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The East Shore Mainstreet

KOOTENAY LAKE BC

Serving the East Shore communities of Boswell, Gray Creek, Crawford Bay, Kootenay/Pilot Bay and Riondel

Starbelly Jam 2015 - July 17-19

INSIDE:

News, Views,
Reviews,
Hot Topics,
Current Events,
Letters & Ideas

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Return
undeliverable items to:

*The East Shore
Mainstreet*
Box 140, Crawford Bay, BC
VOB 1E0

Agreement#: 40718537



Top right clockwise: Mother Mother, Ozomatli, Hornography, Leeky Tearducts, High As Mountains, Moody Amiri, Shred Kelly, Gurpreet Chana - The Tabla Guy, Oliver Swain's BIG MACHINE, Aidan Knight, Coco Love Alcorn, Adham Shaikh and Absract Rude w/ DJ Rippel. More: starbelly.org



Editor's Word on the Mainstreet

by Ingrid Baetzel

At the June 2015 ESIS AGM, the entire existing Board of ten directors chose to not return to their positions. A new board was created and is made up of the following community-minded individuals: Richard Bertram, Paul Hindson, Roswitha Strom, Gail Conrad and Gabriel Dinim. Thank you to these individuals for being willing to sit on such a vital board and help develop and maintain this crucial community society.

Did you know that there is a program being developed to help East Shore senior citizens (currently, specifically, those living in Riondel and Boswell) remain in their homes and maintain their lifestyles? The **Better at Home program** is designed to help seniors live at home longer by providing assistance with activities that seniors were once capable of but may now be having difficulty with, including light house-keeping, light yard-work, transportation, and minor house-repairs. The program is currently looking for contractors who are willing to join and help out. These are paid positions and the contractor receives \$25/hour, depending upon them meeting certain criteria. Please see Tom Wishart's article in this issue for more information.

Canada Day celebrations will have come and gone by the time this paper comes out. The day is always chock-full of good times and celebrations and big thanks must be extended to those who continue to

make this celebration of our beautiful land so wonderful.

The Fall Fair again has a strong and creative crew working behind the scenes to bring another fantastic celebration of local culture, agriculture, food awareness and fun this year for the 104th Annual Kootenay Lake Agricultural Fall Fair. See Nancy Galloway's article for more information.

Dano Cheverie contacted *Mainstreet* to let us know that he had a conversation with Jason Asbell of the **Civic Theatre in Nelson** and that the theatre is now going to offer one **earlier showing per week to accommodate East Shore residents** who need to get home on the last ferry. Sundays will now show a movie starting at 6:30, so if you want to go to the theatre, you can still watch the whole film AND get to the 9:40 ferry, rather than having to dish out for accommodation. Thanks Dano!

Smart Meters – They're coming folks. Most of us have received a notification in the mail about the upgrade to these new power meters coming in the upcoming weeks and months. Many East Shore residents have expressed outrage at this new system being imposed upon them and are looking for ways to avoid having it happen at their homes. There is an opt-out option outlined in the notification sent home, which allows you to pay to have the meters left off at your property and only turned on when the meter-reader comes. This would certainly be an added expense. There are many schools of thought regarding the emissions that have been recorded by Smart Meters and public health concerns. Some say the exposure is proven to be damaging and others say it is not dangerous at all. Have you done your research? What do you think?

LETTERS TO THE EDITOR

REGARDING THE SCINTILLATING ESIS AGM

Dear Editor:

Wow. It seemed there were a lot of opinions that needed expressing that weren't heard. It's too bad there wasn't more time for them all. At least there is an ESIS website where we can express our opinions and concerns. Hopefully, more people will now use it. (esis.cc)

Because I know there will be letters from those who like to criticize and complain, I am writing in support of the previous board, of which I was a part.

It's so easy to sit in a comfortable, bullet proof chair and shoot at those on the target range. And it seems it's always the ones with the most to say that actually have the least to offer. Even when nominated, asked to put themselves in the position of 'target', they decline. No surprises there, really.

I sat with a board of wonderful people who couldn't be more diverse in their personalities, backgrounds, opinions or methodology, yet we all left the board united, with great respect for one another, actually liking each other, despite all the stress, endless work and constant resistance in achieving our objectives. It was an exercise in frustration, to say the least. But it was a learning experience, and we can only hope that what we discovered and shared will be put to some use by the next board.

Huge thanks to the many people in the community who appreciated our time and energy, and expressed it, who were concerned enough to ask pertinent questions and educate themselves, who understood the magnitude of our job and sympathized. Let there be no doubt. These good people far outnumbered the 'nay sayers'.

Despite the fact that the main objectives we set out as a board to accomplish were left unachieved, there

can be no denying that we gave it our best, spent literally hundreds of hours in our efforts, and paved a path for the next board to follow, if they have the energy and fortitude to do so.

Michella Moss, Gray Creek

THANKS FOR THE WELCOME

Dear East Shore Community,

As I settle into my new community and my new role at the school, I want to express how grateful I am for the warm welcome I have received since my arrival. Everyone I have met so far has been helpful and has been patient as I get caught up to date on various things, and the staff at the school has been amazing.

I will be continuing the tradition of sending in a message monthly to *The East Shore Mainstreet* starting in the fall, and I wish all of our families a relaxing and enjoyable summer.

Laury McPherson, CBESS Principal



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Next Deadline: July 22, 2015

SUBSCRIBERS: DID YOU KNOW?

You can buy a one year digital subscription and get your newspaper online, nearly a week before it comes out in stores! Just go to www.eshore.ca and click Subscribe! Then follow the steps to purchasing a digital subscription. A link will be sent to your inbox once a month and your fresh, new *Mainstreet* is a click away.



Musical Fun for children 0-6 with their caregiver @ the Gray Creek Hall

Sing, Play, Dance, and Jam - and when you're done... eat a yummy lunch overlooking the lake and the beach! Thanks to generous grants from Columbia Basin Trust and RDCK Rec #9, this amazing program, including lunch is available to East Shore families for only \$5/session!

WHEN: Tuesday August 4, 11, 18, 25 and September 1, 11am - 1pm

Please email kindermusikwithellie1@gmail.com

to register. Visitors welcome.

Class size limited so register soon!

Footlighters Theatre Society presents

The Great Ice Cream Scheme

By Billy St. John

An Outrageous Comedy for the Whole Family!

\$10 adults, \$8 seniors/students, \$5 under 12

Available at Creative Fix, Black Bear Books, Kingfisher Used Books & at the door

7:30 p.m. July 9-11
Prince Charles Theatre, Creston, BC

Produced by special arrangement with Pioneer Drama Service, Inc., Englewood, Colorado

Real Food Cafe is offering dinner specials on the nights of the performances. Info and reservations, 250-428-8882.

FOOTLIGHTERS
We bring life to drama.



RDCK Area "A" Update

by Garry Jackman,
Director - Area "A"

TEN YEAR HIGHWAY PLANNING PROCESS:

This spring the Ministry of Transportation and Infrastructure held sessions across the province seeking input for their next ten year strategic plan. I suspect overall turnout was not high, but I did manage to make it to one meeting in Neslon to express a few concerns. My first point was to get on with the task of updating the surveys and design (realignment) with establishment of a budget for future acquisition of wider right of ways where work to remove hazards and improved sight lines has been stalled. Over the past few years the official line has been there is no budget to address the longer term alignment and safety issues. It only makes sense to get started during this planning cycle. The next point was to be more proactive around the maintenance, monitoring and upgrading of culverts, in particular along Highway 3A. Cost to business and residents over the years due to washouts, added to the very high costs to reinstate the roadway during an emergency event, would surely justify a more proactive approach. As a rule of thumb, dollars spent on prevention reap several times greater savings in not needing to face an emergency.

The third item I raised was around the next ferry. If funding was approved today and design started tomorrow the Osprey would be 20 years old before we saw a replacement for the aging Balfour. If Transport Canada showed up on the Balfour during a busy summer day and ordered all passengers to muster at the lifesta-

tions I expect they would find several people unable to respond because they could not squeeze out of their vehicles. The result could be an order to remove one lane on the Balfour deck, severely reducing its capacity and making it by far an inadequate replacement vessel when the Osprey is out of service for scheduled or unscheduled maintenance. The other opportunity to be explored is to "right size" the next vessel. Perhaps a new vessel carrying 60 vehicles would be more economical (lighter, more modern engines, less draught) to operate for a majority of the year rather than the Osprey. Making the Osprey the backup vessel for peak times of year could extend its lifespan while the new vessel shoulders most of the work from day to day. When better to start the discussion than during the 10 year planning initiative?

At our June RDCK Board meeting one of my colleagues put forward a request to meet with the Minister of Transportation in the fall during our annual local government conference to discuss, amongst other things, the relocation of the Balfour ferry dock. That topic has been controversial but it would make little sense to look at it in isolation without addressing the key issue of the vessels. If we are accepted for the meeting with the Minister I plan to be there and look for your thoughts and comments now.

LOWER KOOTENAY BAND CANOE TREK: Over the past few months I have been providing updates on developments with the LKB as they prepare for their member referendum on the proposed incremental treaty agreement which would see a land transfer between the province, the LKB reserve lands and the RDCK. I have gone over the proposal, which involves land in Area A at Burdens Cut, in past submissions. Please call me or contact the LKB directly if you want more information. The LKB referendum date is set for July 23.

As a lead up to the referendum, the Ktunaxa Youth Canoe Team made their symbolic trek from Kuskanook to Burdens Cut (Gambling Otter) on June 19 and 20. The trek was a prelude to an anticipated homecoming for members of the band. Dozens of members of the east shore community came out to wish them well as they departed from Kuskanook, camped north of Twin Bays, shared refreshments and snacks at Mackie Park near the Boswell boat ramp and wound up their trek with a feast at Burdens Cut across from the site known to the LKB community as Gambling Otter. Chief Jason Louie explained to me that the image of the gambling otter can be seen along the ridge in the Selkirk mountains from that point, just as many other images which relate to the Ktunaxa creation story are seen along the lake. Perhaps some of our local historians and Chamber of Commerce members can work with the LKB to identify these features and help promote some of the cultural history of the band.

Several members of the team noted to me how welcome they felt with neighbours from along the lake coming out to meet them and support them. My thanks to our community volunteers who made it happen. You showed the warm and supportive side of the lake community at its best.

On a related topic, on June 13 at the Wynndel Hall we heard a very interesting presentation by Curtis Wullum, the LKB economic development manager, on their new and evolving projects. This was part of the economic development forum sponsored by the RDCK Area A Economic Development Commission. As time permits Curtis is willing to share his presentation with other communities.

MORE FIRE AND LESS WATER: Stats are out now to confirm what we all realized as spring progressed - we had less than average snow through our winter followed by less than average rainfall for much of the spring and higher than normal temperatures. None of us need to be reminded to be cautious in our forests, but our visitors need to be asked to be equally cautious.

As always, extensive statistics are available on lake and reservoir levels plus stream flows throughout the Columbia Basin. Kootenay Lake levels declined sharply from 1747.1 feet on June 10 to less than 1745 feet by June 23. The peak lake level has only been less than 1747.1 eleven times over the past 42 years so this is definitely a year of lower flows. Notably we are still in much better shape when it comes to water than our neighbours just to the south. The dry weather in the southern (US) basin had been offset by an extreme rainfall event on June 20th where 24 hour rainfall totals in many areas within the basin ranged from one to six inches with amounts close to ten inches in 24 hours near the continental divide. The result is more water was spilled from Libby in late June which gives a boost to our lake level a few days later. The downside to alternating dry and extreme wet cycles is greater chance of slides and erosion during the high flows.

In order to assist individual landowners to prepare for the fire season, an information session on urban interface fire readiness was coordinated in early June by our Selkirk College rep Laverne Booth. There was a free public presentation at the Crawford Bay Hall on how to "firesmart" your home and property followed the next day by an all day course on wildland urban interface hazard assessment and mitigation. Please look in this issue for information on a second session in early July.

If you have questions or comments on any topic please drop a note to gjackman@rdck.bc.ca or call me at 250-223-8463.



Small Business Opportunity

Can you provide a simple lunch for purchase by participants at the Shokunin, Kid's SMART camp & Medley Arts Camp between July 21-31??

Please email a sample menu with cost per participant for 9 days for up to 30 people each day to eslearningplace@gmail.com by July 7, 2015.

Keep it simple and nutritious!



Buying? Selling?



Do you have a business or commercial property to sell on the East Shore? Are you thinking of investing on the East Shore? Do you know someone else who is? YOU could be listing your interests with InvestKootenay.com for FREE to increase your results and/or exposure ...and there's no obligation.



The PAC Box

Your Parent Advisory Council is working hard as a liaison between school and families and would like to take a moment to let you know about what's going on...

PAC MEETING: No more meetings until September... Enjoy your summer!

THANK YOU: Big thanks to all the HOT LUNCH VOLUNTEERS who stepped forward this year to help Tyler out in the kitchen! You are remarkable community members and we appreciate you! Also, thanks to Gleaner's in Creston for the impressive donations of non-perishable food items to our lunch program.

NOTES: Please note for the next school year, there will be a cap of 10 meals put on the number of lunches that a student can have on credit. We appreciate your cooperation!

The North Bay Pavilion in Riondel is available for events:

This affordable, comfortable and beautiful covered structure is perfect for any occasion, whether that be a birthday, anniversary, wedding, family get-together...



Info? Diane Derbyshire:
250.225.3548

Researchers/Consultants Wanted

Three Researchers/Consultants needed for an action research & feasibility study for a social enterprise to support lifelong learning in Area A of the East Shore of Kootenay Lake. Work will be between January & April of 2016. Pending funding. Please send expression of interest to eslearningplace@gmail.com by August 30, 2015.



July Horoscope

by Michael O'Connor

Tip of the Month:

Venus and Jupiter conjunct in Leo are 'all the rave' now. This is a hot, passionate, sexy, romantic, playful, dramatic and altogether fun combination of energies. Jupiter has been in Leo since mid-August 2014 and Venus just entered the sign of the proud lion on June 5th. While 'aware' of one another, the flirting really began on about June 19. Since then the chase really began and the union when they will finally join as one, occurs on Canada's Birthday, July 1. This will lend a very special charm to the fireworks indeed!

On July 19 the affair will cool off as Venus enters Virgo, not her best sign placement at all, no... not at all precious. However, as if lured back by unrequited love and passion Venus will literally, or at least apparently, hover at Virgo's gate, slow down to a pause, stop altogether on July 25, then turn... retrograde and begin to move back towards her beloved Zeus once again. Venus will re-enter Leo on July 31st where she will be met by Jupiter moving towards her just as quickly where with bated breath they will engage in long embrace before joining as one once again by exact conjunction on August 4. For an entire week the star struck lovers will linger finally saying their farewells with long kisses mixed and bitter sweet promises of future reunion.

Yet, Venus retrograde is extra passionate, sensual and outright erotic than when direct. All the while with Jupiter she has been secretly aware of Mars, her other longtime lover, having entered Leo himself on August 8. As much as she could hardly tear herself apart from great Zeus it would have been a lie to say she was not excited about seeing her Mars. Jupiter out of the picture for now, having entered Virgo on August 11, Venus

turns to run with hastening pace to meet her other true love knowing that she would be reunited with Mars once again on August 31 at the pinnacle point of the Leo. Get ready for a really hot summer.

(Read more in my Newsletter. Sign-up is free on my website.)

Aries (Mar 21 – Apr 20)

A rather deep cycle has begun. It is making you dig beneath the surface. The results of it will leave you feeling and perhaps even looking changed. You can choose to consciously engage to support a desired outcome. At surface levels you are in the mood to play. You can focus on both extremes and thereby strike the balance. Focus to have it all.

Taurus (Apr 20 – May 21)

Your energy levels are running high and your confidences as well. Good thing too because people and circumstances are pressuring you to re-assert your commitment to the future. As old beliefs and philosophies steadily yield to new ones you are discovering that your relationship dynamics on a variety of fronts are changing. Play along and be willing to learn, grow and evolve.

Gemini (May 21 – Jun 21)

You have entered a time during which fixes, repairs and/or healing is destined to occur. These procedures will not be easy overall nor will they be completed quickly. Extra efforts and patience will be required. The good news is that you can see and feel the light and warmth of love and blessings surrounding you. Allow these to energize your resolve.

Cancer (Jun 21 – Jul 22)

You are entering new territory with bold strides. Opportunity is knocking and you are determined to answer. Rewards for previous efforts are featured. Many thoughts are running through your mind however and you may feel a bit overwhelmed. Circumstances may even be provoking you to clarify hopes, make wishes and perhaps even utter prayers.

Leo (Jul 22 – Aug 23)

A busy time behind the scenes continues. Important meetings and rich exchanges with others are likely. You feel inspired to take a few risks and express your thoughts, ideas and feelings elaborately. This is a good time for artistic expression or at least dramatic displays and carefree fun. In the deeper end the time has come to lay claim to gifts and powers that await your command.

Virgo (Aug 23 – Sep 22)

Your individuality is shining more brightly of late. You may even feel more rebellious than usual and even defiant. Although you may feel protected and blessed, you are still required to draw upon hidden reserves of faith. Reflections upon why you think, perceive, interpret and communicate the way you do are beginning to activate pivotal changes in your usual self-concepts.

Libra (Sep 22 – Oct 22)

If you have been waiting to get some extra attention the opportunity has arrived. In your public and professional sphere you will take an assertive approach but some might refer to it as aggressive. In your friend sphere however you stand to be the star. Sharing quality time with an emphasis on fun will bring out the performer in you and your audience is in for an exciting show.

Scorpio (Oct 22 – Nov 21)

A pattern of complex energies is indicated for you. Mixtures of philosophical, spiritual, visionary, rebellious and determined energy patterns are vying for your attention. All of this is packaged in a spirit of expansion and creative leadership. This is hardly a frivolous time and your attitude is somewhat sober and serious. The future beckons and you can tap into any or all of the above to activate an effective momentum.

Sagittarius (Nov 21 – Dec 21)

Your ambitions are on the rise. Beyond the outer and obvious objectives, what you really want is to experience more inner peace. By letting go of attachments and reconsidering what is important, you can relieve a lot of stress. Be willing to make a break with prior beliefs, self-concepts and lifestyle patterns and rhythms that no longer satisfy.

Capricorn (Dec 21 – Jan 19)

Quality time shared with family and friends sounds good. Yet, there may be a few twists in the plot to contend with. Personality conflicts, interests and interpretations that do not mesh or even which clash are woven into this plot. With awareness, a flexible attitude and positive intent such challenges can be overcome. Without such harmony tools the results could be compromised.

Aquarius (Jan 19 – Feb 19)

Sincere efforts to get to the bottom of things in certain respects will likely prove successful and rewarding this week. Changes in your career will affect your daily rhythm. You are in a good position to receive some added recognition, but you may have to work a bit harder for it. Be willing to refine your skills and update your resume perhaps to take full advantage of this window of opportunity.

Pisces (Feb 19 – Mar 20)

A creative and playful mood continues. Yet, it may be woven with a bit of complexity and drama too. This is an invitation to dig beneath the surface and gain a new appreciation of perceptions and how commonly every person ultimately interprets reality their way. Focus to appreciate yours and their individuality, acknowledging and respecting differences.

Michael O'Connor - Life Coach Astrologer
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 250.352.6871
Affirmation*Inspiration*Vision*Strategy
Author of the forthcoming book:
What Astrology Can Do for You

Next Deadline: July 22, 2015

COMMUNITY HEROES

a Mainstreet Feature

Who have you seen doing great things? Who gives back to their community with a full heart? Who deserves a nod? Send the name of the person (people) you'd like to recognize and a brief description of why you think they hold the esteemed title of... Community Hero! Please include your own name in the submission.

Greg Blackwell: I nominate Greg Blackwell for his quiet strength and good humor and his ability to learn about and support the non-profit groups of our area.

Lorna Robin: I appreciate Lorna's low key, practical approach to moving things forward as the Chairperson of the Economic Development Commission.

Garry Jackman: I nominate Garry for working really hard on behalf of Area A and knowing and sharing his deep knowledge about non-profits, Robert's Rules and so much more.

-Laverne Booth

Gina Medhurst: Gina recently won the Kootenay Business Magazine "Creston, Retail, Small Business, Influential Women In Business" Award and has been a dedicated volunteer, business owner and community member on the East Shore for many, many years. Well done, Gina!

-The East Shore Mainstreet Desk



AREA "A" EDC Economic Development Commission

next application deadline: Oct 31st, 2015

Projects for Area A (East Shore, Riondel to Wynndel) for the promotion of economic development may be eligible for a grant from the Regional District of Central Kootenay.

Potential applicants are invited to tell us about your idea... we will help round out your plan and connect you with an appropriate umbrella organization.

For information please contact:
 Lorna Robin, EDC Chair 250-225-3333
lornarobin@bluebell.ca

Community Connections (aka South Kootenay Lake Community Services Society, SKLCSS) is a registered society that may be able to sponsor your application.
 email skootenaylakecss@gmail.com

 Why not visit www.InvestKootenay.com ...? over 1000 investors are registered!!... list your business opportunity FREE compliments of Area A EDC.



Hacker's Desk

by Gef Tremblay

Making Sense of it All

I tend to try to make sense of everything that happens to me. I always had a feeling of a greater power, call it life, God or Goddesses, and a concept of karma, or cause and effect. Events would happen for a reason - and I believed my behavior would be the cause of it all, so in a sense I would be the conductor of my own destiny.

When life presented me with a life threatening situation, making sense of this whole event was quite an ordeal. Was I being punished for my actions? What actions would that be? Didn't I read the signs? I had a few strong dreams about hospitalization; why didn't I listen? And of course the all-mighty: am I a good person? Why would I deserve to die?

I couldn't really make sense of it, and not reflecting about it for a while was probably the best solution. While trying to change my mind and reading about some design-related books I came across quite an enlightening chapter:

"People who are frustrated by an inability to make meaning out of really important experiences in their lives may end up doing things like committing suicide or homicide; attributing the bad or good things that happen to them to a plot, conspiracy, or divine plan (paranoia, delusion of grandeur); or withdrawing into a life of pure fantasy where they can completely control meaning (schizophrenia). Most people can tolerate a certain amount of meaninglessness in their lives - indeed, you must develop this ability in order to survive. Certain people, however, seem to have an unusual ability to withstand- or even prefer - a larger amount of disorder and chaos than normal: highly creative and productive artists, writers and scientists... The innovator in any field, because of his very nature, has found that certain conventional orders and rules are unable to satisfy his needs for meaning. Instead, he feels he must create his own structure of meaning. This accounts for certain stereotypes such as the "crazy artist" and the "mad scientist". (*Principles of Visual Perception*, by Carolyn M. Bloomer.)

I felt this psychological approach to understanding reality was quite comforting. I could allow things in my life to not make sense, and it's actually important to do so. The message was clear: "Don't drive yourself crazy about an event that doesn't seem to make sense". This was somehow reinforced by a saying one of the teachers shared with us at the last sweat lodge I participated in. "Life is hard," he said, "We can't always blame ourselves about what happens in our life".

The question is still in my mind, and my life has changed since that event. Although it might not 'make sense' I still can use that event as a teaching lesson. I have to be careful not to fall prey to becoming afraid to live. It's hard to remove the feeling of being punished for something I did, and since I've been punished once, what if I don't get it, will I be punished again? Am I to live in fear?

Fear has always played quite a role in my life. I am not sure why since there aren't many 'bad' things that have happened to me, but fear of death, fear of being sick, (being born in July under the sign of Cancer never really help me with this one), or even fear

of my own potential has always lingered around me and sparked up once in a while in moments of weakness. One technique I use in these situations when I feel helpless is to relax, breath and enjoy the moment while it lasts. Although I might be afraid of something in the near future, at that precise moment, I can be happy and enjoying life. I am the only one who can make that decision.

It occurred to me many years ago, while walking down an old train track... At that precise moment I realized, I could be as happy as I wanted to be. I decide how happy I am and in most situations in my life, I make that decision. Maybe under pain and suffering or intense situations it can be harder to do so, but I realized that most of the time, 99% of the time in my life, I could be in a position where I can decide my own happiness. This realization was shocking, I had to stop walking, I couldn't move anymore, I felt reality was jerking around me as if someone had pressed pause on the video of my life (like an old vhs would jerk when on pause).

All these teachings come back to me, in moments here and there, and I try to make the most out of them. I feel that my fears have subdued a bit and I can enjoy life again and relax a bit more. Although it might not really make sense to me at this point, I hope that I won't need another reminder that life is precious and I have to make the most of it.



Hidden Taxes

by David George

Do pigs have wings? Or... can our post offices be saved?

'The time has come,' the Walrus said,
'To talk of many things:
Of shoes---and ships---and sealing-wax---
Of cabbages---and kings---
And why the sea is boiling hot---
And whether pigs have wings.'

---Lewis Carroll, *Through the looking Glass, The Walrus and the Carpenter*

The time has indeed come to talk again about one of our oldest Canadian institutions, one which is essential to us, particularly those of us who reside in the East Shore communities along beautiful Kootenay Lake.

Canada Post, until 1981 officially known as Royal Mail Canada, has been delivering mail to Canadians for almost 150 years. Last year Canada Post delivered nine billion items through 6500 post offices. Those nine billion items included about four billion pieces of domestic lettermail, down from five billion in 2006.

Last year, 2014, Canada Post, which also owns a majority stake in Purolator Courier made a profit of \$299 millions. Not too shabby for a Crown Corp. Why, one has to ask, is Canada Post now crying poor mouth and claiming it urgently needs to reduce hours of service at our East Shore post offices?

In Crawford Bay, we all recently received in our post office boxes a note from one Norm Ouellet, Local Area Manager for Canada Post, informing us that as of July 13 our local postmaster Julia Schmidt will have her hours cut from 32 hours a week to 27 and a half for a five day working week. When we first moved here the post office was open Saturdays for people to pick up and post mail, even though mail would not go out until Monday.

The other post offices along the East Shore at Riondel, Gray Creek and Boswell face similar cuts in hours of business. Riondel has already had hours reduced. This is bean-counting in its most virulent and execrable form, and must not be tolerated. Of course, the CEO of Canada Post, Deepak Chopra (not the Indian writer) is a certified general accountant, and thus head chief bean-counter. Does anyone suppose his hours have been cut? I think not. Has Norm Ouellet had his hours cut? I think not.

So the question arises - does Canada Post need to make more profit? I say no, it does not. It provides an essential service, which must, if necessary, be supported by tax dollars. It already has to charge a five percent Goods and Services tax on almost all its products. Does that go to support Canada Post? I think not. Pigs might fly...

I strongly urge everyone reading this little two-bit monthly column to take action to preserve our Post Offices. Let's get those pigs flying! Phone this Norm Ouellet at 250-365-7491 and let him know how you feel about our post offices and their essential service.

Let our own MP David Wilks know how you feel also. This is an election year, and he is most likely paying attention to the concerns of his constituents. Ask him to overturn cutbacks in hours of our post offices. Toll free: 1-800-668-5522 or 250-417-2250. Mail: David Wilks MP, 100-B Cranbrook N., Cranbrook, BC V1C 3P9. Email: david.wilks@parl.gc.ca



Small Business Opportunity

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Please email a sample menu with cost per participant for 9 days for up to 30 people each day to eslearningplace@gmail.com by July 7, 2015.

Keep it simple and nutritious!



HATHA YOGA
on the east shore

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* No class July 27th

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* No class July 15th

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We Are Berry Excited! The Fall Fair Committee

by Nancy Galloway

This year's Fall Fair promises to be especially wonderful, as we have a great committee hard at work and full of amazing ideas.

In addition to the always wonderful music, food, cake walk, Iron Chef and eating contests (this year it's berry pie with whipped cream, in keeping with our berry theme), we will be having CHICKEN BINGO and GOAT RACES! What are these, you ask? Well, you'll have to come and see.

The Fall Fair will be held on Saturday, September 12 from noon -5pm. We plan to kick off at 12:30 with a BICYCLE PARADE. That's right – decorate your bikes and show them off.


Please prepare to enter your berry jams, brownies and pickled asparagus in the Taste Testing, which will go on from 1-4pm.

The Fall Fair booklets are already out in the stores, so you can plan ahead and whip up something for a category you may never have entered before. For instance, we have three categories for kit wines this year. We have reinstated the miniature bouquet category, which was hard fought in earlier years. Grab a booklet and try something new.

If you'd like to help out on the day of the Fair, please contact Nancy Galloway at 250-227-9233 and let her know.

Also, if you're on Facebook, check out our page: Kootenay Lake Fall Fair. It has loads of interesting DIY, gardening and cooking hints, as well as jokes and cartoons. Something for everyone...

...so you think you're funny?



Announcing the 3rd Annual Kootenay Gut Buster Comedy Contest!

July 10th, 2015 at Newkey's

Winner will get a 5-minute spot at the 2015 Kootenay Gut Buster!

Bring your material & we will coach you!
Call Paul at 250.551.5005 for info.

Gray Creek Hall News

by Janet Schwieger

Gray Creek Hall directors are busy making improvements to the 1912 hall. Big ones like the kitchen and water system are finished and smaller projects are in process.

- **A new improved toilet** is installed, and a new washroom sink is in the works (maybe even with hot water).

- **Spotlights** for the main hall are being installed
- Wall or ceiling attached **performance lighting** for the stage

- **The new website** – check out www.graycreekhall.com. It is now easier to book the hall for meetings and events. See also the Calendar of Events. Thanks to Garry Jackman for a discretionary funds grant to pay for the website expenses.

- **Facebook** – the Gray Creek Hall is now on Facebook. Search Gray Creek Hall to find us.

- With many wedding rentals, we are asked if there are people in the **cleaning business for hire** on the East Shore, as well as **caterers**. If you are interested in being on a list, please contact us with your details so we can pass them on to renters.

- **Email list** – we send out informative emails from time to time to locals about Hall events. If you have not received them, contact me and I will put you on the list.

- **A new roof?!** We feel it is time to consider reroofing the Hall. We will gather several quotes; local contractors can contact us.

With financial help via rental income, fundraisers, and an annual Recreation #9 grant, as well as tons of volunteer hours, the hall is in good shape as a community gathering place.

Current directors are Tom Lymbery, Stephen Albrechtson, Janet Schwieger, Will Chapman, Christina DePape, Bonnie Schutter, and Brigitte Picard.

Maintenance and lawn mower – Mick Farran.

Events coming up:

- Yoga, with Melina every Monday 7-8:30 pm, July and August (except July 27)
- Intuitive Painting class with Ted Wallace July 9 and 10 (Thursday and Friday all day).
- Museum Days July 24-27 (Friday through Monday) 12-6 pm
- Kindermusic, with Ellie Reynolds – every Tuesday in August.
- Inspiration and Idea Development art class with Ted Wallace. August 19 and 20 (Wednesday and Thursday all day). Contact Ted or myself at the number below to book.

Any questions, call Janet Schwieger at 250-227-9201. schwig@theeastshore.net

Museum Days 2015

by Janet Schwieger

Mark July 24-27, 12-6 pm on your calendars. Every year the Gray Creek Historical Society has newly found stories to tell and history to mark. This year is no exception, as we can show off new collections on:

Sir John Eardley-Wilmot – we have talked a lot about Sir John over the years as his legacy is still enjoyed to this day. Hall users standing on 1920's beautiful wood floor can thank Sir John - he pretty much paid for the lumber. We will show off the newly found photos of his original house, which inspired "Little Grey Home in the West", the construction of his second 1911 house and the people around him.

Bruce Paterson – Bruce will bring his sketches and art to the Hall, and will have his two books for sale, *Kootenay Cameos*, based on his sketches. He will also have prints for sale. Bruce's intricate sketches of area scenes had been featured in East Shore papers for years. Bruce taught at the Crawford Bay High School for many years – stop by and say hello.

Brenda Dau will be back with her *Dorothy's Stormy Lake* books for sale and lots of memories to share of growing up at what is now the Ashram property.

Gray Creek Pass – is 25 years old. We will show photos and info that mark building the pass.

See a sneak peak at a future photo display of music and song on the East Shore.

The Trunk – visitors to last year's Museum Days will remember how fun it was to hunt through the trunk and find treasures within. This year it will be filled with newfound historical items.

Disasters, mostly natural - See a photo display of floods, rockslides, storm damage, and avalanches – leading to all sorts of East Shore chaos over the years.

What is it? - Visitors figured out last year's donated item was an internal mold for building an iron cast form for the bollard for sternwheelers. What odd item will we have this year to identify? Better come and see if you can identify them as we have several, in addition to the internal mold from last year that we need more info on.


Old technology – you can see the cutest little record player that you crank - meant for 78-rpm records, several old tube radios, a 'cooler' that travelled the Panama Canal when it first opened, and more.

Will Bayliss art – we will have binders of copies of the growing collection of Will Bayliss art and several newly found pieces.

Binders – Speaking of binders there will be numerous ones available that capsulize many of our past displays.


Cool treasures - from the old Gray Creek Store to display and much more.

See you this summer and don't forget to bring your reading glasses!



Yasodhara Ashram
YOGA RETREAT & STUDY CENTRE

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A performer, teacher and Artistic Director of Shakti Dance Society, **Anusha Fernando** brings her understanding of Bharata Natyam Indian Classical dance's depth of tradition and its potential for new creation to Yasodhara Ashram for two special offerings.

<p>DANCE CLASS</p> <p>Saturday, July 4th 10:00am - 12:00pm \$50; \$25 deposit Call to register</p>	<p>PERFORMANCE</p> <p>Saturday, July 4th at 7:30pm \$20 Adults \$15 Seniors & Children Tickets available at the door</p>
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All Welcome (250) 227-9224 yasodhara.org

New Menu Items: Shrimp Skewers, Lasagna, Sliders, Pot Balls, Cranberry Mandarin Salad & Deep Fried Ice Cream!

Check out our HOT JULY SPECIALS AND EVENTS!

- *Every Monday we're going Mexican!*

Come in to check out our great food & drink specials...

- **KGB Amateur Comedy Contest: July 10.** (We're proud sponsors of Kootenay Gut Buster Comedy Festival - July 25/26)
- **Starbelly Weekend: Pancake Breakfast, July 18/19, 7:30-11.**

& Live music Friday Night after the music in the park...



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KGB- Kootenay Gut Buster Comedy The Funniest Vacation Ever

press release by KGB Comedy Festival

What is the Kootenay Gut Buster, or KGB show, some may ask? It is a comedy-concert-vacation-experience and the funniest vacation ever. Two full nights of outdoor stand-up comedy with over nine comedic acts, plus a band. People get to experience an outdoor comedy/music show with professional performers who are also on vacation, enjoying the area.

It began in 2005 when the creator of the Kootenay Gut Buster, stand-up comic Daryl Makk, was looking for a way to enjoy a summer vacation filled with laughs.

Four stand-up comics descended upon the beautiful Kootenay area of British Columbia and did a single comedy show at Toad Rock Motorcycle Campground just outside Balfour, BC. It lived at Toad Rock for another five fun years before moving to Crawford Bay, BC. Its new home is in the picturesque little town of Crawford Bay, which offers a variety of accommodations including camping, chalets, cabins, hotels, golf resort and luxurious bed and breakfast for accommodations.



Headliner Pete Zedlacher at the 2014 Gutbuster

The event has been so well received it is now entering its 10th year and covers two full nights of hilarity. The comedians you will see have been on TV, satellite radio and have attended the major comedy festivals of the world. They come here to have a vacation themselves. It has become so popular among the comedy community there is a waiting list to perform on the show. For the past two years, one talented local gets the chance to perform with the pros if they win the KGB Comedy Contest. This year it will be held at Newkeys Pub on July 10, 2015.

The Kootenay region of BC is filled with wondrous things and attendees are encouraged to get out and explore it during the day. It's the kind of place visitors feel they can unplug from a hectic city pace and enjoy life at a relaxed rate that can be savored. Many have added extra days to their trip just to take it all in.

At night everyone gathers at the Crawford Bay Community Park to enjoy the outdoor concert. It begins at dusk with a band. Once darkness falls the comedians take to the stage to make the valley howl with laughter! There's a beer garden plus food vendors on site so attendees can forget about cooking and just enjoy the fun.

It's a show you just can't get in a comedy club but one you will be talking about for a long time.

It's your vacation. It's their vacation. Lets enjoy it together and have the funniest vacation ever! Join us July 24, 25. www.kgbcomedy.com

Music Festivals & Sustainability

by Farley Cursons

The ability of music festivals to inspire awareness and activism in people is fundamental to the journey toward sustainable event management. At a time in which life has become more globalized, digitally connected and communities have become more socially fragmented, it is important to remember the shared humanity of all people. People are in need of celebrating their common humanity and diversity, as well as their art and their joy.

Music festivals can fill this need as they are a cultural celebration that builds human connections and strengthens solidarity to become a natural and renewable power that allows people to remember and celebrate what it is to be human. Festivals are a way of being, in which individuals can safely be themselves while simultaneously being with many other types of cultures and personalities. In this and many other ways, festivals build community, diversity, tolerance, and positive values.

At their finest, music festivals provide profound positive benefits to society that are integral to a sustainable world. The primary benefit of music festivals is their ability to support the economic development of host communities. They bring massive revenues to host cities, support urban renewal, increase tourism, job provision and other commercial outcomes. Music festivals have a unique ability to build community spirit and support a community's sense of place. Many music festivals have developed successful and innovative ways to incorporate environmental stewardship as well as implement education methods which bring awareness and activism ideals to festival patrons.

Unfortunately, these important benefits of music festivals are often encumbered by their negative impacts. Music festivals often carry enormous ecological footprints by consuming large amounts of energy, water, food, and natural resources, while producing significant waste and carbon emissions. They can put great pressure on a host community's local infrastructure, facilities, and physical spaces, making them compete for critical resources. Festivals can become overly commercialized and have been criticized for undermining local culture, traditions and identity with commercial ideals. Festivals have also been shown to bring negative social impacts to host communities like over-consumption, substance abuse, increased criminal activity or community alienation. "One-Off" events have also come under great criticism for straining community resources and leave a footprint that is neither socially nor economically sustainable and which does not consider the long term benefits of the host community. There exists an interesting relationship between the positive and negative impacts of festivals, and each festival demonstrates this relationship differently. However, when these negative impacts are mitigated and positive impacts nurtured, music festivals have great potential to become positive forces for change.

The Starbelly Jam Music Festival is committed to being an environmentally responsible event and we work closely with our partners to plan a festival which will reflect "green event" best practices. We recognize that we are in a promising position to make a lasting and meaningful contribution to society. We understand that music festivals sit at the center of a series of suppliers, artists and festival goers. Music festivals can affect change along an entire supply chain, educating all stakeholders about the importance of sustainability.

The next time you're at a large ticketed event and food is being served on styrofoam plates with plastic cutlery and cups, you can be sure that the goal of short term profit has eclipsed the organizers vision of event

sustainability. A small three day festival using unsustainable event practices such as that, with an average attendance of 2000 patrons, will have added a ton of garbage to the landfill. Now, add food waste and general garbage to that weight and your going to overwhelm the transfer station. For the organizers, artists and patrons it's a simple matter of choice.

Starbelly Jam Music Festival is a family oriented, three day, all-ages event held in Crawford Bay, BC. In 2014 we peaked at 3900 patrons. Notably, we distributed 900 children's wristbands over the festival weekend. Starbelly Jam is a registered non-profit society which has for several years adopted a culture of sustainable awareness by minimizing our environmental impact through a number of considerations. Reduction of waste through recycling and composting as well as using bio-degradable plates and cutlery keeps over two tons of garbage out of the landfill each festival season. In 2014 with over 4400 people on site, only 15 bags of actual garbage went to our local transfer station. Our primary sustainability partner is Todd Veri from MyCrobz Bacteria Solutions in Winlaw, BC. All bio-degradable waste is composted using the traditional Japanese Bokashi method and donated to community food groups or local farms.

We encourage everyone to bring their own water bottles or containers (not glass) as abundant fresh water is available on the festival site. No beer garden means no plastic pint cups for waste crews to manage. We also heavily promote local transit and car pooling to our event as well as hire local contractors to help reduce our carbon footprint. With no heavy corporate sponsorship our festival is a result of thousands of hours of volunteer effort and is a true celebration of community spirit and sustainable event practices.

To find out more or to get weekend pass at an "early-bird" rate go to www.starbellyjam.org. The 2015 festival dates are: July 17, 18 & 19. See you at the festival!

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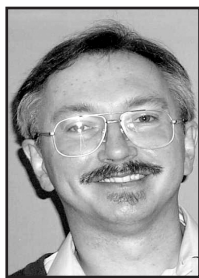
**15964 Hwy 3A, Crawford Bay
250-227-9506**

Next Deadline: July 22/15



Seldom Scene

by Gerald Panio



*Sugar man, won't you hurry
'Cos I'm tired of these scenes
For a blue coin won't you bring back
All those colors to my dreams*

*Silver magic ships you carry
Jumpers, coke, sweet Mary Jane*

*Sugar man met a false friend
On a lonely dusty road
Lost my heart when I found it
It had turned to dead black coal*
--Sixto Rodriguez, "Sugar Man"

I don't watch enough documentaries. For a movie buff, that's kind of a sad admission. And with online access to Netflix, the NFB, Open Culture and Snag Films my only real excuse is that the internet's just too much of a good thing. My saving grace is friends who help me break my regular viewing habits by recommending cool stuff to watch. One of those recent recommendations was *Searching for Sugar Man* (212), a music documentary by Swedish TV journalist Malik Bendjelloul.

There are several dimensions of documentary filmmaking that can draw me in. One is the chance to deepen one's understanding of a unique individual's (or group's) life and/or work. That individual/group might be Paul Robeson, Glen Gould, the Funk Brothers, or Harlan coal miners. Another source of documentary appeal is the chance to share in one of those surprisingly-not-rare-truth-is-stranger-than-fiction stories. Occasionally, the two combine and we get something like *Searching for Sugar Man*, which ended up winning an astonishing number of awards at major film festivals around the world.

The film's genesis begins in South Africa. Stephen "Sugar" Segerman works with Polygram records on the re-release of an album by American songwriter Sixto Rodriguez. In apartheid-era South Africa, Rodriguez's two albums have outsold just about everything but the Beatles' *Abbey Road* and Simon & Garfunkel's *Bridge Over Troubled Water*. Rodriguez's lyrics, echoing early Bob Dylan, Phil Ochs, and Eric Anderson, had become the focal point of a youth rebellion against the South African government's tyrannical stranglehold over its population. Rodriguez's lyrics openly addressed sex, drugs, and social injustice. Government censors were outraged to the point of physically scratching out selected tracks on any copies of the albums that fell into their hands. The repression only served to intensify the bond between the music and its youthful audience.

All of this sounds par for the course. Rock'n roll rebellion, disaffected youth, yada, yada. Segerman's epiphany came when, as he worked on the liner notes for the album, he realized there was absolutely no information about Rodriguez to be found anywhere. Nothing in South Africa, nothing in the U.S. All there was were album cover photographs of a striking young man with long dark hair, sunglasses, and Native American features. Word on the street had it that Rodriguez had committed suicide by lighting himself on fire onstage, had shot himself in the head onstage while reciting his own epitaph, had been thrown into prison for murdering his wife, or had died of a heroin

overdose. Intrigued by both the lack of concrete information and the surfeit of rumor, Segerman included a comment in his liner notes expressing the hope that some musical detective might look into tracking down the real story.

That detective turned out to be a Johannesburg journalist named Craig Bartholomew-Strydom. At first, Bartholomew tried the classic strategy of "follow the money." Rodriguez had sold hundreds of thousands of copies of his albums in South Africa, and surely the royalties had to have gone somewhere. Incredibly, this investigation dead-ended. Bartholomew became even more intrigued. He and Segerman set up a website called "The Great Rodriguez Hunt," and it eventually struck gold.

Director Bendjelloul unravels the mystery with superb skill. His cameras take us from Cape Town to Detroit to Palm Springs, gliding between present and past, buoyed by a dozen of Rodriguez's original songs on the soundtrack, slipping from time to time into Edward Hopperesque animations, riding on the wave of wonder that grips Segerman and Bartholomew as they come to realize that the mythical rock'n roll martyr they're pursuing is actually alive and well and living in Detroit.

That's not a spoiler. The story just gets more interesting from that point on. It involves carpenters, bricklayers, a derelict house bought for \$50 and lived in for 40 years, loving family, musical resurrection, and one of the most amazing lessons in humility the cinema has ever offered.



Just prior to writing this column I went into Nelson and easily picked up re-issues of Rodriguez's two albums, *on vinyl*. Back around 1994 when Segerman was first starting to ask questions, the odds of finding anything at all by Rodriguez in North America would have been close to zero. As fans repeatedly point out, it's as if the world suddenly discovered that Elvis and Jim Morrison never really died, were willing to call you

at one in the morning, and after a quarter of a century were about to step back onstage looking pretty much the way they did in their prime.

You can't make this stuff up. No wonder that when word came out that the suddenly-not-dead Rodriguez was going to play a series of concerts in their country, critics in South Africa were sure that they were dealing with the biggest musical scam of their time.

At this point, I'm going to take a bit of a detour. There's a Canadian connection here that I'd like to make. Two recent articles by Doug Ward on the Tyee website, "The Vancouver Crate Digger Mining Buried Gold" and "On the Road Again: Willie Thrasher's Second Life" develops a homegrown musical story that beautifully complements that of Rodriguez.

In December 2014, Kevin Howes, a Vancouver deejay, was responsible for the release of an album called *Native North America Vol. 1: Aboriginal Folk, Rock, and Country 1966-1985* on the Seattle-based reissue label Light In the Attic Records. Fulsomely praised by *Rolling Stone Magazine*, *The Georgia Straight*, and *The Guardian* newspaper, this collection of Canadian aboriginal music was the product of years of Howes's unique take on cultural anthropology: scrounging through garage sales, flea markets, and thrift stores for off-the-grid vinyl. One of the artists featured on *Native North America* was Inuk

singer-songwriter Willie Thrasher. Like Rodriguez, Thrasher unexpectedly found himself back in the limelight thanks to the passionate sleuthing of fans like Segerman and Howe. In the wonderful no-borders-to-culture way of our modern world, Thrasher even got to watch *Searching for Sugar Man*: "I took it home and watched it and everything was familiar with me. That movie just woke me up. I loved the music, I loved the story. I thought, I'm the Inuit Sugar Man. That's what a lot of people told me."

And the story doesn't end there. Kevin Howe had actually been listening to Rodriguez's music for over a decade. Before the release of *Searching for Sugar Man*, he visited Detroit and interviewed Rodriguez. He even wound up writing the liner notes for those two albums I bought in Nelson. Synchronicity? Serendipity? Who the heck knows? Let's just agree with Louis Armstrong that sometimes, it is indeed a wonderful, wonderful world.

Rodriguez declined to attend the Academy Awards presentation at which *Searching for Sugar Man* won the Oscar. His reason—he didn't want to overshadow the filmmaker's achievement. As award recipient Simon Chinn commented, "That just about says everything about that man and his story that you want to know."

(*Searching for Sugar Man* is available on Netflix. You might also want to check out Paul Justman's *Standing in the Shadows of Motown*, from 2002.)

Researchers/Consultants Wanted

Three Researchers/Consultants needed for an action research & feasibility study for a social enterprise to support lifelong learning in Area A of the East Shore of Kootenay Lake. Work will be between January & April of 2016. Pending funding. Please send expression of interest to eslearningplace@gmail.com by August 30, 2015.



Wallace Adkins Day - A Free Children's Art Event

photo by Bruce Gallagher

Wallace Adkins was a Riondel resident who shared his creativity through painting, landscaping and encouraging youngsters to explore their own talent. Saturday, July 4, the Circle of Friends Artisan Shoppe will follow his example by hosting a free art event, as he often did. From 11am – 2pm, participants can try their hand with various mediums. There will be lots of fun, plus gifts and self made art objects to take home. Get out your painting clothes, bring your parents or children, and join us. All ages welcome. At the end of the day, the Circle will keep on permanent display the banners we will work on communally to honour the day and the spirit of Wallace Adkins.

Circle of Friends Artisan Shoppe, 235 Fowler Street, Riondel, Sat, July 4, 11am – 2 pm. All ages welcome.

Kootenay Lake Art Connection

by Geri Gomola

We are finally ready to go... We struggled to get enough artists in the venues this year which is a positive sign for local artists, as either their work was more in demand or there are more places for the artists to exhibit and sell their work. Because artists are showing in more places they have to produce more art. Some did not have enough work completed and so could not participate this year. We had to set our scope a little farther. On the upside, we found some awesome new artists and I hope I don't forget anyone.

The Kunze Gallery that was formerly the Sandy Kunze gallery is open and our number one venue this year. They have six professional artists there.

Tragically **Harry Miller** fell and broke his neck and is in a hospital in Vancouver. Harry carved the wonderful faces out of cottonwood tree bark. His carvings are still in the **Wynnwood Store** for now but we had to enlist another artist from Creston. **Caroleen Lucas** has her work at that location as well.

Val Van der Poel is located north of the Wynndel Store. Watch for the signs.

Arrowsmith Gallery has fourteen artists showing work, one more than last year.

Emerald Eastcliff Art Gallery will be busier once the Art Connection begins and **Geri Gomola** can get back into her gallery.

Leone Lund is showing her calendars and cards at the **Gray Creek Store**. One dollar from each calendar goes to the Riondel Fire Dept.

Jennifer Moore and Zora Doval are showing art at the **Sacred Journey Art Gallery** in Gray Creek.

At the **Wedgwood B&B**, **Elaine Van Staadlduine**, a new artist from Proctor and Jennifer Moore will be showing.

In the **Kokanee Chalets**, **Jennifer Steenkamp**, one of the two artists is from Creston. **Sharmon Horwood**, a writer and professor does realistic wild life work. She spent twenty one years in South Korea and during that time was inspired to paint the nature that she missed from her native Canada.

Shelley Lamb does vibrant abstract work. Her work and that of Jenny Steenkamp will be in **Newkey's Pub** this summer. Drop by and check them out.

Jacqueline Wedge of Moonrakings Clay Art has her pottery in with **Kootenay Forge Studios** this summer. A welcome addition to their co-op.

Bruce MacDiarmid who has a studio in the Balfour area is a part of the Art Connection. (You have probably seen his signs for years along the highway). You can view his pottery on some shelves at the **Lakeview Store** this summer.

Galadriel Rael of La Gala Jewelry is a new Art Connection venue. She has wonderful handmade Jewelry and I usually buy one of the wonderful silk skirts she has in store when I shop there.

Another new artist is **Jennifer Harper** who will be showing at the **Nelson and District Credit Union**. She has a furniture store in Nelson call Social Room Interiors, and lives in Gray Creek.

Jewel Endicott and the **Stitch and Beach Quilting Shop** is showing **Diane Johnson's** work and **Brenda Panio** also has a piece there.

Another new venue is **Faeries' Landing Art Market and Bistro** which is in Kootenay Bay as well.

I am not going to name all the great venues and galleries as I encourage you to pick up your brochure at all of our venues, Creston Chamber of Commerce, on the ferry and in the Kootenay Lake Chamber of Commerce drop in centre, and check us out on Facebook.

Thanks to our sponsors, Nelson and District Credit Union, RDCK, Columbia Basin Trust and Creston Art Council.

Thanks to Greg Blackwell for listening to all my headaches and to SKLCSS. A special Thanks to Lillian Dejonghe for all her help and volunteer hours this year.

The Great Ice Cream Scheme

by Footlighters Theatre Society

Footlighters Theatre Society offers a night of comedy when it returns to the Prince Charles Theatre stage July 9 for a three-night run of *The Great Ice Cream Scheme*.

Directed by Jason Smith and Gillian Wells, the comedy will offer a modern twist on the classic melodrama format.

"We've added a lot of pop culture references and jokes, as well as songs, to add to the fun," said Smith, who previously directed *Headed South from the Great White North* in 2013, and co-wrote *Almost Golden*, which won best production at the Kootenay Zone festival, Centre Stage, held in Creston last year.

The play centres around Pop Sicle's Ice Cream Parlour, where Pop (Gary Atha) serves ice cream made with a secret recipe known only to him, his sister Nana Peel (Suzanne Chubb) and his adopted son Robin Baskins (Kevin Boehmer).

Things get sticky when cold-hearted villain I.C. Custard (Peter Simon) decides to steal Pop's recipe. He hires Parfait Deluxe (Jennifer Adams), an ex-chorus girl and total klutz, to steal the recipe from Robin — but his heart already belongs to new waitress Marsha Mallow (Zoe Marini). Adding to the chaos, the vivacious Candy Sprinkles (Derek Kemle) harbours ulterior motives — will she "drag" them all down with her?

The cast also includes Jordan Koop, Trevor Marzke, Debra Mehrer, Kelly Mehrer, Natascha Sundby and Nathan World in roles sure to elicit hearty laughter from even the toughest audience member.

"It's been hard to get through rehearsals without having the entire cast completely crack up once or twice," said Wells. "I think the audience will get just as big a kick out of it."

The production of *The Great Ice Cream Scheme* will run July 9-11, opening the troupe's 21st season, which will include a revival of Shakespeare in the Park (or something like it) — returning after a five-year absence — from Aug. 20-22.

"We keep getting requests to bring it back," said president Brian Lawrence, who will produce the Millennium Park show with Gail Kitt. "We certainly haven't run out of Shakespeare scenes to cover, so it seemed like a good idea."

The season will include two more plays, starting with the farcical comedy *Nana's Naughty Nickers* in December, directed by Gary Atha, who has been seen onstage in several recent productions (including *The Great Ice Cream Scheme*).

"This will be Gary's first time directing in Creston," said Lawrence. "One of the society's goals is to support new directors, and when the previous director slated for December had to give up that spot, it was an excellent opportunity to give Gary a chance."

In March, things take a more serious tone, with the play *Other Desert Cities* (a finalist for the 2012 Pulitzer Prize for Drama). Lawrence will direct this comedy-drama, which follows a well-to-do family in Palm Springs as their seeming happiness is shattered by sizzling family secrets.

"It's easy to fall back on our old favourites, so I'm really excited to bring something new to the Creston stage," he said.

Local Artists Offer Auction for the Temple of Light

press release - Yasodhara Ashram

Thanks to the generosity of East Shore and Ashram artists and craftspeople, Yasodhara Ashram is offering its first-ever online art auction. See the items online at yasodhara.org/auction and start your bidding. All funds raised by August 31 will go toward rebuilding the Temple of Light.



Shirley Wyngaard

Everyone is invited to come by, and bring friends and family, to view the gallery of 18 unique items in Mandala House. Hours are 8:30 am to 6 pm.

At the community preview launch of the artwork, local artist and organizer Shirley Wyngaard commented, "The auction is of mutual benefit — for the artists, for the community and for the Ashram." The art display is also part of Kootenay Lake Art Connections 2015.

Ashram organizer Swami Samayananda thanked Shirley for initiating the idea and the contributors for making it happen. The art gallery was launched on June 6 - one year after the Temple fire - following a community presentation of the design for the new temple.

Contributing East Shore artisans are:

- **Painters: Garry Sly, Danielle Tonossi, Ted Wallace, Shirley Wyngaard**
- **Weaver Janet Wallace**
- **Potter Lea-Rae Belcourt**
- **Broom-maker Luke Lewis**
- **Jeweler Galadriel Rael**

Other artists and craftspeople include: woodworker **John Burton** of Balfour, painter **Deborah Thompson** of Nelson, and Ashram artists **Amy Allcock, Lindsey Curtis, Donna-Lee Elke, Shanti (Dorlean) Peck, Swami Jyotihananda (Elisabeth Weir), Swami Matananda (Deborah Pohorski), Swami Prem-ananda (Charles Green) and Sara Torrie.**

Go to the website (yasodhara.org/auction), click on items of interest and read each artist's story. Make your bid! Tell your friends. It's a creative way to contribute toward construction of the new Temple.

A website dedicated to the reconstruction project - temple.yasodhara.org - includes historical information as well as the latest plans.

For more information: Yasodhara Ashram 527 Walker's Landing Road (near the Kootenay Bay ferry). 250-227-9224

The North Bay Pavilion in Riondel is available for events:

This affordable, comfortable and beautiful covered structure is perfect for any occasion, whether that be a birthday, anniversary, wedding, family get-together...



Info? Diane Derbyshire:
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Next Deadline: July 22, 2015

mainstreet@eshore.ca eshore.ca

Art in the Chamber and the Library

by Val Van der Poel

I hope that everyone is planning a summer that includes the fabulous art displays at the Creston Chamber of Commerce and the Creston Public Library.

Both exhibits feature *Artists of the Creston Valley* and you will find art by some of the same artists in both venues. Although we always display art by area artists, this summer we offer you a few new faces for your enjoyment. From up the lake, we welcome the photography of Leone Lund and the soulful paintings of Danielle Tonoss. Long time Creston resident Ken Alexander will be exhibiting for the first time at the Chamber and new-comer Wendy Reeves-Siefert will be exhibiting at both the Library and the Chamber of Commerce. A couple of other artists new to these community displays are Carol Geurts and Pauline Menu. Also, Maureen Cameron will be sharing her photographs with us as part of the Library exhibit. These are just a few of the many artists whose work you can see and enjoy this summer. You will find pottery, fabric art, jewellery, oil paintings, watercolors, acrylics and mixed media - there will be something for every taste and every pocketbook.

This summer take, some time out of your busy lives and stop by to see the Art in the Chamber and the Art in the Library displays. If you have visitors, encourage them to check out the art scene in the valley and, maybe take home an artistic memento of their stay. A quick look at what you might see can be found on the new Facebook page Artists of the Creston Valley and we hope everyone will check it out and LIKE it.

The new Art in the Library display started on June 27 and ends on August 29; come in for some quite time and enjoy the art and pottery and don't forget that most items can be purchased by contacting the artist. After you have enjoyed the art, please sign the guest book and leave us a comment.

Because so many artists wanted to participate this summer, the Art in the Chamber display has been divided into two exhibits. Part one starts on June 30 and ends on August 4 and part two starts on August 4 and ends on September 10. Each exhibit will have new art and new artists. In addition to the new art, the Chamber has a NEW LOOK, so come out and see the changes.

The community art displays are sponsored by the Community of Creston Arts Council, the Creston Public Library and the Creston Valley Chamber of Commerce and Visitor Centre to enable artists from Yahk to Riondel to display their art and to let the public see the wonders of the world through the artists' eyes. The art in both locations is for sale so please support the local artists and the venues. If you would like your name on the list to display at one of these venues contact Val van der Poel at 250-866-5772

MacBeth Raps

submitted by CBESS

Intro by Kristy Winger, English teacher, CBESS:
These "Macbeth Raps" were done by some Crawford Bay School high school students as their final project on Shakespeare, in which they had to take an aspect of the play (in this case, the relationship between Lady Macbeth and Macbeth) and change it into a new genre. They chose to do a rap battle that takes place in hell after the close of the play. It turned out fantastic!

MacBeth Rap: Performed by MacBeth

Hey girl, you're my wife,
stop controlling my life,
I'll beat you to Fife,
you made me kill my own blood with a knife.

You amplified my greed
when I could hardly read,
I should have rode off on my noble steed
but you told me to lead.
Now my friend is dead-
that death is on my head,
all you wanted was a little bread
and to have street cred.
Now always I dread
my hands are stained red.

Hey, what's your problem?
You dragged me to the bottom,
I used to be light like a blossom.
Now the weight is on my shoulders-
it's like I'm holding up a column.

You made me lose my mind,
everything I know is confined-
but it's not aligned
with what I had in mind.
I want to leave it behind,
but because of you I'm defined
as a king who's unkind.

There was no need for a hassle,
we should've just talked it out in our castle-
made fun of a stupid little vassel.
I would've even bought you that dress
with the cool little tassels.

But no, you had to go make us look
like a bunch of fools
when we were still using iron tools,
when we had the most beautiful jewels,
when we even had the power to change the rules.

by Felix Wedge, Kira English,
and Madison Ashton

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Macbeth Rap: Performed by Lady MacBeth

Three sisters-
I'll call you mind twisters-
in my mind like blisters.
I should have stabbed them with scissors
and left you on the street with all those killers
It's your fault I lost my head
So go back to hell and stay dead!

I wanted to be king
and have someone under my wing-
all you wanted was bling
on your finger, a diamond ring
but you don't have the right thing
in your mind, you got me on a string
in my head, you sing
like a scorpion sting,
but death is all I can swing.

You killed Duncan, left the guards drunken',
the witches have poisoned your mind
It's like you're walking blind with no spine
I'm the only thing keepin' you in line.
You're corrupt, mistreated everyone you knew
so you got betrayed, got slayed by Macduff.
You thought you were so tough,
untouchable and incorruptible, and now you call me a
suicidal basket case.
You better wipe that smile off your face,
I'll put you in your place-
you're a disgrace, you barely made it past second
base,
I wish I could scissor kick you in the face, and
spray you in the eyes with mace.

You were the one that put this plan in danger,
you couldn't even put back the daggers.
Your head's in a fog.
I was the brains behind the operation,
now this is my retaliation.
Stop hallucinating and debating this murder.
I was the brains and the brawn
you were just a pawn.
You should have went to Ireland with Donalbain
you don't deserve to be Thane,
you've got a tiny brain and you're straight up insane.
You killed Banquo and now you see his ghost-
chill out! You're supposed to be the host,
but now this dinner party is turning into your roast.

Macbeth- you're a disease.
You sat back in ease,
and now Birnam woods
got you beggin' on your knees.
Being king has gotten to your head?
Or is it the fact that you're just inbred?
You're over-rated, shoulda been sedated,
and stabbed with a serrated blade,
and because you've betrayed
no-ones coming to your aid.
Now we're both rotting
so pack your bags and start walking.
Get out of my face and go back to hell
Cuz' in the end it's your fault we both fell.

by Kira English, Madison Ashton,
and Javin Lauritzen

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Wow! Kootenay Lake and Four Days of Art Heaven...

submitted by Laverne Booth,
Learning Hub

East Shore Summer School invites you to deepen the practise of your art in the presence of one of our local artistic treasures at the Shokunin (Japanese word, pronounced showkewnin) Master classes, July 27-31, 2015. Relax in the tranquil summer setting of the beautiful, environmental Crawford Bay Community School. Enjoy small mentorship classes with some of the best Kootenay artists and craft-people.

- Develop your **creative writing** with **Luanne Armstrong**, published author and local farmer. Luanne loves to work one-to-one with aspiring writers.

- If you like **historical and creative non-fiction**, hang out for four days with **Sean Arthur (Art) Joyce**, author of *Laying the Children's Ghosts to Rest: Canada's Home Children in the West*.

- Photographers will likely know of the **wildlife and nature photography** of **Jim Lawrence**. Jim calls himself an ethical photographer and environmentalist. This four day experience with Jim will be largely out of doors.

- **Lucas Myers** says, "I am going to be looking at creating **solo performance** and **Krista Lynch** (my partner) is focusing on **theatre for social change**. We will also be exploring ensemble work and cultivating presence on stage. And having fun doing it!"

- **Zora Doval** is offering an experience of **Zen Art**. "Paint it now, worry about it later." Zora paints with her whole body and invites others to do so. Several media explored.

- **Danielle Tonnosi** is attracting many bright lights to her invitation to **paint the Queen in your Heart**. No experience is required. Materials provided. Sign up soon!

Aspiring musicians will not want to miss the **multidimensional music and sound** of **Greg Lostraco**. Greg and his brother played an amazing visual sound set last year at Starbelly Jam. Please contact Greg through his bio on the website, he will tailor the course to your interests.

Shokunin Master Classes

Deepen the Practice of Your Art



Writing, Photography, Theatre, Visual Art & Music
July 27-31, Crawford Bay School

WHAT'S NEXT?

- Register at www.eslearninghub.ca, pay \$200.

- Book a place to stay through the chamber website www.kootenaylake.bc.ca and check what's happening around town at eshore.ca

- Then slow down and enjoy East Shore culture, the trails, the lake, beauty.

If you are bringing the kids or the grand-children, consider enrolling them in the Kids SMART camp for a bubbly science good time with art educator Rielle Oswald. Classes run concurrently in the same building from 9:30 to 3:30 each day. Cost is \$150/child between 6 and 12 years. Child-minding on request.

For information visit www.eslearninghub.ca or text/message 250-551-5827.

Younger Children Can Play Too, at Medley Arts Camp

submitted by Lorna Robin

This year at the request of parents, Medley Arts Camp is offering supervised play for children aged 3-6, and Kindermusik with Ellie Reynolds for the same age group.

Supervised play is provided for care of young children while older siblings and parents are enjoying art, dance, and music classes.

The children will have art supplies provided and play games as well as having supervised outdoor time when the weather is suitable, with experienced caregiver Kristy Winger.

Starting at 11 AM each day, the children will engage in Kindermusik with Ellie Reynolds. Kindermusik offers music and movement classes that nurture young children's development. It fosters not only a love of music but stimulates social, emotional, language, and physical development. The program taps into your child's creative spirit and boundless energy and focuses on developing their learning strengths and self-confidence so they'll be ready for school...and music lessons. Classes feature musical variety and singing, storytelling & literacy and pretend play. Students learn with their peers and then caregivers and siblings can participate in the last 10-15 minutes of class if they wish.



Next Deadline: July 22/15

Kaslo Artist To Teach At Medley And S.M.Art Camps

submitted by Lorna Robin

Dynamic artist and teacher, Rielle Oswald of Kaslo has been an arts instructor since 1998, working with ages 5-65. Her experience is diverse and includes the public school system, summer camps, private lessons, and the Nelson Waldorf School. Rielle was born and raised in Nelson and now lives in Kaslo BC with her family..



In 2010 she graduated from Uvic with a Masters in Arts Education and has been a practising artist since 1991. Her work has been shown across Canada and can be seen online at Artslant.com and on Facebook "rielle oswald artist". Rielle will be teaching two courses at Medley Arts Camp: Art Stations for ages 6-8 and Youth Art for ages 7-13, as well as teaching the kid's SMart Camp July 20-24. We are delighted to welcome Rielle to the East Shore this summer. Visit eastshoresummerschool.ca for more details.

**FOR ALL AGES
JULY 27 TO 31
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Adult courses cost \$50-\$60.
Children's courses \$40-\$50.
A full schedule for the week is 4 courses.

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MUSIC – LEARN AN INSTRUMENT

- SAMBA BAND age 8-13 w/ B. Johnson.
- MARIMBA INTRO age 8+ w/ J. Wedge
- GUITAR BASICS age 9-13 w/ R. Deane
- ADULT GUITAR BASICS w/ R. Deane
- UKULELE INTRO age 10+ w/ J. Wedge
- UKULELE UPGRADE age 10+ w/ B. Johnson

ART FOR ALL AGES

- ART STATIONS age 6-8 w/ Rielle Oswald
- YOUTH ART age 7-13 w/ Rielle Oswald
- VISIONARY ART - adult w/ Zora Doval
- LANDSCAPE PAINTING 13 to adult w/ Shirley Wyngaard

FOR SMALL CHILDREN

- KINDERMUSIK – ages 3-6 w/ E. Reynolds
- SUPERVISED PLAY – ages 3-6 w/ K. Winger

www.medleyartscamp.ca
250-225-3333

Thanks to our sponsors: Area A EDC, Rec 9, Selkirk College...

Enrollment in a Kindermusik classes includes a set of Digital Downloads; mp3s, an ebook and online activities to compliment the theme of the classes.

For questions or to register, phone 250-225-3333 or visit www.medleyartscamp.ca

Ellie Reynolds, Kindermusik instructor.

Art and Language Scholarship Fund

submitted by Laverne Booth

Thanks to the Nelson and District Credit Union, the East Shore Summer School may be able to provide a partial scholarship for local children and elders to attend the East Shore Summer School classes-Shokunin, Kids SMART Camp (July 21 to 24), Medley Arts Camp (July 27 to 31), or the Global Gesture Language camp (August 4 to 7).

If you would like to request a scholarship, please contact Lorna or Laverne, or call 250-551-5827 and leave a message.

VOLUNTEERS are needed. You can make \$15/hour to put towards a class of your choice. Email: eslearningplace@gmail.com for more information and express interest.



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Kootenay Lake
Art Connection

**Kootenay Lake
Art Connection 2015**
June 26-Sept 1, Wynndel to Riondel.
28 venues and galleries and over 45 artists and artisans.

Check for the brochure at the Kootenay Lake Chamber of Commerce info booth, the ferry, Creston Valley Chamber of Commerce and all venues and galleries. Look for the Art Connection signs and the location of our members. We have many exciting new businesses and opportunities to shop locally. Get 13 initials on your brochure and you are eligible to win two \$200 gift vouchers for art and fine art (some conditions apply). First draw will be August 1, 2015 and the second will be Sept 1, 2015. Enjoy the summer and Kootenay Lake Art Connection! Kootenay Lake Art Connections operates under the Umbrella of South Kootenay Lake Community service Society. Thank you to our sponsors, RDCK, Columbia Basin Trust, Nelson and District Credit Union Crawford Bay, Kootenay Lake Chamber of Commerce, Creston Arts Council.

For more info, email geririch@telus.net




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Global Language Camp

submitted by Laverne Booth

Who are the German, French, Spanish facilitators at the Global Gesture Language Camp?

"We have five enthusiastic facilitators in German, French, Spanish and World Sign language to lead the immersion language program that runs from August 4 to 7 at Crawford Bay Community School for the first time this year, as part of the East Shore Summer School.

I would like to introduce them and invite you to participate in the camp. Not only native speakers are invited, we welcome those who are learning the language, especially if you are willing to listen, speak and play along. This is not language teaching, it is language experiencing, and really exploring each language through signing, singing and eating together.

Grandparents love this camp! They can bring the grandchildren and the whole family to engage in fun and interesting activities together. This year we are offering three languages- German, French and Spanish. We will incorporate the use of World Sign language which is based on the work of David Orcutt of the Slocan Valley to create a global language that can be signed, written, animated, and danced.

This is a unique camp and sure to be lots of fun. We will wrap up with a bonfire on Friday night.

This quote by Spanish language facilitator Yuri Macedo says it well, "I look forward to joining the language camp because part of the meandering I've done from city to countryside, regardless of the country, made me discover the intricacies and depth that is involved to learn a language, English language in my case. I believe this program can be a perfect introduction to explore the different areas in which language expresses in our lives and consequently stretches to our beautiful landscapes."

For more information or to register go to: www.eslearninghub.ca or call 250-551-5827



German - Gitta Ridder, born in East Friesland (or Frisia), North West Germany. Left for North America at age 16 as an exchange student and ended up staying. She lived in Quebec for 12 years and now resides in the Kootenays since 1991. Gitta trains instructors to teach personal safety programs for women and girls worldwide (Canada, west and east Europe, India, Bangladesh) and is a local tent (tipi, yurts, pavilions, canopies) builder, www.outdoor-canvasdesigns.ca and cedar bark weaver!



French - Melina Cinq-Mars is an adventurer, likes challenges, new experiences and travelling. For this reason she is pleased to offer her services as a resource person for the French summer program. Melina is from Montreal, has travelled extensively and taught yoga in southern France and Berlin. Melina along with her partner and daughter, have lived on the East Shore since 2007 appreciating the mountains, the lake, and the marvelous strong community. Melina is looking forward to explore the beauty of this region with you



Spanish - Yuri Macedo was born and raised in Mexico City. From an early age he was curious about discovering the different cultures, and therefore languages that interact

in the central and southern part of Mexico's countryside. He studied ethnology, a branch of anthropology at in Mexico City, and then obtained a BA in cultural anthropology at UBC. Curious about what was beyond the city this time he decided to discover British Columbia's countryside and has been living the in the Kootenays since.



World Sign language - Shannon Hames, is the owner of Flat Bags, a creative micro-business in Nelson. Shannon has worked with children of all ages for most of her life while living in the Kootenays. She has incorporated World Sign in her work as a nanny and added a creative edge to coaching gymnastics. Shannon would like to publish numerous mini World Sign books for babies and school-aged kids. These works would easily translate into multiple languages to increase their reach across the globe.



World Sign - Angela Safire Jones worked closely with David Orcutt, the originator of World Sign language over many years. Angela is, as David was, a lightshow artist. She uses some of David's wholewrites and symbols of the global heart language in her projection work. Check out the www.globalgestures.wordpress.com for some short videos and teaching tools on the use of World Sign language.

Next Deadline: July 22/15

eastshoresummerschool.ca presents...
Global Gesture Language Camp

Do you speak **Deutsch**, **Française**, or **Español**?
We have a language camp for you!

Join us at the beautiful, environmental Crawford Bay Community School on the East Shore of Kootenay Lake

August 4 to 7, 2015 9:30 to 3:30 each day.

- Choose your language group and immerse yourself for four days.
- Explore some of the treasures of the East Shore: Artisans of Crawford Bay. Gray Creek historical sites, Pilot Bay Lighthouse, wetlands, & more.
- Share lunch (and help prepare one lunch in Spanish, French or German).
- Learn some songs, perhaps dances, in World Sign Language
- Final campfire to share our farewell stories and local food.

ALL AGES are welcome: grandparents, kids, singles, youth, & families.

Child minding for the 0-6 crowd as required.

The cost is \$125 for adults and \$75 for children

Register: www.eslearninghub.ca. Call 250-227-9218 ext 5518.

You are also welcome to register at the Selkirk Learning Hub on Tues & Thurs 10-4pm (Psst, corner room with posters at CBaySchool)

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A Strong Voice ~ Standing Up For You

Silent Auction a Loud Success for the New Natural Playground Project

by Ellie Reynolds

On the afternoon of May 30, the Crawford Bay Hall was beginning to smell like wildflowers. Volunteers were working hard draping fabrics, setting up the Silent Auction, prepping the food and putting colourful wildflower arrangements and fabrics on every table. After weeks of thought and preparation, the event was actually happening and it was amazing to see how many came and helped set it up. And then the big question (the perpetual question) ‘Will the People Show Up?’ After all, what good is a fundraiser without a nice berth of folks showing up with some money in their pockets and room in their stomachs to eat? Well the people did come, needless to say. Many young families, who were obvious supporters of the Playground Project, but also grandparents, teachers, neighbours, friends of friends and even strangers. The Hall was full of people enjoying the incredible food (generously provided and prepared by Rebecca Fuzzen, Black Salt Cafe, Nancy Galloway and Twisted Roots Greenhouse) The music, performed by Farley Curzons, and of course, the buzz around the silent auction tables. A successful silent auction is obviously dependent on the generosity of local businesses. I would like to publicly and full-heartedly thank our generous:

East Shore Donors - Kokanee Springs Resort, Starbelly Jam, Kokanee Chalets, Gray Creek Store, Lakeview Store, Crawford Bay Store, E&R Excavating, Brandon Turlock, Russ Anderson, East Shore Learning Hub, Susan Snead, Blanche Tanner, Harreson Tanner, Zora Doval, Kate Page, Maria Latouf, Jamaki Pogreba, Bree Rael, Danielle Lynn, Celts and Vikings, North Woven Broom, Yasodhara Ashram, Studio Ponnuki, Dog Patch Pottery, Sacred Journey Gallery, Laura Kernohan, Allan Hughes, Mojós, Fireworks Copper & Glass, Daniel Tonossi, Shprixieland Land Studios, Emerald Eastcliff Gallery, Mervin Robinson Art Gallery, Doreen Zaiss, La Gala Jewelry, and Rockwood Cafe.

Creston Donors - Wynndel Box, Wynndel Store, Famous Fritz, Black Bear Books, Vital Health Foods, Cloth Me Closely Natural Baby Boutique, Creston & District Community Complex, Ricky’s Grill, Real Food Cafe, Pharmasave, Activity Base

Nelson Donors - Kootenay Co-op, Kootenay Craft Connection, Kootenay Wood Stove, Pacific Northwest Gardening Supply, Mountain Baby, Kootenay Coop Bakery, Love of Shiva, Gaia Rising, Play it Again Kids, and Ainsworth Hot Springs.

Please support those who have so generously supported us.

Thanks to all those above, and to the many volunteers who made the event possible, before, during and after: Jai Holman, Jakua Jordan, Patti Kelly, Matt and Kristy Winger, Janaki Pogreba, Melina Cinq Mars, Charles Reynolds, John Edwards, Felix the WWOOFER, Marion Johnston, Andromeda Drake, and special thanks to Dema Fiddick-Halfnight and Jessie Vandonselaar for child minding during the event. As a parent and organizer it was wonderful to have moments of childlessness during such a busy event where I could relax and talk to my neighbour knowing my kiddos were well taken care of back there. Ditto for lots of other parents who attended.

All in all we raised over \$3,400 for our natural playground. Great job everyone!

Next Steps for the Natural Playground - With a combination on our recent fundraiser, grants from Columbia Basin Trust and a generous donation from

Kokanee Springs Resort, our playground fund has swollen to almost \$10,000. We have more grants that we’re applying for, which we hope, (along with some more local fundraising) will get us to our goal and our playground can be installed and built within the next year. We have confidence we can do it, and we’re off to a great start.

Among the great majority of the community, we have felt great support for this playground revitalization project, after all, we will all benefit from a thriving and functional play space in the Crawford Bay Park, even those who don’t have children. However, we have also come up against doubters, and ‘concerns’ that we didn’t expect. I thought I’d share a couple of them, and our response:

‘Why does this community need another playground when there is already one at the school?’

Well, firstly the school playground is designed for use by children 6-12 and isn’t rated or safe for use by those under 6. Our natural playground is designed for multi age use, including young toddlers and preschoolers. The school playground is not designed for community use outside of school hours, and doesn’t play the role of a community park which is truly public space, designed for use by all, including visitors and tourists, who wouldn’t seek out a school playground.

‘What’s wrong with the playground as it is, kids seem to have fun on it, why change it?’

To be fair, no actual parents asked this question. While it is true that children enjoy the facilities currently there, they are children and biologically designed to make the most out of every experience. They aren’t developed enough to form a committee and fundraiser on their own behalf. They don’t know how much more fun they would have playing in a playground that was truly designed to meet their need for adventure, challenge, sensory play, social interaction, and engagement with natural elements. I’m not sure people realize just what a community asset a good playground will be; a permanent piece of infrastructure that supports the growth of our children and families, showcases our natural resources and looks great from the highway. Trust me on this.

‘I heard your group doesn’t have permission to be doing the playground.’

We didn’t hear this one directly, but it’s important to clear up any possible misunderstands about this issue. We are fundraising and planning from within a parent-based group called EASEY (East Shore Alliance Supporting the Early Years) under the financial administration of Community Connections. However, we are working in partnership with the Hall & Parks Association, and they have provided written support for our project, and we look forward to continuing to work with them as the project progresses. Community playgrounds are often managed in this way, with multiple partners and funders

I wanted to include the following comments from Community members who took the time to write to me in support of the new Natural Playground:

“I support having a new playground that is both fun & safe for our children and shows how we as a community value the current & future generations love of play. Our community is all about being ‘artistic by nature’. I believe our playgrounds should reflect that.”

Jakua Jewel (Parent)

“Playgrounds incorporate swinging, climbing, balancing, digging, running and children interacting with each other; vital for a child’s cognitive, emotional, physical, and social development. A new playground facility will help promote more activity and healthy lifestyles for children and families of the East Shore. We are excited for this new space to be built and see

our community grow. Developments like this just show how much our community supports and cherishes young families and children”.

Simone Stanley (Parent and Early Childhood Educator)

“Taking care of young families in the area, I realize, isolation is one big challenge for new moms. Husbands are often forced to work away from the area and extended family are far away. Turning to the community for help, advice, support and a sense of belonging can make the transition from woman to mother so much more smooth. Our new play ground will be an attractive meeting place not just for kids but as well for everybody in the community who is looking for contact, fun, conversation, inspiration and exchange. I’m very much looking forward to going there with my own granddaughter, and to watch all the beautifully children I was able to help into this world - GROW”

Sylke Plaumann (Local Midwife and Grandparent)

Watch this space for updates of our progress. Donations are VERY welcome and can be made at the Credit Union or left at Bearfoot Handweavers in Crawford Bay. All donors who give \$100 or over can live forever in our playground with a custom brick or plaque bearing their family name or business name. More info to come. Cheques made to ‘SKLCSS’ memo Playground.



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Community Connections In Full Swing

by Greg Blackwell

It was a busy spring for Community Connections and we have not graced the pages of *The East Shore Mainstreet* for a couple of releases ... So, let's get back at it! There was a greater level of activity in the March through May time frame with **more projects** carrying over from 2014 and **more grant applications** sponsored than this time last year – good news! There were more than two dozen grant applications submitted. Between the Columbia Basin Trust sponsored Community Initiatives Program grant and the RDCK sponsored East Shore Economic Development Commission grant we had **nine applications which were all accepted**. We currently have **23 projects open**, some of which have been carried over from 2014. Some of the projects initiated since the start of the year are:

- Kootenay Lake Art Connections
- What's Happening on the East Shore - Wynndel Forum
- East Shore Summer School
- Community Greenhouse Project
- Wildfire Interface Management
- Learning HUB eNP Feasibility Study
- Food Roots - General Program
- Summer Kindermusik Program
- Fire Smart Community
- Crawford Bay Tennis Club

In our last article we discussed that the Columbia Basin Trust (CBT) sponsored **Community Directed Youth Fund** four year program was completing its third year. We have submitted the year end reports and plans for year four. While we haven't received confirmation of the annual \$25,000 funding as yet, we are optimistic it will be approved and youth programs will continue. We have a meeting planned for early July with **Michelle d'Entremont – Basin Youth Liaison and Lisa Kilpatrick - Senior Manager of Delivery of Benefits**. Michelle and Lisa are both from CBT and excited to talk with us about our accomplishments and the positive feedback we have received on the program.

Congratulations to **Ellie Reynolds and the playground team** for a successful fund raising event held May 30 at Crawford Bay Hall. There was a fantastic dinner, diverse silent auction with lots of goodies, and great local music. The event managed to **raise over \$3300!** As well, a special **donation of \$1500 was made by Kokanee Springs Resort** – a huge thank you to all. All in all the project has fund raised and received grants totalling more than \$10,000 towards their goal of rebuilding the Crawford Bay Playground into an exciting new natural play space for the community and visitors.

In 2014 **Community Connections** secured a small grant with the intention of promoting the beauty and lifestyle of the East Shore. Local **Bohdan Doval** and his associates created a **3 minute video featuring several of the activities and artistry many of us are familiar with**. We regret we were not able to include all that the East Shore has to offer but this is only the first one! There have been requests from local businesses and groups interested in producing their own video ... let's get the message of how fantastic it is on the East Shore out there every way we can. See our video on youtube when you search East Shore Kootenay Lake - Spectacular by Nature.

Community Connections has launched a new website. Check it out at www.cconnections.ca.

There is more information on who we are and our mandate, projects and programs we are involved in,

key associations we have, major funding organizations we have worked with, where we can help in the grant process and project life cycle, FAQs, links, news, and a new and improved East Shore Business and Services Directory. We are still test driving the website so if you encounter issues please let us know ... and if you're listed in the directory send us your updates.

If you are thinking of having Community Connections sponsor your grant application please get to us early so we can do a good job of supporting you.

To contact Community Connections www.cconnections.ca or please call or email our Administrator Greg Blackwell at 250-227-9218x5505 or cell 250-509-0751, at skootenaylakecss@gmail.com or gblackwell@theeastshore.net, or drop by our office 1-4pm Wednesdays at Crawford Bay School.

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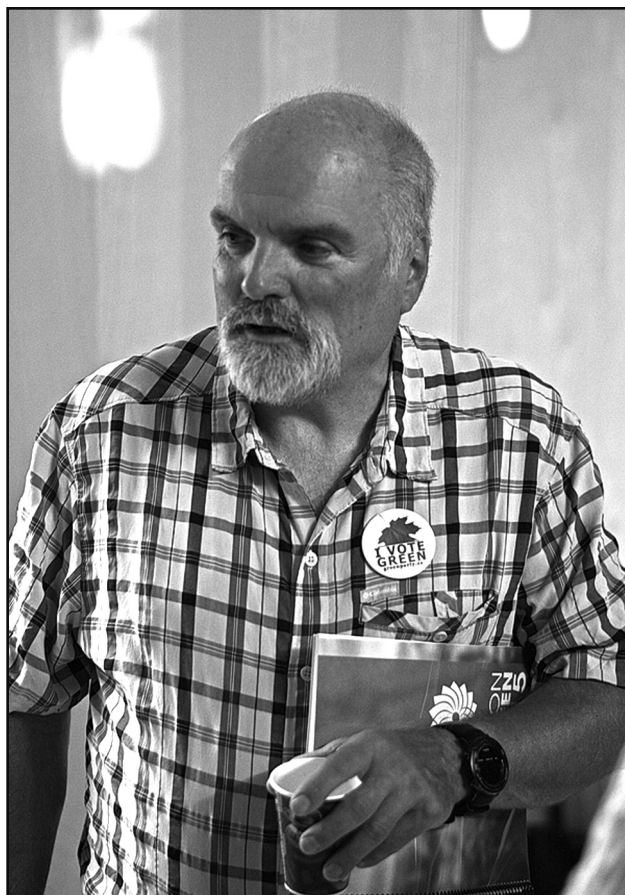


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Next Deadline: July 22, 2015

The Green Party Presents Itself in Crawford Bay



by Anne Rokeby-Thomas
(photo by Allan Hughes)

On Saturday, June 20, a group of 30 interested people met at Crawford Bay School to meet our Green Party Candidate, Bill Green.

Bill is from Kimberley and spoke at length about his background in the Canadian Columbia River inter-Tribal Fisheries Commission as an Aquatic Biologist and First Nations fisheries consultant. His reasons for wanting to represent the Green Party in Ottawa are to help build a strong, resilient economy, repair our democracy and restore Canada's role in the world.

After his presentation, almost one hour was spent in question and answer time. Most people got a chance for a one on one with Bill during a social time which also included our own Eastshore Dixie band, and Angus McDonald, an amazing Kootenay magician.

Green explained that the Green party is very concerned about the critical economic, environmental and social challenges that face us. There are two current Green Members of Parliament right now but nearly one million Canadians voted Green in 2008. However more than one in ten Canadians are now saying they plan to vote Green.

I have followed this article with statements from some of the people who attended.

"Bill Green is pleasant, articulate, interesting, has knowledge of fisheries and First Nations. He addressed the key concerns: splitting the vote, strategic voting, and the importance of cooperation and collaboration in the government."

"As this riding has had the highest number of Green votes in the Interior of BC, we have a real opportunity here with the coming federal election to support real progressive change, with a fresh start, with a party that takes climate change seriously along with democratic reform. Bill Green seems very genuine, intelligent and approachable and concerned for all our children's futures. What will our legacy be for the next generations?"

"Anybody but Harper! Bill Green seems like a good man. He is honest like a breath of fresh air. Elizabeth May seems intelligent and a good politician."

"For me, he's the best politician I've heard since Dave Barrett because he's smart and has a heart."

"I would urge all the readers to scope out Bill Green's website."

"Bill has been dealing with issues in the Kootenays for 20 years and his ideas reflect my values."

"Bill understands my issues completely because I have talked and listened to him. He is my best voice in Ottawa. That is why I am going to put a sign on my lawn and vote for Bill."

"I like what I heard from Bill Green. After voting Conservative for a number of elections I want stronger representation in Parliament with respect to climate and environmental issues, our relationship with First Nations and I want transparent decision-making by government. Bill also assured me that the Green party would continue to prioritize the value of small business to the economy and support the creation of jobs for Canadians through small business which is something essential to me."

Bill was pleased with the turn-out and very pleased with the quality of the questions asked. He is planning on another Meet the Candidates night, perhaps in September in Riondel.

Pauline Butling (Deane Family) Wins Family History Book Award

British Columbia Genealogical
Society Family History Book Award

The British Columbia Genealogical Society (BCGS) celebrates its 44th anniversary this year with their annual book awards to encourage family history research and writing in and about British Columbia, Canada. Books chosen must be written by a British Columbia author or relate to British Columbia family history.

The awards, given for the top three family history books published in 2014, are:

- 1st: *A Dempster History from England to Canada Through India 1796-2014*, by Eleanor Dempster.
- 2nd: *The Deanshaven Story: How to Float a Grand Piano and Other Necessities of Invention*, by Pauline Butling.
- 3rd: *My Hometown, My Furusato Family History of Greenwood-Midway*, by Chuck Tasaka.

Other books submitted for consideration were:

- *A Rock Fell on the Moon* by Alicia Priest.
- *The memoirs of Francis Lovis Vosper 1852-1917* of Cornwall, England and Vancouver, BC Canada by Donna Fraser
- *That Went by Fast: My First Hundred Years* by Frank White.
- *Far Horizons the Life and Legacy of Elie Melnychuk from Ukraine to Canada*, by Gloria Melnychuk.
- *From the West Coast to the Western Front* by Mark Forsythe & Greg Dickson.
- *Echoes of British Columbia: Voices from the Frontier* by Robert Budd.

The awards were presented at the regular monthly meeting June 10, 2015 at the Danish Lutheran Church, 6010 Kincaid St, Burnaby, BC. The members enjoyed author presentations about their books. The event concluded with a Strawberry Shortcake tea enjoyed by all. The British Columbia Genealogical Society and its volunteer members have been actively researching and preserving British Columbia, Canada's genealogical heritage since 1971. Website: <http://www.bcgs.ca>

For more information about the BCGS Family History Book Award or the BCGS, call Alice Marwood at 604-582-1548 or email her at amarwood@shaw.ca

Back Cover Blurb of The Deanshaven Store:

The Deanshaven Story chronicles the many escapades of an adventurous British entrepreneur, R.T. Deane, who settled on Kootenay Lake in the West Kootenay region of British Columbia with his wife Dorothy, in 1912 and later on, with his second wife, Ilonka in 1946. In between serving as a naval officer in two world wars, he started a land development company, a floating hotel, a mine and a sawmill. Woven into the entertaining narrative of his sometimes hare-brained schemes is a mélange of old photos, family anecdotes, archival documents, and the author's personal reflections. The narrative spans 100 years with stories of second, third, and fourth generation Deane descendants who have lived on the family property at various times, propelled by a love of the land and/or the broader social movements of the 20th century. The land itself also becomes a character in the book, as it too grows and changes along with the people who inhabit it.

About the author



Born in Kaslo, BC in 1939, Pauline Butling began her life at Deanshaven, her grandparents' home near the town of Riondel on Kootenay Lake. Her family lived there for a year, then at nearby Walkers' Landing (now the Yosadhara Ashram) before settling in Nelson in 1942. After graduating from LV Rogers High School in Nelson, she completed a BA and MA in English at the University of British Columbia in Vancouver and a PhD at the State University of New York in Buffalo. In 1962 she married Nelson poet Fred Wah. In 1967, they returned to their beloved Kootenays and settled in the village of South Slocan where they raised their two daughters, Jennifer and Erika, and taught at Selkirk College in Castlegar and Nelson. They now maintain a three-season home on the former family home site at Deanshaven, which they share with their daughters, sons-in law, and grandchildren.

Previous publications include *Seeing in the Dark: The Poetry of Phyllis Webb* and two co-authored books (with Susan Rudy), *Writing in our Time: Canada's Radical Poetries* and *Poets' Talk: Interviews*.

The MAINSTREET

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Riondel Library News

by Muriel Crowe

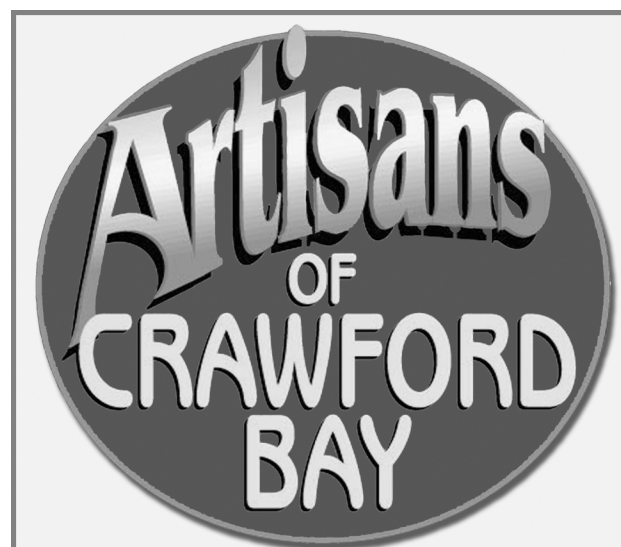
Summer. The time when we welcome back our Summer residents and enjoy watching them settle into our slower pace as they relax in the peaceful Kootenays. It's a time when we have a wee one-ups-man-ship over the larger libraries as summer timers find that book on our shelves that they are on a waiting list for at home. It doesn't take much to please some of us – or should I say one of us.

We have an expanding collection of DVD's and at the same time are thinning down the collection of VHS tapes as we have fewer demands for them. We are also clearing out the books on cassettes, so if you want some of these, please let us know and we will trade them for a small cash donation.

We have had the misfortune to lose two wonderful volunteers this past winter and spring. Colin Horwood and Bruce Scott were instrumental in bringing internet service to our community. They also installed internet services in the library and thoroughly answered the query of, "What can you possibly use a computer for in a library?" They both showed great patience with our panicky calls that this or that wasn't working or that that black thing is squealing or beeping. They then patiently explained what we could do or more frequently said, "I'll be there in ten minutes - don't touch anything." I hope that they knew how much they were appreciated.

We have had some wonderful donations as well as purchases, please come and check these out. There are lots of new cookbooks, gardening books and wood-work instructions as well as some great fiction. Please drop in, meet our new volunteers and borrow some books to while away some relaxing hours. Summer is very short, make the most of it. **Above all, remember the book sale on the first weekend of August.**

**Next Deadline:
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Book Reviews

by Tom Lymbery

RUDY JOHNSON by Rudy Johnson (who built his own bridge across the Fraser River). Three J's Publication, softcover, 302 pages, \$29.95

From Lapland to the Cariboo – this is a lifetime of entrepreneurship – a man who moves from one project to another, and often has two going at the same time. He starts logging at the age of 14 in the days of spar trees and donkey machines mounted on two large logs to pull in the logs lifted by the complex cables supported by the spar tree. He learns to climb and set up all the cables for this earlier day timber production.

Deep sea fishing, farming, followed by sawmilling – and bulldozers become a big part of his projects. You need to read this book to keep up with all the different companies that he incorporates from bowling alleys, house moving, road construction and cattle ranching.

When his wife falls off the Soda Creek Ferry into the cold and swift Fraser River he looks for a shorter way from his ranch to Williams Lake. After measuring on the ice to find how long a bridge he needs, his contacts find a 300 foot long structure in Alaska where the 1964 earthquake diverted the road.

His spar tree logging experience with large cables comes into play to slide the bridge into place. He has help from Dominion Bridge to assemble the structure, but they want to be long gone from the area before it is extended out over the river, as they are sure that it will end up IN THE RIVER.

Opening his private toll bridge successfully, after 10 years it is taken over by BC Highways and now has a plaque for the Rudy Johnson Bridge. They said it couldn't be done – but he did it!

THE COUGAR LADY – Legendary Trapper of Sechelt Inlet by Rosella Leslie, soft cover, Caitlin Press, 208 pages, \$22.95

Bergliot Solberg was born in Norway and came to Canada with her parents and sister. They settled near Sechelt in what is now known as the Sunshine Coast but at that time the road and ferry connections hadn't arrived. Known to most people as Bergie the Cougar Lady moniker came when a good neighbour got her an old citizen's band (CB) radio so that she had a connection to others.

This book has an index so you can find nine references to Gray Creek – which has no connection whatsoever to our hometown. There has never been any community or even homes near this other Gray Creek which is only the name of a watercourse. If you Google Tetrahedon Provincial Park you will find that the access directions tell you to take a de-activated rough logging road – Gray Creek Forest Service Road. How this name came about we don't know for it's too far out of Greg Nesteroff's jurisdiction. I have known of this place with the same name for many years. Before postal codes when everything was sorted manually it was possible to mix the two up. Boswell also had a namesake – Boswell Cannery up the coast.

Back to the cougar lady – Bergie worked for logging outfits as a whistle punk, choker person and caretaker. She and her parents travelled by boats as there were no roads – and when roads did arrive they made sure their homes were as inaccessible as possible. Trapping and hunting kept them fed most of the time.



pebbles by Wendy Scott Another Lake

Sand in my shoes, small children, equally small dogs, a line of lethargic ducks and one goose. The elegance of a curved span crosses the water and the low sun reflects on gentle ripples.

Kelowna is beautiful and Okanagan Lake peaceful at this time in the evening, and no matter why a person has to be here, it's easy to enjoy.

In the cliffs above the city there's a well organized and pleasant cemetery. I was surprised to find (although as a BC gal, I shouldn't have been) memorials of honor for our renowned and well remembered W.A.C. Bennet and his wife, May.

I have a friend who worked in his office, but she is more likely to recall her own grandfather, Bible Bill Aberhart -- perhaps the most well known Social Credit premier of Alberta, or BC for that matter.

My friend's parents had a summer home on the beach at Redroofs, Half Moon Bay, where Bill Aberhart's daughter, Khona, spent some restful and idyllic days. I know that beach well and strangely enough, the sand and lake in Kelowna conjure memories for me of Easter holidays, and long summer days swimming and exploring on the Sunshine Coast. And when did those days occur? Well, not mentioning dates, it is enough to say, they were during my teen years.

I don't recall many small children, but dogs, yes, an elderly cat, and a long wharf stretching into the sea. Sunsets were red and sailboats abundant, as were the well known lyrics of that time painting the skies and the sails in song.

I must admit, I did not notice any log booms on Okanagan Lake, but they crowded the bays at Sechelt and Gibsons and were often the scene of logger sports. Loggers were handy to have around when dances were in the offing – without their boots, of course.

In a place like the Rotary Cancer Lodge in Kelowna it is difficult to determine from the collection of vehicles, if there were ex-loggers here – or ex-premiers for that matter. A person often finds a wide collection of vehicles with BMW's, Caddy's and Volkswagen's parked side by side, along with various compacts,

unnamed sedans and neat little sports items of different years and models.

The Rotary Cancer clinic is the centre of choice for treatment of this type and the lodge, as I have mentioned before, is billed as a home away from home and truly lives up to its reputation.

Was that why it reminded me of a carefree time, when the reasons for being there were anything but? Was it a reminder of a childhood or holiday times when meal planning was not a concern and lawn-care, planting and garden up-keep were largely ignored. No it's more than that. There were reminders here of another place, a spot beside a different body of water. And it was a complete surprise to meet a couple who knew very well that other special lake in the interior of BC where Bruce and I spent more than a decade of our lives.

Shalalth for us was a life spent beside the milky green waters of Seton Lake. Shalalth wasn't a town, or even a village, and it was different for each of us. Our three children attended school in Shalalth and Lillooet, and it is even their memories that have been burished and brightened by our stay here, in Kelowna. It has become a collection of stories and a catch-up of names, family events and reminders of tales we had misplaced. They are not all happy tales, but lifetimes are like that – no matter how idyllic they seem in retrospect.

There's a camaraderie here that occurs in small towns and social clubs. The gathering together for similar reasons comes about when a person discovers pleasing interests to share – not always realizing the pleasure before the discovery. Riondel for us was like that - an unknown spot that quickly became home. And no matter how nice it is in Kelowna, home is here, in Riondel, and will remain so with memories, many friends, my dear sister, and the community that is the East Shore of Kootenay Lake.

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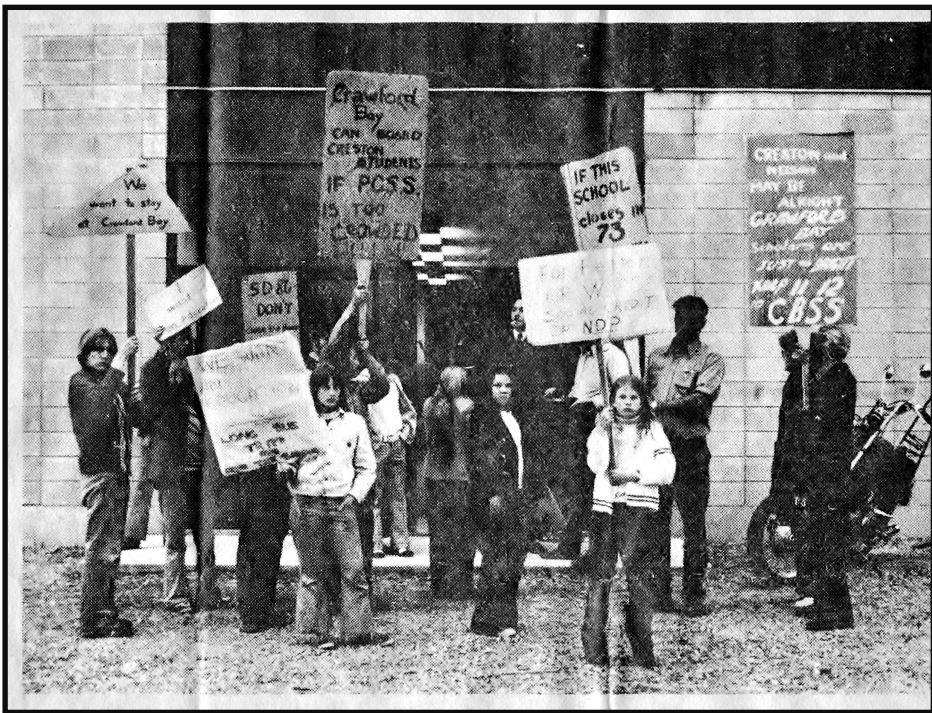
by Tom Lymbery

June 1973

Closure of Grades 11/12 Threatened - Community Pickets School

"Principal Jerry Ruzicka was unwilling to sponsor or even help supervise the grad dance." The students attempted to organize their own grad dance and rented the Riondel Rec Hall and had it decorated and ready. However, because of lack of experience in arranging for a dance, the orchestra they had contracted for was unable to attend and the dance was cancelled at the last minute. The students were irate, to say the least.

We were ready when the parents, teachers and officials arrived at the Crawford Bay Hall, and we made sure that they had to navigate around us and read our signs. George Hill was proud that he cornered the School Board Chairman under the dripping roof as it was raining lightly. The picketers' signs had slogans such as, "Let not this be Crawford Bay's Last Graduation," "If This School Closes in '73, We'll Help Throw Out the NDP," "Closure, Closure Go Away, Keep 11 and 12 in Crawford Bay," "Creston and Nelson May Be Alright, Crawford Bay Scholars Are Just As Bright. Keep 11 and 12 in CBSS."



Crawford Bay school protesters and their picket signs were photographed for the Creston Valley Advance in June 1973. To date, it is the only photo that has come our way. Photo from CVA article "Picketers Protest Closure of Grades 11-12" (June 1973, author and photographer not named), courtesy of Creston Valley Advance. CVA clipping courtesy of Dianne Starkewski, from John Oliver's papers)

In 1973, we heard rumours that Crawford Bay Elementary - Secondary School would no longer have Grades 11 and 12. Instead, our students would have to attend Prince Charles Secondary School in Creston, and find somewhere there to board. Apparently the school board was offering to pay \$35 a month towards the cost of a boarding place for each student.

The impending problem was brought up and discussed at a June wind-up meeting for Kokanee Carnival of Sports. I suggested that we organize a picket line to protest at our local grad night, which was in two days, and the group agreed. I spent almost the entire day on the phone to the *Nelson Daily News*, the Creston Valley Advance and the radio station, which had offices in both Nelson and Creston. *The Daily News* didn't seem to be able to send out a reporter, so I suggested that we could come and picket their offices if they didn't give us coverage.

Bill Fraser had been our school board representative for many, many years, but he had retired from that position the previous year and was replaced by Reg Sinclair-Smith of Kootenay Bay. When I phoned Reg he was very supportive and gave us several ideas for slogans to use on our picket signs. These I passed on to the parents who had agreed to participate.

About 40 parents and students wanted to be active in the picket line, but not all could come because what might be the last Crawford Bay grad class was graduating that evening. Some community activists such as George Hill of Gray Creek got busy making signs. My sister Alice Bruce and her two children Gordon and Janet, Cliff and Carol Hawkins, and many others helped out. Some are shown in this photo of the protest - can anyone help identify them?

Along with the indignity of having to picket to try to keep their school open, Crawford Bay Secondary students weren't able to have their traditional grad dance. Student Council president Carmen Draper stated,

our classrooms. What was good for Creston had to be good for Crawford Bay. Trustee McSeveney rejected our suggestion as ridiculous, but we had only turned his around, so that made the school board's plans just as ridiculous! The radio reporter got this hot story on the air very quickly and the newspapers followed suit, but without the clear photos that make today's stories more attractive.

Fairly soon we heard that the school board had decided against the closure, while specifically explaining that our picket line was not the deciding factor. Did anyone believe that? We found that the board was much more willing to discuss any possible changes. They acted as if they did not want more adverse publicity.

So our picket efforts paid off, and I received a cheque for \$18.47 from the radio station for the "News Story Of The Week". That paid for a small portion of my phone bill, at a time when long distance calls soon ran up into serious dollars.

Grateful thanks to Lorne Eckersley, publisher of *Creston Valley Advance* for permission to reprint this photo.

Tom Sez

by Tom Lymbery

When I Googled "27 Things to do with Your Ashes" I found that if you add some to fireworks you will get some special effects. As a fireworks enthusiast that is definitely for me.

Winnipeg's traffic design has come up with a new sign ZIPPER MERGE that requires one lane of traffic to merge just like a zipper - each vehicle moves into the right lane alternately with the cars in that lane.

This reminds me of Mexico where four way stop signs say UNO Y UNO which means ONE AND ONE.

If Vancouver has Canada's best tippers does Montreal have the worst? Les Quebecois are reported to never tip.

One of the most aggressive teams in the Women's World Cup is Columbia. In their first game in Moncton against Mexico (tied 1 - 1) their players were even challenging the Mexican goaltender when she went to pick up the ball. Their next game was the biggest upset ever - Columbia defeated a most serious contender, France, 2-0. The US had a struggle to beat them 2-0 in Edmonton.

Another MOSQUITO FREE YEAR? When I watch the Winnipeg news on Global TV I see many items about fogging for these pests - who would live in Winnipeg?

YRB is in charge of our roads but it appears they either have a better machine or someone with good skill this season as the roadsides are more neatly done than last year.

The *Canadian Geographic Magazine* lists 100 current greatest explorers including John Pollock of the Institute of Nautical Archaeology who found the City of Ainsworth off Pilot Point and has now gone on to research sunken Yukon sternwheelers.

Also listed with John Pollock is Dana Muise who hiked the Trans Canada Trail right across our country and because of an early snowfall walked on top of snow in the moonlight over Gray Creek Pass.

In talking to the driver of a B Train chip truck on the ferry MV Columbia he told me that the units he drives are all automatic - no shifting or down shifting and the trailer brakes no longer have separate controls. He often doesn't know where he is headed each day - it might be Malaqua today and Castlegar the next.

The Deanshaven Story - how to Float a Grand Piano and other Necessities of Invention by Pauline Butling received second prize in the BC Geneological Societies 2015 Book Awards. This is a rare book but we have two in stock.

We now handle Off Grid Appliances, so it's available if you need a solar powered fridge or freezer. Please pick up a catalog which includes propane stoves and fridges.

A tow strap is much better than a rope or chain. Also a very handy item to carry on your ATV.

BC's Pender Island has no public transit so Islanders came up with a nifty solution. You'll find car stops scattered along the roads, marked with a sign and benches or chairs. Stand by one and you will soon get a ride.

EAST SHORE PHYSIOTHERAPY



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Better at Home on the East Shore Job Opportunities Await East Shore Residents

by Tom Wishart

Ageing in place is an ideal goal for all of us. The Better at Home program is designed to help seniors live at home longer by providing assistance with activities that seniors were once capable of but may now be having difficulty with, including light house-keeping, light yard-work, transportation, and minor house-repairs.

Ashlene Chadburn paid a return visit to Boswell Community Hall on June 24 to speak to residents about establishing a local Better at Home program. Ashlene is the (Area A) Better at Home director. She informed the group that base funding is provided by the province and managed by the United Way and (locally) Valley Services, but community fund-raising is essential because the demand for service far outstrips the base funding available.

Better at Home acts as an intermediary between a senior and 'contractors' approved by the program. Seniors apply to Better at Home by contacting Ashlene and identifying needs. An assessment of the seniors' situation is made and, based on that information the senior may become eligible for financial support (the amount of subsidy is based on taxable income). Better at Home identifies contractors able to provide the needed services and makes the arrangements, including payment to the contractors, for the services rendered.

Individuals or businesses interested in becoming contractors in a specific area also contact Ashlene and identify the services they are able to supply. They must satisfy certain criteria including adequate insurance and, once certified as contractors, receive \$25 for each hour of service. One wrinkle on this is that the transportation portion of the program uses unpaid volunteers who are reimbursed with a specified amount per mile driven with their own vehicle. ICBC has agreed that the use of private vehicles in this arrangement is covered by the insurance on the vehicle. In this program the senior is not charged for the transportation service but is asked to make a donation to the Better at Home.

Potential contractors and volunteers must agree to reference and criminal record checks and participate in a training session. Ashlene indicated that some individuals in the Boswell area who are interested in becoming contractors have contacted her. So far though, there have not been any applications to the program from seniors living in our community.

Ashlene can be reached by phone at 250-428-5585 or by emailing betterathome@valley.services

CRESTON VETERINARY CLINIC

Dr. Robert McLeod,
Dr. John Pfeffer & Dr. Emma Davis
1(250)428-9494

Mobile veterinary clinic available in Crawford Bay. Please call Creston Veterinary Clinic to book appointment & for more details.



NEW LOCATION! We will now be doing clinics at the Crawford Bay Motel, Unit 6...

Mobile Clinic Dates:
July 14 and Aug 11 at the Crawford Bay Motel.

Ambulance Auxiliary Garage Sale Huge Success

Thank You East Shore Community!

by Christy Gillespie, on behalf of the
directors of the Eastshore Ambulance
Auxiliary Society

Thank you to all who participated in the 5th Annual Garage/Bake Sale on June 5, 6 (and held over to the 7). Your support of this event has resulted in a record-breaking total of \$5,724.30 raised with final numbers still being tallied. Your support contributed to this achievement in so many ways.

We thank everyone who donated goods, baking, and raffle items. The quality and variety of items donated was tremendous. We thank those who showed up to help with the set up of the event, taking it down and packing up the remains. We thank those who came up with new ideas for supporting this event (Tarot Card reading anybody? Thanks, Gerald). To all of you who enjoyed a coffee and muffin or soft drink, not to mention hot dogs with all the trimmings, we thank you. For those that quietly gave us a cheque or cash, it is very much appreciated. We would also like to thank the ambulance staff who attended the event, giving folks a chance to chat with them in a non-emergency situation. Our tents this year were on loan from the Lion's Club and Kathy and Joe Donnison. Tables were loaned to us by the Riondel Commission of Management. Thanks also to our new hot dog chef, Bill and his sidekick, Ross.

It should be noted that this event could not happen without the help and support of spouses and friends of the society directors who end up doing a lot of the heavy, grimy work for weeks before and after the event itself. You are appreciated by all!

It was very satisfying to see people visiting, enjoying the chance to sit, have a chat with friends, and meet some newcomers to the area. Many people came back several times over the three days to do just that, not to mention more shopping.

For those who have not attended this event in the past, the majority of goods plus coffee, drinks and hot dogs, are not individually priced, but rather a donation is requested to support the Eastshore Ambulance. The baking items are priced and raffle tickets are sold for a chance to win a cake and/or other donated items. The funds raised are used in a variety of ways to support the staff and operations of the ambulance, including training.

Raffle Items donated, and winners, are as follows:

- Cakes – donated by Cindy Bonnel (2) and Allana Miller (from Bob's Bar & Grill): Winners are: Tom Lang, Peter Shinn and Connie Green.
- Black & White Necklace donated by Sheila Arnett: Winner is Roxie Stevenson.
- Silver Moon Metal Hanging donated by Iron Maiden Metal Art (Creston): Winner is Christy Gillespie.
- Hand Sewn Aprons (2) donated by Marilyn Davis (a daughter of Mrs. Ross): Winners are Nancy Bothamley and Christy Gillespie.
- Celtic Fire Necklace, Earrings/Bracelet Set donated by Cherie Reising (Fairies Landing): Winner is Connie Green.
- Emergency House Sign donated by the First Responder's group of the Riondel Volunteer Fire Department: Winner is Jim Gilbert. A portion of the purchase price of each sign sold, over the two days, was also donated to the Ambulance Society.

We had a great variety of baking this year (including pies) and our thanks go to Brenda Panio, Gill Lang, Jane Norris, Kathy Donnison and Black Salt Cafe.

Thanks also go to GFS Canada for the donation of the hot dogs and to April and Brian at the Riondel Market for giving us a deep discount on the hot dog buns.

Leone Lund, a local photographer, has put together an amazing calendar of local Kootenay photos and she will be making a donation, from each calendar sold, to the Ambulance Society. They are available from a variety of businesses in the area, make great gifts, and will directly support the Ambulance Society.

I would like to take this opportunity to thank the directors of the Eastshore Ambulance Auxiliary Society. You are hard working, creative, dedicated and very supportive of each other. You can be proud of your role in what has been achieved by so many who have contributed in such unique ways.

Again, we thank you all!

Below: happy raffle winner Connie Green, with her Celtic Fire Jewellery Set (donated by Cherie Reising) and cake (donated by Cindy Bonnel).



Garage sale in full buzz - photo Dena Kubota

Gray Creek Pass Report

by Tom Lymbery

This year saw THE EARLIEST EVER OPENING – JUNE 10. Indeed this beats the record which was June 14 – and that was years ago when there was snowplowing of that persistent snowbank just west of the 6800 foot summit.

I drove to the top on June 9 at 8 am and found that a vehicle had come up the Kimberley side the evening of June 8 and been able to negotiate over top of that last snowbank so with the 98 F temperature at lake level there would be a track through by June 10. Oliver Lake was high with the fast run off with some snow on the trail approaching this alpine gem.

Grading by Forestry has the surface to the west of the summit in excellent shape – those coming from Kimberley say that the eastern side is good. And "good" means that that person has familiarity with driving back roads – if it's someone's first time on a road that has considerable stone content in the surface they may have another word of description.

Paul Kerr of Kimberley is the man who just barely survived after going off the road and being pinned under his motorcycle this side of St. Mary's Lake. He is most fortunate that early opening of the Pass has attracted more travellers and the cyclists that found him.

Health & Happiness

by Dr. Sid Kettner

Motivation for Exercise

The hardest thing about walking is taking the first ten steps." That's so true. Most of us feel really invigorated by exercise—physically and emotionally. We know about cardio-vascular fitness. We know about endorphins. Our minds become clearer. Our mood brightens. But . . . how do we just get out the door? That is the hard part. Where can we get the motivation to do what we know we should?

Nike would say, "Just Do It!" And that is true as well. Psychologists tell us we should act first and the feelings will come. We, however, would like to feel good before we do the good. That doesn't work well. So, "Just do it."

And just knowing the benefits of simple aerobic exercise such as walking, cycling, swimming or racquet sports will help. I have discussed many of these in past articles, but a brief review might be helpful as summer approaches. Longer lives, lowered risk of 35 different chronic diseases, such as osteoporosis, chronic pain, heart disease, diabetes, cancer, high cholesterol, erectile dysfunction, constipation, high blood pressure, poor immunity, depression, Alzheimer's Disease, stress, insomnia, other dementias and chronic fatigue. People who exercise are happier, healthier, leaner, full of energy and they do feel good about themselves.

So just get out the door and do it. Remember: 45 minutes on at least 5 days of the week. Do something aerobic, preferably at a rate that makes you "huff and puff" moderately, just on the verge of becoming breathless (purposeful walking, gentle swimming, social tennis, gentle cycling). Choose an activity that you enjoy. Set small goals at first, but don't forget to build on them. If you are over 40 or have known heart disease, hypertension or other serious chronic illness, check with your doctor first, get an EKG and have the doctor fine tune your exercise program, preferably under supervision.

Don't be like the guy who quipped, "I swam for 20 minutes, cycled for an hour and jogged for 20 minutes. It's been a great year!" No, no. Again I say: 45 minutes per day, 5 days a week. Sit less, move more and live livelier. As Jim Rohn advised, "Take care of your body. It's the only place you have to live."



Sarah Fehr of Picton Ont. and Mary Fehr of Leamington Ont. are biking the Trans Canada Trail from Victoria to Newfoundland, planning to raise \$150,000 for MEDA for women entrepreneurs in Ghana helping them out of poverty. They ride more than 60 miles each day. Please look at biketogrow.com

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Notice of Passing

Wilma Beryl Evans (nee Gray)

In loving memory of Wilma Beryl Evans who passed away May 16, 2015 at the age of 80.

Residence Creston, BC. Cremation. A Memorial service will be held at a later date. Friends wishing to make a memorial contribution may do so to Heart and Stroke Foundation, 4-1551 Sutherland Ave. Kelowna BC V1Y 9M9

The Gray Family moved from Riondel to a house on Magee Road in Gray Creek in 1940 and Wilma attended Gray Creek School until the family moved to West Creston about 1945.

Notice of Passing

Captain W. M. (Tony) Taylor
January 30, 1935 – June 4, 2015

It is with deep sadness we announce the passing of Captain Tony Taylor of Balfour B.C. Tony passed away at the Kootenay Lake Hospital Thursday June 4, after a valiant battle with cancer. His wife, Linda and family were at his side.

Any donation in Tony's memory can be made to the Kootenay Lake Hospital Foundation or the Canadian Cancer Society.

(In earlier years Tony's family lived in Crawford Bay before moving to the West Arm. Tony has an aunt buried in the Gray Creek cemetery. Tony served as captain on the Kootenay Lake Ferries for many years.)

Notice of Passing

George Cook

George Cook died on 17 January 2015. He was 87 years old and had lived a very happy life. He was the only son of the late George and Eva Cook of North Vancouver. He was born in Lynn Valley, BC and spent most of his childhood in North Vancouver. George joined the Canadian Technical Training Corps as a Boy Soldier and served subsequently in the R.C.E.M.E. He re-enlisted in 2 Bn. Princess Patricia Canadian Light Infantry in 1950 and served in Korea. He graduated from UBC in 1954 and received an MA (Ed. Admin.) from Gonzaga University in 1981. He had a long career in public schools and community colleges in BC and Saskatchewan and retired in 1989 to his home in Kelowna. George is survived by his wife June (Fraser), daughters Patricia (Gerry Miller), Nancy (Nelson Cobra), Marion (Dennis Babey), Jennifer (Rhys Williams), nine grandchildren and two great grandchildren. Memorial service to be held later at Harrison Memorial Church, Crawford Bay. Memorial donations may be made to the Hamilton-Gault Memorial Fund at www.canadahelps.org/en/charities/hamilton-gault-memorial-fund/

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1.888.797.1717

Southeast Fire Information Officer
1.250.365.4014

Visit www.bcwildfire.ca

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The Service Directory is a great way to have your business listed as a reference for those shopping for a particular professional service. Keep your phone number handy and your message clear.

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COUNSELLING & SUPPORT SERVICES: Free and Confidential for children, adults and families. Services include: Adult Mental Health and Addictions; Child Youth Mental Health;

& Family Support. Call 1-866-774-5324 (toll-free) or 250-353-7691. North Kootenay Lake Community Services Society.

EAST SHORE HOSPICE - Palliative care for anyone facing life threatening illness. Confidential support for individuals and their loved ones. Hospice can also provide grief and bereavement support. 250 227 9006 ext 29 - hospice@theeastshore.net. Volunteers needed - volunteer training offered once a year. Please contact for more info

FIRST CONTACT EAST SHORE MIDWIFERY - Sylke Plaumann, registered midwife. 250-227-6846.

KOOTENAY SOUND HEALING CENTRE on Riondel Road, offering sound healing treatments, gong meditations and Acutonics® classes. Theresa Lee, certified Acutonics® teacher and practitioner, 250-225-3518 kootenaysoundhealing.com

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NEWKEY'S PLACE - Hwy 3A in Crawford Bay, licensed area. Open 10 am til close Monday to Sunday. Food Specials all day. 227-6911.

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...so you think you're funny?



Announcing the 3rd Annual Kootenay Gut Buster Comedy Contest!

July 10th, 2015 at Newkey's

Winner will get a 5-minute spot at the 2015 Kootenay Gut Buster!

Bring your material & we will coach you! Call Paul at 250.551.5005 for info.

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Medley Arts Camp, July 27-31, website is up with details of courses, times, and online registration. For all ages: dance, art, guitar, ukulele, marimbas, Theatricks, Harmonic Voice. Phone Lorna at 250-225-3333 if more info needed. The best vacations are close to home! www.medleyartscamp.ca

REAL ESTATE

Unique Gray Creek Property for SALE: Beautiful home & second studio building, new kitchen, bamboo flooring, two baths, decks, loft, large master bedroom. Located Jasper Road on 10 acres of forested land with walking trails... For more info & viewing. Call 250.505.3435.

Land for Sale: Beautiful lake views from this 10 acre lot located half way up Gray Creek Hill, choices for prime building sites, electricity in place, water spring. For info call 250 505 3435.

The Blue Cottage Vacation Rental - Now Available. Beautiful private setting with lake views located in Gray Creek across from East Shore Estate. All amenities, kitchen, teak furnishings, one bedroom with a loft & pull out sofa. Sleeps up to 6, extra tent available for camping if desired. Call 250 227 6865 for more info or reservations

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Visit www.bcwildfire.ca



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ICBC has changed the date for ATV registrations to November 1st....

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CHILD HEALTH CLINIC, ADULT IMMUNIZATIONS, PUBLIC HEALTH NURSE

Will be at the East Shore Health Centre monthly.
For information, call Creston Health Unit at 250-428-3873.

EAST SHORE HEALTH CENTRE Call 227-9006

See calendar for doctor days - Doctor hours are from
9:30am to 4:30 pm. Please call 227-9006.
Interior Health Authority, Community Care Nursing
and Home Support Services - 250-352-1433.

PHYSICIAN COVERAGE FOR July 2015

**Note: Call to cancel if you can not make your
appointment. We always have a wait list for
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July 1: CLOSED
July 2: Dr. Moulson
July 7: Dr. Grymonpre
July 8: Dr. Moulson
July 9: Dr. Lee
July 14: Dr. Grymonpre
July 15: Dr. Moulson
July 16: Dr. Lee
July 21: Dr. Grymonpre
June 22: Dr. Moulson
July 23: Dr. Lee
July 28: Dr. Grymonpre
July 29: Dr. Moulson
July 30: Dr. Lee

**Please Note: Lab hours 7:30 - 10:30 am, Weds
Call to make appointments at 227-9006
on doctor days and Thursday morning.
Tues, Weds & Thurs (8:30 to 12:30)
Phone: 250-227-9006 Fax : 250-227-9017**

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Yoga: Thursdays, 9:30-11:00 am.

Marilyn Arms 250-223-8058

Tone & Trim Fitness: Mondays & Fridays 9am

Darlene Knudson 250-223-8005

BOSWELL HALL SPECIAL EVENTS

JULY - Canada Day Dinner: July 1, 6pm. Garrett or
Judy Harvey - 250.223.8664.

AUGUST - Crime Watch Fundraiser Dinner:
August 15, 6pm. Herve Blezy: 250.276.4282



**10th Annual Kootenay
Gut Buster Comedy Show!**
Crawford Bay Park
July 24-25, 7pm each night
**Starring some seriously talented
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Plus musical performance by
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**Tickets available at Kokanee Chalets
Special low rate for locals.**

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Make the valley howl with laughter!

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Mother Mother
Ozomatli
Aidan Knight
Oliver Swain's BIG MACHINE
Coco Love Alcorn
Abstract Rude w/ DJ Rippel
Dreamtree Project
Adham Shaikh
Shred Kelly
Moody Amiri
Gurpreet Chana "The Tabla Guy"
Hornography
High As Mountains
S.L.a.P
HarpPixie Trio
Slava Doval's DanceFusion
Mystic Drumz
Dixie Star Storytelling...
plus very special guests!**

tickets on sale now!
starbellyjam.org

KOOTENAY LAKE FERRY YEAR ROUND SCHEDULE

Summer Schedule in effect

Vessel Name	Balfour	Terminal	Kootenay Bay	Terminal
	Summer	Winter	Summer	Winter
Osprey 2000	6:30 am	6:30 am	7:10 am	7:10 am
Osprey 2000	8:10 am	8:10 am	9:00 am	9:00 am
Osprey 2000	9:50 am	9:50 am	10:40 am	10:40 am
MV Balfour	10:40 am		11:30 am	
Osprey 2000	11:30 am	11:30 am	12:20 pm	12:20 pm
MV Balfour	12:20 pm		1:10 pm	
Osprey 2000	1:10 pm	1:10 pm	2:00 pm	2:00 pm
MV Balfour	2:00 pm		2:50 pm	
Osprey 2000	2:50 pm	2:50 pm	3:40 pm	3:40 pm
MV Balfour	3:40 pm		4:30 pm	
Osprey 2000	4:30 pm	4:30 pm	5:20 pm	5:20 pm
MV Balfour	5:20 pm		6:10 pm	
Osprey 2000	6:10 pm	6:10 pm	7:00 pm	7:00 pm
Osprey 2000	7:50 pm	7:50 pm	8:40 pm	8:40 pm
Osprey 2000	9:40 pm	9:40 pm	10:20 pm	10:20 pm

CHURCH CALENDAR

RIONDEL COMMUNITY CHURCH

JULY 2015 SCHEDULE

July 5: Jim Hearne, 11am

Music: Marie Gale

July 12: Ramona Dannhauer, 1pm

Music: Richard and Ramona

July 19: Jeff Zak, 11am

Music: Marie Gale

July 26: Brenda Panio, 11am

Music: Marie Gale

Please check www.riondel.ca for changes Info at 250-225-3381

CHRIST CHURCH & EAST SHORE CONGREGATIONS ST. ANSELM'S CHURCH BOSWELL (Anglican)

For information call Christ Church Creston 428-4248

**No services at the present time. Contact Christ
Church Creston for info - 250.428.4248**

HARRISON MEM. COMM. CHURCH, ANGLICAN

Crawford Creek Rd., Crawford Bay Everyone Welcome!

No services at present time.

For info, please contact *Karen Gilbert: 227-8914*

KOOTENAY LAKE COMMUNITY CHURCH

A Lighthouse on the East Shore

Come & join us Sundays at 10 am.

Coffee fellowship after the service.

Pastors Richard and Ramona Dannhauer
16190 Hwy 3A, Crawford Bay 250.227.9444

YASODHARA ASHRAM

Satsang (non-denominational, "in the company of the wise"),
each evening 8pm. Everyone welcome, 250.227.9224

MOST HOLY REDEEMER CATHOLIC CHURCH, RIONDEL

Reverend Thomas Kakkaniyil Phone: 428-2300 Fax: 428-4811

Sunday Mass at 2:00 pm

1st Sunday of the month, Fellowship Sunday.

THE CHURCH OF JESUS CHRIST OF LATTER DAY SAINTS

1520 Campbell Avenue, Riondel, B.C.

Meetings begin at 10 am, every Sunday. Info call, 250-227-9522

CHRISTIAN SCIENCE CHURCH SERVICES

Held in the Anglican Church, 8151 Busk Rd, Balfour

Sundays, 9:30 am - All welcome For info, call: 250.229.5237

**Next Deadline:
July 22, 2015**

MEETING PLACES

LIONS CLUB - meets at the Kootenay Lake Community
Church - 16190 Highway 3A, Crawford Bay.

Meeting Times: 7 pm.

Second and Fourth Tuesday of the Month

For More info call Lion Mike Jeffery - 250-227-6807 or Lion David
George at 250-227-9550 or Lion Jim at 250-227-9622.

TOPS - Take Off Pounds Sensibly: meets every Monday morning
at 8:30 am in the Kootenay Lake Community Church basement.
Call Myrna for more info: 227-9420

PARENT ADVISORY COMMITTEE

(PAC) Meetings held at 7 pm at the Crawford Bay School
on (usually) the second or third Monday of the month. (or Tues)
Call Ingrid to be put on the agenda - 250.227.9246

**Next PAC Meeting:
September 2015**

July 2015 Mainstreet 23

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1 Yoga w/ Melina, CB Park Pavilion, 9:30-11am Bingo, Rio CC, 6:30pm Health Centre CLOSED	Full Moon 2 Yoga w/ Melina Bos Hall, 9:30-11 Many Bays Practice, 7pm Dr Moulson	3 Indian Dance Class & Performance, Ashram Wallace Adkins Day, Circle of Friends, 11-2	4
5	6 Bend MLA's Ear: CB Market, 1-2 and Faeries Landing, 3-4 Yoga w/ Melina, GC Hall, 7-8:30pm TOPS, KLCC, 8:30am	7 Dr. Grymonpre	8 Yoga w/ Melina, CB Park Pavilion, 9:30-11am Bingo, Rio CC, 6:30pm Dr. Moulson	9 Intuitive Painting w/ Ted Wallace, GC Hall Yoga w/ Melina Bos Hall, 9:30-11 Many Bays Practice, 7pm Dr Lee	10 Intuitive Painting w/ Ted Wallace, GC Hall KGB Comedy Contest, Newkey's	11 Wildland Interface Hazard Assessment and Mitigation Course, CB Hall, 8:30-4:30
12	13 Yoga w/ Melina, GC Hall, 7-8:30pm TOPS, KLCC, 8:30am	14 Creston Vet Clinic, CB Motel Lions Mtng, 7 pm Dr. Grymonpre	15 Yoga w/ Melina, CB Park Pavilion, 9:30-11am Bingo, Rio CC, 6:30pm Dr. Moulson	16 Yoga w/ Melina Bos Hall, 9:30-11 Many Bays Practice, 7pm Dr. Lee	17 Starbelly Jam Music Festival	18 Pancake Breaky - Newkey's 7:30-11am Starbelly Jam Music Festival
19 Starbelly Jam Music Festival Pancake Breaky - Newkey's 7:30-11am	20 Yoga w/ Melina, GC Hall, 7-8:30pm TOPS, KLCC, 8:30am	21 Shokunin/Kids SMART Camp, CBESS Dr. Grymonpre	22 Shokunin/Kids SMART Camp, CBESS Yoga w/ Melina, CB Park Pavilion, 9:30-11am Bingo, Rio CC, 6:30pm Dr. Moulson	23 Shokunin/Kids SMART Camp, CBESS Yoga w/ Melina Bos Hall, 9:30-11 Many Bays Practice, 7pm Dr. Lee	24 Shokunin/Kids SMART Camp, CBESS KGB Com Fest, CB Park, 7pm GC Museum Days, GC Hall, 12-6pm	25 KGB Comedy Festival, CB Park, 7pm GC Museum Days, GC Hall, 12-6pm
26 GC Museum Days, GC Hall, 12-6pm	27 Medley Arts Camp, CBESS GC Museum Days, GC Hall, 12-6pm TOPS, KLCC, 8:30am	28 Medley Arts Camp, CBESS Lions Mtng, 7 pm Dr Grymonpre	29 Medley Arts Camp, CBESS Yoga w/ Melina, CB Park Pavilion, 9:30-11am Dr. Moulson	30 Medley Arts Camp, CBESS Dr. Lee	Full Moon 31 Medley Arts Camp, CBESS	NEXT MONTH: AUG 4-7: Global Gesture Language Camp, CBESS

THE HISTORIC GRAY CREEK STORE
EST. 1913

250-227-9315
graycreekstore.com



Mon-Sat 9-5:30 & Sun 10-5



Summer Projects? Summer Prices!
Come on in & see Ryan - Get the help you need to do it right.

Enjoying the back country on your ATV?
Good Selection of Helmets Available



Keep your garden growing! Hoses & sprinklers of all sorts are here!



General Store

Woodstoves & Fireplaces	Housewares
Lumber & Building Materials	Paint & Supplies
Chimney & Stove Pipe	Electrical
Plumbing	Key Cutting
Work Clothing & Safety Gear	Marine
Nickel Candy & Fireworks	Tools & Hardware
Fishing & Hunting Licenses	Camping Gear/Tarps
Gardening Tools & Supplies	Bear Bangers/Spray
Gloves/Rubber Boots/Flip Flops	Fishing Gear/Tackle
Groceries	Propane & Acetylene
Wide Selection of Axes/Handles	Kootenay Lake Nautical Charts
BC History Books	A Friendly Smile and a Great Cup of Coffee!
Rope & Chain	




PLUS: WETT inspections and Free In Home Consults

ADVERTISER	PAGE		
Kootenay Insurance Services	22		
Artisans	17	Kootenay Lk Art Connection	12
Bend MLA's Ear	14	Language Camp	14
Black Salt	5	Medley Arts Camp	11
Boswell Hall	10	Newkeys	6
Caterer for Camps	3	North Bay Pavilion Rental	3
Classified Ads	22	PAC	3
Comedy Contest	6,22	Riondel Market	13
Community Futures	16	RVFD	7
Consultant Learning	3	Sacred Journey	13
Crawford Bay Hall & Parks	18	Sapphire Hair Salon	12
Crawford Bay Market	13	Shokunin Master Classes	11
Credit Union	12	Studio Ponnuki	5
Creston Valley Realty	15	Starbelly Jam	13,23
Creston Vet Clinic	20	Sunnywoods	7
EASEY Kindermusik	2	Sunset Seed	10
EDC	4	Turlock Electrical	12
ESIS	12	Yashodhara Ashram	6
Eastshore Physiotherapy	19		
Fall Fair 2015	20		
Fire Smart Course	12		
Fitness Place	15		
Footlighters	2		
Gray Creek Store	24		
Gray Creek Mechanical	12		
Harreson Tanner	18		
Hulland and Larsen	12		
Invest Kootenay	3		
KES	13		
Kokanee Springs Resort	13		
Kootenay Gut Buster	12		

Transfer Station Hours

CRAWFORD BAY:
Sun, Tues & Thurs
9am - 3pm

BOSWELL:
Weds/Sat 11am-3pm

ES Health Centre ~227-9006~

Drug & Alcohol: 353-7691 Child & Youth: 353-7691

Public Health Dental Screening/Counseling: 428-3876

Community Nursing: 352-1433 Hospice: 227-9006

Mammography Screening: 354-6721 Baby Clinics: 428-3873

Physiotherapy: 227-9155 Massage Therapy: 227-6877

For more on facility, call Kathy Smith, 227-9006