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The East Shore Mainstreet

KOOTENAY LAKE BC

Serving the East Shore communities of Boswell, Gray Creek, Crawford Bay, Kootenay Bay and Riondel

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Reviews,
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MS Issues

by Ingrid Baetzel,
Editor

I recently returned from a family reunion in Eugene, Oregon. I travelled there with my mother and two kids, through the mind-numbingly hot valleys and plains of Washington and Oregon, to the lush and lovely destination city. The reunion was a celebration of the Coulter clan - my mother's father and his three sisters as well as all of their descendents. None of Papa's (mom's dad) sisters are any longer alive, and he himself died a year and a half ago, cutting that last bridge to the generation that raised my parents. Now, there is one less link. The jump is smaller.

At this reunion, which had approximately fifty attendees, I met cousins I didn't know I had. I made the Nevada connection and the New Hampshire connection... I learned about places that I would love to travel and those I would never set foot in (48 degrees celcius in Phoenix during the summer months means that city won't see my Canadian derriere anytime soon), and I realized something else...

It didn't matter that I have never met many of these people before; it didn't matter that some of us share almost nothing in the form of faith or ideology or world views... they are family and we know each other on some more profound level. Or - or, we simply choose to love through boundaries and borders because we know that same blood that defines our characters runs through the other's body, too. Somehow, I could feel Papa and Grandma in all of them.

Also, seeing my mom together with her three sisters was something special. Watching the four of them interact - what a special gift. I could almost imagine their adolescent and childhood lives together and I could certainly see the myriad of ways in which they all carried the traits of the generation before... her voice, her facial mannerisms, her hands. All small hints of nostalgia that help me to remember how we live on through each other.

I am learning to appreciate those handed-down resemblances now. Where I used to rail against people remarking on how much like my mother I can be, now I see how much like her father she is and how wonderful that is for me. I see how we carry forward, whether through emulation or accident, the gifts of our ancestors and I bow with acceptance (even pride) under the weight of family and all that has gone before.

They may be heavy words, but family leaves me light at heart.



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Next Deadline:
MONDAY August 23, 2010

the east shore bistro

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LETTERS TO THE EDITOR

FERRY CAPACITY

Letter to the Editor

Our daughter went early to the 7:10am Osprey Ferry on the Monday after Starbelly and discovered 7 lanes already full. Not knowing if this lane would make the ferry she turned around and drove over the Salmo Creston to Trail. This tweaked our curiosity as to how many lanes the Osprey takes at Kootenay Bay. After asking quite a few locals and getting a variety of answers we went to the source. For your information it is 6 rows for sure. Any cars in the 7th row depend on what is in the other lanes. The Osprey will take all the lanes at Balfour.

*Bharbara Banner,
Gray Creek*

SHINING EXAMPLES

Dear Mainstreet:

Bat-hen Tiv and Alvin Dunic are shining in the recent souvenir of the class of 2010 graduation ceremony.

Alvin has once again brought enough energy in a long process towards manifesting one of the best school events of all years. He organizes, coaches, negotiates students' dynamics for months in order to orchestrate a smooth public and personal demonstration of achievement.

Bat-Hen is the exotic beautiful woman who graciously photographed the moment (on June 18 -2010). She offered to do it and the students appreciate the memento she provided as a souvenir on computer disks.

She also is seen taking photos of our many community events, promoting herself as a professional photographer. This community benefits greatly from the generous enthusiasm of talented people like those two and they deserve our recognition.

*Marie-Chantal Legault-Elias,
Gray Creek, BC*

EAST SHORE ROAD MAINTENANCE

Dear Editor:

Two issues have disturbed me as a local business owner struggling more than usual this year.

The first is regarding the large electronic signs announcing the bridge replacement at Akokli Creek. Customers and locals say that the wait is either non-existent or just a few minutes. However I crossed the ferry recently and while waiting to return was astonished to watch the large prominent flashing sign announcing "Single lane traffic - 32 km - 7 am to 7 pm - Akokli Creek." To my mind this reads single lane traffic for 32 km, very misleading, as it is more like 32 metres. I am guessing there is a similar sign in Creston located just where people are deciding whether to take the Kootenay Pass or drive up the lake. This has been damaging to business. The Kootenay Lake Chamber members have pleaded with the Ministry for years to keep awareness of the businesses on the East Shore when announcements like this are made. Please modify or remove them.

The second issue is weeds along the sides of the highway. Given the wet spring they are a lush 3 - 5' high now. Not only unattractive, they are dangerous, blocking the view of pedestrians and bicycles. The plants are also encroaching on the shoulders damaging pavement. It seems that the mowing does not extend as far into the road allowance as it used to and many small trees are springing up which will surely be more costly to remove later. Let me be clear, I am very glad the roadways are mowed mechanically; the last thing I want to see is the use of herbicides, however in the past the mowing occurred more frequently and our highway was tidy and safer.

Janet Wallace, Riondel Road

P.S. Highways has since responded to my letters and dealt appropriately with both issues by dealing with the weeds and changing the signage at Akokli Creek. In fact, they mowed the next day.

THANKS FOR BIRTHDAY

Dear Community:

I would like to thank all my friends and family who made my 90th birthday so memorable.

It started off with a helicopter ride. The farm is twice as big from the air and we saw a big bull elk on a slide up Crosdale Creek. The lake is so beautiful to fly over.

Then there was a picnic at the Gray Creek hall where I went to school 75 years ago. There were about 150 people there. All that was written in the guest book were pats on the back, unless some of my late wife's goodness has worn off on me.

Then Jim Donald and his band played beautiful music. I felt like I was coming home from the war again instead of a poor dirt farmer.

There was supper with 100 friends and relatives up at my daughter Dianne's place which was my parents homestead.. It was a hectic weekend. The next day, Sunday July 4, my daughter Lynn and her husband took me to Fernie to see my great-granddaughter, only four days old. The best birthday gift was her birth on my birthday, July 1.

John Oliver, Gray Creek

TELUS GRAFFITI

Letter to the Editor

When did TELUS start thinking graffiti is okay?

What is TELUS thinking spray painting huge, messy orange numbers on the no post guardrails and the highway between Gray Creek and Crawford Bay. It also looks like they emptied their spray paint can on the back of a highway sign.

I phoned TELUS and spoke to someone in the Philippines!! who was helpful and has made a report- reference #37299. It will be interesting to see what happens next. We would like TELUS to clean their big orange numbers off the concrete barriers ASAP.

Bharbara Banner, Gray Creek



RDCK Area "A" Update

by Garry Jackman,
Director, Area "A"

First an update on governance. Last month I advised that on June 10 I received a copy of a letter from the Mayor of Creston to the Chair of the Regional District of East Kootenay informing of a motion passed by the Creston Council on June 8 reading "that the Mayor write the Regional District of East Kootenay, advising of Council's interest in participating in the boundary realignment study that is being carried out, to include the Towns of Creston and Golden into the Regional District of East Kootenay boundary area." As I noted at the time, this came a couple of weeks after Creston encouraged the RDCK to commit tens of thousands of your tax dollars to hire a consultant to perform a local governance study to revisit how the Town of Creston and adjoining rural areas might work more effectively within the RDCK. Now I have received a letter from the Mayor of Creston dated July 14 to the chair of the Regional District of East Kootenay requesting "postponement of the Town's participation in the Regional District of East Kootenay Boundary Realignment Study, until such time as the Sub-Regional Governance Study being conducted by the Regional District of Central Kootenay is complete."

The change is a result of the debate held at the RDCK June Board meeting. The response is the appropriate one. If there are issues to be addressed with governance within the RDCK it certainly should not be complicated by discussions on much more radi-

cal changes to your governance structure involving a neighbouring regional district. The Town of Creston letter does not imply the idea of boundary realignment has been dropped by the current council, however. Time will tell.

Closer to home, I would like to touch base on the subject of grant applications. All of the grant money being disbursed, whether it came from an RDCK, provincial or federal budget has essentially come out of your back pocket and I encourage you to use these funds as appropriate to advance local initiatives. An ongoing concern is tracking how money is spent. The RDCK issues many hundreds of thousands of dollars in grants annually based on local recommendations. The expectation is that the grant recipient has the means to accurately track and report on how the funds were expended, thereby confirming that the funds were used for the proper project or activity. This is fairly easy to do when a society, co-op or similarly established group applies since they are required to keep books meeting accepted accounting procedures. They produce annual reports showing all revenue and expenditures and they have a group or body who holds them accountable. When an individual applies for a grant, at times for thousands of dollars, identifying how all of the funds were expended can be difficult. When you are developing a project or activity for our communities where you intend to apply for a grant I encourage you to seek out an appropriate sponsor to ensure that the accountability test can be readily met.

Coming up in late September I will attend the annual Union of BC Municipalities conference. Our regional district has set our priorities for meetings with senior provincial staff and ministers as water (Ministry of Environment), pre-hospital health care (Ministry of Health) and economic development (Ministry of Business, Technology and Economic Development). Water issues are numerous, many of which I have covered in past months. Pre-hospital care may be moving in positive directions in past months. One change is the move

to have the BC Ambulance Service work more closely with Interior Health. The model proposed in the past year of providing 'high acuity teams' on ambulances to increase the level of care is moving forward. Early changes will occur in Kamloops and Trail, followed by improvements in Cranbrook. These initiatives are aimed at stabilizing and improving the condition of a patient while en-route to hospital. We have some experienced directors within the RDCK who are willing to offer their combined prior career experience and their local knowledge to work towards the best system feasible. On the economic development front, challenges to the tourism industry along with concerns as to how to retain young families are spurring the discussions. I welcome your thoughts and suggestions on these topics.

A public information meeting was held in Boswell on July 24 to review the zoning bylaw amendment to introduce zoning to an area extending from Sirdar north to the Larch Road area. For the most part, this bylaw is the same basic wording which currently applies to Wynndel at the south end of Area A as well as several other areas within the RDCK. As has been done with other areas, wording has been added or modified to apply uniquely to the area covered under this amendment to better fit the typical lot sizes and other local concerns. The zoning bylaw will be discussed one more time by the local Advisory Planning Commission at the August 4 meeting before going to the RDCK Board for first and second readings and for referral to a formal public hearing. The zoning bylaw does not change the land use designations which were identified for every Area A parcel through the Official Community Plan. To review a complete copy of the bylaw go to RDCK.bc.ca and look for the tab on the home page.

Please let me know your thoughts and concerns by calling 250-223-8463 or at gjackman@kootenay.com.

LETTERS TO THE EDITOR

CORRECTION?

Dear Editor:

In the July 2010 issue of *Mainstreet* page 7, "Tom Sez" reads, "BRP (Bombardier Recreational Products) is producing a motorized tricycle to compete with Hardley Davidson." Being in the motorcycle business for 35 years I can assure you he spelled H.D. wrong, it's Hardly-Go-Davidson or nowadays we should call them Hardly-Any-Muffler-Davidson.

J. Sandy Oates, Crawford Bay

CREDIT UNION STRIKE

Dear Editor:

Remember the Credit Union strike? I do.

I found out why our local branch remained open in spite of the strike. Did you know the Credit Union is not obligated to keep its places of business open during a strike? I did not until I was told it is not considered an essential service (i.e., hospitals are), therefore not mandated to keep business as usual. Back to our branch at home...

Crawford Bay Branch manager, Susan Tesorere, convinced her employers at head office she could provide professional services, on her own, to our community. Her dedication to a job well done did it. I appreciate that. Besides the political and personal issues (and personal views) on the whole affair (strikes are complicated ordeals), one person made sure that we, as individuals, were able to keep up with our regular financial activities in a fairly standard manner.

And for that, I wish to commend Susan. In that instance, and through all her years of employment at our bank, she has delivered that professional service which should make any institution proud. I always get satisfaction when dealing with her at that place of work and stand by her for her work ethic and sense of community. Thank you Susan.

Marie-Chantal Legault-Elias, Gray Creek

TO THE MANY BAYS BAND,

We would like to send a big thank you to all the very talented musicians that played at the Crawford Bay Park for Canada Day. The music was great to listen to and I think our visitors were duly impressed!

We are so fortunate to have this very talented group that loves to play for us and entertain us throughout the East Shore. Thank you, thank you, thank you! YOU help make this a great community

Mike and Ivy Jeffery, Crawford Bay

RDEK OR RDCK?

Dear Editor:

Thank you, Garry Jackman, for bringing into public dialogue the heretofore hidden and rumored effort to join Cranbrook and the East Kootenay Regional District.

I appreciate and support the maturing of all regional districts. But, giving up the 'bird in the hand' (leaving RDCK) for the 'bird in the bush' (joining the RDEK) is not the route to follow. (Or could be 'jumping from the frying pan into the fire').

Bear in mind through all the discussions, "All costs, including costs of administration attributable to a service, are part of the costs of that service and are to be met by the rate payers within the boundary of the service." As an example, the costs of fire service of Riondel Fire Department are to be met entirely by those within that service boundary. These costs include equipment, training, fire hall, cheques issued (in both amount and clerical cost) to name but a few. These costs are not to be borne by any others. Neither I nor anyone in any other area bear any costs.

If we are bearing any of those costs, our elected officials, including those wanting to join RDEK, are not doing their job.

Those wanting to join RDEK tell me my tax costs for services and administration will be less. They will soon be telling you the same. Bear in mind the above truth, those who receive a service pay the costs of providing that service. Allocation of cost and the effect on your tax bill is a complex issue. It is much more than

comparing RDEK budget to RDCK's budget.

RDCK offers many more services than RDEK. For example, Fire Protection - RDCK 19 services; RDEK 12 services; Water Systems RDCK - 11 water services; RDEK 6 water services. These are examples showing:

1 - the cost to the regional district in each case will be different. But, with the costs of the service being borne by those within the service area, the cost to those outside the service area is non-existent (or should be if those responsible are doing their job.) Check each regional district's website for more information and to satisfy your interests.

2 - RDCK is more responsive to its rural constituency, simply on the basis of its larger rural population. The RDCK has a larger rural electoral base than RDEK.

3 - RDCK has a rural majority on its Board. RDCK has 11 rural directors, and 9 urban directors. RDEK has 6 rural directors and 8 municipal directors.

This is important in decision making. Take the question of Jumbo Pass and retaining planning at the local level. When this issue came before RDEK the 8 municipality directors defeated the 6 rural directors and sent the decision making to the province and Victoria. Bear that in mind when considering which regional district provides the best opportunity for 'local control' and 'local decision making'.

In conclusion, 1 - follow the money, 'those who benefit pay the costs', as you hear from those wanting to join RDEK; 2- Which regional district is most responsive and thereby serves those in its rural areas.

If it is not broke do not take it apart.

If wanted, next month I would offer some options to provide more local input: previous options tried, were successful but discarded; those options tried and failed; those options whose time perhaps has come.

Larry Brierley, Sirdar

Fall Fair - GO WILD

by Jeanne Lahnemann

British Columbia is the most biologically diverse province or territory in Canada, with over 95 million hectares that are home to a rich variety of flora and fauna, providing some of the best wildlife viewing opportunities in Canada.

There are over 1100 species of vertebrates (having a spinal column) in B.C. These include 488 species of birds, 468 species of fish, 142 species of mammals, 22 species of amphibians, and 18 species of reptiles.

Three-quarters of Canada's mammal species are found in British Columbia, and 24 of those species are exclusive to our province. Additional species of vertebrates are regularly recorded here, perhaps as a result of the expansion of home ranges, and of more intensive searching by professional biologists and naturalists. Over 250 bird species breed in the province, 162 of those (55%) breed nowhere else in Canada.

Invertebrate (no spinal column) species probably number between 50,000 and 70,000, including 35,000 species of insects so don't forget butterflies when wildlife viewing. B.C. has some of the most beautiful and most rare species in Canada.

The abundance of wildlife species in British Columbia is a result of the province's wide range of landforms and climates. British Columbia's wildlife habitats include marine, estuary, wetland, fresh water, grassland, alpine, desert, coastal interior, and mountain forests.

Because of British Columbia's varying climates, the untouched wilderness areas and many eco systems located throughout the province of British Columbia, the wildlife varies from area to area, both marine and land.

Some wildlife lives throughout British Columbia, while others live and produce young in specific regions

of the province. Certain types of wildlife migrate and only visit BC in certain seasons, while others are year round inhabitants.

It is because of this abundance that we chose to honour our wildlife at this year's fall fair. The list seems endless when it comes to portraying one of these great creatures in your projects.

Plans are proceeding for the fair which is being held on September 11, 2010 at the Crawford Bay Hall. Booklets have been out since June and hopefully you had the chance to pick one up to start planning your exhibits. We do have some new categories this year and don't forget to check out the Special Entries categories based on this year's theme. And students, there is also a category for you to design the cover for next year's booklet- the 100TH and the theme Celebrate 100 years.

We will be accepting entries on Friday Sept 10 from 3PM until 7PM. The fair will open to the public at 1PM on Saturday Sept 11. Again this year we will be holding an auction of donated exhibits which will follow the presentation of prizes at 4:30PM- 5:00PM. A tea, bake sale and raffle are also being held the day of the fair.

Advance entry tickets can be purchased by contacting Mike and Ivy Jeffery at 250-227-6807 or Terry Turner 250-225-3483. (We are no longer charging an entry fee for student entries).

- Planning a wedding?
- Holding a meeting?

Consider renting the
BOSWELL HALL

Booking/info: Judy @ 250-223-8664

The Perseids Are Coming to a Sky Near You!

by Barney Gilmore

It's not just daytime in the Kootenays that are special. Those star-filled night skies are just as awe-inspiring as our daylight vistas. On Thursday night August 12 astronomers are predicting particularly favourable conditions for viewing the annual Perseid meteorite shower. The show should get underway at about 9:30 p.m. and reach a peak at about 2:00 a.m. You and your children should be in for quite a treat if the skies are clear and village lights are out. Who will be the first to count 20 meteorites?

Plan to share this rare treat at a place where you can see a big sky and no bright lights. We who live on the west shore of the lake are hoping that for at least this one night the folks at the Riondel Marina will shut off their particularly intensive marina lights, those three that are aimed at Woodbury Point and Woodbury Resort. The dramatic night Kootenay skies deserve conservation just as much as do our striking daytime views, but un-shaded and unnecessarily bright lights everywhere do deny to everyone the full splendour of the milky way.

Angus MacDonald, Reiki Master

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Lions Club Report

by Hope Fortune, Secretary

DISCLAIMER: "Be it known that the Kootenay Lake Lions Club did not sanction or fund any sign that was placed at the Medical Clinic in Crawford Bay".

The Kootenay Lake Lions Club is having quite a busy summer. We hosted a pancake breakfast for a family reunion on Sunday, July 25. There were approximately 98 persons for the breakfast, comments were very positive and it was a good fund raiser. Thank you Paul, (Kokanee Chalets), for your assistance. Thanks also to Brian Enger and his cousin Jim for volunteering to flip pancakes. Your time is very much appreciated. Another pancake breakfast is scheduled for Friday, July 30. We expect to serve about 100 people. Our final request is for August 22.

Summer is a very busy time for everyone and it is quite gratifying that there are the number of Lion Members to share the work at these fundraising events even though some are travelling and of course, some have guests. The Lions Club continues to collect cans and bottles as another fund raising effort.

The monies raised by our fundraisers stay in the community to assist various community projects as well as causes near and dear to us all. Heart & Stroke, B.C. Cancer Agency, Diabetes, Guide Dogs, Crawford Bay School Bursary (\$1200.), School Lunch Program, Tipi Camp, Christmas Hampers, Kootenay Lake Hospital Foundation (CT Scanner), Cops for Kids, Easter Seal House, as well, we offer assistance to those in need. The Lions Club cooked hamburgers and hot dogs at the Canada Day Celebration as a Community Service Project.

This is a summary of the Lions Club summer activities. Our Motto: "We Serve". Lionism Works! We hope everyone has a summer of fun and happiness. Be safe, happy trails.

4 Mainstreet AUGUST 2010

Job Posting: Coordinator

The South Kootenay Lake Community Services Society is seeking an enthusiastic individual to take on the role of Coordinator for the Society. Responsibilities include managing projects and resources of the South Kootenay Lake Community Service Society (SKLCSS), and coordinating services to promote and support the well-being of agencies and residents in Area A of the RDCK. The Coordinator reports to the Board of Directors of the SKLCSS and is advised and supported by the Steering Committees for each initiative of the Society. The coordinator will work as an independent contractor.

Specific Duties:

- Provide support and resources to the SKLCSS Board of Directors
- Develop, manage, & distribute Public Awareness materials & resources related to SKLCSS (i.e. website)
- Secure & manage resources of the SKLCSS, including writing funding proposals & coordinating projects
- Connect with partners and stakeholders to assess needs, gather feedback and share information

Qualifications:

The successful applicant will have:

- minimum 2 years post-secondary education
- significant experience in and knowledge of project management
- experience in a program coordinator capacity
- understanding of community development work
- experience in public communications
- familiarity with financial reporting procedures
- excellent organizational and time management skills
- excellent verbal and written skills
- strong skills in diplomacy
- strong knowledge and proficiency with computers

The applicant should be a confident, self-motivated professional, able to follow tasks through to completion, work independently and as part of a team.

Location: East Shore of Kootenay Lake, specific office location to be determined. Travel within the region will be required.

Length of Contract: September 2010 – April 2011
(Extension of contract dependent on successful funding applications)

Compensation: \$22/hour for 12 hours per week, flex time

Deadline for applications: Friday, August 16, 2010

Submit applications to: skootenaylakeccss@gmail.com



HAVE YOU RECEIVED YOUR REPORT TO RESIDENTS?

Columbia Basin Trust has mailed out its Report to Residents, an annual newsletter about projects and initiatives in the Columbia Basin. Read how CBT helped your community take action this past year. The Report will be delivered by Canada Post to homes in the Columbia Basin late July. If you do not receive a copy of the Report by early August please call 1.800.505.8998 or email info@cbt.org.

www.cbt.org • 1.800.505.8998 • info@cbt.org



Starbelly Jam

by Bob Schutter

It all started on Friday with some great local talent. I could tell then already that it was going to be a good weekend for Music.

Like always there was every genre represented. Saturday our first real summer day the happy sounds of Allan Merovitz & Co, then in the afternoon when Bocephus King jamming with Emmitt Nershi was for me the magic of Saturday.

The rest of the night belonged to the younger crowd and from what I heard was well received except there were some sound glitches at the beginning of the last two acts. Sunday started out beautifully with the lovely harmonies of Aspen Switzer and company.

Allan Merovitz did his kids show in the pavilion because the rain had started and it was a perfect cozy place for a great story. The rain let up totally during the parade where colours abound and the noisy, dancing crowd marched over the grounds. The sun even came out.

But the magic really took off when Les Boukakes took the stage at the Moonbelly stage. From the first cords in the drizzle young and old got up and started to dance to infectious beats and wonderful vocals. The band lifted the festival despite the weather to unprecedented highs. Looking around me all I could see were smiling, happy, dancing people of all ages. This could have been the final act and we would have all been happy but there was one more piece of magic music to come. Youssoupha Sidibe and Steve Kimock were a musician's delight. They played and played and played and we could not get enough of them.

Truly when it was all over no one was talking about the weather just about the Magic that Starbelly always seem to bring to the east shore.

Thanks to all the organizers of the festival and if we want to keep this going we need new people to step up and help out.

Creston Valley & Eastshore ArtWalk

by Nora McDowell

We are pleased to see ArtWalk continuing through August until Labour Day weekend. This summer seems to have seen a reduction in out-of-town visitors but since the "experts" are saying British Columbians are choosing to vacation in their own province, we hope some will choose to vacation along Kootenay Lake and in the lovely Creston Valley.

A part of ArtWalk's intent is to unite the artistic community from Riondel and Kootenay Bay all the way through Creston and to Yahk.

Last month we wrote of the many venues in Riondel, Kootenay Bay, and Crawford Bay. This month we'll continue on the ArtWalk.

After leaving Lori Rhead's Flickering Goddess Soap & Candles continue south to Wynndel where you will find the Sweet Pea Gallery of Linda Calahan and Gary Pharness which is open by appointment and features paintings by this husband and wife team.

Following the Lower Wynndel Road you will find Eileen Hirota's Hirota Gallery at 710 Indian Road and her work in water colour and mixed media. The Lower Wynndel Road can be accessed from Wynndel or from the junction of Highways 3 and 3A on the outskirts of Creston by turning right on Hwy 3, left at the first exit and then left again onto the Lower Wynndel Road and following it until you reach Indian Road on your right, or on your left if you are coming from Wynndel by way of the lower road.

Back on Hwy 3 in Alice Siding on the north edge of Creston you will find Kootenay Candles with their lovely bees wax candles, Harry Miller's wood spirit carvings, and watercolours by Riondel's Sheila Arnott.

Don't miss the Krazy Kat Lady Studio & Gallery at 715 Murdoch St., west of Adam Robertson Elementary School. Turn right onto Hillside and left on 8th, and left again on Murdoch.

Canada Post is showing bowls turned by Ray Neufeld from the wood of the Catalpa Tree that stood by the post office for many years and The Royal Bank has work by Nancy Pridham.

Continuing along Canyon Street, The Traveling Camel Trading Company is showing a number of James McDowell's larger works. Cresteramics has work by 12 local artists and the Creston Valley Advance has Lori Wikdahl's contemporary native paintings on stone.

On the south side of Canyon Street Black Bear Books is showing new work by Alison Masters, Ute Bachinski, and Harry Miller.

Hungry? Stop by the Otherside Café where Shelagh Corcoran's mosaics are displayed or by the Coffee Creek Café, showing James McDowell's colourful acrylic paintings.

Crossing Canyon St. again, Creston Card & Stationary is showing a 3 Sisters Show with work by Paula Ebelher, Gina Ebelher, and Lisa Tessman, and The Painted Turtle Gallery continues to show quality work by local and Kootenay artists.

Just up 12th Ave. the Pridham Studio again joins of with their colourful pottery and Nancy's paintings and across the street you will find Carol Schloss showing her pastels at Kingfisher Used Books.

Back on the south side of Canyon St. Beadazzled Beads joins us with their lovely work in semi-precious gems and jewelry and at Buffalo Trails through July there have been pastels from Brandy Dyer's "Bite Me" collection and in August there will be a display of Vivian McClure's woodworking. New this year Red Bag Imports is showing photography by Allia Schofer and Pat Yarema's bold work can be seen again at the Break in Time Caffé.

Turning right onto 16th Ave. the Creston Public Library will again host a summer long show of work by ArtWalk participants. The library show will run from July 6 to August 31.

Continuing S. on 16th, turning right onto Erickson and then left onto Hwy 21 follow it across both bridges and turn left on 40th Street. Follow 40th through the curves until it turns into 37th St and on 37th you will find McDowell's Hilltop Gallery, home to James' wonderful acrylic paintings and Nora's rustic birdhouses and with a great 360 degree view of the lovely Creston Valley.

Back in Creston and following Hwy 3 east through the fruit stands of Erickson you will find the Creston U-Brew featuring work by Creston's busy art club and a little further down the highway you will find the lovely water colours and paper batiks of The Alfoldy Gallery.

Continuing north on Hwy 3 you will find our furthest ArtWalk "outpost" in historic Yahk, The Yahk Soap Company and Two Scoop Steve showing more work by the Creston Art Club and serving great ice cream on a hot day.

Pick up a brochure with a full map of the tour at the Creston Chamber Offices or at any of the many ArtWalk venues and take an afternoon or a few afternoons and explore the handiwork of the artists of our own valley.



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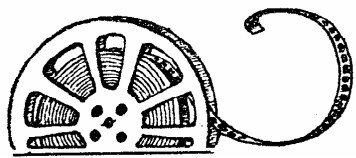
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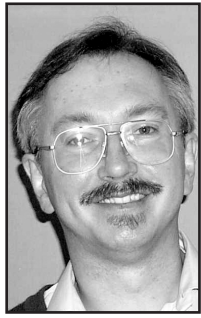
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Seldom Scene

by Gerald Panio



Less is more. Good things come in small packages. As usual, there's a lot of truth in the old clichés. Think haiku. Think short short stories. Think Edith Piaf. And think of this month's film—Olivier Assayas & Frédéric Auburtin's *Paris, Je t'aime* (*Paris, I Love You*). The creators of this movie, made in 2006, invited 18 directors from around the world to each spend two or three days in Paris creating a 5-minute story set in one of the city's 20 arrondissements. Telling an effective story in five minutes is as much of a challenge for a filmmaker as it would be for a Scout leader around a campfire, with a few more logistical problems thrown in. All of the directors acquitted themselves splendidly. *Paris, Je t'aime* is a rich buffet, a gourmet's feast of micro-love stories from one of my favorite places on the planet.

Don't get me wrong. This is not the movie to tell you all you need to know about the city of lights. You do see frequent glorious vistas of the Paris cityscape at all hours of the day and night, but the focus is on storytelling, not on documenting the unique features of Paris's administrative neighborhoods. For that, there are books and other films that use various arrondissements as their settings. *Amélie*, for instance, is the perfect film for the 18th. Mystery writer Léo Malet wrote separate novels, featuring hard-boiled detective Nestor Burma, for all but two of Paris's neighborhoods. In the case of *Paris, Je t'aime*, each arrondissement is the foil against which the story is set. Some foils shine like gold, some are tarnished silver; some suggest elegance, and some call up heartbreak. Every viewer will find something different that resonates or haunts.

The first segment is set in the narrow, winding streets of Montmartre, where Toulouse-Lautrec painted, Aristide Bruant sang, and the girls of the Moulin Rouge & the Folies-Bergère scandalized. Director Bruno Podalydès's story, of course, is about none of this. It's about the impossibility of finding a parking spot, and the ever-present possibility of finding love. The leading character is a grumpy everyman in desperate need of something more in his life than envy.

The second segment, Quais des Seine, is one of my favorites. Three young guys are hanging around the banks of the river, tossing out sexist pick-up lines at every unobtainable girl or woman who walks by. A young Muslim girl wearing a hijab trips as she's passing, and one of the three boys chooses to help rather than heckle. In a world where too many people treat religious faith as a war zone, director Gurinder Chadha (*Bend It Like Beckham*) makes a simple plea for opening up horizons instead of drawing up battle-lines.

The third story is Gus Van Sant's Le Marais. A young man visiting a print shop finds his attention

drawn to another young man working there. A very one-sided dialogue ensues, which might or might not be the beginning of something more. As with most of the stories in *Paris, Je t'aime*, we can't see such much beyond the moment. There are no epilogues. As the lyrics of the closing song say, "We go round and round / Partners are lost and found....All I know is / We're all in the dance."

The Coen brothers, with their typically contrarian spirit, chose to go underground in the Tuileries metro station. Starring the very un-Parisian Steve Buscemi as an American tourist who makes eye contact with the wrong person, this love story's the equivalent of those cabaret apache dances that look more like hand-to-hand combat than sex. In the Coen's world, your standard French phrasebook obligingly helps you out



when someone is screaming "What are you looking at, a—hole?" at you. The Gallic verbal abuse is followed by shortest and least satisfying ménage à trios in film history.

Light years away from the Coen brothers black humour is Daniela Thomas's Loin du 16eme, where

a young Latino woman is forced to leave her own child in a state daycare centre as she travels a long way across town to babysit for a wealthy family that knows nothing, and could care less, about the sacrifices she's making for her child. A glimpse of the casual cruelty of a society where someone's always ready (and able) to put you in your place.

Christopher Doyle's Porte de Choisy is a travelling salesman joke along the lines of Bob Dylan's *Motorpsycho Nightmare*, only with a William Burroughs look-alike, a Chinese femme fatale, a Buddhist monk, a bowling alley, and some towering concrete housing projects. Need I say more?



Isabelle Coixet's Bastille segment is about a sacrifice made out of pity that turns into a sacrifice made for love. A philandering middle-aged husband on the brink of dumping his wife for a

younger woman finds out the woman he's stopped loving has terminal leukemia. He does the right thing, and (perhaps) pays a high price for it.

Parisians have always been fascinated by the American West (John Ford films, Lucky Luke & Lietenant Blueberry comic books), so it's fitting that Japanese director Nobuhiro Suwa should have Willem Dafoe playing a cowboy on horseback in the middle of Place des Victoires. The Angel of Death takes strange forms...



The lightest of all the segments in *Paris, Je t'aime* is Sylvain Chomet's Tour Eiffel. What's a movie about Paris without mimes? Chomet flips a stereotype on its head by giving us the magical realist backstory of a young kid whose parents turn out to be full-time mimes, living the mime life in a decidedly

non-mime world. A perfect love story in an imperfect world.

Mexican director Alfonso Cuarón's Parc Monceau is actually a single continuous tracking shot that sets up Nick Nolte and Ludivine Sagnier in a classic double entendre. This sketch is a riff on grandfathers—imagine Charles Bukowski babysitting. Or maybe you'd rather not. *Paris, Je t'aime* benefits throughout from its mixing of veteran actors with younger talent. Paris embraces everyone, even if, in the case of immigrants and the children of immigrants, that embrace is tem-

pered by fear, suspicion, resentment, and ignorance.

Quartier des Enfants Rouge, directed by Assayas and Auburtin, moves us from an old drifter to a sexy young one—an American actress, Liz (Maggie Gyllenhaal), in Paris for a bit part in a costume drama. Her life consists of waiting for stage calls, partying, and casual drug use. The directors manage communicate a disturbing sense of vulnerability in the few minutes Liz is onscreen—she is adrift, the currents are dangerous, and a vicious undertow lurks below.

Another of my favorite stories in the film is South African director Oliver Schmitz's Place des Fêtes. Schmitz captures the both the blink-of-an-eye lethality of urban life and its spontaneity and generosity. Place des Fêtes is a love letter stained by tears and blood.

Both Richard LaGravenese's Pigalle and Gérard Depardieu's Quartier Latin feature older couples (Bob Hoskins & Fanny Ardant, Ben Gazzara & Gena Rowlands) doing the dances couples do as a lifetime together inspires passion, disillusion, desperation, and reinvention.

Wes Craven (*The Hills Have Eyes*, *Nightmare on Elm Street*), much better known for working in the horror mode, gives us a surprisingly optimistic vignette centred around Oscar Wilde's tomb in the 120-acre Arcadian expanse of Père Chaise cemetery. Since we're always drawing upon Wilde for witty quotes about life, it's only fitting that the real thing should pop up to save a floundering lover (Rufus Sewell) from himself.

Vincenzo Natali, in Quartier de la Madeleine, goes where Wes Craven chose not to. In today's *Twilight*-haunted world it was inevitable that *Paris, Je t'aime* should feature at least one vampire. The gothic atmosphere is serviceable, but this is the slightest, least resonant of the film's stories.

Like Isabelle Coixet's Bastille, Tom Tykwer's Faubourg Saint-Denis is a telescoped love affair, this time between a young blind student (Melchior Beslon) and a struggling actress (Natalia Portman). As in LaGravenese's Pigalle, theatre and real life play off bewilderingly against one other.

The final story is a literal love letter to Paris itself. The writer is a lonely, middle-aged letter carrier from Denver, Colorado, who's making a once-in-a-lifetime pilgrimage to Paris after struggling heroically with adult French classes back home. Narrating her own story in halting, heavily-accented French, Carol (Margo Martindale) reveals how Parisian life has both charmed and disappointed her. In the end, however, the city seduces her as it as seduced so many others. It becomes the dream she has gone there to find.

Some people travel to escape, and may end up barely seeing the places they travel to. They bring along baggage instead of dreams. But I think most of us are like Carol; we travel to the places we've dreamed of, and discover new dreams when we get there.

(*Paris, Je t'aime* is available from Reo's Videos in Nelson, and now through both Netflix.ca and Zip.ca.)





Tom's Corner

by Tom Lymbery
Telephones on the Lake

When we struggled for years with magneto telephones, we would never have believed that the cell phone was in the future. A magneto is a device that generates electricity when rotated, and was used for years to produce the high voltage that was used by spark plugs to run engines. (They are still used in airplanes as its more reliable than battery) However, in the early day telephones you cranked a handle to generate the power that would ring other phones, or alert the operator, so that you could be connected to another person.

In 1913 – 14 Arthur Lymbery worked with Commander Harrison, and others, writing letters to bring telephone service to the best shore. They were successful and in 1915 the Dominion Government had a cable laid from Procter to Pilot Bay. This was the shortest route across under the lake, as the CPR had telegraph lines along its tracks, so a phone line could be added.

Pilot Bay's only resident at that time was Gene Montreuil so his was the first phone on our side. He had a most reliable steam launch, the ELEANOR, and was willing to use it as a water taxi, because many communities only had CPR boat service two days a week. When you could be connected to Gene by phone you would be sure that that unmistakable steam engine putt – putt would soon be heard at your beach.

The single galvanized wire about 3/16 of an inch diameter was strung on insulators on trees alongside the Bakers Landing hayfields (later Topsy and Joe Gunther's) For the rest of the route it was mostly along the lakeside, as this was easier to install and ser-

vice from boats, than from the few roads and trails. It reached all the way south as far as Sanca, which was the end of the line. Kuskanook had a line from Creston. That single wire was very strong – I can remember dropping a tree that knocked down two phone poles, but all I had to do was prop the poles up again, and there was no interruption to the system.

Phones were few and far between, Kootenay Bay Store, the Crawford Bay store, Commander Harrison, Gray Creek, possibly 10 to 15 to start. Telegrams were phoned in, and the first one that the Commander received was that of his two sons losing their lives in a wartime naval engagement.

Arthur had his phone set up in the store at first, and he received a founders rate of \$1.00 per month, which sounds a bargain, but all calls were long distance, as each site was classed as a 'toll station' The minimum call was ten cents but it was 35 cents to Nelson. Creston was the same rate as Kimberley, because the rate was measured in miles as the crow flies, and both these are the same distance from Gray Creek.

I don't know when, but the Kootenay Telephone Co. soon took over from the government. After the ferry service from Gray Creek to Fraser's Landing (Balfour) started in 1931, our phone was named Ferry Gray Creek and most calls were to do with the Greyhound for Captain MacKinnon.

We never listened to other calls on the party line – the phone was basically only used for important or business calls, since it was all long distance and expensive. Up until 1952 all the phones from Procter to Sanca were on a single party line, possibly only fif-

It took the white-tailed deer awhile to multiply, given that people shot them whenever they could. John remembers his dad George, shooting 12 a year – he fed the poorer folks in the community.

Before and after wartime there was a big bounty on a cougar - \$40 each, which looked after the deer's main prey.

Now people don't shoot deer like they used to, so they have multiplied.

There used to be more squirrels in the forest too – I would get 2 cents a hide for them, Floyd would get 4 cents for the same size, but he shot them in the head, I shot them in the belly. It would be nothing to go and shoot 14 at a time anywhere up in the mountains, but with many clearcut blocks – there were no cones for them to eat, so their numbers reduced.

Cliff Hawkins:

Any deer you would see down where people lived would be shot on site. That was because it was our main meat – and many families here could not afford the ammunition to shoot their own, so the people who could hunt, would provide for those how couldn't. It was like a community food bank; someone would shoot a bunch of them, and people would come and pick up what they needed, and because there were no freezers or fridges back then, they would immediately bottle it up to preserve the meat.

Mule deer would be up higher, so would not be a problem. We would see more caribou back then, but they would only eat moss and lichen. We used to see them lying down on Fraser Lake when it was frozen. Some caribou would come down to Crawford Bay beach to birth. We would never see moose or elk around here. We would never see a cougar either, but nowadays they are around quite a bit. Lots of deer to hunt, but I think the coyotes get more deer overall than the cougar.

teen in all. Our ring was a long and two shorts and the Procter Hotel had a long and three shorts. Often that last short wouldn't sound, so that we answered their ring in error. Camp Koolaree between Harrop and Nelson would sometimes be tacked on for the summer.

You cranked the handle with one long to get the operator in Nelson, then took off the receiver and waited for her to answer. If Nelson was busy and didn't reply we would sometimes ring our long and two shorts – and she would come on the line faster, for fear someone was shortcutting the system - making a call without paying the charges.

This was a single wire grounded circuit, and each phone had to be attached to a metal stake driven into the ground. Once lightning struck a pole at the mouth of Weasel Creek (Starbelly Beach) and the jolt travelled all the way to the store, where it blew out a phone fuse. There were two fuses mounted by the instrument, and this exploded 15 feet across the counter and the hole is still in the wall in the old store. After that somehow our phone only worked well after it rained. The service man

from Creston finally found that the ground wire had burned off with that lightning strike.

When electric power was turned on in May 1952, it put the entire line out of service. Taking the receiver off produced a noise like an electric razor. Since we couldn't call we had to write a letter to the company in Nelson to tell them of the problem! It took at least a month for crews to take down the galvanized wire, some of which was rolled up, but much abandoned down the highway bank. They strung two copper wires between the poles, but this still picked up electric interference, requiring that the wires be crossed over frequently to shed the extra noise.

Apparently the old underwater cable from Procter had two circuit capabilities, so with more homes and businesses wanting service two more wires were hung up. Our number became 2Y (a long and two shorts is 'Y' in Morse code). This produced a new black plastic phone that still had a crank and the old wooden wall mounts began to disappear.

BC Telephone had taken over Kootenay Tel and the next move was to set up exchanges along the lake to bring us to the dial age. Denny Davis was sent from Vancouver to lay out the Boswell, Crawford Bay and Riondel exchanges that we still have, so that at last we could make local calls without long distance. Our Chamber of Commerce fought for several years to get toll free to Nelson, while Boswell got it to Creston. How long will we have those old exchanges, tying up 227, 223, & 225 numbers that serve few customers?

A Good Question Cont'd...

Nowadays more people live here, so now there is a no shooting zone around the community. And hunting costs quite a bit of money, so there are fewer hunters out there – most hunters are older people. Young guys don't seem to want to hunt anymore.

Carol Hawkins:

When we moved here in 1962, we didn't have to have a garden fence. It is only that last couple of decades where the deer became a problem.

Conclusion: We all love to see deer, take pictures, and are willing to put up fences to keep them away from our gardens. In the old days, we would not have had the luxury of going to the store to buy veggies or meat, or fencing. With less hunting, what will the deer population be in a decade or two from now? Another good question.

Gray Creek Historical Society

A Good Question

As part of the Historical Society's display for Museum Days at the Gray Creek Hall, this question was asked by a local and researched and answered by Janet Schwieger

Question by Juanita Meekis of Crawford Bay:

Why did the fruit ranching pioneers like Colin Haddon, Bill Fraser and the Graham-Browns not write about the deer which are so destructive in our modern gardens and orchards?

If we planted strawberries between newly planted cherry and apple trees, all plants and saplings would be eaten up in no time.

Answers:

Tom Lymbery:

There weren't so many deer in the early years. First off, they were always 'harvested'. You were allowed to shoot deer on your own land; I remember shooting six in June of 1948. Also everyone had a dog, whose job it was to keep wildlife at bay. They were encouraged to chase deer, unlike today. Bear too, were always shot on site. Mule deer were higher elevation deer.

John Oliver:

There weren't so many deer in the early days. The mule deer were never a problem because they were a high elevation deer, and the white tail came in after the land was cleared because there was more browse. There was very little forest in the early days because the miners burned the mountainsides looking for outcroppings.



Thoughts from a Disturbed Mind

by Harvey Valgardson

A wise man once advised us to keep our friends close and our enemies closer. I'm not usually very good at following advice but I seem to have taken this one to heart. I have invited my enemy into my home. Okay, maybe not my home, but it's in my woodshed and that's pretty close.

Yep, I bought a chainsaw. I have been trying to avoid it because, frankly, they scare the living crap out of me but there is no avoiding destiny and mine has finally caught up to me. In one of life's delicious bits of irony my fate was ultimately precipitated by a bug.

The pine beetle has been voraciously chewing its way through our little forest, leaving a swath of standing firewood in its wake. It became obvious that anyone with a saw could reap quite a few free cords so I, being of a somewhat frugal nature, immediately abandoned personal safety for a chance to save a few bucks.

If I were to rate implements of destruction on a scale of one to ten I would have to give the chainsaw at least a nine. You should probably be required to take some kind of course before you're allowed to buy one. They are some kind of dangerous and I soon began to suspect that this one would eventually do me in.

Now, like most anything else, even if you do buy a chainsaw, that doesn't mean that you have to use it. I ran mine just long enough to confirm my fears and now it resides in my woodshed. Reside is actually a good word to describe the situation because I believe the darn thing is alive. I'm sure most of you remember

that cartoon kid called Charly Brown. Do you remember his kite? Poor old Chuck never could get that thing to fly. It would always attack him in some way and sometimes it would even growl.

My saw growls. I've heard it. The first couple of times it happened I was inclined to dismiss it as imagination or maybe a pack rat hiding in the corner. If only that was the case. The growls began getting louder and more menacing every day until I was no longer able to ignore them. I reacted in a typical fashion. I stopped going into my woodshed. Even I knew it wasn't a permanent solution but it was all I could think of.

Two or three weeks went by with no change in the standoff until I could no longer endure looking at myself in the mirror and seeing a scaredy-pants. Something had to be done so before my cowardly side could reassert itself I hurried out to face my foe.

I thought I might be able to reason with it. Perhaps a cocktail of premium fuel and top grade oil, shaken not stirred, would put it in a more receptive mood. I had some half-baked idea about offering it a steady diet of that pricey mixture in exchange for my continued survival. I picked it up from the floor where it had somehow slithered and placed it upon a waist-high pile of wood.

Everything was going fine until I removed that plastic thingy that protects the chain. It was full of oil. I've asked around and everyone has been telling me the same thing. There is no way the chain should get oil unless the saw has been running. Deep down I already knew that and I will never forget the choking horror that gripped me when I first figured out what was really going on. It wasn't just dripping oil. The infernal device was salivating.

Well, I screamed like a girl and flung it across the shed. "Get thee gone," I roared, insanely thinking that if I sounded biblical I might escape. I guess it worked because I did escape and have been lovingly embracing my cowardly side ever since. I'm never going in there again.

Still, a man does what a man has to do and it's important to accomplish your goals. I boasted that I would use a chainsaw to heat my house this winter and my brief foray into the dark side has not weakened my resolve. There must be someone who is willing to trade me some wood for a saw. Of course somebody will have to go in there to get it and it ain't going to be me. I've seen that movie and it didn't end well.

At least that's what I've been thinking.



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GPS & THE GRAY CREEK PASS

by Tom Lymbery

A quick look at a map will show that the shortest way between West Kootenay and East Kootenay is to cross the Kootenay Lake Ferry and take the Gray Creek Pass road - a Forestry Road that heads directly east to Kimberley. Your GPS will confirm this, but unfortunately does not advise that this is a seasonal road, only open from late June to late October, opened this year on June 28.

Again, the Global Positioning System has no way of letting drivers know that this is a steep gravel road that climbs five thousand feet to the 6800 foot summit, and that it is by no means a smooth surface, so low clearance vehicles are not suitable. A two wheel drive is acceptable, as the grades only occasionally go to 16%. Also, the distance from Gray Creek to Kimberley is only fifty five miles, but it is usually quicker to drive the longer route, using highways 3A and 3 through Creston.

Because all too many drivers tend to believe their GPS advice, the Ministry of Forests has been receiving numerous complaints that the road is not always open, and that the rough drive is tough on cars. In order to try and counteract this, Len Palajac, RFT, of the Ministry of Forests, Cranbrook has posted new metal signs at each end of the route, one in uphill Gray Creek, and for those travelling from the east, one at the Redding Creek Road junction. Both signs can be turned over when the Pass closes at the end of October, with large lettered CLOSED.

It is most important that both these signs survive - last year's plastic signs did not! If you see damage or disfigurement to these please phone 250-227-9315 or email graycrk@netidea.com or Len.Palajac@gov.bc.ca

TOM SEZ

by Tom Lymbery

Those who attended our Gray Creek Tour of the Henry Rose cabin/fireplace site asked how was it that Rose Pass who named for him. Perhaps it should be Rogues Pass after his infamous career, from the floating Red Light houses at Pilot Bay, ending with being hanged in Nelson for murder in 1902.

Take a tape measure if you go camping. Regulations now say the maximum open fire size is half a metre by half a metre. Perhaps 19" by 19".

Too late -- when I Googled 'Vuvuzela' (that horrible horn that wounded the World Cup) I found that is possible to delete that sound from your TV or computer.

UP HERE magazine from Yellowknife has a feature article on climate change in the north, featuring girls in bikinis near icy oceans. One writer says, "Stopping climate change is like trying to stop the sunrise."

Black Press's fast closing of the 109 year old Nelson Daily News removes consistent reporting from that area.

Black apparently set up the Nelson Star specifically to undermine the Daily News advertising base.

August 14 is VJ DAY -- the 65th anniversary of the surrender of Japan in 1945, after the US set off two atomic bombs over Japan, to successfully end the 1939-'45 war.

Our unloved yellow re-cycling bins will be gone September 1, as they will be replaced by GREEN ones. The Regional District has taken a contract with a different Cranbrook firm, with the material still being trucked there for sorting.



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East Shore United Wins Slokan Mikey J. Saves the Day

by John Edwards

Soccer players on the defensive rear line don't get many chances at goals, but every once in a while they do manage to run forward and get involved in a scoring play. Lucky for East Shore United that **Mike Johnston** managed to do that twice in one tournament, enabling E.S.U. to come from behind and win the Slokan Tournament for the second year in a row.

We were a confident team as we arrived in Slokan City. We had good numbers of players turn out, and we'd won the trophy last year to bury a 25-year jinx that had perpetually cursed us at that tournament. With the fervour of World Cup excitement at the back of everyone's minds, we couldn't wait to start playing.

Our first game against Fruitvale bolstered this sense of confidence as we hammered them 4-1, leading from start to finish. After a two-game sit we came up against Slokan, the host club and our long-time rivals, and we made short work of them too, 5-2, with their only goals coming on penalty kicks. Meanwhile, the Kaslo team kept pace with our efforts, winning both of their games and looking strong in the process, but we'd see to them tomorrow. That was enough soccer action for Saturday and we took the evening for refreshments, pizza, and wild Slokan City night-life.

Sunday saw a late start of 1:30 for our first game, as the host team wanted to break and watch the World Cup game. So we kicked off against Rossland in the blazing noon sun, and showed them no more mercy than those pitiless solar rays. Our attacking lines proved extremely effective against their defensive backs, and by the time the final whistle sounded we'd knocked in five goals and held them scoreless.

Another two-game sit for us, and we watched Kaslo put away Fruitvale by a couple of goals, leaving us both with three wins and no losses. Our 5:15 game was shaping up to be the "final", as we were the only teams with no losses.

Before we kicked off we knew that we needed at least a tie to win the tournament, as we had a better goals for/against record than Kaslo, including our shut-out over Rossland the day before - but we were looking for more than a tie.

Our composure came under attack early as Kaslo struck for two quick goals in the first 15 minutes of play due to some uncharacteristic defensive miscues. Fortunately there was lots of time left and we used it well. **Jake Kelly** put a long leading pass into **Donny Lott** in the left corner of the field and Donny beat his defender before launching a perfect cross over the goalkeeper onto the far post, where **Jesse Davidson** was waiting to head it home.

The half ended 2-1 Kaslo, but we'd had the best of the play and we started the second half charged up and ready to win.

Another perfect cross from Donny on the left wing found Jake Kelly on the far post and he got his head on it and launched it goalward. Jason, Kaslo's keeper, got a piece of it and when it went across the goal line he quickly scooped it out and called "No goal!", but the linesman on the far side of the field was standing on the goal line and had clearly seen the ball a foot into the Kaslo net. We were even at 2-2.

E.S.U. was on a roll and we lost no time pressing the advantage. Another perfect cross from Donny found Jake again and he powered home his third header goal of the tourney. Three-two for E.S.U!

Then, at our end of the field, things got ugly. I was playing a bouncing ball almost at our touchline, just beside the goal, when the whistle sounded from behind me. I wheeled around in surprise to find the ref calling "hand ball" and pointing at the penalty dot. The ball had actually struck me on the thigh, nowhere near my hand, but the linesman had called it from 25 yards away on the sideline, and they went through with the penalty shot for Kaslo. Steve, their designated shooter made no mistake in burying it deep within our net. 3-3 tie.

Bad goes quickly to worse. With under five min-

utes to play one of the Kaslo strikers gets clipped in our box and goes down. The penalty kick is from 20 yards out and our defensive wall sets up too far off the post line. His good shot finds the vacant corner of our net and it's 4-3 Kaslo. The Slokan trophy seems to be slipping away.

We kick off quickly and carry the ball into the Kaslo end. We put good pressure on their net and work the ball once again over to Donny on the left side, our bread and butter play.

Donny beats his man and is tripped going by. Free kick from the left side! **Coach Nick Hodgkinson** frantically waves everyone forward into the box and Donny fires it in from the wing. The keeper knocks it down but the ball bounces and caroms around the box amidst a mass of players - and **Mike Johnston**, having run from his defender's position at the far end of the field, stretches out a long leg and toes the ball into the net.

Four to Four!

It's all we need to take the tournament win. We defend for a couple more minutes against a disillusioned Kaslo squad and the whistle sounds. The Slokan Trophy is coming home to The Shore, and our first tournament of 2010 wraps up with victory. We outscored our opponents 18 - 7 overall, with Jake Kelly notching five goals, most of them assisted by Donny Lott, who also booted in three of his own, including a perfect free kick over the defensive wall. Jesse Davidson also scored three times, and **Jared Savoie** got a couple.

In all of my years playing for E.S.U. I've never seen us field such a powerful offense.

Our defense has always been one of the best in the Kootenays and this tournament was no exception, not only defending like guard dogs but contributing goals by Mike, **Sal Couling**, and **Allan MacDonald**.

It was a total team effort and we had very good play from all positions, including our Keeper, **Dano Cheverie**, and we wouldn't have won without the great coaching and strategy from Nick Hodgkinson. The next tournament will be right here in Crawford Bay - the King O' the Balls on August 21 & 22. Come on out and cheer for the East Shore!

A Look At Offside

question by Tom Lymbery,
reply by Ingrid Baetzel

Congratulations on your soccer editorial, Ingrid.

I played rugby in high school, another game that requires little more equipment than a pair of shorts and a ball. However, its offside rule is extremely simple, your team must be behind the ball at all times.

On the other hand the offside rules of soccer are more than I can understand, even after Googling for clarity.

Could you please give us your best attempt to enlighten us?

Sincerely yours, Tom Lymbery

ED: Thanks for the question, Tom. The easiest and best explanation for offside in soccer rules was on a kids soccer website - <http://www.soccer-for-parents.com/soccer-rules.html>. It reads as follows.

"The first thing to know is that you cannot be offside on a corner kick, goal kick, or throw-in. Don't ask me why. Just accept it and go on. The explanation is too long.

Also, it is not an offense for a player to be in an offside position. The player must be involved in active play as determined by the referee to be called offside.

As quoted from the FIFA soccer rules:

A player is in an offside position if: he is nearer to his opponents' goal line than both the ball and the second last opponent.

Clear yet? I didn't think so.

Try this. An offensive or attacking player can't be ahead of the ball and involved in the play unless there is a defender between him and the goalkeeper. Or, you can't hang out at the other team's goal waiting for the ball.

A few other buts. You can't be offside if you are standing on your half of the field. Also, the offside rule applies when the ball is kicked, not when the player receives the ball.

To be honest with you, this can be a hard rule to understand. Don't get too hung up on it. Trust the referees. Download the **FIFA Laws of the Game**. They have good diagrams of what is and isn't considered offside."

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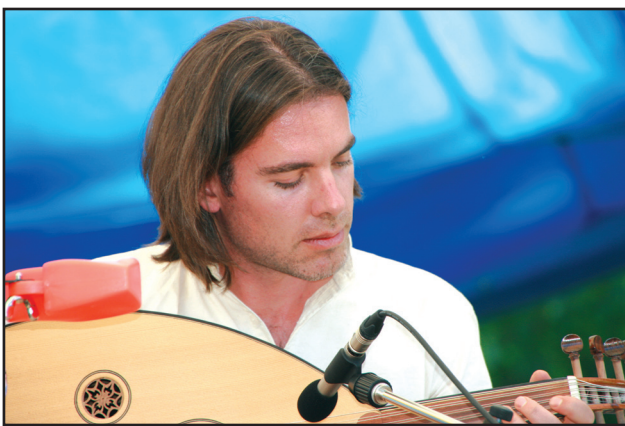
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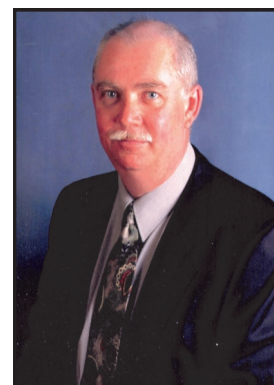
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July Packed with Triathlon Action

by Juergen Baetzel

The first race I'd like to write about took place in Christina Lake. I've entered this smaller venue now three times. I love this "little" race. (still ¾ km swim, 20 km bike and 5 km run) We call it the sprint - sort of the 100 meter dash of triathlon. First up was the Kids Tri. I really enjoyed watching the young ones racing.

After all the kids finished and cleared out the course, the adults entered the water. Sunny skies and a calm lake provided perfect conditions. After the blast of the starting gun, about 100 athletes jockeyed for position. I swam to the best of my abilities but the first swimmers out of the water had a five minute lead over me. So, I was back to that familiar scenario of me chasing people down on the bike and on the run.

The bike course, in my opinion, is awesome. It's a really fun to ride because it has some fast winding downhill sections through the town. Others might argue that it's a bit dangerous with those high speed, tight corners but hey, you've got brakes, right? Coming into transition two, I had worked my way through the field up to place number two starting the run. At this point though I didn't know what rank I had. I gave it full throttle on the run. I came past the first water station and they yelled at me that I'm the first male! Could I be in the lead? Well, I was to find out pretty soon since the run was an out and back route. Here SHE comes, not a guy but a girl. Kelly Geisheimer of Rossland was the first athlete out of the water and held her lead to the finish line in a time of 1hr 13 min.

I pushed myself really hard trying to catch her, but there was just not enough race left to do so. Therefore I was the fastest male of the day with a finishing time of 1hr 16 min. Finally! I had won (against all the men) my first triathlon.

The second race I entered in July was the Osoyoos Desert Half Iron. Again, I am no stranger to this race, having completed it two times before. The organizers claim it to be the toughest Half Iron course in North America. There are multiple reasons for that, including:

- A large amount of seaweed close to the shore makes swimming extra challenging
- The bike leg is a out and back with a fourteen km hill climb in either direction
- The wind whips through the valleys all day long, giving the athletes an extra work out on the bike (hence the name Desert Half)
- Sweltering heat and radiant asphalt make the running very grueling

The race started off with a two kilometer swim in Osoyoos Lake. After navigating through the first 100 meters of seaweed I found a good rhythm and completed the first loop with a good time split by my standards. The second time through the seaweed maze I lucked out and found a somewhat straight passage. The most disturbing thing about the swim though was the fact that all along I had the taste of boat gasoline in my mouth, disgusting.

After a successful 44 minute swim, I was onto my bike. My strategy was to avoid blowing all the energy on the climb out, thereby leaving myself with a good amount of energy coming back. This plan worked out well because I had a strong performance on the return climb and could recover on the downhill into town finishing the 90 kilometer bike in 2 hrs 48 min.

Starting the run, I was a bit anxious because last year the heat got to me and caused me to run my worst half marathon ever. But I felt quite strong this time around so I thought to myself, "To hell with perseverance, just run as fast as you can." After all there were Iron Man Canada qualifying spots on the line. It played out well, even though the run was tough again

in 35 degree heat. I had a consistent pace letting me finish the 21 kilometer run in 1hr 42 min.

This year's finishing time was 5 hrs 20 min. That time was over 35 min faster than last years and ranked me 44 Overall out of 450 Competitors. I also got a qualifying spot for Iron Man Canada on August 29/2010. This will be the pinnacle of my triathlon career this far, so watch out for a report on how it went.



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Bluebell Classic Ladies Golf Tournament

by Bharbara Banner

The Riondel Ladies Golf Club hosted the Tenth Annual Bluebell Classic Golf Tournament on July 14. Besides the local ladies, golfers came from Rossland, Kimberley, Cranbrook, Nelson and Balfour. The weather co-operated with a peerless day, the course was in excellent condition and a great time was had.

The 18 hole tournament prizes were awarded as follows:

Low Gross Overall Winner - Bharbara Banner

Low Net Overall Winner - Debbie MacMillan

First Flight:

Low Gross - Lorna Manzer

Low Net - Jennifer Green

Second flight:

Low Gross - Mary-Lou Laing

Low Net - Bonnie Anderson

Callaway:

First - Yvonne Robertson

Second - Pat Johnson

There were many wonderful prizes and the ladies would like to thank their sponsors: Kokanee Springs Golf Course, Bootleg Golf Course, St. Eugene Golf Course, Rossland-Trail Golf Course, Castlegar Golf Course, North Woven Broom, Deer Ridge Pottery, Dena Kubota, Bob's Bar & Grill and Wedgewood Manor.



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Boating Safety

By Garth Norris, Unit Leader,
Canadian Coast Guard Auxiliary,
Unit 104, Kootenay

One of the questions we are asked while out at boat ramps and docks is, "When is it OK to have alcohol on a boat?" The law in BC is: Alcohol may be consumed on board the pleasure craft if it meets all of the following conditions:

- The vessel has permanent sleeping facilities
- The vessel has permanent cooking facilities
- The vessel has a permanent toilet
- The vessel is anchored or secured alongside a dock

Boating while impaired is an offence under the criminal code of Canada and is liable to a fine of at least \$600 for the first offence.

Some other questions we get are regarding loud boats, speed, and Personal Watercraft (PWC)

Under the "Small Vessel Regulations (SVR)" all power driven vessels are required to have a muffler or have the exhaust vented under the cavitation plate (under water) unless it is being operated more than 5 miles from shore.

There is a 10 kmh speed limit within 30 m of shore. However, anyone operating a vessel in a careless manner, such as speeding in a congested area may be fined. This could also apply to "stunting" with a PWC. Also, persons under 16 yrs of age are not allowed to operate a PWC.

We have noticed an increase in the use of inflatable Personal Floatation Devices (PFD). They are particularly good on hot days as they are very compact. It is good to see people wearing a PFD; however, there are some rules regarding Inflatable PFD's.

Conditions of inflatable PFD usage to meet SVR requirements:

- Cannot be worn on a PWC
- Cannot be worn for white water activities
- Cannot be worn by people under 16 and/or less than 36.3 kg (80lb)
- Automatic inflator type cannot be worn for sailboard activities
- Must be worn while in an open boat
- Must be worn while on deck or in the cockpit and be readily accessible to persons below deck of vessels with cabins

Remember, any PFD is of no use in an emergency if you are not wearing it.

The majority of deaths happen to boaters in small (under 16') boats who are not wearing their PFD.

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Answers from the Physio

by Anna Rose,
Physiotherapist

Q. Is a "separated shoulder" the same thing as a "dislocated shoulder"?

A. No. "Separation" happens at the small joint between the collar bone and the shoulder blade. This joint is above the large joint of the shoulder, which is where "dislocation" happens.

Relevant anatomy:

Walk your fingers along your collarbone (clavicle) to its outer end and feel how it joins a bony ridge that angles forward from the shoulder blade. The enlarged end of that ridge is called the acromion, so the joint is called the acromioclavicular (AC) joint. Keep your fingers on that area as you move your arm around. The AC joint stays quite stable. There are several short, strong ligaments from bone to bone to ensure this.

Technically, the joint between the upper arm bone (humerus) and the shallow socket (glenoid fossa) on the shoulder blade is called the glenohumeral joint, but if we keep calling the small joint "the AC joint", then "shoulder joint" will do for the large one. Arm function requires lots of movement at the shoulder joint, so ligamentous connections here are minimal. Muscles are far more important in keeping the humeral head in the socket.

Injuries:

"AC joint sprain" is a less confusing term for "shoulder separation". By definition, a sprain is when ligaments are overstretched. Falling off a bicycle onto an outstretched hand, or being slammed into the boards in a hockey game are common causes of AC joint sprains. If the injury feels severe enough to get it checked at the hospital, they might give you a ten-pound weight to hold during an x-ray to determine how much the ligaments have been overstretched. They will also rule out fractures.

"Shoulder dislocation" is when the head of the humerus comes out of the socket and gets stuck in front of it (usual position) or behind it (less commonly). It can be caused by a sudden pull through the arm, as might happen in a skiing fall, or in whitewater kayaking. Sometimes the shoulder can be repositioned on site by someone with advanced first aid training. Usually, a doctor does this in the emergency room, after giving the injured person medication to relax the muscles that have gone into spasm. It is important to have injury to nearby blood vessels and nerves ruled out.

Treatments:

Surgery is rarely needed for AC joint sprains. The usual recommendations for sprains are given: relative rest (this may include the use of an arm sling),

anti-inflammatory measures including ice, and protection from further stresses (e.g. staying out of contact sports) for a short while.

Shoulder dislocation is generally a more serious, more painful injury. Healing often takes months rather than weeks. Surgery may not be necessary in the majority of cases, but is required more frequently than for AC joint sprains.

Doctors usually recommend physiotherapy after surgery for either the AC joint or shoulder joint. Where surgery is not required, physio is likely to be recommended for AC joints sprains other the mildest, and for all shoulder dislocations. Physio for either condition involves pain-relief techniques, self-management advice, postural correction, and careful, progressive strengthening of the muscles around the shoulder and shoulder blade.

Long-term problems:

Most of the time, AC joint sprains recover completely. Severe cases may not, requiring the discontinuation of intense overhead activities or heavy weight lifting. If the joint heals in a slightly deformed position, osteoarthritis may develop later.

People who have had a shoulder dislocation once are at significant risk of it happening again, with less force required than the initial time, especially if they haven't worked hard to re-strengthen and re-coordinate the muscles of the shoulder. At least the pain is usually less and repositioning is easier, something the person may be able to do for him or herself. Surgery may be done on an elective basis to tighten a shoulder has been dislocated several times.

East Shore Physiotherapy

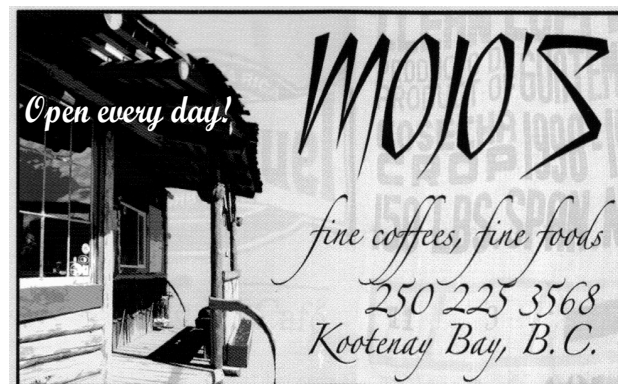
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Riondel Community Library

by Muriel Crowe

By the time you read this the great library used book sale will have taken place and we will be amassing books for next year's event. I hope you all had the opportunity to come and buy some books or the other items we had for sale. The funds raised are all going to the new roof fund.

The cataloguing and bar-coding of the paperback books is ongoing and these are being processed through your account but for August and September there will be no late fees charged on them. We will announce and advertise when the fees are going to start. If you are looking for books in our online catalogue the call number starting with "P" indicates a paperback. PBM indicates paperback mystery; PBF indicates paperback fiction, etc.

One of our energetic and enthusiastic members has created a bulletin board with the latest listings of the New York Times best seller lists. All of those that we have in our stacks are highlighted in yellow. This in addition to our previously posted Giller Prize and other lists should help everyone find something new to read. Our thanks to those who have taken on these jobs. As always we have new books on the shelves and some new donations too. This last purchase brought rave responses from many of our readers and some are already on the "reserve list".

Have you got all of your fall fair entries planned yet? Need ideas for crafts? Are you looking for a recipe that is sure to bring home a prize. The library has books that can help with all of the above and more. We will be delighted to loan them to you.



Expression of Interest To become an RDCK Water Service

If you are a water system purveyor located in the Regional District of Central Kootenay (RDCK) and are interested in exploring the feasibility of becoming an RDCK water service, please visit the RDCK website (www.rdck.bc.ca) for further information or contact the undersigned.

Application Process: Applicants should review the RDCK's *Water & Sewer System Acquisition Policy* and *Regional Water Management Plan* for details and application requirements, then submit an 'Expression of Interest' letter signed by an authorized representative of the water system. Both documents can be found on the RDCK's website.

Eligible Water Systems: Any water system located within the administrative boundaries of the RDCK.

Deadline: An 'Expression of Interest' letter from interested parties must be received at the RDCK Office, 202 Lakeside Drive no later than 4:00 pm, Thursday, September 30, 2010.

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Eastshore Community Library/ Reading Centre News

by David George

Did you enjoy the extended Museum Days at the Gray Creek Hall? Have you been on any of the weekly area tours guided by Tom Lymbery and sponsored by the Gray Creek Historical Society? There are at least two more tours coming up in August; check bulletin boards if you are not on the emailing list.

The July 5 tour of the Golden Pine farm and orchard of Len and Catherine Anthony Clark, now run as Sacred Journey Imports, was a great success. An author who wrote seven primarily children's books, Catherine (1892-1977) moved to Vancouver Island in her later years. Your EastShore library has four of them: *The Golden Pine Cone, 1950; The Diamond Feather, 1962; The Man with Yellow Eyes, 1963;* and *The Hunter and the Medicine Man, 1966.*

Her other three books would be welcome donations to your library: *The Sun Horse, 1951; The One-Winged Dragon, 1955; The Silver Man, 1958.*

These books, with the exception of *Yellow Eyes*, were all originally illustrated by a London, Ontario artist, Clare Bice (1909-1976) who was also curator of London's art gallery. He was made a member of the Order of Canada in 1973.

While Googling for information about the above author (are any readers of sufficient age and perspicacity to remember Barney Google?) I found in one of those moments of synchronicity another writer, Katy Hutchison, Catherine Clark's granddaughter. She is the author of *Walking After Midnight: One Woman's Journey through Murder, Justice, and Forgiveness* (currently in print in Canada).

Note this is not a work of fiction; your library does not have this book, but another of the same title by a different author. Perhaps someone might donate a copy of the Hutchison book. Try looking up the website: www.katyhutchisonpresents.com and read some of her story. There is even a fine recommendation from the Dalai Lama.

Aside from the Clark books featured above, there are still more new books on the shelves, and lots of new audio books on CDs, many unabridged.

Come in and find a book for Summer reading on Tuesdays and Saturdays from Noon to 3pm, and Thursdays from 7 to 9pm.

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BOOK REVIEWS

by Tom Lymbery

LAW OF THE YUKON - a Pictorial History of the Mounted Police in the Yukon, by Helene Dobrowsky, Lost Moose Publishing, 192 pages, \$29.95

This is a generous size book with many previously unpublished photos. All too often newly issued books about the 1898 gold rush carry numerous pictures we have seen many times before. The Kootenay Lake connection is a photo that includes George Grimstead of Riondel. He was not a member of the RCMP but is pictured helping RCMP Corporal Cam Cameron crate his belongings after being transferred from Fort Selkirk in 1949. This was upstream of Dawson City and at one time was suggested as a possible site of the capital of the Yukon. After sternwheel service on the river was discontinued about 1954 Selkirk became a ghost town as its only access is by river.

The Royal North West Mounted Police were first posted to the Yukon to try and keep the 1898 stampede organized and Canadian. They succeeded admirably having to supervise that every person had enough supplies when entering the country, and also seeing that they were registered before boating down the river.

The help they received from first nations guides and employees is included in this book, for several have two page articles and photos. Without their help the men of the force would not have had much success.

MYRA'S MEN - Building the Kettle Valley Railway, Myra Canyon to Penticton, by Maurice Williams, published by the Myra Canyon Restoration Society, 168 pages, \$20.

While there have been many books written about the Kettle Valley, this is the first to feature the actual workers on the fabled railway. Known as navvies or blanketstiffs, because they carried their blankets when they travelled from one encampment to another, they had very tough and dangerous jobs. Pictured and detailed are many of the log framed camps which were occupied for months at a time, and up to a year if they were building one of the longer tunnels.

Some men felt that they could do better than the average wage of \$3 a day by going together with partners and taking a sub contract to build a certain section of the line. Then they had to set up their own camp, feed themselves as well as putting every daylight hour into the rocky route. The incentive to fulfill their contract always resulted in much more effort than the day wage, and perhaps they came ahead in the end - it was a gamble.

Supplying the larger camps became a steady job for teamsters, along with bringing in material. The book tells us much about assembling the many enormous trestles. This could be speeded up by pre fabricating the bents (sections of trestle) at Carmi, above Myra. The book also has a list of the workers who died by accidents, the numbers of men working and detail on the many wooden trestles.

NewKey's Place

**Downtown Crawford Bay
250.227.6911**

**Happy Anniversary to
Newkey's - 4 Years Strong!**

- Live bands all month long
- Specials and surprises

Upcoming Events:

Watch for our annual Golf Tourney and Quad Poker Run!



pebbles
by Wendy Scott
Drama

The season of rain, brilliant sunshine, thunder storms and rainbows – July is a time of drama. And what is more dramatic than birth?

The birth of a first child is an event never forgotten – never to be lost among life's continuing dramas.

Today is my daughter, Marguerite's birthday – my first child. Her family now includes a husband, several horses, a number of cats, and a dog that manages somehow to hold his own. Today a special birthday gift arrived: a registered Quarter Horse from the Equine Rescue Center in Prince George. The Yearling has been dubbed, Beanie Baby. I'm not sure if he will grow into this distinguished moniker (the reason for it? I believe it refers to a small hernia which will disappear from the horse, leaving only queries about his odd name.) He's not the only horse in the corral, or the only species in the family, Beanie Baby does, however, share one attribute with the other members of the menagerie: each one has, in various ways, been rescued.

Trixie, at the ripe old age of thirty, is the eldest horse at present. Trixie was rescued from an auction (if you're a horse, you don't want to be placed on the auction block.) Daisy came from a friend who was moving away, and so did Bruno – the lone dog. He was taken in because his distraught owner had run out of time on his behalf. It's not easy to locate a home for a young rottweiler.

It is the cats, however, that come with the most varied histories. When Mercury came into their lives, Margy and her partner lived in Tahsis, on Vancouver Island. It was a watery beginning for a tiny red tabby kitten. He was discovered clinging to an outboard motor in Tahsis Harbour – hence the obvious name. Mercury grew to be large and fluffy and became accustomed to the accursed moves between cities, towns and even provinces, but when other members joined the household there was no doubt as to his authority – no doubt, that is, until Storm came along. As yet unnamed, this ball of dark grey fluff with a bob tail had been abandoned with her mother cat in an empty house. It was not surprising that the tiny survivor was – and still is – a trifle wild. And not surprising that there was no hesitation on my daughter's part to take this bundle of excessive energy into her life.

The next member in the feline department was lost, perhaps, rather than abandoned. It was a traffic-jam on the Prince George highway that drew my daughter's attention to what looked like a slow-moving, scrawny animal in the middle of the road. Then – the slow process of rehabilitation began along with veterinary care and a failed search for the cat's owner. When it was determined that the sad looking creature was indeed an orphan, the naming, was easy. Annie is now a healthy grey and white part Persian tabby – the largest and most content of all the cats, she was no threat to Mercury, but not much of a calming influence on the lively Storm.

I'm not sure whether the tendency –no, the need – to rescue small animals can be referred to as a genetic trait, but if so, Margy comes by this quite naturally. Her grandmother – my mother, Margaret, (born on the same day, but in 1904) began her life in England with a large shaggy dog that dutifully 'held' her apple while Margaret turned pages or drew pictures or else just decided to take a break for no obvious reason except maybe to see how long a dog could hold an apple without biting it (something an eight-year-old girl might be curious about). The big white cat in her life belonged to her grandfather – both cat and granddad were visited frequently.

True drama became a very real part of my mother's life when, at the age of sixteen, she joined a Shakespearean company and remained 'on stage' for 8 years.

Margaret emigrated from England in 1929. Her first Canadian dog was an English Sheepdog/collie cross that, at an early age, had to engineer his own rescue. On a cold, BC Cariboo winter day, he was stolen from his home in Lytton and taken across the Fraser River. Buggy swam home – no easy feat in the winter river. At that point, one of my father's inventive friends decided that Buggy deserved a pedigree. He was dubbed: Eros Pestiferous Smythe Anthony Whitman Creswell Higgs. Needless to say, he remained, Buggy, to the rest of us.

Margaret's life with cats blossomed with a move to the coast – Christopher being the first. His story began with a 5 cent raffle ticket. (my purchase at the age of five). This cat, a grey and white part-Persian tabby, could have been related to my daughter's Annie. From then on, through the years, cats and kittens continued to find my mother and my mother's garden – at one point prompting a sign on a newly-planted lawn, "Mrs. Higgs's Cats – Keep Off!"

My mother's affinity for cats, dogs – and horses, continued down her hereditary line to provide pleasure, tears, laughter, and yes, drama in my life and now crowds my daughter's few acres of fenced fields, an old barn and a house ruled by cats and guarded by one dog.

This afternoon, as if to commemorate those two birthdays, a misty rainbow graced the Purcell Mountains across from my house in Riondel: a complete arc of colour – two pots of gold.

Drama? As long as Storm continues to bounce – like Christopher Robin's Tigger – through rooms and onto occupied beds – tapping sleeping faces on her way, there will be no lack of drama in that household.



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We have locals nights on our spacious covered deck w/ live entertainment by:

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- August 14: Lorne Heltman from Creston
- August 21: Howlin' Dan

We don't take RESERVATIONS on local's night - FIRST COME FIRST SERVE ONLY!

Summer Special: Order a whole wood-fired oven roasted chicken 24 hours in advance. We roast it-you pick it up for only \$20.

Come & enjoy our fine food & wines!


Gisela Conrad, Proprietress
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**RDCK
Recreation
Commission No. 9**

**Call for Grant
Applications**

Please submit your recreation grant-in-aid applications to the Rec 9 Commission by Friday, September 17, 2010. Application forms can be downloaded from the RDCK website or obtained from the Riondel Commission Office, Room #6 at the Riondel Community Centre. The Rec #9 meeting to review applications will be scheduled for early October 2010 and will be advertised on the RDCK website and in *Mainstreet*.



**REGIONAL DISTRICT
OF CENTRAL
KOOTENAY**

**ELECTORAL AREA 'A'
ADVISORY PLANNING
COMMISSION**

Notice of Meeting:
Wednesday, August 4th, 2010 at 7:30 pm
Boswell Memorial Hall - Boswell, BC

Main Items on the Agenda:

- Proposed Zoning Bylaw for Boswell Area
- Discharge into Kootenay Lake

PUBLIC WELCOME TO ATTEND

**Getting some
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We have annual, single trip, family and senior's travel insurance policies that can go where you're going.

Our Hours:
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Final Resting Place

by John Oliver, submitted by
Dianne Starkewski

On July 2, 2010, the family of Floyd Oliver took his ashes to his final resting place. In 1937, my cousin, Floyd and I walked up to Oliver Lake. Floyd shot a big mule buck and two tired boys packed it the nine miles home.

On July 2, we took Floyd's ashes up to the mountain we hunted and trapped for sixty years, to the hills he loved so much.

There were 12 of us, including his wife Dolly, his brother Lyle, brothers-in-law Clary and Cliff Hawkins and their wives, daughter Debbie and son Barry and his family, my son Ross and I. We took four 4x4 trucks. It was much easier than the first trip.

It was so beautiful up there, patches of snow and big patches of violets and accenomes. Only trouble was that the girls had sandals on. They informed me they had a 350 pound headstone to take over. One brother said we needed a helicopter. Cliff Hawkins went home and brought his quad.

Ross and Barry cut some tree and made an Indian Travois, placed the headstone on it, pulled it over to the lake and placed it where Floyd wanted to be just before Cliff got back.

Then it started to pour rain. At that altitude it looked like slush. It was cold in t-shirts and sandals.



Remembrance Garden

by Wendy Scott

In this hot weather, the garden is a refreshing and cool place to spend some time. If you're wandering through, you may notice a small birch tree down beside the path. We may leave it there until the fall, then break it up and move it into the undergrowth for winter creatures of some sort to use as shelter.

Bruce Scott cleared a pathway for us from the back lane to the memorial bench that remained hidden so well by tall ferns. Now you can see the plaques on both sides of the bench.

Five more memorial plaques are at the engravers and will be on benches as soon as possible. The new ones are in memory of Fran Turner (Gendron), Tom Gendron, Gladys Woolloff, Ernie Sarver, Irene Sarver. This brings the total to forty-two. If you know of anyone who would like to place a plaque in the garden, please let us know.

Wendy Scott, 250-225-3381 wmescott@gmail.com
Muriel Crowe, 250-225-3570 mcrowe@bluebell.ca

*Creativity
Community
Conscience*

Notice of Passing

Barbara McKay McLaughlin

We regret to announce the death at Creekside Landing in Vernon on January 23, 2010, of Barbara McLaughlin, at the age of 97 years. Barbara was raised in the Kootenay area, and moved to Enderby in 1966, and the Lumby area in 1971. She loved gardening and all animals. Barb will be sadly missed and lovingly remembered by her husband of 62 years, Doug; brother Bill Burge of Vancouver, and a number of extended family members. Barb's warm smile and her kind, gentle nature will be greatly missed by all who knew her.

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Growing communities one idea at a time.

A Pair of Pearl Earrings

by Wendy Scott

An unbroken bond of fifty years is worthy of a celebration. And last year, that's what Marilyn and Don Johnson did. They celebrated. Marilyn booked a place with memories. The Davenport Hotel in Spokane, Washington, had hosted their honeymoon, fifty years before. It was luxury for them on that first day of marriage and on the day of their fiftieth anniversary, thoughtful recognition including flowers, wine, and the pampering they deserved. On that day, in that special place, Don presented Marilyn with a pair of pearl earrings.

Fifty years of marriage fills quickly with births, deaths, more weddings, children, grandchildren and a lifetime of memories. Marilyn followed Don to places as far away from home and family as Saudi Arabia. But home was a difficult concept to pin down for this travel-wise couple. Their lives and careers revolved around Alberta, and when Riondel was discovered, it became a summer home. But this town has a way of moving into a life and very soon it became much more than a summer place, and Don and Marilyn became a vital part of the community of Riondel.

This year, after several months delay in Calgary, Don and Marilyn returned to their home in Riondel, and Don was content and happy to be back beside his beloved lake.

This morning, as Don sat at his kitchen table with his first cup of coffee, he looked at the town outside his window and he felt at peace. Then Don's heart stopped beating and his life came to an end.

Today, Marilyn wore her pearl earrings again. To her they were, not only cherished symbols of fifty-one years, but also small mementoes of her husband's lifetime completed on this day, beside the lake he loved, in the town that they both called home.

DON JOHNSON
July 1931 – July 2010

Notice of Passing

Dr. Heinz Horst Wenger
Dec 2, 1916 - Dec 11, 2009



Heinz was born in Tilsit, Germany. He studied medicine in Cologne, Germany and graduated with MD and PhD degrees in 1950. After immigrating to Canada in 1951, Heinz fulfilled his Canadian medical studies at the University of Montreal.

In 1953 Heinz became a member of the medical staff at the Moose Factory General Hospital in Northern Ontario,

where he met his future wife Elfriede. Several years later they ventured west to Calgary to begin a practice in family medicine.

After their wedding in 1958, Heinz and his bride came to the Kootenay Lake on their honeymoon. They both fell in love with the area - the clear lake surrounded by mountains felt like home.

They were so enchanted with the landscape, that when they came upon Ethel Magee's weathered for sale sign; they could not resist the opportunity. This slice of heaven in Gray Creek with its cabin would become the annual summer retreat for Heinz and his family - a place he lovingly referred to as God's Country.

His family, now scattered around the world, will come together in August to honour Heinz's final wish: To bring his ashes back to his beloved Gray Creek.

A contribution in Heinz's memory will be made to the Gray Creek Historical Society, to preserve the legacy of the area for future generations.

The East Shore MAINSTREET

Contact: Ingrid Zaiss-Baetzel

Phone: 250-227-9246 Fax: 250-227-9264
Box 140, Crawford Bay, B.C. V0B 1E0
E-mail: mainstreet@theeastshore.net

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Bible Talk

by Pastor Doug Middlebrook

I read a quote the other day that really made me think. I'm not sure who said it, but this is what it said. "If your Faith has not changed you,

will your Faith save you?"

The bible tells us in Ephesians that we are saved by our faith, not our works.

Eph 2:8-9: "For by grace you have been saved through faith, and that not of yourselves; it is the gift of God, not of works, lest anyone should boast."

God's grace is defined as "giving us what we do not deserve." He gave His son to die that we might have life. We gain this life through our faith in who Jesus is. We believe in Him. That means we believe that He is who He says He is; we believe He did what He says He did; and we believe all this, without having seen it. In other words, we believe this by faith. This "saving faith" is nothing we can boast about. We did nothing to deserve it. It is all because of His love. Our part is only to believe and to receive. We then want to become a "doer of the Word."

God's grace and mercy come to us because of His love. The journey we walk after we receive Him is Jesus sanctifying us. It is Jesus preparing us for an eternal life with Him.

My faith in who Jesus is has to change how I think, how I act, and how I speak. It needs to change me. If I say I believe in Jesus and who He is, how can it not? If I stay the same and continue to walk the way I always did, can I truly say I believe and have faith in Him? To

have faith in Him is to allow His way of life to come and take over my way of life.

The bible tells us in **Romans 3:23** that "all have sinned and fall short of the glory of God."

Jesus' way of life removes that sin and shows us how to live a life without sinning.

As we live our lives through faith in Him it has to change us. I can tell you I have seen many changes in people who have come to know Jesus. Their faith in Him has allowed them to have a hope of something they never before imagined, eternal life of no more crying and pain but of utter joy and peace. This is the promise God gives to those who believe and have faith. To become a Christian is to become Christ-like, so it only goes to say that we must change. For our faith to save us it must change us. Paul says in Rom 6:1 "What shall we say then? Shall we continue in sin that grace may abound? Verse 2 says "certainly not."

By His grace we are saved through faith. Coming to know Jesus as Lord and Savior is a life-changing decision. This life of constant change is a journey that opens our eyes and our hearts to see and feel totally different than the way we used to. It changes how we act, react, speak and even think. It is our faith in Jesus and our desire to be like Him that causes us to change.

In closing, may this be an encouragement to you: God has given each person a measure of faith. **Rom 12:3 For I say, through the grace given to me, to everyone who is among you, not to think of himself more highly than he ought to think, but to think soberly, as God has dealt to each one a measure of faith.** And with that faith no matter how bad we think we are, He loves us and will save us. God's grace and blessing to each one.

As Gordon said, he likes to think that a Sunday kind of love is the kind that lasts for much longer than a Saturday night. We know that this Sunday will be a polished gem in our memories for a very long time.



Rev. Louise Skibsted



Rev. Gordon Laird and wife Marilyn

A Sunday Kind of Love

by Wendy Scott

If, on a particular Sunday morning, you happened to be in Riondel at about 11 am and you heard strains of 'Misty' floating out onto Eastman Avenue and a bit later 'A Sunday Kind of Love' came drifting through the church window into the Remembrance Garden; if you caught even a hint of this bluesy-jazz, you were listening to the opening phrases of an exceptionally beautiful Sunday service.

Rev. Gordon Laird was the musician and minister presenting the sweet horn sounds with his clarinet with Rev. Louise Skibsted coaxing the heart and soul from the keyboard. Between the two of them, with Gordon's poignant and sincere remembrance of September 11, 2001, the service progressed with up-lifting, vibrant music and the power of prayer.

Gordon and his wife, Marilyn – and their five children – are old friends of Riondel Community Church having shared Sunday services here from mid-1968 through to the end of 1969. Gordon is a United Church minister and at that time, lived in Nelson and served Kaslo and Ainsworth as well as Riondel. Several church members who could recall those years were not able to attend this service. For the rest of us, it was an honour and privilege, not only to meet this devoted couple, but to hear for the first time, the music that flows with such apparent ease from Gordon's clarinet.

Louise Skibsted is also a United Church minister and a returning friend. About ten years ago, Louise would come up the lake from Creston on a regular basis – until she moved out of the area. Louise always brought her magical fingers with her and it is an absolute delight to greet her again and to be able to listen to her music.

This special morning was finished off with a flare at Bob's Bar & Grill Restaurant with the special attention always given by Bob and Wendy – and on this day, their young server, Lain.



AREA "A" EDC Economic Development Commission

\$7,000 in funding available:

There is \$7,000 still available this fiscal year for grants or projects for Area A (East Shore) relevant to the promotion and encouragement of economic development. You do not need to be a society to apply. Please send in your application early so we can help you to succeed.

Funding approved in June 2010:

Kootenay Lake Chamber of Commerce - \$672 to promote CBESS and other non-profit East Shore amenities in Visitor's Choice mag
Green Boating Alliance: \$2120 – for environmental education, safety, courtesy, and water quality promotion for Kootenay Lake
Crawford Bay Sunday Markets - \$1000 for advertising

Parent Advisory Committee, CBESS - \$800 for school website improvement

KLEECA - \$200 for a promotional video for the East Shore

Next Application deadlines:

October 7, 2010 February 7, 2011
Approval/funding lag time 6 to 8 weeks

An application form can be printed from the RDCK website following this path:
<http://www.rdck.bc.ca/corporate/grants/electoral_area_a_economic_development_grant.html>

Email lornarobin@bluebell.ca

Or call 250-225-3333 for more info

Visit InvestKootenay.com

The East Shore MAINSTREET

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The Service Directory is a great way to have your business listed as a reference for those shopping for a particular professional service. Keep your phone number handy and your message clear.

AUTOMOTIVE/MARINE

NORTHSTAR CRESTON - 1-800-551-9351. Full service 8-bay shop featuring Goodwrench Service - \$41.95, genuine GM & AC Delco parts. Full line of major tire brands featuring: BFGoodrich, Michelin, Uniroyal, Hankook, Goodyear and Firestone brands.

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MARK JOHNSTON CONSTRUCTION LTD. Ph: 250-227-9583, email: info@mrkjc.com

PIETE CONTRACTING LTD - Road Construction, Land Clearing, Excavating Basements, Certified Septic System Installation, Belly Dump, B-Train, Lowbed, 200 Hoe, Cat, Sand and Gravel, No Post Dividers. 250.227.9051 or 250.505.9915.

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COUNSELLING & SUPPORT SERVICES: Free and Confidential for children, adults and families. Services include: Adult Mental Health and Addictions; Child Youth Mental Health; & Family Support. Call 1-866-774-5324 (toll-free) or 250-353-7691. North Kootenay Lake Community Services Society.

FIRST CONTACT EAST SHORE MIDWIFERY - Sylke Plauermann, registered midwife. 250-227-6846.

MASSAGE & FOOT REFLEXOLOGY - Relaxing Ayurvedic Massage: Susan Snead is now available for sessions at Barefoot Weaving and Tara Shanti. Call 250-227-9626 for appointment.

MASSAGE, SHIATSU - DEEP TISSUE - REIKI, mobile or in Crawford Bay, call James Wood, 250.227.6849 for an appointment.

REGISTERED HERBAL THERAPIST, MASTER HERBALIST - Maya Skalinska, M.H., R.H.T. Iridology, Tongue & Pulse analysis, Nutritional consultations, individual herbal remedies, Flower Essence consultations & remedies. For appointments, please call 250-225-3493.

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BUNKERS GRILL AT KOKANEE SPRING - Open for the season and serving breakfast, lunch and dinner. Call 227-9393 to reserve.

CRAWFORD BAY HALL & COMMUNITY CORNER BUILDING - available for community events, wedding receptions, workshops etc. Non-smoking facilities. Call Kathy, 227-9205.

DESTINY BAY RESORT - 11935 Highway 3A - Boswell open for dinner each evening until September 27th by advance reservation 250-223-8234 or 1-800-818-6633.

MAXX & NAMBI'S KITCHEN - Open Sundays, 9 to noon with full breakfast menu. Hwy 3A in Crawford Bay. 227-6854.

NEWKEY'S PLACE - Hwy 3A in Crawford Bay, licensed area. Open 10 am til close Monday to Sunday. Food Specials all day. 227-6911.

ROCKWOOD CAFÉ - Authentic Chinese food, great pizzas and perfect burgers. Open Tues - Sun. Hwy 3A Gray Creek. 227-6840.

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*Next Deadline:
Monday, August 23/10*

CLASSIFIED SECTION

BUS. ANNOUNCEMENTS

Sirdar General Store - A unique place to shop on Duck Lake. 2010/11 Angling Licences and Tags, Hunting Licences, Fishing Tackle--New In--Flat Fish, Wedding Rings & Tackle Box, Mosquito hats, repellent, and sun protection. Post Office, Groceries, Crafts, Ice Cream Treats, Pop, Juices, Energy Drinks, Water, Chocolate Bars, Chips & Energy Bars. Straw Hats for Ladies & Gents. Unique 'Beaver Carved' Planters -supply limited. Souvenirs, locally crafted, post cards. 8050 Hwy 3A 250-866-5570 Fax 250 866-6811. Happy B.C. Day.

Insurance certification requires professional chimney installation - we are the Professionals - Gray Creek Store

BUSINESS SERVICES

Fax service, photocopies, (with no PST/GST) Tom Lymbery - Notary Public, 250- 227-9315, fax 227-9449

EMPLOYMENT OPPS

Visit InvestKootenay.com for East Shore opportunities to buy or sell a business and more.

House Cleaning: We are looking for help cleaning our house one day a week. Call: 250-227-8951.

Farmsitter Wanted: We are looking for a farmsitter from early November 2010 to mid March 2011- for more information please e-mail us at info@tb2.ca

HOME/BUILDING

Log tongs- orange for lifting, blue for skidding. (the lifting ones are special steel) - Gray Creek Store

Heavy Duty Extension Cords -50' 3/12 with lighted end , so you know that its live - Gray Creek Store

Finest quality Benjamin Moore Paint. Please phone 227-9315 or 227-6855 to make sure that we have a tinting specialist on shift - Gray Creek Store

Plumbing Adaptors that fit pex, poly B, or clear tubing - don't need clamp tools, great for RVs & tight spaces - Gray Creek Store

Super Special Vermont Castings Barbecue Model 3517. REG: \$1399, SPECIAL: \$899 (including a \$49 cover free) -Gray Creek Store

16', 20', 24', Industrial Aluminum Ladders, plus a 8' to 13' multiway ladder, Gray Creek Store

Live Animal Traps - Squirrels to Raccoons - \$24.95 to \$79.95 - Gray Creek Store

Roofers Fall Kit - roof anchor, D ring harness, 50' lifeline, rope grab and 2" shock absorbing lanyard - Reg \$207, Special \$189 - Gray Creek Store

Grip-o Log Splitter - no hydraulics to freeze or leak - 2 second cycle time, uses the effort of two flywheels. Reg \$3400, Now \$2995 - Gray Creek Store

MISC FOR SALE

Aluminum Garage Door - 8X8, \$250. 250.505.7570

New - 5.5 hp 2 Inch Transfer Pump - Reg \$465, Special \$395 - Gray Creek Store

Plenty of Pulaskis with fibreglas or wooden handles - it may be a tough forest fire year - Gray Creek Store

Motorcycle Gloves: Watson quality \$49 - (up to \$75 at a Motorcycle shop) - Gray Creek Store

Free phone books - the new BETTER BOOKS are here - take extra for your office and car - Gray Creek Store

Straw cowboy hats: \$4.95. Flip flops in amazing colours. Bamboo Blinds from 3' x 6' to 8' x 6' - Gray Creek Store

Electric Toothbrush: if you use one you will wonder how you cleaned manually, battery @18.95, rechargeable \$23.95, and your dentist will complement you - Gray Creek Store

The Thermometer Fork: LED readout - accurate readings from rare to well done \$17.95 - Gray Creek Store

"Dorothy's Stormy Lake" vol. 4 is here - \$19.95. Complete your collection - Gray Creek Store

Hydrographic chart of the Lake. boater's necessity, hard to find anywhere but Gray Creek Store

NOTICES

The 99th Kootenay Lake Agricultural Fall Fair is being held on Saturday Sept 11, 2010 at the Crawford Bay Hall. The fair will be open to the public from 1PM to 5PM with an auction of donated entries taking place at 5PM. We will be accepting exhibits from 3PM to 7PM on Friday Sept 10 at the Crawford Bay Hall. A tea and bake sale as well as a raffle will also take place on the day of the fair. Advance entry tickets will be available near the end of August. Contact Mike and Ivy Jeffery at 250-227-6807 or Terry Turner at 250-225-3483 to purchase them.

Convenient, clean & safe downtown parking. Park at the Nelson Parkade - Sunday \$3.00 all day, Wkdays \$1.50 for 2 hours, or \$3.75 for all day. 1/2 block off Baker on Vernon Street 354-8834.

OUTDOORS/REC

Log Lifter with hickory handle, get your log off the ground for easier firewood cutting \$97.50 - Gray Creek Store

PFD - Personal Flotation Device. Make sure your life jacket fits and WEAR IT. We stock many sizes and even those for dogs - Gray Creek Store

"Find an ounce of gold a day" with our gold panning kits, or check the beaches for antique coins with a Metal Detector - Gray Creek Store

RENTALS/ REAL ESTATE

List your property on the Kootenay Lake Real Estate web site. Realtors, as you know it is almost impossible to find Kootenay Lake properties on the MLS system. This focused site gets excellent traffic from potential buyers and rates are very affordable. Also a great site for Sale By Owner listings. Visit www.kootenaylakerealestate.com for more information.

Waters Edge B&B taking bookings for this coming season. Check out the web site. watersedgebb.ca. Inquires - 250-225-3492.

YARD & GARDEN

Use a garden hose to flush or service your outboard. Hose adaptor kits \$13.95, Gray Creek Store

What is a SNATH? It's the handle with a reverse curve for a scythe! Grass and bush scythe blades that bolt on your Snath - Gray Creek Store Cut long grass and reduce your waistline.

Fitness Machine - push a reel lawn mower - upgrade your body and your lawn - reg \$295 special \$265 - Gray Creek Store.

Water Timer - set your sprinkler to come on (and off) in the early morning before you are up - Gray Creek Store

Deer Scare (sprinkler with motion sensor) - the sudden starting sprinkler will frighten any animal - \$69.95 - Gray Creek Store

A deer fence that really works - steel fence posts with 54" Stucco wire, then two strands of berry wire with bright flagging tape. For 8' steel posts, stand on the tailgate of your pickup to sledge hammer these in - Gray Creek Store

Mosquito Area Repellent: keeps an area 15' by 15' mosquito free, uses butane, \$32.95 - Gray Creek Store

Trimmer Line: from 50 lengths to five pound coils , or pre-cut lengths - Gray Creek Store

The Bucket Saw: for tree pruning, can be used with one hand, an innovation from Jonserved / Husquvarna, or a narrow bodied electric saw - Gray Creek Store

Garden Hoses Gallore - We got a big shipment at great discounts - Gray Creek Store

Smokers, Grow Your Own Tobacco - Save A Fortune In Taxes, no licenses or helicopters, tobacco seed grows easily - Gray Creek Store

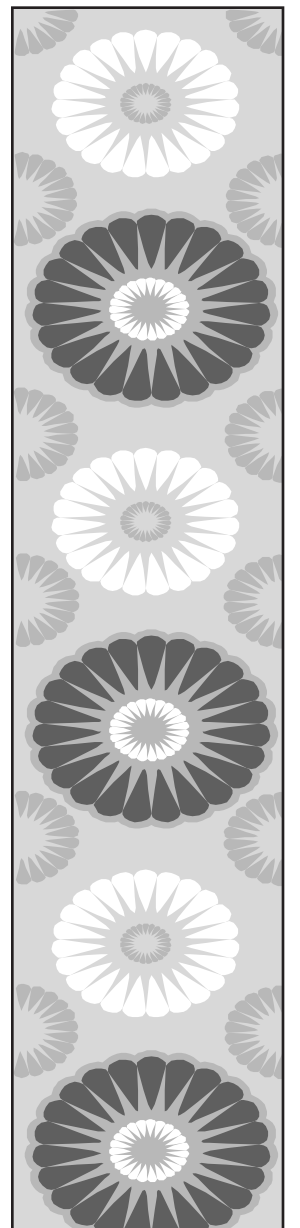
How about a trimmer that can drive a tree pruner, a hedge trimmer, or a garden cultivator? And we nearly forgot a rotary sweeper! Gray Creek Store.

Mantis Tillers - the lightweight that you can even cultivate raised beds with. Try our demo unit - Gray Creek Store.

Sprinklers - butterfly to oscillating with sled or higher bases, and more - Gray Creek Store

Backyard Weather Centre - wind speed, weather vane, thermometer and rain gauge - all for \$24.75 Gray Creek Store

36" Reach Extender \$22.95 - easily picks up from cigaret butts to full beer bottles - be ready for spring yard and highway cleanups - Gray Creek Store



BULLETIN BOARD

Community Notices, Thank You's, Not-For-Profit Announcements (all not related to business), Church Calendar & Meeting Places - free on the Bulletin Board.

CHILD HEALTH CLINIC, ADULT IMMUNIZATIONS, PUBLIC HEALTH NURSE

Will be at the East Shore Health Centre monthly. For further information, call Creston Health Unit at 250-428-3873.

**EAST SHORE COMMUNITY HEALTH CENTRE
Call 227-9006**

See calendar for doctor days - Doctor hours are from 9:30am to 4:30 pm. Please call 227-9006. Also in clinic: Interior Health Authority, Community Care Nursing and Home Support Services, Tues - Fri, 8:30 am to 3:00 pm. Phone: 227-9006, Fax: 227-9017.

PHYSICIAN COVERAGE FOR August 2010

- Aug 3 - Tuesday- Dr Grymonpre
- Aug 4 - Wednesday- Dr Moulson
- Aug 10 - Tuesday- Dr Grymonpre
- Aug 11 - Wednesday- Dr Moulson
- Aug 17 - Tuesday Dr Grymonpre
- Aug 18 - Wednesday - Dr. Moulson
- Aug 24 - Tuesday - Dr Grymonpre
- Aug 25 - Wednesday - Dr Moulson
- Aug 31 - Tuesday - Dr Grymonpre

Note: Please call to cancel if you can not make your appointment. We always have a wait list for patients needing to get an appointment. With limited doctor days and time at our clinic and with the summer season upon us, this is very important.

Please Note: Lab hours 7:30 - 10:30, Weds Mornings. Call to make appointments at 227-9006 on doctor days and Thursday morning. Tuesday, Wednesday and Thursday (8:30 to 12:30) New Phone: 250-227-9006 Fax : 250-227-9017

BOSWELL HALL GOINGS-ON

- 1) Yoga with Lea continues all summer, on Thursdays at 9:30 - 11 am. Contact Marilyn Arms 250-223-8058
- 2) St. Anselm's Church Services with Rev. Robin Celiz on the 1st Sunday of the month at 1:30pm

RIONDEL SENIOR'S ASSOCIATION GOINGS-ON

Walk 3 miles on Mondays, Wednesdays and Fridays at 10:30 am. Wii bowling on Thursdays at 2:00. Yoga Thursdays at 10:30. Turbo Jam Mondays, Wednesdays, Thursdays at 8:00 am and Saturdays at 9:15 am. Men's pool on Mondays and Wednesdays at 12:30 pm. These activities are all in the Senior's Room at the Riondel Community Center. We also have Bingo on Wednesday evenings at 6:45 pm. (Must be 19 or over join)

CHURCH CELEBRATION

Kootenay Lake Community Church will be celebrating 30 years of service to the Lord and the East Shore. The celebration will take place September 4th & 5th 2010. If you have, or know someone who has attended please contact Pastor Doug @ 250-227-9444. Former Bright Lites, Star Rays or Black & White youth we'd love to hear from you. More Information to follow in the up coming months.

MAMMOGRAPHY SCREENING

The SCREENING MAMMOGRAPHY PROGRAM mobile service will be in the Crawford Bay area providing FREE screening mammograms to BC women ages 40 to 79. Age is the highest risk factor for breast cancer. You do not need a doctor's referral. Call 1- 800-663-9203 to book an appointment. For more information visit: www.smpbc.ca. Date: August 16, 2010. Location: HEALTH & WELLNESS CENTRE - 15985 Hwy 3A.

THANK YOU RDCK/REC 9

Thank you from Jacqueline Wedge and Jacki Friesen for your generous donation to the Crawford Bay Summer Day Camp. Sports equipment and arts supplies were purchased for our community's children with these funds.



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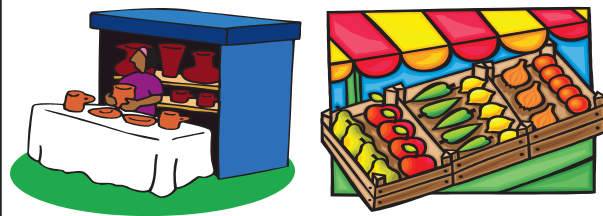
CRAWFORD BAY SUNDAY MARKETS

**Sundays until September 5
10am-2pm Crawford Bay Park**

Textiles, Breads, Jewelry, Soaps and so much more!

250-227-9205/6806
cbsundaymarket@live.ca

A great way to spend the day!



KOOTENAY LAKE FERRY YEAR ROUND SCHEDULE

Vessel Name	Summer Schedule in effect			
	Balfour	Terminal	Kootenay Bay	Terminal
	Summer	Winter	Summer	Winter
Osprey 2000	6:30 am	6:30 am	7:10 am	7:10 am
Osprey 2000	8:10 am	8:10 am	9:00 am	9:00 am
Osprey 2000	9:50 am	9:50 am	10:40 am	10:40 am
MV Balfour	10:40 am		11:30 am	
Osprey 2000	11:30 am	11:30 am	12:20 pm	12:20 pm
MV Balfour	12:20 pm		1:10 pm	
Osprey 2000	1:10 pm	1:10 pm	2:00 pm	2:00 pm
MV Balfour	2:00 pm		2:50 pm	
Osprey 2000	2:50 pm	2:50 pm	3:40 pm	3:40 pm
MV Balfour	3:40 pm		4:30 pm	
Osprey 2000	4:30 pm	4:30 pm	5:20 pm	5:20 pm
MV Balfour	5:20 pm		6:10 pm	
Osprey 2000	6:10 pm	6:10 pm	7:00 pm	7:00 pm
Osprey 2000	7:50 pm	7:50 pm	8:40 pm	8:40 pm
Osprey 2000	9:40 pm	9:40 pm	10:20 pm	10:20 pm

CHURCH CALENDAR

RIONDEL COMMUNITY CHURCH

August SCHEDULE

- Aug 1** - Pastor Doug Middlebrook, KLCC, 3pm
Music: Fiona
- Aug 8** - Pastor Doug Middlebrook, KLCC, 3pm
Music: Cheryl Middlebrook
- Aug 15** - Fr. John Ruder, Anglican, 3pm
Music: The Woodwinds
- Aug 22** - Major Rovin Borrows, Salv Army, 3pm
Music - Anne Rokeby-Thomas and Fiona
- Aug 29** - Brenda Panio, Anglican, 11am.
Music: Fiona

**Please see website for changes: www.riondel.ca
Info at 250-225-3381**

**CHRIST CHURCH & EAST SHORE CONGREGATIONS
ST. ANSELM'S CHURCH BOSWELL (Anglican)**

For information call Christ Church Creston 428-4248
Aug 1 - 1:30 pm, Rev Canon Randy Wood
Sept 1 - 1:30 pm, Rev Robin Ruder Celiz

HARRISON MEMORIAL COMMUNITY CHURCH ANGLICAN

Crawford Creek Rd., Crawford Bay Everyone Welcome!
Church Schedule:
Church Services are held on the third Sunday of the month.
Aug 15 - 1pm: Rev. Robin Ruder Celiz
For information call Karen Gilbert: 227-8914 or Sue Philp: 227- 9140
email: harrisonmemchurch@gmail.com

KOOTENAY LAKE COMMUNITY CHURCH

A Lighthouse on the East Shore
Come & join us for a time of Praise, Worship & then the Word
Sunday Service 10am -11:30am
Youth Meetings (CBYG) weekly. Call for info.
Pastor Doug & Cheryl Middlebrook 250-227-9444/250-505-7659

TEMPLE OF DIVINE LIGHT

Dedicated to all religions. Satsang each evening 8:00 pm.
Everyone welcome - Yasodhara Ashram 227-9224

MOST HOLY REDEEMER CATHOLIC CHURCH, RIONDEL

Rev. Francis de la Cruz
Phone: 428-2300 Fax: 428-4811
Sunday Mass at 2 pm
1st Sunday of the month, Fellowship Sunday.

THE CHURCH OF JESUS CHRIST OF LATTER DAY SAINTS

1520 Campbell Avenue, Riondel, B.C.
Meetings begin at 10 am, every Sunday. Info call, 250-227-9522

Next Deadline: Aug 23

MEETING PLACES

LIONS CLUB - meets at the Kootenay Lake Community Church - 16190 Highway 3A, Crawford Bay.
Meeting Times: 7 pm.
Second and Fourth Tuesday of the Month
For more information call Jim at 227-9622 or Ken at 227-9492.

TOPS - Take Off Pounds Sensibly: meets every Thursday morning at 8:30 am in the Kootenay Lake Community Church basement. Call Marilyn for more info: 227-9129

THE RIONDEL AA GROUP - meets every Tuesday at 8pm in the Community Center. Call 225-3355 for more information.

PARENT ADVISORY COMMITTEE (PAC) Meetings held at 7 pm at the Crawford Bay School library on the first available Monday of the month.

NO MORE MEETING UNTIL SEPTEMBER
Call Gina at 250.227.6896 to be put on the agenda...

AUGUST 2010 Mainstreet 19

**Next Deadline:
MONDAY! Aug 23**

AUGUST 2010

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1 <i>Dr. Moulson Lab 7:30-10:30</i>	2 <i>Bottle Depot, 10-2</i>	3 <i>Women's Soccer, CB Field, 5:30 pm</i>	4 <i>Local's Night, Bocalino</i>
5 <i>Sunday Market, CB Park ESU Soccer, CB Field, 1pm Bottle Depot, 10-2</i>	6	7 <i>Dr. Grymonpre</i>	8 <i>Dr. Moulson Lab 7:30-10:30</i>	9 <i>Bottle Depot, 10-2 TOPS, KLCC bsmnt, 8:30am</i>	10 <i>Women's Soccer, CB Field, 5:30 pm</i>	11 <i>Local's Night, Bocalino</i>
12 <i>Sunday Market, CB Park ESU Soccer, CB Field, 1pm Bottle Depot, 10-2</i>	13	14 <i>Lions Mtng, 7 pm Dr. Grymonpre</i>	15 <i>Dr. Moulson Lab 7:30-10:30</i>	16 <i>Bottle Depot, 10-2 TOPS, KLCC bsmnt, 8:30am</i>	17 <i>Women's Soccer, CB Field, 5:30 pm</i>	18 <i>Local's Night, Bocalino</i>
19 <i>Sunday Market, CB Park ESU Soccer, CB Field, 1pm Bottle Depot, 10-2</i>	20	21 <i>Dr. Grymonpre</i>	22 <i>Dr. Moulson, Lab 7:30-10:30</i>	23 <i>Bottle Depot, 10-2 TOPS, KLCC bsmnt, 8:30am</i>	24 <i>Women's Soccer, CB Field, 5:30 pm</i>	25 <i>Local's Night, Bocalino</i>
26 <i>Sunday Market, CB Park ESU Soccer, CB Field, 1pm Bottle Depot, 10-2</i>	27	28 <i>Lions Mtng, 7 pm Dr. Grymonpre</i>	29	30		

Bob's Bar & Grill
Riondel, BC

August Events

Tuesday 3rd - East Shore Dixie Chicks Band

Sunday 8th - Scott Cook with Jesse Dee & Jacquié B

Friday 20th - Many Bays, Big Band Night

Sunday 22nd - Deberah Shears on piano, A night of light dinner music

Take Out Available 250 225 3511
Check out weekly updates & specials on bluebell.ca or Facebook

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Transfer Station Hours

Crawford Bay:
Sun, Tues & Thurs:
9 am - 3 pm

Boswell:
Weds/Sat, 12-4

East Shore Health Centre
227-9006
COUNSELLORS

Drug & Alcohol: 353-7691
Child & Youth: 353-7691


Public Health Dental Screening/Counseling: 428-3876
Community Nursing: 227-9019
Hospice: 227-9006
Mammography Screening: 354-6721
Baby Clinics: 428-3873 Physiotherapy: 227-9155
Massage Therapy: 227-6877

For more on this facility, call Kathy Smith, 227-9006

yoga and laughter with lea rae belcourt

Yoga:
Mondays @ 8:45 am, Community Corner
Mondays @ 7:00 pm, Community Corner (FREE CLASS)
Tuesdays @ 7:00 pm, Tara Shanti
Thursdays @ 9:30 am, Boswell Hall

Laughter Club:
Sundays @ 3:00 pm, CB Park



Library Hours:

ES Reading Centre:
Tues & Sat: 12-3
Thurs: 7-9 pm

Riondel Library:
Weds: 6-8 pm
Tues & Thurs: 10am-12pm
Sat: 10:30am - 12:30pm