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YEAR 26, NUMBER 7

JULY 2016

# The East Shore Mainstreet

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## Will the Balfour Ferry Landing Move?

There is a proposition to move the Balfour Ferry Landing to Queens Bay North in the near future. A study has been completed and now is the time for public input (currently, the deadline for input is July 6, 2016). Do you have thoughts on the subject? Read more about this developing story inside and go to any of the following sites to get more information: <[balfourcanada.ca](http://balfourcanada.ca)>, <[www2.gov.bc.ca/gov/content/transportation/transportation-infrastructure/projects/balfour-ferry-terminal](http://www2.gov.bc.ca/gov/content/transportation/transportation-infrastructure/projects/balfour-ferry-terminal)> <[nelsonstar.com](http://nelsonstar.com)> <[www.change.org/p/choosebalfour](http://www.change.org/p/choosebalfour)> and for a FAQ document by the Ministry of Transportation: < <http://www2.gov.bc.ca/assets/gov/driving-and-transportation/transportation-infrastructure/projects/balfour/faq.pdf>>



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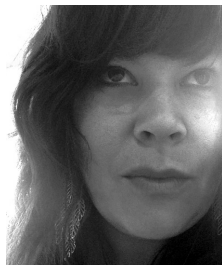
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Area A EDC and Rec 9

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**in this issue:**  
Ferry Landing Where?: 1,2,6  
Accidents and Gratitude: 2,3  
E-Waste: 5  
Rescuers Honoured: 8  
Future of Koot. Lake: 10  
Playground Update: 11  
Harv's Back (and still disturbed): 19  
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# Mainstreet Meanderings

by Editor Ingrid Baetz

## Flying Jewels

Recently, I stood on a porch while waiting to speak to the owner of said porch and quietly took in hummingbird play for about ten minutes. It was, in a way, transforming.

I was in the middle of the stressy-fun bits of deadline time and took a moment out of my day to drop the fuss and just stand still. Seems simple enough, but I do find that I'm not doing that enough... slotting nothingness into my days. I tend to reward work with something like an hour of Netflix or some silly game app on my phone, or maybe a phone call to a friend.

I stood there with the little birds for those minutes and found myself giggling and totally charmed for blissful, stand-still, minutes. I got lost in the game. I made up names for each of them (such a strange human tendency - personification) and wrote a little daytime drama in my head about the intricate relationships and social dynamics of the precocious little twerps. That was nice.

These little birds held me so transfixed that I decided to spend a little time getting to know them better. Fun Hummingbird Facts 101:

- There are 325 species of hummingbirds in the world, with only about five to ten of them found in Canada.
- Hummingbirds can't walk. They can hop sideways on limbs, and they can scratch themselves with their feet, but they can't walk or hop.
- Hummingbirds have only about 1,000-1,500 feathers on their bodies.
- Their maximum forward flight speed is about 50 km/hr, but they can dive at almost 100km/hr.

- They must consume approximately 1/2 their weight in daily sugar to sustain themselves. They eat small insect and spiders and sip tree sap as well.
- Their wings beat between 50 and 200 flaps per second.
- Their hearts beat at nearly 1,200 beats per minute.
- At rest, they breathe approximately 250 breaths per minute. That rate increases dramatically when flying.
- Some hummingbirds can fly up to 800 kilometres non-stop.
- Hummingbirds have no sense of smell.
- The average lifespan is between 3-12 years old.
- Most species can breed together to make hybrid species, which is what makes breed identification very difficult.
- Final fact for the day - hummingbirds are more entertaining than TV, more aggressive than little flying attack dogs, and more beautiful than flying jewels. I'm off to get a few feeders. Happy summer, little friends!

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## LETTERS TO THE EDITOR

### AMAZING COMMUNITY RESPONSE

Dear Editor;

Our son was recently in an accident on the Crawford Bay strip where he was struck by a moving vehicle. We are happy to say that he will be okay (a major concussion and some bruising and lacerations later) and it is due to the presence of those on the scene caring for him after the incident and later.

We are blown away by the immediate reaction by those in the area, from the talented first response team, the ambulance attendants, and the Kelowna Hospital team, where he was air-lifted to. We are also grateful for the reaction and intuition of the driver of the vehicle for slowing down because he saw a group of boys walking our highway. Our family is eternally thankful. The love and support in this area is overwhelming.

*Kate Page, Dano Cheverie, Matt Leishman and family.*

### JUNIOR RESPONDERS SHINE

Dear Editor;

Last week there was an accident in Crawford Bay at lunch hour. As a parent and the safety officer for the Riondel Fire Department, I must commend our Junior First Responders (specifically, in this situation, Felix Wedge-Darchen, Arlo Linn and Daniel Wensink).

Although I wasn't on the call, the reports and feedback from the community have been astounding. These young adults regularly show up for practice with the Riondel Fire Department on Thursdays where we learn such skills as risk assessment, first aid and more.

They are attentive and engaging and, in this time of crisis, followed their training by securing the accident scene, identifying themselves and lending aid. They are an invaluable asset to our community.

*Good job crew  
James Linn - S.O. RDFD*

### FERRY LANDING CONCERNS

Dear Editor:

On June 15 I attended the information session about the proposed ferry landing options at the Red Fish School. Since I was a little early I decided to visit the area of Queens Bay North (QBN), that is being proposed as the alternative to the present Balfour location. I wanted to see what it looked like. I quite quickly understood the gravity of the situation.

From the parking lot along the highway there are several trails down to the shore. At the high water mark there are a dozen or so little spots where the gravel has been leveled to make pleasant sitting areas under the shade of the cottonwoods and fir trees that line this 500-meter stretch of shore. By the looks of it these places have been around for a long time and I could imagine several generations of kids from Balfour and Queens Bay having grown up playing along the shores at this beach. It would seem unimaginable that someone would make a proposal to pave this piece of paradise to put up a parking lot unless they have not been there.

I encourage everyone to go have a look for themselves. Be careful going down the path(s) since the slope is very steep.

This foreshore represents about a 1 kilometer stretch of level riparian zone that has not been altered and is one of the few places on the west side of the lake between Coffee Creek and Nelson that still is in pristine condition (besides Kokanee Park). Towards the north end of the shoreline there is a large area (200 meters long) of wet lands with seepage, moss and willow.

With this new knowledge I felt I would be able to have meaningful conversations at the information session with proponents and opponents of the QBN proposal. Much to my surprise I did not encounter many proponents of the move to QBN. There were 300 to

**OFFICE DESK**  
Box 140, Crawford Bay, BC, V0B 1E0

**Editor: Ingrid Zaiss Baetz (since 2002)**  
**Retail Distribution, Subscriptions, Advertising, Layout:**  
Ingrid Zaiss Baetz  
(Subscriptions: \$40/year within Canada, \$50 to the US, and \$75 Internationally)  
Phone: 250.227.9246/250.551.7697  
Email: mainstreet@eshore.ca

**Proof Editor: Doreen Zaiss**  
**Writers: Community**

**Article? Letter? Etc?** Drop off at Gray Creek Store drop box, mail to Box 140, Crawford Bay, V0B 1E0

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*The opinions expressed in this paper are not necessarily the opinions of staff or advertisers. We reserve the right to edit for clarity or brevity and acceptance of submissions is completely at the discretion of the editor.*

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400 people gathered and the parking was backed up lining both sides of the highway for about a kilometer.

How would anyone feel if their only precious public beach was going to be converted into an industrial site. On top of which the place you had chosen to call home because of its peace and quiet (besides the roaring Harleys down below) is going to become very noisy with construction and ferry traffic and announcements. Just imagine if it was Gray Creek, Starbelly or Power Lines beach that was to be destroyed, how would you feel?

For this reason alone, I thought it was important for me to show up at the info session at Redfish to let people on the West side know that not all East Shore residents are in favour of destroying this beautiful piece of beach. There are many other factors that would make QBN not a good alternative. A fair amount of pro and con information can be gathered from a series of articles in the *Nelson Star*: <http://nelsonstar.com/news/383223261.htm>

I think the best alternative (if we need one) is to put the landing on the 5.2-hectare property at the end of Busk road in Balfour between Meadow street and Beach street.

Please take some time and fill out the online questionnaire. We owe it to ourselves and the next generations to be the guardians of the lake.

As a side note: I spend a lot of time in Costa Rica. When I tell people that in Canada you can take foreshore areas along lakes ocean and rivers and move rock or cut trees they are amazed since in Costa Rica it is illegal to touch any foreshore within 15-50 meters of the high water mark (depending on slope), regardless if it is on private or public land.

*Fred Schutter,  
Gray Creek*



## RDCK Area "A" Update

by Garry Jackman,  
Director - Area "A"

It must be summer. There are scant traces of snow remaining on Mount Drewry. When it rains lightly I do not feel compelled to put on a hat and the grass is growing about twice as fast as I can get to it.

**BC RURAL DIVIDEND AND ECONOMIC DEVELOPMENT** - Last month I outlined a new grant source of \$20 million per year for three years which the provincial government has put in place. The fund is primarily for economic development and job creation projects. Over the first application intake period I saw several proposals, three involving Area A, being pulled together. As far as I know only one of the three went forward, that being the application being sponsored by Kootenay Employment Services (KES) which is focused on supporting some of the ongoing economic initiative such as Fields Forward plus build on the information coming out of the recently completed business survey.

As I noted last month, the KES proposal would bring the Lower Kootenay Band, electoral Areas A, B and C together with the Town of Creston to create a core group to work on projects. Area A would still retain autonomy to pursue other economic development initiatives, as would the other partners. On June 21st the Area A EDC met with Community Connections to discuss opportunities for more formalized partnerships in pursuing economic initiatives plus the

EDC had a short business meeting to discuss steps to be taken over the next several months.

If successful, the large application for funding under KES would result in making about \$550K available over two years but we will not know the results until late September. If the large application is successful then Area A may benefit most by having additional funding on hand to support local research, planning, facilitation or other services to ensure our input is part of the larger picture being considered by the core staff under the KES initiative. I feel it is important we have the capacity to compensate some of our community members for input which is specialized and demands concentrated time commitments, rather than relying solely on volunteer input as and when our community champions are able to align their busy schedules with the time frames set up by the main group.

Given the uncertainty around the larger fund coming into play and to allow time for discussions with Community Connections to evolve, the Area A EDC is not asking for submissions of proposals at this time.

**LAKE VALUES SURVEY** - I have been working with the Kootenay Lake Partnership (KLP) for about eight years now over which time we agreed to sit as governments with common interests (local, provincial, federal and first nations) to become more focused and efficient in fulfilling our respective roles and responsibilities. That coming together took a good deal of time, but in the years since we have undertaken detailed mapping of physical habitat, biological data, first nations cultural and archeological sites and more to create a data base which will serve all of the members in responding to both development and conservation initiatives.

Along with the creation of the KLP, we recognized the need for a grass roots community organization which could look at a broader range of public interests and concerns. As KLP we supported grant applications

through non-governmental organizations to support a new group which has become the Friends of Kootenay Lake (FOKL). As part of their mandate, FOKL is conducting a lake values study which hopes to receive input from full time and part time residents which reflects the perspectives from those who are retired, own and operate businesses or simply live and work in the area. A concerted effort is being made to reach out to all members of our communities so that the data is statistically significant and representative of all of us. Please participate in the survey, either by picking up a paper copy (I believe they will be at the Riondel reading center and Crawford Bay Market) or go to the website at [www.friendsofkootenaylake.ca](http://www.friendsofkootenaylake.ca).

**BALFOUR FERRY** - I have asked (a few times now) that Highways bring their information boards over to the east shore to give us more information on the proposed changes. So far I have been told that is not planned, but with added requests through the Kootenay Lake Chamber of Commerce and others I hope we will be given a chance to review the information in an open house session with ministry staff on hand to answer questions. This is a once in fifty-year event so we want to ensure the project fits all of our communities to the best extent possible and that fairness and understanding are part of the process. Being a civil engineer myself I recognize that fairness and understanding are not often costed out as line items in the project budget. Look for a local petition and possible meeting date.

**STILL THINKING STRATEGICALLY** - The RDCK board held the first of three half day strategic planning sessions in June. Two sessions will be held in mid July and again in August. These sessions are tagged either before or after other regional meetings

*Continued on Page 4*

### MOTORCYCLE ACCIDENT

Dear Editor:

Hello - I was the first responder to a motorcycle accident that occurred on Saturday, June 18, 2016 at the intersection by the Crawford Bay Inn.

Firstly, I want to let the local people know that Jim Skalk (the rider) is okay. Jim is a long time participant in the Kinsmen Ride for a Lifetime, which raises money for Kids Cancer Care and is what brought our group of 42 motorcycles through the area. Jim was our groups single largest fundraiser, and was instrumental in helping us raise more than \$100,000 this weekend. He was taken to Creston hospital where he was assessed and then transferred to Cranbrook to undergo an MRI. He has a couple of broken ribs, but will live to ride another day.

Secondly, I would like to thank the local community for coming to our aid as well as local EMS for their prompt and professional response. I didn't get her name, but to the lady who told me she was the principal of the school; thank you for going out of your way to ensure that I had an understanding of how long things might take and for ensuring that we had "certified" help on scene so quickly.

The most important thing to us is that the people who came to our aid know what it means to us as a group, to me, as the president of the club that organized this event, and I'm sure to Jim. We are just so grateful to the community for your assistance. Thank you all.

Mick Moore,

President Kinsmen Club of the Stampede City

### CRAWFORD BAY, BRITISH COLUMBIA: AN EXPERIENCE TO REMEMBER!

Dear Editor:

I would like to take this opportunity to acknowledge a most welcoming reception and the numerous

gestures of kindness that were received from the community of Crawford Bay during our recent visit.

From May 26 to June 2, 21 students and three staff members from Rideau District High School in Elgin, Ontario visited Crawford Bay as part of an inter-provincial student exchange program as coordinated through SEVEC (Society for Educational Visits and Exchanges in Canada). SEVEC is an agency of Heritage Canada.

Our week-long visit was well organized and included a vast array of activities and tours as coordinated by teacher Matt Winger and members of the Parents' Council. Our students thoroughly enjoyed themselves during the exchange which clearly fostered many new long term relationships.

The warmth and friendliness of the residents and business operators in this area were very recognizable and greatly appreciated. Adults and children alike were very pleasant and supportive of their visitors from rural Ontario. Families continually went out of their way to make our students feel welcome. Special acknowledgement should be given to the Crawford Bay artisans who willingly opened their doors to educate our students.

Thank you once again Crawford Bay for making our exchange a rewarding and memorable experience for all.

William Morris

SEVEC Exchange Program Coordinator, Rideau District High School, Elgin, Ontario

*Next Deadline:*

*July 27, 2016*

### For Sale: Ten Pot Bellied Piglets

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# July Horoscope

by Michael O'Connor  
Tip of the Month:

Upon reflection, as the current New Moon cycle draws to a close, some very pivotal events have occurred in the world.

Britain's break from the EU is uppermost among these. The entire cycle was loaded with powerful events as was indicated by the powerful Mutable Grand Square and triple conjunction.

The next New Moon occurs on July 3 for most of the world but on the fourth in the Pacific, Alaskan and Hawaiian time zones. Where last month's New Moon hosted a rare and powerful exact triple conjunction with Venus, this month Mercury is in close alignment with the Sun and Moon. Because this occurs in the sign of Cancer, we can expect a peak in the graph for otherwise rational perspectives to be influenced by subjective, emotional sentiments.

Themes of change and transformation and all the emotional dramas which usually accompany these are indicated. There is also a distinct emphasis on healing and it leans toward the tone of a major operation as opposed to mere bandages and other such simple measures. We can expect that emotions and tensions too will be running high.

**(Read more in my Newsletter. Sign-up is free on my website + links to previous issues.)**

## Aries (Mar 21 – Apr 20)

Your focus is now centered on home and family affairs. Some of these may be fraught with challenges and power struggles. This trend will likely continue over the coming weeks and could produce significant and irrevocable changes. Important lessons may be learned. Positively, honesty will be aired and beauty will flourish.

## Taurus (Apr 20 – May 21)

Meaningful exchanges and more intimate communications with family, friends and neighbors is the current focus. Some of these could prove quite heated and intense, however. Your ability to empathize and see things from the perspective of others is extra important now. Fairly asserting your own position as well is the balancing act.

## Gemini (May 21 – Jun 21)

Taking stock of what is most important in your life is on your mind. While questions of financial security are in the mix, family relationships will come clearly into focus. Call it a test or an evaluation of your values and priorities. Sharing quality time moments will prove significant but may include the need to make extra efforts for the sake of harmony.

## Cancer (Jun 21 – Jul 22)

The time has come to proceed with goals and plans that have been waiting for their time. Ideally, the opportunity to bring creative design to the fore is available. Attending to a variety of fronts is also likely, as has been true for many months now actually. All the while you are in a playful, sporting and, perhaps, competitive mood.

## Leo (Jul 22 – Aug 23)

Stepping back and out of the spotlight for a while is the call now. Enjoying quiet time is featured. If embraced positively, you could catch up on home projects or interests that have finally reached the top of your list. The danger is that you could take on more than you would like. Reserve some of your time to simply rest and recharge.

## Virgo (Aug 23 – Sep 22)

Intimate encounters with family and friends are proving extra important of late. Reunions, on one hand, and making new connections, on the other, are also likely.

## Libra (Sep 22 – Oct 22)

Focusing on your work pace, space and place continues. Deciphering how things can work best in context with others is front and center. Key communications with your associates are taking on added importance. The time has come to enter into a new round of communications. You are determined to implement new strategies.

## Scorpio (Oct 22 – Nov 21)

Your sights are set on the future. Gaining clarity and outlining a plan of action feels extra important. This includes networking with other key players. Beyond the facts and even realistic goals, you may feel the need to express your more personal feelings about certain matters. Protecting your sense of individuality is featured.

## Sagittarius (Nov 21 – Dec 21)

Diving deep to both access your core feelings and to release unwanted attitudes and attachments is underway. It is all part of a refinement of your sense of maturity and/or for the sake of your public status and professionalism. This cycle will continue for several weeks so tune-in and cooperate with the process.

## Capricorn (Dec 21 – Jan 19)

Paying closer attention to the quality of your relationships continues. This includes your own conduct and that of others too. Paying close attention to what is said and especially to how communications are expressed is a central theme. Cultivating empathy is implied. This includes truly listening and deciphering the quality of intent.

## Aquarius (Jan 19 – Feb 19)

The time has come to forge ahead. Your ambitions are at a peak. Fueled by various categories of security needs, you feel determined to succeed. Rewards for past actions have been flowing in yet they come with the mixed blessing of having to let go of roles and relationships.

## Pisces (Feb 19 – Mar 20)

If you have the opportunity to enjoy some R & R, do it now. This window will be open for the next few weeks especially. Your passion and drive will also be at a peak. The time is also right to continue to increase your social outreach. Cooperation with practical strategies and creative expressions is the call.

Michael O'Connor  
Life Coach Astrologer  
sunstarastronomy.com  
sunstarastronomy@gmail.com  
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## RDCK Cont'd from Page 3

to eliminate additional travel. The output will form a portion of the work plan for staff in 2017. This is the time for such an exercise, as each general manager is tasked with preparing their first draft budget in the fall. The RDCK more or less divided into departments although there are shared staff between groups since we are a relatively small organization compared to other orders of government. The general managers each head up a department.

The Environmental Services department covers water systems, solid waste management and recycling, several smaller initiatives such as the wood stove rebate program and hazardous waste roundups. Development Services includes building inspection, land use planning, bylaw enforcement and GIS (our mapping and data base) plus are involved in projects such as the Kootenay Lake Partnership, the food and agriculture initiatives (which both overlap with land use). Community Services look after the recreation centers (three large facilities plus some of the smaller ones within the region), regional parks and trails plus share planning staff who help develop new sites and are involved in land acquisition. Emergency Services cover the fire halls, some of the first responders in our region (road rescue having the highest demand for service), emergency planning and coordination (in particular for the first 72 hours of an emergency situation) and also coordinate projects such as the fuel reduction project at the urban / forest interface. Administration encompasses finance, IT, support for agendas, meetings and minutes, general enquiries, research and run elections and referenda.

Each department has year over year functions to fulfill, many mandated by provincial or federal regulations, but they also have the option of extending services at the request of residents and yes, the RDCK does routinely receive requests to extend services. We do not plan to have staff sitting around to answer requests which may come in, but we have an ongoing stream of enquiries which merit an organized response and that takes human resources. Some communities are very organized in making their requests while others are not. Your input at this time of year will be included in the process of developing next years work plan and staffing levels.

If you have questions or comments on any topic (including your priorities) please drop a note to gjackman@rdck.bc.ca or call me at 250-223-8463.



## Here's the Epitome of Recycling!

Ingenuity by our lumber yard manager Steve Maxwell – he came up with the idea of using old chainsaw bars for letters in the LUMBER sign on the store warehouse.



## Hacker's Desk

by Gef Tremblay

### E-WASTE

I got my first computer when I was 6 or 7 years old. It was a Vic-20 that needed to be plugged into the television and it used audio tape for recording the code that you use to make the computer work. When you started the computer, nothing was working. You couldn't do anything with the computer apart from programming it to do something. It was quite a steep learning curve to start understanding computers.

- 10 print "Hello"
- 20 goto 10

This program which was probably the first one I created would print Hello forever. This is also when I learned how to stop a program from running and what an infinite loop is. From there, I extrapolated the little I knew and started creating tools on the computer. I've made games and different type of programs, one of which was a musical instrument, where any keys on the keyboard would be mapped to a sound.

Although today, programming is not taught at school anymore, and seems more like a dark art of making a computer do what you want it to do, programming used to be the only way to interact with the computer. That interaction demystifies the computer, but also brings a better understanding of these machine and a closer relationship with them. Computers became for me, at an early age, more like pets or entities that I could modify at will. That interaction changed my relationship to the machine. Today, I really do feel bad when

computer is mistreated and my quest to free computers from Windows to bring them to Linux sometime has more of a spiritual guidance feeling than a tech support role.

Last week, I finally dumped half a ton of e-waste. Computer, laptop, screen, printer, scanners and photocopier. It felt great to recycle so much, but I still have more to recycle. You might think that I've accumulated so much electronics in a lifetime, but all that e-waste was solely collected on the East Shore, between Gray Creek to Riondel in less than three years. We consume electronics at an alarming rate.

That letting go was also a step to make some space in my life for something else to come in. As you might know, I've been doing tech support for almost 20 years. From networking to running a small internet service provider in Montreal, building computer, to helping multiple small businesses with their electronic tools, I've seen pretty much all the aspects of using a computer in everyday life. But now it's time to let go of that. It's a hard decision as it's part of who I am, and although I am clear about letting it go, I still say yes to any request for computer help. Maybe writing an article about it in the newspaper would help?

Of course I won't drop the ball as of right now. I will continue to help for a moment, and continue to work with the clients I've worked with in the past. But in the long run, I'll make sure there are alternatives to my services, making sure that people can get support elsewhere. For instance, Jonas Plaumann and his business Clever Green Power offers tech support locally.

One part that is dear to me that I will continue offering is the teaching and support of open source software. From Linux, to other creative tools that I am using, I feel it's important to continue the spread of open source tools, not only because it's free, but most importantly because it empowers the user to choose how their computers are setup and how they work for them. I've been running my business Studio Ponnuki

only on open source software, which is a good proof that you can run a whole business on open source, but there are also more and more institutions that run on open source. Even the space shuttle now runs Linux.

My desire to make space is for me to focus more on visual design. My love for the layout, design, rhythm, paper, printing, web, ink and even product design is always growing. And the ever expanding field of visual design is quite a rewarding path. As I am always wanting to learn more, working in the field of design offers me so much. From colors, shape, typography, calligraphy lettering, photography, silk screening, web... My brain is quite satisfied with the ever-expanding understanding and endless way of creating the reality that we live in.

## THANK YOU REC #9!



*Due to your generous funding, the community now has a wonderful new volleyball net that sets up anywhere outside (grass, sand or soil) in minutes and brings fun and fitness to all!*  
We appreciate the grant. Thank you.

## Raising the Roof

by Christina DePape

On Saturday June 18 the Gray Creek Hall Society raised the roof of our beloved Hall with an evening of excellent entertainment, a great dance party, and locally made pizza and desserts. The event raised over \$2100 to go towards replacing the 40 year old cedar shakes with a new roof.

Many people in our community came together in the spirit of what makes the East Shore so unique. Performers and volunteers gave generously their talent, time and enthusiasm to create an evening of interactive community entertainment.

The Hexagon Players Improv Theater was fabulous with courageous intelligence and wit. Stephen Albrechtson stole the floor, delighting the audience with his musical talents on guitar. Bob Schutter made a debut on electric guitar with courageous presence and passion and Andy Sheridan gracefully captivated the audience with his musical brilliance on guitar.

The icing on event was Will Chapman, aka DJ Will 'D Beats, and Fred Schutter, dancing us into solstice as the beauty of the lake and moon held the hall and all the magic. Throughout the night Famous Abe and the kitchen crew served delicious pizza, salad and home baked desserts.

It was a quintessential Gray Creek Hall gathering, the kind that rocks the soul of the East Shore with celebratory togetherness. Many thanks go to everyone who contributed to a special and successful evening by being there.

Grants for financial help for the new roof are being applied for, but the total estimate is nearly \$18,000 to replace the plywood, strapping and install metal roofing with snow brakes.

If you were unable to attend the fundraiser, and would still like to contribute something toward the new roof, donations can be sent to Gray Creek Hall Society, Box 4, Gray Creek V0B 1S0; e-transfer: info@graycreekhall.com or use the mini hall donation box, currently at the Gray Creek Store.

July 2016 Mainstreet 5



## Hidden Taxes

by David George

### BC Hydro's Site C Follies

Dylan said it years ago: "The answer my friend, is blowin' in the wind..." BC Hydro doesn't like that answer though, and has refused to sign a contract to buy electricity from a wind project on Vancouver Island which had First Nations support and would have created hundreds of jobs. Construction would not have cost taxpayers a penny. Instead our premier is going ahead with sinking \$9 billion into the unnecessary Site C dam project, which will increase BC Hydro's long term debt by a shocking 50 percent.

Look for this timely story in the *Vancouver Province*: <http://www.theprovince.com/technology/environment/site+blows+away+major+wind+power+project+from/11978688/story.html>

"Hidden Taxes" has looked at BC Hydro before, in the 16th of these columns, a couple of years ago, as part one of "Milking the Cash Cow". It's time to take another look at the utility, which doesn't serve us along our beautiful East Shore of Kootenay Lake, but does increase the per capita debt of all British Columbians.

The fact is, if Site C is not stopped, it will increase BC Hydro's long term debt as stated in its annual report for 2015 from \$18 billion to \$27 billion. Remember, just eight years ago that stated debt was only \$8 billion.

That is not, in fact, all of the debt which Hydro will incur in the future. Independent Power Producers have contracts with BC Hydro for the next 55 years.

They will be paid already agreed upon amounts for their electricity, amounts above the costs which Hydro incurs for its own generating facilities. Those amounts add up to a staggering \$54 billion, added to Hydro's long term debt including Site C of \$27 billion. Guess who will have to pay for that debt? That's right, every British Columbian. All the 4.7 million or more of us will have a per capita debt load just from BC Hydro of

more than \$17,000.

This future debt load is almost hidden in the annual report of Hydro for 2014-15, as Note 21, Commitments and Contingencies: Energy Commitments, not in the section dealing with long term debt. Sneaky, eh?

Consider this also: the total amount of electricity sold by BC Hydro has remained almost constant for several years. Demand has not increased and export sales are down. Conservation initiatives have been successful. People and industries are using electricity more efficiently.

There is no need for Site C, especially when one takes into account some independent projects' capacities. Even more outrageous is the fact that for at least 25 years, successive provincial governments have milked BC Hydro of around \$6 billion in so-called dividends.

In 2013 that 'dividend' was \$215 million. In 2014 it did drop a bit, to only \$167 million, but for 2015 it was back up at \$264 million. The cost of servicing the present stated long term debt was \$632 million in 2015. Add that to the 'dividend' for 2015, and that's almost another billion dollars spent.

Well, you know, a billion here, a billion there, pretty soon it adds up to real money.

Every resident of British Columbia should be shocked and outraged by the actions of this present provincial government regarding BC Hydro.

Oddly enough, in the *BC Business Magazine* survey of the Most Loved Brands in BC in 2015, BC Hydro was ranked 6th, up from 7th in 2014. Go figure.

Look at the survey results for some surprises--- <http://www.bcbusiness.ca/marketing-media/the-20-most-loved-brands-in-bc-2015-our-ranking>

If you care to do so, go online and sign the BC Green Party's petition against Site C at: <https://www.bcgreens.ca/site-c>

If you care about what happens in the next provincial election, talk to your MLA and the other candidates who should be coming forward before next May.

# ~Hot Topic~ Moving the Balfour Ferry Landing

a *Mainstreet* report by Ingrid Baetzel

Since 1947, Balfour has served as the western terminus for the Kootenay Lake Ferry. In a report by SNC-Lavalin (the engineering and construction consulting group hired by the Ministry of Transportation and Infrastructure) it was recently determined by the group that relocating the terminal to Queens Bay North will significantly improve highway and marine safety. In addition, the report states that service level will be improved by the shorter water route reducing the current 50-minute transit time to 30-minutes. There are plenty of arguments as to why this is a good option, but read on to hear more about the reasons that many feel this is not a good choice.

**Reasons for this change of location of the western ferry terminus include:**

- Limited vessel draft during low water periods is resulting in local coating breakdown and pitting of the bottom of the MV Osprey, as well as causing propeller damage.
- The navigation channel through the west arm is narrow, and with the relatively strong water currents and the increase in pleasure craft activities through the years, the risks for incidents, especially during the peak summer periods have increased.
- Due to the narrow channel and drifting sand the navigational aid system guiding the ferries into and through the west arm is less reliable.
- Canadian Coast Guard has concerns regarding available water depth for the MV Osprey in the west arm.

The report also expresses concern about the safety of the queuing process at Balfour where, in high-peak seasons, traffic is backed up the highway. Proper exit and turn-in lanes are not present (but required), and delays due to backed up traffic occur frequently on the ferry when it's high season and they are disembarking.

The report sites that merely upgrading the Balfour terminus will not improve the situation for several reasons. There would still be dredging required due to constantly shifting sand and a narrower channel. Conflicts with pleasure craft will increase, and the ferry system from Kootenay Bay to Balfour will still require two ferries to maintain existing service.

SNC-Lavalin sites several reasons that moving the terminus to Queens Bay North will be more cost efficient, safe and will improve service. They report that moving the activity away from the western arm will help minimize conflict with other marine traffic, involve no channel width constraints, offer a 40% savings in terms of transit time, create hourly service, simplify engineering for loading/disembarking and highway merging, involve minimal road grades, create no highway queuing, and involve less interaction with local traffic.

They also say that the cost-benefit of making this move rather than repairing the Balfour terminus and building a new ferry is substantial. They estimate that constructing a new location on the north side of Queens Bay would cost \$25 million, compared to \$36 to \$40 million to upgrade the current Balfour location and build a new ferry.

However, "It could be a wash in the end," Marine Branch executive director Kirk Handrahan told reporters. "From our perspective, Queens Bay would have much lower operating costs. But it's going to come at a cost to businesses and community uses. Those are the things we have to weigh."

**Queens Bay and Balfour residents have something to say about all this, as do East Shore residents, who will also surely be impacted by major changes to the route and new ferry landing.** The Queens Bay Association has put forth concerned arguments and

6 *Mainstreet* July 2016

information to off-set what many see as a steam-roll approach by the Ministry in this process. One of the frustrations is that, according to Queens Bay residents, the materials presented to date, including a technical feasibility study, are skewed in favour of moving the terminal and fail to point out the downsides.

"People are being asked to express a preference based on incomplete information," said John Beerbower of the Queens Bay Residents Association. "The material is propaganda for their preferred outcome. If they put the countervailing issues in front of us, maybe that would be fair game, but they haven't."

John Betts, a fellow member of the association, said the study completed by SNC-Lavalin overlooks many factors: "We're saying you didn't look at socio-economic, environmental, cultural, and cumulative impacts. We're telling them the report has large gaps they need to address."

There have been arguments about the approach of this project. One of these is that the public has not been duly informed nor given enough time for effective feedback. Another is that the numbers for costs and savings are not accurate (the QB Association and some Balfour businesses state that the economic losses that haven't been considered include: the millions to recover and refit the Balfour ferry landing into a viable tourist area; the millions for back-up ferry service when the Osprey is down for refit; the 55-60 people employed on the Balfour ferry landing will lose their livelihood; the estimated \$7 million dollars annually put into the local economy from these businesses [not to mention the estimated \$1 million in tax remittances alone]).

They also are concerned about the environmental and archaeological impact of the intensive industrial work that would occur on the shoreline, disrupting fish and wildlife habitats and compromising or destroying the aboriginal archeological sites in the area. They are concerned about operational pollution to air and water and how that will permanently and negatively impact the water and land. They have stated that MOTI has deferred environmental assessments until the project is underway and wonder why that is. They have also stated that they believe that dredging would occur in Queens Bay as well, so that point is moot. Also, the MOTI budget uses a 25% margin for error, meaning that the savings quoted for the move falls within the same margin and is thereby a moot point as well.

Finally, several residents on both sides of the lake have wondered what will happen if the project goes over in cost (as many suspect it will). Since many of the considerations (historical, environmental, back up ferry system, ecological, etc) have not necessarily been accounted for in the estimate, the chances of the project being well over the estimated expense projection are very high. What then? Will we see an end to our free ferry? Having to pay for use of our water highway has hung over our heads for a very long time. Is this just the impetus to push it into our reality?

Of course, the local groups have not had the same time, opportunity or money to hire a giant consulting company like the ministry did and a lot of these details are emerging day by day and cannot all be definitely proven or disproven. There are arguments on both sides of the equation – benefits and drawbacks to both scenarios.

What does seem evident, though, is the nature of this proposal is one of top-down (as all large, multi-million-dollar government decisions seem to be), and on a somewhat need-to-know basis. It is apparent that private landowners and business people are scrambling to prove their cases and make their voices heard against huge odds.

A discussion guide (<http://www2.gov.bc.ca/assets/gov/driving-and-transportation/transportation-infrastructure/projects/balfour/discussionguide.pdf>) posted on the government's website acknowledges that while the feasibility study examines technical, safety, and financial perspectives "it does not evaluate the full

range of impacts on the community."

The Kootenay Lake Chamber of Commerce has invited the Ministry to present an open house to East Shore residents, inviting invested community members from both sides of the lake as well. At the time of writing, no date has been fixed, but the end of public input is currently July 6, so time is one of the most urgent factors. *Mainstreet* also sent an email to the Ministry to inquire as to why East Shore residents were not given ample opportunity to be involved in the input period, and why the news and announcements were not sent to the local media.

The East Shore is considered by many to be a stakeholder in this argument. Local businesses need to look closely at the cost/loss analysis and determine how a 30-minute turn around will impact their business. Businesses at Kootenay Bay will, no doubt, see this as hugely impactful and should likely be prepared for major changes. Will a quicker turn-around and faster trip across the lake encourage people to stop and stay longer, invest in the community and relax, or will it move people through our business and tourism sector just that much more quickly?

Watch for details of this to emerge very soon. You can look at the whole SNC-Lavalin report at the following link: <https://www.scribd.com/doc/315639099/Balfour-Relocation-Feasibility-Study>.

Go to [www.gov.bc.ca/balfourterminal](http://www.gov.bc.ca/balfourterminal) to get started and give your input.

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*Next Deadline:*

*July 27, 2016*

# ESIS AGM: Thank You For Your Support

by East Shore Internet Society Board

On Tuesday June 14, the East Shore Internet Society held its Annual General Meeting. A special thank you to the almost 80 members who attended. For those who couldn't make it, here's a summary of what you missed:

### A Year in Review

Garth Norris walked us through the last year, highlighting shifts in governance and operations, financial platform reviews, packages reviews, refinement of communication process with members (new website at [www.eastshoreinternet.ca](http://www.eastshoreinternet.ca), new Facebook page, and monthly newsletters), new support / billing phone system (RingCentral), and the general trials and tribulations of running a small rural internet service provider including hauling propane into remote tower locations.

ESIS Treasurer Brian Philp shared 2014 and 2015 financial statements, demonstrating how ESIS is currently managing the Connecting Canadians Project funds and how it is maintaining its financial health. To the question "How are we doing?" he responded: "ESIS is doing well." Good news.

### Connecting Canadians Project

Since the beginning of this year, equipment replacements have been taking place at the Network Operations Centre as well as on member sites. By 2018, the network capacity building and expansion project aims to give all ESIS members a 5MB download speed. But until network backbone upgrades are completed in the coming year, individuals won't necessarily experience faster speeds. However, "The project is well underway." said Neil Myers, project manager.

### Packages Explained

The board made a short presentation to explain how it reviewed and priced its current packages. A comparison between ESIS and Kalso Internet/Columbia Wireless/Red Mountain/Telus was shared, highlighting that (other than Telus) ESIS is currently offering one of the lowest per gigabyte rates amongst service providers.

### Investor Packages

In order to balance out its cash flow, ESIS will stop offering its investor packages. For those currently on the investor packages where you were paying 11 months upfront and receiving 12 months of service, when your yearly payment comes due if you wish to continue paying by the year you will be charged for 12 months. And as ESIS upgrades radios for the Connecting Canadians Project, those on the Investor rate will see an increase of \$15 to their bill. Last week, investor package subscribers should have received an email outlining the details and timing of these changes. If you think you should have received this email and didn't, please let our billing department know: [billing@eastshoreinternet.ca](mailto:billing@eastshoreinternet.ca). As part of this overall shift, ESIS will continue to review package rate every four months, with a hope to see cash flow increase, which could allow lower package rates for everybody.

### Elections

Having experienced success working together and having the right mix of needed skills, the board was motivated to continue on for one more term. Members present at the AGM showed their support by passing

a motion to (re)elect the entire board for a one-year term. As a result, the current ESIS Board continues to be: Mel Gale, Fraser Robb, Brian Philp, Richard Bertram, Garth Norris, Rosie Strom and Dan Séguin.

The AGM was smooth and confirming of the direction ESIS is currently heading in. But we couldn't do it alone - the board would like to thank ESIS staff for all its hard work, folks involved in committees or other volunteer capacities, the previous boards for their volunteer dedication, and Bob Carter for all his efforts in past years. It's only as a harmonious community can we keep this thing afloat.

For more information and to download the AGM PowerPoint presentations, visit [www.eastshoreinternet.ca](http://www.eastshoreinternet.ca)



**Next Deadline:**  
**July 27, 2016**

### WARNING! IMPORTANT REMINDER for @theeastshore.net Account Holders

This is your final notice – you **MUST** change your email system. ESIS is no longer supporting @theeastshore.net email accounts. The email account contract with third party operator ends and shuts down completely on July 31<sup>st</sup>. After that, there will be no way to recover anything from @theeastshore.net email accounts.

You **MUST** change to one of the free email systems like Gmail, Yahoo, iCloud, etc. and save any emails or files you wish to keep or they will be lost **forever**.

Once you have a new email address please notify ESIS at [billing@eastshoreinternet.ca](mailto:billing@eastshoreinternet.ca) or phone 844-776-3747 and press 3 for billing. If you have already made this change, thank you, and don't forget to notify ESIS of your new email address.

And important note, as soon as you notify ESIS of your new email address, your @theeastshore.net account will stop working, so make sure you're ready for that before advising us of your new email address

Thank you for your prompt action on this.

P.S. If you have trouble making this change, give us a call and we will have someone assist you.

## Gray Creek Museum Days

by Janet Schwieger

Mark your calendars for Museum Days 2016 - July 22 – 25, Friday through Monday 12-6 pm.

We will have the Gray Creek Hall filled with new displays, interesting items, maps, resource books and binders of part displays, and the best part - people to visit and share memories with. Free admission; donations are appreciated. Enjoy a refreshment, and sign up for an annual membership to the Society.

New displays include:

Pioneer dogs of Gray Creek – our archives have a good number of photos of early day settlers with their best friend. What did our pioneer dogs eat in those days vs now? Come and learn a bit more about our best friend.

Newspapers of the East Shore – a much expanded display from several years ago, including a first public look at the Mainstreet's silly sister, the Back Alley.

Nelson and area invoices from 1911-13. This fascinating collection of receipts is from buying and building our settlers homes, planting fruit trees, shipping fruit and more. Numerous early day businesses are represented, including Crawford Bay Store.

Lots of interesting items from the old Gray Creek Store to see.

And much more!

The Society directors have been busy as beavers wrapping up Tom's 2nd book for final publishing this summer. It will be a remarkable collection of memories and photos; keep your eyes open for it sometime this summer.

## Local Emergency Response Needed

submitted by Laverne Booth,  
Learning Hub

How will you respond if we have a fire, flood, or some other emergency this summer? Are you willing to lend equipment, radios, trucks, hoses, excavator, flat deck, tractors, trailers, pumps, generators, emergency lighting, or other equipment if needed?

The Emergency Sub-committee of the East Shore Health Society is creating a list of these local resources to add to the RDCK resource list. You may be contacted in the next few weeks or you could offer equipment by contacting Cory Medhurst at 250-551-1352 or Laverne Booth at 250-227-9218 ext 5518 (leave a message) or email [eslearningplace@gmail.com](mailto:eslearningplace@gmail.com).

Would you like to be on an emergency phone tree for your local area? If so, please phone or email the contact people above.

For more information, contact Garry Jackman at 250-223-8463

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# Memories of a Difficult Day

## Plane Crash Rescuers Recognized with Bravery Medals

by Ingrid Baetzel and Paul Hindson

In August of 2014, there was a terrible accident in Crawford Bay. A privately registered Cessna 172 was departing the small strip at the airport, when it crashed just off the fairway of the golf course.

Several people nearby raced to the scene, including East Shore residents Carol Vanr, Juergen Baetzel and Paul Hindson, and former resident Tobias Macdonald. Other people on the scene included visiting campers and tourists, and local first responders. The four local people named above were some of the very first upon the scene and were pivotal in jumping into action to pull the victims out of the burning plane.

These four local people, along with Brant Hannah from Alberta (who was also immediately on the scene and instrumental in saving the life of pilot Michal Kantoch), were recognized in late May in Surrey, BC. They were each awarded Royal Canadian Humane Association award for bravery. Tobias Macdonald and Paul Hindson were able to make the trip to Surrey to receive their medals and Paul brought back the medals for Carol Vanr and Juergen Baetzel. The two men are pictured here with Judith Guichon, the Lieutenant Governor of BC.

Another medal is rumoured to be in the works, but until such a time as it's made public, we can not divulge further details.

Congratulations to these brave people and for the recognition that your actions are now garnering. Special thanks to Carol Sales, aunt of the deceased passenger, Jane Y. Lavallee. Ms. Sales has been instrumental in the nominations and diligence towards seeing these conscientious community members be recognized for their efforts.

Despite the sad result of losing Jane Lavallee in the accident, it is nearly a certainty that Mr. Kantoch would have perished as well had these people not put their own lives in jeopardy to attend to the scene.

### Paul Hindson Reflects on the Day:

*It's like a dream now, that day almost two years ago. It was a warm, sunny evening, August 30, 2014. Relaxing after another hot, busy summer, myself, Ingrid and Juergen Baetzel, and Carol van Ruymbeke were lazily warming ourselves up for a game of tennis, totally unaware of the fateful chain of events about to unfold.*

*We heard an airplane at the nearby Crawford Bay airstrip, its engine rough and irregular. Then a crash. We looked at each other, wide-eyed, for what seemed forever. Then we dropped our rackets and ran for Carol's truck.*

*The smouldering plane was upside down on the left side of the 6<sup>th</sup> fairway at Kokanee Springs golf course. Myself, Juergen, and Carol ran up to the plane. Already there were Brant Hanna, a Calgary paramedic staying at Kokanee Chalets, and Tobias MacDonald, in town for his mother's funeral.*

*The next few minutes were a blur as we frantically tried to pull the two occupants from the plane. The tiny female's head was caught between the seat and the roof, and I reached in to pull it free. We got her out, and I thought, 'she's dead'. And she was. The pilot was moving and breathing and trying to talk. He had a badly broken leg and severe burns. Once we had them*

*both out, we realized the plane was about to explode and we pulled them further away.*

*Sure enough, within a few minutes the fuel tanks exploded and the passenger area was engulfed, a sure fiery death if we had not gotten them out. Ingrid had her camera and got vivid shots that were broadcast nationwide.*

*There were now dozens of people on scene, onlookers and first responders. Numerous attempts were made to revive the female passenger, but no luck.*

*We were all checked for smoke inhalation, and Brant Hanna spent the night in Creston hospital with badly burned hands.*

*I was interviewed several times over the next few days by various media outlets, including an 8-minute radio interview with Carol Off on CBC News AS It Happens. I can't stand listening to it now, my feeble misinformed attempts at commentary.*

*Soon information trickled in.*

*The pilot, Dr. Michal Kantoch. 58. Polish born, Michal is a renowned pediatric cardiologist at Stollery Children's Hospital in Edmonton.*

*The deceased passenger, Jane Yvonne Lavallee, 48, a sonography technician at the same hospital who had been all over the world teaching others her craft. In Saudi Arabia, she was given a necklace*

*with a camel pendant that she always wore. I remember the first responders taking it off as they worked on her.*

*Jane and Michal were in a relationship and Michal had recently taken Jane to Poland to meet his parents.*

*After the accident, Michal was placed in an induced coma while they dealt with his numerous skin grafts and badly broken leg. Then they woke him up and informed him of Jane's death. How ironic that this man who had saved so many lives now had to deal with losing his girlfriend this way.*

*I printed a grainy picture of Jane, smiling and full of life, and put it on my wall. I couldn't take it down for over a year.*

*In the spring of 2015, Michal drove back here. A few of us met him and we took him back to the crash scene, where numerous pieces of debris remained. Closure.*

*Being a long time motorcyclist who has crashed and ridden again, I talked to Michal about possibly flying again.*

*Jane's aunt, Carol Sales, actively campaigned for awards for the five of us. We were given the Royal Canadian Humane Association's Award for Bravery and another award I cannot disclose at this time.*

*On May 30, I attended the RCMP station in Surrey to accept the award for myself, Juergen and Carol. Tobias, living in nearby Delta, also attended.*

*What floored me was hearing stories of other incredible acts of bravery, including 2 RCMP officers who kicked in the door of a 10<sup>th</sup> story apartment to rescue a suicidal drugged 20-year-old woman who had climbed over the balcony. One cop held the other's pants as the other leaned over the edge and grabbed her wrist just as she let go. A tiny woman entered a burning house and led two dazed senior citizens out. Two young swimmers who rescued three small children from a raging river after a paddleboat accident.*

*My point is there are many brave people out there, and you never know when the next few minutes or seconds will have someone's life in your hands. We live in a rural area with sparse rescue coverage, and it is often private citizens helping at first.*

*Members of Riondel Rescue have told me that had they been there first, they wouldn't have gone in.*



*That's the official word, but I don't really believe them. Knowing those guys, they would have done the same as we did.*

*This was a major life event for me, and the others as well. Time passes and memories fade but we will always be part of a group that came together and did what was needed. Talking to a person who is still walking this earth because of us is a feeling I can't describe.*

**Next Deadline:**  
**July 27, 2016**

## A Tipi Camp Thank You!

by Nicole Plouffe

Tipi Camp's Silent Auction on June 5 was a huge success. On a beautiful, hot day it was difficult to lure in auction goers but the small, exuberant crowd managed to raise \$6,775. We have many people and businesses to thank for making this event happen. Monies raised will go to bursaries, infrastructure, and on-going projects for the camp. Thank you from the bottom of our tipi hearts. If we have left out any donors, please forgive our oversight – there were many and we appreciate you all.

We also would like to thank our wonderful set-up crew, Bonnie, Brigitte, Nicole and the incredible Patti who spent two days getting everything just perfect. Our kitchen crew, Farley, Rowyn, Dakota, James, Michael, Georgia, Sedona, and Ocean served up some wonderful treats. Branca and Kalibri, our beautiful door greeters, Melina, our perfect 50/50 draw seller and Sandra, our heart and favorite emcee.

**Thank you to the following businesses and individuals:**

Acutonics Teresa Lee, Ainsworth Hot Springs, Amanda and Will Hulland, Ambrosia Artisan Chocolates, Annaley, Ashram Books and Gifts, Bake Shop, Baldface, Balfour Golf Course, Barefoot Handweaving, Black Salt Cafe, Blanche Tanner, Bob's Bar and Grill, Bonnie Schutter, Brigitte Schutter, Brooke Whitley, Carol Lowe, The Fitness Place, Crawford Bay Store, Charlene Chaisson, Christina Depape, Demien Whitley, David Kale, Dinah Stanley, Dr Loren Kozak, El Taco, Ellisons, ES Learning Hub, Fireworks, Flickering Goddess Soaps, Footsteps Eco Tourism, Fran Kinder, Gray Creek Store, Harreson Tanner, Jade, James Wood, Jaqueline Wedge (Moonrakings) Pottery, Jen, Jodi Robertson, Junction Creek Hub, Karuna, Kaslo Jazz Fest, Kate Page, Kate Woodhouse, Kokanee Chalets, Kokanee Springs Golf Course, Kool Bus Tie Dye, Kootenay Coop, Kootenay Forge & Furnace, La Gala Jewelry, Lakeview Store, Dog Patch Pottery Studio, Leah Wilson, Lois Wakelin, Mainstreet Newspaper, Marianne Desjardins, Matt Sinclair, Medley Arts Camp, Melina Cinq-Mars, Michella Moss Jewelry, Moes Art Bread, Mojoes, Mountain Treck, Murielle Hielema, Nicole Plouffe & Darrell Schuell, North Woven Broom, Oso Negro, Otter Books, Posture Beads (Maria Latouf), Purcell Studios, Riondel Golf Course, ROAM, Ross & Anne Eccles, Rowyn Raginiski, Sandy Oates, Save On Foods, Secret Garden Toys, Shambhala Music Festival, Shirley Wyngaard, Shprieland Pottery, Slava Doval's Dance Fusion, Susan Snead, Tara Shanti, Ted Wallace, The Bake Shop, The Jones Boys, Thors Pizza, Timbuktu, Tipi Camp, Tony Waterfall Forge, Tribute Board Shop, Valhalla Pure Outfitters, Wedgewood Manor, Whitewater Ski Resort, Merv Robertson Woodcarving, YRB, Abraham Pizza, Kokanee Springs Men's Club, Bill Bannister, Raysons/Bannisters, Ann Dielssen's mom





## Crawford Bay Wetlands

by Farley Cursons, ESTBA Projects Director

*People usually consider walking on water or in thin air a miracle. But I think the real miracle is not to walk either on water or in thin air, but to walk on earth. Every day we are engaged in a miracle which we don't even recognize: a blue sky, white clouds, green leaves, the black, curious eyes of a child -- our own two eyes. All is a miracle."*

- Thich Nhat Hanh

Wetlands are arguably one of the most critical components in maintaining the health of ecosystems for fish, wildlife and humans, but they are the least understood and protected. Wetlands provide a number of important ecological functions ranging from water purifiers and fish nurseries to carbon sinks and wildlife breeding grounds. Most wildlife in the province use wetland habitat at some point in their life cycle, and many red- and blue-listed species are wetland-dependent.

Wetlands are the link between land and water, and are some of the most productive ecosystems in the world. Some common names for different types of wetlands are swamp, marsh and bog. Depending on the type of wetland, it may be filled mostly with trees, grasses, shrubs or moss. To be called a wetland, an area must be filled or soaked with water at least part of the year.

Hydrologic characteristics of the region have resulted in well-distributed water areas with a rich array of wetlands including the Columbia Wetlands near the headwaters of the Columbia River, the Kootenay River flood plains, the Creston Valley Wetlands and smaller wetlands like we have in Crawford Bay.

A significant proportion of the low elevation wetlands in the region have been lost due to water impoundment behind dams. Other wetlands were drained or filled to create solid land for agriculture, settlement, and industry.

Most of the Crawford Bay Wetland is titled to Kokanee Springs Golf Resort. We are fortunate to have continued public access to this area and we at ESTBA are focused on user sustainability when promoting wetland trails.

The Crawford Bay Wetland is becoming well known as a bird viewing area. Birders from around the world who have visited the Wetland are quick to indicate that this is something special. Balancing the 'eco-economic' value of the wetland with effective protection measures is a responsibility we all share as a community. It's important to educate ourselves and our visitors about sensitive local habitats such as the Wetland.

A major step in protecting sensitive habitats is developing a species inventory of both flora and fauna. Thanks to the efforts of Lorna Robin and support from Kootenay Lake Chamber of Commerce, the RDCK

and Kokanee Springs Golf Resort we have an updated bird inventory. The list was based on surveys conducted by Canadian Wildlife Service between spring 2013 to 2015. The survey confirmed 74 bird species with an additional 18 identified by local residents. (92 in total)

You can pick up your copy of the 'Birding in Crawford Bay' pamphlet at the Chamber Info Center and other fine businesses.

The Wetland trail has been maintained by Paul Hindson at Kokanee Chalets for many years. A thousand thank you's Paul. If you have enjoyed the Wetland Boardwalk you can thank last years Job Creation Project with Selkirk College and ESTBA. Klaus Plautman was Project Manager for the Boardwalk and Trail Head Kiosk that now greets trail users entering from Peters Rd. Thank you Klaus. The Trail Head Kiosk is a sign board with a map and other information. We would like to build more of these as funding allows.

It is very important to stay on the trails while visiting the Wetland. Please do not venture into the delicate fen or tromp through the muck. If you can't keep your dog under close control without a leash, then leash your dog.



The Crawford Bay Wetland is an important wildlife breeding site for ground nesting birds from early April to mid-July. Dogs running free can disturb breeding wildlife and their young. As well there is considerable bank erosion along the mouth of Crawford Creek so keep well back from the edge.

Wetlands have many important functions that benefit people and wildlife.

- Provide habitat for a wide variety and number of wildlife and plants.
- Filter, clean and store water - in other words, acting like kidneys for other ecosystems.
- Collect and hold flood waters.

• Provide places of beauty and many recreational activities

There is a continued need for accurate information and mapping to protect this sensitive habitat and the myriad of species dependent on the marshes, wet meadows, fens, swamps, bogs, ponds, potholes, lakes and streams that make up the Wetlands.

Be sure to take a walk on the Wetland Trail. Bring your binoculars, a camera and some bug repellent. See you on the trails!



## History of Trails on Pilot Peninsula and Area

by David Kayle Johnston

The first mention goes to the elk whose trails we follow to begin with. K'tunaxa natives would have followed the elk and made their own trails as well.

The earliest miner trails in the area were in Gray Creek to the Five Metals Mine and from Crawford Bay to Rainville. With the construction of the concentrator at Smelter Bay in 1895, the population on the Peninsula quickly reached its maximum ever, so the earliest trails still in use are located there. Most notably the Sawmill Bay trail, as this was the source of lumber to construct the smelter and town. Exploration above the mill site reveals a fan work of skid trails; the Boomers landing trail is one of these. At low water one can still find the ringbolt used to anchor the log booms.

The Cortianna Brothers arrived around this time and settled in on the Peninsula at the present day Tipi Camp Site - parts of their cabins and barn still remain. They made a living logging and growing produce, and used draft horses which leave a strong trail. The property, which was surveyed in 1898, was 160 acres and included Lime/Crystal lake. Speculation suggests they had a trail to Crawford Bay from there at that time.

Outlying settlements of Crawford Bay and Gray Creek had small mine operations, and settlers would go to Pilot Bay with any extra garden produce and to get the mail, as the paddle wheeler did not go all the way into Crawford Bay on a regular basis. Jack Haughton was appointed the first Port Crawford postmaster and he built a trail. At this time most of the community was on the other side of Crawford Creek, and the post office for Port Crawford was somewhere near the Kokanee Springs maintenance yard on Center road. The bridge was behind where the Crawford Bay Community Hall is today, and the road continued close to the new school then up behind Fraser Lake. From here a section of the trail is still maintained, up to the height of land. Jack Haughton's trail went down a creek drainage to get to a trail along the lake that connected a number of settlements towards Smelter Bay. A branch of this trail forked off to MacGregor Lake.

The next development of trail was in the 1930's when some Doukhobor's had a cedar shakes and rails operation going just to the north of Lime lake property. They built cabins and no doubt improved the trails to Fish Hawk Bay and Crawford Bay. Then in the 1950-60's various logging roads were built, mostly on the north end, on private land, with the occasional trespass into Crown land.

At this point in time Jack Lewis owned the farmstead on Peters Road and the MacGregor Lake property. He had a small bulldozer and built the section of the road up that way. He built the Lodge at the lake and started the "Aces High" guest ranch, riding dudes on horseback up to the lodge. From there he had trails up to the summit and along the height of land to connect to the Post Office trail - the first of the recreational trails that are still in use today!

Then in the 1980's the forestry road was extended with cut blocks facing Crawford Bay, and up near the trail hub of today.

In 1973 when I first came to the East Shore, I hiked down Pilot Bay road which was dirt and diminished into a muddy track after Bakers Landing (about half way). There were only a couple of cabins with boat access out there at the time, and lots of interesting ruins connected by trails to the Lighthouse which was being maintained as a navigational aid. Then in 1977, I moved to Kootenay Bay and all this and more was there to discover.

In 1987 Peter Duryea started organizing us all to form a society known as Guiding Hands. I joined in and continued improving and extending the trails which had been much neglected. There was help from the Tipi Camp summer employees, and a long list of people voluntarily helping as well. The Lakeside trail was connected from Boomer's Landing to the Tipi

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**“Trails” Continued from Page 9**

Camp, and the Cortianna trail was re-built up to Lime/Crystal lake. The Height of Land Trail from the summit to the trail hub was connected up, and then on to Upper Levels and MacDonald Beach.

When the Forest service announced their plans in the late '80's for logging the Peninsula we felt the need to inform them of the various historical and recreational trails in the hope of preserving them. I wrote a letter to the Forest Service pertaining to this and got no response. So I went to inquire in person. The Recreation Officer at the time was George Commander; during the interview the phone rang so while George was talking I stepped into the inner office where all the timber technicians worked and saw on the bulletin board among other

office cartoons and bulletins, a piece of paper hand written in big letters, as if it were the office motto, DIVIDE CONQUER RULE.

Asking George about that, he laughed it off and said it was an office joke - that was how Victoria treated them.

Having got no satisfaction for our concerns, we sent them another letter of intent and explanation of how we were trying to save some trails for recreational purposes and could we all work together on this. This was in May 1990 and we didn't hear back. This was the summer of the "War in the Woods" blockade of Carmanah rain forest on the coast and the Forest Service had a new public relations officer, Steve Flett. By September we had a response from Al Bradley, the district manager of BC Forest Service, basically saying we were in trespass but could input the sub unit plan with information on existing trails. Then Steve Flett

**How he managed to get so many people together so often shows the interest in the project, and what came of it was the Pilot Peninsula Integrated Use Management Plan, which I believe went on to be the model for the BCFS elsewhere.**

in his new executive position was appointed to look into it. He managed to draw together all the stakeholders for multiple meetings over a 18 month period. We had the local heads of various Ministries: representatives for Hydrology, Wildlife, Mines, Parks, private land holders, woodlot operators, and the Chamber of Commerce. How he managed to get so many people together so often shows the interest in the project, and what came of it was the Pilot Peninsula Integrated Use Management Plan, which I believe went on to be the model for the BCFS elsewhere.

While this was happening, Steve came up with a Green Gold Grant to employ the Youth Corp. (aka "Hoods in the Woods"). He hired Dave Loeppky, the local fire warden, to oversee and plan it. He had ten youth for ten weeks during the summer '91 and another

ten for ten weeks that fall, and they built a wheel chair accessible trail for a couple of kilometers, starting at the Trail Hub on the Upper Boomers landing. Then Steve arranged for a chopper to fly in the BCFS official log bench. The following year Guiding Hands got a small funding to finish with the Boomers trail down to the lake.

Meanwhile, Guiding Hands got the go ahead from the woodlot operators to build the East Side Trail, as Lime Lake (now called Crystal Lake) was occupied at this point and we wanted to stay on crown land if possible. At some point here the McGregor lake bypass was built for the same reason.

All along the lack in our plan was how to connect to Crawford Bay, as all the likely routes were on private property. The breakthrough came when it became

known that the property along Peters Road had reverted to the crown and was now part of Chris Choquette's woodlot.

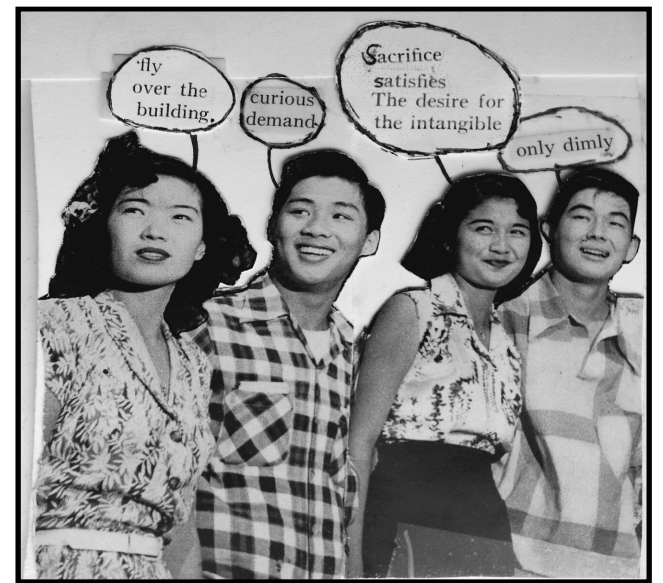
By this time Guiding Hands was receiving an annual grant from the Area A RDCK, which we used to maintain and upgrade the trails. This funding source has continued for twenty-five years now.

One trail that almost got built, and actually had approval from Parks, was to start at Sawmill Bay trail-head and head north all on Crown Land and connect to the Height of Land. The written proposal and plan is available should anyone wish to continue with it.

The story goes on from here, thanks to ESTBA for continuing with it, and to Lorna Robin for asking, and being a frequent user.

...and you will have seen the world

by Elisa Rose



## The Future of Kootenay Lake – Community Values Survey Background

### What is the “Future of Kootenay Lake Community Values Survey”?

The Future of Kootenay Lake Community Values Survey is to seek input from local residents, seasonal users, businesses and others with an interest in Kootenay Lake on the current state and future of Kootenay Lake. The survey is a venue to summarize public values from around the lake towards the development of a common vision for its future. The survey is intended to inform and assist with future decisions on Kootenay Lake management and planning. The Friends of Kootenay Lake Stewardship Society is overseeing the work for the Community Values Survey.

Participants in the survey will be able to enter a draw for a \$150.00 cash prize. The online survey is open from June 15 to July 15, 2016.

### Who is the survey for?

The survey is open to residents, visitors, and businesses in Nelson, Kaslo, or in RDCK electoral areas A (Wynndel/East Shore), D (North Kootenay Lake), E (southern and eastern parts of West Arm), or F (north-western part of West Arm). You must be 18 years or older to take the survey.

### What will be explored in the Community Values Survey?

The Community Values Survey will ask participants questions about what values are important to them for the future of the lake. A wide range of values will be explored in the survey including those related to environmental, financial, social and cultural interests. The

Community Values Survey is a place to highlight your values and concerns regarding:

- Water quality and quantity
- Aquatic ecosystem health
- Lakeshore access
- Lakeshore land use
- Boat launches, docks, and mooring buoys
- Rec management for different user groups
- And others

### Why is this different from other planning processes?

While other planning processes for individual communities have stated the importance of the lake for their well-being, no comprehensive vision for the future of the lake exists. The lake is an important asset and priority for all of the surrounding communities and as such is a unifying interest across a diverse group of people. Given the lake's importance, it is critical that a comprehensive vision for the lake's future be developed to manage for ecological, social, cultural, and economic values across jurisdictions. The Community Values Survey is an important step toward building a common vision and is potentially an important component in any future planning and management for Kootenay Lake. 2

The survey will provide a snapshot of values around the lake and will highlight commonalities and any differences across the region. The goal of Friends of Kootenay Lake Stewardship Society is to have feedback that fairly represents the diverse views of the people who live in or visit the area.

Over the past few decades, there has been an increase in urban residential land use. For example, the Regional District of Central Kootenay (RDCK) issued 50% more building permits in 2008 compared to 2002 (AMEC, 2009). Combined with other existing factors such as dam impacts, this has led to increased pressures on the environment (like aquatic habitat) and social aspects of the lake (like recreation and access), with no coordinated vision. The development of a comprehensive vision will help establish strategies for

the future of the lake and improve coordination and direction for the management of the lake.

By taking this survey, participants will help support strategic planning that will potentially enhance their needs and interests.

### What other work is ongoing to support the strategic planning and management for Kootenay Lake?

Both community values, cultural values, and environmental science support the development of strategic planning and management initiatives for Kootenay Lake. Different organizations are working on different values to support planning, including:

- Friends of Kootenay Lake Stewardship Society is undertaking this Community Values Survey.
- Kootenay Lake Partnership (a consortium of various levels of government) is developing a Shoreline Guidance Document. The Shoreline Guidance Document will contain:

- Information on ecological values based on detailed foreshore mapping and an ecological health index.

- First Nations cultural values around the lake based on an Archaeological Overview Assessment and a Ktunaxa Nation study on cultural sites.

For more information on the Shoreline Guidance Document, see the Kootenay Lake Partnership website.

### What guidance exists for land and lake development?

There are different types of decision-making tools and guidance documents for land and lake development at the local level. Some decision-making tools are specific to local governments and residents, including:

- Official Community Plans (OCPs)
- Comprehensive Land Use Bylaws (CLUBs), which contain elements of OCPs and zoning bylaws
- Lake Management Plans (LMPs)
- Shoreline management guidelines

# Playground Update

by Ellie Reynolds

## Win or lose, Crawford Bay has had a great run in BCAA Contest

At the time of writing this, we have seven remaining days to vote for Crawford Bay to win the BCAA Contest that could see our playground at the Community Park funded up to \$100,000. Our entry into this contest was announced as one of five finalists chosen from over 400 entries BCAA received from across the province and voting has been daily since the start of June. At this time, Crawford Bay has a total number of 10,534 votes. It's hugely impressive, considering the size of our population. Realistically, chances are this is not a popular vote we can win, as waaaay out in the lead are an Elementary School on Vancouver Island, and a Rec Center in Lillooet that have vote counts closer to 75,000. The winner will be announced on July 11 with voting closing on June 29. However, win or lose, over the course of the last month I've had many thoughts about this whole process, and I'd like to share some with you.

Firstly, it's pretty amazing to have our entry chosen from over 400 others. There were entries from all over the province, including the Kootenay communities of Nelson, Kimberly, Creston, Rossland and others. What made ours stand out to the judges? In a statement Shawn Pettipas, BCAA Manager, Community Impact said:

"The Crawford Bay Community Park nomination stood out from the over 400 nominations we received because of the positive impact it would have on the Crawford Bay community and the innovative ideas the nominators outlined for natural play space features."

What is exciting about our entry is the originality and quality of our ideas and design. Everyone (and there are now many) who have seen the images of our design, agrees on this.

- Zoning
- Bylaws
- Building permits

Other regulations fall under provincial and federal governments, such as:

- Permitting for docks and wharves
- Installation of mooring buoys
- Fishing regulations
- Regulations on navigation and boating

Currently, no comprehensive decision-making or guidance document exists for Kootenay Lake explicitly. That being said, general guidance for protection of fish habitat is in the Land Development Guidelines for the Protection of Aquatic Habitat. Additionally, Floodplain Management Bylaws dictate setbacks for construction on Kootenay Lake. Also, a Shoreline Guidance Document for Kootenay Lake is currently being developed.

In general, all of these plans agree that there are environmental, social/cultural, and economic values around the lake, however each provides different emphasis and policy direction, and there are gaps. For example, in terms of environmental issues, all of the plans emphasize the importance of water quality and quantity and state their support for water conservation strategies. However a few plans go a step further and mention the need to prohibit dumping of raw sewage and grey water from watercraft on Kootenay Lake. These plans also suggest investigating options for raw sewage disposal on Kootenay Lake. How much support is there for this action? This Community Values Survey will help dive deeper into this issue and others.

### What research has been done on Kootenay Lake to date?

A considerable amount of research has been undertaken on Kootenay Lake. As of 2011, there were over 200 reports on Kootenay Lake in topic areas like shore development, water quality and quantity, cultural areas, fish and wildlife, public access, recreation, and navigation (Amec, 2011). Much of this information is

Through perusing other entries, I learned that there are MANY play spaces in BC that are in bad shape and in need of upgrading, and there are not many funding opportunities to change this. We are not alone in having a rusty slide and swings that have seen better days.

Whether or not we win, (and I'm not holding my breath) many positive things have come out of this contest already. Crawford Bay is now a name people all over the province will associate with our park. The exposure has been quite amazing: we have had write ups in the *Nelson Daily*, *Nelson Star*, *Creston Advance*, *The Mainstreet* (naturally), and have been featured live on Global News BC and local radio stations such as Juice FM and Kootenay Co-op Radio. People have been voting for us who have never been to our park. People from neighboring communities have been sharing the voting link and feel connected to the project now. When we do build this playground it will attract even more attention. And I have hope that even within the scope of the BCAA Contest, the Judges may award some smaller amounts of money to the runners up. No idea if they will, but they could. From the 5 finalists, ours is the only Community Park (others are schools and one Rec Center). Without the support of any officially funded building or institution behind us, we have made it this far. Bravo.

Personally I am a bit of a playground fanatic. Not least because I have two (very soon to be three) young children who are CONSTANTLY asking to be taken to playgrounds. Also in my role as Early Childhood professional and Coordinator for the East Shore Alliance Supporting the Early Years, I have a wider perspective on the importance of outdoor play also. What happens in playgrounds, and especially in playgrounds like ours, that will feature natural elements as part of design, is quite incredible and should not be overlooked. Playgrounds are not just a place for kids to blow off some steam. They are doing so much more than that.

Rachel Coley, Occupational Therapist and author writes, "Children today are significantly weaker,

summarized in the Kootenay Lake Stewardship Plan Scoping Study (Amec, 2011), which highlights known information, gaps, and guidance for lake management planning. In addition, many communities have been engaged in consultation for the development of community plans. All of this information serves as a foundation for strategic planning initiatives for Kootenay Lake.

### Who else is involved in supporting this project?

Friends of Kootenay Lake Stewardship Society is overseeing the Community Values Survey work. From their Board of Directors, they have appointed a Community Values Survey Committee to work with independent consultants on the development, design, and implementation of the survey.

The Lake Advisory Council, which provides guidance and input to Friends of Kootenay Lake Stewardship Society in general, is also involved in providing feedback on the project.

### What is the project timeline?

A focus group was held on June 9 to provide feedback on the content of the Community Values Survey. After this focus group, the Community Values Survey will be launched on June 15 and will be open to July 15, 2016. A workshop will be held in September (TBD) to review results and get feedback from community members. A final report will be available after this workshop in the fall.

For regular updates about the Community Values Survey, contact Friends of Kootenay Lake at [info@friendsofkootenaylake.ca](mailto:info@friendsofkootenaylake.ca).

spending less time in unstructured free play outside (both at home and school) and more time in front of a screen resulting in a lack of proper core strength and stability... I found that again and again every expert strongly recommended that **the most important thing for kids to develop fine motor skills was unstructured free play outdoors.**"

Honestly, I could write a PhD thesis on the benefits of this kind of play for children, but suffice it to say that communities, and children and families in particular, benefit enormously when they have well designed, maintained and used public play spaces. And it's not just for the kids that live on the East Shore. Think of all the families that visit our area in the summer months! Creston families have told me that if they knew there was a great playground in Crawford Bay they would come here on weekends, spend the day, plan their ferry crossings to make time for a visit to the park. Same with Nelson families. And those passing through on the highway might likely stop for a visit too, and then stay and shop and have lunch! Our park is RIGHT on the beaten trail through our town, people will take notice.

So, lastly, my hope is that through the process of receiving this nomination some of you feel excited and inspired to get behind the creation of this playground. Perhaps you feel moved to help in some way. And we will need you - to offer time, resources or funds to the effort, whatever suits your interests, abilities or budget. With your help, Crawford Bay will become the runaway success story of the BCAA Play Here Contest, even without being the confirmed winner. Thank you to every single one of you who voted, shared, spread the word and supported us. See you at the site when its time to spread sand and wood chips, or at the ribbon cutting ceremony, or going down the slide.

Please contact Ellie ([easey01@gmail.com](mailto:easey01@gmail.com)) if you would like to contribute in some way, or be placed on volunteer lists. You can also join the Facebook Group 'Crawford Bay Playground Voting and Update Group' to stay up to date on the project.

**Next Deadline:**

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\*Latin Jazz\*

July 28: In It To Win It!  
\*See posters for details\*

The Hub is minor-friendly  
(if accompanied by an adult) until 8pm!

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# Eastshore Ambulance Fundraiser Amazing Success

by Christy Gillespie, on behalf of the Directors of the Eastshore Ambulance Auxiliary Society

Our deepest thanks go to all who contributed and participated in the 6<sup>th</sup> Annual Garage/Estate/Bake Sale held on June 4, 5 & 6. It truly was the **biggest and best yet**.

We thank everyone who donated goods, baking, and raffle items. The quality and variety of items donated was tremendous and many treasures were found. Once again we were fortunate to have so many of you provide assistance in the setting up of the event and the packing/cleaning up aftermath. We could not possibly have done this event without your help and assistance at every turn. Highlights of Saturdays activities, included our very own Tarot Card reader, Gerald Panio, who had a line-up of folks seeking his wisdom; live music, led by Darryl Alguire, along with Richard Dannhauer, Murray and Ben Johnson who had people singing and dancing to the tunes; coffee and fresh donuts provided by the Riondel Market along with fresh muffins, scones, & cookies prepared by Beth Alguire, Sherrie Suttcliffe, & The Bake Shop; and hot dogs, with all the trimmings, expertly prepared by Ross Shears. We went through all ten (10) dozen in just over two hours. The Bake Sale was a sell out with



a great variety of baked goods (including pies) and our thanks go to Brenda Panio, Gill Lang, and The Bake Shop.

All of the activities (and there was also a garage sale going on), made for a wonderful day of enjoying the sunshine, eating, talking, listening to the terrific music and enjoying the companionship of the community we live in.

Our cake raffle this year was won by Sue Hale, donated by Hilde Schmidt, and Adolf Schmidt won the cake donated by Milas Yummies.

Other raffle winners were Yolanda Barton (fleece blanket donated by Nancy Bothamley), Mila (Princess House cooking pot donated by Kathy Smith), Gerald Panio (large, exotic brass wine opener donated by Alex D.), and Janet Armstrong (a set of dishes, donator unknown).

We would also like to thank the ambulance staff who helped with the set-up and take down, and attended the event, giving folks a chance to chat with them in a non-emergency situation. Also called in to assist with heavy lifting were Cory Medhurst and Braden Notte. Our backs thank you! Our tents this year were on loan from the Lion's Club, Circle of Friends and Kathy Donnison and Joe. Tables were loaned to us by the Riondel Commission of Management and the Seniors Club.

The following businesses contributed to and supported this event in a variety of ways and we ask you to thank them and support them in return: Crawford Bay Market, GFS Canada, Riondel Market, Bob's Bar & Grill, The Bake Shop (Crawford Bay), Junction Creek

Hub & Bistro & Milas Yummies.

We would like to express thanks to Chuck and Sharon Lloyd and to the families of Beth Ludlow, Clive & Peggy Horwood, and Noreen Ross for supporting the Ambulance Garage Sale as you did.

It should be noted that this event could not happen without the help and assistance of spouses and friends of the society directors and ambulance staff, who end up doing a lot of the heavy, grimy work for weeks before and after the event itself. You are appreciated by all!

**Your support of this event has resulted in a record-breaking total of \$8,846.60 raised (net)!** The funds raised are used in a variety of ways to support the staff and operations of the ambulance, including training. At present we have three individuals from the east shore who have started a Primary Care Paramedic course based out of Trail. This involves approximately a year of part-time training with extensive on-line study, class room time (in Trail 3 – 6 days monthly), testing and eventually practicums on a busy ambulance service and/or hospital, followed by assessment and licensing requirements. The Eastshore Ambulance Auxiliary Society has committed to covering the majority of related costs. We are fortunate in that the students have been successful in receiving some grant/bursary monies but our commitment will still be significant. Again, **we thank you all for helping to make this happen.**

Photo: Dena Kubota

**Next Deadline:**  
**July 27, 2016**

## Tom's Corner by Tom Lymbery Monument to Walter Moberly,



Until 2016 there was never a proper monument for Walter Moberly – the legendary rail surveyor who found the Eagle Pass west of Revelstoke that carries both the CPR's main line and Highway 1. His surveys included much more and his choice of the route through the Selkirk Mountains lost out to the Rogers Pass, but his memory is recorded in Revelstoke with Moberly Manor, Moberly Park, Moberly Holdings and more.

At the BC Historical Federation Conference this May a spectacular stainless steel monument to Moberly was unveiled in the grounds of the Revelstoke Rail Museum. This culminates years of effort and design to produce a large stainless steel transit of the Moberly era, with the supporting legs mounted on three very large boulders. A transit, or theodolite is the instrument that measures angles both horizontal and vertical, without which surveying would be impossible.

Retired BC Land surveyor John Whittaker of Victoria pursued the idea at least nine years ago. It was a complicated process to design, fund and erect in Revelstoke, so far from Victoria. It is interesting to note that the expert



Left to right Trevor Wallach from the City of Revelstoke (cementer, carpenter and driller), John Malle-son, designer, John Whittaker and Henry Aldridge, BCLS and helper, April 27.

Photo courtesy of John Whittaker

time donated by retired professional people totals more than \$30,000.

John Malle-son of Victoria, retired Saanich Municipal Planner designed the monument, assisted by retired BC Architect, Claude Maurice of Victoria. Malle-son constructed a full size wooden model which was on display at the 2013 BC Historical Federation conference in Kamloops and while there, it was inspected by our Lieutenant Governor, the Honorable Judith Guichon.

Whittaker has made many visits to Revelstoke in pursuit of his project, negotiating with the City of Revelstoke and the Revelstoke Railway Museum. A possible site in the Woodenhead Park was considered but a much more secure spot inside the fenced grounds of the museum was finalized. The new monument is also very visible to the Tour Trains as the CPR main line is so close.

The efforts of Whittaker and Malle-son finally came close to fruition in 2015 when the City of Revelstoke granted \$10,000 to fund the base for the transit. Three large boulders were hand picked in the area by the two men, and set in concrete for the legs to be mounted on. In the fall of 2015 they were present to supervise the City workers when the boulders were put in place.

The City's generous contribution was the trigger that allowed Jennifer Dunkerson, Director of the Revelstoke Rail Museum to coordinate the contributions from BCHF, the BC Land Surveyors, and several others to apply to the Columbia Basin Trust for the funds needed for completion.

Whittaker and the designer, John Malle-son supervised the manufacture of the stainless steel and planned on polishing it themselves. However Rod Nunn of Strait Metals in Sidney, BC was so proud of his work that he polished it himself in his shop. Whittaker and Malle-son took the fin-

ished structure in late April 2016 and set it up. Since it is so heavy, Jennifer Dunkerson was able to conscript a CP Rail crane to lift it while they attached it to the three boulders.

Please make an effort to visit the Railway Museum next time you are in Revelstoke to see this shining monument to Walter Moberly that took so much time and effort to achieve.

Tom Lymbery, Chairman Historic Trails and Sites Committee of BCHF

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## DIY Fooding

by Elisa Rose

### Sour Oat Pancakes

There is a lot of health advice out there about which foods to eat and which ones not to eat or you can maybe eat some bad foods if you mix them with the right other foods or cook them or don't cook them... but I am not going to get deep into that. Only to say, as a starting point for what we are discussing here, that I heard that it would be a good thing if you soaked your grains before cooking and eating them.

I definitely don't soak most of the grains I eat, but since I was a regular oatmeal eater, I thought I'd start there. I started soaking the oats overnight before making oatmeal in the morning. That was alright. But then I heard about fermenting oats, for longer than just overnight, and letting them go sour. I tried this, and it did not, in my experience, lend itself well to cooked oatmeal, but after some experimentation, I found an easy and delicious way to cook it daily. It is a recipe for pancakes, which I tried and liked and have been making almost every day for oh, I don't know, a bunch of months now, and which I am sharing with you now.

I keep a bowl of fermenting oats with a lid on it on the counter and almost every day I make pancakes with it. What is the recipe for fermenting the oats? A very simple one: In a glass dish that is fitted with a lid, add 2 cups whole oats and 2 1/2 cups cold water. Give it a stir and then put the lid on it. After a day you can give it a little stir and then put the lid back on. It will

be very yeasty smelling after a few days, and this is as it should be. After two or three days, depending on the temperature of your kitchen (the warmer the kitchen the faster the fermentation), it will be ready to use.

What is the recipe for the pancakes? Also very simple: Combine 1/2 cup fermented oats and one egg. Blend it. Sometimes I add a few dashes of salt and/or cinnamon, for more flavour. Pour the mixture into a hot oiled frying pan, on medium heat; it will have a consistency almost like a crepe. When it's a bit dry around the edges, flip it over. It doesn't take too long to cook, a couple minutes or so on each side. In my medium sized frying pan this recipe usually makes 3 pancakes. Some days I put maple syrup on top, others I put yeast and tamari, depending on if I'm craving sweet or salty. The pancake is a pretty blank slate, open to your own interpretations.

Every time you use the fermented oat mixture, replace it with some more oats and water, at a ratio of 1:1. Since I use 1/2 cup every day, I add 1/2 cup oats and a 1/2 cup water. Sometimes, if I go a few days without using

it, I either put it into the fridge, or just feed it more oats and water. I have also included this stuff in my bread baking. I don't exactly follow a bread recipe, so I'm not going to go into too much detail here, but I add at least a cup of the fermented oats when I'm making a batch of three loaves of bread. I still add the regular amount of bread yeast even though there is yeast in the oats, and it adds a nice sour flavour.

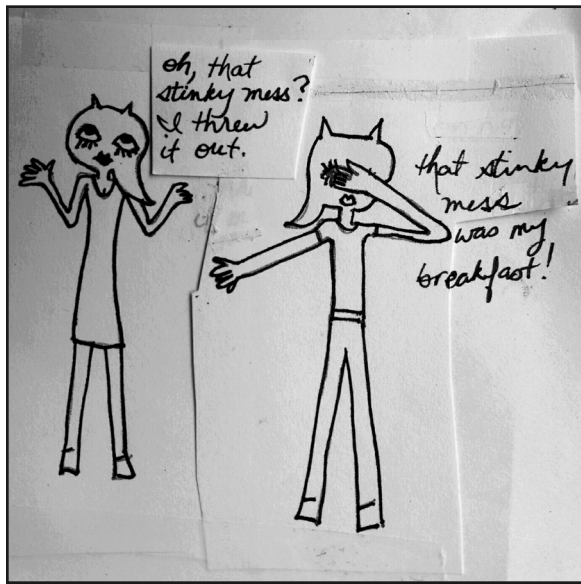
Like I said, there are health reasons for this, which goes something like this: oats and other grains contain phytates, which bind to nutrients, making them diffi-

cult to absorb (you need to absorb those nutrients to stay healthy, duh) and soaking the grain neutralizes them, making nutrients more absorbable. Don't ask me what a phytate is exactly, as I consider myself more of a culinary artist than a culinary scientist (despite all these scientific shenanigans I find myself getting up to in the kitchen).

Other than health reasons it also is fun to have stinky stuff sitting around on the counter. I must warn you though, that you should inform your housemates that they don't need to throw it out, that it is supposed to be stinky and sour.

When I went to visit my sister in Vancouver and brought along the bowl of fermented oats that I had on the go, I left it on the counter and in the morning when I went to cook my breakfast it was gone. She thought it was bad, and I had neglected to tell her it was good!

Good thing it is so easy to start up again.



## Gray Creek Pass Report

by Tom Lymbery

The first vehicle to drive from Kimberley came through on June 18, driving over some snow. Motorcycles were making it days earlier but they can avoid snow patches. Forestry graded our side to the 6800-foot summit on June 20 and 21, clearing away any remaining snow as well. We are fortunate that the Nelson division takes care of their portion – we only wish that Cranbrook would come through with some maintenance on their side.

Last winter's heavy snowfall at higher elevations made us expect a much later opening date but the early hot weather melted so much. This year's date of June 18 is just 8 days later than the 2015 earliest ever of June 10.

## Eastshore Circle of Friends Society

by Muriel Crowe

The Eastshore Circle of Friends gallery is open once again and as of July 1 will be open every day. We have several events planned for this summer and hope that many will participate. The first event is Wallace Adkins day on July 16 which is specifically for children. Please check our website or the messages at riondel.ca for more information and watch for chair painting on July 30 and Music in the Meadow on August 13 as well as artist and artisan demonstrations.

We definitely do have room for more artisans; the only stipulations are that you live at least part of the year on the Eastshore and if under 19 years old you must be sponsored by an adult member.

In August we are pleased to be part of the Columbia Basin Cultural Tour. We hope that this fact and some extended advertising will bring more visitors to our venue and to the Eastshore in general. We are a non-profit; any money earned but not needed to keep the doors open will go into building improvements and opportunities to expand the arts in our area.

## Tom Sez

by Tom Lymbery

If you are planning or designing a house or a business please make sure that it is wheelchair accessible. I pushed my dad's wheelchair for years so I know how important this is.

Venezuela has stopped making Coca Cola due to a shortage of sugar, but diet coke is still available. Will this help with the obesity problem?

Please follow Queen Elizabeth's lead and *Keep Active* - a key to enjoying your life into your 90s.

Do the U S astronauts take their personal guns with them into space?

Thanks to Fire Chief Cory Medhurst and his crew for putting on the fireworks this year. Cory says that he has found an exemption that will allow the event even if we have another fire ban. After all they are set off over our non-flammable lake. Thanks as well to the Turners who carry on their dad (Ron)'s tradition of setting off the preliminary sets, and also the final sparkler parade on the beach.

If you want to help prevent climate change - trees are the major part of the answer. Each tree stores water, slows winds as well as stabilizing slopes.

Chainsaw history – many of us have had several chainsaws. We plan to have a Chainsaw History event – 7pm at the Gray Creek Hall, Thursday July 14. Bring your questions and also you can learn more about the safe operation of saws.

How soon will the Fort McMurray area see the trees replanted? Proper interface planting should prevent the disaster happening again.

We get lots of returned emails now that @theeastshore.net is no longer operational.

In Mexico a girl's fifteenth birthday is more important than a wedding. This is partly a religious ceremony and partly a coming of age celebration. Sharon and her sister Helen flew to Mexico to celebrate our goddaughter's fifteenth on June 25. Her name is Sharon Sosa as she is named after Sharon.

A lost cat was returned to its owners recently after three years in England because it could be identified from its chip. Already all dogs in England must have a chip or they will be destroyed.

1.8 million dollars from the BC Air Access Program will see a new terminal at the Trail Airport. Pacific Coastal Air has been giving most reliable two flights daily service to Vancouver for some years, using the Trail Flying Club's 70-year-old building.

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## Seldom Scene

by Gerald Panio



*"When everyone was aboard, that huge chariot arose with a great noise like fireworks and waterfalls; then silently high in sky [Rama] turned north in a wide climbing curve, carrying Sita who had been lost and found again, and two mortal men, and five demons and twenty-three million monkeys and bears sitting there at their pleasure in the free-flying gardens, facing the fresh morning wind as if they owned the world."*

--from William Buck's retelling of Ramayana

I seem to be on a lucky streak when it comes to animation. A couple of months ago, I reviewed Lotte Reiniger's jaw-dropping silhouette work in *The Adventures of Prince Achmed* (1926). A few days ago, I discovered Nina Paley's much more recent, but equally entrancing, *Sita Sings the Blues* (2008). Based on one of my favorite epics, the Hindu *Ramayana*, I think I went into *Sita Sings the Blues* expecting a cartoon version of a Bollywood extravaganza. And while I wasn't entirely wrong—the heroine's ample bosoms and flashing navel and the tabla-driven dance rhythms in the score call up fond memories of dozens of Indian musicals—Paley's film had me utterly discombobulated within minutes of the opening credits.

For those of us accustomed to seeing the increasingly realistic 3-D animation coming out of major studios like Pixar, Nina Paley's independent tour de force is an excellent reminder of what a creative artist on a mission can accomplish. Paley wrote, directed, designed, animated, and produced *Sita*. Her purely 2-D animation technique draws on photo-collage, Peter Max-style psychedelia, Javanese silhouettes, and digital and hand-drawn cartoon work. Think of it as the Grateful Dead meet Charles Schulz meets Terry Gilliam meets Lotte Reiniger meets Hindi Amar Chitra Katha comic books. A heady, heady mix.

Nina Paley's story line alternates between the *Ramayana* and a modern-day autobiographical narrative.

The autobiographical part is about Paley's having been dumped via email by her husband who'd gone to India on a short-term contract. That painful experience resonates nicely with the legendary trials of Sita, role model of the perfect woman, wife, and mother whose equally perfect man, husband, and warrior-king gives her ample reason for the blues.

The *Ramayana*, which tells the story of Rama and Sita, is the shorter of the two great Indian epic poems. At 25,000 lines of rhyming 16-syllable iambic couplets, it's a quarter of the length of the monumental 100,000 line *Mahabharata*. Unlike the *Mahabharata*, the creation of the *Ramayana* is attributed to a single author, Valmiki, the first great Sanskrit poet. Over the centuries, however, there have been many additions and deletions from the original text, and it has been retold in the context of all of India's main religious schools. Like Shakespeare's *Romeo and Juliet*, this love story has had thousands of dramatic, literary, cinematic, and artistic incarnations since it was recorded sometime around 300 BCE. One expert wrote of the *Ramayana* that "Probably no work of world literature, secular in its origin, has ever produced so profound an influence on the life and thought of a people..." It's fitting that Mohandas Gandhi's last words should have been "Ram-ram."

The basic plot of the epic is quite straightforward. Prince Rama, a human avatar of the god Vishnu, is cheated out of his throne in the city of Ayodhya and forced into a 14-year exile in Dandaka Forest. His wife Sita, and his devoted brother Lakshman choose

to accompany him and share the hardships and dangers of exile. The forest in which they live is filled with all manner of supernatural demons whose job it is to tempt and torment wayfarers and holy men in their lonely ashramas. When one particular demon-maidens' advances are spurned by Rama, she convinces her brother, Ravana, the 10-headed demon ruler of the island kingdom of Lanka (now Sri Lanka), to kidnap Sita and try and add her to his harem. Ravana is one powerful dude, whom even the gods fear, and even as effortlessly perfect a hero as Rama needs some help rescuing Sita from his clutches. Cue Hanuman, champion of the Monkey king and leader of the vast monkey armies. Although Hanuman's power seems infinite, he is there only to help Rama fulfill his dharma (personal duty), not win his battles for him.

I doubt it's much of a spoiler to say that good triumphs over evil. But the most controversial part of the *Ramayana*, and the most debatable from a Western and feminist point of view, is what transpires after Rama rescues Sita. This aftermath is the heart of Nina Paley's film. Doubts are cast upon Sita's fidelity, and upon Rama's devotion. This is where Paley's use of three kibitzing Javanese silhouetted, Indian-accented narrators works to wonderful effect. They bring some 21<sup>st</sup>-century humor, irony, and skepticism into the narrative. Rama is roasted, Ravana is (semi) rehabilitated, and Sita herself is called to the carpet. A lot of the film's humor comes from the clash of classic story with modern lingo (Sita tells Ravana that if Rama comes to rescue her "your ass is grass," the narrators speculate as to whether Sita's children were conceived in the original "mile-high club" of Rama's flying chariot), and the 1920's show tune recordings of songs like "What Wouldn't I Do For



That Man," "Daddy Won't You Please Come Home," "Moanin' Low," "I Like It When You Play the Blues," and "If You Want the Rainbow, You Must Have the Rain" by Jazz Age singer Annette Hanshaw. According to her Wikipedia biography, Hanshaw had sold four million records by 1934 and was voted the best female popular singer (Bing Crosby got the best male singer nod). Ms. Hanshaw's voice and delivery remind me a lot of Maria Muldaur's during her early "Midnight at the Oasis" recording days. The lightness of tone is a perfect counterbalance to the often grim realities behind the songs, and a perfect counterbalance to the harshness of Sita's repudiation and exile.

It's interesting that when the brilliant young *Ramayana* enthusiast William Buck came to write his own superb English version of the epic, he changed the ending. He must have felt that both Sita and Rama deserved better. Nina Paley's retelling is similarly conflicted. At one point, when Sita tells Rama "Of course, Rama, I live only for you," it's perhaps less of a ringing endorsement than a making-the-best-of-it concession. When Valmiki teaches Sita's two sons a bunch of songs glorifying the exploits and character of their absent father, a certain level of indignation seems not uncalled-for.

Please don't stop with the film. Read the original. You'll make the acquaintance of Jambavan, King of the Bears, the heroic Vulture King Jatayu, the building of the great bridge to Lanka, and epic battles that have set the bar for fantastic literature for the past two thousand years.

I can't resist a final quotation from William Buck, a part of his description of demon War Chief Prahasta's battle chariot:

"Things were loaded all over Prahasta's chariot. He had slaughter-sledges, butcher knives and meat-hooks, chains and claws and clamps; he carried bombs and rockets and poisons and appalling jealousies; delusions and bad dreams, diseases and ambitions, many crises and confusions. Wrong-way road signs and false maps of mirages were tied on with broken promises....There were lights and shadows and lying smiles, prisms and colored lenses and crooked brass mirrors and baleful green cats'-eyes. There were puzzles with essential parts missing and loaded dice and heartbreak and many first loves lost...."

Wow. Some chariot.

Thanks to YouTube, a free, high-quality copy of *Sita Sings the Blues* is available online. If you've got a newer generation DVD player, you're likely able to stream it directly to your TV. Both the complete and an abridged version of the text of the *Ramayana* is offered at the – Internet Sacred Text Archive website—an absolute treasure trove.

**Next Deadline:**  
**July 27, 2016**

## The Secret of Charity Teach

Submitted by Footlighters Theatre Society

Unattainable love, secrets, trickery — and pirates. Those are just some of the elements that will play out on the stage when Footlighters Theatre Society presents *The Secret of Charity Teach* from July 7-9 at Prince Charles Theatre.

The comedy is the latest in a long string of melodramas that the theatre troupe has presented each summer, and is sure to provide an evening of fun and laughter.

"Come to laugh and see some ridiculous stuff," says director Jennifer Adams.

The plot concerns Franklin Dewgood (Gary Atha), mayor of a town famous for its missing treasure — the Lost Treasure of Blackbeard. His daughter, Darling (Anna Payne), is too busy organizing events for noble causes, so he hires a new housemaid, Charity Teach (Brittney Boehmer) — and it's love at first sight when she sees the mayor's son, the heroic Sheriff Ernest Dewgood (Kevin Boehmer). But she fears romance isn't to be because of her deep, dark secret.

In true melodramatic fashion, the villainous councilman Simon Snarewell (Jason Smith) decides the town has two treasures to claim, and sets his sights on Charity. He enlists the help of the foxy Femoria Fatale (Suzanne Chubb) and pirate professor Percival Woolsey (Morgan Benty) to help with his fiendish scheme. (The play also features Gwen Benty, Meredith Walker and Jack Wright.)

Along the way, the characters will sing familiar songs with new lyrics by Suzanne Chubb, who also co-wrote some of the pirate scenes with Jason Smith.

*The Secret of Charity Teach* marks Adams' first time directing, but she's no stranger to the Creston stage. She most recently appeared in *The Stepsisters' Revenge*, in which she reprised her role as Cinderella's evil stepmother, and previously had a leading role in the musical *Carousel*, as well as parts in melodramas and *Legend of Sleepy Hollow*. She has also been a member of the Blossom Valley Singers.

Adams had performed as a youth, and had been keen on the possibility of directing for years.

"I always wanted to do it," she says. "I remember being in productions when I was a kid and thought, 'I'd like to be the teacher who does that.'"

She's enjoyed the chance to work with the cast as they work together to develop the words on the page into the hilarious play the audience will enjoy.

"It was really fun getting to read it before, and thinking I knew where I wanted to go," says Adams. "I let the actors read it the way they interpret it, and sometimes their ideas are even better."

"It's so cool to watch it come to life before my eyes. And it's fun to see them grow as actors and develop their characters."

*The Secret of Charity Teach* is Footlighters Theatre Society's 22nd season, which is slated to include *Beauty and the Beast* in December, followed by *And Then There Were None* in March.





## Medley Arts Camp is Rich with Talent

by Nicole Plouffe

Meet five more incredible artists and healers all offering courses at the Medley Arts Camp July 25-29 at the Crawford Bay School. To register for these courses and more, please visit [medleyartscamp.ca](http://medleyartscamp.ca)



### MELINA CINQ-MARS – Five Senses and Yoga

Physical exercise that requires good concentration has always been part of my life, from gymnastics, to karate, Tai-chi, skiing, snowboarding, rock climbing, biking... I started practicing yoga in 2000.

While continuing my exploration of yoga, traveling the world for 2 years, I was introduced to Vipassana meditation and thai-massage in South East Asia. I did my first yoga teacher training at the Sivananda Ashram in Quebec, in 2004. I then started Yin Yogi, a Yoga Studio in Montreal, for three years. During the following years, I completed a certification of Thai-yoga-massage and assisted classes with Lotus Palm School. I graduated from Dragon and Phoenix as a Shiatsu practitioner. From 2010 to 2013 I have lived, worked and completed my second Yoga Teacher Training at the Yasodhara Ashram. In 2011 I gave birth to my most amazing beloved teacher of all, my daughter. In the last few years, while traveling in Europe with my family, I have offered Thai-Massage workshops and yoga classes in Canada (Montreal, Riondel), Spain (Taul), Germany (Berlin), and France (Lectour). We are currently living on the beautiful Kootenay Lake, offering weekly yoga classes, as well as private classes and Thai-Massages. Melina Cinq-Mars, yin yogi.



### MARIE SPICER – Songfest

Marie grew up in a singing family, and performed as an adolescent in musical reviews and performances. She studied voice at Victoria Music Conservatory and with Cheryl Hodge in the Selkirk College music program. For three years Marie sang with the Gabriola Island Singers; she

also developed a children's program and performed at the Vancouver Public Library. Recent singing courses include working with Bessie Wapp of Nelson, and the Getting Higher Choir in Victoria. Marie has "always been singing" and loves to share her love of singing.



### RITA DEANE – Guitar Basics

Rita has a Masters Degree in Music from the University of Victoria, and has studied abroad in Cordoba, Spain, as well as at the International Music Academy in Salzburg, Austria. While completing her Masters degree, she joined the guitar faculty of the Victoria Conservatory

of Music. Rita has served as an examiner and as an adjudicator at various festivals, including the Northwest Guitar Festival, and is one of the founding faculty of the Kaslo Guitar Fest. Rita now lives in Nelson, where she teaches both guitar and piano.

### ZORA C. DOVAL – Yantra Art

Zora is a local artist with European roots who received her formal art education in Paris. Her work is a continuation of the tradition of the great European master painters with strong influences from Oriental and Zen art. As a true "renaissance

woman" she is fluent in many media of artistic expression : from oil, acrylics, charcoal, ink to photography, dance, music and writing. Her art is in private collections in Canada, USA, Germany, Sweden and Slovakia. In recent years she has been initiated by a spiritual master into a very subtle method of painting "yantras" – geometrical images that are extremely beautiful and considered a "sacred art form". Their function is to gently focus the mind, effortlessly induce the state of meditation and support both physical and emotional healing.



### JACQUELINE WEDGE – Marimbas

Jacqueline is locally famous for her outside-the-lines creativity which spills over into her teaching style, endearing her to both adults and children who love to claim her as their teacher. She holds a degree in Art

History/Fine Arts from Ottawa University and has RCM Grade 10 piano and ORFF certification (Vancouver). She is self-employed in the arts as a potter, painter, mosaic artist, and teacher. She has taught piano in Crawford Bay since 2001 and has taught art and music courses for children at the Crawford Bay Elementary-Secondary School for seven years, in both paid and volunteer positions, and has several years of experience in organizing summer day camps for children. Jacqueline's philosophy is to always teach with high quality materials and instruction – to assume that every child may become a great artist or musician.



## It's Time To Start The Music

by Deberah Shears and Nancy Wood

Welcome to Harrison Memorial Church's 6th Annual Summer Concert Series!

We are hosting two summer concerts again this year. The church proceeds go into a maintenance fund which is keeping the doors open to this beautiful building. Our first concert is July 29 and the second one is August 7.

On Friday, July 29, from 7 - 9 pm, we are featuring the Velle Weitman Band from Creston, B.C. Velle Huscroft Weitman is a violinist, vocalist and songwriter; together with her band, she performs in a style of multiple genres, floating between jazz, swing, blues, country and pop. Velle has performed all over Canada, the U.S. and the U.K. She is currently in the process of releasing her first jazz/soul album.

Our second concert is on Sunday, August 7, from 7 - 9 pm and it features a return visit from The Great Plains: Saskia and Darrel Delaronde, from Vancouver Island, B.C. This amazing folk duo charmed our audience last year - and they loved US and want to come back. Lucky for us. Saskia and Darrel have won several awards for their incredible music which can only be described as Folk/Roots, Bluegrass and Celtic. Many of their songs are original and tell stories that will make you laugh.

We would also like to acknowledge the financial support of the new owners of the Wedgwood Manor B & B - Pilar and Arnoldo Ramirez. Welcome to our community. The Wedgwood Manor has an historical connection to Harrison Memorial.

Admission for both of these concerts is by donation; please be generous... and mark these dates on your calendar. Complimentary refreshments are served at intermission. Children quietly seated are welcome. Harrison Memorial is on Crawford Creek Rd. in Crawford Bay, B.C.

## Yantra Art - Sacred Geometry Painting

by Zora C. Doval


I have taught two painting sessions during last two years of Medley Camp and they were fun. We did nude figure and visionary art last year. Although the attendance was low, the quality of art was good. I am always deeply touched when I can be part of other people's creativity. People come up with such unbelievable images, color schemes and concepts!

This year I am scheduled to guide an art session entitled "Yantra art" and I am excited about it as it is a fine art form from India that can be helpful to people in a number of ways..... besides just having fun while painting (very important too!). It came to my attention that many people may not be familiar with the concept of yantras and so I decided to elaborate on it a little.

Yantras are geometrical images that are extremely beautiful, beaming with incredible color combinations and considered as "sacred art form" of ancient India. Their function is to gently focus the mind and effortlessly induce a state of meditation, help with healing and even serve as Feng Shui devices for homes. They are known to help with problems such as "haunting negative energies", geopathogenetic stress, bad luck, disease....". A person can use them actively by sitting in front of them while staring at the dot in the center (and please don't do this while driving, right?!) or just having them in their home environment. According to the Vedic sciences they bring abundance, protection, health, luck and improved relationships to the inhabitants.

During the 4-day workshop we will create at least 2 beautiful yantras to take home. My experience is that people get such good results with these humble remedial devices that they go on creating them for most rooms of their house or give them as gift to relatives. One word of caution: this is a highly addictive activity! If you already have some addictions this new one may eliminate them completely and take over, thus saving you time and money. What will you do with all that cash and time? That is one thing I don't have an answer for.

This session does not require any previous painting or sketching experience and is suitable for adults and children of both sexes. Even teenagers may like it. Media used: oil, acrylics, pastels or color pencils.



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## Art in the Library and the Chamber

by Val van der Poel

I sometimes wonder if we have too many artists in the Creston Valley but then I think - 'Nope, you can never have too much art!' I hope the people of the area feel the same way and are ready to check out the new displays at the Creston Public Library and the Creston Valley Chamber of Commerce and Visitor Centre.

Even when different artists select the same subject the paintings always turn out differently so this the Art in the Library exhibit is called "3 Artists - 3 Visions". Stop by and enjoy the watercolours of Ken Alexander which often depict scenes from around the valley or his garden. You will also see a variety of works by Eleanor Van de Bogart in acrylic, watercolour and oil; everything from farm scenes to flowers and critters. The charming acrylic paintings by Pauline Menu will take you on a journey through nature's wonders with landscapes and paintings of animals. This Art in the Library display starts on July 2 and continues until October 1, so you will have lots of time to check it out. Remember that all of the art is For Sale and a commission is paid to the library; just contact the artist to make arrangements.

Look no further than the Creston Valley Chamber of Commerce for more wonderful art. The Art in the Chamber display is an abundance of Colour & Creativity and will delight every eye. Many favourite artists, like Laura Leeder and Carolyn Stone with their fabulous layered watercolours, or Cheryl Place and Shelly Lamb with their bold and colourful acrylics and mixed media, will have art displayed for sale. There are also a few artists who have never displayed their work at the Chamber; Bart Bjorkman, Shelagh Cocorran, Carmen Ditzler, Eileen Watt and Anne Fetterly are adding their own brands of colour and creativity to the exhibit. And that is not all. A total of 15 artists are displaying their creations and you will find everything from traditional paintings to works in concrete or felt. The new Art in the Chamber display opens on June 30 and runs until September 30 so remember to stop by and have a look, and send or take your visitors down to see some of the fabulous Colour and Creativity that is making the Creston Valley well known in the arts.

As well as these two great venues, you will find a number of art galleries throughout the valley. Have a look at the Artists and Artisan binder at the Chamber of Commerce and plan a day this summer for a delightful art tour.

The Art in the Library and Art in the Chamber displays are sponsored by the venues and by the Creston Arts Council, to provide artists from Yahk to Riondel with the opportunity to display their art to the residents of the valley and to any visitors to the area. If you are interested in participating in these displays contact Val van der Poel at 250.866.5772

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**July 27, 2016**

## Boswell Historical Society Art Fair

By Tom Wishart

July 31, 2016 from 10am to 4pm

Place: St. Anselm's Church, Boswell

Hwy 3A, 3km north of Boswell boat launch

The Boswell Historical Society was formed in the summer of 2015 to explore, document and celebrate the history of the beautiful area along the east shore of South Kootenay Lake known as Boswell. Two projects currently underway include an updating of an earlier publication *Boswell Beginnings*, and a documentation of the fruit ranches established in the area during the first part of the 20th century including one that, reputedly, was owned by Governor-General Earl Grey.

The Boswell Historical Society has entered into a collaborative partnership with the Anglican Diocese which permits the Society to use St. Anselm's Church for meetings, special events, and lectures sponsored by the Society. In return, members of the Society will help maintain the church and grounds and, to date, have repaired the Celtic cross and bell tower, put a fresh coat of paint on the building, and pruned the fruit trees.

The Society is celebrating its formal launch and first anniversary with an Art Fair highlighting the work of over twenty established artists from the East Kootenay. The event will be held on the grounds of St. Anselm's Church and a variety of works such as painting, pottery, stained glass, woodworking, glass blowing, quilting, dyed silk, and sculptured cement will be featured. Local musicians will perform period works including the "Hymn of the Kootenay", as written in

the 1920's by Rev. J.S. Mahood, a popular early minister who served the East Shore. East Shore published authors will be displaying their books, the Historical Society will be operating a food and refreshment booth on the grounds of the Church, and St. Anselm's itself will be open to the public to enjoy the craftsmanship of the stained glass windows and hand carved woodwork.

Come, enjoy, and bring your family and friends.

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**Mark your calendar!**

**July 12, 10am to noon: Empowered Communication** Be heard, express yourself, and inspire change. Peggy Ness is offering this introductory workshop from 10 am to noon at the Learning Place (corner room) at the school in Crawford Bay. Your investment \$25. Bring a friend and get in for half price!

**July 14, 7 to 9pm: History of Chainsaws with Tom Lymbery.** Join Tom, author of "Tom's Gray Creek: Kootenay Lake Memoir" in a (no doubt) humorous historical talk. BC means "before chainsaws" Tom Sez. Come out for tea and chat, by donation for the new roof for historic Gray Creek Hall.

**July 17, 10am to 3pm: Flowers and Wild Edibles with Lorna Robin, BSc.** Come explore the beautiful and edible flora of Pilot Bay Peninsula with local zoologist Lorna Robin. Meet at Crawford Bay School Learning Hub at 10am, bring lunch, walking shoes, and be prepared. Rainy days will be rescheduled. Investment: \$25

**July 18, 7 to 8:30pm: Medicinal Mushrooms and the Immune System with Maya Skalinska M.T., R.H.T.** Herbalist and Iridologist Maya Skalinska presents at the Learning Place at Crawford Bay School. Investment: \$21

**July 21, 2 to 4:30pm: Ayurveda: Ancient Path to Beauty and Longevity with Zora Doval.** Enjoy a facial, explore natural products to protect and beautiful your skin at Community Corner (Crawford Bay Park). Investment: \$ 42

**August 2, 3: Extraordinary Engineering GLOWS two day camp for children 6-12.** Fun, hands-on learning for children. Activities range from building rockets, bridges & roller coasters to making foam and flub to programming robots. At Crawford Bay School from 9am to 3pm. Investment: \$40/child.

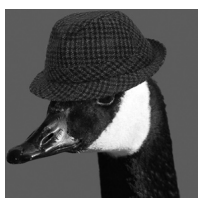
**August 7: Flowers and Wild Edibles with Lorna Robin, BSc.** (see above for details)

**August 10, 11: Bird Watching with birder and biologist Janice Arndt.** Evening talk (6:30 to 8:30pm) on identification tips and hints, plus basic bird biology; then a field trip the following morning from 8 am to 10 am. Both sessions are \$42. Investment: \$25/session.

**You can register for these courses on line at [www.selkirk.ca/ce](http://www.selkirk.ca/ce) & follow the link to recreation & leisure courses, or register at the Learning Hub office.**

**Call 250-551-5827 for info.**

*The East Shore Community Learning Hub is located at the beautiful Crawford Bay School in Crawford Bay. We are open Tuesday and Thursdays in the summer (closed last two weeks of August). Do come by to say hi, register for a course, and find out what is going on in the community.*



## Thoughts from a Disturbed Mind

by Harvey Valgardson

So, it's been quite awhile since I put anything in this space. To tell you the truth, I've been keeping my head down. After a few years of spouting off every month strange things started happening to me. I know my phone has GPS but I have never activated it. Somebody else did. It started beeping at odd times and displaying my location. Ominous? You bet, but that's not all. My laptop developed a mind of its own and would do wherever it wanted, irregardless of what I clicked on.

Okay, I know what you're thinking. Stay away from those strange porn sites Harv. Yeah, that crossed my mind too, but it doesn't explain the radio. I was sitting in my living room one day listening to it when the announcer cut in and informed me that I was listening to CBC Radio One. Now how in the world did they know that. I carefully checked every square inch of that room for hidden cameras but I came up empty. Of course, that proves nothing because they make them so small these days they're practically invisible.

Well, anyway, I decided I was being warned. The machine, as we all know, has no sense of humour and it was telling me to shut up. So I did. Until now.

I have stumbled across a plot so evil, so dastardly, that I feel compelled to break my vow of silence and warn you all. It all started, as most of my problems do, with my wife. She's a wonderful gal but she sure gets me in trouble. She had gone to town and as a

special treat she brought back a wonderful supper. It was a roast chicken in a really neat plastic serving tray. No kidding, it's in my cupboard waiting for a special occasion. The tray, not the chicken, for those of you having trouble keeping up. The meal included two tasty salads and some garlic bread that you pop into the oven for a few minutes. It was good.

Now, I'm a frugal man and about halfway through the meal I started wondering how much it cost. This was a ticklish subject. My wife is very sensitive to criticism and I knew it was important not to sound accusatory. Fortunately, I am well known for my tact and diplomacy, so I was able to subtly veil my enquiry. "How much did this cost?" I asked.

Well, she told me and my heart just stopped. I stared blankly at the avian atrocity before me while the implications peppered my brain. We were screwed. The whole meal had cost less than I would expect to pay for a raw chicken, and with sickening certainty I realized what that meant. Someone wanted me to eat that chicken and I knew why. Nanobots.

Yup, they've got these little microscopic critters called Nanobots that they can program to do almost anything. All they have to do is get you to swallow them. I could tell from the strong vibrations in my brain that what I was dealing with were mind Nanobots. Knowing it was hopeless I nonetheless spewed that food in my mouth across the table and started slapping my wife's back until she, too, disgorged her oral contents. The situation was dire, but luckily I had practised for just such an emergency and quicker than you can say mind control chicken I had fashioned a couple of tin foil hats. I donned one and, holding my finger to my lips, I carefully placed the other on my wife's head. I knew she was taking the situation seriously because I could see the fear in her eyes.

Well anyway, that was a few days ago and since then I have been doing some research. This was not an isolated incident. Apparently these meals are being

distributed right across the country. It's scary to think how many people have already been infected. I'm not sure what to do about it, but I hope to have some answers soon. My wife may have come up with a solution. She has made an appointment for me with a special mind doctor and I am hoping he will be able to shed some light on the problem. If the helicopters don't come for me and I don't have an "accident" I will endeavour to keep you informed. In the meantime, throw away your cell phone, unplug your computer, don't listen to the radio and whatever you do, don't eat the chicken.

At least that's what I've been thinking.

## Riondel Library

by Muriel Crowe

Summer is officially here and I am sure we all have plans to relax and enjoy every possible day. However, the best laid plans are often destroyed by reality. Many of us have jobs that demand our attendance and most have families to care for as well as summer visitors. Toss in a garden, meals, housework and all those other necessities and relaxation moves into the realm of fantasy.

A library is a great place to find fantasy both written and visual but it can also be a place to find the information to find relaxation. It may take a little work searching in our library catalogue for the books you need but Sarah's search assistance posters will make that easier than before. What to look for is the next question and I have a few suggestions. Organic gardening books will have tips on mulching to save time weeding and watering. Cookbooks for easy meals or for children could be the next step. The list is yours to create but if all else fails please grab a calligraphy book and make yourself a "Gone fishing" sign and go.

Do remember to return for the great big amazing library book sale on July 30 and 31. I'll hope to see you there.

## Smarter Than Jack or Jill

by Sharman Horwood

*Animals are amazing, smart creatures. This column is about exactly that, and I am willing to write up any of your animal stories that show animal intelligence (not to mention cuteness). If you have a story that you wish me to write, please contact me at shorwood@gmail.com. I won't use your name if you don't want me to, and the story has to be a true story or anecdote. Please include your phone number so I can contact you if I have any questions.*

### Tink Time

My nephew, Brad, came to live with me when he was in his late teens. He was finished with school and needed to work, but of course, he was still a teen: in his mind, willing to work, but not quite yet motivated. And like many teens, once he had a job, he had a problem getting up in time to get there.

My cat, Tink, had her own ideas about how the household hierarchy worked. I fed everyone so I was the highest on her list—usually—and since Brad was a newcomer to our home, he was at the bottom. She treated him like a kitten or puppy: there to be taught. He also needed looking after and shown his place in her idea of the hierarchy. She could be quite firm on this. If I wasn't around or available, Tink was the boss. I first realized this when I adopted a puppy the year before. I discovered when I was cooking that the puppy was nowhere near. I looked for her. She was in the living room laying on a pile of my shoes and slippers, dragged into the living room to make a rough bed. Tink wouldn't let Carly into the kitchen. That was Tink's domain, mainly I think because it was the food source. And when they went outside together,

Tink was in charge. Carly, the dog, was her entourage, treading lightly at her heels. Carly, by the way, was a Labrador cross, nowhere near as small as Tink. Any dog that dared to intrude into the yard while Tink was there swiftly had its nose smacked. Many retreated howling from this small mean creature. And when Carly went to get up on the furniture, she got the same treatment. Tink wouldn't allow it. Carly was breaking the house rules and the furniture was out of bounds; Carly quickly learned exactly where she belonged in the household hierarchy, and that was on the floor.

Brad was a problem, however. He didn't obey Tink as the puppy had. Tink decided that he needed to learn. I could almost see the thought crossing her mind as she sat outside his bedroom door. He wasn't getting up when he was supposed to. Every morning at 7:00 a.m. I'd knock on his door. Several times before he was persuaded he had get up. Tink really didn't like the noise. And she hadn't yet had a chance to make sure he knew who was in charge. He was a member of the household, under my care, so he had to stay, and swatting him across the nose was not an option.

At that point, I think she decided to take matters into her own . . . paws.

I first realized a situation was developing one night when Brad flung his door open, rushed out of his room, and into the kitchen, shouting at Tink.

"She's driving me crazy," he cried. Apparently, when Brad was relaxing in his room, reading or listening to music, she started to tease him. What she was really doing was searching out his weaknesses. And she found them. He didn't like noise. She slipped her paws upside down under his bedroom door. She'd stick her claws out, and scratch at the bottom of the door. It was surprisingly loud—the door was made of wood, a hollow, interior door and that scratchy, high-pitched noise echoed in it. Brad would leap off of his bed, run to the door, flinging it open, but Tink was long gone. As soon as he settled down once more, she was right

back at the door, claws out and ready to torture him a bit more. She was training him.

I did try to stop her. I yelled at her, though I couldn't refrain from a little laughter. Secretly, of course. And to my surprise, she apparently did stop. Then I noticed that in the mornings Brad was getting up much more promptly. I stood back and watched as I made the tea and put out his cereal. When I got up, Tink would go and wait outside his door. I'd call out the time to him, he'd answer, and then quickly fall right back to sleep. But not for long. Before I returned to call out to him again, Tink was at his door. Scratching.

Within days Brad started to get ready for work in record time. He wasn't happy about it, but he was ready and willing to go. Home just wasn't a restful place for him in the morning. Tink, however, curled up in her favourite spot on the couch, a rather satisfied smirk on her face.

She never did this to anyone else, not me, nor any guests in the house—just Brad. Most of the time, it was designed to get him up out of bed, although there was a random scratch here and there just to keep him on his toes.

Tink had trained him to react to the noise. She knew how she could use it. It was her version of a remarkably effective alarm clock.

**Next Deadline:**

**July 27, 2016**

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## pebbles by Wendy Scott The Music of Flowers

There's a symphony happening in my back alley. With blackberries in full bloom, bees of every shape and size are busy, very busy, collecting pollen. The sound is infectious and mesmerizing. I could happily stand in the midst and listen. Inside the fence raspberries are ripe and ready to pick along with bundles of red currants dangling on delicate stems from their abundant bush.

Summertime flowers in the lane are predominantly white; the wild blackberry's white blossoms promise a sweet juicy crop while white lilacs and white lupines contrast with the deep purple delphiniums and mauve foxgloves beside the highway. A scatter of the more familiar multi-coloured lupines spreads wild colour in at least one back garden in town and on the steep slope beside the road at Kootenay Bay.

But in Riondel a surprise of foxgloves blooms beside an old house hidden on a cliff not far from Bluebell Bay. Other parts of town and beside Riondel Road the foxglove grows wild, tall, and purple, as well as all shades of pink and even, rarely, yellow.

Foxglove trees grow in China and some parts of North America although I have not seen any on the Eastshore. Perhaps this might be worth investigation – not just for the pleasing shape of the tree, but historians have discovered ancient manuscripts – penned long before Columbus took a notion to head in this direction – that describe in detail the merits of this tree for the cosmetic industry. A concoction spun from the leaves and flowers was said to protect skin from wrinkles and hair from turning grey. Hm...yes, did I mention that it is native to China.

Foxgloves would be past their prime by October, 1919, when Edward Prince of Wales boarded the SS Nasookin in Nelson to tour Kootenay Lake. The prince and his entourage had crossed Canada by train, stopping near Pekisko Creek at Cayley in the Alberta foothills to buy a ranch.

Prince Edward's trip included a visit and photo-op at the CPR Hotel in Balfour, and according to Greg Nesteroff writing in a 2012 edition of the *Nelson Daily News*, Prince Edward took time while in Balfour to play 18 holes of golf with members of the royal Party, and while on board the Nasookin, led a sing along. That brief post-war period offered a relaxed breathing space before the next devastating conflict would begin.

His Royal Highness Prince Edward, twenty-five years old and a popular young prince, did not ascend the throne until 1936, and as King Edward VIII, he would be king for less than a year before being advised or coerced by political intrigue to give up either his throne or his adamant decision to marry the American divorcee, Wallace Simpson.

But Edward did not change his mind and 1936 became the year of three kings: King George V, King Edward VIII, and King George VI. In fact for \$25 US you can order a Three Kings Postcard. But make sure you include the year, 1936, or you might receive something quite Christmassy instead.

Ten years after that royal golf game, in the cluttered path of progress, the CPR Hotel in Balfour would be demolished.

The SS Nasookin launched on Kootenay Lake in May of 1913 as the flagship of the Canadian Pacific Railway's Lake and River service. The Nasookin's maiden voyage with more than 500 passengers took in the entire lake with stops all the way from Nelson to Kaslo.

The sternwheeler, described as a floating palace boasted four decks, a smoking room, a lady's salon, an impressive dining room – set with CPR silver, of course, and more than fifty staterooms.

Which begs the question, why must we speed up, would it not be lovely to relax and enjoy a day on Kootenay Lake. Many years ago at Christmastime a choir sailed from Riondel to Nelson singing carols all the way (without the help or guidance of a prince or king)

Sister ships such as the Moyie and the Kooskanook made regular stops at Harrop, Riondel, Ainsworth, Kaslo, Lardeau, and Argenta. In fact in the days of the Bluebell Mine the trip from Riondel to Kaslo and back was popular – and essential for groceries, haircuts, or just an entertaining afternoon.

Sternwheelers sailed Kootenay Lake from Frasers Landing to Gray Creek until a rail line was completed between the landing and Procter, but in 1930 as the automobile became a preferred mode of travel, the SS Nasookin was refurbished as a car ferry and continued to sail until 1947. The route was hailed as the southern trans-provincial highway link across BC.

The SS Nasookin was replaced in 1947 by the MV Anscomb which was also replaced in the year 2000 by the Osprey.

In 1948 with the Trans Canada Highway paved through to Kootenay Bay the ferry terminal was relocated from Gray Creek to Kootenay Bay. The voyage from Kootenay Bay to Balfour is now known as the longest free ferry ride in the world. We really would like to keep in that way.

Both the MV Anscomb and the SS Nasookin came to sorry ends with the Anscomb sinking off-shore from Woodbury Marina and the Nasookin, coming down at low water on a concrete abutment while docked in Nelson.

In 1981, England's heir apparent, Prince Charles, married Lady Diana Spencer. Prince Charles and Princess Di embarked on a world tour stopping at Expo 86 in Vancouver. But the royal couple did not venture as far as Kootenay Lake.

Their marriage lasted fifteen years but crumbled before that ending with divorce just one year before Diana's tragic death.

Eight years later Prince Charles married Camilla Parker Bowles who was herself a divorcee. So times continue to change as princes and kings marry divorcees and are themselves divorced.

Through all the history of years flowers bloom on roadsides and in gardens sprouting in the surprise of any crack on a cliff or a sidewalk. On Victoria Day as we celebrate another queen's birthday flowers are wound into coronets to celebrate the royal queen who followed her heart to marry Prince Albert, the man of her choice. As a result we not only have Christmas trees (introduced by Prince Albert) but engagement rings, too many portraits of royal pets and the joie de vivre of gift giving for birthdays, anniversaries, a house warming, or for no apparent reason at all.

What better way is there to celebrate summer solstice and a full strawberry moon. Enjoy the synchrony. The two will not appear together again for another seventy years. So pick some flowers. Give them to a friend and celebrate the moon. Any moon – July's Buck moon will do.

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## BOOK REVIEW

by Tom Lymbery

*HECKMAN'S CANADIAN PACIFIC – a Photographic Journey* by Ralph Beaumont, Published by Ralph Beaumont and Rod Clarke, hard cover, 328 pages, \$60.

Joseph Heckman was a meticulous photographer employed by the CPR to photograph every station and every bridge on the company's rail lines across Canada. The details are amazing – I can even tell the difference between sawn railway ties and hand hewn ones, and this from the glass plate negatives in use at that time. Perhaps to give proportion, he liked to include people in his pictures, so many have rail workers, and sometimes their children in these detailed records.

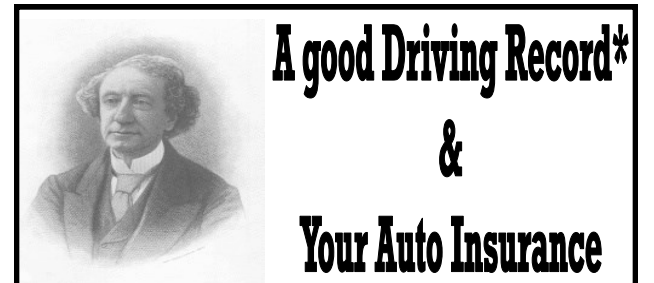
The CPR needed these photos as tracks were continually improving with fill, steel or culverts replacing wooden trestles. Also the stations were always changing – sometimes growing larger or moving location.

Heckman photographed the line from coast to coast between 1898 and 1915. His works ended before the Kettle Valley was completed through the Coquihalla Pass, but none-the-less the book includes the clearest picture of Kootenay Landing, with the Moyie in the background. One pictures Nelson's whole rail yard in 1901, complete with the wharves and docks to load 15 rail cars on each barge leaving for Kootenay Landing, Kaslo or Lardeau. This particular picture is very important for Tom Thomson and his diligent crew at the revitalized Rail Station, so Ralph Beaumont is asking the CPR for permission to get a copy to be displayed.

I was most fortunate to be sitting in the front row when Ralph discussed his book at the Revelstoke Rail Museum. He told us how detailed Heckman's pencil written notes were (and hard to read) as he recorded, time of day, direction, even names of workers and more – often taking several pictures of the same site. Choosing 300 from the 4,000 historic images that now reside in the CPR's Corporate Archives was itself a work of art.

Since Heckman's photography was only designed for the CPR's Engineering department to keep track of the ever-improving bridges and stations, they have only occasionally been published - and only then without acknowledgement of the photographer. So we are indeed fortunate that Ralph Beaumont has spent a great deal of time selecting and providing detailed information for each photo.

I wish I had bought more copies for our book department as I hate to think of the shipping charges as we will need more all too soon.



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## Health & Happiness

by Dr. Sid Kettner

### How to Stay Young

This was shared with me by Ian, a friend, seven years ago. Thought you all might need the reminder. It could jump start your summer joy. It starts tomorrow—stretch it out to 4 or 5 months if you can. Luxuriate in the beauty that surrounds us.

- 1. Throw out non-essential numbers.** This includes age, weight and height. Let the doctors worry about them for you. That is why you pay them!
- 2. Keep only cheerful friends.** The grouches pull you down.
- 3. Keep learning.** Learn more about the computer, crafts, gardening, whatever. Never let the brain idle. "An idle mind is the devil's workshop."
- 4. Enjoy the simple things in life.** Like walking and enjoying your friends.
- 5. Laugh often, long and loud.** Laugh until you gasp for breath.
- 6. The tears happen.** Endure, grieve and then move on. The only person who is with us our entire life, is ourself. Be ALIVE while you live.
- 7. Surround yourself with what you love.** Family, pets, keepsakes, music, plants, hobbies, whatever. Your home is your refuge.
- 8. Cherish your health.** If it is good, preserve it. If it is unstable, improve it. If it is beyond what you can improve, get help. Walk daily and breath deeply as you walk.
- 9. Don't take guilt trips.** Take a trip to the mall, even to another province or country, but NOT to where guilt is.
- 10. Tell the people you love, that you love them,** at every opportunity.
- 11. Worry about nothing,** pray about everything.
- 12. Remember:** Life is not measured by the number of breaths we take but by the moments that take our breath away.

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## Remembrance Garden

by Wendy Scott

A tub full of lacy white Goats Beard rests beside the newest bench in the garden. It's lovely to see it there and anyone is welcome to place tubs of flowers or clippings on a level spot as long as they are removed before they wilt.

The new bench was designed and built by Miroslav Doval and he also engraved and installed all the seven new plaques.

If you have inquires regarding plants or shrubs, please contact Muriel.

And by all means let us know if you would like a memorial plaque installed on a bench. A marble plaque engraved and installed will cost you \$175.

In the meantime, take a walk through. It's a lovely place to spend some time.

Wendy – 250-225-3381 - [wmescott@gmail.com](mailto:wmescott@gmail.com)

Muriel – 250-225-3570 - [mcrowe@bluebell.ca](mailto:mcrowe@bluebell.ca)

## NOREEN ROSS

by Wendy Scott

Come and see my roses: that's how it started – nearly twenty years ago for me and the roses have continued to bloom. But it was not just roses, Noreen had other gems to show me and many in Riondel will recognize her lovely little tins. They were all sizes – whether it was biscuits, candies, tiny special gifts – you could find a tin in her collection for everything. Everything, that is, except perhaps her dolls. Yes, Noreen made dolls; beautiful, exceptional, unique dolls. And when she was not busy with her many hobbies, Noreen was one of the most determined supporters of the Riondel Community Centre and everything that went on in that building.

Three years ago on Riondel Days Noreen helped to organize a successful silent auction with all proceeds going to the Community Centre Repair Fund.

I'm sure that the many businesses and individuals involved in that initiative and the many other events that have continued to encourage support of this slow moving project would be happy to acknowledge her energetic efforts when, at long last, hammers and saws begin to make useful noise.

This would indeed be a commendable legacy for Noreen and for so many others who have given of their time, energy and creativity to hold on to and to improve Riondel's Community Centre.

Thank you Noreen – for everything and especially for that first red rose.

NOREEN ROSS

AUG 13, 1922 -- MAY 27, 2016

## Need help with your business? Have a business idea to explore?

Community Futures is your small business expert.

We offer business loans, business management workshops, business library & more. Unemployed? Ask about the self-employment program.



Call Alison Bjorkman at 250-428-6356 to book a free appointment in Crawford Bay... [www.futures.bc.ca](http://www.futures.bc.ca)

Growing communities one idea at a time.

## Notice of Passing

Beth Ludlow

Oct 5, 1939 - April 2, 2016

Beth Ludlow October 5, 1939 ~ April 2, 2016 Beth Ludlow, a resident of Riondel, BC passed away suddenly at the age of 77.

Beth was born in Vancouver, BC where she attained her nursing degree at Royal Columbian Nursing School.

Beth moved to the East Shore in 1973 where she worked as a nurse at the Creston Valley Hospital until her retirement. Beth was an active member of the Eastshore Remembrance Society, the Riondel Senior Citizens Association, a lifetime member of the Riondel Curling Club, the Riondel Community Church, the Circle of Friends Artisans Society. Beth was also an avid supporter of the SPCABC.

Beth is predeceased by her parents John and Jean Geissinger, and partner Jim Oliver. She is survived by her daughter Ann-Louise Ludlow, son Ed Ludlow, stepsons Ian and Jim Oliver, and grandchildren, Megan and Kiera.

A service to be held July 2, 2016 at 10am at Riondel Community Centre 1511 Eastman Ave, Riondel, BC. Memorial contributions may be made to SPCABC, P.O Box 2 Cranbrook, BC V1C 4H6

## Notice of Passing

Cutler, Earle Melville

November 23, 1919 – May 18, 2016

It is with great sadness that we announce the passing of Earle Cutler on May 18, 2016. He was a kind, compassionate and generous family man in every way he knew how.

Earle was born in Vernon, BC one of seven children born to Carolina and Campbell Cutler. He is survived by his only daughter Pat Armstrong of Cranbrook, BC, and three sons Bud, Ron (Shirley) and Bruce all of Nelson. Earle also leaves behind 10 grandchildren, 19 great grandchildren, 1 great-great granddaughter, several nieces and nephews. Earle was predeceased by his wife Alice of 72 years whom he met and married in Edmonton, Alberta in 1944 while serving in the Air Force. Alice passed just three weeks prior to Earle. He was also predeceased by brothers Art, Len, Ivan, sister Rita, daughter-in-law Dawn Cutler and son-in-law Ken Armstrong.

Earle was a life member of the Lions Club. Purchasing their jewellery business from the president of the Lions Club in Taber, Alberta in 1945, he joined at the time and remained a member for 71 years until his passing. Earle, Alice and family moved from Taber, Alberta in 1951. He sold his business to purchase the S.S. Nasookin hoping to convert it into a floating hotel and tea room. The plan was scrapped when the hull was found to be damaged beyond repair. She was towed up the North Shore on June 29, 1954 to the area as Nasookin Bay. Earle and his crew dismantled the top two decks and winched them across the highway where they remain today.

Earle now 96 years old had never missed a meeting no matter where he lived, attending his last meeting only five hours prior to his death. He served at every Canada Day pancake breakfast and was a timeless volunteer right up to the last day of his life. Garage sales and his passion for junk were high on his list of priorities. He would never pass up an electric train regardless of condition.

We would like to offer special thanks to Dr. Sparrow, Dr. Tuvel, Mitch from respiratory therapy, the emergency room nursing and support staff from the 3rd floor at Kootenay Lake Hospital.

In lieu flowers, donations may be made to the Kootenay Lake Hospital Foundation. There will be no service by request. Arrangements are under the direction of Thompson Funeral Service. Online condolences may be expressed by [www.thompsonfs.ca](http://www.thompsonfs.ca).

*Note from Tom Lymbery: Earle was most helpful in loaning his files and photos on the Nasookin so that we were able to print some of the Sternwheelers Story in Mainstreet. And think of someone who was a Lion for 71 Years!*



**Creston  
Veterinary Clinic**

**Your Hometown Vet**

**1 (250) 428-9494**

**Mobile veterinary clinic available  
in Crawford Bay.**

Please call Creston Veterinary Clinic to book appointment & for more details.

**NEW LOCATION! We now have our clinics  
at the Crawford Bay Motel, Unit 6**

**Mobile Clinic Dates:**

**July 19 and August 9**

SERVICES DIRECTORY

The Service Directory is a great way to have your business listed as a reference for those shopping for a particular professional service. Keep your phone number handy and your message clear.

**AUTOMOTIVE/MARINE**

**EASTSHORE AUTOMOTIVE** - Service & Repair 250-227-9370

**NORTHSTAR CRESTON** - 1-800-551-9351 Full service 8-bay shop featuring Certified Service lube,oil and filter starting at \$22.95 plus parts & eco fees. Full line of major tire brands, GM & AC Delco parts and batteries.

**BUSINESS SERVICES**

**MUTUAL FIRE INSURANCE** of B.C. Quotes on Homes, Mobiles, Farms & Tenants. Seniors discounts at 55. Home Protection; No Claim; New Home. ph/fax 250-428-7937, broker Virginia Harder.

**CONSTRUCTION/CONTRACTORS/TRADES**  
**GRAY CREEK MECHANICAL** - Marine Repairs and Surveyor: Serving the Eastshore since 1994 15295 Oliver Rd. Gray Creek. 250-227-9285 - Jerry or Sharon

**HULLAND AND LARSEN CONSTRUCTION** - experienced residential construction & custom finish work. 250.551.2915 or 250.505.3570. (see ad in contractor section)

**STEEL WHEELS** - Septic systems planned & installed. We dig too, mini hoes for you. Dave/Donovan. 250-227-9646.

**THE GREEN MACHINE** - Excavation, Landscaping, Installation of Waterlines. Ph.: 250.225.3485

**TURLOCK ELECTRICAL CONTRACTING LTD.** (See colour ad in this issue for more information.) 250-227-9688 or 250-551-4671

**PERSONAL CARE/HEALTH**

**ALEXIS PHILLIPS, M.A., R.C.C.** - Registered Clinical Counsellor specializing in complex trauma, relationship issues, grief & loss, anxiety & depression. Apptmnt/consultation, call 250-509-0368.

**BLANCHE TANNER** - Breath Practitioner, (Family Constellation) Heart-Centred Therapy (Meditation), Healing Emotional, Physical & Sexual Abuse, Addictions, Relationships, Anxiety, Depression.227-6877

**COUNSELLING & SUPPORT SERVICES:** Free and Confidential for children, adults and families. Services include: Adult Mental Health and Addictions; Child Youth Mental Health; & Family Support. Call 1-866-774-5324 (toll-free) or 250-353-7691. North Kootenay Lake Community Services Society.

**EAST SHORE HOSPICE** - Palliative care for anyone facing life threatening illness. Confidential support for individuals and their loved ones.Hospice can also provide grief and bereavement support. 250 227 9006 ext 29 - eastshore-hospice@gmail.com. Volunteers needed - volunteer training offered once a year. Please contact for more info

**FIRST CONTACT EAST SHORE MIDWIFERY** - Sylke Plaumann, registered midwife. 250-227-6846.

**GERALDINE ALTER - MASSAGES & WELLNESS FOR WOMEN** - European deep tissue, energetic reflexology, Breuss spine-vertebras massage, relaxing massage, hot and cold stone therapeutic massage, Reiki. I am a certified professional therapist in Europe, over 15 years practice, 250-227.9890.

**KOOTENAY SOUND HEALING CENTRE** on Riondel Road, offering sound healing treatments, gong meditations and Acutonics® classes. Theresa Lee, certified Acutonics® teacher and practitioner, 250-225-3518 kootenaysoundhealing.com

**REGISTERED HERBAL THERAPIST, MASTER HERBALIST** - Maya Skalinska, M.H., R.H.T. Iridology, Tongue & Pulse analysis, Nutritional consultations, individual herbal remedies, Flower Essence consultations & remedies. For appointments, please call 250-225-3493.

**REGISTERED MASSAGE THERAPIST:** Harreson Tanner - Over 30 years clinical experience. Treatment of Lumbo/Sacral Strain, Whip Lash, Frozen Shoulder, Migranes/Headaches, TMJ problems, & Stress. No doct refl req'd. 227-6877/cell: 505-6166.

**SUSAN SNEAD - MASSAGE:** Certificates/training in Ayurvedic massages, Reflexology, Polarity Therapy, Acutonics Practitioner Level 4, Fibonacci tuning fork alignment, Astrological Counselling. 250- 225-3520

**RESTAURANTS**

**CRAWFORD BAY HALL & COMMUNITY CORNER BUILDING** - available for community events, wedding receptions, workshops etc. Non-smoking facilities. Call Kathy, 227-9205.

**NEWKEY'S PLACE** - Hwy 3A in Crawford Bay, licensed area. Open 10 am til close Monday to Sunday. Food Specials all day. 227-6911.

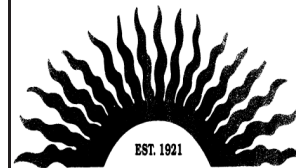
**ROCKWOOD CAFÉ** - Authentic Chinese food, and perfect burgers. Open Tues - Sun. Hwy 3A Gray Creek. 227-6840.

**YARD/LANDSCAPING/SITE PREP**

**INTERFACE WILDFIRE PREVENTION STRATEGIES:** Services: Assessment & Abatement of Wildfire Hazards, Brushing, Thinning, Limbing, Clearing & Removal, Prescribed Burning, Multi-Use Trail & Access Road Clearing/Maintenance, GPS Services, Rooftop Sprinkler Systems. Farley Cursons: 250.354.8553. Certified/Insured.

**TREE SERVICE, RESIDENTIAL** - Limbing, Pruning, Topping, Falling. Danger Tree Assessments, Free Estimates. Please Call James Linn at 250 225 3388

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Your Complete Farm, Garden & Pet Care in Creston, BC 250-428-4614

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CLASSIFIED SECTION

**BUSINESS ANNOUNCEMENTS**

**Insurance Certification** requires professional chimney installation - we are the Pro's - Gray Creek Store, 250.227.9315

**BUSINESS SERVICES**

**Fax service**, photocopies, (withnoPST/GST)TomLymbery - Notary Public, 250- 227-9315, fax 227-9449, 250.227.9448 for Notary Public.

**EVENTS/NOTICES**

**NOTICE FOR WATER LICENSE:** I, Kathryn Drum, 4441 Baker Lake Road, Newport, Washington 99156 USA, give notice that I've applied for a water license to divert water from Kootenay Lake. The point of diversion is located .5km south of the hydropower lines at Power Pole Beach. The quantity of water to be diverted is 2.27 m 3/day, for domestic use on Lot 2, Plan NEP61413, District Lot 4595. Anyone with concerns or comments can contact me at the above address. Objections may be filed within 30 days of this notice with the

Assistant Regional Water Manager, c/o FrontCounter BC, 1902 Theatre Road, Cranbrook, BC V1C7G1.

**NOTICES AND ANNOUNCEMENTS**

**WEEKLY DROP IN YOGA** - Monday 9:30am to 11am, Community Corner in Crawford Bay. Thursday 9:30am to 11am, Memorial Hall in Boswell. Hatha yoga, all level, with Melina Cinq-mars, certified Hatha Yoga teacher since 2004, \$10 drop-in. Mats available. melina@yinyogi.com or 1.877.872.2843

**MEDLEY ARTS CAMP**

- July 25-29. Online registration at www.medleyartscamp.ca as well as details of courses & instructors. Or register by phone, 250-225-3333. Too much fun to miss!

Get away from it all . . . just get spoiled!



Come and enjoy one of our private lakefront sod-roofed cottages in an alpine setting on beautiful Kootenay Lake.

All rates include a delicious four-course dinner and breakfast buffet for two.

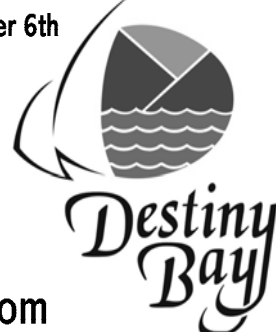
We are adult oriented. No phones. No TV. Sorry, no pets allowed. Located on the east shore midway between Creston and the Kootenay Lake Ferry 11935 Highway 3A Destiny Bay BC V0B 1A3 (250)223-8234 or 1-800-818-6633

Open May 19th to September 6th

Our fully licensed dining room is open to the public by advance reservation.

Guest rooms and vacation rentals are also available.

www.destinybay.com



Tara Shanti

Sustainable Retreat Center, B&B

Bed and Breakfast, Yoga Classes, Retreats

134 Riondel Rd, Kootenay Bay, BC Maggie Kavanagh & Gord MacMahon 1-250-777-4868

**Weekly Drop-In Yoga Classes**

Tues & Thurs 9:30am-11:00 \$10 per class (first class complimentary).

All levels welcome

Please park at bottom of driveway...

Next Deadline: July 27, 2016

mainstreet@eshore.ca

www.eshore.ca

# BULLETIN BOARD

## Community Notices, Thank You's, Not-For-Profit Announcements (all not related to business), Church Calendar & Meeting Places - free on the Bulletin Board.

### CHILD HEALTH CLINIC, ADULT IMMUNIZATIONS, PUBLIC HEALTH NURSE

Will be at the East Shore Health Centre monthly.  
For information, call Creston Health Unit at 250-428-3873.

### EAST SHORE HEALTH CENTRE Call 227-9006

**\*See calendar for doctor days\*** - Doctor hours are from  
9:30am to 4:30 pm. Please call 227-9006.  
Interior Health Authority, Community Care Nursing  
and Home Support Services - 250-352-1433.

### PHYSICIAN COVERAGE FOR JULY 2016

**Note: Call to cancel if you can not make your  
appointment. We always have a wait list for  
patients needing to get an appointment.**

**July 5, Tues: Dr Grymonpre**

**July 6, Weds - Dr. Moulson**

**July 7, Thurs - Dr. Lee**

**July 12, Tues: Dr. Grymonpre**

**July 13, Weds: Dr. Moulson**

**July 14, Thurs - Dr. Lee**

**July 19, Tues - Grymonpre**

**July 20, Weds - Dr. Moulson**

**July 21, Thurs - Dr. Lee**

**July 26, Tues - Dr. Sawyer**

**July 27, Weds - Dr. Gueordjev**

**July 28, Thurs - Dr. Lee**

**Please Note: Lab hours 7:30 - 10:30 am, Weds**

**Call to make appointments at 227-9006**

**on doctor days and Thursday morning.**

**Tues, Weds & Thurs (8:30 to 12:30)**

**Phone: 250-227-9006 Fax : 250-227-9017**

### BOSWELL HALL HAPPENINGS

**Yoga:** Thurs, 9:30-11:00 am. Marilyn Arms 250-223-8058

**Tone & Trim Fitness:** Mondays & Fridays 9am. Darlene  
Knudson 250-223-8005.

### SPECIAL EVENTS - BOSWELL HALL

**Canada Day Dinner - July 1 6:00pm.**

Linda Cassidy 250-223-8341

**Dinner:** Saturday August 13 6:00pm. Live Band!

### THANK YOU FROM THE LEARNING HUB

Many thanks to all who contributed to the Learning Hub gathering at Gray Creek Hall on May 13. Residents took time to respond to the survey, gave their thoughts and opinions in phone interviews and took time out of their lives to come out to Gray Creek Hall to listen, talk and contribute their ideas to the future of the Learning Hub. Local businesses including Crawford Bay Market, Lee Reidl of Fairy Landings who made her famous falafel, Milas Yummies contributed delicious desserts, thanks to Kathy Donnison for her raspberry squares. Safeways and Save on food also generously contributed to the event. Special thanks to Debby Johnson and Peggy Ness for their set up help. Thank you all. Community Education is worth it!

### RIONDEL DAZE STAND-STILL PARADE AND STREET FESTIVAL

The parade doesn't move... the spectators do! Saturday, July 30 from 10-noon on Ainsworth Avenue in Riondel. Entries Requested by July 15 (plenty of time to plan, but the earlier you sign up, the better we can advertise the event) Network and socialize. Need some ideas? Play some fun music, set up prize wheels, balloon bursts, fish bowls, duck ponds, face painting and color hairspray, hole-in-one, kissing booth, garden vegetable booth, craft booth, baking booth. Show off your musical or dancing talents.... So many options! Get a group together to split working shifts! Promote your business, your club to increase membership or your non-profit organization to increase volunteers. Contact Wendy Miller at 250 225 3516 or email bobsbar@bluebell.ca to register (it's free!) or for further information

## The MAINSTREET-

Contact: Ingrid Zaiss-Baetzel

Phone: 250-227-9246 Fax: 250-227-9264

Box 140, Crawford Bay, B.C. VOB 1EO

E-mail: [mainstreet@eshore.ca](mailto:mainstreet@eshore.ca)

### \*ADVERTISING RATES

**\$35.00** - 3<sup>1/4</sup>" wide by 1<sup>3/4</sup>" high

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**\$45.00** - 3<sup>1/4</sup>" wide by 3<sup>1/4</sup>" high

**\$50.00** - 3<sup>1/4</sup>" wide by 4" high

**\$55.00** - 3<sup>1/4</sup>" wide by 4<sup>1/2</sup>" high

or 6<sup>3/4</sup>" wide by 2<sup>1/4</sup>" high

**\$65.00** - 3<sup>1/4</sup>" wide by 6" high

or 6<sup>3/4</sup>" wide by 3" high

**\$85.00** - 3<sup>1/4</sup>" high by 9" high

or 6<sup>3/4</sup>" wide by 4<sup>1/2</sup>" high

**\$100.00** - 3<sup>1/4</sup>" wide by 10<sup>3/8</sup>" tall

**\$130.00** (quarter page) 5<sup>1/4</sup>" wide by 7<sup>1/2</sup>" tall

**\$150.00** (third page) - 6<sup>3/4</sup>" wide by 7<sup>1/2</sup>" high

or 3<sup>1/4</sup>" wide by 14<sup>1/2</sup>" tall or 10<sup>3/8</sup>" wide by 4<sup>1/2</sup>" tall

**\$225.00** (half page) - 10<sup>3/8</sup>" wide by 7<sup>1/2</sup>" tall

**\$400.00** (full page) - 10<sup>3/8</sup>" wide by 14<sup>1/2</sup>" tall

**Sample Sizes - more sizes available.**

**Column Width:** 3<sup>1/4</sup> inches - double column

width: 6<sup>3/4</sup> inches - full width: 10<sup>3/8</sup> inches

**Services Directory:** \$5/month, up to 3 lines.

**Classified Ads:** \$5/first 30 words,

10¢/word after the initial 30.

**\*\* 30% MORE FOR COLOUR ADS\*\***

## CHURCH CALENDAR

### RIONDEL COMMUNITY CHURCH

**JULY 2016 SCHEDULE**

**July 3:** TBA

**July 10:** Derrick Smith, music Brenda Panio

**July 17:** Ramona Dannhauer, music Richard & Ramona

**July 24:** Brent Mason, music Brent

**July 31:** Brenda Panio, music Marie Gale

### CHRIST CHURCH & EAST SHORE CONGREGATIONS

**ST. ANSELM'S CHURCH BOSWELL (Anglican)**

For information call Christ Church Creston 428-4248

**No services at the present time. Contact Christ  
Church Creston for info - 250.428.4248**

### HARRISON MEM. COMM. CHURCH, ANGLICAN

Crawford Creek Rd., Crawford Bay Everyone Welcome!

**For info, please contact Karen Gilbert: 227-8914**

### KOOTENAY LAKE COMMUNITY CHURCH

*A Lighthouse on the East Shore*

Come & join us Sundays at 10 am.

Coffee fellowship after the service.

Pastors Richard and Ramona Dannhauer

16190 Hwy 3A, Crawford Bay 250.227.9444

### YASODHARA ASHRAM

Satsang (non-denominational, "in the company of the wise"),  
each evening 8pm. Everyone welcome, 250.227.9224

### MOST HOLY REDEEMER CATHOLIC CHURCH, RIONDEL

Fr. Sylvester Ibekwe Phone: 428-2300 Fax: 428-4811

Sun Mass at 2pm. 1st Sunday of month, Fellowship Sunday.

### THE CHURCH OF JESUS CHRIST OF LATTER DAY SAINTS

1520 Campbell Avenue, Riondel, B.C.

Meetings begin at 10 am, every Sunday. Info call, 250-227-9522

### CHRISTIAN SCIENCE CHURCH SERVICES

Held in the Anglican Church, 8151 Busk Rd, Balfour

Sundays, 9:30 am - All welcome For info, call: 250.229.5237

**Next Deadline:**

**July 27, 2016**

**[mainstreet@eshore.ca](mailto:mainstreet@eshore.ca)**

**[www.eshore.ca](http://www.eshore.ca)**

## MEETING PLACES

**LIONS CLUB** - meets at the Kootenay Lake Community  
Church - 16190 Highway 3A, Crawford Bay.

Meeting Times: 7 pm.

Second and Fourth Tuesday of the Month

For More info call Lion Mike Jeffery - 250-227-6807 or Lion David  
George at 250-227-9550 or Lion Jim at 250-227-9622.

**TOPS** - Take Off Pounds Sensibly: meets every Monday morning  
at 8:30 am in the Kootenay Lake Community Church basement.  
Call Myrna for more info: 227-9420

### PARENT ADVISORY COMMITTEE

(PAC) Meetings held at 7 pm at the Crawford Bay School  
on (usually) the second or third Monday of the month. (or Tues)  
Call Ingrid to be put on the agenda - 250.227.9246

**Next PAC Meeting:**

**September Sometime!**

**July 2016 Mainstreet 23**

## KOOTENAY LAKE FERRY YEAR ROUND SCHEDULE

Mountain Standard Time -  
Winter Schedule in effect mid-June 2016

Vessel Name	Balfour	Terminal	Koote- nayBay	Terminal
	Summer	Winter	Summer	Winter
Osprey 2000	6:30 am	6:30 am	7:10 am	7:10 am
Osprey 2000	8:10 am	8:10 am	9:00 am	9:00 am
Osprey 2000	9:50 am	9:50 am	10:40 am	10:40 am
MV Balfour	10:40 am		11:30 am	
Osprey 2000	11:30 am	11:30 am	12:20 pm	12:20 pm
MV Balfour	12:20 pm		1:10 pm	
Osprey 2000	1:10 pm	1:10 pm	2:00 pm	2:00 pm
MV Balfour	2:00 pm		2:50 pm	
Osprey 2000	2:50 pm	2:50 pm	3:40 pm	3:40 pm
MV Balfour	3:40 pm		4:30 pm	
Osprey 2000	4:30 pm	4:30 pm	5:20 pm	5:20 pm
MV Balfour	5:20 pm		6:10 pm	
Osprey 2000	6:10 pm	6:10 pm	7:00 pm	7:00 pm
Osprey 2000	7:50 pm	7:50 pm	8:40 pm	8:40 pm
Osprey 2000	9:40 pm	9:40 pm	10:20 pm	10:20 pm

**Summer schedule in effect mid June 2016  
when MV Balfour begins.**

July 2016

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					1	2
					Canada Day in the Park! Foundation Stone, Hub	Beth Ludlow Service, Riondel Comm. Centre, 10am
3	4	5	6	7	8	9
	Yoga w/ Melina - Comm Corner, 9:30-11am	Tara Shanti Yoga, 9:30-11am	Bingo, Rio CC, 6:30pm Volleyball, 6:30pm CB Park	Yoga w/ Melina Bos Hall, 9:30-11 Tara Shanti Yoga, 9:30-11am Secret of Charity Teach, PCSS	Secret of Charity Teach, PCSS	Secret of Charity Teach, PCSS
10	11	12	13	14	15	16
Wallace Adkins Day, Circle of Friends	Yoga w/ Melina - Comm Corner, 9:30-11am	Tara Shanti Yoga, 9:30-11am Lions Mtng, 7 pm	Bingo, Rio CC, 6:30pm Volleyball, 6:30pm CB Park	Yoga w/ Melina Bos Hall, 9:30-11 Tara Shanti Yoga, 9:30-11am	High As Mountains, Hub	
17	18	19	20	21	22	23
	Full Moon Yoga w/ Melina - Comm Corner, 9:30-11am	Creston Vet at CB Motel Tara Shanti Yoga, 9:30-11am	Gabriel Palatchi, Hub Bingo, Rio CC, 6:30pm Volleyball, 6:30pm CB Park	Yoga w/ Melina Bos Hall, 9:30-11 Tara Shanti Yoga, 9:30-11am ES Library AGM, 7pm	GC Museum Days	GC Museum Days
24/31	25	26	27	28	29	30
24 -GC Museum Days 31: Bos Hist Soc Art Fair, St. Anselms	Medley Day Camp, CBESS GC Museum Days Yoga w/ Melina - Comm Corner, 9:30-11am	Medley Day Camp, CBESS Tara Shanti Yoga, 9:30-11am Lions Mtng, 7 pm	Medley Day Camp, CBESS Bingo, Rio CC, 6:30pm Volleyball, 6:30pm CB Park MAINSTREET DEADLINE	In it to Win It, Hub Medley Day Camp, CBESS Yoga w/ Melina Bos Hall, 9:30-11 Tara Shanti Yoga, 9:30-11am	Velle Weitman Band, Harrison Church Medley Day Camp, CBESS	

**KOOTENAY OUTDOOR LIVING**

- \* Hot Tubs
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Black Salt	15	Kootenay Outdoor Living	24
Boswell Hall	18	Learning Hub/Selkirk	18
Breathless Greens	12	Medley Arts Camp	1
Classified Ads	20	Potbelly Pigs For Sale	2
Community Futures	21	Rec 9 Volleyball Thanks	5
Crawford Bay Hall & Parks	6	Riondel Market	13
Crawford Bay Market	12	RVFD	2
Credit Union	24	Sapphire Hair Salon	1
Creston Valley Realty	9	Sunday Markets	13
Creston Vet Clinic	21	Sunny Woods	2
Destiny Bay	6	Sunset Seed	22
ESIS	12	Tara Shanti	11
Eastshore Physiotherapy	18	Turlock Electrical	12
Friends of Koot. Lake	13		
Fitness Place	17		
Footlighters	12		
GRS	13		
Gray Creek Mechanical	12		
Gray Creek Store	13		
Harreson Tanner	18		
Hulland and Larsen	12		
Imagine Kootenay	13		
Junction Creek Hub	13		

**Library Hours:**  
**ES Reading Cntr:**  
 Tues & Sat: 12-3  
 Thurs: 7-9 pm

**Riondel Library:**  
 Mon: 2-4 pm,  
 Weds: 6-8 pm  
 Tues, Thurs, Sat:  
 10am-12:30pm

**Transfer Station Hours**  
 CRAWFORD BAY:  
 Sunday/Tuesday  
 9-3, Sun, Tues, Thurs  
 BOSWELL:  
 Weds/Sat 11am-3pm

**ES Health Centre ~227-9006~**  
 Drug & Alcohol: 353-7691 Child & Youth: 353-7691 Community Nursing: 352-1433  
 Public Health Dental Screening/Counseling: 428-3876 Hospice: 227-9006 Baby Clinics: 428-3873  
 Mammography Screening: 354-6721 Physiotherapy: 227-9155 Massage Therapy: 227-6877  
 For more on facility, call Kathy Smith, 227-9006