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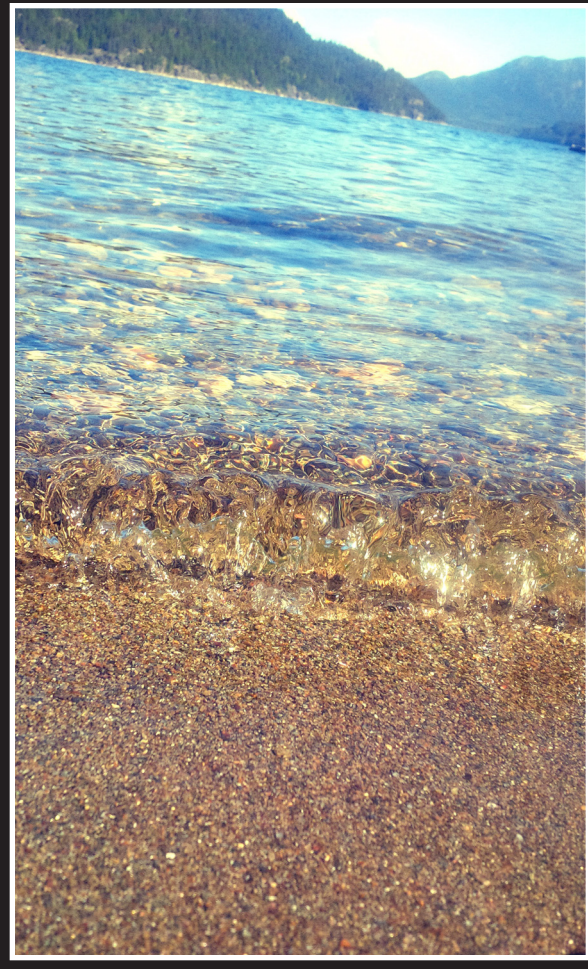
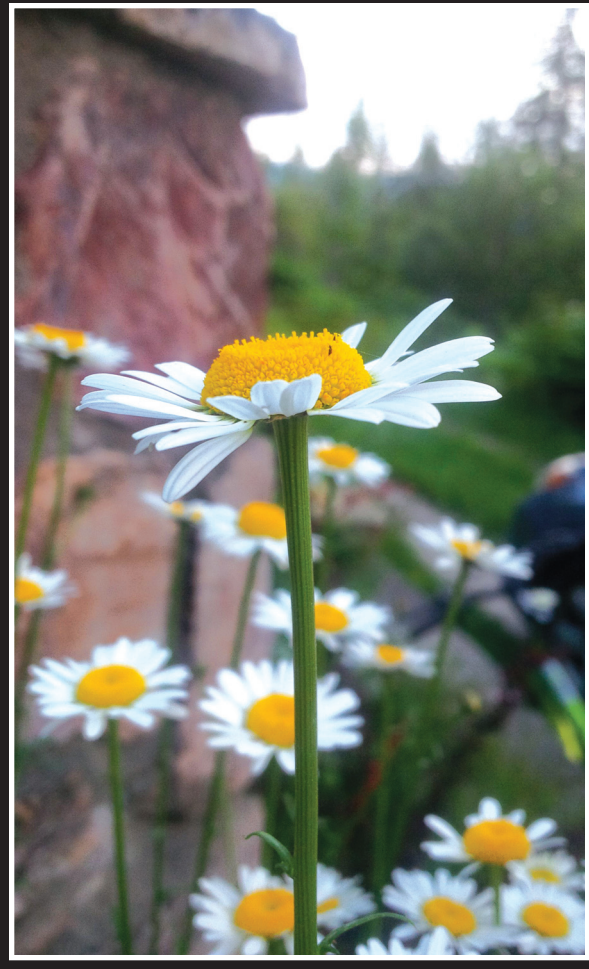
YEAR 26, NUMBER 8

AUGUST 2016

# The East Shore Mainstreet

**KOOTENAY LAKE BC**

Serving the East Shore Communities of Boswell, Gray Creek, Crawford Bay, Kootenay/Pilot Bay and Riondel



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## Youth Photography Feature

11-year-old Sedona Shuel of Kootenay Bay submitted these photos for publication upon *Mainstreet's* request for cover image ideas. If you have photos that you'd like to see featured, we are happy to print local photography and feature artists, young and old, when space allows. Congratulations Sedona! It looks like you have an eye for photography.

**RETURN**  
**UNDELIVERABLE ITEMS TO:**  
 The East Shore Mainstreet  
 Box 140, Crawford Bay, BC V0B 1E0  
 Agreement#: 40718537



# Mainstreet Meanderings

by Editor Ingrid Baetzel

## Birth of a Family

### The East Shore's Own Rose Yopek Finds Her Roots... AND Makes a Film

Imagine yourself alone, a young indigenous woman living off reserve, a residential school survivor, a single mother in the Canadian north, whose every hope and dream is torn from her. Imagine yourself trying to find a home among strangers - those who don't care for your welfare and use you for their own pleasure and gain. Hard to do? It would be for many of us who have led lives of some privilege and security, but it wasn't for many, many Aboriginal people who were shoved between the cracks, wounded and abused for generations.

Mary Jane Adam of northern Saskatchewan had four children, but she didn't know any one of them for more than the first few months of their lives (or couple years, in one case). In what is now known as the Sixties Scoop, the mass removal of some 20,000 Aboriginal children from their families into the child welfare system, in most cases without the consent of their families or bands, Mary Jane's children were all removed from her care nearly before they could walk or talk. Three of these children (Esther, Rosalie and Ben) were taken from her in the first months of their



Rosalie Yopek, July 2016, at her home in Crawford Bay.

lives. The first child (Betty Ann) remained for a couple of years, and even remembers an infant in her life (her sisiter Esther) before they both were removed and put into foster care.

Mary Jane was a Dene woman, cousin to the Navajo of more southern climes, and she was an alcoholic. According to Rosalie, who most readers will recognize as Rose (Rosie) Yopek of Crawford Bay - or the Gray Creek Store, as the case may be - Mary Jane, Rosie's birth mother, was "known to frequent drinking establishments of Uranium City" in Saskatchewan. This is the place Mary Jane found herself after leaving residential school, no doubt a horrific childhood experience for the young woman, from an early age until her later teens. Mary Jane went to Uranium City rather than ever returning to her reservation at Fond Du Lac on Lake Athabasca. She went for work and she stayed for years, which eventually wore away at her soul, watching child after child being torn from her by the government who deemed her unfit to raise them, and perhaps she was. It was a difficult time. A young woman, living in a mining camp with numerous white men who were away from their homes and likely taking advantage of a young woman with a penchant for socializing and liveliness.

The four children were fathered by different miners who apparently took little to no responsibility for them. Some, like Rosie, were outright rejected and denied. These children were moved from foster home to foster home (with the exception of Esther who experienced an expedited adoption process by the government, and wound up in Southern California as an infant), and

Cont'd on page 4

## LETTERS TO THE EDITOR

### EAST SHORE SECOND CLASS?

#### To All Concerned

I am very concerned that the East Shore Residents seem to be considered "second class" in this debate about the ferry landing on the West/North Shore. There was a meeting held at the Redfish School. When will we have a meeting on the East Shore? When will the "Choose Balfour Group give recognition to us! To our concerns?"

I take issue because the Ferry Service is an essential service to East Shore Residents. I give recognition to the concerns of West Shore residents. They have property and environment that will be impacted by change; and there are established businesses which will be impacted by change. I can and do empathize with these issues.

The question is who uses the ferry? Observation shows that, I would guess, 80 - 90% of the Resident ferry traffic is by East Shore Residents. I ask West/North Shore Residents how many times they took the ferry this week? This month? In December? To go to work? To go to school? To medical appointments? In an ambulance? For the East Shore residents the ferry is an essential service. Please consider our concerns... ferry ride time, ferry wait, ferry frequency, ferry safety and efficiency, environmental impact.

I would celebrate all Kootenay Lake residents giving due consideration to all the issues and work together for a safe, cost effective, frequent/faster service, with accommodation for traffic and comfortable, safe waiting, loading and disembarking. A major consideration for each objective is environmental impact.

Regards for a successful solution,

Shirley Wyngaard

### NEW BABY, GREAT NEIGHBOURS & 20K!

#### Dear Editor,


On July 7, 2016 I went from feeling normal (although very pregnant) at home, to suddenly finding myself experiencing a frightening pre-labour hem-

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orrhage at about midnight. From there things moved quickly, with our wonderful midwife Sylke putting me into her car and driving me to the Creston hospital while Charles stayed at home as our younger kids were sound asleep upstairs. Luckily there was a doctor on call at the hospital who could perform c-sections, as some days this isn't the case. Before my bleeding could endanger the baby's and my life, a swift surgery freed the babe from my hazardous uterus (the doctor confirmed that my placenta was prematurely detached, which is a potentially life threatening for mother and baby.) In the aftermath of this unexpected series of events, I'm pleased to tell that our baby is healthy and I am very nearly recovered from the surgery.

I would like to thank some folks who were tremendously supportive of our family during the week I was in hospital. Firstly, I cannot sing the praises of our midwife Sylke Plaumann enough. Even though it wasn't the birth we planned, having Sylke, whom I trust implicitly, with me every step of the way made me feel safe and comforted during a process that was frankly, a little terrifying. I want to thank the neighbors who came and helped Charles the following week finish all the renovations we were completing in our house in time for my return. Klaus and Jonas Plaumann, Matt and Kristy Winger, you are angels. Also thanks to the kind friends who brought food and took the kids away for play dates and helped get the house clean and ready for me and baby to come home to (Maria Latouf, John Leishman, Bruce Fleming, Jen Newcomen, Rosie Yopek, Jakua Jewel, Rebecca Fuzzen and others I may not have mentioned in my fuzzy mom brain state!). Another thank you to the kind friends who visited me in the hospital, bringing culinary and emotional relief. I was happy beyond happy when I finally came home from hospital to find a transformed house that so many hands had made possible, as well as being reunited with my family who had been so well cared for and supported during their week without me.

I can speak for myself and Charles and say honestly, that we are completely humbled and amazed at



## OFFICE DESK

Box 140, Crawford Bay, BC, V0B 1E0

**Editor: Ingrid Zaiss Baetzel (since 2002)**

**Retail Distribution, Subscriptions, Advertising, Layout:**  
Ingrid Zaiss Baetzel  
(Subscriptions: \$40/year within Canada,  
\$50 to the US, and \$75 Internationally)  
Phone: 250.227.9246/250.551.7697  
Email: [mainstreet@eshore.ca](mailto:mainstreet@eshore.ca)

**Proof Editor:** Doreen Zaiss  
**Writers:** Community

**Article? Letter? Etc?** Drop off at Gray Creek Store drop box,  
mail to Box 140, Crawford Bay, V0B 1E0

**or Best Yet, Email to:** [mainstreet@eshore.ca](mailto:mainstreet@eshore.ca)

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**Next Deadline: Aug 24, 2016**

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the support we received from this community. We realized properly for the first time that accepting help is sometimes necessary, and it is such a blessing to find it offered so generously. We look forward to introducing baby Che to many of you, and hopefully we can pay forward the help we received real soon.

On a slightly different note - on the day before I was discharged from the hospital I learned that BCAA decided to award Crawford Bay a \$20,000 runner up prize in their Play Here Contest. Many of you know that we were one of five finalists competing in an online voting contest from BCAA to win \$100,000 to revitalize the playground at the park. Although our vote count was extremely impressive given our population, it wasn't a popular vote we stood a chance of winning. However, thanks to generous BCAA we now have an extra \$20,000 to add to our project, in addition to existing funds raised from community events, donations, grants and sponsorship from our own Nelson and District Credit Union and Kokanee Springs Resort.

A big thank you to those who attended my mom Judith Hemming's workshop in Family Constellations at CBESS on July 20. This workshop was offered by donation to the playground, and in all we received over \$600 in donations from the afternoon. We have also heard tell of some kind strangers giving donations directly at Barefoot Handweavers. We highly encourage this sort of behavior.

For anyone interested in being kept up to date on the playground project, you can join our Facebook Group 'Crawford Bay Playground Voting and Update Group'. Donations to the playground can be dropped off at the NDCU or Barefoot Hand Weavers, with cheque so being made to 'Community Connections' or 'SKLCCS' with a note saying where the cheque is intended to go. Our plan is to order equipment very soon (waiting to hear back from one more funding source) and begin work during September. Thanks for the support everyone.

Ellie Reynolds, EASEY Coordinator



## RDCK Area "A" Update

by Garry Jackman,  
Director - Area "A"

### ELECTRICITY RATES

We are accustomed to receiving encouragement to reduce our use of fossil fuels, but a few years back there was also a push to encourage BC residents to reduce their use of electricity (mostly during the lead up to the province announcing it was going ahead with the Site C project). A very real consequence of the electricity use discussion was the preparation of a model by BC Hydro to introduce a two tier residential electricity rate. The model was fairly simple and was based on the assumption that customers have natural gas available as a heating fuel. The model looked at various sizes of houses, made some estimates on how much we could cut back on our use of electricity and proposed a limit of kwh (kilowatt hours) of power at the lower rate with all of the usage above that limit being priced at more than a 50% higher rate. According to the submissions made by BC Hydro to the BC Utilities Commission (BCUC) the net cost per billing period for the average resident should be neutral (no higher or lower than before) and only the higher use residents would pay a premium, while those who cut back enough would pay less.

Fortis made a similar application to the BCUC for a two-tiered rate structure to apply to Fortis customers. I understand that Fortis did not do a study but rather relied on information produced by BC Hydro. Fortis would have therefore been basing their rate on the assumption that customers have access to natural gas for heating, which is not the case for most of Area A, much of the Slokan Valley and other areas within the Fortis service area.

Note that in areas where natural gas is not available there is the option of using a propane furnace which would reduce the reliance on electricity (even though this is contrary to the objective of reducing fossil fuel usage) but propane and natural gas have had very different trends in terms of cost. Natural gas prices have been steadily declining as supply increases. The price of propane is volatile and similar to what happens with seasonal fluctuations in gasoline prices (typically spiking in the summer) the propane price can rise sharply as winter approaches. The assumptions made in the BC Hydro pricing model around cost neutrality do not apply where propane is the fossil fuel alternative.

The end result? All of us who live in the areas not served by natural gas are paying more... for some, much more. This was pointed out to the BCUC and the utility companies a couple of years ago, before the rates increased, so the BCUC starting considering the issue. On July 7, 2016 the RDCK received a letter from the BCUC which states they want to receive more input from residents in the areas not served by natural gas. The BCUC has made what I view as an unusual request of the RDCK, looking to us to notify the public that a review is underway and that residents only have until August 15 to provide our input.

I recommended our board respond, which we agreed to at our July 21 meeting, indicating we will help in the process but the responsibility for notification must lie with the BCUC and/or the utilities themselves, that the initial list of affected communities in the BCUC correspondence is incomplete and that the RDCK administration can provide contacts for local media, e-mail lists and more.

Responding to this call for input is very important. **We have been paying a premium for electricity based on false assumptions and we can expect to continue to pay an unfair premium 'forever' if we do not obtain an adjustment now.** One basic option

is to put the technology of all the new smart meters to use and provide us with time of day rate options (variable rates), perform more detailed analysis of our usage as weather conditions shift and make rate adjustments or some other creative billing model which is truly cost neutral.

One might almost think the link to get your thoughts in would be simple (say something like 'unfairelectricity rates') but instead it is the following link: [http://www.bcuc.com/ApplicationView.aspx?ApplicationId\\_56](http://www.bcuc.com/ApplicationView.aspx?ApplicationId_56). I hope I typed it correctly. A better idea might be to phone Alison Thorson, Director - Policy, Planning and Customer Relations at 1-800-663-1385.

The difference is significant. We have already taken measures to reduce our electricity usage from that of a few years ago but we still pay very large bills, a function of having a large house which is left quite cool in most rooms during the winter and which does not have air conditioning. I can give you my exact figures as backup if you wish, but over a six-month period from 23 December 2015 to 23 June 2016 Tina and I paid Fortis \$2151.42 for electricity (excluding the basic fee) of which more than \$580.00 was due to the premium (second tier) rate differential. This would translate to more than \$1100 per year, every year, and will go up with future rate hikes.

### GARBAGE? RECYCLE? STUPIDITY?

There is no polite way to go about this topic so I will just dive right in. Our little kids know the difference between what can be recycled and what cannot. They also know the difference between stupidity, ignorance and awareness.

Granted what can be recycled varies from one region to another, from one province to another and from one country to another. Even with signs at transfer stations and labels on bins there can be some honest uncertainty. So if you are unsure about what is what, I guess playing stupid is a good option for some. If it was not stupidity it was malice which costs us all real money, which I will elaborate on below.

Here is my stupidity test for any who are interested. Say you have the following items in your vehicle and you are at the transfer station in Boswell. You have an umbrella from a patio table which is a combination of plasticized fabric, metal pole and spokes and various clips. The umbrella is blue with the Tommy Bahama label on it, a fish (swordfish?) and the word 'relax' below all in red. You have an old light fixture with metal, wire and plastic components. You have several fluorescent tubes (a hazardous waste material as recognized by the non-stupid). You have mostly but not completely empty paint cans (also a hazardous waste for the non-stupid) which I have photos of if anyone wants copies to go on a scavenger hunt to see if your neighbour has that colour of yellowish Sikkens wood stain on their house or fence. You have an old badminton racket. You have an old kitchen broom. But what to do with all of this good stuff? Lets just jam it into the nearest bin.

Let's say the bins for waste, metals and wood are locked up and there is no attendant just because residents do not want to pay tens of thousands of dollars in additional wages every year to have an attendant on site at the beck and call of anyone who drives up at any time on any day. Say the recycle bins for paper, cardboard, plastics, etc as on the label are standing there unlocked (the honour system for those who have honour). Nearby are the bins for glass (only glass, not things with a bit of glass on them) and donations of returnable cans and bottles (a service provided by the local Lion's Club which donates back to us). Problem solved, just jam all of your garbage and hazardous waste into the recycle bin. Some minions must be ready to sort the shattered glass fluorescent tubes with their poisonous coating out from the paint and other mixed material items. These minions must be eager to separate the components of the umbrella, which you

were too important to do, and make them into reusable items. Someone must be ready to step up (paid through your tax dollar) and do the right thing because obviously you were not prepared to subdue your moment of stupidity and rethink the situation. You were not willing to become educated and aware about how the rest of us work together to keep our taxes low while reducing residual waste and doing our part for the environment. Don't worry, because I guess I am the minion since I have long arms so I reached into the bin and pulled out all of the crap.

**So are you just stupid or is this a self righteous malicious act? Either way you are a fool.** Every contaminated bin of material destined for the recycle stream is put aside as garbage. The RDCK pays the premium for these contaminated bins, which we pass on to you through taxation.

We already are struggling to become part of the Multi Material BC (MMBC) program in order to reduce your taxation but the consortium that runs the program wants to greatly reduce the numbers of bin locations (east shore residents may be expected to travel to either Creston or Balfour) and those sites would be fenced and locked up at all times there is not an attendant.

MMBC tells us they cannot allow access under the honour system because people are not all honourable. I guess they got that one right. We will start looking at budget again in just a few months. Waste and recycle costs could actually go down if some people were more aware and educated (i.e. less stupid).

My apologies to the hundreds of well educated, responsible neighbours who may have benefitted from some more positive information in the space above.

If you have questions or comments on any topic (including your priorities) please drop a note to [gjackman@rdck.bc.ca](mailto:gjackman@rdck.bc.ca) or call me at 250-223-8463.

## LETTERS...

### BLUEBELL THANKS

Dear Editor;

I would like to extend a most sincere and heartfelt thank you to the Lions Club volunteers who donated their time and effort to construct the garden enclosure at the Bluebell Manor. Also, three cheers for Marie Spicer who was most influential in this project. We are most grateful. Thank you, thank you, thank you, from the residents of the Bluebell Manor.

*Ron Savoie on behalf of the  
Bluebell Manor residents, Riondel, BC*



*Riondel Boat Club, in conjunction with GRS Contracting, made a donation to the Riondel Volunteer Fire Department to help fund Firefighter Training. The donation was made July 7 during regular fire training.*

Photo courtesy of Glen Leffingwell

## LOCAL INTEREST

Cont'd from page 2

suffered removal from their first family, no chance of reconnection with their tribe or the reservation, and went through multiple illnesses and ailments.

Rosie herself was a sickly child. She had gastroenteritis and a turned-in leg. She was so small that at eight months of age, her head “could fit into a teacup.” She was neglected and abused in her first couple of placements, but eventually found herself being taken in by a pediatric doctor and his wife, who brought her back to health. Eventually, Rose was given permanent fostering in the family of Michel and Irene Pollard of Leoville, Sk. They were given \$10/day to foster Rosie. They never fully adopted her, but she was made a permanent foster child by changing her last name and she lived a good life with them, the life of “any other Canadian kid... I skated on my own ice rink, I worked the farm, I was cared for. I may have even been a little spoiled,” Rose says laughingly. Actually, nearly everything Rose says is laughingly, and lovingly.

While sitting on her lawn in the July heat, Rose lit up like the sun while telling her story. Her spark and positivity were the biggest and best things that I picked up through a story that is woven with sadness and profound disappointment. Rose has certainly come to live a good life, but it didn't come without a price to her or her kin. She lived without her family, her sisters and brother, her endless string of cousins, aunts, uncles and elders. She lived without that reflected familiarity in the eyes of her blood relations for many, many years. She still remembers the day that she finally met her sister Betty Ann, who has been instrumental in the union of this family and is also an associate producer of a film currently in production by the National Film Board of Canada about this family (more on this later).

The two sisters met when they were 12 (Rose) and 17 years old and have stayed in touch ever since. Every development in the staggering series of coincidence and happenstance (not to mention dogged determination) that led these two sisters together and to uniting with their other sister and brother is baffling. Through coincidental Greyhound seatmates who came from the reserve where the rest of their family lives; to a chance meeting at a wedding where a cousin saw a woman who looked so strangely familiar that she couldn't help but make the tie between Betty Ann and Rose; to working around a system that seemed hell-bent on tying everything up in bureaucracy, red tape and hidden paperwork... this family overcame the greatest of odds to find each other again. Since the late 70's, the two have been actively looking for Esther and Ben.

After years and years of looking, Betty Ann called Rose to tell her that she had found Ben. He had contacted the Band office in Saskatchewan to look into his Native status as he hoped to go work in the US. Ties and connections were made and Ben was united with his two sisters. That left only Esther, who was found through the post-adoption registry of the government of Saskatchewan and who then found Betty Ann on Facebook and they started the plans for the “union – not RE-union,” says Rose. “We had never met! There was no “re” about it. This was our first coming together.”

From Philip Lewis' blog on the National Film Boards website, “*Canada's Truth and Reconciliation Commission, established in 2008 to investigate the far-reaching consequences of residential schooling, would also shed new light on the Sixties Scoop,*

*a practice that intensified as residential schools were being phased out in the 60s and 70s. Although some children landed in supportive and loving households, many others experienced abuse and rupture— and a growing body of Indigenous scholarship now situates both practices within the wider historical context of internal colonialism, whereby Canada's Indigenous peoples were systematically stripped of agency and autonomy, and Indigenous cultures systematically debased.”*

Betty Ann applied to get recompensed for the abuse and Mary Jane's suffering. The Commission paid a token amount of money, along with apologies to the pain and suffering (“a grain of salt... a little too little, too late,” says Rose). This was done before Ben and Esther had been located. Rose and Betty Ann decided to hold onto the money and save it for the day when the four siblings would be united and to off-set travel expenses and costs associated with that union. It wasn't much, but it made the difference in the “other worldly” meeting of the four in the fall of 2015.

Betty Ann had also been approached by a woman with the Commission and asked if they shouldn't consider filming this union. She connected with Tasha Hubbard of the National Film Board and they obtained funding and freedom to make a 7-minute

short film about the story. This story is called “Birth of a Family” and it'll be coming soon to a screening room near you...

Along with a film crew, the four siblings met in Calgary and drove to Banff for the event. Rose said it was breath-taking. They skipped stones on the lake, rode the gondola, took the skywalk, visited the glacier – all the while catching up, asking questions like, “Do you have any tattoos? Do you have your tonsils? Your appendix? Are you left or right-handed?...” Questions with answers that most of us just KNOW about our families. They laughed until their sides hurt and got “spectacularly lost” with Rose at the wheel and camera crew in tow. They celebrated a birthday; they had 212 birthdays to make up for and as Rose says, “We darn near burned the place down with candles.”

Rose says it's likely that the film will be completed by the end of this year and is hoping for a screening at the Gray Creek Hall – stay posted.

As I sat with Rosie in the sun, I watched her brilliant smile and flash in the eyes at what she calls one of the most powerful and life-changing experiences of her time on Earth. I listened to her voice as she talked about family and finding a deeper place, finding a home where she is not the only “brown person,” where she could see her face in others and see her history in their eyes. She said that what she heard about Mary Jane, the mother she never met, was that she has her smile and her sense of positivity. “My mother was always happy and always smiling, like me. Her glass was always half full,” despite the trauma she suffered.

And, despite the awful words of Sir John A. Macdonald, to ‘take the Indian out of the child,’ and thus solve what was referred to as the Indian problem, this family has chosen not to be tortured any further. The stories that have come out of the Truth and Reconciliation Commissions reports are primarily those of horror and hostility. These stories need to be told. But so do stories like this of the children of Mary Jane Adam who fought against a rigged system, who stayed determined and stalwart in their quest for uniting with family. They were never going to let someone else take another thing away from them.

This past June the four reunited here on the East Shore of Kootenay Lake for their first ever RE-union. Their next one will be in 2017 and will likely take them to Esther in California. Here's to many, many, many more glorious re-unions, Betty Ann, Esther, Ben and our beloved Rosie.



*Rose and Betty Ann at their first meeting, when Rose was 12 years old.*



*Esther Vandenhame, Rosalie Yopek, Betty Ann Adam and Ben Tjosvold - UNITED for the first time in Banff National Park.*

**Next Deadline:**

**August 24, 2016**

**[www.eshore.ca](http://www.eshore.ca)**

**[mainstreet@eshore.ca](mailto:mainstreet@eshore.ca)**

## Birth Announcement



Parents Ellie and Charles Reynolds of Gray Creek are delighted to welcome their new baby Chanok (nickname Che) Ezra Reynolds to the family. Born July 7th at Creston hospital weighing 6lbs 15 ounces, healthy and beautiful. Che is a little brother to Elijah and Celeste and a very little brother to Charles Reynolds Jr. We celebrate his safe arrival and look forward to introducing him to the community.



**Hacker's Desk**  
by Gef Tremblay

**Post consumerism**

Living in the suburbs as a kid, there were a lot of small businesses around. A corner store was right in front of where we lived, a restaurant was right on that corner, and our butcher had a small grocery on our side of the street on the other corner. A block away there was a hairdresser and on the other side a bar. Shortly after, a small print shop also started business there. If you'd walk a couple more block a few more business where there.

As the years passed, the restaurant closed, the butcher, then the stores. In the window of the restaurant the owner had left a note, mentioning the everlasting recession of the late 80s and how it affected everyone. As far as I was concerned, being born in the late 70's it has always been a recession and I didn't really understand what it was all about.

I've always wondered why there was fewer and fewer small businesses like that. Cost of life has always grown; we spend more and more money just to live, but our money seems to be dissolving at a higher rate.

It feels like our economy has changed our behavior to consume more objects and materials, instead of service from local businesses. It made me wonder about how we could change that and revert to a place where we share a local economy instead of sending all of our money to remote countries and other institutions.

Back a few years ago, we lived for a few months in Berlin. Around our place business was thriving. I could get a haircut for 10 Euro, stop in a cafe, and bring back food to our place. Not only were there a lot of small

businesses, the service they offered was really cheap.

It seemed maybe the economy was better in Berlin than it was in Canada, and I wondered about how we spend money and how we could create a better way of spending.

The idea of post-consumerism has been around a little bit, but hasn't received much traction.

On the other hand the idea of post-capitalism has been quite well developed and is a powerful idea, but if we want to move to a post-capitalist society, we will need a lot of effort and nothing short of a revolution. This got me thinking, what is the essence of the issue?

Consuming is not the problem, as we need to consume to survive; at the very least we need air, water and food. Where it gets dirty is where you add the 'ism' at the end:

"Consumerism: Consumerism as a social and economic order and ideology which encourages the acquisition of goods and services in ever-increasing amounts."

This ever increasing factor sounds silly at best. How can you expect a system to ever increasingly consumes goods and service? Although silly, consumerism has become the only way to support our capitalist economy.

It has taken consuming to a competitive sport level. It's the spoiled child of capitalism, that has been created to fulfill a never ending increase in profit for the market.

What would it mean to be in a post consumerism society? Although there isn't much out there, I think it's not that hard to create a simple starting place.

- Buying quality tools and objects, instead of goods that need to be replaced often
- Buying local food and resources
- Consuming local services, which help grow local communities

- Using our money as a vote for what we want to support

- Stepping away from consuming as an entertainment value

- Develop a used item culture

- Develop a culture of hand made, tailor-made and fixable objects

What I find interesting about these actions is that they can still work in a capitalist society. The market would need to adapt, shifting from mass production, low quality food and massive amounts of useless objects to a higher quality production of objects, while shifting the economy to be community based instead of pouring all of our money into outside markets.

It would also create more pride among makers and artisans. When you buy a watch that will last you a lifetime, the watchmaker becomes more empowered for instance. But then you can look at all the other jobs that would be needed. All communities would need a seamstress, a dress maker, a shoemaker, a bike maker, creating a more vibrant relationship to our community but also growing our local economy.

It's not a change that can happen in a day, but each dollar that we spend can help create something that we would like to see around us. It feels like moving to a post-consumerism trend would also bring quite a quality to life and affect positively the environment around us.

I don't see it as a goal in itself, but more as a concept of good habits that might help cure the disease of consumerism and at the same time create positive changes around us.

*Creativity, Community, Conscience*  
*mainstreet@eshore.ca*



**Hidden Taxes**

by David George

**Does Length Really Matter?**

**Or: Do we want to lose the world's longest free ferry ride?**

Many things are done in the name of efficiency or economics. Depriving the Kootenays of being able to advertise the world's longest free ferry ride should not be one of them.

Many of us on the East Shore were angered when the present Liberal provincial government tried to ram its own study about relocating the Balfour ferry terminal through with only a month devoted to public input and consultation. They heard from us, loud and clear enough to make them extend that until mid-October.

We have the recently built M/V Osprey 2000, which on Saturday the 26th August 2000 took over from the venerable M/V Anscob. She carries 80 standard vehicle equivalents, that is, cars. We also have the ageing M/V Balfour, now more than 60 years old, which carries only 28 cars. What we will need soon is a newer and larger second ferry, and not a barge towed by a tug, either.

Much has been said about a new ferry terminal in Queens Bay. Not much has been said about the very large costs involved, nor the lack of adequate amenity space or the weather problems at Queens Bay.

The Queens Bay North site, which the consultant SNC-Lavalin's report favoured, is subject to southerly winds, which as we here all know are the worst sort of storm winds.

As well, the report gave a cost estimate of \$25million for the new site development, but with an uncertainty of plus or minus 25 percent! A new second ferry was not included in that estimate.

If the present Balfour terminal is kept, there will be a need to dredge the West Arm channel. This has been done before, and it can be done again. A new second ferry will have to be built anyway, to carry around 50 or 60 cars, at a guess. That would reduce summer line-ups, and provide a good backup for the Osprey 2000.

My own view is that the present terminal at Balfour can be spruced up and upgraded sufficiently to meet the needs of the ferry travellers for the indefinite future.

If you want some reading material during this extended public input period, see three Kootenay Lake Ferry Studies here, available as pdf downloads: <http://www2.gov.bc.ca/gov/content/transportation/transportation-reports-and-reference/reports-studies/ferries-marine>

**Rx BS in B.C.**

Did you formerly collect Air Miles or Shoppers own Optimum points for your prescriptions? Are you angry that you can no longer do so? Join the unhappy crowd here in over-regulated BC. Your not-so-friendly BC College of Pharmacists has won, and with the July 7 decision by the Supreme Court of Canada not to hear the case, you will continue to be unable to collect such extras as Shoppers Optimum points for your prescription purchases.

Boo, Hiss!! This affects many of us seniors, who used to be able to collect enough points every year to buy quite a lot of goodies from Shoppers with the points converted to buying power. However-if you live in Alberta, you can continue to collect your Shoppers Optimum points. The court case there went in favour of continuing giving points for prescriptions.

Me, I think I will just tear up my Optimum card and write a nasty letter to the BC College of Pharmacists on behalf of us seniors. You can write a blast too, and I suggest e-mailing to [complaints@bcpharmacists.org](mailto:complaints@bcpharmacists.org), or looking them up on Facebook and posting just

how you hate them for now depriving seniors of many Optimum points every year.

**Turbulence here?**

Did you know that Kokanee Springs says they have closed our little grass airstrip? It has been used by many private pilots over many years, and is a good 2700-foot grass strip. Many student pilots flying from Nelson (CZNL) have used it for touch-and-go practise because it is a grass strip. It is listed in many guides, and has the Transport Canada Location Identifier CAR2.

The Canadian Owners and Pilots Association lists it as a "Registered Aerodrome". It appears on the latest VFR navigation chart. Of course, this closure is most likely an insurance issue. Kokanee Springs is probably saving many thousands of dollars, since fewer golfers flying in makes the insurance not worthwhile.

**Old Car Blues**

What do you do when your local mechanic refuses to work on your car? Because I happen to own a 1998 Volvo with 357,000 km on the odometer, which has no visible rust, but a moderate amount on various parts under the vehicle, I have been told that this person will not work on my car again. Obviously I should be able to have needed work done elsewhere, but the convenience of being able to deal locally is gone. While I support local merchants as much as I can, if you have an older vehicle, I suggest you look elsewhere for repairs.

**Next Deadline:**  
**Aug 24, 2016**



## AUGUST Horoscope

by Michael O'Connor

### Tip of the Month:

The new moon in Leo on August 2 hosts some exciting features which includes Mars at 0

degrees Sagittarius. Mars enters the sign of the celestial centaur archer just shy of three hours prior. This makes Mars the planet of lowest degree in the chart which thereby places it in the alpha position.

Venus meanwhile occupies the position of the planet of highest degree, or what can be understood as the omega point. With Mars and Venus both in fire signs, Sagittarius and Leo respectively, and at highest and lowest degree, we can expect that this lunar cycle and August specifically will prove to be an exciting, passionate, playful and dramatic month.

Mercury and Jupiter along with the Lunar North Node all in Virgo will lend a sobering twist to the mood, however. Mixing business with pleasure is the balance point. This may be achieved by way of a blend of knowledge, as in attending workshops, with an entertainment aspect producing what may be called 'edutainment'.

*(Read more in my Newsletter. Sign-up is free on my website + links to previous issues.)*

### Aries (Mar 21 – Apr 20)

The theme of mixing business with pleasure is strong for you now. As the month progresses, the momentum will build. Although your body wants to express, dance, play and feel; your mind wants to work, think, study and analyze, with practical achievements in mind. One without the other just might not satisfy.

### Taurus (Apr 20 – May 21)

You have arrived at a stage in your destiny when you are meant to bring extra emphasis to your creative potential. This includes creating beauty somehow. You will likely choose to express yourself in a variety of ways at this time. Focusing on becoming healthier as a state of beauty may emerge as your top priority.

### Gemini (May 21 – Jun 21)

A playful and animated mood prevails. Yet, your focus will deepen and take on a bit more of a serious tone this week. Critical analysis and making improvement close to home is likely. This could include research or at least being open to suggestions and strategies. Weave play and creativity into your practical goals.

### Cancer (Jun 21 – Jul 22)

A review of your gifts, talents, skills and resources continues. Recognizing the same in others is featured. Doing so will support a compare and contrast perspective. Do you need to refine your skills? Who can you role model or get training from? A learning curve is fast approaching. August will prove pivotal in this regard.

### Leo (Jul 22 – Aug 23)

The time has come to advance your position. Thoughts about doing so have probably been brewing for a while already. Broadening your horizons somehow feels right, perhaps necessary. This implies new modes of expression, new angles. Doing so will prove inspiring and activate your enthusiasm.

### Virgo (Aug 23 – Sep 22)

An important and powerful creative cycle is upon you. Disciplined efforts are required. Beyond the first measure of success which is to show up and engage

**6 Mainstreet August 2016**

at all, the deep end challenge is to overcome fears that may be blocking you. This is where action must replace thought and over analysis. Just do it!

### Libra (Sep 22 – Oct 22)

Your sense of individuality is shining through. Something has changed; something significant. It is not based merely on outer circumstances. Synchronicity is at work here. This marks an important turning point for you. Your public and professional status is involved. Endings are likely and so too are new beginnings.

### Scorpio (Oct 22 – Nov 21)

A spotlight is shining on your career; in fact there may be a few and each crisscrossing. This is likely to be an exciting time. Maybe even some of your dreams are coming true. Yet, you do have to pay your dues somehow. Perhaps it is time to acquire new tools, skills or strategies. Earned rewards will be granted, but you may have to ask.

### Sagittarius (Nov 21 – Dec 21)

You are on a high. As if suddenly, your vision is wider, deeper and clearer. Looking back, you have come through so much. There are likely many reasons to rejoice. Yet, there does remain some important inner work to do. This includes confronting inner fears and doubts. Acknowledge your victories and give thanks to cultivate more strength yet.

### Capricorn (Dec 21 – Jan 19)

Reaching deeply within is important now. With a good attitude and deliberate focus, you could unearth some real treasures. These may manifest as recognition of the creative skills and talents of others that you can access. Passion and intrigue are woven into this plot. There could be endings, even death, yet new beginnings and rebirth are assured.

### Aquarius (Jan 19 – Feb 19)

A playful cycle continues. Your drive and passion are at a peak and opportunities continue to roll in. Yet, this is not strictly a time for practical concerns and ambitions. These will come into focus again soon enough. This is a time for fun and frolic with friends and lovers.

### Pisces (Feb 19 – Mar 20)

Weaving work and pleasure continues. New plans and designs leading to fresh expressions are featured. While not a frivolous time, it is one during which you can enjoy a new quality of creative fulfillment. Be willing to give more than usual and weave a bit of drama into your performance to wow your audience.

Michael O' Connor is offering a two-evening workshop at Selkirk College Learning Hub in Crawford Bay on October 5 & 6 called Fast Track Astrology. Please go to [selkirk.ca](http://selkirk.ca) for more info and to register online!

Michael O'Connor  
Life Coach Astrologer  
[sunstarastronomy.com](http://sunstarastronomy.com)  
[sunstarastronomy@gmail.com](mailto:sunstarastronomy@gmail.com)  
250.352.6871  
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*Next Deadline:*

*Aug 24, 2016*

## BIRDING in Crawford Bay

submitted by Laverne Booth

Ninety-two bird species have been identified in the Crawford Bay wetlands area, according to a new publication put out by the Kootenay Lake Chamber of Commerce this summer. This brochure is available at the information centre in Crawford Bay and other locations in the area. Janice Arndt, is a birder/biologist from the West Kootenays who conducted most of the survey to identify these local species.

Selkirk College is pleased to announce that Janice Arndt will visit Crawford Bay on August 10,11 and again on September 14 and 15 to share her knowledge and experience.

Janice will offer an evening talk on August 10 at the learning place at Crawford Bay School from 6:30 to 8:30 pm and then lead a morning walk in the wetlands from 8 to 10 am in the morning. Bring your questions and enthusiasm and dress for the weather.

Please register on line at [www.selkirk.ca/ce](http://www.selkirk.ca/ce) under Recreation and Leisure or call 250.551.5728 or register at the learning hub at Crawford Bay School.



Janice is a birder and biologist who appreciates the privilege of living and working in the Kootenays. She conducts wildlife surveys for industry, government, and non-profits and also enjoys sharing nature with others. Projects this year include training volunteers to participate in Osprey monitoring on Kootenay Lake and cataloging Bank Swallow colonies in the region. In addition to birds, Janice has a growing interest in butterflies, moths, and bumblebees.



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**August 9 and Sept 6**

## \$55,000 for Youth on the East Shore!

by Ingrid Baetzel, for ESYC

Perhaps by now you've heard about the amazing financial opportunity through Columbia Basin Trust that our region is expectantly facing in the upcoming funding cycle.

Earlier this year, CBT announced \$4.65 million (\$1.55 million annually) over three years for the development and support of a Basin Youth Network for youth aged 12 to 18. Community Youth Networks are eligible for up to \$55,000 per year for up to three years for the hiring of a local youth coordinator and the funding of local activities and events for youth.

**As it turns out, the East Shore has done such a good job with creating opportunities for local youth over the past four years with the Community Directed Youth Funds, that CBT is glad to help support the East Shore Youth Council with continued funding for the next three years.**

The Youth Networks, supported through a CBT regional coordinator, will engage youth directly in order to increase activities and provide diverse opportunities based on local youth's priorities.

The current funding cycle (the final of four years of funding - \$25,000/year) is finishing up in October of this year, and it is now time to consider our options as to how we might allocate up to \$55,000/year.

**We would like to invite the community (parents, youth, businesses, school staff, everyone!) to an open meeting on August 11 at the Crawford Bay Hall at 7pm. We need your input!**

- Do you have good ideas about how to spend some of this money?
- Have you imagined some programming that you think would be beneficial to local youth?
- What about infrastructure or job creation?
- Do you see yourself offering something?
- Do you just have an idea and want to submit it for consideration?

We have to create something of a template of activities/programs with approximate costs in order to receive the funding, so we need the communities help! We have opportunities and endless options. We can pay local teachers/mentors/coordinators to host workshops or events on a sliding scale of \$20-\$30/hour.

We hope to create some important community partnerships and invest in creating valuable volunteer/community service programming for youth, where they reap benefits from helping others within the community.

We are also looking for a new youth coordinator for the program. Steve Sayer has announced that he will be moving on to other things and will be resigning the youth coordinator position. The job is posted in this issue and more information can be obtained through Carol Vanr at 250.505.3760. This job may be a single position or may be shared with an ESYC administrator and be more of a projects and events dedicated person/position, depending on the applicant. The ESYC would like to warmly thanks Steve Sayer for his past year with the group and wish him all the best in his next adventures.

Please join us on August 11 at 7pm at the Crawford Bay Hall for this important feedback/input session regarding youth opportunities on the East Shore. All are welcome!

**Next Deadline:  
Aug 24, 2016**

## Call Out to Video Creators

by Ben Johnson

The Riondel Cable Society is looking for local content to play on its television channel. Now this channel is only available to subscribers of Riondel Cable's cable TV packages, but I would like to take this idea further and create an online channel for our local videos, as well as encourage anyone who is interested in creating or learning how to create videos to contact me.

I'm among several local people who have some experience producing videos using digital tools, and I would like to encourage the filmmakers, journalists and documentarians of the East Shore to share your creations and your skills with others. If there is enough interest, we could start a club. These days we don't need very expensive equipment to get creative with video; you can pretty much do it all with an iPhone, iPad, digital camera or computer.

Here are some examples of types of videos which would be great to have on our channel:

- short films
- historical documentaries
- how-to / instructional videos
- current events/video journalism (could be integrated with *Mainstreet* website)
- music videos
- funny pet clips

There are a lot of possibilities. If you are interested in contributing your creations, being part of a group of creators or learning more about video, please contact Ben Johnson by email: [doghousestudio74@gmail.com](mailto:doghousestudio74@gmail.com)



## Help Us Spend \$55,000!

**The East Shore Youth Council is having an OPEN MEETING on August 11 at 7pm at the Crawford Bay Hall to take feedback and input on program/event/workshop ideas for youth in 2016/2017. CBT's Basin Youth Network fund will be allotting up to \$55,000 for youth programming on the East Shore in later '16 and we would like to hear from you!**

**Do you have an idea for an event or a course you'd like to see happen?**

**Do you want to teach something to area youth (aged 12-19)?**

**Please come with your ideas and some cost projections and help us budget our upcoming year.**

**This is a fantastic opportunity to create meaningful, lasting and valuable opportunities for local youth, and there could be some good little jobs to come out of it!**

**Contact Carol Vanr at 250.505.3760 for information.**



## Kaslo infoNet Society and the Ghosts in your Machines

by Dan Seguin for ESIS Board

Summer is here and we've been busy with network upgrades and general maintenance.

Most recently, a group of ESIS board, staff, and Kaslo infoNet Society (KiN) board members went up to the radio tower we use on Pilot Bay peninsula. The Kootenay Co-op Radio owned tower is critical to both ESIS and KiN operations and supports internet service to subscribers on Riondel Road, Ainsworth and all of Kaslo. During last summer's big windstorm, it is suspected that the tower suffered damage losing a few critical bolts! ESIS knew of the issue and with the help of our awesome ESIS staff and volunteers, bolts have now been replaced and the tower secured.

The ESIS and KiN Boards also took the opportunity to discuss where we can collaborate in delivering the best possible Internet service to residents surrounding Kootenay Lake. The Connect Canadians Project is a huge opportunity and by partnering and collaborating, we have the opportunity to share knowledge, resources, and potentially minimize equipment purchase costs. It was a great conversation that will continue into the future.

### Ghosts in your Machines

Since the implementation of our new data tracking system late last year, we have been watching network traffic and overall data usage. Thanks to the many tests we've put the tracking system through, we have confidence that it is very accurate in its measurements.

What we are learning is that people are still hitting overages without knowing why.

Our technicians have gone out to some subscriber homes to investigate overage issues and report that some subscribers don't know that their computers, smartphones, gaming machines, etc are set to download updates automatically (operating system updates, software updates, game updates, etc). Technicians also noticed many subscribers use services like Dropbox, Google Drive, and iCloud. These are great, but all require files to synch to a server, which can mean hundreds of megabytes of data transfer. That combination creates data usage without your immediate action or consent, hence phantom data or ghosts in your machines.

A couple of recommendations: 1) be aware of what is synching to services like Dropbox, Google Drive, and iCloud and be selective of which files you put into the cloud. Larger files like videos might be better only living on your computer. 2) Change your update settings for software, operating system and gaming console updates to be "manual" rather than "automatic". This way you will know when an update is taking place and you can choose to do it or not based on your monthly usage.

We are reviewing current subscriber packages to see how we can adapt them to better align with increasing data demands. Our hope is to have something to present in the coming months. And as always if you have any questions, concerns or comments, please don't hesitate to get in touch. Happy heat, sun and soak!

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## July 1<sup>st</sup> Celebration Successful Again

by Tom Lymbery

This is a true community event – so many put out great effort to make this enjoyable for everyone. This is THE event when whatever help you ask for is always cheerfully given.

Our dedicated Kootenay Lake Lions Club put in long hours in the lovely smell of cooking burgers and those World's Best Fries – they arrange for all the food as well as the set up. The ladies at the ticket booth and behind the counter make it all run smoothly.

New this year was Geoffroy Tremblay to welcome everyone, in French and thanked the Government of Canada for their contribution, as well as to thank those who contributed their time. The kid's games went off well with help from Kerry Reilly and her helpers. We apologise if the daytime fireworks surprised a few dogs.

The Many Bays fourteen piece Band under the direction of Donnie Clark really makes the show, making good use of the William Fraser Pavilion. From the singing of O Canada to all the carefully chosen oldies and goodies, they are terrific.

The Turner Tradition carries on. Ron Turner loved handling preliminary fireworks at the beach and his family carries on. These are set in the sand so many have to be in plastic bags to keep them dry. As the final event of the evening they hand out sparkers to the kids who run around the beach with them – if you have never seen this part of the show look forward to it next year.

The set up for the big fireworks takes some shovel work for our Riondel Fire Department under chief Corey Medhurst as those six inch rockets that go up 600 feet have to have their tubes well buried to make sure they are pointed in the right direction. Thanks so much to the Firefighters.

We wish we could print everyone's name who worked to make a great day – as well as being sunny and mosquito free, but thank you all so much.

## Community Trails Day!

Saturday August 20, 2016

by Farley Cursons, ESTBA Projects Director

*"Before you criticize someone, you should walk a mile in their shoes. That way, when you criticize them, you are a mile away from them and you have their shoes."*

-Jack Handey, *Deep Thoughts/SNL*

As the early summer storms finally surrender to the August heat it seems to me that time is passing rather quickly. The East Shore Trail and Bike Association (ESTBA) has been keeping up the pace of our 2015 projects by updating our Peninsula Trail Map, erecting a Trail Head Kiosk at the Peter's Rd entrance to the Wetlands and ESTBA volunteers have done some clearing on the Lockhart Creek Trail.

We also are working closely with the Riondel Age Friendly Community Society to develop a sustainable public trail system within select green spaces of Riondel. Creating green spaces for seniors and mobility challenged users requires trails to be close to the community and easily accessible. ESTBA will build, sign and map the trail system in 2017.

With Crawford Bay and Gray Creek already seeing increased visitors interested in the trails and renewed local interest in hiking and mountain biking, we'd like to ensure that the community of Riondel shares in the social and economic benefits of an accessible trail network.

Work on the 'Off Highway' route for the Trans Canada Trail between Crawford Bay and Gray Creek has been ongoing since early June and the first of three segments is pretty much connected. The most challenging hill has been passed and we find ourselves inspired by every boulder we move. Thanks to the Ktunaxa Nation Council, Fortis BC and a 'controlled access' permit from the Ministry of Highways the south end of the trail will come out at HWY 3A, just north of Starbelly Beach. The controlled access will accommodate parking and in itself will offer a viewpoint trail to the historic Columbia Point Lookout.

Following this summer's Regional Trails Conference hosted by the CBT in Fernie, ESTBA has identified a number of viable trail projects for the future. As we have learned with the Trans Canada Trail, applications, permits and planning takes up to a year before the shovels hit the ground.

ESTBA has been active developing trail inventories for existing routes as well as trails we'd like to develop. In order to remain as transparent as possible we have identified the need for a set of standards consistent with neighboring trail groups in our region. Through funding from CBT's Community Initiatives Program, ESTBA has drafted an 'East Shore Recreation Trails Master Plan'.

Master planning is a very important element of trail development. Trail planning – as with the planning of all activities – must be done within the context of a broad scale plan. Other existing or potential uses must be considered when developing the plan. By using this approach, conflicts between uses will be avoided and the best overall use will be made of resources. Each trail should fit with and contribute to the overall context of the trail network as well as broader communities planning goals.

Another important consideration at the master planning stage is how much trail development will occur, e.g. how many all access trails, interpretive trails, new trails, signs, etc. Often, the basic controlling factors are the availability of both trail and financial resources. In the case of the Kootenay Lake East Shore, existing trail resources are plentiful and the financial resources will be a limiting factor. Beyond the limiting factors it is also important to assess the levels of present and future demand.

The purpose of this plan is to define a strategy for providing a community wide trail network which links neighborhoods, parks, schools, commercial areas, adjacent communities and open spaces. The plan is intended to provide comprehensive guidance for achieving this goal by identifying existing and desired trail routes, trail construction standards, trail signage guidelines, proposed phasing with cost estimates and an implementation plan.

The goals for the Kootenay Lake's East Shore Trails Master Plan will be:

- To promote community support for a trail network.
- To provide a trail network, that is both a recreational and alternative transportation amenity.
- To create a trail network with a high degree of connectivity while recognizing the uniqueness of trail areas within the overall network such as the Crawford Bay Peninsula, Pilot Bay Provincial Park, Kokanee Springs Golf Resort, Crawford Bay Wetland and new Trans Canada Trail off HWY route.
- To educate trail users about ways to reduce user conflicts and environmental impacts.
- To develop a framework for trail upgrades, construction and maintenance.
- To develop trail construction standards.
- To encourage community partnerships for building trails.
- To identify potential trail connections to neighboring communities
- To ensure public safety.
- To reduce liability by developing a framework for maintenance and risk management.

ESTBA is grateful for everyone's support in our effort identify and promote the many trail networks in our area. Our community has placed a great deal of trust in our ability to manage this valuable local resource

To show our gratitude we'd like to invite new and existing ESTBA members to our second annual Community Trails Day. Saturday, August 20 will see a fun packed day celebrating trails on the East Shore. Come out to the Crawford Bay Community Corner (C Bay Park) at 9:30am for the free shuttles up to the Height of Land Trail System (experienced riders only), a more accessible and less gnarly Kokanee Springs Loops and Bridges group ride, or go for a guided nature walk in the Crawford Bay Wetland. We'll have the Kids Bike Race and Obstacle Course, BBQ as well as an information session about current trail projects.

For more info email: [eastshoretrailandbike@gmail.com](mailto:eastshoretrailandbike@gmail.com) or visit [www.estba.ca](http://www.estba.ca).

Thanks for the continued support from the RDCK's EDC and Rec 9 Commission, Columbia Basin Trust, Guiding Hands Recreation Society, South Kootenay Lake Community Services Society, Studio Ponnuki and Sites & Trails BC

See you on the trails!



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# E.S.U. Wins Big in Slocan

by John Edwards

Our East Shore United soccer team came up big at the annual Slocan City Tournament and brought the coveted Slocan Cup back to the East Shore for another year. After losing to Nelson at last year's Slocan event in the final shoot-out, we were determined to not finish second again. We even drafted some extra players from both Kaslo and Nelson, (neither town being able to field a team for the tournament) to play for us, as we knew we were in for some hard competition.

Slocan is the tourney that's the most fun for us all, as the town goes all out to put on a pig roast, a dance at the Legion, a skate jam at the skate park, plus the two-day tournament.

This year there were just four teams entered – Slocan, Rossland, Creston, and E.S.U., but all the teams were quite evenly matched and most games were close.

We started out Saturday against Rossland, slammed in three quick goals and thought the win was pretty much clinched, but we got over-confident and Rossland fought back relentlessly, finally tying it up at 3-3 just before the game ended. Disheartening, but better than a loss and Rossland does have a strong team.

Our next game was back-to-back with our first one and pitted us against Creston, coached this year by former E.S.U. coach, **Nick Hodgkinson**, who moved down there this winter. Naturally we wanted to beat them for our pride's sake, but they've got a fast, young, skilled team and it was a tough match-up. Our long-time player, **Scully Cullinane**, stepped up and took over the coaching role for us, amidst some skepticism that he was qualified for the job – but skepticism never bothered Scully, and he grabbed the clipboard and started ordering players around with cool authority.

We got on the scoreboard first when we were given a free kick from Creston's twenty-five-yard line. They walled it up and **Donny Lott** came forward for us and placed an absolutely perfect shot into the far left corner that their keeper couldn't get to. That's what we pay him the big bucks for. Yahoo! We had the lead. We held that lead for most of the game, but one tiny defensive error in the 2nd half saw the ball bounce through to their striker in the clear and he put it home flawlessly. 1-1.

So Saturday's schedule closed with two ties for E.S.U., but we were still in the running. We knew we had to beat Slocan in our Sunday morning match-up to have a chance to make the final.

The pig roast down at the Legion Hall is classic. A huge table laden with dozens of pot-luck dishes with a huge roasted pig at the head, with a dedicated cutter to serve you the portion you desire. On stage was a country-western band featuring a big cowboy on a plugged-in acoustic guitar and, man, he could play that thing! Throw in a great lady vocalist, bass and drums and it was one bunch of fine listenin'. The food was great, as was conversation at the big table, and some really talented dancing couples, jiving and two-stepping. Then down to the skate-park for a totally different sound – a DJ from Nelson blasting out into the night as crazed skaters blasted around the concrete bowl as fast as they could go. One guy came out totally naked and whipped around, brazenly defying the coarse concrete beneath his wheels as the big crowd yelled him on! Just like the East Shore, there are no cops in Slocan so parties don't just stay hidden away.

Then, a long, long wait to play again. Creston had still to play Rossland, and with the complicated points system that tourney organizer **George Perrier** had come up with, it turned out that if they tied with more than one goal apiece, we wouldn't make the final, but if either team won we'd play them in the final.

Sunday morning dawned a brighter day weather-wise than the day before, and most of our team looked surprisingly healthy after a hard night of partying at the skate jam and the campsite.

We kicked off against Slocan with confidence but it was their home turf and they fought hard. **Hollywood Tim Deighton** put us up 1-0 with a solid strike that their keeper couldn't reach. We were attacking relentlessly and getting lots of chances as the ball stayed in the Slocan end for most of the first half, but wouldn't go in their net for us. Frustrating! Then – worse – they got a free kick from our 25-yard line that squirted through the middle of our defense and a Slocan forward managed to get a foot on it up close to slide it by **Jason Allard** and into our goal. 1-1 and shades of Saturday's two ties loomed in our heads as we continued to pressure their net to no avail, as time dwindled down. Their keeper was doing a great job – but then he goofed. He caught a ball and went to punt it up field but lost track of where he was and stepped out of his box – the area where he's allowed to handle the ball – and the ref caught it. Tweet! Free kick for us from their 20-yard line. As we were getting ready for the shot, the ref announced that time was up and the shot would be the last play of the game! Talk about pressure.

**Steve Willet**, one of our Kaslo players, stepped up to take the vital attempt as he's a renowned sniper.

It was almost a carbon copy of our match the day before. We got on the board first with a brilliant strike from **Jesse Davidson** – a left-footer from about twenty yards that slotted perfectly into the far back corner of their net. Our defense was playing really strong – **Dave Ring, Robbie Roots, Billy Morgan, Wayne, Noah, and Dan Rude** were keeping their forwards from any good chances in our end, which took some serious running, as Creston has some lightning-fast forwards. It's often defense that makes or breaks our chances of winning a game and we're damn lucky to have **Billy Morgan** at centre D, as he generally knows where the ball is going even before the attacking player that has it knows, and he's brutal to try and get around. But Creston's defense was doing a good job too, and we weren't getting any quality chances. Finally, just like the day before, a ball bounced through our defensive line and a Creston player got a good chance and thumped it home. 1-1 tie.

We battled on evenly, no holds barred. A couple of us took point-blank balls in the face, knocking us down hard, but we had lots of eager subs. Finally the twin whistle blast announced the end of regulation time. A consultation with both teams and the ref decided that we'd go straight to shoot-out to decide the winner. Creston Coach Nick Hodgkinson didn't like that idea, 'cause he knows that E.S.U practices shoot-outs every week after our Sunday games and we have a lot of strong shooters. We all trooped down to the south goal and each team decided on their five initial shooters.

Creston shot first and scored, no chance for E.S.U. keeper **Dano Cheverie**. Simon stepped up for us and hit a mediocre-speed shot to the right and the Creston keeper leapt on it like a cat. 1-0 Creston. The second Creston shooter also drove it home with authority. 2-0 Creston and looking bad for E.S.U.. **Steve** stepped up for us and calmly nailed the right side. 2-1 Creston. The third Creston shooter wound up and missed the net to the right. **Lewis Loeschnik** made no mistake for E.S.U. and drove his shot in effortlessly. 2-2! Creston's fourth shooter ripped one for the right side and Dano dove over and got a hand on it – another of his amazing saves! We roared in excitement but, "what's this?!" the ref was calling their shooter back. He claimed that Dano left his spot on the line early and awarded Creston another try. He lined it up again and fired – and missed the net! **Jesse Davidson** stepped up for E.S.U., one of our strongest penalty shooters, and made no mistake powering it past their keeper. 3-2 .ES.U.! Down to the last two shooters. Creston went first and scored with a good hard, high shot. 3-3 tie.

Our last shooter was **Jake Kelly**, also one of our strongest shots. If he missed we'd be tied and have to start going through the rest of both teams until one of us scored and the other missed - sudden death. We didn't want to go there and we had faith that Jake would carry us through. The pressure was all on his shoulders as he lined up the ball and sized up the goal. Boom! Straight into the left side!

We went nuts and mobbed our shooters, roaring at the top of our lungs! Creston's heads hung – none lower than Coach Nick's, but they lined up and shook our hands graciously and we cavorted off the pitch with the Slocan Soccer Trophy – winners once again!

A great comeback after losing to Creston in their home Blossom Festival Tournament in May.

Now it's on to our own **King O' the Balls Tourney on the August 20/21 weekend. Mark your calendars for some great soccer right here in Crawford Bay Park!**



Back L-R: **Dave Ring, Aaron Savoie, Vince Elias, Jacob, Noah, Robby Roots, Jason Allard, Jake Kelly, Jesse Davidson, Wayne, Tim Deighton, Simon, Donny Lott, Francis Holman, Gabe, Donovan Hough.**

Middle: **July & Aaron Whitley, Coach Scully, Lewis Loeschnik, Johnny Edwards Johnny Colbeck, Steve Willet, Dan Rude, Reuben Lorenzo, Alissa.**

Front: **Billy Morgan, Dano Cheverie with the trophy, Johnny C.'s dog.**

Then, a long, long wait to play again. Creston had still to play Rossland, and with the complicated points system that tourney organizer **George Perrier** had come up with, it turned out that if they tied with more than one goal apiece, we wouldn't make the final, but if either team won we'd play them in the final.

After a two-hour break, ostensibly to watch a game of the European Cup on TV down at the Legion, which none of us particularly cared about, they finally got the match underway. Hard-fought, but Creston prevailed in the end by 3-1. It would be Creston vs. East Shore in the Final.

By then we'd been sitting around for three and a half hours after playing our first game in the morning – a great recipe for stiff muscles, too many beers and general lethargy, but we pumped up the adrenaline to take on Nick's new team in the game that counted most.

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**Help Us Spend \$55,000!**

The East Shore Youth Council is having an OPEN MEETING on August 11 at 7pm at the Crawford Bay Hall to take feedback and input on program/event/workshop ideas for youth in 2016/2017. CBT's Basin Youth Network fund will be allotting up to \$55,000 for youth programming on the East Shore in later '16 and we would like to hear from you!

Do you have an idea for an event or a course you'd like to see happen?

Do you want to teach something to area youth (aged 12-19)?

Please come with your ideas and some cost projections and help us budget our upcoming year.

This is a fantastic opportunity to create meaningful, lasting and valuable opportunities for local youth, and there could be some good little jobs to come out of it!

**Contact Carol Vanr at 250.505.3760 for information.**

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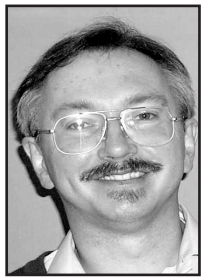
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## Seldom Scene by Gerald Panio



"This place is all superlatives." —Emily Carr  
 "What do these forests make you feel? What is that vital thing the woods possess that you want? Oh, you old fool! Do not try to force these great forests—woo them!" —Emily Carr

I owe this month's column, and a couple of future ones, to a recent visit to Vancouver. High on my "to do" list were visits to a couple of stores selling Bollywood and Nollywood DVDs. Main St Video has changed its location a couple of times, but always seems to turn up somewhere around the 3700 block of Main. It's wall-to-wall Indian movies and music. This time I went in with a long list. The proprietor was kind (and patient!) enough to spend an hour and a half tracking most of them down (time that included phone calls to a partner at home with access to a computer). The search took that long because all of his films are categorized by *actors*, not *titles*. Who knew? Don't be surprised if a Hindi sci-fi musical drama finds its way into Seldom Scene sometime soon.

Conie's African Market is a few blocks off Kingsway and Edmonds in Burnaby. This neighborhood is identified as one of the most ethnically diverse in the city. As it turns out, Conie's no longer sells DVDs. My visit was looking to be a bust, until the only other client in the store joined in the conversation. It turned out that he was a Nigerian musician with the local Kara Kata Afrobeat Group, and no slouch when it came to Nigerian and Ghanaian cinema. He explained that there's not much point in trying to sell DVDs when so many classic and current African films are available through YouTube and specialized streaming services like IrokoTV. "Just google 'Nigerian films,'" was the best advice he could give me. That, and a list of older directors from a time when Nigerian cinema was first coming into its own (Baba Sala, Hubert Ogunde, Duro Ladipo), and the titles of some classic films (*Arelu*, *Jaiyesimi*, *Aiye*). A whole new world to explore....

My Vancouver agenda also included a trip to the Vancouver Art Gallery, and that's where I found this month's featured film. It's Michael Ostroff's superb documentary *Winds of Heaven* (2010) exploring the life and art of Emily Carr. Time spent with the Gallery's Carr collection has been a *sine qua non* of my Vancouver visits for as long as I can remember. The generosity, originality, and sweep of her work has been the closest thing I've found in painting to those same qualities as I've loved in the poetry of Walt Whitman. One of my happiest discoveries in Michael Ostroff's film was that Whitman's *Leaves of Grass* was the one book Carr would return to again and again throughout most of her life.

Ostroff himself makes a film critic's life much easier by including a 35-minute "making of" bonus feature on the DVD. I'll try not to crib too much of his commentary, but three points he makes deserve attention. The first is that although the visuals of the film necessarily include hundreds of static frames of paintings and archival materials and reconstructed sets such as Carr's studio and her caravan, Ostroff's goal was to make the documentary have the illusion of *flow*. He succeeded. It doesn't hurt that Carr was as fine a

writer as she was an artist (her own words forming the narrative of most of the film), but Ostroff and his editor, Tai Zimmer, have made the final product a journey rather than a lecture.

The second thing the commentary makes clear is the work that's involved in a project such as this. Two years of research before filming even began. A 50-book reading list (available at <https://carrdoc.wordpress.com/>). Sixteen weeks of editing. Three and a half years to go from concept to finished product. This is craftsmanship at its finest. Emily Carr deserves no less.

A third topic Ostroff addressed was his desire to avoid one of the great banes of documentary film—talking heads. There are no talking heads in *Winds of Heaven*. Another reason the picture flows. And really, when you have Carr's own images and words, do you really want to spend screen time with academics in armchairs? Here, for example, is Carr's description of Victoria in the early days: "Victoria was like a lying down cow chewing. She made one enormous effort of upheaval; she hoisted herself from a Hudson's Bay fort into a little town, and there she paused chewing the cud of imported fodder, afraid to crop the pastures of the new world for fear she might lose the good flavor of the Old to which she was so deeply loyal." Late in her life, she would refuse the offer of a biographer point-blank because "nobody can write my hodge-podge life but me."

I love the way *Winds of Heaven* chronicles the evolution of Emily Carr's work. From the traditional still-lives and sketches, to her extensive recording of First Nations villages and totems, to her breakdown in London and her success in Paris, to the 15 years when she painted nothing because her work was the object only of scorn and dismissal, to the revelation of seeing the work of the Group of Seven, to the full flowering of her genius in the forest paintings that are as awe-inspiring as the great cathedrals they call to mind, and finally to the stories she began writing in her mid-60s and which earned her a Governor-General's award at the age of 70.

We are also given a sense of the grinding poverty that made painting an impossibility for over a decade. For years one of the world's greatest

artists was a harried landlord at the beck and call of fractious tenants, her only comfort her small menagerie of animals.

It's fitting that a significant focus of *Winds of Heaven* should be on Carr's relationship with the First Nations peoples of coastal B.C. This was a theme that wove its way through all of her creative work, and that attracted the attention of the National Gallery of Canada. *Winds* points out the galling irony of the National Gallery vaunting indigenous art at the same time Duncan Campbell Scott in the Ministry of Indian Affairs was trying to erase First Nations identities through the banning of potlatches and the assimilationist atrocities of residential schools. I believe that Emily Carr, even if she did accept the prevailing myth that First Nations were a "vanishing" people, was light years beyond most of her contemporaries because the spirit she recognized inhabiting the forests was as that honored in northwest coast art and culture.

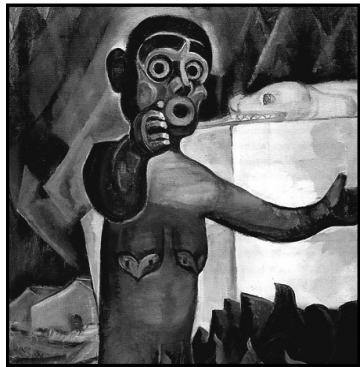
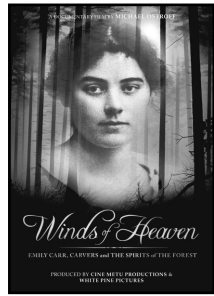
Is it any wonder that one of Carr's earliest, closest connections was with D'Sonoqua, the Kwakwaka'wakw "wild woman of the woods" whose supernatural presence haunted coastal villages. Even more to Carr's credit, after all of the effort she had put into recording northwest coast culture, one of her main motivations for travelling to Paris was to find new ways of visioning: "Indian art had broadened my

seeing and loosened the formal tightness I had learned in England. I had been schooled to see outsides only, not struggle to perce. But who could help me comprehend the great woods and spaces? What about this new art Paris talked of? It claimed bigger and broader seeing...."

Another revelation was still to come. In 1927, travelling to eastern Canada for the first time, the 56-year-old artist discovered that she wasn't alone in her struggle: "Oh God, what have I seen! Something has spoken to the very soul of me. Wonderful! Mighty! Not of this world. Oh, these men! This Group of Seven! What have they created?.... They had to struggle and buffet and battle, but they stood together. If I could pray, if I could find a God to pray to, I would pray 'God bless the Group of Seven!'" Three days after her return to Victoria she was painting again, never to look back. One wonders what Lawren Harris and the others might have thought had they seen her years later in her make-shift caravan, in the forest 10 minutes from downtown Victoria, companioned by "4 dogs, a monkey, and rat," not yielding an inch of artistic ground.

One mystery *Winds* leaves largely unsolved is that of Emily Carr's lost loves. As revolutionary as she was in her art, her upbringing did not allow her quite the same freedom in her life. Or was it that her pride in her work would not allow anything (or anyone) into her life that would compromise her art? She wrote, "Poetry was pure joy; love more than half pain. I gave my love where it was not wanted. Almost simultaneously an immense love was offered to me that I could neither accept nor return. Between hurting and being hurt, life went crooked." We never learn the full story behind those enigmatic lines.

The best thing that Emily Carr's sister could say about her art was that she liked the frames. Fortunately, the judgment of history has been more generous. Lawren Harris wrote to Emily, "I hope all your sails are up and full with the winds of heaven. There is only one way—keep on! You have a feeling for the West Coast beyond anyone." Michael Ostroff's three and half years were well spent. His documentary is another warm wind in her sails.



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**New Business Introduction:****Norse Arts***Petra Borhaven & daughter Bronwyn in the gallery*

Olaf and Petra Borhaven opened a new business on the artisan strip in Crawford Bay called Norse Arts in April of this year. It is in the Forge and Furnace Gallery, next to Moonrakings Clay Art at 10695 Highway 3A Crawford Bay, BC

Olaf and Petra decided that they wanted to move out of the city for their children and raise them in an area that was more suitable for them.

Norse Arts is a freelance mixed media art studio which specializes in traditional Scandinavian art and design by adapting various styles into modern content. They are also influenced by other cultural designs in their creations which includes the medium of wood, stained glass, steel, paint and digital formats. They have been doing commissioned pieces for clients for over ten years.

When asked about their plans for the future of the business, Olaf and Petra responded that they would like to be able to produce pieces locally and expand into larger municipal markets and eventually international markets while teaching the traditional aspects of the craft to their children.

You can check them out on Facebook and Twitter.

Current hours: 9:30-5:30 everyday

Contact: Olaf Borhaven - [norsearts@gmail.com](mailto:norsearts@gmail.com)

Forge retail number: 1.250.227.9467

**Circle of Friends****by Muriel Crowe**

Wallace Adkins Day reminds us that art is a joyful activity to be enjoyed by all. This year was no exception when twenty children accompanied by parents and grandparents painted rocks, fish, original pictures as well as working on a picket fence. The fence was the brain child of Bonnie Anderson who also prepared the pickets for us. Melody Arnold and Laura Alguire charmed all with their wee creatures and objects that continue the theme of last year's panels. Our heartfelt thanks go to Bonnie, Laura and Melody, to Shirley Wyngaard for her artistic support and also to the parents and grandparents who participated wholeheartedly. Expenses for the event were partially covered by a Rec 9 grant, thank you Rec 9.

Our next event will be the chair painting on July 30 at Riondel Daze. Thanks to the Riondel Commission of Management for selling us chairs at a reasonable price. Paint and decorating material will be provided but you can also bring your own.

August 13 and 14 brings the Columbia Basin Trust Cultural tour. We are a part of that tour and are very pleased to announce that Shauna and Eric will share their musical talents with us on August 13 as our Music in the Meadow is that same day. The rest of August is busy with events. August 6 we are very happy to welcome Darryl Alguire and friends for a musical interlude. Other days we will feature artisans sharing some of their skills. Look for Fran O'Rourke doing Swedish weaving on Tuesday mornings. Muriel Crowe weaving on small looms on August 20, Bill Nicholson doing rock work on Aug 22 followed by Brenda Panio demonstrating card making. Bringing August to a close is Laura Leader, artist on location, who is offering assistance to artists with questions. Good response to these activities could bring more of the same for next season. Thank you for your support this season and please note – it isn't ended yet.

**Tom's Corner****by Tom Lymbery****The Moyie at Work**

There are four houses in Gray Creek for which the Sternwheeler *Moyie* delivered all the building materials, cement, lumber, nails and shingles directly to the beach close to the house site. This most efficient steamer would tenderly nose her bow to the shore, and with the paddlewheel turning very slowly the material would be piled on the beach. Since the boat didn't have a derrick the deckhands probably cursed as they had to carry many 100 lb sacks of cement down a steep plank from the bow.

The first of these houses was Sir John Eardley-Wilmot's in 1911-12. Since the site was nearly 200 feet above the lake with too steep a trail for a horse to navigate, a winch and cable was rigged to bring up the material. This appears to have been hand cranked so must have taken a great deal of effort to raise all the heavy material for a most substantial two story building with basement.

The *Moyie* also brought the supervisor and carpenters as well as a cook because all had to stay on site while the project was underway. The lake was the highway (no road to Crawford Bay as yet) so perhaps they could row to Arthur Houghton's Crawford Bay Store if they needed tobacco. T H Waters and Company of Nelson had the contract so supplied the workers, even a cook, and all material, besides chartering the *Moyie* to deliver. Presumably they set up a cook shack and the workers lived in tents. My dad's partner, Harry Goodall was an architect so was in charge of overseeing the project.

There were many bricks to bring up on the tramway as the house has a living room fireplace as well as one in each of the upstairs bedrooms. This very substantial home at 15360 Wilmot Road now belongs to Doug and Gwen Reilly.

The next home construction was 1914 when Edgar Smith bought the acreage that is now East Shore Properties. He had three sons so this was a family project, with Smith himself a qualified carpenter, so a contractor wasn't needed. Again the *Moyie* arrived with cement and lumber – this time able to use a sandy beach for her bow. And since this was reasonably accessible, a horse and stoneboat could move the cement and material. Having in later years served as office for a resort, dining room and cocktail lounge this is now the home of Andrew Pirie at 14531 Bacon Road. For many years this had the 1917 date of the building completion.

When Len Clark married Catherine Smith (Edgar's daughter) he built a new home at 14439 Highway 3A. He also had a beach for the *Moyie's* deliveries that could be serviced by a horse and stone boat and I think employed Max Benthien, Tom Oliver and others for construction. As one of the few homes on the lakeside that is higher than the highway, Len had do considerable blasting in solid rock to build the basement. This is now Sacred Journey Gallery and Spa.

When Tom Peters and his daughters Topsy and Toby purchased the Sam Birkbeck property in 1930,



it was at least 150 feet above the lake so T H Waters again set up his cable and pulley system. Very likely he had used this for other lakefront construction with the gallant *Moyie* being the delivery system bringing all the material from Nelson. Perhaps the initial trip brought the majority of supplies and equipment, with additional material dropped off on the *Moyie's* regular schedule to Gray Creek.

*SS Moyie at Kaslo BC**Two men hard at work bringing up building materials (boxes of bricks?) for the Eardley-Wilmot home in 1911.*

I remember talking to a lady who lived on Ainsworth Avenue in Riondel whose mother had been the cook at both the Eardley-Wilmot and Peter's construction projects. Now I wish I had asked for more detail – did they set up a cook shack that was also the cook's accommodation? And was she the only lady on the crew?

Peters built a very substantial home, with basement and even a third floor. Lou Cote finally completed the third floor and last year sold it to Ted Fedaz – 14496 Hwy 3A.

It is interesting to note that all four of these homes are standing true, well maintained and with permanent owners. Could these homes have been built without the *Moyie's* essential service? All were built before the *Nasookin* started daily ferry service from Fraser's landing to Gray

Creek. Only the Wilmot home was constructed before Gray Creek Store opened in 1913 so that food was available and hardware could be ordered.

**JOB POSTING  
YOUTH PROGRAM COORDINATOR  
AND FACILITATOR**

The East Shore Youth Council (in partnership with Community Connections) is seeking a Program Coordinator (or Co-Coordinator) to be responsible for the development, implementation, evaluation and supervision of recreational, cultural and social programming, as well as front line facilitation for youth.

**The Duties:**

- Develop, promote, implement and evaluate recreational, cultural and social programs and special events for youth aged 12-19.
- Administrative/operational duties, fundraising & risk management, supervision of staff & volunteers
- Design/implement events in collaboration w/ youth
- Work with council on furthering their goals and attend council meetings.

**The Candidate:**

- Characteristics: flexible, fun, responsible, good listener & communicator, respectful, strong leader, able to collaborate, self-directed, team player
- Required: Level 1 First Aid, BC Driver's License, Criminal Record Check, Technology and Social Net working skills.
- Experience w/ Youth & Program Development assets

**The Position:**

- September 2016 - Oct 2017 (possible extension if funding continues)
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Please submit a cover letter and resume by mail to East Shore Youth Council, Box 275, Crawford Bay, BC V0B1E0 or in .doc or .pdf format to [carolynvanr@yahoo.ca](mailto:carolynvanr@yahoo.ca)

Application deadline is Friday, September 2 with interviews scheduled for September 6. Questions may be directed to Carol at 250-505-3760.

## Book Review

by Tom Lymbery

**THE KLONDIKE GOLD RUSH STEAMERS**—a History of Yukon River Steam Navigation by Robert D. Turner, publisher Sono Nis, 352 pages, \$49.95

This is another most impressive book from Robert Turner who has written books on Kootenay Lake sternwheelers as well as ocean liners. It is interesting to note that his publisher, Sono Nis is based in Winlaw, BC. I have read every book I can find about the scores of sternwheelers that were designed for service on the Yukon River and its tributaries but this is the first volume that gives details about where they were built and the tough trips some had to sail to reach the Yukon River. Some even came from San Francisco, and some didn't even try. As the third largest river in North America the Yukon is nearly 2000 miles long and provided the highway for the sternwheelers to the Klondike at Dawson City. In 1990 Sharon and I had a three-day trip upriver from Carmacks to Whitehorse on the Anna Maria—a tour boat that would have been successful with a paddle wheel but instead used outboard legs that were too hard on the propellers.

Having read of the many Moran boats built in Seattle—now you can see photos of the assembly line showing all 12 of these nearing completion. They then sailed in convoy up the inside passage and through much turbulent open seas to reach St Michael before tackling upstream on the Yukon. Flat bottomed boats are not designed for the ocean and rough seas quickly broke hog chains and steam pipes. Amazingly only one of these was lost on the ocean portion but the crew were saved. (Hog chains are heavy steel cables going from bow to stern, stressed over high midship posts to prevent the hull from *hogging*, or *sagging*). However Turner doesn't tell us the reason that all 12 were built with the funnel in front of the pilothouse. Since the wheelhouse windows were usually open perhaps the builders thought the pilots would be using the side windows instead of peering around the funnel in front.

Other sternwheelers were shipped north in sections to be assembled at St. Michael, near the river mouth, while some were loaded as deck cargo. Many smaller boats such as Francis Rattenbury's three—Flora, Ora and Nora were built at Bennett BC to attempt the challenging Miles Canyon above Whitehorse. My son Dave and I took a tour boat up Miles Canyon which is much less challenging today as the Whitehorse power dam has backed the water up—in those early years there was no way that any boat could go upstream, and much of the freight was carried down on a horse drawn log rail tramway, to prevent possible loss in the canyon...

Both the Minto and the Moyie were designed by the CPR to challenge the Stikine River from Wrangell to Telegraph Creek for the connection to the all Canadian rail line to the goldfields via Teslin that never came to being. Fortunately diverted to Kootenay and Arrow Lakes they were both able to serve longer than any of those in the Yukon. Their composite hull construction of steel frames supporting heavy planking made them easier to repair and more durable than a standard plank and timber hull. Since they would not have to tackle the Stikine river they were both lengthened 20 feet for lake use when being assembled at the Nelson and Nakusp shipyards.

Turner credits himself for many of the more recent photographs so he must have spent much time and many visits to the great River Yukon. His photos of the sternwheeler boneyard downstream from Dawson are much better than the ones I took. I could have used an axe to clear some of the trees growing between the remains.

If you want to experience the four-day sternwheeler trip downstream on the Yukon from Whitehorse to Dawson please read, *I Married the Yukon* by Laura Berton. This is a book I can pick up and re-read at any time. (In stock at \$18.95)



## pebbles by Wendy Scott Chicory & New Life

It's mauve. It's blue. It stands tall and straight by the roadside. It is—like so many of our neighbours and relatives in Canada—an import. In this case, chicory is an immigrant from the shores of the deep blue Mediterranean seas.

One bloom holds a flower in each petal. Now that would seem to be a potential for veritable meadows of iridescent blue. As for Canadian multiculturalism vs the American melting pot, this flower has maintained its distinction since it was introduced in the late 1700's by an American who yearned for a different taste to perk up his salad greens. Was it then, or perhaps later, when the ground root transitioned into the bitter flavour of New Orleans coffee, and like the wandering flower, travelled the length of this continent into coffee houses of the Great White North?

I'm afraid that some might liken the bitter after-taste to the coffee substitutes that were common in many homes during the years of the Second World War—anyone, that is, who can recall those years or who might remember tales told by parents and grandparents. During those dark days, the fortunate few were able to blend the ground chicory with the real stuff for a more palatable drink.

If you don't have the time—or the inclination to yank out your chicory, dry the root, roast it and grind it, you can purchase a nice glass jar (a small jar that is—110 grams to be precise—slightly less than 4 oz.) for about \$7.00. If you'd prefer a one pound package of ground chicory, that will set you back \$15.00 or so, and the chicory coffee you brew will be caffeine free. Or you can opt for "real coffee" and pick up a pound or two of Oso Negro—roasted in Nelson and about the same price. I'd say, leave the chicory in the earth and admire its storied bloom.

And if you feel the need to sample something cool take a trip down to Bob's Bar in Riondel and try some cold, really dark beer. You can quaff your cool relief safely. That brew is caffeine-free as well.

The rosettes of ground-clinging leaves at the base of each long-stemmed flower have been cultivated as salad greens that reside in your the local super-market; that radicchio and several varieties of endive—even the curly stuff—are indeed chicory leaves.

The flower of this familiar and friendly roadside plant also produces a delicate yellow dye. Yes, yellow. In this case what you see is not going to be what you get. That lovely blue flower morphs into the colour of the weed we tend to dig up and discard. But, hold it a minute—they are both the same family—the prolific dandelion and the tall blue chicory. You might suspect the relationship, if only by the similarity of their long tap roots.

Both flowers are civilized when it comes to wilting in the mid-day sun and closing completely at the approach of dusk. The many legends clustered around the chicory often refer to blue-eyed maidens waiting faithfully by the side of the road—either for their sailor to return or to bow their heads in deference to the mid-day sun.

As the blue flowers open beside the road there's a miracle happening in a garden nearby; a brand new fawn, curled up and—except for wide eyes and alert ears, lying absolutely still, and there is nothing quite so

delicately beautiful; even the big orange cat is puzzled and carefully curious; he touches the bundle gently and moves quietly away, aware somehow that a secret has been dropped in his care.

Life arrives in many sudden, abrupt, and sometimes astonishing ways. Astonishing that is to a child of three who sees hundreds of spiderlings erupt as it were from an insignificant grey ball the size of a pea. And erupt they did—tiny red specks scattering like the dust from her mother's powder puff; a surprise for the young girl who was coerced by a somewhat older child from across the lane; a girl who enjoyed startling and hoped, perhaps, to frighten. The reaction, however, was surprise, yes, but delight as well and later a curious question for a mother to untangle.

And more new life in Riondel's July includes a parade with Mother Skunk in the lead and four kits following obediently behind—heading where? The black and white clutch of fur and odour will likely bed down in a nearby crawl-space—we're not sure precisely which one, and the sweet, distinct odour will not help as it permeates and spreads with the wafting currents of summer's air.

Elsewhere in town kittens frolic and puppies cavort; young birds try their new wings—except for the violet-green swallows—they are still being fed by anxious parents that stuff a beak-full of bugs into the first open mouth too appear.

It won't be long now before Stellar's Jays return from their forest nests and osprey draw circles in the sky and swoop above the summer lake. Geese, locals and travellers, long necks stretched straight and skinny legs trailing, already seek formation, their strong wings moving groups over the lake at an incredibly swift pace. The time for roosting and raising their young in trees or available pylons has finished for another season. Over it all the ravens patrol and stand guard—single sentinels perched on impossibly tiny twigs atop the very tallest tree.

Enjoy the long-lived, ancient flower beside the road knowing it's not only good for you, but sensible, pretty, coy, and really needs no care.

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**Next Deadline: Aug 24/16**

## Smarter Than Jack or Jill

by Sharman Horwood

*Animals are amazing, smart creatures. This column is about exactly that, and I am willing to write up any of your animal stories that show animal intelligence (not to mention cuteness). If you have a story that you wish me to write, please contact me at shorwood@gmail.com. I won't use your name if you don't want me to, and the story has to be a true story or anecdote. Please include your phone number so I can contact you if I have any questions.*

### Too Human

Two days ago on the ferry, I watched a couple with their pet parrot. It was a beautiful grey with a few red feathers detailing its tail. While their car was moving the parrot stayed in its cage, but when the car stopped, the parrot climbed out and perched itself on its mistress's fingers. The bird was calm, and obviously used to the routine. When the woman ate a seed or nut, the bird gently tugged at her lips, to see if there was anything there that he could eat, as if it felt it was equal to her. When the ferry arrived in Balfour, the woman held her hand out to the cage and the bird willingly climbed back in. At no time did it attempt to fly away or get out of the cage.

I've heard other people claim that parrots are very smart, learn words and behavior quickly. And they tend to walk around rather than fly.

Also this past week I was watching a documentary on the television (*Nomads of the Serengeti*). The area they were detailing in this episode was in an area around Lake Victoria where a safari camp building sat beside the shore. On top of the central straw turret stood a pelican that had made this place its home.

Apparently the bird had been caught in a big storm on the lake, and was separated from its family group. Since then it has roosted on this tower, giving the bird a wide view all around where it can watch for any approaching danger.

However, the pelican doesn't use this spot as a lookout to go hunting. Not in the way pelicans normally hunt: in a group, driving the fish into a central mass where they can easily be scooped out of the water. This pelican is instead watching for humans who might offer it food. From this point it can also watch for its favourite activity: a ride in the canoe that goes out fishing on the lake. The pelican flies down to the sand, walks over to the canoe and climbs on board, standing on the front seat ahead of the nets. It stays there all day, returning home with the boat. Then it climbs out of the boat, down onto the sand, and only then flies to return to the turret.

Both the parrot and the pelican seemed to decide that walking is the usual way to get around. The pelican might have been traumatized by the storm that drove it to the safari park's shores. The parrot may think that like its human companions, walking is the best way to get around. These birds walk or ride instead of taking to the air. These two are too smart—in their own minds—to behave like their rest of their kind. They are too human to fly.

And then there was Murray. He was a currawong, a white-backed magpie originating in Australia. A group of them were caught up in the higher air currents going from Australia over to New Zealand. (If you want to see this bird, I have a video posted on my Facebook page, dated February 23, 2016. Like the North American magpies, these birds are intelligent. But they are otherwise different. Currawongs love to play and they also have a beautiful call.) The storm tossed birds found New Zealand quite suitable and settled in, multiplying and spreading out over the two main islands.

On my friend's farm on the North Island, one of the young magpies fell from the nest and his parents

hopped and called about. They were quite concerned. My friend picked him up and placed him back on the roof of the barn, sure that he would be looked after from there. He was and he thrived. But he was also a smart bird. He realized she had helped him and obviously thought she might do more. When he was mature enough to fly properly, he started approaching her.



Whenever she was around, he'd land on the grass and hop up and down, begging for food. She was quite happy to oblige. There was enough food to go around (at the time she had 12 hens, a rooster, three geese, and a couple of rabbits, not to mention the sheep) and she'd put out some hen food for Murray to peck at. He'd even gently take it from her fingers when it was offered. Later, in talking to her neighbours, she learned that Murray thought *all* humans were there to feed him, and was making daily rounds of begging. First he went to the kids in the cottage next door, and then even implored the postman to give him a bit of food, who also happily obliged.

Murray remained fat and happy for quite a few years. He'd learned that humans would feed him, and that he had a safe, comfortable little niche on the farm. He was a smart little bird.

## Tom Sez

by Tom Lymbery

Fast Mail Service – with little mail in the system because of the threatened strike the mail is moving much faster than usual. The mail is most important to isolated areas. Some couriers take two weeks to deliver to Gray Creek, but the mail comes on time.

Greg Nesteroff has gone back to Radio. We will really miss his editorship of the *Nelson Star*, hoping that he will continue with his series of Kootenay place names. He is now the news director of Juice FM at 103.9.

On the West Coast of Mexico there are large electric generating plants, at Manzanillo and Mazatlan, designed to burn cheap coal and putting out much smoke. They are much cleaner when they use LNG but it is not always available so they sometimes have to go back to coal. Because of this we know how necessary the LNG Pipeline to Prince Rupert will be.

The Sauder School of Business explains how important it is for students to get summer jobs so that they will have no trouble finding employment in their future life. This year we have Daniel Wensink from Riondel, Oliver McPherson from Crawford Bay and Adam Gareau from Fruitvale, loading lumber, learning about plumbing and tools, as well as working the tills. Some student employees are only set to re-stocking shelves but we are able to have them working on a wide range of projects.

There seem to be fewer Birch Bugs this season. We do hope they will diminish to the point at which the birch can grow unmolested by these tree killers who drop little green worms hanging on threads before they fall to the ground to create their next stage in life.

Passengers at the Kelowna Airport, after they go through security, are now able to purchase fresh fruit in season to take with them on their flight, provided they are not going to the US. It has taken much time to go through all the regulations to make this possible.

We used to sell a full line of shoes but now we only stock boots, caulked safety ones for loggers as well as a new line of lightweight work boots that are also suitable for hiking.

Goodbye Moss is on the shelf. Sharon and I wish we had used these zinc strips at the peak when our home roofing was installed. This is most obvious when you see how the galvanized flashing around the chimney chase has prevented moss from growing below this.

Apparently they use industrial strength vinegar to salvage the one gram of gold in each discarded cell phone. If you have old cell phones to contribute to the Lions please leave them at the counter as we have found they disappear from the Lions eyeglass collection box.

Who reads *Mainstreet*? We need a campaign to get more readers as many of us spend hours preparing items for the paper and feel frustrated that not everyone reads them. Social media is great but doesn't give the satisfaction of being able to easily pick up your paper to re-read or reference that event you don't want to miss.

Likewise, eBooks have not seen the success that was expected for them. Very convenient for some but they have not taken over the reading public. As well we have found that the *Mainstreet* subscriptions that we order as Christmas gifts prefer the paper copy in the mail over the online version.

Where have the mosquitoes gone? This is the third year when there have been very few - even at the Canada Day fireworks when usually they arise from the grass in swarms.

Wood cook stoves are much safer than electric ones. Why don't the electric units have a safety shut off? The wood ones just cool off if there is no one there to load more fuel.

## Gray Creek Pass Report

by Tom Lymbery

In speaking to a couple of cyclists the other day who had crossed from Kimberley, they remarked how good the road is descending from the summit. Much credit to Tina, engineer at the Nelson Forestry Office who got a grader on the job just two days after the first vehicle came through on June 18,

If only BC Highways had contributed the \$25,000 they promised for annual maintenance when the road opened in 1990 it would be just as good on the Cranbrook side. A gravel crusher needs to be set up down the eastern slope to provide something to grade.

Travellers report that traffic is normal – about 100 vehicles westbound and the same eastbound, daily.

**Next Deadline:  
Aug 24, 2016**

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## Health & Happiness

by Dr. Sid Kettner

### Smokes and Strokes (Plus Heart Disease and Cancer)

Now, there is a mouthful for a title. You probably wonder why I chose to send this out for you to read. Most of you don't use tobacco—rarely did so in the past, or gave it up long ago as you became educated to its effects. But you have children, parents or friends whom you'd love to enjoy for a good long time. This article might be helpful to start a conversation that could save their lives. I received it from a friend of mine in the Okanagan. He keeps up to date on lifestyle medicine research and statistics. And he is a fitness counselor operating a health resort. I can say it no better so will let you hear him speak:

"Pictures of Fort Mac going up in smoke and the shocking pictures of 80 thousand people fleeing for their lives have kept our eyes glued to our media devices. Even as the ash settles the price tag of \$9 billion to rebuild is cutting into all kinds of infrastructure projects across Canada. Incredibly, only two people lost their lives in this disaster.

It's easy to get caught up in the spectacular and over look the much greater catastrophe playing out across Canada. More than 66 thousand Canadians die prematurely, every year, from heart disease and stroke and the ones who survive are costing the economy over 20.9 billion dollars a year.

When we look at Fort Mac we ask the question, "Could it have been prevented?" When we ask the same question about heart disease and stroke the answer is that 80% of these diseases are lifestyle-related and could be prevented by some simple changes like eating more fruit and vegetables and having a regular exercise program.

When we visited Alberta last week it seemed like every business was actively supporting those displaced by the fire. It made us proud to be Canadians. No doubt Fort Mac will recover. The 66 thousand dead every year from heart disease and stroke won't recover and next year, unless lifestyle choices are embraced, we will be suffering a greater loss than Fort Mac.

We long to see Canadians helping each other towards the goal of a stronger, healthier, Canada. We need to work together—not only to rebuild the homes of those who survived the fire, but we need to work together to help our fellow Canadians understand the importance of making lifestyle changes." Thank you Phil, for your words of care and warning.

## July 1<sup>st</sup> Celebration Successful Again

by Tom Lymbery

This is a true community event – so many put out great effort to make this enjoyable for everyone. This is THE event when whatever help you ask for is always cheerfully given.

Our dedicated Kootenay Lake Lions Club put in long hours in the lovely smell of cooking burgers and those World's Best Fries – they arrange for all the food as well as the set up. The ladies at the ticket booth and behind the counter make it all run smoothly.

New this year was Geoffroy Tremblay welcoming everyone in French and thanking the government of Canada for their contribution, as well as those who contributed their time. The kid's games went off well with help from Kerry Reilly and her helpers. We apologise if the daytime fireworks surprised a few dogs.

The Many Bays fourteen piece band under the direction of Donnie Clark really makes the show, making good use of the William Fraser Pavilion. From the singing of "O Canada" to all the carefully chosen oldies and goodies, they are terrific.

The Turner Tradition carries on. Ron Turner loved handling preliminary fireworks at the beach and his family carries on. These are set in the sand so many have to be in plastic bags to keep them dry. As the final event of the evening they hand out sparkers to the kids who run around the beach with them – if you have never seen this part of the show look forward to it next year.

The set up for the big fireworks takes some shovel work for our Riondel Fire Department under chief Corey Medhurst as those six inch rockets that go up 600 feet have to have their tubes well buried to make sure they are pointed in the right direction. Thanks so much to the Firefighters.

We wish we could print everyone's name who worked to make a great day. It was sunny and mosquito free, and thank you all so much.

## Little Brown Church

by Wendy Scott

On a Saturday afternoon in July, Riondel Church held anticipation and delight. Two abundant arrangements of red roses graced the sanctuary and black-eyed susans stood tall in their vase. The church filled with the usual chatter and speculation from friends and families of a bride and her groom: where's the groom: will the bride be late: who's taking pictures!

A degree of calm ensued as the groom appeared with his best man, but nervous tension spread again as the two men tried to seem patient and at ease. They did not succeed and it wasn't until the long pale blue Pontiac pulled up in front of the church and the bride dressed in white with her and maid of honour and a very competent flower girl entered and came down the aisle.

This was the day when Louise Cheop and Jim Munk became man and wife.

It's a day Louise and Jim will remember for a very long time, they will re-tell, recall, and when the pictures arrive they will re-live that very special day.

Congratulations Mr. & Mrs. Munk! May you enjoy many happy years together.

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## Notice of Passing

**Dietrich Georg Wolfgang (Dieter) Heilke**  
May 18, 1934 - June 30, 2016

The youngest of six children and the son of a for-ester, Dieter was born in the Prussian province of Pomerania on May 18th, 1934. His family was forced to leave its home in the spring of 1946, ending up in a refugee camp in the northernmost province of West Germany. Amidst the trauma of the post-war years, Dieter was fortunate (at the "late" age of 16) to obtain an apprenticeship as a mould-maker in a foundry in Hamelin, the city where he first met his future wife, Irma, in a church youth group. Orphaned before age 19, he worked for a time in the Black Forest and then in the Ruhr before returning to Hamelin. While a young man, Dieter played in a brass ensemble and taught himself several other instruments.

In 1957, he emigrated to Canada, and —after they had exchanged a flurry of letters— Irma soon followed. They were married on September 19, 1958, in Calgary, Alberta. Irma brought Thomas, Damaris, and Rainer into the world in 1960, 1962, and 1964. While she kept the household, Dieter worked in the building trades, achieving his journeyman carpentry papers along the way in 1973. He and Irma were highly active in their church community at the Lutheran Church of Our Saviour. Both sang in the choir, and Dieter served on council and taught Sunday School for many years. Alongside choral music, Dieter played in a classical recorder ensemble and encouraged the musical development of his three children.

Dieter was an avid sportsman, keeping his family well supplied with freezers-full of elk, moose, and venison every fall and winter. Camping, fishing, and hiking in the Kananaskis Forestry Reserve, along with vacation trips to B.C., were family activities every summer.

In 1978, the family moved to Gray Creek on Kootenay Lake, where Dieter continued to make his living as a carpenter while he and Irma ran a small farm. With the children beginning their own careers and families in various parts of the province and continent, Dieter and Irma pulled up stakes once more and moved to Vernon in 1988. There they again became active members of their church community, this time at Peace Lutheran.

Dieter began an active retirement in 1998. He continued his passionate pursuit of numerous hobbies, including all manner of woodworking and gardening, wine-making, jewelry-making, and, of course, fishing and camping. As before, he remained an avid reader, and he continued his love of music, which now included building some of his own instruments. Dieter's last large project before he became too ill to endure long hours of work was to carve the doors of the church at Peace Lutheran. It was for him the fulfillment of a dream.

Beloved husband, father, grandfather ("Opa"), uncle and friend, Dieter, died peacefully in the North Okanagan Hospice on June 30th, 2016 at the age of 82 years. He will be missed by his wife, Irma; children, Thomas (Tara), Damaris (Don) and Rainer (Ele); his grandchildren, Cathy, Natalia (Jeremy), David, Jennifer (Mike), Matthias and Heather; and many relatives and friends.

*Note from Tom Lymbery: Dieter and his family purchased what is now the Musil's property when they moved to Gray Creek in 1978. He built the upper storey at the Lakeview, also adding the Post Office to the building. He also made and donated the sign for Harrison Memorial Church.*

**Next Deadline:**  
**Aug 24, 2016**


## Notice of Passing

**Joan Irene Wirsig**  
Aug 10, 1926 – June 11, 2016

Joan was born in Wales on August 10, 1926 and passed away on Saturday, June 11, 2016 at the age of 89 years, at St. Martha's Place in Banff, AB surrounded by loving members of her family. Joan lived at St. Martha's Place for over 12 years and her husband, Horst visited her each day. The family would like to thank everyone at St. Martha's for their kindness and loving care of Joan. Joan will be remembered in many ways but she was best known for her charitable and volunteer work. Joan is lovingly remembered by her husband of 69 years, Horst; 2 sons; 2 daughters and their partners; 14 grandchildren; 2 great grandchildren; and many other relatives and friends.

*Note from Tom Lymbery: Joan and Horst Wirsig lived in Gray Creek from 1952 to about 1968. Along with raising her family Joan and her sister Barbara Botham kept the books and payroll for the family business Gray Creek Forest Products Ltd. She was also very active with the Gray Creek Women's Club as well as all Gray Creek Hall events.*

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## Remembrance Garden

by Wendy Scott

Warm weather -- some might even call it hot, or at least it is, at last, summertime.

Care for a summertime stroll down a cool pathway right in the middle of Riondel? The Remembrance Garden is the place to be. It's cool under the trees. There are new benches to look at with several new marble plaques. And the pathway has been spread with cedar chips -- some from Bonnie and Nils Anderson and others from the Riondel Golf Course.

Thank you to all the kind folks who take the time to care for this place of remembrance. It is a fine thing to remember and to wonder.

Inquiries re plaques - [wmescott@gmail.com](mailto:wmescott@gmail.com)  
250-225-3381

Inquiries re shrubs - [mcrowe@bluebell.ca](mailto:mcrowe@bluebell.ca)  
250-225-3570

## Notice of Passing

**Clive Horwood**  
August 27, 1918 - June 26, 2016



Although Clive was born in Sheffield, England, he spent most of his younger years in Bournemouth, New Hampshire, on the southern coast of England. There he went to school until he was 12 years old, afterwards training as a plasterer in the building industry. During the war, though, he had to leave much of his work

experience behind. He was enlisted on October 18, 1941, and held his position until November 4, 1945. During that time, he served with the Royal Engineers, and Royal Artillery, then later as a Ground Observer. He qualified as an Airman and Pilot, then later as a Staff Pilot. During the first year, he served for a brief time in Ireland, but later primarily in South Africa training other pilots.

After the war, he never flew again. He found the experience full of anxiety. He described how in one type of plane they used for training, the landing gear had to be wound down from the cockpit, and the pilot had no confirmation lights to indicate whether the wheels were down or not. The pilots often had to land on a prayer, a few of them not surviving.

Instead, Clive went into other fields in 1945. For a time before emigrating to Canada he operated his own dry cleaning business in Bournemouth. He married Peggy, too, in 1947, and began to raise his family (Colin, Meg and Sharman). But when the Korean War broke out in 1950, he and Peggy decided that in order to avoid another world war, they would leave their beloved Great Britain. Life was hard there; rationing was still in effect, even though the war had ended several years before that. They thought Canada would be the right place to go, and so in 1950 Clive and his brother, George, set out for Lethbridge, in Alberta. Peggy and the children followed a few months later to join them in the house Clive and George had built for them.

The building industry unfortunately started to decline in Lethbridge. Clive took a job with the Canadian Pacific Railway to earn a living and subsequently moved to Nelson, B.C. But business there, too, started to fail when the station in Nelson was closed, and so he, Peggy and the children moved to Vancouver, B.C., in 1961. Clive worked there for many years, the last working years as an owner operated taxi driver with Bonny's Cab in Burnaby.

In 1983, as he retired, Clive and Peggy moved to Sooke, on Vancouver Island. There he had the time to pursue his passions: darts, for one, and fishing for the other. For many years they lived happily in the Island community, but when they were in their 80s, they found they wanted to be closer to family. They then moved to Riondel to live near Colin and Sylvia in 2001.

Both Clive and Peggy loved the Kootenays. Clive enjoyed playing golf here, and the seniors' pool with a few of the other men in the village. He was a well-read man and had learned many expressions over the years. One that he learned in South Africa was "daar's a dingus" (meaning "there's the thing!"), and when he putted on the golf green and missed, he'd say "very adjacent." He loved to tease his grandchildren with these odd expressions, and they miss hearing them.

Clive was a family man for nearly all of his life, a devoted father and grandfather. He passed away in Nelson just two months short of his 99th birthday. "Daar's a dingus, Clive!"

**SERVICES DIRECTORY**

The Service Directory is a great way to have your business listed as a reference for those shopping for a particular professional service. Keep your phone number handy and your message clear.

**AUTOMOTIVE/MARINE**

**EASTSHORE AUTOMOTIVE** - Service & Repair 250-227-9370

**NORTHSTAR CRESTON** - 1-800-551-9351 Full service 8-bay shop featuring Certified Service lube,oil and filter starting at \$22.95 plus parts & eco fees. Full line of major tire brands, GM & AC Delco parts and batteries.

**BUSINESS SERVICES**

**MUTUAL FIRE INSURANCE** of B.C. Quotes on Homes, Mobiles, Farms & Tenants. Seniors discounts at 55. Home Protection; No Claim; New Home. ph/fax 250-428-7937, broker Virginia Harder.

**CONSTRUCTION/CONTRACTORS/TRADES**

**GRAY CREEK MECHANICAL** - Marine Repairs and Surveyor: Serving the Eastshore since 1994 15295 Oliver Rd. Gray Creek. 250-227-9285 - Jerry or Sharon

**HULLAND AND LARSEN CONSTRUCTION** - experienced residential construction & custom finish work. 250.551.2915 or 250.505.3570. (see ad in contractor section)

**STEEL WHEELS** - Septic systems planned & installed. We dig too, mini hoes for you. Dave/Donovan. 250-227-9646.

**THE GREEN MACHINE** - Excavation, Landscaping, Installation of Waterlines. Ph.: 250.225.3485

**TURLOCK ELECTRICAL CONTRACTING LTD.** (See colour ad in this issue for more information.) 250-227-9688 or 250-551-4671

**PERSONAL CARE/HEALTH**

**ALEXIS PHILLIPS, M.A., R.C.C.** - Registered Clinical Counsellor specializing in complex trauma, relationship issues, grief & loss, anxiety & depression. Apptmnt/consultation, call 250-509-0368.

**BLANCHE TANNER** - Breath Practitioner, (Family Constellation) Heart-Centred Therapy (Meditation), Healing Emotional, Physical & Sexual Abuse, Addictions, Relationships, Anxiety, Depression.227-6877

**COUNSELLING & SUPPORT SERVICES:** Free and Confidential for children, adults and families. Services include: Adult Mental Health and Addictions; Child Youth Mental Health; & Family Support. Call 1-866-774-5324 (toll-free) or 250-353-7691. North Kootenay Lake Community Services Society.

**EAST SHORE HOSPICE** - Palliative care for anyone facing life threatening illness. Confidential support for individuals and their loved ones.Hospice can also provide grief and bereavement support. 250 227 9006 ext 29 - eastshore-hospice@gmail.com. Volunteers needed - volunteer training offered once a year. Please contact for more info

**FIRST CONTACT EAST SHORE MIDWIFERY** - Sylke Plaumann, registered midwife. 250-227-6846.

**GERALDINE ALTER - MASSAGES & WELLNESS FOR WOMEN** - European deep tissue, energetic reflexology, Breuss spine-vertebras massage, relaxing massage, hot and cold stone therapeutic massage, Reiki. I am a certified professional therapist in Europe, over 15 years practice, 250-227.9890.

**KOOTENAY SOUND HEALING CENTRE** on Riondel Road, offering sound healing treatments, gong meditations and Acutonics® classes. Theresa Lee, certified Acutonics® teacher and practitioner, 250-225-3518 kootenaysoundhealing.com

**REGISTERED HERBAL THERAPIST, MASTER HERBALIST** - Maya Skalinska, M.H., R.H.T. Iridology, Tongue & Pulse analysis, Nutritional consultations, individual herbal remedies, Flower Essence consultations & remedies. For appointments, please call 250-225-3493.

**REGISTERED MASSAGE THERAPIST:** Harreson Tanner - Over 30 years clinical experience. Treatment of Lumbo/Sacral Strain, Whip Lash, Frozen Shoulder, Migranes/Headaches, TMJ problems, & Stress. No doct refl req'd. 227-6877/cell: 505-6166.

**SUSAN SNEAD - MASSAGE:** Certificates/training in Ayurvedic massages, Reflexology, Polarity Therapy, Acutonics Practitioner Level 4, Fibonacci tuning fork alignment, Astrological Counselling. 250- 225-3520

**RESTAURANTS**

**CRAWFORD BAY HALL & COMMUNITY CORNER BUILDING** - available for community events, wedding receptions, workshops etc. Non-smoking facilities. Call Kathy, 227-9205.

**NEWKEY'S PLACE** - Hwy 3A in Crawford Bay, licensed area. Open 10 am til close Monday to Sunday. Food Specials all day. 227-6911.

**ROCKWOOD CAFÉ** - Authentic Chinese food, and perfect burgers. Open Tues - Sun. Hwy 3A Gray Creek. 227-6840.

**YARD/LANDSCAPING/SITE PREP**

**INTERFACE WILDFIRE PREVENTION STRATEGIES:** Services: Assessment & Abatement of Wildfire Hazards, Brushing, Thinning, Limbing, Clearing & Removal, Prescribed Burning, Multi-Use Trail & Access Road Clearing/Maintenance, GPS Services, Rooftop Sprinkler Systems. Farley Cursons: 250.354.8553. Certified/Insured.

**TREE SERVICE, RESIDENTIAL** - Limbing, Pruning, Topping, Falling. Danger Tree Assessments, Free Estimates. Please Call James Linn at 250 225 3388

**SUNSET SEED COMPANY**



Your Complete Farm, Garden & Pet Care in Creston, BC 250-428-4614

**NOW OPEN!** We look forward to seeing you. 1628 Canyon St, Creston (right next to 7-eleven)

*Creativity, Community, Conscience*

**CLASSIFIED SECTION**

**BUSINESS ANNOUNCEMENTS**

**Insurance Certification** requires professional chimney installation – we are the Pro's – Gray Creek Store, 250.227.9315

**BUSINESS SERVICES**

**Fax service**, photocopies, (with no PST/GST) Tom Lymbery – Notary Public, 250-227-9315, fax 227-9449, 250.227.9448 for Notary Public.

**EMPLOYMENT OPPS**

**The Lakeview Store** now hiring for Store Manager and Store clerk. Experienced preferred, but will train right person. Food Safe & Serve it Right an asset. Drop in with resume or email to info@kootenaylakeview.com attn: Lois

**EVENTS/NOTICES**

**HUNTING Course** in Crawford Bay - Combined CORE and PAL course in Crawford Bay on the 26,27,28 of August, 2016 at Crawford Bay Hall. You can take both courses (\$215) or just Firearms Safety (\$115) or just the hunting course (\$145). To get a hunting license you pay the \$30 licensing fee to BC Wildlife Federation. CORE is Friday 6-9pm and Saturday 8-12 am and PAL is 1-5pm on Saturday and 8am -6pm on Sunday, August 28. To register on line: www.selkirk.ca/ce under First Aid and Safety Training or call 250-551-5827 or drop by the learning hub at Crawford Bay School and fill out a registration form.

**NOTICES AND ANNOUNCEMENTS**

**WEEKLY HATHA DROP IN YOGA** - Monday 9:30am to 11am, Community Corner in Crawford Bay. Thursday 9:30am to 11am, Memorial Hall in Boswell. Hatha yoga, all level, with Melina Cinq-mars, certified Hatha Yoga teacher since 2004, \$10 drop-in. Mats available. melina@yinyogi.com or 1.877.872.2843

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*Serving the East Shore.*

Join us. Be a volunteer responder. | RIONDEL FIRE/RESCUE SERVICES  
Call 250.551.1352

**YOUR HALL IS AVAILABLE!**  
For community events, wedding receptions, workshops... you name it!  
**Booking: Kathy Donnison - 250.227.9205**

**CRAWFORD BAY HALL**  
*Your community hall*

**A non-smoking facility**

lunch-dinner-espresso

250-227-9596



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# BULLETIN BOARD

## Community Notices, Thank You's, Not-For-Profit Announcements (all not related to business), Church Calendar & Meeting Places - free on the Bulletin Board.

### CHILD HEALTH CLINIC, ADULT IMMUNIZATIONS, PUBLIC HEALTH NURSE

Will be at the East Shore Health Centre monthly.  
For information, call Creston Health Unit at 250-428-3873.

### EAST SHORE HEALTH CENTRE Call 227-9006

\*See calendar for doctor days\* - Doctor hours are from  
9:30am to 4:30 pm. Please call 227-9006.  
Interior Health Authority, Community Care Nursing  
and Home Support Services - 250-352-1433.

### PHYSICIAN COVERAGE FOR AUGUST 2016

*Note: Call to cancel if you can not make your  
appointment. We always have a wait list for  
patients needing to get an appointment.*

Aug 2, Tues: ?

Aug 3, Weds - Dr. Moulson

Aug 4, Thurs - ?

Aug 9, Tues: ?

Aug 10, Weds: Dr. Moulson

Aug 11, Thurs - Dr. Grymonpre

Aug 16, Tues - Dr. Sawyer

Aug 17, Weds - Dr. Moulson

Aug 18, Thurs - Dr. Lee

Aug 23, Tues - Dr. Drymonpre

Aug 24, Weds - Dr. Moulson

Aug 25, Thurs - Dr. Lee

Aug 30, Tues - Dr. Grymonpre

Aug 31, Weds - Dr. Moulson

Please Note: Lab hours 7:30 - 10:30 am, Weds

Call to make appointments at 227-9006

on doctor days and Thursday morning.

Tues, Weds & Thurs (8:30 to 12:30)

Phone: 250-227-9006 Fax : 250-227-9017

### BOSWELL HALL HAPPENINGS

**Yoga:** Thurs, 9:30-11:00 am. Marilyn Arms 250-223-8058  
**Tone & Trim Fitness:** Mondays & Fridays 9am. Darlene  
Knudson 250-223-8005.

## COMMUNITY HEROES

### a Mainstreet Feature

*Who have you seen doing great things? Who gives  
back to their community with a full heart? Who  
deserves a nod? Send the name of the person you'd like  
to recognize and a brief description of why you think  
they hold the esteemed title of... Community Hero!*

**Paul Kernohan** of East Shore Automotive  
for being so competent, kind, timely, organized  
and empathetic in your automotive work!

**Margaret Crossely** - of the East Shore Health  
Society for her work supporting the monthly Focus on  
Health workshops at Bswell Hall. MARGaret plays such an  
important role in buying food, overseeing the soup making  
process, getting food out to people in the community who  
might be sick and in need, generally being very gracious and  
kind in all her volunteer work.

**Christi Peel** for your sunny kindness and enduring  
strength in challenging times. You demonstrate grace and  
power when it might be hard to do and your calm,  
nurturing energy is infectious.

This community is richer for having you in it.

**Mauz Kroker** for always being such a present and  
gracious support to your friends and community. Your gener-  
osity of spirit and time is well-recognized and highly valued.

*Creativity, Community, Conscience*  
*mainstreet@eshore.ca*

## KOOTENAY LAKE FERRY YEAR ROUND SCHEDULE

### Summer Schedule in effect

Vessel Name	Balfour	Terminal	Kootenay Bay	Terminal
	Summer	Winter	Summer	Winter
Osprey 2000	6:30 am	6:30 am	7:10 am	7:10 am
Osprey 2000	8:10 am	8:10 am	9:00 am	9:00 am
Osprey 2000	9:50 am	9:50 am	10:40 am	10:40 am
MV Balfour	10:40 am		11:30 am	
Osprey 2000	11:30 am	11:30 am	12:20 pm	12:20 pm
MV Balfour	12:20 pm		1:10 pm	
Osprey 2000	1:10 pm	1:10 pm	2:00 pm	2:00 pm
MV Balfour	2:00 pm		2:50 pm	
Osprey 2000	2:50 pm	2:50 pm	3:40 pm	3:40 pm
MV Balfour	3:40 pm		4:30 pm	
Osprey 2000	4:30 pm	4:30 pm	5:20 pm	5:20 pm
MV Balfour	5:20 pm		6:10 pm	
Osprey 2000	6:10 pm	6:10 pm	7:00 pm	7:00 pm
Osprey 2000	7:50 pm	7:50 pm	8:40 pm	8:40 pm
Osprey 2000	9:40 pm	9:40 pm	10:20 pm	10:20 pm

## CHURCH CALENDAR

### RIONDEL COMMUNITY CHURCH AUGUST 2016 SCHEDULE

July 3: TBA

August 7: Philip Stonhouse, 1pm. Music: Marie Gale

August 14: Ramona Dannhauer, 1pm.

Music Richard & Ramona

August 21: Derrick Smith, 1pm.

Music: Deberah Shears

August 28: St. Michael's-Balfour, 11:30am. Please join us  
on the 10:40 ferry from Kootenay Bay.

### CHRIST CHURCH & EAST SHORE CONGREGATIONS ST. ANSELM'S CHURCH BOSWELL (Anglican)

For information call Christ Church Creston 428-4248

No services at the present time. Contact Christ  
Church Creston for info - 250.428.4248

### HARRISON MEM. COMM. CHURCH, ANGLICAN

Crawford Creek Rd., Crawford Bay Everyone Welcome!

For info, please contact Karen Gilbert: 227-8914

### KOOTENAY LAKE COMMUNITY CHURCH

A Lighthouse on the East Shore

Come & join us Sundays at 10 am.

Coffee fellowship after the service.

Pastors Richard and Ramona Dannhauer  
16190 Hwy 3A, Crawford Bay 250.227.9444

### YASODHARA ASHRAM

Satsang (non-denominational, "in the company of the wise"),  
each evening 8pm. Everyone welcome, 250.227.9224

### MOST HOLY REDEEMER CATHOLIC CHURCH, RIONDEL

Fr. Sylvester Ibekwe Phone: 428-2300 Fax: 428-4811

Sun Mass at 2pm. 1st Sunday of month, Fellowship Sunday.

### THE CHURCH OF JESUS CHRIST OF LATTER DAY SAINTS

1520 Campbell Avenue, Riondel, B.C.

Meetings begin at 10 am, every Sunday. Info call, 250-227-9522

### CHRISTIAN SCIENCE CHURCH SERVICES

Held in the Anglican Church, 8151 Busk Rd, Balfour

Sundays, 9:30 am - All welcome For info, call: 250.229.5237

*Next Deadline:*

*August 24, 2016*

*mainstreet@eshore.ca*

## MEETING PLACES

**LIONS CLUB** - meets at the Kootenay Lake Community  
Church - 16190 Highway 3A, Crawford Bay.

Meeting Times: 7 pm.

Second and Fourth Tuesday of the Month

For More info call Lion Mike Jeffery - 250-227-6807 or Lion David  
George at 250-227-9550 or Lion Jim at 250-227-9622.

**TOPS** - Take Off Pounds Sensibly: meets every Monday morning  
at 8:30 am in the Kootenay Lake Community Church basement.  
Call Myrna for more info: 227-9420

### PARENT ADVISORY COMMITTEE

(PAC) Meetings held at 7 pm at the Crawford Bay School  
on (usually) the second or third Monday of the month. (or Tues)  
Call Ingrid to be put on the agenda - 250.227.9246

**Next PAC Meeting:**

**September 12 or 19, watch for notices.**

**August 2016 Mainstreet 19**

## The MAINSTREET-

Contact: Ingrid Zaiss-Baetzel

Phone: 250-227-9246 Fax: 250-227-9264

Box 140, Crawford Bay, B.C. VOB 1E0

E-mail: [mainstreet@eshore.ca](mailto:mainstreet@eshore.ca)

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or 6 3/4" wide by 3" high

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10¢/word after the initial 30.

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August 2016

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1	2	3	4	5	6
	Yoga w/ Melina - Comm Corner, 9:30-11am	Tara Shanti Yoga, 9:30-11am Dr. ?	Bingo, Rio CC, 6:30pm Volleyball, 6:30pm CB Park Dr. Moulson	Jurassic Mike, Newkey's 10th Anniversary Yoga w/ Melina Bos Hall, 9:30-11 Tara Shanti Yoga, 9:30-11am Dr. ?		
7	8	9	10	11	12	13
The Great Plains, Saskia and Darrel, Harrison Church, 7pm Flowers and Wild Edibles	Yoga w/ Melina - Comm Corner, 9:30-11am	Tara Shanti Yoga, 9:30-11am Lions Mtng, 7 pm Dr. ?	BirdWatchingw/ Janice Arndt, Learning Place, 6:30-8:30 Bingo, Rio CC, 6:30pm Volleyball, 6:30pm CB Park Dr. Moulson	ESYC Open Mtng, CB Hall, 7pm Yoga w/ Melina Bos Hall, 9:30-11 Tara Shanti Yoga, 9:30-11am Dr. Grymonpre	Bocephus King, Newkey's	
14	15	16	17	18	19	20
	Yoga w/ Melina - Comm Corner, 9:30-11am	Tara Shanti Yoga, 9:30-11am Dr. Sawyer	Bingo, Rio CC, 6:30pm Volleyball, 6:30pm CB Park Dr. Moulson	<b>Full Moon</b> Yoga w/ Melina Bos Hall, 9:30-11 Tara Shanti Yoga, 9:30-11am Dr. Lee		High As Mtns, Newkeys Comm. Trails Day, Comm. Crner Circus Acts Insomniacs CIRCUS, Kok Springs, 1-3pm
21	22	23	24	25	26	27
	Yoga w/ Melina - Comm Corner, 9:30-11am	Tara Shanti Yoga, 9:30-11am Lions Mtng, 7 pm Dr. Grymonpre	MAINSTREET DEADLINE Bingo, Rio CC, 6:30pm Volleyball, 6:30pm CB Park Dr. Moulson	Yoga w/ Melina Bos Hall, 9:30-11 Tara Shanti Yoga, 9:30-11am ES Library AGM, 7pm Dr. Lee	Hunting CORE and PAL Course, CB Hall	Hunting CORE and PAL Course, CB Hall
28	29	30	31			
Hunting CORE and PAL Course, CB Hall	Yoga w/ Melina - Comm Corner, 9:30-11am	Tara Shanti Yoga, 9:30-11am Dr. Grymonpre	Bingo, Rio CC, 6:30pm Volleyball, 6:30pm CB Park Dr. Moulson			

**KOOTENAY OUTDOOR LIVING**

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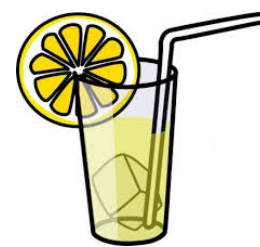
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**ES Health Centre ~227-9006~**

Drug & Alcohol: 353-7691 Child & Youth: 353-7691 Community Nursing: 352-1433  
Public Health Dental Screening/Counseling: 428-3876 Hospice: 227-9006 Baby Clinics: 428-3873  
Mammography Screening: 354-6721 Physiotherapy: 227-9155 Massage Therapy: 227-6877  
For more on facility, call Kathy Smith, 227-9006

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**Library Hours:**  
ES Reading Cntr:  
Tues & Sat: 12-3  
Thurs: 7-9 pm

Riondel Library:  
Mon: 2-4 pm,  
Weds: 6-8 pm  
Tues, Thurs, Sat:  
10am-12:30pm

**Transfer Station Hours**  
CRAWFORD BAY:  
Sunday/Tuesday  
9-3, Sun, Tues, Thurs  
BOSWELL:  
Weds/Sat 11am-3pm