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News, Views,
Reviews,
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Current Events,
Letters & Ideas

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MS Issues

by Ingrid Baetzel

Recently, I took our new puppy to the vet and got into something of a philosophical discussion with him about time, aging, children and precious moments. He said the same thing that most parents hear many times in their parenting years - something along the lines of... *Take it all in. Don't blink. This time is precious and flies by. It is astounding how one minute they are small and fragile and doting and in your arms, and the next they are gone - to school, to university, to work, to their own families. Sometimes, from this earth... Cherish the time.*

We were really talking about how fast the puppy is growing and how sweet it is to experience that infancy again, but he helped me re-adjust and see the continuing and quickly evaporating time I have with my human puppies.

With the recent passing of a young man in our community, the hot knife of our impermanence strikes again. A family struggles to make sense of the gigantic change in their dynamic and learn how to live without their son and brother. Friends flounder, looking for answers.

In the end, we must return to the sweet, flickering presence of *now* and value our delicate time on this earth and the gift of guiding and loving our children - of sharing our lives with innocence and deep, profound affection.

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LETTERS TO THE EDITOR

OVERWHELMING LOVE

Dear East Shore Community:

We wish to express heartfelt gratitude and appreciation for the overwhelming love and support extended to us in our great time of sorrow. Special thanks to Robbin Shaw for her selfless efforts, love and dedication to the Davidson family in their time of need with the passing of Wyatt Davidson.

Huge thanks also go to Robbin Shaw, Robin Shaw senior and family, the Myshack family and countless volunteers for their hard work to pull together the auction and fundraiser with great success. This took away the financial worry of Wyatt's funeral costs.

Thank you to the Doval family for organizing the celebration of life complete with photo memories and music and to Miles Ducharme for writing and producing the song "Wyatt".

Special thanks go to Radha Doval, Stephanie Draper, Melanie Bothamley, Natalie Organski, Sarah Paterson, East Shore United, and friends and community for ensuring meals were made and consoling comfort offered. Endless love to all!

*From the Davidson family, Riondel
"Never forget where you came from"*

BENEFIT JAM FUNDRAISER

Dear Editor:

On behalf of the Davidson family and myself, I would like to extend our heartfelt gratitude to the members of this community including friends, business owners and family who assisted and gave support in the aftermath of a tragedy.

Your incredibly generous support provided funds to pay for funeral costs and family expenses during this time of grief.

Due to the generosity of this community, there are surplus funds that will be used to help fund Wyatt

Davidson's younger sibling's education.

Thank you all again for your exceptional support and generosity. We live in a special place.

Robbin Smith, Crawford Bay

QUIET AND DILIGENT COMMUNITY-MINDEDNESS

Dear Editor:

We, along the East Shore, take our pristine lake, mountains and creeks for granted, but what about our roadsides and ditches?

I am involved with the yearly Earth Day Clean Up along our roadways and my job has been to collect the bags of garbage that have been filled with the ditch junk. For the past few years I have noticed that the roadway from Riondel to the Kootenay Bay and then up to the Summit has had minimal if any garbage bags in need of collecting, so I have been keeping my eyes open to see why this is.

It turns out that Ken Meeton, with his bicycle, has been quietly and diligently loading up all forms of rubbish and garbage, from large items, bottles, cans, and even cigarette butts then loading it all into his custom made bike carrier. Ken is one of those residents that helps keep this gem we all love beautiful and pristine.

Thanks Ken!

Mike Jeffery, Crawford Bay

TOO MUCH TOO SOON?

Dear Editor:

Kootenay Country Co-op Store has come a long way since those days in the old Vallican school house when we split up cases of mayonnaise and boxes of figs to the tune of "Love the one you're with." Now we're bursting the seams of the Baker St. location, patrons and staff are twisting sideways to pass in the narrow aisles, and well over \$10 million/year passes through the till. It's a co-op success story without equal in Can-

ada, a quintessential expression of the Kootenay spirit. The time to expand has surely come. The opportunity is here, the building and the land have been secured. There is energy and vision. So why has nothing happened?

Hold on, some may say, quite a bit has happened. We've designed a whole new building, with extra retail space and 56 residential units. Almost half of them have been sold. Everything is contemporary and state of the art. The wrecking ball is poised and swinging, we just need a few more sales and a little more indulgence on the part of our financiers. The glass is half full.

Or is it? I for one remain unconvinced. Despite a relentless marketing campaign, with full-page ads in countless publications far and wide, sales have stalled. There's a move afoot to magnify the financial risk and restructure the financing. The intention to demolish a solid building rather than tackle the difficult task of refurbishing it can hardly be considered a green initiative. The residential aspect of the project must be self-financing and self-supporting. Already a debt to cover the marketing costs, which as recently as the July issue of Common Ground boasted a completion date of fall 2015, is owed to the co-op. One wonders how much larger this figure will grow.

I was never a booster of this project; from the beginning, however, I have been willing to let my normally conservative self take a back seat to what seemed like a project that had many supporters, and let the progress of sales inform my opinion. At this point I can only conclude that many, like me, feel the time is not right for the Nelson Commons. The project is too ambitious, grandiose even, and the co-op leadership should focus on turning the Vernon St. property into a quality market that will serve the needs of the membership and the wider community.

It takes drive, vision, and guts to conceive of and move forward a project like the Nelson Commons, and I admire the people who have brought it this far.



RDCK Area "A" Update

by Garry Jackman,
Director, Area "A"

GRANTS: This is a somewhat difficult topic to cover, since it involves several sources of money, in some cases community volunteers and various restrictions imposed by provincial legislation, the RDCK and other funding agencies. I have often written about the types of funding available and how to access these funds. For this month I am going to cover the disgruntlement I hear.

I recently had another string of e-mails revolving around "where is my grant money"? The general implication is that the RDCK has done something wrong or is slow or at times the comments may imply a less than professional approach by RDCK staff. One or another group has set expectations, made commitments, scheduled events, etc. Fair enough. Yet I feel some of the comments I receive are inappropriate and place all expectations on RDCK staff. Note I am not writing this piece just to defend RDCK staff in Nelson, although at times I find comments directed at that group of relatively hard working people are not entirely kind. They are not in all ways masters of their domain. They respond to requests within sets of constraints. Let's consider some of them.

Finance staff cannot legally issue cheques for grants without a board resolution to do so. This is how the province has set up local government under the RDCK system. Incorporated municipalities, such as Creston or Nelson, operate under different legislation

with more powers than regional districts. The provincial government itself has tremendous latitude. They can decide how much to tax us, set new laws, issue orders in council to spend hundreds of millions of dollars without having an approved, publically debated budget and have many other privileges granted them under our constitution including the ability to pass retroactive laws. The RDCK is an entirely different world. Without specific steps and resolutions, money does not move.

We hold board meetings every month, year round. Our board agenda packages range from a few hundred to more than six hundred pages. This takes a few days to read and digest prior to a board meeting, so we set the board agenda a week prior to the meetings, which means minutes from community based volunteer commissions such as Rec 9 and EDC must be at the RDCK office prior to the agenda setting meeting. The volunteer groups have lives and are donating their time. They set meeting dates which work for the members but do not always work for the monthly cycle of board meetings. This can mean that more than an entire month can be "lost" between the volunteer meetings where recommendations for some of the grants are made to the point where they are on the board agenda to be moved forward. The volunteer groups need time to review the grant applications themselves, so often the group will allow themselves a week or two between the cutoff date for submission of applications and the meeting where the group discusses the merits of each application. Now there could be a two month lag between when the deadline was set and when the recommendations are before the board.

Board meetings are generally held on the third Thursday of the month. Finance staff have an ongoing workload, including payments to vendors, ongoing construction projects, payroll and other payments

including grants. Most vendors are repetitive, such as telephone or hydro bills, and have electronic accounts established so these payments are made electronically in as little as three days. Payroll is similarly efficient. Miscellaneous manual payments to various groups with various addresses take longer.

In May 2014 RDCK finance processed 702 payments amounting to \$2.1 million which included 52 cheques for grants valued at \$160K. In June this year they processed 1408 payments totaling \$4.6M and including 501 cheques for CBT Community Initiative Funds in the amount of \$1.13M plus 89 cheques for other grants totaling \$155K. That is a tenfold increase in unique cheques to issue for grants. Here is where an outside process kicks in. The millions of dollars provided through Columbia Basin Trust are greatly appreciated, but due to the administrative burden to coordinate the hundreds of applications across 20 jurisdictions, many of which overlap, they are done concurrently. This means a huge hit once all of the applications are sorted out, reviewed, recommended, approved and sent to finance. Not surprisingly, any other grants in the system, such as our Rec 9 cheques, are impacted. Few taxpayers would support staffing finance to be able to handle the maximum monthly volume, rather than the average volume. Handling the purse strings is somewhat sensitive so this may not be where you would want to bring in a bunch of temporary, outside help to handle the cheque book to give out an extra million or so and see how it goes. On the plus side, while our finance group has been required (by the province) to operate dual sets of books as we transitioned to a much more modern accounting system that new system is now the only one in use, as of the first week of July. This means staff has ended the period of making the backup entries to the old system.

Our CBT funding schedule is quite predictable, and every effort could be made by our other local volunteers to hold meetings earlier and avoid the crunch. They need to be in the area, of course, as do you in order to fill in the application, hence a hesitance to set the spring intake too early in the year. I will talk to the Rec 9 reps about this at our meeting in August. As for all of the other grants which collide with the CBT bulge, it will take more time each year.

Enough for now. If you want more details or complete lists of the monthly financial payments give me a call. It is all public information and is published every month with our board agenda package.

RIONDEL COMMUNITY CENTER: A few brief words about the challenges facing residents of Riondel and an appeal for all of us to be generous. The community of Riondel, within a very specific defined boundary, is responsible for funding their community center through a taxation service. This is similar to Crawford Bay and Wynndel Halls, although Wynndel is in a unique position with its own challenges.

At a recent community meeting residents in attendance showed 73% support to go to a referendum this fall asking the community to approve or reject a \$1.2M borrowing to undertake major changes and upgrades to the community center. I know I use the building from time to time and I have also had occasion to drop a donation into one of their collection boxes. When I use the facility I am enjoying the event or activity while not contributing to the same extent as residents within the defined taxation area. If the community approves the borrowing I will be able to enjoy a greatly updated facility without seeing the true costs. I hope that as this small but vibrant community moves forward with their difficult choices that all of us who live outside the Riondel area consider lending our financial support to their cause.

As always, if you have questions or concerns regarding the Regional District or community issues please contact me by calling 250-223-8463 or e-mail gjackman@kootenay.com.

August 2014 Mainstreet 3

LETTERS...

They have made the case well, but too many remain unconvinced. The real commons, the one all members share in, is our market, and the food procurement and distribution system that goes along with it. In this we all have a vital interest, and we cannot allow anything to jeopardize what so many have worked so diligently to create.

Anthony Arnold, Riondel, BC



The Canada Day Tennis Tournament was a great success, albeit terrifically hot. Dark horse Dan Rude played hard all day and went home with the singles tournament win, while Juergen and Ingrid Baetzel took the doubles prize. Thanks to Rec 9 for the funding for pickleball and tennis improvements and to those who volunteered to make the Second Annual Canada Day Tennis Tournament a fun success! Pictured here, Tim Miller presents the first place racquet prize to Dan Rude. Photo: Ingrid Baetzel.

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Getting to Know You

Mainstreet's Proust Questionnaire



Ellie Simons

What is your best memory?

Dancing on the lawn to a band at mine and Charles' little wedding party

What do you feel that you cannot live without?

Singing - mine and other people's.

What is the trait you most admire in others?

Perseverance and self belief.

When and where are you happiest?

Dirty and happy in a field of 60 adults and kids, camping in Wales with Forest School Camps (an organisation back in the UK).

Who, living or dead, would you most love to have to yourself for one hour?

My Grandma. She died before I could ask her the questions that might have made her interesting to me.

What natural talent/skill would you like to be gifted with?

Precision - I think it's such a great skill that can be applied to everything one does. And I don't have it!

What is your best physical feature?

My wavy hair

What is your greatest fear?

Something terrible happening to my family

What was your greatest triumph?

Toss up between giving birth, unmedicated, to my two kids, and directing a successful play at university.

What is your greatest vice?

Stealing my mum's weed when I was a teenager.

What is your greatest extravagance?

Dark chocolate and eating out.

What do you dislike most about your appearance?

My skin.

If you died and came back as a person or thing, what/who would it be?

A treasure chest.

What is your most treasured possession?

A huge sewn tapestry my mum has spent months creating for my two children that shows, in dreamy images, their family tree on both sides, going all the way back to Africa and the Rabbis of Prague. It's a true heirloom, even though it isn't really 'my' possession.

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August Horoscope

by Michael O'Connor

Tip of the Month:

Another activation of the Cardinal Grand Square occurs on August 1st with special emphasis focused

on Venus in Cancer at the mid or apex point between Moon in Libra and Uranus in Aries. This further signifies key energy patterns linked to the ongoing and all-important revolution linked to the rising feminine and the social recognition of male/female equality as a cross cultural and globally accepted norm. The dominance of the male principle which began about 5000 years ago is now undergoing a counterbalance and the Uranus/Pluto conjunction in 1965 signifies the cycle of revolution destined to activate a new state of balance again. This cycle will peak in 2047 and end in 2104 so there is quite a long way to go yet. Although this is not the only major and important social revolution underway, the evolution of it will contribute to the resolution of the others. In other words, as gender equality is actualized, true to the natural principle it implies, a truer state of justice will gradually emerge.

If examined at its source, the overemphasis on the male principle and the subsequent themes of dominance, or might over right and the excesses of aggression and justified violence that it produces, overrides most if not all other rationalized imbalances, economic, political and otherwise. Admittedly, the result would be similar if the imbalance tilted the other way. Male/female equality can be related to right and left brain balance. The fruit of this balance is a higher state of creativity. The deepest form of creativity is not simply art, invention or strategy; it is the inspired orientation to cultivate true civilization, which by its very meaning includes mutual respect, tolerance of differences, equal representation regardless of economic class or

political standing towards the realization of greater justice, and freedom in its varied and genuine expressions. Astrology recognizes and measures this natural state of balance, and it can guide us to achieve it personally and collectively.

Aries (Mar 21 – Apr 20) You are in a fun, playful and adventurous mood. This may well include travel. Your passions are peaking and you feel assertive, even aggressive, or at least extra determined. You want the ones you love to feel the same and to deepen bonds. This includes going big and far somehow. You will likely behave excessively now so be aware and exercise moderation as necessary.

Taurus (Apr 20 – May 21) An extra creative cycle has begun. You feel inspired and your confidences are rising. Your mood is kaleidoscopic and you want to take in as much as you can. Tending to the ambitions, passions and power plays of partners meanwhile requires extra effort. Aim for acceptance and avoid taking their actions too personally. Reserve your energies for creative expressions.

Gemini (May 21 – Jun 21) Your world has been ignited with excitement and variety. Many new creative thoughts, ideas and visions are racing through your mind. You feel ready to learn and to collaborate and strike new deals. The learning curve especially will require more discipline to focus than usual. The need to feel more secure remains a prime motivation.

Cancer (Jun 21 – Jul 22) Taking stock of all you have and want and need is now in focus. This includes talents, strengths, personal attributes, key connections and other resources at least as much as stuff. You have been and continue to expand your perspective regarding longer term realities. How to best navigate and proceed from where you are to where you want to be and go is highlighted.

Leo (Jul 22 – Aug 23) The time has come to take new initiatives and probably a few risks as well. For-

tunately, you are in an expansive mood. Yet, you may also be contending with fears just below the surface. If so, aim to be more deliberate in your focus to overcome them. This begins with identifying what they are. Make two lists: the first of issues to overcome and the other of goals to achieve.

Virgo (Aug 23 – Sep 22) A process of accessing your inner authority has begun. Some refer to this as your inner confidence; others call it your inner voice, while others say it is your higher mind. You can meditate, pray, seed dreams and/or brainstorm for ideas to access this intuitive source. Basically, set your intentions to activate your creative powers.

Libra (Sep 22 – Oct 22) The sparks of change for you are occurring in the arena of friendships and group or club involvements. At best, rewards for past efforts are rolling in. At worst, despite a refreshing degree of variety you may feel a bit scattered, overwhelmed and uncertain regarding longer term objectives. Be your own best friend and decipher what you feel you truly want and need.

Scorpio (Oct 22 – Nov 21) Some promising activations in your public and professional life are now underway. They are inspiring you to focus to increase your exposure and expand your influence. This is a time to take risks, but very calculated ones. To proceed with confidence, affirm your worth and value and choose to like and respect yourself. Then follow through with action.

Sagittarius (Nov 21 – Dec 21) A whole new level of confidence is rising. It will be the sort that will inspire you to explore new territory, to take some pioneering leads. Letting go of the old whether it is memories, belongings or attitudes... will prove easier. Yet, this ascension process has just begun and it will require that you do the inner work to prevail. Confront and overcome any doubt demons.

Continued next page

Word on the Mainstreet

We Asked on Facebook...

What animal do you think best defines you & why (spirit animal, totem, dream creature, character associations)?

Nancy Galloway
A burrowing owl...

Laura Kaszas Kernohan
The BEAR! When my dad passed we got the call and we got in the car to go to him and along the way there was this beautiful little cinnamon bear standing up at the side of the road looking right at me, at the very soul of me....I believe it was my dad saying good bye to me through our little cinnamon bear!

Janice Prest
A squirrel. It doesn't seem to matter where I go, there is always a squirrel around!

Ken Vaughan-Evans
My guardian angel or totem has long been Moose. I once was offered to pick a card from a deck of totems. Having never looked through the deck or even knowing there was a moose card, I drew the moose. first crack. I have a native moose tattoo over my heart. Moose rule!

Zyan Rael-Fukushima
A sloth... cause I'm sleepy.

Janice McClure
A cougar. Need I say more?

Scott East
Bear is my prime medicine totem at this time. Just as Bear has cycles of hibernation and wakefulness, I am learning to attune to my own natural biorythms of rest and activity. The Mamma bear is willing to have her nose stung to get honey because she knows that the wildflower nourishment is the best thing to pass on to the cubs through her milk. RARRRR!!!

Horoscope Continued...

Capricorn (Dec 21 – Jan 19) The time has come to establish new and more empowering creative collaborations. Everyone one possesses at least one talent or attribute that you can harness for practical ends, and you are keen to do so now. Some measure of research is implied such as reviewing bio's and resumes. As well, you may feel the need to break through habitual attitudes, perspectives and/or traditions.

Aquarius (Jan 19 – Feb 19) You're social, cultural and perhaps professional worlds are expanding. The time is right to meet and greet, to have interviews. If nothing is happening it is likely that you have not been putting it out there so this is your invitation to do so. Be willing to both give and receive more. Getting or giving training is likely. Your numbers are lucky now but you have to play to win.

Pisces (Feb 19 – Mar 20) The new cycle that has just begun will require that you really get to work. Perhaps long standing plans and projects have finally come to the fore. Or it may be your health that needs extra attention. Either way, you must be clear and committed to make the necessary changes and adjustments in your attitude and approach to get down to business.

Michael O'Connor
www.sunstarastronomy.com
sunstarastronomy@gmail.com
1-888-352-2936

Affirmation Inspiration Vision Strategy

Why Support a Community Network?

by **Bob Carter, Operations Manager, East Shore Internet Society**

ESIS built and maintains a community network. **But what exactly is a community network, and why should we support one?** Quite simply, a community network is locally owned infrastructure that provides network connectivity to a wide area, much like a home network provides connectivity to the computers within it. In ESIS's case our community network provides Internet Service to homes and businesses of the central Kootenay Lake area, and is one of several community networks in neighbouring communities and throughout the Columbia Basin and beyond which fill a similar role.

Community networks are a 'do it ourselves' alternative to the traditional model of accepting only whatever services large telecommunications corporations are willing to provide. Community networks are a viable and practical solution to the issue of inadequate connectivity facing rural areas that have long been underserved by the big providers. Community networks allow communities to take charge of a utility that affects their quality of life and long term sustainability, and to determine for themselves what direction the network takes and which services it provides.

Community networks are part of a larger, growing world-wide trend of jurisdictions developing and controlling their own network infrastructure and overseeing their own connectivity interests. This trend includes urban areas developing their own advanced data networks to serve their own connectivity needs, and regional areas doing the same on a much larger scale. Whether it is a rural population creating access to basic connectivity or a larger town doing something more advanced, communities of all sizes are taking control of their own digital destinies by building home-grown networks designed to fill today's needs and to grow with their dreams.

This is evidenced in the nearly 200 British Columbia communities that, like Crawford Bay, have taken advantage of the Province's Connecting Communities Agreement Program – the Province's initiative to facilitate bridging the 'Digital Divide' affecting rural British Columbia. It is visible in places like the City of Nelson, one of several local towns building fibre optic networks in order to provide new levels of connectivity not only to its own buildings, but to its businesses and homes. We see it happening regionally, with Columbia Basin Trust's new subsidiary Columbia Basin Broadband Corporation, which is building a regional network that will provide advanced connectivity to many communities throughout the basin, including Crawford Bay.

These enterprises all have something in common – they are publicly owned, service orientated, open to cooperation, collaboration, partnership and resource sharing that serves a greater shared goal: improved connectivity to all their citizens.

Of the smaller rural community networks, some have struggled to be sustainable, while others have managed to maintain and grow over time. ESIS is in that latter category, and considered one of the most successful of the 26 not-for-profit rural community networks in the Columbia Basin. While ESIS, like other community networks, has had its challenges keeping up with the accelerating pace of ever increasing volumes of data outstripping its hardware's capacity, our current network renovation project advances and brings a new level of sophistication and capacity in providing connectivity to our community membership. We continue to upgrade the ESIS broadband radios on local homes and businesses, with nearly 80 converted to date. We are also progressing with upgrades to the ESIS network 'backbone,' which are the radios and other equipment connecting towers and communities throughout our coverage area.

If you are wondering 'when will my equipment be upgraded?' the answer is 'as soon as possible.' ESIS Operations are committed to applying all of our avail-

able resources to the effort, and won't pause until the job is done. ESIS Operation's priorities, beyond the necessary focus on maintaining existing network and subscriber services, are to focus on the most network-congestion affected areas of our system first, and then continue with upgrades across the balance of the network. Beyond that we will be looking to provide new and higher levels of service to all subscribers, as the equipment allows and our network proves it can support.

With all the new advancements in accessible, appropriate technology, regional opportunities for partnerships between community networks, and Columbia Basin Broadband Corporation's advanced regional data network we are standing at a crossroads. We can stand together as a community and choose to support of our community network and move forward, seizing the bright opportunities before us, or we can fall back to the old model and hope that corporate interests may at some point overlap and serve some of our own.

So, do you want to support our community network? Here are a few points on the reasons why you might:

- ESIS has provided service to East Shore communities for years despite the justification that it 'isn't economic' which much wealthier players like Telus and Shaw have given as a reason to not provide service to locals
- ESIS is service orientated, extending our coverage well beyond the easy to serve subscribers to those who live in the woods, on secondary roads and other areas that are not likely to be served by Telus or Shaw in the foreseeable future
- ESIS offers 'no contract' month-to-month service, and doesn't lock subscribers into multi-year service contracts as often required by providers like Telus and Xplornet
- ESIS provides a direct contribution to the local economy in providing employment, and in our policy to preferentially buy from local suppliers
- ESIS supports youth IT skills development, and has mentored students and young persons, providing first experience in the industry
- As a non-profit all of our surplus is reinvested in improving the network infrastructure so as to provide better service
- We live here, know and care for our community, and make the extra effort to attend to issues promptly and personally
- ESIS supports other community organizations, believing we're all stronger working together, examples are providing connectivity to Starbelly Jam Music Festival, Kootenay Co-op Radio, and others
- Provides free WiFi in Crawford Bay and Kootenay Bay
- Provides web cam coverage of the Kootenay Bay Ferry Landing
- The community owns its own network – it belongs to us, we can do what we want with it without outside interests imposing restrictions
- We can develop and expand our network as we see fit and best services the changing needs of our larger community

How can you support your community network? Become a member, and choose ESIS as your local Internet Service Provider. Work with us; recognize that we are here for you and the community and help spread awareness of our values and purpose. Volunteer if you have time or skills that you feel will be of benefit. Communicate with us if you have issues, and let us know what you think and feel what might best benefit the Community Network and community as a whole. Together we have a great opportunity and future; choose to become part of it.

Lastly, I would like to extend my personal and heartfelt appreciations and thanks to the outgoing directors Robert Schwieger, Alex Lackovic, Glen Kinder, and Wes Brooks, who shared and championed this vision of a community network that benefits everyone; provided countless volunteer hours in building, maintaining and improving it; and invaluable wise direction, oversight and advice that has served the ESIS Community Network, ESIS Members, and our region's citizens so well since the organization's founding.

ESIS MEMBER QUESTIONNAIRE

Survey for ESIS Members

by Michelle Moss, ESIS Board Member

Hello ESIS members. We have been a busy new board. During our first two meetings this month, we decided it would be advantageous to put forth a questionnaire to our membership so we can better understand the problems and concerns related to our internet service. Here is your chance to voice your questions, concerns and suggestions.

It is very important that members participate in this process, so we as a board, have a better idea of how to improve service, prioritize problems, and ultimately, better satisfy our customer base in a timely fashion.

Your participation is of great value and is very much appreciated. All completed questionnaires will be taken into consideration at our next board meeting. Don't miss out on your chance to be heard.

Questionnaires can be filled out on our site at esis.theeastshore.ca. Once there, click on Members Questionnaire. Or, if you prefer, you can fill out the questionnaire here, and mail to: ESIS Questionnaire, Box 145 Crawford Bay BC, V0B 1E0

We are looking forward to hearing your responses, which will be due by Sept. 1. Thanks for your time and participation.

Welcome to the first ESIS Member questionnaire. We would like to hear from the members of ESIS in order to draw a better picture of the quality of service you are receiving. Please fill in the questionnaire below, and also make sure to leave your email and address to we can map the level of service quality around the East Shore more efficiently!

We would like to know what your level of internet usage is and how it impacts you. Are you a:

- Business Owner _____
- Regular User _____
- Casual User _____
- Other _____

Given your rate of use and current service, how impacted are you by service interruptions and outages?

- Highly impacted _____
- Moderately impacted _____
- Low or little impact _____
- No impact _____

On a scale from 1 to 5 please describe your satisfaction with internet services.

Very Dissatisfied 1 2 3 4 5 Very Satisfied

Did you call or email ESIS support in the last month?

- Yes _____
- No _____

How many times did you contact support?

- 1 _____
- 2 _____
- 3 _____
- More than 5 times _____
- More than 10 times _____

How would you rate your satisfaction?

Very Dissatisfied 1 2 3 4 5 Very Satisfied

If you rated your satisfaction of support low, can you tell us where it should improve?

- Phone response time _____
- Online (email) response time _____
- Preliminary Troubleshooting _____
- Turnaround time on service visit/repair _____
- Follow up on service incident _____
- Other _____

What plan/price do you pay monthly?

- Bronze _____
- Silver _____
- Gold _____
- Other _____

Would you be interested in having more choices for plans?

- Yes _____
- No _____

What type of plan would you say fits?

Do you feel you get the appropriate service for the monthly fee that you pay?

- Yes _____
- No _____

Do you have recurring Internet problems?

- Yes _____
- No _____

Can you describe your issues?

Any other comments or ideas that you would like to share?

Please provide your member email (or contact email)

(this will help us associate issues with your member account)

Please provide your full address, If you use internet in multiple places (for example from home and on the CB strip) please mention it here:

Internet service is only one of a broad spectrum of services in the information technology industry. ESIS is often asked to solve problems that are not related to the internet service provided

Should ESIS take the time to help solve these problems?

- Yes _____
- No _____

Is this a service ESIS or someone else should provide on the East Shore?

- ESIS _____
- Some other company or contractor _____

The ESIS staff and board want to be sure we communicate network operations and business activity as effectively as possible to subscribers. What are the best ways to ensure you receive timely communications?

- Email _____
- Web Page _____
- ESIS Voicemail _____
- The East Shore Mainstreet _____
- Other _____

There were few a challenges put forward at the June 24 AGM and supported by a number of subscribers. Can you rank the importance of addressing these from 1-5?

ESIS has 11 transmission towers installed on private land. Many of these towers have no contracts to ensure that if and when the owners ask to have them removed that ESIS has time to remove them and install new ones. Some of these tower locations could take months to find a replacement site and get customers returned to service.

Not important 1 2 3 4 5 Really Important

ESIS currently has one contract person that has total knowledge and information as to the operation of the wireless system. Will the Board do anything to train other persons or have alternate internet operators who could be capable to take over if something were to happen to the current contract person?

Not important 1 2 3 4 5 Really Important

There are many tower sites that have no Auxiliary Power Units that ensure if there are outages in power that internet will be uninterrupted.

Not important 1 2 3 4 5 Really Important

The (noc) Network operation center at the Crawford Bay Inn is unsecured for vandalism, after all this is the heart of ESIS, with all the fiber optics and equipment. If a break in with major damage was done it would result in a shut down of the entire system with no internet to all customers for an extended period of time.

Not important 1 2 3 4 5 Really Important

Article 2c of the ESIS Constitution says that through the ESIS website, ESIS will provide the community with updates to the affairs of the society and communication with the society's board. The fact is that the Website has not been updated since 2010. Has nothing happened?

Not important 1 2 3 4 5 Really Important

Even the resignation of half the board in 2011 was not communicated to the membership. And if someone wanted to contact a board member privately, there is no provision for that, except through the Contractor.

Not important 1 2 3 4 5 Really Important

Given the board's complete lack of communication to and with the membership in the past, will the board now give us assurance that it will in future, live up the letter and spirit of its own constitution and engage with the membership in a regular and transparent way.

Not important 1 2 3 4 5 Really Important

Thank you for taking the time to complete this survey! Remember, this internet society belongs to all of us and your voice is important. Please mail in your responses to the above address before September 1, 2014.



Community Connections Summer Potpourri...

by Greg Blackwell

In late spring and early summer there's a lot of activity with grant submissions, project start-ups, events, forums, festivals and so much more. It seems we are now in full swing. Community Connections is sponsoring 14 projects currently of which several have events during the summer months such as EASEY's Kindermusik program, Medley Arts Summer Camp, Kootenay Lake Art Connections, Community Directed Youth Fund events, and Kids Arts & Recreation Summer Camp. We hope you are able to get out and take advantage of all or any of these great events.

Earlier this year we mentioned Community Connections had secured a small grant from RDCK to promote Invest Kootenay. Invest Kootenay is a free database website service which brings together investors and commercial property or business opportunities on the East Shore. We have a Project Lead, Branca Lewandowski, and the project is underway ... see our ad in this issue of *Mainstreet*. Our objective is to boost awareness and encourage sellers and buyers to use this worthwhile service to generate economic activity in our area. More listings of existing opportunities, and more interested parties, can only lead to better economic health for all communities.

In June, Community Connections brought a small group together to discuss effective communication and distribution of information on the East Shore. We discussed how we might attain broader reach, solicit important information, address media and technology challenges, improve linkage between many established systems, and ensure different population segments are represented. Topics considered important were Emergency Preparation, Health Care, Public Safety, and Reporting on Spending of Public Money, Education and Training, Granting Opportunities, Significant Events, and Opportunity for Local Business to Communicate "Out", Local News, Job Board and Volunteer Opportunities, Business to Business Exchange, and Investing Ideas & Topics. Stay tuned for more on this as we engage others and move forward. Please contact Community Connections to participate.

Community Connections has secured a small grant from Community Futures in Nelson to promote lifestyle and investment on the East Shore. The proposal was to organize a small group of committed individual(s) to produce a short video clip of five minutes or less that would relay why someone would want to invest in and consider moving to the East Shore. The video can then be posted to a number of different social media outlets such as YouTube, Facebook, Twitter, websites, and so on. This project will require video media development skills and experience, and the use of your own equipment. If you are interested or know someone who might be, please give us call at Community Connections. We'd love to hear your ideas.

To contact Community Connections www.connections.ca or please call or email our administrator Greg Blackwell at 250-227-9218x5505 or cell 250-509-0751, at skootenaylakecss@gmail.com or gblackwell@theeastshore.net, or drop by our office 1-4pm Wednesdays at Crawford Bay School.

Kootenay Lake Dominion Day 2014

by Tom Lymbery

This year we saw one of the hottest July 1 celebrations ever with an excellent turnout at the park. The Many Bay's Band played for the singing of "OH, CANADA".

The next item was something very new – DAY-TIME FIREWORKS. This was a 36 shot display putting each over 100 feet into the air where a mini parachute deploys with a Canadian flag beneath it. These were eagerly collected by the youngsters when the flags descended to earth. Those who didn't arrive early enough really missed something.

Kootenay Lake Lions had great burgers and hot dogs ready by the time these flags landed and the food lineup was continuous. Many gathered at the Fraser Pavilion to listen to the terrific sounds of the band.

Nancy Galloway set up the sack and cardboard box races and more, while Glen Kinder organized the golf contest. Ingrid Baetzel and Carol VanR had tennis enthusiasts keeping the court busy. The Samba Band put on a great show but couldn't do their usual parade as Howlin' Dan is on crutches with a broken toe.

I wish I could thank everyone who helped with this most successful event, but that would have to include about half of those on the site. Sunshine and the almost complete absence of mosquitoes were memorable.

Dean and Debbie Turner set off the preliminary fireworks at 10:15 pm at the beach. Sadly Rob Turner has had surgery and was not here to help carry on the Turner Tradition. Dean and Rob's late father Ron Turner was a fireworks enthusiast, as well as being a charter member of our Kootenay Lake Chamber of Commerce which has always sponsored our Canada/Dominion Day events.

Riondel Fire Rescue were at the daytime show and came back later to launch the fireworks over the lake from the tip of the airstrip. Thanks again to these volunteers. We hope you saw the big Canadian Flag as it expanded high in the air. Debbie Pleska carefully chooses different fireworks effects each year, so there's always something new or different in the sky.

One of the best things about this annual celebration is that absolutely anyone who is asked to help takes it on most enthusiastically.

Rummage Sale at Gray Creek Hall August 23, 10 - 2

by Janet Schwieger

If you'd like to have fun, go on a treasure hunt, find some wonderful new clothes, furnishings, tools and more, come to the **Gray Creek Hall on Saturday, August 23 from 10 - 2 for our Giant Rummage Sale.**

We are looking for donations of good quality used items, which can be **dropped off at Bonnie and Bob Schutter's garage on Oliver Rd.** Please, no electronic items like computers, printers, TV's or the like. Set up will be Friday, August 22, and we need volunteers to transfer items to the Hall and help create order out of the chaos. Baking can be dropped off Friday or early Saturday for the cafe table. If you want to help out, please call Bonnie at 250-227-9250 or Janet at 250-227-9201. or email schwig@theeastshore.net

The funds are being raised to help with the many Hall projects. The kitchen renovations have almost completed, thanks to a Columbia Basin Trust grant and many volunteer hours. Thanks to Klaus Plaumann's carpentry skill, we have a kitchen that is much more efficient and will last many years into the future.

So, on August 23, 9-2 pm, come to Gray Creek Hall and find your affordable treasure, a perfect piece of clothing, and meet your neighbours over a piece of cake and cup of coffee.

Small business accounts for 98% of all business in B.C.

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Call Alison Bjorkman at 250-428-6356 to book a free appointment in Crawford Bay... www.futures.bc.ca



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Do you have a business or commercial property to sell on the East Shore? Are you thinking of investing on the East Shore? Do you know someone else who is? YOU could be listing your interests with InvestKootenay.com for FREE to increase your results and/or exposure.

Call 250-227-9218, ext 5505 and we'll help to make your listing potential bigger and broader.



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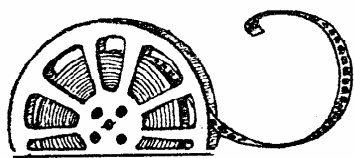
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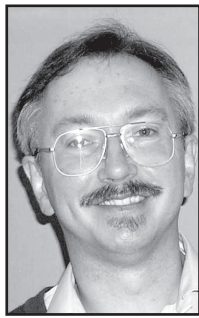
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Seldom Scene by Gerald Panio



"There has been abuse in my family, but it was mostly musical in nature." —Terry Bohner, *A Mighty Wind*

"Thank God for the model trains, you know? If they didn't have the model trains they wouldn't have gotten the idea for the big trains." —Amber Cole, *A Mighty Wind*

Trying to hang onto Starbely Jam vibes for just a little bit longer, I wanted music to be the centerpiece for this month's film review. My first choice was Joel & Ethan Coen's *Inside Llewyn Davis* (2013). I love the Coen's work, the reviews of *Inside Llewyn Davis* were glowing, and I was thinking the movie would do for the early 60s New York folk scene what *O Brother, Where Art Thou?* did for Appalachian hill music. Didn't happen. One day I'm going have to watch *Davis* again and try to get a new perspective, but in the meantime what I saw was a toxic anti-matter version of early Bob Dylan and a vision of folk music as the Road to Doom. One of the central character's pregnant lovers claimed that he turned everything to sh-t, and I have no reason to disagree with her. Not exactly the joyful Starbely-style uplift I was looking for.

My second choice was an older (2003) folk music mockumentary called *A Mighty Wind*, directed by Christopher Guest and written by Guest and Eugene Levy. No disappointment here. This is a send-up of that side of the 60s folk revival that gave us Peter, Paul and Mary, the Smothers Brothers, Jim Kweskin and the Jug Band, the Irish Rovers, the Chad Mitchell Trio, the New Christy Minstrels, Ian & Sylvia, and countless others. It also gave us the Hootenanny. This was not the subversive folk music of Woody Guthrie, Bob Dylan, Pete Seeger, or Phil Ochs. But what it lacked in cutting-edge politics it made up for in enthusiasm, humour, off-beat repertoire, fine musicianship, and gorgeous harmonies. Two of the first record albums my parents ever bought were Hootenanny anthologies—more my idea than theirs, if I remember rightly.

Even at the time, it was fashionable to pooh-poo this side of the folk scene (there was an actual call to boycott ABC's weekly *Hootenanny* show). Guest and Levy could have easily put together a merciless take-down of "commercialized" folk music, coming up with a movie soaked in sarcasm and cheap irony. What a drag that would have been. Instead, *A Mighty Wind* is a celebration of music as made by flawed but passionate human beings. On the audience's part there are some good laughs here, a lot of knowing smiles, some moments of "Did he/she really say that?" and some genuine pathos. Miraculously, the actors all manage to play their roles with straight faces. No Monty Pythonesque nudge-nudge, wink-wink here. As a result, their characters come across as genuinely befuddled by life's twists & turns rather than as risible caricatures.

The screenwriters' attachment to their characters extends to the film's music. All of the songs were written for the film, doing for Hootenannies what *Rocky Horror Picture Show* did for horror movies.

The plot of *A Mighty Wind* revolves around nebbish Jonathan Steinbloom (Bob Balaban) trying to put together a Hootenanny-style tribute concert for his recently-deceased father, Irving Steinbloom. The late Mr. Steinbloom was a folk music impresario; his son is willing to take an end-run around his social ineptitude

and his OCD to get Dad back into the limelight one last time. The Public Broadcast Network (who else?) is willing to put "Ode to Irving" on live. Jonathan just needs to round up three key acts from the glory days, now 35 years gone.

The lynch-pin will be a surprise reunion of estranged duo Mitch and Mickey. With their break-up, Mitch Cohen's career had gone into free-fall. After songs like "May She Rot in Hell," two disastrous albums (*Calling It Quits*, *Cry for Help*), and a stint in a psychiatric hospital, Mitch has become a drifting, broken human being who speaks as if every word he utters only becomes audible after it has fought its way out of the deepest recesses of his tortured brain. Mickey (Catherine O'Hara), less traumatically, has given up music to be the devoted spouse of Leonard Crabbe, catheter salesman extraordinaire and head of Bladder Management Industries. Both Mickey and Mitch are in dire need of more than they've currently got. That we care what happens to them is as much a tribute to the quality of Levy's and O'Hara's performances as it is to the writing. Suspense comes from our suspicion that Mitch's return to the stage might be a tall order.

The second act Steinbloom has to collar is actually still on the road, albeit with some younger avatars. The original Main Street Singers, inspired by Ramblin' Sandy Pitnik and The Klapper Family, had recorded 30 albums in 10 years. The New Main Street Singers are reduced to singing in front of roller coasters in amusement parks like Six Flags and on dysentery-ridden cruise ships. If they're bummed

out about the venues, though, they don't let on. The show must go on. Smile when you sing that folk song, sisters and brothers! The screenwriters have given some of the New Main Street Singers (Parker Posey as Sissy Knox, Jane Lynch as Laurie Bohner, John Michael Higgins as Terry Bohner) hilariously perverse back stories that I'll not go into here.

Lastly, the three Folksmen have to be dusted off and pulled off the shelf. The Folksmen (Harry Shearer as Mark Shubb, Micheal Mckean as Jerry Palter, Christopher Guest as Alan Barrows) are the Weavers or Chad Mitchell Trio, as imagined by Buster Keaton. These are musicians whose --- record company was too cheap to stamp holes in their LPs. That's about as sad as it gets, isn't it?

True to mockumentary tradition, *A Mighty Wind* needs an extensive supporting cast. The obligatory talking heads interviews must include conversations with Steinbloom siblings, record producers, folk music historians, recording engineers, psychiatrists, TV directors and venal producers. My favourites have to be Ed Begley Jr. as Yiddish-dropping Swedish ex-folkie & PBN producer Lars Olfen, and Fred Willard as demented promoter Mike Fontaine—who gives the Trailer Park Boys a run for their money as one of cinema's most irresistible basket cases.

The film's period detail is impeccable. After this movie, I'm not sure if I'm ever going to be able to watch a legitimate documentary again without wondering if my leg isn't being pulled. When --- asserts that "Norwegian fishermen have used hand cream for centuries," he sounds so sincere. As does Jonathan Steinbloom when he tells the audience at Ode to Irving, "Let's hum for Dad!"

One other thing I admired about the movie is that it doesn't end when you think it's going to. The easy way out was not taken. Reality intrudes, gently. Ode to Irving will not save the world. And that's okay. As renegade folkie Bob Dylan said, "It's life and life only." Laugh while you can.

The fun doesn't end with the film. The DVD for *A Mighty Wind* also has some not-to-be-missed deleted scenes and the complete fake broadcast of the Ode to Irving concert. As *This Is Spinal Tap* proved over 30 years ago, reality is so over-rated.

P.S. Here's a shout-out for Dorothy Woodend's latest review in *The Tye*. She writes about Korean director Bong Joon Ho's dystopic *Snow Piercer* with the clarity, depth, and passionate enthusiasm that's the hallmark of first-rate critical writing. Try reading her article without immediately wanting to download the film. Go ahead, I dare you.



Kootenay Lake Art Connection Ongoing

by Geri Gomola

Kootenay lake Art Connection, happening from June 27 to September 2, kicked off on June 26 with a juried art show at the **Wynndel Cellars Estate Winery**. It was a magical evening with the **Black Salt Cafe** catering and the Winery offering tastings from their award winning wine. Seven paintings from the Art Connection artists are now hanging in the wine tasting room for your perusal. One of the judges whispered to me that the art was beyond her expectations and exceptional. Artists showing work at the winery are **Garth Low** whose work won the viewer's choice award, **Sharon Witt**, **Kent Jantzie**, **Laura Leeder**, **Val Vander Poel** and **Leah Wilson**, **Harry Miller**, and **Geri Gomola**.

The Art Connection starts in Wynndel at the **Wynndel Store** where **Geri Gomola** and **Harry Miller** are exhibiting some art.

The next stop is the **Mellowood Studio and Art Gallery** and **Val Van der Poel's** delightful work. There is a lot to see here so definitely worth a stop.

Next, number three, travel up 3A to the winery where Marg and Dave are your hosts in the tasting room and you have seven paintings and a wood cutting to peruse while you enjoy the wine.

If you are with the kids and can't enjoy the wine make the next stop at the Stone Cold Ice Cream. This will be sure to please the kids and you can enjoy Dan's stone carvings. They offer a picnic site so the kids can run some of that energy off.

A little further up the lake in Boswell you will find **Destiny Bay Store** where **Bill Zyha** has lathed wooden bowls and other accessories. Gina has a small restaurant with takeout service. Lasagna or perogies, homemade for dinner?

You will indeed be impressed if you keep going to **Arrowsmith Gallery** also in Boswell where twelve artists are showing different mediums and **Karen Arrowsmith** hangs her wonderful watercolors.

The next stop is **Geri Gomola's Emerald East Cliff Gallery**. She has jewellery paintings and sculptures and I have it from good sources some newly created items. Check out the new facebook page she is working on **Kootenay Lake Art Connection**.

Sacred Journey in Gray Creek is next with **Danielle Tonossi** and **Zora Dorval's** enlightening art gracing the walls along with a interesting assortment of imports and home and garden accessories.

After that is the **Lakeview Store, Campground and Marina** where **Melody Arnold's** intriguing work can be found as well as Crawford Bay student **Julia Middlebrook's** semi abstract outside mural.

The historic **Gray Creek Store**, number ten this year, is where **Val Van der Poel** also has a spot to hang some small watercolors.

In **Crawford Bay**, number eleven is the **Wedgewood Manor and B&B** and **Sharon Witt's** painterly landscapes and **Laura Leeder's** realistic watercolors blend into the experience.

The Flickering Goddess has a fantastic assortment of handmade soaps and candles **Laura with A'Freakin Beads** will be happy to have the kids put a necklace or bracelet together while you browse.

Kokanee Chalets is showing **Kent Jantzie's** one of a kind monoprints. If you need a spot to stay there is camping and RV parking as well as chalets and a laundromat.

The Nelson and District Credit Union, East Shore Branch is showing **Shirley Wyngarrd's** awesome landscapes and **Laura Leeder's** delicate watercolours.



Mervin Robertson's Art Gallery is a must to see. Besides Mervin's carvings, the gallery houses many wonderful **Kootenay artists works**.

Sacred Journey in Crawford Bay is new this year and has **Nadine Boyd's** stunning photo art and **Janaki Pogreba's** encaustic creations and much more.

The **Black Salt Cafe** is a gem in Crawford Bay and is showing **Garry Sly's** work as well as various other artists.

Dog Patch Gallery is our next venue and **Lea Belcourt** has a wonderful assortment of clay works including your favorite mug. The colors are amazing. Pick it up!

Kootenay Forge and Furnace Gallery and Firework's Copper and Glass Studio as well as the **Glass Blowers** are in this location. A lot to see here. **The Junction Creek hub** is a place to relax and now has family hours. **Garth Low's** work is a must to see.

Barefoot Hand Weaving Studio/Gallery is a well known spot where beautiful hand-woven articles are available and **Ted Wallace** hangs his colorful intuitive paintings.

Celts and Viking Store has handcrafted North European themed items and much more. This quaint little shop has a castle front and will please your children. If you are lucky everyone will be in costume.

North Woven Broom Company is another spot the kids will enjoy. They can watch the handcrafted brooms being created.

Kokanee Springs Resort with a world class golf course and more has **Mervin Robertson's** carved bear at the the pro shop. Stop and enjoy a round than continue on to the Pilot Bay Resort Where you can peruse **Dena Kubota's** exceptional high realism work.

Take the **Riondel** turn off 3A and stop at the **Yasodhara Ashram** offering year round courses. The Ashram is showing **Garry Sly and Leah Wilson's** colorful bold new works.

When you get to Riondel as you turn right you will find **Bob's Bar and Grill**. It is a great spot to relax and watch the games on the big screen. **The Riondel Art Club** shows here all year. And finally the last stop where you can browse all the endless artistic creations is **The Circle of friends Artisan shop**.



Leah Wilson's work, showing at Yasodhara Ashram



Rocks at Burden's Cut, by Garth Low (showing at Junction Creek Hub)

I am assuming that you picked up your brochure on the ferry or at the Creston Chamber or any of our venues or galleries, and of course are busy getting at least twelve initials on it to enter the draw for one of two two hundred dollar draws happening this summer. The **\$200 gift vouchers** can be used to buy art at any or our venues or galleries. The only stipulation is that the art has to be created by one of our members. The first draw is August 1st and the second is September 3rd.

Check out our **Facebook** page and make the **Kootenay Lake Art Connection** one of your favourite 2014 summer excursions.

Special thanks to **Community Connections, RDCK Columbia Basin Trust and Nelson and District Credit Union and Creston Art Council**.

The African Children's Choir put on an amazing concert on July 2 for over 200 people. We would like to thank the Mainstreet for supporting the advertisement of this concert and the Crawford Bay Hall Board for donating the use of the hall. The very generous East Shore Residents donated \$3,360 to the choir.

African Children's Choir Resounding Success

by **Wes Brooks for Kootenay Lake Community Church**

A huge thank you to the fortunate and generous people who attended the concert put on by Kootenay Lake Community Church featuring the African Children's Choir. Not being sure of the number of people who would come to listen, we were hesitant to move the concert to the Crawford Bay Hall rather than holding it in the church. However, that decision proved to be the right one. There was standing room only on July 2 when the African Children's Choir from Uganda delighted the audience, who reciprocated with enthusiastic applause and cheering. The children sang and danced for well over an hour to the receptive audience.

When the offering was collected and counted, the East Shore residents donated over \$3,360. This money will be used to further the education of these children who are orphaned or abandoned. An incredible difference has been made in the lives of previous choir members as was recounted by two former members who now work with this choir as directors and chaperones. The children now have hope for a future where they will be able to enroll in higher education. As they introduced themselves, each one said his or her name and told us what he or she wanted to be when they grew up. They certainly believe that the opportunities are unlimited. One child said, "When I grow up, I want to be an astronaut," and another one wanted to be a prime minister. Such is the hope that these children have, and it is inspiring.

Thank you as well to Dutch Harbour Christian Camp, administered by Nils and Bonnie Anderson. There happened to be a week that no one had booked, so the Andersons willingly hosted the choir and chaperones. It was an idyllic setting and the children loved the freedom to play, although they were technically still in school. They even wrote their final exam on Friday morning sitting at tables on the front deck of the lodge, before heading to Castlegar for their next concert – on their way to Alaska.

From our hearts, we thank you so very much for your encouragement and monetary donations. Thank you to the *Mainstreet* for supporting the advertisement and to the Crawford Bay Hall Board for donating the use of the hall.

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Kootenay Lake Art Connection is running from June 27 to September 2, 2014 with 28 venues and focuses on connecting communities from Wynndel to Kootenay Bay to Riondel. Pick up your brochure **on the ferry or Chamber of Commerce in Creston** and at all our ven-

ues and galleries. Get 12 or more initials at 12 or more venues or galleries and hand in your brochure at **Barefoot Handweaving** or **Mervin Robertson Art Gallery** in Crawford Bay, **Emerald Eastcliff Art Gallery** in Gray Creek or **Mellowood Studio and Art Gallery** in Wynndel. **Names will be drawn August 1 and September 2 2014.** There are 2, **\$200 gift vouchers** to be won and these vouchers allow you to spend \$200 on your favourite work of art. There is still time to get in on the draw. (Art work must be chosen from work created by one of our 35 members of the *Kootenay Lake Art Connections 2014*).

- **Planning a wedding?**
- **Holding a meeting?**

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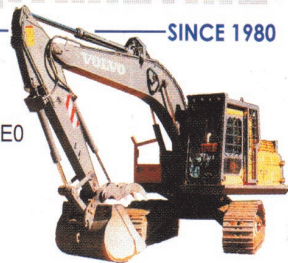
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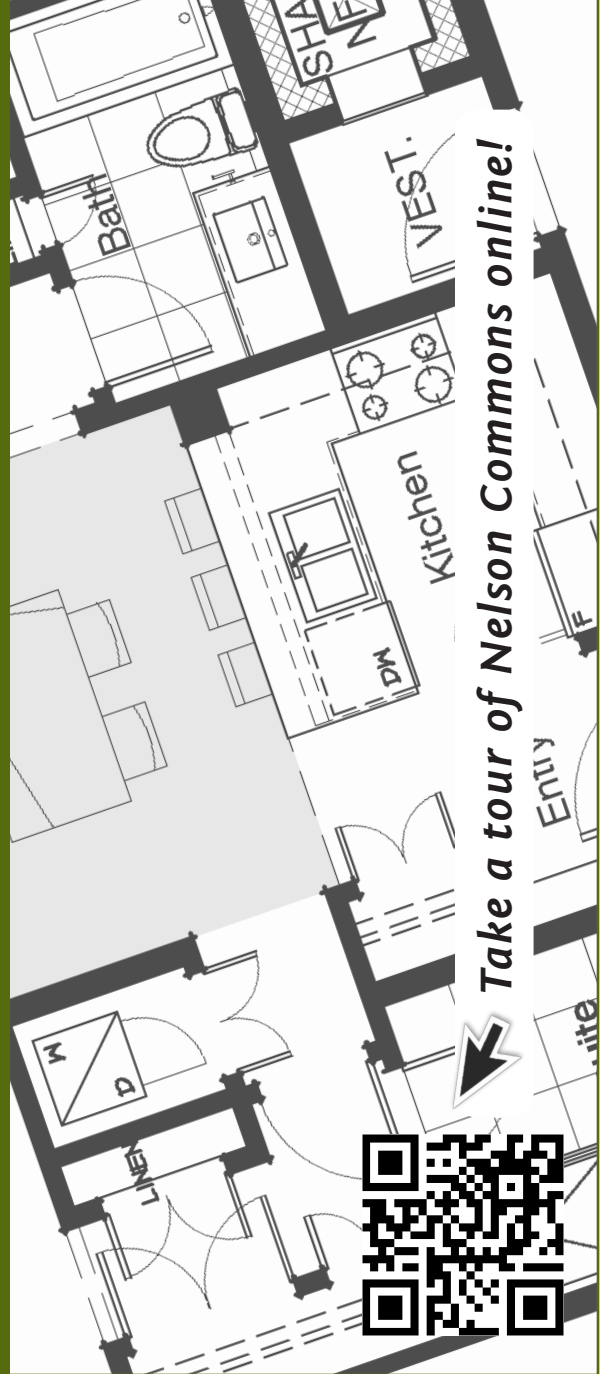
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GABRIEL PALATCHI: Aug 7

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World Beat & Reggae

Jazz Council Comes To Crawford Bay

by Deberah Shears

It's time for another delightful summer concert at Harrison Memorial Church. On Thursday evening, August 14 at 7pm, Jazz Council will be performing a wonderful and varied program. This group is renowned for their unique sound, blend of instruments, skillful playing, and stage presence.

Jazz Council members include: Bernie Primbs on saxophone, Laurel Ralston on trumpet, Sven Heyde on drums, Tim Plait on piano, and Joel Kroeker on bass. These musicians released a successful debut album, DAWN, in 2011, and they have given over 40 performances since forming in 2010.

Don't miss sweet notes floating from Harrison Memorial on Crawford Creek Road and those delightful complimentary refreshments at intermission.

Admission is by donation, and the proceeds go towards the maintenance of this historic building. Our summer concerts, started in 2011, have provided the building of new front concrete stairs and outside lighting of those same stairs for after dark safety.

Fall Fair Carries On, But With Big Changes

by Fran Kinder

The 103rd annual Kootenay Lake Fall Fair is on (mark your calendars) September 13, 2014, and it starts at noon.

There will be so much going on:

- **Iron Chef Competition** – cheer your friends and neighbours in a cook-off.
- **Taste Testing** – prepare your special recipe to be tried by all.
- **Eating Contests** - lots of fun for all ages
- **Cake Walk** - a fall fair classic
- **Lion's Club burgers and fries** - don't miss 'em or the popcorn!
- **Magic - Magic - Magic**
- **Gardener's Market:** The harvest is in full swing - get your veggies now.
- **Extrication with the Jaws of Life.** Our Rion del Volunteer Firefighters and First Responders show us how they rescue crash victims.
- **Fall Fair Competition** There are still many of the categories we know and love, including photography, needlework, kids crafts, vegetables, fruits. All these areas are championed by a community member who wants to make an area happen - we can always use more champions.

The booklet will be available soon. Check local stores or call Fran at 250-227-9416 for more information. We are looking forward to viewing all the entries.



Last year's festivities included some wonderful music featuring Elena Yeung and friends. Scarecrows was the theme... what will this year bring?



Big watermelon smile by Dema Fiddick-Halfnight, Fall Fair 2013

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Starbelly Jam Music Festival - Festival Wrap Up

by Farley Cursons,
Operations Manager

Do you believe in magic? The 15th annual Starbelly Jam Music Festival was for me the weekend I became a believer. Reflecting on the last six or seven months of work and organizational development, there were moments of brilliant initiatives and other moments of murky uncertainty. The enduring focus of our year round efforts and the cohesive operations of the executive producers and board of directors has left our ever expanding Starbelly family totally blissed out.

As the festival weekend drew nearer, the mystical universe of our beloved volunteer coordinators came to life. A screening and recruiting campaign to number over 350 people who would work for thousands of hours when all was said and done. With a firm understanding of the festival's mandate, guidelines and vision, these volunteers became the catalyst for the East Shore's cultural event of the year.

With rough estimates for attendance this year just coming in we know that our average is significantly up from the past few years. Starbelly Jam Music Festival is part of a 'sustainable festivals initiative' where we make every effort to reduce our garbage and waste. Our onsite supervised waste collection booths ensure that all throw away items are separated into the different recycling or compost groups with straight garbage being the last resort.

There were upwards of 4000 patrons, vendors, volunteers, artists and staff at this year's festival and **we only had fifteen (15) bags of garbage to go to the transfer station.** All other throw away items were recycled or composted.

It's not easy to deny the magic in that. Starbelly Jam Music Festival has supported its executive staff to attend a multitude of organizational development workshops, from grant writing to risk management and non-profit governance development. Our festival organization has renewed clarity on all of our operations and the community connections required to ensure our festival is one of the top rated festival attractions in western Canada for years to come.

Starbelly Jam Music Festival has added several amazingly talented individuals to our organizational team allowing a healthy succession process as other long time coordinators step down to allow fresh inspired energy to rejuvenate the wide array of spells they created years ago.

Thanks so much to the founders of Starbelly Jam Music Festival for creating this ultimate champion of love, music and community spirit.

My gratitude is beyond words for the team we have developed over the past few years...but I'll try. Volunteer management is no easy task but Nicole Plouffe and Levea Sturko, you and your team of coordinators and customer service volunteers are the absolute back bone of this event. Your spirit and enthusiasm processing web applicants and star volunteers is an epic event in its own right. Our food and craft management saw Jayanti Holman take the reigns and to continue Terry Fiddick's legacy of professionalism and strong policy enforcement. All with a beautiful smile. We saw Cory Medhurst rejoin our parking coordination team. He and Gabriela Gundlach held the front lines as our festival patrons poured in. I don't have one incident report from them or anyone for that matter. That's cool.

Our 1st Aid infirmary was busy throughout the weekend with minor cuts, scrapes and over exertion but nothing major. Our 1st Aid Infirmary is managed by Jason Deatherage. He is a paramedic from Creston. Among the many tools in his first response tool belt are oxygen and an AED (defibrillator). Jason has proven himself beyond a doubt that with keen prevention attitudes and first response clarity that he and his mobile and on-site 1st Aid personal have us covered should a serious accident occur. Thank you, Jason.

In our media department we saw Marc Archambault take on our media management. His featured Starbelly article in the 'I Love Creston' was an inspired bit of writing, with interviews, solid content and a humbling endorsement from the Creston RCMP. Thank you Marc!

We welcomed Gef Tremblay to mentor with Starbelly Jam founder John Smith and take over the festival program publication. Nice clear pictures and very easy to read. Good work, Gef!

Our Milky Way Breastfeeding tent was a welcome refuge for the festival's smallest guests and their moms. Kristy Winger and her team from EASEY ran a wonderful sanctuary even offering baby ear muffs for a small fee. Nice job Kristy.

Jennifer Irving stepped up to become our merchandise booth coordinator and no surprise to me did a brilliant professional job; it's so nice to work with you again, Jennifer. You absolutely rock!

After a short hiatus Amanda Hulland rejoined the board as secretary. Amanda kept a solid account of our board meeting minutes for the last nine months

and took on the task of managing the info@starbellyjam email account. She sorted through easily 1000 questions and solicitations and sent them to appropriate coordinators. Amanda offers a wisdom and balance that is indispensable and unparalleled. We love you, Amanda!

When I realized we needed a couple dozen new signs we began our search for a sign artist. In no time Ali George offered her talents. When I showed up with 40 primed sign boards she was wondering just what she had gotten herself into. Ali recruited Gary Sly and together they produced some of the most professionally consistent painted signs I've ever seen. Great work you two!

The festival's production management and stage crew has become a well oiled machine and much of the fluidity can be attributed to the hard work of Kenji Fukushima. A highly trained and talented musician in his own right, Kenji has lent his skills as an international stage performer to ensure a smooth and efficient back-line set up and effective artist stage management. We are thrilled to have you working with us Kenji!

When I reflect on the massive recruiting efforts that we have undertaken in the past couple of years to develop a team that can see the vision, strategy and direction we hope this festival can maintain and improve on, I am beyond excited.

My excitement for the festival's continued success has been reinforced by the recruiting of Matthew Winger as the festival's security and safety director. Matthew also doubled as this year's hosting staff manager. Matthew and I developed a clear formulated security strategy and executed it without pause. At a family music festival it is not uncommon to have the occasional misplaced parent. The clarity and efficiency at which Matthew reunited parents or guardians with children was mind blowing. We feel very safe in your hands, Matt. You may have noticed a slightly more formal seating plan this year. With Matthews hosting staff and Ali George's signs, a walkway was maintained to separate tall chairs and tents from low chairs and blankets. This walkway is an effective crowd management tool allowing wheelchairs, strollers and patrons to easily come and go from the 'front-of-house' crowds. These walkways are also maintained should we suddenly need to evacuate the festival site. I am beyond stoked to have had Matthew Winger join our festival family. Although so many of us gave so much invaluable energy and time to the on-site execution of this event, Matthew Winger gets my vote as MVP in our senior staff department. Thanks bro!

Starbelly Jam is similar to a 500km marathon in that we have to give everything that we've got to get to the finish line. We all did this together and the result was an event bordering somewhere between mystical and magical. On behalf of our board of directors and executive staff, great job everyone... and whatever we're paying our site director, it's not enough.

The community feedback from this year's event has been overwhelmingly positive, particularly among the business community, many hitting sales records not seen in some time if ever.

I must say I am truly honored to work with our artistic director, Lea Belcourt, whose artist lineups continue to break attendance records year after year.



Without you, the music and the audience it attracts, we might not have found out how amazingly magical our community can be with so many of us working together in beautiful resonating harmony. Here's to you Lea, and here's looking forward to celebrating Starbelly Jams "Sweet 16" birthday party with all "Starbelliers" in 2015!

Of course the people I've thanked in this article are the tip of the iceberg when it comes to celebrating our many dedicated festival volunteers. To those folks we also extend our continued gratitude for your contributions throughout the year and on the festival weekend.

Extra special thanks to the East Shore Branch of the Nelson and District Credit Union for their continued support, the Crawford Bay Hall and Parks Board, Sunnywoods Farm and the Hodgkinson's family and all the friends and neighbors in Crawford Bay who accommodate our annual event.

I see a very bright future for our East Shore community. If we continue to develop unique marketing strategies and find new ways of working together and celebrating each other's gifts, experience and talents we can really rise to the social and economic challenges that lie ahead.

Yes, the future's so bright...I gotta wear shades. Thanks again.

Tom Sez

by Tom Lymbery

How much was an Imperial gallon of gas in 1954? I turned up a copy of the *Creston Valley Advertiser* of November 9, 1954 – an ad from the Valley Drive In Theatre offers a free gallon of gas (to keep your car warm) to anyone with four people in their car.

Should those payday loan companies be allowed to operate? Taking money from those who can least afford it? One company was recently caught sending fake legal letters to those in arrears, and adding a lawyer's fee. But there was no lawyer – it was a ploy to take further advantage. Apparently those who fall behind in their payments to these outfits (who advertise \$300 for only a \$30 fee) will run up 600% in finance charges over a year. One of these operations is called Wonga Wonga and sponsors a soccer team in England – and this brand has spread to Canada.

We hope you saw the daytime fireworks display on July 1st at the Crawford Bay Park. These go up a 100 feet until a mini parachute deploys with a Canadian Flag suspended beneath. For adult events, perhaps these could come with condoms or thongs?

I think that Brazil did an excellent job of sponsoring the World Cup in soccer. It really helps to buy a *World Cup Magazine* to guide you through the eight groups of four countries each. I had to Google some of these to find out where on the world map are Nigeria, Algeria, or Bosnia/Herzegovina.

When a lady was putting Styrofoam into the recycle bins she showed me the recycle symbol on her Styrofoam so I felt I couldn't prevent her disposing of this. However when I talked to the driver who empties the bins he said, "No styrofoam whatsoever, regardless of symbols."

On July 3 the Winnipeg news announced that homeowners who had left their taps running all winter to prevent their pipes freezing could now turn them off.

In 2015 Canada hosts the Women's World Cup of Soccer. And please don't downgrade the ladies – they can produce just as exciting games as the men have. Worldwide this is not soccer *but Football or Futbol* – the worldwide game that only needs a ball – no expensive equipment or clothing. Since there are no helmets you can actually recognize the players.

Vancouver Whitecaps are running soccer camps in both Nelson and Cranbrook. What an opportunity for young people!

Approaching Castlegar I saw two stopped police cars with a man on battery operated wheelchair between them. Did he have a driver's license? I couldn't stop to take a photo.

Teck / Cominco is helping sponsor the SUN MINE in Kimberley. This will be one of the largest generators of electric power from sunlight, since Kimberley claims 300 days of sunlight each year.



Hacker's Desk

by Gef Tremblay
Change

Change is a normal occurrence of life and reality. From the changes in season, to the change in days and nights, everything is in perpetual movement. While participating in a

sweat lodge, one of the teachings related to change that stuck with me were these words:

*There is a river flowing now very fast,
it is so great and swift.*

*That there are those who will be afraid,
they will try to hold onto the shore.*

*They will feel they are being pulled apart,
and will suffer greatly.*

Understand that the river knows it's destination.

The elders say we must let go of the shore.

Push off into the middle of the river;

keep our eyes open and our heads above water.

And I say; see who is in there with you.

Hold fast to them and celebrate!

This is a strong image for me because it relates to a lot of the teachings I've received in my life. In the yogic tradition, Parinama, or the impermanence, is a concept that is important to grasp and accept. Everything is changing and you can be flowing with it or fighting against it. The concept of Parinama is so strong that it is said that you can measure someone's evolution by observing how he or she is reacting to change.

But change is generally uncomfortable. It's a movement toward the unknown and that creates fear and anticipation. Similar to walking in a dark forest, since you cannot see what is all around, imagination can kick in and create fear of what might be there. A major part of our culture also tries to go against change. The idea that we should be working 365 days a year without any change in our schedule, the idea that we need to keep the body in 20 degree Celsius all year long, from the house to the garage to the car to the office. This idea to go against the impermanence of life by trying to look young for your whole life, the desire to not follow the seasonal rhythms... all these seem to point against flowing with change. So it seems that even culturally, change is viewed as something negative, but I digress.

Change creates opportunity and I think that's what makes it exciting and fun. Since I don't know what will come out of change, I can also prepare myself for a new opportunity and enjoy the fact that everything is in perpetual movement.

In the business sense, being able to see the changes - plan and prepare for them - is at the core of thriving. Resiliency is just a weak reaction to change; embracing change in a business is being able to ride the wave of new opportunities and growing the business accordingly.

In graphic and web design, change is the most important element of creative work. You have to be able to see the change in the trends, in the color, in technology and in the society in general to be able to create a design that is both regarded as relevant and useful. Even more important than seeing the upcoming change is to try to help create that change, by introducing new design idea, by experimenting and by reflecting on the general evolution so that design can respond better to the needs of a community.

As a small community we also see how responding to change is really important. For instance, a lot of the economy is based on tourism. If the American dollar is lower than Canadian then we know that a big chunk of the economy will change. Good weather for Starbelly Jam will generally translate to great attendance. We are

closely bound to all these changes. So although change in the rhythm can be scary, there is always something creative and positive about it.

For my work as a designer and web programmer, I have to not only follow closely the change in the market but also tried to move ahead, riding the wave of that change. **I personally like that idea that change can become an energy that moves me forward**, in my professional and personal life. Hence when I'm in new situation I prefer to move toward change and experiment, rather than resorting to the old and tested ways. How do you see change in your life? Can you benefit from that change?

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Jenny and Alf Nickisch Re-Married

by Geri Gomola

Holy Redeemer Catholic Church in Riondel was a hub of excitement on Sunday July 20, 2014, as Jenny and Alf Nickisch were married for the second time. The couple wanted to have their marriage blessed in a religious ceremony after being married eight years earlier in a civil service.



The whole congregation got together to make this wedding a special day for them. The small church was bursting with people. The music could be heard from afar welcoming the couple and their three bridesmaids and a ring bearer as well as others in the entourage.

We were well versed in Philippine customs that enchanted the friends of the couple as Father Tom who makes the trek from Creston every Sunday to this mission church was in his usual good form and humour. The perfume from the many beautiful floral arrangements enhanced the exciting atmosphere. It was the first wedding in twenty-three years and the only one that most of us could remember attending in this modest church.

The guests were treated to a lovely dinner and reception across the street at the Riondel Community Centre. The delicious dinner was cooked by Jenny's best friend Mila. The bride and groom had their first dance and invited the rest of us to join in. The parish congratulated each other and Jenny and Alf on the culmination of a wonderful day

Congratulation and much happiness, Alf & Jenny!



Hidden Taxes

by David George

Last night I woke hearing sirens. At about twenty minutes to four in the morning, the ambulance or the first responders truck went by, followed about four minutes later by the other unit. After about half an hour they both went by again, this time almost silently.

This got me thinking once more about our emergency health care system, and what a difficult time a patient would face getting to a hospital in the middle of the night starting way up the lake here on our main street.

The ferry is not running between 10:20pm and 7:10am. That is nine hours when the only option is being driven to Creston and its limited hospital, in an ambulance which may have taken half an hour to arrive after a 911 call. Add another hour getting to Creston. If Creston is not able to handle the case, Cranbrook is more than another hour away, and the proverbial golden hour is gone, more than an hour ago.

Helicopters? The supposed HART (High Acuity Response Team) does not fly at night. The Alberta based STARS system does, though. There will be much more on that idea to come in my column soon.

Dr Robert Halpenny, CEO of Interior Health was in Nelson on July 15, and visited the hospital. He mentioned HART, and praised the 24/7 availability of the CT scanner at KLH and the new emergency room. He said that people are getting the services they need.

I disagree. Even if our medical emergency happens when the ferry is running, getting to Kootenay Lake Hospital in Nelson takes more than the golden hour.

Worse, IHA moved a lot of services from Nelson to Trail, another hour away.

What will it take to improve our emergency health care? It probably won't be done by the present Interior Health people. At least the CEO, Dr. Halpenny does not earn an exorbitant salary---he is paid \$315,900 plus benefits including pension funding for a total of \$408k for 2014. Well, that is only about three times what our elected MLA, Michelle Mungall earns, not a patch on what certain BC Ferries executives have slobbered from the public trough.

It gets more interesting, though, looking into Interior Health finances, like the annual report for 2013/14. Did you know that Interior Health is in debt to the tune of \$1.22 billion? All its assets are worth \$2.252 billion. That is a bit like owning a house worth \$225,000 with a \$122,000 mortgage.

Interest on IHA's debt costs \$11,634,000 this year. The overall budget for IHA this year is \$1.9 billion, and is supposedly balanced, except for the fact that the long-term debt actually increased by \$80,000,000 in the last year. How can that be called balanced? Not in my books.

What can we do first about emergency medical care? When our MLA Michelle was here on July 8th, two of us asked her to work on getting later ferry sailings, pointing out that the last sailing from Kootenay Bay used to be 1:10am. That would be a first step. Second step, I believe, is STARS. Watch this space for more about that, and have a safe August.

Riondel Community Centre Referendum Pending

by Muriel Crowe

The Riondel Community Centre started life as a school in 1952 with various additions made through 1967. The school closed about 1972 and sat idle for seven years until the School District sold the building to the RDCK for the use of the residents of Riondel. Several clubs, the seniors and the library moved into their dedicated spaces. The following year a small leak was discovered and patched. That same scenario was repeated numerous times over the next thirty four years.

About 2005 the leaking became a major problem; people were hired to come in and patch this or that small or large area. In 2007 a committee was struck to study what the residents wanted to do with the building. A survey was created, distributed and the results assessed with the conclusion that we did want a Community Centre, and we could use this building. We grudgingly accepted the need to raise taxes for major repairs. Following the needs assessment, several grants were applied for, but none were successful. It became obvious that we needed more thorough background work to qualify for grants.

In 2012, the crisis hit. Leaking intensified, a foul odor became pervasive and the building was shut down. Bill Lynch and associates were hired to look at all RDCK Riondel buildings and assess them. Kootenay Hazmat was hired to do a study of the Community Centre; two instances of mould and numerous wet, affected sections of wall and ceiling material were found. Public meeting were held with RDCK at which it was explained that the RDCK owns and holds the buildings in trust for the citizens of Riondel but the cost of these, as with all services in Riondel, is paid from our taxes. The decision about what should happen with the buildings rested on our shoulders and only ours. And finally the Riondel Community Centre Task Force was created to do the initial research and planning.

The task force operated over a period of several months and looked first at all of the buildings and then at the option of an entirely new building. Consensus was reached that the Community Centre was the building most adaptable to meet the needs of the community. They liaised with the Commission, Director Garry Jackman, Joe Chirico of RDCK and eventually Christopher Fairbanks of Fairbanks Architecture. They consulted with stakeholders from the Centre and the community at large to come up with concepts they were comfortable supporting. A year and several months later, the results of the Task Force efforts were presented at a third public meeting. This one offered much information and the opportunity to participate in a straw vote on four options regarding the fate of the building; red tabs for first choice and blue tabs for second choice.

The options and results were:

- Option 1: Demolish the building. Cost undetermined. Results 17 red and 15 blue
- Option 2A: Renovate both levels of the north wing with a pitched roof, demolish the rest. Cost \$1,200,000. Results 45 red, 4 blue
- Option 2B same as 2A with a flat roof. Cost \$1,000,000. Results 0 red, 44 blue
- Option 3 demolish the south east section of the building and renovate the rest. Cost \$2,700,000. Results 0 red, 4 blue.

Details of the above options are available for viewing in the main hallway of the Community Centre.

Due to the outcome of the straw vote, the task force has asked the Riondel Commission of Management to send a resolution to RDCK asking for a referendum to borrow \$1,200,000 as regards Option 2A. The resolution has been sent and passed by RDCK, so we are on track for a referendum in November.

An article is planned for the September *Mainstreet* regarding who may vote, how people who won't be here or won't go into the building can vote and the resulting tax implications of the borrowing. It will also encourage stake holders and residents to start thinking seriously about what their needs will be in the future and methods of funding.



Tom's Corner

by Tom Lymbery
Sales & Service
Schools

I have attended many seminars and service schools, and as these were often in Vancouver or Calgary, the trip there and back was sometimes memorable. The chain saw company Pioneer Saws scheduled one of these in November, so I set out by going to Castlegar and buying an airline ticket. Within half an hour the airline cancelled the flight and gave me a cash refund. The Greyhound had already left and I hadn't yet put winter treads on the pick-up, so I drove up the hill from Castlegar and got permission from a service station and campground to park my vehicle. Carrying just a briefcase, I walked about half a mile before I got a ride with a Grand Forks couple who had come to catch the plane as well – he had to be on a flight to Toronto from Vancouver the next morning.

They gave me a ride to the Penticton airport where we bought tickets to Vancouver. The last plane had come and gone without cloud problems. Not so our trip – we got a refund once again. They decided to drive to Van, so they gave me a ride and kindly dropped me off at my hotel which was on the way to the airport.

Pioneer had booked two to a room, so they had to wake up the man I was partnered with. I got a few hours' sleep and I hope he did as well. When the wakeup call came, he started his day with a shot of rye, but I declined his generous offer.

Pioneer Saws put on an interesting program with some very sensible and straightforward servicing tips and information on upcoming model changes. Their most popular chain saw models at that time were the P41 and P51, with the gas and chain oil tanks shaped in a curve around the motor. Homelite chain saws had used this configuration earlier, but they always had a problem with the gas boiling. Pioneer's solution was to put the oil tank between the gas and the heat of the motor, so when you went to refuel the gas tank, it wasn't dangerously fuming. Not the moment to be smoking a cigarette when refilling a Homelite.

One interesting mechanic at that course had been born with the effects of the thalidomide drug, which left him with very short legs but with normal hands and arms. He had to stand on a chair to work on saws, but given the necessary facilities, he was doing well in his profession.

The Pioneer service program was at the hotel on Highway 17, - a long way from the Greyhound that I was planning to overnight home on. However, one man had his business in Lytton, a small town up the Fraser Canyon, so he offered me a ride as far as Hope. He was of Chinese ancestry, now with a saw dealership at his hardware store, so we had lots to talk about on the trip. This got me to Hope with a couple of hours to spare, so I was well entertained with the Blues Brothers movie at the Hope theatre. I could sleep on the bus but had to be sure I was awake to ask the driver to drop me off where my truck was parked before the last down grade into Castlegar. Back to Gray Creek ready for the day's work.

Steve Metcalf worked in our saw service shop for a while (at the time he was in the uphill hippie stage – now he's a mining engineer in Rwanda.) That same year Homelite Saws put on their program in Nelson

so we didn't have far to travel, but Steve created some apprehension. He got to the site before I did, and Nelson hadn't quite accepted the hippie types who had come to Canada instead of going to Vietnam. One morning when I went to our shop, Steve greeted me with, "I just got some new tobacco – it smells just like marijuana." Steve bought the Gold Boulder searchers' log float from me as it fitted the dream of those years – a home on floats with no appendages or taxes. He only had it a short time as he found it re-sold easily. Later on it was lodged on the rocks at Picnic Bay on the Peninsula across from Gray Creek.

Will Holt and I took the trip to Vancouver several times in the years when Peter Holmquist's company, Pacific Equipment distributed both Husqvarna and Pioneer Saws. We only needed to get there and Pacific Equipment would pay for the hotel and meals – a great deal. Often we had Swedish saw people talking to us, and they could take dealer feedback back to the manufacturer. This was most important as we and all other dealers in BC were selling the larger saws, which weren't used in Europe because their timber was too small.

A problem always happened when fallers decided to tune their saws up – too fine an adjustment on the carburetor's high speed needle would deprive the motor of lubrication, and burn it out in minutes. To counteract this, a carburetor was designed with a tiny reservoir of fuel. When the saw reached revolutions which were too high, the sympathetic vibration would cause a spring to lose its tension, releasing some gas into the system.



In 1958 the Gray Creek Store branched into a new chain saw business with the start of the Pioneer sales and service. These signs are still displayed in the old store.

Photo: Frances Roback

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Your Complete Farm,
Garden & Pet Care
in Creston, BC
250-428-4614

NOW OPEN! We look forward to seeing you.
1628 Canyon St, Creston (right next to 7-eleven)

Next Deadline: Aug 27, 2014



Normand Schmidt is walking with a two wheeled cart from Vancouver across Canada - walking For Peace. He spent an hour across the road doing a sketch of the old Gray Creek Store building.

August 2014 *Mainstreet* 15



pebbles
by Wendy Scott
CHICORY

It's mauve. It's blue. It stands tall and straight by the roadside. It is – like so many of our neighbours and relatives in Canada – an

import. In this case, chicory is an emigrant from the shores of the deep blue Mediterranean seas.

One bloom holds a flower in each petal. Now that would seem to be a potential for veritable meadows of iridescent blue. As for Canadian multiculturalism vs the American melting pot, this flower has maintained its distinction since it was introduced in the late 1700's by an American who yearned for a different taste to perk up his salad greens.

Was it then, or perhaps later, when the ground root transitioned into the bitter flavour of New Orleans coffee, and like the wandering flower, travelled the length of this continent into coffee houses of the Great White North?

I'm afraid that some might liken the bitter after-taste to the coffee substitutes that were common in many homes during the years of the Second World War – anyone, that is, who can recall those years or who might remember tales told by parents and grandparents. During those dark days, the fortunate few were able to blend the ground chicory with the real stuff for a more palatable drink.

If you don't have the time – or the inclination to yank out your chicory, dry the root, roast it and grind it, you can purchase a nice glass jar (a small jar that is -- 110 grams to be precise, or slightly less than 4 oz.) for about \$7. If you'd prefer a one pound package of ground chicory, that will set you back \$15 or so.

The rosettes of ground-clinging leaves at the base of each long-stemmed flower have been cultivated as salad greens that reside in your the local super-market. Yes, that radicchio and several varieties of endive – even the curly stuff – are indeed chicory leaves.

The flower of this familiar and friendly roadside plant also produces a delicate yellow dye. Yes, yellow. In this case what you see is not going to be what you get. That lovely blue flower morphs into the colour of the weed we tend to dig up and discard. But, hold it a minute – they are both the same family – the prolific dandelion and the tall blue chicory.

You might suspect the relationship, if only by the similarity of their long tap roots.

Both flowers are civilized when it comes to wilting in the mid-day sun and closing completely at the approach of dusk. The many legends clustered around the chicory often refer to blue-eyed maidens waiting faithfully by the side of the road – either for their sailor to return or to bow their heads in deference to the mid-day sun.

Chicory, as a coffee option, has some desirable points – it is totally caffeine-free and even though the tap root stores carbohydrates, there are no carbs in the greens.

And if you feel the need to sample something a bit cooler – maybe take a trip down to Bob's Bar & Grill in Riondel and try some cold, really dark beer. You can quaff your cool relief safely. That brew is caffeine-free as well.

Enjoy this long-lived, ancient flower beside the road knowing it's not only good for you, but sensible, pretty, coy, and really needs no care.

What more could you ask?



Messages from the Bear Clan

by Lee Grizwold, PHD
(edited by Scott East)

It is befitting of my unique status as a quadrupedal essayist that I offer to you, my beloved readers a self-introduction. My name is Lee Grizwold. I am a grizzly bear.

By some fortuitous mystery, I have been gifted the ability to comprehend human language. Through training, I have also learned how to use a typewriter. I have come out of the isolation of many years of practice to offer my skills for the service of Mother Earth. It is my privilege to convey messages on behalf of the many bears who are left speechless across the land.

I do not want this article to be the sullen account of a victim. I also recognize a need for authenticity. The habitat of the bear clan is vanishing. We bears - grizzly, black and polar, are all keenly aware of the effects of climate change and fossil fuel extraction. The great Arctic ice is melting. Human industry continues to encroach upon the wild lands.

We wild bears are far from the vicious brutes depicted by Hollywood for your cinematic pleasure. Perhaps you have forgotten that the bear clan is as tender hearted and wise as it is fierce. Our lives consist of meandering through the forest in search of sustenance - roots, berries, fish and honey. Our lives are governed not by corporations, but by the laws of nature. I feel deep sadness in seeing how the human clan has forgotten these natural laws.

I hear of tar sands and fracking developments which expand by the day. I hear of many fracking plans now being proposed in British Columbia. My relatives now are unsure as to whether the streams that our ancestors drank from for so long are still safe and clean.

I hear of human communities that exist downstream from the tailings ponds of the tar sands. Companies like Enbridge claim that these tailing ponds are safe, and yet, the Cree people are developing cancer at an unprecedented rate - just as the fish that they have harvested for many generations are cancerous.

Now there is the possibility of allowing some of these elite corporate groups to build more pipelines across the land. From my research, I can tell that Enbridge has already proven that its pipelines are not safe for bears or humans. Between 1999 and 2010, Enbridge recorded 804 spills on their pipelines- releasing approximately 161,475 barrels of crude oil into the environment.

It is with grief that I share, beloved readers, that I do not understand the actions of these oil companies. I call on all of you who have surrendered your voices to break the silence. Let us end the cycles of violence against the Earth and against one another.

Have you humans forgotten that you are all indigent peoples of Mother Earth? We are all part of the web of life. When we destroy a culture as a result of greed and ignorance, we only destroy ourselves. There is no question in my heart - the race to extract fossil fuels from the Earth is a suicidal act.

All people are woven into one fabric of diversity. Some people come with dark skin- some with light skin. Some grow fur from their skin. Some have scales- some have wings. **All people deserve clean water to drink and a big grandfather tree to scratch their back upon!** As I see it, the story of separation based upon race and class is a great lie. There is no separation.

Though it may seem like I have only written this article to deliver messages of sadness, that is not the case. Sadness has its purpose - it is a message of a broken heart that needs healing. But there is another feeling that I wish to illuminate - joy.

Humans seem to have an unconscious relationship with joy. They confuse joy with gratification. They often seek out sensually gratifying experiences with little concern about the mess that they are creating. As an example, the unconscious use of plastic, while gratifying the human desire for convenience, has created an island of trash in the Pacific Ocean the size of Texas. To say the least, it is irresponsible to make such messes with no intention of cleaning them up.

To relate consciously to joy involves innovating responsible systems and lifestyles that you authentically WANT to create. I suggest, human clan, that creating new/responsible systems to replace the old/

unconscious ones will lead you to a joy beyond your wildest dreams. It will feel different than the inauthentic joy of convenience afforded to you by corporations. It will be more fulfilling for you - and easier on your souls.

It seems that, just as humans have become too numb to feel the despair of their relatives, they have also become too numb to feel the joy of living in harmony with nature. It is not too late to live in joy. I invite you to be in collaboration rather than in competition. Watch as the joy of living changes your life in a way that is kind, responsible and conscious.

In closing, I want to reiterate - the bear clan is still here. We are sensitive to the discordance of the technology of man and the natural field of the Earth. We are doing our best to stay in touch with the basic joy of life. This joy of life is coherent with our basic connection to the Earth. We are hoping that more humans will notice our joy so as to learn from us the simplicity of being.

The Hopi prophecy tells us that this could be a good time. I hope that our grandcubs will live in harmony with one another for many generations to come.

For all our relations – AHO!

Gray Creek Pass Report

by Tom Lymbery

On June 29 a pickup from the Kimberley side drove downhill into that last snowbank. It got stuck but was winched downhill. This was enough to cut a track, and since it was hot and sunny by June 30 it was possible to drive through.

Our side is in good shape while east of the summit to Kimberley is average – needing maintenance that Cranbrook Forestry doesn't get around to. Any standard vehicle can use the road but low clearance units need a careful driver. Last year a man in a very small car with three passengers said that he had been told he would never make it – but he explained he had no problems whatsoever. All it takes is careful driving – any vehicle can handle it with the right driver. We definitely discourage trailers, however.

Jesse Adams, the new tourism ambassador on the Osprey ferry is doing a good job talking to tourists going both east and west across the lake and has offered to refer Selkirk Loop and Trans Canada Trail travelers to our register of these interesting people.

Riondel Reading Centre

by Muriel Crowe

The long weekend in August, aka Riondel Days, is drawing near and with it the annual book sale. Look for us at the stand-still parade and draw a token at our stand – you may be a lucky winner. As I am an optimist and truly believe that we will be in new premises in the not too distant future we will be offering truly amazing sale prices on our books this year. We don't want to store any more books than absolutely essential.

For several years we haven't had many young students or teens using the library. That has changed recently and we are buying books to encourage these readers to stay with us. Please tell us the names of authors you enjoy or let us know what subjects are of interest.

We have several new wonderful cookbooks, gardening books as well as one by Mike Holmes about redoing attics and basements. Sorry ladies, but pictures of Mike aren't abundant in this one. We have lots of books to encourage you to be active and many more for those of us who prefer a good book and a shady nook in the summer to any other activity. Drop in, borrow and visit. Remember to smile at those volunteers who serve you – they are a pretty special group.

**Next Deadline:
Aug 27, 2014**



Notice of Passing

Mona Tillson Cranna

**July 27, 1913
– June 18, 2014**

Mona Tillson Cranna, the only daughter of John (Jack) and Kate Moore, passed peacefully in Nelson, BC on

the evening of June 18, 2014 only a short time before her 101st birthday.

Predeceased by her husband of 68 years, Douglas Cranna in 2009, she is survived by her two sons Daren (Lynn) Drew (Iona) and her daughter Denise (Trevis) and her grandchildren, Chase, Lee and Meghan.

Born in Kisbey, SK on July 27 1913, she grew up with the love of the outdoors, boating, swimming, hunting and fishing. She was a talented artist but took her father's advice to always have something practical, so along with expanding her artistic side with formal art training she included business courses and secretarial training.

Mona was introduced to her husband by his brother prior to the second Great War. While on a short Christmas break they were married in Kisbey, SK on Boxing Day 1941, and six months later were both posted in Whitehorse, YT, Doug with the RCAF and Mona as a civilian with the USAF.

After the war she returned with her husband to Kisbey and together they ran their hardware store and started a family. The rural population was declining in Saskatchewan so in 1959 she chose to move north with her husband and family to Yellowknife, NWT.

During that time Mona raised the family, worked full time, as well as freelanced as a northern correspondent for the *Edmonton Journal* and wrote articles for the local papers, *The News of the North* and the *Yellowknifer*. She always found time to pursue her passion for art, capturing the north's many moods in her paintings.

Yellowknife was home until 1979. The family grown, they retired to Riondel, BC. The change in scenery and the addition of mountains challenged her artistic pallet but it was not long until she began capturing the spirit of the Kootenays. Her flower gardens around her home were her pride and joy along with Doug's fish ponds. Together they gave a welcoming peaceful serenity to their home, one that that she missed dearly after Doug's passing and moving into Nelson.

By her request no service will be held. A celebration of life will be with her immediate family and very close friends. By her wish her ashes will be returned to the place of her birth to rest next to her father. We miss you, Mom.

THE CRANNA'S

by Wendy Scott

Mona Cranna, well into her nineties, was one of the finest artists in the Kootenay, and her husband, Doug, certainly knew how to build fish ponds – many of them, and fill them with rather exotic fish.

In fact the Cranna's back garden became a living legacy to art and creativity – achieved through years of careful planning, sore backs, and Mona's devotion to her art. It was Mona's continuing output and need for space that prompted Doug to drag many flat rocks up the steep slope in his back yard – building a staircase as he went – and on a flat area at the very top, Doug created Mona's little studio.

Several years ago it was a pleasure and a privilege to climb those steps through lovely rock gardens and be in Mona's studio surrounded by finished paintings and several works in progress. I have two of Mona's woodland scenes – wandering pathways that lead off the edge of their canvases into what must be an unknown destination – a mystery around a corner; a third painting is a discovery of bright yellow flowers. I like to think – to hope – that Mona might have found her woodland grove and her bright yellow flowers and, perhaps with Doug's help, is able now to wander along those pathways; to step off the edge of her canvases and to discover what lies just around that corner.

MONA CRANNA - 1913 – 2014

DOUG CRANNA - 1913 – 2009

Notice of Passing

William (Bill) Joseph Mackey

Bill passed away suddenly on July 21, 2014 at his home in Crawford Bay. Bill worked at Kokanee Springs Golf Resort as the Starter for the past several years. He is sadly missed by wife Irene, children Robin and Todd and other family and friends.

Tentative plans for a memorial service to be announced at a later date.



Located above Crawford Bay School gym -
second right on Walkley Road.

Elevator available if steps are a problem.

Our Hours

8-10 am Monday - Saturday

6-8 pm Monday - Friday

Questions answered at: thefitnessplace@theeastshore.net



**AREA "A" EDC
Economic Development
Commission**

next application deadline:

October 31, 2014

**A submission can be made at any
time -- submit early so we can help
you to succeed.**

**Projects for Area A (East Shore, Riondel
to Wynndel)** relevant to the promotion of
economic development may be eligible for a
grant from the Regional District of Central
Kootenay. Applicant groups must be a
registered society or apply to a registered
society to sponsor the application and handle
the funds.

Please phone for an application form or
request by email:

Lorna Robin, EDC Chair 250-225-3333

lornarobin@bluebell.ca

Approval/funding lag time 6 to 8 weeks

Community Connections (aka South
Kootenay Lake Community Services Society,
SKLCCS) is a registered society that may be
able to sponsor your application.

email skootenaylakeccs@gmail.com

Asana of the Month

by Jayanti Holman

Dhanurasan Bow Pose



Benefits

- Strengthens the spine
- Tones the intestines
- Invigorates the liver/kidneys
- Aids digestion
- Reduces fat on the torso
- Makes the body flexible

Doing the pose

- Lie face down on the floor
- Bend the knees
- Reach back and grab ankles
- Inhale; lift head, chest & thighs off floor
- Breathe deeply and evenly in pose

Focus while in the pose

- Stretch the body as evenly as possible
- Tip the head up slightly
- Breathe deeply

To come out of the pose

- Exhale; slowly release legs and come down

East Shore Health Society Invites Residents to Get Involved

by Verna Mayers

First of all, thanks to all the people who came out to our recent annual general meeting. We had nine talented and committed residents step up to take a seat on the board, narrowly missing the need for an election. We are so pleased at what was achieved by the society and the advisory committees in the last year: increased coordination between Boswell and Riondel emergency services, research on health and emergency services on the East Shore led by Selkirk College nursing students, first responders trained, first aid classes delivered, and new by-laws prepared for the health society.

ALL are invited to our next East Shore Health meeting on Thursday, September 4 at 4:30 pm at the Learning Hub Place at Crawford Bay School. Please join in on one of the sub-committees being formed regarding: communications, coordination of health and emergency services, alternative home care strategy, and preventative health care.

ALL residents are welcome to join our society and lend your time and energy to the improvement of our health and emergency services on the East Shore. Membership is \$5/year. Thank you to all for your great support over this past year.

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SERVICES DIRECTORY

The Service Directory is a great way to have your business listed as a reference for those shopping for a particular professional service. Keep your phone number handy and your message clear.

AUTOMOTIVE/MARINE

EASTSHORE AUTOMOTIVE - Service & Repair 250-227-9370

NORTHSTAR CRESTON - 1-800-551-9351. Full service 8-bay shop featuring Goodwrench Service - \$41.95, genuine GM & AC Delco parts. Full line of major tire brands featuring: BFGoodrich, Michelin, Uniroyal, Hankook, Goodyear and Firestone brands.

BUSINESS SERVICES

MUTUAL FIRE INSURANCE of B.C. Quotes on Homes, Mobiles, Farms & Tenants. Seniors discounts at 55. Home Protection; No Claim; New Home. ph/fax 250-428-7937, broker Virginia Harder.

CONSTRUCTION/CONTRACTORS/TRADES
HULLAND AND LARSEN CONSTRUCTION - experienced residential construction & custom finish work. 250.551.2915 or 250.505.3570. (see ad in contractor section)

JB (JUERGEN BAETZEL) CONSTRUCTION: Over 16 years experience, strong work ethic. Foundations to Finish (concrete, framing, roofing, drywall, siding, flooring, finish, carpentry, tile setting, some plumbing & wiring knowledge) 250.227.9246 or 250.551.7697.

MATTHEW SMITH BUILDER - Trained/Certified Heritage Restoration and Conservation. Carpentry and woodworking services. matthew.smith.builder@gmail.com or 250-505-2305.

STEEL WHEELS - Septic systems planned & installed. We dig too, mini hoes for you. Dave or Donovan. 250-227-9646.

THE GREEN MACHINE - Excavation, Landscaping, Installation of Waterlines. Ph.: 250.225.3485

TURLOCK ELECTRICAL CONTRACTING LTD. (See colour ad in this issue for more information.) 250-227-9688 or 250-551-4671

PERSONAL CARE/HEALTH

ACUPUNCTURE - Christine Peel R.Ac. 16210 hwy 3A Unit 9, Crawford Bay Motel. For appointment pls call 250-505-8130.

ACUTONICS - vibrational healing with tuning forks, practitioner available. For appointments call Theresa Lee 225-3518/ cell:505-4706

ALEXIS PHILLIPS, M.A., R.C.C. - Registered Clinical Counsellor specializing in complex trauma, relationship issues, grief & loss, anxiety & depression. Apptmnt/consultation, call 250-509-0368.

BLANCHE TANNER - Breath Practitioner, (Family Constellation) Heart-Centred Therapy (Meditation), Healing Emotional, Physical & Sexual Abuse, Addictions, Relationships, Anxiety, Depression. 227-6877

COUNSELLING & SUPPORT SERVICES: Free and Confidential for children, adults and families. Services include: Adult Mental Health and Addictions; Child Youth Mental Health; & Family Support. Call 1-866-774-5324 (toll-free) or 250-353-7691. North Kootenay Lake Community Services Society.

FINGERPRINTS AND HAND ANALYSIS - P. Danielle Tonossi IHA. Discover your Life Purpose and what it takes to live it fully or host a Self-Discovery Hand Reading Circle. My expertise is at your service - 250-227-9478. Info: www.crystalgardenspirit.com

FIRST CONTACT EAST SHORE MIDWIFERY - Sylke Plaumann, registered midwife. 250-227-6846.

MASSAGES & WELLNESS FOR WOMEN - Reflexology according to the clock of Chinese medicine, Reboundology: European method for deep tissue, Breuss spine massage with St. John's Wort oil, relaxing massage, Reiki, hot and cold stone therapeutic massage. Call Geraldine, certified therapist in Europe, over 15 years of practice, 250-227-9890

REGISTERED HERBAL THERAPIST, MASTER HERBALIST - Maya Skalinska, M.H., R.H.T. Iridology, Tongue & Pulse analysis, Nutritional consultations, individual herbal remedies, Flower Essence consultations & remedies. For appointments, please call 250-225-3493.

REGISTERED MASSAGE THERAPIST: Harreson Tanner - Over 30 years clinical experience. Treatment of Lumbo/Sacral Strain, Whip Lash, Frozen Shoulder, Migranes/Headaches, TMJ problems, & Stress. No doct referral req'd. Call: 227-6877/cell: 505-6166.

SAPPHIRE HAIR SALON: Kate Page, hairdresser and proprietress. 16210 Hwy 3A (Crawford Bay Motel) Unit 9. Call to book an appointment: 250.505.6950.

RESTAURANTS

CRAWFORD BAY HALL & COMMUNITY CORNER BUILDING - available for community events, wedding receptions, workshops etc. Non-smoking facilities. Call Kathy, 227-9205.

MAXX AND NAMBI'S FAMILY RESTAURANT: Open 7 days a week. Sunday Breakfast 8 till noon. (located beside Newkey's)

NEWKEY'S PLACE - Hwy 3A in Crawford Bay, licensed area. Open 10 am til close Monday to Sunday. Food Specials all day. 227-6911.

ROCKWOOD CAFÉ - Authentic Chinese food, great pizzas and perfect burgers. Open Tues - Sun. Hwy 3A Gray Creek. 227-6840.

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Creativity, Community, Conscience
mainstreet@theeastshore.net
www.eshore.ca

CLASSIFIED SECTION

AUTOMOTIVE

2005 Chev Uplander AWD. AIWI - \$4000 OBO. 250.227.9246.

BIZ ANNOUNCEMENTS

Sirdar General Store:

A unique place to shop on Duck Lake. Fishing & Hunting Licenses, Tags & Tackle, CVWMA Fishing & Hunting Permits. Groceries, Island Farms Dairy Products, Ice Cream, Klondike & Magnum Ice Cream Bars, Popsicles, Yogurt cones. Chips, Nuts, Chocolate & Energy Bars, Soft Drinks & Water. Greeting & Post Cards, Local Crafts & Souvenirs, Post Office & Faxes. Straw Hats, Bonnets, Mosquito hats. Puzzles & Game Boards, Playing cards & Cribbage Boards. 8050 Highway 3A, Phone 250-866-5570, Fax 250-866-6811. Please drive with Care through Sirdar, & watch out for pedestrians, cyclists, & wildlife

Insurance Certification requires professional chimney installation - we are the Pro's - Gray Creek Store, 250.227.9315

BUSINESS SERVICES

Fax service, photocopies, (with no PST/GST) Tom Lymbery - Notary Public, 250-227-9315, fax 227-9449, 250.227.9448 for Notary Public.

GARAGE/YARD SALE

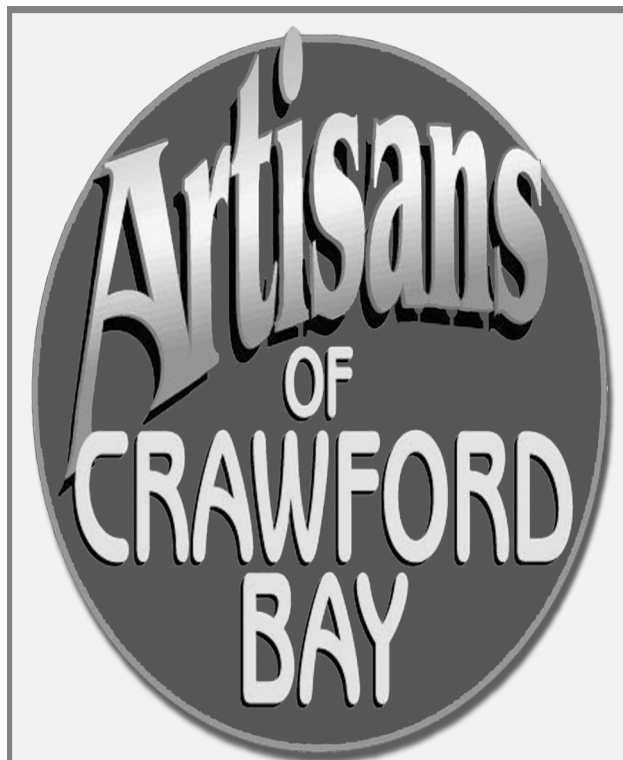
Rudi's Repairs is having a blowout sale of all the tools, parts, motors, compressor, office supplies, furniture, tires and much more. The sale will start August 1st, from 10 - 3 then every Sat and Sun for the rest of August. Everything must go! This sale will be held right above the Riondel Marina in the grey house. More info call Jamie at 250.225.3532.

JOB OPPORTUNITIES

HELP WANTED! Gray Creek local store looking for part-time retail help, please e-mail resume to info@kootenaylakeview.com

NOTICES/EVENTS

Boswell Rural Crime Watch Fundraiser: Aug 16th Boswell Memorial Hall. Supper at 6, bring your favourite salad. Meat and dessert provided. RCMP by S/Sgt. Gollan presentation 7 pm. Live Music by Horizon Ridge. \$10 per person. Tickets at Destiny Bay Store



Meet the wood carver, the weaver, the broom maker, the enamelist, the potter, the blacksmith and more.

*A hotbed of creativity
~open every day*

info: 250.227.9467 or 9655 or 9245

www.artisansofcrawfordbay.com

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Garden & Pet Care
in Creston, BC
250-428-4614

NOW OPEN! We look forward to seeing you.
1628 Canyon St, Creston (right next to 7-eleven)

KOOTENAY LAKE FERRY YEAR ROUND SCHEDULE

Summer Schedule in effect

Vessel Name	Balfour	Terminal	Kootenay Bay	Terminal
	Summer	Winter	Summer	Winter
Osprey 2000	6:30 am	6:30 am	7:10 am	7:10 am
Osprey 2000	8:10 am	8:10 am	9:00 am	9:00 am
Osprey 2000	9:50 am	9:50 am	10:40 am	10:40 am
MV Balfour	10:40 am		11:30 am	
Osprey 2000	11:30 am	11:30 am	12:20 pm	12:20 pm
MV Balfour	12:20 pm		1:10 pm	
Osprey 2000	1:10 pm	1:10 pm	2:00 pm	2:00 pm
MV Balfour	2:00 pm		2:50 pm	
Osprey 2000	2:50 pm	2:50 pm	3:40 pm	3:40 pm
MV Balfour	3:40 pm		4:30 pm	
Osprey 2000	4:30 pm	4:30 pm	5:20 pm	5:20 pm
MV Balfour	5:20 pm		6:10 pm	
Osprey 2000	6:10 pm	6:10 pm	7:00 pm	7:00 pm
Osprey 2000	7:50 pm	7:50 pm	8:40 pm	8:40 pm
Osprey 2000	9:40 pm	9:40 pm	10:20 pm	10:20 pm

BULLETIN BOARD

Community Notices, Thank You's, Not-For-Profit Announcements (all not related to business), Church Calendar & Meeting Places - free on the Bulletin Board.

CHILD HEALTH CLINIC, ADULT IMMUNIZATIONS, PUBLIC HEALTH NURSE

Will be at the East Shore Health Centre monthly.
For information, call Creston Health Unit at 250-428-3873.

EAST SHORE HEALTH CENTRE Call 227-9006

See calendar for doctor days - Doctor hours are from
9:30am to 4:30 pm. Please call 227-9006.
Interior Health Authority, Community Care Nursing
and Home Support Services - 250-352-1433.

PHYSICIAN COVERAGE FOR August 2013

Note: Call to cancel if you can not make your
appointment. We always have a wait list for
patients needing to get an appointment.

Aug 5: Dr. Piver
Aug 6: Dr. Moulson
Aug 7: Dr. Lee
Aug 12: Dr. Lee
Aug 13: Dr Moulson
Aug 14: Dr. Grymonpre
Aug 19: Dr. Grymonpre
Aug 20: Dr. Moulson
Aug 21: Dr Grymonpre
Aug 26: Dr. Grymonpre
Aug 27: Dr. Moulson
Aug 28: Dr Lee

Please Note: Lab hours 7:30 - 10:30 am, Weds
Call to make appointments at 227-9006
on doctor days and Thursday morning.
Tues, Weds & Thurs (8:30 to 12:30)
Phone: 250-227-9006 Fax : 250-227-9017

BOSWELL HALL HAPPENINGS

Yoga: Thursdays, 9:30-11:00 am. Marilyn Arms 250-223-8058
Tone & Trim Fitness: Mondays & Fridays 9am
Darlene Knudson 250-223-8005

BOSWELL HALL SPECIAL EVENTS

- Rural Crime Watch Fundraiser: Sat. Aug.
16th 6:00pm. Contact Herve Blezy 1-250-276-4282
- BADEV Annual Corn Roast @ Conrad's: Sat.
Aug. 31 6:00pm. Contact Rod Stewart 250-223-8089



Nathalie's Produce

Meet you at the Market every

Sunday, 10-2 in Crawford Bay

AUGUST:

Free-stone peaches, blueberries,
peaches & cream corn, nectarines,
sweet & hot peppers, canning tomatoes

Certified Organic & Conventional

nathaliesproduce@yahoo.com

250.509.0373

REMEMBRANCE GARDEN

by Wendy Scott

Midsummer is a good time to take a walk in the
shade and in the Remembrance Garden there's
not only shade, but benches placed under the trees. It is
a quiet and peaceful place to sit for a while.

Two more marble plaques will arrive soon and possibly
a third as well. Take a look as you're wandering
through the summer streets and pathways. There's history
there, thoughts, and memories. If there's someone
you would like to be remembered or a favourite shrub
you might like to plant in a special location - let us
know. Wendy: wmescott@gmail.com - 250-225-3381
Muriel: mcrowe@bluebell.ca 225-225-3570



DELI GROCERIES GAS
LIQUOR AGENCY NATURAL FOODS
FISHING TACKLE WEEKLY SPECIALS

Mon-Sat: 9-7 & Sun: 10-5:30

Starting Sept 1, closing at 6:30 Mon-Thurs

Fri/Sat will remain open until 7pm

and Sunday will be 10-5.

Happy Summer!

Phone: (250) 227 9322 Fax: (250) 227 9417

E-mail: cbm_manager@theeastshore.net

Bottle depot: Sun & Thurs, 10 - 3

After Sept 1, back to Sundays only.

kis Kootenay
Insurance
Services Ltd.

Traveling This Year?



We have annual, single trip, family and
senior's travel insurance policies that can
go where you're going.

Office Hours:

Tues - Fri: 9-5 (closed from 1-2)

Saturday: 8:30 - 12:30

#16030 Hwy 3A, Crawford Bay

Phone: 250.227.9698

CHURCH CALENDAR

RIONDEL COMMUNITY CHURCH

August 2014 SCHEDULE

Aug 3: Canon Jim Hearne, 11am

Aug 10: Rev. Derrick Smith, 11am

Aug 17: Rev Robin Celiz, 3pm

Aug 24: Linda Moreau, 1pm

Aug 31: Brenda Panio, 11am

Please check www.riondel.ca for changes Info at 250-225-3381

CHRIST CHURCH & EAST SHORE CONGREGATIONS

ST. ANSELM'S CHURCH BOSWELL (Anglican)

For information call Christ Church Creston 428-4248

Aug 3: 1:30 - Rev. Derrick Smith

Sept 7: 1:30 - Rev. Robin Ruder Celiz

HARRISON MEM. COMM. CHURCH, ANGLICAN

Crawford Creek Rd., Crawford Bay Everyone Welcome!

Aug 14: 7pm Concert: Jazz Council

Aug 17: 1pm, Rev Robin Ruder Celiz

For information call Karen Gilbert: 227-8914

KOOTENAY LAKE COMMUNITY CHURCH

A Lighthouse on the East Shore

Come & join us Sundays at 10 am.

Coffee fellowship after the service.

16190 Hwy 3A, Crawford Bay 250.227.9444

TEMPLE OF DIVINE LIGHT

Dedicated to all religions. Satsang each evening 8:00 pm.

Everyone welcome - Yasodhara Ashram 227-9224

MOST HOLY REDEEMER CATHOLIC CHURCH, RIONDEL

Reverend Thomas Kakkaniyil Phone: 428-2300 Fax: 428-4811

Sunday Mass at 2:00 pm

1st Sunday of the month, Fellowship Sunday.

THE CHURCH OF JESUS CHRIST

OF LATTER DAY SAINTS

1520 Campbell Avenue, Riondel, B.C.

Meetings begin at 10 am, every Sunday. Info call, 250-227-9522

CHRISTIAN SCIENCE CHURCH SERVICES

Held in the Anglican Church,

8151 Busk Rd, Balfour

Sundays, 9:30 am - All welcome For info, call: 250.229.5237

Next Deadline:

Aug 27, 2014

MEETING PLACES

LIONS CLUB - meets at the Kootenay Lake Community

Church - 16190 Highway 3A, Crawford Bay.

Meeting Times: 7 pm.

Second and Fourth Tuesday of the Month

For More info call Lion Mike Jeffery - 250-227-6807 or Lion David

George at 250-227-9550 or Lion Jim at 250-227-9622.

TOPS - Take Off Pounds Sensibly: meets every Thursday morn-

ing at 8:30 am in the Kootenay Lake Community Church base-

ment. Call Marilyn for more info: 227-9129

PARENT ADVISORY COMMITTEE

(PAC) Meetings held at 7 pm at the Crawford Bay School library

on (usually) the second Monday of the month. (or Tues if Pro-D)

Call Ingrid to be put on the agenda - 250.227.9246

Nov PAC Meeting: No more meetings until Sept 2014

All parents/guardians welcome!

AUGUST 2014

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					1	2
					Rod Black Band, Hub	Rod Black Band, Hub
3	4	5	6	7	8	9
Sunday Market, 10-2, CB Park		Dr. Piver	Dr. Moulson	Gabriel Palatchi, Hub Many Bays Practice, 7pm TOPS, KLCC bsmnt, 8:30am Dr Lee		
10	11	12	13	14	15	16
Sunday Market, 10-2, CB Park		Vet Clinic, CB Motel, #6 Lions Mtng, 7 pm Dr. Lee	Dr. Moulson	Jazz Council, Harrison Church Many Bays Practice, 7pm TOPS, KLCC bsmnt, 8:30am Dr. Grymonpre		
17	18	19	20	21	22	23
Sunday Market, 10-2, CB Park		Dr Grymonpre	Dr. Moulson	Many Bays Practice, 7pm TOPS, KLCC bsmnt, 8:30am Dr. Grymonpre		Gray Creek Rummage Sale, GC Hall, 10-2
24/31	25	26	27	28	29	30
Sunday Market, 10-2, CB Park	Rec 9 Meeting, GC Hall, 9:30 am	Lions Mtng, 7 pm Dr. Grymonpre	Auresia & FLO, Hub Mainstreet Deadline Dr. Moulson	Many Bays Practice, 7pm TOPS, KLCC bsmnt, 8:30am Dr. Lee		



East Shore Learning Hub

Teach · Learn · Connect



Selkirk College

FALL COURSES

Get signed up now! If you are the first person who is registered and paid for a class, your name goes in a draw and every three months someone will win a FREE COURSE (for you or a loved one, some conditions apply)

September 6,7 - Hunter Training The CORE program is required for BC residents aged 14 years and older to obtain a BC Hunting License. Cost is \$125 plus \$30 licensing fee to BC Wildlife Federation. Instructor is Dennis Millan. CB Community Corner

September 25, Oct 2,9 - Digital Music Making with Ben Johnson, Thursdays from 6:30 to 9pm. Cost is \$75 at CBay School.

September 26 - Women's International Food Group - the first of a series where one woman hosts others, cooks a meal and shares the recipe. Cost \$20 (wine optional)

October 4,11 - Digital Photography with John Smith - Saturdays from 1 to 4 pm. Cost is \$80 plus GST. CBay School.

October 6, 13, 20, 27 - Wood Working for Women with Matthew Winger. Cost is \$60 plus materials. CBay School wood lab.

October 9,13,16,20 - Book-Keeping for Small Businesses with Kate Woodhouse from 6 to 9pm, CBay School. Cost is \$160 plus GST

October 17,18,19 - Computer Basics in a Weekend This 20 hour workshop is for everyone who needs a good foundation to use their computer efficiently. Cost is \$250 plus GST. (may be able to get CBT work training funds for this course)

TO REGISTER: call, leave a message with your phone number at 250-227-9218 ext 5518 or email eslearningplace@gmail.com. Registrations can be deposited in the locked black mailbox at the East Shore Learning Hub Place (CBay School corner room). Cheques payable to Selkirk College. All courses at CBay school subject to \$2/day for adult use.

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RDCK TS Hours	1	
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Studio Ponnuki	10	

Transfer Station Hours

CRAWFORD BAY:
Sun, Tues, Thurs
9 am - 3 pm

BOSWELL:
Weds/Sat:
11 - 3 pm

Library Hours:

East Shore Reading Centre:
Tues & Sat: 12-3
Thurs: 7-9 pm
Riondel Library:
Mon: 2-4 pm,
Weds:
6-8 pm
Tues, Thurs, Sat:
10am-12:30pm

ES Health Centre 227-9006

Drug & Alcohol: 353-7691 Child & Youth: 353-7691
Public Health Dental Screening/Counseling: 428-3876
Community Nursing: 352-1433 Hospice: 227-9006 Mammography Screening: 354-6721
Baby Clinics: 428-3873 Physiotherapy: 227-9155 Massage Therapy: 227-6877
For more on facility, call Kathy Smith, 227-9006