off plant parts, animals, and mud from boat and equipment (e.g. boots, waders, fishing gear). Use a power wash station if available.



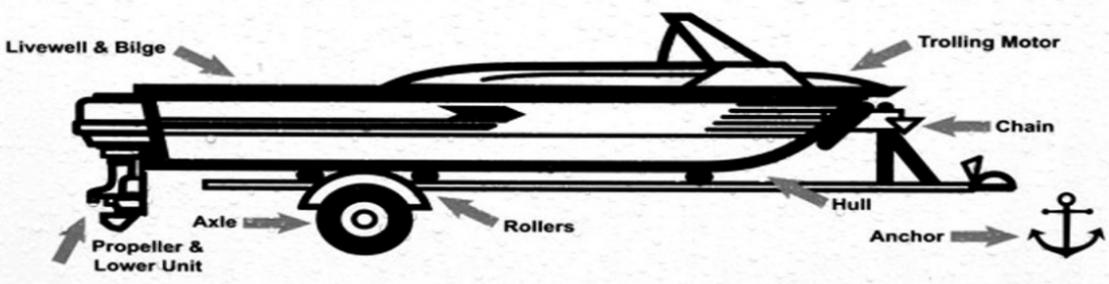
DRAIN onto land all items that can hold water (e.g. buckets, wells, bilge, and ballast).



DRY all items completely before launching into another body of water.



Check these common hiding spots for invasive species:








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Smarter Than Jack or Jill

by Sharman Horwood

Animals are amazing, smart creatures. This column is about exactly that, and I am willing to write up any of your animal stories that show animal intelligence (not to mention cuteness). If you have a story that you wish me to write, please contact me at shhorwood@gmail.com. I won't use your name if you don't want me to, and the story has to be a true story or anecdote. Please include your phone number so I can contact you if I have any questions.

Henny Penny and the Bear

At 15, Henny Penny the chicken was showing her age. Her Bantam feathers were a little grey, a little thin, but although her eyes weren't quite as bright, her eggs laid less frequently, I was very fond of her. She'd been a terrific mother to her chicks.

I'd often watch her with her chicks. Rain soaked the grass overnight and she picked her way through the longer stems with clear distaste, lifting first one foot and shaking the water off, then the other. Her clutch of young chicks scurried along behind her across the wet lawn. Henny Penny knew her chicks were getting just as wet as she was, and just as cold. Despite their very loud protests, she herded them into a manageable group and plunked herself down on top of them. She was going to warm them up. I sighed. That had been her last set of chicks. Nowadays, she still clucked and pecked about as she always had, but sometimes she seemed to peer wistfully behind her, as if expecting to see another group of youngsters who needed her.

Frankly, I didn't particularly want anymore chicks. I had enough hens, and a rooster I'd recently purchased was one too many when he crowed well before sunrise. Henny Penny herself was too old. I didn't know what age a hen had to be before she could no longer lay fertile eggs, but just in case, I shut the rooster up in a pen of his own; well away from the cabin I hoped.

I lived on Kootenay Lake, just a hundred yards up off of the water at a spot called Six-Mile. Behind the cabin, a meadow stretched high towards the trees and brush covering the mountain. My garden sat to one side of the house, a henhouse just beyond that, close to the trees so their shade would keep it cool in the summer.

One day in fall a bear turned up. Every day it hid in the bush, just out of sight. I could see it: a hulking shadow under the trees. Normally, I wouldn't have worried. In autumn bears become eating machines. They look for berries or ripe plums and apples, rich food to quickly fatten themselves up for the coming winter's sleep. Beside the lake, there were lots of berries and bugs to feed them, particularly huckleberries higher up the mountainside. Most of the homes along the lake had at least one fruit tree in the yard, which occasionally drew the attention of a bear if the ripe fruit wasn't picked in time. However, once a bear ate its fill, it usually moved on in search of more food, so I was a little concerned when this one stayed. Each day it lurked beneath the trees, watching the hens. This bear wanted meat. Chicken meat.

The next day Henny Penny was gone, along with the rooster. Only scattered feathers lay outside the chicken shed, the wire fence for the rooster's pen crushed to the ground. I immediately phoned a game warden to have the bear removed, cursing myself for waiting too long. A bear that stalked domestic animals would eventually go after a human. Besides, it had taken Henny Penny, my favourite. The bear had to go.

Two officers trapped the bear the same day, and waved as they carted it off. "We'll take him up the Ymir logging road," they told me. "No one for miles,

and lots of huckleberries out there." The animal—a young one—glared out at me from the back of its cage as the truck drove off.

Good riddance, I thought, thinking of Henny Penny. She'd had a good life, I told myself. But somehow the meadow, the garden, all seemed forlorn without her.

Three weeks later, Henny Penny tramped out of the brush, a clutch of small chicks at her heels. She preened and strutted, knowing I'd be pleased to see her. She paraded her new youngsters before me so I'd admire them. I clapped my hands, delighted. She'd seen the bear, gone to ground, hiding until it was gone, then laid her eggs and hatched them, returning only when she was sure it was safe.

She had one more set of chicks after that, courtesy of the rooster who I never did see again, though I often thought I heard him off in the trees somewhere, crowing to the mountain about his freedom. Henny Penny, though, lived on at the cabin. She was a very smart old bird.

Next Deadline:

April 27, 2016

BOOK REVIEW

by Tom Lymbery

STEWARDS OF THE PEOPLE'S FORESTS - a Short History of the B C Forest Service, by Robert Griffin and Lorne Hammond, publisher Royal BC Museum, 303 pages, \$22.95.

The introduction has 14 pages on early logging, beginning with Captain Cook cutting masts and spars in 1878 at Yuquot in Nootka sound. From that introduction: "The creation of the British Columbia Forest Branch in 1912 marked the start of over a century of service by the many men and women who served as stewards of British Columbia's forests. It is a remarkable story. This book honours those decades of service and presents a small portion of the many events and personalities that mark the evolution of British Columbians' relationship with the forest industry."

Much more than just a reference book this has many photos and stories of our ever changing Forest Service. There were young people employed seasonally during the great depression who were paid \$1.75 per day with 75 cents deducted for room and board – so the dollar a day was so much better than the 20 cents a day paid by the relief camps.

"Recipe for a Forest Ranger" on page 126 gives you a true picture of the late Duncan Cummings of Gray Creek. He started as a summer lookout person in his teens, eventually working up to full Ranger status. Ever-changing systems and regulations made life and work difficult but what he enjoyed most were the parks looked after by the Forest Service. Especially clearing out the original trail up the Blueberry River when he was stationed at Golden. There they found some hundred year old blazes on the trees.

The Service was still expanding in 1952 when they bought lake frontage from Conrad Feenie to build the Gray Creek Station. Gray Creek was an ideal mid lake site to look after logging and forest fires. Cutbacks and changes saw the end of this and even Kaslo and Lardeau. The book pictures the standardized Ranger stations as well as the prefabricated lookout cabins that could be helicoptered into place – now these are historic sites.

The Forest Service has always been a very important part of life on Kootenay Lake so this is a valuable book for all of us.

Riondel Community Library

by Muriel Crowe

Spring has definitely arrived and with it comes our Annual open house. Every year the Riondel Historical Society has joined us for this evening event and this year we are invited to join the celebration of their 40th anniversary on April 21.

We will have door prizes as well as other surprises for all. This includes a brochure with information explaining how to use aids on our web page. As always there will be some light snacks and beverages available after 6pm.

Meanwhile Deberah Shears will keep our toes tapping with her keyboard, perhaps "Name that Tune" should be one of the contests. Please read Susan Hullah's article in this issue for more information about the event.

I won't suggest just yet that hammocks could be hung but that day is fast approaching. In the meantime, find a comfy chair, a delicious snack, grab a good book or two, relax and enjoy.

Remember we have well over eleven thousand books so if you don't have one handy come and borrow.

Creativity, Community, Conscience

mainstreet@eshore.ca

Riondel & Area Historical Society Celebrates 40th Anniversary!

by Susan Hullah

The Riondel & Area Historical Society will soon celebrate its 40th anniversary and you are invited to the party on April 21 in the Riondel Community Centre.

The museum doors will open at 5:30 for viewing of artifacts and a photographic display highlighting the East Shore's fruit ranching era, which was going full steam ahead 100 years ago.

The society will also unveil an artist's concept of a sign project we have undertaken to complete this year. It will highlight the historical relationship between Plaid Lake, the (now decommissioned) dam located there, and the mining and milling operations that took place in the community of Riondel.

Visitors can obtain their copy of an East Shore Trivia Quiz in the museum. Winners will be announced later in the evening with prizes for first and second place.

Snacks and beverages will be served in the Seniors' Room starting at 6:00 where Deberah Shears will play background music including tunes from the mid-70's.

The entertainment program will begin at 7:00 in the Bingo room. It includes: Retrospective of 26 years in Riondel and its fascinating residents presented by Terry Turner; a History of East Shore Fruit Ranching presented by Susan Hullah; and 'Freedoms, Dreams & Travellers' by Wendy Scott;

For those who want to stay a bit later, Susan will also present 'Orchard Work' a memoir from her childhood in the orchards of the Okanagan Valley.

The event will be held in conjunction with the Riondel Library's annual Open House. Their doors also open at 5:30 and they have some surprises in store, too. Please see their article in this paper for further details.

The Riondel & Area Historical Society wishes to recognize the funding assistance of Area A Rec #9.

Attracting East Shore Investment ...

submitted by Greg Blackwell for
Community Connections

Press Release Excerpts

Invest Kootenay and Work West Kootenay have joined forces to create one dynamic new platform to showcase the Kootenays: **IMAGINE KOOTENAY**. Imagine Kootenay (IK) focuses on highlighting the region as a great place to work, excellent area to invest, and an amazing place to live.

“For the past 10 years, Invest Kootenay’s main focus was to promote businesses for sale and investment opportunities in the region, as well as highlighting the advantages of the Kootenay lifestyle. Over the years, we have also seen the need to support workforce and talent attraction activities,” explained Imagine Kootenay’s Program Manager, Jessica Fairhart.

Imagine Kootenay’s new website launched in January 2016 focuses on three pillars:

Imagine Working: Showcasing samples of the diverse employment opportunities and sectors in the region, and providing links to job boards in partner communities;

Imagine Investing: Free service for opportunity holders to post businesses for sale or market new opportunities with over 1800 registered investors;

Imagine Living: features lifestyle information and connections to individual communities.

Prior to the new partnership, Invest Kootenay had a successful 10-year history of connecting investors and opportunities in the region via its online directory of businesses for sale in the region and had grown to include 12 partnership communities.

Work West Kootenay (WWK) was a successful workforce recruitment initiative from the Lower Columbia Initiatives Corporation focused on promoting the benefits of living in working in Trail, Rossland & Area. The new partnership means that the successful WWK program has been amalgamated into all 12 IK partner communities.

To find out more about the initiative and opportunities available in the Kootenays, please visit imaginekootenay.com

Within the past six years, there have been 33 confirmed investments in Imagine Kootenay listed opportunities, representing \$8.3M in direct investment among Kootenay community partners participating in the program. It takes mere minutes to list an opportunity and realtors support the service ... if you have an east shore investment opportunity why not try this free service that has no obligation. If you want help listing an opportunity or have someone do it for you just send a message to skootenaylakecss@gmail.com or call East Shore Community Connections at 250-227-9218x5505 and leave a message and we’ll get back to help out.

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Call Alison Bjorkman at
250-428-6356 to book a free
appointment in Crawford Bay...
www.futures.bc.ca

Growing communities one idea at a time.

ESTBA Trail Report

by Farley Cursons,
ESTBA Projects Director

With the early melt we’ll be able to access the higher parts of the peninsula trail network sooner. We have enlisted the support of a danger tree faller and by the time of this printing we’ll have begun clearing the winter blowdown as well as some hang ups that we couldn’t get to last fall. Starting with the middle sections of the Height of Land Trail we’ll work our way up to the Summit view point and back down through the William Fraser and Woodlot Trails to Peters Rd.

In partnership with the Tipi Camp Trail Crew we’ll divide the rest of the peninsula trails up as areas of responsibility. ESTBA will be working on the Boomer’s Landing Trail viewpoint although it’s The Tipi Camp Trail Crew that has the mandate to work within the Provincial Park. Trails that access the camp will also be predominantly maintained by Tipi Camps Trail Crew. ESTBA will focus its attention on trails closer to Crawford Bay.

Both Trail Crews wear high visibility vests and are always on the lookout for other trail users while they are working. If you encounter a trail crew working, please assist them by leashing your dogs, dismounting bicycles and following their instructions to ensure the safety of everyone.

Trail Designations

ESTBA has begun placing more designation signage on the peninsula trail network. They can be found on the brown forestry posts at most trail heads. These signs indicate upcoming road crossings and the appropriate usage of the trail. The Pilot Peninsula FSR offers an array of public access roads that can be enjoyed by motorized and non-motorized users however the use designation for all peninsula recreational trails is “non-motorized”. This designation comes from the Ministry of Forest and Natural Resource Operations (MFLNRO) with our local Sights and Trails BC Technicians. The East Shore Trail and Bike Association in agreement with MFLNO are the managers of all Crawford Bay Peninsula Trails on Crown Land.

For more information about this process see: www.sitesandtrailsbc.ca/documents/mountain-bike-policy.pdf

Recreational non-motorized trails have design limits when it comes to their usage. These trails cannot sustain ORV use as the natural tread trail is easily rutted and the trails out-slope gets corroded by machine weight. In the early spring the ground is saturated and soft which makes things even more fragile. The ruts created in March by motorcyclists at the base of the Woodlot trail are a classic example of why we designate trails. Later in the season ORV use on the narrow peninsula trails is a fire hazard and not compatible with the hundreds of hikers and mountain bikers who reside here or come as visitors. Fortunately, the number of ORV users who attempt to tackle our recreational trails are limited to a handful. Access to Crawford Creek FSR and other public back roads should draw ORV users away from the recreational trails as the snow recedes. Just a reminder that dirt bikes, ATV’s snowmobiles and other off-road vehicles (ORV’s) are now under increased regulation in B.C. Drivers of all-terrain vehicles, snowmobiles and dirt bikes in B.C. are subject to new rules that are now in effect.

All recreational vehicles now have to be registered and licensed. Operators will have to wear helmets and

new youth-safety and environmental requirements will have to be met. This according to a statement from provincial Tourism Minister Kevin Krueger and Environment Minister Barry Penner.

“We’ve heard much from off-road vehicle (ORV) groups, the public, and other stakeholders, including the chief coroner,” said Krueger. “There is a broad consensus that it is time for ORV regulations.”

All ORV riders using Crown land will require one-time registration with a license plate for their machines, in addition to wearing helmets and using lights at night.

“The requirement to display a license plate on ORVs makes it possible for conservation officers, park rangers and law enforcement agencies to identify those who are damaging sensitive habitat or harassing wildlife, so they can be held accountable,”

-Environment Minister Barry Penner

Trail use conflict (from previous articles)

It is accepted that trail use is not specific to any one user group or type of use. Hikers, bikers, ORV users, runners, equestrians, commuters and dog walkers all hold expectations for use of natural areas. Increased

access and promotion of trails as well as advances in equipment technology have contributed to an increased number of trail users in our region. Consequently, the odds of an encounter between these trail users is also increased and presents a potential for conflict.

Land managers are increasingly faced with addressing user conflicts over trails within their jurisdiction. That’s why it is more important than ever to employ a coordinated, transparent, and multi-faceted approach to the issues. It may not be possible to completely eliminate conflicts, however a pro-active approach to trail management issues can largely reduce

conflict potential, as well as establishing a framework for addressing them and when they occur.

The Trail Strategy for British Columbia (2009) states that “Collaborative partnerships between trail user groups, governments and First Nations help ensure strong support and collaboration. Additionally, a collaborative planning process ensures that the interests and desires of motorized and non-motorized trail users are accommodated in a manner that promotes mutual respect and cooperation. In these processes it will be important to strategically integrate urban and rural settings with regard to recreation opportunities, transportation needs and protection of open space.”

www.sitesandtrailsbc.ca/.../Trail-Strategy-for-BC_V6_Nov2012.pdf

Risk Management

While all trail use has the potential to result in injury and therefore create liability issues, it is the recent and dramatic rise of “extreme sports” such as climbing, trail running, freeride mountain biking, dirt biking and ATV use that has brought liability and risk management to the attention of public agencies and trail stakeholders. Before the Ministry of Forests Lands and Natural Resources consents to authorizing a trail, by regulation the proponent must submit a proposal that demonstrates that trail construction and management will not cause, to the satisfaction of MFLNRO, either:

- significant risk to public safety
- unacceptable damage to the environment; or
- unacceptable conflicts with other resource values or users

The practice of risk management does not intend to eliminate risks, but instead to diligently identify, reduce, and manage them in order to decrease both risk to the user and potential liability to land managers or partners. The word ‘risk’ as it applies to health and



safety with respect to trail management has two meanings. The first is the relationship of the trail user to perceived and real risks of traveling in an uncontrolled environment. The second and perhaps more important meaning in trails management is the risk incurred by land managers (and private land owners) of providing access to recreational trails for a variety of uses.

Respect based solutions

The East Shore Trail and Bike Associations initiative to develop a conflict management strategy may have limited success in the absence of “respect” amongst local trail users. Respect in this context refers to an inter-related set of values or perceptions that will promote resolution of trail conflicts in the event that they occur. These values can best be presented as an understanding or code of behavior that foster reduced potential for trail conflicts, the code would reflect the following ideals:

- a) Recreational trails are a shared community resource and care for them extends to all users, i.e. responsibility for trail safety, maintenance and behavior extends to all users. Degradation of trails by a specific trail user type or group is a universal source of conflict. If you use it, maintain it and if you wreck it, fix it.
- b) Trail use is a privilege and no user type has more “rights” to a trail than another user type or individual. A multi-use trail is for all legitimate users and is shared equally.
- c) A yield hierarchy exists to ensure passing or encounters are codified to enable a predictable system of response. The most sensitive or vulnerable (e.g. the elderly or equestrians) are yielded to by others.
- d) Cooperation and compromise is preferable to competition and exclusion. Slow down, communicate with the people you meet, be prepared to stop, and pass safely.
- e) The unpredictable nature of outdoor recreation implies a degree of responsibility for one’s own actions and safety while using trails. Stay within your ability level and in control for both your own and other users’ safety.

Many trail uses are intrinsically linked to the perception of risk involved in the experience. While trail users do not intend to injure themselves, it is the challenge of overcoming the risks that makes the experience enjoyable. Eliminating all perceived risks to the user could actually prove to be counterproductive to the purpose of the trail itself. Ensuring safe trail features and infrastructure and providing local Search and Rescue with up-to-date trail information goes a long way to ensure trail users have a positive experience, even when accidents occur.

The East Shore Trail and Bike Association promotes an approach to trail use where respect for the trail and other users, as well as one’s own responsibilities, are an integral part of enjoying an outdoor recreation experience.

For more information or to become a member email: eastshoretrailandbike@gmail.com. Be sure to check out our new website www.estba.ca. See you on the trails!

Golf Kokanee Springs Ladies Day

by Shelley Bumanis

The 2016 season for Kokanee Springs Golf Resort opens April 15 and Ladies Day starts the following Tuesday April 19 and will run each Tuesday through until the course closes in late September.

Regardless of whether you are new to the sport or a seasoned “pro” all are welcome to join the Ladies Club. If you’re not here for the season, join us on the Tuesdays you can. It’s a great way to meet new friends, have a few laughs and practice your swing.

Kokanee Springs has also offered a great rate on Ladies day. You pay only \$50 including cart to play 18 holes at one of the most beautiful courses in BC or \$30 including cart if you can only join us for 9 holes. Please note: both the 18 and 9 hole rates only apply to those participating with the Kokanee Ladies Golf Club. Kokanee Springs also wants to help you improve your game by continuing with the 30 minutes of instruction, free of charge, before the start of each Ladies Day starting in May once everyone is on board. Games are switched up each week to keep things interesting and we also play a weekly skin game for those that like to gamble.

For those interested, we meet up at the pro-shop by 11:30 to organize the foursomes. There is a sign up sheet in the pro-shop, drop by and add your name or call 250-227-6836 prior to Monday noon to insure your spot. If you have an index/factor or know your handicap for the course include that as well. If it’s a last minute thing and you’re available to golf, stop by and we’ll fit you in. The first tee time is off at 11:50.

We are looking forward to another great golf year. Join us if you can.

Forest Stewardship Meeting April 7, 2016

submitted by Mike Jeffery

East Shore Freshwater Habitat Society is hosting a presentation by BC Timber Sales in regards to a Forest Stewardship Plan

The area that will be discussed is a large part of the Crawford Creek drainage and the east slope of Kootenay Lake north of Riondel between Tam O’ Shanter Creek and Bernard Creek.

The full map can be found through this link:

https://www.for.gov.bc.ca/ftp/TKO/external/publish/FSP/Draft-FSP-2016-2021/Maps/Kootenay_Lake_FDU_Map_2016-2021_FSP.pdf

The Forest Stewardship Plan is a landscape-level plan that identifies BCTS’ management objectives for

- Bio-diversity - Forest management
- Wildlife - protected species, habitat areas and winter ranges
- Watershed - consumptive use
- Visual - visual quality objectives
- Recreation - protecting sites and trails
- Cultural - sharing information with First Nations
- Invasive Plants - limiting spread

Forest Stewardship Plans do not contain block or road specific information but we hope to have some-one available to speak to future plans.

This informative session will take place at Crawford Bay Hall on Thursday, April 7, 2016 at 630PM

Spring 2016 Highway Clean-Up

Date: Wednesday, April 20, 2016

Join your neighbours, students and local businesses in cleaning up our roadways and public places!

Call John at 250.225.3333 or email johnsmith@bluebell.ca to get on the list for Riondel to Gray Creek (East Shore Properties).

Bags can be picked up at Gray Creek Store, Lakeview & Crawford Bay Market
Bags/boxes will be picked up by trucks starting at 11:30am.

For Boswell area, contact wesjan@gmail.com - 250.223.8667
(Boswell clean up happening on Wednesday, April 20)

Honk for the volunteers & please drive carefully.

Happy Spring!

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SCHOOL DISTRICT NO 8
(Kootenay Lake)...

DISTRICT SCHOOLS & FACILITIES PLANNING MEETINGS

- March 30 Winlaw Elementary School
- March 31 Salmo Secondary School
- April 4 Central School Gym, Nelson
- April 6 PCSS Auditorium, Creston
- April 7 J.V. Humphries School, Lighthouse

Meetings will be held from 6:30 to 9:00 p.m. (local time)
Crawford Bay residents are welcome to attend in Kaslo or Creston

After the scoring feedback period, please join SD8 in your community for a presentation on the updated scenario scoring (if required) and Draft 1 of the District's Facilities Plan. Draft 1 will outline possible future school configurations, school closure considerations and suggested strategies to improve learning opportunities and address capital pressures.

For more information contact: Kim Morris, Secretary Treasurer - 250-505-7039 or facilities@sd8.bc.ca or <http://www.sd8.bc.ca/?p=3507>

www.sd8.bc.ca



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Nelson BC
Call to Order 7 PM

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WHERE YOUR GREAT IDEAS MEET

Following the business portion of the **65th Annual General Meeting**, members and guests are encouraged to stay and participate in the **Conversation Café**. more at nelsoncu.com/AGM

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April 30: Will D Beats, 9pm
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3rd Friday Each Month: Team Trivia Night!
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Sundays: Brunch, 10am-2pm

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The Hub is now minor-friendly (if accompanied by an adult) until 8pm!

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Next Deadline: April 27, 2016

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The Employment Program of British Columbia is funded by the Government of Canada and the Province of British Columbia.



Seldom Scene

by Gerald Panio



"[Lotte Reiniger is] Among the great figures in animated film.... To date she has no rivals, and for all practical purposes the history of silhouette animation begins and ends with Reiniger." – BFI Screenonline

Well, that was humbling. I'm talking about a recent visit to the Langham Cultural Centre in Kalso to catch a performance by the Small World Project collective from Montreal. Until that evening, I would have said I had a pretty good handle on the keynotes in the history of silent cinema in North America and in Europe. It seems, however, I was mistaken. The musical trio of Sébastien Dufour, Patrick Graham, and Frédéric Samson performed their original score to accompany a mind-blowing 1926 German animated film that I never knew existed. That I should never have heard of Lotte Reiniger's *The Adventures of Prince Achmed* is a little like a fantasy aficionado admitting to never having run across Edgar Allen Poe or his *Tales of the Grotesque and Arabesque*. Downright embarrassing, and I'm making amends here.

Over the years, there's been a long and proud tradition of composers and orchestras doing live performances to capture the theatre ambiance of some of the great silent films. In early February of this year, for example, the Spokane Symphony backed up Chaplin's *City Lights* (1931). Our own Donny Clark played with the entire Vancouver Symphony Orchestra for a week-long, three-screen extravaganza featuring Abel Gance's monumental 235-minute *Napoléon*, first shown in 1927. That was during Expo '86, and it was the last time *Napoléon* would be presented to the public with a live orchestra. Another perennial favorite, Fritz Lang's *Metropolis* (1926), has had numerous live music revivals since its release.

And now it's *Prince Achmed*'s turn. How fitting that it should come via a Montreal connection, seeing that Ms. Reiniger ended her sixty-year career as a filmmaker in that city, working with John Grierson and the National Film Board of Canada.

But let's backtrack a little. Although the Wikipedia *Adventures of Prince Achmed* page mentions that the film has played regularly on Turner Classic Movies (rub it in, why dontcha?), my ignorance has had a lot of company. No version of the film was available for home viewing in North America until 1999. There still isn't a North American DVD similar to the one put out by the British Film Institute to anthologize Lotte Reiniger's other surviving work (*Lotte Reiniger: The Fairy Tale Films*). The only major film reference book in my library that even mentions Reiniger is Ephraim Katz's *The Film Encyclopedia*. There's one paragraph in Geoffrey Nowell-Smith's massive *The Oxford History of World Cinema*. She gets a one-sentence mention in David Bordwell & Kristin Thompson's definitive *Film Art: An Introduction*. And one sentence in Sigfried Kracauer's much-referenced *From Caligari to Hitler: A Psychological History of the German Film*: "In a tiny realm of her own, Lotte Reiniger swung her scissors diligently, preparing one sweet silhouette film after another."

In a tiny realm of her own.... Maybe that's the problem. Reiniger's silhouette film animation was so

utterly unique and so incredibly demanding that she perhaps stands as the only one-person genre in all of cinema history. Director Jean Renoir called her "the Mistress of Shadows." In *Prince Achmed* she created what many historians credit as the world's first feature-length animated film, ten years before that other, slightly more well-known leading contender, Walt Disney's *Snow White and the Seven Dwarfs* (1938). Circumstances conspired to ensure Ms. Reiniger never had a chance to make another feature film, but she would spend six decades (1918-1979) making magical miniatures unlike anything else on the silver screen. Some 60 films, of which about 40 survive.

Her initial inspiration came from Chinese and Indonesian silhouette puppetry, and Victorian silhouette portraiture. To this rich mix was added the cinematic fantasies of Georges Méliès, Paul Wegener, Walter Ruttmann, Bertold Bartosch, and Max Reinhardt. Her technique consisted of painstakingly hand-cutting silhouettes for each frame of film, exploding them into



individual pieces (sometimes 25 to 50 for a single character), and then joining the pieces together with fine lead wire to allow for extraordinary freedom of movement. The whole was then photographed against water-colour-like backgrounds using a multi-layer animation technique that would be further developed by Walt Disney. Sections of the film were then colour tinted in a phantasmagoria of blues, yellows, greens, reds, and oranges. For *Prince Achmed*'s 65-minute running time, at 24 frames per second, Lotte Reiniger would have needed 93,600 separate shots. Actually, it turns out she photographed 250,000 stills! She began the film when she was twenty-three years old, and it took her and her team three years to finish.

What is the end result of this extraordinary application of technique and creativity? Like nothing you've ever seen. The silhouettes come alive, move with the fluid grace of enchantment. At times, one could almost swear the shadows take on a third dimension. The characters may be paper shadows, but some living actors are less expressive. There are Rorschach swirls of blackness, pinwheel demons, floating palaces, metamorphoses, ethereal genies, belching volcanoes, and an epic magical duel involving shape-shifting, scorpions, snakes, lions, vultures, and sea creatures. Design elements feature a sui generis blend of Balinese, Chinese, Indian, and German Expressionist motifs. The superb music score here is, I believe, the original one written by Wolfgang Zeller.

The Adventures of Prince Achmed is available for free online, in its original German print with German intertitles ("*Aladin und die Wunderlampe*" looks pretty cool in faux Gothic/Arabic script). The animation tells its own story, and all that's really needed for anyone who doesn't speak German is a quick plot summary: An evil sorcerer (der africanische Zauberer) lays claim to the Caliph's beautiful daughter, Dinarsade, and in attempting to protect her Prince Achmed, her brother, faces multiple challenges, falls in love with Peri Banu, the lovely ruler of the land of Wak Wak, finally allies himself with Aladdin and Die Hexe, a powerful witch, and triumphs over evil. It's a glorious pastiche from that endless well of stories that is the Arabian Nights, with a bit of Greek mythology tossed in for good measure.

The internet also gifts us with an excellent short documentary, *The Art of Lotte Reiniger* (at dailymotion.com) that has the artist herself demonstrating her technique. Many of her films are based on fairy tales such as *Sleeping Beauty*, *Cinderella*, *The Frog Prince*, *Hansel and Gretel*, and *The Pied Piper of Hamelin*. For *Dr. Doolittle and His Animals* (1928) she had a score composed by Paul Dessau, Kurt Weil, and Paul Hindemith. In 1933 she did a feminist take on *Carmen*, and in 1935 she tackled *Papageno* by Mozart. Some of her short work is free online at openculture.com's "The Groundbreaking Silhouette Animations of Lotte Reiniger." Her *Aucassin and Nicolette*, made for the National Film Board, is available at the NFB website. Reiniger also wrote several books; *Shadow Theatres and Shadow Films* (1970) is still in print. Online articles include a fine short biography at the British Film Institute website, Abhijit Ghosh Dsitidar's "Lotte Reiniger's Silhouettes," and a good article by William Moritz at Animation World Network (awn.com).

For most of her life, Lotte's closest collaborator was her husband Carl Koch, who produced and photographed her films. She chose to leave Germany in the early Thirties "because I didn't like this whole Hitler thing and because I had many Jewish friends whom I was no longer allowed to call friends." She was allowed to bring none of her films with her, and no original copies of her German films are known to exist. What we have are copies of copies.

With the couple's left-wing leanings, no country would give Lotte and Carl a permanent visa and they moved from country to country. She eventually became a British citizen. After her husband's death in 1963 she went into near-seclusion for ten years. With the revival of interest in her work in the late 60s and early 70s, she embarked on the North American lecture tour that would eventually land her in Montreal. She was 80 when she made her last film, a remarkable achievement given the demanding, meticulous craftsmanship of her work.

With gorgeous box set DVDs available of work by silent film masters such as Georges Méliès, Louis Feuillade, Fritz Lang, F.W. Murnau, Leni Reifenstahl, Winsor McCay, etc. now readily available, I hope we will not have to wait too long for Lotte Reiniger to finally receive the North American --- that is now long overdue. In the meantime, we can all joy in the internet's magpie gleanings of her spellbinding artistry.

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w/ Maggie Kavanagh

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Props used in all classes to assist students of all levels.
Please park at the bottom of the driveway and walk up.

Medley Arts Camp

By Nicole Plouffe

Once again the Medley Arts Camp is running this year from July 25-29, 2016!

There are so many incredible courses being offered with new courses added such as: Beginner Harmonica, Yantra Art, Hand Drum Jam, Gymnastics, Puppet Making, Roots Guitar for both children and adults.

Among the returning courses we have: Marimba, Dance Fusion, Samba Band, Landscape Painting, and much more! It will be an exciting week to add to your calendar, and a great time for your kids or grand kids to learn and explore.

To register and find out about all the fantastic courses, please go to www.medleyartscamp.ca. Check us out on Facebook at www.facebook.com/medley-arts-camp, and if you have any questions call Lorna Robin 250-225-3333 or Nicole Plouffe 250-227-8905.



Art in the Library and the Chamber

by Val van der Poel

What fabulous weather we are having and what fabulous art you will be able to see with the new displays for the Art in the Library and the Art in the Chamber. Many area residents look forward to the 'Changing of the Art' and make a point of visiting the venues to see what the artists are doing. I hope more Creston area people will start making visits like this part of their lives.

The Art in the Chamber exhibit "Paintings Plus!" features 14 artists with paintings, pottery, jewelry, fabrics, cards and more. Many of the artists are old friends like the Alfoldys, Ute Bachinski, Carol Huscroft and Janet Schofer. Some of the artists (Richard Mitton and Joe Horvath for example) rarely display work at the Chamber so it makes this display just a bit more special. Also, for this exhibit we have some of the wonderful art of Dena Kubota of Kootenay Bay. Now, if you have been paying attention, you will realize that I have not listed all of the artists so, to find out who else has art at the Chamber you will have to come and see for yourselves. There will be art for every taste and every pocket book from small to large, realistic to abstract and all of it would look great in your home. The Art in the Chamber display runs from March 31 to June 30 during business hours.

The Art in the Library display is a great "Spring Tonic" and should put a bounce in your step. Joe Horvath's wonderful coloured pencil art depicting a variety of different critters and scenes is a delight to see. The bold and colourful mixed media art by Shelly Lamb brightens every room and provides a contrast to Wendy Reeves' softer watercolour paintings. All of the art displayed at the library is for sale, just contact the artist and you can have something in your home all year that makes you think Spring. The Art in the Library exhibit starts on April 2 and ends on July 2 so you will have lots of time to stop by.

Although these new exhibits miss Easter, they cover Mother's Day and Father's Day and I am sure there are also birthdays coming up too, so if you are planning gifts think art, the gift that lasts.

The Art in the Library and Art in the Chamber displays are sponsored by the venues and by the Creston Arts Council, to provide artists from Yahk to Riondel with the opportunity to display their art to the residents of the valley and to any visitors to the area. If you are interested in participating in these displays contact Val van der Poel at 250.866.5772.

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The PAC Box

Your Parent Advisory Council is working hard as a liaison between school and families and would like to take a moment to let you know about what's going on...

PAC MEETING: The next PAC meeting is April 4 at 7pm in the school library. All parents and guardians welcome. If you have an item to discuss, please contact Ingrid at 250.227.9246 or mainstreet@eshore.ca

HOT LUNCH/HL MANAGER: Chef Tyler welcomes input and help/volunteers. If you have questions/comments for the Hot Lunch Program, you can email hot lunch manager Palma at cbeshotlunch@gmail.com.

PIZZA: Pizza is now being served on Fridays on a cash basis - \$2.50/slice. Proceeds go towards a school slush fund to help in affected areas

NOTES: Don't forget that there is now a cap of 10 meals put on the number of lunches that a student can have on credit. We appreciate your cooperation!

GROCERY GIFT CARDS: The next deadline is April 10 - order right away! Proceeds go towards Elementary Music.

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Celebrating Learning Assets on the East Shore

submitted by Laverne Booth

From Riondel to Wynndel, the East Shore of Kootenay Lake offers many adult learning opportunities for residents and for visitors. Our educational and cultural assets include individuals, businesses, halls, non-profit organizations, clubs and groups.

Imagine a small rural area with a small population offering so much to learn and do. The Crawford Bay School mentoring program engages many community members in training youth in practical skills over several years. The Hexagon Players theatre group entertains with sold-out shows and includes youth in their cast. There are art classes at the Arrowsmith Gallery and art events at the Circle of Friends in Riondel. Tipi Camp is run by the Guiding Hands Society and Yasodhara Ashram offers yoga, dream, dance, family camp and many more classes and events. Home studios offering training in arts, healing and technology include Dog House (Ben Johnson), Studio Ponnuki, Ayurveda Now, Kootenay Sound Healing, Tara Shanti, Stitchn'Beach. The arts studios at Wynndel Hall and the art group in Riondel are thriving. There is amazing recreational, arts and well-being opportunities at Boswell Hall and the Riondel Community Centre. Residents can learn to quilt in Kootenay Bay and see artisans at work at the artisans of Crawford Bay. We can get involved in a community greenhouse at Twisted Roots in Crawford Bay or volunteer at the community fitness centre or the hot lunch program, get trained up through the Riondel Fire Service in Riondel or the Boswell Emergency First Responders. The youth society offers service learning for youth who volunteer with local residents to earn credits to take training opportunities. There are fantastic libraries in Crawford Bay and Riondel. EASEY, Food Roots, three historical societies and two hiking groups are more to look for. Kokanee Springs is going into adventure tourism and ESTBA is grooming up our local trails. Don't forget Medley Arts Camp in the summer and music, yoga, dance and art classes by community members all year long.

When the feasibility consulting group (hired by the East Shore Community Learning Hub through grants from CBT, EDC, RDCK and supported by Community Connections) began to survey what is already happening in adult education in Area A, we were amazed! We are developing an asset map, and want to know if we have missed anybody. If you would like to get on the map, please contact us at 250-551-5827 or eslearningplace@gmail.com.

We are trying to figure out how the Learning Hub might sustain itself requiring between \$10,000-15,000 a year. We will be sending out a short email survey to all those who participated as a learner or a teacher in the two year pilot project (2013-2015). We hope you will participate in this survey. Results will be tallied for our celebration on April 30 when we will determine next steps, and how we can all work together to continue to offer fabulous learning opportunities in Area A.

Everybody who contributes in any way to this learning/education/training is invited to the Celebration of Learning Assets on April 30. Watch for posters.

Next Deadline:

April 27, 2016

mainstreet@eshore.ca

Report Back From The East Shore Community Learning Hub

by Laverne Booth

At the end of the two-year pilot project, the tally is in. Here is a list of the courses that we successfully ran from September 2013 to August 2015. Thanks to all individuals who taught classes and took classes. Looking forward to more learning opportunities on the East Shore...

Arts, Language and Cultures:

Total of 9 classes, 79 students

Memoir Writing (CBAL) (17), Biographical writing (CBAL) (8), Singing Soul X2 (24), Spanish (5), Felting (3), Wood-working X2 (14), How to Make a Folk Band (8)

Digital Media and Computers:

Total of 6 classes, 37 students

Computer Fundamentals in a Weekend (4), Social Media Round Up (Seniors, CBAL) (10), iPod and iPad (4), Digital Photography (3), 3-D Printer (6), Self-publishing (CBAL) (10)

East Shore Summer School:

Total of 7 classes, 167 students

Youth Camp-Robotics (4), Creative writing (1), Kids SMART camp (12) (8), Medley Arts Camp (30) (50) (62)

First Aid & Safety: Total 7 classes, 67 students

AED and CPR-C Training (10), Emergency First Aid and AED- CPR-C (13), First aid Essentials (RIONDEL Age Friendly Community) (20), First Responders course (12), Red Cross Emergency Child Care First Aid for Parents (9), Transportation Endorsement (3)

Food & Gardening: Total 4 classes, 22 students

Grow your own food business (5), Gabby Gardeners (6), Marketing Food Products (5) Community Conversation: Sunny Woods (6)

Health/Well-being: Total 6 classes, 72 students

Conflict Transformation (11), Feldenkrais (10), Shifting Focus (3), Introduction to Tai chi (3) Dining on Health Events (Selkirk and ESKLC Health Society) X 2 (45)

Non-profit and small business management:

Total of 6 classes, 43 students

How to Run an Effective Meeting (8), Grant-writing (11), Risk Management (8), Project Management (6), Community Instructors Skill Shop (4), Word Press Café X 6 (Studio Ponnuki) (6)

Outdoor Education: Total 6 classes, 42 students

Intro to GPS and Google Earth (7), Animal Tracking X 2 (10), Bicycle Maintenance (6), Canadian Firearms Safety (7), Women with Saws (12)

Workplace Training: Total 29 classes, 108 students

Food Safe - (15), Emergency First Aid (13), Advanced Computer Training (Selkirk College and provincial ESA funding) Microsoft Word (12), Excel (12), Access (12), Internet and Email (12) Employment Readiness (12) Safety in Resource Industry (SIRI, Selkirk College PBT)- OFA 1 (12), Transportation Endorsement (12), ENFORM chainsaw safety course (12), Supervisory Management- on line (12), Bear and wildlife awareness (12), Job Readiness program (12), S100/185- Fire Safety (12), WHMIS on line (12), Transport of Dangerous Goods on line (12),

ATV Safety (12), GPS and Navigation (12) Job Creation Partnership - training of workers and supervisors- OFA 1 (6), Transportation Endorsement (6), ENFORM chainsaw safety course (6), Supervisory Management in Forestry (7), Wildfire Urban Interface public workshop (35), Wildfire Urban Interface Assessment and Mitigation X2 (15), Bear and wildlife awareness (6), S100/185- Fire Safety (6), GPS and Navigation (6)

Youth: Total of 4 classes, 53 students

Driver training (Youth Council) (12), Food Safe (College of the Rockies) (15), Emergency Red Cross, First Aid-(13), Babysitting Certificate (13)

TOTAL # OF SUCCESSFUL COURSES - 84

TOTAL NUMBER OF STUDENTS - 690

The total number of students is probably more like around 400 if you take out individuals who took more than one course. For example, the 15-20 youth who have engaged in the training opportunities are the same characters, and make up almost the full population of the youth who live on the East Shore. Also, Medley Arts Camp has many return students.

Total # of Local Resident Instructors - 42

Instructors who live within 100 km radius: 27

Total number of courses organized: 109

Courses Cancelled: Total of 16/Total of 15%

Digital Music Making, Women's International Food Group, Book-keeping for Small Business, Quick Books, Wondering about Becoming a Charity, Financial Management for Women, Holistic Hunting, Psychology for Fun, Snowmobile Safety, Dog Training, Volunteer Management, Creating a Respectful Workplace, Food Safe, Social Media Marketing 101, Microsoft Excel 2013, Traffic Control/Flagging.

Percentage of cancelled courses from the total of 109 courses that were organized: 15%

A HUGE THANK YOU TO ALL OF OUR PARTNERS WHO MADE THIS POSSIBLE

- ♥ Columbia Basin Trust
- ♥ Selkirk College
- ♥ CBESS & Kootenay Lake School District #8
- ♥ Kootenay Employment Services (KES)
- ♥ RDCK Area A
- ♥ Columbia Basin Alliance for Literacy
- ♥ Ministry of Social Development and Social Innovation (JCP)
- ♥ Inter-event Funding of Multicultural and Heritage Canada (Global Gestures)
- ♥ Yasodhara Ashram
- ♥ Kokanee Creek Golf Resort
- ♥ East Shore Koot Lake Comm Health Society,
- ♥ Bosw & District Emergency Responders Soc
- ♥ Riondel Volunteer Fire Department,
- ♥ Riondel Ambulance Society
- ♥ Riondel Seniors
- ♥ Riondel Age Friendly Community
- ♥ Crawford Bay Hall and Park Board
- ♥ Guiding Hands Recreational Society
- ♥ Crawford Bay Reading Centre
- ♥ Riondel Reading Centre
- ♥ Starbelly Jam Society
- ♥ East Shore Trails and Biking Association
- ♥ East Shore Youth Society
- ♥ East Shore Facilities Committee
- ♥ Crawford Bay Commons Cooperative

For more info, contact Laverne Booth, Community Education Coordinator - East Shore Community Learning Hub. Box 100, Crawford Bay, BC V0B1E0 eslearningplace@gmail.com

Ph: 250-227-9218 ext 5518.

Our Wild Purcells April 19, 7pm at CBESS

by Dave Quinn

Somewhere around 1.5 billion years ago, molten magma oozed through a crack in the earth's crust at the bottom of a long-forgotten ocean and began to solidify into the granite orography we now today as the Purcell Mountains. Over time this foundation was covered in eons of ocean sediment, and migrated slowly westward with the planet's shifting mantle, to eventually scrape off on the continental plate in one huge rocky chunk. The Purcells were followed eons later by the Selkirks, Monashees, Okanagans and so on, their combined pressure building into one giant earthmover that began to pile the earth to the east into a jagged spine all its own, a young, Johnny-come-lately mountain range today known as the Rockies.

The western flanks of the Purcells rise abruptly over 2,900 metres from the dark waters of the Kootenay Lake in the south, and reach north to the Duncan Reservoir and the Beaver River between Golden and Revelstoke. The rising eastern sun warms drier, easier forested slopes that finally yield to open grasslands in the Rocky Mountain Trench in the south, and the sprawling Columbia Valley Wetlands, the longest intact wetlands in North America, near Golden at the northern end of the range. Broken into eleven sub-ranges or groups, including the Moyie Range, Stockdale Group, Truce Group, Dogtooth Range, and Carbonate Range, the Purcells is in reality an assemblage of a stunning puzzle of different mountain types.

Crawford Bay, at 550 meters above sea level on the shores of Kootenay Lake, is one of many small towns that ring the wilderness island of the Purcells. Kimberley, Argenta, Invermere, Radium, Cranbrook, Golden and Creston all share a piece of the Purcell pie.

The Purcells rise near the towns of Yahk, Creston, Moyie, and across the border towards Bonner's Ferry, Idaho and Troy, Montana. While the Purcells are less visually dramatic at their southern end, they still hold some of the essence of this wild range, harbouring a dwindling population of grizzly bear, mountain goat, as well as some of the last endangered mountain caribou on the planet. Heavy resource extraction has left drainages like Skelly Creek and Kamma Creek in the Goat River near Creston nearly completely devoid of tree cover, and the 'south country' south of BC's #3 Highway is well into its second round of logging, after much it was levelled for railway ties when Europeans first arrived in the late 1800's. Some of the last impressive old-growth larch, some over 700 years old, can be found in Ward Creek and Moyie Canyons, where geography foiled both horse and

machine. Gilnochie and Kianuko Provincial Park protect tiny areas of this region, but the upper Goat River and Mallandaine Creek are the last, unroaded gems of this region, providing critical refuge for wilderness dwellers, and an even more critical natural system to buffer, and measure climate change impacts as compared to nearby roaded and industrialized landscapes.

Protecting over 2000 square kilometers, the Purcell Wilderness Conservancy Provincial Park North and East of Crawford Bay is one of the largest unroaded

wilderness areas in southern North America. Adjacent to the Conservancy, St. Mary's Alpine Park boasts over 50 alpine lakes in a granite wonderland. Upper Dutch Creek is the true source of the mighty of Columbia River, North America's fourth largest river system. Glacial water from this wild Purcell Wilderness creek flows over 2500km to meet the Pacific Ocean.

Just North of the Conservancy, an area known as the Heart of the Purcells has been revered for thousands of years by the local Ktunaxa people as Qat'muk, where the Grizzly Bear Spirits go to dance. This is the site

of the longstanding battle to keep the Jumbo Valley wild, as an Italian developer has been trying for 25 years to acquire permits and investors to build the controversial Jumbo Glacier Resort. Kimberley Alpine Resort, Invermere's Panorama, Golden's Kicking Horse, and Libby's Turner Mountain already help skiers celebrate the Purcell's legendary powder.

From Jumbo the Purcells become higher and more rugged and glaciated, with peaks averaging 10,000 feet (3048 meters), with many reaching over 11,000 feet (3350 meters), including the range's highest summit, Mount Farnham (11,460 feet/3493 meters).

The Bugaboos, with their world-class climbing rock an unparalleled multi-pitch climbs are perhaps the most famous peaks in the Purcells. A visit to the Alpine Club of Canada's Conrad Kain Hut there will find climbers from around the world sorting gear, planning routes, or recovering from a long day on the rocks.

Other famous Purcell peaks include Mount Loki north of Crawford Bay, which is perhaps the most coveted walk-up peak in the West Kootenays, Grow-op Peak in Crawford Creek, which pays homage to the underground economy of the region, and Caribou Peak west of Golden, named after the now-endangered mountain caribou that, until recently, were one of most abundant large mammals in the region.

The Purcells are certainly wetter and wilder than their Rocky young cousins to the East. But for those who put in the extra effort to get to know them, they are truly one of the planet's last large wild ranges to coexist with a growing human population.

On April 19, local conservation group Wildsight is hosting Our Wild Purcells, looking back at the 40 years since the creation of the Purcell Wilderness Conservancy, and forward to the future Purcell residents envision for their wild backyard. Whether you are love to hike, climb, ski, hunt, bike, or just enjoy the fact that wilderness is a part of our Kootenay landscapes, be sure to come out to celebrate one of the world's last wild mountain ranges.

Join us at the Crawford Bay School Performance Space on April 19 at 7pm.

April 2016 Mainstreet 17



Photo Credits: Dave Quinn



Tom's Corner

by Tom Lymbery

We Staved Off the School Board Once Before - We Need to Do it Again!

This time our School District No. 8 is threatening to send our Grades 10, 11 and 12 students to Nelson. They would have to catch the first ferry and return home about 6 pm, missing all local games or fun on our side of the lake. They also wouldn't be able to include any games or interaction with Nelson students. This is a most serious dislocation of students' lives.

This would also be a disaster for local residents and businesses – how can anyone sell property or homes to prospective residents when senior high school is no longer available? We would also lose half of our teachers and staff when we need every possible resident we can count (even if the census doesn't.)

Here's what happened 43 years ago (when our protest worked).

In 1973, we heard rumours that Crawford Bay Elementary - Secondary School would no longer have Grades 11 and 12. Instead, our students would have to attend Prince Charles Secondary School in Creston, and find somewhere there to board. Apparently the School Board was offering to pay \$35 a month towards the cost of a boarding place for each student.

The impending problem was brought up and discussed at a June wind-up meeting for Kokanee Karnival of Sports.

I suggested that we organize a picket line to protest at our local grad night, which was in two days, and the group agreed. I spent almost the entire day on the phone to the Nelson Daily News, the Creston Valley Advance and the radio station, which had offices in both Nelson and Creston. The Daily News didn't seem to be able to send out a reporter, so I suggested that we could come and picket their offices if they didn't give us coverage.

Bill Fraser had been our School Board representative for many, many years, but he had retired from that position the previous year and was replaced by Reg Sinclair-Smith of Kootenay Bay. When I phoned Reg he was very supportive and gave us several ideas for slogans to use on our picket signs. These I passed on to the parents who had agreed to participate.

About 40 parents and students wanted to be active in the picket line, but not all could come because what might be the last Crawford Bay grad class was graduating that evening. Some community activists such as George Hill of Gray Creek got busy making signs. My sister Alice Bruce and her two children Gordon and Janet, Cliff and Carol Hawkins, and many others helped out. Some are shown in this photo of the protest - can anyone help identify them?

Along with the indignity of having to picket to try to keep their school open, Crawford Bay Secondary students weren't able to have their traditional grad dance. Student Council president Carmen Draper stated, "Principal Jerry Ruzicka was unwilling to sponsor or even help supervise the grad dance." The students

attempted to organize their own grad dance and rented the Riondel Rec Hall and had it decorated and ready. However, because of lack of experience in arranging for a dance, the orchestra they had contracted for was unable to attend and the dance was cancelled at the last minute. The students were irate, to say the least.

We were ready when the parents, teachers and officials arrived at the Crawford Bay Hall, and we made sure that they had to navigate around us and read our signs. George Hill was proud that he cornered the School Board Chairman under the dripping roof as it was raining lightly. The picketers' signs had slogans such as, "Let not this be Crawford Bay's Last Graduation," "If This School Closes in '73, We'll Help Throw Out the NDP," "Closure, Closure Go Away, Keep 11 and 12 in Crawford Bay," "Creston and Nelson May Be Alright, Crawford Bay Scholars Are Just As Bright. Keep 11 and 12 in CBSS."

The Creston graduation ceremonies were scheduled for the same evening, so we drove to Creston and marched around with our picket signs held high. At this one, a radio station reporter arrived with a tape recorder so we knew we had some active media attention.



Crawford Bay school protesters and their picket signs were photographed for a Creston Valley Advance article, "Picketers Protest Closure of Grades 11-12" in June 1973. It's the only photo to come our way. The article's author and photographer are unknown. Photo courtesy of Creston Valley Advance; clipping courtesy of Dianne Starkewski, from John Oliver's papers

We stated that as the Creston high school was crowded, a simple solution would be to send Creston students to board up the lake. This would alleviate the crowding in Creston and fill our classrooms. What was good for Creston had to be good for Crawford Bay. Trustee McSeveney rejected our suggestion as ridiculous, but we had only turned his around, so that made the School Board's plans just as ridiculous! The radio reporter got this hot story on the air very quickly and the newspapers followed suit, but without the clear photos that make today's stories

more attractive.

Fairly soon we heard that the School Board had decided against the closure, while specifically explaining that our picket line was not the deciding factor. Did anyone believe that? We found that the Board was more willing to discuss any possible changes. They acted as if they did not want more adverse publicity.

So our picket efforts paid off, and I received a cheque for \$18.47 from the radio station for the News Story Of The Week. That paid for a small portion of my phone bill, at a time when long distance calls soon ran up into serious dollars. Grateful thanks to Lorne Eckersley of Creston Valley Advance for permission to reprint this photo.

Tom Sez

by Tom Lymbery

The ornamental pink cherry on the corner by the store opened on April 15 in 2015. Will it come later or earlier this year?

Air North – Yukon's Airline has been named one of the world's most loved airlines by Fortune, the major American business magazine. They fly from Kelowna, Calgary, Edmonton and Vancouver to Whitehorse, Dawson City, Old Crow and Inuvik. Also Whitehorse – Yellowknife – Ottawa.

When is our last frost? Infallibly it's when the bracken opens its fronds completely.

As early spring food was in short supply our Kootenay Lake first nations people ate skunk cabbage roots as that is one of the first plants to emerge. Did they reach into the mire to pull them out?

Having taken out a couple of all too shady hemlocks from our Gray Creek Cemetery we are hoping to see more flowers there, having looked carefully for deer resistant species before planting.

If you haven't seen the "Message from the Queen" spoof of the US jungle of turkeys running for president, please email me at lymbery@netidea and I will send it to you. I laughed most about item number 5 when she specifies that the US must metrify immediately.

Can you remember seeing someone unravelling an old sweater in order to re-use the wool? This was common during the 1929 – 1940 depression when every cent had to do its duty.

A Charolais cow near Alida, Saskatchewan recently gave birth to four healthy calves. This is extremely unusual as even twins are very rare in cattle. Our family cow once had twins and this is the only occasion that I know of in Gray Creek or the Bay. Photo in Tom's Gray Creek, part 1.

Since the three largest lakes in BC, Atlin, Babine and Williston all freeze solid every winter that makes Kootenay Lake the Largest Ice Free Lake in western Canada. We can promote this extensively.

All dogs in England, Wales and Scotland have to be micro chipped and entered on a data base by April 6, 2016. How soon for humans, so that I can use my cell phone that prints their name and where I saw them last?

2016's break up date of the Yukon River at Dawson City? This has been faithfully recorded each year since 1898. Google will give you the records – earliest April 28 and latest May 19. Sharon and I arrived in Dawson one year on May 14, soon after breakup and there were 14' high chunks of ice along the riverbank.

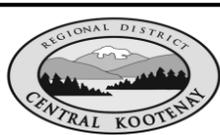
Since Canada is considering unbranded cigarette packages like Australia, why not all black cigarette papers to match the smoker's lungs?

Wouldn't target practice be more effective for Surrey's crooks who continue to shoot at each other but virtually never exterminate the other party?

Gray Creek Pass Report

Super high snow levels this year may predict the Pass Opening to be as late as July 10 – a full month after 2015's earliest ever of June 10.

Whitewater Ski Resort reports a base of over 11 feet of snow!



**RDCK
Recreation
Commission No. 9**

Call for Grant Applications

Non-profit groups can submit Recreation grant-in-aid applications to the Rec 9 commission (Box 208 Crawford Bay) by **12noon, Monday, April 18**. Applications can be downloaded from the RDCK website or picked up at the Credit Union East Shore branch. Please refer to the website for evaluation criteria. The Rec 9 meeting to review the applications is scheduled for **Monday, April 25, at 9am at the Gray Creek Hall**. This meeting is open to the public and applicants are encouraged to attend.

Riondel Seniors News

by Fran O'Rourke

The Riondel Seniors have had a busy winter and are looking at a busy spring. Some things are coming to an end: the **Genealogy** course and **Stay Fit** series are running out of lectures.

For those who missed them, the course CDs and several exercise CDs will be available on loan to members. Many of our activities – **Tai Chi, Walk a Mile, Pool, Bingo, and Zumba** – will continue through the summer, but some, like **Whist, Yoga and Bridge**, will break until fall as hot weather interests take precedence. While spring is still with us, though, we have a couple of new ideas to introduce.

On Thursday, April 9, 7pm, the **How To Grow Anything** courses will begin. These are two, six-part series: one on landscaping and one on container gardening. The first night we will discuss whether the time and day suits those who are interested; we have room in the schedule for morning or afternoon sessions if participants prefer.

We are very excited about a new program that Anna Rose is designing for us. We are calling it **Essential Strength Training**, because many of the disabilities that seniors face as they age are the result of weakening muscles and can be avoided or delayed with appropriate exercise. Anna will help introduce the program on Tuesday, April 12, following the Pot Luck Lunch, which begins at 12:30 pm. She will leave behind some of her famous stick people posters to help us muddle through, and we will schedule it into our ongoing events

Equally exciting, Riondel Seniors are inviting all ages to a **Community Games Night** on Friday, April 15 at 7pm. The line up of games will include darts, shuffleboard and carpet bowling. We are asking an admission of \$2 per person or \$5 per family, most of which will go towards prizes. There may be a couple of first time glitches, but it should be fun. And if the response is positive, it may be the first of many games nights. Please, think about joining us.

Dates for Your Calendar

Friday, April 1 at 7pm – **Whist Party**

Wednesday, April 6 at 1:30 pm – the last afternoon for **Bridge** until the fall.

Thursday, April 7 at 7pm – New course: *How to Grow Anything: Landscaping & Container Gardening*

Tuesday, April 12 at 12:30 pm – **Pot Luck Lunch**
Introduction to **Essential Strength Training**

Friday, April 15 at 7pm – **Community Games Night**

Saturdays, April 16 and 23 at 10am.
Seniors Computer Workshop, Facebook & Skype

Tuesday, May 10 – **Pot Luck Lunch** - Elder Abuse Prevention, how to protect yourself as you age.

mainstreet@eshore.ca

www.eshore.ca

250.227.9246

Health and Happiness

by Dr. Sid Kettner, MD

Stressed—Now What?

Unresolved stress can cause us to crash and burn. But often we ourselves “create” stress when we continue to push against something that we *cannot* influence or when we meet a circumstance that is really beyond our capacity.” So what are our choices? We have only two—coping or resolving.

Coping is merely a band-aid solution, one that is short term and meant to merely get us through a crisis. It consists of quick and very temporary escapes—overeating, smoking, downing some alcohol or taking sugar snacks. In the end this only increases the irritability. Better ways to cope are through sleep, a healthy diet, a regular exercise program or “mini-vacations” during your day. Escape for just a moment until you can regroup forces. Do relaxation breathing, meditation or indulge yourself by a warm, leisurely bath and a gentle massage.

Resolving stress is actually dealing with and solving the problem. This includes having worthwhile, positive goals, setting priorities and then tackling only one task at a time. Confront (don't avoid) major problems. Know your limitations. Accept what you cannot change.

When a serious confrontation does arise take a *time out* for 15 minutes, calm down, and then go back to meaningful discussion. Decide what you *do* well, what you *like* to do best and what gives you the *most* satisfaction. Then put your major efforts there.

Make the best of every circumstance. Ask yourself, “What good could come out of this seemingly bad situation?” Keep a sense of humor. Cooperate—don't always compete. Seek companionship and talk out problems with trusted friends.

And remember to stay committed to your values. Resolve to live a quiet and confident life. Rediscover your spiritual roots and let your Higher Power calm and empower you.

Better at Home Coming to the East Shore

by Tom Wishart

A survey conducted in the Fall of 2015 by the East Shore Kootenay Lake Community Health Society (ESKLCHS) revealed that a substantial number of East Shore residents strongly supported the establishment of a local Better at Home program and that approximately 70% of survey respondents would use five of the traditional ‘basket’ of services offered by Better at Home (Light House-Keeping, Minor Home Repairs, Light Yard-Work, Transportation, Snow-Shovelling). Based on the survey results the ESKLCHS Board identified the establishment of a local Better at Home program as its top priority for 2016.

The ESKLCHS Board and eight residents who indicated on the survey that they would be willing to serve on the advisory committee for an Area A program recently met with Ashlene Chadburn, the director of Better at Home programs in our region. Chadburn reported that she has identified a small ‘pot’ of funds to support program start-up (thanks, in part, to a \$5,000 Discretionary grant from Area A Director Garry Jackman and funds from other sources). ESKLCHS will work with Ashlene to identify other funding opportunities.

Given the extremely limited funds available, Ashlene indicated that we will need to ‘start small’, identifying perhaps just one of the most needed services, and work towards expanding our efforts as feasible. Discussion by board members and the residents attending the meeting gradually converged on a consensus that the initial focus should be on transportation. The transportation program arranges for eligible seniors to be driven by volunteers to medical and other appointments, the ferry, grocery shopping and so on. In this program the senior is not charged for the transportation service but is asked to make a donation to Better at Home. Volunteer drivers, using their own vehicles, receive per km reimbursement from Better at Home and are *not* required by BCIC to carry additional/special insurance.

In consultation with ESKLCHS, Ashlene will form the Advisory Committee and arrange an inaugural meeting to discuss start-up details with the goal of having the program in place as soon as possible.

COMMUNITY HEROES

a Mainstreet Feature

Who have you seen doing great things? Who gives back to their community with a full heart? Who deserves a nod? Send the name of the person you'd like to recognize and a brief description of why you think they hold the esteemed title of... Community Hero!

The Yasodhara Ashram (and specifically Don Gamble for the school re-structuring scenario help) for your proactive, thoughtful engagement with this community, for stepping up to voice your thoughts and experience when the school closure scenario loomed on the horizon, for taking care of those in our community who need the extra help (meals delivered, support offered, etc), for being a safe and beautiful place for learning and growth, and so much more.

Doreen Zaiss for tirelessly and accurately proof-reading the Mainstreet for so many long years. Thank you for all the deleted exclamation marks, it's/its, their/they're/there, and missing last name catches and corrections.

Were wud wee bee with out u?



Located above Crawford Bay School gym - second right on Walkley Road.
Elevator available if steps are a problem.

Our Hours

8-10 am Monday - Saturday

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Call during open hours: 250.227.9218, ext: 5542

April Special

3 months for the price of 2!

Throughout April, come in and buy three months of access to the Fitness Place for only \$60.



pebbles
by Wendy Scott
**Remembering
a Stranger**

There was a garden party. There was a measles injection. There was a parrot. And now, on the back page of *March Pennywise*,

there is Yutaka Atagi.

To me Yutaka is the stranger, but Yutaka's life is part of the smudged spot in the history of BC, and indeed, of Canada. His life, and lives like his, became part of my childhood, part of my mother's bewilderment, and part of my later life in the BC Interior.

In 1929, when Yutaka was born in Campbell River, his family were boat builders and part of the fishing industry on Quadra Island. It was a busy, happy life until Yutaka reached his teenaged years. At that time, about 1942, with the world fully engaged in war games, nerves were on edge and any skin that held a hint of yellow was suspect.

Some say that a Japanese submarine was spotted off British Columbia's west coast. That suggestion was all that was needed; Yutaka, his family, and all families of Japanese descent were removed from their homes, and businesses along the coastal areas of BC and relocated to places like Kaslo, Shalalth, New Denver, Sandon, Lillooet, Slokan City, and many other towns and villages in the interior of BC, Washington and Idaho.

Diana Morita Cole was born during the war years to Japanese American parents interned in Idaho. In November, 2015, Diana brought her story to the Riondel Library Celebration of Words at Dutch Harbour. Her book, *Sideways: Memoir of a Misfit* is at Riondel Library. Her story – frantic sometimes, confused, sad, angry – chronicles her search for a place to call home. Diana married Wayne Cole, Nelson's former chief librarian, and as they travelled across Canada Diana was horrified at the hatred she still found towards her and anyone of her cultural heritage, and on the east coast the blatant discrimination towards her son for being biracial.

The Second World War lasted for six years causing the deaths of friends, neighbours and relatives and shattered and confused many family units. Is it any wonder that those six years had a lasting effect that is still felt, but not excused, in our world.

While fathers, brothers, uncles, as well as several women, were overseas fighting to keep our countries free, women worked in factories making weaponry and ammunition and took over many of the men's jobs. Other women took care of the children of war-working mothers and put on events to raise money to support the war effort.

One of those events was a garden party held at the Austin Taylor estate in South Vancouver. At that time West Vancouver was home for me, my mother, my grandmother – and several other "children of war-working mothers" who were bunking at our house.

And also at the same time measles had appeared in BC and children were taken to the nearest doctor's office to receive their shot. My shot was ready on the day of the garden party, so my mother and I walked

down to the doctor's office on Marine Drive and I got an injection in my leg and then we boarded a Pacific Stage Line bus and crossed the new Lions Gate Bridge to Vancouver and that all important wartime effort garden party.

The garden was crowded with mostly women balancing teacups and the usual plates of small sandwiches and sweets. There was nowhere to sit and I spent most of my time talking to an elaborately coloured parrot whose perch was at my level. Needless to say, by the time the party was over, my injected leg was very sore.

Events such as this were the wartime equivalent of email and the internet. It might have taken longer to gather the information, but once received, it became permanent and often deeply worrying.

About that garden party: the host, at that time, Major Austin Taylor, was chair of the British Columbia Security Commission which was created to "manage Japanese Canadian internment." And for this position he was made Commander of the Order of the British Empire. Perhaps it was appropriate that I was only allowed to speak with a parrot?

It was at this garden party that my mother learned that two Japanese Canadian men that she knew as waiters at her favourite hotel in downtown Vancouver had been removed and shipped off into the BC Interior. She was shocked, puzzled and bewildered. And I don't think she ever really recovered from that. When a person you have trusted to take care of your visitors and who has often served you tea is suddenly an enemy, it is difficult to comprehend.

Many years later while living at Shalalth on Seton Lake near Lillooet a family purchased a house just down the lake from ours. And here is a twist in the story of internment. The new purchasers, Bob and Aya Nishimura, were returning to their wartime internment location. This was not an unusual decision as there were families who took the forced move of their wartime years and not only made the best of it, but either stayed, as Yutaka Atagi did, or returned as Bob and Aya decided to do. They told us they were coming home.

For others, like Diana Morita Cole, it took a much longer search to find a place acceptable to her and acceptable of her. And that for me and for most of us is difficult to acknowledge. To do so we have to consider the attitudes that prevailed during those wartime years and ask ourselves for an answer that is almost impossible to give. When the world is at war around you, who do you trust? Can you maintain your own values? World leaders stumble over those queries.

I can only say it pleases me to know that Diana Morita Cole found her home in Nelson, BC. I'm happy that she is close by and that all of us can learn a bit more about ourselves and our heritage by reading her memoir, listening to her speak and hearing what she has to tell us.

One of the doctors removed from the coast was interned at Bridge River near Shalalth. The city of Lillooet, however, had lost their own doctor and managed to convince the powers in charge of re-location to bring the doctor down Seton Lake to Lillooet. Dr Mayazaki set up a practise in Lillooet and remained until his death in 1984.

In many cases re-location meant a completely new way of life. The towns of Sandon and Slokan City were peopled with many internees and these towns

still exist; others like Minto, Wayside and Congress that were busy, productive mining towns, can only be glimpsed from a cliff above the man-made Carpenter Lake. It is odd to look at streets, avenues and buildings laid out in a perfect grid but all under water.

The city of Greenwood was a relocation centre that has continued to be a busy and productive town although the population has dropped from its peak of 3000 to about 700. The town's history is well catalogued in Dave Edmonston's Motherlode Bistro and Galleria – his Noshery is about 2 1/2 hours from Nelson.

Which brings to mind that the ease and speed of communication and travel now has not eliminated the "garden party" – we just prefer to call the parties by other names: we offer you a November Celebration of Words at Dutch Harbour and on April 21 this year, an Open House at Riondel Library which coincides with a presentation by Susan Hulland on long history of fruit growing here in the Kootenay.

May I add a note from another area of BC – that MacIntosh apples from Seton Portage near Shalalth were at one time among British Columbia's official gifts to Buckingham Palace. But the BC Kootenay had its own Johnny Appleseed. His name was Mr. Jack Crowe. He planted and grew his trees – first on the Blaylock estate and then here in Riondel (and a certain Ms Crowe carries on that wonderfully juicy tradition!)

Come to the party – April 21 is the day, and if you're really lucky, there might be an apple or two on hand. And most certainly you will find a cold jug of tayberry juice.



Wai Yin Fung with her good friend Diana Morita Cole at Dutch Harbour - November 2015

The MAINSTREET-

Contact: Ingrid Zaiss-Baetzel

Phone: 250-227-9246 Fax: 250-227-9264

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10¢/word after the initial 30.

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Notice of Passing

Felix Louis Cote
March 2, 1934 – March 4, 2016

It is with heavy hearts we announce the passing of Felix Louis (Lou) Cote on March 4, 2016 at the age of 82. Lou is survived by his loving wife of 60 years Ruth; his children Susan (Drew) Cadenhead, Jennifer Cote (Cliff Stenger), Edi Cote (Gary Johnson), Ted Cote (Kathleen Williams) and Teresa (Arjan) Van Hienen; grandchildren: Jessica (Andrew Fagan) and Matthew (Ellie) Arsenault, Rene Cadenhead, Amy, Derrick and Mackenzie Van Hienen; great grandchild Aria Fagan; siblings: Marcel (Bev) Cote, Ed (Darlene) Cote, Lorraine (Johnny) Dobrecane; sister in law Yvonne Vanhelden; brother in law Wayne Hutmacher and many extended family and friends. Lou was predeceased by his parents Louise and Theodore Cote; brother Denis and sister Anna.

Lou was born on March 2, 1934 in Biggar, Saskatchewan. At the age of 7 he moved to Medicine Hat, where he learned to speak English, graduated high school at St. Anthony's College in Edmonton, studied agriculture at Olds College and enjoyed a successful career in the petroleum industry. On May 19, 1956 he married Ruth Pfeifer and together they raised their five children throughout Alberta in Medicine Hat, Didsbury and Redwater. In 2005 he and Ruth moved to Gray Creek, BC, where they renovated an estate into its former heritage home. In 2015 they moved back to Alberta, settling in Castor. An avid sportsman who loved to fish, hunt, golf, curl, he touched many people with his booming laugh and bigger than life personality. Our hearts are broken, but our memories are cherished. He will be greatly missed.

Those wishing to pay their respects were able to do so on Friday, March 11, 2016 at Our Lady of Grace Catholic Church, Castor, Alberta, followed by a Prayer Vigil at 7:30 P.M. A Mass of Christian Burial was held on Saturday, March 12, 2016 at Our Lady of Grace Catholic Church. In memory of Lou donations are gratefully accepted to S.T.A.R.S.

Note by Tom Lymbery

Louis Cote purchased the three story home in Gray Creek at 14906 Highway 3A which was built in 1930 by Tom Peters and his daughters Topsy and Toby. (now Ted Fedaj). Louis brought back the garden to its original beauty and also completely refinished the house, including the third floor that has never been finalized. As well he built access to the beach for his new dock.

FACEBOOK & SKYPE FOR SENIORS

Saturday, April 16 & 23

10am—12noon

Riondel Community Centre

Please bring your own devices.

**To register, contact Fran O'Rourke at
 250.225.3268 or forourke@bluebell.ca**

Presented by the Columbia
 Basin Alliance for Literacy in
 partnership with the East
 Shore Learning Hub.



Garden of Remembrance

by Wendy Scott

Yes, towards the end of March there was activity in the garden. Many reasons -- Spring Cleanup along with the addition of new plaques and possibly a new bench.

There are many folks to thank for their interest and their generosity -- not the least of which is Miroslav Doval who uses his time and his skill not only to install the marble plaques, but to build, sand and polish new benches.

The six ft long 3 x 12 cedar planks which are the basis for these benches are being graciously provided by Nils and Bonnie Anderson at Dutch Harbour.

You may have noticed large green bags at the back entrance of the garden, these bags full of cedar chips for the pathways also come from Nils and Bonnie.

Grant Christensen has arranged space and time in the basement of the Community Centre for the crafting of a new bench.

Becky and Dan Komar at Mountainview Stone-works in Wyndell, BC, purchase the marble and engrave the plaques.

Another new member of our crew is Geoffroy Tremblay who is designing and posting a new garden webpage on the Riondel website www.riondel.ca.

And of course everyone in our communities lends a hand not only when clean-up is mentioned, but when there are sticks and twigs on the pathway or a left-over empty candy bag.

So now you can wander through the garden with your feet and on line with your fingers.

Enjoy your stroll and watch for those new additions.

Wendy Scott

wmescott@gmail.com -- 250-225-3381

Muriel Crowe

mcrowe@bluebell.ca -- 250-225-3570

Kathy Smith

kathy1@bluebell.ca -- 250-225-3310

Land Act: Notice of Intention to Apply for a Disposition of Crown Land.

Take notice that Jeffrey Stockdale and Lily Nichols of 1220 Memorial Drive NW, Calgary, AB. T2N 3E5 have applied to the Ministry of Forests, Lands and Natural Resource Operations (MFLNRO), Kootenay Region, under the Residential Program for a Crown Grant situated on Provincial Crown land (Lot A DL4595 KD Plan NEP22552) near Riondel, BC and containing 0.33 hectares more or less.

The Lands File for this application is 0311567. Direct any written comments concerning the application to FrontCounter BC, 1902 Theatre Road, Cranbrook BC. V1C 7G1 or email to: AuthorizingAgency.Cranbrook@gov.bc.ca. Comments will be received by MFLNRO until April 15, 2016. Comments received past that date may not be considered. For more info, visit: www.arfd.gov.bc.ca/ApplicationPosting/index.jsp

Note that any response to this ad will be considered part of the public record. To access the records, submit a Freedom of Information (FOI) request. For more info, visit: www.gov.bc.ca/freedomofinformation.



**WATER, DROUGHT &
 CLIMATE CHANGE
 FORUM**

Hot and Bothered in the Kootenays

Join the discussion. Learn more about water supplies, local impacts of climate change and likely increases in drought and wildfire. Find out what you can do. Share your ideas.

SATURDAY APRIL 23
9am-4:30pm (doors at 8am)
 PRESTIGE LAKESIDE RESORT, NELSON BC

**LEARN MORE &
 PRE-REGISTER at** 
www.hotandbotheredinthekoots.org
 Lunch provided for those who pre-register.

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 second right on Walkley Road.
 Elevator available if steps are a problem.

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3 months for the price of 2!

Throughout April, come in and buy three months of access to the Fitness Place for only \$60.

**Next Deadline:
 April 27, 2016**

mainstreet@eshore.ca/www.eshore.ca

*Creativity,
 Community,*

SERVICES DIRECTORY

The Service Directory is a great way to have your business listed as a reference for those shopping for a particular professional service. Keep your phone number handy and your message clear.

AUTOMOTIVE/MARINE

EASTSHORE AUTOMOTIVE - Service & Repair 250-227-9370

NORTHSTAR CRESTON - 1-800-551-9351 Full service 8-bay shop featuring Certified Service lube, oil and filter starting at \$22.95 plus parts & eco fees. Full line of major tire brands, GM & AC Delco parts and batteries.

BUSINESS SERVICES

MUTUAL FIRE INSURANCE of B.C. Quotes on Homes, Mobiles, Farms & Tenants. Seniors discounts at 55. Home Protection; No Claim; New Home. ph/fax 250-428-7937, broker Virginia Harder.

CONSTRUCTION/CONTRACTORS/TRADES

GRAY CREEK MECHANICAL - Marine Repairs and Surveyor: Serving the Eastshore since 1994 15295 Oliver Rd. Gray Creek. 250-227-9285 - Jerry or Sharon

HULLAND AND LARSEN CONSTRUCTION - experienced residential construction & custom finish work. 250.551.2915 or 250.505.3570. (see ad in contractor section)

STEEL WHEELS - Septic systems planned & installed. We dig too, mini hoes for you. Dave/Donovan. 250-227-9646.

THE GREEN MACHINE - Excavation, Landscaping, Installation of Waterlines. Ph.: 250.225.3485

TURLOCK ELECTRICAL CONTRACTING LTD. (See colour ad in this issue for more information.) 250-227-9688 or 250-551-4671

PERSONAL CARE/HEALTH

ALEXIS PHILLIPS, M.A., R.C.C. - Registered Clinical Counsellor specializing in complex trauma, relationship issues, grief & loss, anxiety & depression. Apptmnt/consultation, call 250-509-0368.

BLANCHE TANNER - Breath Practitioner, (Family Constellation) Heart-Centred Therapy (Meditation), Healing Emotional, Physical & Sexual Abuse, Addictions, Relationships, Anxiety, Depression. 227-6877

COUNSELLING & SUPPORT SERVICES: Free and Confidential for children, adults and families. Services include: Adult Mental Health and Addictions; Child Youth Mental Health; & Family Support. Call 1-866-774-5324 (toll-free) or 250-353-7691. North Kootenay Lake Community Services Society.

EAST SHORE HOSPICE - Palliative care for anyone facing life threatening illness. Confidential support for individuals and their loved ones. Hospice can also provide grief and bereavement support. 250 227 9006 ext 29 - hospice@theeastshore.net. Volunteers needed - volunteer training offered once a year. Please contact for more info

FIRST CONTACT EAST SHORE MIDWIFERY - Sylke Plaumann, registered midwife. 250-227-6846.

GERALDINE ALTER - MASSAGES & WELLNESS FOR WOMEN - European deep tissue, energetic reflexology, Breuss spine-vertebras massage, relaxing massage, hot and cold stone therapeutic massage, Reiki. I am a certified professional therapist in Europe, over 15 years practice, 250-227.9890.

KOOTENAY SOUND HEALING CENTRE on Riondel Road, offering sound healing treatments, gong meditations and Acutonics® classes. Theresa Lee, certified Acutonics® teacher and practitioner, 250-225-3518 kootenaysoundhealing.com

REGISTERED HERBAL THERAPIST, MASTER HERBALIST - Maya Skalinska, M.H., R.H.T. Iridology, Tongue & Pulse analysis, Nutritional consultations, individual herbal remedies, Flower Essence consultations & remedies. For appointments, please call 250-225-3493.

REGISTERED MASSAGE THERAPIST: Harreson Tanner - Over 30 years clinical experience. Treatment of Lumbo/Sacral Strain, Whip Lash, Frozen Shoulder, Migranes/Headaches, TMJ problems, & Stress. No doct refl req'd. 227-6877/cell: 505-6166.

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RESTAURANTS

CRAWFORD BAY HALL & COMMUNITY CORNER BUILDING - available for community events, wedding receptions, workshops etc. Non-smoking facilities. Call Kathy, 227-9205.

NEWKEY'S PLACE - Hwy 3A in Crawford Bay, licensed area. Open 10 am til close Monday to Sunday. Food Specials all day. 227-6911.

ROCKWOOD CAFÉ - Authentic Chinese food, and perfect burgers. Open Tues - Sun. Hwy 3A Gray Creek. 227-6840.

YARD/LANDSCAPING/SITE PREP

INTERFACE WILDFIRE PREVENTION STRATEGIES: Services: Assessment & Abatement of Wildfire Hazards, Brushing, Thinning, Limbing, Clearing & Removal, Prescribed Burning Burning, Multi-Use Trail & Access Road Clearing/Maintenance, GPS Services, Rooftop Sprinkler Systems. Farley Cursons: 250.354.8553. Certified/Insured.

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Creativity, Community, Conscience

CLASSIFIED SECTION

BUSINESS ANNOUNCEMENTS

Insurance Certification requires professional chimney installation - we are the Pro's - Gray Creek Store, 250.227.9315

BUSINESS SERVICES

Fax service, photocopies, (withnoPST/GST) Tom Lymbery - Notary Public, 250- 227-9315, fax 227-9449, 250.227.9448 for Notary Public.

BUSINESS OPPS

Artisan Workshop, 320 sq ft plus shared retail space, \$350/month, Crawford Bay, 13,000+ visitors per year. Summer rental and/or consignment items considered. 250-225-3333, lornarobin@bluebell.ca

EVENTS/NOTICES

TIPI CAMP W.I.S.E Kids and Teen and Family Nature Gathering camps are now open for registration! Visit www.tipicamp.bc.ca

PAL AND CORE courses will not run April 2 and 9 in Crawford Bay. We hope to run the courses in June, and

22 Mainstreet April 2016

need 8 students for each course. If you are interested please contact 250-227-9218 ext 5518 or look at www.Selkirk.ca/ce for earlier courses in the region.

FOOD SAFE course on April 16 from 9 to 5 pm, Crawford Bay School. Cost is \$95 (includes manual). Please call 250-227-9218 ext 5518 and register on line at www.Selkirk.ca/ce/hospitality.

SUCCESSION PLANNING- Wills and Estate Planning with Dan Miller, Crawford Bay School, Tuesday, April 5, from 6:30 to 8:30. No need to register, by donation for the Learning Hub.

GMAIL AND GOOGLE CLASS- how to set up and manage a gmail account, google groups, docs and calendar. Saturday, April 9 from 9 to noon, Crawford Bay School with Geoffrey Tremblay. Cost is \$30, please pre-register, class size is limited. Call 250-227-9218 ext 5518.

PLANT SALE, 3rd Annual Food Roots, April 23rd, 10-noon, Crawford Bay

School. Starts, transplants, tea, knowledge sharing, visiting!

JOBSEMPLOYMENT

RETAIL CLERK...April 15 thru mid October. Approx 30 hrs per wk. Competitive wage. Food Safe certification a plus. Info@kootenay-lakeview.com. Gray Creek

CB MARKET JOBS: We're gearing up for the season and looking to employ workers from approx. April 1 to Sept. 30. Jobs include a variety of things that are involved in the operation of our store, such as cashier, receiving & stocking freight, cleaning, packaging, deli, etc. If interested, please drop off your resume at The Crawford Bay Market, or send to: The Crawford Bay Store, Box 80, Crawford Bay, B.C. V0B 1X0, e-mail cbstorebc@gmail.com, or phone: (250) 227-9322 to make an appointment with Sonja.

NOTICES AND ANNOUNCEMENTS INTERFACE Wildfire Prevention Strate-

gies: Services Include: Assessment and Abatement of Wildfire Hazards, Brushing, Thinning, Limbing, Clearing and Removal, Prescribed Burning Burning, Multi-Use Trail and Access Road Clearing/Maintenance, GPS Services, Rooftop Sprinkler Systems. Farley Cursons at 250 354 8553. Certified/Insured.

MEDLEY ARTS CAMP - July 25-29 Registration begins April 1, 2016! Visit www.medleyartscamp.ca

MOJO'S WINTER MANAGERS Lisa and Farley would like to thank the many locals who supported us through the past months. Special thanks to our "superstar" morning regulars and of course Marc and Yoan for the great opportunity. We had a great time!

Next Deadline: April 27

Sunny Woods

Garden Centre



New owners, Alex Mayer & Susan Brown, welcome visitors to

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Barefoot Handweaving



Love is a feeling completely bound up with color, like thousands of rainbows superimposed." Paulo Coelho

OPEN lots in April 10-4 227-9655

Next Deadline:

April 27, 2016

mainstreet@eshore.

BULLETIN BOARD

Community Notices, Thank You's, Not-For-Profit Announcements (all not related to business), Church Calendar & Meeting Places - free on the Bulletin Board.

CHILD HEALTH CLINIC, ADULT IMMUNIZATIONS, PUBLIC HEALTH NURSE

Will be at the East Shore Health Centre monthly.
For information, call Creston Health Unit at 250-428-3873.

EAST SHORE HEALTH CENTRE Call 227-9006

See calendar for doctor days - Doctor hours are from
9:30am to 4:30 pm. Please call 227-9006.
Interior Health Authority, Community Care Nursing
and Home Support Services - 250-352-1433.

PHYSICIAN COVERAGE FOR APRIL 2016

**Note: Call to cancel if you can not make your
appointment. We always have a wait list for
patients needing to get an appointment.**

Apr 5, Tues: Dr. Grymonpre

Apr 6, Weds: Dr. Moulson

Apr 7, Thurs: Dr. Lee

Apr 12, Tues: Dr. Lee

Apr 13, Weds: Dr. Moulson

Apr 14, Thurs: Dr. Grymonpre

Apr 19, Tues: Dr. Lee

Apr 20, Weds: Dr. Moulson

Apr 21, Thurs: Dr. Grymonpre

Apr 26, Tues: Dr. Grymonpre

Apr 27, Weds: Dr. Moulson

Apr 28, Thurs: Dr. Lee

Please Note: Lab hours 7:30 - 10:30 am, Weds

Call to make appointments at 227-9006

on doctor days and Thursday morning.

Tues, Weds & Thurs (8:30 to 12:30)

Phone: 250-227-9006 Fax : 250-227-9017

BOSWELL HALL HAPPENINGS

Yoga: Thurs, 9:30-11:00 am. Marilyn Arms 250-223-8058

Tone & Trim Fitness: Mondays & Fridays 9am. Darlene
Knudson 250-223-8005.

Vinters: Apr 20, 7pm. Jeanne Kay Guelke: 250.402.3391

Book Club: Apr 14, 2pm. Melody Farmer: 250.223.8443

Quilters Guild: Apr 19, 1pm, Linda Brown: 223.8607

BADEV - Apr 4, 10am

Hiking Group - Apr 6, 2pm. Melody Farmer:
250.223.8443

Eastshore Health Society: Monday, Apr 25, 10:30-
2:30pm. Tom Wishart: 250.223.8455

SPECIAL EVENTS - BOSWELL HALL

Earth Day Hwy Cleanup - April 20, Details TBA

Crawford Bay Italian Dinner: Sat Apr 16, 6pm. Mike
and Ivy Jeffries: 250.227.6807.

Traveling This Year?



**We have annual, single trip, family and
senior's travel insurance policies that can
go where you're going.**

Our Hours:

Tuesday - Friday 9 am - 5 pm
Closed from 1 - 2 pm
Saturday 8:30 - 12:30

Kootenay Insurance Services Ltd.

#16030 Hwy 3A, Crawford Bay
Phone: 227-9698

The MAINSTREET

Contact: Ingrid Zaiss-Baetzel

Phone: 250-227-9246 Fax: 250-227-9264

Box 140, Crawford Bay, B.C. VOB 1E0

E-mail: mainstreet@theeastshore.net

** ADVERTISING RATES

\$35.00 - 3^{1/4}" wide by 1^{3/4}" high

\$40.00 - 3^{1/4}" wide by 2^{1/2}" high

\$45.00 - 3^{1/4}" wide by 3^{1/4}" high

\$50.00 - 3^{1/4}" wide by 4" high

\$55.00 - 3^{1/4}" wide by 4^{1/2}" high

or 6^{3/4}" wide by 2^{1/4}" high

\$65.00 - 3^{1/4}" wide by 6" high

or 6^{3/4}" wide by 3" high

\$85.00 - 3^{1/4}" high by 9" high

or 6^{3/4}" wide by 4^{1/2}" high

\$100.00 - 3^{1/4}" wide by 10^{3/8}" tall

\$130.00 (quarter page) 5^{1/4}" wide by 7^{1/2}" tall

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or 3^{1/4}" wide by 14^{1/2}" tall or 10^{3/8}" wide by 4^{1/2}" tall

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\$400.00 (full page) - 10^{3/8}" wide by 14^{1/2}" tall

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Column Width: 3^{1/4} inches - double column width:

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Services Directory: \$5/month, up to 3 lines.

Classified Ads: \$5/first 30 words,

10¢/word after the initial 30.

**** 30% MORE FOR COLOUR ADS****

KOOTENAY LAKE FERRY YEAR ROUND SCHEDULE

Mountain Standard Time - Winter Schedule in effect

Vessel Name	Balfour	Terminal	Kootenay Bay	Terminal
		Winter	Summer	Winter
Osprey 2000		6:30 am		7:10 am
Osprey 2000		8:10 am		9:00 am
Osprey 2000		9:50 am		10:40 am
MV Balfour				
Osprey 2000		11:30 am		12:20 pm
MV Balfour				
Osprey 2000		1:10 pm		2:00 pm
MV Balfour				
Osprey 2000		2:50 pm		3:40 pm
MV Balfour				
Osprey 2000		4:30 pm		5:20 pm
MV Balfour				
Osprey 2000		6:10 pm		7:00 pm
Osprey 2000		7:50 pm		8:40 pm
Osprey 2000		9:40 pm		10:20 pm

CHURCH CALENDAR

RIONDEL COMMUNITY CHURCH

APRIL 2016 SCHEDULE

Apr 3: Canon Jim Hearne - 11am

Music: Deberah Shears

Apr 10: Rev. Derrick Smith, 1pm

Music: Deberah Shears

Apr 17: Ramona Dannhauer, 1pm

Music: Richard and Ramona

Apr 24: Brent Mason, 2pm

Music: Brent Mason

Please check www.riondel.ca for changes Info at 250-225-3381

Have a warm and peaceful Christmas!

CHRIST CHURCH & EAST SHORE CONGREGATIONS ST. ANSELM'S CHURCH BOSWELL (Anglican)

For information call Christ Church Creston 428-4248

**No services at the present time. Contact Christ
Church Creston for info - 250.428.4248**

HARRISON MEM. COMM. CHURCH, ANGLICAN

Crawford Creek Rd., Crawford Bay Everyone Welcome!

For info, please contact Karen Gilbert: 227-8914

KOOTENAY LAKE COMMUNITY CHURCH

A Lighthouse on the East Shore

Come & join us Sundays at 10 am.

Coffee fellowship after the service.

Pastors Richard and Ramona Dannhauer

16190 Hwy 3A, Crawford Bay 250.227.9444

YASODHARA ASHRAM

Satsang (non-denominational, "in the company of the wise"),

each evening 8pm. Everyone welcome, 250.227.9224

MOST HOLY REDEEMER CATHOLIC CHURCH, RIONDEL

Reverend Thomas Kakkaniyil Phone: 428-2300 Fax: 428-4811

Sun Mass at 2pm. 1st Sunday of month, Fellowship Sunday.

THE CHURCH OF JESUS CHRIST OF LATTER DAY SAINTS

1520 Campbell Avenue, Riondel, B.C.

Meetings begin at 10 am, every Sunday. Info call, 250-227-9522

CHRISTIAN SCIENCE CHURCH SERVICES

Held in the Anglican Church, 8151 Busk Rd, Balfour

Sundays, 9:30 am - All welcome For info, call: 250.229.5237

Creativity, Community, Conscience

MEETING PLACES

LIONS CLUB - meets at the Kootenay Lake Community
Church - 16190 Highway 3A, Crawford Bay.

Meeting Times: 7 pm.

Second and Fourth Tuesday of the Month

For More info call Lion Mike Jeffery - 250-227-6807 or Lion David

George at 250-227-9550 or Lion Jim at 250-227-9622.

TOPS - Take Off Pounds Sensibly: meets every Monday morning
at 8:30 am in the Kootenay Lake Community Church basement.

Call Myrna for more info: 227-9420

PARENT ADVISORY COMMITTEE

(PAC) Meetings held at 7 pm at the Crawford Bay School

on (usually) the second or third Monday of the month. (or Tues)

Call Ingrid to be put on the agenda - 250.227.9246

Next PAC Meeting:

April 4, 2016, 7pm

April 2016 Mainstreet 23

April 2016

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		EVERY TUESDAY: Yoga w/ Melina - Comm Corner, 9:30-11am Tara Shanti Yoga, 9:30-11am & 7-8:30pm		EVERY THURSDAY: Yoga w/ Melina Bos Hall, 9:30-11 Tara Shanti Yoga, 9:30-11am & 7-8:30pm	1 Casual Karate, CBESS, 6pm	2
3	4 PAC Meeting, CBESS Lib, 7pm Karate, CBESS, 5pm	5 Vet Clinic, CB Motel Lions Mtng, 7 pm Dr. Grymonpre	6 Bingo, Rio CC, 6:30pm Volleyball, 7pm CBESS Dr. Moulson	7 Forest Stewardship Mtng, CB Hall, 6:30pm Dr. Lee	8 Casual Karate, CBESS, 6pm	9
10	11 Karate, CBESS, 5pm	12 Dr. Lee	13 Bingo, Rio CC, 6:30pm Volleyball, 7pm CBESS Dr. Moulson	14 Dr. Grymonpre	15 Kokanee Springs Opens Casual Karate, CBESS, 6pm	16 FB/Skype for Seniors, Rio Comm Centre, 10am Wild Turkeys, The Hub, 9pm
17	18 Rec 9 Deadline Karate, CBESS, 5pm	19 Our Wild Purcells Presentation, CBESS, 7pm Lions Mtng, 7 pm Dr. Lee	20 Highway Clean Up Day MAINSTREET DEADLINE Bingo, Rio CC, 6:30pm Volleyball, 7pm CBESS Dr. Moulson	21 Rio & Area Hist. Society 40th Anniversary Party, Rio Comm Centre, 5:30pm Dr. Grymonpre	22 Full Moon Casual Karate, CBESS, 6pm	23 Earth Day Water/Drought/Climate Change Forum, Nelson Prestige, 9-4:30 FB/Skype for Seniors, Rio Comm Centre, 10am
24	25 Karate, CBESS, 5pm	26 Dr. Grymonpre	27 Bingo, Rio CC, 6:30pm Volleyball, 7pm CBESS Dr. Moulson	28 Dr. Lee	29 Casual Karate, CBESS, 6pm	30 Will D Beats, Hub, 9pm



Kokanee Springs Golf Resort

Opening April 15th

- **April Green Fee Special - \$69 + tax - 18 holes w/ cart**
- **Become an Eclub Member and get your best value: visit www.kokaneesprings.com**



Restaurant open for breakfast, lunch and dinner starting on April 15!

We invite you to check out our website (kokaneesprings.com) & like us on Facebook.



Spectacular Golf, Epic Adventures, Unforgettable Experiences

ADVERTISER	PAGE		
		RDCK Rec 9	2
Barefoot	2	Riondel Market	12
Boswell Hall	14	RVFD	15
Chamber Hwy Clean Up	11	Sapphire Hair Salon	12
Classified Ads	22	SD8 Facilities Meetings	12
Community Futures	10	Simply Spotless	12
Computer Classes FB/Skype	3	Sunny Woods	7
Crawford Bay Hall & Parks	13	Sunset Seed	4
Crawford Bay Market	13	Tara Shanti	14
Credit Union	12	The Hub	13
Creston Valley Realty	15	Turlock Electrical	13
Creston Vet Clinic	4	West Koot Eco Society	5
Dog House Studios	15		
ESIS	1		
Eastshore Physiotherapy	15		
Fitness Place	19		
Gray Creek Store	12		
Hair By Jenn	2		
Harreson Tanner	11		
Hulland and Larsen	12		
Imagine Kootenay	1		
KES	13		
Kokanee Springs Golf Resort	13		
Kootenay Insurance Services	23		
Land Act - Nichols	4		
PAC	15		

Library Hours:
ES Reading Cntr:
 Tues & Sat: 12-3
 Thurs: 7-9 pm
Riondel Library:
 Mon: 2-4 pm,
 Weds: 6-8 pm
 Tues, Thurs, Sat:
 10am-12:30pm

Transfer Station Hours
CRAWFORD BAY:
 Sunday/Tuesday
 9-3 until Apr 30

BOSWELL:
 Weds/Sat 11am-3pm

ES Health Centre ~227-9006~

Drug & Alcohol: 353-7691 Child & Youth: 353-7691 Community Nursing: 352-1433
 Public Health Dental Screening/Counseling: 428-3876 Hospice: 227-9006 Baby Clinics: 428-3873
 Mammography Screening: 354-6721 Physiotherapy: 227-9155 Massage Therapy: 227-6877
 For more on facility, call Kathy Smith, 227-9006