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KOOTENAY LAKE BC

Serving the East Shore communities of Boswell, Gray Creek, Crawford Bay, Kootenay/Pilot Bay and Riondel

INSIDE:

News, Views,
Reviews,
Hot Topics,
Current Events,
Letters & Ideas

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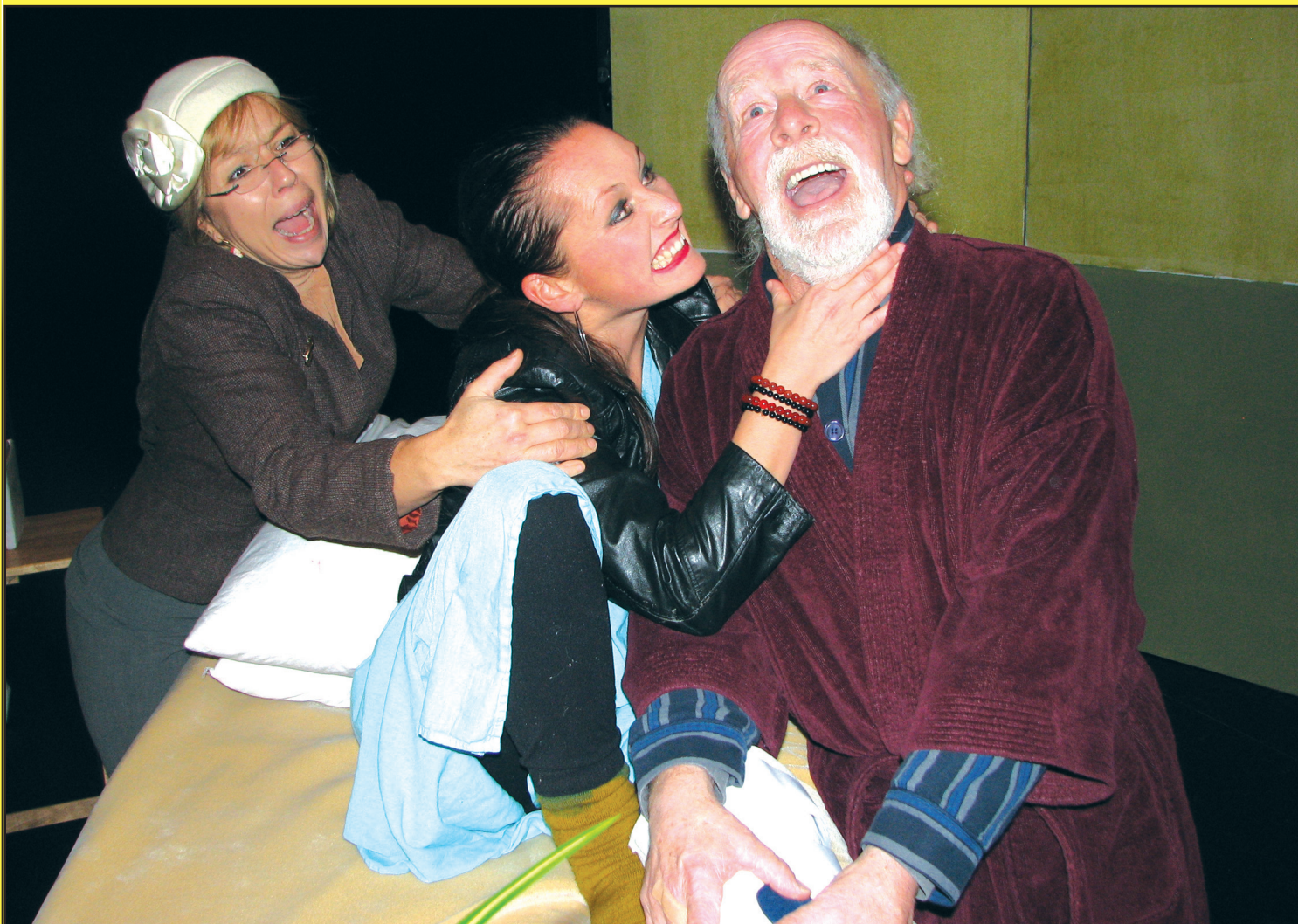
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Plus a lot of looking
back... : throughout

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Don't miss *Interior Health*, a play written and directed by Doreen Zaiss - January 18/19 at the Crawford Bay School. See ad in this issue for info. Pictured here: troubled Britt (Kate Page) tries to strangle Professor Cruz (Tim Miller) while the Professor's wife Judith (Carol Vanruymbeke) tries to hold her off.

Photo: Ingrid Baetzel



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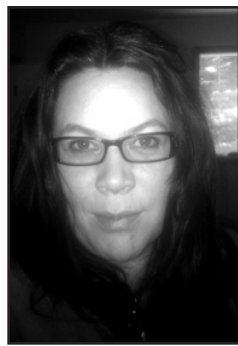
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MS Issues

by Ingrid Baetzel,
Editor

Slipping Into Skin

About this time last year, I wrote a piece about the devastating afterglow of putting on a theatre performance which inevitably results in passively watching the death of a character you've built up for months on end. It is amazingly hard to say goodbye.

With theatre, you step into another person's life. You have guidance and help by the playwright to get to know the tone of that character, but it becomes very much the onus of the actor to slip into the skin of another human being (fictional or otherwise) and own them with the heart. We get lost for a while, week after week. We feel the thrum of another life, and it is the sweetest escape. We create a whole new circle of friends – those actors with whom we share the stage for half a year AND the alter-egos of those actors, their characters.

Every night, we stretch ourselves – push the limits – challenge our egos. We humiliate ourselves and laugh ourselves blue. We hug each other, we shine in each others' eyes, we fight to pull it all together, and then, several of us often go to the pub and go through it all with our hindsight glasses on and a glass in hand.

My husband recently asked us why we bother with doing this all this – the countless hours, the stress, the strain, the push to the finish line. I could only answer him that it is the same as running a marathon or conquering some other monumental task. It is to say

that we did it. It is in order for us to be able to glow with accomplishment, whether we flop or sail... We will have done something that (in this case with an original play) no one else has done. And we will do it together.

On January 18 and 19, we are proud to be able to give a little gift to our community. Please join us for Interior Health – a play written and directed by Gray Creek's own Doreen Zaiss.



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LETTERS TO THE EDITOR

RETIRE THE MS BALFOUR

The following was submitted by Jon Wyngaard as a copy of a letter sent recently to Mary Polak, MLA.

The Honourable Mary Polak, MLA - Room 306 Parliament Buildings, Victoria, BC - V8V 1X4

Dear Ms Polak

Re: MS Balfour

My wife and I live in Riondel on the East Shore of Kootenay Lake. We rely on the ferry system to get us to Nelson for groceries, medical attention and other types of business. At this time, the regular ferry (Osprey 2000) is out of service for maintenance again for a period of three weeks. This occurs twice a year. It means that the East Shore population has to contend with a ferry that is much too small for transporting those who need to cross the lake.

I strongly urge you to retire the MS Balfour and replace it with a ferry similar to the Osprey 2000. As I see it, the Balfour is not only inadequate, but it also a health and safety hazard. Allow me to explain by providing an account of a recent experience.

It is 7:50 in the morning. A cold, wet and windy day. Already the line of vehicles waiting at the ferry landing is longer than can be accommodated by the Balfour. It will leave at 8:10. The line includes two logging trucks, a hay truck and a large transport truck. A number of vehicles will be left behind, forced to wait another hour and fifty minutes for the ferry's next voyage.

There is a notice by the loading ramp sign stating: "No Idling". Yet there is no place to go into in order to warm up; no public waiting room, no commercial establishment. The only heated space is the public washroom. As a result, some drivers will disregard the signage and heat their vehicle by running the engine. Perhaps out of necessity because they carry senior citizens or individuals with health problems. Unfortu-

nately, this also means that others in line will have to breathe in the fumes of gasoline and diesel exhausts.

Some vehicles lucky enough to get onto the ferry will be so hemmed in by other vehicles that the people they carry simply cannot open a door wide enough to get out. Only slim and agile individuals will find a way to do so. The voice on the intercom talks about life boats and muster stations, but what good is a muster station or a life boat if one cannot get out of one's vehicle. All talk about safety becomes redundant in such a situation.

And then there is the problem of using the washrooms on the Balfour. If one happens to be heavy-set and able to get out of one's vehicle, one might well run the risk of getting stuck in the privy. Inadequate and shabby are mild terms in describing the washrooms. In fact, shabby is the term that most aptly describes everything about this vessel. Unfortunately, the word 'shabby' has very little tourist appeal.

It is this recent experience that prompted me to say: "Enough is enough; this Balfour tub has to go". And using the words of Dr. Seuss, I would say to you: "You must and you can do better than this". It is my hope that you will initiate immediate action to replace this most inadequate vessel.

Awaiting your reply,
Sincerely,

Jon Wyngaard, Riondel, BC

Copy: The Honourable Christy Clark, Premier of British Columbia

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or Best Yet, Email to: mainstreet@theeastshore.net

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EAST SHORE COMMUNITY CHRISTMAS DINNER

Dear Editor:

Thank you to all the volunteers that helped make the Crawford Bay Community Christmas Dinner such a wonderful evening.

We would especially like to thank Ruminessence and the Simply Brass for the wonderful music which filled the hall with festive spirit.

Big thanks to all of the organizing committee: Garry Sly, Ali George, Dana Gallinger, and Jacqueline Wedge. As always, it was wonderful that Santa was able to visit us again this year.

We would like to thank the RDCK and the Crawford Bay Credit Union for their generous support and contributions to our dinner. Thank you to Ingrid Baetzel and the rest of the decorating team for making the hall look fantastic. We greatly appreciated all of the help offered during the dinner by the servers and by the marvellous clean-up crew that stayed on to finish up. Hope to see you all again next year.

Nicole Plouffe,
Kootenay Bay

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RDCK Area "A" Update

by Garry Jackman,
Director, Area "A"

Happy New Year

I hope everyone had a safe and happy holiday season. I certainly enjoyed a few days to alternate between visiting with family, listening to music and doing a few chores around the house. Oh yes, also eating.

Transit

The West Kootenay transit system is still undergoing dramatic changes. During December, BC Transit held public information sessions in Nelson, Trail and Castlegar looking for input on schedule changes planned to take effect in the spring of 2013. There have already been a number of changes, including enhanced service along the west arm and better coordination with ferry. Along the East Shore we may not have the time to attend briefings on the proposed changes, but I encourage anyone who has an interest in transit to look at the opportunities for faster, more economical travel through the west kootenays which the system changes are bringing. In addition, I hope that the improved connections with the ferry will translate to greater use by east shore residents so that this will continue to be an important consideration when future schedule reviews are undertaken. If the East Shore ridership from the ferry

terminal does not materialize, it is conceivable that other connectivity priorities will result in longer waits for passengers heading to and from the ferry.

The current round of public input is completed but comments and results can be seen on the BC Transit website in the next few weeks. You can also view the draft schedules, including for the north shore. There are eight proposed runs from Nelson to Balfour for Monday through Friday, most connecting to a ferry within 10 to 15 minutes. Saturday schedules are still being developed.

You can also review the West Kootenay Master Plan, outlining the transition from several separate transit services to a well coordinated system operating for the benefit of the region as a whole. Depending on the success, which will be primarily measured through increases to ridership, the second and third phases will focus on improved rural connectivity and then increased frequency of service.

Once the participating local governments signed a joint agreement on operations of the system, some very common sense changes could be made such as assigning the right size of bus to a particular route, depending on current ridership. In addition, BC Transit had funding authorized for additional hours of service to be offered to communities which agreed to participate with local taxation. Note that BC Transit funds the lions share of the service, so the local contributions remain small considering the overall service increases.

Following the analysis of the public input, the revised schedules along with associated budgets will be available for local government to incorporate in the budget process these next few months.

Since Area A has a relatively small tax base compared to some of the other participating local governments, and since only about half of the Area A tax assessment is used to calculate the contribution to the West Kootenay system, I expect we will be receiving very good value for our contribution.

RDCK Online Newsletter

Our staff has produced the second volume of the on-line RDCK newsletter following the December 2012 Board meeting. Aside from capturing a few of the meeting highlights, the newsletter provides general information on some of the regional activities along with some feature information on employees. The December issue includes information on fundraising efforts, Columbia Basin Trust contacts along with information on the Community Initiatives funding for 2013, an update on the woodstove exchange program, meeting dates for January, a list of discretionary and community development grants approved at the latest Board meeting and much more. Check it out through the website at rdck.bc.ca.

CBT Community Initiatives Funding

As noted above, each year the CBT has allocated funds to be granted through local government in the spring. This year, applications will be accepted from 14 January through 04 March 2013. Forms will be available in the coming days at rdck.bc.ca/corporate/grants/cbt. Note that a couple of years ago the funding allocation was revised so that Area A residents receive less funding than before while some of our neighbouring areas are receiving more (based on allocation by population versus the older system of a weighted allocation based on population and assessment value). For this reason, I expect the community volunteer committee which will be assisting in the evaluation of proposals will again put a higher emphasis on applications for activities within Area A. If you have questions, please contact me or go to the website for an e-mail link to the program coordinator.

Budget

Our board will begin detailed budget reviews on January 18 followed by a second round scheduled for January 31 and February 1. Following the preparation of the proposed schedule, public presentations will be held in a number of larger communities. Last year, the closest presentations for Area A residents were held in Nelson and Creston. Some years ago presentations were scheduled for within Area A, such as at the Riondel community centre. If there is strong community interest I could request that a public briefing be held along the east shore for the 2013 budget. Let me know.

If you have a question or concern please contact me by calling 250-223-8463 or e-mail gjackman@kootenay.com.

LETTERS...

THANK-YOU FOR SUPPORT OF THE EAST SHORE FOOD HAMPERS

Dear Editor:

A big thank-you goes out to all of the East Shore residents, businesses and churches that make it possible to run the Christmas Food Hamper Program each year. Recognition needs to be given to the amazing big-hearted Leona Keraiff. She spearheaded this program for many, many years and is now enjoying some retirement time with her husband Larry. So thank-you Leona for your many years of serving the needs of so many East Shore households with these hampers at Christmas time, you were missed this year, but we will carry on inspired by your vision. This year we were able to put together and distribute 32 hampers.

Special thanks as follows:

- local East Shore-ites who donated non-perishable food items and made cash donations
- all the local stores and churches, and the school for collecting the food items, and cash donations for us
- the Kootenay Lake Lion's Club
- Nelson and District Credit Union
- Yasodhara Ashram
- Newkey's Pub for their fundraisers
- *The East Shore Mainstreet* newspaper
- Yellowhead Road and Bridge
- Crawford Bay Market
- Belinda for her Halloween food collection

These hampers would not be possible without the willing helpful hands of the following:

Betsy-Ann Shultz, Malena Draper, Laura Kernohan, Glen and Fran Kinder, Shelli Bothamley, and Lea Belcourt.

The generosity of the East Shore as a whole is awesome and greatly appreciated!

Shelli Bothamley,
Riondel Road

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Nelson & District Credit Union
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e. vmakaroff@nelsoncu.com

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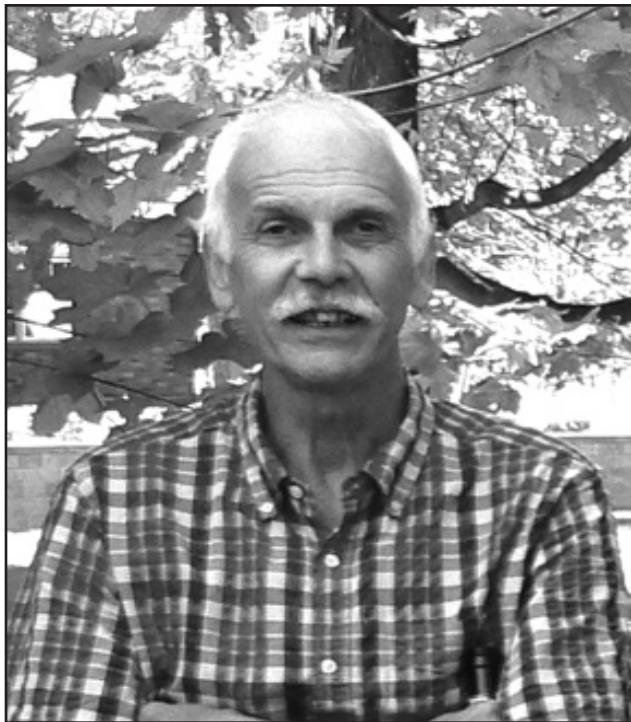
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Word on the Mainstreet

When was the last time you tried something new?



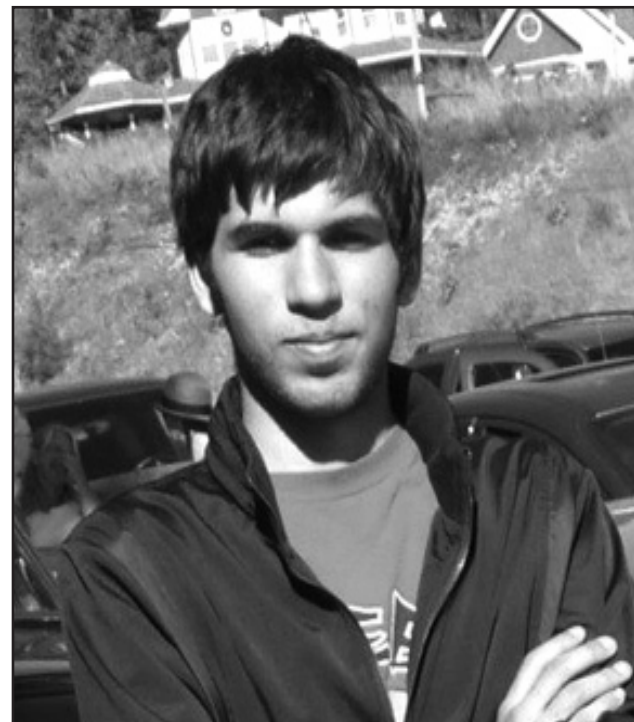
I invented a game with my nine year old great niece over Christmas holiday. Using one of those big balls that secretaries sit on, we played floor hockey without touching or letting the ball hit the Christmas tree. Laughed so hard we were crying.

**David Zaiss,
Interlochen, Michigan**



The last time I tried something new was when I looked at my life and didn't like what I saw, so I turned it around and made health in mind and body my focus.

**Marion Johnston
Crawford Bay, BC**



I'm not the best advocate of trying youth activities, because I have never once gone on a shopping spree, but that changed last Friday. I was in the states for boxing week, and I had brought an exorbitant amount of cash with me. My inner frugality told me to suck it up, and live with that huge bulge in my back pocket for a few days. But my egocentric and slightly more adventurous side decided that I needed to treat myself. Needless to say I blew almost every dollar in Spokane, leaving me more satisfied than I've ever felt in a long time. Long story short, shopping is awesome.

**Chris Artzoglou,
Crawford Bay**

“Stage One” Launched - Mission Possible

**A permanent stage in
Crawford Bay Park**

submitted by Lorna Robin

A public meeting was held in the Community Corner building on December 12 to explore the idea of building a permanent stage in Crawford Bay Park, under the management of the Crawford Bay and District Hall and Park Society. For “Stage One” committee members Nick Hodgkinson, John Edwards, Farley Cursons, Paul Hindson, Marion Johnston, Lea Belcourt, and Lorna Robin, this was an opportunity to gather input from various interest groups and to present some ideas and questions. A goal of having a stage ready for Starbelly Jam and the Kootenay Gutbuster Comedy Show in July 2013 has been set, with plenty of enthusiasm in the community to carry the idea forward.

Interest groups include our local theatre group, dancers, and musicians, who feel that a stage in the park will be used by local performers on a regular basis, and also provide a venue for visiting entertainers. The park is already popular for family reunions, and a stage will be an additional attraction, providing a suitable roofed area for a wedding or live band. Our local businesses will benefit if tourists have something more to do that will keep them on the East Shore for a day or two longer. Entertainers that come through on school tours might be tempted to present another public performance. And of course our two seasonal big events, Starbelly Jam and the Kootenay Gutbuster Comedy Show, will be enhanced in many ways – visually, financially, and by the redirection of many volunteer hours of labour.

Some questions up for consideration: Should it be a

purpose-made bandshell brought in or locally designed and built? Should it be wood, concrete, or a combination? How high should the stage be and how does that impact safety and insurance concerns? Would it need to be closed off during the winter months to prevent vandalism and weather related wear and tear? Should it have a place for instrument lockup/green room (a changing and resting area for performers)/toilets? What types of design result in the best acoustics? Should it be built all at once, or a basic stage built with provision for add-ons at a later date? Will the stage be used enough to justify its cost? A general consensus is that the stage must be versatile enough to suit many types of user groups in order to maximize use.

Various areas for possible funding assistance have been identified, but a comprehensive plan must first be developed. A business plan will include stage design with time frame and budget, future maintenance costs, and future income commitments from user groups. Engineering, safety, insurance, local assets that can be used, these must all be investigated.

A questionnaire is being sent out to various interest groups for more input. Please write or email any ideas or suggestions of your own, or start a conversation with any of the committee members. For more information or to give your input, contact John Edwards: johnandjoan@theeastshore.net

Nelson & Area Elder Abuse Prevention Resource Centre

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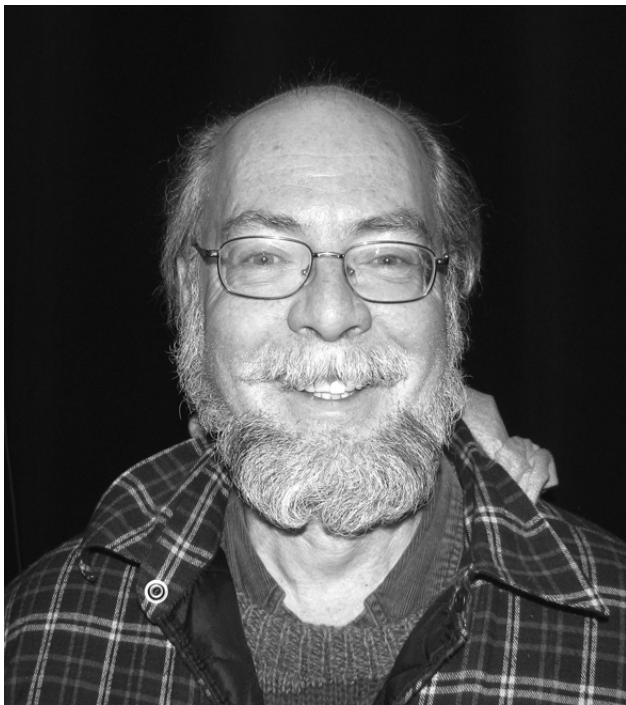
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Getting to Know You

Mainstreet's Proust Questionnaire



Robert Agnew

What is your fondest memory?

Pranam at the feet of a living master. I was so overcome with joy that I could not walk without assistance and sat immersed in the experience for an immeasurable time. That feeling has never left me. I have, however, been able to resume walking without assistance (usually).

What do you feel that you cannot live without?

The next breath. I not only feel it – I know it.

What is the trait you most admire in others?

Generosity with a kind and gentle spirit. I have witnessed that nurturing spirit in all of my friends and most of my neighbours.

When and where were/are you happiest?

See response to first question. It was in 1979, in an orange orchard near Kissimmee, Florida. I was 31. Also, as a founding member of the Handing Digging and Soil Building Guild, I thoroughly enjoy digging, raking, and hoeing. Always have - always will.

Who, living or dead, would you most love to have to yourself for one hour?

Anyone who is still breathing (sorry Tommy Douglas) and who is being who they really are.

What natural talent would you like to be gifted with?

Two talents, please. Intuitive understanding of that which is wild and, the capacity to develop the skills to communicate across species.

What is your best feature?

The capacity to transform myself, at Winter Solstice, into an Elf-like version of the Green Man and watch children's faces light up when they tell me their stories.

What is your greatest fear?

On the one hand, that I will face my currently unknown worst fear and let it stop my breath and consume me. On the other hand that I won't be able to stop laughing as I connect with the fearsome awe and reverence I hold for life. Either way I'll need to remember to keep on breathing.

What was your greatest triumph?

It was a shared triumph when a group of us made a video invitation to UN Peace Ambassador, Prem Rawat, to come to Calgary and speak to us of peace. He accepted the invitation. Great fun making the video, and hosting a memorable visit.

What was/is your greatest vice?

Dark chocolate. And, perhaps, the urge to keep digging after the sun has set.

What is your greatest extravagance?

A shared extravagance with Lynn Hazelton. Spending everything we had, including the change in our pockets to buy way more land than we needed and then taking half my life's wages to pay off the mortgage. At least now I have found a way to share the land and it's bountiful resources through The Commons projects.

What do you dislike about your appearance?

That I am a fluffy, balding, silver bearded, aging, male, person of pallor. I could envision being a statuesque goddess of indeterminate age and racial origin - wise and ripe with fecundity, standing with my bare feet planted firmly in the rich, moist earth and opening my arms and heart to loving family, friends, and neighbours. But I am settled with who I am, so I'll stick with that.

If you died and came back as a person or thing, what/who would it be?

A conscious, communicative mountain. Able to tell the timeless stories of all living beings that have ever touched my mineral heart.

What is your most treasured possession?

The unexpected grace in my next breath.

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This Month in Meetings

A look back at this month in meetings on the East Shore. For the casual drop-in attendee or the weathered committee executive member, this feature capsulates the highlights of board/committee/organization meetings that occurred in the past month. If you are part of an organization and would like to take part, please email mainstreet@theeastshore.net every month with your brief summary of the highlights of your last meeting.

Kootenay Lake Chamber of Commerce (KLCC):

Meets on the third Tuesday every month at 7pm in the Corner Meeting Room at the School. Contact Gina Medhurst for more info: info@kootenaylake.bc.ca or 250.227.9466

- Saw a couple of new members attend the Christmas Meeting. Thank you to Craig Stanley and Kokanee Springs for hosting the meeting and social afterwards
- Election of officers are: Chair - Jamie Cox (Manager of Crawford Bay Store), Vice-Chair – Geri Gomola (Owner of Eastcliff Gallery), Treasurer – Janet Wallace (Owner of Barefoot Handweaving), Secretary – Gina Medhurst (Co-Owner of Kootenay Forge)
- **Next meeting date is January 15, 2013**

Parent's Advisory Council (PAC):

Meets (generally) on the second Monday of every month at 7pm in the school library. Contact Ingrid Baetzel for more info: mainstreet@theeastshore.net or 250.227.9246

- New website for anti-bullying
- Hot Lunch fundraising went well through December - Thanks Jenn Irving
- Grocery Card fundraiser made approximately \$1900 for Maximizer account
- **Next meeting January 14, 2013**

East Shore Youth Council:

Meets regularly to administer the Community Directed Youth Fund (CDYF) granted from the Columbia Basin Trust.

- Hired new youth coordinator - Lee Reidl

Food Roots:

Meeting times vary... Contact Jacqueline Wedge at moonrakings@theeastshore.net or 250.227.6803 -ongoing community potlucks at the Crawford Bay Hall - the 3rd Sunday of EACH MONTH

East Shore Alliance Supporting the Early Years (EASEY):

Next meeting on Thursday, January 17 at the school library at 1:30. Child care available. Call or email laverne@theeastshore.net or 250-227-9552

Important meeting to discuss priorities for EASEY on Thursday, January 17 at 1:30 pm in the library at Crawford Bay School. Childcare and snacks provided.

- If you are a parent, family member or caregiver of young children, please come express your desires.
- What would you like to see for young children and their families on the East Shore?

South Kootenay Lake Community Services Society (Community Connections):

Meets (generally) on the third Monday of every month, 7pm upstairs to Barefoot Handweaving. Contact Janet Wallace for more info: info@barefoothandweaving.com or 250.227.9655

Hired a new administrator to replace Palma Wedman who stepped down in November. Greg Blackwell has a strong business background and we look forward to growing our financial foundation so we can continue to support this thriving and vibrant community. He and his wife Carol live full time in Kootenay Bay. Thank you Palma, welcome Greg.

Crawford Bay Hall and Parks Board:

Meets (generally) on the first or second Tuesday of every month, 7:30pm, CB Hall or Community Corner. Contact John Edwards for more info: johnandjoan@theeastshore.net or 250.227.9065

- We discussed what we would like to see for improvements in the hall, including the exterior walls, landscaping (when school has been demolished), completing the kitchen upgrades for "commercial kitchen" status
- Election of Executives: President – John Edwards, Vice-President – Cory Medhurst, Treasurer – Gina Medhurst, Secretary – Helene Carter
- **Next meeting; Monday, January 14, 7:30pm at the Community Corner**

Gray Creek Hall Society - Action from 2012

by Janet Schwieger

Happy Birthday Gray Creek Hall! It was in July of 1912 when a local group called the Rancher's Union made a motion to build a community hall on land deemed useless for growing fruit – beachfront. They set about to gather subscriptions from the community – \$5 from each person. Sir John Eardley-Wilmot donated \$25.

According to records, 1913 was when the log construction was carried out under the supervision of Sam Birkbeck and Tom Oliver Sr. On July 1, 1913, a tea was held to cut the ribbon and officially open the Hall. Given that, is the 100th birthday 2012 or 2013?

The 25th, 50th and 75th organizers went by the year 1912, but we can safely say that a birthday party on or around July 1, 2013 would be appropriate to mark its grand opening 100 years prior. Museum Days in July of 2012 showed an extensive display of the Hall and its use over the 100 years, which will be repeated in 2013.

Otherwise 2012 proved to be a very busy year for the directors, most of which had to do with the ongoing water system upgrade. After being caught up in government red tape for so long, the system was finally installed late in October, 2012. Bugs (to be taken figuratively) are still being worked out, but it is there.

We purchased a new stove for the kitchen as the old one needed replacing, and a new roof was built with a membrane over the entrance and storage areas, to eliminate water damage from ice dams. The stage curtains were re-hung with a much simpler system to open and close.

Funding for the big projects was received with many thanks: from the Nelson and District Credit Union for the stove and roof, and for the water system - a combination of a private donation, fund raising, a grant from Garry Jackman, Director RDCK, and a Columbia Basin Trust grant. In addition, there was a substantial amount of volunteer work by those involved with the water

system. The remaining balance from the Columbia Basin Trust grant will go towards kitchen improvements. As well, Recreation 9 Area A granted the Hall funds to help with liability insurance and other fixed costs.

The Hall Society wishes to thank the staff at Gray Creek Store for their continuing work in handling Hall bookings and managing the key.

Little Log Cabin received a deck and bench this year, and we have \$600 saved

towards further renos. With further fund raising we can improve the interior to make it a usable cabin.

We are sad to have lost our long term director and the Hall's biggest supporter, Johnny Oliver. His spirit will always be with us at the Hall, but his presence is sorely missed.

Gray Creek Hall is on Facebook – check us out!



Museum Days brings friends and neighbours together, old and new. Left to right: Lorena (nee Lymbery), Sharon Lymbery, Brenda Dau (nee Graham Brown) Eileen Farquhar (nee Reilly), Joanne McGregor (Crawford Bay)

EAST SHORE PHYSIOTHERAPY



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Susan Tesoriere on behalf of the membership of Nelson & District Credit Union presents a cheque to Garry Sly to help fund the KCBays Christmas Potluck



Karol Draper on behalf of the membership of Nelson & District Credit Union presenting a cheque to Shelli Bothamley of East Shore Food Hampers.

Gray Creek Historical Society

A Year in Review

by Janet Schwieger

2012 proved to be another very busy year for the directors and members of the Society, which is in its tenth year. Some of our projects included:

- Scanning of family photos and many other photo collections relating to Gray Creek history is ongoing. Bountiful contributions from numerous donors and lenders have come our way this year.

- Recording the memories of the Drew family about their years in Gray Creek.

- William (Bill) Bayliss – we are in the process of compiling a digital collection of his many works of art. Bayliss painted scenes and people from the early days of the East Shore, and they form a fascinating history of the area. Several pieces have been gifted to the society for safekeeping. The collection can be seen at our annual museum days.

- Organized weekly guided tours during the summer to sites which included John Oliver's farm, the Crawford Bay Building and 'Wittmoser Mansion', Wilmot Rd. relief camp and Columbia Point, the Platinum Mine up Kootenay Bay, the Imasco Mine – old and current, Crystal Lake, Pilot Bay Lighthouse, Gray Creek original store and sternwheeler landing, Boswell Cemetery and Kootenay Forge production shop. These tours tell the story of our community in an interactive way and are well attended.

- Compiled Johnny Oliver's memories and stories in a memoir for his family and friends. It's now being circulated in draft form for readers to add their own favourite stories told by Johnny.

- Assisting Tom Lymbery with his book, which is due out in 2013, the 100th anniversary of the Gray Creek Store.

- Received grants from EDC for a cemetery interpretive sign and reprint of our self-guided tour booklet, and from CBT Community Initiatives for military records of Gray Creek's WW I veterans, and Imbert Orchard's recordings of interviews with early Gray Creek homesteaders. Also received a Recreation 9 grant to assist in liability insurance and supplies.

- Organized a four day Museum Days event at the Gray Creek Hall, which celebrated in displays the 100th birthday of the Hall and its school, as well as the SS Nasookin, Capt. MacKinnon and his wheel, the Burge family, Johnny Oliver's war experiences, the floods of June 2012, the art of W. Bayliss, newspapers of the East Shore, the nature journals of Susan Hurland, Croasdaile family, Boswell memorabilia, Drew family, along with others.

- The Society was thrilled and honoured to receive a gift from a member of a 20 foot Big Steel Box container, to safely store our larger donations. Tom has been collecting pieces of the Nasookin, which include a kerosene tank, ramps, stools, and railings - all of which and more will now be safe, dry and best of all - out of our basements.

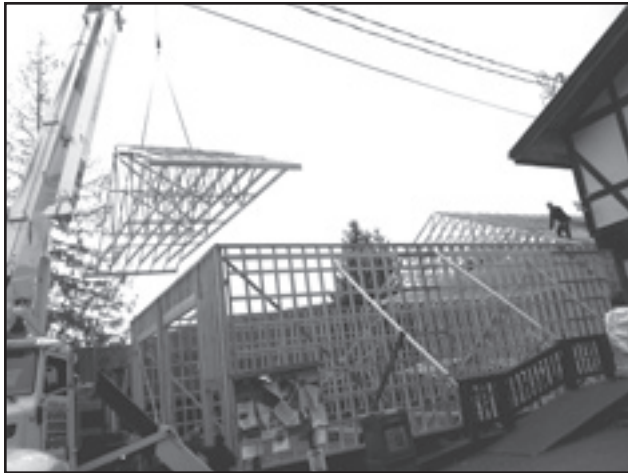

- Newsletters to our members and community

- We have been in touch with many past residents of Gray Creek over the year, who help piece together the history of our small community with a big story to tell.

Visit us online!

www.eshore.ca

Photos of Gray Creek Store's new lumberyard warehouse being built - trusses going up!


CALL FOR PROJECT PROPOSALS
Columbia Basin Trust Community Initiatives and Affected Areas Programs
 The Regional District of Central Kootenay is accepting project proposals for funding consideration from Columbia Basin Trust's Community Initiatives and Affected Areas Programs for the areas of:

Electoral Area A	Electoral Area G & Salmo	Town of Creston
Electoral Area B	Electoral Area H	City of Nelson
Electoral Area C	Electoral Area I	Village of New Denver
Electoral Area D & Kaslo	Electoral Area J	Village of Nakusp
Electoral Area E	Electoral Area K	Village of Silverton
Electoral Area F	City of Castlegar	Village of Slokan

Application guidelines and forms are available at:
 • RDCK main office in Nelson
 • Municipal offices in each community
 • RDCK website at www.rdck.bc.ca/corporate/grants/cbt.html
 • CBT website at www.cbt.org

For information on preparing your proposal, contact Judy Madelung at 1.250.352.8170, 1.800.268.7325 or jmadelung@rdck.bc.ca
Deadline for proposals is 4:30pm, Monday, March 4, 2013.
Late applications are not eligible for consideration.

Administered and Managed by:
 Regional District of Central Kootenay
 Box 590, 202 Lakeside Drive, Nelson BC V1L 5R4
 Phone: 250.352.6665 Fax: 250.352.9300
www.rdck.bc.ca




Bring your Seed Catalogues and Eat Local

by Laverne Booth

Food Roots invites you to the monthly potluck on January 20 at Crawford Bay Hall from 4 to 8 pm.

Bring your seed catalogues and share with friends and neighbours. We had so much fun making tortillas last potluck that we plan to make more this time - so come and learn how.

We'll do some serious dancing to salsa and other Spanish music. You can support the high school Oaxaca Mexico Global Awareness trip by buying up some fabulous chutney made by Lee and friends. Find out about a tree grafting and propagation workshop this spring.

All community members are welcome.

Need help with your business? Have a business idea to explore?

Community Futures is your small business expert.

We offer business loans, business management workshops, business library & more. Unemployed? Ask about the self-employment program.



Call Erika at 250-254-1967 to book a free appointment in Crawford Bay...
www.futures.bc.ca

Growing communities one idea at a time.

Mexican Social Assistance

by Tom Lymbery

In mid December I was walking down the main street of the barrio (residential area) and under the big tree by the taxi stand I saw a Jalisco State van distributing packages. I thought perhaps this was a Christmas box for the disadvantaged in the community but when I talked to Mexican friends who live in this area I found it was not.

This happens every month and the boxes contain beans, rice and tofu. It is not free because everyone has to pay ten pesos for a box. (less than \$1 Canadian... not much but perhaps quite a bit for those with nothing at all).

We have a friend who is a young single mother with a five year old so she qualifies for this. She tells us that the rice and beans are a lesser quality, but also that no-one likes the tofu. Nonetheless, this is basic sustenance for those in need. Perhaps if they were better some might sell these to buy liquor?

We also heard that the State of Nayarit, north of Puerto Vallarta, distributes a much better grade of beans and rice, but still no one likes tofu.

Kokanee Springs Off-Season Use Changes

by Craig Stanley

With the addition of developed properties on the Kokanee Springs Golf Course, security of those properties and the existing resort infrastructure and property is paramount. Please be advised that vehicles will not be permitted past the entrances to the resort at any location. As per usual snowmobiles and ATV's are not permitted on the property anywhere at any time. It is the policy of Kokanee Springs to report to the RCMP about all operators of snowmobiles, ATVs, and motor vehicles, who operate their vehicles on private property.

Winter use of the grounds is restricted to Nordic skiing on the set track only and to snowshoeing and walking on the perimeter trail or the golf cart trail. Please stay off all tee boxes, greens, and fairways when using the property. Until further notice, tobogganing is not permitted due to the light snowpack. As well, the ice on the ponds is too thin for skating. We will update this in future communications.

Riondel Community Centre

by Muriel Crowe

Thanks to the kindness and talents of Bruce Scott we have a page on the Riondel.ca site to help keep everyone informed regarding the progress of the Community Centre building.

<<http://www.riondel.ca/reconstruct/>> is the URL or you can go to riondel.ca, click on the door and then scroll to the very bottom of the page. So far there isn't much entered but we hope to have more information soon.

We are expecting the architect's report soon and should be able to release his recommendations for the initial survey of the building. The task force has been extremely active in reports to assist with the process as well as amassing information re the dreams and hopes for our community's future.

In the meantime we are still soliciting donations; we still have the penny pot in the library and a donation jar in the Riondel Market. Whatever we do it will cost us in taxation so let's make it easier and donate now.

Next Deadline:
January 23 2013

Mexican Fireworks

by Tom Lymbery

Mexican fireworks are very different than the ones we see in Canada. Where else would you find display fireworks made up as miniature cans of Dos Equis - my favourite Mexican beer?

These create a shower of sparks and flames when lit on the street - where New Years Eve is full of people setting off these and many others that dip and whirl around in confusing directions. I also bought rockets on a stick for 30 pesos each (\$2.50 Canadian) and these go up a 100 feet as quickly as our mortars. Rockets have been banned in Canada since 1957 when launching of the first Sputnik encouraged every boy to try and build his own rocket.



Thoughts from a Disturbed Mind

by Harvey Valgardson

Is there anybody out there? Is there anyone left to read these words of wisdom? If there is I guess the sun didn't explode, the world didn't end and the Mayans were mistaken. That should not surprise anyone. The bible says something about not even the angels in heaven knowing the final day and from everything I've read the Mayans were no angels.

The subject came up the other day while I was drinking wine and talking with my wife. I was having amorous thoughts and if you are old, fat and kind of ugly it's a good idea to feed a woman some wine before you try anything. I have no problem drinking wine and I have no problem talking with my wife but when am I going to learn that I shouldn't do both at the same time? My mouth usually goes where my brain has not yet ventured and that seldom ends well. That day was no exception.

Somehow we got around to the whole Mayan end of the world thing and I voiced the perfectly reasonable opinion that anyone who believed a bunch of primitive people living in a jungle could predict the future should have their heads examined.

"But they weren't primitive people," she countered.

"Of course they were," I argued, "they sacrificed humans to animal Gods and they had some kind of weird feather fetish happening."

"They also invented a calendar," she said. Had I not been drinking wine I would have caught the change in her tone and recognized it as the danger signal it was, but I was drinking wine so, like a fool, I pushed on.

"Well," I chuckled, "I've never tried to invent a calendar but it must be pretty easy if a bunch of stupid savages could pull it off."

At that point she got angry, said something about a spigot, stormed off to the bedroom and slammed the door. Hmm. I sat on the sofa, drank some more wine and tried to figure out how we had gone from Mayans to spigots. I knew that spigot was a fancy word for tap so, after due deliberation, I concluded that we had a leaking tap. She must have told me about it and I had forgotten or, more likely, I wasn't listening in the first place. My philosophy is, if you can't get lucky you might as well fix a tap. The reasoning behind the philosophy is, if you fix the tap you may get lucky at some point in the future. With that in mind I went looking for the malfunctioning piece of hardware.

We have six sets of taps in our house and darned if I could find one that was leaking. I stood in the kitchen, drank some more wine and replayed the conversation in my head. Like everything else, my hearing is not what it used to be and I started thinking I may have misheard her. Maybe she didn't say spigot. I searched my limited vocabulary for a word that sounded like spigot but all I could come up with was bigot and that didn't make any sense either. I was still mulling things over when the phone rang and to my amazement it was for me. That doesn't happen very often because I have pretty much alienated everybody I know but I guess this fellow had slipped through the cracks or maybe I just haven't gotten around to him yet.

He was calling to invite me over for a get-together at his place. "Friday the 21st," he said, "a few guys, a few beers and a few laughs." Beers and laughs are two of my favorite things so I assured him I would be there. After I hung up I started wondering about something that hasn't crossed my mind for some time. What's today? Like Jimmy Buffet, my days don't usu-

ally have names but as I had just committed myself to appearing on a particular date it was suddenly important to know where in the month I was. Normally, in a situation like that, I would ask my wife but a glance down the hall at the closed door told me now was not the time. The closed door, however, did remind me of the failed conversation which eventually led me back to the calendar. Aha. If you want to know what day it is you look on a calendar, right? Not so fast bucko.

After a bit of searching I finally located one of those Mayan marvels but other than confirming the existence of Friday the 21st I was no wiser. Clearly I required more information so I phoned my brother. I once saw a game show where the object was to answer questions for money. If you did not know the answer you were given one opportunity to call someone and ask them. If you are ever on that show and decided to use your call, don't phone my brother. He doesn't know. I was already aware of that but I suspected his wife knew and perhaps, unlike me, he hadn't gotten around to ticking her off yet.

She did and he hadn't so I was able to establish that the current day was Tuesday. Armed with this valuable information I returned to the calendar but I was still no further along. There were four Tuesdays and as I stood there staring at that pathetic example of jungle genius I remembered why I never look at calendars. If you don't know what day of the week it is or what day of the month it is, a calendar is a completely useless piece of paper. Conversely, if you do know, then you don't need it. Boy, trust the Mayans to come up with something that stupid.

Well anyway, unlike the Mayans I am an angel, or at least very close so, bible notwithstanding, I feel secure in my ability to predict the end. Here goes. The world will explode in 2015.....on Tuesday. What? Well how in the world am I supposed to know what the date will be? Look on your calendar. That's what it's for isn't it? At least that's what I've been thinking.

TOM SEZ

by Tom Lymbery

Nelson Chamber of Commerce has posted a new RAILTOWN sign where they are renovating the three storey CPR Station. They have recently received, on long term loan, two 1957 Fairbanks Morse locomotives that will be renovated and on display. When dieselization came the Kettle Valley and Medicine Hat & Nelson divisions received the first diesels because of the many high passes to be crossed. In Nelson a large diesel servicing facility provided anything up to a major rebuild for these units, as Nelson was a major Divisional point.

BC is the only province with the Regional District governance system. I can remember Hazel Hellman at a Kootenay Lake Resorts Assn warning us about what the future might bring when this was first announced.

Congratulations to Yasodhara Ashram for becoming carbon neutral, and also receiving an award from Fortis BC for electricity conservation.

The restaurant at the N H Hotel situated right in Terminal 2 of the Benito Juarez Airport in Mexico City uses cutlery carrying the name WEDGWOOD – is this authorized by Wedgwood Manor? The Wedgewood Hotel in Vancouver had to retract and add the "e" because of registration/patent infringement.

The salespeople and company representatives that visit our store regularly become good friends over the years. One that we will miss very much is Colin Jenn who called on us for Homelite, Pioneer & Husqvarna saws and in more recent years Woodland Supplies. He passed away with cancer Dec 7, 2012.

In endeavoring to have Apple cease sending unwanted emails, I found that their system does not have anything to request this, only to change your email. I tried no-one@nowhere.com

Several soccer teams in England are sponsored by casinos. In Greece one town has its team sponsored by an undertaker, while another's sponsor is a brothel (a legal business in Greece). The players wear pink shirts with the name VILLA EROTICA.

Forms to be completed often ask for the county where we live on Kootenay Lake. Since there is a Sheriff of Kootenay, I have always used County of Kootenay.

Is the lake changing? It seems a while since we could wish people a Hippy New Year and lotsa Happy Hallucinations.

Here's a very interesting article about the Nelson Forest District, including a report of the first Amabalis being wrecked in a storm at Gray Creek www.for.gov.bc.ca/rsi/proudtraditionpart2.pdf This is from research by C P Lyon who wrote Roadside Flowers of BC, and whose brother had a home at East Shore Properties.

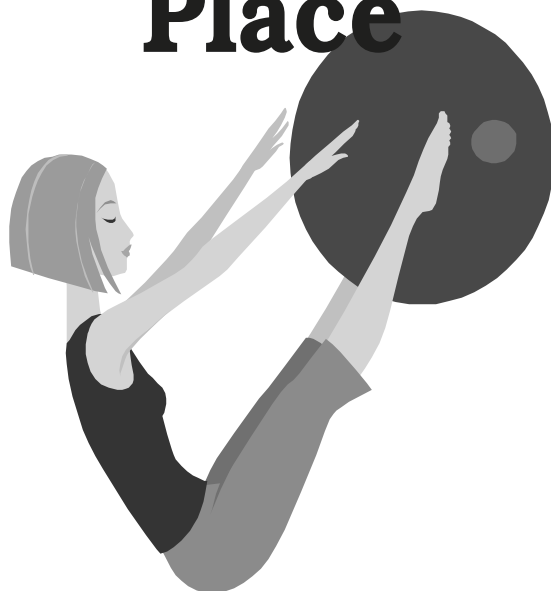
Since the US ban on assault weapons lapsed in 2004, the resurgence of availability of AK47 style guns has resulted in at least 340 additional deaths each year in Mexican border towns.

Please don't lift snow with a shovel – float snow with a snow float – this handy tool can even easily slide very heavy frozen lumps – don't lift it to unload, you give it a forward jerk.

Whitewater, Nelson and Red Mountain, Rossland combined to win Powder Magazine's BEST SKI TOWN IN NORTH AMERICA over many tough competitors.

One asset of the National Hockey League lock-out is that this allows many soccer games to be available on TV.

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6:30-10:30 am & 6-8 pm

Tue/Thu: 8:30-10:30 & 6-8 pm

Saturday: 8:30 - 10:30 am

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**Remember to wear clean indoor shoes
and bring a water bottle & towel.**



Tom's Corner

by Tom Lybery
Nasookin Ferry Service Cont'd

Is there anywhere else in the world where a large sternwheeler served for many years as a vehicle and passenger ferry? From April 1931 to late June 1947 SS Nasookin performed three daily 24 mile return trips across Kootenay Lake from Gray Creek to Fraser's Landing (Balfour).

Sternwheelers were used on almost all lakes and rivers from San Francisco Bay to the Yukon River, and vehicles were occasionally carried along with freight and passengers, but none of these served as a vital link for a main highway.

On our lake there were occasional trips missed, but not many, because of a dedicated captain and crew and the reliability of regularly serviced steam engines. Clean, soft lake water helped, as hard water containing minerals or impurities can cause build-up in boiler tubes all too quickly. The ship could be called in to Nelson for a sudden inspection and then the Moyie would be chartered from the CPR to fill in for a few days. Vehicles over eight feet high could not be carried by the Moyie, so we would board a mechanic and have a spare Greyhound parked in our yard when this happened.

A *Nelson Daily News* article for November 3, 1932 on the CPR's service on the lake reported cutting back on the Procter - Kaslo - Lardo service which previously had also called at Crawford Bay. It states, "Serving at Crawford Bay will be taken over by the government ferry the Nasookin, making a call at Crawford Bay every Tuesday afternoon on its last trip to Fraser's Landing. At present this last trip starts at 4.30 pm."

This is the only mention of the ferry visiting Crawford Bay, and I doubt that it continued at all. There were few cars in the Bay during the Depression - I expect this was a stop gap to prevent complaints that the CPR's boat was no longer coming. The eight foot wide road from the Bay to Gray Creek was passable, though indeed very narrow, and the mailman met the Greyhound on Mondays, Wednesdays and Fridays to serve the Crawford Bay, Port Crawford and Kootenay Bay post offices. Twenty-five cents would get you a ride with Tony Kunst when he had the mail contract.

On January 24, 1933 the *Daily News* announced, "Province buys Nasookin for Ferry service - acquires big boat lately operated on a contract basis - FORMER QUEEN OF THE LAKE FLEET - can enlarge capacity to 30 cars by alterations." This extensive article continues, "The Nasookin, built by the railway company at Nelson some years ago, is 200 feet long with a 40 foot beam and a depth of 8.4 feet. She has a steel hull and is equipped with 1000 horsepower compound steam engines, burning coal. She has a gross tonnage of 1869 and a registered tonnage of 1035. The Nasookin is a stern wheeler and one of the best boats plying the lakes. She has accommodation for 24 autos and this can be enlarged to 30 if traffic justifies. The ferry is in excellent condition and needs no reconditioning, it was tested. The route traversed by the Nasookin is a link on the southern transprovincial highway."

On May 25 1933 the paper says, "Turning about of the main lake ferry service so as to base its three round trips on Gray Creek instead of Fraser's landing, with mid day coaling at Procter instead of night, and the

first trip leaving Gray Creek at 7.30 am so as to give main lake people six business hours in Nelson, has not found favor with the roads and bridges committee of the board of trade, to whom the council last week referred communications from the Crawford Bay district on the subject."

I'm sure having the boat tied up overnight at Gray Creek would have found little favour, as have the Kootenay Lake Chamber of Commerce's requests for the Anscomb or Osprey to be remain overnight at Kootenay Bay. If that had actually happened there were plenty of cabins on the Nasookin to accommodate the crew - but they would not have seen their families at all. The captain, crew and purser all lived in Procter -- and this was a seven days a week, 31 days a month job! If the steamer was on the ways at Nelson for inspection and servicing they could perhaps take the train to Procter for a few days, but that would have been all.

Apparently this had also been requested by Creston in the hopes that Creston people could make a return trip to Nelson in one day. Please remember that Nelson was THE TOWN in those years - virtually all government services and wholesale distribution were in Nelson. No use going to Cranbrook for a driver's licence test for instance. Even in 1951 when my sister Alice was teaching in Cranbrook she was unable to get a driver's test that was available every day in Nelson.

On July 25, 1933, the *Daily News* reports, "The work of remodeling the bow of the government ferry steamer Nasookin was in progress at the Canadian Pacific shipyards in Fairview Monday morning, to adapt it to carry heavy busses. For this purpose the front portion of the deck above the main deck is being removed to allow clearance, while the bulwarks are also being taken off. Another improvement is stepping of the new smokestack, 40 feet high and four and a half feet in diameter, which arrived Sunday from

the Nakusp shipyard. These changes are being made while the steamer has its two-day layoff for washing boilers, the Canadian Pacific steamer Moyie taking the main lake ferry run for the two days."

At last Central Canadian Greyhound could cross the lake with its daily Calgary-bound bus. The smokestack had been purchased from the CPR's Bonnington, which had been taken out of service in 1931. In 1942 the Bonnington's boilers were transferred to the Nasookin.

The reference to coaling the boat at Procter is interesting. How many hours did this take each night? Was this just part of the job, or was additional pay involved? I suspect not. At least half a carload of coal would be needed - 20 tons. The boxcar of coal would be set on the slipway at Procter, several gangplanks would need to be placed from the boat up into the boxcar, and wheelbarrows would be shoveled full to be dumped into the storage area just ahead of the furnace. Each shovelful would be handled several times until it was finally thrust into the hot firebox. Please refer to your copy of *Fishes and Wishes and Fruit* to re-read Colin Haddon's frustrations with having to shovel and wheel at least 40 tons of coal each time the SS Rossland overnights at Arrowhead, north of Nakusp.

These reports are part of Earle Cutler's file, that he has so carefully saved. He told me much of scrapping the big Nasookin in the 1950s. For bringing down that big and heavy 40 foot funnel, he ingeniously ran a rope or cable through it, and attached one end on shore, which allowed the entire structure to be supported as it was tipped over and lowered. He sold it to a Nelson Chevron distributor, who cut it up into four foot long sections. These became ten fuel tanks after ends had been welded on, and were sold as underground tanks for oil furnaces.

Ferries on the Lake

photos by Dennis Randall

In an interesting turn of events, a reader contacted Mainstreet to point out an embarrassing mistake on the online site: www.eshore.ca. Mainstreet's webmaster had put "Crawford Bay Ferry Webcam" as a header over the webcam at Kootenay Bay. Dennis Randall contacted us to straighten out the matter and Mr. Randall, in the end, supplied us with these wonderful old pictures of Kootenay Bay and some of the history of the ferries on the lake. He says: "All of the photos were taken by me during the 1948-1950 era. The Moyie was used temporarily as a ferry during construction on the ferry landing."



Ferry service - 1948-49



The Anscombe



When we had Greyhound service



The Moyie at Kootenay Bay

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AREA "A" EDC Economic Development Commission

\$15,000 available....
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Applications may be submitted at any time! Submit early so that we can help you succeed.
Next application deadline:
February 15, 2013

Approval/funding lag time 6 to 8 weeks
An application form can be printed from the RDCK website following this path, or filled out online and emailed:
<http://www.rdck.bc.ca/corporate/grants/electoral_area_a_economic_development_grant.html>

Grants recommended by your EDC for RDCK approval in 2012:

- Community Connections - \$9008
- Gray Creek Historical Society - \$1600
- Crawford Bay Sunday Market - \$550
- Riondel Cable Society - \$5000
- Guiding Hands Society - \$2000
- Food Roots - \$5500

Email lornarobin@bluebell.ca
Or call 250-225-3333 for information and assistance. All meetings are open to the public, call for meeting dates.
...and have a Merry Christmas!

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Crawford Bay School Drama Students to Stage

Captain's Outrageous, A Comedy by David DeBoy submitted by Lori O'Neill

Captain O'Michaels (played by Ries Fowler) is an impatient patient at Harborside General Hospital. He describes himself as "S.O.B." (that's "Sixty Or Better") and has decided that after so many years of doing what others wanted him to do, he's going to start doing what HE wants to do!

The Captain is a very flirtatious man. His favorite nurse at the hospital (played by Danyell Rosenbaum) is extremely nice, delivers his breakfast and thinks his little games are silly. Whereas her boss, the Head Nurse (played by Felix Wedge-Darchen), is an officious woman who dislikes people messing up her orderly world.

A businessman named Austin T. Oliver (played by Arlo Linn) plots against the Captain throughout their days at Harborside with hilarious results while the absent minded administrator, Dr. Windover, (played by Louis Ryde-Kruse), is totally oblivious to all the chaos.

The production is directed by Lori O'Neill with support from the student stage crew of Theo Artzoglou, Braeden Notte and Jessica Rideout. Proceeds from the door are to support these same students to attend the



That happens to include floating toy boats in his bedpan and playing his trumpet. He does both these things and more to get attention from his son, Sean (played by Kira Dinim), who happens to be a lawyer. However, it incurs the young man's wrath and confirms his view that the old man is crazy. Bobbi (played by Zoë Kruse) is a clerk at Sean's law firm. She enjoys talking with the Captain and becomes an unusual champion, sweaty tongue and all.

Good Will Shakespeare Festival in Summerland, BC, this May.

Don't miss out on the laughs and fun on Friday, February 1st. Doors open at the school theatre at 7 pm with show time 7:30 pm sharp. Tickets are available from the school office, the Riondel Market and the Crawford Bay Market: adults \$7, students \$6, and children under 11 \$5. This show is not suitable for young children. Produced with special arrangement with Dramatic Publishing.



Images from Interior Health

Photos by Ingrid Baetzel

Above: Polly (Janet Wallace) and Professor Cruz (Tim Miller) discuss lofty ideas.
Right: Milten (Paul Hindson) takes care as to where he aims...




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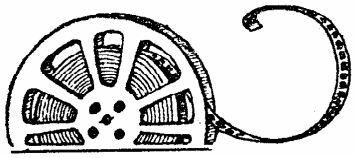


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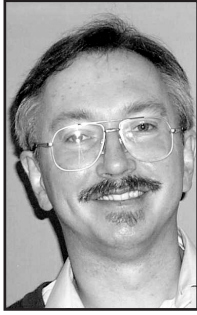
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Seldom Scene

by Gerald Panio



"I am not an admirer of Mr. Cecil B. DeMille, though I will admit that he has a perfect genius for vulgarity in every sense of the word...I think his is the kind of picture which grips the eye at the moment, but which on reflection...one is bound to shrug off as silly because his psychological values, even in their own convention, are false, and there is so little reason why any of his characters should do anything that they do. So afterwards one feels that one has been sold." —Iris Barry, 1926

I'd always thought of producer-director Cecil B. DeMille as cinema's P.T. Barnum—the man who was always going to give you the biggest show in town. His 1956 *The Ten Commandments* was over-the-top filmmaking at its finest, turning the first four pages of Exodus into two and half hours of mastodonic spectacle, roiling romance, heaving bosoms, anti-communist propagandizing, and Charlton Heston and Yul Brenner emoting the manliest men around. And that was just the movie's first half, before we even got to the ten plagues, the parting of the Red Sea, the Ten Commandments, and the Golden Calf. Had I been asked, I'd have credited DeMille more as an entertainer than a filmmaker.

Film historian James Card straightened me out. Card spent his whole life hunting down and preserving the fragile, vanishing heritage of films from the silent age. He tells his own story in *Seductive Cinema: The Art of Silent Film*, published in 1994, and film fans everywhere can't be grateful enough that there are people out there with such a passion for the art. One of the highlights of *Seductive Cinema* is the chapter on Cecil B. DeMille. Card thought that DeMille had gotten a bad rap. That the quality of his work as a director had been unjustly eclipsed by that of his contemporary, D.W. Griffith, and that critics had dismissed him without ever seriously looking at the body of his work.

Card was right. How can one fail to credit a director whose career spanned five decades and seventy-one films, in every genre from Biblical to Western to drawing room comedy to social drama? Film historian James Monaco says that DeMille must be credited as "a key shaper of the classic Hollywood narrative film." Monaco also believes he was far more influential than D.W. Griffith in the evolution of the whole Hollywood system. Although there is a dark side to the DeMille story—he was a key player in the Joseph McCarthy's career- and life-destroying Hollywood anti-communist witch hunts—he was a master craftsman who would tackle his biggest picture (the aforementioned *Ten Commandments*) on location when he was seventy-five and already having heart problems.

It just so happens that I have copies of DeMille's *The King of Kings* (1927) and both the 1923 and 1956 versions of *The Ten Commandments* in my film library. Given the season, it seemed an appropriate time to take James Card up on a reevaluation of one of Hollywood's greatest showmen, who proved over and over again that "Every cliché about Hollywood is true."

Had I begun with the 1923 version of *The Ten Commandments*, this column might never have happened. Apart from a pretty impressive parting of the Red Sea and a great Pharaonic throne room, this is DeMille at his most off-putting. An opening message appears to blame World War I on a sudden universal collapse in the belief in the Ten Commandments. A very un-Charlton Heston-like Moses seems a more suitable

candidate for a Salvation Army shelter than for leader of the Israelites. These are minor quibbles compared to the fact that half of the film's two-and-a-half hour running time is devoted to a "modern" story illustrating how depraved life becomes when you ignore Mom and the Bible. This risible, pietistic turgid 19th century melodrama surpasses even the worst of the sentimentalism that helped kill Griffith's career. Even when he was creating a thematic train wreck, however, it's easy to appreciate DeMille's technical bravura. In its cutting, its lighting, its close-up photography, and its shifting camera angles the silent *Ten Commandments* is in a direct (albeit ironic) line with King Vidor's *The Fountainhead*. What I wouldn't give to see a Cecil B. DeMille-King Vidor co-production with Howard Roark and Moses battling it out for the soul of humanity in some crazy alternate version of history.

D.W. Griffith's sentimentality ultimately lost him his audiences in the Roaring Twenties. DeMille's audiences kept growing because he never lost touch with the fact that ambition, power and sex were always part of the show. Pharaoh's court would always have plenty of long-legged, bare-midriffed dancing girls, and you could always count on the Romans for an orgy or two. As James Card puts it, "sin and sex were historically prevalent, severely punished and theatri-



cally splendid." Far from being a hypocritical grab at both the sacred and the profane, DeMille was successful because he was utterly sincere in his belief that a convincing shot of the profane elevated the sacred to even higher ground. This director, who would take any liberties with history for the sake of the story, "surrounded himself with priceless collections of Egyptian art and what must have been one of the finest libraries of scholarly works on antiquities assembled outside of a university."

And so *The King of Kings*, a two and half million dollar production, begins not on the road with Jesus, but in the opulent quarters of mega-rich, mega-decadent, scantily-dressed Mary Magdalene. Mary's furious that her lover, Judas Iscariot, has forsaken her charms to follow some penniless preacher. She wants him back, and utters the immortal words, "Harness my zebras, gift of the Nubian king!" Now, you might think that would be more than enough to destroy the credibility of anything that might follow. Amazingly, you'd be wrong.

The King of Kings is Cecil B. DeMille at his best and, relatively speaking, most restrained. Unlike the Exodus story, which is heavy on spectacle, the Gospels demand a more measured approach (unless you're Mel Gibson) and DeMille was a good enough filmmaker to deliver. Even the Mary Magdalene angle works. Judas is portrayed as an ambitious young man who hooks onto Christ's star because he sees him as a king in the making. The same character flaws that lead him to misread Jesus's message make him an ideal consort for sloe-eyed Mary. Far from being a mustachio-twirling villain, Judas comes across as a shallow, tragically confused young man in over his head. It's interesting that in this film, which pits "Good Beards" (Christ and the Apostles) against "Bad Beards" (Caiaphas and the

Sanhedrin), the only major clean-shaven characters are Judas and Pontius Pilate—both of whom can be seen as unwilling players in the greater drama. And speaking of beards, I loved the character of Peter. Ernest Torrence played him as a lovable bear of a man, child-like and fiercely devoted.

The actor H.B. Warner portrays Jesus as convincingly as he's ever been played onscreen. Warner bears a strong resemblance to contemporary actor Liam Neeson, modeling a similar gravitas. DeMille's Christ plays somewhat against type by having short hair—a choice which shifts his role by stressing Christ's humility rather than his iconic status. DeMille preserves the latter by imbuing many of the shots of Christ with low key, ethereal lighting—a kind of inner illumination. The first time we see Jesus is actually indirectly, through the restored vision of a blind girl—a director's choice that shows exactly how aware DeMille was of the infinite options a director has to communicate with his audience.

Another scene in the film which is remarkable in its restraint is that of the woman caught in adultery. When the crowd gathers to stone her, Christ's warning of "Let he who is without sin cast the first stone" is reinforced by his writing of words in the sand on the plaza where the accused woman cowers that reveal to each potential executioner his or her deepest shame. It's not in the gospels, but it's fine cinema. So is DeMille's use of multiple exposure when Jesus rids Mary Magdalene of the seven deadly sins that have corrupted her soul.

More examples of restraint on DeMille's part are all of the Gospel stories that he *didn't* try and shoehorn into his film—the wedding at Galilee, Christ walking on the water, the sojourn in the wilderness. Present but low-keyed and effective are Jesus' temptation by Satan (looking a lot like Dante), the raising of Lazarus, Judas Iscariot's vain attempt to heal a mad child, and Peter's denial of Christ. The only trace of the sensation-seeking DeMille is in the cataclysm following Christ's death, with darkness falling and an earthquake rending the earth asunder. But even this is immediately followed by gentle pathos of the Resurrection.

For the shooting of *King of Kings*, DeMille insisted that his actors stay in character when in costume. There were daily prayer sessions, and heaven help the Apostle who was caught between takes smoking a cigar or having a shot of whiskey. Actors were required to sign a clause in their contracts requiring exemplary behavior on and off the set. The set had its own theologians, and DeMille encouraged visits from Buddhist priests, rabbis, and representatives of as many Christian denominations as he could think of.

In many ways, and at many times, Cecil B. DeMille undoubtedly deserved the opprobrium that was heaped upon him by the likes of Iris Barry. But as James Card says, this was also a man whose name and reputation could get Paramount to commit 10 million dollars for *The Ten Commandments* at a time when TV had Hollywood on the ropes, and who successfully drilled wells in the desert for his cast and crew when the Egyptian government laughed at him for trying. With more of DeMille's early films slowly resurfacing on DVD, it should soon be possible to better understand his legacy. I'll leave the last word to Mr. Card:

"There is no conventional niche in the history of motion pictures for Mr. DeMille. If he was not a great director, one has to qualify all existing conceptions of greatness. And yet he rarely made a great film, because, after the silent period, his motives were mean and vulgar in the more archaic sense of those words: mean in that he tried to appeal to the commonest of denominators; vulgar in that his audience was the widest possible mass of casual moviegoers. If cinematic circus can be acknowledged as a special kind of art, then in this field, DeMille was master of them all. Measured in terms of money and size and mass approval, he was, in fact, the greatest showman on earth."



pebbles
by Wendy Scott
The Christmas File

Many Christmases line up in a lifetime. Amongst them in my memory, and most often recalled perhaps, are those of a very

young child wrapped in the real magic of the season. Others become special—very special: green ice on a Cariboo lake and the wild song of cracks spinning across its surface; New Years Eve on an Interior Salish Indian Reserve where we moved with the shuffle and chant of Native music, and the winter puppy who became a permanent family member after enduring several snowy nights outside our door.

A Ladysmith winter brought a cat, unannounced but definite in his decision that we become foster parents – at his convenience; it brought the sound of marching bands in a Light-Up parade going past the end of our street; lights and music on a Ladysmith beach; fireworks on the water, blankets, hot chocolate, small children, and green grass.

And then there's the Kootenay snow—soft, slippery & beautiful—it's not wet and somehow it doesn't feel cold. That's why there's sudden laughter when the car door opens level with a drift and I find myself, not on top of it, but over my boot-tops in white powder. The snow-covered, candle-lit road curves up to Harrison Memorial Church, paper bags shading the candles. The road's a bit smooth now because children believe they must skid and slide, with their dogs, just because it's Christmas Eve. Someone opens the church door and the music I heard faintly from the road swells out into the evening.

Another Christmas: Riondel Church with the sound of many voices, two trumpets and an organ floating carols and stories into the streets; the Christmas story

unfolds in the seven lessons as it always does and the tiny baby in a manger, wandering shepherds and visiting kings bring to mind that Christmas so long ago when I asked which star it was—and someone pointed it out.

There have been winters with children, and those children's children; winters with parents and the sudden winters without; an astonishing winter three years ago when two only children discovered their heritage as sisters.

Others shift back and forth in time and never quite settle in the mind. But it is Christmas Eve that holds unique memories. It does not matter where these thoughts come from—how far back in time—how many miles away; those nights always arrive with music attached.... unless that special night is spent in a Nelson Hospital room....

It's Sunday evening, almost Christmas again – two days to go and my sister, Shirleen, has arrived from Edmonton. The table is set with potato salad and thick slices of ham. I'm about to toss some fat, black raisins into the Greek salad, but something is wrong. My husband says he can't eat. Why?

Until this evening the pain had only been a suggestion. Now? Food is returned to the fridge – we head for the eight o'clock ferry and Nelson's shiny new Emergency Ward. Care is immediate. Questions are asked and answered; my husband is admitted, tests taken, and more booked for the morning. It's late but the nursing staff help with phone numbers and Shirleen and I check in at the Villa Motel. The young man at the desk finds a couple of bagels for us along with some peanut butter and jam and a promise of waffles for breakfast. It's a far cry from the supper we left in the fridge, but it is different, and special.

For the next four days I introduce my sister to ferry schedules, line ups, hospital corridors and the cafeteria's surprisingly helpful staff. We travel back and forth from Nelson to Riondel and she realizes that not only are doors not locked in this town, but folks leave nice things either on a doorknob, hanging from the porch lamp, or right in the middle of a kitchen table.

Christmas morning is strange. Shirleen and I eat some pork pie – (Melton Mowbray – an absolute must for this one important morning) and we package a tiny piece to take in for the invalid (on fluids) then bag everything from under the tree and head for the ferry.

It's a peculiar Christmas, but at the hospital it becomes an ordinary day with nurses and doctors performing as they always do. We missed the caroling, apparently, that would have been special, but we did manage a Christmas Skype connection with children and grandkids – other than that, the hospital routine continues and we say a reluctant goodbye and return with my sister to Riondel – too late for a scheduled gathering.

Then the phone rings – it's Christmas – come for dinner. Friends make up a piece of our lives that is unique to each of us; a part that wraps around some of the most precious memories – especially this year which is the first Christmas ever for two sisters – together.

And, oh my, says one sister, there's a turkey defrosted and ready to cook... it's 10 pm? Let's do it. Said turkey finished baking by 2 am – chopped in the morning and tossed into the frig – along with all that ham. I must say the images of Christmas 2012 include a lot of food – none of it eaten at the expected time, but all of it savored in small chunks for much longer than anticipated.

And even though Nelson Hospital might seem a strange destination of choice for Christmas, the day and the date will not soon fade into that muddle of years and moments that happens when the question pops up – do you remember where you spent Christmas Day in 2012? No problem at all.

And now that each of us is home again, the day – the week – the package, is tied up securely, downloaded and ready for presentation when someone – anyone ventures to query – do you remember?

**Next Deadline:
January 23 2013**

Something To Ponder

by Pastor Bill Gooding,
Kootenay Lake Community Church

We have just finished our second Christmas here on the East Shore and I wish to express my thanks to the East Shore for your welcome and warmth expressed to my wife, Deborah, and myself.

Looking back upon the last year here we wish to also express our thanks to some of you who have been such a help and made our time here much more than we could have expected.

First, to Jim and Mary Donald - thank you for having us as renters. We enjoyed your house and it really was a place to just gather our thoughts as we moved forward. Your gracious kindness was deeply appreciated especially when I had a mini health crisis. Thank you again, Mary, for your help during that time. And thanks to the lady (I have forgotten your name) who often drew blood for my tests... and usually at the last moment. I think we both could check our watches by the time I arrived. Thanks for doing this with grace, humour and a warm, welcoming smile.

To Glen Kinder and Arnie Ames - both of you and others made Thursday Men's Golf a time of relaxation and just plain fun. Thank you for your efforts and I look forward to seeing you all back on the course early spring. To Lou Cote who gave me my first fishing experience on Kootenay Lake. I enjoyed it immensely. Perhaps next time we really will catch the big one you referred to.

To Bob and Wendy Miller at Bob's Bar - I have enjoyed getting to know you and your welcoming spirit ministers to us and to so many others in Riondel. I appreciate the many ways you help people to celebrate special occasions, for you really do make a difference in your community. To Sarah and Dustan Green of Junction Creek Hub... you really do make the best pizza we have ever had.

To the gracious ladies at the Credit Union - you always have a smile regardless of the day, the time of day or the incessant rain at times, and the warmth you exude touches many. To Nancy at KIS - I appreciated your support and understanding as we processed our claim for our house fire in Cranbrook, and was deeply touched by the extra effort you made in helping us find appropriate insurance again. Thank you.

And thank you to all who helped support Fiona in her last days. What this community did for one of their own was not only special but actually was incredible - something one in ministry does not see very often and a lasting and precious memory. Well done, East Shore. To Darryl and Beth and Laura Alguire - all of you made this past Christmas the best ever. To Nils and Bonnie Anderson - what a wonderful way to spend Christmas Day. Thank you for bringing people together for a fabulous dinner. I hope this becomes an annual event. To the church at Kootenay Lake - your welcome, warmth, encouragement and prayers mean so very much to us. The love for Jesus here is palpable. It is and continues to be an honour to serve you.

Well, Christmas has come and gone. And as we proclaim, Christmas is as much a festival of the supernatural as is Easter. And so I ask you all to consider the unique claims of Jesus Christ.

From the Book of Job: "If a man die, will he rise to live again?" This is a fair question to ask anyone at any time... and most of us put it off. Well, for Christians the answer is a resounding YES. And I share this truth with you: if there is no resurrection of Jesus Christ, then there is no basis for the Christian faith. Without the resurrection there is no Christianity. And that means there is no resurrection for us as Christians as well.

Listen to these words from The Message: 1 Cor. 15: "Now let me ask you something profound yet troubling. If you became believers because you trusted the proclamation that Christ is alive, risen from the dead, how can you let people say that there is no such thing as a resurrection? If there is no resurrection, there is no living Christ. And face it, if there is no resurrec-

tion of Christ, everything we've told you is smoke and mirrors, and everything you have staked your life on is smoke and mirrors. Not only that, but we would have been guilty of telling a string of barefaced lies about God, all these affidavits we passed onto you verifying that God raised up Christ... sheer fabrications, if there is no resurrection.

If corpses cannot be raised, then Christ wasn't, because he was indeed dead. And if Christ were not raised, then all you're doing is wandering about in the dark, as lost as ever. It's even worse for those who died hoping in Christ and resurrection, because they are already in their graves. If all we get out of Christ is a little inspiration for a few short years, we're a pretty sorry lot. BUT the truth is that Christ has been raised up, the first in a long legacy of those who are going to leave the cemeteries."

That is what the word of God actually says. And the good news is that the resurrection is a verifiable truth. At times like this... when we are all faced with our own end and mortality I often recall a famous dinner quote by Lord Darling of England. Lord Darling was the equivalent of a Supreme Court Judge, a person who often made judgements on the basis of the evidence produced. When talking about the resurrection of Jesus Christ, Lord Darling said, "I am very mindful that one in my position has to look over thoroughly all facets of a case when making a determination. And there are times when the evidence produced seems to be insufficient or lacking in clarity. However in the case of the resurrection, when I consider the proofs and evidence of the resurrection of Jesus Christ there exists more facts and evidence... historical and scientific, positive and negative... that no intelligent jury could fail to bring in a verdict that the resurrection story is true." There are many millions of people throughout history who also have given testimony to this wonderful truth.

And we at Kootenay Lake Community Church declare this to be true. And it is our prayer that in the coming days and months you too will encounter the grace, mercy and love of our God. Best wishes to you all in the months ahead.

East Shore Health Society

by John Rayson, Chair

The East Shore Health Society Board has continued to meet regularly during the spring, summer and fall of 2012. During that period we continued our membership drive and now stand at approximately 115 members. Memberships are \$5.00 and can be purchased from Cathy Poch: email: cathv@higherpath.ca or ph: 250 227-9457. We urge all to join and make your concerns regarding the delivery of health care on the East Shore known.

A highlight of the year was our meeting with KLEECA representatives. As KLEECA disbanded they moved to donate any residual funds to the East Shore Health Society to assist in providing care for seniors on the East Shore. The Society was very pleased to receive over \$7,000. Added to our existing funds the Society now has a balance of \$14,900.

A variety of issues have been considered by the Society. In the fall we met with Alexis Phillips, coordinator for the local Hospice Society and are awaiting a proposal from her for funding of training of volunteers for hospice.

In addition we did identify that laboratory hours and space continue to be a problem and have agreed to work with local staff to alleviate when possible. A number of issues with the facility have been identified: lack of cover of steps, lack of vestibule at the front door, soundproofing, access, lack of paving and poor landscaping. The society will work with local staff and the Interior Health Region to address these concerns.

The Mission of the East Shore Health Society:

The purpose of the Society is to promote the health needs of the East Shore from Boswell to Riondel. The Society will identify, fundraise and advocate for the

needs of the community. The society will cooperate with other groups having similar goals.

Board Members:

- Karen Arrowsmith: Boswell
- Verna Mayer-McKenzie: Boswell
- Bill Bannister: Mountain Shores
- Tom Lymbery: Gray Creek
- Cathy Poch: Crawford Bay
- Merridy Robb: Pilot Bay
- Norm Bonnell: Riondel
- John Rayson: Kootenay Bay

The society is fully registered and all obligations are current. An annual meeting will be held in June of 2013. We urge all to attend and would welcome further participation on the board.

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Gicheon is Back in Crawford Bay

by Zora Doval

Korean spiritual martial/healing art form can be again practiced regularly. I am back from Europe from a teaching tour and happy to invite all of you who fell in love with this ancient form of spiritual practice and physical exercise to attend regular sessions in my home.

We will be practicing Tuesday mornings at 9 am and Thursday evenings at 6 pm. New practitioners are very welcome also, as the form is quite simple and easy to learn, yet the benefits are deep and fast acting.

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East Shore Hospice News

by Ali George,
Coordinator

Hello folks. My name is Ali George, and I'm the new Hospice Coordinator for the East Shore. I have been a hospice volunteer and advisory committee member for three years, and have found the experience to be rewarding in so many ways. As coordinator, I look forward to working with our dedicated volunteers to provide support to those in our community who are grieving a loved one or are moving through the last stage of their lives.

First, my sincere thanks to Alexis Phillips, who has been the Hospice Coordinator in our community for the past five years. She has nurtured this program with her dedication, wisdom and positive energy, and will continue to share that energy as a member of the advisory committee. Thanks, Lex!

Thank you also to the East Shore branch of the Nelson and District Credit Union for their support of the East Shore Hospice Tree of Remembrance during the month of December. Their annual support of this event is much appreciated, as it not only promotes the services that Hospice provides, but also provides an important opportunity for community members to take a quiet moment to remember and honour loved ones that have passed on.

This fall, East Shore Hospice received a generous donation from the East Shore Health Society. After much deliberation, the advisory committee decided to use these funds to host a full-day palliative massage workshop with Christine Sutherland on December 8, which was open to hospice volunteers and community members throughout the Kootenays. Sixteen
14 Mainstreet January 2013

folks took part in the workshop, from the East Shore, Creston, Kaslo, Nelson, and New Denver. The workshop consisted of 8 hours of hands-on learning, where we watched Christine's videos and were guided by her while massaging or being massaged, and learned how to bring comfort to those who are ill, confined to wheelchairs or beds, and/or in the last stage of life. We were also treated to a delicious lunch catered by Terry Fiddick (thanks Terry!). Our deepest gratitude goes to the East Shore Health Society for providing this gift to our community, a gift that will be passed on from loving hands to loving hands within our community and beyond. If you would like to learn more about palliative massage, the East Shore Hospice library now has two copies of Christine Sutherland's book *Dying In Good Hands: Palliative Massage and the Power of Touch*, as well as seven of her instructional DVDs. We have a growing collection of books and films in our Hospice library that are available for anyone in our community to borrow.

We are currently recruiting for new volunteers. Each hospice volunteer's experience is unique and could involve any number of activities. You could be going to visit someone in their home or in their hospital room. You could be going for walks with them or reading a book to them. You may be talking with them about the meaning of life and death, or you could be sitting in silence with them. You could be massaging their feet, or singing with them or playing a musical instrument for them. You could be picking up some groceries for them or writing a letter to a family member for them. If you have a couple of hours a week to spare (sometimes more, sometimes less), and the ability and desire to really be PRESENT with someone, to listen with an open heart, to help without the need to fix, then we would love to welcome you to our team. Becoming a volunteer requires that you fill in an application and be interviewed by the coordinator, go through a criminal record check, and take part in volunteer training sessions that happen throughout the

year on the East Shore and Nelson. If you are interested in volunteering, or have any questions, please call me at the East Shore Health Centre at 250-227-9006 ext. 29.

In closing, I'd like to share our new mission statement with you, which basically lets you know what East Shore Hospice is all about and what we have to offer to our community:

The East Shore Hospice staff and volunteers recognize the right of every individual to live fully until the very end of life and to be an active participant in the decisions involved with their end-of-life care.

We offer companionship; practical, emotional, and spiritual support; information and advocacy to individuals who are facing advancing illness, death and the loss of loved ones.

We work collaboratively with individuals and their care giving team (family, friends, community nurses, doctors, hospital staff, social workers, spiritual mentors) with the hope that the last months of life may be comfortable, peaceful and dignified.

We respectfully accompany the dying and the bereaved on their journey, listening without judgment, striving neither to fix nor to teach, but to bear witness and to learn.

We feel a deep commitment to the people that we serve and are dedicated to honouring this final and meaningful stage of life.

The East Shore Hospice office and library are located at the East Shore Health Centre. Office hours are on Wednesday afternoons. Please call 250-227-9006 ext. 29 or email us at hospice@theeastshore.net.

Next Deadline:

January 23 2013

Notice of Passing

**Franz Herman
Dill (Frank Jr.)
Dec. 21, 1950 -
Dec. 17, 2012**



It is with great sadness that the family of Frank Jr. announces his passing on Monday, December 17, 2012. Frank left us peacefully, surrounded by his family at his home in Kootenay Bay....four days

short of "the end of the world as we know it" and his 62nd birthday.

Frank was born in Heidelberg, Germany on December 21, 1950. There he attended University and was in the army. It was while in the army he took part in the 1972 Olympics in Munich.

Frank moved to Canada in 1973 and worked as a carpenter/craftsman with his dad, Frank Sr. Frank became very skilled at his trade under his dad's leadership and loved working with his dad for many years.

A "teacher" of history and politics, Frank had an incredible memory for facts and details. Conversations with Frank were always enlightening and we will miss the stories and opinions he so loved to share.

Frank was predeceased by his mom, Frieda on December 16, 2010, also from cancer. Frank will be forever missed by his wife Suzanne Dill; his Dad, Frank Sr. Dill; sister, Ricki (Jules) Morin; niece Julie (Dwayne) Sol, their son Logan; nephew Randy (Nicole) Morin; his aunt Baerbel; and many friends.

Many thanks to all the wonderful people involved in helping Frank with his journey. Your support and compassion was so appreciated.

By Frank's request there will be no service. In lieu of flowers donations can be made to the Kootenay Lake Hospital in Nelson, or the Creston Valley Hospital in Creston.

Frank Dill

by Wendy Scott

Laughter is contagious and never more so than when Frank came through the door at Fairy Treats. He did not have to speak. It was the anticipation and the assurance of a mirthful few minutes that conjured up smiles and prepped faces for the laughter that was bound to come. As he sat down, his eyebrows pre-empted his statements, almost as if they were the ones – the only ones – with prior knowledge of what was to come.

Behind the whimsy, veiled by jokes and stories – many stories – there was a depth of wisdom and a touch of sadness gained over years from other people's tales, and from loss, love, a lot of hard work, and an uncanny ability to float happiness around the table at Fairy Treats.

Although Frank's words were strung together precisely and carefully, they were like lines of strange lyrics gathered at random while crossing borders and rushing through as many countries as possible in a single breath. The effect was an obscure dialect that no one could pinpoint or define and certainly not mimic or repeat.

Unique in ways that suggested his open topped boots and jaunty demeanor were the mark of a grown up elf, a man who might – at any time – vanish into a forest.

Instead of that, Frank went quietly into his own woods beyond the world – a departure earned first of all by the effort to overcome, and then by the acceptance, that with Susan's dear hand and the presence of family and close friends, it was all right to say au revoir, auf wiedersehen, good bye. Give Frieda a fond hug from all of us, Frank. Ciao, 'till we meet again.

Leslie and Frank Downing

by Wendy Scott

*And ever, as the story drained
The wells of fancy dry,
And faintly strove that weary one
To put the subject by
"The rest next time"
"It is next time!"*

The happy voices cry
Lewis Carroll

Frank and Leslie Downing brought a touch of class to a remote mining townsite in a forest beside a cool blue lake in the south east corner of British Columbia. It was 1948 and the couple had been married for ten years. That decade had seen them cross the Atlantic Ocean twice; have two children; endure a World War and decide to come into the BC wilderness and help build a village.

As one of the first carpenters to arrive, Frank was busy with the construction of new homes and the renovation of the small miners' cottages. The transition from the big family tents had to wait until the town was surveyed. Then with the help of Ray Nelson, the shape of the village as we see it today was carefully laid out and Frank could see many years of work ahead of him.

While Frank was busy with the town site, Leslie was building community – and having more children. A new community needs a welcoming committee. Leslie was a natural when it came to giving advice to newcomers and making sure they were welcome – and serving tea. Rather than the task becoming tiresome, Leslie continued to enjoy new faces and I know personally that fifty years after her arrival, Leslie was still greeting and – in my case – presenting a miniature rose which still grows in my garden.

During her long tenure here, Leslie was part of the Riondel Commission of Management, the Seniors' Association, the school, and the Recreation Centre. After the school was moved to Crawford Bay and the Riondel Library expanded from its original 400 books, Leslie became an active volunteer. Along with Edith Nelson, Muriel Gendron and Nancy Derbyshire, Leslie watched as the library grew to its present capacity of over 11,000 volumes, relying more on large print and audio as her eyesight dimmed.

During the 1950's, Protestant services were being held in one room – where Bob's Bar and Grill is now located, so Leslie – along with other church members, including Goeff and Mildred Noden, Mary Low, Ray Nelson, and Jake McDonald, made a request to Cominco for Protestant church property. The Riondel Community Church, as you see it today, is proof that this request was successful. But that is not the whole story – the church was built, literally, from the ground up by these folks and they were the ones who took pews home to finish staining and polishing. They were also the church members who decided that this building should be open to all faiths associated with the Canadian Council of Churches – even though it was apparent that it might be easier to join an existing parish for support – monetary and otherwise. But the community decision held sway and the church remained a community effort and a community space. Leslie was the last remaining member of the original Riondel Community Church Board.

Perhaps some of the most enjoyable times for family members in this mining town were the frequent trips to the beach for picnics and Leslie's family was no exception. Shift changes were signaled by whistles so families knew when they heard that whistle it was time to go home for supper. Tea time had been important throughout Leslie's life and for all of their sixty years of marriage tea time remained a constant in the Downing household.

Two years ago in 2010, just before his 100th birthday, Leslie's Frank left this world – no doubt to explore for possibilities and opportunities in a heavenly realm. Leslie, managed a bit of free time on her own, but two years was quite long enough to leave Frank by himself. This year, after a vital pre-Christmas shopping spree and a quiet Christmas celebration with family, Leslie completed her lifetime and stepped away from this world. Perhaps now, tea will be served in heaven.

**Leslie Downing: 1917-2012
Frank Downing: 1911-2010**

Notice of Passing



**Alfred (Sonny) Roy McGregor
May 9, 1925 - Dec 18, 2012**

Sonny passed away peacefully on Dec 18, 2012 at Kootenay Lake Hospital surrounded by his loving family.

He was born and raised in Crawford Bay to Roy and Dorothy McGregor, one of the pioneer families in the area. His many occupations included logging, mining, farming and small businesses which included the Crawford Bay store, the Riondel store and the Kokanee Springs club house. He enjoyed his retirement years on the McGregor farm cutting wood to keep the home fires burning and going south in the winter.

Sonny was a loving husband, a caring father and a loyal and trustworthy friend. He liked nothing better than having friends over and debating the issues of the day. He touched the heart of everyone he met and he will be greatly missed.

He is survived by his loving wife of 62 years, Joanne, three children, Wayne (Connie), Keith (Wendy), Heather (Rob) and six grandchildren, Lexi, Lori, Mike, Desiree, Clinton and Lavonne, and four great grandchildren. He is also survived by one sister Winnie Charlton of Vancouver and several nieces and nephews.

Cremation has taken place and at Sonny's request there will be no service. As an expression of sympathy, family and friends may make a donation to the Kootenay Lake Hospital Foundation or their charity of choice.

The family would like to thank Dr Noiles, Dr Grant and the third floor nursing staff at the Kootenay Lake Hospital for the wonderful care he received during his stay there.

Funeral arrangements were under the direction of Thompson Funeral Service Ltd. On line condolences may be expressed at www.thompsonfs.ca

Notice of Passing

EDGAR MACKRELL

Mar 13, 1924 - Nov 16, 2012

submitted by Tom Lymbery

We fondly remember Ed MacKrell because he was a good customer, and also when wild turkeys first arrived on the lake, he regularly fed a flock of 30 or more. His wife Beatrice grew up and attended school in Boswell. Her parents had the property that Mona and Bill Thompson renamed Pebble Bay.

Edgar passed away November 16, 2012 in the Creston Valley at the age of 88 years. He was born March 13, 1924 at Doddsland, Saskatchewan. Edgar married Beatrice Van Koughnett in Calgary in 1952. He had a numerous jobs in a variety of places including Calgary, Doddsland, Boswell, Whitehorse and then back to Boswell where he lived the last 30 years. Edgar was an avid woodworker and horseman.

Edgar was predeceased by his wife Beatrice Lorraine MacKrell (Van Koughnett), daughter Wendy Marlene Beir (MacKrell), granddaughter Jocelyn Candice MacKrell; along with three sisters and two brothers. He will be lovingly remembered by his son Douglas Andrew MacKrell, 4 grandchildren, one brother, two sisters and many nieces and nephews. A memorial service was held Saturday November 24, 2012 at the Boswell Community Hall.

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Riondel Community Church

by Wendy Scott – Chair Riondel Community Church.

This year at Riondel Church has been a confusion of loss, illness, and the kindness and generosity of friends. In April, after a long and energetic journey with cancer, Fiona McLaren opened her hands, closed her eyes, and let go of her earthly life. Fiona had supported Riondel Church for all of her fourteen year sojourn here. She embraced the community of Riondel as her home and her family. Her generosity not only continued throughout her long illness, but the church will receive a bequest from Fiona's will.

Iris Martin's history in Riondel spanned forty years and Iris supported Riondel Church throughout her long life; until her death in September at the age of ninety-four, Iris remained, with her son Lee's help, as the treasurer of Riondel Church.

When life lingers through a terminal illness, death is a sad loss and in many cases, a blessing. A sudden loss of life, however, is a shock for everyone involved. Ole Johnson's end came with a creeping aneurism and our thoughts and prayers extended to his wife, Dianne, and their family.

Dave Loepky's death was sudden, tragic, unexpected, and terribly sad.

For all the families left behind, this Christmas will be different and difficult. A phone call, a letter, or a card might ease the absence of that familiar voice and help to compensate for that empty chair.

The church has been most fortunate to receive willing and generous help at the organ from Marie Gale. During those Sundays when Marie has been unable to attend, Deberah Shears, Marg Kehler, Johannes van der Krabben, and Brenda Panio have stepped in to play. Darryl Alguire and Laura Hobbs have played and sung for us and Donnie Clark has delighted with Simply Brass. And on the Sunday when none of these were able to assist, our own dear Beth Alguire kindly helped with the fingers of her right hand – thank you Beth.

Pastor Bill Gooding took over in September of last year at Kootenay Lake Community Church and is scheduled for two Sundays a month here at Riondel. During unfortunate periods of illness, his Sunday services in Riondel have been covered by Brenda Panio with Brent Mason and Jeff Zak also stepping in. Having lost everything in a house fire and because of difficulties with the demands of insurance, Bill and his wife, Deborah, have had to move back to Cranbrook and until the spring, will travel back and forth for church services. Our thoughts and prayers are with them for their commitment and their dedication.

Rev. Robin Celiz has continued as our Anglican priest and conducts his services on the third Sunday of every month. Our dear friend, Canon Jim Hearne, has visited five times and stepped in once when Robin was ill. Robin's father, Rev. Ted Celiz, also helped us out while Robin was still recovering.

The World Day of Prayer was held this year at Harrison Memorial Church. This coming year, I believe, it will be at Kootenay Lake Community Church.

The location of the Winter Wonderland Craft Fair became a problem caused by the closure of the Riondel Community Centre, but the Church Circle went ahead with plans, re-locating to the old Recreation Centre. The event was a success with both vendors and shoppers. Many thanks are due to the soup and goodies donors; to Sherlynn who encouraged and kept tabs on all the vendors, and to Fran who ended up by herself in the kitchen.

For the past two years, Riondel Church has supported much needed repairs at the Riondel Community Centre. We have done this because we believe the Centre is intrinsic not only in the community of

Riondel, but for the entire East Shore. Now we must shift our focus slightly to the needs of our own Community Church. Fund raising by the Church Circle must be on-going to ease the rising costs of continued maintenance.

Regarding some of the outdoor maintenance, such as raking and/or sweeping leaves, cleaning eaves etc., and possibly – sometime this winter – clearing a bit of snow – it has been suggested that these chores might be eased by some volunteer help. There are many willing hands in this community who are happy to assist if they are aware of the need.

Many thanks are due to all the members of this little church for their on-going support – including Beth Ludlow for making sure cards go out for celebrations as well as illness and condolence; to Sheila for taking good care of the church silver and linen; to dear Fran for not only scrubbing and polishing, but keeping a watchful eye on those unexpected items that the rest of us easily miss. Many thanks also to Beth Alguire, Susan Corry and everyone else who makes sure there's enough tea, coffee, and goodies to sustain us as well as our visiting ministers.

Many other volunteers help to sustain this church even though they may not attend on a regular basis. I consider all of them generous, sincere and appreciated. It is with this in mind that, since Lee Martin has acted as Treasurer and had assisted his mother, Iris, for so many years, I would like to recommend that Lee be included officially as a signing officer for the Church account.

The church has completed another year and now we look towards the future open to suggestions and willing to take on new ideas, but always grateful to the solid base that has carried us for more than fifty years.

Thanks to each of you, the doors are open, and they will remain that way.

Remembering a Year

by Wendy Scott

By this time last year the first snow had come and gone and we had already identified benches that needed to be re-finished and plaques that were waiting to be installed. During our spring clean-up, Dave Loepky did install one of the plaques, and later in the year, Miroslav Doval refinished the two oldest benches.

After Dave's death in September the garden was in limbo for awhile; but this is Riondel and friends step in. Miroslav has already taken another bench to re-finish and Dennis Kane has begun the process of installing plaques. Keep an eye on those blank spaces. The benches will re-appear – revitalized.

Nils Anderson very kindly drove over to Harrop and picked up the two new cedar planks waiting for us. Dennis Kane has offered to take these planks and design the memorial bench requested last year by the Poch family. The bench will hold Jim Poch's plaque – along with others. We still have a package of five more to be installed along with a new plaque for Jean Seifrit which will replace her damaged marble from the Church garden.

New plaques received this year were for Barb Derbyshire, Christopher Derbyshire, Arthur R McClure, Roy A McClure, Fiona McLaren, and Virginia Grimstead. This brings the current total to 58 names.

Several more names have been considered and these will all come as they are requested. At present we will wait for the installation of the current plaques to be completed.

We are most grateful for all the help we have received in the garden and welcome suggestions, requests and anyone who would like to become a member of the Eastshore Garden of Remembrance Society. Just give us a call or drop a line (email or otherwise). May the New Year be kind to all of you.

Wendy Scott, Kathy Smith, Muriel Crowe, Marilyn Johnson: wmescott@gmail.com mcrowe@bluebell.ca

Next Deadline: Jan 23 2013

Health & Happiness

by Dr. Sid Kettner

A New Way of Thinking About Food

Here's wishing you the best in health during 2013. I wish also to remind you of how you can realize that. Simple: Eat less and move more. This adds years to your life and life to your years. Now a summary of the advice given by noted author Dr. Whyte.

- Have breakfast every day. Make it healthy with lots of whole grain cereals, breads, fruit and low fat or soy milk. This habit helps us eat less the rest of the day, lose weight easier and keep it off longer.
- Drink more water. Try drinking nothing except water for two weeks and watch the pounds melt away. Forget sodas, even the diet ones, as they tend to increase the body's craving for sugar and high calorie food.
- Use fish in place of red or processed meat if you are not a vegetarian yet (it is the most healthy option). Their omega-3 content will help with brain health plus fish tend to be lower in calories and higher in nutrients than meat.
- Embrace whole grains. They are a major source of vitamins, minerals and fiber, cutting the risk of heart disease, respiratory illnesses, breast and colon cancer.
- Fill up on fruits and veggies. Their anti-oxidants will help you live longer and result in greater weight loss.
- Beware of "diet" foods. Often labeled as low fat or fat free, they are often loaded with sugar.

- Don't eat out for two weeks. Food at restaurants has unknown ingredients (often high calorie, salt, fat and sugar) plus it often comes in large portions.
- Inspect food labels. Studies show that this tends to lead to an additional weight loss of about 10 pounds because of becoming "food smart".
- Chew gum. That releases hormones that tell your brain you are already full, especially if you are a "nibbler." Use only the sugar free type however.

Studies show that this way of eating is very effective in weight loss—and you don't have to weigh every ounce of food or obsessively track every calorie. So enjoy! Next month, I will offer you some short and practical tips on weight loss. By then, you should be 5-10 pounds lighter already. Success.

The PAC Box

Your Parent Advisory Council is working hard as a liaison between school and families and would like to take a moment to let you know about what's going on...

PAC MEETING: Our next PAC meeting will be held on Monday, January 14 at 7pm in the school library. All parents & guardians are welcome! Call Erin (227-6848) or email namaskar@theeastshore.net to be put on the agenda.

HOT LUNCH PROGRAM: Would you be willing to work one 4-6 hour shift per month in the Hot Lunch kitchen? Your help would be greatly appreciated. Contact Jenn at 250.227.9175 to volunteer.

It's a Small World After All



www.dougpyperphoto.com

The Universal Declaration of Human Rights

by Anna Rose

The start of a new year is a good time to review the underlying principles which we believe in and wish to act upon. If you have never read the full text of the *Universal Declaration of Human Rights*, you may find it very interesting and applicable to all kinds of situations around you, not just to oppressive regimes on the other side of the globe. On the whole, the wording is not difficult and the copy which I printed from the United Nations website (un.org) is less than six pages long, widely spaced.

The *Universal Declaration of Human Rights* was proclaimed and adopted on December 10, 1948 to clarify the human rights which the United Nations, formed after the horrors of World War Two, wanted to promote and protect. A Canadian law professor, John Humphrey, was a significant contributor to the content and the adoption process. It remains the respected "gold standard" of human rights, which the UN and humanitarian organizations such as Amnesty International use to evaluate the performance of governments. It is not legally binding, as some documents developed at the UN are (to the countries that have become legal signatories to them) because it is meant to apply to everyone, not just to people in those countries whose leaders agree with it.

In the text of the *Declaration* are many phrases which we have, perhaps, heard for years without knowing their origin. The Preamble begins with this:

Whereas recognition of the inherent dignity and of the equal and inalienable rights of all members of the human family is the foundation of freedom, justice and peace in the world ...

It is then noted that everyone has a responsibility, not just rights: *...every individual and every organ of society, keeping this Declaration constantly in mind, shall strive by teaching and education to promote respect for these rights and freedoms ...*

Following this are thirty articles, some just one sentence long, stating rights in various areas – civil, political, economic, social and cultural. Here are some highlights:

Article 1. All human beings are born free and equal in dignity and rights ...

Article 3. Everyone has the right to life, liberty and security of person.

Article 5. No one shall be subjected to torture or to cruel, inhuman or degrading treatment or punishment.

Article 11 (1). Everyone charged with a penal offence has the right to be presumed innocent until proved guilty according to law in a public trial at which he has had all the guarantees necessary for his defence.

Article 19. Everyone has the right to freedom of opinion and expression ...

Article 20. (1) Everyone has the right to freedom of peaceful assembly and association.

Article 21. (3) The will of the people shall be the basis of the authority of government: this will shall be expressed in periodic and genuine elections ...

Reading and reflecting upon the *Universal Declaration of Human Rights* makes it easier to recognize and respond to abuses. Not only can we stand up for ourselves better, we care more when we hear about the abuse of other people's rights, because we know these are the rights of everyone in the world.

Book Reviews

by Tom Lymbery

THE LIFE AND ART OF INA D. D. UHTHOFF by Christina Johnson-Dean, Mother Tongue Publishing, 114 pages \$32.95.

This is one of the series *The Unheralded Artists of BC*, and has a very strong Best Shore connection. After studying at the Glasgow School of Art for six years, Ina Campbell embarked on an adventurous trip to Canada to visit the Frasers at Ledlanet Ranch at Crawford Bay.

"While in Crawford Bay Ina met her future husband, Edward (Ted) Uththoff, a young, tall, independent homesteader and budding orchardist from Britain (born in Bayswater, London)" Ina returned to Glasgow and Ted joined the 54th Kootenay Battalion, seeing action at both Vimy Ridge and Passchendale. He attained the rank of lieutenant and earned a military medal for his daring actions in September 1917. He was wounded and kept up correspondence with Ina, who was taking professional teacher training in Glasgow. They married in Scotland and sailed to Canada "returning to the stunning beauty of the Kootenays where they had first met"

The book has photos of Crawford Bay, showing their house and two children, John and Muriel. Ina moved to Victoria as she needed to become the breadwinner. As a reporter wrote in the *Daily Colonist* – "Mrs. Uththoff resumed her career after her marriage owing to the fact that her husband was incapacitated by wounds received during the great War." She became a teacher and founded the Victoria School of Art.

We knew Ted well and always called him Toffee. He walked to Gray Creek frequently to visit and at times arranged to cut hair in the Auto Camp dining room. We always thought of him as an oddball character – and the book explains that this may well have been the result of wartime shellshock. His wallpaper treatment at his house was famous because he included sugar in the paste, which encouraged the mice to eat all of his efforts. He jokingly explained the off in Uththoff, saying that he was a Spanish Doukhobor. Uththoff is pronounced "youtoff".

When I started attempting a commercial art course by BC school's correspondence in 1947, I found that the papers went to Mrs. Uththoff in Victoria for correction – this was just one of the projects she took on to provide an income. She made her career with teaching art, selling paintings when she could. This book is beautifully illustrated with

her work in colour with more than one for every page.

Ina Uththoff was a friend of Emily Carr but was not as controversial as Carr – she could not afford to be as her living depended on her students at the Victoria School of Art, which she operated from her home. In the later 1920s she had an Essex car with plastic side windows but appears to have only driven it in Victoria, not when she and the children visited Ted in Crawford Bay.

In 1931-32 John stayed with his father in the Bay, while Ted was working for Oscar Burden, apparently for the Burden & Watson sawmill. "When school was out Ina and Muriel came to spend the summer with them. Other summer visits followed for John, including 1934 when he and his father camped at X Ray Lake and climbed to the summit of Old Tom Mountain."

The book tells of Ina's life in Victoria and the efforts she made to promote painting and all aspects of art. She was accomplished in almost every medium, and the prints throughout this book show what a real artist she was.

UNREPENTANT – the Story of an Era by Gary Lee Wright & Corky Evans, publisher Friesen Press, 203 pages, \$18.99

Kootenay country does have a large proportion of residents who moved here to avoid Vietnam, more than other parts of BC. Here's another story of the rocky road that Gary Wright followed, eventually becoming mayor of New Denver and chairman of the Regional District of Central Kootenay. Could someone who admits to drugs, sex, anti war group membership and more become a politician in the US? Even the cover of this book is different – intending to replicate something that's been folded and sat on in your pocket? Even though he is listed as co-editor, there is only one chapter by Corky Evans. He tells us that the US tried to rid the country of war resisters in a way somewhat similar to how they tried to do away with the native peoples. When he escaped to Canada, did he have any idea that he would become a very popular politician, nearly becoming premier? This is a very readable book but much of Gary's story is definitely stranger than fiction.

- Planning a wedding?
- Holding a meeting?

Consider renting the
BOSWELL HALL

Booking/info: Judy @ 250-223-8664

East Shore Reading Centre/Library News

by Cathy Poch

Another year, another resolution... How about an easy one? Use your local library. Your tax dollars help support us and we would like to think that the community, in turn will support us, by actually taking out a book, video, audio book on tape or CD. Actually you can have up to six items out at a time). First membership is free, but we do have to charge a minimal fee to replace a lost card. We also appreciate it if, when you change your mailing address or phone number you let us know so we can contact you if and when you have any overdue items.

What is there in our local library? Public access to the Internet. How to snowboard, crochet, knit, learn yoga or tai chi, how to repair a broken fence or build a new one, speak Spanish, plan for retirement or teach your children or grandchildren how to save their money. We have action DVD's, British series, comedy and romance, travelogues on both DVD and VHS. Cook books about Chinese, Thai, vegetarian, slow cookers, brunch... local history and local authors. We do try to have a varied selection for our eclectic readers and with our new, well almost one year old now, space we can showcase seasonal and new items much better than before.

So if you haven't been in to see us we are located on the main floor of the Big white building at the foot of King Street in Crawford Bay, Tuesdays and Saturdays from 12 - 3pm and Thursday nights from 7 - 9pm and our phone is available at 250-777-1492 during those hours. Hope to see you soon.

Riondel Library

by Muriel Crowe

We step into the New Year with high hopes that our library will continue to thrive. It amazes me that while we have lost some borrowers to e-books our statistics show that our circulation numbers have increased each year. It is still not a viable option financially to have e-books available through our library but that time may come. Meanwhile you can join the Creston Library at no cost and download e-books through their system.

We have recently purchased a fairly large collection of new K to Grade 3 books and will be looking at more prekindergarten books in the next week. We had several big buying binges before Christmas and seem to be almost overwhelmed with new adult fiction. Add to that a host of new BBC DVD's, some remarkable donations, new local authors' books and a new trolley; we are feeling rather posh or at least special. Our thanks go to Barb Pedersen and her librarian friend for the trolley.

We invite you to come to browse and borrow. Join us for our AGM which will happen in the next two months and then join us for an open house and more authors' readings. Watch for a new contest in the library and the reinstatement of the recommendations list. We hope you all have a happy and healthy new year.

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SERVICES DIRECTORY

The Service Directory is a great way to have your business listed as a reference for those shopping for a particular professional service. Keep your phone number handy and your message clear.

AUTOMOTIVE/MARINE

EASTSHORE AUTOMOTIVE - Service & Repair 250-227-9370
NORTHSTAR CRESTON - 1-800-551-9351. Full service 8-bay shop featuring Goodwrench Service - \$41.95, genuine GM & AC Delco parts. Full line of major tire brands featuring: BF Goodrich, Michelin, Uniroyal, Hankook, Goodyear and Firestone brands.

BUSINESS SERVICES

MUTUAL FIRE INSURANCE of B.C. Quotes on Homes, Mobiles, Farms & Tenants. Seniors discounts at 55. Home Protection; No Claim; New Home. ph/fax 250-428-7937, broker Virginia Harder.

CONSTRUCTION/CONTRACTORS/TRADES

HULLAND AND LARSEN CONSTRUCTION - experienced residential construction & custom finish work. 250.551.2915 or 250.505.3570.

JB (JUERGEN BAETZEL) CONSTRUCTION: Over 14 years experience, strong work ethic. Covered by Worksafe BC. Foundations to Finish (concrete, framing, roofing, drywall, siding, flooring, finish, carpentry, tile setting, some plumbing & wiring knowledge) 250.227.9246 or 250.551.7697.

MARK JOHNSTON CONSTRUCTION LTD. Ph: 250-227-9583, email: markjohnstonconstruction@gmail.com

MATTHEW SMITH BUILDER - Trained/Certified Heritage Restoration and Conservation. Carpentry and woodworking services. matthew.smith.builder@gmail.com or 250-505-2305.

THE GREEN MACHINE - (See colour ad in this issue for more information.) 250-225-3485

TURLOCK ELECTRICAL CONTRACTING LTD. (See colour ad in this issue for more information.) 250-227-9688 or 250-551-4671

PERSONAL CARE/HEALTH

ACUPUNCTURE - Christine Peel R.Ac. Located at 16210 hwy 3A Unit 9, Crawford Bay Motel. For an appointment please call 250-505-8130.

ACUTONICS - vibrational healing with tuning forks, practitioner available. For appointments call Theresa Lee 225-3518/cell:505-4706

ALEXIS PHILLIPS, M.A., R.C.C. - Registered Clinical Counsellor specializing in complex trauma, relationship issues, grief &

loss, anxiety & depression. Apptmnt/consultation, call 250-509-0368.

BLANCHE TANNER - Breath Practitioner, (Family Constellation) Heart-Centred Therapy (Meditation), Healing Emotional, Physical & Sexual Abuse, Addictions, Relationships, Anxiety, Depression. 227-6877

COUNSELLING & SUPPORT SERVICES: Free and Confidential for children, adults and families. Services include: Adult Mental Health and Addictions; Child Youth Mental Health; & Family Support. Call 1-866-774-5324 (toll-free) or 250-353-7691. North Kootenay Lake Community Services Society.

FINGERPRINTS AND HAND ANALYSIS - P. Danielle Tonossi I.I.H.A. Discover your Life Purpose and what it takes to live it fully or host a Self-Discovery Hand Reading Circle. My expertise is at your service - 250-227-9478. Info: www.crystalgardenspirit.com

FIRST CONTACT EAST SHORE MIDWIFERY - Sylke Plaumann, registered midwife. 250-227-6846.

MASSAGE, SHIATSU - DEEP TISSUE - REIKI, mobile or in Crawford Bay, call James Wood, 250.227.6849 for an appointment.

REGISTERED HERBAL THERAPIST, MASTER HERBALIST - Maya Skalinska, M.H., R.H.T. Iridology, Tongue & Pulse analysis, Nutritional consultations, individual herbal remedies, Flower Essence consultations & remedies. For appointments, please call 250-225-3493.

REGISTERED MASSAGE THERAPIST: Harreson Tanner - Over 30 years clinical experience. Treatment of Lumbo/Sacral Strain, Whip Lash, Frozen Shoulder, Migranes/Headaches, TMJ problems, & Stress. No doct referral req'd. Call: 227-6877/cell: 505-6166.

SAPPHIRE HAIR SALON: Kate Page, hairdresser and proprietress. 16210 Hwy 3A (Crawford Bay Motel) Unit 9. Call to book an appointment: 250.505.6950.

SUSAN SNEAD - Astrological Counseling, Foot Reflexology, Traditional and Ayurvedic Massages. Call 250.225.3520.

WELLNESS AND MASSAGE FOR WOMEN - Geraldine Alter and Pierre Blanc, European professional therapists, over 15 years of practice. Reflexology, deep tissue (European method), spine massage with specific oil, relaxing massage, Reiki, hot and cold stone therapeutic massage. 250-227-9890

RESTAURANTS

CRAWFORD BAY HALL & COMMUNITY CORNER BUILDING - available for community events, wedding receptions, workshops etc. Non-smoking facilities. Call Kathy, 227-9205.

MAXX & NAMBI'S KITCHEN - Open Sundays, 9 to noon with full breakfast menu. Hwy 3A in Crawford Bay. 227-6854.

NEWKEY'S PLACE - Hwy 3A in Crawford Bay, licensed area. Open 10 am til close Monday to Sunday. Food Specials all day. 227-6911.

ROCKWOOD CAFÉ - Authentic Chinese food, great pizzas and perfect burgers. Open Tues - Sun. Hwy 3A Gray Creek. 227-6840.

YARD/LANDSCAPING/SITE PREP

TREE SERVICE, RESIDENTIAL - Limbing, Pruning, Topping, Falling. Danger Tree Assessments, Free Estimates. Fully Insured. Please Call James Linn at 250 225 3388

STEEL WHEELS - We dig. Registered on-site wastewater practitioner. Dave Hough - 227-9646.

Save Your Bottles/Cans!

Crawford Bay School's secondary 'Community & Global Involvement Project' is aiming to do a bottle drive **once per month** in support of our spring break humanitarian trip to Oaxaca, Mexico.



Contact Carol Vanr at 250.227.9661 (ccarolynvanr@yahoo.ca) or Dan Rude at 250.227.9218 (drude@sd8.bc.ca) to line up post-holiday bottle collection.

Bottles can also be dropped off outside the shop cage at the school now and through the winter.

CLASSIFIED SECTION

BUS. ANNOUNCEMENTS

Sirdar General Store:

A unique place to shop on Duck Lake. Fishing Licenses, CVWMA Permits, Tags & Tackle, Local Crafts--mitts, scarves toques, slippers. Groceries--Island Farms Dairy Products & Egg Nog. Post Office Services, Faxes. Wishing All a Happy New Year. Drive with care, slowly for the students catching the School Bus along Hwy 3A. 8050 Hwy 3A, Phone 250-866-5570, Fax 250-866-6811

Insurance Certification requires professional chimney installation - we are the Pro's - Gray Creek Store, 250.227.9315

BUSINESS SERVICES

Fax service, photocopies, (with no PST/GST) Tom Lymbery - Notary Public, 250-227-9315, fax 227-9449, 250.227.9448 for Notary Public.

EMPLOYMENT OPPS

Visit InvestKootenay.com for East Shore opportunities to buy or sell a business and more.

HOME/BUILDING

Aluminum Waterproofing Membrane - fix leaky roofs! House, RV, boat.. Peel and stick! Now at the Gray Creek Store 250 227 9315

Keep those pipes from freezing -AYR FOIL - Insulation pipe wrap now available

at the Gray Creek Store 250 227 9315

Propane Wall Heaters - direct vent kits included, 2 sizes in stock from \$675 - Gray Creek Store 250 227 9315

Firewood Alternative - Energy Logs - 100% pure 68,000 btu per 8lb log. Get 'em by the pallet or try a single. Gray Creek Store 250-227-9315

Wood Pellets - 100% Douglas Fir - Superior Quality. Take it from the experts - great performing pellet with less ash. Gray Creek Store 250-227-9315

Fire extinguisher and smoke alarm combo pkg \$49.95 - Gray Creek Store

Finest quality Benjamin Moore Paint. Please phone 250 227-9315 to make sure that we have a tinting specialist on shift - Gray Creek Store

16', 20', 24', Industrial aluminum ladders, plus a 8' to 13' multiway ladder - Gray Creek Store 250 227 9315

Building Supplies you may not know we have - Sill gaskets, insulation, waterproofing products and more - please ask our knowledgeable staff - Gray Creek Store 250-227-9315

MISC FOR SALE

Gas Line Anti Freeze: methyl hydrate, starting fluid, diesel and regular anti freeze, Tiger Torches. Gray Creek Store 250.227.9315

Winter Gloves - Keep your hands Warm as Toast! Great Winter Waterproof,

Sledding and Work gloves. Get em' while the selection is good! Gray Creek Store - 250 227 9315

Imported Treats - Stollen, Pfeffernuse, Lebkuchen, Spekulatius, Brandy Beans and more! Gray Creek Store 250-227-9315

Tis the weather for a warm set of Stanfields. The only brand name for WINTER WARMTH from the traditional grey long johns to ladies wool that isn't itchy - get 'em while size selection is good - Gray Creek Store 250-227-9315

Make sure you have a jumper - booster cable set in your vehicle - winter is tough on batteries - Gray Creek Store 250-227-9315

Wool Pants in two styles, as well as wool jackets. These are hard to find -- we had to go direct to a manufacturer in Quebec, so the price is reasonable. Nothing beats WOOL for outdoor workers - Gray Creek Store 250-227-9315.

Books make the longest lasting gifts. Buy them early so that you can read-em before you gift-em. Gray Creek Store 250-227-9315

What a stock! Time to sock up for winter: ocks and more socks - Gray Creek Store 250-227-9315

Flat Fix - to seal and inflate tires on cars or light trucks - carry this for back road travel. Last years price \$10.95- Gray Creek Store 250-227-9315

Green Polysteel Rope: floating, lighter and much stronger than yellow rope Gray Creek Store 250-227-9315

No more batteries: LED FLASHLIGHTS with crank handle - \$9.95- Gray Creek Store 250 227 9315

NOTICES

Nelson Parkade - offers easy downtown parking. Just one dollar per hour or four dollars per day. NExt door to the Hume Hotel on Vernon Street. We accept credit Cards. Call for weekly or monthly rates. 250.354.8834

OUTDOORS/REC

Snowshoes: Many colors and sizes. Gray Creek Store 250.227.9315

Echos Snowboards: Regularly \$115.95, Super Special \$59.95! Gray Creek Store 250.227.9315

Snowmobile and ATV Helmets: COMFORTABLE, try one on. Dave couldn't find any in Spokane at our special price - from \$36.95! - Gray Creek Store

Live Animal Traps - Squirrels to Raccoons - \$27.35 to \$100.45 - Gray Creek Store 250-227-9315

RENTALS/REAL EST. For Rent: We are a Cop living situation in which 3 creative and responsible individuals are looking for 2 more compatible house mates at Tara Shanti

Lodge in Kootenay Bay. It's a shared accommodation with responsibilities and has ample bathrooms for \$400 per tenant/mth, this includes Hydro. Ph: 403-863-6848.

WORKSHOPS/EVENTS

Kundalini Workshop: Kundalini Yoga Addiction Intensive Series with Sat Kaur - March 10th - 17th on the East Shore. 9am - 6pm for 8 days. Interested? 12 spaces available. email stuffthepepper@yahoo.ca or sat_kaur@shaw.ca

YARD & GARDEN

Florescent Driveway Stakes - guard against hitting objects buried in the snow - or that lawnmower you forgot to put away - Gray Creek Store 250 227 9315

Bird Feeders - and the black oil sunflower seeds that bring birds to your window - Gray Creek Store 250-227-9315

Snow Floats: don't shovel that white stuff - float it. No lifting. Gray Creek Store 250-227-9315

Snow pushers and shovels of all types. Roof Rakes: get yours while we have good stock. Gray Creek Store 250-227-9315

Plenty of Pulaskis with fiberglass or wooden handles - great selection. Gray Creek Store 250-227-9315

Next

Deadline:

Jan 23, 2013

Visit us online:

www.eshore.ca

Nelson & Area Elder Abuse Prevention Resource Centre

◆ 250-352-6008

◆ preventeldRabuse@sbdemail.com

◆ www.nelsonelderabuseprevention.org

◆ Drop-in Wednesdays 12-2pm

719 Vernon Street, Nelson

Nelson and District Seniors Coordinating Society

BULLETIN BOARD

Community Notices, Thank You's, Not-For-Profit Announcements (all not related to business), Church Calendar & Meeting Places - free on the Bulletin Board.

CHILD HEALTH CLINIC, ADULT IMMUNIZATIONS, PUBLIC HEALTH NURSE

Will be at the East Shore Health Centre monthly.

For further information, call Creston Health Unit at 250-428-3873.

EAST SHORE COMMUNITY HEALTH CENTRE Call 227-9006

See calendar for doctor days - Doctor hours are from 9:30am to 4:30 pm. Please call 227-9006. Also in clinic: Interior Health Authority, Community Care Nursing and Home Support Services, Tues - Fri, 8:30 am to 3:00 pm. Phone: 227-9006, Fax: 227-9017.

PHYSICIAN COVERAGE FOR January 2013

Note: Please call to cancel if you can not make your appointment. We always have a wait list for patients needing to get an appointment.

JAN.2 WEDNESDAY: DR MOULSON
JAN 3. THURSDAY: DR LEE
JAN 8 TUESDAY: DR GRYPONPRE
JAN 9 WEDNESDAY: DR MOULSON
JAN 10 THURSDAY: DR LEE
JAN 15 TUESDAY: DR GRYPONPRE
JAN 16 WEDNESDAY: DR MOULSON
JAN 17 THURSDAY: DR LEE
JAN 22 TUESDAY: DR GRYPONPRE
JAN 23 WEDNESDAY: DR MOULSON
JAN 24 THURSDAY: DR GRYPONPRE
JAN 29 TUESDAY: DR GRYPONPRE
JAN 30 WEDNESDAY: DR MOULSON
JAN 31 THURSDAY: DR GRYPONPRE

Please Note: Lab hours 7:30 - 10:30, Weds Mornings.

**Call to make appointments at 227-9006
on doctor days and Thursday morning.**

**Tuesday, Wednesday and Thursday (8:30 to 12:30)
Phone: 250-227-9006 Fax : 250-227-9017**

WEEKLY EVENTS AT BOSWELL HALL:

Jan. 7 - Tone & Trim Fitness classes begin again - 9 am, drop-in fee of \$5 per session or \$40 for 10 sessions contact Darlene @250-223-8005

Jan 7 - Bridge Club 1 pm, drop-in fee \$2 Contact Liz @250-223-8070

Jan 8 - Carpet Bowling begins again 7 pm Contact Tom Sawyer @250-431-8404

Jan. 10 - Book Club - 2 pm Contact Melody @250-223-8443

Jan. 12 - Line dancing - 9:30 beginners, 10:30 - advanced contact Cheryl 2250-223-8694

Jan 15 - Nifty Needlers Quilt Group 1pm Contact Diane @250-223-8273

Jan 10 - Yoga with Lea - 9:30 Contact Marilyn @250-223-8058

SPECIAL EVENTS AT BOSWELL HALL:

1. The next Boswell Dinner will be the Valentine's Dinner on Feb.16. More info next month in the *Mainstreet*.

THANKS FOR THE MEMORIES

Thank-you to the many people that helped make Pictures with Santa a great success. All the money raised was in support of the Oaxaca Humanitarian Effort. A huge thank-you to Bohdan Doval, who volunteered his time, expertise and equipment and took great candid pictures. It is awesome to have such an amazing photographer available on the East Shore. Thank-you to all of the participants; StrongStart, students, parents and community members and their pets. Thanks to Sandy Watson for emailing the pictures and thanks to Dan Rude for being supportive of the idea. Thank-you Sharon Webster for the wonderful props and to Lorna Robins and Danielle Linn for organizing the event. Most of all thank-you Santa for being so generous with your time and the candy canes!

THE VALUE OF GIVING

Santa and his elves would like to thank all the people who took part in providing the special packages for the Angel Tree and Gift Baskets and to the volunteers who helped put the baskets together. A special thank you to MaryLou, Louise, Chickie, Doug, Nancy, Joanne and the Riondel Volunteer Fire Department for assisting in the deliveries. We are so thankful to live in a community where people value each other and the true spirit of giving at Christmas comes from the heart.

RIONDEL GOLF AGM

Riondel Golf Course Annual General Meeting will be held on Monday, January 21st at 1:30p.m. at the Riondel Curling Rink. All Members are encouraged to attend.

KUNDALINI WORKSHOP

Kundalini Yoga Addiction Intensive Series with Sat Kaur - March 10th - 17th on the East Shore. 9am - 6pm for 8 days. Interested? 12 spaces available. email stuffthepepper@yahoo.ca or sat_kaur@shaw.ca

Sunnywoods Farm

Your East Shore Garden Centre

- Pet Food
- Garden Supplies
- So much more!



**Also: local hormone-free beef,
steaks, burgers & more!**

Open Mon-Fri, 11-5

Closed thru Christmas and New Years

**15964 Hwy 3A, Crawford Bay
250-227-9506**

KOOTENAY LAKE FERRY YEAR ROUND SCHEDULE

Winter Schedule in effect

All times listed in Mountain "East Shore" Time

Vessel Name	Balfour	Terminal	Kootenay Bay	Terminal
	Summer	Winter	Summer	Winter
Osprey 2000		7:30 am		8:10 am
Osprey 2000		9:10 am		10:00 am
Osprey 2000		10:50 am		11:40 am
MV Balfour				
Osprey 2000		12:30 am		1:20 pm
MV Balfour				
Osprey 2000	N/A	2:10 pm	N/A	3:00 pm
MV Balfour				
Osprey 2000		3:50 pm		4:40 pm
MV Balfour				
Osprey 2000		5:30 pm		6:20 pm
MV Balfour				
Osprey 2000		7:10 pm		8:00 pm
Osprey 2000		8:50 pm		9:40 pm
Osprey 2000		10:40 pm		11:20 pm

CHURCH CALENDAR

RIONDEL COMMUNITY CHURCH

January 2013 SCHEDULE

Jan 6: Br. Jeff Zak, 12:00pm

music - Marie Gale

Jan 13: Pastor Bill Gooding, 1:00 pm

music - Marie Gale

Jan 20: Rev. Robin Celiz, Anglican, 1 pm

Please join us at Harrison Memorial Church

for a combined service

Jan 27: Pastor Bill Gooding, 1:00 pm

music - Marie Gale

Please check www.riondel.ca for changes Info at 250-225-3381

CHRIST CHURCH & EAST SHORE CONGREGATIONS

ST. ANSELM'S CHURCH BOSWELL (Anglican)

For information call Christ Church Creston 428-4248

Jan 6: No Service

Feb 3: 1:30 pm, Rev Robin Ruder Celiz

HARRISON MEM. COMM. CHURCH, ANGLICAN

Crawford Creek Rd., Crawford Bay Everyone Welcome!

Sunday, Jan 20: 1pm, Rev Robin Ruder Celiz. Joint service with Riondel at Harrison.

For information call Karen Gilbert: 227-8914

or Sue Philp: 227- 9140

KOOTENAY LAKE COMMUNITY CHURCH

A Lighthouse on the East Shore

Pastor Bill Gooding

Come & join us Sundays at 10 am. Coffee fellowship after the service. 16190 Hwy 3A, Crawford Bay 250.227.9444

TEMPLE OF DIVINE LIGHT

Dedicated to all religions. Satsang each evening 8:00 pm.

Everyone welcome - Yasodhara Ashram 227-9224

MOST HOLY REDEEMER CATHOLIC CHURCH, RIONDEL

Reverend Thomas Kakkaniyil Phone: 428-2300 Fax: 428-4811

Sunday Mass at 2 pm

1st Sunday of the month, Fellowship Sunday.

THE CHURCH OF JESUS CHRIST

OF LATTER DAY SAINTS

1520 Campbell Avenue, Riondel, B.C.

Meetings begin at 10 am, every Sunday. Info call, 250-227-9522

CHRISTIAN SCIENCE CHURCH SERVICES

Held in the Anglican Church,

8151 Busk Rd, Balfour

Sundays, 9:30 am - All welcome For info, call: 250.505.8021

Next Deadline:

January 23, 2013

MEETING PLACES

LIONS CLUB - meets at the Kootenay Lake Community

Church - 16190 Highway 3A, Crawford Bay.

Meeting Times: 7 pm.

Second and Fourth Tuesday of the Month

For more info, call Lion David at 250-227-9550

or Lion Jim at 250-227-9622.

TOPS - Take Off Pounds Sensibly: meets every Thursday morn-

ing at 8:30 am in the Kootenay Lake Community Church base-

ment. Call Marilyn for more info: 227-9129

PARENT ADVISORY COMMITTEE

(PAC) Meetings

held at 7 pm at the Crawford Bay School library

on (usually) the second Monday of the month. (or Tues if Pro-D)

Call Ingrid to be put on the agenda - 250.227.9246

Next Meeting: January 14, CBESS Library

January 2013

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1	2	3	4	5
*Strong Start is every weekday at the Family Place at the school from 10-1			Dr. Moulson	Dr. Lee		
6	7	8	9	10	11	12
Bottle Depot, 10-2	Yoga w/ Lea, CBay, 10am	Lions Mtng, 7 pm Dr. Grymonpre	Volleyball, CB School, 7pm Dr. Moulson	Yoga w/ Lea, Boswell, 9:30 am TOPS, KLCC bsmnt, 8:30am Dr. Lee	James Wood, 5 Rhythms Dance Class, CBESS 7pm	
13	14	15	16	17	18	19
Bottle Depot, 10-2	CB Hall/Parks Mtng, CB Hall, 7:30 PAC, CB Library, 7pm Yoga w/ Lea, CBay, 10am	Vet Clinic, CB Castle Chamber Mtng, CBESS, 7pm Dr. Grymonpre	Volleyball, CB School, 7pm Dr. Moulson	EASEY Meeting, School Lib, 1:30 Yoga w/ Lea, Boswell, 9:30 am TOPS, KLCC bsmnt, 8:30am Dr. Lee	Interior Health, A Play, CBESS, 7:30 James Wood, 5 Rhythms Dance Class, CBESS 7pm	Interior Health, A Play, CBESS, 7:30
20	21	22	23	24	25	26
FoodRoots Potluck, CB Hall, 4pm Bottle Depot, 10-2	Rio Golf AGM, Rio Curling Rink, 1:30 Yoga w/ Lea, CBay, 10am	Lions Mtng, 7 pm Dr. Grymonpre	Volleyball, CB School, 7pm Mainstreet Deadline Dr. Moulson	Yoga w/ Lea, Boswell, 9:30 am TOPS, KLCC bsmnt, 8:30am Dr. Grymonpre	James Wood, 5 Rhythms Dance Class, CBESS 7pm	
27	28	29	30	31		
Bottle Depot, 10-2	Yoga w/ Lea, CBay, 10am	Dr. Grymonpre	Volleyball, CB School, 7pm Dr. Moulson	Yoga w/ Lea, Boswell, 9:30 am TOPS, KLCC bsmnt, 8:30am Dr. Grymonpre		

Interior^{Rx} Health

Join the Hexagon Players and writer/director Doreen Zaiss in a play to add spark to your mid-winter.

Interior Health shines light on what helps and hinders healing, including the forces within ourselves and our society.

Enjoy an evening out with friends & neighbours to improve your *Interior Health*.

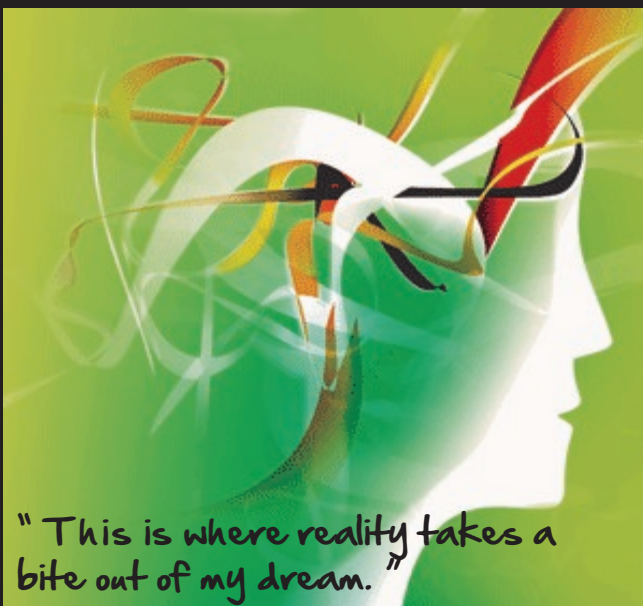
Crawford Bay School
Performance Space

Tickets going fast!

January 18/19
8pm sharp
(doors open at 7:30)
No babies or wiggly children

\$12 adults,
\$10 students & seniors

Tickets at
• Gray Creek Store
• Crawford Bay Market
• Riondel Market



ADVERTISER	PAGE
B-57 Excavating	10
Barefoot	2
Boswell Hall	17
Bottle Drive	18
Community Futures	7
Crawford Bay Hall & Parks	2
Crawford Bay Market	1,10
Credit Union	10
Creston Vet Clinic	14
EDC	10
Elder Abuse Prevention	4
ESIS	10
East Shore Express (ESE)	5
East Side Mojo's	2
Eastshore Physiotherapy	6
Fitness Place	8
Gray Creek Store	18
G.R.S. Contracting	10
Harreson Tanner	3
Hulland and Larsen	10
Interior Health - The Play	20
JB Construction	10
Junction Creek Hub	11
KIS	4
NDCU Banner Ad	10
NDCU Call for Nominations	3
PAC Box	16
RDCK CBT Comm. Initiatives	7
Sapphire Hair Salon	11
Sunnywoods Farm	19
Sunset Seed	9
TWS	1,10
Turlock Electrical	10,11
Will Chapman	11
Yoga with Lea	5

Transfer Station Hours

CRAWFORD BAY:
(Nov - March)
Sun & Tues
10 am - 4 pm

BOSWELL:
Weds/Sat:
12-4

Library Hours:

East Shore Reading Centre:
Tues & Sat: 12-3
Thurs: 7-9 pm

Riondel Library:
Mon: 2-4 pm,
Weds:
6-8 pm
Tues, Thurs, Sat:
10am-12:30pm



ES Health Centre 227-9006
COUNSELLORS

Drug & Alcohol: 353-7691 Child & Youth: 353-7691
Public Health Dental Screening/Counseling: 428-3876
Community Nursing: 227-9019 Hospice: 227-9006 Mammography Screening: 354-6721
Baby Clinics: 428-3873 Physiotherapy: 227-9155 Massage Therapy: 227-6877
For more on facility, call Kathy Smith, 227-9006