

\$2.38
+ GST =
\$2.50

The East Shore Mainstreet

KOOTENAY LAKE BC

Serving the East Shore communities of Boswell, Gray Creek, Crawford Bay, Kootenay/Pilot Bay and Riondel

INIDE:

News, Views,
Reviews,
Hot Topics,
Current Events,
Letters & Ideas

Checkusoutonline!

www.eshore.ca

NYE Theme Party: **1,11**

Reactions to Riondel

Referendum: **2,10**

Job Opportunities: **1,3**

Dec Horoscope: **4**

Bevy of Angels: **4**

Balancing Elements: **5**

Are You Happy?: **6**

CB Hall on Hold: **9**

Greetings/Blessings: **13**

Return
undeliverable items to:

The East Shore
Mainstreet
Box 140, Crawford Bay, BC
VOB 1E0

Agreement#: 40718537

Merry Christmas & Happy New Year, East Shore.
May your blessings abound...

photo by Anne-marie Perciapese



Wanted: Hot Lunch CHEF

Crawford Bay School Parent's Advisory Council (CBESS PAC) is seeking a chef for the school's wonderful, predominantly vegetarian hot lunch program (starting in Jan 2015).

- The applicant requires a knowledge of & interest in flavourful nutritious cooking, Food Safe Certification, & must submit a criminal record check (available through Creston RCMP).
- The ideal candidate will enjoy working amongst children and with teens, be motivated, a love of good food, have good communication skills, an understanding of nutrition & a willingness to work with the Manager/Coordinator, who reports to CBESS PAC Hot Lunch Subcommittee.
- The program has typically been served Monday - Thursday. The chef will be expected to plan menus, prep, cook & serve the food as well as clean the servery in 6 hrs/day, beginning at 8am.

To apply for this sub-contracted job, please send resume by email to:
danagallinger@hotmail.com

or by Canada Post to:
Dana Gallinger, Hot Lunch Subcommittee
Box 100, Kootenay Bay, BC V0B 1X0

Applications are being accepted until Dec19, 2015 with the start date TBA, but likely sometime in January

Hexagon Players Present

NEW YEAR'S EVE PARTY

DRESS TO KILL

costume contest

1940's GANGSTER-THEMED
DANCE PARTY

LIVE MUSIC
DJ DAMARU

DICKS AND DAMES...
PUT ON YOUR DANCING SHOES!

LIVE ENTERTAINMENT
DANCING
GREAT FOOD
THEATRICAL TEASERS

Crawford Bay Hall
December 31st 2014
Door opens at 7:30

Tickets available at
Riondel Market
Crawford Bay Market
Gray Creek Store



MS Issues

by Ingrid Baetzel

Hoping for Heroes or Simply Hosts?

Revised from Dec 2011 MS Issues:

Many of us wait around for someone else to solve our problems. I know I certainly have done this many times before. I have written letters of complaint, criticized the system, and waited until the doctor/dentist/optometrist/vet calls to say it's time that I took care of myself, my children, my pets... I've hated the way things happen and resented how they don't happen. I've thought a million times, "Someone needs to take care of that."

We have elected to live, by choice or neglect, in a hierarchy of rule in our society. We assume all too often that someone else has the answers to our problems, that there is a predicted outcome to a chain of complaint or a request, and that we will be simply given direction if we know how to ask for/demand it. In fact, we assume that most of the power is not ours and that it's easier to blame someone else for the failings that find us all too often.

The assumption often is that someone ELSE has the answers we're looking for, that given proper instructions, we will follow the rules and do what we're told, that high risk requires high control. As situations grow more complex and challenging, the continuing assumption is that power needs to shift to the top (with the leaders who know what to do.) What's wrong with this picture? It seems to me that what we do by assum-

ing that the problem is too great for our comprehension is to relinquish control. Then, as in most situations where we are standing by the roadside watching the world form around us, we have the perfect excuse to be disappointed in the outcome. We weren't part of the process; we missed the discussion.

Now, don't misunderstand me... it is logical and important that people train to be at higher levels of knowledge in certain fields and industries. It is good that we all have varying strengths and capabilities. I wouldn't want to be expected to be the one to fix your television or balance a national budget, but I think sometimes more of us could be in the boardrooms being part of the discussion.

From "Leadership in the Age of Complexity: From Hero to Host," written by Margaret Wheatley and Debbie Frieze: "Leaders...have seen past the negative dynamics of politics and opposition that hierarchy breeds, they've ignored the organizational charts and role descriptions that confine people's potential. Instead, they've become curious. Who's in this organization or community? What skills and capacities might they offer if they were invited into the work as full contributors? What do they know, what insights do they have that might lead to a solution to this problem?"

'Leaders-as-hosts know that people willingly support those things they've played a part in creating—that you can't expect people to 'buy-in' to plans and projects developed elsewhere. Leaders-as-hosts invest in meaningful conversations among people from many parts of the system as the most productive way to engender new insights and possibilities for action.'

I'm grateful for the multitudinous leaders and hosts in this community and for their willingness to step up into discussion. Every day I find myself surrounded by doers and developers, by volunteers extraordinaire and by the potential of an ever-engaging community.

LETTERS TO THE EDITOR

A BREATHLESS AND BLOWN AWAY GOODBYE

Dear Community:

Hello all and here it finally is: we are moving off of the Crawford Bay strip. After 16 exciting years, Breathless and Blown Away Glass are ready to take production home for a well deserved rest and change. We feel more than grateful to have been wholeheartedly supported by so many local individuals in inspiring and real ways. It has been an honor to share energy, business and tourism with you all.

We are trying to keep blowing right up to Christmas. If you see us there, please come and say goodbye.

After St Nicolas day (December 6), we will have beverages and cheap scotch (Tim's words) to share and hope to go out with a party.

*With appreciation,
Marie-Chantal and Tim*

SUCCESS WITH GREAT PERSISTENCE

Dear Editor

I would like to offer my thanks to all who have worked toward the recent referendum for borrowing money to fix the Riondel Community Centre.

The results of the referendum should not be judged as a defeat but as another step in the process of reaching a consensus regarding the building.

The task force and many other Riondel residents put in countless hours of work to get to that point. The effort of getting the facts out to all is daunting and at times feels insurmountable. Their success came only with great persistence

The next step will probably be to form another committee to continue a search for consensus among the property owners about what should be done. New ideas can be looked at or some of the previous ones revisited.

I hope they will be able to work without battling mountains of false information. It is our responsibility, let's find a solution that suits most and isn't a huge financial burden for any.

*Sincerely,
Muriel Crowe, Riondel*

PROUD OF COMMUNITY

Dear Editor:

I was amazed and proud of the community members who risked their lives to help the victims of the plane crash.

I am certain that they are people of outstanding character and on behalf of my family and the people in this community that did not find the time to write this acknowledgement I would like to congratulate them on their bravery.

May God bless you and your families.

Warm Regards, Geri Gomola

THANKS FOR VOTING NO

Dear Editor:

Thank-you to everyone who voted NO in the Riondel referendum.

Unfortunately the building remains open despite health concerns. Consequently, many Riondel taxpayers and residents are unable to access community events and services.

Ultimately, we need to come together to explore reasonable and affordable options. This task is difficult given the Commission of Management and the RDCK including Garry Jackman and the Riondel Task Force continuing to ignore our health concerns.

If mould has the ability to deteriorate a person's health and the Riondel Community Center is full of mould then why is the building still open?

OFFICE DESK

Box 140, Crawford Bay, BC, V0B 1E0

Editor: Ingrid Zaiss Baetzel (since 2002)

Retail Distribution, Subscriptions, Advertising, Layout:

Ingrid Zaiss Baetzel
 (Subscriptions: \$40/year within Canada, \$50 to the US, and \$75 Internationally)
 Phone: 250.227.9246
 Email: mainstreet@theeastshore.net

REPORTING: Galadriel Rael
Email: lagala@theeastshore.net

Proof Editor: Doreen Zaiss
Writers: Community

Article? Letter? Etc? Drop off at Gray Creek Store drop box, mail to Box 140, Crawford Bay, V0B 1E0

or Best Yet, Email to: mainstreet@theeastshore.net

The opinions expressed in this paper are not necessarily the opinions of staff or advertisers. We reserve the right to edit for clarity or brevity and acceptance of submissions is completely at the discretion of the editor.

Copies every issue: 1000

The East Shore Mainstreet is a monthly publication for the benefit of residents of the East Shore of Kootenay Lake, written by community volunteers. Send in January 2015 issue items by:

Next Deadline: Dec 24, 2014

Subscribers: Did you know?

You can buy a one year digital subscription and get your newspaper online, nearly a week before it comes out in stores! Just go to www.eshore.ca and click Subscribe! Then follow the steps to purchasing a digital subscription. A link will be sent to your inbox once a month and your fresh, new Mainstreet is a click away.

The latest Hazmat report confirms mould, asbestos and the buildings structural integrity is questionable.

Still this is where our tax dollars are being spent, the doors remain open and our government continues to ignore our health concerns, seemingly, willful denial for economic stability.

*Sincerely,
Danielle Linn, Riondel.*

Yasodhara Ashram

YOGA RETREAT & STUDY CENTRE

INSPIRED GIFT IDEAS!

This year, shop locally at the Ashram's bookstore for all your holiday gifts. Jewelry, books, cards, scarves, bags, journals and much more! Save up to 40% on select items.

Open Dec 1 - 8 from 8:30 - 12:30pm
 & Dec 12 - 24 from 1:00 - 5:00pm

250.227.9224 yasodhara.org



RDCK Area "A" Update

by Garry Jackman,
Director, Area "A"

STRESS, COMMUNITY AND RESPECT FOR OUR NEIGHBOURS:

First, I wish you all peace of spirit and time for reflection during this holiday season. I hope to relax, visit family and sleep in a few mornings (past 6am). That said, some may find my words below less than appropriate for the 'season' but I feel compelled to express my thoughts around our interactions within community.

Four people in our community may be able to pinpoint the extended, circuitous conversation which precipitated this submission. For the most part I appreciated that conversation and this submission is more about a conversation with leaders in a nearby community just the day before, a conversation on the ferry with a disheartened long time community volunteer the evening before that, the conversations with colleagues earlier that very morning; in fact so many conversations with related themes around community, respect, understanding and stress that I am immersed in these thoughts.

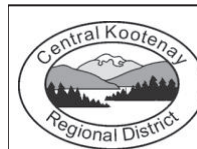
What benefit does stress lend to any of us? There is none. I receive many words of support and for those I thank you. I receive many inciteful messages which I require in order to function (on your behalf) with adequate information. I also receive what I can best

describe as personal attacks or hate mail, with the author making broad assumptions around my knowledge and experiences in life. There is no entitlement for individuals to denigrate or attack others because they have stepped forward to work with and for their community. This applies to elected representatives and most certainly to community volunteers. I have been exposed, over the past three decades, to adversarial attacks and manipulation as part of the multi-million dollar construction industry where at times an individual's drive to maximize personal profit trumps courtesy, respect or other social norms. No, I am not an angel and I recognize some of my clients actually sought me out in hopes that my meticulous (if not, at times, aggressive) nature would play to their economic advantage. Yet confidence should not be mistaken as arrogance, the person who steps forward does not deserve to be a target. Are some pretending to promote justice in the world while actually promoting stress?

I see individuals being rejected, feeling dejected and detaching after stressful rifts over the functions of societies, committees or other local organizations. Change will occur, often without concensus, but those who are replaced should not feel pushed aside. Thank others, even your adversaries, for having the courage to stand and serve their community. Err to the side of generosity of spirit. That is appropriate for this time of year. I thank our community volunteers, past and present.

I have many more thoughts to pass on and recognize this submission will occupy less space than I have been granted in the past, but I will stop here. I ask Ingrid to leave the additional space which she would have otherwise allocated blank. That is perhaps where you can write your reflections on community and your neighbours.

Reflections:



AREA "A" EDC Economic Development Commission

**next application deadline:
February 28, 2015**

A submission can be made at any time -- submit early so we can help you to succeed.

Projects for Area A (East Shore, Riondel to Wynndel) relevant to the promotion of economic development may be eligible for a grant from the Regional District of Central Kootenay. Applicant groups must be a registered society or apply to a registered society to sponsor the application and handle the funds.

For an application form visit the RDCK website or contact:

Lorna Robin, EDC Chair 250-225-3333
lornarobin@bluebell.ca

Approval/funding lag time 6 to 8 weeks

Community Connections (aka South Kootenay Lake Community Services Society, SKLCSS) is a registered society that may be able to sponsor your application.
email skootenaylakecss@gmail.com

visit www.InvestKootenay.com ... over 1000 investors are registered!!... list your business opportunity FREE compliments of EDC-Area A

JOB POSTING

YOUTH PROGRAM COORDINATOR AND FACILITATOR

The East Shore Youth Council (in partnership with Community Connections) is seeking a Program Coordinator to be responsible for the development, implementation, evaluation and supervision of recreational, cultural and social programming, as well as front line facilitation for youth.

The Duties:

- Develop, promote, implement and evaluate recreational, cultural and social programs and special events for youth aged 12-19.
- Administrative/operational duties, fundraising & risk management, supervision of staff & volunteers.
- Help design and implement events in collaboration with youth
- Work with council on furthering their goals and attend council meetings.

The Candidate:

- Characteristics: flexible, fun, responsible, good listener & communicator, respectful, strong leader, able to collaborate, self-directed, team player
- Required: Level 1 First Aid, BC Driver's License, Criminal Record Check, Technology and Social Networking skills.
- Experience with Youth and Program Development are assets

The Position:

- January through June 2015 (possible extension if funding continues).
- Salary \$1000/month
- See full ad at mainstreet.eshore.ca for details

Please submit a cover letter and resume by mail to East Shore Youth Council, Box 275, Crawford Bay, BC V0B1E0 or in .doc or .pdf format to riondelmom@gmail.com

Application deadline is Thursday December 18.

Telling Our Stories

Autobiographical writing

Enjoy writing together and sharing memories and stories.
Free 8-session workshop.

Facilitator: Winnie Fung

Time: Thursdays, 4-6 p.m.
Jan. 8—Feb 26, 2015

Where: Crawford Bay School

To register please call Laverne at
250-227-9218 ext 5518, 250-551-5827 (cell)
or email laverne@theeastshore.net

Brought to you in partnership with the East Shore Learning Hub



With thanks to
CBAL's funders:



RDCK Resource Recovery Facilities HOLIDAY SEASON HOURS OF OPERATION



All Waste Facilities will be **CLOSED** on:
Thursday, December 25, 2014, Friday, December 26, 2014
& Thursday, January 1, 2015.

Facilities that are normally open will **CLOSE** at 2:00 pm on:
Wednesday, December 24, 2014 & Wednesday, December 31, 2014.

Details can be found on our website at <http://www.rdck.ca>

Christmas trees will be accepted at Resource Recovery facilities during December & January.
Residential disposal user fees are
\$2.50 per tree



During the months of December and January residents of the RDCK (non-commercial only please) can drop off strings of old Christmas lights at any waste facility **FREE OF CHARGE**

**For more information contact the
Recycling Council of BC Hotline at 1-800-667-4321 or RDCK at 1-800-268-7325**



December Horoscope

by Michael O'Connor

Tip of the Month:

The final countdown has begun. Whether you refer to the end of the year as leading to Winter Solstice, Christmas,

and New Year's Eve or otherwise, it is fast approaching. Sagittarius is the ninth sign and includes the twelfth month and both signify ending and completion. Astrologically, the big news is Saturn in its final days of its journey through Scorpio that remains in the forefront. Despite a sojourn back into Scorpio from mid-June to mid-September, Saturn will enter Sagittarius on December 23.

Saturn is significant and when it changes signs everyone experiences and feels it somehow. Whether it comes as outer synchronistic events or inner compulsions, it spells change. For some it is simply the next chapter, which is significant in itself. Yet for others, especially those in their late 20's or 50's it marks the Saturn Return.

It is certainly interesting that this 29.5 year cycle parallels the 29.5 year progressed moon cycle. It is especially interesting that Saturn is symbolic of father and the Moon of mother, but sometimes the roles are reversed. In any case, these two cycles constitute a main focus of unfolding themes which can be measured to produce a whole series of episodes and chapters in a person's life. It is not a question of belief or faith, it is measurable and demonstrable.

As one year ends and a new cycle fast approaches and thoughts of next year begin to play on your mind, it could prove very helpful and worthwhile to know more about the cycles of your life to understand and tune-in to the rhythms and probabilities they imply.

Aries (Mar 21 – Apr 20)

A push is on, though late in the year, to learn, to increase, to clear. Replacing the old with the new can have many fronts. It could be possessions or it could be old perceptions, attitudes, attachments, projects, even relationships. It is all in keeping with the cycles of life. The main question is what is the quality of your action, assertive or aggressive? Aim for graceful.

Taurus (Apr 20 – May 21)

Some seeds indicate more sober objectives than others, like now. These are not simply the delight of flowers to bloom. Rather, you want a crop that will bring returns. Yet, while the metaphor may transcend agricultural interests, leaning on other investments, it could literally be plants. Whatever you do, focus to increase your core of creativity and confidence.

Gemini (May 21 – Jun 21)

Your scope and reach of relationships is expanding, perhaps even beyond your expectations or control. Almost as if suddenly, there is more to do that there is you to go around. Will you just let it bounce and roll as you smooth into one visit and event after another or will you be more calculating and intentional? Both ways can work especially well if you are in the spirit.

Cancer (Jun 21 – Jul 22)

The time has come to make a few adjustments and improvements in your usual approach. This is a time of creative expansion which could mean investments. It certainly emphasizes opportunities. The time is right to be alert and to capitalize on deals, steals and giveaways. Long-term thinking and planning remains ideal so act today for a better tomorrow.

Leo (Jul 22 – Aug 23)

Fortune, opportunity and luck if you like to call it that are flowing your way now. Be open to receive graciously.

A new day is dawning and this includes new connections, contacts and communications. A key to your success now is to have fun. Avoid an excessively serious approach. Yet you can focus to capitalize as well so weave business with adventure.

Virgo (Aug 23 – Sep 22)

A series of shifts and changes close to home continue to roll-in. These are leaving clear writings on the wall. Read, heed and direct your plans and attentions to embrace and accept their message. Flexibility is a key to your success now. Positively, these shifts will land you in new territory to cooperate to accept the flow yet with terms that serve you as well.

Libra (Sep 22 – Oct 22)

You are on the eve of a dynamic learning curve. The lessons will be tailored to your needs and circumstances. Yet, they are calling you out to engage more fully with others somehow. Clubs, parties, social engagements and cultural associations of many kinds are possible. Making room for these close to home, is where some of the real work is required.

Scorpio (Oct 22 – Nov 21)

There are times when it is good and we feel moved to take stock of all that we have, like now. There may well be several categories as well. Do a full inventory with a variety of headings. Clear the old to make way for the new and clarify your intentions for the coming year. With a clear sense of what you want and need and don't you will have it all.

Sagittarius (Nov 21 – Dec 21)

Last week's New Moon in your sign is revealing its promise by now. Pay attention to the shifts and changes coming in. They are sending you strong messages. The time is fast approaching for some significant moves and changes. These will unfold over the course of 2015 and will take the better part of the year to unfold. Aim to engage with fortitude and faith.

Capricorn (Dec 21 – Jan 19)

This is a time of stepping back. Work done behind the scenes will prove more satisfying. It does include paying attention to the details. Better yet, time away, an escape for usual routines could prove extras satisfying and healing. While some meditation will satisfy, this cycle asks that you be open to variety to stimulate your brain synapses to activate new circuitry.

Aquarius (Jan 19 – Feb 19)

A whole new vision is dawning in your skies. It speaks of expansion and adventure. Yet you must be willing and flexible. Direct your attention to your habitual comfort zone and focus to loosen its grip. Aim to shake it up and do something new. Sometimes what we seek is very close but we have to look with new eyes and this is one of those times.

Pisces (Feb 19 – Mar 20)

Shifts and changes in your public and professional realms are shaking your world. These could well bring opportunities, if your attitude dial is set right. Focus to act on these quickly and deliberately. First impressions do matter and especially now. Yet do not wait for invitations and approval. Your leadership is shining signaling you to initiate new leads.



Invitation to...
Winter Meditation Retreat
December 18 - 20

Program: Morning yoga, Chi Kung, meditation, Ayurvedic diet & rejuvenation, sound healing with gong and Tibetan bowls

For info & registration call **250.227.9434**

Dedicated to all beings and the light inside us.



thanks for another great season

BLACK · SALT · CAFÉ

see you in the spring

Getting to Know You
Mainstreet's Proust Questionnaire



Ben Johnson

- What is your best memory?**
The birth of my daughter, Indira
- What do you feel that you cannot live without?**
Music. I'm prone to "earworms", little bits of music that play in my mind over and over again.
- What is the trait you most admire in others?**
The fearlessness of doing things you've never done before and creating something new.
- When and where were/are you happiest?**
When playing music!
- Who, living or dead, would you most love to have to yourself for one hour?**
Someone enlightened, like the Buddha or Jesus.. Ideally those two, plus the Prophet Mohammed, over bacon & eggs and coffee. Followed by a jam session.
- What natural talent/skill would you like to be gifted with?**
ESP/the Force
- What is your best physical feature?**
My eyes I suppose; I've got a decent head of hair, too.
- What is your greatest fear?**
Not living up to my potential.
- What was your greatest triumph?**
Creating a family life, growing in Love.
- What was/is your greatest vice?**
Tobacco
- What is your greatest extravagance?**
Musical instruments.. I've been collecting for 15 years.
- What do you dislike most about your appearance?**
My beard is turning white a bit prematurely.. but I'm getting over it.
- If you died and came back as a person or thing, what/who would it be?**
A tree, not sure which kind.. maybe olive.
- What is your most treasured possession?**
My instruments.. the current favourite frequently changes



Hacker's Desk

by Gef Tremblay
Continual Improvement

In this ever increasingly productive and competitive world, it's important to keep on improving and learning. Although there is plenty of literature on how to be more productive, it's seldom mentioned that being good at what you do isn't sustainable if you don't look at other part of your life.

Teaching the basic computer class this last month at the Learning Hub was a really great experience. Sharing knowledge and helping people to get a solid foundation with computers was not only gratifying, it also helped me continue to learn and improve. This continual improvement process is instrumental for my happiness and my health.

Reading an article in the *New Yorker* titled 'Getting better at getting better', I realized how anyone can improve on what they are doing, even professional athletes that have been training for many years. There is a general agreement that getting better at getting better is 99% sweat and 1% genetic. That's inspiring, since I am often lead to believe that if I am not good at something, I might never get better at it. But the more I learn, the more I realize that I can get better at anything I enjoy doing; however, that's only one part of the equation.

This continual improvement is, for me, synonymous with yoga. Now, I am not using the word yoga to describe the physical aspect of yoga, but to describe any practices that help me in my life - from meditation, breathing, reflection, visualization or practicing devotion. For me yoga is actively participating in human evolution and is a foundation to continuing to learn and improve my life.

In my day-to-day work it is simple to measure my improvement; am I able to create a web site or a logo in shorter time? Am I able to produce higher quality design, creatively and more timely? The more I work, the more I learn, the better I get.

In the design industry it's simple to keep on improving as well as expanding your knowledge base. Frank Shimero, a designer who I follow and who inspires me, wrote in one of his last articles how he likes to expand his understanding of design, which resonates with my own understanding.

"The common story says a career narrows as it continues. It simply isn't so. A delta can spring up anywhere."

It's an ever-growing profession and I can keep on learning as long as I want. But learning technical skills is not the only part in bettering myself. This continual improvement in my work and skills is only the tip of the iceberg. Caring only for that part of my life without caring for other parts will create imbalance.

I used to practice meditation for few hours a day, a couple hours in the morning and one hour at night. I would mix these practices with regular hatha and zen meditation at a dojo near where I lived. Sadly, I used all these positives practices as an excuse to eat, drink and party excessively. Although the practices were positives, the balance wasn't really there. That realization made me lessen the practices and redirect my awareness toward my day to day activity.

I find it similar to working a lot, and then somehow rationalizing that it is okay for me to not care for other parts of my life, my emotional self, or my family life.

The old adage of "if it's not broken don't fix it" seems counter productive in a world where you can always better yourself in one way or another. I find this true not only in my professional life but also emotionally and on all level of my reality. If I fail to communicate my emotions while I exceed at programming websites, I do feel there is room for improvement. Balancing all these elements in my life is what requires the most skill. Becoming a master at living is more important for me than attaining any other goal. The fine balance between work, play, relationship and communication is the real yoga, the real challenge.

In order to be a good designer, I have to keep in mind that every part of my life has to be balanced. By design, if I can get better at being a father, a partner, a yogi, I'll also be able to become a good designer. From the designer perspective, it would be a huge oversight to not keep a holistic view of evolution.

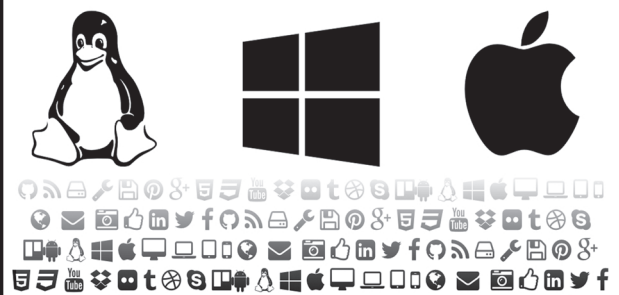
**EAST SHORE
TECH SUPPORT**

Riondel - Crawford Bay - Gray Creek - Boswell

computer, laptop, ipad, iphone
MAC+WINDOWS+LINUX
network, internet, upgrades, repairs

☎ 1.877.782.2843

✉ help@ponnuki.net



Hearty Soups for the Soul

Too sick or tired to cook?

- Healthy and Delicious Vegetarian Soups
- \$2.50 per 500-750 ml container
- Frozen ready to reheat
- Offered by the Riondel Seniors Association
- Made by the Crawford Bay Hot Lunch program
- Pickup or can deliver in special cases
- Call Rhonda 250-225-3384 or
- Email: boorman27@gmail.com

Before Sunnywoods

submitted by Laverne Booth

A number of good discussions were held over the past six months regarding a community bid to purchase Sunnywoods, manage the existing business and include community members in increased local food production. Unfortunately, a team of people committed to make this happen did not materialize at this time.

I got a couple of impressions out of the discussions that I would like to share. Firstly, we haven't done a land inventory yet. **We don't know who has land they want to farm, who needs people to work their land, who is planning to do food businesses, if there is crown land that could be farmed.** We just don't know. So, although we know there is a market for local fresh food (restaurants, visitors, retail outlets, coop, Ashram), we don't know who wants to meet this market and how. **We do know that we could use a commercial kitchen in the Gray Creek/Crawford Bay area, but we don't know how many people have food products that they want to develop.**

Secondly, we know there are local people who have money invested in the stock market and "ethical" funds, who would rather invest in the community, if there is a way to do that safely. We need a community investment vehicle that could safeguard people's money (perhaps with the Credit Union backing it up) and yet have the money supporting community efforts. I would love to figure this out having been involved in the Circle of Habondia Lending Society for many years where people put their money in a credit union in term deposits- they got the interest- and Habondia got to lend out the money to low income women. It worked great, as long as there were supports built in. That was what I learned as a board member over years, people want to invest in the community.

So, the conversation continues. Everyone I talked to expressed hope that our community could take on a social enterprise business such as Sunnywoods that would benefit in particular young people who want to live and work here. The Rural Development Institute and Selkirk College are mapping our rural land and food potential. Garry Jackman is on the advisory board, and keeping us informed- maybe we can map that land and our potential. The economics of it, I love to discuss. If you like to talk about this and maybe take some action, please give me a call 250-551-5827.

Many thanks to Nick and Jenny who are the owners of Sunnywoods. They put up with a number of tours of people, and all with great patience. They come from an entrepreneurial cooperative background and would like to see their business go in that direction. All the best to them.

CRESTON VETERINARY CLINIC

Dr. Robert McLeod,
Dr. John Pfeffer & Dr. Emma Davis
1(250)428-9494

Mobile veterinary clinic available in Crawford Bay. Please call Creston Veterinary Clinic to book appointment & for more details.



NEW LOCATION! We will now be doing clinics at the Crawford Bay Motel, Unit 6...

Mobile Clinic Dates:
January 13 and February 10 at the Crawford Bay Motel.

WE'RE TAKING NOTE...

(If you ask us, your happiness counts.)



We're surveying Yahk to Riondel
December 1st - 12th, 2014

WWW.COMMUNITYFUND.CA
CRESTON & DISTRICT COMMUNITY DIRECTED FUND

Happy and Well from Yahk to Riondel Creston & District joins international movement to enhance quality of life

by Creston & District Community Directed Funds Committee

Los Angeles, Dubai, and Seattle are doing it. Victoria, too. The whole state of Vermont does it. In England it is national policy. Bhutan is a leader - they have been doing it for more than 30 years. And beginning this year Creston and district will be joining in: engaging residents in measuring well-being to get a real picture of local quality of life.

During the first two weeks of December, people from Yahk to Riondel will have the chance to fill out a simple 10-15 minute survey about their own well-being. The survey will be available online and for pick up in a paper format at locations around the district. It will ask questions about health, time balance, job satisfaction, community vitality, social supports, and other themes.

Completing the survey online will give you your own "happiness score" back immediately. You will even be able to compare your results to global scores, because the local effort is part of an international well-being project. So far, 38,000 people around the world have taken the survey. Taking part is an easy way to help paint an honest picture of local and global quality of life. By the end of our survey, we should know how our own community is doing in different domains of well-being and how we stack up to other parts of the world.

In fact, taking part in this project puts our district at the leading edge of an international trend. There is a growing understanding that material and economic gains do not necessarily lead to improvements in people's quality of life. This realization is causing individuals, families, organizations, and even governments to rethink how they approach progress. The shift is away from goals like high income and indicators like "gross national product" to goals like overall life satisfaction and efforts to actually measure "gross national happiness."

When you fill out the survey you give your unique perspective on what it means to live in our area. The (totally anonymous) information you share will help to answer questions like: In what ways are residents thriving? Where are improvements most needed? What groups are missing out on the benefits of living here? **Just how happy are we?**

While the word "happiness" might not suggest scientific rigour, a look at the 2013 World Happiness Report shows how serious this work can be. The report was produced for the United Nations with support from

groups like the Center for Economic Performance, Columbia University, and the Canadian Institute for Advanced Research. It gives a good sense of how data about people's subjective well-being can guide policy-making, programming, and funding decisions.

The local survey is being led by the Creston & District Community Directed Funds Committee. It is part of a planning process to help the group decide on the best ways to make use of potential Columbia Basin Trust funding. "It has been quite a while since we have made an effort to take stock of community wellbeing," says Committee member, Greg Blackwell, who is also the Administrator of Community Connections on the East Shore. "I see tremendous value in assessing community needs and strengths in this way. We will gain a better sense of how to improve quality of life at the regional level. At the same time, groups like Community Connections will gain insight at the local level, and the more people take part locally, the more value there will be to local initiatives."

Hugh Grant, Chair of the Committee, adds that there is another layer of potential value, "We hope that this work will help to put our district on the map as a place concerned with ensuring good quality of life for everyone."

To make sure that your voice is counted, take the survey at www.communityfund.ca. If you have questions or ideas about the project, contact the coordinator, Laura Hannant at lh@kes.bc.ca or call 250-428-5655.

kis Kootenay Insurance Services Ltd.

Winter is on the Way.

2 Things

before you go...

1. Talk to us about a travel insurance policy.
2. Don't forget your toothbrush.



Office Hours:

Tues - Fri: 9-5 (closed from 1-2)
Saturday: 8:30 - 12:30

#16030 Hwy 3A, Crawford Bay
Phone: 250.227.9698



Community Connections December Already!

November was a busy month with several community projects winding up and outlined in last month's article. Also, in previous articles we talked about Community Connection's initiative to run an Invest Kootenay (IK) Promotion project for the east shore. This project ran from May to November (summer off) and I'd like to thank Branca Lewandowski who was the Project Lead for all her work. As a result, we have introduced IK to a number of businesses and a number of realtors operating on the east shore. We have increased the number of east shore listings on the IK website and there are still a few to add as we wrap things up. Check out the IK website at www.investkootenay.com. A final project report was reviewed at the RDCK/Economic Development Commission meeting Nov 10th and we have been invited to attend an IK meeting in Nelson in December where we will review our findings and a number of recommendations.

An exciting new project which Community Connections is sponsoring is one among several the Kootenay Lake Green Boating Society (KLSB www.KLSB.org) has undertaken since inception in 2011. KLSB's goals are:

- Work towards making all of Kootenay Lake a federally designated 'no discharge' zone
- Promote desirable recreational experiences that are safe and sustainable
- Increase public awareness of boat and marine industry environmental impacts
- Market the Kootenay Lake as a 'best practices' use area

Work towards becoming a recognized representative of the boating community

In October, with the support of Area D, KLSB applied for and obtained a \$10,000 Community Works grant to install the first Kootenay Lake marine pump-out station at Woodbury Resort. This grant was supported by a 2012 feasibility study led by Lois Wakelin (KLSB founder) and could see as many as five or more pump-out locations on Kootenay Lake.

We are also pleased to sponsor Kindermusik with Ellie Reynolds, now in its second year and going strong in its new location at Community Corner. Every Monday at 11am, parents and children from 0-5 years meet for music and movement activities that strengthen and develop children's minds, bodies and spirits, and nourish the parent-child bond through stimulating and musically rich play. Thanks to a generous grant from RDCK/AreaA/Rec 9, we are able to provide a nutritious lunch to participating families after the class, and allow bursaries to families who would otherwise struggle to afford to participate. New families are always welcome, email kindermusikwithellie1@gmail.com.

On November 24 we kicked-off the Community Connections Organizational Development & Growth project with a half day planning session of the CC

Board facilitated by Alicia Pace who is a local consultant with background and experience in this kind of development. This effort is expected to take many months in order to gather information, research other organizations, collaborate on common ideas, engage groups and individuals on the east shore and elsewhere, explore potential partnerships and additional funding, and implement action plans. We will continue to report on our progress as we go forward. If you have ideas about what we can or should provide to the community or business please pass them along.

Community Connections annually receives almost two-thirds of its funding support from the RDCK/Economic Development Commission for Area A. We are pleased to report that after a detailed review of our activities, finances, and results, the EDC has once again agreed to support us for the coming year. We thank the EDC for their continued support which enables us to provide our services in support of business development and community activities on the east shore.

The Community Directed Fund Initiative (Yahk-Creston-Riondel) has been highlighted in several different ways over the last year. Garry Jackman, Paris Marshall Smith, and I from the East Shore are on the

12 person Steering Committee looking at how we can take advantage of Columbia Basin Trust's offer to provide major funding to our region over the next three years. The next step in the process is to take the many reports and ideas put forward in the last number of years and drive towards areas of focus and action important to our region. To do this we are launching the "Better Life Project" for our Yahk-Creston-Riondel region. We encourage everyone to take a look at the article and advertisement in this issue of *Mainstreet* and participate.

Lastly, I had the pleasure of attending the Boswell Memorial Hall AGM on November 20. There was a large group in attendance and a great meeting and fantastic dinner was had by all! Many groups from fitness, quilting, and vintners clubs to building improvements, and crime watch reported on the past year's activity and plans ahead. This represents a tremendous amount of work done by many volunteers. I would like to commend them for their friendliness and welcoming style, organization and contribution to the community, and taking a leadership role in areas like health care on behalf of the entire East Shore.

To contact Community Connections www.connections.ca or please call or email our Administrator Greg Blackwell at 250-227-9218x5505 or cell 250-509-0751, at skootenaylakeccs@gmail.com or gblackwell@theeastshore.net, or drop by our office 1-4pm Wednesdays at Crawford Bay School.



Hidden Taxes

by David George
Milking the Cash Cow, Part 4

The BC Lottery Corporation

Many years ago, the only lottery one could usually find in Canada was the Irish Sweepstakes. Founded in the 1930s, and technically illegal but tolerated in this country, it raised much-needed money for the Irish hospitals until it ended in 1986. There is now a twice-weekly Irish national lottery rather similar to our own lotteries in BC.

Irish Sweeps tickets were, as I remember from when they were flogged to us in the government office I worked in around 1970, \$15 and there was no guarantee that you would win anything unless your ticket was drawn on a horse. Then it suddenly became worth a lot on the secondary market. Still, only a few people got rich, as only the three horses which came in for win, place, and show in the actual race paid the few winning ticket holders thousands. Ancient history, now...

The BC Lottery Corporation was formed in 1984, just about when the Irish Sweepstakes was winding down, and is directly responsible to the minister of finance.

Today the BCLC boasts that it puts about \$1 billion back into this province, in what is really only definable as a voluntary tax, principally paid by the poor. Across Canada, this voluntary tax is said to put \$15 billions into the Canadian economy.

"A billion here, a billion there...pretty soon it adds up to real money."

Looking at the BCLC's annual report and executive compensation figures, there are, thankfully, no bloated BC Ferries-style salaries or bonuses. The CEO earns, after taking into account all bonuses and pension amounts, just about \$500,000 per year. The next four executives are listed as receiving around \$300,000 each. Not really extravagant in today's world.

Total revenue for year ending this past March 31st was about \$2.8 billion. Total prizes given out were \$665 millions, and after various employee costs and other expenses, net income, which supposedly went to benefit all of us in this province, was \$1.1 billion. A similar amount is projected for next year. Most of this goes into that bottomless pit called general revenue.

Five thousand communities in BC have received grants from BCLC profits. A provincial health special account received \$147 millions.

The annual report also states that BCLC has no long term debt, nor any retained earnings.


If you insist on gambling, facilities overseen by the BCLC are probably safe places to do so.

Still, I call to mind my first childhood friend, who not only does not gamble, but will not enter casinos, even though her husband does sometimes spend a very few dollars in such places. He has relatives in Las Vegas, and my friend used to know all the free places one could go in that town without actually being in a casino. They presently live in Connecticut, less than an hour away from the Foxwoods Casino. Foxwoods is run by the Mashantucket-Pequot tribe, which the early white settlers almost massacred to extinction. Now they are getting their revenge...


This column concludes the series about Milking the Cash Cow in British Columbia.

As this year ends, I will take a few more lines to wish everyone a happy holiday season, whether you observe the Winter Solstice, Hanukkah, Christmas, Kwanzaa, New Years, Hogmanay, or any other winter holiday. Have a good one!

December 2014 *Mainstreet* 7



East Shore Learning Hub
Teach · Learn · Connect



Selkirk College

CLASSES BEFORE CHRISTMAS!

- **PSYCHOLOGY for Fun** with Matt Winger: Mondays from 7 to 8:30 pm. CBay School, Selkirk College Learning Hub. \$20/drop in class. **Dec 1, 8, 15**
- **Emergency First Aid w/ CPR-C & AED.** \$109 plus manual (recert is \$52) **One day, TBA.**
- **Chainsaw Safety and Maintenance** Three hour (uncertified). **TBA.**
- **With enough interest** we can run **Avalanche Skills Training** and/or **Safe Snowmobiling**

Call to express interest or register:
250-227-9218 ext 5518
Or leave message at 250-551-5827
Email: eslearningplace@gmail.com

Next Deadline: Dec 24

www.eshore.ca

mainstreet@theeastshore.net

Challenges & Successes ESIS Board Update

by Michelle Moss

It's been another busy month... with many challenges and successes.

The good news: There has been some forward movement with service problems on Riondel Road. The ESIS crew installed another access point across the lake south of Ainsworth, which has solved the connectivity problems for some, and improved service for others. A micro distribution link has also proven successful in connecting members with no line of site, to those with good line of site. More micro distribution is planned for those still experiencing problems. Also, the access point at Mermaid Lodge in Ainsworth was moved so there is now less lake reflection, which has improved service for some.

A challenge: As most of us know, there was a power failure due to a tree or two falling on the tower we share with KCR (co-op radio) on the 25th causing a massive internet service interruption. Plans are in the works to get a transfer switch on the generator, which will then automatically kick in with the occurrence of any future power failures.

In October, Columbia Basin Broadband Corporation (CBBC) issued a 'Request For Expression of Interest' to internet service providers in rural and remote areas in the Columbia Basin. The objective was to determine interest in collaborating with Basin stakeholders on a joint submission to Industry Canada for the multi-million dollar federal funding available under the Connecting Canadians Program. ESIS is responding with a clear interest level and is excited about the opportunity this presents in advancing the service and technology to our subscribers and network. We are moving forward with the CBBC plan to help improve our network, which could provide as much as a 5Mbps connection for subscribers. This will give us more capacity for less cost, and make it so we are not exclusively reliant on TELUS.

The questionnaire we sent out earlier this year has finally been compiled. The board will get together in the next month and have a look at the answers, gather information and undoubtedly have a better understanding of the needs and concerns of our membership as a result. Thanks to everyone who participated!

ESIS Operations Update

by Bob Carter,
ESIS Operations Manager

Columbia Basin Broadband Corporation Fibre Network Project: Over the last week or so you may have noticed a crew working along the side of the highway between the Barefoot Weavers and the Crawford Bay Inn.

This is work being done towards Columbia Basin Broadband Corporation's (CBBC) new regional owned and operated fibre optic data network. Their fibre optic network, which uses laser light to send large volumes of data great distances, needs sites to re-energize the laser signal so it can be transmitted along the next leg of its journey. I have been working with Columbia Basin Trust (CBT) and the CBBC for the last few years to negotiate and secure Crawford Bay as a laser regeneration site for CBBC's fibre optic network, so we as a community may have access to this revolutionary new communications opportunity, and we are now seeing the results of that effort.

Subcontractors have been trenching fibre optic cable conduit into the ground, installing vaults and putting in poles so CBBC's fibre optic cable signals can be regenerated here as they pass through Crawford Bay.

When completed, what does this mean for us as a community? With CBBC's signal regeneration equipment located here we will have access to an advanced, regionally owned 'Open Access' network that is capable of moving data and providing affordable access to the Internet at levels far beyond what has been previously available to us. We will be working with a telecommunications partner that is located in the region, and has the best interests and well-being of Columbia Basin residents at heart, and want to support our growth and development. Over the next year and going forward this will mean increased levels of connectivity for Central Kootenay Lake residents, businesses, organizations and visitors. The potential and impact of this development is so revolutionary it will only be fully appreciated and realized over time, but it is not overreaching to say it represents our telecommunications future for years to come.

New Equipment Upgrades: Over the summer and fall, the operations team has been working very hard to achieve the goals set out in upgrading connectivity to local subscribers. This has been quite a process, deploying new radio equipment in our very challenging environment.

While we spread our resources around to a few identified 'most-in-need' areas, we focused a lot of time on the Riondel Road area, which had some of the most affected non-line-of-sight 'Internet delivery through the forest' issues on our network.

We were met with several complications during that effort, not only with non-line-of-sight but also near-line-of-sight upgrades from interference and other issues. Ainsworth, where Riondel Road subscribers receive their connectivity, proved an increasingly complex radio and physical environment to broadcast from, with several new competing radios transmitting in the area and our signals bouncing off the surface of Kootenay Lake and creating 'self-interference.'

The operations team worked hard and consistently to identify and overcome these obstacles. This had the impact of slowing development elsewhere, but it was important to resolve these technical problems so as to not replicate them.

I'm happy to say that we have made great strides in resolving the issues affecting radio upgrades to subscribers receiving service from our Ainsworth based access point radios. This includes Riondel Road, Pilot Bay Road and Ainsworth area subscribers. Not every

issue has been resolved, but recent work appears to have dealt with the majority of the issues affecting connectivity for these subscribers.

A sampling of progress made on other fronts:

- We have upgraded several of the links between our tower sites to higher capacity radios and continue to do so.
- Upgrading our underlying network architecture to increase sophistication, efficiency, security and overall performance.
- Continued developed our team's skills and best practices procedures.
- Working with CBT and CBBC in partnership to advance our network and prospects going forward
- Working with Kaslo InfoNet and other regional community Internet Service Providers to learn and grow together.

References:

CBBC: Fibre Optics - https://en.wikipedia.org/wiki/Fiber-optic_communication
Columbia Basin Broadband Corporation - <http://cbt.org/Initiatives/Broadband/>



Fishing Derby Cancelled – Extreme Decline in Fish

by Robert Di Pietro
(www.ctrcanadaderby.com)

The Kootenay Lake BC Family Day Fishing Derby 2015 has been CANCELLED due to an extreme decline in fish stock.

After much discussion we, as concerned anglers, have had to make the very difficult decision to postpone the Kootenay Lake BC Family Day Fishing Derby 2015 until at least 2016.

As many of you are aware, for the last few years fishing on Kootenay Lake has been getting progressively worse to a point that now you are lucky if you can catch a fish over three pounds that is not full of worms. How did it get this far?

Last January there was a lot of talk about the IHN virus found in the Kokanee and Jeff Burrows, Senior Fish Biologist for the Kootenays (250-354-6928), claimed, "That sort of scenario will sort itself out over time". Wow, let's hope he's right! Now the lake is practically empty of anglers and fish, a real blow to our economy. The results from our 2014 survey estimate that close to half a million dollars was spent over a three-day period from our derby alone.

We understand that Fisheries might be posting a new document explaining some of the reasons for the collapse. Hopefully this will happen and it will shed some light on the situation.

Next Deadline: Dec 24
www.eshore.ca

Barefoot Handweaving



Christmas colour!
Winter sales ...

OPEN everyday 10-5 AT LEAST 227-9655

Riondel Community Potluck



Christmas Dinner
and Many Bays Band Concert

Monday, December 15

@ Riondel Community Centre

Music at 5:30pm - Dinner at 6pm

Admission: a side dish,

dessert, or donation

Call 250-225-3268 for info



First Responder Program Expanded

A Great Big Thank You to Creston Kootenay Foundation, Columbia Basin Trust and Regional District of Central Kootenay

by Rod Stewart and Gary Hill

In the past year, the East Shore Health Society (ESHS) embarked on a project to study the shortage of health services on the East Shore of Kootenay Lake, from Riondel to Kuskanook. One of the concerns was the shortage of First Responder 3's (FR3's) and how we might expand the successful FR3 program of the Boswell and District Emergency Volunteers (BADEV). Since 1980, BADEV has successfully been providing care and comfort to victims of accidents and illnesses while waiting for the arrival of an ambulance.

At the ESHS October 9, 2013 meeting, a sub-committee consisting of Rod Stewart, Tom Wishart and Gary Hill was established to set some procedures to see if this was possible. Our plan was to find some funds to enable the training of new FR3's (\$3000) and to equip each of them with an emergency bag (\$1200) plus an automated external defibrillator (AED) (\$1800) and an oxygen tank (\$45).

This was an expensive project to embark upon. In January 2014, 12 volunteers from all along the East Shore, including Riondel, Pilot Bay, Kootenay Bay, Crawford Bay, Gray Creek and Boswell, received in-depth training from BADEV's Patty Thygesen and Rod Stewart. The ESHS and BADEV sincerely thank Garry Jackman, Director of Area A of RDCK, for providing \$3000 RDCK Discretionary Grant to help offset the costs of this training.

As soon as these 12 individuals passed their test to become official FR3's, we had to begin securing funds to equip each new FR3 with an equipment bag, an AED and an oxygen tank. The Riondel Volunteer Fire Department and BADEV were able to cover part of the costs, but most of the equipment we were able to purchase because of grants from the Creston Kootenay Foundation (CKF), the Columbia Basin Trust Community Initiatives Program (CBT CIP) and the Columbia Basin Trust Community Development Program (CBT CDP).

The ESHS and BADEV wish to thank these organizations for their generous support, a total of \$21,585:

- RDCK - \$3000
- Creston Kootenay Foundation - \$3200
- CBT Commtly Initiatives Program - \$5385
- CBT Comm. Dvlpmnt Program - \$10,000

Thanks to the RDCK, the CKF, and the CBT, the entire East Shore now has FR3's to treat and comfort victims of accidents and illnesses while waiting for an ambulance.

This is just a start. FR3's need to be recertified every three years and equipment needs to be replaced as it is used up. Each community will need to consider future fund-raising to keep their FR3's trained and equipped. Also, each community needs to recruit new volunteers to help spread the load. BADEV's next training session will be in 2016. Search your community for possible candidates. Send Rod Stewart rod.jean@telus.net the name of anyone willing to become an FR3 for 2016 training.

Crawford Bay & District Hall & Parks Association

President's Report to AGM, 2014

by John Edwards

The past year has been one of status quo for all of our facilities. We had some big plans to totally renovate the exterior of the hall and I spent a lot of time last winter putting in a grant application to Canada Works, a federal fund administered by the RDCK, for funding to improve the energy efficiency by insulating and installing new windows and doors. They got back to me quite quickly and informed me that our current lease with School District 8, which had three years left to run, was too short for a grant to be awarded, and that we had to have a least a five-year lease in place, preferably ten years, to qualify.

I was dismayed, to say the least, and immediately fired off letters to the School District requesting that they extend our lease to between five and ten years, and do so as quickly as possible so that we'd have time to get the grant application in, approved and still be able to renovate in 2014. This turned out to be a naive request.

The school board does not believe in moving quickly and they didn't. By May we'd received nothing but a letter saying that they would refer the request to a committee and could expect to hear from them shortly. We didn't.

In June I went up to Kaslo and addressed the school board at a meeting they were having there, outlining again our situation and requesting help with a longer lease or approval to buy the land outright. They thanked me for the presentation and assured me they'd discuss our request and get right back to me. They didn't.

In spite of many questioning emails throughout the summer I got nothing in the way of a response. Finally, in September, I received an email advising that the matter had been referred to their Operations Manager, Larry Brown, for investigation of the possibilities of subdividing the land. No further word until two weeks ago, when another email arrived saying exactly the same thing, and that they expected to have some information for us on the matter shortly. I'm not holding my breath as I wait for this communication, but don't see what more we can do but wait.

If they do decide to subdivide the land and sell or give us a portion, that process itself could take a very long time. Meanwhile we can get no grants from Canada Works. There is a possibility that we could get a grant from Columbia Basin Trust, but they would have preferred to come in after the Canada Works grant had been given, ensuring that the hall was going to get all of the renovation funds that it needed.

If you're bored by this long-winded account of our lack of progress on hall renovations, please consider how bored we've all been as we waited for action from School District 8.

The good news is that we do have funds set aside for part of the renovations, when we get a chance to do them. More good news – the School Board's Facilities Committee will be meeting right here in Crawford Bay at the new school at 6:30 on Monday Dec.8. What a great opportunity to come out and show your support for transferring this important property over to the

community, once and for ever! The more support that we can demonstrate – the better our chances of making it happen.

Meanwhile, our elderly hall looks dilapidated and depressed as it sits and dreams of new siding or paint, new windows and doors, and lots of insulation.

Maybe next year.

On the positive side, our hall has had great use this month as the base of operations and classroom for the Safety in Resource Industries training course put on by Selkirk College and funded by the Federal Government, that sees about 20 local participants receiving training in first aid, chain-saw work, safe RV handling, GPS navigation, and many other useful skills. Big thanks to Laverne Booth for making this happen.

Crawford Bay Park is looking very good, and had excellent usage in the past year, with all of the regular events going off successfully, including Starbelly Jam, Gut Buster comedy festival, King o' The Balls soccer tournament, and Community Markets.

Sunday Soccer ran from April through October and the tennis courts also had a busy year.

The Community Corner building had good usage and adds a nice touch to that corner of the park, sitting so prettily under the cedar tree. It seems to fill a number of community needs, from small meeting space to yoga hall - even as a very small concert space.

A project that was planned for this year was to block off the interior of the park to vehicle access but, due to high water on the beach access road, YRB never did get the time to move the concrete barriers that were donated by Kokanee Springs, and so it will have to be moved to next year's list.

The sugar maples that were planted a year and a half ago at the back of the park to block the view of

the new RV Park are growing well, and already looked very beautiful this fall when they turned colour.

The Kootenay Bay boat launch had another very busy year, and people actually donated fairly well, thanks to Ben and Jeannie Lahnemann, who went down there several times and put notes on parked vehicles windshields, reminding them that a donation is expected when launching. No big changes are needed for that facility it seems.

In all, a non-exciting year for the community facilities that we manage, but we look forward to bigger things in 2015.

A big thanks, as usual, to our bookings manager, Kathy Donnison, for doing such a conscientious job of riding herd on all of the events and ensuring our buildings survive.

Thanks also to the people who took the time to serve on our board of directors – Gina Medhurst, Helene Carter, Marion Johnston, Doug Stokes, Nick Hodgekinson, and David Wells.

(All of these directors, plus myself, have agreed to stay on for another year, and were re-elected by acclamation at the AGM.)

On behalf of our board, "Thanks!" to all of the community volunteers that help keep our hall, park, and boat launch to be the thriving public facilities that benefit so many.



Massage Therapy
Harreson Tanner, RMT
Over 30 years clinical experience



* Knowledgeable * Skilled * Experienced
 For appointments, call 227-6877/505-6166

Next Deadline: Dec 24
www.eshore.ca
mainstreet@theeastshore.net

Task Force Reality

by Shirley Wyngaard (Past Chair of Task Force Committee)

The vision statement still stands before the community:

“Riondel will have a safe and healthy facility which will meet and nurture changing community programs and activities in an affordable, efficient, cost effective manner for the long term.”

A huge thank you to all the volunteers and contributors as well as the critics. You were and continue to be essential to the process of achieving the “vision”.

The two years spent on work toward achieving the vision has moved us ahead:

- Community members are now taking the vision seriously.
- They have a lot more information BUT also a great deal of “misinformation”
- We never paid the capital cost of our facilities. They were gifted, and now we are faced with the inevitable demolition and/or replacement costs.
- The reality of costs leads to more seriously facing the reality of downsizing and the need for sharing space and efficiency. The plan/space presented for the referendum cost calculation is a 60% reduction in the existing facility.
- There are very valuable findings that evolved through the needs assessment and feasibility process, stated in the Task Force reports, which still stand and are essential to moving forward successfully.

I will not restate these findings but rather state what I see as the barriers and the additional needs to be met in order for the community to move forward effectively. The referendum did not pass and indeed I voted against it.

I share the following observations & concerns:

1. A big factor in the vote was the sharing of costs... increase in taxation relates to property value. I would agree that there is a point at which this becomes disproportionate to the value gained. Legalities dictate process options which make this impossible to resolve to everyone’s satisfaction.

2. There was mistrust of the figures presented for the concepts considered. There was lack of faith about the way the figures were established. There were inconsistencies and inaccurate assumptions as exemplified in the demolition figures. The only semblance of clarity was obtained from Garry Jackman.

3. There is need for facts stating in writing with absolute clarity and validation:

- (Riondel Community Centre, Rec Centre & “Old Clinic)
- Who owns each of our public buildings?
- Who owns the land they stand on?
- Who has authority over the above and what are the conditions and process if any?
- Who has the responsibility of the above and under what conditions?

A huge amount of time was and is spent on these topics ...with little satisfaction. Why not have it on an information sheet?

Then the following information is required:

- What is the current structural condition of each of the above?
- What are the operating and maintenance costs? Demolition and disposal costs?
- What are the revenues?

With this, informed discussions can take place and plans developed.

I strongly feel that a 2 year, 5 year and 10 year plan for all the public facilities needs to be developed. They are interdependent and the resources of the community are spent on them. They are presently our liability rather than our assets.

There is a lack of trust of the “RDCK”...the yet to be completed water project, and inconsistencies in

information and actions feed this perception.

Our community governance is in crisis mode and likely in a state of change. There is a general belief that our governance model is based on “crisis management”. The community needs to become proactive and do serious strategic planning in order to gain power over its affairs.

We are a very heterogeneous community and all views need consideration but the “good of all” needs to prevail to be a community.

Need help with your business? Have a business idea to explore?

Community Futures is your small business expert.

We offer business loans, business management workshops, business library & more. Unemployed? Ask about the self-employment program.



Call Alison Bjorkman at 250-428-6356 to book a free appointment in Crawford Bay... www.futures.bc.ca

Growing communities one idea at a time.

The PAC Box

Your Parent Advisory Council is working hard as a liaison between school and families and would like to take a moment to let you know about what’s going on...

PAC MEETING: December PAC Meeting is on December 9 at the CBESS middle room (computer lab). All parents/guardians are welcome and are voting members. Join us!

GROCERY GIFT CARDS: The grocery gift card fundraiser is on-going throughout the year. For November & December, proceeds go towards elementary music and the Hot Lunch Program. Call the school for more info: 250.227.9218 and place your orders for the December round by December 7th.

Riondel Community Directory

by Fran O’Rourke

Are you an individual or do you own a company that will provide services in Riondel? Here is an advertising opportunity waiting for you.

The Riondel Age Friendly Community Committee is putting together a directory that, with help from a Columbia Basin Trust Community Initiatives grant, will be published in the spring. The directory will serve a dual purpose: as a welcome gift to newcomers, providing information on how to access vital services – health care, banking, etc. – and social / recreational opportunities, and as a service to current residents to provide a handy resource of available services. In this age of cell phones and web pages, the yellow pages don’t cut it any more.

Part one is essentially complete. We would like to make part two as complete as possible. Do you provide housekeeping services, yard care, tree removal, computer assistance, accounting/ bookkeeping, personal care? Are you willing to bring this service to Riondel residents? This is an excellent advertising opportunity. We are asking for a minimal contribution toward printing costs so we can accommodate everyone who wants to be included, but you will look a long way to find a better bang for your advertising buck.

Contact 250-225-3268 for information. We will need your information by the end of January if you want to be included.

Birth Announcement



Isabella Jewel Turlock

Brandon Turlock and Jakua Jewel Jordan are delighted to announce the birth of their beautiful and healthy daughter Isabella Jewel Turlock. Isabella was born on Saturday November 8 at 8:57pm and weighed 7 pounds 4 oz.

Birth Announcement



Juniper Luna Leishman

John Leishman, Maria Latouf and Nestah Ash are so happy to announce the birth of Juniper Luna Leishman. Juniper was brought beautifully into the world at home in Kootenay Bay at 7:44 pm on November 29, 2014, weighing a healthy 7 pounds 11.5 oz. The family is overjoyed with their new bundle of love!

Next Deadline:

Dec 24, 2014

mainstreet@

theeastshore.net

www.eshore.ca

250.227.9246

Kootenay Lake Art Connection 2014 Final Report

by Geri Gomola

As I am tidying up loose ends from the 2014 Art Connection I am hoping that everyone will peruse the Kootenay Lake Art Connection Facebook site that will stay open all year round. The site features member's works and interests. We try and keep the postings light and related to artists and members art while also featuring photos of the beauty of the area that can be an inspiration to so many of us. Business interests and events in the area are always welcome. Politics and negative vibes are discouraged so please save those for your personal sites. The site is refreshing and positive and sometime humorous. Please like us.

There is always room for new venues with great wall space to show off our 2015 artist's work.

The final meeting of the year was held at Emerald East Cliff in Gray Creek and the new co-ordinators for next year will be Lillianne Dejonge and Ashley Pompeau. The area representatives for next year are Val van der Poel for Wynndel Karen Arrowsmith for Boswell, Geri Gomola for Gray Creek, Donna Robertson for Crawford Bay, and Lillian Dejonge for Riondel. Dena Kubota will be in charge of the brochure and Geri Gomola in charge of advertising

The first \$200 gift voucher 2014 was won by Maria Theresa Farese of Red Deer and second by Mary Ward of Proctor. They chose gifts made at Barefoot Hand weaving, The North Woven Broom Company as well as Kootenay Forge. The community representatives decided that next year the first draw will be for a painting in any of our galleries or venues and the second draw will be for any artisan or artist work created by a member of the Art Connection. Anyone visiting 12 venues will be eligible. If your name isn't picked for the painting in the August 1 draw your name will still be eligible for the end of the season draw in September. We hope this will encourage people to visit more galleries and venues in all the communities along the lake. Memberships will be sent out earlier this year so that we can take advantage of more advertising opportunities.

A special thanks to all the venues, galleries and all the artists and artisans that helped make 2014 a special year. A special thanks to Nancy Galloway and Dena Kubota for their help with the brochure this past year and to Warren Clark for creating a fantastic brochure again this year.

A special thanks to our sponsors, without them we would not be able to operate. RDCK, Columbia Basin Trust Company, Nelson and District Credit Union and Greg Blackwell with Community Connections.

If you are interested in being a member or a volunteer next year please call your area representative for a membership form.

At this time, on behalf of all the members and artists I would like to wish everyone very Merry Xmas and a Happy New Year.

Prickly Pig Allied Arts Club

by Geri Gomola

We have had the Gray Creek Hall booked for the last two months of October and November and a few people have been interested in painting and quilting during this period.

I myself with a few fellow artists have found that I could bring my paintings and be busy from 11 am until 4pm, creating some work without having to worry about what household business I was leaving behind.

It would be awesome if more people wanted to join us. We are keeping it going for the month of December except for Xmas day of course.

The idea is that from 11-4pm on Thursdays the hall will be open to anyone in the area to work on their special project. We are working on getting better lighting. I do bring a spot light but you might want to bring your own as the lighting is not the greatest.

There is a kitchen for warming your food and refreshments. The hall heats up nicely after the first half hour. The lake is beautiful of course and inspiring. You do have to walk up the road for cell service or you can forget about the world and immerse yourself in your painting or creation. The Gray Creek Store is a minutes walk away too. Everyone sets themselves up and cleans up after themselves. Tables and chairs are there so just bring what you need to create. There is no fee. If you know someone who would benefit from a creative outing and companionship such as this let them know that everyone is welcome. Bring your patching or beading, quilting project or handmade Xmas gift. For more information please call Geri at 250 227-9085. I hope to see you there.

Next Deadline: Dec 24

www.eshore.ca

mainstreet@theeastshore.net

Art in the Library and Chamber

by Val van der Poel

With the wonderful fall weather we have been having it is hard to believe that Christmas is just around the corner. Now we have to think about Christmas shopping and trying to figure out what to buy the various people on our lists. I hope you will THINK ART this year and give a gift that will last a lifetime. Stop by the Creston Public Library and the Chamber of Commerce to see the new art displays and pick out something different for your loved ones. Of course, even if you are not planning to buy art, I hope you will stop by both venues to see the wonderful array of art on display.

The Art in the Chamber display "In Time for Christmas" features 11 artists and offers a wide range of gift possibilities: fabulous photographs from Howard Smith, exciting mixed media art from Shelly Lamb, the charming art of Marion Evans, the exquisite oils of Jenny Steenkamp, the sometimes quirky but always accomplished art of Ashley Pompu, the fun and vibrant fabric art of Emmie Roelosfe, Kurtis Ladner's acrylics of country living, Dora O'Brien's lovely and utilitarian pottery, and the variety pack of art from Val van der Poel. In addition to these familiar names there are two exhibitors new to the display at the Visitor Centre. Charlotte Erlandsson from the Eastshore will be displaying

Dicks and dames, put on your dancing shoes!

The Hexagon Players present: 'KILL ME, DEADLY' NEW YEARS EVE PARTY!

A 1940's gangster-themed dance and theatre party at the Crawford Bay Hall

by Lea Belcourt



In celebration of our upcoming play, **Kill Me, Deadly** (to be performed Jan. 22 - 24) we are planning a grand, all-ages New Years Eve Bash. This is not a fundraiser so much as it is a FUN raiser and a chance for the Hexagon Players to deliver a message that we have a vibrant and active theatre culture happening

on the East Shore that we'd like to share and invite our community to take part in as much as possible. It is also a chance for us to stir up some publicity for our upcoming play and to invite community to bond over the concept of **Kill Me, Deadly** for an action packed evening that will include live music, dancing, theatrical teasers, casino games, film noir, and a "Dress to Kill" costume contest!

Where: Crawford Bay Hall

When: Wed., Dec 31 - doors open at 7:30pm.

Tickets: Crawford Bay Market, Riondel Market, Gray Creek Store

Details: This is an all-ages event. Dressing up for our 1940's gangster theme is highly encouraged. Drinks and snacks will be available. This is a chance for you to bust our some partner dance moves if you wish. If you'd like to learn some swing dancing before the event, there are many tutorial videos available to view through YouTube.

Here is a link to get you started on learning the Lindy Hop: www.youtube.com/watch?v=91zYXDbdasU

Let's have some fun, folks!

some of her unusual art and Kim Cook from Creston will be exhibiting her strong pieces done in acrylics. I can't wait to see all the new paintings and other art these talented artists will be displaying! The Art in the Chamber exhibit starts on November 3 and ends on December 31 so you will have lots of time to see it and pick out that special gift.

The Art in the Library features the members of the Creston Art Club. I can't begin to tell you about the art that will be on display but it is sure to be colourful, vibrant, subtle, fun, detailed, abstract and so many other things. Most of the art on display will be for sale and can be purchased by contacting the artists. The Art in the Library display starts on November 1 and ends on January 3. Please stop in and check out the display.

These community art displays are sponsored by the Community of Creston Arts Council, the Creston Public Library and the Creston Valley Chamber of Commerce and Visitor Center to enable artists from Yahk to Riondel to share their art with the community. The displays are a wonderful opportunity for locals and visitors to see the wonderful art and talent of local artists and we hope everyone will stop in and see the fabulous art.

I am getting ready to put out a "Call for Artists" for next year's community art displays so, if you are an artist or if you know one who is not on my list please get in touch with me - Val van der Poel at 866-5772.

December 2014 *Mainstreet* 11

Telling Our Stories

Autobiographical writing

Enjoy writing together and sharing memories and stories.
Free 8-session workshop.

Facilitator: Winnie Fung

Time: Thursdays, 4-6 p.m.

Jan. 8—Feb 26, 2015

Where: Crawford Bay School

To register please call Laverne at

250-227-9218 ext 5518, 250-551-5827 (cell)

or email laverne@theeastshore.net

Brought to you in partnership with the East Shore Learning Hub



With thanks to
CBAL's funders:



Construction/Contractors/Trades Corner

Turlock Electrical Contracting Ltd.

Your Local Electricians
Commercial, Residential
Over 15 Years Local Experience

- New Construction
- Additions & Renovations
- Service Panel Upgrades
- Electric Heating Systems
- Money-Saving LED Lighting
- Service Calls

Ph: 250.2279688 Cell: (250) 551-4671
turlockelectric@shaw.ca



**Juergen Baetzel
-Builder-**

Over 16 years in residential construction & renovation

- Great hourly rates & reliable, strong work ethic
- Framing, drywall, siding, flooring, finish carpentry, tile setting, & more...

Call 250.227.9246 or 250.551.7697
baetzels@theeastshore.net



CUSTOM HOMEBUILDING
DESIGN SERVICES
REMODELING

**HULLAND & LARSEN
CONSTRUCTION LTD**
www.hullandandlarsenconstruction.com
(250) 551-2915 or (250) 505-3570
contact@hullandandlarsen.com Licensed and Insured
Serving the communities of Kootenay Lake.

GRS CONTRACTING
SINCE 1980

Glenn Strom
Aaron Strom
Box 101, Crawford Bay BC V0B 1E0
Phone/Fax 250-227-9679

- Excavating
- Logging
- Road Building
- Gravel
- Rock Hammer

grscontracting@gmail.com
Cell: (250) 505-3075 or 505-3117

All specs of gravel & drain rock
Discounts for entire job.

Refrigeration
Air Conditioning
Heat Pumps
Refrigeration
Air Conditioning
Heat Pumps
Refrigeration
Air Conditioning
Heat Pumps
Refrigeration

FRIDGEWORKS

REFRIGERATION
AIR CONDITIONING
HEAT PUMPS

fridgeworkscooling.com
250.505.5892

East Shore Internet Society
High-Speed Internet

250-505-4089
info@esis.theeastshore.ca
esis.theeastshore.ca

Central Kootenay Lake's community non-profit ISP

Kate Page, Proprietress
Book ahead: 250.505.6950

**SAPPHIRE
HAIR
SALON**

16210 Hwy 3A, Crawford Bay
UNIT NINE

**EAST SHORE
CHRISTMAS FOOD
HAMPER DAY**

--WEDNESDAY, DECEMBER 17TH, 2014--

Please drop off Non-Perishable items
or Cash Donations at Local Grocery
Stores or the Credit Union

If you or a friend need a Food Hamper
please contact Gina Medhurst at
(250) 227-6896 by November 17th, 2014

Thank you for all the support in
making these Christmas Food
Hampers Possible!

There will also be a couple of great fundraising
events, as well as other donation opportunities
around your community.

PicCollAGE

**RIONDEL
MARKET**

Hunting and Fishing Licences
Groceries - Liquor Outlet
Fresh Baking - Ice Cream
Bait - Fishing Tackle
Post Office - Videos
Camping Supplies
Ice - Fireworks
Winter Hours
Mon. - Sat. 9am to 6:30pm
Sun. 10am to 5pm
250-225-3214

THE HISTORIC
**GRAY CREEK
STORE**
EST. 1913

General Store

Woodstoves & Fireplaces	Housewares
Lumber & Building Materials	Paint & Supplies
Chimney & Stove Pipe	Electrical
Plumbing	Key Cutting
Work Clothing & Safety Gear	Marine
Nickel Candy & Fireworks	Tools & Hardware
Fishing & Hunting Licenses	Camping Gear/Tarps
Gardening Tools & Supplies	Bear Bangers/Spray
Gloves/Rubber Boots/Flip Flops	Fishing Gear/Tackle
Groceries	Propane & Acetylene
Wide Selection of Axes/Handles	Kootenay Lake
BC History Books	Nautical Charts
Rope & Chain	A Friendly Smile and a Great Cup of Coffee!

**YOUR GREAT STOCK-
ING STUFFER STORE!!**

**JB FIELDS BELOW 30
SOCKS & STANFIELDS
PERFECT FOR THE
FERRY NO IDLE ZONE!**

**MERRY CHRISTMAS & BEST OF HEALTH
AND HAPPINESS IN THE NEW YEAR!**

250-227-9315 graycreekstore.com
Hours: Mon-Sat 9-5:30 & Sun 10-5

MICHELLE MUNGALL
M.A. M.Ed. M.S.W. C.O.C.

This Holiday Season
**Shop Local
Shop Kootenay**

A Strong Voice
Standing Up For You
www.michellemungall.ca

**Christmas Eve
Candlelight Service**

Koot Lake Comm Church, Wadds Road & Hwy. 3A
December 24 - 6pm

Hear the
Christmas Story
Sing some
Christmas Carols
All are welcome...



Christmas 2014



~Blessings & Greetings~

Wishing all the parents, teachers, community members and local businesses that support the **Hot Lunch Program** a very Merry Christmas. Best wishes to you all for this holiday season and a happy new year.

At this gentle season, may you find time to enjoy life's simple blessings and the beauty of each quiet moment. Season greetings from Susan, Julie, Karol, Barb and Johanna at **Nelson and District Credit Union, East Shore Branch**.

Wishing you all a Merry Christmas and Happy New Year from the **Gray Creek Store** - Tom & Sharon, Dave & Kris, Chandler, Christy, Rose, Deb, Dan, Lon, James, Ryan, Vern, & Daniel!

Many warm wishes to our community this year! Thank you for your support this year and we look forward to forging ahead in 2015 with you! The Forging Elves at **Kootenay Forge**

Peace, love & much merriment and blessings of the season from the crew at **Black Salt Café**.

Merry Christmas and best wishes to all for a happy and healthy New Year. From all of us at the **Crawford Bay Market**.

Time to celebrate the light as it returns. "Listen to the voice of nature, for it holds treasures for you" (Quote from Huron tribe). Happy Solstice from **Guiding Hands Recreation Society, aka Tipi Camp** family. With gratitude for the infinite support.

We are wishing you a healthy and happy New Year from **Emerald East Cliff Gallery and Geri Gomola**. Gallery located in Gray Creek at 14361 Hwy 3A open by request this Xmas season. Gift items include jewellery, paintings and sculptural Raku. 250-227-9085 or 250-777-1479

May songs of joy fill your home with warmth and your heart with happiness this season. From the **Starbelly Jam Society**

Happy holidays and best wishes for a wonderful new year. **Hulland & Larsen Construction Ltd.**

Love, Hope, Peace and Joy! This is my Christmas Wish List for the East Shore and the world. Merry Christmas from Val van der Poel at **Mellowood Studio & Art Gallery, Wynndel**

Western Pacific Marine Ltd. wishes our ferry passengers a safe and happy holiday season.

Wishing everyone a wealth of health and stocking full of happiness - **Do-reen Zaiss**

Merry Christmas and a very Happy New Year! May the New Year bring you good health and much happiness, from the **Kootenay Lake Lions Club**

Merry Christmas and Happy New Year from **Kootenay Lake Community Church**.

The **Kootenay Lake Chamber of Commerce** sends warm wishes for the holidays. Thank you for the local business and here's to a thriving 2015!

Thank you to everyone who supported us throughout the year. We look forward to serving you in 2015. Merry Christmas, happy holidays, season's greetings and joy to the world. Happy New Year to you and your family from **Newkeys** - Gerry, Chelsey, Shannon, Matt, Helder and Pam.

Merry Christmas and a Happy New Year from the crew at **The Lakeview**.

A very merry Christmas and enjoyable holidays to all families and community on the East Shore from the staff at **Crawford Bay School**.

Wishing everyone a blessed Christmas and may the year of 2015 be filled with gratitude, and a deep connection to spirit. In appreciation for the friendships and love we share in this amazing community. **Harreson and Blanche Tanner**

It is Christmas in the heart that puts Christmas in the air." ~W.T. Ellis. Wishing you a heart-felt Christmas! - from Lorna and Helene, **FireWorks Copper and Glass**

Wishing everyone in the community a warm home through the winter and countless little joys. Anna Rose of **East Shore Physiotherapy**

Warm colourful wishes for the holidays, thanks for the local support! **Barefoot Handweaving**.

Joy and peace to all this holiday season and for all of 2015 for all of us at **Riondel Market**.

Wishing you and yours a very happy holiday season and all the best in 2015! **Lenora Trenaman, School Trustee**.

Sending a chorus of good cheer to our faithful audience - **The Hexagon Players**



*DELI MEATS/CHEESES *GROCERIES
*GAS *LIQUOR AGENCY
*NATURAL FOODS *FISHING TACKLE

Come in from the cold and check out our selection of Christmas treats...

Winter Hours:
Mon-Sat: 9-6 Sun: 10-5
BOTTLE DEPOT: SUNDAYS ONLY, 10-3

Phone: (250) 227-9322
Fax: (250) 227-9417
Email: cbm_manager@theeastshore.net



Weekly raffles for gift certificates!
Ongoing Fall Sale!

Mon -Sat 8:30 -7, Sun 10-6

Grocery * Gas * Liquor * Postal Outlet * Videos
20 min. south of ferry, East Shore Kootenay Lake, Gray Creek
1.877.227.9311 or 250.227.9367
kootenaylakeview.com

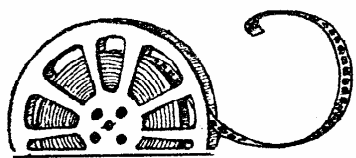
Nelson & District CREDIT UNION >>> Logically. Locally.

Get our new Mobile App. It's banking evolved.

www.nelsoncu.com/MobileApp

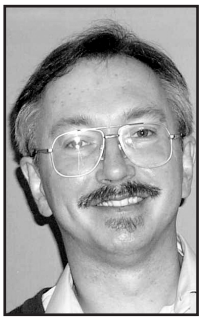
Download on the App Store GET IT ON Google play





Seldom Scene

by Gerald Panio



Although I usually look at films as works of art, I occasionally come across one that's better seen as a set of object lessons. I'm not saying Howard Hawks' *To Have and To Have Not* (1944) couldn't handle the artistic approach, but it seems that no matter how much critics & fans genuinely enjoy the film their reviews invariably toss in some comment to the effect that "it's no *Casablanca*." The comparison (and the diss) is legitimate; *Casablanca* is the gold standard for stories about cynical American expatriates hanging out in seedy bars and having doomed romantic relationships, and neither Hawks nor his writers were ashamed of stealing more plot points from *Casablanca* than they took from the Ernest Hemingway novel they were adapting. Crassly commercial? You betcha. An insult to literature? Not this time. Object Lesson #1: Books aren't sacred. Especially bad ones.

Hawks pegged *To Have and To Have Not* as Hemingway's worst novel. He won't get any argument from me. Does anybody need a faithful film version of a nihilistic novel where the protagonist, Harry Morgan, first loses his arm, then his boat, gets his boon companion killed, and then dies slowly after being gutshot in a shootout that everyone mistakenly thinks was just a heist gone sour. If you're a sucker for that kind of self-flagellation, seek counselling now.

Director Hawks' comments on the book were made to Hemingway's face, during what I'm sure was one of those truly mano-a-mano colloquies involving significant quantities of booze. He did have a bigger point to make, though. At this point in his career Hawks had already demonstrated that he could make successful films in any genre he put his hand to. He told Hemingway he could easily take the worst piece of crap he'd written and turn into a good film. Ernest was intrigued. Hawks got the screen rights to *To Have and Have Not*.

Hawks hired veteran screenwriter Jules Furthman (who by 1944 had a 100 films on his resume) and Hollywood dabbler William Faulkner (who'd written a dozen screenplays). We'll never know exactly who did what to the novel (Hawks himself wasn't shy about throwing in ideas during filming) but the end result made Hemingway comment somewhat bemusedly, "You kept the title?" The little tweaks to the original plot? The setting was switched from Key Largo and contemporary Cuba to the island of Martinique shortly after the fall of France to the Nazis. The plot picked up some Nazis and their Martiniquais quislings. Harry's devoted, long-suffering wife was gone, replaced by two hot young chicks, one a former pin-up girl turned actress, the other a fashion model. A *Casablanca*-style bar made its appearance out of nowhere, along with a cool in-house piano player (an excellent Hoagy Carmichael) who was guaranteed a couple of solid musical numbers with his equally cool band. The

sleazy American tourist who rips Harry off by doing a bunk (in the book) gets to be collateral damage in a vicious shootout between Nazis and French Resistance fighters. Harry's drunken buddy, Eddie, is still a drunk in the movie, but now he's played for bathos & pathos by veteran actor Walter Brennan, and instead of getting machine-gunned and tossed overboard like so much garbage rides off into the sunset with his boss. Lastly, instead of the sadistic Hemingway denouement that would have made Shakespeare wince even after *Lear* and *Hamlet*, Harry and his woman live to fight another glorious day. Somebody's got to be a hero, after all.

All of this rewriting might have been just so much hokum—proof that there's no making of a silk purse out of a sow's ear—if it hadn't been for Object Lesson #2: Let the casting make up for any weaknesses in the story.



Hawks immediately grabbed Humphrey Bogart for the lead role. Hawks knew that no one could play a tough-but-heroic American loner better than Bogart. Harry Morgan, loser-in-the-book, becomes Harry Morgan, super-cool-and-open-to-love-

dude-that-you-don't-mess-around-with in the movie. Ironman for the low-tech 1940s. For Bogart's love interest, Howard Hawks' first impulse was to go with pouty-lipped pin-up girl Dolores Moran. If that name doesn't ring any bells, it's because of Object Lesson #3: Getting in the way of Star Power is very bad for your career. With Bogart to lean on, Dolores probably would have done just fine in her supporting lead role. The girl does have sex appeal. Co-starring with Bogart might have been an important step for her towards landing more solid roles.

Unfortunately, fate played the kind of cruel trick on her that would have fitted in well with Hemingway's original plot line.

Just as he was about to start production of the film Howard Hawks spotted a photo of 19-year-old Lauren Bacall on the cover of a fashion magazine. On a whim, aware that she'd never done any professional acting, he called her in for casting. Something obviously clicked. Suddenly there was a new part for Marie Browning, a desperate young American runaway stranded in Martinique.



It became immediately obvious to Hawks, to Bogart and to the writers

that Bacall was incandescent with Star Power. She effortlessly held her own with her veteran co-star. She delivered killer lines and killer looks. Poor Dolores Moran's role was written down to a secondary plot line about Harry rescuing a couple of resistance fighters from German clutches. Ms. Moran got to make a play for Bogart, but it was like sarsaparilla after champagne. She would never recover from hitting the Bacall iceberg. In a final cruel twist, she also gave Lauren Bacall the opportunity for one of her best lines ever. Ms. Moran faints as she watches Bogie dig a bullet out of her wimpy partner; as Bogart's carrying her limp-but-still-seductive body next door to put her down on a couch, Bacall comes down the stairs and watches the scene. With razor-sharp eyes and razor-sharp wit, noticing that he's holding onto that body just a little longer than necessary to be a good Samaritan, Bacall says, "Are you trying to guess her weight?" Her

delivery is perfect, and I think it's one of the smartest lines in the delicious history of film noir.

It didn't help Dolores Moran's case that Humphrey Bogart and Lauren Bacall were also falling in love during the making of *To Have and To Have Not*. Surely some of the extraordinary quality of their onscreen time together comes not just from watching two great actors at work, but from actually witnessing them begin a passionate love affair that would keep the two of them together for the rest of Bogart's life. Dolores wound up having an affair with Hawks, but there was no magic there.

There is, however, an amazing little sidebar story to Dolores Moran's life. In 1968 she received, out of the blue, a \$300,000 inheritance. It was from a man who'd met her once, in 1941, when she was 15 and working as a car hop in a drive-in. She'd bought him a cup of coffee. He never saw her again, never tried to contact her. That this apricot grower and confirmed bachelor remembered her for the rest of his life proves that she, too, must have had a bit of Star Power. Who knows what might have happened had Hawks never seen that photo of Bacall? Perhaps Ms. Moran could have turned the tables on Hemingway, daring him to make this strange case of unrequited love into a great short story.



The East Shore MAINSTREET

Contact: Ingrid Zaiss-Baetzel

Phone: 250-227-9246 Fax: 250-227-9264

Box 140, Crawford Bay, B.C. VOB 1E0

E-mail: mainstreet@theeastshore.net

** ADVERTISING RATES

\$35.00 - 3^{1/4}" wide by 1^{3/4}" high

\$40.00 - 3^{1/4}" wide by 2^{1/2}" high

\$45.00 - 3^{1/4}" wide by 3^{1/4}" high

\$50.00 - 3^{1/4}" wide by 4" high

\$55.00 - 3^{1/4}" wide by 4^{1/2}" high

or 6^{3/4}" wide by 2^{1/4}" high

\$65.00 - 3^{1/4}" wide by 6" high

or 6^{3/4}" wide by 3" high

\$85.00 - 3^{1/4}" high by 9" high

or 6^{3/4}" wide by 4^{1/2}" high

\$100.00 - 3^{1/4}" wide by 10^{3/8}" tall

\$130.00 (quarter page) 5^{1/4}" wide by 7^{1/2}" tall

\$150.00 (third page) - 6^{3/4}" wide by 7^{1/2}" high

or 3^{1/4}" wide by 14^{1/2}" tall or 10^{3/8}" wide by 4^{1/2}" tall

\$225.00 (half page) - 10^{3/8}" wide by 7^{1/2}" tall

\$400.00 (full page) - 10^{3/8}" wide by 14^{1/2}" tall

Sample Sizes - more sizes available.

Column Width: 3^{1/4} inches - double column width:

6^{3/4} inches - full width: 10^{3/8} inches

Services Directory: \$5/month, up to 3 lines.

Classified Ads: \$5/first 30 words,

10¢/word after the initial 30.

** 30% MORE FOR COLOUR ADS**

Winter - time of rejuvenation and inner lights

Meditation Retreat on December 18 -20

by Zora Doval

Winter is a time of the year when we can finally relax from the multifaceted activities of the summer and fall and delve deeply into our innermost being. In most spiritual traditions winter is considered the best time for self-reflection and introspection. As the season progresses towards the solstice and there is less and less external light, many people feel depressed as if their life energy were dwindling. There is also greater incidence of diseases.

In Ayurvedic medicine it is believed that we should undergo a cleanse in fall (during the junction of the seasons) to enjoy good health during the winter. If we purify our excesses in fall then in winter we can tonify and rejuvenate our physical body. It means that we can enjoy a heavier, more grounding diet comprised of meat, honey, whole grains, bread, root vegetables, oil, clarified butter, beans, even small amounts of wine. This is also the perfect time for taking strong tonics and tinctures to tonify our organs. It is good to have some time alone, away from family and mundane responsibilities. In short, winter is the best time to take a retreat, preferably in silence, away from the buzz of modern day life.....

In the strong spiritual traditions of dzogchen, tantra and shugendo it is customary for practitioners to undergo dark retreats where they meditate from several days to several weeks in total darkness, receiving simple food once a day in order to access the "inner light"that light that our Spirit shines through the subtle opening in the crown of the head down into our body. That inner luminosity that the Bible calls "the light which shines in the darkness but the world sees it not". Those who re-connect with their Spirit and its luminosity are then called "illuminated" or "enlightened", human beings living in the light of the Spirit.

The enlightenment is not something that comes easily and/or to everyone. All spiritual traditions tend to agree that the path to enlightenment is long and steep, requiring courage and perseverance. Yet all scriptures also agree that all of us have a divine nature and are capable of evolution. The Buddhist tradition teaches that we all have a Buddha nature; however, we might need to remind ourselves of this fact, again and again....until this Buddha nature becomes our own "true nature". To this effect most traditions recommend meditation/contemplation as our best tool.

Meditation is a very pleasant and bliss inducing activity, that re-wires our nervous system, brings closure to our emotional turmoils. There are as many styles of it as are car models on the market. There are some types that give better results than others, some are safer to use, others more on edge. The tantric teachings maintain that each individual should find a type of meditation that is suitable for his/her particular temperament. It makes no sense to practice the type of meditation that 1. only gives you pain 2. bores you terribly 3. does not give good results 4. does not ignite your spark. Meditation is very natural to children and some of the highest meditation techniques in the dzogchen tradition resemble child's activities more than any serious meditation technique. Tantric teachers insist that, contrary to popular belief, meditation could and should 1. be a fun and interesting activity 2. bringing an end to bodily/emotional pain 3. ignite sparks of passion and creativity 4. giving good results in all areas of life.

True to a yearly tradition, there will be a 3- day meditation retreat offered in my Crawford Bay House, Dec 17 - 20, focused on re- vitalization and rejuvenation practices of Ayurveda and meditation practices of Vipassana and Vajrayana. There will be a daily ses-

sion of Chi kung and Hatha yoga to promote bodily health. Each day will end with a sound healing session (using a planetary gong, Tibetan singing bowls, crystal bowls and rainsticks) to promote meditation and personal healing. These sessions will be facilitated by Mrs. Theresa Lee and myself. We will eat very wholesome food of the Ayurvedic cuisine and some topics of the ancient science of rejuvenation will be covered.

Everyone is welcome as this is a non-sectarian event. Because of space limitation, if you consider participating, please call early to book your spot. For more info about details, call Zora at 250.227.9434.

Invitation to...

Winter Meditation Retreat December 18 - 20

Program: Morning yoga, Chi Kung, meditation, Ayurvedic diet & rejuvenation, sound healing with gong and Tibetan bowls

For info & registration call 250.227.9434

Dedicated to all beings and the light inside us.



EAST SHORE PHYSIOTHERAPY



Anna Rose
BScPT

- Full Assessments
- Home Programs
- Gentle Treatments

Health Center, Crawford Bay

(250) 227-9155



ANYONE HOME?

by Tom Lymbery

Professional Forester Mike Gareau who lays out roads and cutblocks for Atco Forest Products of Fruitvale found this bear den in mid October this year, before cold drives bears into their 5 month hibernation.

When cubs are born in late January or February they weigh less than one pound but with the rich mothers milk they will be 5 pounds or more when they emerge from the den in late April for their mom to feed on skunk cabbages an other early spring vegetation.

MIKE GAREAU, who provided the BEAR DEN PHOTO

by Tom Lymbery

Mike grew up in Toronto speaking French. After graduating in his chosen work as a professional forester, he worked for some time in Northern Ontario. When he moved west to BC he found employment at A tco Wood Products Ltd in Fruitvale. Atco produces primarily fir and larch veneer that is shipped to other plants that process this into plywood – a much more durable product than the cheaper OSB (Oriented Strand Board that is made of poplar)

His job is both physically and mentally demanding as he has to plan where the future cutblocks will be and design roads with reasonable corners and grades. Any creeks that may have fish are required to have bridges constructed, as fish cannot easily navigate culverts. There are no trails to follow so Mike's projects require that he claws his way through the Kootenay's thick bush, balancing on logs to cross ravines and creeks. Much of this is done through winters so a snowmobile and snowshoes are necessities. This is not recreational snowmobiling but a necessary part of the job, and since the machine can only go so far, donning snowshoes that give him *mal de raquette* (snowshoe sickness) as climbing and forcing your way through the tangle is so hard on the feet (and on the snowshoes).

All this has to be done with grades and measurements in mind at all times, so GPS is a great help. More assistance comes from his ever faithful German shepherd *Allie* who has saved Mike's life several times from aggressive moose. However Ally refuses to ride on the snowmobile and now that she is eight years old running along is too much for her so she has to be left behind on snow machine days.

The project satisfaction comes from designing a workplace in which the loggers can perform their jobs without hazard and the truck drivers can load and haul the timber down safe grades and viable corners. There is less and less wood left behind though some is necessary to prevent erosion and provide future topsoil. All material possible is chipped for the pulp mill and bark becomes mulch. Atco replants all sites the same year as the logging is done to keep future timber coming.

Mike is married to Lorena Lymbery who grew up on the lake attending Gray Creek and Crawford Bay Schools before qualifying as a chartered accountant. Tom and Sharon are proud of Mike, Lorena and their grandson Adam who you may have met working at the store in the summers. Mike's hobby is making wine that he processes from grapes (and wins prizes at our Fall Fair).

**Next Deadline:
Dec. 24/2014**

**Try www.eshore.ca
The Mainstreet's
website...**

mainstreet@theeastshore.net

Merry Christmas!



Tom's Corner

by Tom Lymbery

Home for Christmas in 1950

December 20, 1950 was a momentous day for Roland Trenaman of Lockhart Creek, between Gray Creek and Boswell. He was attending the University of BC and was on his way home for Christmas, travelling by Greyhound. The Courier 500 buses built in Winnipeg were rear-engined coaches that handled the roads of that era extremely well, considering that this was before sanding and salting of the slippery BC highways.

An alternative to Greyhound was the CPR's Kettle Valley coal-burning steam train service from Vancouver through to the Kootenays, but this was more expensive and did not serve the East Shore. Because of the holiday season this was a triple header, meaning there were three coaches, and Rolly and fellow university students were on the third bus. The driver was on the spare board, meaning that he was not a regular driver but rather took what runs became available.

As such he was not as experienced or as familiar with the route as the operators of the two coaches that he was following. Highway 3 has a steady ten mile descent into Grand Forks, and near the top of that grade there was a very icy patch that the driver failed to negotiate smoothly. The bus bounced off the left hand wall of the highway, slid over the bank on the right, and went 240 feet down a steep bank into Fourth of July Creek. The bus rolled several times breaking many smaller trees as it went, and eventually settled on its side. Fortunately there was virtually no water in the creek.

Amazingly no one was fatally injured in this terrifying accident. Rolly told me he felt this was because the bus was full of passengers, and there wasn't much room for people to be tossed around. This was amazing because the photos show how the trees had torn holes in the sides and roof of the bus. One of Rolly's friends Gordon Hartley took photos, and very likely some of these appeared in the *Grand Forks Gazette*. The students were a tremendous help to the other passengers,

as scrambling up that steep bank meant reaching out for the next stump or branch to pull yourself up, - not easy when you are pulling someone else. Everyone had bruises, but was there a broken arm or two?

Vasey Fenton, another of Rolly's friends, says, "I often think about that bus accident when we are driving by Grand Forks and usually visualize this: Gordon Hartley had just climbed out the window I must have fallen out of, and was looking down. He had a mini Leica-type camera that used 16mm film, and he ended up with a few good shots. I also remember climbing back into the coach (very painfully as we were pretty badly bruised up), and found several wrist watches. I picked up a couple and turned them over to the first policeman that showed up."

Perhaps the exertion of getting back up to the road helped warm them on that chilly day, but waiting for another bus to pick them up took time. A car had been flagged down to get help from Grand Forks and the



The remains of the Greyhound bus, its roof torn open, at a Penticton garage following the Fourth of July Creek accident. Miraculously, the driver and all passengers survived. Photo courtesy of Mary Carne's Greyhound album



The Greyhound bus lies on its side in Fourth of July Creek at the bottom of a 240 foot embankment, December 1950. Photo courtesy of Mary Carne's Greyhound album

first to arrive was a BC provincial police officer. (This was before the RCMP took over in BC.) It was fortunate that those coaches designed and built by Motor Coach Industries in Winnipeg had fairly small and high windows, as bus companies had been building airplanes during WW II. The bus was so badly damaged that it was scrapped.

Once they were on the road again they still had to tackle the CASCADES - the infamous 40 miles between Christina Lake and Rossland with its two summits. One was 5280 feet - a mile high. This road was mostly single lane with hairpin corners, requiring the bus to back up to make the turns. I was always amazed that the driver could manage this on wet-tish snow, but the weight of the rear engine provided traction. Infrequent plowing with no salt or sand left the snow packed on the roads until you were driving on a layer of perhaps six inches deep. Cars would fishtail somewhat on this, and chains were necessary on the steeper hills. On every bus trip I took over the Cascades the driver stopped more than once to pull a car back onto the track.

How late were you in getting home to Lockhart, Rolly? And did you have to fill in a Greyhound accident report before you left Grand Forks?

Tom Sez

by Tom Lymbery

Please read Greg Nesteroff's online report on Gray Creek - part of his series of the origins of Kootenay place names. This will be printed in *The Advertiser* which comes with the *Nelson Star* and will appear in two parts over two weeks.

If you need to recharge your cell phone/GPS when you are out travelling the back country there is a new cooking pot that will do the recharge while you heat your meal over a campstove or open fire.

If you have a chimney fire all you all you need to do is shut down your wood stove - this cuts off the oxygen to the fire. Don't open the stove door, just use the control knob or lever. If you have a brick or block chimney that doesn't yet have a stainless steel liner you should have your chimney inspected after a fire, especially if you have an older stove that doesn't meet today's particulate standards.

The Kimberley Sun Mine hopes to open in January 2015. There are 90 solar panels on rotating mounts to track the sun, and these also trip to drop the snow.

Energy Logs are more economic than buying wood - and we won't run out as we have semi loads more to come.

Burdens Rock beach and about 300 acres are being transferred to the Ktunaxa Nation. Please don't tell the Sinixt or they might be miffed.

Calgary has over 100 new school buses fueled by propane. The students appreciate the much cleaner exhausts than the previous diesels. New technology makes these easy to start at even minus 35.

CANADIAN MADE - two styles of wool pants and many more of Stanfields thermal long johns and shirts - Gray Creek is the place to keep you toasty warm even if the power fails or you run out of wood.

The Canadian spelling is CHEQUE but more and more we see the US version check sneaking in. *Collins Canadian English Dictionary* shows check - to examine or investigate, stop or hinder. While in Canadian English cheque is a written order to one's bank to pay money from one's account. This spelling is the same in French and in Spanish so we have the US outnumbered.

Pacific Coastal Airlines are starting on January 12 a daily except Saturdays direct flight from Trail to Kelowna - this is very important during the poor driving months for those with medical appointments in Kelowna or those wanting access to flights on Air North to Whitehorse or anywhere Westjet flies.

Kevin Krotenko from Pelly, Sask. Is an avid chainsaw collector who intends to open a chainsaw museum in Pelly, population 300. I thought I knew much about chainsaw history but he outdoes me by far. If you are looking for parts for an older saw here is his email kevink-1969@hotmail.com

Please Google MAMEY and you will find info on a Mexican and Costa Rican tree fruit that is in season just now. It's a bit hairy on the outside like a coconut and when ripe has its own flavour - something like pumpkin pie.

We hope that US Hershey does not succeed with their attempted aggressive takeover of Cadbury. Please remember how the taste and quality of Pot of Gold chocolates deteriorated after Hershey bought out New Brunswick's premier chocolate maker, Ganong.

The ice stopped moving on the Yukon River at Dawson City on November 17 so it will take 10 days or so before it is solid enough for those in West Dawson to have access to town again.

Reconnecting Lower Kootenay Band with Kootenay Lake

press release
submitted by Garry Jackman

CRESTON - An Incremental Treaty Agreement between the province and the Ktunaxa Nation Council will help restore the Lower Kootenay Band's connection with Kootenay Lake and support a regional government initiative to redesign and extend the life of the Creston landfill.

The agreement provides for the transfer of about 176 hectares of Crown land in two parcels to the Lower Kootenay Band, one of four member bands of the Ktunaxa Nation Council.

One of the parcels, a waterfront property on Kootenay Lake, is of significant cultural importance to the Lower Kootenay Band, as it will re-establish the band's direct connection to the lake, which was severed in the late 1800s with the establishment of Indian Reserves.

Completion of the agreement supports the treaty negotiation process with the Ktunaxa Nation Council, and it supports the cultural revitalization and economic development interests of the Lower Kootenay Band.

The Incremental Treaty Agreement is also one element of a larger solution to facilitate the redesign and long-term operation of the Creston landfill. The solution has been collaboratively developed by the Ktunaxa Nation Council, Lower Kootenay Band, Regional District of Central Kootenay (RDCK), Town of Creston and provincial and federal government agencies.

One condition of the agreement is for the Lower Kootenay Band to sell nine hectares of band reserve property to the regional district as part of the strategy to extend the life of the landfill. The band will hold a community referendum early in 2015 for its members to vote on whether to approve the sale.

The province introduced Incremental Treaty Agreements to provide First Nations in the treaty process with earlier access to treaty benefits, in advance of a final agreement. The incremental agreements build trust among the parties, facilitate immediate development opportunities, advance treaty negotiations and provide increased certainty over land and resources.

Quotes:

Jason Louie, Chief, Lower Kootenay Band — "Through the co-operation of the Province, Regional District of Central Kootenay, Ktunaxa Nation Council, Lower Kootenay Band and the federal government, our local Aboriginal community will have the long awaited homecoming to Kootenay Lake. This is a very monumental moment in our history."

Kathryn Teneese, chair of the Ktunaxa Nation Council — "This agreement presents a tremendous opportunity not just for Ktunaxa, but for other governments and businesses to work together to foster a positive economic environment that benefits all residents in the Ktunaxa Territory. I'd like to commend all parties who worked very hard to ensure that this agreement reflected the strong cultural, social and environmental commitments we hold as Ktunaxa people."

John Rustad, Minister of Aboriginal Relations and Reconciliation — "I visited Ktunaxa territory in May and learned first-hand about the long and deep connection they have to Kootenay Lake. This Incremental Treaty Agreement provides an opportunity for the Lower Kootenay Band to reconnect to land on the shores of the lake, and we support their efforts as we move forward in this partnership."

John Kettle, chair of the RDCK — "On behalf of the Regional District of Central Kootenay I wish to congratulate all parties for making this effort a reality. The working relationship forged with the Federal, Provincial, Ktunaxa Nation and local government is

a testament to the new paradigms of this century. It is incumbent on us all to ensure for future generations that the opportunity for economic and social growth for the Ktunaxa Nation parallels those of the rest of society, ensuring equal benefits for all parties while recognizing the diversity of all of our citizens. This is a great day for us all."

Garry Jackman, RDCK director Area A, and chair of the RDCK East Resource Recovery Committee — "The process we have gone through as various orders of government has resulted in two very important outcomes for the communities which we represent. We have come to a sensible solution to enable long-term operation of a very efficient landfill site, plus we have assisted the community of the Lower Kootenay Band in securing culturally significant land along Kootenay Lake."

Quick Facts:

- Ktunaxa Nation Council represents about 1,200 Ktunaxa Nation members in four communities: St. Mary's, Tobacco Plains, Lower Kootenay and Akisq'nuk.
- The Incremental Treaty Agreement provides for the early transfer of two proposed treaty land parcels prior to the effective date of the final agreement with the Ktunaxa Nation.
- One parcel is about three hectares of Crown land known as Burden's Cut, located on the south arm of Kootenay Lake about 45 km north of Creston. The other Crown parcel is adjacent to the first, & is about 173 hectares.
- B.C. is a partner with the Ktunaxa Nation in 19 agreements, initiatives and protocols, including a revenue-sharing agreement linked to new coal mines in the Elk Valley and a Strategic Engagement Agreement to set out a government-to-government relationship with provincial agencies.

Learn More:

To see the Ktunaxa Nation Incremental Treaty Agreement (Creston), visit: www.ow.ly/DwbA1

For information on the Ktunaxa Nation, visit: www.ktunaxa.org

For information on the Lower Kootenay Band, visit: www.lowerkootenay.com

For information on the Ministry of Aboriginal Relations and Reconciliation, visit: www.gov.bc.ca/arr

Father Tom's Celebrates 35th Anniversary of Priesthood

by Geri Gomola

Father Tom Kakkaniyil makes his way from Creston to Riondel every Sunday to say Mass in the tiny Riondel Mission church named Holy Redeemer.

Over one hundred and fifty people attended the celebration of the anniversary in the parish hall of Holy Cross Catholic church in Creston on November 3, 2014.

Bishop John Corriveau and the parish priests from Cranbrook, Nelson, Golden, Invermere and Castlegar were all in attendance for this special occasion.

The Catholic Women's league in Creston made and served the dinner and the Knights of Columbus did the clean up. Congratulations Father! We appreciate the efforts you make on behalf of the east shore community.

Christmas services will be held in Riondel if the weather permits travel. The parish office in Creston will advise and that number is 1-250-428-

- Planning a wedding?
- Holding a meeting?

Consider renting the
BOSWELL HALL

Booking/info: Judy @ 250-223-8664

The MAINSTREET

Contact: Ingrid Zaiss-Baetzel

Phone: 250-227-9246 Fax: 250-227-9264

Box 140, Crawford Bay, B.C. V0B 1E0

E-mail: mainstreet@theeastshore.net

** ADVERTISING RATES

\$35.00 - 3¹/₄" wide by 1³/₄" high

\$40.00 - 3¹/₄" wide by 2¹/₂" high

\$45.00 - 3¹/₄" wide by 3¹/₄" high

\$50.00 - 3¹/₄" wide by 4" high

\$55.00 - 3¹/₄" wide by 4¹/₂" high

or 6³/₄" wide by 2¹/₄" high

\$65.00 - 3¹/₄" wide by 6" high

or 6³/₄" wide by 3" high

\$85.00 - 3¹/₄" high by 9" high

or 6³/₄" wide by 4¹/₂" high

\$100.00 - 3¹/₄" wide by 10³/₈" tall

\$130.00 (quarter page) 5¹/₄" wide by 7¹/₂" tall

\$150.00 (third page) - 6³/₄" wide by 7¹/₂" high

or 3¹/₄" wide by 14¹/₂" tall or 10³/₈" wide by 4¹/₂" tall

\$225.00 (half page) - 10³/₈" wide by 7¹/₂" tall

\$400.00 (full page) - 10³/₈" wide by 14¹/₂" tall

Sample Sizes - more sizes available.

Column Width: 3¹/₄ inches - double column width:

6³/₄ inches - full width: 10³/₈ inches

Services Directory: \$5/month, up to 3 lines.

Classified Ads: \$5/first 30 words,

10¢/word after the initial 30.

** 30% MORE FOR COLOUR ADS**

**Next Deadline:
Dec. 24/2014**

**Try www.eshore.ca
The Mainstreet's
website...**

mainstreet@theeastshore.net

SUNSET SEED COMPANY



Your Complete Farm,
Garden & Pet Care
in Creston, BC
250-428-4614

**NOW OPEN! We look forward to seeing you.
1628 Canyon St, Creston (right next to 7-eleven)**

BOOK REVIEWS

by Tom Lymbery

RAILWAY ROCK GANG – a Collection of Stories about Working on BC RAIL Rock gangs in BC from 1978 – 1987 by Gary Sim, hardcover, Sim Publishing, 196 pages, \$49.95

This book was originally priced at \$99 but I was able to find copies at a much more reasonable price. While there are many books on Canadian Rail here is one detailing the effort and expertise needed daily to keep the tracks able to handle the materials that keep our country going.

Gary Sim applied for work on the rail line without luck, but later a foreman came looking for him as he had climbing experience and a local reputation as a hard and physical worker. A rock gang job was highly prized because it paid well and had a reputation for safely doing a dangerous job.

The most difficult project was two locomotives that in 1981 had de-railed into the depths of Seton lake. This entailed setting up a logging spar to have the right angle to pull that enormous dead weight out of the depths. They had to climb high up the rock face to drill many holes to anchor all the cables needed. After divers attached chains and cables (and seeing a large sturgeon) they did succeed in salvaging one engine. They hitched on to the second but found it impossible to retrieve.

His glossary covers 65 pages – a most interesting and readable part of the book. I thought the glossary in Tom's Gray Creek was important but Garry's exceeds mine by far. Did you know that 100 pound rail means that a three foot section of rail weighs 100 pounds?

Garry is an artist and photographer so all the art and photos are his – in full colour on excellent paper. I realized his interest in art when the book he picked out from me was Bruce Paterson's *Kootenay Cameos* – the detail of Bruce's pen & ink work attracted him.

A ROCK FELL ON THE MOON By Alicia Priest, Lost Moose Publishing (Harbour) hardcover, 251 pages, \$32.95

This intriguing story by a girl whose father was involved in the apparent theft of many tons of very valuable silver ore is very well written – I had trouble putting it down. In the 1960s United Keno Hill Mines was successfully producing volumes of extremely high grade silver ore at Elsa near Mayo in the Yukon.

Told by a young girl who adored her father, her descriptions of life in a small community will soon find you wound up in their family. Gerald Priest is a conscientious assayer of the silver ore who becomes enthused by the chance to make off with tons of ore that has been left for the taking in a mine tunnel.

When the ore has been sacked and loaded on three White Pass and Yukon trucks all would have been shipped safely to a smelter in Montana. BUT one driver takes a wrong turn and stops at the Elsa coffee shop for directions, where the mine manager happens to see it. He gets someone to filch samples from the sacks and raises alarms. If not for that wrong turn there would be no book to write.

The young girl, now near retirement age, has done an amazing job of researching the complications of the heist, and her family's struggles when her father is apprehended and finally jailed. The heist is mentioned extensively in Aaro Aho's book *Hill's of Silver* – the Yukon's Mighty Keno Hill Mine. While Aho doesn't name Gerald Priest as the mastermind, Alicia Priest discovers that Aho could have been involved in the subtleties of the project.

Since her mother saved all of her father's letters this is also a family story. Having served some of his sentence Gerald Priest returns to the family, but soon moves on, remarries after a divorce and buys a home in the Slocan.

This is truly a well written and remarkable story, even if you are not that interested in mining. If you are then Aho's book *Hills of Silver*, in stock in Gray Creek is a must read. A mine was still working when Sharon and I visited Keno but it closed the next year. More recently Alexco resources has come back to find more silver, building the concentrator underground but continuing to operate depends on the price of silver.

with a price – the insistent and repetitive murmurs of Sweet Georgia Brown; the lyrics cling as we touch, taste, and listen to the rhythm of her days.

Kuya Minogue carries us into the Zen of calm and peace with her words and her thoughts – which, by the way, include the difficulty of writing with a fat cat ensconced securely on her lap.

And Shirleen Smith introduces us to Shanaghan, the woman with wisdom, and gives us a few hints of the oral history and traditions in her collection of legends, myths and stories relating to lives lived and remembered by the Van Tat Gwich'in elders of Old Crow – a place the size of Riondel in the far northern Yukon.

Riondel Library sponsored this annual event which would not have happened without offers and suggestions from Bonnie and Nils Anderson to bring all these writers and their words to Dutch Harbour and this exceptional venue at the Lodge.

Of course a coming together, such as this, is never complete without food for relaxation and renewal and many thanks are due to Beth Alguire for skilfully organizing sandwiches and veggies with Wendy Miller from Bob's Bar and Grill and proffering donations of sweet goodies from several of Riondel's skilful cooks. And it's Beth, of course, who does not leave the kitchen 'till all is scrubbed and shining again.

And, most important, Muriel Crowe, our tenacious librarian, who loves to set us off gathering thoughts and ideas for these unique and delightful happenings.

To everyone who navigated the winding roads to Riondel and Dutch Harbour and contributed to the afternoon of story and poetry, we are so happy you found your way.

If you missed the event, (or even if you didn't) take a look at www.riondel.ca/library to the video captured by Bruce Scott.

And please come to our library. Borrow some books by the writers you've enjoyed, and stroll through our stacks, read a magazine, take out some DVD's, check

Riondel Library News

by Muriel Crowe

The library's third annual author's readings at Dutch Harbour Camp was once again a great success. Alanda Greene led off with a selection from her new novel in progress, it promises to be as intriguing as *Napi's Dance*. Poets Linda Crossfield and Kuya Minogue followed with some entertaining and thoughtful poems. The fourth author was Shirleen Smith reading from *People of the Lakes* which was written in collaboration with the people of Old Crow in the Yukon. Some wonderful nibbles courtesy of Bob's Bar and Grill, baking by library volunteers and the ambiance of the lodge completed a wonderful afternoon. We look forward to hearing from all of these authors again.

The Riondel Library webpage message section has been taken over by Shirleen Smith and I know she is already doing a better job than I did at keeping it updated. The url is www.riondel.ca/library. Check it out for events, new book announcements and other interesting items.

WE have had some very generous donations of DVD's recently and the newest are displayed on the black cart next to the new book displays. The local history books have returned to their location on the north wall as we are no longer suffering with drips and other leaks. We are planning to weed out the books on cassettes soon and would be happy to pass them on to anyone who would like to have them.

All others will go to Gleaners in Creston.

Remember the library when looking for inspiration for those handmade Christmas treats, decoration and/or gifts. We have many inspiring books with a multitude of ideas. There are many new books of a multitude of subjects so please drop in, browse and borrow.

your email, don't miss the art displays in the library and across the hall in the Art Room where you might catch sight of artists at work, or just sit down and visit for a while.

As we walk away in the late afternoon a few puddles linger and dusk is beginning to fall; fresh snow is bright on the mountains, and there's a hint of the starry sky to come. The lake lies smooth and quiet; the trees silent now and ready for their night time silhouettes.

All is right with our little town on the beach beside a very large lake.

It is good to be in the calm places of our world.



pebbles by Wendy Scott A Celebration of Words - Dutch Harbour

Outside, ripples splash across the beach and run back quickly to try again

and again. Even if the wind is a bit brisk, and a few drops of rain will wet the face, a person can't help but wander outside to breathe in the panorama from the other side of the glass.

It's warm in here beside the great fireplace; tables are loaded with enough food to last many afternoons and the words flow. Words that is, between friends, strangers, and those who came to the lodge out of curiosity, or just as a favour to a friend.

What's happening in this idyllic location? This is the third annual Celebration of Words; a gathering of readers, writers, and listeners beside Kootenay Lake at Dutch Harbour Lodge. There are about thirty of us sitting, standing, chatting, and exploring – inside and out. But we came today for the musical cadence of poetry and story. And, of course, to meet the story-tellers.

Alanda Greene takes us into the Blackfoot country of Southern Alberta to continue the story of the earth: the tale that is Napi above, below, and beneath the soil, the dust, and the air of Alberta. She brings us close to the big wolf of the plains so that we can feel her rough coat, hear the silence of her soft pads and see the mist of her breath in the cool prairie air.

We're invited to walk with Linda Crossfield along a dusty Mexican street, then she points the way and we're transported to Spain to climb with her along the El Camino Trail, and back again we come with Linda to an old abbey in Saskatchewan. Her time travel comes



Located above Crawford Bay School gym -
second right on Walkley Road.
Elevator available if steps are a problem.

Our Hours

8-10 am Monday - Saturday

6-8 pm Monday - Friday

Call during open hours: 250.227.9218, ext: 5542

East Shore Health Society Newsletter

Submitted by Verna Mayers and Tom Wishart

Mission Statement: The purpose of the Society is to promote the health needs of residents living in East Shore Kootenay Lake communities. The Society will assist in identifying the health needs of East Shore residents, and aid and facilitate community meetings to identify and resolve community needs. The Society will co-operate with community groups with similar goals.

Board Members: Verna Mayers (Chairperson), Bill Bannister (Vice- chair), Cathy Poch (Secretary/Treasurer), Tom Lymbery, Fraser Robb, Merrydi Robb, Kathy Donnison, Rod Stewart, Tom Wishart

Update on East Shore Nursing Services: Most people on the East Shore, but especially those in Crawford Bay and Riondel, will well remember the consternation caused by the elimination of the nursing position at the Crawford Bay Clinic. The ESHS Board created a subcommittee charged with investigating the matter and reporting back to the board with its finding and recommendations. The Board submitted the report of the sub-committee to Interior Health. Discussions with IH management ultimately led to a decision to deliver community nursing services from Creston instead of Nelson. This summer, Board Chair Verna Mayers led two nurses from Cranbrook and Creston on a tour of the East Shore to provide them with a first-hand experience of distances and travel times in our area as well as the venues where nursing clinics might be held.

The ESHS continues to publicize and lobby to improve the health care situation along the East Shore--see the item Kootenay Lake's East Shore Scrambling to Maintain Health Services in the November 12 Creston Valley Advance. On November 7, Verna Mayers, Margaret Crossley and Tom Wishart met with MLA Michelle Mungal to provide an update on our activities and to encourage her continuing efforts on our behalf. The ESHS Board has received updates from RDCK Area A Director Garry Jackman on his discussions with IH and heartily applauds his good work.

On November 14, Verna, Larry Brierley, Margaret Crossley, Garry Jackman, and Tom Wishart met with Terri Domin, CIHS Administrator for East Kootenay to learn about plans to provide nursing services in our communities. While acknowledging the responsibility to deliver service, Terri indicated that her unit had not been provided with any new resources to provide the service and that there is a possibility for future budget cuts; consequently, she is looking for efficiencies to stretch the available resources to meet all needs. Several vacant positions had precluded service delivery until recently when the positions had been filled. She will be consulting with other health service providers on the East Shore before finalizing arrangements for services in the new year.

Ongoing Partnership with Selkirk College: The East Shore Health Society is continuing to partner with Selkirk College to improve conditions for healthy living in our community. In the fall of 2013 the ESHS Board contacted Mr. Greg Neelin of Selkirk College's Community Education and Workplace Training (CEWT) Division to request assistance in a research project that would see the development of a comprehensive health care services strategic action plan for the East Shore. Three nursing students (Kaitlyn Beattie, Paula Gilberd and Anne-Marie Prud'homme) under the direction of Mr. Greg Neelin worked with members of the Board to conduct a survey on community members' awareness, perceptions and priorities of health services needs. The outcome of that exercise was the delivery of a final report titled Community Strategy and Action Plan that identified a number of priorities and activities to be undertaken in the years to come.

This fall our partnership with Selkirk College sees two nursing students (Amy Exner and Carly O'Day) working on two projects identified in the Action Plan. The first involves research on the ways in which other rural communities are dealing with health and other service needs of its members. The students are interviewing a number of experts as well as some library and internet-based publications on this topic. The second project is a direct outcome of the Community Strategy and Action Plan which included a directive to "Publish a directory to inform residents about health and

emergency services, including alternative health services available on the East Shore". A template of questions was developed and the students are contacting a large number of agencies and organizations to gather the necessary information for entry into the database. An ESHS committee on communications will determine the optimum strategies to make the database as widely available as possible.

Follow-up on Community Strategy/Action Plan: The ESHS's Community Strategy and Action Plan document identified a priority action to "Acquire, install local AEDs (defibrillator units) and other emergency equipment. Publicize locations and how to use equipment in an emergency". Rod Stewart, a new Board member who is also a member of the Boswell and Area Emergency Volunteers (BADEV) has been instrumental in moving this item along. Working with Gary Hill (also of BADEV) and Larry Brierley, Rod submitted grant applications to Columbia Basin Trust and Creston Kootenay Foundation and received funding to purchase equipment bags and AEDs for First Responders along the East Shore.

The ESHS Board is also pleased to witness increased communication and cooperation between BADEV and Riondel Volunteer Fire Service. These two organizations worked together to offer a training course (supported by Garry Jackman, RDCK Area A Director) for those interested in becoming a First Responder, and BADEV members have participated in skill-training sessions put on by Riondel Fire Services in the Riondel fire-hall and elsewhere.

Final Words: Please feel free to share the newsletter with family and community friends. Contact a member of the Board if you have any concerns or questions about health care on the East Shore, and be sure to write or speak to our MLA and to our Area Director in order that they are well informed about residents' issues and can best represent us to IH.

Health & Happiness

by Dr. Sid Kettner

One Dozen Amazing Benefits of Walking Part I

A great article by Diana Vilibert, published recently in Care2, summarized the benefits of "pounding the pavement" which I enjoy doing here on the East Shore. I appreciate the research she quotes and I want to now summarize her article for the benefit of all of us. No expensive elliptical machines, no setting up a whole gym in your spare bedroom—just a pair of comfy shoes and a safe but beautiful area outdoors. Walking is proven to have all these desirable health benefits, both physical and mental:

1. Reverses damage from prolonged sitting. An Indiana University study found that the increased blood flow from even three five minute walks a day could reverse the ill effects caused to leg arteries from 3 hours of sitting. So take frequent breaks, at least once an hour, for a short stroll around the building.

2. Improves creativity. Stanford researchers found that walking brings on inspiration and creative responses twice as much as does sitting.

3. Lowers stress. A University of Michigan study found that group nature walking lowers stress, particularly after any emotional trauma. It even puts the brain into a state of meditation if done in green spaces out-of-doors. Another great reason to join the Boswell Hiking Club or a similar group in your town.

4. Lowers blood pressure. And it only takes 30 minutes of brisk walking—all at once or three 10 minute periods and even ten 3-minute periods. Definitely worthwhile.

5. Energizes us. Low intensity exercise won't wipe you out. In fact it can increase your energy by 20 percent and decrease your fatigue by 65 percent—shown in a University of Georgia study. I can personally vouch for this effect.

6. Brightens our moods. The longer people spend commuting via car the worse is their sense of well-being. But if they add just 10 minutes of walking to that commute, their mood will really improve—as much as one would notice if getting a pay hike or a beginning a new relationship, says the study's author, Adam Martin.

The last half-dozen benefits will be shared in next month's issue. But don't wait until then to get started.

I'd love to greet you on the road, on a trail, walking through a park or around a golf course.

Asana of the Month

by Jayanti Holman

Utthita Trikonasana

Extended Triangle Pose



Benefits

- Strengthens ankles and legs
- Corrects any minor deformity in the legs
- Stimulates heart and lungs, developing chest
- Alleviates backache and neck sprains.
- Relieves gas, indigestion, acidity, & flatulence
- The adrenal glands are stimulated and toned

Doing the pose

- Inhale and either step or jump 4 – 5 feet apart, keep your feet parallel.
- Raise your arms sideways in line with your shoulders, palms face down.
- Turn your right foot out 90 degrees. Turn your left foot slightly inwards.
- Firm the legs by lifting the kneecaps on both legs.
- Inhale and lengthen up thru the spine and out thru the arms.
- Exhale, bend the trunk sideways to the right, bending at the crease of the leg and hip
- Lengthen out thru the right arm, then bring it near the right ankle.
- Raise the left arm in line with the shoulders and right arm, palm faces forward.
- Rotate the head, looking up toward the lifted hand.
- Hold the pose and breath evenly for 5 – 10 breaths. Repeat on the other side

Focus while in the pose

- Keep torso in line w/ extended leg (in lateral plane)
- Keep shoulders moving away from your ears.
- Draw the underside of the chest forward (to bring you more into the lateral plane)
- Keep equal extension on both sides of spine.
- Keep both arms directly over each other, lengthen both arms
- Roll the thighs out away from each other

To come out of the pose

- Firm legs as you lengthen through the spine
- And inhale as you come all the way up.

Modifications

- Backside to wall for support of alignment
- Legs closer together
- Place hand on shin, thigh, chair or block
- Rotate head sideways only

Next Deadline: Dec 24

www.eshore.ca

mainstreet@theeastshore.net

Youth Council News Flash!

submitted by Sandra Bernier

The Eastshore Youth Council's Youth Coordinators have been cruising along in the newly acquired 1996 Suburban which provides transportation to and from all Youth Council events. It was an incredible addition to the team and proved it's worth and ability on the multi day hiking expedition up to Jumbo Pass Cabin just before Labour Day. The cabin trip brought 10 youth and two adults up into the backcountry for two nights and three days of exploring and learning about the Keep Jumbo Wild movement to protect this land from development.

We attended the 2014 Youth Action Summit in Nelson which allowed us to come together with all the recipient communities of the Columbia Basin Trust's (CBT) Community Directed Youth Funds (CDYF) to discuss, share ideas and make connections for the future community collaborations. This fall we introduced a weekly Drop In which happens after school on Thursdays at the Community Corner Building from 3-5pm in Crawford Bay. Transportation is provided from the school as well as home afterward. Drop ins are mostly youth driven and infused with coordinator led games and activities. Sushi day, Orienteering, Scavenger hunts, basketball, movies and more.

This last PA Day an entourage of 16 youth descended upon the Nelson Community Complex for some fun in the pool as well as competed in a Scavenger Hunt around town seeking items from Fortune cookies and business cards to answers to riddles and word games.

As we look forward to the coming months and the Suburban enjoys its brand new winter tires we are planning monthly Whitewater shuttles, an overnight ski trip to Fairmont and Salmo ski hills, snowshoeing, xc skiing and much more. We will hopefully continue to offer Drop In on Thursday's as the numbers continue to grow.

Many thanks to the YOUTH who are consistently showing up and making our events so much fun. If you would like to see something happen or want to help plan an event please let us know. The Youth Council Board is looking for new members so if you are interested in what is happening with the CBT funding or simply interested in hearing about the goings on please contact us via email at eastshoreyouthcouncil@gmail.com or Carol Van R (Chairperson) at carolynvanr@yahoo.ca.



Youth Group with coordinators up Jumbo Pass in late August, 2014.

Next Deadline: Dec 24
www.eshore.ca
mainstreet@theeastshore.net



From the Principal's Desk

by Dan Rude

This past week it struck me, once again, how valuable it is when parents come to me with specific ideas for learning projects that they see as being important. Over the past few years, the biggest and most successful projects I have been involved in have been developed in partnerships with parents looking for particular experiences for their children and youth. Our Community Mentorship program came from a link a parent shared with me, our Oaxaca humanitarian and cultural adventure in 2013 came from a conversation with a small group of parents, and last year's Juan de Fuca backpacking trip came from two separate conversations with parents.

This summer, I was approached by two parents wanting their girls – and ideally the rest of our youth – to experience school team sports. Specifically, we talked of the values of working together as a team, continually improving by putting in effort, experiencing success, and learning to lose well. The past month has seen a small and dedicated group of grades six, seven, and eight girls forming The Ospreys volleyball team. Since the ages of our particular group didn't officially match BC School Sports divisions, and since we got started later than other schools, we decided to give it a go through committing to two practices per week for four weeks, leading up to a one-day series of matches against mostly grade seven students from Creston. Although our girls had been consistently improving over our short season, we really had no idea how we would compete against the others this past week. **It turns out that our work on serving, in particular, paid off. We ended up winning four of the six games we played. The win against a boys' team had our girls the most excited!** Thanks Ingrid Baetzel and Carol VanR for stepping up and committing to help out – and to all the parents for supporting their daughters' involvement.

An interesting phenomenon I seem to experience here is that when I pitch an idea that comes only from me, there can tend to be little traction, but when I help facilitate and connect an idea that comes from others, the momentum catches much more effectively. After our volleyball experience, I now have two grade six boys pressuring me for something sporty that they can get involved in. My immediate thought is taking a run at reviving badminton, which would include a group of multi-age students who really want to improve and aim for one or more play days and/or a tournament.

Who's up for joining in? Or...who's got the next big idea?



Terry O'Gorman teaching Occupational First Aid and Transportation Endorsement to 12 students in the Safety in Resource Industry Training program.

Photo: Farley Cursors

Trustee's Report

by Lenora Trenaman

I am honoured and feel truly privileged to be re-elected trustee and I am grateful to everyone who voted.

I believe my contender, Reanne Gow, did me, the district and the education system a grand service by running for school trustee. I believe she accomplished what she set out to do for "...my community to be discussing education because we all benefit from it." What she can take pride in is that, through this election campaign, we had at least 1296 people thinking about public education.

Indeed, Ms. Gow got it right, we absolutely do need "...many voices combining to passionately advocate..." and indeed, "...Our district has many people working tirelessly to create a strong, vibrant education system for our children..." and yes, we do "...need to focus on the positive."

I can find 'the positive' in all the wonderful people we have in our schools taking care of our students. But what a sorry disappointment it was after the polls closed on November 15, to listen anxiously for two full hours to a local radio station's election results coverage, and not hear one word, not one word, not even one mention regarding the school trustee elections for public education! What?! Oh come on! Really?! I was so upset by this that I actually called the radio station. The voice on the other end said somewhat apologetically, a rather pathetic "I'm sorry, we ran out of time because of covering the municipal election results." Unforgivable - two hours and not even so much as a mention?!

I am concerned, that there is something fundamentally wrong with our society's focus and perspective. Think about this: if we don't provide our children with a high quality education as our first and number one priority, then what do you think your municipality will look like in the future? Who do you think will be looking after your city, your bylaws, your roads, your hospitals or you? Education has got to be one of the highest priorities of our society and we need every one of us, including the media, to make this point clear.

I applaud Ms. Gow and all the other trustee candidates. Campaigning is hard work. It takes a lot of attention, energy and time, not to mention the significant emotional and financial expenditures. Thank you for caring enough to put your name and voices forward in the effort of advocating for public education, and thank you for giving me this opportunity to talk about public education.



Greg Lay- international forester and former Mayor of Kaslo teaches Tree Identification on Chris Choquette's woodlot as part of the Safety in Resource Industry (SIRI) Training Program

Photo: Farley Cursors

Bill Hampson

by Wendy Scott

The building may be old and a bit decrepit, but add a gracious hostess, her own good china with her silver tea service and a gathering of dear friends, and you are presented with a southern-style tea party.

Rosemary Hampson, regal in her role as hostess, presided over her guests with grace and dignity.

Melancholy mingled with the spontaneity of laughter filled the old Crawford Bay Hall, as it inevitably will whenever a friend, an acquaintance, a story-teller – and I must emphasize – a coffee drinker, is remembered.

Bill Hampson not only had a special seat at that other special place, Fairy Treats, but his own very personal coffee mug. Many afternoons would find Bill and Rosemary at the big table reserved (sort of) for locals and regulars.

Give Bill a full mug of coffee and he would take you into the belly of his Lancaster bomber and tell you of the dark and desperate orders that filled a tail-gunner's life in the air because there was a World War to take care of.

But Bill and Rosemary's days on the East Shore of Kootenay Lake were much happier times. Especially a few years ago when they both came to the Common Room in Bluebell Manor to have a cup of tea and discovered that they were, in fact, the guests of honour.

Tom Lymbery gave us the history of this building and of these two people who have been associated with the Manor since it was merely a suggestion. They had been managers for over twenty years. To honour Bill and Rosemary, Tom presented them with a plaque to be mounted above the door to recognize the Common Room now as, "The Hampson Room".

On that day the Common Room at Bluebell Manor was filled to capacity and these tributes to a generous and community-conscious man were echoed again last week at Crawford Bay Hall, not only by friends and relatives, but by anyone who looks up and wonders as they enter The Hampson Room.

May your flight be smooth, Bill. We'll miss you, and we will remember.

BILL HAMPSON

1926-2014

A Remembrance Day to Remember: Standing-Room Only

by Deberah Shears

A large and thoughtful crowd attended the Riondel Community Centre Remembrance Day service on November 11 of this year.

Perhaps it was because of the recent attacks in our country on those wearing uniforms; perhaps it was because this year marks 100 years since the start of WWI. Whatever the reason, the auditorium was packed - to remember and honour those who have served, suffered and fallen for the freedoms we as Canadians enjoy today. We remember especially this year those who endured deplorable conditions, including poisonous gasses, in the trenches during WWI.

The service was organized by the Many Bays Community Band, taking this responsibility from



long-time organizer, Larry Ireland. A wonderful 10-voice choir, composed of residents from Boswell to Riondel, enhanced the service music. These two groups were conducted by the band's conductor, and our Last Post/Reveille "bugler", Donnie Clark. The MC was Crawford Bay School's principal, Dan Rude, with the new minister from Kootenay Lake Community Church, Richard Dannhauer, assisting. Wendy Scott recited the moving poem: "In Flanders Field".

Wreaths were laid to recognize our military forces and important community groups. At the end, any-

one who desired could lay their poppies with the wreaths, and many attendees chose to do so.

After the service, there was a community social time - lunch was offered by the Riondel Seniors Association. Special thanks must go to Wendy and Bob Miller who rushed back to Bob's Bar and Grill to make more sandwiches when they saw how many people

had come.

Thank you to all who organized and contributed to the Remembrance Day service - it was MOST memorable.

Wallace

by Wendy Scott

The tamarack has dropped its delicate bronze needles; gold and scarlet has faded from the ubiquitous Douglas maple, and the box elder, so quick to signal autumn, has smothered roads and pathways with buttery yellow.

There is no doubt about the changing season, and every year at this time oils, acrylics and watercolours come into play to record its brilliance.

This year – this week – one man who used all the colours of his world to paint happiness has slipped away – too soon.

Wallace led tours along the winding pathways in his garden and never let a child leave without a bunch of flowers or a rosette of Hens and Chicks.

Generous with his landscaping skills, Wallace created flower beds and shrubbery for Bluebell Manor and helped to plant, weed and cultivate borders at Riondel Community Church.

Friends were welcome to bring visitors into his home where the vibrancy of his art covered walls, floors, and ceiling. The house could take flight like a dream dazzled by the morning sun, drifting into the woods behind his world.

Tonight, Wallace could stride through the showering meteors and turn them tomorrow into a canvas of falling stars.

Good night, Wallace. May your dreams continue in all the colours of your world.

This is not paradise/dear adam dear eve/ but it is a rung on the ladder/ upwards/ towards a possible/ breathtaking landscape. - Dorothy Livesay

WALLACE ADKINS

1949 -- 2014

Next Deadline: Dec 24
www.eshore.ca
mainstreet@theeastshore.net

Eastshore Hospice

by Nicole Schreiber, Coordinator

Remembering Those We Have Lost

The Tree of Remembrance is a tradition that took root in the hospice movement and it is now an annual event here in our own community. Throughout December a special tree will stand inside the Credit Union, along with remembrance cards. During what can be a hectic and overwhelming time, the loss of someone dear can be deeply felt. This event allows us an opportunity to take a moment to remember loved ones who are no longer here. It is a way that we can acknowledge sadness and grief, but also find joy in remembering our connection with that person. The cards are filled out with the name of the one you are thinking of and any other words you might want to add. The cards are then put on the tree and remain there until after the holiday season. Then they are taken down and honoured in a ceremony and a moment of silence by myself and our hospice volunteers. Thanks to the Credit Union for being so generous with their space for this month long event.

Continuing to build awareness of the hospice support available here in our community is another important reason for the Tree of Remembrance. Even though the hospice movement started 40 years ago, it is still very difficult to talk about death and loss in our culture. But this is a reality that can happen to any of us at anytime and we need not be alone. If you need the support it is here. Caregivers so easily can underestimate their own need for respite. One doesn't have to be alone in grief. If you know of someone in a situation of need just tell them about us. East Shore Hospice at 227-9006 ext 29 or hospice@theeastshore.net

We just received word from the Nelson Hospice Society that they will be offering a hospice volunteer training series starting in February. If you are interested in taking this training, be you new to hospice or a current volunteer, please let me know, as we are hoping to send a carfull of folks that way, and some funding may be available.

The East Shore Hospice advisory committee is looking for a few folks to join our team. If you have an hour or two every couple months to spare, and have some experience of the hospice society, we would sure appreciate having you join us. Please contact me if you are interested.



Ali George, Ken Meaton, Nicole Schreiber, Mary Donald, absent: Alexis Phillips

Remembrance Garden

by Wendy Scott

Now is the time in everyone's garden when we wait for the weather to clear and the leaves to dry so we can get that rake moving. Until then, we can walk across the wet leaves, catch the smell of winter as it sneaks down lanes and into dozing garden beds. We can check for forgotten lawn chairs and gather plastic tablecloths for their pre-winter scrub.

There's no snow yet in Riondel, but I'm sure it's safe now to locate the wax for those short skis or just stock up on library books and find a comfortably secluded retreat – unless, of course, you've already dug out those seed catalogues? Oh – better find the snow shovel first -- just in case.

Wendy Scott – 250-225-3381

Muriel Crowe – 250-225-3570

December 2014 Mainstreet 21

SERVICES DIRECTORY

The Service Directory is a great way to have your business listed as a reference for those shopping for a particular professional service. Keep your phone number handy and your message clear.

AUTOMOTIVE/MARINE

EASTSHORE AUTOMOTIVE - Service & Repair 250-227-9370

NORTHSTAR CRESTON - 1-800-551-9351. Full service 8-bay shop featuring Goodwrench Service - \$41.95, genuine GM & AC Delco parts. Full line of major tire brands featuring: BFGoodrich, Michelin, Uniroyal, Hankook, Goodyear and Firestone brands.

BUSINESS SERVICES

MUTUAL FIRE INSURANCE of B.C. Quotes on Homes, Mobiles, Farms & Tenants. Seniors discounts at 55. Home Protection; No Claim; New Home. ph/fax 250-428-7937, broker Virginia Harder.

CONSTRUCTION/CONTRACTORS/TRADES

HULLAND AND LARSEN CONSTRUCTION - experienced residential construction & custom finish work. 250.551.2915 or 250.505.3570. (see ad in contractor section)

JB (JUERGEN BAETZEL) CONSTRUCTION: Over 16 years experience, strong work ethic. Foundations to Finish (concrete, framing, roofing, drywall, siding, flooring, finish, carpentry, tile setting, some plumbing & wiring knowledge) 250.227.9246 or 250.551.7697.

STEEL WHEELS - Septic systems planned & installed. We dig too, mini hoes for you. Dave or Donovan. 250-227-9646.

THE GREEN MACHINE - Excavation, Landscaping, Installation of Waterlines. Ph.: 250.225.3485

TURLOCK ELECTRICAL CONTRACTING LTD. (See colour ad in this issue for more information.) 250-227-9688 or 250-551-4671

PERSONAL CARE/HEALTH

ACUPUNCTURE - Christine Peel R.Ac. 16210 hwy 3A Unit 9, Crawford Bay Motel. For appointment pls call 250-505-8130.

KOOTENAY SOUND HEALING CENTRE on Riondel Road, offering sound healing treatments, gong meditations and Acutonics® classes. Theresa Lee, certified Acutonics® teacher and practitioner, 250-225-3518 kootenaysoundhealing.com

ALEXIS PHILLIPS, M.A., R.C.C. - Registered Clinical Counsellor specializing in complex trauma, relationship issues, grief & loss, anxiety & depression. Apptmnt/consultation, call 250-509-0368.

BLANCHE TANNER - Breath Practitioner, (Family Constellation) Heart-Centred Therapy (Meditation), Healing Emotional, Physical & Sexual Abuse, Addictions, Relationships, Anxiety, Depression. 227-6877

COUNSELLING & SUPPORT SERVICES: Free and Confidential for children, adults and families. Services include: Adult Mental Health and Addictions; Child Youth Mental Health; & Family Support. Call 1-866-774-5324 (toll-free) or 250-353-7691. North Kootenay Lake Community Services Society.

FINGERPRINTS AND HAND ANALYSIS - P. Danielle Tonossi IHA. Discover your Life Purpose and what it takes to live it fully or host a Self-Discovery Hand Reading Circle. My expertise is at your service - 250-227-9478. Info: www.crystalgardenspirit.com

FIRST CONTACT EAST SHORE MIDWIFERY - Sylke Plaumann, registered midwife. 250-227-6846.

MASSAGE REBALANCING-SHIATSU - New in Crawford Bay. Help to re-establish your body's flow of energy and stimulate your inherent ability to heal with a unique combination of deep tissue, joint release and shiatsu. Veronique: 250-777-2471.

MASSAGES & WELLNESS FOR WOMEN - Reflexology according to the clock of Chinese medicine, Rebutology: European method for deep tissue, Breuss spine massage with St.John's Wort oil, relaxing massage, Reiki, hot and cold stone therapeutic massage. Call Geraldine, certified therapist in Europe, over 15 years of practice, 250-227-9890

REGISTERED HERBAL THERAPIST, MASTER HERBALIST - Maya Skalinska, M.H., R.H.T. Iridology, Tongue & Pulse analysis, Nutritional consultations, individual herbal remedies, Flower Essence consultations & remedies. For appointments, please call 250-225-3493.

REGISTERED MASSAGE THERAPIST: Harreson Tanner - Over 30 years clinical experience. Treatment of Lumbo/Sacral Strain, Whip Lash, Frozen Shoulder, Migranes/Headaches, TMJ problems, & Stress. No doct refl req'd. 227-6877/cell: 505-6166.

SAPPHIRE HAIR SALON: Kate Page, hairdresser and proprietress. 16210 Hwy 3A (Crawford Bay Motel) Unit 9. Call to book an appointment: 250.505.6950.

RESTAURANTS

CRAWFORD BAY HALL & COMMUNITY CORNER BUILDING - available for community events, wedding receptions, workshops etc. Non-smoking facilities. Call Kathy, 227-9205.

MAXX AND NAMBI'S FAMILY RESTAURANT: Open 7 days a week, 9-noon. (located beside Newkey's)

NEWKEY'S PLACE - Hwy 3A in Crawford Bay, licensed area. Open 10 am til close Monday to Sunday. Food Specials all day. 227-6911.

ROCKWOOD CAFÉ - Authentic Chinese food, great pizzas and perfect burgers. Open Tues - Sun. Hwy 3A Gray Creek. 227-6840.

YARD/LANDSCAPING/SITE PREP

TREE SERVICE, RESIDENTIAL - Limbing, Pruning, Topping, Falling. Danger Tree Assessments, Free Estimates. Please Call James Linn at 250 225 3388

Creativity, Community, Conscience

Creativity, Community, Conscience

CLASSIFIED SECTION

BIZ ANNOUNCEMENTS

Sirdar General Store: A unique place to shop on Duck Lake - along Hwy 3A. 2014 & 15 Fishing & Hunting Licenses, Tags & Regulations plus CVWMA Fishing & Hunting Permits plus Federal Bird Permits, Fishing Tackle, warm gloves, Groceries, Creston Valley Bakery Bread, Buns & Pastries. Island Farms Milk Products, Chips, Chocolate & Energy Bars, Soft Drinks, Water, Juices, Coffee. Greeting & Post cards. Local Crafts, & Souvenirs, Winter Gloves, Mitts, Scarves, Toques. Post Office & Faxes. 8050 Hwy 3A, Phone 250-866-5570 or Fax 250-866-6811. Merry Christmas & Happy New Year.

Insurance Certification requires professional chimney installation - we are the Pro's - Gray Creek Store, 250.227.9315

BUSINESS SERVICES

Fax service, photocopies, (withnoPST/GST) Tom Lymbery - Notary Public, 250-227-9315, fax 227-9449, 250.227.9448 for Notary Public.

JOB OPPORTUNITIES

Social Media/Marketer wanted! Help me get my on-line presence up and ready to go for January classes! Must be seriously efficient (and probably youngish). Some hours for now before Christmas- could grow. Call 250-551-5827

NOTICES/EVENTS

Bevy of Angels Christmas Artisan Fair. Sunday, DEC 7 from 10-4. Local art and craft, kid craft area, lunch, and amazing things. Deadline for application as a vendor is nov 10. Call Jacqueline at 227-6803 to apply. 40\$ per table. All items must be handmade in the kootenays. (Also looking for musicians to play for tips, hugs, and lunch.) This is the best little craft fair around, and you know it!

Moving between the legs of tables and of chairs, rising or falling, grasping at kisses and toys, advancing boldly, sudden to take alarm, retreating to the corner of arm and knee, eager to be reassured, taking pleasure in the fragrant brilliance of the Christmas tree.
T.S. Eliot

DID YOU NOTICE?

There are some employment opportunities that come up around the area, for example, when you need something done, you have to hire someone from out of the area, and you pay dearly for it. Some friends who had no water for months while they searched, in the winter, for someone who could fix their pump which was underwater in Kootenay Lake. They finally found someone in Kaslo. How about if we have a column somewhere, like right here in the **Mainstreet**, where people note what they need: •Work they need done where they would love to hire locally, •A business opportunity that might work here and save us all from going to town. •A head's up about someone about to retire who might like to mentor and train the other. •A partnership idea. For example, when I consider how much we miss Rudy. Who could possibly combine those lovely skills he had into such an engaging and endearing personality who charged so affordably for his time? But then, there are others out there who may not look like him, but who can do the work.

So, I'll start-Technician or general fix-it guy or gal needed to fix a satellite visual signal for a blind friend- soon, and without charging a leg or an arm.

The PAC Box

Your Parent Advisory Council is working hard as a liaison between school and families and would like to take a moment to let you know about what's going on...

PAC MEETING: December PAC Meeting is on December 9 at the CBESS middle room (computer lab). All parents/guardians are welcome and are voting members. Join us!

GROCERY GIFT CARDS: The grocery gift card fundraiser is on-going throughout the year. For November & December, proceeds go towards elementary music and the Hot Lunch Program. Call the school for more info: 250.227.9218 and place your orders for the December round by December 7th.

YOUR HALL IS AVAILABLE...

For community events, wedding receptions, workshops...You name it!

Booking info, Kathy Donnison @ 227- 9205

CRAWFORD BAY HALL

"your community hall"

A non-smoking facility.

EAST SHORE PHYSIOTHERAPY



Anna Rose
BScPT

- Full Assessments
- Home Programs
- Gentle Treatments

Health Center, Crawford Bay

(250) 227-9155

- Planning a wedding?
- Holding a meeting?

Consider renting the
BOSWELL HALL

Booking/info: Judy @ 250-223-8664

BULLETIN BOARD

Community Notices, Thank You's, Not-For-Profit Announcements (all not related to business), Church Calendar & Meeting Places - free on the Bulletin Board.

CHILD HEALTH CLINIC, ADULT IMMUNIZATIONS, PUBLIC HEALTH NURSE

Will be at the East Shore Health Centre monthly.
For information, call Creston Health Unit at 250-428-3873.

EAST SHORE HEALTH CENTRE Call 227-9006

See calendar for doctor days - Doctor hours are from
9:30am to 4:30 pm. Please call 227-9006.
Interior Health Authority, Community Care Nursing
and Home Support Services - 250-352-1433.

PHYSICIAN COVERAGE FOR December 2014

**Note: Call to cancel if you can not make your
appointment. We always have a wait list for
patients needing to get an appointment.**

Dec 2: No Doctor
Dec 3: Dr. Moulson
Dec 4: Dr. Lee
Dec 9: Dr. Lee
Dec 10: Dr. Moulson
Dec 11: Dr. Grymonpre
Dec 16: Dr. Grymonpre
Dec 17: Dr. Moulson
Dec 18: Dr. Lee
Dec 23: Dr. Grymonpre
Dec 24: No Doctor
Dec 25: No Doctor
Dec 30: Dr. Grymonpre
Dec 31: No Doctor?

**Please Note: Lab hours 7:30 - 10:30 am, Weds
Tues Dec 23 INSTEAD OF Weds Dec 24
and Dec 30 INSTEAD of 31.**

**Call to make appointments at 227-9006
on doctor days and Thursday morning.
Tues, Weds & Thurs (8:30 to 12:30)
Phone: 250-227-9006 Fax : 250-227-9017**

BOSWELL HALL HAPPENINGS

Yoga: Thursdays, 9:30-11:00 am. Marilyn Arms 250-223-8058
Tone & Trim Fitness: Mondays & Fridays 9am
Darlene Knudson 250-223-8005
Vinters - December 10th, 2pm
Contact Jeanne Kay Guelke 250-402-3791
Book Club - December 11, 2pm
Contact Melody Farmer 250-223-8443
Quilters Guild - December 16, 1pm
Contact Jan Brooks 250-223-8667
BADEV - December 11, 9am
Contact Rod Stewart 250-223-8089
CARPET BOWLING - Tuesdays, 7-9pm (None Dec 23/30th)
Contact Tom or Linda Sawyer 250.431.8404

BOSWELL HALL SPECIAL EVENTS

**Christmas Potluck Wed. Dec.24th.
Contact Sharlene Ryks 250-223-8030 or 223-8554**

BEVY OF ANGELS CHRISTMAS ARTISAN FAIR

Sunday, DEC 7 from 10-4. Local art and craft, kid craft
area, lunch, and amazing things. Deadline for applica-
tion as a vendor is nov 10. Call Jacqueline at 227-6803
to apply. 40\$ per table. All items must be handmade in
the kootenays. (Also looking for musicians to play for
tips, hugs, and lunch.) This is the best little craft fair
around, and you know it!

HEARTY SOUPS FOR THE SOUL

Too sick or tired to cook? Healthy and Delicious Vegetar-
ian Soups. \$2.50 per 500-750 ml container. Frozen ready to
reheat. Offered by the Riondel Seniors Association. Made by
the Crawford Bay Hot Lunch program. Pickup or can deliver
in special cases. Call Rhonda 250-225-3384 or Email: boor-
man27@gmail.com

EASEY THANKS

On November 22, 2014 I hosted the event ART.WINE.CHEESE,
the EASEY fundraiser. EASEY stands for East Shore Alliance Sup-
porting the Early Years. Despite all our efforts and the organizing
that went into the event we just barely broke even. However this
would not have been possible without the generous contributions
from many businesses. Below is a lists of the businesses that spon-
sored us: *The East Shore Mainstreet*, BC Wine Guys, Koo-
tenay Alpine Cheese, Kootenay Co-op, Lakeview Store, Au Soleil
Levant, Kyo-Jitsu Shiatsu, Ellison's, Barefoot Handweaving, Moe's
Art Bread, What's Happening Party Rentals and Supplies.
Thank-you all once again for your support

RIONDEL COMMUNITY POTLUCK CHRISTMAS DINNER AND MANY BAYS BAND CONCERT

Monday, December 15 @ Riondel Community Centre. Music at
5:30pm - Dinner at 6pm. Admission: a side dish, dessert, or dona-
tion. Call 250-225-3268 for info

HALLOWEEN IN RIONDEL GREAT SUCCESS!

A huge thank-you to everyone that generously donated treats,
money or service to the Riondel Halloween Party. It was a
great success with over 125 participants. A special thanks
to the Riondel Market (Roberta) who collected donations,
baked delicious hot dog buns and gave a generous discount
for the fire works. To the Riondel Fire Fighters that opened up
the fire hall providing a dry fun space for everyone. Thanks
to Angus MacDonald for an amazing magic show enjoyed by
all ages. Thanks to Bobs Bar and Grill for making scrump-
tious pizza and being so accommodating. Thanks to Rec9
that gave us the grant that made this a grand Halloween
Party. We are excited for next year, for more Halloween fun!
Thanks Riondel!

Next Deadline: Dec 24

www.eshore.ca

mainstreet@theeastshore.net

KOOTENAY LAKE FERRY YEAR ROUND SCHEDULE

Winter Schedule in effect

All times listed in Mountain "East Shore" Time

Vessel Name	Balfour	Terminal	Kootenay Bay	Terminal
	Summer	Winter	Summer	Winter
Osprey 2000		7:30 am		8:10 am
Osprey 2000		9:10 am		10:00 am
Osprey 2000		10:50 am		11:40 am
MV Balfour				
Osprey 2000		12:30 am		1:20 pm
MV Balfour				
Osprey 2000	N/A	2:10 pm	N/A	3:00 pm
MV Balfour				
Osprey 2000		3:50 pm		4:40 pm
MV Balfour				
Osprey 2000		5:30 pm		6:20 pm
MV Balfour				
Osprey 2000		7:10 pm		8:00 pm
Osprey 2000		8:50 pm		9:40 pm
Osprey 2000		10:40 pm		11:20 pm

CHURCH CALENDAR

RIONDEL COMMUNITY CHURCH

December 2014 SCHEDULE

Dec 7: Brenda Panio, 11am

Music: Marie Gale

Dec 14: Rev. Derrick Smith, 1pm

Music: Marie Gale

Dec. 21: Shelley Stickle-Miles, 3pm

Music: Marie Gale

**Dec 24: Please join us for carols at Kootenay Lake
Church, Crawford Bay, BC**

Dec 28: Pastor Richard Danhauer, 1pm

Music: Richard and Ramona

Please check www.riondel.ca for changes Info at 250-225-3381

CHRIST CHURCH & EAST SHORE CONGREGATIONS ST. ANSELM'S CHURCH BOSWELL (Anglican)

For information call Christ Church Creston 428-4248

**No services at the present time. Contact Christ
Church Creston for info - 250.428.4248**

HARRISON MEM. COMM. CHURCH, ANGLICAN

Crawford Creek Rd., Crawford Bay Everyone Welcome!

No services at present time.

For info, please contact Karen Gilbert: 227-8914

KOOTENAY LAKE COMMUNITY CHURCH

A Lighthouse on the East Shore

Come & join us Sundays at 10 am.

Coffee fellowship after the service.

Pastors Richard and Ramona Dannhauer
16190 Hwy 3A, Crawford Bay 250.227.9444

YASODHARA ASHRAM

Satsang (non-denominational, "in the company of the wise"),
each evening 8pm. Everyone welcome, 250.227.9224

MOST HOLY REDEEMER CATHOLIC CHURCH, RIONDEL

Reverend Thomas Kakkaniyil Phone: 428-2300 Fax: 428-4811

Sunday Mass at 2:00 pm

1st Sunday of the month, Fellowship Sunday.

THE CHURCH OF JESUS CHRIST OF LATTER DAY SAINTS

1520 Campbell Avenue, Riondel, B.C.

Meetings begin at 10 am, every Sunday. Info call, 250-227-9522

CHRISTIAN SCIENCE CHURCH SERVICES

Held in the Anglican Church, 8151 Busk Rd, Balfour

Sundays, 9:30 am - All welcome For info, call: 250.229.5237

**Next Deadline:
December 24, 2014**

MEETING PLACES

LIONS CLUB - meets at the Kootenay Lake Community
Church - 16190 Highway 3A, Crawford Bay.
Meeting Times: 7 pm.

Second and Fourth Tuesday of the Month
For More info call Lion Mike Jeffery - 250-227-6807 or Lion David
George at 250-227-9550 or Lion Jim at 250-227-9622.

TOPS - Take Off Pounds Sensibly: meets every Thursday morn-
ing at 8:30 am in the Kootenay Lake Community Church base-
ment. Call Marilyn for more info: 227-9129

PARENT ADVISORY COMMITTEE

(PAC) Meetings held at 7 pm at the Crawford Bay School
on (usually) the second or third Monday of the month. (or Tues)
Call Ingrid to be put on the agenda - 250.227.9246

**December PAC Meeting:
December 9, 2014**

December 2014 Mainstreet 23

Creativity, Community, Conscience

December 2014

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1	2	3	4	5	6
	Psych for Fun, CBESS, 7pm	No Doctor	Volleyball, 7pm, CB Gym Bingo, Rio CC, 7pm Dr. Moulson	Pricky Pig Allied Arts Club, GC Hall, 11-4 Many Bays Practice, 7pm Dr Lee		
7	8	9	10	11	12	13
Bevy of Angels, CB Hall, 10-4	Psych for Fun, CBESS, 7pm	PAC Meeting, Middle Computer Lab, CBESS, 7pm Lions Mtng, 7 pm Dr. Lee	Volleyball, 7pm, CB Gym Bingo, Rio CC, 7pm Dr. Moulson	Pricky Pig Allied Arts Club, GC Hall, 11-4 Many Bays Practice, 7pm Dr Grymonpre		
14	15	16	17	18	19	20
	Riondel Community Potuck, 5:30, Rio Comm. Centre Psych for Fun, CBESS, 7pm	Dr. Grymonpre	Food Hamper Day Volleyball, 7pm, CB Gym Bingo, Rio CC, 7pm Dr. Moulson	Meditation Retreat Pricky Pig Allied Arts Club, GC Hall, 11-4 Many Bays Practice, 7pm Dr. Lee	Meditation Retreat	Meditation Retreat
21	22	23	24	25	26	27
		Lions Mtng, 7 pm Dr Grymonpre	Candlelight Service, KL Comm Church, 6pm Mainstreet Deadline Bingo, Rio CC, 7pm No Doctor	Pricky Pig Allied Arts Club, GC Hall, 11-4 Many Bays Practice, 7pm No Doctor		
28	29	30	31			
		Dr. Grymonpre	Bingo, Rio CC, 7pm No Doctor?			

Hexagon Players Present

NEW YEAR'S EVE PARTY

DRESS TO KILL
costume contest

1940's GANGSTER-THEMED DANCE PARTY

LIVE MUSIC
DJ DAMARU

DICKS AND DAMES...
PUT ON YOUR DANCING SHOES!

LIVE ENTERTAINMENT
DANCING
GREAT FOOD
THEATRICAL TEASERS

Crawford Bay Hall
December 31st 2014
Door opens at 7:30

Tickets available at
Riondel Market
Crawford Bay Market
Gray Creek Store

ES Health Centre ~227-9006~

Drug & Alcohol: 353-7691 Child & Youth: 353-7691
 Public Health Dental Screening/Counseling: 428-3876
 Community Nursing: 352-1433 Hospice: 227-9006
 Mammography Screening: 354-6721 Baby Clinics: 428-3873
 Physiotherapy: 227-9155 Massage Therapy: 227-6877
 For more on facility, call Kathy Smith, 227-9006

ADVERTISER	PAGE	
Soup for Sale	5	
Barefoot Handweaving	8	Studio Ponnuki 5
Bevy of Angels	4	Sunset Seed 17
Black Salt Cafe	5	Turlock Electrical 12
Boswell Hall	22	Yasodhara Ashram 2
Candlelight Service Xmas Eve	12	
CBAL Telling Stories	3	
Classified Ads	23	
Community Futures	10	
Crawford Bay Hall & Parks	17	
Crawford Bay Market	13	
Credit Union	13	
Creston Vet Clinic	6	
EDC	3	
ESIS	12	
Eastshore Physiotherapy	15	
Fitness Place	18	
Fridgeworks	12	
Gray Creek Store	12	
G.R.S. Contracting	12	
Happiness Survey	6	
Harreson Tanner	9	
Hexagon Players NYE	1,24	
Hot Lunch Chef Position	1	
Hulland and Larsen	1,12	
JB Construction	12	
Kootenay Insurance Services	6	
Lakeview	13	
Learning Hub	7	
Meditation Retreat	15	
Mungall Shop Local	12	
PAC Box	10	
RDCK TS Hours	3	
Riondel Community Potluck	8	
Riondel Market	12	
Sapphire Hair Salon	12	

Transfer Station Hours

CRAWFORD BAY:
Sun & Tues
9am - 3pm

BOSWELL:
Weds/Sat
11 am - 3 pm

Taking a guess...
check rdck.bc.ca

Library Hours:

East Shore Reading Centre:
Tues & Sat: 12-3
Thurs: 7-9 pm

Riondel Library:
Mon: 2-4 pm,
Weds:
6-8 pm
Tues, Thurs, Sat:
10am-12:30pm