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YEAR 27, NUMBER 4

APRIL 2017

The East Shore Mainstreet

KOOTENAY LAKE BC

Serving the East Shore Communities of Boswell, Gray Creek, Crawford Bay, Kootenay/Pilot Bay and Riondel



Pilot Bay Lighthouse Photo:
The Wandering Chick

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The Mainstreet is online!
www.eshore.ca

Pasta for the Playground

Saturday April 29th @ Crawford Bay Hall
A fundraiser for the new Natural Playground at the Crawford Bay Park

Italian Dinner, Silent Auction, Magic Show, Live music from The Bats, Bake Sale, Kids activities!

Dinner by donation
(suggested minimum of \$10 per person, no cost for children 5 and under)

Tickets available online or at Crawford Bay Market, Lakeview Store, Mojos and Riondel Store
<http://koots.life/playground>

Doors open at 4.30pm
4.30-7.30pm Silent Auction
5pm Magic Show
5-7.30pm Dinner Served
7.30 Live Music
9pm Closing Time.

RETURN UNDELIVERABLE ITEMS TO:
The East Shore Mainstreet
Box 140, Crawford Bay, BC V0B 1E0
Agreement#: 40718537



Mainstreet Meanderings

by Editor Ingrid Baetzel

In late March, readers may have seen local paramedics canvassing with a petition at the Crawford Bay Market. Their goal was to collect signatures from at least 10% of the registered voters in the region. The signatures are meant to support an initiative to move ambulance service paramedics and dispatchers into the Fire and Police Services Collective Bargaining Act. The amended act would be called the Ambulance, Fire and Police Services Collective Bargaining Act.

Currently ambulance services are not considered by the government to be an “essential service” like police and fire service. According to this petition, essential service provided by public sector paramedics deserves the same interest arbitration and protection given to fire fighters and police officers. This initiative process is unique to British Columbia. No other province or territory in Canada has initiative legislation.

The British Columbia Ambulance Service is overseen by the BC Emergency Health Services branch and is one of the largest ambulance services anywhere. It has over 15,000 employees provincially and it is estimated that well over half of them are considered to be part time employees who work at a staggeringly low \$2 per on-call hour. Some of our very own local paramedics work well over 300 on-call hours per month, putting their other jobs and livelihoods behind their duty to the service. They are people who deeply and profoundly care for their communities and neighbours and they do it because they love it.

The sad truth is that the average career span for a paramedic is not as long as it should be. They work

incredibly hard, put self-interest on the back burner, and serve their communities diligently – coming in the dead of night, at all hours of the day and making themselves available to help when the time comes. They see things that most of us can’t dream of. Some suffer from acute post-traumatic stress disorder and sometimes fall into self-medication and anxiety. They lay it out to help the people that they live amongst. They save lives regularly, and their work is considered non-essential.

These rural part-time paramedics (as opposed to Primary Care Providers or Acute Care Paramedics, who make only a couple dollars more per hour on-call) frequently hear that they don’t have to do this job – that they could choose something else... The fact of the matter is that they know that and they choose to do it anyway. It would probably be easy for many of them to simply go in a different direction, but what would happen if they all did that? What would happen if we didn’t have ambulance service in our community because the people who are doing one of the most challenging and important jobs around are not being remunerated nor respected well enough?

We need to imagine this world. We need to remember the number of times our friends and neighbours have been literally saved from death due to this incredibly valuable service and these heroic people who choose to do the work that only a few can.

So, we have another six weeks or so to sign the petition (second week in May) – we have that same amount of time to connect with our friends and families in bigger centres, where getting 10% of the signatures is more difficult, and remind them to sign the petition. If they get the 10% and send it in to Victoria, the government can then choose to either make BCAS part of the Essential Services Act or they can choose not to and then the decision goes to the voters in a referendum. For more information on this, visit www.yourparamedics.ca



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Next Deadline: April 26, 2017

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LETTERS TO THE EDITOR

LOAVE YOU, CRAFTSMAN!

Dear *Mainstreet*,

I am writing this letter to acknowledge the end of an era. The Mozart bread company (a.k.a. Anthony Arnold’s sourdough bread), is stopping production as of April 1.

I consider Anthony to be a true craftsman. His loaves speak to this, in that they never deviated far from their original recipe, but continued to improve year after year.

I believe that there were times when both of my children may have perished due to malnutrition had they not both enjoyed this humble loaf. Thank you Anthony.

P.S. Who tied all the ribbons anyway?

Will Hulland, Riondel Road

THE CENTENNIAL OF THE BATTLE OF VIMY RIDGE ON APRIL 9, 2017

Dear Editor:

As the Centennial of the Battle of Vimy Ridge approaches, I am concerned that the commemoration will be hijacked by the notion that this horrible blood-bath was a defining moment for Canada.

The storyline, only developed after all WWI veterans had passed away, is that Canadian forces came together and took Vimy Ridge when other forces couldn’t, and this was a proud victory that unified and defined Canada as a nation. As my father would say, bullshit.

To be clear, I am not against honouring the sacrifice of Canadian veterans. Quite the contrary. I’m the granddaughter of Pt. Amos Smith (you can google him, add Vimy to the search) who was killed at Vimy Ridge. He was 34 and left behind a wife and 5 small children on a homestead in Badger, Manitoba. There was no social safety net at the time. My dad and his brother quit school and went to work. They both served

in WWII and never spoke of their father, Vimy or the glory of any war.

Why am I critical of the nation-building story we’re being fed about the battle of Vimy Ridge? That battle directly affected my family and my life, but also those of countless others. It was a bloodbath of dubious merit in a war that was, by all accounts, catastrophic and unnecessary, which cast a long shadow of misery and violence. I believe our response to Vimy, WWI and what followed should not be to re-cast it as somehow glorious, but instead to commemorate it with grief and a promise to honour those who died by never, ever picking up that torch again.

In Vimy, France stands a massive monument to the Canadians who lost their lives there - 3598 killed and 7004 wounded. The largest statue is Canada Bereft, a grieving woman looking over the field of battle, which came to symbolize Canada’s commitment to peace. In the years that followed, Canada became a major and proud force in international peacekeeping.

By co-opting the lesson of Canada’s victory in the bloody battle of Vimy Ridge as the nation’s defining moment, the sacrifice of my grandfather and other Canadian veterans is betrayed. What I know for certain is my grandfather, father and uncle fought for peace. Peacekeeping is Canada’s defining quality, not a bloody battle for a useless hill in a vicious and pointless war.

Sincerely,

Shirleen Smith, Riondel BC

PROGRESS MADE RESTORING ROBIN STURDY’S MURAL!

Dear Editor,

Thanks for publishing the story of my search for tiles missing from a mural created by the late Robin Sturdy of Gray Creek. *Mainstreet* has proved to be invaluable in this search!

I am pleased to be able to let your readers know that, to date, I have been given four of the 23 tiles I am seeking, and that it’s been a pleasure to give these kind folks other pieces of Robin’s stoneware in return for them.

There is now a Facebook page called Robin Sturdy’s Lost Legacy where your readers can access historical information about this mural called ‘Furies of the Avalanche’, along with photos of it, and numerous other pieces of Robin’s whimsical art. (This Facebook page is public so you can view it on a friend’s device if



you don’t have access to the Internet yourself.)

If you are already following this page, please continue to do so as I am posting updates and photos showing the progress being made to fill in the blank spots on this amazing piece of art.

There is, however, information I will NOT be sharing. The names of the thoughtful and generous people who are giving me these tiles will remain secret - unless I get the okay from them to thank them publically.

If anyone has leads on where else I might look for missing tiles, I can be contacted by phone at 250 227 9387 or by mail at PO Box 42, Crawford Bay, BC, V0B1E0. Should anyone wish to drop tiles off at my home, I live at 16440 Wadds Rd. in Crawford Bay.

Again thanks to *Mainstreet* and special thanks to the three people who have helped me so far. (You know who you are!)

Gratefully,

Susan Hulland, Crawford Bay



RDCK Area "A" Update

by Garry Jackman,
Director - Area "A"

CBT COMMUNITY INITIATIVES PROGRAM:

The applications for the 2017 CBT-CIP grants have been received and packages have been distributed for review by our volunteer committee. The public meeting for Area A is scheduled for 6:30pm at the Gray Creek Hall on Tuesday, April 18. The meeting is open to all.

This year the total allocation to the RDCK is just over \$1.4M but Area A only receives \$34,414. Some of the electoral areas which are "impacted" receive far larger amounts, ranging up to \$140K. Once again the funds requested from the Area A allocation exceed what is available, with the total request from 48 applications coming to \$129K.

RECREATION 9 COMMISSION

Rec 9 applications for spring 2017 are now being received. Deadline to have them in to the Crawford Bay post office is noon on Thursday, April 20. Please submit 7 copies of your application so each member of the review committee can receive a copy without us having to make the extra copies. The public meeting to review the applications and make recommendations will be at the Crawford bay school community corner room on Tuesday, April 25 at 3pm.

Application forms along with the criteria for evaluating the applications are on the RDCK website. Go to the "admin" tab and look under "grants".

WHAT THE RURAL DEVELOPMENT INSTITUTE PREDICTS

The Columbia Basin Rural Development Institute (CBRDI) is a research institute housed at the Selkirk College in Castlegar which provides data and analysis on a wide range of topics affecting our lives in the Kootenays. Recently they released the RDI State of the Basin Snapshot Report which provides historical data and makes projections into the next 20 years. The report can be found on their website at cbrdi.ca.

The report provides more detail on population trends and demographic shifts than can be readily pulled from the Stats Canada figures which I was using for my recent *Mainstreet* submissions. There are some anomalies in the data, such as the year over year provincial estimates indicating a significant decline in Creston population from 2014 to 2015 while the five year Stats Canada figures showing overall growth in Creston. The prediction for the next 20 years is a further 5% to 10% growth in Creston population. For the Kootenay Lake district, which extends the full length of the lake but excludes the greater Nelson area, the 20 year prediction is a further 10% to 15% decline. The Nelson area is predicted to remain on a relatively slow growth trajectory with a 0 to 5% increase.

Across the basin our demographic trend also continues along the historical path, with the percentage of population over 65 years expected to be close to the percentage our population under 25 years by 2035. I do not have the figures on hand, but along Kootenay Lake our ratio of seniors is higher.

There is a great deal of other data, some comforting and some disturbing. For example, the Kootenay Lake local health area is on the low scale for mortality due to chronic lung disease, while on the high end for deaths by motor vehicle incidents. In some respects our youth stats are not positive, with SD8 having a relatively low percentage of high school graduates

(76.7% five year average versus a provincial 5 year average of 82.9%) and our percentage of vulnerable children is currently the highest across the Kootenays. How can we attract new residents with families if our indicators, which are available for anyone to research, are not favourable? I would encourage you to look at the report and if you have time follow some of the links to additional information.

2017 BUDGET MEETINGS

The RDCK board approved the 2017 budget at the open (public) meeting in Nelson on Thursday March 16th. Total taxation across the 20 regional partners (nine municipalities plus 11 rural electoral areas) is now at \$25.68M, up 3.14% from the 2016 total. Across the regional district the tax base grew by 3.52%, which is a combination of market changes plus new subdivisions and buildings, so the actual increase per household is less than the 3.14%, probably closer to half of that amount.

The total taxation payable from Area A in 2017 is \$1.58M, up more than the regional average at 3.94% over the 2016 levels. In spite of new subdivisions and new construction, our total base base shrunk from 2016 to 2017 by 0.8%. These figures are based on estimated assessed values as of July 2016, so hopefully we have seen some market improvement since then.

I note that more than a dozen members of the public attended the budget review meeting in Riondel on March 8 but only three members of the public attended the meeting in Creston the next morning. I have been asking for a budget presentation along the east shore for the past several years and through the strength of your turnout I can continue to ask for this presentation. Next year I should arrange for the meeting to be at Crawford bay or Gray Creek so more of our residents can have a chance to see the budget details and ask questions.

Only two residents, both from Wyndel, wanted their own copies to go over the budget in detail this year. I obtained complete copies for both of them and they each had a few specific questions which I could answer. This offer is open to everyone as I would rather have complete information available rather than leaving questions hanging. I can see if there are any of the full budget copies left in the RDCK office if anyone else would like to have a detailed look. Just give me a call.

I do want to dispell one concern which I have heard around the RDCK Board stipends going up. This is not happening, although it was discussed again. The very valid concerns raised by some of the younger board members is how local government can become all consuming at times, leaving little or no time for those who need to work at another job plus raise their children. I agree the job of a rural director will consume all the time you give it. Fortunately I am at a point in my life where our children are on their own and my other businesses, design and construction, are well established so I can work on RDCK issues as my primary job and do some additional work as it fits in. During our discussions this budget cycle I asked my colleagues to think about how many of them may now be mortgage free and/or receiving a pension. Our younger colleagues tend to have higher living expenses (eg. mortgage payments or supporting their children) while likely having less job security for their non-RDCK work. No decision was made on changing the stipend, which means there is no money in the budget to allow for an increase in 2017.

As always, if you have questions or comments on any topic please drop a note to gjackman@rdck.bc.ca or call me at 250-223-8463.



Hidden Taxes

by David George

99 Reasons 2016 Was a Good Year - Part 3

Do you remember 2016 as a horrible year? Take heart--here are the last 33 reasons that 2016 was a good year, from an upbeat Australian website called Future Crunch: <http://futurecrunch.au.com/>

67. Good science and simple economics have started a reversal in overfishing in the United States. *New York Times*

68. Norway became the first country in the world to commit to zero deforestation. *The Independent*

69. In June, a new survey showed that the ozone hole has shrunk by more than 3.9 million square kilometres since 2006. Scientists now think it will now be fully healed by 2050. *Sydney Morning Herald*

70. In July, more than 800,000 volunteers in India planted 50 million trees in one day. The country is planning on reforesting 12% of its land. *National Geographic*

71. Later that month, Israel revealed that it now makes 55% of its freshwater. That means that one of the driest countries on earth now has more water than it needs. *Ensisia*

72. McDonalds announced it would be removing corn syrup from its hamburger buns and removed antibiotics from its chicken months ahead of schedule. *CNBC*

73. By August, every major grocery and fast-food chain in the US had pledged to use only cage-free eggs by 2025. *Washington Post*

74. The average number of large oil spills around the world has been drastically reduced, from an average of 24.5 per year in the 1970s, to just 1.8 a year in 2015. *ITOPF*

75. The citizens of Mumbai conducted the largest beach clean-up in human history, removing more than 4000 tonnes of rubbish. *Washington Post*

76. Plastic bag use plummeted in England thanks to the introduction of a 5p charge in 2015. *BBC*

77. The Italian government overwhelmingly backed a new set of laws aimed at cutting down the vast amounts of food wasted in the country each year. *Independent*

78. In December, four of the world's biggest cities, Paris, Madrid, Athens and Mexico City, agreed to ban diesel cars from their centres. *Guardian*

79. At this year's CITES conference, 183 countries agreed to the strongest protections ever for endangered animals, with big wins for parrots, rhinos, porpoises, rays and elephants. *Washington Post*

80. In February, the U.S. Fish and Wildlife Service announced that the global manatee population is no longer endangered. *Scientific American*

81. Wild wolves started coming back to Europe, and for the first time since the American Revolution, wild salmon began spawning in the Connecticut River. *Al Jazeera*

82. In March, Yellowstone's grizzly bears passed a major milestone, completing one of the greatest wildlife comeback stories in history. *National Geographic*

83. Fifty years ago, the Columbian white-tailed deer population was 450 animals. This year, the US Fish and Wildlife Service took it off the endangered list. *CS Monitor*

84. Green sea turtles in Florida and Mexico were taken off the endangered list. *Huffington Post*

85. Sea World agreed to stop breeding captive killer whales. *NPR*

86. Humpback whales were removed from the endangered species list, having fully recovered in the last 46 years. *Science Mag*

87. The US finalized new regulations to shut down commercial elephant ivory trade within its borders and stop wildlife crime overseas. *WWF*

Hidden Taxes, cont'd on page 4

**Next Deadline:
April 26/17**



April Horoscope

by Michael O'Connor

Tip of the Month:

The Aries New Moon seed on March 27 may not mark the official launch of spring, but in some respects, it might as well. The cycle of the Moon creates its own celestial container of energy. Even though there are ever many overlapping cycles as play, the Moon's cycle is like the stitches in the clothing.

Although small and otherwise unseen, it can be recognized to hold all the others together. The New Moon in Aries is like a rocket, it truly has the effect of launching the year.

Aries (Mar. 21-Apr. 19): An exciting momentum is building. Yes, it does include a few curve balls of complexity. Basically, this is a call to proceed, but with a wait-and-see attitude. Try this and that, engage with him, her and them, but avoid making new commitments, for now.

Taurus (Apr. 20-May 20): Spring is here, but not all the lights are green. Yellow and red are in the mix requiring you to pay attention and trust the flow. Destiny wants you to advance slowly now. Six months from now your 20-20 hindsight will understand why.

Gemini (May 21-June 20): Much is a foot and nothing is settled or grounded, right now. Cooperate with this dynamic and be patient with it, because it will continue for quite a while yet. Versatility could be your middle name, which indicates your hidden power: access it.

Cancer (June 21-July 22): Where have you come from and what have you done? These and other such questions are likely as you enter new territory. Focus on the best items on your list because, after all, it is the past and what you need now is the encouragement.

Leo (July 23-Aug. 22): An exciting roll is indicated. The word 'freedom' characterizes it. It can also be described as breaking into new territory. The future beckons. Dealing with many details and perhaps distractions is featured. Clarify your goals and focus.

Virgo (Aug. 23-Sep. 22): Much is brewing within. You are changing, or at least your objectives and perspectives are. Your ambitions are strong and you are determined to succeed. Weed your mind garden and plant seeds of possibility. If you do, the returns will be great.

Libra (Sep. 23-Oct. 22): You have entered an exciting yet complex period. Your moods may be up and down. Excited one moment, frustrated the next, wanting to please others then angry if they are not receptive. Focus on your own internal balance.

Scorpio (Oct. 23-Nov. 21): Taking new initiatives especially linked to your daily rhythm and lifestyle is in focus. Getting a momentum going without undue expectation on quick results is ideal. Acclimatize now and build momentum gradually.

Sagittarius (Nov. 22-Dec. 21): A playful mood has probably been rising like the spring sap. What kind of play is for you to decide. Calling it sexy is not far off and may actually be right on. Either way, be the one to make the call and the moves.

Capricorn (Dec. 22-Jan. 19): An upward spiral is indicated for you. Better yet, it looks like it will continue well into the season. You can just enjoy the ride or you could capitalize on this wave of opportunity. In the deep end, certain relationships or patterns may be in the way.

Aquarius (Jan. 20-Feb. 18): A busy cycle continues. Many new perspectives are rolling in. As well, some rather deep changes have been activated. These may literally manifest as renovations. However, it may be subconscious beliefs getting replaced.

Pisces (Feb. 19-Mar. 20): The very foundations of your life are undergoing a steady flow of change. This goes back about 5 years, especially. If you have been diligent and wise, the returns are measurable. Either way, there is more work to do. Fortunately, your energy levels are rising.

Hidden Taxes, cont'd from page 3

88. Mongolia created one of the world's largest protected areas for snow leopards. *Snow Leopard Trust*

89. In September, giant pandas became the latest species to be taken off the endangered list. *Guardian*

90. And in 2016, for the first time, we heard that the number of tigers in the wild rose for the first time in 100 years. *National Geographic*

91. At the beginning of the year, we heard that global spending on aid and development increased by 7%, and spending on refugees has doubled. *OECD*

92. In April, Pony Ma Huateng, the chief executive of the Chinese internet giant Tencent, donated \$2 billion to charity. *South China Morning Post*

93. 2015 was America's most generous year ever, with charitable donations from individuals, estates, foundations and corporations reaching record highs. 2016 is on track to be even bigger. *Associated Press*

94. In 2016, charitable giving in China rose to \$15 billion, a 10 fold increase from just a decade ago. *Bloomberg*

95. Online crowdfunding raised almost \$1 million for the kids of Alton Sterling and Philando Castile to go to college.

96. Warren Buffett gave \$2.9 billion to charity, again. And his son, a farmer and environmentalist, quietly continued to spend his billion dollar inheritance on sustainable agriculture and hunger eradication. *The Atlantic*

97. The Gates Foundation announced another \$5 billion in charity for Africa. They also tweeted this video about progress on malaria.

98. Germany took in an additional 300,000 refugees in 2016, despite growing concerns about integration and a backlash from populists. *Guardian*

99. In Canada, hockey moms, poker buddies and neighbors took in Syrian refugees, one family at a time. *New York Times*

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**RDCK
Recreation
Commission No. 9**

Call for Grant Applications

Non-profit groups can submit recreation grant-in-aid applications to the Rec 9 Commission (Box 208, Crawford Bay) by **no later than 12 (noon) Thursday, April 20**. Late applications will not be considered.

Seven (7) copies of the application are now required. Applications can be downloaded from the RDCK website or picked up at the Credit Union East Shore branch. Please refer to website for evaluation criteria.

The Rec 9 meeting to review applications is scheduled for **Tuesday, April 25 at 3pm at the school**. This meeting is open to the public and applicants are encouraged to attend.




Western Pacific Marine Ltd
Kootenay Lake Ferry Office

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REVISED DATES!

**April 3-5 & April 18-30:
Semi-Annual Maintenance**
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MV Balfour weight restriction: Only one 6 axle semi-trailer per sailing. Possible sailing delays.



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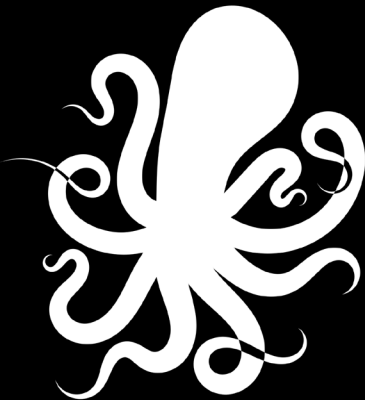
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Hacker's Desk

by Gef Tremblay

Ink

I just finished an online six-week class on calligraphy. I'm pretty happy with the results; it's one of the online courses that I've enjoyed the most. The teacher invited us to use a certain type of nib - the Nikko G. This got me curious about pens and nibs.

The Nikko G nib is Japanese made nib and there is a lot of different nibs for different types of drawings. Nikko is the brand and the G is the model. Nibs are mostly used for Manga in Japan. For different types of manga there are different type of nib. The G for instance is mostly used for Science Fiction and boys type of Manga. The Meru is made for girl type of manga due to it's fine line. The School nib is another type of nib which is easier to use in order to start practicing with such tool. I personally started with the Nikko G but I preferred to use the Meru for my illustrations as I really enjoy drawing intrinsic and fine lines.

The pen and nib are really one of the earliest tools for the graphic designer. Its predecessor, the quill, was quite similar but made with a feather. I was personally surprised how easy it was to learn to use the pen and nib since the previous pens I was using for few years now were the Sakura Pixma pen.

The Sakura pen are great disposable pen. Fine line, made of pigment, water resistant, I have always felt a little annoyed by how much waste it created. I would use almost one pen every five illustrations, which was not so practical and a bit polluting I've wondered if there was anyway to do illustrations with such a fine point with a different tool. Although the Nikko G wasn't fine enough, the Meru pen actually matches the

thin line of the Sakura Pigma.

I didn't think I could have a better tool than the Sakura but after only a few weeks of practice, I realized how much more advantageous pen and nib are compared to disposable pens.

For a start, the pen and nib create almost no pollution. I use big bottle of ink that can be recycled and a nib can last for a long time if well taken care of. The nibs are also just a tiny piece of metal that probably could be recycled, but definitely could be used in an art project. It's also a lot cheaper - with the five dollars per Sakura pen, I can get a couple of nibs that will outlive most of the pens. On the technical side of the tool, with nibs you can draw very long lines without breaking it. Compared to the fragility of a fine point pen, this was quite welcomed. You can also dynamically change the width of the line you are drawing and it works really well with water colors. Finally it feels a lot more like handling a sword. The nibs are actually little blades and you have to handle them a little like a tiny sword.

Using a nib and pen you have to be mindful about how much ink you put on the pen and also making sure you're not spilling it. This is actually more of a gift as you have to learn about the core of calligraphy, illustration and ultimately graphic design; ink.

In the first few weeks of using pen and nib, I almost ran out of ink, which lead me to investigate what ink is all about. Maybe I could make my own ink too. It turns out that ink is mainly composed of carbon - the same carbon in graphite that is used for pencils. The same carbon that constitutes any living thing on the planet.

In order to make in, you need carbon in the form of soot or fine charcoal, vinegar to mix it, and something to harden the mix. Natural ink for tattooing can actually be made of charcoal and olive oil. The binding agent can be agar agar or honey, although traditionally they were using shellac, which is the resin secreted by a bug.

Using some activated charcoal, I mixed it with some vinegar. Without a binding agent I wanted to try it as is. It smelled like ink, it looked like ink and worked like ink. Since I didn't put in a binding agent, once the ink dried I could wipe it from the paper, which left a faded grey line. It was a success! It was really exciting to experiment with the foundation of printing and graphic design and to think that carbon was at the foundation of it all was quite revealing.

But then I thought, what creates carbon like that? Lampblack and soot come from chimney residue, but we also have cars and trucks that create this residue in form of pollution. Well, it turns out that I am not the first one to think like this. A startup company from Silicon Valley has been hard at work to find a way to use vehicles emission to create ink. They named their business AirInk. The principle behind the process is to reduce pollution or re-use pollution as a creative tool. So, using pen and nib, you can reduce the amount of pollution created, and you can even use ink created from one of the most polluting machines.

I always find it fascinating to study different parts of graphic design, from the programming and interactive aspects to the foundation of making your own ink and pen. There is always a calling for learning more and of course, once you know how to make paper and a pen and write, you need paper. And what is more delicate and powerful than paper - this simple material which started a whole evolution in how we manage and share knowledge... But this is for another time.

Links

- Calligraphy class offered by Julia: <http://juli-abausenhardt.com>
- John Neil Calligraphy supplies: I find it's hard to find tools for calligraphy that are not sent from Japan. If you want to order pen and other tools this is the best store I found: <http://www.johnnealbooks.com>
- Air Ink: <http://www.air-link.com>



EASTSHORE INTERNET SOCIETY

ESIS in Spring: Faster Speeds, More Data, AGM & Board Nominations

by East Shore Internet Society Board

After a long, long winter, spring has finally sprung. Spring is often seen as a time for renewal, growth, and expansion; we feel it in the air. At ESIS, the season comes with exciting news for all its subscribers - enough of the Connecting Canadians network upgrades are in place that we can now offer all subscribers speeds of 5Mbps. And what's more speed if you don't have more data, therefore we've increased data packages as well. The great news? This all comes at no extra cost to subscribers!

Faster, More Data: Newly Revised Packages

Effective April 1, all ESIS packages will receive significant upgrades at no extra cost. We are pleased to announce that all subscribers will receive an increase in speed and data, regardless of their package. One caveat is that although ESIS will do its best effort to achieve

the posted speeds, in some instances subscriber geographical location may prevent maximum speeds from being realized.

New Less Expensive Installation Charge

As way to entice new customers to join or rejoin ESIS, we are reducing the cost for a new installation from \$150 to \$100. Of course, we live in challenging geographies therefore some extraordinary installations may require an extra mast, additional networking equipment, very long cable, or interior cabling. In such cases, additional charges may apply. These charges are always confirmed with new subscribers prior to the work being done. So, if you know folks who aren't with ESIS, make sure they know about this new info!

Update to Away Rate

Although in many areas our financial review allowed us to increase packages and reduce installation cost, we determined the we needed to increase the "Away Rate" from \$5/month to \$20/month. This shift is in support of ESIS' long-term financial viability and in line with what other internet providers offer. This new rate will become effective next time a subscriber begins a new "away period". Subscribers currently on an "away period" will remain at the \$5/month rate until they restart their service.

*** Board Nominations ***

The ESIS Board is seeking an "expression of interest" from those who might be interested in joining the ESIS Board of Directors. This is an Operational Board, meaning directors are responsible for organizational governance as well as some operational tasks. We are seeking a commitment that requires monthly meetings as well as some work in-between.

As the society seeks to maximize both skills and geographical diversity of its Board members, our current Board needs include expertise in: Internet

Technologies & Networking, Finances, Engineering, Marketing & Communications, Project Management, and Human Resources. We welcome potential Board members from all geographies served by ESIS, such as: Crawford Bay, Gray Creek, Riondel Rd, Kootenay/ Pilot Bay, Boswell, etc.

If you are interested, please submit your expression of interest to the Board before May 10 (board@eastshoreinternet.ca). Please include brief synopsis of skills you bring to the table, where you live, your availability throughout the year, and any other information you think would be helpful for the nominating committee. And if you think someone you know might be a good fit, please suggest they submit an expression of interest (do not submit someone else's name for nomination!). The Board will act as nomination committee by vetting expressions of interest to maximize diversity and needed skills, and then presenting the nominees as a slate for voting at the AGM on Tuesday May 23.

As always, we thank all those who support the East Shore Internet Society as subscribers, volunteers, staff and community members. It's only with your ongoing encouragement that the society, your society, can continue to thrive.

ESIS ANNUAL GENERAL MEETING ANNOUNCEMENT

Tuesday May 23, 7 - 9pm
Crawford Bay Hall

The whole community is invited and each subscriber-account in good standing will have a vote.

Package	Cost/Month	NEW Speeds	NEW Monthly Data
Bronze	\$50 + Tax	5Mbps down / 1.5Mbps up	100 GB
Copper	\$70 + Tax	6Mbps / 2Mbps up	150 GB
Silver	\$90 + Tax	8Mbps / 2.5Mbps up	300 GB
Gold	\$110 + Tax	12Mbps / 3Mbps up	400 GB
Platinum	\$155 + Tax	15Mbps / 3Mbps up	600 GB
High Volume Platinum	Call for Pricing	15Mbps / 3Mbps up	600+ GB

Next Deadline:
April 26/17

Looking for a Recreation Grant?

by Doreen Zaiss

Are you part of a group or organization providing some form of recreation in our community? Does your group need funding in order to improve the quality or quantity of the service you provide? A Rec 9 grant, through the RDCK, may be able to help.

A new round of funding is being offered. Applications can be acquired through the RDCK website: www.rdck.bc.ca or you can pick up a hard copy at the Credit Union.

Grants can cover capital costs such as recreational equipment, advertising, transportation, and other expenses.

Here are some things to remember for a successful grant application:

- Applications must be in to the Crawford Bay post office (Box 208) no later than noon on Thursday April 20. No late applications will be considered. Applications will be reviewed on Tuesday, April 25 at 3pm at the school. The meeting is open to the public and applicants are encouraged to attend.

- Please make 7 copies of your application, one for each director on the board.

- Be sure to answer all required questions and give an accounting of your finances. We do not need extra materials like a history of your organization. Limit the number of pages beyond the provided application form to 5 at the most.

Our regional district has supported many groups and halls in our area making life on the East Shore richer and more fulfilling. I'd like to thank Garry Jackman, director of Area A for all the time and energy he puts into recreation in our community.



**RDCK
Recreation
Commission No. 9**

Call for Grant Applications

Non-profit groups can submit recreation grant-in-aid applications to the Rec 9 Commission (Box 208, Crawford Bay) by **no later than 12 (noon) Thursday, April 20**. Late applications will not be considered.

Seven (7) copies of the application are now required. Applications can be downloaded from the RDCK website or picked up at the Credit Union East Shore branch. Please refer to website for evaluation criteria.

The Rec 9 meeting to review applications is scheduled for **Tuesday, April 25 at 3pm at the school**. This meeting is open to the public and applicants are encouraged to attend.

Destiny Bay Store New Owners

New Owners – Ron and Lynn Mondor of Destiny Bay Resort Purchase Destiny Bay Store

Thank you to Tom Lymbery for his historical recounting of Destiny Bay in the October 2016 issue of the *Mainstreet*. Since October several developments have taken place and at the time of this printing Destiny Bay Grocers has once again become part of Destiny Bay Resort.

Over the past couple of months Ron and Lynn have negotiated the purchase and are excited to soon re-open the store to locals and tourists alike. With several hurdles yet to cross, hopes are that the business will be up and running by early May.

As this business expansion will provide several local employment opportunities, anyone interested is asked to submit their resumes to jobs@destinybay.com.

Watch for further announcements and see our ad in the May issue of the *Mainstreet*.

6 Mainstreet April 2017

76th Annual Creston Valley Blossom Festival

by Blossom Festival Committee

From May 19 -22, 2017, Creston Valley celebrates the 76th Annual Blossom Festival ... and YOU are invited.

Friday evening's opening ceremonies will be marked not only by the official opening and much deserved Citizen of the Year and Junior Citizen of the Year awards, but also of internationally renowned country stars performing live.

Certain to be a sold-out performance, the opening ceremonies will feature country star Lindi Ortega (Canadian Country Music Award Winner) along with JJ Shiplett & Creston's own recording artist Daniel Huscroft. Tickets will be on sale starting April 15 at Black Bear Books in Creston ... don't miss out!

Saturday morning will start off with a Street Fair on 11th Avenue N above Canyon St. Expect a bit of everything ~ food, fun, and fantastic finds! Enjoy a 'Gold Panning Experience' near the Chamber of Commerce / Visitor Centre building. Of course the Saturday Farmers' Market will be open for locally produced foods and wares as well. In addition, the "100km Yard Sale" will be underway from Yahk to Riondel ... And don't miss the annual Yakan Nukiy Pow Wow at the Lower Kootenay Band, and the return of the Cowboy Challenge at the indoor arena on Lower Wynndel Road.

Children and youth events will keep smiles on the faces of all, young and old at the College of the Rockies and Millennium Park where you can enjoy local talent with the 'Concert in the Park'. Something for everyone? Yes, absolutely ... but keep in mind the Annual Blossom Festival Parade will be a 'not to be missed' event as well. ... either as a Parade Participant or a member of the viewing public! Meandering down Canyon Street from 16th Avenue to and along NW Blvd hosting floats, animals, music & merriment for the young and the young at heart every step of the parade route! Of course the newly minted "Citizen of the Year" and "Junior Citizen of the Year" will be 'on parade' for all to welcome to their honoured positions.

Saturday evening will offer a "rouge et noir Evening Soiree" in the Creston Room at the Rec Centre. This exclusive evening ticketed event will be your opportunity for a night out of fine dining and dancing. Watch for upcoming posters and tickets for this excellent evening.

Sunday starts off with the purr and roar of engines to Canyon Street for the Annual Creston Valley Cruisers Car Show and Shine. Vintage, unusual, and special vehicles will be on display from 10am to 3pm. While strolling Canyon Street and reminiscing about the classic car you may have once owned, (or dreamed of owning) enjoy a 'Chili on a Bun' and support the local Lions Club.

The Creston Stables on Wynndel flats will be in it's second day of offering the Cowboy Challenge ~ a spectator sport extraordinaire. As well, exceptional dancers and fresh fry bread will continue to be on hand at the Yakan Nukiy Pow Wow, ongoing at the Lower Kootenay Band community centre. So much fun for the whole family.

Monday, May 22 offers the much looked forward to Children's Parade and Picnic, hosted by the Creston Lion's Club. And, at the Airport the Creston Valley Flying Club will be hosting an Airport Appreciation Day. It's a holiday long weekend filled with FUN!

Be sure to buy (and wear) your 76th Annual Blossom Festival Button available at Creston merchants ... this enters you for a chance at the 50/50 draw prize.

Like us on Facebook "76th Annual Creston Valley, BC Blossom Festival" to keep updated to events and happenings.

Forms for Parade Entries, Participation in the Yahk to Riondel 100km Yard Sale, Posters and a Schedule of Events can be found at www.BlossomFestival.ca We look forward to seeing you.

Temple Update

Submitted by Yasodhara Ashram

Patkau Architects, the world-renowned designers of the Temple of Light, brought their entire Vancouver office to Kootenay Bay this month to view the progress on construction.

Principal architect John Patkau emphasized the innovative methods used to create the structure. "The Temple is a pioneering building in many ways, demonstrating the power of our innovative digital techniques and the power of collaboration," he says. "This structure shows the way professionals will be building in the future."

Patricia Patkau, instrumental in the design phase of the Temple, was recently named by *Azure Magazine* as one of 30 must-know women architects in the world.

Efforts in March focused on the roof and flooring of the annex and Temple. In-floor heating has been installed and the cement poured. Preparations are also underway to mount the windows.

"The Ashram community is watching joyfully as the new Temple of Light takes shape and we are enthusiastic that the construction and design has expanded the boundaries of architecture," says Yasodhara Ashram president, Swami Lalitananda.

Mark your calendars for the Strawberry Social on June 24 or come for a Taste of the Ashram day program. More details on our website: yasodhara.org.

We hope to see you soon.

*Next Deadline:
April 26/17*

Welcome Rebecca!

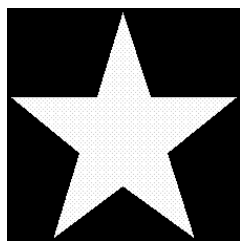
by Laverne Booth

Community Connections and the East Shore Health Society are pleased to welcome Rebecca Fuzzen as the volunteer coordinator for the East Shore Better at Home program. This pilot project is starting in April 2017 to provide transportation options and volunteer drivers (who get paid a stipend) to help people live well in their own homes. Many thanks to Ashlene Chadburn and Valley Services of Creston for providing training and support to this new project.



Rebecca Fuzzen moved to the East Shore in the mid 1990's with her family. After periods of time away following high school, Rebecca realized that the East Shore community and the people of this place had become home to her. While upgrading her education she did casual work as a cook, a tree-planter and a first aid attendant. For the past few years Rebecca has been working with seniors as a health care aide. Rebecca looks forward to continuing her work in this field and also expanding her experience by working with the East Shore Advisory Group and helping to get the program underway.

All are invited on **May 10 at 3 pm for tea at the Learning Hub at Crawford Bay School**. You can meet Rebecca and the Advisory Steering Committee, find out about transportation options and sign up to be a volunteer driver.



Starbelly Stars

By Will Chapman,
Artistic Director

It's time for another Starbelly Jam.

After a year off to retool and recharge, Starbelly is coming back strong for 2017, with a generous offering of exciting and diverse music, workshops and children's entertainment. I've made a point of booking acts that I feel will fit nicely into the Kootenay Vibe: positive, uplifting grooves and inspirational lyrics.

I set out to find talent that really resonated with me as authentic and accomplished within very different music genres, and I'm thrilled with this year's line up. I was pleasantly surprised when I realized that 10 of this year's 15 acts are Canadian.

Our international acts include performers from Australia, France, Mexico, Sweden, Senegal and the U.S.

This year's Sunday headliner is **Deep Forest**, from France. They came on the music scene in the mid 90's, offering something that had never been heard before: Pygmy voices fused with lush synthesizers, ambient textures and electronic beats. They are Grammy Award winners who have continued to integrate samples of 'ethnic' elements into their worldbeat/electronic flavoured dance music. Although they've released many albums, sold 10 million units and toured the world - they've never played in Canada. So, they're coming to make their Canadian debut right here at Starbelly, featuring Eric Mouquet (the main composer) on keyboards, a bass guitarist and another player on guitar and samplers. I have feeling that it's going to be quite a magical evening.

The next act I want to introduce you to is **The Eisenhauers** - a husband and wife acoustic folk duo from Kaslo. They play and sing beautifully together, with sparse, delicate songs that touch your heart. They sing of a life filled with connections to our families, to each other and with our natural surroundings - about the experience of finding balancing in it all, here, in the Kootenays.

Kytami is coming! Some of you will know her from her previous gig - as cofounder and violinist with **Delhi to Dublin**. Since 2010, Kytami has branched out on her solo career, blurring the lines between the ancient and contemporary, the classical and electronic, creating her own style as a 'vionlinistxtremist'. Her live performances marry the raw, explosive energy of her fiddle playing with a full, electronic musical backdrop, incorporating elements of hip hop, drum n' bass and dubstep. She's been keeping busy travelling the world (Taiwan, Dubai, Germany...), performing on Ted Talks, and winning numerous awards. The secrets out.

More introductions in next month's *Mainstreet*. Advance tickets on sale now: www.starbellyjam.org

Spring Into Song: A Musical Offering

by Deberah Shears

The Yasodhara Ashram is hosting a community music concert on Saturday April 29, 2017, at 2 pm. This concert will be performed by the Many Bays Community Band and the Many Bays Singers with additional singers from Crawford Bay School (Kindergarten to Grade 12) and the Ashram community.

The first half of a rather eclectic program will feature the band and the choir - this choir being an exceptional one because it is inter-generational and a true community effort. The second half will feature solos, duets and small ensembles.

Admission is by donation with the proceeds supporting the construction of the new Temple of Light. Those of you who have been to events at the Ashram know it to be a beautiful, peaceful setting for a community concert. Please put the date on your calendar; we will look forward to seeing you there.

The Mainstreet is now sold at Kootenay Gourmet in Balfour (by Balfour Autobody). Stop in and say hello to Daniel and try his amazing food! Get it hot and take it home with you on the ferry... Call ahead if you're in a hurry - 778-529-2900. Take the stress out of cooking - Get your dinner from Kootenay Gourmet & pick up a paper for the ride too!



Western Pacific Marine Ltd
Kootenay Lake Ferry Office

**OSPREY 2000 FERRY
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REVISED DATES!

April 3-5 & April 18-30:

Semi-Annual Maintenance

The smaller capacity MV Balfour ferry will be in service operating on the regular winter schedule.

MV Balfour weight restriction: Only one 6 axle semi-trailer per sailing. Possible sailing delays.



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**Mobile veterinary clinic available
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Please call Creston Veterinary Clinic to book appointment & for more details.

**NEW LOCATION! We now have our clinics
at the Crawford Bay Motel, Unit 6**

Mobile Clinic Dates:

April 4 and May 2

Spring Events at the Ashram

submitted by Yasodhara Ashram

Friday to Sunday, April 21-23 - Love & Healing, A Weekend of Reconciliation with Indigenous Elders. Join Pahan Pte San Win and Wanbdi Wakita of BearPaw Teaching & Healing (Manitoba) on their return visit to the Ashram. Come for one day, satsangs or the whole weekend! Wanbdi is a Dakota Spiritual Leader and Sundance Chief; Pahan is Lakota, Cree and Metis and her name means Grey Swan Buffalo Woman. They have spent a lifetime exploring and want to share what they have discovered with you.

Saturday, April 29, 2 pm - Spring into Song (see article by Deberah Shears): An intergenerational event with the Many Bays Community Band, Many Bays Singers, students from Crawford Bay School and Ashram residents. By Donation - Proceeds to Temple of Light

Sunday, May 14, 11 am - 2:30 pm - Mother's Day Taste of the Ashram: Bring your mother or special friend for a yoga class, lunch and tour. In partnership with East Shore Food Roots, East Shore businesses and groups

Saturday, May 27, 2 pm - Bessie Wapp and Blue House Choir. Named Nelson's Cultural Ambassador for 2015, Bessie is a seasoned performer known for touching hearts and getting toes tapping

Saturday, June 24 1 - 4 pm - Strawberry Social and Temple Celebration & Tours. All are welcome. For more information: 250-227-9224 - registrations@yasodhara.org.

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3 months for the price of 2

Throughout April, come in & buy two months of access to the Fitness Place (\$60) & get the 3rd month FREE!

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6-8 pm Monday - Friday**

Call during open hours: 250-227-9218, ext: 5542
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As I am currently finishing off the new bakery, please expect a few closures over the next weeks. It may be best to call ahead!

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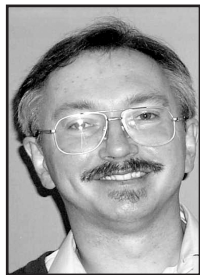
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**Next Deadline:
April 26/17**



Seldom Scene

by Gerald Panio



Nothing says 1950's Technicolor melodrama like a film by Douglas Sirk. And nothing says Douglas Sirk like *Written on the Wind* (1956). Sirk was to the cinema what James Avati was to the art world. Both were master craftsmen with the ability to take almost any content, high or low, and stamp it with their own unique genius—compounded of irony, self-awareness, and technical virtuosity. They never condescended, and they always entertained. Because his chosen canvas was the paperback cover, Avati had to wait a long time for recognition. Similarly, because Douglas Sirk's canvas was often melodrama, critics assumed there was nothing going on behind the lurid facades. The passage of time has given both artists their due.

There are enough Freudian overtones in *Written on the Wind* to keep choirs of amateur psychoanalysts singing hallelujah. The central character, played by Robert Stack with all stops pulled out, is Kyle Hadley, the dissolute playboy son of oil tycoon Jasper Hadley (Robert Keith). Permanently pickled and permanently priapic, Kyle is his ambitious old man's worst nightmare. Our first glimpse of Kyle, in the film's opening sequence, is of him tearing through an expressionistic landscape of shadowy oil derricks in a canary yellow sportster, corked to the gills and obviously headed for disaster.

Kyle's sister Marylee (an Oscar-winning performance by Dorothy Malone), is another piece of work. An honest appraisal of her character would need language entirely unsuitable for a family newspaper. She's all of James Avati's sultry or trashy temptresses rolled into one toxic package. Not to be outmatched by her brother, Marylee's ride is a fire engine red roadster.

Together, Kyle and Marylee are a match made in hell. If this were a Tennessee Williams play, they'd probably be in bed by the final act.

Pity poor old dad. Instead of founding a dynasty, Jasper gets to eat his heart out with guilt at having failed his wife (dead before she had a chance to help raise their children), his brother (dead from fast-living), and both his children (alcoholic & neurotic).

Jasper's only solace is Kyle's best friend, Mitch Wayne. Mitch is played by Rock Hudson, Sirk's actor of choice in over a dozen films. Mitch is a lot like Clark Kent—beneath the modest, salt-of-the-earth exterior there's the kind of rock-solid superman that Jasper wanted his son to be. Despite the fact that Mitch's father is as proletarian as they come, Mitch effortlessly masters everything—from college, to fisticuffs, to oil exploration—that patrician-born Kyle is too impatient, too weak, too feckless to pull off. As if the alienation of his dad's affections weren't a big enough source of resentment on Kyle's part, his sister is besotted with Mitch and uses her brother as a psychological punching bag for the pangs of her unrequited love. It's a pity Sigmund Freud never came up with brother/sister equivalents of his Oedipus/Electra complexes. They're sorely needed here.

The whole Hadley mess might have gone on for years—Kyle getting drunker, Marylee getting sluttier, Mitch taking over more and more of the old

man's responsibilities—had Lauren Bacall not put in an appearance. The moment Bacall's character, ad designer Lucy Moore, turns up in the Hadley Oil offices things go from Erskine Caldwell to Euripides. Bacall's a very cool match to light up a very nasty powder keg. Mitch is a goner the moment he catches a glimpse of Lucy's sexy, disembodied ankles under a bulletin board. Kyle is a goner the moment he whisks Lucy out from under Mitch's nose and discovers she's in a different league than the other women he's pursued. When he goes to fetch her in the outrageous hotel room he's gotten her (“Are you decent?” he calls out) and discovers she's gone, his next line is, “I guess she was.”

Take one unrequited lover who'd make Galahad feel inadequate. One paranoid, jealous husband with a lifetime of built-up resentments. One to-die-for woman. One psycho sister. What could possibly go wrong?



I know I'm sounding a bit flippant here. It's what makes writing about Sirk's films so tricky. One has the balance the melodrama against the craftsmanship. No one, for example, has used Technicolor to better effect. The colours in *Written on the Wind* are incredibly vibrant—Sirk himself said he was deliberately trying to match the

hothouse emotions of the plot.

Visually, there's not a boring frame in the film. The cinematographer was Sirk's favourite, Russel Metty. Shots are composed through windows, with mirrored reflections, at odd angles, and with masterful tracking. Time flies when the director's having this this much fun. And let's not forget that back in Germany, before the Nazi takeover forced him to leave the country with his Jewish wife, the Danish-born Claus Detlev Sierck had directed more than 100 classic & modern plays and spent 10 years working at the great Ufa film studio in Berlin. He'd studied under German art historian Erwin Panofsky, translated Shakespearean sonnets, and attended Einstein's early lectures. Sirk was a man who, when given lemons, had all the talent necessary to make a wicked lemonade.

He also knew how to use music to maximum effect. The word “melodrama” is actually a combination of the Greek *melos*, meaning music, and the French *drame*, meaning drama. Sirk was very conscious of the significance of that etymology. *Written on the Wind* opens with the Four Aces singing the title song (“A faithless lover's kiss is written on the wind/A night of stolen bliss is written on the wind....”). The percussive musical score is by Frank Skinner, whose Imdb entry lists credits for work on an astounding 421 films from 1933 to 2009. In a recent review I complained of



a musical score being too intrusive; here it's the exact opposite. The music needs to be intrusive, in the same way that the colours have to be lurid. A roller coaster ride wouldn't be much fun without the screaming, would it?

German director Rainer Werner Fassbinder said Douglas Sirk was the biggest influence on his work. The great Spanish director Pedro Almodóvar said, “I have seen *Written on the Wind* a thousand times, and I cannot wait to see it again.” Among the film

critics who have championed Douglas Sirk are Roger Ebert, Andrew Sarris, and J. Hoberman. In *The Great Movies*, Ebert wrote that “To appreciate a film like *Written on the Wind* probably takes more sophistication than to understand one of Bergman's masterpieces, because Bergman's themes are visible and underlined, while with Sirk the style conceals the message.” Hoberman wrote, “Trash on an epic scale, [*Wind*] is a vision as luridly color-coordinated, relentlessly high-octane, and as flamboyantly



petit-bourgeois as a two-toned T-bird with ultrachrome trim...*Written on the Wind* is the original technicolor noir. It's fabulously ill, it reeks of autumnal rot...Nature is even phonier than the barren forest of oil rigs that signifies the Hadley wealth; it's like a museum diorama in which everything has its didactic place.” Andrew Sarris commented: “The essence of Sirkian cinema is the direct confrontation of all material, however fanciful and improbable. Even in his most dubious projects, Sirk never shrinks away from the ridiculous, but by a full-bodied formal development, his art transcends the ridiculous, as form comments on content...Sirk's taste is exquisite, and hence inimitable.” And for his entry in *Cinema: A Critical Dictionary*, Jon Halliday said, “For of all the many-talented figures who moved from Europe to America, none had more skills than Sirk.” At the age of 79, Douglas Sirk was still teaching film courses at a university in Munich and doing television interviews.

It's all well and good, of course, that *Wind's* style “is now regarded as a form of Brechtian distancing that drew the viewer's attention to the methods and purposes of Hollywood illusionism.” I watch it for scenes like the one where Marylee fondles that miniature oil derrick, or bossa novas in her bedroom with a photo of Mitch in her arms, while her dad has a heart attack on the stairs. Shameless, I know.

(Note: Netflix currently has the excellent new series *Pioneers of African-American Cinema*—catch it before it disappears.)

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Natural Playground Coming to CB Park This Season

by Ellie Reynolds

While the snow was flying and accumulating over the winter, flatbed trucks bearing exciting pieces of playground equipment were sliding over the icy roads to be unloaded at the safe storage space provided to us by YRB in their Creston location.

In total (to date) our playground project has managed to raise over \$42,000 to create a brand new and beautiful place for children to play, learn and explore at the Crawford Bay Park. This project is being spearheaded by the East Shore Alliance Supporting the Early Years, with financial management by Community Connections. These funds were raised by a combination of community fundraising along with generous larger donations by BCAA, the Nelson and District Credit Union, Kootenay Lake Lions Club. \$40,000 has been spent on just the equipment, along with taxes and shipping. CSA approved equipment for playgrounds, as many will know, is not cheap. This is as close as possible to being a 100% volunteer project, with no paid contractors and many giving many many hours of skilled work for the good of our community.

To raise enough money to cover the next phase of costs associated with creating the landscape and design for the playground, we are asking you, the community, to assist us. You can do this in three ways:

1. Attend our Pasta for the Playground fundraising event on April 29 at the Crawford Bay Hall (see ad for details) 2. To any wishing to make a larger donation, we are in the process of researching donor plaques which would be displayed permanently in the playground and can be purchased with a donation. More details will be available at the fundraiser or in next month's *Mainstreet*.

3. Donate your time, energy and resources to the building of the playground. We are particularly seeking tree rounds/stumps between 10"-20" in diameter of various lengths.

We look forward to working with YRB to complete the project once they are available (not an easy winter for them!). Thanks to the generous donation of time and machinery by YRB, we were able to do much excellent ground prep in the Fall, so the site is ready for us to begin. They have saved us literally thousands of dollars, not to mention time, in the work they have done so far, not to mention the work still to come. We are so grateful for all the generous support and appreciation we have received so far; from our donors, from YRB, from those of you who have offered to help with the fundraising and actual building, or have simply offered encouragement and appreciation.

There couldn't be a happier piece of public infrastructure than a well-designed playground. (Credit goes to Charles Reynolds for his innovative, attractive and original design that helped us get selected for the finals of the BCAA PlayHere Contest that won us \$20,000). We think you'll agree that the children who live on, or visit the East Shore, will thank us for thinking enough of them to put this much work into making this awesome playground come to fruition.

Contact Ellie for any more info on this project - easey01@gmail.com

Twisted Roots Greenhouse

by Catherine White

Twisted Roots Greenhouse, in Crawford Bay, is flourishing with beautiful healthy greens. Spinach, arugula, dill, peas, radishes, parsley, spinach, chives, calendula, mint, celery, radicchio, are all sprouting.

The kale and swiss chard are ready for our first pop-up sale this week. As the season progresses we will be having regular pop-up sales. Watch the posting

on our facebook page: Twisted Roots Community Greenhouse and Gardens.

As well as greenhouse growing, volunteers throughout our community will be growing vegetables in their satellite gardens to enhance our CSA (Community Sustained Agriculture) boxes.

If you are interested in supporting the greenhouse and having a weekly CSA box of fresh greens and vegetables contact Kathleen Rave.

The greenhouse will also be supporting/organizing the Mother's Day Market at the Crawford Bay Park on May 14. We will be selling greens, mixed green salad pots and assorted perennials and bedding plants. This



will be in conjunction with a community and Artisan Mother's Day event.

Fields Forward Soil Workshop with Agrologist Bill Chapman - April 22 & 23

Participants of this 2-day workshop will travel through the region to experience and learn about different soils and crop production environments.

The 2-days will focus on practical learning:

- Building soil health for optimum crop health
- How to soil sample properly and knowing what to look for in your topography
- Manure / composting management, posi-

tives and negatives.

- Looking at full cycle nutrient management

1st Day - April 22 - Creston area

This workshop will go to Herbada Farm - a commercial dairy farm on the Creston Flats, Cartwheel Farm - an organic market vegetable farm.

2nd Day - April 23 - East Shore

Twisted Roots Greenhouse, Crawford Bay School garden, the Yasodhara Ashram and an emerging blueberry farm.

Register for 1 day or 2 days - <https://www.eventbrite.ca>. Contact Paris with your questions - 1 855 660 5432 ext 423 or paris@fieldsforward.ca

World Day Of Prayer

by Wendy Scott

Two centuries have passed since groups of Canadian and American women gathered to express their concern for women and children in foreign countries who needed support.

In the 1800's mission Boards were exclusively dominated by men. By 1897, women of six denominations had come together to plan a united day of prayer for missions in their home countries and in 1912 a united day of prayer was formed for foreign missions.

Over the last few years the focus countries have included Chili, Malaysia, France, Egypt, the Bahamas, and this year, the Phillipines. The service, including regional music, prayers, and recipes is organized by the women of that particular country and sent to participating churches throughout Canada and the United States.

Of course, at these gatherings regional food is of interest and, although it is often takes ingenuity and a bit of invention to replicate specific dishes, this year the meal was enhanced by creations from the kitchen of Jenny Nickish, who just happens to be from the Phillipines.

Although historically the day has been organized by women, and attended only by women, it now includes and welcomes men and children. Food served after the service is always delightful and after all, who wants to miss a good meal.

Several churches on the East Shore have taken turns hosting the World Day of Prayer on the first Friday of March. Kootenay Lake Community Church was the site of this year's celebration, and since their facility includes a full church hall and kitchen, they have offered their space to other church groups for subsequent years. For which all of us are grateful.

In 2018, the World Day of Prayer will be organized by women in the tiny Dutch speaking country of Suriname in South America. Join us, March 2, 2018, to listen to music and stories, and enjoy tasty food suggested by women in a warm and colourful country.



The Mainstreet is a community-written monthly newspaper that serves the communities of Wynnadel through Riondel and Balfour. It's available at the following stores for retail: Wynnadel Foods - Wynnadel, Destiny Bay Grocers - Boswell, The Lakeview - Gray Creek, The Gray Creek Store - Gray Creek, The Rockwood Cafe - Gray Creek, The Crawford Bay Store - Crawford Bay, Riondel Market - Riondel, The Osprey 2000, and Kootenay Gourmet in Balfour.

Contact: Ingrid Baetzel, Editor

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Lucas Jmieff Kokanee

Neil Muth Memorial Scholarship Established
\$10,000 available for students overcoming adversity

The family of Neil Muth and Columbia Basin Trust are pleased to announce a new scholarship for people who have triumphed over adversity and want to pursue post-secondary education.

The Neil Muth Memorial Scholarship honours Neil Muth, the Trust's president and chief executive officer from 2005 through 2016, who passed away last November. Neil valued and supported perseverance and continuous learning. He encouraged his children, staff and others to be curious, to seek their own path, and to never give up.

"We want to express our heartfelt thanks to everyone who contributed to the scholarship fund. Our goal is to honour Neil's passion for life-long learning, and the generous donations made by everyone has made this a reality—thank you," said Cathy Muth, Neil's wife.

The scholarship is awarded by the Muth family, administered by Columbia Basin Trust and made possi-


ble by the generous donations of family, friends, local governments and organizations. There will be \$10,000 available to support two to four applicants this year.

"Neil was a friend, a mentor and a leader, and he inspired us all to strive for excellence. This scholarship will be awarded to people who are determined to pursue their goals and have overcome or face adversity or barriers. This is an opportunity for someone to demonstrate their individual determination, future goals and self-motivation—all traits that a person needs to be successful," said Johnny Strilaeff, Trust President and Chief Executive Officer.

Anyone who has graduated or will be graduating from a secondary school, alternate school or other institution that grants Ministry of Education-recognized graduation diplomas in the Columbia Basin or Grand Forks is eligible to apply. Applicants must plan to enter or continue full-time studies at a Canadian recognized post-secondary institution.

For details on the scholarship eligibility and application process, visit ourtrust.org/scholarship. The deadline for applications is April 20, 2017.

Next Deadline: April 26/17

 **The PAC Box**
Your Parent Advisory Council works hard as a liaison between school and families & would like to take a moment to let you know about what's going on...

PAC MEETING: The next PAC meeting is on **WEDS, April 5 at 5:15pm in the school library**. Email Nicole or Palma the new PAC email cbess.pac@gmail.com to be put on the agenda or with questions. We'd love to see you there or hear from you.

GROCERY GIFT CARDS: The next round of gift cards has a **deadline of May 1st!** To order, call/text Maria at 250.509.1155 or posturebeads@gmail.com or Sandy at 250.227.9218 or clerical.crbay@sd8.bc.ca. **WE ARE NOW TAKING E-TRANSFER PAYMENTS FOR GROCERY CARDS!** Remember to include a note for what the transfer is for. E-transfers can be sent to cbess.pac@gmail.com.

FUNDRAISING: Are you interested? Calling out for 1-2 people who have the time and flair for fundraising. We are looking ahead to future student activities that will need financial assistance like: elementary music, Kokanee field trip for Sept/Oct, skiing in January and SEVEC (secondary travel) next spring. Any help is greatly appreciated! We already have on parent offering to head up one fundraising event so we just need a bit of extra help. Contact cbess.pac@gmail.com



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Be A Mentor!
by Matthew Winger, Mentorships Coordinator, CBESS

For six years the innovative Crawford Bay School Mentorship Program has been matching secondary students with community members to provide personalized learning experiences. We have been very fortunate to be able to coordinate the myriad activities and to witness the wonderful interactions between the students and their mentors. Students have summed up their experiences with statements as profound as "I have a new best friend" and many mentors have found a "renewed interest and inspiration" sharing their interests and expertise with students. It's said that "it takes a village to raise a child". The mentorship program contributes to a stronger community through these shared experiences and connections.

We will again be seeking mentors for this year's program scheduled to begin in early May through to early June. Please feel free to contact me if your talents and skills align with the following list of student interests and to refer community members to the program at 250-227-9218 or cbessmentorships@gmail.com.

Student Interest Top Picks:

- computer repair
- rock climbing
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I thank you once again for your enthusiastic support of this program. Other schools in our district and the province are eager to replicate our results so we may be proud of what we have accomplished together. For those of you who have been mentors, thank you for caring and sharing your time, effort and sometimes patience to support a student's learning. For those of you who have not yet had the rewarding opportunity to be a mentor, I hope you will soon.

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**Lindero
 News & World
 Report**

~ News and Views from a Fictional East

Kootenay Town ~

March-April 2017

Here in Lindero, religious beliefs run the gamut from Anglicanism to Buddhism and everything in between. Despite this diversity, there is one flavour of belief to which Linderians are firmly agnostic: Daylight Savings Time. Townsfolk take little note of the bi-annual time switcheroo, and have even sported cross-stitch samplers with the inspirational message, "Neither a Forward-springer nor a Fall-backer Be." Local hair aesthetician Tressa Short puts it best, "They change their clocks and then pretend that's the real time. Why?" Linderians and their fellow East Shore DST disbelievers may be on the cutting edge of timekeeping, but their clear thinking could be putting them at serious risk. Lindero Volunteer Fire Chief Sparky Flint wept with frustration after underwhelming response to his instruction that a town of time non-shifters should nevertheless, "Change the battery in your smoke detector when the time changes!" Sadly, most Linderians treat their smoke detectors with the same lackadaisical disregard as their clocks. One nameless shopper at the Lindero Postal Minimart & Boozery, who ought to know better, remarked: "Really? Those detector things take batteries?" Yes they do, fellow Linderians. Spring is time for a change, if not a change of time.

Of late, a favourite pastime of Linderians has come under threat. Locals and their East Shore compatriots have long delighted in zipping across the Canada-US border to Idaho in search of bargains at Fairy's Bonnet or earthly delights at Curdle Lane. Recent events have

sent Linderians to local fortune-teller and oddsmaker Dierdre Divine before embarking on the unpredictable voyage. Lindero holidaymaker/shopper Marcy Mandible reported hearing a roulette wheel behind the US Immigration counter before she was verbally abused and then granted entry to America. Conversely, retired plumber Morris Ballcock was politely shown the door. Frustrated B&B owners Barb and Bob Beebe, after being denied entry four times in a fortnight, proclaimed, "That's it for us. We're taking our sun-and-fun business to Blairmore."

Lindero is a literary town, as evidenced by the number of weighty tomes (usually bearing library sitckers) under armpits in the ferry lounges. One burly Linderian was recently spotted brandishing a slim volume of feminist poetry. When quizzed about his enjoyment of the post-anti-deconstructionist meter, he looked surprised and snorted, "I don't actually read. I use it to carry my Greek Greg's General Store bookmark for the ferry schedule." Upon closer inspection, similar bookmarks were seen poking out of various genres of literature. To be fair, numerous Linderians actually appeared able to read, although most spent the crossing chatting boisterously to friends and neighbours. As passengers headed back to their vehicles to disembark, one Linderian commented, "These bookmarks are great! I can't tell you how many times they've saved me from leaving the ferry lineup in confusion and just driving the three hours to Schmelson instead."

Finally, all of Lindero is atwitter about three upcoming cultural events. Lindero hepcats are donning their black berets and grooming their goatees to usher in April's sweet yardbirds with a night of jazz at Harold's Son's Anglican Concert Space. Cool, Daddy-oh. There will be scarcely time to catch our syncopated breaths before the April Fool's grand re-opening of the

Lindero Pub & Town Living Room, where we will slip into our vintage rock star t-shirts for an evening of yodelling some oldies. No sooner will our pulses return to normal than the Lindero Public Library and Capuccino Bar Open House will be upon us, in mid-April. A dazzling fleet of Kootenay authors will wow us with their latest works. Head Librarian Ravena Gardener promises an added bonus this year, as both the Hysterical Society and the Lindero WART (Works of Art) Club will be open for the event. In anticipation, Lindero kitchens are ablaze with baking, prompting the East Kootenay Diabetic Association to issue a yellow alert.

[filed by Lindero correspondent H. Porpoise]

**Riondel Library 7th
 Annual Open House**

Thursday, April 20, 2017, 6-9pm

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Doreen Zaïss

Sharman Horwood

Jenny Craig

Published authors and works in progress

Riondel Community Centre

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**pebbles
 by Wendy Scott
 Singing Trees**

Ah, trees can sing, especially to youth on moonlight nights or when spring or autumn winds finger the branches.

I don't know who spoke those words, but I do know the singing trees. Soon we'll be warming into a messy springtime world. Yes, spring blossoms are lovely but dangling worms and their floating webs gather puff balls of cottonwood balsam pollen. The silk is produced on demand and serves double duty by snaring pollen on the fly.

If I look back twenty years, I see another June and a veritable snowstorm of cottonwood pollen. I see a stopping place for us beside the ocean on Vancouver Island. A leaving and a beginning. In two busy months, our Ladysmith house was sold, emptied, deserted, and became part of our memories. We had stopped at an oceanfront park in Ladysmith and a future of sorts was being organized into a 27-foot 5th-wheel. Well, not quite all of it. There was that storage locker down the road, rather full of remainders.

On the eve of Canada Day, a huge motor home maneuvered carefully into the slot beside us. One-by-one, they stepped down onto the grass: two teen-aged girls, adorned in parts of the anatomy I had never thought to decorate; two ten-year-old boys wearing seriously wide skate-board pants and tossing a hacky-sac; a fellow who appeared to be a boyfriend; another of indeterminate gender; a cigarette smoking, bleached blond mom, complete with sloppy shirt and tights; and finally a surprisingly normal dad. There was also, unloaded from that home, a black poodle, a white poodle, a white cat, a calico cat, two tents and a table and chairs. The evening was not going to be quiet.

12 Mainstreet April 2017

Sure enough, hip-hop blared from a boom-box and voices rose exponentially. We escaped through the trees and over the bank to a trail along the edge of the bay. Diminishing strains of music followed us—but now it was more like soft-rock. Someone must have changed a tape. We had come to an overgrown field on a bluff. From here we could see across the bay to the barnacle covered rocks and tidal pools of Evening Cove. Many late afternoons had found us on the winding country road that ended at that small, secluded beach. It had comfortable logs to lean against and great big boulders to climb upon; there was a swing tied to the crooked branch of a big arbutus tree, and there were wild blackberries in a field beside the road. Those blackberries would be ripe soon, as would the berries on the fence we were leaving behind. I had no idea that in a year's time, in another summer, in another place, I would be filling buckets with yet more blackberries.

We knew that we would be pulling out of this campground, leaving the City of Ladysmith and sailing away from Vancouver Island to begin a journey all the way across our country. We sat on the grass for a long time. The moon, not quite full, spread a crinkled path across the bay. Lights from boats in the marina flickered on the water. A few cormorants, sleek and black, stood on pilings, but the ravens had flown inland at dusk—as they always did—to roost in the hills behind the town. There was a sudden scuffle in the underbrush as a small animal—one of many rabbits perhaps—decided to take cover. Night settled around us. The hillside behind was quiet now, and in the darkness we could hear the distant call of a nighthawk. We wondered when we'd see this ocean again.

The moon shone across many more waters as we headed north and east touching the rolling hills and strings of lakes in the centre of our province. We passed through the Rocky Mountain trench on one of the worst roads I have ever been on. Construction had turned the highway into something resembling a boulder strewn

beach. But it was a thrill to come out of the Rockies into golden fields of canola; to cross and re-cross the twisting Pine River; to marvel at the breathing space of a wide sky, and know we were still in our mountainous and well treed province of British Columbia.

By the time we stopped at Cameron Lake, the sun had dropped behind low hills on the opposite shore, leaving a golden rim around a long, flat cloud. It was nearly nine o'clock, but the sky still held a soft, pale blue. Evening lingered. The wind softened. The lake lost its wrinkles and became a smooth mirror for a clear night-time sky.

Now, after many more miles and how many years, I've come full circle to cottonwoods in Riondel and the East Shore. In between, in Navajo country, I've seen the same tree spread sixty feet or more and I've heard stories the Indians tell when the berries on the hills hang purple and full on their stems and mothers leave their babies in care of young girls in the more abundant shade of those cottonwood trees. The girls sang to the wriggling infants until they calmed and slept to the lullaby of the cottonwood—the singing tree. A faint rhythm, a deep musical tone—like the low notes of an organ can permeate and soothe.

On the West Coast and all the way up into Kootenay country the springtime scent of cottonwood blossoms is somewhat lemony and, well—like balsam; their seeds will burst from dangling catkins to float like a snowstorm of cotton balls. And summer will follow our somewhat hesitant spring.

While you wait, find a cottonwood tree, sit down, lean against the trunk, relax and listen to the music of the singing tree.

**Next Deadline:
 April 26/17**

Smarter Than Jack or Jill

by Sharman Horwood

Animals are amazing, smart creatures. This column is about exactly that, and I am willing to write up any of your animal stories that show animal intelligence (not to mention cuteness). If you have a story that you wish me to write, please contact me at shhorwood@gmail.com. I won't use your name if you don't want me to, and the story has to be a true story or anecdote. Please include your phone number so I can contact you if I have any questions.

Emily, the Unlikely Ewe

Animals aren't always born knowing what to do; even intelligent primates like monkeys need to be taught when they're little. They rely on their mothers to teach them what to eat, where to sleep, and in the case of hunting for food, how to kill. Sheep on farms are no different. Surprisingly they learn a great deal from their mothers, the rest of the flock, and sometimes even from their very human shepherds.

Emily the lamb was born on a sheep station on the South Island of New Zealand. She had a pronounced hairy coat instead of the typical curly lamb's wool. The owner took one look at her and told his workers to get rid of her. She wasn't likely to be profitable even for meat. Her fleece wouldn't sell and any of the lambs she gave birth to would probably sport the same rough wool. He called her "unlikely," and walked away, leaving them to take care of it.

Fortunately, they didn't. They took her home instead, feeding her with her mother's milk on the sly. She made a nice pet lamb, an intelligent one who kept them company and bonded with them nicely.

A few years later, though, she was much bigger and needed more room than they could provide. Her owners were very fond of her, but they were moving to Australia and they couldn't take her with them. They asked around and they found a friend who lived on a farm that raised sheep for their fleece—not for meat—and was will-

ing to take the ewe in. Lynnette thought Emily would be great on her small farmlet, regardless of how she looked: a free sheep used to humans would make a good addition to her flock. And Emily fit right in. She was calm around humans and gave birth to lambs who happily turned out to be more woolly than hairy. She was so used to humans that she almost became an interpreter—understanding what her owner wanted. When Lynnette wanted to move the sheep to another paddock where there was better grass, Emily guided the suspicious members of the flock through the gate. They trusted her and followed her. Emily the Unlikely became the lead sheep and a reliable one, too. She went on to provide several healthy, intelligent lambs over the years, two of which also became lead sheep in their turn, living to ripe old ages of nine and eleven.

But one year she ran into a problem. She bore twins, both adorable and healthy. However, at night one of them became trapped under the branches of a felled tree. Emily was beside herself. Lambs are born in early spring, and the weather is often cold and rainy in New Zealand at that time of year. Lambs are fragile when they're young. They can quickly die of exposure if they aren't kept warm and well fed. They go flat, and "failure to thrive" is a very short space of time for lambs in those conditions.

Lynnette's farm is a small one. She has one large paddock, with three smaller ones at the back and down the other side of the hill. The house paddock—one that would serve for the geese—was wide and the outbuildings, such as the barn and the woodshed, were on the far side, well away from the house itself. Lynnette kept her hay in the barn in large bales, next to the shed used for shearing.

Lynnette was busy stacking wood. She'd fed the house cow, milked her, and needed enough wood moved into the house to last her for a day or two. The weather was threatening to storm. Emily found her. She had to navigate herself across one large paddock, up past another, then around the house to the fence dividing that paddock from the house yard. She had to get as close as she could to Lynnette who was still some distance away. Emily could go no further. She pushed herself up to the fence and baaed. Loudly. Over and over again. Something was wrong!

Lynnette hurried across the yard to see what was wrong.

The ewe was in distress and Lynnette had no idea why. Emily, however, was ready to tell her. She walked back a few steps away, then stopped and looked at Lynnette to see if she was following. It was such a clear signal that Lynnette immediately realized what Emily wanted. The ewe did it again. Emily had come to fetch her. Open-mouthed, Lynnette obliged. She went through the nearest gate and followed the anxious ewe who was waiting for her. The ewe headed across the paddock, stopping every few steps, looking back over her shoulder to make sure Lynnette was coming. In fact, Emily didn't stop until they arrived at the felled tree and the stuck lamb, obviously the cause of her distress. Lynnette obligingly lifted the branches and gently worked the small creature out to where it could re-join its Mum and twin, where it could drink warm milk and recover from its ordeal.

I have seen dogs do this, when their owners are sick and need help. But I've never heard of a sheep request help from humans this way. Sheep don't generally fetch us, not like dogs or cats. Sheep stay well away from these strange creatures who dunk them in chemical baths every year, roughly shear off their thick coats to leave them shivering in the cold, sometimes nicking them in the process, and then take away their lambs, who sometimes never reappear. Even when the sheep are being fed by humans, they are cautious. Smart sheep are suspicious. It's a survival trait.

But maybe dogs and cats communicate more with humans because they are imitating our behaviour. I've had a billy goat want to dance with me—he was tied up, and I was laughing and moving around (I'd never seen a true billy goat before, complete with horns and beard). He started to bleat and jump up and down off of a nearby tank, going back and forth as I danced around him. And the more I laughed, the more he did it. He wanted to play and when I eventually walked away, he looked distinctly disappointed. I was the new game.

Apparently, given the right circumstances and a certain type of contact with humans, sheep—as well as goats—can learn to cross the species gap in understanding basic ways, as in emergencies or dancing. Emily the unlikely certainly did.

Book Reviews

by Tom Lymbery

FRONTIER COWBOYS and the GREAT DIVIDE Early Ranching in BC and Alberta, by Ken Mather, Heritage Publishing, 222 pages, \$19.95

Here we have a comprehensive book on where the men, cattle and customs came from to both BC and Alberta; hence the title and the Great Divide, as the writing covers both sides of the Rockies. I found something new to me, hair branding – scorching away the animal's hair but not leaving a lasting brand. This was a temporary marking, hopefully for the duration of the cattle or horse drive, as sometimes there was a delay of a season because of access or lack of market.

Many cow and horse handling words came from the Spanish as did the types of saddles and ropes, such as the braided reata from the Spanish la riata. Cattle and horses followed the gold rushes as they moved from California north all the way to Barkerville, as the miners were hungry for meat. And as they moved, if they found bunchgrass country, then they found somewhere to ranch.

Some years later there was a greater need for horses in the North West Territories (Alberta dates from 1905) as the establishment of farms needed workhorses and as well early transportation was entirely based on horses. There is a photo of horses being driven from BC over the South Kootenay Pass from the Flathead country.

The section on Greenhorns includes the story of Hugh Bayliff who came as a greenhorn but once he had become knowledgeable about horses and cattle founded a successful operation at Riske Creek in the Chilcotin which is still in the Bayliff family. I got to know his grandson Tony Bayliff well as were both boarded at St Georges in Vancouver. Those of us from far off places didn't go home on long weekends so had more time together.

ALASKA'S FATHER GOOSE – Captain Gerald A. "Bud" Bodding – A CAREER IN AVIATION Edited by William F. Cass, Jr. Hancock House Publishing, 175 pages, \$19.95.

Where on BC's west coast is SALAL ISLAND? The most historically interesting story in this book is the amazing coincidence that the motor of Pilot Bud Bodding's float plane suddenly quit and the plane dropped into the ocean close to this tiny, uninhabited and isolated island just at the same time as the Bellanca 31 carrying Livingston Wernecke crashed, killing him and his pilot. Wernecke was an important mining man operating mines in the Yukon, and his death changed the future of several emerging mines. However the tent, sleeping bags and other emergency equipment from his plane saved the lives of Bodding and his passenger after they had swum ashore to the desolate island. They were rescued in five days by the searchers who were looking for Wernecke, not for Bodding.

The title comes from the fact that the plane that Bodding flew the most for Alaskan Air and others was the Grumman Goose – a twin engine amphibian that can land on the water and then walk up a ramp on its wheels. As well, this plane has an attachment for me because it is the same model as that pictured on page 156 of Tom's Gray Creek, Part I when an RCAF pilot landed on our bay and taxied to the Gray Creek Beach. I am still hoping to travel to Port Hardy, BC where Pacific Coastal Air still has four of these antique planes in regular service.

Bodding served in the US Naval Air force in the Aleutian Islands during WW II and has included many photos of planes of that era. In fact this is a very important book for those interested in older aircraft – I can't count how many pictures there are. Included are several Navy versions of the DC 3. I found another unusual fact – that the US naval Air Force was completely different from the US Army Air Force – even to the point of having built completely separate airfields in the Aleutians. One of the Navy's fields had softened to mud so they had to use the Army's airstrip!

Riondel Library News

by Muriel Crowe

The deadline date seems to rush pell-mell into my life and once arrived quickly departs. Three weeks later there is a repeat despite the little talk I have had with me about planning and responsibility. The next problem is subject matter and sometimes I just can't find anything to talk about.

This month I had a subject! It would have been titled *The Case of the Missing Poet* or *The Disappearing Diamonds*. That would give me an opportunity to bewail the fact that while this library owns three copies of Fred Wah's book *The Diamond Grill* they were all missing. One of our intrepid volunteers listened politely to my rant and immediately found one copy on the shelf exactly where it should have been. Somehow three sounds more drastic than two but we would love to have those other two copies returned.

April 20 is the date of our Spring Open House. Wendy Scott has lined up an interesting group of writers and there will be snacks to enjoy and door prizes. Watch our web page Riondel.ca/library/ for more details

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If You Love This Planet: A Message to Our Children and Grandchildren

by Mary Donald

The other day, I was telling a friend a startling fact I'd read and she said, "You should write an article in the *Mainstreet* about that." I was hesitant, and then I read Ingrid Baetzel's editorial "Mainstreet Meanderings" in her December 2016 issue where she talked about "environmental awareness", "climate change", "carbon footprint" and "scientific truth". And so I saw this as a door opening and a sign for further discussion.

Our fragile climate is in such jeopardy now, with each of three recent successive years, becoming the hottest on record. It is now conclusively well recognized by the world's scientists that human action is causing this increase in global warming, and that we are reaching a crisis. A March 8, 2017 letter from World Wildlife Fund – Canada stated, "Global wildlife populations have plummeted by 58 per cent between 1970 and 2012. And it could get worse. If we don't take immediate action, more than two-thirds of wildlife populations could be gone by 2020." "Habitat loss and degradation, climate change and pollution are tremendous pressures that have escalated over generations. And sadly, they have all been caused by human actions – or inaction."

The startling fact I read was written by renowned, retired, 35 year NASA climate scientist, James Hansen, who stated, "In November, **temperatures in the Arctic**, where ice coverage is already at historic lows, **hit 36 degrees above average** – a spike that freaked out even the most jaded climate scientists."

He added, "At the same time, alarming new evidence suggests the giant ice sheets of West Antarctica are growing increasingly unstable, elevating the risk of rapid sea-level rise that could have catastrophic consequences for cities around the world." He also mentions that "in September, average measurements of carbon dioxide in the atmosphere hit a record 400 parts per million."

Continuing in this article, in *Rolling Stone*, January 12-26, 2017, Hansen said that if we just leave things the way they are with more continued warming, we can expect the sea level to be 20 to 30 feet higher than it is now. Imagine what that would do to coastal cities like Vancouver or the province of Prince Edward Island, for example. He said, "If we burn all the fossil fuels, then we will melt all the ice on the planet eventually, and that would raise the seas by about 250 feet!" "We have to move to clean energy as quickly as possible."

Hansen says, "Politicians knowingly allowed big polluters to wreck the Earth's atmosphere and imperil the future well-being of young people", and because of this he is involved in a ground-breaking lawsuit against the US Government, brought by 21 kids under the age of 21 (including his granddaughter). This same lawsuit, called *Our Children's Trust*, was mentioned on Day Six on CBC Radio this past Saturday March 25 and the youngest child is 9 years old. They reinforced the concern that the young will inherit the irreversible consequences of climate change (or 'climate dysfunction' as Canadian Tom Rand calls it in his book, *Waking the Frog, Solutions for Our Climate Change Paralysis*.) This is why I speak now, for my children and grandchildren.

I have heard this analogy to our present dangerous predicament on Earth: it is as if we are hurtling along in a car, all in the back seat, with no driver in front, coming to the edge of a cliff.

Hansen says that in the US they need "a new political party that is free of corporate interests...a revolutionary third party that takes no money from lobby-

ists". (Green Party, anyone? It is their platform to ban donations from unions and corporations.) It is well known that the fossil fuel industry massively lobbies governments in the US and Canada, and especially in BC, and with large financial gifts as well.

It is time to listen to the scientists, and listen to the indigenous peoples who have been commenting on the dire changes in the climate for sometime now. We must cooperate with a public and political will to do better. Tom Rand says we need to make a change nothing short of the War Effort we did for WWII. It is possible. Transformation is 100% attitude.

James Hansen's article title is called "*Will We Miss Our Last Chance?*" with the added title statement: "**We have not hit the disastrous level, which would knock down global economies and leave us with an ungovernable planet. But we are close.**"

Before I finished this above writing, I went to see Dr Andrew Weaver, climate scientist and professor, and leader of the BC Green Party, speak in Creston today, March 28. He talked of 'inter-generational equity' and our responsibility to the young, and he said the next generation will be the only generation in modern history that will be worse off than we are. And he said he was always struck by Albert Einstein's statement: "*The definition of insanity is to keep doing the same thing and expect a different result.*" And he said all the solutions are there if there is political will. There are more Green jobs than in all the fossil fuels sector combined. (I have heard this before numerous times by others.) There are also federal programs that the BC Government can match to help Green venture capital projects.

But we, as citizens, have to press our governments for more action on Green initiatives. The oil and gas industry has had its day but is no longer the appropriate choice, if we are to survive. Even executives of such companies say they would change if their share holders demand it. The BC Liberal party is in the pocket of the fossil fuel industry (or vice versa), and the Leader of the BC NDP, John Horgan, stated that he supports LNG in BC, in a March 14, 2017 *Maclean's* interview. Where is the political will for the essential change to transition to Green energy? What kind of world are we leaving for our children? We are running out of time. This is more than political. Thank you Ingrid for sparking my interest to write.

There is much to ponder when we go to the polls in BC on May 9. Kim Charlesworth is running as the Green candidate in our Nelson-Creston riding. She has joined a team of intelligent and outstanding candidates running in the BC Green Party, including six PhD scientists and an MD, a pediatric cancer researcher, an Anglican priest, and pulp and forest workers, to mention some. We are so lucky to have such quality candidates in Canada.

I will close with this Cree Prophecy:
**When all the trees have been cut down,
When all the animals have been hunted,
When all the waters are polluted,
When all the air is unsafe to breathe,
Only then will you discover you cannot eat money.**

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Tom Sez

by Tom Lymbery

Please read Dan Silakiewicz' articles on chimneys in the March and April *Mainstreets*. Stove and fireplace chimneys are similar to the mufflers on cars - attaching a 1965 muffler to your 2016 vehicle wouldn't allow the engine to run properly, if at all. You get the same poor result if you attach a recent, clean burn stove to a 1965 masonry chimney - hard to light, smoke in the house and won't allow the newer stove's potential.

Ingrid mentions Frozen Earth in the last issue – actually the soil under the snow has always thawed – snow effectively draws out the frost from underneath. Ed: I was being "poetic", Tom... :)

Both in Gray Creek and in Mexico I plant yellow tomatoes because Yellow are Sweeter than Red. When we gave some to a Mexican friend she asked if she had to wait for them to turn red – never having seen the yellow ones before.

Lets get the word WINTER out of the ferry schedules. Using it makes it appear to tourists that winter on Kootenay Lake goes from early September to late June.

Garry Jackman's last article mentions the problem we have with the census showing local population loss. This affects grants but also means that our property values are lower. Please encourage those who live here but have their home in Alberta or elsewhere listed on the census to change it to their Kootenay Lake residence. They could also then qualify for much lower taxes here.

Before the leaves come out, from the highway you can get a good look at the Bald Eagle Nest in a large cottonwood tree at the mouth of Croasdaille Creek, north of our store. This nest is growing each year as the pair add more surprisingly large sticks and branches. Since bald eagles usually hide their nests we are so fortunate to have one to watch.

The *Nelson Daily News* used to be our source of world news, which you will remember if you read the columns that Greg Scott researches from original copies and supplies to the *Nelson Star*. Currently he is alternating between 1917 and 1967.

In Barra de Navidad on the west coast of Mexico, we continue to have a helicopter overhead every day. This is continuing to salvage equipment from the MV Llantos a 78,000 ton bulk freighter that was lodged high on a rock wall just outside the Bay of Barra in Hurricane Patricia. We hear that the ship itself may be just left to rust as the price of scrap steel is so low.

I don't expect the ornamental flowering cherry on the highway near the store to be open early this season, but the record is April 15.

There is never any more ground frost after the bracken has fully leafed out.

In the days when BC Tel designated phone numbers to party lines ours was Gray Creek 2Y and we answered to one long and two short rings. The Outlet Hotel at Procter had two long and three short so we often answered theirs by mistake. But I never could find anyone whose number ended with 4Q.

It's not just avalanches that close Hwy 3 - our Kootenay lake ferry was backed up after rock slides on the Creston – Salmo route. March 19. Can we expect snow closures on that road when the MV Balfour substitutes for the Osprey in April?

Please plan an early May trip north of Kaslo on Highway 31 to see the Gerrard Rainbow spawning where the bridge crosses at the south end of Trout Lake. There is a viewing platform so you can see the over 20 pound fish jumping out of the river.

Gray Creek Pass Report

by Tom Lymbery

Dr. Prussin had a successful dental practice in Gray Creek and he was the chairman of our Kootenay Lake Chamber of Commerce when the Gray Creek Pass was officially opened in August 1990 so he had the honour of presenting Claude Richmond, BC Minister of Forests with a Gray Creek Pass tee shirt. Since then a thousand of these shirts have travelled all over the world.

Dr. Prussin moved his practice from Gray Creek to Sidney, BC. Harold's suggestion of *Mainstreet* as the name for our paper was accepted and his reasoning was that if you put all of our local businesses closer together we would have a real Mainstreet. Harold & Linda have retired and moved to Chemainus on Vancouver Island and they visited Barra de Navidad this February.

POSTAL CODES vs SURVEY MONKEY

by Tom Lymbery

After a lifetime of filling in forms now I am contending with the on line Survey Monkey - which mostly works well as it reminds you if you have missed a question. But in completing an ICBC survey the final item was to fill in your postal code, and I found it wouldn't accept V0B 1S0 or any other code for rural post offices (even Creston) as the first numeral designates a town with letter carrier delivery, such as Nelson's V1L 3H6. In frustration I came up with an uncomplimentary code - V8U 4Q2.

Somehow the Survey Monkey didn't catch the fact that Q is one of the letters of the alphabet that are never used by our postal code.

Thanks - We Raised over \$2500 St Patrick's Day Curling Club Fundraiser

by Anne Rokeby-Thomas

Unfortunately, the Riondel Curling Club had a major breakdown to its ice-making equipment after the first game in December. After much searching we think we can replace the broken unit but at a cost of \$15,000. Our effort to secure some grants has been difficult so the executive decided to fundraise from our members and the community.

We chose to have a Spaghetti Dinner with a reduced fee if you wore green. As a result, we raised over \$2500 and made 100 people happy. Our maximum number of guests allowed was 50 so we had two seatings. Dinner was all you can eat spaghetti and sauce, salad, hot fresh garlic bread and ice cream with mint sauce and a chocolate. Wine and Beer was available.

Bonnie Anderson organized some draw prizes which included golf packages from Kokanee Springs and Kaslo, two beautiful wooden benches made by Nils, two dinner certificates from Bob's Bar and Grill and hand-knit socks.

Ingredients for the dinner were all generously donated by curling club members and community businesses.

It was a very successful event. We still need a few more events to have the ICE in place for next Fall.

Hopefully we will also have some new Curlers of all ages. It is a great, inexpensive way to get some exercise and socialize in the winter. We play twice a week in the evenings and on Saturday mornings. Hope to see you at our next fundraiser and at the Curling club in the Fall.

Tom's Corner

by Tom Lymbery
Workhorses of Gray Creek



In re-reading Colin Haddon's diary *Fishes and Wishes and Fruit*, I find that in 1915 Gray Creek had four workhorses, so it wasn't the traditional *one horse town*. Even when Len Clark's horse died on February 1, 1915 there were still three of these most efficient animals that were in much demand once the snow left and orchard work could continue.

Colin Haddon's diary tells us how often he wished that a horse was available. He didn't own a horse, but rented one for a day when he could. The usual rental was \$1.00 per day but I expect that Colin arranged to exchange labour or pork instead of rare cash. He worked on any winter days that he could, cutting logs for the pig pens he was building, and used a horse to skid these out of the bush. This was a project where a horse was most efficient, as a willing animal could make its way through the trees even if there was no trail to speak of. Some 40 years later I found that a chainsaw made this even easier, as then I could cut stumps flush to the ground so that even a horse could step over.

Colin was building his orchard from scratch from land that had had some logging years earlier, so there were rotting stumps that a horse could pull to a burn pile. Apparently the clearing that he was doing consisted of smaller trees and brush that he could loosen with a grub hoe from between the rocks. Rocks and stones were Colin's bugbears. He constantly needed a horse to move stoneboat loads of these to dump in a ravine he was filling. He mentions piling on more than the horse could pull, and having to unload some larger rocks.

Returning the horse - both of them tired after a long day's work - to Sam Birkbeck or perhaps Edgar Smith would hopefully include an invitation to supper - most welcome to a bachelor.

Queenie, the horse I rented, came from Fred Smith, Edgar's son, whose place is now Rodney and Christy Musil's. Fetching Queenie meant having to walk behind and steer the horse along the highway shoulder. I remember complaints from the Dawson, Wade & Co. paving crew. There wasn't enough ditch or shoulder in places to keep Queenie's horseshoes entirely off the fresh asphalt, and the crew hated those marks on the edge of their new pavement. I used the back roads to return Queenie after the day's work.

There were only a few riding horses in the community. The only horse I rode was one we rented from the Gray family, who had moved from Riondel to an empty house in upper Gray Creek. Shirley and Dorothy Gray told me that their horse went faster if you were riding. So bareback it was, with only the collar to hang onto during the steep uphill climb.

The first spring job came as soon as the snow had moved to the top of our upper orchard. That job was to move all the manure from the pile by the barn that had accumulated over the winter, spread it across the veg garden, and carefully fork it around the base of each fruit tree. Later on when I did this with a tractor, I found it less efficient than using the horse. Having

to get off the tractor and pitchfork manure from the stoneboat took much more effort - a horse was able to get the load closer to each tree.

Skidding logs or firewood was a wintertime job, as this kept the wood clean. As well the snow created a smooth surface, so the horse could move heavy stuff that wouldn't slide on the dirt. Coming down the steep Cemetery Trail across from the old store, Queenie knew what she was doing and slowed up so that the logs wouldn't slide into her back legs. Often there was nowhere for me to run alongside, so I would let the reins go. But Queenie knew where she was going and stopped at the log pile - behind the house was the firewood pile. If these were sawlogs going to the beach, I would catch up in time to gather the reins. These were piled on the beach to await the Kootenay Forest Products tug to Nelson.

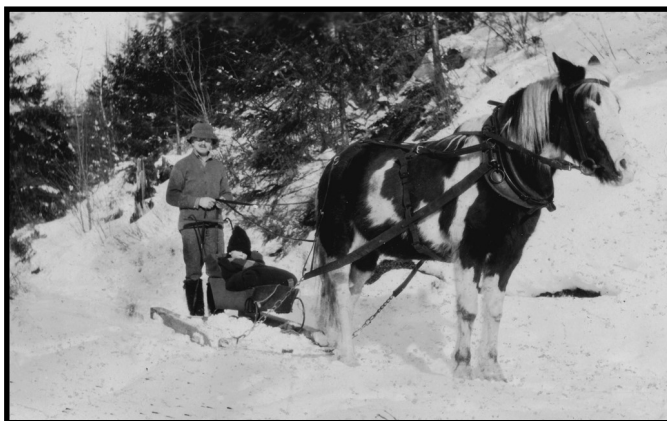
Queenie was jointly owned by Max Benthien and Fred Smith. After Fred died in 1953 he left me his share - so I inherited *half a horse*. Queenie lived to the ripe age of 30 and had been a good one to train me, inexperienced as I was with horses. One winter later on I borrowed a younger and much livelier horse from Horst Wirsig at Gray Creek Forest Products. This gelding had been used at the mill to pull sawlogs up and out of the mill pond, so he had developed a jump and lunge that took some handling. He would be fresh after not working Sunday, so on Monday morning I hitched on a fairly heavy log and drove him uphill in deep snow, sometimes almost as far as Charlotte Blanke's (formerly Colin Haddon's) on a back road. Once his eager

edge had worn off the horse was more amenable, and I could get on with the day's skidding. I had to tie this horse up while I chained up a sawlog or two - if I hadn't I might have broken a leg. If I let go of the reins he would stop at the log pile on top of a bank above the highway. Horses know the time well, so at 4.30 PM quitting time he would take the load to the barn. Sometimes you could use quitting time to pull out a heavier log - that hour provided some extra horse incentive.

Workhorses had large collars around their shoulders with *hames* (two wooden and metal uprights with leather straps around

them) and two heavy *tugs* (made of several layers of heavy leather). These went back behind the animal's rear feet and attached to a *singletree*, a solid wooden crosspiece with metal ends and a strong central device which you would attach to your stoneboat or to a logging chain. The horse had a halter and bit onto which the leather reins were snapped. The reins then went through rings located high on the hames so that they were high above the horse's hooves. Holding the reins you walked behind or to one side of the stoneboat or bundle of logs. Horses hate the hollow sound when crossing a wooden bridge, but could often be led across if you went in front. Once they were used to a bridge or a trail they had no problem.

In his diary, Colin Haddon mentions the hazards of broken harness and having to contend with it. The most usual breakage was to the leather reins, and these would have to be put back together with brass harness rivets. Your pocket knife had a tapered, half - rounded blade that you would use to make round holes for the rivets needed. This would be an after work job - rivet through the holes, then a brass washer, and peen the rivets with a hammer. An option was to use hay wire, but that left a snagging tie that the rivet job didn't. We didn't stock much horse stuff in the store, usually only the special rivets as well as sweat pads to go between the collar and the horse's shoulders. These pads, made of deer hair, are hollow for added cushioning. These supplies came from Great West Saddlery in Calgary.



With his good little horse Polly and a stoneboat turned upside down, Tom's father Arthur Lymbery breaks trail to the Eardley-Wilmot place, mid-1920s. His young daughter Ann rides along in her sleigh. Ann, a frail child, died in her fourth year. Photo courtesy of Tom & Sharon Lymbery

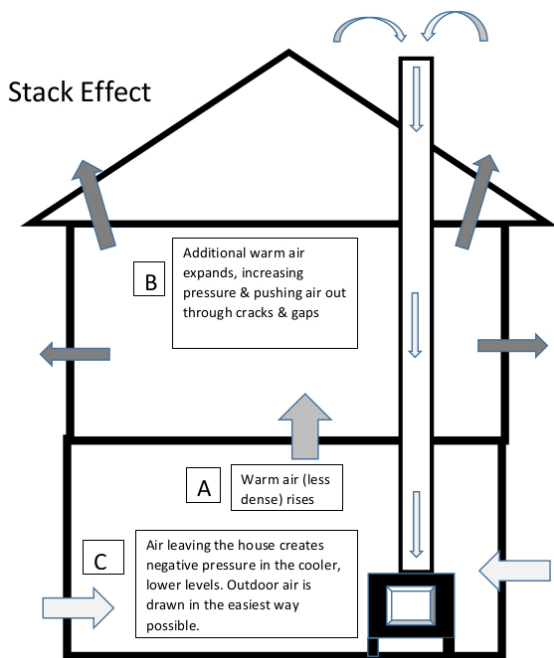
What Is Your House Doing To Your Wood Stove?

by Dan Silakiewicz

In understanding how your wood stove works it's important you know some of the factors affecting it. The weather plays a big role, but not as big as the house surrounding the stove.

A stove will tend to work better on an upper floor than in a basement, for example. Drying your clothes while loading your wood stove may cause smoke spillage into your house. Refinishing your basement may cause the stove and chimney to not work as well. Here's why.

Air is constantly cycling through your house, slowly (hopefully) leaking out the top and being replaced from the bottom. This is called the "Stack Effect".



Hot air rises to the top of your house and finds its way out. It may be through the bedroom window you leave open a crack, an attic hatch that doesn't seal or even lights recessed into the ceiling. Air flowing out is called positive pressure.

The house replaces the air escaping from the top through the bottom.

Air is lazy and will come in the easiest way possible. Through cracks around basement doors and windows. Or... down your chimney - the big straw running up through your house! This intake of air to replace what's leaving out the top is called negative pressure.

So as your stove is burning (especially if it's in the basement), the smoke has to overcome the downward pressure in the chimney caused by the house. If it can't overcome that negative pressure, you get smoke spilling into your house while loading the stove. Dang house! By the way, the taller the house the greater the stack effect and negative pressure.

Got negative pressure? Crack a window or a door - just a bit, 1/2" - 1". Put your hand or a wet finger in front of the crack (try at the top and bottom). If you feel air coming in, that's your house replacing air it's losing upstairs somewhere. When you close that window or door the house will bring it in through the next easiest place, probably the chimney.

Some folks notice more smoke spillage after their basement is renovated. They have tightened the building envelope in the basement and now there are fewer cracks for replacement air to sneak in and more downward pressure on the chimney, the only inroad left.

Appliances can cause negative pressure too. Your clothes dryer, bathroom fan and range hood suck air out of your house. Replacement air has to come from somewhere... Okay, so to minimize smoke spillage while loading your stove try these hints:

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- Seal your attic hatch tight and other places near the top of the building envelope that could be leaking out air, including your bedroom window.
- Make sure there are no appliances sucking air out when reloading the stove.
- Crank the wood stove up before loading so that the embers and wood remaining burn as hot as possible for a bit. This will make the chimney warmer and draw better.
- Open a window or door near the stove so the house has another way of getting air in while you're loading the stove. It'll take a few minutes for this to work.
- Outside air connected directly to the stove can help too. This is not the magic solution some will claim, but it can help and is worth trying.

As with everything in wood stove world it'll take some experimentation to see what works for you.

If you have specific questions about your stove & chimney call Gray Creek Store for answers. 250.227.9315.

Fields Forward

by Paris Marshall-Smith

Last month, 100 people came to Fields Forward's first Annual General Gathering at Erickson Elementary. The theme of the afternoon was pathways in and pathways forward. We learned about what is happening in the region, how to get involved, how to benefit from the collaborative partnerships of Fields Forward. People from Yahk to Riondel shared their goals for strengthening food and agriculture opportunities. A special note of thanks to those who spoke about their pathways: Nicole Schreiber, Laura Francis, Jen Comer, Jesse Willicome, Jessica Birdsall, Brenda Bruckner, Maureen Cameron, Melissa Flint, and Dave Mutch. And to the strong contingent of East Shore folks who came down for the day. Jacqueline Wedge graphically recorded the whole afternoon. We also appreciate Wayne Stetski and Michelle Mungall for their presence and participation.

As a group we confirmed the Fields Forward priorities for 2017: supporting local procurement, farmers' market, full season agricultural employment opportunities, agricultural extension and training, food education, food culture, co-marketing and infrastructure investment.

Current working groups are exploring the following activities: leading a multi-month initiative to investigate and support our regional institutions, restaurants and schools to increase their procurement of local food; gathering information about the potential of freeze dryer function in our region; and, launching Kootenay Farms - the new brand and co-marketing strategy.

On February 25th, Fields Forward introduced Kootenay Farms, the brand developed for the cherry juice that will be produced through the Mobile Press Project. This summer, it is anticipated that there will be 63,000 litres ready to be branded, marketed and used to launch our regional strategy for shared marketing, distribution and production. To support the branding and marketing of the Kootenay Farms products, relationships have been built with retailers and wholesalers, including Choices Markets of the Lower Mainland and Kelowna. We are inviting producers and those supporting producers to share their expertise, interest, experience on April 3 from 10-12 at Kootenay Employment Services office (119 11th avenue north).

See below for upcoming workshops this April:

April 8th - Michael Becker Community Presentation + Dinner: Come and be inspired by innovative + creative food based actions that bring people together. Hear about the regeneration of Hood River, Oregon and how we can do the same in our region, families and lives. This event is open to all interested - community members, teachers, educators, parents. Children are welcome and there will be activities for them. Tickets - Adults \$15, Children under 12 \$5 and Families (2 adults, 2 kids) \$35 - can be purchased at Kingfisher Books, Black Bear Books or at www.eventbrite.ca "Michael Becker".

April 22 & 23 - Soil Workshop with agrologists Bill & Laticia Chapman: Participants of this 2-day workshop will travel through the region to experience and learn about different soils and crop production environments. This workshop will go to Herbada Farm - a commercial dairy farm on the Creston Flats, Cartwheel Farm - an organic market vegetable farm, Twisted Roots - a four season community greenhouse and Kootenay Honey Berry Farm - an emerging blueberry/buckwheat/honey farm. The 2-days will focus on practical learning: building soil health for optimum crop health, how to soil sample properly and knowing what to look for in your topography, manure/composting management, positives and negatives, looking at full cycle nutrient management. Register for 1 day or 2 days @ www.eventbrite.ca "Bill Chapman"

Contact Paris with your questions - 1 855 660 5432 ext 423 or paris@fieldsforward.ca

EAST SHORE PHYSIOTHERAPY



• Full Assessments
• Home Programs
• Gentle Treatments

Health Center, Crawford Bay
(250) 227-9155

• Planning a wedding?
• Holding a meeting?

Consider renting the
BOSWELL HALL

Booking/info: Rose at 250.223.8288

Golf Kokanee Springs Ladies Day

by Shelley Bumanis

Wow, what a winter - snow, rain, wind and cold... hopefully as we read this it's gone, gone, gone. Now it's time to start thinking about chasing around that little white, pink, orange, yellow or colour of your choosing ball after you've hacked, whacked, smacked, topped, sliced, hooked, drawn, faded, caught thin, chipped, putted, or or or . . .

Kokanee Springs Resort opens for the 2017 season April 14 (weather permitting) and Ladies Day will start the following Tuesday the 18. They are not only giving us 15% off in the Pro Shop Tuesdays but are offering a great rate on green fees for Ladies Day. You pay only \$55 for 18 holes including cart, \$40 if you choose to walk or \$30 cart included if you can only join us for 9 holes. These rates apply only to those participating with the Kokanee Ladies Golf Club.

Our tee times start at 10:30 so please be up at the Pro-Shop for 10:00 where we set up foursomes, find out what the game is and determine the KP hole. We also play skins (one tie all tie) and for those that choose to gamble make sure you bring some quarters. Interested? There is a sign up sheet in the pro shop. Drop by and add your name or call the pro-shop at 250-227-2005 by noon Mondays to be added to the list. If you have an index/factor please include that as well. Last minute and you're able to golf? Show up for 10:00 and we'll fit you in.

All calibers and ages of golfers are welcome to join our Ladies Day. Come make new friends or visit with the old but either way have some fun and a few laughs. The more the merrier.

Health & Happiness by Dr. Sid Kettner

QUIT YOUR BELLY ACHING!

All of us enjoy eating. But some of us suffer with abdominal pain within a few hours. It can be accompanied by diarrhea and/or constipation, nausea, bloating and excess gas. It can vary in intensity, frequency, time until onset and severity. It is bothersome but not life-threatening. If the pain is unusually severe and does not resolve, your physician should be notified. If his/her exam and testing shows Irritable Bowel Syndrome (IBS) as the most likely diagnosis, you may be given medication for a period of time and be advised to go on a special diet.

In the past this was simply taking meals regularly, avoiding large meals, reducing the intake of fatty, spicy and gas-producing food and also limiting the use of caffeine, soda beverages and stopping alcohol. You may be asked to keep a daily log for a month of all you eat and drink along with abdominal symptoms you might have noted after those meals or drinks. Take that information to your dietician. In that way your diet can be specially designed and individualized.

And now we have research into more possibilities for such diets based on the specific foods which cause most of the IBS symptoms and which foods can be used in their place to decrease the ill effects of those digestive problems. These are called FODMAPS which you can Google if you wish more details. But here are some specific examples of food exchanges you probably should make:

Green onion tops should be eaten instead of onion bulbs. Cornmeal, rice and quinoa instead of wheat, barley and rye. Bok choy and tofu instead of broccoli, kidney beans or soybeans. Lactose-free milk instead of cow's milk. Pineapple, grapes and cantaloupe instead of apples and mangos. Maple and simple corn syrup instead of agave and high fructose corn syrup. Blueberries, oranges and kiwi instead of cherries, peaches, apricots or plums. Remember: This applies only to persons with IBS.

So go ahead--enjoy your food, but if it produces chronic "belly aches" see your physician, get a diagnosis, accept any short term medication, monitor your diet, along with their corresponding symptoms. Try the classic IBS diet above and the one based on the new FODMAP exchanges. Then re-visit your MD and dietician if your symptoms do not resolve. Bon Appetit!



NO CHARGE FOR RESIDENTIAL YARD AND GARDEN WASTE— April and October ONLY

This applies to the East SubRegion only:

CRESTON LANDFILL, AND
BOSWELL AND CRAWFORD BAY
TRANSFER STATIONS

Accepted Materials:

Lawn & Hedge Clippings, Grass, Weeds, Flowers, Shrubs,
Shrub & Tree Branches (*less than 15cm in diameter*)

Not Accepted:

Tree Stumps, Noxious Weeds (accepted free all year as
mixed waste), Soil, Fruit & Vegetable Material

For more information on RDCK Resource Recovery Programs
visit www.rdck.ca or call 1-800-268-7325

ES Ambulance Service AGM

Submitted by Christy Gillespie,
Chairperson

All those from the Eastshore Ambulance Service Area are invited to attend our AGM to be held on Saturday, April 15, 2017 at 10:00 am, at the Ambulance Hall located in Riondel.

The agenda will include an overview of our 2016 activities; an update on the Primary Care Paramedic (PCP) training being taken by three of the BC Ambulance Emergency Medical Responder (EMR) staff, and a status report on the Community Paramedic Program coming to our area soon.

We are looking for new directors interested in serving on the society. For more information, please contact Christy Gillespie by calling 250 225-3558. We hope to see you on April 15. (Coffee & Cookies will be available.)

YOUR HALL IS AVAILABLE!

For community events, wedding receptions,
workshops... you name it!
Booking: Kathy Donnison - 250.227.9205

CRAWFORD BAY HALL

Your community hall

A non-smoking facility

SAVE THE DATE!

Submitted by Christy Gillespie,
Chairperson

Eastshore Ambulance Auxiliary Society

The 7th Annual Garage/Bake Sale Fundraiser for the Eastshore Ambulance Service will be held Friday, June 2, Saturday, June 3 and Sunday, June 4, 2017.

The location is 1506/1510 Russel Ave., Riondel. Times will be finalized closer to the date. This is a large community event open to everyone and includes hot dogs, baking, entertainment and garage sale type items of everything imaginable.

Donations of clean, working order items will be very much appreciated. (Please, NO Clothing or older style, large TV's.) Drop off of goods will start on Saturday, May 20 at the above address. If you need assistance with items or need to make arrangements before that date, please contact either Wendy @ 250-225-3516 or Christy @ 250-225-3558

Watch for more details in your May *Mainstreet*.

This event represents the Eastshore Ambulance Auxiliary Society's primary fundraiser of the year. All monies raised go to the support of the Eastshore Ambulance operations and the BC Ambulance Staff, including specialized equipment and ongoing training. Your continued assistance and support of this event is very much appreciated.

Barefoot Handweaving



Colours are the
smiles of nature.

John Hunt 1784-1859

OPEN Tues-Sun 10 - 4 at least 227-9655

Notice of Passing

Alfred Rathgeber 1928-2017

Alfred Rathgeber passed away peacefully at Bashaw, AB, on March 6, 2017. Born in 1928, most of his working life was spent as a head sawyer at Wynndel Box and Lumber where he retired after 33 years' service. Alf was deeply committed to his family and made an eternal impact on them through his faith, courage, humility, and endurance.

He is survived by his loving wife Ruth, daughters Lois (Allen Derksen) and Karen, 8 grandchildren, 13 great grandchildren, sister Mary, and extended family. Alf was predeceased by his granddaughter Lauren in 1990, his daughter Heather (Arthur Peterson) in 2013, and his son-in-law Cyril Mitra (Karen) in 2015.

A memorial service was held on Tuesday, March 14, 2017 at Century Meadows Baptist Church in Camrose, AB. Memorial donations may be made to the Wynndel Community Church, Wynndel, BC.

Notice of Passing

Debbie Lee Oliver

Debbie was born May 16 1959 in Nelson hospital to Floyd and Dolly Oliver. She grew up in Crawford Bay.

On March 3, 2017 Debbie died of cancer at Creston hospital. She was 57 years old.

Debbie is predeceased by her father Floyd and her mother Dolly (Dorothy).

She is survived by her brother Barry (Karen), niece Chantel (Riku), and nephew Derek (Jessica).

Debbie was loved by her immediate family and her many friends. She will be deeply missed.

Eastshore Garden of Remembrance

by Wendy Scott

Spring? I do think it has decided to arrive. And of course, with the season comes notions of clean-up.

Spring cleaning and organizing in the Remembrance Garden was scheduled for April 1, but, given the late arrival of warm weather, we might be still raking and polishing April 8, so if you are passing by bring a rake or a cloth – pick a bench – any bench – and clean off a little bit of winter or rake away some of those flat, wet leaves. Then have a cup of coffee or just sit with a friend – there's quite a few of them on those benches.

Happy Springtime.

**NOT YOUR AVERAGE
VOLUNTEER GIG**
Serving the East Shore.

Join us. Be a volunteer responder. | RIONDEL FIRE/RESCUE SERVICES
Call 250.551.1352

**Next Deadline:
April 26/17**

SERVICES DIRECTORY

The Service Directory is a great way to have your business listed as a reference for those shopping for a particular professional service. Keep your phone number handy and your message clear.

AUTOMOTIVE/MARINE

EASTSHORE AUTOMOTIVE - Service & Repair 250-227-9370

NORTHSTAR CRESTON - 1-800-551-9351 Full service 8-bay shop featuring Certified Service lube,oil and filter starting at \$22.95 plus parts & eco fees. Full line of major tire brands, GM & AC Delco parts and batteries.

BUSINESS SERVICES

MUTUAL FIRE INSURANCE of B.C. Quotes on Homes, Mobiles, Farms & Tenants. Seniors discounts at 55. Home Protection; No Claim; New Home. ph/fax 250-428-7937, broker Virginia Harder.

CONSTRUCTION/CONTRACTORS/TRADES

GRAY CREEK MECHANICAL - Marine Repairs and Surveyor: Serving the Eastshore since 1994 15295 Oliver Rd. Gray Creek. 250-227-9285 - Jerry or Sharon

HULLAND AND LARSEN CONSTRUCTION - experienced residential construction & custom finish work. 250.551.2915 or 250.505.3570. (see ad in contractor section)

STEEL WHEELS - Septic systems planned & installed. We dig too, mini hoes for you. Dave/Donovan. 250-227-9646.

THE GREEN MACHINE - Excavation, Landscaping, Installation of Waterlines. Ph.: 250.225.3485

TURLOCK ELECTRICAL CONTRACTING LTD. (See colour ad in this issue for more information.) 250-227-9688 or 250-551-4671

PERSONAL CARE/HEALTH

ALEXIS PHILLIPS, M.A., R.C.C. - Registered Clinical Counsellor specializing in complex trauma, relationship issues, grief & loss, anxiety & depression. Apptmnt/consultation, call 250-509-0368. Email: alexandralianephillips@gmail.com

BLANCHE TANNER - Breath Practitioner, (Family Constellation) Heart-Centred Therapy (Meditation), Healing Emotional, Physical & Sexual Abuse, Addictions, Relationships, Anxiety, Depression.227-6877

COUNSELLING & SUPPORT SERVICES: Free and Confidential for children, adults and families. Services include: Adult Mental Health and Addictions; Child Youth Mental Health; & Family Support. Call 1-866-774-5324 (toll-free) or 250-353-7691. North Kootenay Lake Community Services Society.

EAST SHORE HOSPICE - Palliative care for anyone facing life threatening illness. Confidential support for individuals and their loved ones.Hospice can also provide grief and bereavement support. 250 227 9006 ext 29 - eastshore-hospice@gmail.com. Volunteers needed - volunteer training offered once a year. Please contact for more info

FIRST CONTACT EAST SHORE MIDWIFERY - Sylke Plaumann, registered midwife. 250-227-6846.

GERALDINE ALTER - MESSAGES & WELLNESS FOR WOMEN - European deep tissue, energetic reflexology, Breuss spine-vertebras massage, relaxing massage, hot and cold stone therapeutic massage, Reiki. I am a certified professional therapist in Europe, over 15 years practice, 250-227.9890.

KOOTENAY SOUND HEALING CENTRE on Riondel Road, offering sound healing treatments, gong meditations and Acutonics® classes. Theresa Lee, certified Acutonics® teacher and practitioner, 250-225-3518 kootenaysoundhealing.com

REGISTERED HERBAL THERAPIST, MASTER HERBALIST - Maya Skalinska, M.H., R.H.T. Iridology, Tongue & Pulse analysis, Nutritional consultations, individual herbal remedies, Flower Essence consultations & remedies. For appointments, please call 250-225-3493.

REGISTERED MASSAGE THERAPIST: Harreson Tanner - Over 30 years clinical experience. Treatment of Lumbo/Sacral Strain, Whip Lash, Frozen Shoulder, Migranes/Headaches, TMJ problems, & Stress. No doct refl req'd. 227-6877/cell: 505-6166.

SUSAN SNEAD - MASSAGE: Certificates/training in Ayurvedic massages, Reflexology, Polarity Therapy, Acutonics Practitioner Level 4, Fibonacci tuning fork alignment, Astrological Counselling. 250- 225-3520

RESTAURANTS

CRAWFORD BAY HALL & COMMUNITY CORNER BUILDING - available for community events, wedding receptions, workshops etc. Non-smoking facilities. Call Kathy, 227-9205.

NEWKEY'S PLACE - Hwy 3A in Crawford Bay, licensed area. Open 10 am til close Monday to Sunday. Food Specials all day. 227-6911.

ROCKWOOD CAFÉ - Authentic Chinese food, and perfect burgers. Open Tues - Sun. Hwy 3A Gray Creek. 227-6840.

YARD/LANDSCAPING/SITE PREP

INTERFACE WILDFIRE PREVENTION: FireSmart Canada Consultant - Assessment and Mitigation of Wildfire Hazards - Brushing, Thinning, Limbing, Clearing - Burning Permits - Multi-Use Trail and Access Road Clearing/Maintenance. Farley Cursons - 250.505.6489/interface.strategies@gmail.com

TREE SERVICE, RESIDENTIAL - Fully insured Limbing, Pruning, Topping, Falling. Danger Tree Assessments, Free Estimates. Call James Linn at 250 225 3388

SUNSET SEED COMPANY



Your Complete Farm,
Garden & Pet Care
in Creston, BC
250-428-4614

NOW OPEN! We look forward to seeing you.
1628 Canyon St, Creston (right next to 7-eleven)

Creativity, Community, Conscience

CLASSIFIED SECTION

BUSINESS ANNOUNCEMENTS

Insurance Certification requires professional chimney installation - we are the Pro's - Gray Creek Store, 250.227.9315

Kootenay Gourmet in Balfour - Coffee at 1.50 Buy 4 get 5 free. Winter offer: Buy a \$100 gift certificate and get \$120 worth of food. Breakfast Sandwich, Pull Pork on a Bun, Mexican Egg Wrap, are just some of your options. A selection of hot soups, and daily specials and sandwiches. **READY MEALS** include: Meat Lovers Lasagna or Roasted Veggies Lasagna, Beef & Beans Burritos, Spaghetti MeatBalls, Chow Mein, Butter Chicken, Borscht and more....\$10 each. House made 1 L/ SOUPS \$10. A selection of Pot Pies is also available: Turkey, Butter Chicken, Shepherd's, Mexi- Lentil. \$5.50. PIZZA (6 toppings of your choice, on pizza crust and sauce made in house) Take & Bake or Baked. \$25! See you soon.

BUSINESSSERVICES

Fax service, photocopies, (with no PST/GST) Tom Lymbery - Notary Public, 250-227-9315,

fax 227-9449, 250.227.9448 for Notary Public.

EMPLOYMENT:

Job Opportunities: Help Wanted: Looking for Cooks, Bartenders and/or Servers. References Please. Send Resume, drop resumes off or contact: Pam or Gerry at Newkey's Place, P.O. Box 66, Crawford Bay, B.C. V0B 1E0. 250 227 6911.

VENDORS WANTED: Seeking food & art vendors for Mother's Day Market! May 14, 10-3 Crawford Bay. 227-9111

*Next
Deadline:
April 26/17*

*mainstreet
@eshore.ca*

www.eshore.ca

From...
A - Zed

Need insurance? Remember 3 things:
a) It doesn't matter what letter of the alphabet it begins with.
b) A lot of things can be insured.
c) We insure a lot of things.

Our Hours:
Tuesday - Friday 9 am - 5 pm
Closed from 1 - 2 pm
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Kootenay Insurance Services Ltd.

#16030 Hwy 3A, Crawford Bay
Phone: 227-9698

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For community events, wedding receptions, workshops... you name it!
Booking: Kathy Donnison - 250.227.9205

CRAWFORD BAY HALL
Your community hall

A non-smoking facility

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Harcover, Paperback & eBook
pub@encrelibre.com

BULLETIN BOARD

Community Notices, Thank You's, Not-For-Profit Announcements (all not related to business), Church Calendar & Meeting Places - free on the Bulletin Board.

CHILD HEALTH CLINIC, ADULT IMMUNIZATIONS, PUBLIC HEALTH NURSE

Will be at the East Shore Health Centre monthly.
For information, call Creston Health Unit at 250-428-3873.

EAST SHORE HEALTH CENTRE Call 227-9006

See calendar for doctor days - Doctor hours are from
9:30am to 4:30 pm. Please call 227-9006.
Interior Health Authority, Community Care Nursing
and Home Support Services - 250-352-1433.

PHYSICIAN COVERAGE FOR APRIL 2017

**Note: Call to cancel if you can not make your
appointment. We always have a wait list for
patients needing to get an appointment.**

April 4th. Tue: Dr. Piver
April 5th. Wed: Dr. Moulson
April 6th. Thur: Dr. S Lee
April 11th. Tue: Dr. Piver
April 12th. Wed: Dr Moulson
April 13th. Thur: Dr S Lee
April 18th. Tue: Dr. Piver
April 19th. Wed: Dr. Moulson
April 20th. Thur: Dr S Lee
April 25th. Tue: Dr. Lee
April 26th. Wed: Dr Moulson
April 27th. Thur: Dr C J Reinicke

**Please Note: Lab hours 7:30 - 10:30 am, Weds
Call to make appointments at 227-9006
on doctor days and Thursday morning.
Tues, Weds & Thurs (8:30 to 12:30)
Phone: 250-227-9006 Fax : 250-227-9017**

BOSWELL HALL HAPPENINGS

Yoga - Wednesdays 9:30 - 11:00am. Contact is Marilyn
Arms 250-223-8058
Fitness - Mondays and Thursdays 9 - 10am, Contact is
Darlene Knudson 250-223-8005
Carpet Bowling - Tuesdays, 7pm, Contact is Tom Saw-
yer - 250.431.8404.
Vintners - Weds, April 19, 7pm, Contact is Alan Mader
403-467-5720
Book Club - Thursday, April 13, 2pm, Contact is Melody
Farmer 250-223-8443
Quilters Guild - Tuesday, April 18, 1pm - Contact Linda
Brown 250-223-8607
BADEV - Monday April 3, 10am - Contact is Rod Stewart
- 250.223.8089
Boswell Hiking Group - Weds, April 5, 2pm. Contact
is Melody Farmer: 250.223.8443
Focus on Health - Monday, April 24, 10:30am. Margaret
Crossley: 250.223.8455
Spaghetti Dinner, sponsored by the Crawford bay and
Area Bunch, April 22 at 6pm
Earth Day in Boswell: Highway cleanup, Weds, April
26. Contact is Wes and Jan Brooks: 250.223.8667



The Mainstreet is a community-written monthly newspaper
that serves the communities of Wynndel through Riondel and
Balfour. It's available at the following stores for retail:
Wynndel Foods - Wynndel, Destiny Bay Grocers - Boswell,
The Lakeview - Gray Creek, The Gray Creek Store - Gray Creek,
The Rockwood Cafe - Gray Creek, The Crawford Bay Store -
Crawford Bay, Riondel Market - Riondel, The Osprey 2000,
and Kootenay Gourmet in Balfour.

Contact: Ingrid Baetzel, Editor

Phone: 250.505.7697

Box 140, Crawford Bay, B.C. VOB 1E0

Email: mainstreet@eshore.ca

Web: www.eshore.ca

ADVERTISING RATES

\$35 - 3.25 wide X 1.75 tall (inches)

\$40 - 3.25w X 2.5t

\$45 - 3.25w X 3t

\$50 - 3.25w X 4t

\$55 - 3.25w X 4.5t OR 6.75w X 2.25t

\$65 - 3.25 X 6t OR 6.75w X 3t

\$85.00 - 3.25w X 9t OR 6.75w X 4.5t

\$100 - 3.25w X 10.25t

\$130 - (1/4 page) 5w X 7t

\$150 (1/3 page) - 6.75w X 7t

OR 3.25 w X 14.5t OR 10.25w X 4.5t

\$225 (1/2 page) - 10.25w X 7t

\$400 (full page) - 10.25w X 14t

Sample Sizes - more sizes available.

Column Width: 3.25 inches - double width: 6.75
inches - full width: 10.25 inches

Services Directory: \$5/month, up to 3 lines.

Classified Ads: \$5/first 30 words,
10¢/word additional

****THESE RATES ARE FOR B/W ADS ONLY****

FOR FULL COLOUR, ADD 30%

KOOTENAY LAKE FERRY YEAR ROUND SCHEDULE

Mountain Standard Time - Winter Schedule in effect

Vessel Name	Balfour	Terminal	Kootenay Bay	
			Summer	Winter
Osprey 2000		Winter		7:10 am
Osprey 2000		6:30 am		9:00 am
Osprey 2000		8:10 am		10:40 am
MV Balfour		9:50 am		
Osprey 2000		11:30 am		12:20 pm
MV Balfour				
Osprey 2000		1:10 pm		2:00 pm
MV Balfour				
Osprey 2000		2:50 pm		3:40 pm
MV Balfour				
Osprey 2000		4:30 pm		5:20 pm
MV Balfour				
Osprey 2000		6:10 pm		7:00 pm
Osprey 2000		7:50 pm		8:40 pm
Osprey 2000		9:40 pm		10:20 pm

CHURCH/MEETING CALENDAR

RIONDEL COMMUNITY CHURCH APRIL 2017 SCHEDULE

April 9: Brenda Panio, 11am Music: Marie Gale

April 16: Easter Sunday, 12:30pm

Please join us at Harrison Memorial Church. Derrick Smith
and Music by Many Bays Brass and Many Bays Singers

April 23: Jeff Zak, 11am Music: Marie Gale

April 30: No service today.

CHRIST CHURCH & EAST SHORE CONGREGATIONS

ST. ANSELM'S CHURCH BOSWELL (Anglican)

For information call Christ Church Creston 428-4248

No services at the present time. Contact Christ
Church Creston for info - 250.428.4248

HARRISON MEMORIAL COMM. CHURCH, ANGLICAN

Crawford Creek Rd., Crawford Bay Everyone Welcome!

For info, please contact Karen Gilbert: 227-8914

KOOTENAY LAKE COMMUNITY CHURCH

A Lighthouse on the East Shore

Come & join us Sundays at 10 am.

Coffee fellowship after the service.

Pastors Richard and Ramona Dannhauer

16190 Hwy 3A, Crawford Bay 250.227.9444

YASODHARA ASHRAM

Satsang (non-denominational, "in the company of the
wise"), each evening 7:30pm. Everyone welcome,
250.227.9224

MOST HOLY REDEEMER

CATHOLIC CHURCH, RIONDEL

Fr. Sylvester Ibekwe Phone: 428-2300 Fax: 428-4811

Sun Mass at 2pm. 1st Sunday of month,

Fellowship Sunday.

THE CHURCH OF JESUS CHRIST OF LATTER DAY SAINTS

1520 Campbell Avenue, Riondel, B.C.

Meetings begin at 10 am, every Sunday.

Info call, 250-227-9522

CHRISTIAN SCIENCE CHURCH SERVICES

Held in the Anglican Church, 8151 Busk Rd, Balfour

Sundays, 9:30 am

All welcome!

For info, call: 250.229.5237

COMMUNITY HEROES

a Mainstreet Feature

**Who have you seen doing great things? Who
gives back to their community with a full
heart? Who deserves a nod? Send the name of the
person you'd like to recognize and a brief descrip-
tion of why you think they hold the esteemed title
of... Community Hero!**

CINDY BONNELL - for her untold hours of commu-
nity service and true dedication to this community - mostly
unseen. Cindy is the person who shows up day or night
in people's greatest time of need. There are not enough
good words to say about her.

-From Those Who See Your Good Work

LOIS WAKELIN - For her many years of community
service on the East Shore as well as her initiatives to keep
Kootenay Lake beautiful. From grant commissions to non
profit societies and more, thanks for all your work and
shared experience!

-From A Grateful Friend

Next Deadline:

April 26, 2017

mainstreet@eshore.ca

www.eshore.ca

MEETING PLACES

LIONS CLUB - meets at the Kootenay Lake Community

Church - 16190 Highway 3A, Crawford Bay.

Meeting Times: 7 pm.

Second and Fourth Tuesday of the Month

For More info call Lion Mike Jeffery - 250-227-6807 or Lion David

George at 250-227-9550 or Lion Jim at 250-227-9622.

TOPS - Take Off Pounds Sensibly: meets every Monday morning

at 8:30 am in the Kootenay Lake Community Church basement.

Call Myrna for more info: 227-9420

PARENT ADVISORY COMMITTEE

(PAC) Meetings held at 7 pm at the Crawford Bay School

Email cbes.pac@gmail.com for info or to add to the agenda.

Next PAC Meeting:

CBESS Library, 5:15pm, WEDS April 5

April 2017 Mainstreet 19

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						1
2 Bottle Depot, 10-3	3 Osprey out of service until Apr 5	4 Tara Shanti Yoga, 9:30-11am Vet Clinic, CB Motel Dr. Piver	5 Osprey back in service PAC Mtng, 5:15 Yoga Bos Hall, 9:30-11 16+ Volleyball, CBESS 7pm Dr. Moulson	6 Tara Shanti Yoga, 9:30-11am Dr. Lee	7	8
9 Bottle Depot, 10-3	10	11 Full Moon Tara Shanti Yoga, 9:30-11am Lions Mtng, 7 pm Dr. Piver	12 Yoga Bos Hall, 9:30-11 16+ Volleyball, CBESS 7pm Dr. Moulson	13	14	15 ES Ambulance Service AGM, Riondel Amb. Hall, 10am
16 Easter Sunday Service, Harrison Memorial, 12:30pm Bottle Depot, 10-3	17	18 Tara Shanti Yoga, 9:30-11am Osprey out of service until Apr 30 Dr. Piver	19 Yoga Bos Hall, 9:30-11 16+ Volleyball, CBESS 7pm Dr. Moulson	20 Tara Shanti Yoga, 9:30-11am Riondel Library Open House, 6-9pm Rec 9 Deadline Dr. Lee	21 Love and Healing Workshop, Ashram	22 Soil Workshop, Creston Love and Healing Workshop, Ashram
23/30 Soil Workshop, East Shore Love and Healing Workshop, Ashram Osprey back in service Bottle Depot, 10-3	24	25 Tara Shanti Yoga, 9:30-11am Lions Mtng, 7 pm Dr. Lee	26 MAINSTREET DEADLINE Yoga Bos Hall, 9:30-11 16+ Volleyball, CBESS 7pm Dr. Moulson	27 Tara Shanti Yoga, 9:30-11am Dr. Reinicke	28	29 Spring into Song, Ashram 2pm Pasta for Playground, 4:30pm, CB Hall

ADVERTISER	PAGE	PAC
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Barefoot Handweaving	4,17	RDCK Rec 9 4,6
Boswell Hall	16	RDCK Yard and Garden 4,17
Classified Ads	18	Riondel Library Open House 12
Community Futures	7,14	RVFD 17,18
Crawford Bay Hall & Parks	17,18	Sapphire Hair Salon 10
Crawford Bay Market	11	Sunset Seed 13
CB Market Help Wanted	10	Turlock Electrical 1,11
Credit Union	10	Western Pacific Marine 4,7
Creston Vet Clinic	7	
ESIS	11	
Eastshore Physiotherapy	16	
encreLibre	4,18	
Fitness Place	7,8	
Gray Creek Store	11	
Greg Garbula Realtor	11	
Harrison Tanner	16	
Hulland and Larsen	10	
Imagine Kootenay	10	
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Kokanee Springs	20	
Kootenay Gourmet	11	
Kootenay Insurance Services	18	
Lee Johnson Realtor	11	
Michael O'Conner	11	



Kokanee Springs Golf Resort

Are you ready for a FANTASTIC SEASON? Opening soon in April...

Special Nights: Everyone welcome! (Once we're open...)

Fridays: Patio Party

- Southern BBQ menu: In-House Smoked Brisket.
- Entertainment by Jurassic Mike - \$25+tax

Saturdays: BBQ

- 8oz Striploin w/ fixings - \$25+tax



We invite you to check out our website (kokaneesprings.com) & like us on Facebook.

Get Rewarded Here!



Spectacular Golf, Epic Adventures, Unforgettable Experiences

Library Hours:

ES Reading Cntr:

Tues & Sat: 12-3

Thurs: 7-9 pm

Riondel Library:

Mon: 2-4 pm,

Weds: 6-8 pm

Tues, Thurs, Sat:

10am-12:30pm

Transfer Station Hours

CRAWFORD BAY:

Sun/Tues, 9am-3pm

BOSWELL:

Weds/Sat 11-3

ES Health Centre ~227-9006~

Drug & Alcohol: 353-7691 Child & Youth: 353-7691 Community Nursing: 352-1433

Public Health Dental Screening/Counseling: 428-3876 Hospice: 227-9006 Baby Clinics: 428-3873

Mammography Screening: 354-6721 Physiotherapy: 227-9155 Massage Therapy: 227-6877

For more on facility, call Kathy Smith, 227-9006