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# The East Shore Mainstreet

**KOOTENAY LAKE BC**

~Locally-owned, community-supported independent news serving the East Shore of Kootenay Lake~



Bee in St. John's Wort - Photo by Bob Carter  
(see more at his Instagram page: bob.cgfx)

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## Mainstreet Meanderings

by Editor  
Ingrid Baetzel

### Time to Smarten Up and Recycle Right!

a Mainstreet report by Ingrid Baetzel

Today I went to the recycling centre at the Crawford Bay Transfer Station and spent a good chunk of time there for two reasons. The first reason was that I came unprepared, with the intention to learn the ropes of the new recycling system, so had all my recycling mixed together (never again!), and it took forever. The other reason was because I spent a good bit of time talking to the recycling attendants and getting further information.

I got a good education on the system and how it's changed, and I want to encourage residents and visitors alike to be patient and kind while learning (or re-learning) the ropes up there. Things are different, but they are much better.

**A few things:**

1. Yes, you can now only recycle during the open hours at the transfer station. For now, that is between 9am and 3pm on Sunday, Tuesday and Thursday.

2. No it does not cost money to recycle.

3. Finally, we have bins to sort all the individual materials into, big signs on each of them for clarity and a friendly attendant to help out. We should be grateful and appreciative for this, in my opinion, because we are finally, actually, recycling! I do not have numbers on this, but reportedly, a whole heck of a lot of

our recycling was not making it to processing centres because of contamination, and that was because we were not doing it right. We need to be led by the hand now, and I encourage everyone to pay attention, learn the ropes, and do it right. What is the point of recycling if we do not do it correctly and it all goes into the landfill because we don't rinse out our recyclables, or we cross-contaminate or toss our garbage in along with our recycling?

4. PRE-SORTING your recyclables is highly recommended! Get six containers (or fewer if you want to do a bit more sorting on site – I am finding it works just fine with three containers) and pre-sort according to bins. You will spend A LOT of time walking back and forth, figuring out where to put things, and you will be watched and corrected if you do it wrong. The six materials to sort into separate bins or boxes or bags or whathaveyous at home are as follows (AND THEY MUST BE CLEAN!):

a. **Plastic, Metal and Paper CONTAINERS:** metal cans (can have labels on them), plastic jugs and containers, aerosol cans and foil take out containers, cartons and paper cups – also lids and can tops go into this bin.

b. **Paper and Cardboard:** newspaper, inserts, flyers, boxes, paper bags, paper egg cartons, household paper (no binders, no bound books, no metal, remove excess tape from boxes, but apparently it doesn't ALL need to be removed).

c. **Glass Bottles and Jars:** non deposit, remove caps, put into Containers bin.

d. **White and Coloured Foam Packaging:** egg cartons, food trays, foam cushion from packaging, take out containers, etc.

e. **Plastic Bags and Overwrap:** grocery bags, of all varieties, outer bags and wraps for diapers, hygiene products, paper towels, soft drink flats, etc...

*Continued on page 3*



## OFFICE DESK

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**Writers:** Community

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**or Best Yet, Email to:** [mainstreet@eshore.ca](mailto:mainstreet@eshore.ca)

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The East Shore Mainstreet is a monthly publication for the benefit of residents of the East Shore of Kootenay Lake, written by community volunteers.  
 Send in September 2020 issue items by:  
**Next Deadline: Aug 26, 2020**

**Please visit [www.eshore.ca](http://www.eshore.ca) to donate to the Mainstreet (subscribe for free for notifications to posts on the website while you're at it!) We need to come together now to save this 30 year old publication on the East Shore. Donate today and watch for further opportunities to support. Thank you from the heart.**

## LETTERS TO THE EDITOR

### FOREVER CHERISH THE MEMORIES

Dear Editor:

It has three months since I left our beautiful East Shore in order to be closer to my family in Alberta.

The move was not easy. I left behind a beautiful place and many beautiful people who have enriched my life and left me with memories I will forever cherish.



I will miss those wonderful dinners at the hall, the carpet bowling, the hiking, the boating and the warmth of companionships with caring people.

I will never forget the last send off where all of you gathered (in spite of COVID-19) with banners and balloons and tears to bid a last farewell. I thank you all for 20 years of peace and joy!

As I enter another phase of my life, I expect you will all continue to carry on with the same zest and enthusiasm to keep Kootenay Lake's East Shore a welcoming beacon to all new comers.

*William Masuak,  
formerly of the East Shore*

2 Mainstreet August 2020

### RAVE TO OSPREY CREW

Dear Editor:

I'd like to send a *rave* out to the crew on board the Osprey for having to deal with people today (July 18/2020) who refused to remain in their vehicle and seemed to think the rules didn't apply to them even after the captain got on the loud speaker and asked them to return to their vehicle.

They totally ignored the announcement and carried on laughing. The captain then idled the boat right down and said the journey would commence when they were in compliance. Again there was little movement until the ferry started to turn around and a couple deck hands came on deck. They then went to their vehicle.

Not ten minutes later, another lady got out of her vehicle and walked the length of the deck and back for some reason. Again a deck hand appeared. I could not do this job, I don't deal well with people who can't take instruction or feel it doesn't apply to them. Well done ferry workers; I hope this isn't a thing every trip.

*Angelo Metro, Pilot Bay Road*

### Notice of Annual General Meeting (East Shore Transportation Society) September 23rd, 2020

Location & further details to be determined.

All East Shore residents are invited,  
and new members are more than welcome!



Please save the date to join us!

**ESTS Board of Directors.**



## RDCK Recreation Commission No. 9

### Call for Grant Applications

Non-profit groups can submit recreation grant-in-aid applications to the Rec 9 Commission (Box 208, Crawford Bay) by **no later than 2pm, September 18, 2020**. Late applications will not be considered.

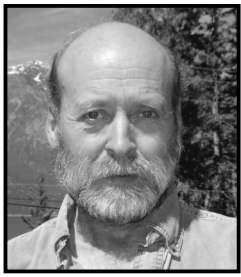
**Four (4) copies** of the application are now required (if mailing in application). Electronic applications can be downloaded from the RDCK website or picked up at the Credit Union East Shore branch. Please refer to website for evaluation criteria.

The Rec 9 meeting to review applications is scheduled for **Monday, September 28 at 2pm on WebEx teleconference**. The login details will be posted on the RDCK meetings page, closer to the date.

**Thanks so much to all  
those who support  
Gray Creek Store.**



*Dave & Kris,  
Tom & Sharon Lymbery*



## RDCK Area "A" Update

by Garry Jackman,

**R**ecreation service

**Resumption:** Our major recreation centers, including Creston, are resuming services on a limited access basis in accordance with the restrictions in place by the provincial health officer. Pre-registration to access the centers is required (no drop ins). Go to the RDCK webpage and click the "news" link in the top right below the search bar for more details. The Riondel reading center is also open as is the Crawford Bay reading center. Slowly we will get back to normal.

**Storm Event Follow Up:** In consideration of the extent of damage which some property owners had as a result of the storm events at the end of May, the province authorized disaster financial assistance (DFA) funds for certain damages. The RDCK brought on a disaster recovery manager to help residents navigate through the process. I have been in contact with several people who suffered damage and they have since been contacted by the recovery manager. If you have not been aware of this opportunity to have a claim considered by the province please send me an email and I will relay the information.

As indicated last month, I had conversations with some landowners about the ongoing risk of flooding along Crawford Creek. I had expected to receive some formal requests from a collective of landowners to look at possible next steps but have not received any as yet. I do want to be able to present the results from the detailed flood risk studies on several creeks,

including Crawford Creek, to communities but we are still not in a position to hold large gatherings. The reports have now been posted on the RDCK website. Go to the home page and search "flood map study". You will see a list of creeks which have been studied using funds from the National Disaster Mitigation program. Within Area A studies were performed for Crawford Creek and Kuskonook Creek.

**Crawford Creek Regional Park Beach Access:** Now the water along the old beach access driveway has fully receded we are applying to the provincial disaster financial assistance program mentioned above to see if funds can be made available to at least clean up the route to be suitable as a double track walking path. In the long run this route will continue to flood and having vehicular traffic on the route during wet periods will continue to rut the surface and encourage washouts. In addition, this route is in one of the highest sensitivity zones in the general area. The least environmentally sensitive zone is the old runway alignment. Preparations are underway to create a vehicle access, with a gate to restrict access if vehicles begin to drive recklessly around the fields, along the old runway as a trial. The intention would be to leave the current walking path, which runs just east of the old runway for most of its length, as a separate, non-motorized route. The highest ground along the centerline would not lead all the way to the beach, leaving a short walk either east or west from the "button" of the runway to access the beach. The deadwood can be cleared along a walking path on each side. As stated, this will be a trial and can be discussed further when we are able to convene community meetings to discuss the site as a whole and begin to formulate a management plan to identify recreation, conservation and other uses.

We also need community to put their heads together to come up with an official site name. There already is

a Crawford bay park, so that is not appropriate. In the interim I have been referring to the site as the Crawford Creek regional park, but I am sure there are some great ideas out there.

**Resource Recovery – Transition to Recycle BC:** All still did not go well through July. The Crawford Bay transfer station and core recycling depot seem to be running smoothly as well as the small site at Riondel. Boswell problems continued into July as the overflow of recycle material which went to Boswell while the Crawford Creek road was being reconstructed was not being cleared away quickly enough by the independent contractor who bid the work. The Creston car wash site also sees heavy volumes, which is a good result overall, but the collection contractor needed to step up their schedule there as well.

Several conversations have been held around how to assist local businesses with their materials, short of a full duplication of the residential services to be funded on our property taxes. The collection points for commercial corrugated cardboard are very limited at this time. In the east subregion the collection point is the car wash site in Creston. At our August 19th Joint resource Recovery Committee meeting we will need to discuss options. The most cost effective option still appears to be for small business operators to collaborate on getting a private (locked) bin at one of their own sites and allow the cluster of nearby business to have a key to access the bin(s) when it works for them.

We have requested a (virtual) meeting with the Minister of Environment in September to hear what progress they have made on integrating the small business recycle volumes in the residential collection stream in rural and remote areas and to continue to suggest our recommendations.

If you have questions or comments on any topic please drop a note to [gjackman@rdck.bc.ca](mailto:gjackman@rdck.bc.ca) or call me at 250-223-8463.

### "Recycling" continued from page 2

f. **Other Flexible Plastics/Packaging:** Ziplocs, crinkly wrappers and bags, flexible packaging with plastic seal, woven and net plastic bags, non-food protective packaging, etc...

a. **HINT:** the trick to understanding the differences in these two plastic sorting bins comes with the sound and feel of the plastic. Look for that CRINKLY sound and more firm plastics (BUT NOT CONTAINERS) and it goes in this bin. Soft, quieter plastics go in the Plastic Bags and Overwrap bin.

5. The Lions bottle and can bin is located centrally there as well, so you can get rid of your returnables while recycling and support a great local organization.

If we pay attention, listen to instruction and do this the way Recycle BC needs us to do it, we will actually be successful in our recycling. I find it terribly disheartening to go through the effort only to have our efforts vetoed because people are unwilling to follow instruction. We can do this! For more info on this program, go to [recyclebc.ca](http://recyclebc.ca).

### COMMERCIAL RECYCLING

There are definitely some bumps and bruises with recycling going fully into the hands of RecycleBC and those most directly hit are commercial and small business owners who produce recyclables. With the new streamlined service they have been left out of the loop and are now responsible for transport and disposal of their recyclables, as commercial recycling is not accepted at the depot anymore. For some, this is a huge inconvenience.

In a conversation with Travis Barrington, Resource Recovery Technician for the RDCK, he stated that they are very aware of this inconvenience and have been lobbying both RecycleBC and the Ministry of Environment to address these concerns. As it sits, businesses like local grocery stores, artisans and retail outlets are required to transport their own recyclables

to the biggest nearby depots that accept these materials. For the East Shore, that means Creston or Nelson. That has greater implications for them than for most of us, since some of these businesses can produce up to 8 cubic yards of recyclables per week (that's TWO of those big recycling bins that used to be on location at the recycling centres). Now, they need to figure out a way to get all those recyclables to a 50 or more kilometer distant location, which means big trucks or trailers or multiple trips.

While the changes to the system mean that we, as residents, are finally seeing a lot more of our recycling actually go to the place we intend it to go, this kind of burden on small businesses could actually end up being disheartening enough for them to not bother with their recycling, which could potentially result in a lot more waste. The cost of shouldering the responsibility of appropriately recycling their materials could be quite high and potentially not worth their time.

Barrington said that this is certainly a problem and the RDCK recognizes it. He suggests lobbying and writing to the appropriate people to ask for this to be addressed for more remote locations like ours as quickly as possible.

### HERE ARE THE CONTACTS:

#### RecycleBC

General Comments:

[info@recyclebc.ca](mailto:info@recyclebc.ca)

Media/Public Affairs David Lefebvre:

[dlefebvre@cssalliance.ca](mailto:dlefebvre@cssalliance.ca)

#### BC Ministry of Environment

Product Stewardship:

[extendedproducerresponsibility@gov.bc.ca](mailto:extendedproducerresponsibility@gov.bc.ca)

Environmental Protection Division:

[envprotdiv@victoria1.gov.bc.ca](mailto:envprotdiv@victoria1.gov.bc.ca)

Minister George Heyman:

[ENV.minister@gov.bc.ca](mailto:ENV.minister@gov.bc.ca)

Deputy Minister Kevin Jardine:

[DM.ENV@gov.bc.ca](mailto:DM.ENV@gov.bc.ca)

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## July Horoscope

by Michael O'Connor

**Tip of the Month:** August in 2020 is deemed a Universal 12/3-month in Numerology. This suggests a time for breaking old patterns, for us all.

It can also be described as learning to see ourselves and the world and in the world in new ways. That the Moon was void-of-course when the Sun entered Leo is an invitation to slow down, relax, retreat, get creative with unfinished projects especially, and avoid initiating new projects, as they will not likely at all go as planned. Wait, at least, until the Sun enters Virgo on August 22 and, better yet, after the Virgo New Moon in mid-September

**Aries (Mar 21- Apr 19):** Huddling in close to home and enjoying quality time with family is likely, again this month. As eager as you are to be productive, your focus will be sporadic. Shorter bouts with any focus are likely and ideal.

**Taurus (Apr 20-May 20):** Some cycles are best reserved for creative projects, fun, play, and games, like this one. You may also enjoy the prospects of getting away from it all. Take a road trip or go camping, and escape for a while.

**Gemini (May 21-Jun 20):** The urge to express yourself creatively is waxing strongly now. Getting crafty somehow stands to hold especially strong appeal. Confrontations now could prove especially costly, so steer clear of politics.

**Cancer (Jun 21 – Jul 22):** Building upon a new foundation is a central theme now. Yet, it includes the task of clearing away the ‘dead wood’ first. Given that this is not a literal reality, what constitutes the ‘old and outworn’ that needs to go?

**Leo (Jul 23 - Aug 22):** As August begins, you are happy to remain quiet and in semi-retreat. Within days your focus will sharpen and you will become more assertive and expressive. You will want to play more and explore.

**Virgo (Aug 23 - Sep 22):** You are happy to lay low for the better part of the month. This is a great time to busy yourself with creative projects. Your ambitions are running strong so direct your focus to practical affairs.

**Libra (Sep 23 - Oct 22):** A playful and social mood will lead you out of your comfort zone. Yet, it could also prove edgy and rebellious. You have things to say and you want to be heard and heeded.

**Scorpio (Oct 23 – Nov 21):** You will be seeking your place in the Sun this month. Getting the attention you want and feel you deserve will drive your resolve. Be careful though, fame could become infamy if your ethics stray.

**Sagittarius (Nov 22 - Dec 21):** This is your time to go big. July was likely a time of endings, clearing and purging somehow, which continues into August. Yet, early on you will step out gleefully having passed through the dark night.

**Capricorn (Dec 22 - Jan 19):** Relationships have been the keyword for several weeks. The results were mixed with highs and lows, complexities, and flows. This trend continues despite a shifting plot and you are determined to keep the peace.

**Aquarius (Jan 20 - Feb 18):** You will be happier to socialize more in August. This has not been so true up to now. You remain eager to access intel that you deem important. It is not time to launch into big new projects... this year.

**Pisces (Feb 19 - Mar 20):** Balancing work with play is ever ideal and you are determined to do just that. Each supports the other and too much of one agitates the other. So, creating this balance is ideal for the sake of enjoying the alternating flow.



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## Crawford Bay Hall Memories and Musings

Compiled & Submitted by Susan Hulland

Gwendoline (Peggy) Tugwell bought land in Crawford Bay in 1971 and settled there in 1977. By 1978, she worked running the Snack Bar (now Community Corners building) for Kokanee Springs and handing out tennis rackets to visitors.

“I got on the Hall’s board of directors in the 1980’s at the time when the community Library was in three locked cupboards in the front of the little Hall. Charlotte Blanke started the Library, then Doreen Zaiss was involved, later still Doris O’Dine, Lucy Moore and myself were volunteers. I think some improvements were done to the Hall that decade. The kitchen was long and narrow, a galley kitchen they were called then, and against the northeast outside wall. It was very hard to work in. The board held a competition for designing the new kitchen and it was won by Roswitha Strom.”

“Mostly the school used the Hall during the daytime back then. We lived close to the Hall so we attended lots of evening meetings, card parties and fundraisers. We played badminton there in the evenings, too, with some of the teachers. Then there were dances several

times a year, and especially for New Year’s Eve. The annual Fall Fairs were another highlight. (Actually that committee was one of only a few I never served on!)

“There were always community fundraisers: for families whose homes burned down, for critical medical trips to Vancouver Children’s Hospital, to send Crawford Bay Scouts to the Canadian Scout Jamboree in Ontario in 1986 and for student scholarships to the Tipi Camp Wise Teen Programs. I know a lot about all the money that was raised at auctions and bake sales and such in our Hall because I served as the book-keeper/treasurer on several community group committees back then. Hundreds of thousands of dollars over the years!! Many of the groups that either made money to stay afloat from their own fundraisers or who we allowed to use the space ‘rent free’ were ones you seldom think about: Crawford Bay’s Cemetery committee, organizers of the Red Cross Swim Lessons, the group led by the Kootenay Lake Community Church who collect, sort and deliver Christmas Food Hampers to 50-75 Eastshore households from Riondel to Boswell each year. They only need the Hall for two days a year, but its size and central location make it the perfect place to do this work.”

“When I left the Hall board John Edwards was the chairman but he served for over 25 years so I can’t recall exactly when that was. But I was part of one of the most successful fundraisers held back in the 1980’s, which I think of as the ‘environmental decade’. It was a Silent Auction held to support The Kootenay Lake Environmental Education Centre, The Tipi (Eco-tourism) Camp, The Forest Council, The Wetlands Group and The Lockhart Creek Heritage Committee. Environmentally-minded people from throughout the region came to support us and we made over \$10,000 in three hours!”

“And the worst time I can recall while serving as a director on that board? Well that would be when the School Board informed us that the old school would be closed down and torn down and a new school built nearby and that the Hall would be asked to vacate the property as we did not own the land under our building. We immediately set up a committee under Donna

Whitta to investigate moving the Hall to our Community Park. (It wasn’t financially feasible.) But we didn’t need to panic as the new school didn’t open until 2009 the old one? It remained attached to our Hall until 2017.”

“The Hall Board had fundraisers for the Hall, itself, too. The one I think was the most fun was the Dim Sum style dinner we put on. We asked for ethnic and culturally diverse donations of appetizers, tapa-sized finger foods and desserts from community residents who knew how to cook old favorite family recipes. We got everything from Chinese salad rolls, smoked (Kootenay Lake) trout, English shortbread and German plum dumplings. Oh and we had a local belly-dancer, Liz Donnison, working the crowd for us too.”

“Lots of worthy projects started in the Hall, such as the School’s Hot Lunch Program. I worked at the school at that time but I sometimes just went to the Hall to buy a plate of food and visit with the students. Several community adults did this as a way of socializing in their community and as far as I know members of the public’ can still buy lunch and mingle with students in the new school as well today.”

“There have been hundreds of meetings in Crawford Bay’s Community Hall over 82 years. I recall ones where there was discord. We, the Hall Board started the process of asking to have the downtown/ primarily residential parts of the community the Hall Board) initiated having the Wildlife Service establish a ‘No Shooting’ zone in the central core of Crawford Bay. Some people liked the idea of being able to bag a deer in their own backyard each fall; others had concerns about their children being shot while waiting for the school bus stop. It took a few meetings to get that sorted out. I attended RDCK meetings, Fire Smart meetings, RCMP Rural Crime meetings, provincial and federal elections, Interior Health public meetings, music concerts, school concerts, funeral teas, tai chi classes, weddings, birthday parties, drama productions, dances and celebrations of life. In particular I remember Geoff Beley’s funeral, the room was ‘standing-against-the-walls-full’ and there were mourners outside under the Acacia trees.”



## Hidden Taxes

by David George

### The World is Changing - Part 2

This edition of Hidden Taxes will be a little shorter than usual due to my health. Some local Crawford Bay residents may have seen me hobbling about with a cane recently. A spinal nerve problem has almost incapacitated me for several weeks now, but it will, hopefully, soon be a thing of the past.

I am booked for surgery in Cranbrook two days before the deadline for this issue, and hope to be back to what passes for normal for a seventy-something male still having his lockdown haircut by the time this issue of *Mainstreet* hits the stands.

Although parts of the BC economy have started to resume, there is still a plague affecting the entire world, and it is not going to go away any time soon. We have been lucky here in our province with a calming chief medical officer Dr. Bonnie Henry, and Minister of Health Adrian Dix providing frequent updates.

Last month I mentioned that there were a large number of drug overdose deaths in BC: 170 in May, June was worse: 175 dead. Street drugs are almost universally contaminated with fentanyl or other easily fatal substances.

The only way for drug users to be safe is to obtain drugs through official channels, use safe injection sites, or have a buddy present. Now I want to be very clear here. Personally, I do have sympathy with people who use drugs because their lives are otherwise unbearable. I have no sympathy with those who distribute or manufacture illicit drugs. They are scum of the lowest order, and there is no place for them in our society. (I

am not talking here about our local growers of what is now a mostly legal crop.) Drug users need to be aware that there is help for those who ask for it. It could be as easy as dialing 811 and asking how to obtain help in one's own or a nearby community.

In a much brighter vein, there are now several promising vaccine candidates, some of which just might be effective against Covid19. We will hear more about them every month until success is obtained. Some of us are old enough to remember the anticipation with which the polio vaccine was awaited in the early 1950s.

More good news is that we do not seem to have had any cases of the virus in our East Shore Mainstreet area. We can keep it that way by wearing masks when we have to be closer than two metres from others. Yes, I mean when we shop in Nelson or Creston, or even in our own local market when we see people we do not know.

I will end this column with some familiar words: be calm, be safe, and be kind.

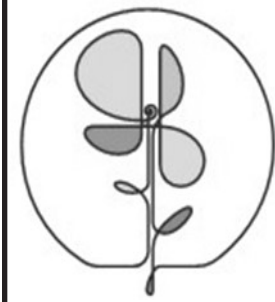


**"The way to get started is to quit talking and begin doing." - Walt Disney**

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"In the time I lived in Crawford Bay I witnessed several periods when the Hall was not used much and it was hard to find directors to sit on the association's board. Then something changed, new people moved into the community, new events and programs were offered and use of the building picked up again. There will always be ups and downs for community organizations in small rural communities, especially ones that look after assets such as land and buildings. I hope Eastshore residents rally to help the Hall because one thing I have learned over my 94 years is that you often don't know the value of something until it's gone."

## Hall Board News

submitted by Susan Hulland

**H**all: We have received a second important grant for \$9687 on our path to preserve and rejuvenate the Crawford Bay Hall. This was awarded to us by the Regional District of Central Kootenay under the Community Initiatives Program (CIP) in partnership with Columbia Basin Trust. This brings our current grant's total in Phase Two of this work to \$13,937.

Last month we reported that the Heritage Assessment of the building was undertaken by independent heritage consultant, Elana Zysblat and we will report on her findings and recommendations in September.

Meantime, our community donations Hall Renovation Fund received a substantial boost in July as well, when we received a generous anonymous donation of \$1,000! That total now stands at \$8,710.

We are making progress on re-establishing the Hall's water system which was rendered unusable by changes to the watercourse of Crawford Creek during the spring flooding. We are evaluating another water source, a well which was put in by the School District in 1996. If this source proves to be adequate,

we will move ahead to construct a new system which will be more energy efficient, more reliable, and significantly easier to maintain. We wish to thank Richard Dannhauer of the Kootenay Lake Community Church for his help with our well investigations.

### Park:

We have reopened the tennis courts, Enchanted Playground, and the soccer pitch. Thanks to Charles and Ellie Reynolds for doing their annual maintenance check of the playground. Charles is a certified playground inspector so it's good to know that this facility is ready for children to enjoy once again while following the posted Covid-19 safety guidelines. Thanks also to Kokanee Springs Golf Resort for covering the costs of producing these signs for us.

The Community Corner building is now open to a select few groups. Anyone else interested in renting this space, please contact the hall and parks board via email: [info@cbhall.ca](mailto:info@cbhall.ca). Recent improvements to the bathroom and a new coat of paint have made this venue more user friendly.

Community volunteers have come forth to work at sprucing up the tennis courts.

Thanks to Larry Keraiff for helping get two new flags up at the Park, to Janaki Pogreba and the East Shore United Soccer League for their work on the soccer pitch, and to Joan and John Edwards for helping with keeping our Community Park watered.

### Kootenay Bay Boat Launch:

A large boat trailer which was deserted at the Boat Launch since spring has been removed allowing for more parking on busy weekends when more than a dozen large truck-trailer units are often parked there.

Community volunteers are helping us to encourage more users to put money in our donation box when they use our facility. (A \$5 donation is suggested on the signage.) We had business cards made up which we put under the windshield wipers of vehicles in the parking lot.

The cards read: "Thank you for your \$5 Donation! We hope you appreciated using our facility and enjoyed your time on Kootenay Lake. Your donations help our community volunteers keep this site open to the public. (signed) Crawford Bay & District Hall & Parks Association."

Special thanks to Meghan Rokeby-Thomas of Ladybug Cafe in Kootenay Bay for her help with distributing these cards. Thanks to all the local residents who consistently donate when they use the launch site and a special 'Shout Out' to those who encourage their friends and visitors to do the same thing. We appreciate you all.

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# Riondel Fire and Rescue Blotter

by Fire Chief Cory Medhurst

Well summer has officially arrived, with temperatures in the 30's and records being broken everywhere we'd like to remind everyone to keep hydrated; work outside before 9 am and after 8 pm where possible; and lather up the sun screen to protect your skin. Try to avoid direct sun during the hottest hours of the day; our neighbours to the far South know all about summer siestas, it's a great idea. On that note, the RDCK has put Riondel on a Stage 3 Water Conservation Advisory. They ask locals to respect the schedule, which can be found on their webpage at [www.rdck.ca](http://www.rdck.ca). The supply is dangerously low and, to refill the tank, the town has been asked to reduce water usage including the Fire Department during training. Flowing me into my next topic.

One of our apparatus (trucks) is our water Tender. It is essentially a water taxi for fires outside of the main town, where hydrants are available. We often practice using the Tender and Engine (the Fire Truck), bladder, and draught water from creeks, or the lake during the practice. This exercise comes in extremely handy in situations such as during water conservation. One practice night, while emptying the remaining water from the bladder onto the forest service road north of Riondel, the angle of the spout was miscalculated for the outflow. We accidentally washed out the top section of the road to Dutch Harbour, which had recently been fixed from the previous flooding. With many apologies to the homeowners at Dutch Harbour, we began trying to find an affordable means to fix our error. Much to our surprise, Mr. Niels Anderson of Riondel called my home and offered to fix the mess for us. We owe you a huge THANK YOU for having our backs. It is very

much appreciated; a lesson learned that night.

**Calls have been average, for this time of year and are as follows:**

**June 28** – 5 members responded to an MVI in Gray Creek. A pickup truck had flipped and rolled near the Lakeview Store. When crews arrived, there were no occupants on scene or trapped in the truck. The scene was flagged off and RCMP were alerted.

**June 29** – A resident living near the Riondel Rd and Highway 3A intersection heard a loud crashing sound coming from the highway and phoned it in as a possible MVI. 2 members responded to the incident to discover minimal debris on the road and no vehicles. They then found out from the witness that it had been an aluminium boat coming unattached from the trailer, landing in the Eastbound lane. The vehicle occupants quickly reloaded the boat and left the scene. No injuries were reported, but I'm sure there is a good fishing story out there.

**July 7** – 4 members responded to an emergency lift assist with technical rescue in Crawford Bay. A father was carrying his daughter on the Wood Lot trail off Peters Road when he tripped and broke his ankle. The resulting injury made it impossible for the patient to continue the 300 plus feet down to the roadway. Before the fire crew arrived, friends of the patient had attempted to get an ATV up the trail by removing a boulder at the trail entrance. The ATV could not navigate the trail and was stuck 50 feet up the trail, so that idea was abandoned. When our crew arrived, they deployed our rescue wheel and basket, hiked up to the patient and secured him in the basket for the trek down to the ambulance. The patient (a paramedic from Alberta) and his family were grateful for the help and bought a delicious, Black Salt created cake for us to

share. Additional difficulty was added to this rescue because our Rescue truck is currently out of service for mechanical issues, which is mentioned below.

**July 12** - A call came in for an MVI in Boswell involving a motorcycle versus car, resulting in a second motorcycle in the ditch. Boswell First Responders attended the call; Riondel did not as there was no extrication required, and the location was at the farthest end of our boundary; which usually gets us there after the patient has been tended to. Two patients were identified and transported to hospital with Creston BCAS.

**July 16** – 4 members responded to an MVI involving a motorcycle on the summit in Crawford Bay, at one of the usual culprit corners. The occupant had no recollection of why he left the road heading westbound, but he was seriously injured requiring immediate transport. The crew assisted the Paramedics with securing and loading the patient. Thank you to the locals and bystanders who assisted.

**July 23** – A code 3 emergency lift assist call in Riondel saw 3 members attend. Paramedics were on scene and had the patient ready to move, our crew assisted with the move and load into the ambulance.

**July 26** – Another MVI call involving a motorcycle, on a corner on the summit in Crawford Bay (not the same tormenting turn as the previous call) was answered. 4 members responded to assist with road safety, patient care, and loading the patient for immediate transport. The rider had no memory of what transpired for her to leave the highway; she was traveling eastbound, crossed over the westbound lane, and met with a rock cliff before coming to rest 10 feet down the ditch below. Thank you to all the locals and bystanders who stopped to help. Our highway is world famous for touring motorcyclists, but there is a long ride between Creston and the ferry which can often result in driver fatigue. Just a reminder to watch for these fellow road users always.

As mentioned previously our Rescue truck is currently out of service. What was a fluid leak from the cooling system became an incredibly large, expensive fix once the onion layers were peeled back. A band aid has been put on the truck as a temporary measure to get it back to Riondel; but there are no assurances that the truck will continue to operate or for how long. As the major fixes are estimated to top \$20,000, we are working with the RDCK Regional Fire Chief and CAO to come up with an affordable solution. As a temporary measure we are using our Wildland truck; an older much less practical vehicle for many of our Rescues, creating logistical issues with specialized equipment not fitting on the Wildland. For calls where technical equipment such as ropes or the rescue wheel are required, the crew must unload the truck of some components and reload the truck with the needed equipment. Response times can be delayed for important minutes. We are eager to find a quick solution but may need to call upon our larger community for support in the form of fundraising if other avenues do not work. We will keep you up informed.

Last thing to mention, as summer continues to scorch us the danger of wildfires increases. We are currently under a category 2 and 3 burn prohibition, with the Province only permitting campfires less the ½ meter by ½ meter in size. I suspect that will change soon with implementation of an all-out fire ban as the forests get drier. Please remember to keep up to date by checking their website at [www2.gov.bc.ca](http://www2.gov.bc.ca) and always obey restrictions and practice responsible camp firing. As always, we are hiring for new members to join the ranks AND are still offering road signs to identify your property in an emergency. Call 250-551-1352 to join us and grab your sign today.



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**Burn Registration Line**

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**Southeast Fire Information Officer**

**1.250.365.4014**

**Visit [www.bcwildfire.ca](http://www.bcwildfire.ca)**



## Thoughts from the Frog Pot

### CORONAVIRUS #4

It would seem prudent to continue to write with regards the Coronavirus as we are in the midst of the crisis. As a physician it fascinates me that not much has changed in the last one hundred years as regards treatment or prevention of such diseases. In fact, I was recently asked if I thought that the crisis was real and was it likely to be as bad as predicted. It was obvious that the individual asking the questions was not really convinced that the crisis was real. I am.

Our population is much larger and our society much more globally integrated than one hundred years ago. Dealing with pandemics now is more challenging than in the past but the methods are the same as one hundred years ago.

Far from a second wave, we are still in the first wave but have flattened the curve in Canada; remember the original plan was to reduce the stress on the medical system. We are now beginning to open the economy and experiencing some of the problems associated with an attempt to return to normal. We continue to follow the advice of our experts and yet change tactics as the situation evolves: eg. the wearing of masks. It is now understood that the transmission of the virus can be airborne and linger in the environment much longer than initially determined. Wearing a mask protects you and, if you are infected, those around you.

We know more about the asymptomatic transmission of the virus by individuals through laughing, singing, loud talking etc. who are not coughing, not yet

diagnosed but do have the virus and can spread the disease. New aspects of the disease are constantly being discovered. These discoveries lead to new recommendations with resulting confusion among the public.

Canada can only identify the origin of one third of cases. To improve, Canada is embarking on a very large and comprehensive analysis to genetic map the virus. This mapping will allow us to determine the origin of the epidemic and to track the course through the society. It will not result in direct identification of individuals but will allow us as a society to better understand the movement of the disease within the country and thus apply solutions to problem areas.

Unfortunately, our immediate neighbours to the south, with whom we share the world's longest undefended border, and receive much of our news, are experiencing a significant surge in Covid-19 cases. In fact, they are leading the world in the number of new cases reported daily. These facts present a significant problem for Canadians as it would seem inappropriate to open our border with the U.S.A. on July 21 as initially planned [now planned for Aug. 21 at a minimum]. The U.S.A. does not have a coordinated plan and appears to wish to contradict the recommendations of their experts. Not opening the border will have economic consequences for Canada but the alternative is not desirable. In the U.S., methods of dealing with the virus vary from state to state and even within individual states. There is no federally mandated plan and many of the messages emanating from the various levels of government are confusing and contradictory.

The only accurate method to compare countries is to use the deaths per one hundred thousand for each country. By comparing death rates, we have some measure of the extent of the disease and the effect of measures taken to alleviate the virus. Of course, We must assume that the numbers provided by the countries are accurate.

really changed the way I play electronic music was to making sense of the difference between performing, composing, sound design and simply playing music.

What I really enjoy in the process is sound design and playing the actual music. The performance and the composition are not yet something that really go with my workflow. It can also be that I need to play a lot in order to reach a place of comfort where composition and then performance can take place.

Each tool for playing electronic music offers a different workflow and cover part of these elements. Using computers for music enables you to do it all, but also doesn't give you the simple direct sound designs that a synthesizer offers you. So, the computer is more about composing and performing, and not so much for live playing. My synth on the other hand, offers only a very specific sound design platform and I can't save compositions on it. My sampler can do a bit of both.

Realizing that each tool and instrument are used for different sections of the creation of music makes it simpler to explore and make some sense of going down the rabbit hole. But each tool becomes a whole learning process so I need to keep a balance between deepening my learning on one instrument and my desire to acquire more tools.

The ultimate goal is to create an interface that allows my creativity, to give me the freedom to follow that path. It's a difficult choice because it feels sometimes that it's fueled by consumerism, yet at other times I find the perfect match or the perfect piece of gear which enables me to expand my creative outflow.

Electronic music offers so many choices that the exploration is endless. Yet there is something pulling me in each time I start playing. At this point I feel I am more running after a rabbit than being consumed by demons!

Based on the above premise the U. S. has a death rate of 45 per 100,000 population. Canada has done reasonably well at 23 per 100,000 but trails Germany which has a rate of 11 per 100,000: one of the best in developed countries. Sweden, on the other hand, mentioned a month ago, has a death rate of 56 per 100,000. Can and should we learn from other countries and the measures taken or not taken?

In addition to the above figures, it would appear that the rate of infection in the younger group, 30-50 is increasing plus the rate of hospitalization and serious illness is also increasing in this age group.

In the next column, I will discuss the issues of vaccine development, new pharmaceutical therapy and other long-term preventative and treatment issues. By that time, we will be close to the normal influenza season and the issues raised by seasonal timing.

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## TOM SEZ

by Tom Lymbery

Please keep an eye out for anyone throwing cigarette butts out of their car – phone \*5555 on your cell and also the RCMP

In watching CBC TV program for Canada Day many of the singers sang in French – which was shown as a Foreign Language on Closed Captioning.

What's your take off on a popular song? How about The Yellow Rogues of Texas?

How long before someone wants to take down the bronze statue of Stompin' Tom Connor in Sudbury? He has his guitar with his fingers on the key of C which he played for "Sudbury Saturday Night".

Squirrels are avid mushroom and toadstool collectors, many of which they stash on stumps to dry for later use. How are they affected by the magic mushrooms? Have you seen dancing squirrels?

How do the figures compare for deaths in BC for drug overdoses to the total of Coronavis deaths?

With the RDCK's ban on commercial cardboard will they supply water and hoses to keep the piles of cardboard fireproof?

It appears that the price of gold will reach \$2000 an ounce this year, as it has been steadily gaining, probably over \$2000 by the time this goes to print.

I have yet to find a reason for the new Seattle team in the National Hockey League coming up with the name KRAKEN? Where ever did this come from?

Paralympic Tristen Chernove cycled the BC Epic 1000 from Fernie to Merritt, hoping to raise \$30,000 for Paralympic competition.

In re-reading a book about the Avro Arrow I found descriptions of the care that the company took of their employees. One man who was black, was turned down by a Toronto golf course because of his colour. Avro immediately canceled events that they had booked for that golf course.



## Hacker's Desk

by Gef Tremblay

### Down the Rabbit Hole

*We are the ones suffering the most from art...  
Art is a demon...  
a demon that drags you along.  
It's not something you can stop,  
even if you should.*

-Ushio Shinohana, 'The Cutie and the Boxer'

I don't know where I am going with my music. I enjoy creating sounds, but I don't have a plan or a goal in mind when I play music. Each time I play, something comes to life. I listen and feel the sound which emerges then add layers to it, whether a rhythmical section or a drone layer. A certain sound, a texture is formed, and then I continue the process of layering.

I follow something, walking in the dark. Like Alice, I get a glimpse of the rabbit run in a direction and then something happens. Sometimes it's great, sometimes it's a dead end. It's definitely not as intense as Ushio describes his relation to art, but there is definitely something external leading me in a certain direction, and I have the choice to follow it or not.

While exploring that relationship to my own creative process, I am also trying to learn more about electronic music. Not knowing where I am going, it is unclear what I have to learn. I am figuring out the multiple layers of electronic music, such as the rhythmical section, the bassline, the melody, each created by a sampled sound or a synthesized sound. But what

# Most BC Students to Return to School Full Time in September

~a cbc.ca report~

**Teachers' union critical of plan to divide students into 'learning cohorts' of up to 120**

**The latest:**

- Most B.C. students from kindergarten to Grade 12 will return to school in the fall, divided into cohorts or "learning groups."
- Elementary and middle school learning groups will have a maximum of 60 students.
- Secondary school learning groups will have up to 120 students.
- Provincial government is putting up \$45.6 million to help ensure safety measures.

Most B.C. students from kindergarten to Grade 12 will return to class full time in September, Education Minister Rob Fleming announced Wednesday.

Fleming said, on the advice of provincial health officer Dr. Bonnie Henry, students will be organized into "learning groups" to reduce the number of people they come in contact with, cutting the risk of transmitting the novel coronavirus.

Henry said elementary and middle school learning groups will have a maximum of 60 students, while those in secondary school will have up to 120. Fewer students will be allowed in the learning groups for younger students, as it is more difficult for them to practise safe physical distancing and proper hand-washing, she said.

Henry said students in the same learning group will have opportunities to socialize outside of the classroom in shared spaces like hallways and cafeterias, calling the plan a "balancing act" to ensure students have the opportunity for social interactions without creating an environment where the virus could rapidly spread.

The provincial government is putting up \$45.6 million to ensure safety measures, including increased cleaning of high-contact surfaces, an increased number of hand-hygiene stations and the availability of masks.

**'A reasonable approach'**

Staff and students, or their parents, will be expected to assess themselves daily for symptoms of COVID-19. Masks will not be mandatory, but will be recommended and provided in situations where physical distancing cannot be maintained.

Henry said she has "great confidence" in the plan, and that schools can safely reopen, as long as community transmission remains low.

"We cannot predict the future. We are planning for a number of scenarios — if there is increase in cases, [we] will review," she said, adding there is no "magic number" of cases that would cause provincial officials to re-assess their plan.

About 200,000 students went back to classes in June, which Fleming said gave officials important information on how to safely welcome students and staff back.

Henry and Fleming emphasized throughout Wednesday's news conference that there is no replacement for in-class learning, recognizing that parents trying to manage at-home education since March has put enormous strain on families.

"The impact of closing of schools can be lifelong for some children. We know there's been an increase in anxiety, in mental health issues for young people, with families that have had challenges with having children at home," said Henry.

"We think this is a reasonable approach. It is going to take some adjustment."

But the B.C. Teachers Federation (BCTF) says the plan requires "more time and work" and has requested more consultation with school districts and local unions.

"If the plan is rushed or too many questions are left unanswered, it won't be successful. Bringing everyone back all at once, even with some version of a cohort model on the first day after the Labour Day long weekend is too much too soon, given the many unanswered questions in today's announcement," the union said in a statement.

"Teachers and support staff need time in September to adjust to the new structures, make sure the proper health and safety protocols work and prepare curricular resources and lessons that meet the new reality."

The BCTF also said smaller class sizes are needed to maintain physical distancing and requested more clarity on how the cohort model will keep teachers and students safe.

However, B.C.'s Liberal party says the back-to-school plan fails to provide leadership and clarity for parents and teachers.

"Dr. Bonnie Henry and health officials are doing excellent work to ensure students and staff are safe, but NDP Education Minister Rob Fleming's decision to download responsibility onto school districts is just creating more uncertainty for parents, students and teachers," said Dan Davies, the B.C. Liberal education critic.

## Crawford Bay Hay Association: HAY HARVEST NOTICE

by Mautz Kroker



(250) 551-4405

Hello livestock folks, hello community - time to crank the engine! The nesting bird broods have left the field, the rain is gone, equipment is set up and sun will set towards the lake each day over the coming weeks. Driving the tractor towards the sunset is every farmer's dream ...

I am ready to go and want to announce that in the first two weeks of August the CRAWFORD BAY HAY SOCIETY will cut and bale the grass down at the airstrip in Crawford Bay, August 3 - August 16.

Every day, I'll cut a certain area, then will rake it a day later and, if the sun keeps her promise, I'll bale the cut on the third day ... So, it is time to call if you want to pick up some bales or a full load from the field.

The first baling day will probably be August 6th, so a call at least one or two days before would be helpful.

A trailer is available to get the hay delivered. If you want to help, bring gloves and a smile.

Cost is \$5.50 a bale from the field with approximately 60+ lbs of weight or \$6.50 delivered.

If you're interested please call 250.551.4405 and we'll get it done.

It's the first year of operation and I hope we can create a good outcome for the the park, the community and livestock owners all together.



# Your Community Bus Supports Local Food Networks

submitted by Laverne Booth

Our Eastshore Community Bus is still on the road! Temporarily, we are unable to transport passengers. Happily, the bus is driving from Creston to Riondel once a week to help meet community needs. We are delighted to be supporting the delivery of beautiful, local fresh vegies grown sustainably and with love by Cartwheel Farm.

Since June 3, farmers Nigel and Laura Francis have been renting the bus to share their harvest and other local foods with customers on the East Shore. Delivery will continue every Wednesday until at least November 11.

Cartwheel Farm delivers certified organic produce from their own garden as well as local certified organic eggs from Sunshine Valley Farms, local certified organic fruits and pure fruit juices from Just A Mere Organic Farm, locally roasted coffee from Lark Coffee Roasters, locally blended organic spices from Iron Skillet, local beef, pork, chicken, and lamb from Kootenay Natural Meats, and wild caught BC seafood from Organic Ocean.

Forty-seven households along the Eastshore and in Area A receive these vegies bi-weekly or weekly. The bus is delivering to young families, senior citizens living on their own and people who are immunocompromised. Bringing fresh, healthy foods to these customers, in a safe and reliable way, feels especially important at this time.

Foods are also being delivered to: Destiny Bay Grocers, Crawford Bay Market, Red's Breads and Bakery, Black Salt Cafe, and the Yasodhara Ashram. If you have the opportunity to purchase food at any of these places some of the veggies are from Cartwheel Farm delivered on the Eastshore Community Bus!!!

Nigel and Laura are still adding to their waitlist, so people can visit [www.cartwheelfarm.com](http://www.cartwheelfarm.com) or call them at 250-254-5525 to learn more about what they offer.

We are grateful to be able to participate and support our local food system and ensuring our community has access to healthy fresh, local food. Thank you, Cartwheel Farm for this opportunity!

The ESTS is having its AGM on September 23 at 6:30pm with the location to be determined. If you or anyone you know would be interested in joining our team please feel free to attend the AGM.

We would like to thank the CB Hall and Parks Association for granting us permission to park your community bus at the Community Corner. We are grateful to have a permanent, more visible home. We are still looking for a permanent winter home with a plug in if anyone has something like this available.

Thank you to the East Shore community for your ongoing support. Hope to see you at our AGM!







# Tom's Corner

by Tom Lymbery

## Thirty Years for Gray Creek Pass

Has it really been 30 years since the Pass was opened in August 1990? But the origins of the Gray Creek Pass road - rated by Russell Musio of Backroad Map-books as the Most Important Backroad in BC. - go a lot further back.

The Gray Creek Pass has always been the shortest link between West and East Kootenay. It might have been possible for surveyor David Thompson to travel up the St Mary's River in 1808 and over the pass to Kootenay Lake. That was what Thompson's Indigenous guide "Ugly Head" recommended (so named for his curly hair), but Thompson refused this option.

In 1949 Cominco was ready to reopen the Bluebell Mine at Riondel, but there was yet no electric power on the East Shore. Cominco also desperately needed more electric power at Kimberley to be able to add its fertilizer operations.

This would require taking a power span across Kootenay Lake. Crossing the lake with an unsupported high voltage power line had never been done before. Many years earlier the same had been suggested in order to electrify the Spiral Tunnels on the main CPR track. But now two-mile-long electric cables were available, and the head office in Montreal advised taking these across the ice, only to learn that this lake is the largest ice-free lake in Canada. (Please read "The Span" for details on this challenging project.)

Richie Deane, Cominco's head electric engineer was charged with finding the most feasible route for the new power line across to Kimberley. I remember Richie showing me maps with the contours coloured for easier comparison of the various passes. After deciding on the Gray Creek valley, Bill Dunbar began surveying the route. Warren Keer was brought in from Kimberley with his pack train to haul instruments and supplies for the survey crew. He followed George Oliver's trapping trail to his cabin, not too far from the summit. By 1952 the project was completed with a rough road to service the powerline, and Kimberley had enough power to plan smelting iron.

The new powerline road renewed interest in a shortcut route to Kimberley which would be passable for regular vehicles. Many Cominco employees who had relocated from Kimberley to Riondel were keen to have a shorter route back to their families and friends in East Kootenay. There were immediate requests to

upgrade the basic powerline road which at the time needed a sturdy 4-wheel-drive vehicle. A promotional society was formed with the slogan "Rose or Gray - There Has To Be a Way". Even Wayne McDougall of Woodland Supplies in Nanaimo (distributors of PM Canadian chainsaws) joined, as his two sons were attending hockey school in Kimberley. Horst Wirsig told me that he could build the road if he had funding, as his Gray Creek Forest Products was already logging up the south fork of Gray Creek.

In late June 1963 Sharon and I were invited on a promotional trek over the pass. We were all driven in a number of 4 x 4s across the summit and down to 13



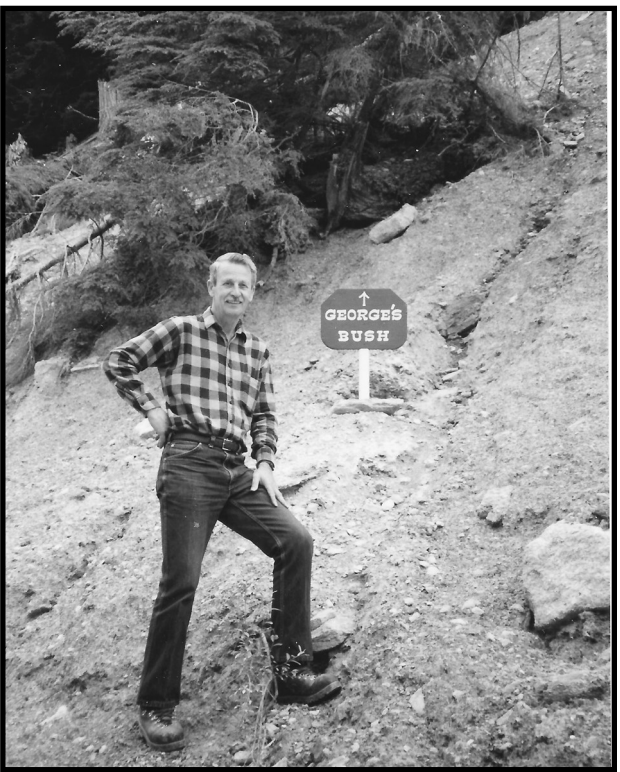
Part of the large crowd at the opening of the Gray Creek Pass road on August 19, 1990. Photo: Gray Creek Historical Society (George & Flo Commandeur, photo by Flo)

Mile on Redding Creek. There we met fellow trekkers from Kimberley who put on a spaghetti dinner for all. Any vehicle from the Kimberley side could get as far as Mile 13 even at that early date. The missing link was the remaining 13 or so mile section to Gray Creek. John Learmonth, Divisional Greyhound Superintendent in Nelson posted a sign on the summit showing mileages to towns from Vancouver to Calgary. He said that if a highway was

built over the pass it would be the shortest route across BC by 50 miles.

Completion of the Kokanee Springs Golf Course in the late 1960s helped to push for a more passable road. Eventually Howard Dirks became our Social Credit MLA for Nelson - Creston, and he promised a new road if we would ensure his re-election. We did, and he followed up on his promise.

Soon surveyors were at work on the new Gray Creek



George Commandeur, Nelson Forest Division road superintendent, planned and supervised the building of the Gray Creek Pass road, 1990. Photo: Gray Creek Historical Society (George & Flo Commandeur, photo by Flo)

Forest Service Road (Gray Creek Pass road for short) connecting the East Shore of Kootenay Lake with Kimberley. Nelson Forest Division road superintendent George Commandeur planned and supervised the construction of the new road. To avoid the very steep ascent to the Gray Creek Summit, they chose to follow the South Fork of Gray Creek to find easier grades, averaging a 9% grade. Work progressed over two years with some logging of the right-of-way. As the road was designed as a Forestry Main Haul route, it has a lot of two-lane width built in for passing, and sweeping corners to allow even the longest logging trucks or tractor trailers to negotiate easily. If the road been

built in the 1950s, I am sure John Learmonth would have routed a seasonal Greyhound bus to Kimberley, as the new road is much better than "The Hump", the old road from Rossland to Christina Lake. It was so named by Greyhound drivers for its two summits and corners which required buses to back up. Our Gray Creek Store supplied 8 inch Ardox (twisted) nails for

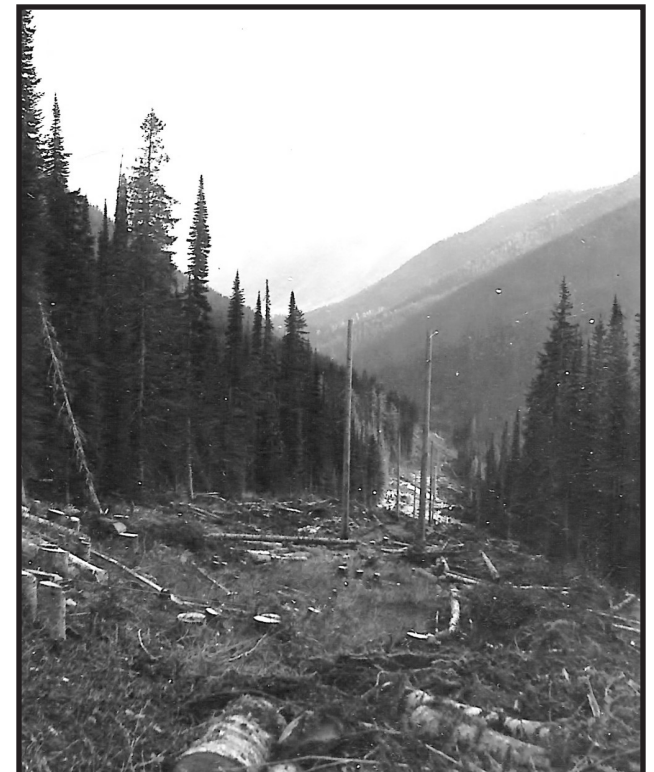
the wooden bridges, but they soon used up our stock. Don Lindsay of Lindsay Hardware in Bonners Ferry found he could order these from a log building supplier, so I had a trip to Bonners to get these.

Forestry signposted a small lake "Johnny Oliver Lake" below the summit, which Johnny protested and got them to change to Oliver Lake. A trail crew built small bridges and split boulders so that you can walk around this gem. They also set up picnic tables and an outhouse to make it a Recreation Site. This is a popular drive from Gray Creek to eat a picnic lunch there and then return. Many summits consist of some swamp that drains either way, but this is a real summit with the road dropping away both east and west. I once came across some golfers on the summit who were shooting golf balls, and alternating shots from east to west.

On official opening day in August 1990, Forestry chartered five buses to take people up to the summit, as there is limited parking space up there. BC Minister of Forests Claude Richmond officiated at the official opening, and Harold Prussin, president of our Kootenay Lake Chamber of Commerce presented him with a T-shirt with Garfield the cat on one side looking happy, and on the other side looking exhausted "after crossing the Gray Creek pass." A thousand of these T-shirts have gone to many countries in the past 30 years.

German tourists in rental motor homes once drove over the pass each season, after a map in a German "West Kanada" travel book originally showed the pass road as a solid line while Highway 3 Creston - Cranbrook route had a dotted line. But they had no trouble with the new road for several years - until Victoria started cutting back on maintenance. When construction of the new road was originally announced, BC Highways promised up to \$25,000 annually for maintenance, but this never came through. If they had a gravel crusher it would have made the surface much smoother and more gradable. Tina Zimmerman, the Nelson engineer for the western portion, keeps the ten miles to the summit in excellent shape. However Len Palajac of Cranbrook is unable to do the same with his much longer portion, as the surface is all pit run gravel with too much stone.

Ross Banner of Kimberley and Gray Creek pushed for the Pass to become part of the Trans Canada Trail and was successful. We see many cyclists and a few walkers from many countries coming through. Some go completely across Canada on the Trail. Lennard Pretorius of Kamloops organized BC Epic 1000, a 1066 km competitive cycle from Merritt to Fernie along the Trans-Canada Trail and over the Gray Creek Pass, running from west to east. Early riders pass through Gray Creek on July 1st each year.

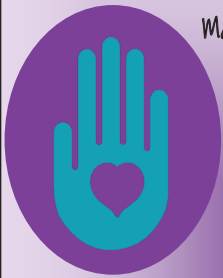


Clearing the cutline for the new powerline across the Gray Creek Pass ca. 1951 - the forerunner to today's Gray Creek Pass road. Photo: Janet Bruce

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## Show Local Love For Businesses This Summer

Attention Residents of The Creston Valley-Kootenay Lake Region:

press release

We are proud to announce the launch of the first ever Show Local Love campaign, a community based initiative brought to you by the Creston Valley-Kootenay Lake Economic Action Partnership (EAP). The goal of this campaign is to showcase and promote local businesses from Yahk to Riondel and to encourage residents to Show Local Love this summer by shopping at the many small businesses that make this region our home.

“During the last few months, our small business community from Yahk to Riondel quickly pivoted to provide services and products to the community when we needed them - from restaurants offering take-out and delivery options,

to artisans making custom face masks, to businesses delivering products right to your door.” says Creston Town Councillor Jen Comer. “With the recovery underway it’s time for residents to get out, rediscover our beautiful backyard, and most importantly show some love to our small businesses by supporting them!”

10 Mainstreet August 2020

The campaign is a collaborative effort between residents and local business owners, coming together to proudly promote and support one another. For their part, residents are automatically entered to win 40+ weekly prizes just for shopping at their favourite participating shops and sharing their purchases on social media using our hashtag #ShowLocalLoveBC.

In turn, the business that receives the most hashtag shares on social media will receive the ultimate Grand Prize - Receiving The Most Locally Loved Business Award. We will also award the Grand Prize winner by purchasing \$500 worth of their products and/or services which will then be shared with the Creston Valley-Kootenay Lake community. Finally, campaign

sponsor Juice FM 94.1 has also generously offered a \$940.00 radio advertising package to the winning business.

Here’s how to play:

1. Shop at your favourite participating local shops in the Creston Valley-Kootenay Lake region. Look for the #Show Local Love poster in store windows and on business’s social media pages to see who is taking part.

2. Post a photo of your purchase, enter the name of the local shop, and use the hashtag #ShowLocalLoveBC to be automatically entered for a chance to win weekly prizes from participating local shops.

3.. Tune in to Juice FM 94.1 every Friday at 6:00 PM to find out if you’ve won one of the prizes that week.

4. Follow us on Facebook and Instagram @economicactionpartnership or on Twitter @EAPartnership for weekly updates and prize winner announcements.



The Show Local Love campaign will be running throughout the Creston Valley-Kootenay Lake area this summer and we hope you will be part of it! To get more details about the Show Local Love campaign or to learn about how the Creston Valley-Kootenay Lake Economic Action Partnership is supporting our economic recovery, please visit [www.economicaction.ca](http://www.economicaction.ca).

As a partnership of the Town of Creston, RDCK Electoral Area B, C, A and Lower Kootenay Band, the EAP would also likely to gratefully acknowledge the assistance of Juice FM, the Creston Valley Chamber of Commerce, and Kootenay Lake Chamber of Commerce in supporting this initiative.

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## Seldom Scene by Gerald Panio



"What is this helpless anxiety still waiting for, if the terrible has already happened?" —Martin Heidegger

"A perfectly Canadian movie about sex, *Exotica* is steeped in sexual obsession, desire and longing—but it's not really about sex at all." —Katherine Monk

Do you know what Adolf Hitler told his military commanders to convince them that his plan would work? "Who remembers the extermination of the Armenians?" —Raffi, in *Ararat*

As Canadians, we could do much better celebrating the lifetime achievements of our finest artists. The week that Leonard Cohen died, Maclean's put Donald Trump on the cover and tacked on a tiny photo of Leonard in the upper right corner. Talk about twisted priorities. Canadian film critic Katherine Monk, in her remarkable book *weird sex & snowshoes and other Canadian film phenomena*, pointed out that most of the harshest criticism of the work of Canadian filmmakers came from Canadians. Although it's almost 20 years old now, *weird sex* is still the best, most upbeat introduction to Canadian cinema that I've come across. And in the spirit of Ms. Monk's book, and in recognition of an artist she admires, I'm devoting this month's column to a retrospective of Atom Egoyan's films.

Egoyan's latest film, *Guest of Honour* (2019) has just been released for streaming, and it reaffirms his status as the finest director working in English in this country (Guy Maddin, I'm sorry, but you're a *really* close runner-up). Egoyan is our Ingmar Bergman, both in terms of the consistent quality of his work and its challenging nature, in his reliance on an ensemble of talent that he's drawn on over decades, and in his insistence on working on personal projects in his adopted country. In an age when success in film is often linked to helming the latest Batman film or Marvel Comics epic, we need to be grateful for those independent spirits who forgo big paychecks to pursue their own visions.

Although a couple of Atom Egoyan's films—*Exotica* and *The Sweet Hereafter*—have been major international successes, his storytelling method is not for everyone. Especially when dealing with his own screenplays (and most of his films credit him as both director and writer), Egoyan presents his audience with cinematic jigsaw puzzles. We see the individual pieces—the characters, the time frames, the locations—but it takes the rest of the film to fit them together into a coherent whole. Patience is required. Standard Hollywood films, even the best of them, tend to lead their audiences along by the nose. Narratives move in straight lines. Egoyan has always been confident that there is enough viewers out there who are willing to *work* towards meaning, when the emotional and intellectual pay-offs are great enough. And they always are in his films, because the themes of love, sex, loss, survivor guilt, compromise, sublimation, rage, obsession, work, and redemption touch all our lives.

My personal Atom film festival began with *The Sweet Hereafter* (1997), which I reviewed for this column back in October 1999. I needed to update my review for my SeldomScene.ca website, and decided that it was also time to check out some of the director's earlier work as well as see how he'd fulfilled the promise shown in *Hereafter*. Many had high hopes for him—the great German director Wim Wenders gave the prize money he'd won with a major award to Egoyan as recognition of his promise as a young filmmaker, before he'd even seen *The Sweet Hereafter*.

One of the revelations of that film, and of *Exotica* (1994), was a young Sarah Polley. Egoyan has an unfailing eye for spotting talent, and Ms. Polley—who has gone on to write and direct her own award-

winning films, has done him proud. Of course, the actress he's worked with most consistently is his wife, Arsinée Khanjian, a shapeshifter who has appeared in almost every one of his feature films, in an impressive range of roles. Other actors who have made repeated appearances are Elias Koteas, Gabrielle Rose, Bruce Greenwood, Maury Chaykin, and Don McKellar. Egoyan has also spent decades working with the same incredible technical crew: composer Mychael Danna, cinematographer Paul Sarossy, film editor Susan Shipton, and production designer Phillip Barker. It says a great deal about a director when he commands that kind of loyalty for that long.

Nor is Egoyan shy about calling on the talents of established actors outside of his circle—David Thewlis in *Guest of Honour*, Ian Hom in *The Sweet Hereafter*, Bob Hoskins in *Felicia's Journey*, Christopher Plummer, Eric Bogosian, and Charles Aznavour in *Ararat*, and Julianne Moore, Amanda Seyfried, and Liam Neeson in *Chloe*. Impressive casting for a guy whose home base has always been Toronto.

Atom Egoyan was born on July 19, 1960, to Armenian refugees living in Cairo, Egypt. The family moved to our provincial capital, Victoria, in 1963. There weren't a lot of other Armenian families around at the time, so he distanced himself from his roots to try to fit in (later, he reconnected with both his language and his culture). He moved to Toronto at the age of 18, and made his first feature film, *Next of Kin*, in 1984. He's never looked back. Trained in classical music, Egoyan has also worked with opera companies in Toronto, Vancouver, and London. He has served several times on juries at the Cannes Film Festival, most recently for the 2020 festival which was cancelled due to COVID19. One of the best testimonies to the respect with which Egoyan is held as a filmmaker is that fact that almost all of his films, even the earlier features, are available for rental or purchase on streaming services such as iTunes. Five films were recently included in the prestigious Criterion film collection.

Like complex pieces of music or masterful paintings, Egoyan's films hold up very well under repeated exposure, unfolding new layers of meaning and sparking new insights. Some of that richness of interpretation is captured in Canadian film historian William Beard's eight-page review of *Exotica* included in the anthology *The Cinema of Canada*. Beard describes *Exotica* as "a feast for the viewer, a film to be sifted over and decoded and speculated about....[T]he movement of the film is to conjure up and then exorcise demons of destructiveness. Sexual victimization, catastrophic emotional loss, personal betrayal and vengeful anger..." All that, and the only time you'll hear Leonard Cohen's "Everybody Knows" on the program for a dancer in a strip club.

With *Ararat*, the director fulfilled a long-held dream: dealing with the history of the Armenian genocide, the forced expulsion and massacre of over a million and a half Armenians by Turkish forces, between 1914 and 1923. To this day, the Turkish government denies that any such genocide took place. I first learned of it when I was teaching a William Saroyan short story, "The Summer of the Beautiful White Horse," where an old man who has lived through the executions and forced marches has no patience for his young nephew's peccadillos. Many critics complained that *Ararat* was too confusing. There loss, I say. How many other mainstream films directly address the Armenian genocide? How many film directors are taking on the Ukrainian Holodomor or Stalin's deportation of the entire Chechan population in 1944? History, especially history that touches on genocide, always challenges our understanding. Just as one doesn't write a single book on the Holocaust and say it's done, one shouldn't expect a film about mass slaughter not to be

complex and carry multiple levels of meaning. *Ararat* is Egoyan's most expensive film to date, with a budget of \$15.5 million—still peanuts in the Hollywood blockbuster scheme.

Another of my favorite Egoyan films is, by contrast, his cheapest and, perhaps, his funniest (if your idea of funny is Franz Kafka or *Catch 22*). *Calendar* cost \$40,000 to make in 1993; the entire cast and crew consisted mainly of Egoyan and his wife. It tells the story of a photographer who travels with his wife to Armenia to photograph a dozen ancient Armenian churches for a calendar. The scenes in Armenia, where the photographer's wife, acting as translator, bonds with the landscape and with their ruggedly handsome Armenian guide, are interspersed with later, pathetic supper dates in Montreal which Atom arranges to try and fill the empty space where his marriage used to be. Egoyan had always wanted to make a film in his ancestral homeland, and a cash prize from a win at a Moscow Film Festival suddenly gave him the means. Fortunately, for a film which overlaps so much with real life, *Calendar* didn't prove to be autobiographical.

Egoyan's films are always a little more accessible when he's adapting other people's stories. This was

the case with *The Sweet Hereafter*, and also with *Felicia's Journey* and *Chloe*. He has an unfailing instinct for what to include from the original texts, what to leave out, and what to add to turn literature into film. In *The Sweet Hereafter*, for example, he dropped the entire last chapter of the book, introduced the Pied Piper poem that Sarah Polley weaves throughout the film, and added a key character who wasn't in the book at all.

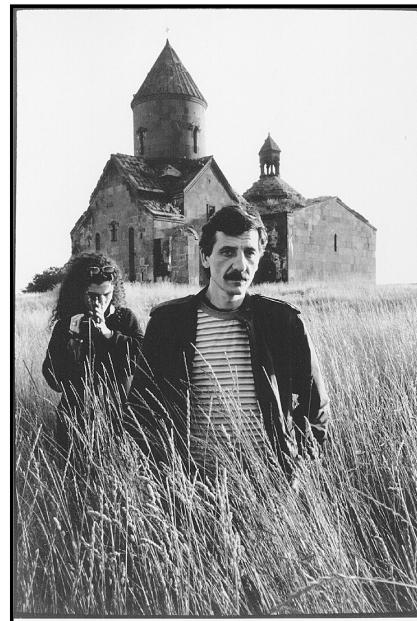
*Felicia's Journey* (1999) centers around a pregnant, naive young Irish woman, played by Elaine Cassidy, who travels to Birmingham to try and find the young soldier who left her pregnant and in disgrace with her family. Felicia is taken under the wing of an eccentric caterer, Joe Hilditch (Bob Hoskins) who has darker secrets of his own. There are excellent performances from the two leads, and Egoyan makes superb use of Birmingham's urban

industrial landscape.

*Chloe* (2009) is a modern film noir, with a wife (Julianne Moore) who suspects her husband (Liam Neeson) of having affairs with his adoring young university students. Catherine hires Chloe (Amanda Seyfried), a high-class prostitute, to test David's fidelity. How the planned seduction plays out raises some serious, and unanticipated, questions. With its straightforward dialogue and lack of subplots, *Chloe* is the one Egoyan film I can imagine having been made by a more mainstream director.

In Egoyan's most recent film, *Guest of Honour*, David Thewlis plays a prim city restaurant health & safety inspector whose set routines are shattered as he tries to understand why his only daughter (Laysla De Oliveira), a dynamic young music teacher, has pleaded guilty to, and insisted upon serving the maximum sentence for, a sexual assault which all evidence indicates she never committed. The film explores how memories deceive, and how lies can both destroy lives and redeem them.

I'll give the last words to Egoyan himself. Twenty years ago, he told an interviewer: "If I moved to L.A., I would make so much more money. But I would be able to direct the movies of my choice, and I wouldn't be able to direct them my way. It's a distinct lifestyle choice and right now, my creative goals seem far more important than my financial ones."



## Artist Profile: Lyric Impressions: The Art of Diane Trudel

by Shaman Horwood

If you are a customer of the Black Salt Cafe in Crawford Bay, you will have seen Diane Trudel's paintings gracing the walls there. Her work is also currently on display at Craft Connection in Nelson, B.C. If you haven't had the opportunity for either location, I encourage you to go to her website at [www.dianetrudel.ca](http://www.dianetrudel.ca). Have a cup of coffee--or tea--relax, and enjoy her unusual art.

Diane began painting at the age of 26. Like many other artists, she has a family connection to art: her sister is an artist as well. Diane had the desire to paint, but not the time. As soon as her daughter began school in 1985, Diane enrolled in a few courses in drawing and painting at North Island College, in Courtenay, B.C. Since then she has taught herself about acrylic technique and adjusted the media to suit the expression of her remarkable vision.

On her website you can see the long list of Diane's shows, from Vancouver to Nelson and even Calgary.

She works in her studio as often as she can, starting in the morning, and sometimes painting for most of the day. She listens to CBC while she works, sometimes to music, or even a book that is being read on the radio.

From the start she has tried to create her own type of painting media. Frustrated with the woven texture of canvas (known as its tooth), she applies watercolour paper to the canvas, sometimes with modeling paste or acrylic medium. She loves the surface texture this gives to her images, particularly the wax-like texture and transparency of the finished result. She then layers acrylic washes on the surface to give it a "luminous" vision. When the painting is done, she covers it with a matte varnish. To me, the finished work is reminiscent of batik painting done in Malaysia and Indonesia, with the same glow to the figures and the shapes surrounding them. The colours have a great deal of depth to them, a sense of distance in the actual colours, because of Diane's unusual technique.

She calls the images vignettes. Their subject centres on human interaction that is "portraying the spirit" which she seeks to capture as the core of her work: "the emotional entity is the focus of . . . [her] creative exploration. Her emphasis is "the tenderness and tenacity of humans, the flora and fauna of the natural world, and the shapes and shades of forever shifting landscapes." As you can tell, Diane is as lyric with her descriptions as she is with the actual paintings. People are her inspiration and she maintains that their "every action is important." Her images are spiritual, but taken from real life. In her winters in Mexico, a child taking a nap on the street next to his mother's market stall, becomes in her art a child asleep in the forest, with birds and plants surrounding him. Diane particularly likes the images of birds and what their shape and movement suggest. Her paintings are filled with the

lines of people's gestures, their bodily actions, the suggestion of a more spiritual meaning within them.

One painting she described to me is a good example of this connection between gesture and meaning. According to her website, she is often "inspired by the traditional beliefs, customs, and stories of a community." In the painting we discussed, the women are carrying home jars of water on their heads. There is a certain symbolism in this everyday act. To Diane the jars of water are representative of the lack of water in areas of the world, and the distress that that is causing people of the area. The women carrying the water are moving across these worlds.

Art, to Diane, is her way of talking. She is a quiet person, and she uses her paintings to express what she is thinking, how she is feeling. They are her speech, communicated through image rather than the limitations of words.

Diane has advice for people who want to become artists. Like others I've spoken to, she also says, just do it: "nobody can do it for you." She says you have to work, work, work at it, and don't give up when it doesn't come easily. She suggests you rely on routines to help you. Even when you don't feel inspired, then the routine takes over and you find inspiration in what you're doing rather than waiting for it to strike you arbitrarily.

I do encourage you to take the time to look at Diane's work, either in Crawford Bay or Nelson. Each painting is like looking through a window into a dream, of another time, another place, where people seem to flow among the plants and animals of their beautiful, luminescent world.



## Not Worth A Thousand Words

by D.G Silakiewicz

This Picture

Is not worth a thousand words  
Only showing  
Depressions in the sand  
Where the body lay

Compared to the constant craters of footsteps  
A figure emerges

Head  
Shoulders  
Forearms  
Back  
Buttocks  
Calfs  
Heels

Laid out in exhaustion  
In languid ecstasy  
Surrendering to  
An utter lack  
Of things to do

The body indulging in the elements:  
The light spray of waves  
Syrupy heat of the late day sun  
The ripple of breeze over exposed hairs  
Soft undulations of sand supporting the body  
The smell of parched, scrubby beach pine

All that is left is an artifact  
An outline  
Fascinating perhaps  
Artful in its own right  
A doorway to endless speculation

But shallow  
Empty  
And ultimately wrong  
A clump of unremarkable dirt  
Compared to the shining diamond  
Of the experience.

## GRAY CREEK PASS UPDATE

by Tom Lymbery

The pass was fully opened on July 7, 2020 after the new bridge at km 53 over Baribeau Creek was completed and also a smaller washout west of the Baker Creek bridge was cleared up.

A family of five was cycling from Fernie to Kelowna when they came to the big washout 150 feet long and 50 feet deep.

It looked impassible but the operator of a big machine preparing the bridge site offered to take them across in the machine's bucket. This worked fine, one at a time including a two wheeled trailer. They continued over the pass with no problems and spent the night at Crawford Bay's Kokanee Chalets.

The Pass is a continuing attraction for vehicles and cyclists and traffic grows each year as a backroad that has a destination is popular, while most forestry roads lead you eventually to a dead end, or else the road becomes almost impassible.

Thanks to Tina Zimmerman for keeping the Oliver Lace recreation site clean and tidy, even regularly refilling the outhouse toilet paper.

August 2020 Mainstreet 13



The Mainstreet is a community-written monthly newspaper that serves the communities of Wynnadel through Riondel and Balfour. It's available at the following stores for retail:  
Wynnadel Foods - Wynnadel, Destiny Bay Grocers - Boswell, The Lakeview - Gray Creek, The Gray Creek Store - Gray Creek, The Crawford Bay Store - Crawford Bay, Riondel Market - Riondel, The Osprey 2000, and the Gill and Gift in Balfour.

Contact: Ingrid Baetzel, Editor

Phone: 250.505.7697

Box 140, Crawford Bay, B.C. V0B 1E0

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pebbles  
by Wendy Scott

## Cariboo Gold

It is a warm and hazy autumn afternoon. The pasture slopes gently from this dirt road all the way down to a classic red barn beside Eagan Lake. Tall yellow poplar follow the curve of the lake shore and make the blue of water and sky seem more intense. A mare and her colt graze in the field along with groups of slow moving sheep. It is a perfect calendar image.

This is the Bonaparte District of the Cariboo with dozens of small lakes scattered over rolling green countryside. It is, for the most part, well treed. Poplar, birch and aspen flicker and whisper beside the road and soon even the fir trees are decorated with golden coins. The colours and smells of August drift with our own dust past large tracts of ranch land but there are few fences here – just cattle-guards, lots of them, and many bridges over creeks and rivers. And there are cows, plenty of them. There is nothing quite so placid as a cow, standing in the middle of the road, chewing her cud. Your vehicle is an intrusion and you must wait until she decides to move on.

Crystal Lake at dusk and a lingering sunset begins to touch that clear blue with suggestions of pink and gradually deepens through soft orange to a vibrant crimson. For a few moments, water, trees, bulrushes and even the gravel beneath our feet are tinged with the colour of the sky. A couple of row boats and a canoe drift in across the wrinkled, satiny surface and vanish into the black edges of the lake. It is well over an hour before the colours dwindle and the water becomes a darkening mirror for an indigo sky, waiting for an embellishment of stars.

As usual, on these forays into “free” campgrounds, the laundry bag – and that other bucket – at some point, must be attended to. Many commercial campgrounds are closed in the autumn, but, by late afternoon, we find a quiet, reasonably priced site on Canim Lake. Great. I will get up early, do our little bit of laundry and we can be off in good time. By morning, of course, one load has been sorted into two – why not wash everything? – and we are faced not only with a washing machine that refuses the extra effort of a fast spin, but a propane dryer that is trying some new method of cold fusion on our clothes. Having gleefully drained all the propane the night before with our ‘long, hot showers’, we wait meekly until the manager locates another cylinder and the elderly dryer, coaxed with many more quarters, resumes its flopping.

Gold is not the only colour in this Cariboo country; further south, the familiar soft green sage covers hillsides, small sumac bushes are a shock of brilliant red and on bench land high above the Fraser River, many miles of black screening cover fields of Ginseng. The mysterious potion is whisked off to the Orient. Very high quality, so I’m told, but unlike our “high quality cash crop” here in the Kootenays, this one is legit. Now if someone would discover an exotic use for sage – other than turkey stuffing – I’m sure the economic boost would be considerable?

The Fraser River leads us to Lillooet, that town with a Main Street still wide enough to turn ten-yolk spans of oxen – a legacy from the days when that other kind of gold made transport of this type necessary. South of Lillooet the road climbs suddenly into the Cayoosh Mountains and we leave behind the soft

green of Seton Lake and enter a world of deep valleys and sheer rock faces stained over the eons with shades of delicate pastel. Cayoosh Creek tumbles along somewhere beside us. In the days of golden dreams Chinese men were hired as laborers in the Cariboo. Their treatment was not the best. But after the miners had moved on, the Chinese returned to this lively creek to pan for leftovers. They knew what they were looking for and where to find it. They managed to gather some healthy compensation packages.

We find Cottonwood Creek at dusk. The sound of the little creek softens the night, moving gently, rippling quietly, running over rocks, falling into pools and turning corners to join the busy rush of the Cayoosh. In the morning, beside the chattering creek, I see the pebbles. The colours of millennia, the yield of tumbled boulders carrying tales of mountain tops and ocean floors, rest here on this little piece of beach – multihued, together, distinct – until Time grinds their bold differences into its own flowing sand.

Duffey Lake Road leads away from the Cayoosh. We will find the lake just over the summit of this mountainous route. Emeralds and ice – the smooth green surface holds a perfect image of Mt. Currie and its glacier. We are leaving the Cariboo behind and coming to the muted colours of the coast where autumn will hesitate and linger until it is washed away by rain.

Here in the Kootenays the Tamarac and birch declare autumn on our mountainsides. The maples in town are already gold and crimson, the oak is bare but our sumac still hangs on to its green. It is the rocks that provide continuous colour here. It is the rocks, some of the oldest in the world, that draw geologists and archeologists to this land wrapped in mountains and hold them here.

A hundred years ago miners tunneled into the rock for the minerals they held. Today gardeners carry truckloads to their homes for walls and pathways, the lake shuffles them into pebbles and children run across their collage of colour – green, blue, purple, orange, black with white stripes, glittering gray and white with flakes of silver. Visitors to the beaches seldom leave without a pocketful of our geological time. Pebbles of memory; stones of history; mementoes of fire and ice and the ancient ocean floor of a buried land.



**RDCK  
Recreation  
Commission No. 9**

## Call for Grant Applications

Non-profit groups can submit recreation grant-in-aid applications to the Rec 9 Commission (Box 208, Crawford Bay) by **no later than 2pm, September 18, 2020**. Late applications will not be considered.

**Four (4) copies** of the application are now required (if mailing in application). Electronic applications can be downloaded from the RDCK website or picked up at the Credit Union East Shore branch. Please refer to website for evaluation criteria.

The Rec 9 meeting to review applications is scheduled for **Monday, September 28 at 2pm on WebEx teleconference**. The login details will be posted on the RDCK meetings page, closer to the date.

## Blast from the Stacks

### Riondel Library News

by Muriel Crowe & Shirleen Smith

In these unusual times, celebrations are hard to come by. All the more reason for Riondel Library to applaud our success in running the library for two months with COVID safety measures in place. A big thank you to Library patrons and staff for taking care of each other and the community while enabling us all to access library books at a time when we need them the most and actually have time to read.

Further on the subject of good news, the Library continues to acquire new books and Library usage is trending upward. In this case, we’re celebrating unflattened curves. We’re also hoping to bring Interlibrary Loans back online in the near future, fingers crossed.

Currently and for the foreseeable future, the Library will remain closed to physically coming in to browse the books (the Riondel Community Centre also remains shuttered). We’ll continue serving patrons via email, phone and in-person outdoor pickup, observing physical distancing and serving one person at a time (contact info below). We encourage folks to visit our website to browse the catalogue if you can, or tell us by phone or email what you’d like to borrow, or throw caution to the wind and request a Library Grab Bag of 5 books/DVDs selected by us just for you.

As well, we’re canvassing patrons regarding our operating hours. Please drop us an email or phone message if the restricted hours are making it difficult for you to use the Library and let us know when would suit you better.

Riondel Library wishes everyone a happy and SAFE summer and much good reading. We can beat this virus if we work together by keeping apart and wear our masks when we can’t. Be well everyone.

Finally, here’s a summary of how to take out and return books and our contact information:

#### Take Books out:

- **SELECT** your books by going to [www.library.riondel.ca](http://www.library.riondel.ca) and click on the nice red Catalogue button. Sign in to Library World as “Riondel Reading Centre”. No password required.
- **OR** pick up a Library Grab Bag! of 5 enticing potluck items.
- **CONTACT** the Library via email or phone and make an appointment to pick up your books/DVDs
- **DON’T** forget eBooks! (contact us if you’d like a Creston Library Card for ebooks)

#### Return Books:

- Drop your books off during the Library’s open hours. Please remember to respect physical distancing to protect everyone.
- **AND** there’s No Overdue Fines!

#### Library info:

Hours: Monday/Wednesday/Saturday 10-12 am  
Location: Riondel Comm Centre, south-east door  
Contact the Library: [the\\_librarian@bluebell.ca](mailto:the_librarian@bluebell.ca) or 250-225-3242

Visit the website and catalogue: [www.library.riondel.ca](http://www.library.riondel.ca)

*Next Deadline:*

*Aug 26, 2020*

*[www.eshore.ca](http://www.eshore.ca)*

## Smarter Than Jack or Jill

by Sharman Horwood

*Animals are smart, amazing creatures. If you have an animal story you'd like to share, please contact me at shhorwood@gmail.com.*

### Engineers of Land, Lakes & Streams

Beavers are not known for their intelligence. Instead, they have the reputation--like bees--for hard work. However, they have strong family relationships, and their lifestyles generate a situation where their natural aptitudes and instincts will develop. That takes a different kind of innate intelligence.

Measuring intelligence isn't easy. It's a complicated issue, as I've pointed out before. Stephen Budiansky in *If a Lion Could Talk* outlines some of the difficulties in determining intelligence. More often than not, we measure animals' intelligence based on their obedience, on how easy they are to train. However, animal minds really develop intelligence in order to survive. Evolution doesn't mean that every species is trying to become smarter. Instead, the animal is trying to become an effective part of their environmental niche. This requires specialized skills. Comparing what fish can do, for example, against what apes manage, isn't feasible. There are too many confounding variables. Apes have hands and different ways of processing food; they also see colour differently, as well as hear sounds quite separately. Each of these affects how a species' skills have developed.

Animals' response to their environment also isn't easy to measure. Sheep, for example, are generally regarded as dumb. However, "they are quite adept at learning and recognizing individuals by their faces; they

quickly . . . catch on to new feeding schedules; [and] they are good at finding holes in fences" (Budiansky). According to a friend who raises sheep, they "know" her and certain individual animals have approached her for help over the years. Also, "while people do not generally think of sheep as animals that can be taught anything, in fact farm flocks can easily be trained in a few lessons (with suitable food rewards) to come when called, and show sheep are routinely trained to walk on a lead and to stand still while a judge inspects them" (Budiansky). However, all of this is still measuring their obedience and willingness to do what we ask.

Beavers don't like to be trained. They know what needs to be done, and they don't give up. Civil engineers in Ontario understandably think of them as pests. The animals figure out how to get around anything and they are effective hydro engineers. They often respond to the sound of running water and rush to block it. Unfortunately, this means that beavers will damn culverts, stopping drainage. As a result, they are responsible for flooding roads, fields, and golf courses. In nature, these ponds will build up soil and nutrients, and help prevent droughts. They are a benefit to the area. Consequently, beavers can be seen as either eco-heroes or pests, depending on whether you are a farmer, a road engineer, a golfer, or a wetland bird looking for a safe place to nest and raise young.

Michel Leclair styles himself as the beaver whisperer. He was hired in Gatineau Park to help alter beaver behaviour there. Instead he tried to alter the stimuli that prompts them to act. In places where there are road culverts, he placed long rods sticking down into the ground about fifteen feet before the culvert. He also dug down and placed pipes running toward the culvert between them. Then he played a recording of water running beside the rods. This sound is a call-to-arms for beavers. It is the sound of their home ponds draining away and they will immediately go to work to build a damn to stop the water from vanishing. Because of the taped recording, they built their dams around the rods, and over the top of the pipes instead

of across the culvert's opening. The culvert water still flowed freely, and the waterway thus remained a home to beavers without undermining the nearby road.

Further west, Dr. Glynnis Hood, a wetlands ecologist, was brought in to Elk Island National Park. In the past, beavers had been trapped out of the area. She went back over 50 years of the park's records to determine the relationship between beavers and the park's ecology. She was surprised by what she learned. She had assumed that beavers, re-introduced into the park, would simply go to pond areas and build their lodges there. Instead, many of the beavers sought out spots where there was little water. They built dams there and with the developing ponds, thus brought water back into the area. The ponds and new network of streams benefitted many of the wetland birds and local wildlife. Moose began to come to the ponds to feed on the waterweed, much more nutritious food than what they could find in the forest. The ponds also kept wolves and bears away, protecting the beavers and their families, along with the rest of the wildlife in the water.

Beavers do clear an area of trees, but in turn they create spaces where water and food will flourish. They have poor eyesight, and orange teeth, yet work diligently throughout the night. They build a lodge in the center of the pond, where they can be safe from predators in winter as well as in summer. Their kits take approximately two years to mature, but they learn how to wash the bedding material inside the lodge, keeping it clean. They also use one of the secret entries into the lodge as a latrine. When the kits reach the age of two, they are apprenticed as dam-builders, working alongside their parents in building and maintaining the dams that support their ponds.

Beavers are beneficial members of their wildlife community. Their intelligence isn't obvious in comparison to other animals. It is there in the way they live. They are effective hydro engineers, and find ways to work around human incursions with our roads and our fields. They have a different kind of intelligence, one that restores nature's balance for wetland birds and wildlife.

## For the Love of Genre

by Sharman Horwood

### Manipulating History

Enjoy a good spy story. Films like *Spy Game*, or Le Carré's *Tinker, Tailor, Soldier, Spy* are classics to be re-read, re-watched again and again. This month I picked up one I hadn't read before; William Boyd's *Restless* (2006), and while it didn't surpass my other favourites, it is well worth reading.

William Boyd is a Scottish writer, born in 1952 in Ghana. He spent many years as a child in Ghana and Nigeria, and later in Scotland, France, and then England. He is consequently well-grounded in international customs and politics. In spy novels, this is basic knowledge, necessary in creating a world that appears factual, even if it isn't.

This tale is about two women, Sally Gilmartin and Ruth Gilmartin, a mother and daughter. It's set in two different times: the mother's life during WWII in 1941, and later the daughter's in the early 1970s. One Saturday, Ruth Gilmartin takes her son to her mother's for babysitting. When she picks Jochen up at the end of the day, her mother hands her a big envelope. Inside is a manuscript, titled *The Story of Eva Delectorskaya*. Ruth asks her mother who this is about, and her mother says, "Me . . . I am Eva Delectorskaya." To say the least, this is a big shock to Ruth and she wonders if her mother is losing her mind. She isn't. She has lived secretly as Sally Gilmartin for more than twenty years, from before Ruth was born.

The shock continues. Eva was a spy during WW II. She was recruited in France--she was a Russian emigré living in Paris--at her brother's funeral. Her recruiter was a British secret service agent, Lucas

Romer. Eva was then trained in the art of what can be termed "false news" in order to influence the U.S.'s involvement in the war. Up until Japan attacked Pearl Harbour in 1941, America was determined to remain out of the war that was overwhelming European countries. Prior to Japan's attack on the military base, European nations wanted the U.S. to join in the war, particularly since they had the money and arms that were needed to defeat the German troops. During the 1941 Blitz campaign over London, the Luftwaffe battered Britain. More than 40,000 civilians were killed, and in London, more than a million homes were destroyed or damaged.

In order to provoke U.S. involvement in the war, according to this novel, false news stories were put out by the British secret service. In one, for example, a supposed plan by Hitler to divide up South America was published in a Spanish newspaper. This was subsequently picked up by an Argentinian newspaper, again according to the novel, and published there. Plans were also suggested detailing how Germany would divide North America once Mexico, the U.S., and Canada had been conquered. Consequently, fear of Hitler and his plan to take over the world grew in Washington, D.C.

Sally Gilmartin wrote some of these fake news stories, and helped get them into newspapers where they would be noticed by people in authority in the States, as well as elsewhere. She was good at her job, so good, in fact, that the service started using her as a "honey trap," a woman who will seduce men from the opposing army or authority (also known as a "honey pot"). The technique was an effective recruitment ploy, as well as a way of gathering critical information in this growing conflict. Despite her lack of enthusiasm for this method, Sally was as good at this as she was in writing the false news stories.

Sally also begins to realize that in this world of spies, nothing is real. Her relationship with her boss is questionable, as are her relationships with all of

the people surrounding her in the service. She recognizes that "we may be lovers . . . but we are also spies: therefore everything is entirely different from what it seems." Her world is, on the surface, an illusion. She knows this because she worked to create it.

This is a world split in two by the war, and by the times in which the two women lived. Sally tells her daughter about her past in an attempt to recruit her, not into the field of espionage, but into helping protect her mother. Sally believes that her former employers--or their enemies--have found her and now want to kill her. The woman knows too much about them, and is a real danger to those who thought that the past was too distant to be a threat to their safety. Unfortunately, Sally Gilmartin knows too many of their secrets and she is at risk.

There is an element to this novel that reminds me of Hitchcock's movies, particularly *North by Northwest*. The reader doesn't know who can be believed, nor who is trustworthy. Ruth Gilmartin has to sort this out, and in the process, attempt to protect her mother's life.

*Restless* won the 2006 Costa Book Award and was subsequently dramatized as a two-part BBC Television adaptation, starring Michelle Dockery (*Downton Abbey*). The story does contain a few weak moments, and begins slowly, but while it is not a thriller, it is an interesting book.

**Next Deadline:**

**Aug 26, 2020**

**[www.eshore.ca](http://www.eshore.ca)**

## BOOK REVIEWS

by Tom Lymbery

**CATALINE, THE LIFE OF BC'S LEGENDARY PACKER**, BY SUSAN SMITH-JOSEPHY WITH IRENE BJERKY, Caitlin Press, \$22.95, 184 pages.

A summary of all the fascinating tidbits we have been fed over the years of Jean Caux, the man without parallel who came from Catalonia, part of Spain to run pack trains all over BC. I have always been fascinated by his amazing memory, as even though he couldn't read he was able to recall exactly who he owed money to.

He apparently went to the California gold rush and then gradually move north to start packing up towards Barkerville as gold searchers moved north. He worked with horses and mules and mostly preferred mules as they were more sure footed and able to carry bigger loads. He spoke a mixture of several languages, French, Spanish, Catalanian and the mixture of native and English – very few could have an understandable conversation with him. However he developed loyal workers who had to handle the heavy work of loading and unloading the pack animals.

Starting the packing season depended on when the spring grass grew and ended when snow made it difficult for feed. He tackled the Stikine River route from Telegraph Creek to the Teslin river which was proposed as the all Canadian route to the Yukon in 1897 – 98. This had little grass and much mud, compounded by the Field Force officers who blew bugles for commands and upset the animals.

Cataline took over packing for the Hudsons Bay Company, who found that they became Cataline's banker as he expected them to pay to whoever he requested. He could sign a cheque but needed someone to fill it in for him. He ended up working out of Hazelton and packing the supplies needed for the Yukon telegraph line. Co-author Irene Bjerky is a descendant of Cataline as he married a native wife and sent funds to support his children.

When I asked the Hazelton museum where to look for his grave they suggested that I would have trouble finding it. The cemetery is a beautiful spot, looking down 200 feet on the Skeena River. I knew that he died in 1922 so found a row of graves for that year, so did find his resting place, even though someone had taken the brass plaque with his name on it.

**AT THE BRIDGE – JAMES TEIT AND AN ANTHROPOLOGY OF BELONGING** BY WENDY WICKWIRE, UBC Press, \$34.95, 375 pages.

James Teit was a most important man who lived at Spences Bridge in BC, married a native lady and learned several indigenous languages. He gained the confidence of many and got them talking about traditions and memories that virtually no one else had taken the time to do.

He grew up on the island of Lerwick in the Shetland Islands where his family suffered from landlords removing them from the island in order to raise sheep, also the fishing was too controlled to make a living. So even though James was fluent in the local Gaelic he subtly changed his last name from Tait to Teit and eventually made his way to Canada.

Since he had so much contact with the native peoples, Franz Boaz from the US employed him to write about the histories and stories he had received. He wrote extensively and mailed these to Boaz, who published many but often neglected to acknowledge Teit as the researcher and author. This book is a classic addition to our knowledge of indigenous – settler relations.

**WHEN WE ARE BROKEN, THE LAKE ELEGY**, by LUANNE ARMSTRONG, designed by WARREN CLARK, 70 pages. \$30.00

Luanne's photographs on one page and on the opposing page, her seasonal expressions of the photo. Since Luanne posts many of her photos of the lake with her dogs, cats and more on Facebook many people have been asking for these – so here they are in full page colour.

Grandchildren, pets, driftwood, trees and more – all with the background of our lake with the beach that she walks down to nearly every day. Her descriptions of her parents and of growing up between the highway and the lake, you can pick up and read again and again.

I have read most of Luanne's 22 books but this is something very different and special. Limited edition, signed by Luanne so please get your copy soon to cherish and refer to.

16 Mainstreet August 2020

## Why Did the RDCK Change Recycling in the District?

press release

Nelson, BC: The Regional District of Central Kootenay (RDCK) began to implement significant changes to its recycling program last month. With the previous recycling contract expiry looming, the RDCK had to assess the future of recycling in the district. Options included going to market for a new contract with a private company at a time of significant hardship for the global recycling industry or move to the Recycle BC stewardship program already used throughout British Columbia and by all municipalities in the RDCK with curbside recycling service.

Co-mingled or single stream recycling, like the previous program in the RDCK, can improve program participation; however, it sees higher contamination rates and higher processing costs. Contamination rates and occurrences of illegal dumping were high at RDCK recycling depots under the previous program. Sites were previously open 24/7 and did not have staff. Recycling contamination has a direct impact on the quality of recyclables entering the commodity markets. In some cases, contamination can result in the rejection of loads, adding cost and seeing the load end up in the landfill.

It was clear the old way of recycling in the RDCK was no longer sustainable. China, the world's largest importer of recyclable materials, has banned imports of recycling exceeding 0.5% contamination. With the low or negative values for most recycling commodities rebates no longer covering cost of processing, it has become hard to find markets for low grade recycled materials. Recycling the right things in the right way has never been more important.

The Recycle BC program requires residents to sort recyclables and the collector (RDCK) to provide secured and staffed sites, which are major contributors to Recycle BC program's low contamination rates. Lower contamination results in higher quality raw recycled materials which are easier to market and more desired by local manufacturers. The Recycle BC website provides information on why the programs works well and where your recycling ends up (<https://recyclebc.ca/what-happens-to-my-recycling-blog/>). Residents can rest assured their recycling efforts are worthwhile!

Another benefit of the Recycle BC system is that all producers of residential packaging and printed paper distributed in BC must financially contribute to the cost of hauling, processing and marketing recyclables, which reduces the cost of a recycling program.

"We understand the transition has been challenging for residents of the RDCK, but joining the Recycle BC Stewardship program was the right decision to ensure our recycling efforts make a difference," said Amy Wilson, RDCK Resource Recovery Manager. "We appreciate everyone's patience as we get all our depots online and working at full capacity by the first week of August."

Over half the RDCK's recycling depots have transitioned over to the new Recycle BC program. Thirteen depots including the Boswell Transfer Station, Crescent Valley Hall, Creston (Helen Street), Creston Landfill, Grohman Narrows (Nelson), Nelson Recycling Depot (Lakeside), Ootischenia Landfill (Castlegar), Yahk, Ymir, Crawford Bay Transfer Station, Kokanee Park Marina, Riondel, and Winlaw have all initiated service. Additional infrastructure is being installed at some locations and servicing schedules are being refined with the new hauling contractors to increase capacity at all sites.

The remaining 10 depots, Balfour Transfer Station, Burton Transfer Station, Edgewood Transfer Station, Kaslo Transfer Station, Marblehead Transfer Station, Nakusp Landfill, New Denver, Salmo, Silverton, and Slocan Transfer Station will be phased in over mid to late July. Depots in Gray Creek, Wynndel, West Creston, the Lower Kootenay Band Office and Kitchener were incompatible with the Recycle BC service and were permanently closed during the transition.

## God & St Francis Discuss Lawns

submitted by Branca Lewandowski

*Unknown Author: I have tried to discover who wrote it, but it has been shared on many sites across the net and there is no author named. Enjoy!*

**God to Saint Francis:** Frank, you know all about gardens and nature. What in the world is going on down there on the planet? What happened to the dandelions, violets, milkweeds and stuff I started eons ago? I had a perfect no-maintenance garden plan. Those plants grow in any type of soil, withstand drought and multiply with abandon. The nectar from the long-lasting blossoms attracts butterflies, honey bees and flocks of songbirds. I expected to see a vast garden of colors by now. But, all I see are these green rectangles.

**Saint Francis:** It's the tribes that settled there, Lord. The Suburbanites. They started calling your flowers 'weeds' and went to great lengths to kill them and replace them with grass.

**God:** Grass? But, it's so boring. It's not colorful. It doesn't attract butterflies, birds and bees; only grubs and sod worms. It's sensitive to temperatures. Do these Suburbanites really want all that grass growing there?

**Saint Francis:** Apparently so, Lord. They go to great pains to grow it and keep it green. They begin each spring by fertilizing grass and poisoning any other plant that crops up in the lawn.

**God:** The spring rains and warm weather probably make grass grow really fast. That must make the Suburbanites happy.

**Saint Francis:** Apparently not, Lord. As soon as it grows a little, they cut it-sometimes twice a week.

**God:** They cut it? Do they then bale it like hay?

**Saint Francis:** Not exactly, Lord. Most of them rake it up and put it in bags.

**God:** They bag it? Why? Is it a cash crop? Do they sell it?

**Saint Francis:** No, Sir, just the opposite. They pay to throw it away.

**God:** Now, let me get this straight. They fertilize grass so it will grow. And, when it does grow, they cut it off and pay to throw it away?

**Saint Francis:** Yes, Sir.

**God:** These Suburbanites must be relieved in the summer when we cut back on the rain and turn up the heat. That surely slows the growth and saves them a lot of work.

**Saint Francis:** You aren't going to believe this, Lord. When the grass stops growing so fast, they drag out hoses and pay more money to water it, so they can continue to mow it and pay to get rid of it.

**God:** What nonsense. At least they kept some of the trees. That was a sheer stroke of genius, if I do say so myself. The trees grow leaves in the spring to provide beauty and shade in the summer. In the autumn, they fall to the ground and form a natural blanket to keep moisture in the soil and protect the trees and bushes. It's a natural cycle of life.

**Saint Francis:** You better sit down, Lord. The Suburbanites have drawn a new circle. As soon as the leaves fall, they rake them into great piles and pay to have them hauled away.

**God:** No!? What do they do to protect the shrub and tree roots in the winter to keep the soil moist and loose?

**Saint Francis:** After throwing away the leaves, they go out and buy something which they call mulch. They haul it home and spread it around in place of the leaves.

**God:** And where do they get this mulch?

**Saint Francis:** They cut down trees and grind them up to make the mulch.

**God:** Enough! I don't want to think about this anymore. St. Catherine, you're in charge of the arts. What movie have you scheduled for us tonight?

**Saint Francis:** 'Dumb and Dumber', Lord. It's a story about....

**God:** Never mind, I think I just heard the whole story from St. Francis.



## Notice of Passing

**Pearl Pasiechnyk, 1932-1920**



It is with heavy hearts we announce the passing of our mom, grandma, great grandma, Pearl Pasiechnyk.

Pearl loved to knit, crochet, and was an extremely talented seamstress. She taught evening sewing classes in Riondel, B.C., and loved all the latest fashions, especially shoes. She started waitressing

in 1970 and worked into her 70's. Pearl was a feisty beautiful woman, to the very end.

Left to mourn her passing, her children Barb (Ray), Barry (Lori), and Robert, grandchildren, Olivia (Chris), Travis (Angela), Grady (Corissa), Elli (John), Kayla (Mark), great grandchildren, Jillienne, Grace, Zachary, Zoey, Leni, Liv, Mabel and Rory. Pearl was predeceased after 56 years of marriage by her husband Russel in 2008.

We would like to thank the staff at The Pines, for their extraordinary care and kindness. Donations in Pearl's honour can be made to the Kimberley Special Care Home "The Pines". Arrangements entrusted to McPherson Funeral Services. Condolences for the family can be offered at: [www.mcphersonfh.com](http://www.mcphersonfh.com).

**[www.eshore.ca](http://www.eshore.ca)**  
**[mainstreet@eshore.ca](mailto:mainstreet@eshore.ca)**  
**250.505.7697**

## How Age Friendly Are We?

**submitted by Laverne Booth,  
Project Manager of Age Friendly  
Community Assessment**

The small communities on the East Shore/Wynndel of Area A are home to a growing number of seniors and elders. A new study begins in August of this year to find out how age friendly are our communities- do our residents have what they need to age well in place?

Funding from the Union of BC Municipalities (UBCM) has been provided through our RDCK and local organization Community Connections. Age Friendly communities are considered based on 8 concerns:

- outdoor spaces and buildings;
- transportation;
- housing;
- social participation;
- respect and social inclusion;
- civic participation and employment;
- communication and information; and
- community support and health services.

Conversations with local leaders of seniors organizations have identified a couple of concerns arising from the time of the pandemic. First is the desire to keep our elders in their own homes and communities for as long as possible. This has been on top of mind for time now and we have seen the growth of Better at Home for example where services are provided to help seniors stay in their own homes. We have Bluebell Manor in Riondel as an independent living space for seniors. There is more we can do. Do you have ideas about how we can keep our precious elders healthy and happy in our communities? If so, please call Laverne Booth, project coordinator at 250-551-6020.

The pandemic also made it clear that internet, social media and phone connections became pretty important

as we all locked down at home, often alone. Residents who are not connected up may be more interested now, and ways are being sought to train seniors and elders. There will soon be Fire Tablets placed in five or six locations between Riondel and Wynndel that have a new [eastshore.elderconnect.ca](http://eastshore.elderconnect.ca) smart hub with information for seniors on a local, regional and provincial level. If you would like to become a local wayfinder to help elders access social media, please give Laverne a call or email [eslearningplace@gmail.com](mailto:eslearningplace@gmail.com).

Starting in late August, seniors and elders from all of the communities of Area A may be contacted by telephone. The project originally planned to bring people together for teas and other events, but for now we will begin with phone calls to find out how residents are doing, and what community creativity we can find to ensure our communities continue to be a safe and caring place for all ages of residents.

## Did You Know?

Would you like to help  
The East Shore Better at Home Program:

Donations are always appreciated!

Cheques can be made out and sent to  
Valley Community Services

Re: Better at Home

P.O. Box 187

Creston B.C., V0B 1G0

(tax receipts are issued for donations over \$20)

For more information about the program  
please contact: Rebecca Fuzzen

Tel: 250-505-6717

E-mail: [betterathomeeastshore@valley.services](mailto:betterathomeeastshore@valley.services)

Online: [www.valley.services](http://www.valley.services)

## Options For Getting Flu Vaccines in the Interior Health Region Will Change This Fall

**IHA press release**

Due to COVID-19, Interior Health will not offer its drop-in flu vaccination clinics this fall but is encouraging everyone to get the shots.

"Bringing in groups of people into these locations does create a risk of COVID-19 exposure, particularly to those most vulnerable to COVID-19 and the flu," an Interior Health news release states.

Doctors, primary care offices and pharmacists now provide about 70 per cent of flu vaccines in the region and they will still be available through Interior Health but by appointment only.

"We are also supporting our community providers to continue making flu shots available in pharmacies, travel clinics and primary care settings," the release states. "Our priority working with our partners is to ensure everyone who wants a flu shot this season will get it."

Incorrect information has been floating through the community and in some media reports suggesting Interior Health was not offering vaccinations this year. The release was published as a 'clarification' to those reports.

## Regional District of Central Kootenay

### Water Conservation Notice

**For immediate release**

July 29, 2020 - RDCK Water Conservation Notice - Stage 3 Water Conservation Measures in Effect for Riondel Water System

Nelson, BC: The Regional District of Central Kootenay (RDCK) has implemented Stage 3 Water Conservation Measures for the Riondel Water System due to an extended power outage resulting in low reservoir levels.

**Stage 3 Water Conservation Measures include:**

- Watering of lawns is prohibited.
- Watering of gardens, trees and shrubs ONLY between 6am - 10am and 8pm - 10pm.
- Watering using drip irrigation, a watering can, &/or hand held hose is permitted at any time.

The RDCK appreciate your cooperation in adhering to the above water conservation measures. Stage 3 Water Conservation Measures will remain in effect until further notice. Stricter water conservation measures may be required if demand increases significantly, hot and dry weather persists, or if the reservoir declines to critically low levels.

For more information about water conservation including: information on xeriscaping (drought resistant landscaping) and the RDCK Water Conservation Measures table, please visit our website at [www.rdck.ca/water](http://www.rdck.ca/water), or contact the RDCK at 250-352-8192 or 1-800-268-7325 ext. 8171.



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Contact: Ingrid Baetzel, Editor

Phone: 250.505.7697

Box 140, Crawford Bay, B.C. V0B 1E0

Email: [mainstreet@eshore.ca](mailto:mainstreet@eshore.ca)

Web: [www.eshore.ca](http://www.eshore.ca)

### ADVERTISING RATES

\$35 - 3.25 wide X 1.75 tall (inches)

\$40 - 3.25w X 2.5t

\$45 - 3.25w X 3t

\$50 - 3.25w X 4t

\$55 - 3.25w X 4.5t OR 6.75w X 2.25t

\$65 - 3.25 X 6t OR 6.75w X 3t

\$85.00 - 3.25w X 9t OR 6.75w X 4.5t

\$100 - 3.25w X 10.25t

\$130 - (1/4 page) 5w X 7t

\$150 (1/3 page) - 6.75w X 7t

OR 3.25 w X 14.5t OR 10.25w X 4.5t

\$225 (1/2 page) - 10.25w X 7t

\$400 (full page) - 10.25w X 14t

Sample Sizes - more sizes available.

Column Width: 3.25 inches - double width: 6.75 inches - full width: 10.25 inches

Services Directory: \$5/month, up to 3 lines.

Classified Ads: \$5/first 30 words, 10c/word additional

**\*\*THESE RATES ARE FOR B/W ADS ONLY\*\***

**FOR FULL COLOUR, ADD 30%**

## Memorial Wall

Whether your loved one has scattered ashes, was buried elsewhere or was 'beamed up', the **Memorial Wall in Gray Creek Cemetery** can mark their time here.

Visit the unique woodland cemetery on Oliver Road South and contact **Tom at [lymbery@netidea.com](mailto:lymbery@netidea.com)** for a handsome brass plaque.

**SERVICES DIRECTORY/CLASSIFIEDS**

The Service Directory is a great way to have your business listed as a reference for those shopping for a particular professional service. Keep your phone number handy and your message clear.

**AUTOMOTIVE/MARINE**

**EASTSHORE AUTOMOTIVE** - Service & Repair 250-227-9370

**NORTHSTAR CRESTON** - 1-800-551-9351 Full service 8-bay shop featuring Certified Service lube, oil and filter starting at \$24.95 plus parts & eco fees. Full line of major tire brands, GM & AC Delco parts and batteries.

**BUS SERVICES/ANNOUNCEMENT**

**EASTSHORE CIRCLE OF FRIENDS ART SHOPPE:** Open 11am-3pm, Friday, Saturday, and Sunday in August.

**MUTUAL FIRE INSURANCE** of B.C. Quotes on Homes, Mobiles, Farms & Tenants. Seniors discounts at 55. Home Protection; No Claim; New Home. ph/fax 250-428-7937, broker Virginia Harder. wvharder@shaw.ca

**CONSTRUCTION/CONTRACTORS/TRADES**

**HULLAND AND LARSEN CONSTRUCTION** - experienced residential construction & custom finish work. 250.551.2915 or 250.505.3570. (see ad in contractor section)

**SAMURAI HARDWOOD FLOORING:** Sales, Installations, Tile, Stairs and Millwork www.samurai-hardwood.com 2505513764.

**STEEL WHEELS** - Septic systems planned & installed. We dig too, mini hoes for you. Dave/Donovan. 250.354.8498

**THE GREEN MACHINE** - Excavation, Landscaping, Installation of Waterlines. Ph.: 250.225.3485

**TURLOCK ELECTRICAL CONTRACTING LTD.** (See colour ad in this issue for more information.) 250-227-9688 or 250-551-4671

**PERSONAL CARE/HEALTH**

**ALEXIS PHILLIPS, M.A., R.C.C.** - Registered Clinical Counsellor specializing in complex trauma, relationship issues, grief & loss, anxiety & depression. Apptmnt/consultation, call 250-509-0368. Email: alexandralianephillips@gmail.com

**BLANCHE TANNER** - Breath Practitioner, (Family Constellation) Heart-Centred Therapy (Meditation), Healing Emotional, Physical & Sexual Abuse, Addictions, Relationships, Anxiety, Depression. 227-6877

**COUNSELLING & SUPPORT SERVICES:** Free and Confidential for children, adults and families. Services include: Adult Mental Health and Addictions; Child Youth Mental Health; & Family Support. Call 1-866-774-5324 (toll-free) or 250-353-7691. North Kootenay Lake Community Services Society.

**EAST SHORE HOSPICE** - Palliative care for anyone facing life threatening illness. Confidential support for individuals and their loved ones. Hospice can also provide grief and bereavement support. 250 227 9006 ext 29 - eastshorehospice@gmail.com. Volunteers needed. Please contact for more info

**FIRST CONTACT EAST SHORE MIDWIFERY** - Sylke Plaumann, registered midwife. 250-227-6846.

**KOOTENAY SOUND HEALING CENTRE** on Riondel Road, offering Sound Healing treatments, Gong meditations, Astrology consultations, Workshop/Event space, Acutonics® classes, and products. www.kootenaysoundhealing.com, 250-225-3518, theresa@kootenaysoundhealing.com

**REGISTERED ACUPUNCTURIST, LISA SKOREYKO R.AC.** Treatment for pain, emotional disturbances, gastrointestinal issues and much more. 250.777.2855. Unit #9 Crawford Bay Inn. 16210 Hwy 3A, Crawford Bay.

**REGISTERED HERBAL THERAPIST, MASTER HERBALIST** - Maya Skalinska, M.H., R.H.T. Iridology, Tongue & Pulse analysis, Nutritional consultations, individual herbal remedies, Flower Essence consultations & remedies. For appointments, please call 250-225-3493.

**REGISTERED MASSAGE THERAPIST:** Harre-son Tanner - Over 40 years clinical experience. Treatment of Lumbo/Sacral Strain, Whip Lash, Frozen Shoulder, Migranes/Headaches, TMJ problems, & Stress. No doct refl req'd. 227-6877/cell: 505-6166.

**SUSAN SNEAD ACUTONICS PRACTITIONER (TUNING FORK THERAPY):** With certificates in Ayurvedic massages, Foot Reflexology, Fibonacci tuning fork alignment. Bach Flower Remedies and Astrological consultations. 250.225.3520.

**THERESA LEE MORRIS, SOUND HEALING TREATMENTS** with planetary gongs, singing bowls, tuning forks and chimes. Certified Acutonics Practitioner and Instructor, theresa@kootenaysound-healing.com, 250-225-3518

**WILLIAM MORRIS, PhD, DAOM,** offering astrological consultations combining 40 years of clinical practice weaving Chinese medicine, Astrology and Sound Healing. wmorris33@gmail.com 250-225-3518

**RENTALS/ACCOMODATION**

**YEAR ROUND SHORT TERM ACCOMMODATION.** Bluebell Cottage in Riondel. Can sleep up to 10 people. Newly renovated, warm and cozy. 250-551-7953. Openings still available for the holidays.

**RESTAURANTS**

**CRAWFORD BAY HALL & COMMUNITY CORNER BUILDING** - available for community events, wedding receptions, workshops etc. Non-smoking facilities. Call Kathy, 227-9205.

**NEWKEY'S PLACE** - Hwy 3A in Crawford Bay, licensed area. Open noon til close Monday to Sunday. Food Specials all day. 227-6911.

**ROCKWOOD CAFE** - Authentic Chinese food, and perfect burgers. Open Tues - Sun. Hwy 3A Gray Creek. 227-6840.

**YARD/LANDSCAPING/SITE PREP**

**TREE SERVICE, RESIDENTIAL** - Fully insured Limbing, Pruning, Topping, Falling. Danger Tree Assessments, Free Estimates. Call James Linn at 250 225 3388



**JK Excavation Ltd.**  
250.354.7055  
[jkexcavationltd@gmail.com](mailto:jkexcavationltd@gmail.com)  
trucking. excavation. snow removal

**Next Deadline:**  
**Aug 26, 2020**

**Massage Therapy**  
**Harre-son Tanner, RMT**  
*Over 40 years clinical experience*



\* Knowledgeable \* Skilled \* Experienced  
For appointments, call 227-6877/505-6166

**CLASSIFIED ADS**

**BUSINESS ANNOUNCEMENTS**

**Insurance Certification** requires professional chimney installation – we are the pros – Gray Creek Store, 250.227.9315

**BUSINESS SERVICES**

**Fax service,** photocopies, (with no PST/GST) Tom Lymbery – Notary Public, 250- 227-9315, fax 227-9449, 250 551 0423 for Notary Public.

**RENTALS/HOUSING**

Want to rent housing accommodation for two adults, in Crawford Bay, Riondel or close by... Or to rent a location for my RV; requiring electricity, fresh water and septic hook ups year round. Please contact Elann at (Cell) 306-430-9121 (Home) 250-225-3555

- Planning a wedding?
- Holding a meeting?

Consider renting the  
**BOSWELL MEMORIAL HALL**

Booking/info: Karen Lee at 250.223.8686

*The Fitness Place*

**Open to members**  
**7 days per week**  
**5:30am-10:30pm**

Reduced supervisor hours may occur with reopening, so please contact Julia Kinder at [eastshorefacilities@gmail.com](mailto:eastshorefacilities@gmail.com) or 250.777.2497 (email is preferred)

**YOUR HALL IS AVAILABLE!**  
For community events, wedding receptions, workshops... you name it!  
Booking: Kathy Donnison - 250.227.9205

**CRAWFORD BAY HALL**  
*Your community hall*

**A non-smoking facility**



**NOT YOUR AVERAGE VOLUNTEER GIG**  
*Serving the East Shore.*

Join us. Be a volunteer responder. | RIONDEL FIRE/RESCUE SERVICES  
Call 250.551.1352

## BULLETIN BOARD

**Community Notices, Thank You's, Not-For-Profit Announcements  
(all not related to business), Church Calendar & Meeting Places -  
free on the Bulletin Board.**

\* **BULLETIN BOARD** \* **BULLETIN BOARD** \*

**CHILD HEALTH CLINIC, ADULT IMMUNIZATIONS,  
PUBLIC HEALTH NURSE**

Will be at the East Shore Health Centre monthly.  
For information, call Creston Health Unit at 250-428-3873.  
**EAST SHORE HEALTH CENTRE Call 227-9006**  
**\*See calendar for doctor days\*** - Doctor hours are from  
9:30am to 4:30 pm. Please call 227-9006.  
Interior Health Authority, Community Care Nursing  
and Home Support Services - 250-352-1433.

### HEALTH CLINIC MESSAGE

**We are doing phone appointments right now, unless the patient absolutely has to be seen, or they can go to emerg. In Creston or Nelson. If someone is having symptoms of Covid-19 they are asked to stay home and call 250-551-7500 or 811.**

**Lab and Doctor apts.**

**Our doctors are doing telephone appointments when possible.**

**If you are experiencing any symptoms such as fever, cough, shortness of breath,**

**“Please do Not Come INTO CLINIC**

**“ Call 811 or Nelson Testing Site  
Phone 250-551-7500**

**We do not have the testing kits here at the clinic.**

**PLEASE CHECK BACK PAGE  
CALENDAR FOR DOCTOR DAYS**

### **HEALTH PHONE NUMBERS**

- ES Health Centre: 227-9006
- Drug & Alcohol: 353-7691
- Child & Youth: 353-7691
- Community Nursing: 352-1433
- Public Health Dental Screening/Counseling:  
428-3876
- Hospice: 227-9006
- Baby Clinics: 428-3873
- Mammography Screening: 354-6721
- Physiotherapy: 227-9155
- Massage Therapy: 227-6877
- Mental Health Crisis line - 1-888-353-CARE (2273)

**RIONDEL COMMUNITY CENTRE**

The Riondel Community Centre is 'tentatively' scheduled to reopen mid-August and we are waiting to hear what protocols we will need to follow for any Seniors activities. It is unlikely we will start up any programs before September so look for more news in the September issue.

**THE EAST SHORE KOOTENAY LAKE  
COMMUNITY HEALTH SOCIETY**

**NEEDS YOU!**

Become a member today and help us craft a vision for health care for the East Shore Communities! Membership includes voting privileges at the next Annual General Meeting on September 24, 2020 (details to follow).  
Yearly member fee: \$5 For more information email:  
ESHealthSociety@gmail.com

**EAST SHORE HEALTH CENTRE NEWS**

The East Shore Kootenay Lake Community Health Society welcomes our new nurse Nicola Candy  
Nicola will be available on  
Tuesdays, Wednesdays & Thursdays,  
call the clinic (250-227-9006) for more info.

***Next Deadline:***  
***Aug 26, 2020***  
***www.eshore.ca***



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**Contact: Ingrid Baetzel, Editor**  
Phone: 250.505.7697  
Box 140, Crawford Bay, B.C. V0B 1E0  
Email: mainstreet@eshore.ca  
Web: www.eshore.ca

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## CHURCH/MEETING CALENDAR

**RIONDEL COMMUNITY CHURCH**

Everyone welcome.

**CHRIST CHURCH & EAST SHORE  
CONGREGATIONS ST. ANSELM'S CHURCH BO-  
SWELL (Anglican)**

No services at the present time. Contact Christ Church Creston for info - 250.402.3225

**HARRISON MEM CHURCH, ANGLICAN**

Crawford Creek Rd., Crawford Bay  
No services at this time.

For info, please contact Rev. Leon Rogers: 250.402.3225

**KOOTENAY LAKE COMMUNITY CHURCH**

*A Lighthouse on the East Shore*

Come & join us Sundays at 10 am.

Coffee fellowship after the service.

Pastors Richard and Ramona Dannhauer  
16190 Hwy 3A, Crawford Bay: 250 505 8286

**YASODHARA ASHRAM**

Satsang (non-denominational, "in the company of the wise"),  
each evening 7:30pm. Everyone welcome, 250.227.9224

**MOST HOLY REDEEMER  
CATHOLIC CHURCH, RIONDEL**

Fr. Lawrence Phone: 428-2300

Sun Mass at 2pm.

**CHRISTIAN SCIENCE CHURCH SERVICES**

Held in the Anglican Church, 8151 Busk Rd, Balfour  
Sundays, 9:30 am All welcome! 250.229.5237

## MEETING PLACES

**LIONS CLUB** - meets at the Kootenay Lake Community Church - 16190 Highway 3A, Crawford Bay. Meeting Times: 7 pm. 2nd and 4th Tuesday of the Month. For More info call Lion Mike Jeffery - 250-227-6807 or Lion David George at 250-227-9550 or Lion Fraser Robb at 250-227-9636.

**TOPS** - Take Off Pounds Sensibly: meets Thursdays at 8:30am, Kootenay Lake Community Church basement. Info: Myrna at 227-9420

**PARENT ADVISORY COMMITTEE**

(PAC) Meetings usually held at 5:30 pm at the Crawford Bay School on the first or second Monday of the month.  
Email cbess.pac@gmail.com for info.

## Kootenay Lake

## Ferry Schedule

**Summer: Late June - After Labour Day**

Vessel	Departs Balfour	Departs Koot. Bay
Osprey	6:30 am	7:10 am
Osprey	8:10 am	9:00 am
Osprey	9:50 am	10:40 am
Balfour	10:40 am	11:30 am
Osprey	11:30 am	12:20 pm
Balfour	12:20 pm	1:10 pm
Osprey	1:10 pm	2:00 pm
Balfour	2:00 pm	2:50 pm
Osprey	2:50 pm	3:40 pm
Balfour	3:40 pm	4:30 pm
Osprey	4:30 pm	5:20 pm
Balfour	5:20 pm	6:10 pm
Osprey	6:10 pm	7:00 pm
Osprey	7:50 pm	8:40 pm

## DOCTOR DAYS IN AUGUST (SEE ABOVE ABOUT COVID 19

### PROTOCOL)

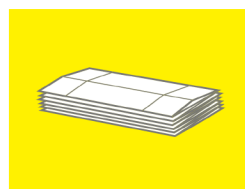
Every Tues: Dr. Piver  
Every Weds: Dr. Moulson  
Every Thurs: Dr. Barbour

# SORT YOUR RECYCLING

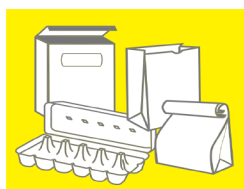
Sorting your recycling ensures collected material is recycled properly. Recycle BC depots follow this rule and have collection containers for many different, separate categories.

## Sorting is easy. Follow the signs!

Here's a look at some Recycle BC material categories:



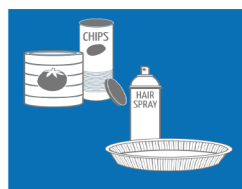
Cardboard Boxes



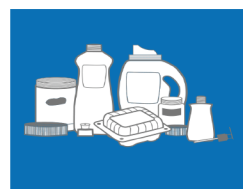
Paper Packaging



Cartons and Paper Cups



Metal Containers



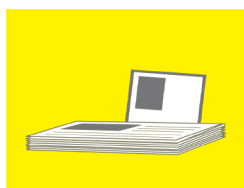
Plastic Containers



Other Flexible Plastic Packaging



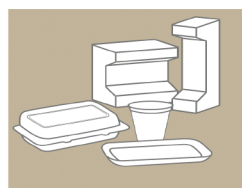
Household Paper



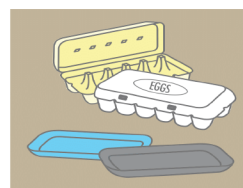
Newspapers and Flyers



Plastic Bags and Overwrap



Foam Packaging



Coloured Foam Packaging



Glass Containers

WHAT'S YOUR FAVOURITE LOCAL BUSINESS?

**SHOW LOCAL LOVE**

SHOP  
SHARE  
HASHTAG  
WIN PRIZES  
ALL SUMMER

#SHOWLOCALLOVEBC



@economicactionpartnership



@EAPartnership



RESOURCE RECOVERY FACILITIES  
HOURS OF OPERATION

**Crawford Bay Transfer Station**

May 1, 2020 to October 31, 2020  
9:00 am – 3:00 pm  
Sunday, Tuesday & Thursday

**Boswell Transfer Station**

Year Round  
11:00 am – 3:00 pm  
Wednesday & Saturday

How to reach us: Toll Free: 1-800-268-7325  
Website: www.rdck.ca  
Facebook: @rdcentralkootenay



**HIGH-SPEED INTERNET**

1 (844) 776-3747  
www.eastshoreinternet.ca

Central Kootenay Lake's community non-profit ISP.