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The Hexagon Players return to the stage for their 8th annual production. This year's play is called *Finger Foods* and is a compilation of seven short plays that speak to the themes of love lost and found, baggage (emotional and otherwise), what we seek and what we lose, and the profound collision of past, present and time eternal. Pictured here are: (above) Matt and Kate Leishman, Michelle Moss and James Gates exchange looks of disdain. John Leishman worships his own feet (top right) and Maria Latouf warms up in peculiar ways (bottom right). **Tickets go on sale on February 9** for the performance, which takes place at the Crawford Bay School Performance Space on February 23-25 (8pm Fri/Sat and 2pm matinee Sunday). **Photos: Gef Tremblay**

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*Mainstreet
Meanderings*

by Editor Ingrid Baetzel

Holy Wars

Have you recently pondered how backwards this world can be? How video games, movies, music and YouTube videos gleefully glorify violence and division, objectify women, make sex and love taboo? When did the brutal slaying of another human being become acceptable as long as we've got a joystick in our hands, and when did sex become obscene?

This is, pervasively a Western issue. We have numbed ourselves to cruelty and our kids are getting that way fast. I know, this is a bit heavy-handed language. Not every kid plays violent video games without a twitch of remorse and not every Westerner makes sex a dirty little secret. But, as a culture, and in this part of the world, it seems as though this is where we are. "War games." War games? How do these words live together? "First-person shooter" – Just in case the horror isn't real enough to watch, you can be the person perpetrating the horror.

I would like to clarify; for all the preachy qualities inherent in what I'm writing, please don't think I put myself above this. I have played these games – even gotten lost in them a bit. They appeal to the hunter in many of us. They ask for strategic thinking and accuracy. The adventure awaits! We shut of the good part of our humanity for a minute and get lost.

But, then I'll walk past the console and watch my kid or someone else's blasting a digital enemy into oblivion and I can't help but ask myself where it all went wrong. When did war (something not many of us have experienced) become acceptable and sex (something that most of us have or will experience) become forbidden? And when did our understanding about sexual love become something "taught" by paid

actors? Our school system does what it can – we as parents do what we can. But a million twisted varieties, fetishes, male-centred, high gloss-versions of sex are available to every being who can wield a digital device (and these days, that comes in the form of two year olds).

No answers are being offered here, just more potentially vapid food for thought (perhaps mostly just a reminder to self to keep engaged and keep the conversation going with the kids). I'll leave the lovely **Alicia Keys'** words from her song "Holy War" as the last ones to maybe fill whatever room you're in. Give it a listen. Sometimes a song is enough.

*If war is holy and sex is obscene
We've got it twisted in this lucid dream
Baptized in boundaries, schooled in sin
Divided by difference, sexuality and skin*

*Oh, so we can hate each other and fear each other
We can build these walls between each other
Baby, blow by blow and brick by brick
Keep yourself locked in, yourself locked in*

*Oh, maybe we should love somebody
Oh, maybe we could care a little more
So maybe we should love somebody
Instead of polishing the bombs of holy war*

*What if sex was holy and war was obscene
And it wasn't twisted, what a wonderful dream
Living for love, unafraid of the end
Forgiveness is the only real revenge*

*Oh, so we can heal each other and fill each other
We can break these walls between each other
Baby, blow by blow and brick by brick
Keep yourself open, yourself open*

*What if love is holy and hate obscene
We should give life to this beautiful dream
'Cause peace and love ain't so far
If we nurse our wounds before they scar
Nurse our wounds before they scar*

LETTER TO THE EDITOR

NO WORDS

Dear Editor:

No words can express the feeling of losing my son Dylan Paulhus. The family would like to thank everyone for the outpouring of support during this difficult time. All the cards, food, flowers and visits were greatly appreciated.

Thank you,
Andree Paulhus, Crawford Bay

EQUINE PRESENCE ON THE ROADS

Dear Editor:

To all the drivers respectfully aware of equine presence on East Shore roads, Thank You!

Thank you for taking your foot off the gas when you pass. This both decreases engine sounds, and the horse's potential for spooking. Slowing your vehicle while passing any pedestrian feels more safe for everyone. Thank you for making more room, when safely possible.

Horses and humans alike feel reassured when drivers pass with consideration, by slowing down, moving over, creating space. Deepest gratitude to all of you who respectfully share the road.

Christina de Pape, Crawford Bay

THANKS FOR THE YEARS OF SUPPORT

Dear Editor:

I have retired from Kootenay Insurance Services and would like to thank all the clients for their support over the years that I have been in this office.

It has been a joy and I now have many friends and acquaintances.

Thank you,

Nancy Schmaus,
Riondel

BEST TIMES ON ICE

Dear Editor:

I remember when I was 7 and briefly moved to Ontario, I was the new kid and least adept hockey player/skater. Not so fun for me. I did manage to enjoy skating and a few games of shinny as I grew up, but I was never as good at it as many other Canadians are.

So, imagine my surprise that the best times of 2018 for me so far have been playing hockey with my daughter and other local parents and kids at the Riondel rink.

Much thanks to Maury & Barb at the Riondel Market, and all local rink caretakers for making it happen.

All the best in 2018,

Ben Johnson,
Riondel

THANKS TO ANGELS

Dear Editor:

Would like to send a heartfelt thank you to everyone who helped make the Food Hamper Fundraiser and Angel Tree a success.

We had 18 angels and they were all taken by locals. We are so very grateful.

A special thank you to Richard and Ramona Dannhauer and Gina Medhurst for their time and efforts. The volunteer firefighters made the delivery of the gifts an experience for the kids and of thanks of course to the community for all your help in so many ways.

Look forward to doing it all again.

Thank you to all.

Newkey's Pub and Restaurant,
Crawford Bay



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Job Opportunities

NEWKEY'S PUB AND RESTAURANT.

Looking for Bartenders/Servers and Cooks. Please feel free to drop off resume at Newkey's in Crawford Bay or give us a call at 250.227.6911 (Gerry or Pam). Looking for March/April starts.

Commercial Lease Space

Accepting applications of interest for the lease of the commercial space @ 16072 Hwy 3A, next door to Black Salt Cafe. All applicants will be considered. Email Terry or Todd: soyoucansendmemail@gmail.com Or call: 250.227.9510.



Job Opportunities: Black Salt Cafe is considering applications for the following positions: line/prep cook, dishwasher, barista & server.

Email Terry/Todd: soyoucansendmemail@gmail.com or call 250.551.3455.



RDCK Area "A" Update

by Garry Jackman, Director - Area "A"

A PAUSE TO SAY THANK YOU

Every month I look back to think of what activities or actions to report on while also looking ahead to think of where to provide a heads up and make best use of these few hundred words through which Ingrid allows me to share information. This month I realize it may be better to pause and think more in the moment. What came to mind first was I need to take more deep breaths. The next words which came to mind were "thank you".

Thank you Ingrid, not just for the use of this space but for continuing to provide a means for all of us to share our thoughts, concerns, wishes, heart ache (at times) and hope.

Thank you to Mike for offering your council as alternate electoral area director for several years. As I consider how to approach another community member to fill that role in our local governance structure I recognize how you helped to engage the community, stimulate discussions and raise awareness.

I have often stated that in our rural, unincorporated areas we govern ourselves to a large degree through community volunteers and champions. Some groups are structured more closely around local government with direct relationships to the RDCK as commissions and committees while many more of our local leaders form their own structures through societies and service organizations in order to make their contribution. Still others stand out as significant individuals, involved

in so many causes they cannot be easily defined as "belonging" to any one group.

Now saying thank you begins to become a bit of a challenge. When I think of local leaders who are currently serving their communities through activities closely affiliated with RDCK committees, commissions and volunteer organizations I started listing dozens of names in my draft for this submission. I know I would miss some and more important have difficulty listing all who have only recently stepped away after serving these groups for years. So thank you to our volunteers with the Riondel Fire Service, the Riondel Commission of Management, the Recreation 9 Commission, the Sanca Water Commission, the Economic Development Commission, the Wynndel Fire Service and the CBT-Community Initiatives Program Committee.

The RDCK also works through partnerships on local projects with key community members. Thank you to all involved with the Enhanced Tourism Education Project, The Tourism Advisory Committee, the Economic action Partnership and the CBT-Community Directed Funds steering committee.

Then there is the larger list, which I will not attempt, of volunteers who support our five community halls, our reading centers, our learning hub, our fitness center, our cemeteries, our community parks, our service clubs, our historical societies, other important assets such as the Riondel curling rink, our three public harbours and a myriad of trails plus those who continue to foster collaboration within our business community. Thank you.

CBT-CIP

Proposals for this fund are accepted once per year, January 1 through February 28, 2018. The proposal form is available on the RDCK website at <http://rdck.ca/cip-aap> and will also be available in hard copy from

the RDCK Services at the Creston Library.

In April a community meeting will be conducted, as in past years, where proponents will be given the opportunity to provide a proposal presentation and respond to inquiries regarding their proposal. A panel of eight community members, including myself, who reside from Wynndel to Riondel will make recommendations on funding for each proposal and submit the results to the RDCK. The RDCK Board of Directors will make the final project funding decision at the May 2018 board meeting and the results will be made available on the RDCK website at <http://rdck.ca/cip-aap>

If you have questions or comments on any topic please drop a note to gjackman@rdck.bc.ca or call me at 250-223-8463.

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Hidden Taxes

by David George

99 Reasons 2017 Was A Great Year

The final 49 are reprinted from *Future Crunch* below. (*Hidden Taxes* will return to regular investigations in March.)

51. In November, a new global alliance of more than 20 countries, including the UK, France, Mexico, Canada and Finland, committed to ending their use of coal before 2030. *BBC*

52. The cost of solar and wind plummeted by more than 25% in 2017, shifting the global clean energy industry on its axis. *Think Progress*

53. The cost of solar plants in the United States dropped by 30% in one year and in the United Kingdom, the price of offshore wind dropped by half in less than two years.

54. Solar energy is now responsible for one in every 50 new jobs created in the United States, and the clean energy sector is growing at 12 times the rate of the rest of the economy. *CNBC*

55. In June, South Korea announced a major U-turn on energy, shifting one of the world's staunchest supporters of coal and nuclear power toward natural gas and renewables. *Reuters*

56. JP Morgan Chase said it will source 100% of its energy from renewables by 2020 and will facilitate \$200 billion in clean financing through 2025. *PV Tech*

57. General Motors believes "the future is all-electric" Volkswagen announced it's investing 70 billion euros and "putting its full force behind a shift into electric cars" and Volvo said that starting in 2019 it will only make fully electric or hybrid cars "the end of

the combustion engine-powered car." *Atlantic*

58. China is going to install 54GW of solar by the end of 2017, more than any country has ever previously deployed in a single year, and doubled their 2020 goal to 213 GW. *PV Magazine*

59. The world's largest carbon emitter also announced that their Paris Agreement pledges will now be met a decade ahead of schedule, with emissions forecast to peak in 2018. *Australian Financial Review*

60. Following in China's footsteps, India more than doubled its solar installations in 2017, accounting for more than 40% of new capacity, the largest addition to the grid of any energy source. *Quartz*

61. A new report from the European Union said that between 1990 and 2016 the continent cut its carbon emissions by 23% while the economy grew by 53%. So much for the propaganda of fossil fuel lobbyists... *CleanTechnica*

62. On the 21st January 2017, the Women's March became the largest single-day demonstration in recorded U.S. history. *Washington Post*

63. On International Women's Day 2017, Iceland became the first country in the world to make equal pay compulsory by law. Two days later, India passed a bill giving every working woman in the country 26 weeks of compulsory maternity leave. *Economic Times*

64. Thanks to the legalisation of same-sex marriage, suicide attempts by LGBT teenagers have decreased by 14% in US high schools since 2014. *Guardian*

65. In May, Taiwan's constitutional court ruled in favour of allowing same-sex marriage, becoming the first Asian country to do so. *SCMP*

66. Saudi Arabia said women would no longer need male permission to travel or study. A few months later, women received the right to drive. *BBC*

67. New figures showed that the gender pay gap in the United States has narrowed from 36% in 1980 to 17% today. For young women the gap has narrowed

even further, and now stands at 10%. *Pew Research*

68. Women now occupy 23% of parliamentary seats around the world, up from 12% in 1997. The Middle East and North Africa have seen a fourfold increase in that time. *World Bank*

69. As plunging crime closed prisons across the Netherlands, the government started turning them into housing and cultural hubs for ten of thousands of refugees instead. *Fast Company*

70. New data showed that young people are officially less racist than old people. The worldwide trend is towards towards less discrimination on the grounds of skin tone or caste. *Quartz*

71. 17% of newlyweds in the United States now marry someone of a different race or ethnicity, a five-fold increase since 1967, when interracial marriage was legalised. *Pew Research*

72. The immigrant population of the US (people born in another country) has now reached 43.7 million people, one out of every eight residents, the highest proportion in 106 years. *CIS*

73. Canada became the 9th country to allow a third gender, rather than male or female, on passports and government documents. That came two months after country number 8, Pakistan. *Vox*

74. India's Supreme Court issued a historic ruling confirming the right of the country's LGBTQ people to express their sexuality without discrimination. *Independent UK*

75. California became the first US state to legally recognise nonbinary genders, and Germany's top court ruled that lawmakers must legally recognise a third gender from birth. *CNN*

76. In December, Australia became the 26th country to legalise same sex marriage. A wonderful victory, hard fought for by so many brave people. About bloody time. *ABC*



February Horoscope

by Michael O'Connor

Tip of the Month: As month two of this Universal 11-Year gains momentum, the Sun, Mercury, Venus inner solar system trio join forces in Aquarius under the light of the Leo Full Moon. This represents an invitation to identify what makes us special. In the bigger picture, the push is on to be that much more sober and disciplined to forge our future in the ever-shifting social and economic currents.

Aries (Mar. 21-Apr. 19)

A significant change in your public and professional status should be evident. This is serving to establish a new foundation for the expression of your talents and earning potential. Anticipate returns and possibly inheritances.

Taurus (Apr. 20-May 20)

Despite your worldly ambitions, you may simply yearn to enjoy quality time close to home. This can include networking with and building a deeper sense of community. Also indicated are studies to build your strengths for the future.

Gemini (May 21-June 20)

As the month progresses you will move from a social cycle to one of quietude. Ideally you will be able to respond accordingly to rest and recharge. This stands to be your best opportunity of the year to do so. This trend will extend into March.

Cancer (June 21-July 22)

New commitments are emerging. In the short-term, these will require letting go of certain attitudes, priorities and behavior patterns. This could manifest as something of a crisis. Exercise faith and flexibility in a spirit of cooperation.

Leo (July 23-Aug. 22)

On the surface, your relationships and social interactions are bubbling along. At deeper levels a more sober and serious process is underway. It includes learning new skills requiring your full attention. This will become more evident as the month progresses.

Virgo (Aug. 23-Sep. 22)

Exciting changes are underway and it is time to establish new daily rhythms. This began a couple weeks ago and will continue for a few more. You will probably need this momentum to advance meet all your goals in 2018.

Libra (Sep. 23-Oct. 22)

A playful cycle lingers. The weeks leading up to 2018 and some since may have proven rather sobering, but the light is beginning to shine more brightly now. Still, circumstances are pushing you to determine your direction. A revolutionary response is indicated.

Scorpio (Oct. 23-Nov. 21)

You are in a selective mood so you can concentrate your focus. Achieving something great like a diploma or degree would match the deeper themes of this cycle. In the short-term, your sense of individuality is getting a boost.

Sagittarius (Nov. 22-Dec. 21)

Many new ideas, insights and epiphanies are igniting in your mind. Like a sparkplug firing the engines,

yours are revving powerfully. Laying claim to your full confidence may be a challenge, yet if you can and do you will be unstoppable.

Capricorn (Dec. 22-Jan. 19)

The fast-moving planets activated your drive and determination last month. Now your curiosities have been piqued and you are in an adventurous mood. Your direction may be more within, however, than distant places and world wonders.

Aquarius (Jan. 20-Feb. 18)

Sun, Mercury and Venus are activating your sign and inspiring your resolve to explore new territory. Much that once was is steadily dissolving, a process that began in 2017. Liberated and excited yet possibly a bit shakey, strong currents carry you onward.

Pisces (Feb. 19-Mar. 20)

Quality time spent in your lab, den, basement, cave... is the call now. This is your opportunity to do some great work, or simply enjoy a period of hibernation. But the deeper theme speak of visionary perspectives and sharing your realizations and genius.

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"Hidden Taxes" continued from previous page

77. Global deaths from terrorism dropped by 22% from their peak in 2014, thanks to significant declines in four of the five countries most impacted: Syria, Pakistan, Afghanistan and Nigeria. *ReliefWeb*

78. After quintupling between 1974 and 2007, the imprisonment rate in the United States is now dropping in a majority of states. *New York Times*

79. The number of executions recorded worldwide fell by 37% since 2015. The decline was largely driven by fewer deaths recorded in Iran and Pakistan. *BBC*

80. You didn't see this story in the evening news?— in June, we heard that the homicide rate in Australia has dropped to one victim per 100,000 people, the lowest ever recorded. *Guardian*

81. Rates of violent crime and property crime have dropped by around 50% in the United States since 1990, yet a majority of people still believe it's gotten worse. *Pew Research*

82. A new report showed that incidents of bullying and the number of violent attacks in American public schools have decreased significantly since 2010. *Associated Press*

83. The European Union passed fresh rules that make it more difficult for armed groups to finance their activities through the sale of conflict minerals. *Mining.com*

84. Heckler & Koch, the world's deadliest arms manufacturer, announced it would end gun sales to countries falling short of corruption and democracy standards. *Deutsche Welle*

85. Nepal passed a law criminalising an ancient Hindu practice called chhaupadi that banishes women from the home during menstruation and after childbirth. *Al Jazeera*

86. Tunisia, Jordan and Lebanon repealed provisions in their penal codes that allow rapists to escape punishment by marrying their victims. *Al Jazeera*

87. India's Supreme Court outlawed non-consensual marital sex with child brides, and raised the age of sexual consent for all women to 18. *CNN*

88. Snow leopards have been on the endangered list since 1972. In 2017, they were taken off, as the wild population has now increased to more than 10,000 animals. *BBC*

89. In March, in a big win for two of the world's most endangered big cats, the Amur leopard and tiger, China approved a national park 60% larger than Yellowstone. *HuffPost*

90. Taiwan became the first Asian country to ban the eating of cats and dogs, with new laws imposing fines for consumption and jail time for killing and cruelty. *National Geographic*

91. A decrease in pollution in the Ganges brought Gangetic dolphins, one of the four freshwater dolphin species in the world, back from the brink of extinction. *Hindustan Times*

92. Germany banned fur farming. This followed similar decisions by Japan and Croatia within the last year. A victory that was two decades in the making. Well done *PETA*.

93. Vietnam agreed to end bear farming, and said it would work with Animals Asia to rescue 1,000 remaining caged animals.

94. The British government unveiled new plans to require compulsory CCTV cameras in all slaughterhouses, in order to enforce laws against animal cruelty. *Guardian*

95. In more than 60 regions across the globe, more populations of large sea turtles are improving than declining, a big change from a decade or two ago. *Associated Press*

96. China agreed to ban the domestic ivory trade in 2017. By mid year, the price of raw ivory in Asia had fallen by around half. And in October, the UK government banned the sale and export of all ivory items. *BBC*

97. Gucci announced it would go fur-free in 2018 and auction off all remaining fur items. It follows in the footsteps of Armani, which went fur free in 2016. *Harper's Bazaar*

98. One of China's richest women, He Qiaonv, announced a \$2 billion donation for wildlife conservation, the largest environmental philanthropic pledge of all time. *Bloomberg*

99. The Indian government officially banned the use of all wild animals in circus performances. One month later, the Italian parliament did the same. 40

COMMUNITY HEROES

a Mainstreet Feature

Who have you seen doing great things? Who gives back to their community with a full heart? Who deserves a nod? Send the name of the person you'd like to recognize and a brief description of why you think they hold the esteemed title of... Community Hero!

A big shout out to **Klaus Plaumann and James Linn** for their generosity, kindness and dedication in teaching local youth Karate and discipline!

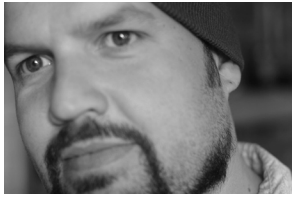
-Mandy Petrie

Hats off to **Marvin Syfchuck** for taking such good care of his neighbours, being there in a pinch, and helping to enable safe access for ALL vehicles from private to service.

-Gray Creek Hill Residents

A huge thank you to the **East Shore Hamper Fund** for their hard work and generosity. Your work can make a real difference for families in need on the East Shore.

-Anonymous



Hacker's Desk
by Gef Tremblay

Creativity, Computers and Open Source

When I am experimenting with tools for creativity, whether it be a pen nib, synth, or notebook, I am looking for a few characteristics. First, I like it when the tool is sturdy and solid. I should be able to modify it, tweak it or fix it easily. It has to be fairly easy to figure out yet precise. I also prefer that my creative tools aren't polluting. When I started using pen nibs and realized that I created a lot less pollution by not trashing all these pens every month, it really resonated with me. The same goes for notebooks or electronic instruments that actually gain value. I like when my tools are portable and sturdy.

When I look at computers, in comparison, I see that most of these characteristics aren't transferable. Don't get me wrong - I use computers in a creative way every day, but there is definitely some resistance to this creative freedom of pulling out a pen and paper and starting to draw.

Computers often fall far from being perfect creative tools. First, they are obsolete pretty fast. For example, a client of mine bought a small tablet/laptop for his wife. The brand-new laptop was just out of the store and of course Windows wanted to update. But since the laptop was meant to be a small portable tool, Windows decided that there wasn't enough space on the computer. The solution that it would give me? Make more space or upgrade the hard drive on the laptop. Unfortunately, the hard drive was hard soldered into the machine so it wasn't possible to change. Liter-

ally minutes after the computer was purchased it was already deemed obsolete.

Computers are also fragile; battery life is generally pretty bad and most of the time you don't really own your software. When you buy a license, you are given permission to use their tools as long as you respect how you use it.

What can be done to use computers creatively?

Microsoft and Apple marketing benefit from the user base not knowing much about computers. The less you know about your tool the more likely you are to just do as they say. Your computer/phone/tv is obsolete? Buy a new one.

Our computer needs generally don't change much and we rarely use their complete potential. Yet computers keep on getting more and more powerful. But are they doing these tasks in an easier way? Hardly! They are also getting more and more confusing - changing how they interface and how to do basic actions. Keeping the same tools around and learning how to use them really can help us become more savvy and creative with them.

Buy older hardware that can be fixed and upgraded. Can the memory, battery, hard drive and CPU be changed or upgraded? Many modern computers have soldered parts which make it impossible to fix or upgrade. Buying a new computer doesn't mean that it will be more powerful either. I'm still surprised how many 'new' computers have old hard drives and processors, but have new high resolution screens or touch screens for example. It's important to know what you are getting yourself into. With older computers, there are better track records, lots of reviews and if you get a popular model, there will also be a lot of spare parts available.

Educate yourself about your tools. Although proprietary tools tend to change a lot from version to version, their open source counterparts tend to keep

a similar interface for longer and evolve in a more organic manner, importing on usability. Learning the basics of computer fixing is also quite available. Sites like ifixit.com will list all the parts that can be changed and repaired.

Keep your old hardware. If you enjoy your machine, you can find parts to replace them. For certain brands you can get pretty much any parts from battery to screen. Also, older computers could be turned into different tools. You can put a very light version of Linux on an old laptop to turn it into a typewriter on steroids for example. Or you can use an old laptop as a media or retro game centre, where you can run thousands of old school games on a 15 year old laptop. There is more and more hardware that has a listing of FIY or CIY, which mean fix it yourself or change it yourself. These tools generally have parts that are easy to change, less gluing or soldering and can be kept around for a while.

Use open source software when you can. Even if you're not using Linux as your operating system you can still benefit from open source software. Tools like Inkscape, Gimp for visual design, and tools like Audacity for audio editing are all available for Mac and Windows too. In fact, there are a lot of open source tools available for both platforms. Some creative computer purists even consider that the only way to own your computer creation is by using only open source software.

Using pen and ink is awesome. It's simple, responsive doesn't run on battery and it never asks me to get updated. Being able to import my drawings on the computer and continue the creative process in the digital world is quite fun.

*Next Deadline:
February 28, 2018*

TOM SEZ

by Tom Lymbery

There are many things to be invented yet – how about glow in the dark toothpaste?

#Me Too is in the news so much recently – and with good reason. But how about so many of us who grew up with this: “Guys don't make passes at girls who wear glasses.” And no one told us what *passes* were not acceptable.

Amazon has hot water bottles on sale at \$11.99 US. But Gray Creek Store sells these for only \$4.95 to \$5.75 Canadian – and without Amazon's shipping charges. Best of all they are on the shelf, ready for bedtime tonight.

Shouldn't those who ski out of bounds be required to have insurance to cover the costs of rescue from tree wells or avalanches? Interesting to see that many skiers come to the Kootenays from France and Spain.

Turkeys, chocolate and poinsettias all originated in Mexico. That attractive red plant is named after botanist Joel R. Poinsett who was the first US ambassador in Mexico after the country achieved independence in the 1820's. They like 12 hours of darkness so are well suited to the Christmas season.

Plant yellow tomato seed as soon as we get to Mexico so we have these that we never find in the stores. If I take some plants for an auction at Rotary I have a chant that goes *Yellow tomatoes are sweeter than red – sweeter than red.*

Almonds make excellent street trees in tropical Mexico with large leaves for shade – and they

don't mind being trimmed beneath to walking height as well as above for power and phone lines. A seasonal drop lets red leaves on the street – and somehow it seems more important for locals to sweep these up than paper litter. These are ornamentals so the nuts are poor.

Since I mentioned the fictitious Zedemup Hotel in last month's “Tom Sez”, Greg Nesteroff has asked for the story – so here it is. Apparently there was a successful prospector who made strikes that excited him so much that when he got to the bar, in his somewhat broken English he would shout *Zedemup* to buy drinks for all. And so *Zedemup* became the name of that bar. But no one knows who he was or where was the hotel.

And that is the way the community of Cashup south of Spokane got its name. The storekeeper wouldn't give credit and insisted on cash, so *Cashup* it is.

The Zedemup story has no connection to Mike Johnson of Crawford Bay as he was Swedish and wouldn't sound out with a zed. He sold his claims for the amazing sum of \$35,000 (\$488,000 today) and chartered a private rail car to make a to his homeland. However by the time he got to Montreal virtually all his funds has been spent lavishly. Did he have to ride the rails to get back to the Bay?

February 3 is the start of the Yukon Quest – this year running from Fairbanks, Alaska to Whitehorse. Next year it will start from Whitehorse. There is a required 24 hour stop mid way in Dawson City. This dogsled race is a full 1000 miles – much tougher than the Iditerod but with much less publicity, so please follow it on line. The dog teams are well looked after with veterinarians at many of the stops. Unusual prizes

as well – Four ounces of gold for the first to make Dawson, and the Red Lantern award for the last team to complete.

Please google Harrop – Procter community Forest and expect to take time to enjoy their expanded website. Our Eastshore needs to follow their initiative and form our own Community Forest – protecting our water supplies, providing local year round employment and keeping part of our forest logged sustainably, with little clearcutting.

CORRECTION – in Denny Davis' article about his parent's \$75 house - Denny's grandfather Ted Applewaite walked to Nelson from Robson in 1890 (not 1895) to open a bank.



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**NEW LOCATION! We now have our clinics
at the Crawford Bay Motel, Unit 6**

Mobile Clinic Dates:
Feb 6 and March 6, 2018

ALL ABOARD Our Future is Calling

submitted by Laverne Booth

All East Shore/Wynndel residents and all ten communities from Riondel to Wynndel and all points in between are invited.

Join us on March 16, from 9:30 to 4pm in the performance area of Crawford Bay School.

Your participation is important- we are offering carpooling and transportation support, lunch, refreshments, interesting conversations, and a chance to meet new people from up and down the lake.

Building on the information already gathered through the Asset Based Rural Development process and the Economic Action Partnership, this is a day of learning about opportunities for action to lead into our bright future.

SHARE information about current high priority projects in each community and in the region. Find out what is going on in the other communities and find support for issues that may not be solvable within the community.

EXPLORE the potential for more actively helping each other when possible, through information-sharing, endorsement or support when needed. Columbia Basin Trust and other support agencies have been invited on this day.

IDENTIFY shared concerns that any single community won't be able to solve, get these into priority order and find out who wants to work together towards solutions.

ENGAGE on at least one Area-wide priority. Important themes have already emerged from consultations with individual communities and through the Economic Action Partnership (EAP) work with Creston, small business consultations, and more. What can we do together to ensure a prosperous future?

This day of conversation and choices is offered by the Economic Development Commission (EDC) of Area A, the Rural Development Institute (RDI) of Selkirk College, RDCK and Community Connections.

Confirm your attendance by email at the eslearnplace@gmail.com or by text message/phone at 250-551-6020. See you there!

Survey Says...

by Creston Valley-Kootenay Lake Economic Action Partnership

The results are in! The Creston Valley-Kootenay Lake Economic Action Partnership (CV-KL EAP) has officially released the outcome from the Economic Action Partnership Strategy Survey to the public.

In October 2017, the communities from Yahk to Yaqaan Nukiy to Riondel were invited to participate in surveys on improving the local economy. Overall, about 1000 locals participated – which included approximately 700 individual responses and 300 open-ended questionnaire completions from community groups and associations. The surveys were open to all ages and stages in the community.

Consultants from EcoPlan International (EPI) studied variations between the five areas (Area A, B, C, Lower Kootenay Band, and Town of Creston). Though there were differences in top priorities, every area's top three rankings were a combination of the overall top five rankings, which included: attraction of more families/young people, improving services, job creation, protection of the region's character/peacefulness, and attraction of new business and investment.

Similar to area variances, respondents who identified as business owners had slight differences in priorities for improving the local economy. Both groups identified 'attraction of families/young people' as their top priority. However, more importance was given to 'building a thriving local business sector' and 'attracting new business and investment' by business owners, managers, self-employed, artist, and freelance respondents.

The business support survey, which has an extended deadline to January 31, asks the business community specifics regarding their identified priorities. The CV-KL EAP feels there are many resources available right now to support these individuals. The goal is to educate and steer the business community in the direction they've identified, while preparing key support systems in the future.

In November 2017, EcoPlan and the CV-KL EAP hosted over 40 members from the region; which included businesses, community associations, and other key community organizations. The group reviewed survey feedback, determined the priorities, and identified where they can help implement economic actions.

Similar to the survey results, there were slight differences in priority focuses. When considering goals and feasibility, the top rankings from the steering committee included: workforce development and attraction, training and support for new/existing businesses, agriculture, tourism, and increased business collaboration.

The rank differences are not surprising, as each area and citizen group holds strong and unique identities. However, it appears there is common ground – which is great indication regional collaboration around any economic strategy chosen will be successful.

The CV-KL EAP is currently in their last stages, Phase 4: Implementation. The partner areas, along with Eco Plan and the CV-KL EAP team, are determining the governance model, structure and most promising 'strategy' areas to focus on for the region. Their decisions will be based on overall community feedback, Eco Plan research and recommendations, and collective agreement.

Right now, the objective is to find a model and strategy that works for the entire region. Where there are only winners, and everyone feels supported towards a stronger economy.

To view the survey results and economic snapshot of the Creston Valley-Kootenay Lake region, please visit eap.kes.bc.ca.

Building East Shore Tourism (BEST) Now Planning for 2018 Tourist Season

To enhance and expand tourism business opportunity and success in our area
press release



Wynndel, BC, January 24, 2018: Through the hard work of a team of local businesses and organizations in 2016-17, a two-year tourism enhancement project has received funding through the BC Rural Dividend. Under the sponsorship of RDCK through Area

A Director Garry Jackman, and managed locally through Community Connections, the initial project's lead partners included representatives from East Shore Trail and Bike Association, East Shore Learning Hub, Guiding Hands Recreation Society, Kokanee Springs Golf Resort, and Yasodhara Ashram.

This innovative project will support local business people and organizations who agree to work together on developing high-quality experiential and educational visitor opportunities in our area. The goal is that these can be offered individually, or could be packaged with accommodations to create a 'value added' offering to visitors. Identifying possible new events or hosting of meetings and/or educational programs will also be explored. By extending the focus of the project throughout Area A along the Highway 3A route, these new activities are meant to encourage longer stays by our many drive-through visitors, and will also be appreciated by residents here and in surrounding communities.

Project Manager Marg Durnin has been hired to involve more participants to coordinate product development, organize effective marketing, and generally ensure that all the required supports for a successful project are put into place. Marg has had a long working history with organizational administration including project and program start-up, with a wide range of types and sizes of organizations. In addition, she has experience as a tourist guide contracted by a UK-based company to accompany their tour groups on a Calgary-Vancouver route, which she did successfully for six years. "The learning about the complexities of how a packaged tour product is designed, the detailed planning and excellent customer service that goes into offering something with high quality and value, will be what I bring to my role," says Durnin.

"This is a project that is unique in that it is going to be supporting participation of a wide range of sizes and types of organizations, but always building on the creativity and local knowledge that abounds in the communities along Kootenay Lake," says Ms Durnin. "It will also focus on intensifying the economic return of the partners engaged and bring expanded opportunities for employment or new enterprises to develop."

To connect with the project, email Marg at mdurnin_pm@buildingeastshoretourism.org



Supported by the Province of British Columbia

We gratefully acknowledge the financial support of the Province of BC

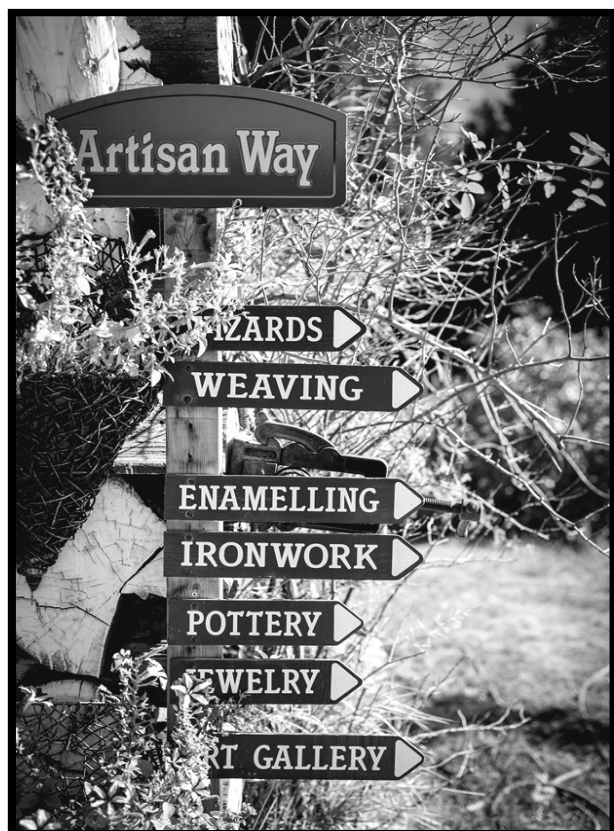


Photo by Daniel Seguin

It's Not a Rumor! Pilot Bay Resort Has Been Sold

by Dena Kubota & Trevor Ferguson

After 15 years we're passing the keys on to new owners: Valéry Thibault and Rocky Biggs of Edmonton, Alberta.

In addition to seeing new faces behind the counter, look forward to a new logo and website to reflect the name change, **Soul's Paradise**. Valéry, Rocky and manager, Claudette, will arrive in early March for training, but here's an advance sneak peek about them:

Valéry Thibault is a big dreamer, cheerful, ambitious and hardworking. She was born in Quebec in a loving family. She has visited more than 20 countries and has even lived in Gabon, in Africa. Valéry loved working with children, so she then spent four years at Laval University in Quebec City to obtain a diploma in Primary Education and Preschool Education. Valéry's lifelong dream has always been to live in a natural environment, near water and build a mini green society. Her project is to make Pilot Bay Resort a paradise for pure souls: Soul's Paradise!

Rocky Biggs grew up on an acreage in central Alberta. Rocky always enjoyed the great outdoors, from camping, to snowmobiling, quadding and fishing with his family. Later, Rocky continued with his outdoor activities, taking up kayaking and journeying on some amazing hiking trips in the back country, including rugged hiking trips along the BC west coast and the interior Rockies. He has an old quiet soul. Rocky is passionate about martial arts, yoga, biking and hiking. He succeeded at MMA fighting. He works in the Oil Industry (boomtruck, pipelining). Now, he wants to focus on building a comfortable life where he can enjoy the great outdoors to it's fullest and dreams of tranquil simple life.

Claudette Caron grew up in the Peace country of northern Alberta. Growing up in a large family gave Claudette the experience of sharing and being the keeper of many people and activities at home. Claudette moved to the Edmonton area where she raised her children, but always enjoying leaving the city area to go camping. British Columbia, especially the West Coast was always some of the favourite and best enjoyed camping trips for her and her family. She is an Administrator/Payroll Compliance Practitioner in the Oil & Gas Industry. Claudette is enthusiastic to join the forces at Soul's Paradise for her "off season" new and exciting adventure.

They are also looking for a handy-person/cleaner to work with Claudette while Val and Rocky share their time between two provinces. Please extend a welcome to Valéry, Rocky and Claudette in all the wonderful and weird ways the East Shore has to offer. We wish them many successes as they begin new lives in the Kootenays.

There isn't enough space to summarize our lives on Pilot Bay Road and certainly not enough words to adequately thank the surrounding community – neighbors and businesses – who warmly welcomed us in 2003 and have since invited us into your lives of quilting, Fall Fair, Art Drive/Walk, Bevy of Angels, Starbelly Jam, epic garage sales, gymnastics, darts, slow-pitch, fishing derbies, quadding, sledding, additional employment, and various Chamber of Commerce activities.

Although we wish we could say we are retiring, we will remain in the area until Valéry and Rocky arrive, and after that...Dena will be moving to Okotoks, Alberta, and as of submission date, Trevor is still pondering which direction his new adventure will take him.

New Business Introduction

East Shore Mobile Massage Therapy

Anastasia Phoenix (known to some as "Pockets") has lived in the East Shore area for a long time. She is something of a tradesperson with experience that is expansive and exploratory. She runs a 24-foot pontoon boat tour company, has her own blacksmithing/metal casting shop, works part time at The Lakeview Store and is now offering mobile massage treatments for residents.

After first lying down for a relaxation massage, *Mainstreet* sat down with Anastasia to ask some questions about the new business.

MS: Tell us about your new venture – what services do you offer?

AP: *I offer a wide variety of therapeutic and relaxation massage treatments, including Swedish and non-Swedish massage (essentially, with or without oils), relaxation massage, deep-tissue and pregnancy massage, Manual Lymphatic Drainage, trigger point release and fascia techniques. I pride myself in being very pressure-sensitive and getting quickly familiar with the depth of massage for each customer. I am fully deaf in one ear and have moderate hearing in my left ear. I think it creates a deepened awareness of sensitivity to my clients' needs.*

I also offer a thorough interview and assessment for customers, do special testing, create individual programs and goal and can treat specific ailments. I use oils to do muscle stripping, kneading and trigger point release in the Swedish massage but also work without oils to do MLD and fascia work as well as deep tissue, which goes, as the name indicates, a lot deeper.

MS: What sets your business apart from other massage treatments?

AP: *The mobility of the business. I come to peoples' homes and treat them where they are the most comfortable. As I build clientele and get to know my customers, I offer very affordable treatments at \$40 for an hour of massage. This is also because I'm newer to the business, but I want people to know that I have had a substantial amount of training and done thousands of hours of massage. At my last job in a spa, I was doing six one-hour massages every day for four days per week. I learned a lot there and have completed a year of massage training in school.*

MS: What is your goal with your business?

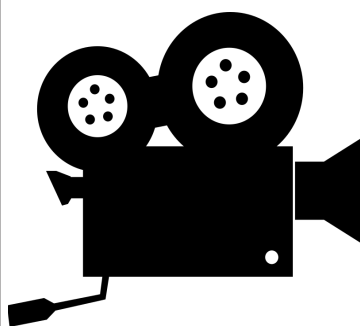
AP: *I want to offer affordable, in-home treatments for East Shore residents. The reason I left the shore for a while was in order to do this. I wanted to bring mobile massage to the area, as well as to garner education and experience. Someday, I can envision the business being so mobile that I can offer beach massages during the summer and not only drive my table around door-to-door, but carry it and offer a truly relaxing beach experience to locals and visitors alike.*

MS: When do you offer treatments and how can people reach you?

AP: *I keep busy but have a reasonably flexible schedule, so people can reach me anytime to set up an appointment. I strongly encourage people to leave voicemail, as I'm often driving or possibly out of range or in massage. They can call my cell at 1.250.402.3414 or email anastasiaphoenix19@yahoo.com.*



**Next Deadline:
February 28, 2018**



Want to make a movie?

Come to our **How to Make a Mini-Movie in One Day** camp: you'll learn to write a script, shoot and help edit your short film. Bring your iPhone, iPad or camera and your ideas!

Date: Saturday, February 17, 9:00 a.m. to 4:00 p.m.

Location: Crawford Bay School

Cost: Youth (ages 12 to 18): \$10; Adults: \$20

Deadline to register: February 3, 2018

Youth are also invited to participate in our **How to Make a Movie in 5 Days** camp. You'll write a script, learn how to cast and manage locations for your movie, shoot your script with teams of two to three people, then add music and special effects as you edit.

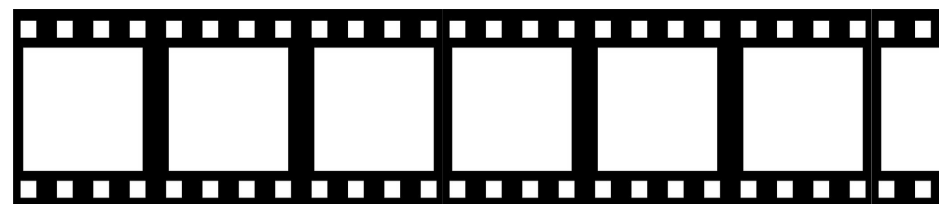
Dates: March 9, 10, 11, 16 & 17, 9:00 a.m. to 4:00 p.m.

Location: Crawford Bay School

Cost: Youth (ages 12 to 18): \$40

Deadline to register: March 3, 2018

**To register, contact Carol Vanruymbeke
(250) 505-3760
or via eastshoreyouthcouncil@gmail.com**



**Proud Sponsors of Hexagon's Production - *Finger Foods*
February 23-25, Crawford Bay School Performance Space**

Newkey's Place is very proud to support Hexagon Players in their 2018 performance of *Finger Foods!* (250.227.6911)



The Historic Gray Creek Store is proud support Hexagon Players in their 8th season as well as being a ticket sales location. (250.227.9315)



Black Salt Café is thrilled to continue its support of Hexagon Players productions. We value art and culture and are happy to help make it work in the region. (250.227.9596)



Klaus Plaumann Fine Woodworking (250.505.3868) very proudly supports art, culture and entertainment on the East Shore. This donation is given to reflect that support. Well done, Hexagon Players!



Lisa Skoreyko gladly supports the Hexagon Players. Arts & theatre at a community level are as important as anything else and this contribution reflects that appreciation.



Lisa Skoreyko, Registered Acupuncturist (250.777.2855)

The East Shore Mainstreet very happily supports the Hexagon Players via in-kind donations of advertising space and design work. Merde, merde, merde!!! (250.505.7697)



Junction Creek Hub continues to support the Hexagon Players with in-kind donations and endless appreciation. Good luck, Hexagoners. (250.227.9339)



Crawford Bay Market is very proud to support the Hexagon Players through donation and a ticket sales location. Break a leg, players! (250.227.9322)



GRS Contracting is happy to support this year's play on the East Shore. Congratulations to the Hexagon Players! 250.505.3075/250.505.3117



Hulland & Larsen Construction Ltd congratulates the Hexagon team. Here's to the continuation of performance, art and theatre on the East Shore. 250.551.2915/250.551.3570



JK Excavation Ltd is a new and happy sponsor of arts and culture in the region. Break a leg, Hexagon Players! 250.354.7055



Yasodhara Ashram congratulates the Hexagon crew and is so very pleased to support their 2018 season. 250.227.9224



Yasodhara Ashram
YOGA RETREAT & STUDY CENTRE

Lick Your Fingers

by Doreen Zaiss

Finger foods are to a full course meal what fireflies are to a peacock. They both delight with colour and light, but the fireflies flicker around you in their small mysterious way lighting up the night.

We invite you to be delighted and bemused by Hexagon Players February 23, 24(8pm sharp) and 25 (2pm sharp) at the CBESS Performance Space.

The first delight of the evening is "Forty to Life". A woman runs into the police station calling out for help. She's been robbed. I won't tell you what she has been stripped of, but it's not her wallet. In a line-up of losers she recognizes where her hope has gone. But sometimes the past returns with new challenges and the possibility of fulfilment.

In "Finger Food" we witness a delightful pas de deux between a model and a photographer. Her hands are as elegant as his feet. Love flourishes. So does deceit.

What happens to the luggage that gets left behind on an airport carousel? In "Emotional Baggage" you'll meet six forgotten suitcases as they share their experiences while waiting to be reclaimed. It's a tragedy ... if you can identify with your overnight bag.

"No Shoulder" is a powerful piece in which a hitchhiker and a driver challenge one another and both of them grow in awareness before the sudden end to the ride.

After the intermission where sweet finger foods/baked goods will be offered for sale, you will reenter the theatre which will now be the scene of a restaurant where four waitresses will offer up their individual versions of "Lives of Great Waitresses." Be ready for surprising versions and re-versions of reality.

Then we're on the streets of New York near the Majestic Theatre where *Phantom of the Opera* has been playing for decades. Outside on a lonely bench a street musician plays Coltrane's "Lush Life" on his sax. A figure from his past recognizes him. A fragile relationship develops, dissolves, diffuses.

And in the end, "Everything Must Go" shows us two women organizing a yard sale in which one of them is getting rid of her past. Customers fawn over or sneer at what she has to offer. In the end we might wonder, what are we left with when we strip away everything that shaped us?

With a cast of 14 actors, three directors, and one magical tech guy, it's a big show, with plenty of finger foods to tease your pallet. Bon appetit!

Tickets (\$20/seat) will go on sale on February 9 at the following locations: Gray Creek Store, Crawford Bay Market and Riondel Market. Remember to get yours right away as they do tend to sell out.

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Seldom Scene by Gerald Panio



"...the world of the hard sf story is deterministic, ruled by scientific law: It is inimical to anyone who does not know said law or how to figure it out—scientific method, facts.... 'Somebody had asked me,' said [science fiction author Hal] Clement, 'why I didn't have bad entities—villains—in my stories, generally speaking, and my point was that the universe was a perfectly adequate villain!' The universe is enough of an antagonist."

--from the introduction to David G. Hartwell's **The Ascent of Wonder: The Evolution of Hard SF**

Annie Montrose: What the hell is "Project Elrond?"

Vincent Kapoor: I had to make something up.

Annie Montrose: But "Elrond?"

Mitch Henderson: Because it's a secret meeting.

Annie Montrose: How do you know that, and why does Elrond mean secret meeting?

Bruce Ng: The Council of Elrond. It's the... it's... it's... from *The Lord of the Rings*. It's the meeting where they decide to destroy the one ring.

Teddy Sanders: If we are going to call something Elrond, I would like my code name to be Glorfindel.

Annie Montrose: I hate every one of you.

--behind the scenes at Mission Control, NASA

Ah, it's good to be back! Back in the 1950s, that is. Or maybe the 1930s, the decade that Joseph W. Campbell Jr. began reshaping science fiction in the pages of *Astounding Science Fiction*. Ridley Scott's *The Martian* is the first sf film in a very, very long time to fully embrace hard sf's optimism, geekism, and technophilia while jettisoning some of its old tendencies toward misogyny, xenophobia, and colonialism. Based on the best-selling debut novel by Andy Weir, *The Martian* gives us the kind of storytelling that turned on a generation of readers and writers during what's been called The Golden Age of Science Fiction (roughly 1938-1946).

The plot's breathtakingly simple: one man versus an entire planet. The man doesn't want to die. The planet's under no obligation to keep him alive. The odds are somewhat in favor of the reigning champion—the one with the unbreathable atmosphere, giant roving storm systems, and complete lack of anything conducive to sustaining life.

The challenger is astronaut/botanist Mark Watney (Matt Damon), marooned on Mars when the rest of his crew—certain that he's been killed during the sandstorm that threatens to tip over their shuttle—are forced to abandon their base on the planet and begin their journey back to earth.

Most of us might be a little stressed out to discover that we're alone, in a temporary shelter, with a food supply that will run out in three and a half years before any help can arrive.

Mark Watney isn't most of us. He's a hard sf hero.

What does that mean? Well, in this case one of the things it means is that he has an understated sense of humor that keeps him from coming across as just another arrogant Ayn Randian Übermensch. Being a hard sf hero also means that he can objectively assess the direness of his situation without ever losing hope of finding a solution. It means he knows he has the kind of training and knowledge that allow him to say

things like: "In the face of overwhelming odds, I'm left with only one option, I'm gonna have to science the shit out of this." I loved Damon's performance. Only the most perfect balance of humility, vision, sass, grit, and savvy could sustain the Everyman vibe that makes the whole film work.

At one especially grim moment, Mark prepares a message for his family. It starts out, "Tell them I love what I do, and I'm really good at it. Tell them I'm dying for something big and beautiful..." Idealism such as this can easily ring false. Damon makes us all believers.

Character-wise, there a lot of small moments that make us root for Watney. Among them is one where he realizes that the rules of Maritime law officially make him a pirate. Another is when he reflects on NASA's suggestion that he escape Mars' atmosphere under a tarp. His first reaction is: "Are you f-----g kidding me?" Then he thinks about it. He knows the plan's insane, but he trusts the people who tell him it can actually work. They also tell him he'll be going faster than any man in the history of space travel. He knows it's a con job, but it's a good one. He smiles and says to himself, "I do like the way that sounds....I mean, I like it a lot. [pause] I'm not going to tell them that."

Down to the smallest supporting roles—engineers, astrophysicists, mission control staff—we never lose the sense that these are working people trying to do their best at tasks where the margin for error is harrowingly thin and the pay-off can be the stuff that dreams are made of. The fact that they're doing their jobs also means that they don't have time for hysteria. Given Mark's situation, how refreshing is it that the people he's counting on aren't trying to win awards for chewing scenery? Actors such as Jeff Daniels, Jessica Chastain, Sean Bean, Kate Mara, Chiwetel Ejiofor, Benedict Wong, Mackenzie Davis, and a dozen others demonstrate how professionals can carry across a script that's based on communication rather than pyrotechnics.

Mark isn't, in fact, alone. He's part of an extraordinary team. Sure, most of that team

is 200 million kilometers away on earth. And his Ares III mission crew is an equal distance away aboard the spacecraft Hermes. But once these people (along with the rest of Earth's population) realize that Mark is alive, the collective brain- and muscle-power applied to get him home is off the scale. Mark's support system is what differentiates the plot of *The Martian* from the one that I think laid the groundwork for reams of hard sf stories to come: *Robinson Crusoe*. *Crusoe* wasn't science fiction, but the irrepressible optimism of the hero of Daniel Defoe's 1719 novel, combined with his delight in his ability to take his destiny in his own hands by using everything that his environment offered, made *Crusoe* the perfect foil for Dr. Frankenstein's -- hubris 100 years later. Humans do have a knack for working together to achieve impossible goals. It's easy to lose sight of that in today's global environment of toxic politics, corporate greed, and personal selfishness. Dystopias are flooding our libraries and movie screens; we need stories like *The Martian* to give us the occasional high five, the big Yes to life.

The Martian is also an amazing achievement in terms of CGI work, production design (Arthur Max), art direction (Marc Homes), and cinematography (Darius Wolski). There's a vast attention to detail that shows in everything from the space suits to the rover to the Hermes to the HAB unit to the entire Martian landscape. You really are there. I don't know if there's

been an sf film that actually looks this convincing since *2001: A Space Odyssey*.

One of the biggest surprises *The Martian* held for me was seeing the name of the director at the end of the film. Ridley Scott's early reputation was built on two other sf films, *Alien* and *Blade Runner*. The first was a visceral, claustrophobic horror story about things perfectly designed to eat us. The second is a rain-soaked, neon-drenched neo-noir that gave cyberpunk

its big-screen cred. That this same director can give us a third sf film that's faithful to the no-nonsense, out-in-the-light approach of hard sf—where duct tape and ASCII tables can share screen time with Mars Rovers and mainframes—is a remarkable achievement.

Readers interested in brushing up on their hard sf can check out David Hartwell's two 1000-page anthologies, *The Ascent of Wonder* and *The Hard SF Renaissance*, and Ann & Jeff Vandermeer's mammoth, recently-published *The Big Book of Science Fiction*. Truly some of the best of the best. If you haven't had enough of Mars, you won't be disappointed by Kim Stanley Robinson's epic Mars trilogy from the early 90s.

For those who are more hands on, there's always the Mars Desert Research Station in Utah, set up by the Mars Society to help groom people for the one-way Mars One Voyage to colonize the Red Planet by 2024. A shortlisted 35-year-old engineer from Calgary named Zac Trolley is on site as I write this, pitting his Martian survival skills against a half-dozen other candidates. Go Canada!



Community Futures is Your Small Business Expert

Community Futures offers business loans, business management workshops, business library and more. [Unemployed?](#) Ask about the self-employment program.

- Need assistance with your business?
- Have a business idea to explore?
- Need a business loan?

Call Alison Bjorkman at 250-428-6356 to book a free appointment in Crawford Bay... www.futures.bc.ca



Growing communities one idea at a time.

Riondel Arts Club

by Sharman Horwood

At the end of December, the Arts Club took down its show in Cowan Office Supplies in Nelson. The staff complimented the club on the variety and quality of pictures that were up for the month, and said they always enjoy the Riondel exhibitions in their store.

On Tuesday, January 30, Gerald Panio will begin a series of interesting lectures on art history at the Riondel Community Centre. The lectures will run every second Tuesday afternoon at 1pm, in the Seniors' Room of the Community Centre. There will be large screen projection of the art work and subsequent discussions of the material. He plans on presenting one artist and one painting in each session. If people are interested, on the intervening Tuesdays, Gerald is willing to show some short videos on art. Everyone is welcome to come and participate. For the Arts Club members the lectures are free, while for others there is a \$5 drop-in fee.

We would like to wish everyone a happy, prosperous New Year, and hope that there is art in your lives.



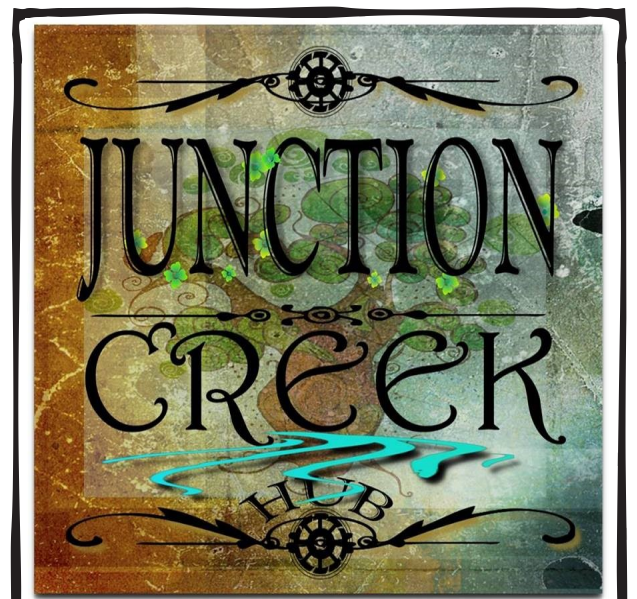
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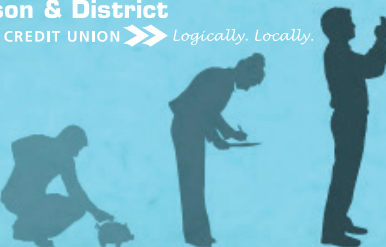
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DIY Fooding

by Elisa Rose

Butter

Have you ever made butter? Maybe you've accidentally made butter while whipping cream, although you'd have to be pretty spaced out and/or distracted for that to happen because it takes a while for the cream to "break". Or you might have been using the wrong tool/doing something wrong, but then your wrongs turned out to be a right delicious fatty lump.



I've made butter and the reason I did it is I wanted to see how it worked and also because I thought I could get better quality butter from doing it myself using high quality cream. Which brings me to the recipe: whipping cream, with 33-38% fat content.

I naturally turn to the local dairy from Creston, Kootenay Meadows, for my grass fed dairy supply. Their whip cream is 36% milk fat. You can buy it here on the East Shore at the Crawford Bay Market. As of this writing, they deliver their goods fresh on Fridays. Got another tip on a local grass-fed organic dairy connection? I will gladly let you whisper it into my ear.

Let me interrupt this recipe for a moment to tell you about when I was first inspired to make butter. Back when my daughter was in grade one, her class made butter. They put a 250ml container of whip cream into a 500 ml jar, put the lid on tight, and passed it from kid to kid as they each took turns shaking it as much as they could, until finally it became a solid mass with some thin liquid sloshing around. And that was that. Butter and buttermilk. When my daughter told me this I realized how easy it was and tried it myself. So yes, that's one way of making it.

While this shaking whip cream in a jar is a really easy method to use, I like to grab my electric egg beaters, pour the cream into the bowl and give 'er on high speed. Start with everything cold, both the bowl and the cream. You will see the cream pass through the usual soft peak and hard peak phases and then you will go somewhere you wouldn't normally go if you were simply making a topping for your dessert. Keep going. Suddenly, there will be a sound of sloshing around and it will look like little chunks in a thin liquid, and it may start splashing on your clothes a lot more. This is when it's time to stop beating! I timed this method, using my electric egg beaters that I bought for \$1 from the Gleaners in Creston. From start to finish, it took 13 1/2 minutes. But, I forgot to chill the bowl first so maybe I could have done it a minute or two less.

Next, wash your hands. Reach into the bowl and gather the chunks together until they form a fatty greasy ball. Squeeze it and knead it a bit, over the mixing bowl, to release as much buttermilk as you can. This is your butter! You did it! BUT. This butter, as is, will not last long in the fridge, due to the bits of buttermilk trapped in it. You can wash it under very cold running water, and blah blah blah, do some complicated kneading and getting your hands very cold, OR, after hardening it in the fridge for a few hours, cut it into pieces and put it into a plastic bag or container, and store it in the freezer where it will last longer, taking it out to use as needed. That's what I do, since I am not a culinary martyr, usually. I like easy.

The butter will last about a week in the fridge, a few months in the freezer, although, you should use it faster than that because it's delicious. Use it on your toast, in cooking, baking, coffee -- yes, I throw a bit in when steaming my almond or rice milk, along with a bit of coconut oil, for a bulletproof coffee inspired thing, but that's another story!

You can also use the leftover buttermilk, so do not throw it out. Put it in a jar and use for baking, adding to a smoothie or washing and/or feeding your pig.

NEW EAST SHORE TRAIL FOR 2018

Farley Cursons,
ESTBA Projects Director

Look deep into nature, and then you will understand everything better.

Albert Einstein

The Riondel Age Friendly Community Committee was successful in their \$10,000 grant application to BC Rural Dividend for the first phase of the Riondel Historic Trail Project.

The East Shore Trail and Bike Association represents several trail interest groups that ensure effective monitoring, data collection and maintenance of the East Shore's authorized trail network. Additionally ESTBA has begun planning for new trail building projects in select areas on the East Shore. ESTBA sees these trail networks as 'facilities' and manages them as such.

ESTBA's mission is to develop the East Shore's physical and cultural infrastructure to accommodate the increased interest in hiking and mountain bike destination tourism, while ensuring responsibility to all trail system user groups and stakeholders.

As our East Shore communities look for ways to attract visitors as well as provide opportunities for locals to be active, our community trail systems are a true gift among so many. These mountains, lakes, rivers, and eclectic inhabitants represent a marketable asset, which can invigorate our economic development and encourage more folks to get outside. With Crawford Bay and Gray Creek already seeing increased visitors interested in the trails and renewed local interest in hiking and mountain biking, we'd like to ensure that the community of Riondel shares in the benefits of an accessible trail system for visitors and residents alike.

The East Shore Trail and Bike Association recognizes the goals of the Riondel Age Friendly Community Society to provide access to natural areas by a broad range of users, especially seniors, is compatible with our broader mission. Creating green spaces for seniors and mobility challenged users requires trails to be close to the community and easily accessible.

The East Shore Trail and Bike Association is pleased to support the Riondel Age Friendly Community Society as partners in 'green space' and 'recreation trail development' in the beautiful town of Riondel BC

Better At Home

by Rebecca Fuzzen

It's February 2018 and East Shore Better at Home Program continues to provide and offer transportation for seniors. When a person does not drive their need for a ride can be met by another person. Parents (for those still in adolescent years) friends, family and volunteers are all drivers for those who do not drive and they fill in this transportation gap. Our gap here on the East Shore is especially noticeable because there is no public transportation.

People on the East Shore already help each other out: Fetching things for neighbors from town, plowing each-other's driveways and offering a ride or carpooling when necessary. But did you know that if you are driving your senior neighbor around and both you and the senior are registered in the Better at Home Program that the driver can get money for mileage? Also when there is a log of kilometers being driven for those who don't drives it helps us to attain data that can be put towards attaining future funding for things like public transportation on the East Shore. This is just a thought.

Some seniors in our area do not have family living near or a strong network of friends and neighbors to help them out and this is where Better at Home can help especially when it comes to getting groceries and a ride to the doctor.

As the Better at Home Program continues to grow we continue looking for and recruiting fresh blood. For people thinking of joining now is a great time because there will be training for volunteers coming up in the spring. We are also looking one or two more committed people to join our advisory board.

If you have questions or comments please don't hesitate

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BOOK REVIEW

by Tom Lymbery

SALTWATER COWBOYS, by Dayle Furlong, Dundurn Publishing, 270 pages, \$19.99.

This one is fiction about two Newfoundland men who lose their jobs at a hard rock mine on the Island. They are able to get new employment working underground at a northern Alberta gold mine so drive across Canada with their families.

We had several mining men from Ann Murray country back east bring their families to the Bluebell Mine in Riondel so I thought there might be similarities in this book. However I am sure those who came to Riondel did better than the characters in this book. Did those in Riondel return back east or did they stay?

This book is the story of two miners who are close friends who help each other over some of the *Newfie* discrimination that they run into in northern Alberta. This is harder on the wives, but the children adjust quickly. However one of the men is impatient to make money so gets involved in *high grading* – stealing gold ore and reselling it. He comes up with an ingenious way of getting out of the mine – putting it in the waste paper cans from the washrooms – and then picking it up in the dump. Then gets his friend reluctantly involved in the theft.

The two wives suffer more from the move and their husband's irregularities – the author gives them equal time in the story.

The author is florid with her descriptions – virtually everything has to have adjectives. However it's a good read.

Riondel Community Library

by Muriel Crowe

I am still a little in awe of all our library, or any other library, has to offer that is absolutely free of charge other than what portion of funding comes from each individual's taxes. Stop reading this and list for yourself four items or services then compare to my list that follows.

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Holistic Health Tips by Kim Young Glass Half Empty or Half Full?

Is Your Glass Half-Full Or Half Empty? How a Positive Mindset Can Change Your Life

"The happiness of your life depends upon the quality of your thoughts."
— Marcus Aurelius

Do you know what happy, successful people think about every day? It's simple really. They think about what they want and how they can get it.

Positivity can Change your Life.

When you spend your time thinking and talking about what you want from life and how you can achieve it, you will feel happier and more in control. When you think about happy things, your brain releases endorphins, which give you a feeling of well-being. It doesn't take long to develop a positive attitude.

The Importance of Optimism

Psychological tests have shown that happy people have a specific quality that enables them to live a better life. That quality, of course, is optimism. If you're groaning at the thought of such positivity because you worry that you can't become an optimist, then stop right now. According to WebMD, optimism can be learned. It's all about cause and effect. If you change your way of thinking and align it with optimists, you will start to feel happier and see results.

The Happy Find the Good in the World

There are two distinct ways that optimists deal with the world, which sets them apart from the rest:

- First, they remain focused on what they want and look for ways to achieve it. They set clear goals and remain confident they will achieve them.
- Second, in every difficult situation, an optimist will look for the good. When something goes wrong, they determine what lesson or knowledge can be drawn from the situation.

If you look for the good in someone or something then you will always find it, and in the looking, you will find yourself more cheerful.

The Power of Positive Thinking

Optimists seek the lesson in every obstacle. They don't get upset and look at where they can lay blame. They control their emotions and look at things logically. Positive thinking adds several benefits to your life:

Motivation: Willpower and motivation come from a strong mind. Negative thoughts lead to negative actions. When you replace pessimism with optimism, you reshape your outlook.

Strong Relationships: Happiness attracts happiness, thus happy people attract people who are happy. If you surround yourself with negativity, you will only attract negativity. Positivity breeds trust, which builds strong relationships. Without trust, relationships cannot survive. We are all hardwired to seek trust.

Confidence: Negativity spreads and can impact other attributes, such as self-esteem and confidence. The key to leading a happy life is loving yourself. Optimists laugh louder, love harder, and walk taller. They glow.

Strong Mind & Body: Negative thoughts are draining and can have a severe impact on your mental health. They can leave you struggling to get up in the morning and inhibit your ability to sleep. Fatigue leads to weakness, sadness, and a lack of motivation. Therefore, negativity takes a toll on your whole body.

Choose Happiness

You can make the choice today to see the glass as half full instead of half empty. Look at your blessings rather than noting every shortcoming. Look at the best in everyone around you, because in truth, the majority of people are honest and good. Look for the good in their actions and in their words, and resolve to be of good cheer.

It's easy to be upbeat when everything in your life is going well. However, it's even more important to do so when it seems everything is going against you or is falling apart. You can always draw from your inner strength and look on the bright side of life, it will pay off in spades.

Kim is a Holistic Health and Lifestyle Coach and Reiki Master who lives in Kootenay Bay with her husband Jim and their dog Buster. Her website is: www.holistic-health-tips.com



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- RDCK office, Nelson
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- Online at: rdck.ca/cip-aap

Apply by 4:30pm, Wednesday, February 28, 2018.

Applicants are required to present their proposal at public meetings during the month of April 2018.

ADMINISTERED & MANAGED BY



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Early February brings an uptick in anticipation to this bluthery East Kootenay town. Sometime between February first and fourth (usually), Lindero's own prognosticating rodent makes her annual appearance. Lindero Linda, a bushy-tailed wood rat (mid-falutin name for packrat) resides in a tawdry chiffarobe in the shed belonging to local seamstress Ruche "I'm in the Selvedge Business" Raimante.

So it was that your conscientious correspondent celebrated the first anniversary of this award-seeking column by paying a visit to the furry fortune-teller. Linda had yet to venture outdoors by the Maintreat's surprisingly early press time, so her predictions for 2018 will have to await another column. However, the Linda Watch Committee was at their stations on lawn chairs in Ruche's carport, ready to enlighten loyal readers. Committee Chairman Theo Tuxedo regaled us about Lindero Linda's much-lauded prophetic abilities. "Linda's not your garden variety packrat," he claimed a trifle defensively. "She doesn't just step outside and look for her shadow." We chortled at the notion of shadows in the East Kootenays anytime between October and April. "No, Linda's messages come from her stash." I noticed old parallel-chisel scars on his index finger. "Our Lindero ancestors discovered that Linda's predictions extended to nearly every facet of town life in the coming year. Early on, the Morris Dancers actu-

ally disbanded and formed the Rat Revue to celebrate her emergence from her chiffarobe. Her foretellings were startling."

I pulled up a lawn chair as Linda Watch Committee Principal Sooth Interpreter Mordreda Lamage piped in, "Too true, Theo. Take last year." We all nodded somberly. "She was pretty prescient. When she poked her nose out, her whiskers looked singed. We did the Stash Survey and found three Bic lighters, the cap from a water bottle and a playing card (the Jack of Diamonds) from Trump Casino in Curdle Lane with the head chewed off." "Whoa!" I whoaed in amazement.

"Remember 2013?" Theo recalled. "When we found three cocktail umbrellas and a sponge in her nest, we knew we were in for a wet spring." "Then there was the wedding rings," Mordreda ruminated. "Two of them." My eyes widened, "Was that the year Estelle and Edwin split up the same weekend Dierdre ran off with that weird short-haired guy?" Mordreda nodded knowingly.

Theo recalled, "Linda's fore-knowledge goes way back. The year the mine reopened, her lair had almost three settings of silverplate cutlery." "Wow!" I enthused. "And then she predicted it closing twenty-some years later with a stainless steel ladle and a change purse with a hole in it."

"Linda's foretellings can be too subtle to be immediately apparent to the uninitiated," Mordreda intoned. I poised my pen in anticipation of a revelation. "Three years running, there were false teeth in her nest." Theo chuckled, "Nobody ever reported them missing!" Mordreda continued, "At first we thought it was about the bumper crops of corn in those years. Finally a set of rusty spurs tipped us off that a lot of retirees were heading our way from a province to the east." I was pretty sure my bolo tie was hidden by my scarf. "Then the next year we were really flummoxed by the condoms!" Theo recalled, "A whole unopened box!"

Mordreda recounted, "That one started a lot of false hares! We expected a real baby boom, but other than those triplets in Crawfish Bay, nothing. And then the drive-in burned down!" Everyone laughed.

A realization gradually dawned on me, "Wait a minute. How long do packrats live, anyway?" Theo and Mordreda exchanged glances. Theo cleared his throat equivocally, "There are different opinions about that. Science tells us packrats live about three years or so, up to five in captivity." I eyed the chiffarobe. Mordreda pursed her lips, "Linda is no ordinary packrat. She has some unusual identifying markings." I recalled the press photos customarily published at this time of year of a packrat who appeared to sport a twirly black moustache and soul patch on her facial fur. "We're pretty sure Linda has been around for quite awhile." She closed her eyes, "Rodents gifted in the spiritual foretelling realm aren't subject to normal limitations."

At this, Theo fidgeted with his butterfly net and drew breath. Whatever he was planning to say was precluded by a rustling from the chiffarobe. All eyes swivelled to the crack in the bottom drawer. A zipper from Ruche's notions collection toppled out. False alarm.

Interpreting that as my cue to wrap up the interview, I took my leave. Lindero and I will just have to be patient. Our fortunes for 2018 will be revealed in a rat's sweet time, and not before.

[Filed by Lindero correspondent H. Porpoise]

Contact Mainstreet
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Tom's Corner

by Tom Lymbery
 Tin Pants



They were so stiff that they were commonly called "tin pants". These pants were made of two layers of waterproof canvas with a rubber fabric in between, so they were really waterproof. Designed on the wet west coast for loggers and others who worked in rain or wet snow, their actual name, as registered by Gault Brothers Ltd., was "Bone Dry." They were also known under the Dry-Bak Brand by Jones Tent & Awning Ltd. and under the Caribou Brand by McKay, Smith & Blair, all based in Vancouver.

Jones Tent & Awning Ltd. had a big operation on West 11th Ave in Vancouver. They made their most popular down-filled jackets and many other very useful products, such as that canvas water bag you used to see hanging from the front bumper of cars. This was evaporation-cooled if you needed a drink, as well as providing back-up for the radiator. However the company went into the hands of younger generation Jones who perhaps thought the traditional products were old hat. They started making ski wear - designer wear which changes each year with the fashion. John, the Jones Tent salesman who called on us, was so frustrated not to have Dry-Bak products and the Trapper Nelson pack board that he purchased the Jones Tent & Awning Pioneer Brand and went into business for himself. So we still have Pioneer Brand waterproof clothing and much more, but it's mostly made in China.

Working in the bush with a crosscut saw often required kneeling in water or wet snow, so these very stiff clothes did

keep you dry. However, the pants didn't let the sweat evaporate as wool pants did if it was a warmer day. Jones Tent & Awning had a big cement tank full of waterproofing liquid in which they immersed all that they needed, including hats, long before hardhats appeared. Dry-Bak outfits also included waterproof jackets, but we preferred wool, as your upper body tends to sweat more.

Trying to cut a low stump with a one-man crosscut required kneeling, once I had shifted enough snow away to give me room to work, while making sure that there was space for the tip of the saw. I would make the undercut, axe out the wedge, then follow this with the back cut. I used the time I needed to get my breath back to sprinkle some kerosene on the saw to keep the tree's pitch from slowing the saw. Once the cut was deep enough, I next drove in a small steel

wedge to start the tree tipping in the direction I wanted it to drop. The silence allowed me to hear that big stem creak or growl as it edged over, which is something you can't hear with a chainsaw. Once I had cut far enough, leaving one inch or so of "hold" (the hinge that controls the fall), I used the back of the axe to hammer in the wedge. If that didn't work, I might need to chop out and use a wooden wedge

for more leverage. I liked dropping larch into the snow as that knocked almost all the branches off.

With a horse I skidded larch and birch logs to our store to be cut up for firewood. The only marketable timber in those years (1950s) was white pine which Kootenay Forest Products of Nelson would purchase. These logs went to our beach behind the house where I got Jim Burge to scale them. When the KFP tug was in, they came to our beach, and after I rolled the logs into the water, they were added to the bag boom at the far end of Crawford Bay. When the tug had to tow a large bag boom all the way to Nelson it took them most of a day to get the boom moving, and, working against the prevailing wind from the south, to get around Cape Horn at the end of the peninsula. Once in the main lake it was

somewhat faster, and their pace would pick up better still in the current of the West Arm. Sometimes the *Anscomb* ferry had to wait if a KFP tug and boom were negotiating the Procter narrows.

Once Pioneer designed the direct drive chainsaw in 1952, you no longer had to chop out that wedge, as direct drive allowed cutting on an angle as well as cutting branches and boring with the tip of the saw. And soon someone realized how much timber was being wasted because an upper wedge required the butt to be cut square. Now wedge cuts are made from underneath, which leaves a straight end on the log. I used to gather the actual wedges and bring them home for firewood - more pitch and denser wood meant more heat from those small pieces.

Our stable cat liked to sit on my knee during milking. If I was wearing my tin pants I wouldn't feel his cat-friendly claws, but I certainly boosted him off if I was back to wool pants. We stocked two types of wool pants in the store - black ones for loggers and brown for fishermen. The brown pants were made of softer wool that was warmer but not as snag resistant. In 2018 we still have a Canadian maker of green wool pants, which I bet you can't find on Amazon.

Are there some Tin Pants somewhere in a museum?



Bucking a log with a five-foot one-man crosscut saw. Photo courtesy of AT Sawyer, Wikimedia Commons, https://commons.wikimedia.org/wiki/File:Five-foot_crosscut_saw.jpg



Dry-Bak hats, jackets, and pants are included in this Jones Tent & Awning Ltd. display at the 1947 Pacific National Exhibition in Vancouver. Photo courtesy of City of Vancouver Archives, AM281-S8-CVA 180-1429, www.flickr.com/photos/vancouver-archives/16000249682, under Creative Commons licence <https://creativecommons.org/licenses/by/2.0/>



pebbles by Wendy Scott Autograph Books

Sometime ago, maybe in the 1940's or for a while in the 1950's, many young girls had small books with colourful pages. They fit nicely in a purple Crown Royal bag (that's if the young girl in question was quick enough to snatch one of those bags while helping to tidy up after an adult get-together)

The books went to school with the girls; to parties; even to meetings and every friend and family member was obliged to sign their name and add an appropriate quote. They ran the gamut of cute little sayings: roses are red, violets are blue, honey is sweet etc. etc. – (can you imagine choosing a similar phrase today! on facebook – really) – all the way to any go-to Shakespearean quote – but readable by anyone while flipping through to choose the right coloured page for their own inscription. I can recall some caricatures mixed in with the sayings – these I disliked – what teen ever appreciates someone else's idea of their face as a cartoon!

My mother's frequent inscription was her recollection from *Hamlet* as Polonius bids good bye to Laertes, telling him to hurry – to get on board, that the wind is filling his ship's sail, but then he speaks the Bard's oft quoted phrase: "...This above all to thine own self be true and it shall follow as the night the day: thou canst not then be false to any man..." whereupon with Laertes dismissed, Polonius turns away to address the ongoing confusion of Hamlet's family.

The phrase, "this above all", caught my eye on the spine of a book in a used book store and the completed quote immediately continued in memory to my mother's inscription in my autograph book of so long ago. The book, unlike Noel Coward's better known plays, was written by Eric Knight, and published in 1941 in

Smarter Than Jack or Jill

by Sharman Horwood

Animals are amazing, smart creatures. This column is about exactly that, and I am willing to write up any of your animal stories that show animal intelligence (not to mention cuteness). If you have a story that you wish me to write, please contact me at shhorwood@gmail.com. I won't use your name if you don't want me to, and the story has to be a true story or anecdote. Please include your phone number so I can contact you if I have any questions.

Quoth the Raven?

I first became interested in ravens in the late 1970s. I was on a tour of England with my mother and sister, and when we went to see the Tower of London, I noticed two ravens. One was inside an iron fence guarding a set of stairs, and the other stood outside it. They were standing beak to beak through the iron bars. When I asked one of the guards about them, he said that the one in the enclosure was ill so they were keeping an eye on it. The other, he said, the one on the outside, was just visiting its sick friend. He also told me that the birds are kept at the Tower because of a tradition stating that if the ravens left the Tower of London, the kingdom would fall, so even though some of them are bred elsewhere, the birds are well treated in the compound.

Since then, I have been more aware of the birds, noticing them in the wild, seeming to watch the intercity bus routes from high in the trees, and eyeing traffic as if they were counting the cars. I was pleased then to realize that ravens nest across from my house. I looked out the window one Sunday afternoon, surprised. A piglet was hurtling down the street, two ravens close behind. They were chasing it, and since these birds can be either hunters or scavengers, I was hoping that they just were driving the small animal away from the vicinity of their nests.

Even in London at the Tower, though, sometimes

the midst of the Second World War.

Now don't try to enter anything Shakespearean on your keyboard without expecting little red dotted lines admonishing your grammar as well as your obviously outdated spelling. But is it not refreshing to read any passage from Shakespeare's works if only to listen to the flow of words.

This recollection of snippets penned in a multi-coloured autograph book came to mind while sorting through old photographs. I found a portrait, dated 1946 of a man dressed in what I believe to be a Burberry trench coat over a pinstriped suit, his hat at a rakish angle and his inscription across the photo to my mother's stage name, Sonia, he continues with, "We Met? The Luck of the Navy," Stephen Venner, and the year, 1946.

His photograph is a publicity shot – very likely for a theatre company and suggests earlier ties to their shared theatre world. The title, *The Luck of the Navy*, refers to a 1918 propaganda play written in England and ten years later adapted as a silent movie to be released yet again as a film in 1938.

The play, performed in London by the Percy Hutchison Co. was reviewed in the November 6, 1928 edition of a New Zealand paper, The Otautau Standard and Wallace County Chronicle. A vast collection of newspaper reviews is held at the National Library of New Zealand website.

I imagine Stephen Venner might have attended that play in England with my mother, since she was still there in the Roaring Twenties, and then Canada, after the war, he met with his, Sonia, again at her favourite café, the BonTon on South Granville in Vancouver.



the birds can be pests. One in particular, Raven George, was a nuisance and he was banished, sent away to the Welsh Mountain Zoo. Apparently, he was a little too fond of television aerials and not too gentle with them. The official decree stated that his "conduct [was] unsatisfactory, service therefore no longer required."

In spite of the good treatment the Tower ravens receive—good meat, supplemented by fruit and sometimes vegetables—one raven did abandon the Tower. He decided he would rather live at a nearby pub instead. His name was Grog.

The Tower ravens have even been known to sense the death of someone (and in fact, many believe the birds were initially drawn to the Tower because of its dead prisoners). A Tower chaplain died in his chambers in 1990. The ravens seemed to be aware of what had happened. They came together on the Tower Green nearby. They were quiet, as if they had come to pay their respects. In fact, there have been reports that these birds, along with others in the corvid family of birds, sometimes gather in what appears to be a "funeral" for their own kind. They silently cluster around a raven that has died, as if they mourn its loss.

In literature, the birds are either well loved or described as messengers of doom. In Tolkien's novels, they are the "noble" birds. Wizards communicate with them and the ravens carry their messages. In Edgar Allan Poe's "The Raven," the bird has a different kind of message: "quoth the Raven, nevermore," supposedly confirming his beloved's death.

In some First Nations' stories, ravens are magical and can change shape into humans, animals, or even inanimate objects. They are tricksters in these tales, sometimes bad—stealing to satisfy their own desires—or demonstrating what is good by their own behaviour.

Whatever the story, though, these birds are known for their intelligence. According to an article on CBC-news (<http://www.cbc.ca/news/canada/north/raven-intelligence-memory-1.4204396>), Swedish scientists claim that ravens plan for the future by thoughtfully storing food. They have to pass a series of steps, in

Films and plays such as this one and Noel Coward's play *Peace in our Time*, written after World War II, but depicting a probable world after a Nazi victory, and Coward's, "Cabaret", set in 1931 between wars, are chilling and prophetic. In fact, September 1938 would mark the British prime minister, Neville Chamberlain's, return to Britain after meeting with Adolph Hitler to sign the now infamous Munich Agreement promising that their two countries, England and Germany, would never go to war with each other again.

British Labour spokesman, Hugh Dalton, was quick to doubt the paper and, at that time, the young science fiction writer, Isaac Asimov, wrote a short story titled, "Trends", predicting a world war by 1940. After war did break out in 1939 he admitted he had been too conservative.

From plays to silent film and on into the time of British studios such as Gainsborough, the Globe Theatre and J. Arthur Rank's Pinewood Studios, came movies such as Laurence Olivier's *Hamlet* and also Olivier's

Henry V which opens with that impressive overhead shot of London's Globe Theatre and descends to an active street scene; by Act Three total immersion envelops the theatre-going public as Henry's impressive pre-battle scene at Harfleur in France unfolds with his powerful speech, "once more unto the breach, dear friends..." as he admonishes his army to "...imitate the action of the tiger... The game's afoot: follow your spirit; and upon this charge cry, God for Harry! England! and St George!" **Cont'd on next page...**

which they choose what to do, and thus get food. At times they are offered good tools or tools that don't work as well. Once they identify the "good" tools, they will wait for them. They won't accept the less effective tools. This thoughtfulness about the future—the anticipation of what could come about—may be why when ravens have been seen scavenging (I call it looting) in campgrounds, one of the birds in the group will stand sentry. It will warn the others of approaching humans who might take exception to this bit of robbery.

Researchers who handle ravens have to be careful, though. Dave Mossop of Yukon College, says that the only way to determine what sex a raven is requires a small invasive procedure. However, like crows, ravens remember faces. The researcher then has to wear a mask because ravens recognize the scientist and they will bite.

They have also been known to develop a taste for the finer foods in life. A friend of mine in the north was eating a particular kind of potato chip as she walked home from the store. They were the all-flavour potato chips. She noticed, however, as she munched on them, that the local ravens were very interested. They were following her. She didn't want to finish the bag so she tossed what was left of the chips out onto the ground to see what they would do. They greedily pecked away at the chips until there was nothing left. She chuckled. On later trips, with other kinds of chips, she noticed the birds weren't around. Well, she thought, after all, potato chips are not exactly a protein-rich food. After a month, though, she bought the all-flavour chips again. The ravens mobbed her. They were there in seconds. They knew these were their favourite chips. They could have smelled them, or recognized the design on the bag, perhaps even the colour of the bag, but they knew these were the ones they liked. She dropped some onto the ground. The ravens devoured them. The birds apparently are connoisseurs of the better, all-flavour potato chips.

Whether it's folklore, or established research, ravens are known for intelligent, thoughtful behavior. I'm glad they nest nearby.

“pebbles”, continued from previous page

his powerful speech, “once more unto the breach, dear friends...” as he admonishes his army to “...imitate the action of the tiger... The game’s afoot: follow your spirit; and upon this charge cry, God for Harry! England! and St George!”

Other more recent films come to mind with Dr. Strangelove perhaps being the most vivid.

But coming back to my mother and her unerring memory for anything Shakespearian – she was an actress with a Shakespearean company in England and, after her father’s death in 1929, and her engagement to a young medical student, she came to Canada with a ring on her finger to find theatre and to continue with her career. She sailed with my grandmother from England and came across Canada by train to Vancouver where they were both advised to keep going into the Cariboo where they would find work.

At that time both the Canadian Pacific and the Canadian National Railways served the town of Lytton. It is one of the oldest continually inhabited settlements in North America and was named, Kumsheen, by the Thompson First Nations people, Nlaka’pamux. But the town was on the gold rush route and when Edward Bulwer Lytton visited in 1858, he left his name behind – and a copy of his book with the much-maligned opening phrase, “It was a dark and stormy night” (used in 1962 with critical success by Madeleine L’Engle in her, “Wrinkle in Time”)

By 1929, Lytton was peopled by loggers and a few would-be miners panning for silver in streams and beside river banks. There was no theatre. My grandmother went on to Echo Lodge at Paul Lake to fill their need for a cook, but my mother found work at the Lytton Hotel and managed, wherever she went, to establish a theatre group and she would continue to do so. In the 1950’s she produced a play to begin a fund raising campaign for a new gymnasium at a Vancouver school. The fund raiser continued until the gym was built in the 1970’s.

Her determination and her talent gathered other like-minded theatre people together to form St. Michael’s Theatre Group and in the 1950s a Sidney Howard play, The Silver Cord, was recognized and gained second place in a Vancouver Drama Festival behind The Little Theatre Assn. She had managed to establish a theatre in a church hall, complete with all the accoutrements necessary for amateur productions, of which there were many.

Her network of theatre people, school children, and community members always managed to fill the seats beyond (I’m sure) fire regulations would allow. And even though theatre programs were there for signatures, a few colourful little autograph books often popped up.

The ring? Alas it was shipped back to England and replaced with a deep purple amethyst.

REMEMBRANCE GARDEN

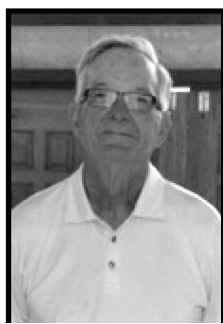
Trails of memories accumulate in this wintertime season and like the snow and ice they linger; their voices still clear echo just around the corner; but no matter how quickly you turn your head there’s only whispers, or the sigh of settling snow.

Pause in the midst of your coming and going and remember back a few years; you’re at the ferry landing when Arnold Crippen comes to your car with his tray of poppies; you pause on a Riondel hill while Alice Bruce compares her travels and yours; you stop outside Harry Zelinski’s garden to admire the brilliance of pink peonies; on Russell Ave. you’ll shade your eyes and wonder how Ding Fiedler keeps all that grass so neat and tidy, and you mustn’t pass by the manor without a few words with Joy Bracken.

All these so recent in your thoughts will soon join memories of friends, relatives, neighbours and strangers from many winters past; but listen – spring will soon shuffle the ground awake and rain will waken sprouts under melting snow. The sun will warm longer days and prep all gardens for a new season.

Come, linger briefly, then quickly – find a valentine – for someone.

**Plaques & info Wendy Scott – 250-225-3381;
Muriel Crowe – 250-225-3570**



Notice of Passing

Joe Andrusiak

It is with heavy hearts and profound sadness that we announce the passing Joe Andrusiak at the age of 69.

He is survived by his loving children, Crista (Rod) Gilbert, Jason Andrusiak, and Clinton (Becky) Andrusiak. His precious grandchildren Madisyn, Treyton and Jayda Gilbert. His loving friend Debora. His two brothers, Jim (Shirley) and Will and a sister, Lorraine (Ed) Edey, numerous nieces and nephews and the mother of his children, Joan.

He was predeceased by his nephew, Kevin and his parents.

Born on September 2, 1948 in Nelson, B.C. he grew up in Riondel, B.C. He raised his family in Elkford, B.C. and was proud to volunteer at the ski hill. He worked hard and advanced his way to the position of Superintendent of Processing in the coal mines in the Elk Valley where he worked for over 45 years. Dad loved fishing, tennis, pickleball and golfing.

He was a hardworking, honest and devoted father with a kind and gentle heart. He loved his children and was always there with a supportive ear. He was a very proud grandfather whose face lit up every time he saw his grandchildren.

There was a Celebration of Life for Joe Andrusiak on Saturday, January 13, 2018 at the Elkford Community Center.

Notice of Passing

Edna M. SULLIVAN

Nov 19, 1935 - Jan 03, 2018



Edna passed away at Victoria Hospice in the loving presence of her three daughters. Always a cheerful, light-hearted person, Edna attracted a wide circle of friends in Calgary, her childhood days and retirement on the East Shore of Kootenay

Lake and, since 1998, in Victoria BC.

She was a loving wife to her childhood sweetheart Terry Sullivan (1933 - 2010) and had a wonderful 51 year marriage. She treasured family life and leaves behind her dear sister Janet Ebert and “big brother” Murray Rose; her three daughters, Karen O’Sullivan Cookson (Jim) Michael and Paul; Leslie Hildebrandt (Eric) Evan and Ryan; Ivy Jeffery (Mike) Rebecca and Kirstan; and 8 great-grandchildren, all of whom she dearly loved. Edna “adopted” many friends as family throughout her life including, to name just a few, Ivy and Tom, Suzanne, Tricia and John, Valarie and Robert, Dianne and Kathi; all of our lives are richer for their love.

Since meeting him in 2011, Mike Whitehead became the light of her life. Edna was warmly welcomed into Mike’s family, cherishing their laughter and fun. Edna truly believed we live in a wonderful world - she loved to entertain, make gourmet meals, travel, swim, fish, camp, ski, play cards, and watch Jeopardy. We will all miss the twinkle in her eyes and her laughter.

A “celebration of a life well-lived” will be held at 10 am Saturday April 21, 2018 at First Memorial Funeral Home 4725 Falaise Drive Victoria, BC. In lieu of flowers, donations to Victoria Hospice and Palliative Care Foundation, BC Cancer Agency or BC Red Cross would be appreciated.

Notice of Passing

Dylan Mathew Paulhus
Sept 13, 1991 - Nov 20, 2017



It is with great sadness that we announce the passing of Dylan Mathew Paulhus on November 20, 2017 in Crawford Bay, B.C.

Dylan grew up in Crawford Bay and graduated from our local school. He enjoyed many outdoor activities such as hunting, camping, fishing and sledding. Dylan was soft-spoken and a kind-hearted person who

loved spending time with family and friends.

Dylan is pre-deceased by his father Mike Paulhus and survived by his mother Andree and sister Amy, lots of family and good friends.

A celebration of life will be held at a later date in the spring of 2018.

In lieu of flowers a memorial contribution can be made to Diabetes Canada, 1589 Sutherland Ave., Kelowna, BC V1Y 5Y7.

JOY

by Wendy Scott

Joy Louise Bracken, 1948 - 2017

There’s an empty suite now in the Bluebell Manor. But the former occupant preferred to sit in the sunshine and watch people passing by or, sometimes waving to say, hello.

If Bob’s Bar & Grill was open, Joy might opt for lunch, dinner, or just a glass of wine; she might be there to listen to whatever band happened to be playing, and watch any dancers who took to the floor, and, if coaxed, Joy might share a quiet chat with a friend.

Until the spring of 2016 when her sister, Beth Ludlow, died, the two were often together, either in Beth’s lovely garden or having a cup of tea – outside on her private patio. If there was a chill in the air, or a few drops of rain, they might opt for the front room, to watch their world go by.

When not drinking tea or watching folks passing by, Joy might be sketching her world, or perhaps her memories, in pastels.

When that world slipped away, Joy took her place in Riondel’s own memory bank; she may have touched only briefly, but beside this lake, ripples continue into the night and beyond.

*....The splashes went on out of hearing.
It was dark then. Somewhere
The night had accommodated him
--at the place he was headed for
or where, led by his delight,
he came.*

From Before Dark, By Wendell Berry

Memorial Wall

Whether your loved one has scattered ashes, was buried elsewhere or was ‘beamed up’, the **Memorial Wall in Gray Creek Cemetery** can mark their time here.

Visit the unique woodland cemetery on Oliver Road South and contact **Tom at lymbery@netidea.com** for a handsome brass plaque.

Remembering Alice Bruce

by Susan Hulland

Alice Roe Bruce was born on October 13, 1925 in Nelson, the third child of Kathleen and Arthur Lymbery of Gray Creek, BC. As a member of a pioneer family, she grew up in Gray Creek and attended the one-room schoolhouse in what is now the community hall. Alice left home to take grades 9, 10, 11 and 12 at Taunton House Boarding School in Vancouver, then returned to Gray Creek to complete grade 13 by correspondence. At the age of 18, Alice went to UBC where she graduated with a BsC in Chemistry. Following graduation she briefly worked as a lab technician, then taught high school in Kimberley, Cranbrook, Rossland, Kamloops and Vernon.

Mining engineer Stan Bruce first came to this area while working at Retallack and purchased property at Cortianas' bay on Pilot Peninsula in 1951. He and Alice were married in the Gray Creek hall in November 1958. They spent their honeymoon at Cortianas' bay staying in the log cabin Stan had built there. Alice and Stan's son Gordon was born in 1959 and their daughter Janet in 1961. Stan's job for Noranda Mines often took him away from home for long periods of time and the family moved often to be closer to him. In 1964 Alice was living in Forest Grove in the Caribou when she learned of Stan's sudden death, which left her with two small children to raise.

Alice's father Arthur Lymbery died in 1969. After his death Alice returned to Gray Creek to work the family farm. Her mother, Kathleen who was known for her skills at drawing, writing and sewing died in 1974. Alice had a life long passion for history and in 1981 she wrote and published a treasure of a history book titled, *Kootenay Sketchbook 1920* that featured more than two dozen of Kathleen's original sketches.

Alice left the Lymbery farm in 1987 after selling to Rob and Janet Schweiger and spent the next nine years living in Balfour overlooking the West Arm. Her dog, Taffy made the move with her. When this property became too much for her to maintain she returned to the East Shore to live in Riondel's Bluebell Manor. But Alice loved her independence and soon bought a house and adjoining lot at the north end of Ainsworth Avenue. She painted the house peppermint green, tended a small vegetable garden and acquired a somewhat unpredictable cat named Fergus. Alice loved living at the edge of Riondel, finding pleasure in the babbling water of Hendryx creek, the cacophony of birdsongs emanating from nearby undeveloped properties, and the parades of raccoons that cut through her back yard that she called 'her bully boys'.

During this era Alice hosted several memorable birthday parties. At one of the first she treated three women friends to a helicopter flight to see two areas that were under consideration for protection from log-

ging. This trip included a touchdown on the snowy headwaters of Lasca Creek, a thrilling descent down the Lockhart Creek drainage, and a stunning hover over her beloved place at Cortianas' bay which, by then, was known to many as the Tipi Camp. More unique birthday events followed when Alice chartered boats from the Kaslo Shipyard and treated dozens of friends to destinations including Kaslo, Garland Bay and Pilot Bay Marine Provincial Park.

Alice always supported the social and economic well being of the East Shore. She served a term as the president of the Crawford Bay Fall Fair Committee and contributed to local economic initiatives such as The Crawford Bay Clothing Company and Friends of the Riondel Clinic. Throughout her life she made generous contributions to environmental and community causes including: the **NO Kootenay Diversion** campaign, the fight to preserve David Thompson University and the **Stop Clearcuts, Log For The Future** movement. The latter put her name in the local news when she agreed to become a 'voluntary arrestee' at a blockade on the Lasca Creek logging road.

The environmental legacy that Alice will likely be best remembered for was the critical role she played in the success of a bold experiment in low impact ecotourism known as the Tipi Camp.

She made it happen by allowing the camp to operate on her beloved Cortianas' bay property. The idea of establishing the camp came from visionary Peter Duryea of Gray Creek. Together he and Alice saw the Tipi Camp's potential for teaching humans how to see beyond the monetary value of trees and learn how to appreciate and connect with all the values of intact forest ecosystems. The concept worked! Over the past 30 years Alice's

property hosted hundreds of guests from all walks of life and provided employment for many local people.

Alice enjoyed travelling. Highlights were a walking trip in England and a scientific cruise up the West Coast of BC with renowned scientist, David Suzuki. Alice dressed for her photo opportunity with David wearing a black tee shirt with 'Recycle or Die' written on it. In later life she became a snowbird, enjoying several trips to Barra de Navidad in Mexico. She found lifelong joy in reading but shunned most fiction for biographies and books on history and politics. Alice had similar tastes in media entertainment, listening to CBC Radio and watching the Knowledge Network on television

Alice was known for her sharp wit and sense of humor and, above all, her independent spirit. As her health deteriorated she steadfastly shunned many medical devices and mobility aids that were offered to

her. On one occasion her daughter, Janet, brought a walker into Alice's Riondel home thinking she could use it for her trips to the store and post office. But Alice was having none of that. She literally heaved the thing down her front steps before Janet had even left the property. Eventually Alice moved into the Castlevue Care Centre in Castlegar and lived there for the last thirteen years of her life.



Alice leaving the family home in Gray Creek to continue her education.



Alice and her granddaughter Lindsey Lock celebrating Alice's 92nd birthday.



Alice with her dog, Taffy, on the steps of her beloved cabin at Cortianas' Bay sometime in the 80's.

Alice died January 3, 2018. She was predeceased by her son Gordon in 1992. She is survived by her brother Tom Lymbery and his wife Sharon, daughter Janet Bruce, granddaughter Lindsey Lock, niece Loren Lymbery and nephew David Lymbery.

The family wishes to thank the dedicated and caring staff of the Castlevue Care Center and Alice's East Shore friends and neighbours for their loving support of her over the years. Friends of Alice's are invited to join the family at the Gray Creek Hall on Saturday, February 10, starting at 12:30 p.m. MST for a memorial service and tea. Persons unable to attend are invited to submit condolences to her family on the website of the Castlegar Funeral Chapel at castlegarfurnerals.com/obituaries/



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E-mail:

betterathomeeastshore@gmail.com

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EAST SHORE HOSPICE - Palliative care for anyone facing life threatening illness. Confidential support for individuals and their loved ones. Hospice can also provide grief and bereavement support. 250 227 9006 ext 29 - eastshorehospice@gmail.com. Volunteers needed - volunteer training offered once a year. Please contact for more info

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SUSAN SNEAD - MASSAGE: Certificates/training in Ayurvedic massages, Reflexology, Polarity Therapy, Acutonics Practitioner Level 4, Fibonacci tuning fork alignment, Astrological Counselling. 250- 225-3520

RESTAURANTS

CRAWFORD BAY HALL & COMMUNITY CORNER BUILDING - available for community events, wedding receptions, workshops etc. Non-smoking facilities. Call Kathy, 227-9205.

NEWKEY'S PLACE - Hwy 3A in Crawford Bay, licensed area. Open 10 am til close Monday to Sunday. Food Specials all day. 227-6911.

ROCKWOOD CAFÉ - Authentic Chinese food, and perfect burgers. Open Tues - Sun. Hwy 3A Gray Creek. 227-6840.

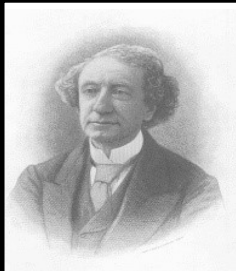
YARD/LANDSCAPING/SITE PREP

TREE SERVICE, RESIDENTIAL - Fully insured Limbing, Pruning, Topping, Falling. Danger Tree Assessments, Free Estimates. Call James Linn at 250 225 3388

- Planning a wedding?
- Holding a meeting?

Consider renting the **BOSWELL HALL**

Booking/info: Rose at 250.223.8288



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Our Hours:

Tuesday - Friday 9 am - 5 pm
Closed from 1 - 2 pm
Saturday 8:30 - 12:30

Kootenay Insurance Services Ltd.

#16030 Hwy 3A, Crawford Bay
Phone: 227-9698

YOUR HALL IS AVAILABLE!

For community events, wedding receptions, workshops... you name it!
Booking: Kathy Donnison - 250.227.9205

CRAWFORD BAY HALL

Your community hall

A non-smoking facility

CLASSIFIED ADS

BUSINESS ANNOUNCEMENTS

Insurance Certification requires professional chimney installation - we are the pros - Gray Creek Store, 250.227.9315

BUSINESS SERVICES

Fax service, photocopies, (with no PST/GST) Tom Lymbery - Notary Public, 250- 227-9315, fax 227-9449, 250.227.9448 for Notary Public.

EMPLOYMENT/JOB OPPS

Job Opportunities: Black Salt Cafe is considering applications for the following positions: line/prep cook, dishwasher, barista & server. Contact Terry or Todd (email) soyoucansendmemail@gmail.com or call 250.551.3455.

NOTICES

Commercial Lease Space: Accepting applications of interest for the lease of the commercial space @ 16072 Hwy 3A, next door to Black Salt Cafe. All applicants will be considered. Contact Terry or Todd (email): soyoucansendmemail@gmail.com or call: 250.227.9510.

Next Deadline:
February 28, 2018
mainstreet@eshore.ca

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Serving the East Shore.

Join us. Be a volunteer responder. | RIONDEL FIRE/RESCUE SERVICES
Call 250.551.1352

Creston Veterinary Clinic
Your Hometown Vet
1 (250) 428-9494

Mobile veterinary clinic available in Crawford Bay.

Please call Creston Veterinary Clinic to book appointment & for more details.

NEW LOCATION! We now have our clinics at the Crawford Bay Motel, Unit 6

Mobile Clinic Dates:
Feb 6 and March 6, 2018

BULLETIN BOARD

Community Notices, Thank You's, Not-For-Profit Announcements (all not related to business), Church Calendar & Meeting Places - free on the Bulletin Board.

CHILD HEALTH CLINIC, ADULT IMMUNIZATIONS, PUBLIC HEALTH NURSE

Will be at the East Shore Health Centre monthly.
For information, call Creston Health Unit at 250-428-3873.
EAST SHORE HEALTH CENTRE Call 227-9006
See calendar for doctor days - Doctor hours are from
9:30am to 4:30 pm. Please call 227-9006.
Interior Health Authority, Community Care Nursing
and Home Support Services - 250-352-1433.

PHYSICIAN COVERAGE FOR Jan 2018

Note: Call to cancel if you can not make your appointment. We always have a wait list for patients needing to get an appointment.

FEB 1, THURS, NO DOCTOR
FEB 6, TUESDAY, NO DOCTOR
FEB 7, WEDNESDAY, DR MOULSON
FEB 8, THURSDAY, DR LEE
FEB 13, TUESDAY, DR PIVER
FEB 14, WEDNESDAY, DR MOULSON
FEB 15, THURSDAY, DR LEE
FEB 20, TUESDAY, DR PIVER
FEB 21, WEDNESDAY, DR MOULSON
FEB 22, THURSDAY, DR LEE
FEB 27, TUESDAY, DR PIVER
FEB 28, WEDNESDAY, DR MOULSON

**Please Note: Lab hours 7:30 - 10:30 am, Weds
Call to make appointments at 227-9006
on doctor days and Thursday morning.
Tues, Weds & Thurs (8:30 to 12:30)**

Phone: 250-227-9006 Fax : 250-227-9017

HEALTH PHONE NUMBERS

ES Health Centre: 227-9006
Drug & Alcohol: 353-7691
Child & Youth: 353-7691
Community Nursing: 352-1433
Public Health Dental Screening/Counseling: 428-3876
Hospice: 227-9006
Baby Clinics: 428-3873
Mammography Screening: 354-6721
Physiotherapy: 227-9155
Massage Therapy: 227-6877
Mental Health Crisis line - 1-888-353-CARE (2273)

BOSWELL HALL HAPPENINGS

Yoga - Wednesdays, 9:30 - 11:00am. Contact is Merilyn Arms 250-223-8058
Fitness - Mondays and Thursdays, 9 - 10am, Contact is Darlene Knudson 250-223-8005
Carpet Bowling - Tuesdays at 7pm. Contact is Tom Sawyer - 250.431.8404
Book Club - Thurs Feb 8 at 2pm. Contact is Melody Farmer - 250.223.8443
Quilters Guild - Tuesday, Feb 20 at 1pm. Contact is Linda Brown: 250.223.8607
Vinters - Sunday, Feb 18 at 2pm. Contact is Alan Mader: 403.467.5720
BADEV - Monday, Feb 5 at 10am. Contact is Rod Stewart - 250.223.8089
FOCUS ON HEALTH - Feb 26 at 10:30am. Contact is Margaret Crossley. 250.223.8455

BOSWELL HALL SPECIAL EVENTS

Feb 15, 7pm: Boswell and District Farmers Institute AGM. Contact Bob Arms - 250.223.8058
Feb 17, 6pm: 2018 Chinese New Year Dinner. Tix available at Boswell Post Office.
Feb 4, all day: Carpet Bowling Bonspiel. Contact Cheryl Place at 250.223.8694

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MOVING SALE at Pilot Bay Resort

Friday February 9 - 2:00pm to 6:00pm
Saturday February 10 - 10:00am to 4:00pm
16961 Pilot Bay Road, Kootenay Bay
at resort "Office" building at top of the main driveway
(please no early-birds)
Furniture, books, household and garden décor/accessories, clothing, fabric, building and art supplies, lost treasures... Cash sales only.

EAST SHORE CIRCLE OF FRIENDS AGM

Feb 24 2018 at 2pm at Dutch Harbour Bible Camp.
Everyone is welcome and we are looking for new artisans for the shop in Riondel.

Climate Action Gathering

press release by Yasodhara Ashram

The Temple of Light hosted more than 70 people for a community climate action vigil, "Holding Space: Inner Reflection, Outer Action," on January 21. This bright start to our Year of Invitation highlighted the Temple as a space that draws together committed people.

The vigil was part of a week-long speaker and dialogue series offered by the Nelson Interfaith Climate Action Collaborative. Ashram representatives spoke about finding inner balance as a foundation to outer action.



Swami Lalitananda noted, "The way the Ashram can help is to give people a chance to think deeply and to be in a quiet place. You can come here and just be and have time to ask important questions such as, How can I give back?"

"Resilience isn't the ability to do it ourselves, but the ability to link with our neighbours and work together," noted Paris Marshall Smith, Ashram Board member and Sustainability Coordinator for the region.

After small group discussions, participants summarized their personal commitments to climate action, which included rideshares, pressuring politicians, becoming more informed, reducing consumption, improving food storage, avoiding air travel and listening to youth.

2018 promises many memorable opportunities to come together at the Temple.

Save the date - June 23 - for the Public Opening of the Temple of Light combined with the Annual Strawberry Social! It will be a time to cut the ribbons, meet old friends and new, and celebrate a sacred space that will serve the Kootenay community for years to come.

"The Ashram is built on this broad community," Swami Lalitananda notes. "We have a strong commitment to the future and to the region in which we live. We are continually inviting people to come to the Ashram and into the Kootenays. Economic development is part of what we do too."

CHURCH/MEETING CALENDAR

RIONDEL COMMUNITY CHURCH February 2018 SCHEDULE

There will be no service in February...
Keep warm!

CHRIST CHURCH & EAST SHORE CONGREGATIONS

ST. ANSELM'S CHURCH BOSWELL (Anglican)
No services at the present time. Contact Christ Church Creston for info - 250.428.4248

HARRISON MEMORIAL COMM. CHURCH, ANGLICAN

Crawford Creek Rd., Crawford Bay Everyone Welcome!
For info, please contact Deberah Shears at
250.225.3336 or Rev. Leon Rogers: 250.428.4248

KOOTENAY LAKE COMMUNITY CHURCH

A Lighthouse on the East Shore

Come & join us Sundays at 10 am.

Coffee fellowship after the service.

Pastors Richard and Ramona Dannhauer
16190 Hwy 3A, Crawford Bay 250.227.9444

YASODHARA ASHRAM

Satsang (non-denominational, "in the company of the wise"), each evening 7:30pm. Everyone welcome,
250.227.9224

MOST HOLY REDEEMER

CATHOLIC CHURCH, RIONDEL

Fr. Sylvester Ibekwe Phone: 428-2300 Fax: 428-4811
Sun Mass at 2pm. 1st Sunday of month,
Fellowship Sunday.

THE CHURCH OF JESUS CHRIST OF LATTER DAY SAINTS

1520 Campbell Avenue, Riondel, B.C.

Meetings begin at 10 am, every Sunday.

Info call, 250-227-9522

CHRISTIAN SCIENCE CHURCH SERVICES

Held in the Anglican Church, 8151 Busk Rd, Balfour

Sundays, 9:30 am

All welcome!

For info, call: 250.229.5237

Next Deadline:

Feb 28, 2018

mainstreet@eshore.ca

www.eshore.ca

Stay warm and well...

MEETING PLACES

LIONS CLUB - meets at the Kootenay Lake Community Church - 16190 Highway 3A, Crawford Bay.

Meeting Times: 7 pm. Second and Fourth Tuesday of the Month
For More info call Lion Mike Jeffery - 250-227-6807 or Lion David George at 250-227-9550 or Lion Jim at 250-227-9622.

TOPS - Take Off Pounds Sensibly: meets every Monday morning at 8:30 am in the Kootenay Lake Community Church basement.
Call Myrna for more info: 227-9420

PARENT ADVISORY COMMITTEE

(PAC) Meetings usually held at 5:30 pm at the Crawford Bay School on the first Weds of the month.

Email cbess.pac@gmail.com for info or to add to the agenda.

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February 2018

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					1	2
					* Fitness Class, Boswell Hall, 9-10am * Tara Shanti Yoga, 9:30-11am NO DOCTOR	* Foundation Stone at Hub
4	5	6	7	8	9	10
* Carpet Bowling Bonsel, Bos Hall	* BADEV, Bos Hall, 10am * Fitness Class, Boswell Hall, 9-10am	* Creston Vet, CB Motel, Unit 6 * Tara Shanti Yoga, 9:30-11am * Karma Yoga Intake, Ashram NO DOCTOR	* Volleyball, CB School, 7pm * Yoga @ Bos Hall, 9:30-11 DR MOULSON	* Fitness Class, Boswell Hall, 9-10am * Tara Shanti Yoga, 9:30-11am * Bookclub, Bos Hall, 2pm DR LEE	* Pilot Bay Resort Garage Sale, 2-6pm	* Alice Bruce Memorial, GC Hall, 12:30pm * Taste of the Ashram * Pilot Bay Resort Garage Sale, 2-6pm
11	12	13	14	15	16	17
	* Fitness Class, Boswell Hall, 9-10am	* Tara Shanti Yoga, 9:30-11am * Carpet Bowling, Boswell Hall, 7pm * Bookclub, Bos Hall, 2pm * Karma Yoga Prgm, Ashram * Lions Meeting 7pm DR PIVER	* Volleyball, CB School, 7pm * Yoga @ Bos Hall, 9:30-11 DR MOULSON	* Bos Dist Farmer Inst AGM, Bos Hall, 7pm * Fitness Class, Boswell Hall, 9-10am * Tara Shanti Yoga, 9:30-11am DR LEE		* Chinese New Year Dinner, Bos Hall, 6pm * Cabin Fever Olympics, The Hub * Learn to Make a Mini-Movie, CBESS, 9-4
18	19	20	21	22	23	24
	* Fitness Class, Boswell Hall, 9-10am	* Tara Shanti Yoga, 9:30-11am * Carpet Bowling, Boswell Hall, 7pm DR PIVER	* Volleyball, CB School, 7pm * Yoga @ Bos Hall, 9:30-11 DR MOULSON	* Fitness Class, Boswell Hall, 9-10am * Tara Shanti Yoga, 9:30-11am DR LEE	* Hexagon Players "Finger Foods", CBESS performance space, 8pm	* Circle of Friends AGM, Dutch Harbour, 2pm * Hexagon Players "Finger Foods", CBESS performance space, 8pm
25	26	27	28	MAR 1	MAR 2	MAR 3
* Hexagon Players "Finger Foods", CBESS performance space, 2pm	* Focus on Health, Bos Hall, 10:30am * Fitness Class, Boswell Hall, 9-10am	* Tara Shanti Yoga, 9:30-11am * Carpet Bowling, Boswell Hall, 7pm * Lions Meeting 7pm DR PIVER	MAINSTREET DEADLINE DR MOULSON	 Full Moon		* Lebanese Dinner, CB Hall

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Light up Valentine's Day:
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Kootenay Lake Ferry Schedule

Winter: Sept 6/17-June 13/18
All times listed in East Shore time.
Subtract one hour on Balfour side for PST.

Vessel	Departs Balfour	Departs Koot. Bay
Osprey	7:30 am	8:10 am
Osprey	9:10 am	10:00 am
Osprey	10:50 am	11:40 am
Osprey	12:30 am	1:20 pm
Osprey	2:10 pm	3:00 pm
Osprey	3:50 pm	4:40 pm
Osprey	5:30 pm	6:20 pm
Osprey	7:10 pm	8:00 pm
Osprey	8:50 pm	9:40 pm
Osprey	10:40 pm	11:20 pm

Transfer Station Hours

CR. BAY: Sun and Tues, 10am-4pm
BOSWELL: Weds/Sat 11-3

Bottle Depot at CB Market, Sunday/Thursday, 10am-3pm

East Shore Reading Centre:

Tues & Sat: 12-3 Thurs: 7-9 pm

Riondel Library:

Mon: 2-4 pm, Weds: 6-8 pm
Tues, Thurs, Sat: 10am-12:30pm