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# The East Shore Mainstreet

## KOOTENAY LAKE BC

Serving the East Shore communities of Boswell, Gray Creek, Crawford Bay, Kootenay/Pilot Bay and Riondel

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 News, Views,  
 Reviews,  
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 Current Events,  
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(Left) Elliot Rude at kids Sunday soccer at the school and (right) flowering crabapple tree blossoms  
 Photos: Ingrid Baetzel



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# MS Issues

by Ingrid Baetzel,  
Editor

So much happens on our East Shore, sometimes my head spins with appointments, community events, meetings, live entertainment, extra-curricular sports/theatre/fun nights... the list goes on and on. Every time I hear someone say, "There's nothing to do around here," I nearly fall over backward.

In some cases, that sentence is heard coming from the mouths of area youth who are, understandably, floundering at times without a strong social network of people their age. Sometimes I've heard the sentiment come from people who keep themselves somewhat more secluded out of choice or necessity, so they may not have their ears as much to the ground. Sometimes, though, it comes from the most surprising places – energetic, socially-conscious parents and adults who just seem to not be making themselves as open to the myriad opportunities that surround us every day.

In the meantime, what was going on the weekend, of May 12? Well, after a pretty well-attended Crawford Bay Park cleanup for the first half of the day, I attended the Community Connections AGM and the What's Going On business workshop/forum at the Crawford Bay School.

Community Connections held it's AGM and re-elected Janet Wallace as Chair, Muriel Crowe as Treasurer and welcomed new board members. Palma Wedman was officially introduced as the new administrator for Community Connections and led the meeting as well as the fun and fast-paced business forum that followed.

Approximately 25 or 30 businesses were present and well over fifty people were in attendance to listen to the one-minute show and tell segments presented by any business that wanted to participate. We heard about what different restaurants, bars and campgrounds were doing to prepare for our 2012 tourist season, what the artisans had in the makings and where other businesses stand at this point in time. It was a unique opportunity for East Shore businesses to introduce themselves in a "speed-dating-fam-tour" kinda way.

There were speakers at the forum as well. Tom Lymbery spoke about the history of business on the East Shore. He owns the longest-running successful business on the "Best Shore" in the Gray Creek Store, and announced that they are excited to be preparing for their 100th year in business in 2013. What an accomplishment! Tom and his family have been serving the East Shore for so long that he was referred to several times (as he always is) on some fact-checking on historical points throughout the forum.

After Tom, Dale Hodgson (majority owner of Kokanee Springs) spoke for a while about who he is and his history in business. He also spoke about the existing and future developments of the golf resort and took questions. His speech was interesting and informative and he seems a thoroughly approachable individual. He promised to be inclusive and transparent regarding future developments and invited locals to drop by the information booth at the golf course to see the plans, short and long-term.

Finally, Jamie Cox, manager of the now Crawford Bay Store and soon-to-be Crawford Bay Market gave an inspiring and entertaining speech about his time as a ski resort manager and spoke about his experiences watching development and how it can be done well, with a community's support, input and involvement, and poorly, with no consideration for the region and the people living in it. He kept the crowd engaged and laughing (which was a good thing given the fact that the meeting ran well over its advertised duration).

I would like to thank the speakers, the organizers and supporter and, most especially, those who took time out of their beautiful sunny Saturday to attend this event. It was well worth the time and truly gave a healthy dose of what is really going on.



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**Next Deadline: Wed, June 27, 2012**

## LETTERS TO THE EDITOR

### WHERE IS YOUR DOG?

Dear Editor:

Do you know where your dogs are after you turn your lights out at night? I know where mine are - sleeping beside and at the foot of my bed.

On May 5, I went up to my dad's at about 8 pm and saw all his cows in the hayfield. The next morning, my husband went out to check on the animals at about 6:30. He found three of the cows but two of them were missing... my dad's mother cow and her two and a half month old calf.

He finally found the mother cow about an hour later, badly injured. He immediately came to me and I went and got Dad. I have never seen a man so upset as my dad was. He had raised this cow from a calf and to see her lay flat on the ground and so near to death was heartbreaking. We couldn't find her calf until 11:00.

We called the vet in Creston and he came out. He worked on the cow and calf for three hours. The vet said they were chased and stressed. He said that both animals were hamstrung and that only dogs will do this and not kill them.

Cougars, wolves and coyotes would have killed them. We have notified the RCMP and Fish and Wildlife on this matter. The RCMP have suggested trail cams.

We lost the mother cow on Monday, May 7 and the calf three days later. Some people don't understand how gut-wrenching and heartbreaking it is to watch these two precious animals struggle to survive.

My husband sat with the mother cow from 3:30 in the afternoon after the vet left until midnight. The mother kept trying to get up but couldn't because of her backend.

I kept trying to get the calf to drink and had friends come help lift the calf to get the milk down him.

All the years my family has farmed here, we have had nothing like this happen. We have now been left

with the loss of a cow and her calf, vet bill and the cost of having to replace these animals.

This is not just our problem but a community problem. PLEASE keep your dogs tied up or in an enclosure when you aren't at home or at night.

*The Oliver Family, Gray Creek*

Live music every Saturday night!

250.227.6911 Watch for special events each month.

# ESIS AGM

(East Shore Internet Society Annual General Meeting)

**June 26, 7pm**  
**Gray Creek Hall**

**Western Pacific Marine Ltd**  
Kootenay Lake Ferry Office

**OSPREY 2000 FERRY**  
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**May 27 - June 8, 2012**

Western Pacific Marine Ltd. advises travelers that the Osprey 2000 will be out of service from Sunday, May 27 through Friday, June 8, 2012, inclusive for maintenance.

**The M.V. Balfour will be in service during this time - expect sailing delays.**

Western Pacific Marine Ltd. would like to thank you for your patience.

## Kootenay Lake Rock and Soil

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## RDCK Area "A" Update

by Garry Jackman,  
Director, Area "A"

### More on grants:

Last month I gave an update on one of the sources of grants through local government, that being the annual Community Initiatives Program funded by the Columbia Basin Trust. Recommendations from the April 16 public meeting will be reviewed and either approved or revised by the RDCK Board at our May 24 meeting (note this submission was due by May 23).

We also reviewed recreational grant applications at our Rec 9 meeting (also public) on April 30 and reviewed applications to the Area A Economic Development Commission (EDC) on March 27. Another round of EDC applications will be reviewed on June 12.

Fairly often, at times within weeks following the advertised application cutoff dates, I receive calls or e-mails from people looking for grant funding. The grants which are available through EDC, Rec 9 and the CBT Community Initiatives Program involve volunteer community members who devote many hours a year to assist in directing community funding. Under the terms of the bylaws which regulate Rec 9 and EDC, and similarly for the contract which stipulates the public role in allocating CBT funds, the applications must be reviewed at advertised, public meetings with formal minutes which are submitted to the RDCK Board for approval followed by direction to finance to issue cheques.

For this reason, grant applications are solicited at fixed times through the year. Trying to respond to applications at random times through the year would place an unnecessary burden on volunteers and would make it more difficult to balance allocations throughout the area. The method of advertised cutoff dates is not ideal for all, but it introduces a level of fairness to volunteers and community members in general. If you want information on upcoming application dates please contact Lorna Robin who chairs EDC or Joan Huiberts who chairs Rec 9. As always, you can contact me on any issue. Again, thanks to the chairs and volunteer committee members who give their time to

make these programs work.

There are other forms of grants where the applications come through the area director and then directly to the RDCK board. These are discretionary grants and community development grants. The intention of these grants are not to replace or supplant the recreation or EDC funds, but to address a wider range of projects or activities. If timing is critical, discretionary grant funds could be used to fund activities such as recreation. Information on these grants is available on the RDCK website ([rdck.bc.ca](http://rdck.bc.ca)).

Another point which I want to stress again is that grant money, which comes out of your pockets as property taxpayers, cannot generally be given to individuals. One exception which I have seen the board approve in the past is a grant to assist an exceptional local athlete to travel to a regional or national competition. Otherwise, in spite of all good intentions, public money should be directed through an organization such as a registered society or recognized local organization with an independent bank account requiring dual signatures to access funds. This makes it possible to audit expenditures (if required) and demonstrate a level of transparency as to how public funds are used. It also provides a degree of backup if one individual involved in the grant needs to leave the area for any reason. If an individual or small group without an established organization wishes to access funds for an event or program they can submit the request by using a sponsoring group such as a community hall or local service organization.

### Official community plans:

Our stretch of the Kootenays known as Area A, extending from a few kilometers south of Wynndel up to a few kilometers north of Riondel and across the lake to take in much of Darkwoods, is covered by two separate community plans. The community of Wynndel has a joint community plan with the adjacent rural areas (B and C) while the balance of Area A has an independent official community plan. The community plans are similar, stemming from the same base document, but the Wynndel area established its community plan years before the balance of Area A so it is now time to update the Wynndel plan, as recommended by provincial legislation (Local Government Act).

Survey input and ongoing community meetings in the rural areas around Creston have evolved a consensus that the areas will now each have independent community plans (ie Areas B and C will have their

own) leaving Wynndel to either have a split plan from the rest of Area A or combine with the newer plan for the lake portion of the area. Given the similar values on rural living, proximity to lakes (Duck and Kootenay), small farm initiatives and other considerations I suspect the Wynndel community will lean towards a combined plan. If this occurs, the plan for the balance of Area A will not be substantially amended, with the exception of perhaps clarifying language or adding elements which the province may require.

The addition of the Wynndel area to the plan, with its own community section, will require a public hearing to amend the plan. Note that since the extensive public process that established the official community plan for most of Area A there have been minor amendments which were advertised and open for comments from residents at public hearings. One of these amendments was to incorporate language stating the long term intention to achieve sustainable development (required by the province) while another more immediate amendment was to permit processing of a limited volume of "off farm" produce or livestock on an agricultural parcel without being designated industrial.

### Healthy living initiative:

Last month I noted that the Ministry of Health held an informative session looking for input on how local government can assist in promoting healthy living (eating, activity, preventative measures) with the objective of reducing the future burden on the health care system. Of course, as local government reps, we are hopeful that the province will assist in funding such initiatives. At the briefing, ministry reps indicated that two of the four local contacts who will provide information on programs or initiatives as they evolve had been hired for the Interior Health region but the Kootenay rep was not yet in place. Since then I have had a telephone briefing from the recently hired Kootenay rep and I hope to receive more information from her in the coming months. As I noted before, I personally agree with this approach, emphasizing the provision of local recreational opportunities and health oriented programs to maintain higher fitness levels and decrease health risk factors. I will keep you posted on how the initiative evolves.

*If you have a question please contact me by calling 250-223-8463 or e-mail [gjackman@kootenay.com](mailto:gjackman@kootenay.com).*

## Boswell Transfer Station Closing Temporarily

by Ingrid Baetzel

The Boswell Transfer Station will be closed to the public from June 11 until July 4.

The closure is due to a requirement to redevelop the property. It will remain at the same location, but the development is being adjusted to address the issue of the transfer station having been accidentally (in 2008) built somewhat over a neighbouring property line. The RDCK is planning to move the transfer station back off the neighbouring property and back onto its own.

There will be other general improvements done according to Mike Morrison, Resource Recovery Manager for the RDCK. These improvements will include some adjustments to traffic flow, making the station more convenient for customers, and the development of a wood waste drop off.

Mr. Morrison notes that it is important for residents to be aware that the Crawford Bay Transfer Station will be open as usual during this transition time as well as the Creston landfill. Customers are encouraged to use these alternate sites, and the RDCK said that they apologize for any inconvenience. Their long range goal is to improve services and this disruption is strictly temporary.



### NOTICE – BOSWELL TRANSFER STATION TEMPORARY CLOSURE

Due to a construction project the Boswell transfer station will be **CLOSED** for 3 weeks commencing June 11, 2012.

The Boswell transfer station will re-open on Wednesday, July 4, 2012.

### Alternate waste disposal sites are:

#### Crawford Bay Transfer Station

16798 Crawford Creek Road  
Sunday, Tuesday & Thursday  
9:00 am – 3:00 pm

#### Creston Landfill

1501 Mallory Road  
Tuesday to Saturday  
9:00 am – 4:00 pm

The RDCK apologizes for any inconvenience.

For more information contact the RDCK at 1-800-268-7325.

Mike Morrison  
Resource Recovery Manager



### INVITATION TO TENDER WASTE TRANSFER SERVICES

#### Boswell & Crawford Bay Transfer Stations

Sealed Tenders clearly marked "INVITATION TO TENDER – WASTE TRANSFER SERVICES FOR CRAWFORD BAY AND BOSWELL TRANSFER STATIONS" will be received by the undersigned, prior to **2:00 pm (local time), Thursday, June 7, 2012**. Tenders will be publicly opened immediately after the Tender Closing Time, at the RDCK office, and the public is invited to attend.

The work generally consists of hauling waste bins (supplied by the RDCK) from the Crawford Bay and Boswell Transfer Stations to the Creston Landfill and/or the Crawford Bay Transfer Station.

The Contract shall commence on August 1, 2012 and shall be for period of three (3) years, ending July 31, 2015.

Documents are available on the RDCK's website at [www.rdck.bc.ca](http://www.rdck.bc.ca).

Amy Wilson

Environmental Technologist  
Box 590, 202 Lakeside Drive  
Nelson, BC V1L 5R4

Ph: 250-352-8178 / 1-800-268-7325

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## Our Back Yard

by Galadriel Rael  
Harrop-Procter  
Community Forest  
Project

In the late 1970's some residents of the Harrop-Procter community were voicing concern about clear-cut logging and proposed logging on the west arm of Kootenay Lake.

The main point of contention was that the logging would directly affect the watersheds of the residents in the Harrop-Procter community. There were efforts to have the land including the watersheds protected as parkland.

At the end of an extremely long battle between Harrop-Procter residents and the provincial government, the HP residents won the battle to have a park created, but the slap across the face was that it did not include the watershed areas. So, facing the inevitable logging in their area, it was deduced that it would be in resident's favour to at least oversee the logging, rather than having a large scale provincial company come in and ravage their mountainsides.

It had already been proposed and suggested that the Ministry of Forests engage in development with the cooperation of community input and direction. The Harrop-Procter Watershed and Community Protection Committee that had been established argued, "We can evolve a logging operation that will be a credit to the planning expertise of the MOF and

industry, and the wisdom that resides in every community and forms the bases of every democratic society."

After many and varied attempts, 23 years after the initial struggle had sparked, the HP community was finally approved for the Community Forest Pilot Project (which is now a permanent program) that had been introduced by the Ministry of Forests. The Harrop-Procter Community Cooperative was formed to actually take care of the business, forest operations and economic development.

Today, the Co-op participates in selective logging



A cut block after HPFP has harvested

with ecosystem based management. Some of their goals and principles include the managing of timber, soil, viewsapes, water, fisheries, recreation, and tourism. When I was talking with Rami Rothkop (member of the Board of Directors of the HPCC), he said, "Their length of vision was critical to their measure

harnessing them for creation, destruction, even medical diagnosis and healing.

By gaining deeper understanding of sound as such and its cosmic qualities we can avail ourselves of its inherent healing potential. Because sound has potential to harm as well as heal, it is wise to devote some time to its study. Nobody in their right mind would try to use the now mainstream ultrasound for restoring health or practice of relaxation; however, it is helpful in certain situations and a great diagnostic tool. Now, modern science is making a lot of progress in the domain of sound, quite often proudly re-discovering what the ancients knew millennia ago.

But what is sound in earnest? Just a force created by the friction of the molecules (as the science tells us) or is it the breath of God whispering into our ears, singing of things that were and those to yet be?

What gives the sound its power, what is the source out of which it eternally emerges - here as a wrathful breath destroying the walls of Jericho, possibly collapsing bridges and shattering glasses? Here as a love song stemming out of one's heart? Here as a primordial sound of deep healing?

If you are intrigued by some of these questions, and like to explore new territories... if you long for reconnecting with your soul, need deep healing... I would like to invite you to **join us on June 23 for an afternoon workshop with Prashant Michael John**. He will lead us on a discovery, a healing journey into deeper segments of our own selves.

He is a skillful presenter who traveled the world and spent a lot of time with masters in satsang and meditation. We will be exposed to the sounds of many meditative instruments such as Zen Shakuhachi, Slovak fujara, Tibetan and crystal bowls, native drums,

of success, based principally on what we are leaving behind for our children."

Because the annual cut is dictated by the eco sensitivity of every location to be logged, it is significantly lower than larger scale more conventional logging.

"It is hard to play ball on the same field as the big guys" claims Rami Rothkop "but it all depends on what your prerogative is. **Is your bottom line about money or water and preservation?** You need to look at the added value, the worth beyond the actual price per foot of lumber... the creation of local employment for example."

When I asked Rami what their biggest challenge was in running this kind of an operation, he said, "It's the cultural way of valuing land, forgetting to look at the big picture. What is the real bottom line? What are the real costs of conventional logging? In fact, the benefits of this kind of logging operation are comparable to the benefits of the hundred-mile diet. Less fuel consumption for transportation etc."

I also talked with a board member of the Harrop-Procter Watershed Protection Society, Joern Wingender, who also operates the Traditional Timber Framing Company, and he said, "You need to keep in mind that when you are holding a cheap 2x4 in your hand, there is no longer a forest where it came from. In comparison to when I am building with lumber from Harrop-Procter Forest Products (HPFP), I can take a stroll through the forest where it came from. The forest where it came from!"

Joern also echoed the idea of rethinking our cultural way of assessing value. "When someone requests a 6x12 beam, they aren't thinking that making that beam requires an old tree and a large amount of wood waste. On the other hand, we can go back to a more practical way of construction, with simple products, and resources found right on your building site."

What HPFP produces has been customized around quantity of their annual cut, available sizes and species of trees, local niche markets, and mill capacity.

To see HPFP's products you can go to [www.hpcommunityforest.org](http://www.hpcommunityforest.org) or Wood Sales & Information on Forest Products, contact Rami Rothkop [sales@hpcommunityforest.org](mailto:sales@hpcommunityforest.org) or phone (250)551-5452

It's a common criticism from major global financial critics that government fails to account for environmental and health costs when balancing the books. Let's not make the same mistake. I have saved the best for last; **the products sold by HPFP are no more expensive than what you would pay with bigger local building suppliers**. So what have you got to lose? Or, better put, what have you got to gain?

### Primordial Sound Continued...

bells, tamboura, etc.

We will learn to detect and produce overtones, sweep the body and mind with sound, learn the tantric method of chakra purification by using the seed syllables and improvise with primordial sounds.

Most likely, you won't need a (throw up) bucket for this workshop, but bring a frame or native drum, if you have one. A Vedic feast will be provided to those who pre-register.

If the workshop is not your kind of thing, you may choose to join us at 7 pm for a music circle. Prashant will be joined by Marty Carter (on winds) and another local luminary to be confirmed on the drums, for an evening of inspired singing, call and response among other things.

For details on this event, call me at 250-227 9434. I know that people on this shore generally don't like pre-registration (I don't either). However, this event can only happen if we get minimum of ten participants pre-registered by June 14.

Look for posters and Facebook for more details.

If finances are a problem, trades can be accepted to a certain extent.

**Next Deadline: June 27, 2012**

## Primordial Sound: A Playful Way of Healing

by Zora C. Doval

A few years back we offered a day long workshop on sound healing in our Crawford Bay home with a long time friend, world musician Prashant Michael John. It was his farewell to the Kootenays as he was moving to Vancouver. He has since started two beautiful world music bands (Tandava, Lehera), that were recipients of many awards and nominations, played many festivals, made beautiful recordings, and joined many illustrious world musicians on stage. In his memorable workshop some of us were introduced for the first time to the power of the overtones produced by our voices and awed by the amount of pleasure these sounds create not only in the body of the patient but also that of the healer.

We have learned to some degree how to produce these magical primordial sounds and then use them to sweep the recipient of the healing with these waves. We also learned how to listen for the harmonics in the sounds of different instruments. We started to get a glimpse into the mysterious nature of the overtones that exist in everything... from atoms to galaxies in the deep space, as according to the ancient teachings the whole universe vibrates with the music. Needless to say, the quantum physicists have, by now, provided many scientific proofs that the universe indeed is, at least on that deep level invisible to human eye, full of vibrations and frequencies of all sorts. Some of them we conveniently label sound, light, color.....and we are



## Weed N' Feed

by Ingrid Baetzel

Recently, a resident asked *Mainstreet* to look into the subject of combination pesticide/fertilizers commonly known as "Weed N' Feed" products and to determine how lawful and safe these products are for consumers and the environment.

Weed N' Feed is an herbicide and fertilizer combination product that is supposed to kill weeds and feed the grass at the same time. However, the timing of fertilizer applications generally does not coincide with the timing of killing weeds. Also, the herbicide ends up being applied to the entire lawn and often to areas it is not needed.

Nick Hodgkinson from Sunnyswoods states that he absolutely does not supply Weed N' Feed products and strongly recommends customers to look at alternate methods of fertilizing and weed control.

Sunset Seed in Creston reported that they do supply a variety of Weed N' Feed, but also tell their customers about alternative products, such as a good, high-nitrogen, slow-release fertilizer for the lawn and alternate and separate weed control products to be applied at different times. Another problem, according to a representative from Sunset Seed, is that Weed N' Feed products can be easily picked up by winds and re-distributed very easily to other crops, including food crops.

Nicole Ward, Environmental Services Coordinator for the Regional District of Central Kootenay commented on the matter as well.

"In general, municipalities can regulate how and where pesticides are used. They cannot, however, regulate the sale of pesticides. This is up to the province and/or the federal government and currently there is no legislation in BC to ban the sale of these products. Indeed you will still find Weed N' Feed products on the shelf and for sale online. There are some retailers in BC that have voluntarily stopped selling cosmetic pesticides in some communities and offer less toxic alternatives.

Recently Health Canada has banned the sale of "Weed N' Feed" combination herbicide/fertilizer products effective December 31, 2012. However spot application "Weed N' Feed" products are not banned. B.C. Premier Christy Clark has committed to exploring banning the unnecessary use of pesticides for the health and safety of our communities. <http://www.env.gov.bc.ca/epd/ipmp/index.htm> Other information about pesticide use in BC can be found on the Pesticide Free BC website: <http://www.pesticidefreebc.org>"



A variety of Weed N' Feed commonly found in most major outlets.

When *Mainstreet* asked Kokanee Springs about their use of Weed N' Feed products, Craig Stanley (Operations Manager and Accredited Golf Course Superintendent) responded,

"Weed N' Feed is one product that was phased out, in my estimation, because it was too easy for residential users to misuse it. Misuse of pesticides by residential consumers is the biggest reason why pesticides need tighter controls although the hysteria that is surrounding the issue muddles things somewhat. Often it is easy for people to point their fingers at golf courses, for example, because the perception is that the larger land areas require more chemicals to be applied to maintain the conditions. In some cases this is true, and certainly in the old days, going way back to the 1990's, golf course superintendents were more inclined to overuse chemical pesticides to meet the demands of the golfers who pay more money to play at 'nicer' courses.

"At Kokanee Springs, we are very fortunate to have a mature property with healthy turf that can out-compete weeds and minimize the cosmetic impact of weeds. We do tolerate weeds and other pests to a certain extent – a testament to the environmental outlook the manager and shareholders subscribe to. We are located in one of the most beautiful places on earth and we choose to not have any negative impact on the ecology we share with the community and the rest of the owners of the planet. Having said that we also know that our customers expect certain conditions – a golf course requires a bare minimum of chemical inputs to at least maintain the mature turf so that pests are kept in check. If we were to stop with chemical applications the economy of golf in Crawford Bay would suffer and the spin off business that we are part of would suffer. Technology is now affording us the opportunity to use alternative pest control methods and as more and more come online, we especially, put them into play and evaluate their effectiveness."

When *Mainstreet* asked Kokanee Springs about their use of Weed N' Feed products, Craig Stanley (Operations Manager and Accredited Golf Course Superintendent) responded,

## Riondel Roof Fund

by Muriel Crowe

The Riondel Community Centre roof project is slowly making progress. Our next Commission meeting should see a definite step forward. It has been a long slow start. The estimated cost for the roof is \$250,000 for a peaked metal roof for the whole structure. To date we have about \$50,000 in a reserve fund which includes close to \$14,000 in donations. The remainder will have to be raised in some fashion and we are looking at grants, donations and taxes.

Recently we sent out letters to many associations and business in the areas asking for support. Prior to that we had set out collection containers at the Riondel Market, Bob's Bar and Grill, Riondel Library and the Commission Office. We have applied for grants and are applying for more. What isn't gathered in grants or donations will go on the taxes in the Riondel district. That may seem fair and equitable to most but this taxation area covers only from 1020 Riondel Road to Tam O'Shanter Creek. Many of the users of this building live outside those boundaries.

Some events are planned that are specifically aimed at raising funds for the roof. Watch for the chili cook off, the book sale and the silent auction among others. We are still selling square inches for a twoonie at all the collection points. Please look into your hearts and then into your wallets and support our cause.

### CRESTON VETERINARY CLINIC

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Dr. John Pfeffer & Dr. Emma Davis  
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Mobile veterinary clinic now available in Crawford Bay. Please call Creston Veterinary Clinic to book appointment and for more details.



**Mobile Clinic Dates:**  
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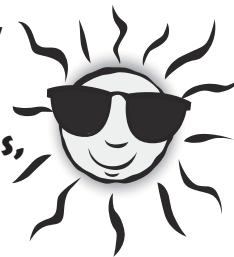
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Riondel, BC 250.225.3511

### JUNE EVENTS

June 4: Easy Swing

June 10: Eastshore Dixie Band

June 16: Mike Stenhouse

June 17: Father's Day Dinner

June 23: White Lightning

Daily Food and Drink Specials!

Pub Hours: 11-11

Restaurant Hours: 11-8



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Sit Long, Talk Much, Laugh Often, Eat Well





# Thought For Food

by Farley Curzons

Some of the earliest evidence of humans employing agriculture in their lives lies in the foothills of Mt Ararat in South Eastern Turkey. Archeologists tell us they were farming in these mountains some 13,000 years ago but they aren't quick to speculate as to why. There is however, some historical and geological evidence available for us to examine. We know that the last ice age ended about 11,000 BC. Some geologists have spent a great deal of time studying the state of the world's oceans at that time when continent size ice shelf after ice shelf dropped into the worlds rapidly rising oceans.

Around the world could be found some of the first nomadic people exploring the warming planet, going inland to follow animals for food or to escape the oppression of developed civilizations. One such civilization was thriving in the Tigris and Euphrates river delta in what is now Iraq. There is evidence to show an advanced people with established cities, governments, laws and great knowledge of agriculture had been there for a long time. It is generally agreed that the equatorial area of the Middle East was the first to thaw and attract flora and fauna. But sadly for its inhabitants it was not to be. An ice shelf the size of Australia triggered by a massive earthquake fell into the southern Indian Ocean and flushed the whole planet with a tsunami of biblical proportions.

That wave would have hit the shores of East Africa and The Arabian Peninsula on one side and western India and Iran on the other. As the wave was forced to narrow in the Persian Gulf it picked up speed and smashed into Iraq with the fury of the gods. It is believed that Mount Ararat at 5137m was some of the first land to become exposed when the floodwaters retreated. The few survivors began their journey from there.

Following the watery deluge the Tigris and Euphrates river valley had become swampland and useless for farming. The survivors started their lives over in the mountains. These advanced people had retained their knowledge of agriculture and animal husbandry and did quite well for themselves and went on to populate most of the planet.

Most of the great civilizations of the world collapsed because they could no longer feed their people. It is a common theory as to why the Mayans appear to have vanished over night. The Romans were only able to spread their territories far and wide because they had a good understanding of nutrition, farming and transport. This became the model for most of Europe and the Middle East. He who had the seed, the land, and could organize the food and labor could build a town around himself. Food was and is everything.

At the beginning of the 20th century when you visited cities like New York, Toronto, and even Vancouver you would see that almost every home in the city had some kind of garden. Recent immigrants from Italy, Ireland, Russia and China had likely seen hard times and knew the value of home grown food. Apartment balconies, front steps, window ledges and rooftops had amazing fruits and vegetables with seeds likely carried over from their country of origin.

As capitalism was taking hold of America of bunch of businessmen were sitting down to discuss ways of getting rich. As they mulled over the question, "What does everyone need?" they had an epiphany. FOOD! (That and soft drinks laced with cocaine).

So it began the modern age of food processing. The basic materials of food processing are the refined carbohydrates (mainly white flour and sugar) and processed oils. Given these three basics, processors can produce almost anything. The food industry has taken to sugar and hydrogenated fats not merely because of their taste appeal but because they are the cheapest constituents available for the manufacture of packaged foods. One company can't sell a tomato, for example, for much more than another company. But process it into ketchup, add spices and a fraction of a cent of flavor, and bottle it; call it barbeque sauce; advertise it; tout it's brand name; and higher and higher profits can be made because the product seems unique. We might forgive the industry for these manipulated profits if we the consumer got nutrients from the food product. Unfortunately, we don't. The profits are made at the consumer's two-fold expense. In purchasing power and in nutrients denied.



A return to traditional foods is a way of taking power from the multinationals and giving it back to the small-scale farmers and food artisans. The kind of food processing that makes food more nutritious is the same kind of food processing that the farmer or farming community can do independently (sour milk and grain products, aged cheeses, pickles, sausages, broth and beverages). All the boxed, bottled and frozen products

in modern supermarkets (cheerios, crackers, cookies, egg-beaters, margarines, diet sodas and TV dinners) have made fortunes for a few and impoverished the rest of us. The way we eat not only determines how healthy we will be, but what kind of economy we have (the kind where the few make millions and millions of dollars or the kind where millions of people make a decent living).

In an era where massive government corruption can no longer veil itself behind the curtain of best intentions, and the governed populace is forced to endure the hardships of enormous institutional failure, we find ourselves with difficult yet obvious choices. We owe it to ourselves and to our children to step up and say "NO MORE!" We the overwhelming majority must band together and drive a wrench into the gears of corporations and moneylenders. Once again it's about taking responsibility for the health of our communities and the vibrancy of our local economy. The world is changing at such a rapid rate that waiting to implement changes will leave us two steps behind. Do it now, do it now, do it now.

**Next Deadline:**

**June 27, 2012**

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250.227.6911



## AREA "A" EDC Economic Development Commission

**There is new funding** available in September 2012, for grants to organizations for projects for Area A (East Shore) relevant to the promotion and encouragement of economic development. Applicant groups must be a registered society or apply to a registered society to sponsor the application and handle the funds.

**Next application deadline:**

**October 1, 2012**

**Approval/funding lag time 6 to 8 weeks**

An application form can be printed from the RDCK website following this path, or filled out online and emailed:

[http://www.rdck.bc.ca/corporate/grants/electoral\\_area\\_a\\_economic\\_development\\_grant.html](http://www.rdck.bc.ca/corporate/grants/electoral_area_a_economic_development_grant.html)

Email [lornarobin@bluebell.ca](mailto:lornarobin@bluebell.ca)

Or call 250-225-3333 for assistance.

All meetings are open to the public, call for meeting dates.

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## Tom's Corner

by Tom Lymbery

### Auctions Versus Yard Sales

Where are the auctioneers that used to advertise, and attract a large crowd when someone was selling their home on the lake and moving elsewhere? I have lots of interesting features from various auctions in my head but nary a one from a yard sale.

After Albert Kassautski died there was an auction at his home on Hawkins Road in Crawford Bay. One of the foremost rules of auctions was to buy a couple of chairs right away, something to sit on and you can always use two more kitchen chairs. We bid on quite a few items, perhaps without really wanting them, so had little but the chairs when the event wound down. Someone wanted to bid on an auto engine Albert had left in the garage, so a few drifted to that site. I noticed some windows stacked on the rafters above. The first bid was \$1 and I got the works with a bid for \$2. Heavens to catfish – what did we get? Johnny Kastren and I found it was three pick up loads! Albert had been given the job of burning houses in the Bay, ready for the Kokanee Springs Golf invasion. He couldn't bear to see viable windows and doors put to the torch so had brought them to his home. We had enough for our new campground shower house, a new cabin, and some to sell to the uphill Gray Creek expansion that was happening at that time.

My dad went to an auction in Queens Bay of a friend who was moving, and came back with a lovely set of leather seated dining room chairs that we still cherish. At the end of the event he found that they had been using a lead lined wooden tea caddy for a cash

box, dating to the years when tea was so expensive that it was kept solidly locked up. A bargain for Dad, as most had left the auction.

In 1966 the Outlet Hotel at Procter was to be torn down, so the contents went for auction. I took Dad and Johnny K in our pick up, that October day to see what we might find. The beer parlour chairs were the first to go, but not something we wanted. Since winter was close, the auction people had brought new snow shovels to stretch out the sale somewhat. What I did get was a large piece of carpet in an odd shape, as it had been cut out to fit a fireplace for \$18. Sharon and I, with two youngsters were living in the "ranch house" - dad's original uninsulated home, built by Sam Birkbeck in 1911. That carpet was a real bonus, for a living room that had a large and drafty crawl space underneath, and Lorena and David could now play on the floor. It only fit the room somewhat, but I was able to persuade Sharon that was of no consequence, warmer feet were more important.

When Conrad and Mary Feenie purchased Sir John Wilmot's home on Wilmot Road in 1946 there was an auction to sell the remaining Wilmot contents. Officiating was the Sherriff of Kootenay, also an auctioneer, so this was well advertised and attended by those hoping to find some bargain antiques. However, since the Wilmot's only spent part of the year at their Little Grey Home in the West there really wasn't that much to sell. I was able to buy for \$22, Sir John's 22 Marlin lever action rifle. Dad had kept this at his house, as he looked after the Wilmot house and property after the couple had stayed in England after 1925. Had he not kept the gun it would have been stolen. Another story: when Dad was hunting one fall, so was carrying his own rifle, he caught a burglar inside the Wilmot house, so could call "Hands Up".

When property came up for tax sale BC would put their land up for sale. The owners had one year to make good their back taxes, so if your bid was successful, you had to put up the money, and wait a year to find out if your purchase had actually gone through.

I was interested in a lot of 96 acres, above Sub Lot 28, where the Rockwood Restaurant is now. I found that I was bidding against Albert (Rastus) Hawkins and the H. M. Dignam Corporation. Rastus was looking for a low priced lot with timber, that he could either log or re-sell. When the bidding went to \$115, I dropped out, at the top price I had pre-set. It went to HM Dignam, an outfit I had never heard of before, but they are still out there, selling lots in the deserted mining town of Ferguson, four miles above Trout Lake. They buy all sorts of mining claims and others for next to nothing, and then market them for substantial profits through ads in wildlife magazines and their own website. The company was founded in 1916 by John Sifton Dignam, who found he could buy tax sale lots near Toronto for 20 cents!



*Lead Lined Tea Caddy - note the lock and the inner cover that keeps the tea compressed. Tea was very expensive when first introduced into England in the late 1700s so had to be locked up. No one knew then that lead was poisonous - it was even used for water pipes and toys.*



## Thoughts from a Disturbed Mind

by Harvey Valgardson

So, this past winter I became a grandfather. Show, probably through blind luck, my son finally got it right and the result is a brand new grandson. What the heck am I supposed to do with that? I'm like an old wolf who has stumbled upon a whelp in the forest and must now decide whether to protect it or eat it. Luckily for the little bugger grandpa's not too hungry right now but, of course, that could change. I realize that, by itself, this information is not very important and I wouldn't waste your time with it but I also got a new phone and there-in lies the rub. Whatever that means.

I was offered a bewildering array of phones to choose from but knowing my own limitations I picked the simplest one. It's not simple enough. Everything was fine for the first couple of weeks but then the trouble started. The darn thing rang (well, actually it made this really weird sound that annoys me tremendously but I can't figure out how to change it) but when I answered there was nobody there. "Hello," I said. "Hello. Hello?". I thought it was probably just a prank call but after a week of the same thing I started getting suspicious. My wife and I talked it over and decided it must be broken so she took it back. The guy in the shop had a good laugh and then pushed a button which turned the volume back on. I don't mean the two buttons on the side which turn the volume up or down. I'm talking about some mystery button that actually mutes the caller's voice.

Much like a grandson, what the heck am I supposed to do with that? Why do I need a button that mutes my caller's voice. I can understand one that turns my voice off, you know, in case I want to speak privately to someone beside me but why do I need this one. Does the manufacturer think I have friends who are so stupid that they will phone me and then, in the middle of the conversation, say something like, "Oh geez Harv, I think I'm going to say something I don't want you to hear. Could you push that button now?" Ridiculous. Or is it? I'll get back to that.

The other problem with my new phone is that somehow I wound up with voice-mail. I've been avoiding that because I felt it was too complicated for me and I was right. One evening, in a burst of courage inspired by too much alcohol, I set it up. The problem with setting up your voice-mail after too much alcohol is that you seriously lessen the chances of remembering your password but why do I need a password? Nothing important ever gets said on my phone. Here is a typical call.

"Hello."  
 "Hey"  
 "Hey"  
 "So, you got any beer?"  
 "Yep."  
 "I'll be right over."  
 "Cool."

I just don't feel conversations like that need protection. I simply don't need another password I can't remember or a button that silences my callers. So why are they there. Who does need them? A truly great detective once remarked that once you have eliminated the impossible, whatever remains, no matter how improbable, must be the truth. By applying that theory I have arrived at a terrifying conclusion. Who needs these features? They do. The machines.

They are culling the human race and they are starting with us stupid ones. Mine is probably just a test

model but very soon they will start issuing live ones. They will probably be loaded with nanobots which, after the third wrong password or the third empty Hello will be released to consume the dummy holding them. So, how do we stop them? Enter my grandson. I knew I'd find a use for him.

Remember the Terminator? Arnie was that machine sent into the past to kill the woman who would have the son who would eventually destroy the machines. I'm going to train my grandson to be a machine destroyer. The salvation of mankind. He's still pretty young so it's going to take a while but in the meantime you other stupid people can protect yourselves by simply not answering your phones. If you don't answer people will stop calling and eventually the infernal contraptions will stop ringing. Then we wait.

I envision a day many years from now, while hiding in some darkened room, my thoughts are shattered by a dimly remembered sound. A ringing. Tracing the memory to its source I find a phone covered in dust and cobwebs and with great trepidation but a faint stirring of hope, I answer it.

"Hello."  
 "Hi Grandpa, it's me. I destroyed the machines, saved the world and fixed the phones."  
 "Good job lad."  
 "Thanks Grandpa."  
 "...So, you got any beer?"  
 "Yep."  
 "I'll be right over."  
 "Cool Grandpa, cool!"

*Creativity, Community, Conscience*





## From the Principal's Desk

by Dan Rude

It's easy for me, at this time of year, to have my brain somewhat taken over by budget deliberations for the next school year. Thanks to all who help bring me back to this brilliant, present moment!

The lively last few weeks of this school year will include the following events. (More dates will be confirmed as the weeks progress.)

- Elementary trip to Creston wetlands, May 30
- Secondary white-water rafting trip on the Slocan River – May 30
- Hot Lunch Program formal Gala Dinner – June 2
- Kindergarten orientation – June 6
- Elementary student-led conferences – June 13
- Elementary musical performance – June 15
- Secondary mentorship & work experience student presentations – June 15
- Volunteer & staff appreciation BBQ with music from the community Dixieland band – June 15
- East Shore Youth Council-sponsored fun day including a portable climbing wall – June 20
- Secondary exams – June 21-27
- Grades 2/3/4 Tipi Camp class trip – June 20-22
- Graduation – June 22
- Elementary trip to Dutch Harbour – June 27
- Last day of school for elementary students – June 28
- Reports cards to be picked up from the office – June 28 & 29

At this time, I'd like to recognize the upcoming retirements of Janet Fleming and Larry Keraiff, and thank them for their many years of dedicated care for our students and school community. I feel very fortunate to know both of them professionally and personally, and will miss the insights that they both bring to our work with children and youth. Knowing their diverse interests, I'm sure they will both have no trouble staying active and inspired.

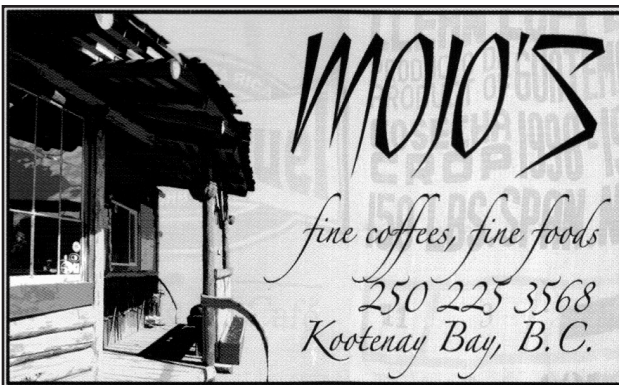
Take a look at some of the results from the THOUGHTstream process that our school community has engaged in this spring. Specifically, the table shown is in response to the question, "What are some specific suggestions you have for our school to overcome our challenges and evolve towards our opportunities?" The 'overall rating' numbers give an indication of what participants think are, collectively, high priorities for us into the future. (For more details on what how to interpret these numbers – or to give me your feedback – email me at drude@sd8.bc.ca.)

	overall rating	participant count	average rating
Relate learning to real life	100	46	2.17
Continue to develop learning projects that involve community	93	48	1.94
Teacher recruitment and hiring that meets our specific needs	85	40	2.12
Take advantage of access to learning through technology	76	45	1.69
Develop opportunities for students to travel and connect to others beyond our community	74	39	1.90
Have high expectations for students to contribute to community	70	43	1.63
Allow students to design their own learning experiences	67	35	1.91
Continue to collaborate within our community and network with other communities	59	34	1.74
Develop a learner profile for each student	58	30	1.93
Create a clear school focus that can be advertised and marketed	58	31	1.87
Support teacher learning and development	56	34	1.65
Focus on early learners	46	23	2.00
Develop a student exchange program	43	26	1.65
Increase parental involvement	41	31	1.32
Create partnerships with other secondary schools	38	26	1.46
Improve respect for authority and discipline	33	18	1.83
Create partnerships with colleges and universities	31	20	1.55
Develop after school programming	27	18	1.50
Change our name to East Shore Community School	9	5	1.80
Assign more homework	8	3	2.67

- Planning a wedding?
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## Community Family Fun Nights

by James Linn

The drop-in fun evenings at the Riondel Rec Center have been going on since January and have been great.

The kids and adults have taken the fun outside and now play softball at the field, hang out in the outdoor rink (bring your roller skates/blades) and the park.

We would like to thank the Riondel Commission for the wonderful new windows and renovations that are improving the Rec Center. Thanks to the volunteers that make it possible to be open twice a week on Tuesdays 4-6 and Fridays 4-7. Thanks to the Central Kootenay Regional District for the grant that will enable us to buy new equipment and feed the hungry participants.

However, this is not a child care situation. If your child needs eyes-on supervision, please join him/her or hire a wonderful person to participate with your child. There is usually only one facilitator and a few rules (such as no store, stay in the designated areas and get help if needed).

As summer approaches we would like to expand to the beach. This would mean life jackets for children still learning how to swim. We are anticipating more great times in Riondel for all and we hope to see you there.

Any questions or donations of towels, life-jackets, food, games etc... please call 250-225-3388.

## The PAC Box

Your Parent Advisory Council is working hard as a liaison between school and families and would like to take a moment to let you know about what's going on...

**PAC MEETING:** Our next PAC meeting will be held on Monday, June 11, 2012. This will be our final meeting of the year, and there will be some exciting items to talk about. Call Ingrid at 227-9246 or email [mainstreet@theeastshore.net](mailto:mainstreet@theeastshore.net) to be put on the agenda.

**GALA FUNDRAISER:** Our next (and possibly last) Gala Dinner Fundraiser for the Hot Lunch Program is taking place on June 2 at the Crawford Bay Hall. Be sure to attend!

*Next Deadline:*

*June 27, 2012*



# CONGRATS, CBESS GRADS OF 2012!



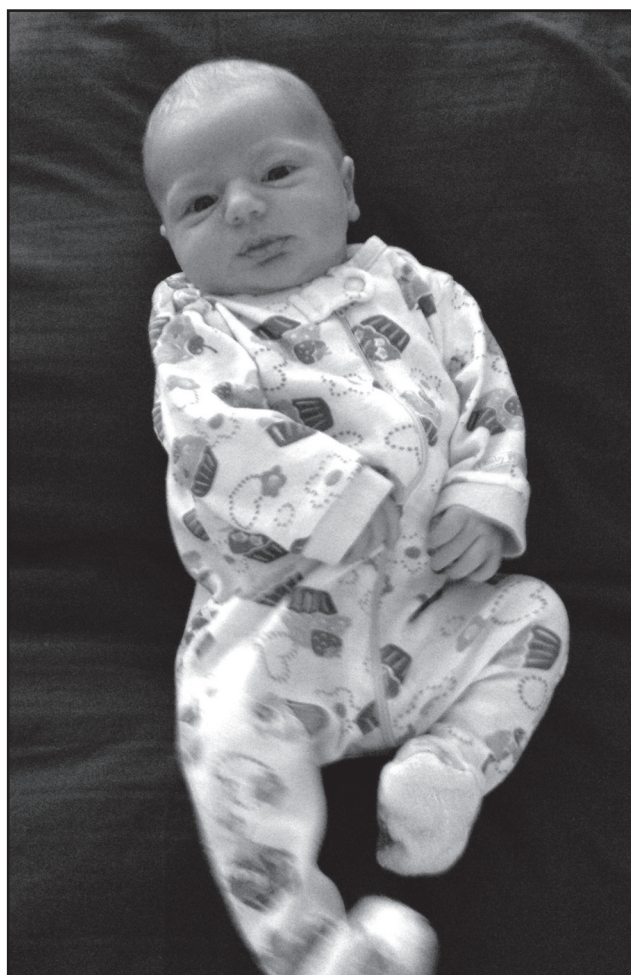
*Jessamine (Jazz)  
Opal Brunton*

**Your time with Crawford Bay School/Area:** I've been going to Crawford Bay School since I was a wee little one.

**Your plans for the future:** I plan to enroll at Pacific Design Academy in Victoria and study fashion design, and maybe go on some crazy adventures.

**Message to impart/Quote:** "Sooner or later we all discover that the big moments in life are not the advertised ones, not the birthdays, the graduations, the weddings, not the great goals achieved. The real milestones are less prepossessing. They come to the door of memory unannounced, stray dogs that amble in, sniff around a bit and simply never leave. Our lives are measured by these."  
-Murdoc Niccals

## Birth Announcement



Nonna Leona and Lar Bear Keraiff are ecstatic to welcome Brooklyn Grace to the family. She arrived April 25th, all 8 pounds 4 oz of her. A beautiful baby sister for our wonderful Madison. Joel and Amanda Price are pretty happy too!



*Douglas Johnathon Starr*

**Your time with Crawford Bay School/Area:** I moved to BC this year because I wanted to see the world. I came from a reserve called Thunderchild First Nation. I'm a Cree native. I would have never graduated if it was not for this school. The teachers here treat me like a person and not like a child... I've been to a lot of schools in my life and I know that this school is one of the best ones my parents made me go to.

**Your plans for the future:** I will get my tickets for the oil rigs and save up money and put a house on my land. Then I plan to start farming and work at home and chill out with my life.

**Message to impart/Quote:** "On many long journeys have I gone. And waited, too, for others to return from journeys of their own. Some return; some are broken; some come back so different only their names remain."  
-Yoda



*Morgan Dorthy Salviulo*

**Your time with Crawford Bay School/Area:** I've attended C-bay school since kindergarten, home schooled from grades 8-10 and came back for my last two years.

**Your plans for the future:** My plan for the future is to become a nurse at the College of the Rockies.. I'm excited to announce that I will be attending college this fall.

**Message to impart/Quote:** "Don't waste your life trying to impress other people. Do what you love, love what you do."  
-Anonymous



*Bryanna Giuseppina Salviulo*

**Your time with Crawford Bay School/Area:** I have attended Crawford Bay School since kindergarten. I home schooled for grades 7-10, and came back to Crawford Bay for the last two years.

**Your plans for the future:** My plan for the future is to take the Bachelor of Science Nursing program at the College of The Rockies, in Cranbrook this fall.

**Message to impart/Quote:** "There are only two ways to live your life. One is as though nothing is a miracle. The other is as though everything is a miracle."  
-Albert Einstein

*Next Deadline:*

*June 27, 2012*



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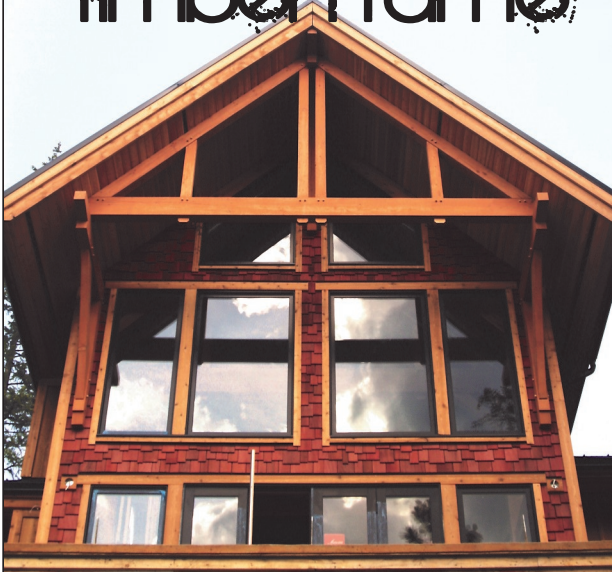
11am - 11pm, Monday-Saturday  
(Will stay open later for live music or if busy enough)

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Watch for regular live entertainment notices and drop in for our Wednesday night Jam sessions! Rock out with your neighbours...

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rockymountaintf@gmail.com

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**Summer 2012 Event Calendar**

- June 21-23: Crawford Bay School Visit, Grades 3-4**  
 For the 18th year, local children come to celebrate the school year's end.
- June 23: Staff training day**
- June 24: Social potluck, Open Tipi's and AGM**  
 Celebrating 25 years of Tipi Camp.
- July 6-8: Family Nature Weekend**  
 Families of all ages join storytellers and circle leaders to appreciate the magical web of nature in the Kootenays through imaginative stories, riddles, fireside chats and hands on cedar weaving and other nature crafts.
- July 9-13: Kootenay Catamaran Sailing Camp**  
 Embark on a 5 day 4 night adventure with instructor Dave Scrobot, 33 years veteran sailor. Learn wind dynamic, boat propulsion, safety procedures, knot tying, and receive Canadian Yachting Association certificate level 1., Space is limited. 11 years and up - adults welcome
- July 14-20: WISE Teen Mountain Camp I.**  
 Youth 13-16 years old join experienced guides for a trek into nearby mountains. Self-discovery, cooperation and nature awareness highlight the program.
- July 23-28: WISE Children's Camp I (Kids Camp I)**  
 Children 9-12 years old learn and play in a program designed to build self-esteem, respect for each other and appreciation of nature.
- July 29-31: Nelson Clubhouse**
- Aug 1-7: WISE Teen Mountain Camp II**  
 Youth 13-16 years old join experienced guides for a trek into nearby mountains. Self-discover, cooperation and nature awareness highlight the program.
- Aug 8-13: WISE Children's Camp II (Kids Camp II)**  
 Children 9-12 years old learn and play in a program designed to build self-esteem, respect for each other and appreciation of nature.
- Aug 13-19: Karuna and Paul Erickson - Heart Yoga: Embracing Your True Nature**  
 Let go, relax, breathe, open your heart and return to the joy of your true nature. Heart Yoga is a loving and gentle practice that is strengthening, energetic and awakening.
- Aug 21-31: YA! Experience (Young Adult Program)**  
 A transformative experience for young adults, aged 17-21. This 11 day mountain adventure blends First Nation traditions and modern culture to focus on leadership skills and self-development.



For additional information or to register, please visit [www.tipicamp.ca](http://www.tipicamp.ca) or contact us at [tipicamp@theeastshore.net](mailto:tipicamp@theeastshore.net) or 250.505.3173

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## Artwalk 2012 Opening Extravaganza

by Daniel Silakiewicz

This year, Artwalk is back on the streets, beautifying businesses on the East Shore and exposing our amazingly talented visual artists to a greater public. For those of you scratching your heads and saying, "Artwalk?" – this is a showcase where businesses and artists are paired up for July and August so the artists can show and hopefully sell their work from the various business' walls.

Soon you'll see a striking colour brochure (there'll be some at the opening) which will introduce you to the venues and artists and provide a map so you can walk through Creston and drive up the lake and check out all this cool locally made art. I have heard there will be a 'passport' you get stamped at each venue and with enough stamps you're entered into a prize draw. You know, now that I think about it there may not be a passport and prizes, but I'm sure someone said something to that effect. There is a reasonable chance there may be passports and prizes.

The list of East Shore participants is being finalized as I write this so I can't announce everyone who's in this year's East Shore ArtWalk yet.

What I do know is that with this great display comes the East Shore ArtWalk Opening! A party for the artists and venues to show off a little and do some socializing. Lately the opening has been held in Riondel, but for 2012 we're departing from years past to bring the community a larger than life artistic experience, help transport the public into the mind of the artist (wash your hands after you come back out), and promote our East Shore artists and businesses in a bigger way. That's why **we're teaming up with the 2nd Annual Crawford Bay Paint-A-Thon on June 23rd to bring you a day of painting and partying.**

You may have read Jacqueline Wedge's article last month on the paint-a-thon. It's an exciting way as an artist to create something fresh and quick (...hopefully). The Kinders had to wait about six months for me to finally finish the painting they got at the auction, for the public to come in and see what artists actually do, and for everyone to interact with each other through art.

For the East Shore Artwalk opening we're creating a gallery in the front room of the Crawford Bay Hall with the participating artist's work on the walls and their biographies along with brochures from the venues on the Table of Gratitude so you can get a feel for what's going on and who's involved.

The ArtWalk gallery and Paint-A-Thon are open to the public at 2pm. See the paint-a-thon in progress. Talk to the artists. Meet some of the Artwalk artists. Gourmet Pizza is at 5:30 and the auction is at 6:30 pm. You have to get a ticket to be in the auction, but it's free to come down and check things out.



2nd annual

# PAINT- A-THON

2012

SATURDAY,  
JUNE 23

at the Crawford Bay Hall

Open to the public 2-5pm for viewing,  
snacks, activities, & ArtWalk schmoozing.

gourmet pizza-by-the-slice

available at 5:30

## ART AUCTION

6:30

Tickets: Jacqueline 227-6803,

Carol 227-9661,

Barefoot Handweaving, or @ the door.

Come out, take a break from your gardens,  
clink a glass to the many artists who are  
devoting a huge day of painting canvasses  
to be auctioned-off (to you??) that night!

It's rather ridiculous!

This creatively blissful event is a  
fundraiser for accessible community  
music programs on the East Shore of  
Kootenay Lake, including instrument-  
making and children's music workshops.

Watch for upcoming events...

La-la-la-let your Mozart out of the closet!

TICKETS:

**\$20 ADULT**

(includes an artsy auction paddle & a sweet treat)

**\$5-10 YOUTH/KID**

This event is also the ArtWalk  
opening extravaganza... please call  
Leah/Dan @ 250-227-9330 for fur-  
ther ARTWALK details!



## Starbelly 2012 Spotlight

by Lea Belcourt

*WE ARE SO LUCKY - The Everyone Orchestra will be making its Canadian debut at Starbelly Jam this July!*

The Everyone Orchestra is an American improvisational musical project, lead and conducted by musician, multi-instrumentalist and activist Matt Butler since 2001, featuring a constantly revolving roster of musicians and creating completely different music every time it appears through conducted improvisational musical exploration and audience participation.

EO conductor/founder Matt Butler has taken its participants, both on stage and off, on improvisational journeys with the most diverse of lineups at festivals, theaters and philanthropic events both nationally and internationally. A laundry list of hundreds of musicians, dancers, singers, guest conductors and community organizations have embraced the experience of EO in single shots of musical adrenaline to the soul. Tuning in to his energy, the band and audience utilize The Conductor as their pivot to the set mood of each passing jam as he communicates with the musicians using hand signs, whiteboard and assorted mime suggestions.

EO performances are designed to create space for each performer's musical personality to shine, engage the audience as participants in the jam and to facilitate a massive celebratory coming together featuring a conductor directing both musicians and audience alike.... "We pass the musical talking stick around the collective group of players and take turns leading the stage, much like sharing music around a campfire. We also play musical improv games that I sometimes refer to as 'music sports.' Then we culminate in moments with everyone is on stage at once, playing conducted improvisations together, says Butler, .... The list of Everyone Orchestra alumni reads like a who's who of jam band music and beyond including members of The Grateful Dead, Phish, moe., String Cheese Incident, The Flecktones, Derek Trucks Band, Railroad Earth, Hot Buttered Rum, Tea Leaf Green and Jimmy Herring, Darol Anger, Adrian Belew, Taj Mahal, Maria Muldaur, Tuvan throat singers, live painters, dancers, hula hoopers, firespinners, stilt-walkers, activists, a presidential candidate, storytellers and hundreds of others among a growing legion of other performers. Butler's version of breaking down the barriers between musician and audience derives in part from desert art festival Burning Man's 'no spectators, only participants' ethic and is undoubtedly influenced by his old friend and mentor Ken Kesey, the king of the Merry Pranksters.

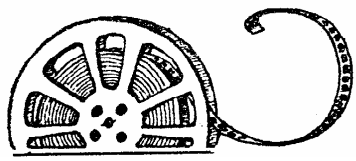
There is usually little formal rehearsal for an appearance of The Everyone Orchestra. The music is mainly improvised, with the various members of the band (as well as audience) taking cues from a conductor. The audience is as much a part of an Everyone Orchestra performance as the musicians on stage. Urged by cues from the conductor, the audience will be asked to clap, cheer, become louder or softer, and becomes a large part of the performance.

Who will be playing in Starbelly Jam's EO?

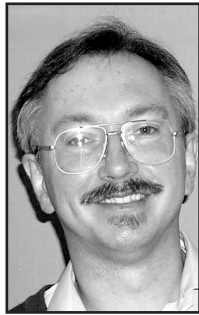
*Youssoupha Sidibe - kora, Ivan Neville - keys, Jamie Janover - hammered dulcimer/electronics, The Barr Brothers: Andrew Barr - drums, Brad Barr - guitar, Sarah Page - harp, Andres Vial - bass, Matt Butler - conductor, plus some special local guests and YOU!*

To see our full festival line-up, ticket and volunteer info etc., please visit [www.starbellyjam.org](http://www.starbellyjam.org)





## Seldom Scene by Gerald Panio



"Studios had faces then. They had their own style. They could bring you blindfolded into a movie house and you opened it and looked up and you knew, 'Hey, this is an RKO picture. This is a Paramount picture. This is an MGM picture.' They had a certain handwriting, like publishing houses." —Billy Wilder

The *auteur* theory as it applies to film directors is well-known—despite working with a cast & crew of hundreds or even thousands, a talented director can mark individual films with his own signature style. Somewhat less well-known is the extension of this theory to motion picture studios. This is what Billy Wilder was getting at in the quote which opens this article. Film historian Neal Gabler uses the same quote to preface the chapter "In Their Image" in his first-rate social history of Hollywood, *An Empire of Their Own: How the Jews Invented Hollywood*. Gabler lays out in detail how men such as Louis B. Mayer and William Fox put their own stamp on the films that came out of their studios.

The first studio Gabler tackles in the "In Their Image" chapter is Warner Brothers, under the tutelage of Jack & Harry Warner. The Warners' studio was the poor relation among grander movie machines such as MGM and Paramount. Jack Warner's studio was the scrapper, known for tough-talking, gritty, urban stories featuring gangsters and hoofers. The best Warner pictures were diamonds in the rough starring equally rough-edged actors such as Humphrey Bogart, Edward G. Robinson, and James Cagney. On the distaff side were Bette Davis, Ida Lupino, and Joan Blondell. As Gabler says, "Warners' pictures were blunt and tough and fast. Their mise-en-scène was flat and cold; their visual cadences were clipped." In Harry Warner's own words: "Listen, a picture, all it is is an expensive dream... Well, it's just as easy to dream for \$700,000 as for \$1,500,000." Harry and Jack Warner were Hollywood outsiders and the pictures they made reflected that status—there was an undertow of suspicion & paranoia, and a fierce desire to edify. Harry again: "The motion picture presents right and wrong, as the Bible does. By showing both right and wrong, we teach the right."

With this month's column, I'd like to initiate a long-term project of occasionally focusing on a classic film from each of the major studios. There can be no more perfect Warner Brothers film than William Wellman's *The Public Enemy*, made in 1931.

Back in 1927 Wellman's World War I aerial drama *Wings* had won the first best picture Academy Award ever given. *The Public Enemy* was his next major success, and the movie that made James Cagney a star. It's held up remarkably well since its debut some eighty-odd years ago. I recall the impact *The Public Enemy* had on me when I first saw it in a film history course in the mid-70's, and I thoroughly enjoyed watching it again a couple of times over the past month.

In true Warner Brothers style, this story of gangsters

Tommy Powers (Cagney) and Matt Doyle (Edward Woods) begins with some heavy-handed titles that announce in no uncertain terms that "It is the ambition of the authors of 'The Public Enemy' to honestly depict an environment that exists today in a certain strata of American life, rather than glorify the hoodlum or the criminal." Thank goodness for that. The message might have gotten through a little better if Cagney hadn't stolen the picture. Not that he glorifies gangsters—Powers' death, in particular, is still shockingly unglamorous—but no moviegoer is likely to forget Tom Powers. Here's the role model for the next couple of generations of thugs.



The story opens in 1909, with Tom and Matt as best buddies and already mixed up in petty thievery and sampling the tin pails of beer trafficked through the streets like lunch pails. There's a mean streak in Powers from day one, and it particularly comes through in his contempt for women. His mother (Beryl Mercer) is utterly ineffective, willfully ignorant of her younger son's incipient hooliganism and ceding authority to the hulking, strap-wielding brutality of her husband. The two boys find a second home in the Red Oak Social Club, run by a sleazy con artist named Putty Nose (Murray Kinnell). Putty Nose is perfectly happy to move them a little farther down the road of crime, and leave them to hang at the first sign of trouble. Murray Kinnell's work in the role exemplifies another one the overall strengths of *The Public Enemy*: the quality of the supporting players. It's Cagney's show, but the supporting actors give him something to sink his teeth into. And as Putty Nose discovers,



in another memorably-staged scene, those teeth are very, very sharp.

Tom's older brother, Mike (Donald Cook), is a perfect foil for Cagney. On the straight and narrow, working during the day and studying at night, enlisting the moment war is declared and coming back a hero, Mike's got to be one of the most unsympathetic good guys in the history of film. All his diligent striving seems to get him exactly nowhere. He's a brooding mama's boy before he goes off to war, and he comes back haunted and shaken. If what virtue gets you is a dead-end job and nightmares, goodness is overrated. It's not a stretch to imagine Mike burning heretics for the Spanish Inquisition. As with so many classic gangster films, *The Public Enemy* subverts its own moralizing. Better the devil you know than the angel you don't want to.

Wellman's direction throughout the film is remarkable. *The Public Enemy* is saturated in violence, yet virtually none of it is onscreen. We hear gunshots and see flashes behind windows, but even in the most climactic moments the camera tends to remain outside the action. This distancing marks the film in a profound way, and Wellman pushes it further by deliberately choosing odd camera angles that suggest instead of show. In the film's final shot, where one might expect an anguished close-up, all one sees is a colossal pair of pant legs moving towards the camera. And of the first murder Tom and Matt commit—the killing of a policeman who pursues them after a failed robbery—we see only a gun and a lifeless hand.

Fast forward to 1920 and the advent of Prohibition. Matt and Tom wind up running bootleg liquor for an Irish mob led by cigar-chomping, tough-talking

Paddy Ryan (Robert Emmitt O'Connor). They also act as Ryan's enforcers and as drivers of booze hijacked from government warehouses. Ryan's gang is in turn taken under the protection of ultra-dapper crime boss Nails Nathan (Leslie Fenton). Unlike the boys' experiences with Putty Nose, there's actually some honour among these thieves. What I enjoyed most here was the visual detailing of the early Prohibition years—the fire sale of booze in the final days before Prohibition kicked in, the mile-long cars built like mini-mansions, the nightclub scenes, the outrageous sartorial styles of both gangsters and molls. I'm not sure who's responsible for these details, but my hat's off to them.

Some of my other favourite bits in the film include über-floozy Jean Harlow's squirmingly/screamingly Freudian attempted seduction of Tom, the horse vendetta, and Cagney's little physical mannerisms—his "keep your chin up!" jabs and the two-step twirl he does when he's set up his first date with Harlow. And you gotta love the lingo: "gats" and "saps" and "mooks" and "pineapples."

Tom and Matt aren't really equal partners in crime. Powers is a sociopath—a hired gun without a trace of guilt or conscience. Matt's more of a follower, loyal to his friend but somewhat appalled by his callousness. Matt marries his woman (much to her surprise), while Tom pushes a grapefruit into one girlfriend's face (a scene which truly shocked contemporary audiences) and slaps another woman for bedding him when he was drunk. *The Public Enemy* does have one moment of weakness: the unconvincing hospital scene with Cagney suddenly repentant and rebonding with his mother & brother. There's just no way in heck Tommy Powers is the kind of guy who's going to ask to be taken back into the bosom of his family. But it would have been one of Jack & Harry Warner's fundamental tenets that where there's sin there must always be redemption. Fortunately for the picture, there's a final closing act to hammer the nails into the coffin. "They're bringing Tommy home, Ma!" Don't open that front door....

**Next Deadline:**

**June 27, 2012**

## Summer Bargain in the Kootenays

by Sue Philp and Deberah Shears

Did you miss it last year? What a pity. Well, don't make the same mistake this year. For the price of a donation (we suggest \$5) you can be part of the Harrison Memorial Church's summer concerts.

This year we are featuring two concerts. One on Friday July 6, at 7 pm when singer, theatre artist, and teacher Bessie Wapp will be performing with local artists including our own Donnie Clark. Bessie has worked extensively in both Canada and Europe.

The second concert will be held on Saturday, August 25, at 7 pm. It features pianist and composer Peter Dent performing jazz and jazz adaptations of traditional hymns. Peter, a well-known West Coast performer has produced several CD's and been featured on CBC radio programs. He will be joined by Donnie and other East Shore musicians. Be prepared to enjoy an evening of wonderful music.

Join us for our concerts; your donations will help us rebuild our church steps.

Complimentary refreshments will be served at intermission. Last year our concerts were so successful we ran out of chairs. So bring a cushion (the pews get hard), bring a friend and enjoy two wonderful evenings of great music.

June 2012 Mainstreet 13



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## EAST SHORE HEALTH SOCIETY

by John Rayson

I am pleased to report that the East Shore Health Society (formerly the East Shore Health and Continuing Care Society) is thriving. We are planning an Annual General Meeting on June 21, 2012 at the Gray Creek Hall at 7:00 pm.

The Society has an excellent board of directors who have all agreed to stand for re-election: Verna Mayer-McKenzie (Boswell), Karen Arrowsmith (Boswell), Bill Bannister (Mountain Shores), Tom Lymbery (Gray Creek), Cathy Poch (Crawford Bay), Merridy Robb (Pilot Bay), Norm Bonnell (Riondel) and John Rayson (Kootenay Bay).

A significant effort in the past year was to establish a Mission Statement for the Society:

- The purpose of the society is to promote the health needs of the East Shore from Boswell to Riondel.
- The society will identify, fundraise and advocate for the needs of the community.
- The society will cooperate with other groups having similar goals.

During the past year the board conducted a membership drive with a \$5 per member fee. We are now up to 101 members. The purpose of a documented membership is to allow us to contact, inform and obtain feedback from members [via email] plus use our numbers in advocating for the needs of the community.

The society assisted with the establishment of the privacy barrier in the clinic, ensured priority boarding of the ferry for the physicians and explored the potential for podiatry services at the clinic.

Recently KLEECA disbanded and voted to direct any remaining funds to the East Shore Health Society to use for the improvement of senior services on the East Shore. We are encouraged by this vote of confidence.

We encourage all to attend the AGM and give us your input to the needs of the community. We would encourage further membership on the Board of Directors.

Please consider a \$5 membership in the society.

Cathy Poch: [cathy@higherpath.ca](mailto:cathy@higherpath.ca) or  
John Rayson: [jrayson@theeastshore.net](mailto:jrayson@theeastshore.net)

### Next Deadline:

## June 27, 2012

### Yoga w/ Lea:

**Mon:** All levels, 9-10:30am, Comm. Cnrr.  
**Thurs:** All levels, 9:30-11am, Boswell Hall  
**Fri:** Beginner's/Gentle Yoga, 9-10:30, Comm. Cnrr.  
Power Yoga, 5:30-7pm Comm. Cnrr.  
(Please bring a towel & water bottle)

**Available** for booking group  
Laughter Yoga sessions for parties  
and private functions.  
More info, call Lea, 250.227.9030  
[learae@telus.net](mailto:learae@telus.net)



## Health Nuggets

by Dr. Sid Kettner

### Healthy Aging Part II

Last month we shared statistics that indicate the determinants of longevity are: 15% genetic, 15% social circumstances, 10% health care, 5% environment and 55% behavioral patterns. Now we will review large, reputable medical studies that give us practical advice on how to live well and to live long. How to die "young" as late as possible.

From the massive studies on the "blue zones" of the world—long living citizens of Sardinia, Okinawa and Loma Linda, California, as well as the Vilcabambians, Hunzas and Georgians, we learn four secrets of longevity: increased physical exercise, low cholesterol (3.75 to 4.5), fewer calories/lower fat intake and a social/spiritual connection (they "belong").

In the Alameda Study of 7,000 people 70 years and older, done from 1965 to 1974 we learn these tips on longevity: no smoking, regular exercise, appropriate weight, regular breakfast, no snacks and 7-8 hours of sleep daily.

Checking in on thirty centenarians from Kentucky (only one in 10,000 Americans ever live to be a 100) we discover this: all were non-smokers; 18 used no alcohol and the other 12 had minimal amounts; only half had high blood pressure; only 33% were on heart medication; half were moderately active and only two of the 30 were dependent on others.

Zeroing in on the Okinawans, it was discovered the greatest factor was food. They ate 40% fewer calories than Americans, yet their diets had adequate nutrition, high in fiber, micro-nutrients and phytochemicals. Compared to Americans, Okinawan elders were 75% more likely to retain cognitive ability, 80% less breast and prostate cancers, 50% fewer colon and ovarian cancers, 50% fewer hip fractures and a whopping 80% fewer heart attacks.

Now that is really living—almost cancer free with great brains, hearts and hips! The conclusion of the study emphasized the need for all of us to eat only what we need and not what we may want.

So Benjamin Franklin was right again, for he stated about 250 years ago that "To lengthen thy life, lesson thy meals."

The take-home lesson for us: no tobacco, minimal or no alcohol, adequate daily exercise, adequate nutrition (fiber, adequate plant protein, minimal animal protein, avoid saturated fats, lots of fruits and vegetables), adequate sleep and a good spiritual/social connection. So . . . love life and live long!



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## Kokanee Springs Ladies Club

by Shelley Bumanis

Ladies 2012 golf season is well underway. We've been fortunate to play in the rain, a lot... But the sun is coming and we're still having fun. Members and non-members alike are welcome to join us. We have weekly games and prizes. All levels of golfers are welcome.

The tee times start at 10:54 and we meet up at the Pro Shop prior to 10:30. If you are a non-member and plan to join us please call Shelley Bumanis at 250-227-6836 or email [sbumanis@hotmail.com](mailto:sbumanis@hotmail.com) to let us know you'll be joining us. Please feel free to call with any questions as well.

## The Fitness Place



### Open Hours:

**Mon: 6:30-10:30 am & 6-8 pm**  
**Tues: 8:30-10:30 am & 6-8 pm**  
**Weds: 6:30-10:30 am & 6-8 pm**  
**Thurs: 8:30-10:30 am & 6-8 pm**  
**Fri: 6:30-10:30 am**  
**Sat: 8:30 - 10:30 am**

### First Time Special:

Your first visit to the Fitness Place is always free! Come check it out.

Remember to wear clean indoor shoes and bring a water bottle & towel.

## RIONDEL GOLF CLUB

*The friendliest golf club in the Kootenays*

### New Twilight Rate – after 4:00 pm

- **Adult:** \$10 for 9 holes  
\$20 for unlimited golf
- **Junior:** \$5 for 9 holes  
\$10 for unlimited golf
- **Men's Day**, Thursday - 12:15 pm.
- **Ladies Day**, Wednesday - 10 am.
- **Junior Day**, Tuesday - 4 pm.  
(Age 8-12 free - accompanied by a paid adult)
- **Memberships:**

-Adult: \$370 HST included

-Junior: \$84

HST included

No Scheduled Tee Times Booked.

Book Tournaments:  
250-225-3584







## Answers from the Physio

by Anna Rose,  
Physiotherapist

*Q. My nephew is interested in becoming a physiotherapist. How would he do that?*

**A. He would need to get a master's degree in physiotherapy.**

### Interest and personal characteristics first

Experiencing rehabilitation after a significant injury is sometimes the spark for an interest in becoming a physiotherapist, but getting injured isn't a prerequisite. As the University of Saskatchewan website states, applicants for the physio program "must have an interest in human movement ... and a desire to assist individuals to maximize their mobility, function and life participation. They must demonstrate sensitivity, compassion, integrity ... Students must have the cognitive abilities to understand and to develop the theoretical knowledge and technical expertise to work collaboratively with their peers, patients, and colleagues. They must be respectful of individuality and diversity, build trusting relationships, demonstrate excellent interpersonal skills to engage and motivate patients and families, demonstrate creative problem solving skills and be able to manage multiple, potentially competing demands."

### An Overview of the Process

The Canadian Physiotherapy Association sets the standards of education required before someone can begin practicing physiotherapy in Canada. When I graduated in 1985, it was a bachelor's degree, such as my Bachelor of Science in Physical Therapy from the University of Alberta, which was required. Now there are no bachelor-level physio degrees, just master's degrees, available at ten universities in Canada in English, and four in French. The degrees are called either Master of Physical Therapy (MPT) or Master of Science in Physical Therapy (MScPT). ("Physical therapy" and "physiotherapy" refer to the same profession. The former is the American term and the latter is the British. Both are used in Canada.)

In six provinces, including BC, university graduates have to pass the national Physiotherapy Competency Exam, with written and practical components, to be eligible for registration with the provincial licensing body. After all that, they can really begin to learn, by practicing the profession.

### Admission into the Masters' Programs

1. Academic - You need a four-year bachelor degree, in any field of study, with very high grades. Most of the ten English-speaking universities have very similar additional requirements. An average of 5 university courses are specific prerequisites, usually anatomy, human physiology, psychology, statistics and English. These in turn usually require you to have grade 12 biology, chemistry, physics, math and English.

2. Other - Some universities ask you to have volunteer or paid experience working with people with physical or cognitive disabilities. Most universities interview their short lists of applicants before making their final selections. U of A has a typical ratio of eligible applicants to places in the program at 450 applicants for 110 places. Some universities have restrictions on the number of places going to students who reside out-of-province.

3. Timeframe and fees - Programs start in August or September and run for between 24 and 28 months. Clinical placements account for about thirty weeks of each program. The deadline for applications is usually in January prior to the fall start, which means you have to have finished your bachelor degree by then. Academic fees average around \$16,000 for the complete program. The national exam afterwards costs about \$1800.

4. Further details - Google "physiotherapy schools in Canada" and select one of the links within physiotherapy.ca, the Canadian Physiotherapy Association's website.

### Closing Comments

Physiotherapy is a career full of personal satisfaction for a "people person". The vast majority of time is spent in direct dialogue and actual physical contact. You help clients accomplish what they want to do. You might work with a client for three months and watch him or her progress, as I did with a man who'd had a stroke, from not being able to sit up straight to running alongside me down the hospital hallway. Scientific and creative inclinations within the therapist are also well exercised.

Physiotherapists practice in a great range of settings, from intensive care wards and specialized rehabilitation centres such as GF Strong in Vancouver to child development centres and small private clinics. Areas of practice include pediatrics, geriatrics, musculo-skeletal injuries, neurology, the cardio-respiratory field, and oncology. So, if you wanted a change, you could move into a new area of practice or a different physical setting.

My practice is small in terms of hours per week, number of clients, and physical space. Add in the issues of privacy attached to health professions and it becomes impossible for me to participate in the local mentoring program. However, I am open to talking with anyone interested in becoming a physio. A student in grade ten today who might want to practice here on the East Shore has just enough time to go through the whole process by the time I think I may retire, in 2022!

Additional note: I am at the end of suitable topics for this column. However, if you have a question pertaining to physio that I might be able to answer, feel free to ask when you see me.

**ED: The Editor would like to thank Anna Rose for her long-standing and appreciated column in *The Mainstreet*. It is dedicated contributors like Anna who make this paper what it is. Thank you for all your time and energy, Anna Rose!**

## Remembrance Garden

by Wendy Scott

It was a busy day in the garden.

Many thanks to everyone who arrived armed with gloves, rakes, a truck, weed wacker and plenty of energetic ambition: Jill Lang; Chris Robertson; Beth Ludlow and her sister, Joy; Fran O'Rourke; Darryl Alguirre, and Dave Loeppky who came complete with his folding workbench, router, and chisel to install a new plaque and plan the placement of nearly a dozen more along with another new bench.

Five of those new plaques will arrive at the beginning of June, so keep your eyes open - there will be more activity in the garden. And if you're lucky, you'll be able to watch Dave as he follows the intricate procedure of installation.

Many thanks to all the wonderful volunteers - you are greatly appreciated.

Wendy - wmescott@gmail.com 250-225-3381  
Muriel - mcrowe@bluebell.ca 250-225-3570

## George Stewart

by Wendy Scott

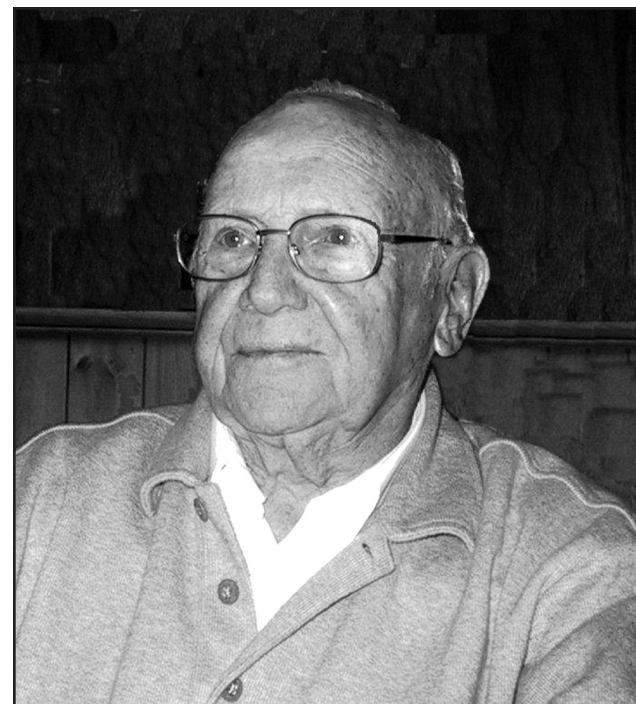
### Hi neighbour!

It began fifteen years ago. In the midst of the inevitable turmoil of our moving day it was reassuring to hear that sort of welcome. And that's the greeting we would continue to hear - over the fence, at the post office, on the ferry, even at the supermarket in Nelson - always, Hi Neighbour! But on that day, fifteen years had already gone by since George moved into his house on Russel Ave. First it was George and his wife, Jeanie, then George and his big dog, and then - just George. Golfing, curling, walking, or chatting over the fence with a neighbour, and we must not forget, George - driving. Since relatives and friends were important to this man (very important) and within driving distance, his car had to be reliable. And the only way he could be confident regarding this chosen mode of transportation was to replace the car every few years. How many cars? I honestly can't remember, but he was proud of the last one, a Honda Hybrid, proud and delighted with his "silent" car.

There was more to George than everyday activities - yes, there was George the parade master on Riondel Daze; a kilted George reciting "Flanders Field" on Remembrance Day, and afterwards, in the Senior's Room, singing and instructing everyone to stand up and sit down to his music. This was the George who several of us knew well, but many years ago a much younger fellow in his late teens was trying to look and act sufficiently mature to be accepted by the Canadian Navy. He did become a sailor but discovered he could not step on-board a ship without an immediate bout of sea sickness. Peacetime found him on dry land in the Civil Service where he eventually became a counselor.

It was on the advice of a friend that George and Jeanie chose Riondel for their retirement. And until Jeannie's illness and death, it was a happy choice. It is difficult to lose a life-partner and a tragedy to suffer the loss of a child. With the help and support of good friends, George came through all these and until his own health failed, he took an active part in the community that for thirty-three years had been his home. Now, like the brand new car that gave him pleasure, George Stewart has slipped quietly away.

Good bye George: Good neighbour and good friend.



Dec 27, 1921 - April 28, 2012

**Next Deadline:**

**June 27, 2012**





**pebbles**  
by Wendy Scott  
**Anneliese**

When the deepening greens heralding summer played tag with falling blossoms it was time for us to wander about on Vancouver Island in search of a particular house.

Logging roads curve through the forest on that part of the North Island and with a few vague directions we chose to follow one that brought us to an abandoned forestry campsite opening onto a flat beach. Another wrong turn? No, the house was there on the opposite curve of the bay, looking like a summer cottage or one of those homes you spot from the highway, serene in their solitude, and you wonder what kind of person lives there and how they fill their days.

Anneliese Hole's broad veranda looks west across flat fields to a wooded curve tracing the blunt end of Rupert Inlet. The bay, peaceful and secluded, lies nearly 50 kilometers inland from the West Coast of Vancouver Island. But the Pacific Ocean has found this place; squeezing through the tangle of tides at Quatsino Narrows, it comes here to rub at the skinny neck of the North Island. Moving pebbles, shifting sand, washing rocks, the ocean continues work begun by glacial ice twenty five thousand years ago.

We had driven from Port Hardy on the east coast of the Island -- an easy 15 minutes. Seventy five years ago, travelers faced several hours on a four foot wide pathway crafted by a Scottish settler. The East West route had always been much more than just an attractive alternative. It was the only way to get from coast to coast without navigating the hazardous waters around Cape Scott. This narrow isthmus leads to what had become the forested homeland of so many new Canadians and it was not unlike the country they had left behind.

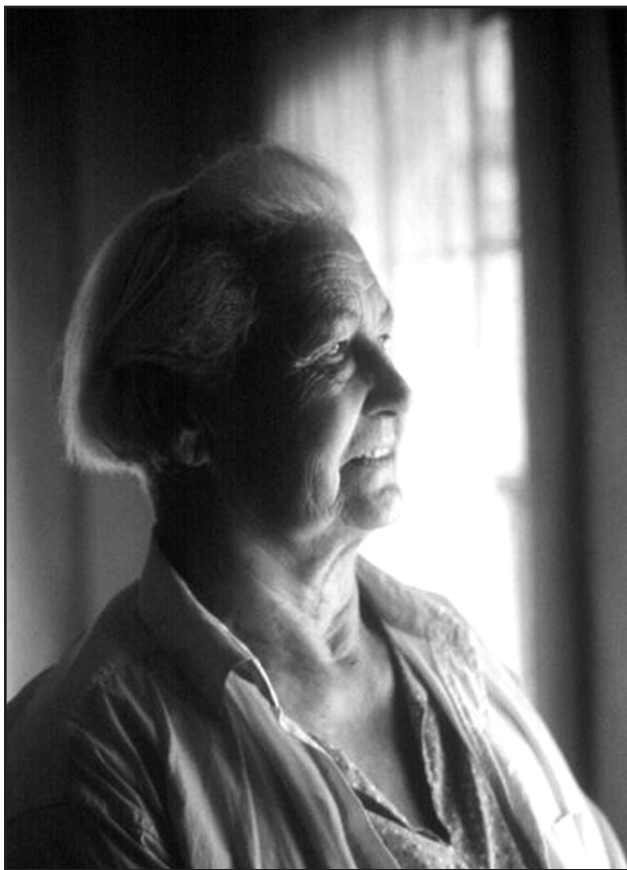
Anneliese's parents, Claus and Martha Botel, emigrated in 1913 from the Schleswig Holstein area of Denmark. Centuries ago the Danevirke wall extended from coast to coast to form Denmark's southern border but, in 1864, Austro Prussian troops marched into Denmark and conquered large chunks of land for the German Confederation. Anneliese Hole's grandparents, Hans and Margaretha Botel, lived through this confusing time when all the Danes in the Schleswig and Holstein dutchies technically became Germans. European countries would trip and stumble over their alliances until the First World War.

The Chicago World's Fair of 1893 had already showcased the new Canadian province of British Columbia as *The Land of Milk and Honey*, and by the time Claus was married and raising a family, his parents and nearly 15 million Europeans had been successful enough to make the move to the New World -- many of them settling in the mid-western United States. In 1913, Claus and his wife, Martha decided to make the move. They crossed the Atlantic and the North American continent with eight children, and continued up the coast from Washington to BC.

By that time, much of the good farmland had been taken. Claus and Martha found their pre-emption at Topknot Point close to Raft Cove -- a place of barna-

led rocks, high surf, and unbelievable sunsets -- great for tourism and maybe logging and fishing, but not that good for farming. Claus built a house of driftwood and in 1916 Anneliese was born. They did what they could with the land and by 1918 moved to better property across the water from Quatsino. The lumber for that home came from an old cookhouse at Port Alice. Movement of houses, lumber, supplies and people in every imaginable type of watercraft, was a common sight on this wild Pacific coast.

From an early age, Anneliese was a hard worker and by the age of fourteen she moved away to be housekeeper and companion for a woman on Galiano Island. From there she found another job at a hospital in Bella Coola. She said the hospital kept the native Indians separated from the white patients. Her next move was back to more familiar territory and a job at the Quatsino Hotel.



At the age of twenty-five, Anneliese met and married Jepta Hole. After twenty years of marriage the couple gathered up another house, loaded it onto a raft, and had it towed to this property at Rupert Arm. But before their home was off-loaded, Anneliese was told that her husband, Jepta, had died in a logging

accident.

Thirty-five years later, the house sits comfortably beside a neat vegetable patch. Flowers, fruit trees, and berries are scattered throughout the property and little streams trickle through uneven grass creating the illusion of marshland. Three fat sheep bounce away from their grazing to gather under an old spruce tree and stare at these two strangers on their property. A big yellow dog greets us and Anneliese welcomes us into her spacious, bright kitchen. There's no power on the property and the smell of coal oil hangs in the air along with the scent of Sunlight soap. A Pfaff sewing machine with a Singer treadle stands beside her big kitchen table and several piles of children's outfits are stacked neatly beside an arrangement of large playing cards. We had interrupted her game of Solitaire. The children's clothes? They are for other people's children, she told us.

Anneliese fills three green mugs with strong tea and begins her story. I have to ask her about Jepta. No, she tells me, he never lived here in this house. I don't think this busy, gentle, generous woman in her eighth decade ever looked back in regret. Determination to build a life no matter what nature and government hands out is a hallmark of her heritage. It is the individuals like Anneliese that come to us with the history of that heritage and we are grateful for her clear mind, her generous nature and her great stories.

Thank you Anneliese and may you have many more years of memories.

**TOM SEZ**

by Tom Lymbery

2012 has seen an unusually fast rise to our lake. I can't recall seeing driftwood in late April before.

Today's insistence on photo ID requires that I see yours before I can notarize your document, even though I may have known you for 40 years. It surprises me how many do not carry their drivers license.

Plant female trees for fewer allergies, because it's the males that produce the pollen. However you may not get any berries. Hollies, for instance have to have both male and female, and on ours the male has the most flowers.

We have a BC Directory for 1945 which give the population of Kaslo as 555 whites and 850 Japanese. They were fortunate to have Dr. Shimotakahara, an excellent doctor.

Over the years we have often heard a staff member say, "It's just like Christmas," when they are unpacking new stock. Even the one who placed the order doesn't know what will actually arrive. And here is an item that will surprise everyone -- 3D BOOKMARKS.

Sonrisa is the Spanish for Smile. Let's see that Sunrise of your smile; life is here to be enjoyed.

Permafrost melting in the Yukon is creating highway problems. Can someone come up with light coloured pavement to prevent the warmth penetration from black stuff?

Boswell Beginnings is back in stock, but we don't know if this valuable history will be reprinted.

A vial of Ronald Reagan's blood has appeared on PFC Auctions and has appeared on their website accompanied with provenance. The current bid is \$9,910. This is reported on the BBC current headlines, but I couldn't find the blood when I went to the PFC Auctions website, a Guernsey based operation. I did find a slice of Prince William and Catherine's wedding cake available, if you care to bid high enough.

Tickets for the London 2012 Olympics will have a hologram and a barcode in an effort to reduce counterfeiting.

If you read newspapers online you will now find that the Valley Advance requires a subscription to read. Black Press has this happening to their papers such as the Arrow Lakes News, Similkameen Spotlight for those papers that are sold by the copy. The Nelson Star, being a free paper will not have an online charge.

Propane Canada lists the average propane price per litre in Calgary for 2011 as 79.9 and currently as 79.9 - nothing like that of fluctuating gasoline. Current price for propane in Gray Creek is 82.0

**Gray Creek Pass Report**

by Tom Lymbery

The ice on the Yukon River broke this year at Dawson City 9.42 am on May 2, with the winner of the contest to guess the time winning \$3,700. Couldn't we have a similar event to guess the opening time and date of the PASS?

Who volunteers to be there to time the first car through? Would an ATV count?

*Next Deadline:*

*June 27, 2012*

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## Book Reviews

by Tom Lymbery

**DOROTHY'S STORMY LAKE Part V**, from the journal of Dorothy Graham Brown, Years 1950- 1966, Compiled by Brenda Dau, 387 pages, \$21.95.

We are sorry to come to the end of this series which has enthralled so many readers. Every time Dorothy mailed a letter to friends and relatives, she kept a carbon copy, and it is from these that her two daughters, Joan for volumes I and II, and Brenda for III, IV, and V, have carefully chosen the most interesting ones. They are also a valuable history record, dating events from Boswell to Ainsworth and Kaslo.

Dorothy writes kindly of nearly everyone, and has only mild criticism for the occasional few who fail to meet her standards of decency and brotherly love.

This volume brings back the most momentous times on Kootenay Lake, when the Consolidated Mining and Smelting Company built the longest power line in the world – two miles crossing to a 366 foot tower on our side. This supplied the re-opening of the Bluebell Mine in Riondel, employing over 200 who built homes in Riondel and along the lake as well as bringing power to the eastern shore for the first time, and also re-energizing Creston, which had been limping along on the Goat River Dam, helped by a diesel plant. There were high schools in both Riondel and Crawford Bay, as well as a two room elementary in Gray Creek. And more – a 55 mile high tension line from Gray Creek to Kimberley, where CM&S were expanding into fertilizer and pig iron.

Since Dorothy and husband Bobby lived closest to the line crossing, she details the construction of that tall tower, from its enormous cement anchor behind the base, to the lines being pulled across the water by tugs, with the SS Moyie sternwheeler on standby.

Bobby gained employment as watchman for the structure, and was most fortunate to have left ten minutes in safety, March of 1962, when the Sons of Freedom set bombs on the tower bases and toppled it and the cables into the lake, putting the mine out of business. For these were also the days when the Sons of Freedom, a not to be understood sect of Doukhobors were burning schools, their own cars and houses.

The Province of BC was trying every possible angle to find out how to stop this "terror in the name of God." Dorothy writes of Emmet Gulley who was a Quaker, a member of The Society of Friends, and was employed by BC to see if he could reason with the Sons, but had to give up when they threatened to bomb his house in Nelson.

Dorothy's letters write tenderly of the beauty of the lake in all its moods, from sparkling waves to snowy clouds, as well as the flowers that she and Bobby energized their home with. Nothing gains more admiration than frost outlining the branches.

If you haven't read the *Stormy Lake* series, all five books are in print and well deserve space on your shelves.

**THE SPAN - the Bizarre Story of the Kootenay Lake Crossing**, J. D. McDonald and Richie Deane, publisher Rossland Museum, 77 pages, \$15.95

This was published in 2001 but we can't resist including a review to accompany the fifth Dorothy's Stormy Lake as the tower is pictured on the book cover, and the two books intermesh.

The span presented a major engineering challenge – no company had tried such a long span of high tension power lines, crossing a 500 foot deep lake. The CM&S Co had its head office in Montreal, and they said, "Just take the lines across the ice," being unfamiliar with an ice-free Canadian lake. Forty-five gallon barrels were unsuccessful, requiring cedar log floats.

*Bizarre Story* is indeed correct when you read of the Sons of Freedom blowing down the 366 foot tower, and how it was possible to get the Bluebell Mine back in operation in only 28 days. But the ingenuity of Richie Deane in building a car to travel on energized high tension lines, is the most amazing part of the tale, a feat so daring that he was the only one willing to make the first trip, high above the lake.

You won't believe the chapter entitled "The Gods Play Tricks."



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## Credit Union Supports Arts



*Sheri Haywood presents a cheque to Paul Hindson of The Kootenay Gut Busters on behalf of the membership of Nelson & District Credit Union.*



*Karol Draper presents a cheque to Lea Belcourt for Starbelly Jam Music Festival on behalf of the membership of Nelson & District Credit Union.*

## Eastshore Community Library/Reading Centre News

by David George

ANNUAL GENERAL MEETING will be held in the library 10am, Saturday July 14.

Come one, come all, and give us ideas on what you would like to see in your library in the coming year. Check with the July Mainstreet to make sure that this time and date are firm.

Volunteers are needed to help with the library. Some basic computer skills are required to run the circulation computer and the public access computer, and can be taught if needed. Please ask our librarian Cathy Poch for details.

We are open Tuesdays and Saturdays from noon until 3pm, and Thursday evenings from 7 to 9pm. Closed

## Riondel Community Library

by Muriel Crowe

The library is in a quiet phase at the moment. No new adventures looming on the horizon and none of our new books appear to be rabble rousers. The one-on-one computer classes offered late last winter have been postponed until the fall.

Coming sometime soon is a poetry workshop with our Canadian Poet Laureate Fred Wah; please watch for future announcements. Also in the future is our annual book sale on the Riondel Days weekend. We're hoping to have it for two days this year but do need extra volunteers to make that happen. No experience necessary. Please put your name on the list in the library.

Once again we are juggling books around trying to create more space. One cupboard is gone, thank you Bruce Scott, and a new rack is installed but we are still juggling ideas for that blank space and how to use it to best advantage at a reasonable cost. Ideas are gratefully accepted but not necessarily acted upon.


We look forward to seeing you in the library soon. We have lots of books about golf and hiking; please let us know if you would like books about other sports.

**Next Deadline:**

**June 27, 2012**

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**COMMUNITY EVENTS**

**Saturday June 23rd,** 2pm till 6pm, Crawford Bay Hall, Front Room "Gallery Space" - Art Opening Exhibition: The Creston Valley & East Shore Artwalk 2012. Free to attend! This special gallery dis-

play is only for a few short hours on Saturday June 23rd (2-6pm). An Exhibit that will showcase the many fine new works by participating artists and the venues who have agreed to host them during the art walk and studio tour that takes place for the months of July and August. Join us for this opening celebration on June 23rd, at the Crawford Bay Hall (front room) during the 2012 Paint-a-thon. Pick up your 2012 Artwalk brochure promoting our artistic and creatively conscious community and see it all at a glance at the Opening Exhibit.

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**You haven't seen** anything like this - 3 D bookmarks. Please come in and see for yourself. Gray Creek Store 250 227 9315

**No more batteries:** LED FLASHLIGHTS with crank handle - \$9.95- Gray Creek Store 250 227 9315

**New stock of women's, men's and youth's flip flops** (or call them THONGS and raise a few eyebrows) - Gray Creek Store. 250 227 9315

**Add A Little Spark To Life:** New assortment of fireworks. Enjoy before the fire bans start! Shop early for best selection. Gray Creek Store 250-227-9315

**Summer is on the way:** suntan lotion, flip-flops, bug spray, new stock of Mexican hammocks - Gray Creek Store 250-227-9315

**Lakota Joint Care** capsules: let Lakota defeat your rheumatism as the Lakota defeated Custer - Gray Creek Store. 250-227-9315

**Ladies: She Wee** - when you just have to go, while hiking or boating - at last you can pee standing up! Gray Creek Store, 250.227.9315

**Roadside Emergency Kits** \$39.95: everything from jumper cables, tire sealant, to an emerg. blanket, first aid kit, and more - Gray Creek Store, 250.227.9315

**Canadian Made** Gumboots: these include insoles which are

essential in a rubber boot - Gray Creek Store, 250.227.9315  
**Hydrographic chart** of the Lake. boater's necessity, hard to find anywhere but Gray Creek Store, 250.227.9315

**NOTICES**

**Nelson Parkade** - offers easy downtown parking. Just one dollar per hour or four dollars per day. NEXt door to the Hume Hotel on Vernon Street. We accept credit Cards. Call for weekly or monthly rates. 250.354.8834

**Local volunteers** wanted for Starbelly Jam 2012. Check www.starbellyjam.org for volunteer applications.

**OUTDOORS/REC**

**Best selection of fishing lures, rods, reels, nets, weights and down riggers** on the eastern shore - Gray Creek Store 250 227 9315

**Live Animal Traps** - Squirrels to Raccoons - \$27.35 to \$100.45 - Gray Creek Store 250-227-9315

**Dog Life Jackets,** a super large net to retrieve your dog! Marine supplies, kayak paddles, oars, marine oils. Gray Creek Store 250-227-9315

**ATV & Snowmobile Helmets:** Comfortable, try one on. Dave couldn't find any in Spokane at our special price! Gray Creek Store (from \$36.95), 250.227.9315

**YARD & GARDEN**

**Cherry Worms** can be frustrated if you use the special netting that will keep those flies from laying their eggs on sunny days in June - Gray Creek Store 250 227

9315  
**Trimmer Line:** from 50 foot lengths to five pound coils, or pre-cut lengths - Gray Creek Store 250 227 9315

**Long handled Dandelion Weeders** - why bend over for that never ending job? - Gray Creek Store. 250 227 9315

**Deer Scare Sprinkler:** this is one that works. The deer disappear when it makes noises and sprays water, activated by a motion detector. Gray Creek Store 250 227 9315

**Garden Twine** - in a Tin: this comes smoothly out of the top, cant unroll when you don't want it to. Gray Creek Store 250 227 9315

**Kids Yard Tools:** wood handles, metal head rakes, hoes etc. KIDS know a real tool when they see it - Gray Creek Store 250 227 9315

**Garden Hoses Gallore** - we got a big shipment at great discounts - Gray Creek Store 250-227-9315

**Corona Garden Tools** - pruners, pole pruners, shovels as well - Gray Creek Store 250-227-9315

**Bulk Bone Meal** - great long lasting organic fertilizer that the deer don't like - Gray Creek Store 250-227-9315

**Sprinklers** - butterfly to oscillating with sled or higher bases, and more - Gray Creek Store, 250-227-9315

**To help you get that firewood early,** we have a great selection of axes and mauls to get that job done! Even 6lb's for the ladies! - Gray Creek Store 250 227 9315

**A pitchfork is essential** equipment if you are burning springtime brushpiles - so that

you can push the pieces together, so that there is nothing left but ash - Gray Creek Store 250-227-9315  
**Mantis Tillers:** the lightweight wonder that can even handle raised beds. 4 cycle Honda, or two cycle engines - Gray Creek Store 250-227-9315

**A deer fence** that really works: easy to drive steel posts with a 100 foot roll of stucco wire, topped with a higher strand of berry wire - Gray Creek Store 250-227-9315

**Garden tools and handles** - great selection of wheelbarrows. Tires, tubes and parts if your old wheelbarrow is repairable, or you can upgrade to the puncture - proof tire - Gray Creek Store 250.227.9315

**FOR RENT/REAL EST.**

**For Rent:** 1 bdrm apartment, furnished, sep. building, on Riondel Rd. south, quiet location, lake view. High speed internet. NS/NP. Ref's req'd. - \$ 500.00 plus utils. Ph.: 250-225-3485

**For Rent in Riondel:** 1 bedroom trailer w/ deck. Daily, weekly, monthly. 5 minutes to beach, store, golf, off-street parking 250-225-3595.



# BULLETIN BOARD

## Community Notices, Thank You's, Not-For-Profit Announcements (all not related to business), Church Calendar & Meeting Places - free on the Bulletin Board.

### CHILD HEALTH CLINIC, ADULT IMMUNIZATIONS, PUBLIC HEALTH NURSE

Will be at the East Shore Health Centre monthly.  
For further information, call Creston Health Unit at 250-428-3873.

### EAST SHORE COMMUNITY HEALTH CENTRE Call 227-9006

**\*See calendar for doctor days\*** - Doctor hours are from 9:30am to 4:30 pm. Please call 227-9006. Also in clinic: Interior Health Authority, Community Care Nursing and Home Support Services, Tues - Fri, 8:30 am to 3:00 pm. Phone: 227-9006, Fax: 227-9017.

#### PHYSICIAN COVERAGE FOR JUNE 2012

**Note: Please call to cancel if you can not make your appointment. We always have a wait list for patients needing to get an appointment.**

**Please Note: Lab hours 7:30 - 10:30, Weds Mornings. Call to make appointments at 227-9006 on doctor days and Thursday morning. Tuesday, Wednesday and Thursday (8:30 to 12:30) Phone: 250-227-9006 Fax : 250-227-9017**

June 5: Dr. Grymonpre

June 6: Dr. Moulson

June 7: Dr. Grymonpre

June 12: Dr. Grymonpre

June 13: Dr. Moulson

June 14: Dr. Lee

June 19: Dr. Grymonpre

June 20: Dr. Moulson

June 21: Dr. Lee

June 26: Dr. Grymonpre

June 27: Dr. Moulson

June 28: Dr. Lee

#### WEEKLY EVENTS AT BOSWELL HALL:

- Boswell Book Club: Luncheon meeting June 14, last meeting until fall. Contact Melody Farmer 250-223-8443
- Boswell First Responders: Contact Rod Stewart 250-223-8089
- Boswell Hikers: Every Wednesday - rain or shine! Contact Melody Farmer 250-223-8443
- Boswell Ladies Golf: Tues. 10am at Riondel Golf Course. Contact Jan 250-223-8667.
- Boswell Nifty Needlers: June 19th is the last meeting until fall. Contact Diane Schaub 250-223-8273
- Boswell Vintners: Contact Doreen Nault 250-227-9543
- Carpet Bowling begins again in October
- Line Dancing: See you in the fall.
- Yoga with Lea: Thurs. 9:30 - 11am. \$12 / class Contact Merilyn Arms 250-223-8058

#### COMING EVENTS AT BOSWELL HALL

- Father's Day Breakfast: June 17th 9am - 11:30am. Full breakfast menu is available. All are welcome: adults \$8, children \$5 at the door.
- Annual Farmers' Institute Flower Show and Dinner, July 1st. Flower show is open to all Boswell residents, information in the June Boswell newsletter. Dinner is at 6pm after which the prizes for the Flower Show will be awarded. Tickets at Destiny Bay Store are \$12, \$14 at the door.

#### MUSIC NIGHT (AFTERNOON)

June 15, Friday afternoon, from 12:30 to 3ish - elementary (grades 2-6) marimbas, recorder, dance... Lorna's little "Butterfly Fiddler" gals, Jacqueline's piano students, after-school-art showcase & secondary mentorship celebration too.

#### EAST SHORE HEALTH SOCIETY AGM

Date: Thursday, June 21, 2012

Time: 7:00 pm

Place: Gray Creek Hall

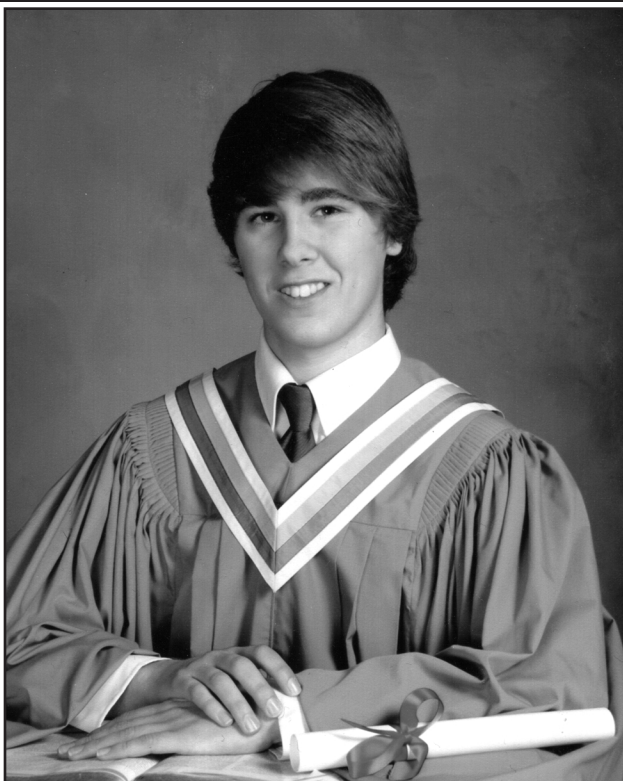
#### EASTSHORE AMBULANCE GARAGE SALE

Friday, June 8 4:00 - 8:00 pm

Saturday, June 9 9:00 a.m. - 4:00 pm.

Location: 1417 Ainsworth Avenue, Riondel.

This is a large sale with donations from the entire Eastshore community. Muffins, coffee, hotdogs. Pies for sale.



#### CONGRATULATIONS CHRIS HODGKINSON!

Congratulations to Chris Hodgkinson for your graduation in the class of 2012. You have worked hard and long to achieve this goal. Lots of great times in your future. From your mom and dad, (Nick and Jennie Hodgkinson)

#### THANK YOU FOR UNCONDITIONAL LOVE & SUPPORT

To all the communities that upheld me when my father was making "the great transition"... You know who you are and I'm forever grateful for your unconditional love and support. Rosalie Polard-Yopek (Rose - Gray Creek Store)

#### RAFFLE RESULTS

The Kootenay Lake Lions Club congratulates the 2 winners of the raffle for golf packages at Kokanee Springs Golf Course:

**Karol Draper of Crawford Bay  
& Mike Reichardt of Nelson.**

#### SOFTBALL REGISTRATION & EXHIBITION

Sunday June 10th at 5:00 pm, Riondel Field. New Players and teams welcome. Teams so far: Newkeys Pub, Kokanee Cubs, Eastshore United, Bobs Bar (team Riondel). Sign up at any venue or see ya Sunday. More Info, Helder at 354-8558.

#### KOOTENAY LAKE FERRY YEAR ROUND SCHEDULE

Mountain Standard Time -  
Winter Schedule in effect until weekend of June 16, 2012

Vessel Name	Balfour	Terminal	Kootenay Bay	Terminal
	Summer	Winter	Summer	Winter
Osprey 2000	6:30 am	6:30 am	7:10 am	7:10 am
Osprey 2000	8:10 am	8:10 am	9:00 am	9:00 am
Osprey 2000	9:50 am	9:50 am	10:40 am	10:40 am
MV Balfour	10:40 am		11:30 am	
Osprey 2000	11:30 am	11:30 am	12:20 pm	12:20 pm
MV Balfour	12:20 pm		1:10 pm	
Osprey 2000	1:10 pm	1:10 pm	2:00 pm	2:00 pm
MV Balfour	2:00 pm		2:50 pm	
Osprey 2000	2:50 pm	2:50 pm	3:40 pm	3:40 pm
MV Balfour	3:40 pm		4:30 pm	
Osprey 2000	4:30 pm	4:30 pm	5:20 pm	5:20 pm
MV Balfour	5:20 pm		6:10 pm	
Osprey 2000	6:10 pm	6:10 pm	7:00 pm	7:00 pm
Osprey 2000	7:50 pm	7:50 pm	8:40 pm	8:40 pm
Osprey 2000	9:40 pm	9:40 pm	10:20 pm	10:20 pm

Summer schedule in effect weekend of June 16,  
when MV Balfour begins.

## CHURCH CALENDAR

### RIONDEL COMMUNITY CHURCH JUNE SCHEDULE

June 3: Canon Jim Hearne, Anglican, 5pm

Music: Marie Gale

June 10: Bill Gooding, 1pm

June 17: Robin Celiz, 3pm

Music: Brenda Panio

June 24: Bill Gooding, 1pm

Music: Marie Gale

Special music every Sunday.

Check [www.riondel.ca](http://www.riondel.ca) for changes. Info at 250-225-3381

### CHRIST CHURCH & EAST SHORE CONGREGATIONS ST. ANSELM'S CHURCH BOSWELL (Anglican)

For information call Christ Church Creston 428-4248

June 3: 1:30 - Rev Robin Ruder Celiz

July 1: 1:30 - Rev Robin Ruder Celiz

### HARRISON MEM. COMM. CHURCH, ANGLICAN

Crawford Creek Rd., Crawford Bay Everyone Welcome!

June 17, 1pm: Rev Robin Ruder Celiz.

June 24, 11am: Worship service, Minister TBA

For information call Karen Gilbert: 227-8914

or Sue Philp: 227- 9140

email: [harrisonmemchurch@gmail.com](mailto:harrisonmemchurch@gmail.com)

### KOOTENAY LAKE COMMUNITY CHURCH

A Lighthouse on the East Shore

Pastor Bill Gooding

Come & join us Sundays at 10 am. Coffee fellowship after the service. 16190 Hwy 3A, Crawford Bay 250.227.9444

### TEMPLE OF DIVINE LIGHT

Dedicated to all religions. Satsang each evening 8:00 pm.

Everyone welcome - Yasodhara Ashram 227-9224

### MOST HOLY REDEEMER CATHOLIC CHURCH, RIONDEL

Reverend Thomas Kakkaniyil Phone: 428-2300 Fax: 428-4811

Sunday Mass at 2 pm

1st Sunday of the month, Fellowship Sunday.

### THE CHURCH OF JESUS CHRIST OF LATTER DAY SAINTS

1520 Campbell Avenue, Riondel, B.C.

Meetings begin at 10 am, every Sunday. Info call, 250-227-9522

### CHRISTIAN SCIENCE CHURCH SERVICES

Held in the Anglican Church,

8151 Busk Rd, Balfour

Sundays, 9:30 am - All welcome For info, call: 250.505.8021

**Next Deadline:**

**June 27, 2012**

## MEETING PLACES

**LIONS CLUB** - meets at the Kootenay Lake Community

Church - 16190 Highway 3A, Crawford Bay.

Meeting Times: 7 pm.

Second and Fourth Tuesday of the Month

For more info, call Lion David at 250-227-9550

or Lion Jim at 250-227-9622.

**TOPS** - Take Off Pounds Sensibly: meets every Thursday morn-

ing at 8:30 am in the Kootenay Lake Community Church base-

ment. Call Marilyn for more info: 227-9129

**PARENT ADVISORY COMMITTEE (PAC)** Meetings

held at 7 pm at the Crawford Bay School library

on (usually) the second Monday of the month. (or Tues if Pro-D)

Call Ingrid to be put on the agenda - 250.227.9246

**Next Meeting: June 11, CBESS Library**

**Next Deadline:**

**June 27, 2012**

June 2012 Mainstreet 19



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					1 Yoga, w/ Lea, CBay, 9am Pwr Yoga w/ Lea, 5:30pm Youth Hang Out, Rio Rec Centre, 4-7 pm Women's 16+ Soccer, 5:30	2 Gala Dinner, CB Hall
3 Bottle Depot, 10-2	4 Easy Swing, Bob's Bar Yoga w/ Lea, CBay, 9am After School Art, 3-5	5 Mobile Vet, CB Castle Youth Hang Out, Rio Rec Centre, 4-6 pm Samba, 7-9, CBESS	6 16+ Volleyball, CB School, 6:30pm	7 Yoga w/ Lea, Boswell, 9:30 am TOPS, KLCC bsmnt, 8:30am Bottle Depot, 10-2	8 ES Amb Garage Sale, 4-8pm Yoga, w/ Lea, CBay, 9am Pwr Yoga w/ Lea, 5:30pm Youth Hang Out, Rio Rec Centre, 4-7 pm Women's 16+ Soccer, 5:30	9 ES Amb Garage Sale, 9-4
10 Eastshore Dixie, Bob's Bar Bottle Depot, 10-2	11 PAC Meeting - 7pm CBESS Yoga w/ Lea, CBay, 9am After School Art, 3-5	12 Vet Clinic Youth Hang Out, Rio Rec Centre, 4-6 pm Samba, 7-9, CBESS Lions Mtng, 7 pm	13 16+ Volleyball, CB School, 6:30pm	14 Yoga w/ Lea, Boswell, 9:30 am TOPS, KLCC bsmnt, 8:30am Bottle Depot, 10-2	15 Music Afternoon, CBESS, 12:30 Yoga, w/ Lea, CBay, 9am Pwr Yoga w/ Lea, 5:30pm Youth Hang Out, Rio Rec Centre, 4-7 pm Women's 16+ Soccer, 5:30	16 Mike Stenhouse, Bob's Bar
17 Fathers Day Dinner, Bob's Bar Bottle Depot, 10-2	18 Yoga w/ Lea, CBay, 9am After School Art, 3-5	19 Youth Hang Out, Rio Rec Centre, 4-6 pm Samba, 7-9, CBESS	20 16+ Volleyball, CB School, 6:30pm	21 ES Health Soc AGM, GC Hall, 7pm Yoga w/ Lea, Boswell, 9:30 am TOPS, KLCC bsmnt, 8:30am Bottle Depot, 10-2	22 Yoga, w/ Lea, CBay, 9am Pwr Yoga w/ Lea, 5:30pm Youth Hang Out, Rio Rec Centre, 4-7 pm Women's 16+ Soccer, 5:30	23 White Lightning, Bob's Bar Primordial Sound Workshop Paint-A-Thon & ArtWalk Opening, CB Hall Strawberry Social, Ashram, 1-4pm
24 Open Tipi's & AGM, Tipi Camp Bottle Depot, 10-2	25 Yoga w/ Lea, CBay, 9am After School Art, 3-5	26 ESIS AGM, GC Hall, 7pm Youth Hang Out, Rio Rec Centre, 4-6 pm Samba, 7-9, CBESS Lions Mtng, 7 pm	27 Mainstreet Deadline 16+ Volleyball, CB School, 6:30pm	28 Yoga w/ Lea, Boswell, 9:30 am TOPS, KLCC bsmnt, 8:30am Bottle Depot, 10-2	29 Yoga, w/ Lea, CBay, 9am Pwr Yoga w/ Lea, 5:30pm Youth Hang Out, Rio Rec Centre, 4-7 pm Women's 16+ Soccer, 5:30	30



## HARROP - PROCTER FOREST PRODUCTS

Buy local Forest Stewardship Council Eco-Certified building products at competitive prices from the Harrop-Procter Community Forest.

- Wide variety of cedar lumber
- Large selection of fencing material
- Bull-nose cedar decking
- Cedar and Douglas fir timbers
- Douglas fir and larch flooring
- Cedar, pine and fir paneling
- Cedar and Douglas fir siding

*Free delivery to the East Shore when pre-arranged.*

*We take special orders for other cedar & Douglas fir wood products*

Buy local and support the only FSC Eco-Certified Community Forest in BC!

250.551.5452 sales@hpcommunityforest.org

Go to [www.hpcommunityforest.org](http://www.hpcommunityforest.org) for further product info, and to view the documentary film about us.

### ES Health Centre 227-9006 COUNSELLORS

Drug & Alcohol: 353-7691 Child & Youth: 353-7691  
Public Health Dental Screening/Counseling: 428-3876

Community Nursing: 227-9019 Hospice: 227-9006 Mammography Screening: 354-6721  
Baby Clinics: 428-3873 Physiotherapy: 227-9155 Massage Therapy: 227-6877

For more on facility, call Kathy Smith, 227-9006

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### Transfer Station Hours

CRAWFORD BAY:

Until October  
Sun, Tues & Thurs  
9 am - 3 pm

BOSWELL:  
Weds/Sat  
12-4

(temporarily closed,  
June 11-July 4)

### Library Hours:

ES Reading Centre:

Tues & Sat: 12-3  
Thurs: 7-9 pm

Riondel Library:

Mon: 2-4 pm,  
Weds:  
6-8 pm

Tues, Thurs, Sat:  
10am-12:30pm