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# The East Shore Mainstreet

**KOOTENAY LAKE BC**

~Locally-owned, community-supported independent news serving the East Shore of Kootenay Lake~



## Family Life on the Pond

photo by Allan Hughes

Allan Hughes captured this snapshot of a family day in May at the regional park in Crawford Bay. These five Canadian Geese are accompanied by a baker's dozen of beautiful goslings. Spring is here in all her glory and baby animals are being born. Don't forget to keep human impact minimal - dogs on leashes, no physical contact if you find a baby deer seemingly alone (their mothers are often close by), and don't feed the bears, despite how adorable those cubs appear. We do them a disservice by feeding them from our vehicles, abandoning garbage at campsites, or being negligent around our properties.

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## Mainstreet Meanderings

by Editor Ingrid Baetzel

### Fighting the Vortex & a Big Announcement

Well, I've finished Netflix! It was quite a ride. At times I laughed. other times I cried - occasionally I slept right through. I recommend this viewing to all readers. Actually, no... no, I don't. Of course, I haven't seen everything on Netflix, or Crave, Prime, YouTube or Disney or any other viewing app; I've simply slid so deep down the rabbit hole of escape television/movie watching, that I'm struggling to get back out of it. On days when the sun is out (every other day in May), I battle with my laziness and longing for another reality, one where we walk free-faced down a busy city street, throwing our hats into the air and kissing strangers. On rainy days (every other day in May), I settle a little more into my slump of slovenliness and justified binge-viewing.

What this descent (initiated by the dim-witted idea of placing a smart tv at the foot of my bed) into boob-tube gazing has taught me is that I am desperately craving creative outlet. So, the battle begins. With a great, harumphing roar (whimper), and a giant haul of my butt off of my ever-so-cozy supposed sleeping place, I have set about distinguishing what these creative endeavours might entail. I started with what I like to do: sing, exercise (for competition - i.e.: sports, games, theatre, improv), knit occasionally, paint occasionally, garden sporadically, walk regularly, play poker (play any card or board game, really), and write. There are more, but we'll start with these.

**Okay, singing:** Check. I can do that anytime, but even better, how about coordinating with some friends and make it official-like? Easy enough! Singing is in the works.

**Exercise:** Well, it is pretty rainy. But there is always my ebike! Okay, haul it out, charge it up and get out there. Check. Walking? Yes, but again, it is pretty wet outside. This will start again soon and on a regular early morning repeating basis.

**Theatre, Improv:** Okay, not yet, but it will come back. I desperately miss my theatre folk. I need to tap into my inner ape again. I need more Yes, And! Here is a poke at my theatre folk... Where ya at? Up for it again soon? Outside shenanigans? Socially distanced skits? A mega project to bring joy and laughter (and potentially degrees of derision) from our community? Oh, please, let's.

**Knitting/Painting:** Admittedly, I haven't done much to further these endeavours, but the sun's coming out again and those feel a bit more like winter activities. However, if anyone wants to get back into one or the other of these with me, shoot me a holler. I'm up for it.

**Gardening:** This one just goes without saying. It's out there - it's happening - it requires some attention, but I tend to keep that to a minimum and just wallow in utter gratitude for whatever my minimalist gardening habits reap at the end of each growing cycle. Thanks, plants! You remind me of the bigger stuff, like molecular biology, photosynthesis, and gut health.

**Writing:** Well, here it is, for the most part. Thanks, *Mainstreet*... you keep my typing fingers limber and give me a reason to go on, alphabetically, phonetically, poetically. **BUT, here's the big announcement, and the thing I'm going to be doing this summer with gusto...**

Doreen Zaiss' last book, which she finished just before she died, is going to print (hopefully) in June of 2021. It's called *The Thorn*, and it is pretty special.

Here is the back cover blurb for your consideration:

*A family of women confronts the challenges of living in Norway at the turn of the 19<sup>th</sup> century as they meet poverty, death, mental illness, sexual abuse, alienation, and Mormon missionaries while trying to navigate cruel winters and the exodus of most of the men in the village during cod season.*

*Henrikka, a teenage girl, struggles to provide for her family as her mother, Johanna, descends into episodic madness. Rikka meets Mokci, a Sámi boy, and together they delicately stitch a love story, a freedom story, a story of yearning and need and courage, and desperate choices. Rikka begins to learn the way of the Sámi people, caring for her mother and her younger sisters with the help of her elderly neighbour, Dagur. All the while, she dreams of outfitting herself and beginning her journey to ascend the Thorn, the black, forbidding mountain that looms over her, challenging her, calling her name. Choices must be made, and further loss is certain, as is expansive growth.*

Mom finished *The Thorn* in early 2020. Since then, I have been copy editing and working on it with the valuable help of Luanne Armstrong (Editor), Alanda Greene (Author) and Geoffroy Tremblay (EncreLibre Publishing) and I am exalted to be able to offer her legacy to people soon. Please keep your eyes peeled for announcements about when the book has been printed, potential release events, and how to get your hands on it. **If you want to be added to my pre-sale order list, please get in touch by phone, email or social media and I will add you. (thethorn2021@gmail.com, 250.505.7697).**

So, it seems creative outlets abound and it's just about getting up, making the bed, splashing some water on the face and jumping in. What are you doing to feed that little artistic monster inside? I'm going to go put on real grown-up big girl clothes instead of pj's and run a brush through this rat's nest of a hairdo. There's work to do!

## Letters to the Editor

### THIS IS CANADA

Dear Editor,

As I said in my letter last month, vaccination is the only way we can regain our freedom from this pandemic. With almost 65% of BC's population now having received their first dose, it won't be long until we can once again have our hockey rinks, stadiums, theatres, and restaurants filled with happy people.

In the meantime, "anti-maskers", a group who I see as narcissistic morons, are spreading bullshit and screaming about their 'rights', and causing havoc and traumatising the frontline workers we hailed as heroes just months ago.

While our community has been mostly spared from enduring this crap, there are a couple of cowardly idiots, whipped up by diatribe from the internet and rallies in neighbouring towns who are going maskless into local stores and the post office and attacking mostly lone female workers who are just trying to do their job. All I can say is, this thing will be over one day, and many in our community will remember your behaviour.

It really makes me laugh when these people talk about their 'rights'. My father served in the British Air Force in WWII. At least 35 million people died and 60 million more were displaced from their homes. Women were conscripted to work in factories while the men went to war. Everything was rationed, alcohol, tobacco, sugar meat, fuel, on and on. London, Berlin, Dresden, and countless other cities were destroyed by bombing.

How about Syria, once a prosperous country, and now people sleep on rocks and have to go three kilometres to get drinking water and get shot at both ways? How about Palestine, where the people are getting bombed every day and their homes confiscated? Where are their rights?

And you're bitching about having to put a piece of fabric over your face for five minutes while the people serving you have to wear it for hours?

This is Canada. You can stand on a street corner in downtown Toronto and yell "Justin Trudeau is an asshole" every day for six months and you won't be

arrested. Try that in Russia or China or North Korea and see how your rights do there. Oh, he disappeared, how did that happen?

But businesses also have rights. It's their property and they get to say who comes in and who doesn't. 'no shirt no shoes no service' has been around forever and very few have a problem with that. Lots of restaurants and nightclubs have dress codes.

All the businesses here have other ways to do business if you don't want to wear a mask. So quit harassing your fellow community members who are just trying to serve you.

Paul Hindson, Crawford Bay

### NO FIREWORKS

Dear Editor:

We had hoped that we could have our annual fireworks display this year, but unfortunately, COVID-19 regulations make this impossible. Looking forward to Canada Day 2022 where we should be able to return to normal, especially if everyone completes their vaccination.

Tom Lymbery, Gray Creek

### CBESS Hot Lunch Program

Dear Editor:

The end of the school calendar is quickly approaching and our fantastic chefs Jen & Yoan have had a busy year cooking for all the students. Thanks to our chefs for all their hard work this year! Our program serves a hearty lunch four days per week, offering a full salad bar alongside a hot meal. Our chefs are supported by a team of volunteers helping prepare the food and wash dishes - thanks to our volunteers for your dedication!

We have experienced rising food costs during the pandemic which has had a significant impact on our ability to keep the program afloat. Without the aid of our generous supporters we could not have continued to produce wonderful lunches for our students. We would like to recognize all of our supporters this year: Kootenay Insurance Services, Yasodhara Ashram, Kootenay

Lake Lions Club, Agriculture and Agri-Food Canada, President's Choice Children's Charity, Save-On Foods, Pealow's, Crawford Bay PAC, and School District 8.

Kootenay Co-op, Save-On Foods and President's Choice offer a generous donation for bulk gift card purchases. Thank you to contributors to the Crawford Bay Parent Advisory Council gift card program; your purchases helped the Crawford Bay PAC contribute \$1500 to the hot lunch program (as well as music and extracurricular programming).

In light of this unprecedented year, we gratefully acknowledge the staff at Crawford Bay School for their ongoing support of the lunch program. This year all student meals and condiments were served by staff as the self-serve buffet was not an option. Thank you also to our parents for their ongoing support of this program. We plan on continuing the program next year and are always looking for new volunteers and community support to keep the hot lunches flowing!

Cam Stokes, Pilot Bay

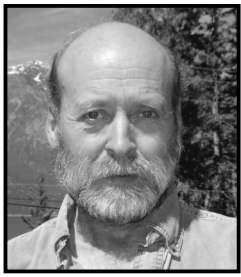
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The East Shore Mainstreet is a monthly publication for the benefit of residents of the East Shore of Kootenay Lake.



## RDCK Area "A" Update

by Garry Jackman, Regional Director

It has been a few months since I have covered the topics of recycling or waste management. Over those months we have updated our "Resource Recovery Plan" (formerly called a solid waste management plan) in preparation for public review and comment. This is a plan which outlines a path for developing, modifying or closing facilities to manage recycling, organics (composting) and residual (landfilled) materials along with the cash flow projections to complete the work outlined in the plan. The plan identifies fairly clear steps for the next 5 years and outlines longer term work (subject to technological and legislative changes) out to a 10 year horizon.

Creating and updating this plan is mandated by the provincial Ministry of Environment. The province sets the guidelines and regulations for recycling, can order landfill bans for some substances and regulates transportation and disposal of hazardous materials. The federal government sets the overarching requirements for landfills to meet. Local government, specifically regional districts, are mandated by the provincial government to meet the regulations and manage the residual or landfilled components. The regional district must have an operating certificate approved by the provincial government for each site, needs to indicate how it will remediate older sites which in their day operated under a different set of guidelines (or lack thereof) and must provide the Minister of Environment with the Resource Recovery Plan (RRP) updates with itemized projects and/or operational changes and associated costs. Once approved by the Minister, this plan gives the regional district authority to borrow the funds identified within the plan without going to referendum or further public consultation. The public consultation is what will happen right now and will become part of the submission to the Minister along with any plan amendments arising from the consultation process. Go to the RDCK website to view the plan and comment.

The residual cannot be managed without being aware of the composition of the material brought to the landfills. As noted above some materials may be banned from landfills and others are restricted (such as requiring designated disposal areas for asbestos containing materials) under provincial law. We need to be aware of what is happening with some components of waste (such as oil, batteries, asbestos and other hazardous products). We are able to either participate in facilitating lawful disposal to ensure these products are being managed correctly or leave some or most of their management to the private sector. Either way, the regional district needs to perform sufficient screening to ensure the hazardous or banned materials are not covertly being introduced to the landfill with the potential for adverse repercussions, such as contaminated ground water plumes migrating into the monitoring wells and off site. Hazardous materials aside, about one third of the material going into our landfills is organic waste which not only takes up space, limiting the lifespan of the site, but also is the largest source of greenhouse gas emissions and contribute to undesirable leachate products in the surrounding ground water.

I will give a brief update of the three main components we are addressing through the plan update. Much more detail is available on the RDCK website and you are invited to comment on the plan over the next weeks.

### Organics Diversion and Composting

I have reported previously that the RDCK received substantial grants to build two commercial composting facilities, one near Salmo and the other at the Creston landfill site. Contracts for both are in the process of being awarded and the work will take place this summer and fall. The RDCK has agreement from its three larger municipalities, Creston, Nelson and Castlegar, to

collect household organics through a curbside pickup program as the main feed stock for the two sites. Compostable material will also go to the Salmo site from Trail and surrounding area. We have investigated potential rural collection routes, especially where contract curbside garbage collection is already available, so as part of the public review of the RRP we will be asking some rural residents if they would be in favour of having a curbside organics waste pickup service. Commercial sources, such as restaurants and agricultural waste, can also go to the composting facilities.

### Recycling

We now have fairly good information on the tonnage of recycling material collected and related costs which has been extrapolated to a full year and compared to previous year costs. We have not seen much of an increase in tonnage, but the contamination levels are much lower so the rebates being provided by RecycleBC for the materials has helped us reduce annual costs by almost a quarter million dollars (based on extrapolated figures). We are still lobbying the provincial government to mandate the institutional, commercial and industrial (ICI) packaging to be included in the RecycleBC program so greater cost savings and efficiencies can be realized. The more we recycle, the less that goes to the landfill so the longer the landfill sites last. Note the province has hinted they may impose some plastics bans for landfills, so we need to be prepared to handle plastics even more efficiently.

### Landfills

The RDCK has two large landfill sites which will continue to operate (Creston and Castlegar), a smaller landfill in Nakusp slated for closure in the next few years, a large legacy site near Salmo which is nearing the end of major remediation and closure works and has several smaller legacy sites, such as above the highway near Akokli Creek and next to the Crawford Bay transfer station, which eventually need further remediation. Works related to all these sites, in addition to our numerous transfer stations, are also outlined in the RRP.

### BC Transit

I have brought this topic up several times, including last month. Go to the RDCK website now and look for the survey link under "transit" if you want to have your voice heard for potential changes to the Creston Valley Transit system which extends from Ericson through Creston, partially into Electoral Area C to West Creston and partially into Area A as far as Wynndel (a few days a week). Perhaps as a first step we could get early morning lake runs which could meet up with the Cranbrook Health Connections run one day a week. That bus gets people with medical needs to Cranbrook hospital with some priority booking times for tests and consultations so they can get back home the same day.

*If you have questions or comments on any topic please drop a note to [gjackman@rdck.bc.ca](mailto:gjackman@rdck.bc.ca) or call me at 250-223-8463.*



## Hidden Taxes

by David George

### How much longer?

We are waiting for our second Covid-19 Pfizer vaccine shots. Lea and I were able to have our first ones on March 24, along with most of the people of our age group. Unless there is some news between the filing date of this column and publication of the June *Mainstreet*, we may still be waiting at least three months for our second shots. This leaves us and the other 809 people on the East Shore who have had our first shots, in limbo. Most of us are not willing to resume anything like normal activities until the second vaccine happens.

We are told that Canada has ordered 100 million shots of several kinds of Covid-19 vaccine. That would cover everyone in Canada for the first two shots, and an extra one to be held in reserve until it is known whether we will need an annual booster, similar to the annual flu vaccine system. I realise that there are some people in our little part of paradise here in the True North who are refusing the Covid-19 vaccine. That is their right. However, they will soon find out that some activities which will go back to almost normal for the rest of us may be denied them.

It is also worth mentioning that refusing the vaccine means that they are putting others at risk as well as themselves, and that, people, is irresponsible. Many of us are looking forward to travelling again soon. Some will want to travel by air, and I am almost certain that airlines will insist on proof of vaccination before allowing one to board an aircraft.

One of the ways we have been surviving the pandemic during the past year and a bit is by patronising our local businesses. Our local Crawford Bay Market has most of what we need each week without going to Nelson or Creston. Our Eastshore Library has been open Tuesdays and Saturdays since last May 31. Red's Bakery has been open all winter, Saturdays and Sundays, and is now open five days a week. We have a florist in town, who has planted thousands of tulips, blooms of which we have purchased recently. The Hub has set up an outdoor patio for dining, and finished the upstairs apartments recently. Bob and Wendy have been providing dinners to take out from Riondel four days a week, and are renovating the restaurant and the upstairs.

In the course of driving up to Riondel almost every week to Bob's, I have noticed that a large amount of private land logging has taken place. Not only is it unsightly, but besides the large piles of unsalable slash, which one can only hope will be disposed of safely, the clearcuts come way too close to the road. Anyone remember the Stop Clearcuts signs? Most of the people involved in that campaign are now older and tired, or not with us any longer. Now aside from the fact that I personally find clearcutting an abomination and harmful to our wildlife, there might be reasons why so much has been cut. The price of lumber is very high, and that would tempt some owners to sell as much as possible now. There is also the possibility that some of the land involved has been assessed as woodlot, and the subsequent high valuation may have forced cutting, as the taxes imposed might be excessive and beyond the ability to pay of some people who might have just wanted to own a chunk of East Shore forest. Obviously there is more than one side to this story, but the ugly clearcuts remain on view to anyone driving around this area. One may hope that they do not repel tourists.

What kind of a tourist season are we going to have this year? It has to be better than last year. Interprovincial travel by car is likely to be almost normal by Canada Day. Air travel is another matter. Still unknown is when the US border will reopen to tourists. For that matter, when do we want it to reopen: when it is safe is my first thought. Will it be safe when 70 percent of US citizens and 70 percent of Canadians have had at least one Covid-19 vaccination? Or should it wait until 70 percent in both countries have had two shots?

Whatever transpires, it will be a different world especially here in North America. Stay well and stay safe. This too shall pass.

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# Crawford Bay Hall UPDATE

Submitted by Susan Hulland



## Special Hall Board News - A Peek at What we are Planning!

**Crawford Bay & District Hall & Parks Association**

When the Crawford Bay & District Hall & Parks Association first began to envision upgrading our hall in September of 2018 we conducted a community survey. From that we compiled information about respondents' 'wants' which we presented to three architectural firms. A summary of what we want to accomplish is to create an attractive, more modern, easily maintained, energy efficient, code compliant, universally accessible building. Meeting these goals will result in a more rentable building that can once again be a source of pride in our community.

Based on face to face meetings with architects and their responses to our goals, we chose to work with Nelson Rocha of Studio 9 Architects in Nelson. After four months of thoughtful processing and a great deal of safely liaising via the internet, we are pleased to give you a preview of the changes we are considering as part of the rejuvenation and preservation of Crawford Bay's 83 year old Community Hall.

This illustration represents the initial results of the design development phase. (This is the exterior view. The interior is quite detailed and therefore too tiny for this reproduction. It will be posted soon on local bulletin boards.) This phase will continue with input from

the structural, mechanical and electrical engineers that are part of Nelson's team and result in the design requirements for construction. Following their input this initial contract with Studio 9 Architects will provide us with a Class C estimate for the project. With this information in hand we will be able to seek funding for construction drawings and actual construction costs and proceed with making this vision a reality.

Depending on the practicality for construction and available funding we foresee taking a phased approach to construction. Redesign of the roof on the south side of the hall to accommodate the addition of an entryway, modifying the unsightly cinder brick wall, and re-roofing the entire building will likely constitute the initial phase.

We have created some exciting changes inside the building, some of which were necessary due to changes in RDCK building codes and by-laws since the hall was last renovated. The required addition of a wheelchair ramp at the front entrance was paramount among these, as was the addition of a universal access/unisex washroom and creating space for more men's and women's toilets in the bathrooms.

For some time the need for more toilets threatened the space known as 'the small hall' which we felt was of value to the building. Relocation and redesign of the upstairs staircase solved this problem and gave us an unexpected bonus. With the addition of a firewall between it and the kitchen, the upstairs can become an intimate rental space for small groups!

An entryway has been added to the south side of the hall to serve several functions. It will partially cover the wheelchair ramp to reduce snow clearing, reduce winter heating costs, and include a cloakroom for coats and muddy boots which will help preserve our heritage fir floor. The entryway will also provide space for historical displays and signage honouring those individuals, businesses and organizations contributing to this ambitious community project.

A more modern and functional kitchen was high on the list of 'wishes' made by many community members. Preliminary design of the kitchen which will remain the same size but be upgraded to Class 2 status, was done for us by Terry Fiddick of Black Salt Cafe.

Improvements to the main hall's acoustics were mentioned often on the community survey. Studio 9's acoustical engineer has created a report on this and we have also approached local musicians for suggestions.

This project will take place over time. Successive phases will bring about improvements to foundations, insulation, air quality, electrical capacity, and heating efficiency. For practical reasons the outside 'look' of the hall (doors, windows and outside cladding) could be some of the last things to be done.

### Other Ways to View These Drawings

Larger format illustrations including a floor plan will be posted on our Facebook page (@crawfordbayhall). They will be jpeg files and users should be able to click on 'full size version' to see greater detail. Larger formats of these drawings will be posted on the bulletin board on the front of the Crawford Bay Hall, alongside monthly hall board news articles.

Persons with specific questions about the project are invited to contact directors David Wells at 250-505-0279 or email [dwells@cbhall.ca](mailto:dwells@cbhall.ca) or Leona Keraiff at 250-227-9361 or email [lkeraiiff@cbhall.ca](mailto:lkeraiiff@cbhall.ca).

### 2021 Annual General Meeting.

Our 2021 Annual General Meeting will be held within the first two weeks of October. Depending on Covid-19 protocols the event will be either in person or virtual via Zoom. Watch here for updates.



**"The way to get started is to quit talking and begin doing." - Walt Disney**

Have you ever thought about turning your passion into a business? Do you think you have what it takes to be an entrepreneur? Contact Community Futures for more information on Programs & Workshops available to you!

**Call Amanda Murray at 403-678-7044 or [amurray@futures.bc.ca](mailto:amurray@futures.bc.ca) to book a free appointment in Creston. [www.futures.bc.ca](http://www.futures.bc.ca)**

Growing communities one idea at a time.

## Deforestation Concerns - A New Website

**a Mainstreet press release**

Are you concerned about clear cutting and logging practices on the East Shore? Do you want a place to share ideas and concerns? Geoffroy Tremblay has created a website to help residents do just that.

**Check out <https://clearcutting.ca>**

Gef says, "With the price of lumber going up, we'll see more and more clear cutting on private land. As you might know, there are no laws protecting forests on private land, when compared to crown land forests. There could be many more acres cut on Riondel Road and all around the Kootenays."

The project goal was to start to gather information and create a central point of interest for the community who are concerned about this. The website was intended as a place where we can communicate these idea and invite the RDCK to the table too.

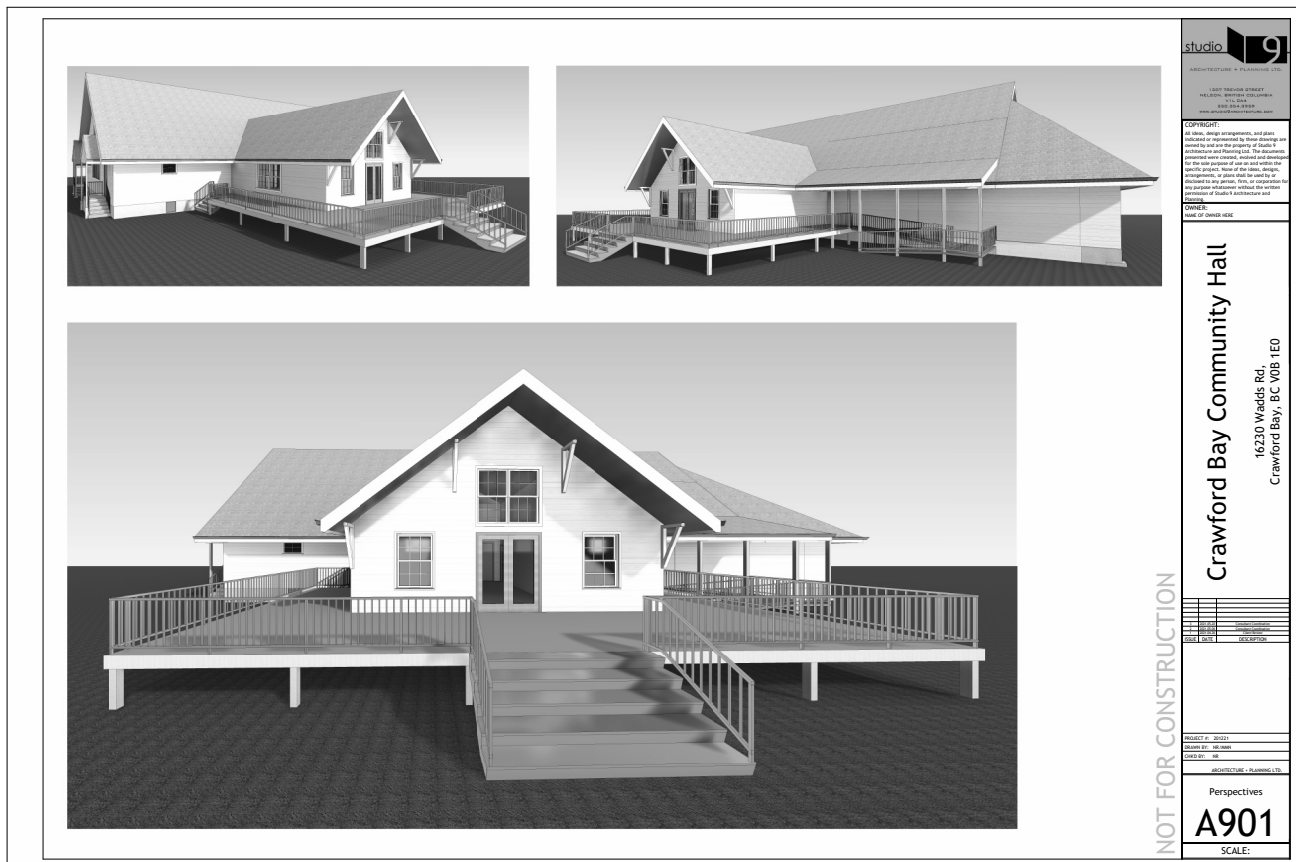
From the website:

*A resource of information about the de-forestation taking place on private land on the East Shore of Kootenay Lake. This resource is for all the concerned citizens from East Shore communities.*

*There are a number of privately managed forests on the East Shore of Kootenay Lake and throughout the province of British Columbia. Attracted by looser regulations, and minimal environmental specifications, logging companies are purchasing land and clearing it with devastating effects to local environments and potential hazards to water supply. Such projects are currently taking place in Fernie, Creston, Riondel, and Kaslo, BC.*

*This site is dedicated to the gathering of resources and information related to private logging activities in hopes of increasing awareness and connecting concerned citizens with each other and the resources needed to act.*

**<https://clearcutting.ca> - sign up to get and share further information!**





## Hacker's Desk

by Gef Tremblay

### Memory

At a friend's place, I reach to grab a cup for tea. I see a cup with a familiar pattern. I used to have a teacup that had a similar pattern to it. White background with blue cloud or waves painted on it.

I take the cup to observe it more in detail. The feeling of the cup in my hand is really familiar. As I look inside the cup, I see the tea-stained cracks. I remember that spot that was always white without tea stains. Was that my cup?

I look at the outside of the cup. It has the same imprint logo from the potter from Nelson. But this cup is different. It is not the same shape. I look under it; it is blue. My teacup wasn't blue. In any case, I had lost that teacup months ago. I had decided it was gone forever. I had put it on top of the jeep, before driving away, and I had lost it then, or so was the story I told myself.

But the feeling in my hand, the imperfection, the tea stains... they were all too familiar. It was my cup, but it wasn't mine anymore. I had let it go completely and now it came back. I remember when I first got the cup, I liked it, but I didn't love it. It took a while for me to really love that cup. I was back to that place; it didn't look how I remembered.

It is strange how my perception of something is different from what is really there. But what is really there if it is not only my perception.

Neural is a magazine about hacktivism, technology and art (<https://neural.it>). It's the only subscription I have, apart my subscription to the *Mainstreet*. I was reading an article in it, stating how difficult it could be for some people to not be part of social networks.

## Crawford Bay Hall Memories & Musings

by Leona Keraiff

For 15 years if you wanted to book our hall for any reason, you called Kathy Donnison to make the arrangements. Without an answering machine or a computer, without call display or call return, she kept track of the hall's and the community's comings and goings with a white board calendar on her fridge, pen and paper. Eventually, she placed all her notes, papers and calendars in an accordion style file. The one you see in the photo is her last and barely stays together as it has been so well used. Kathy regularly attended monthly board meetings to report on the previous month's activities and rentals. She had a record of dates, times, renters, bookings, fees collected and the condition of the hall afterward. She made two copies, giving one to Gina Medhurst (longtime treasurer and now president) and kept one for herself. She also washed the tea towels and tablecloths, occasionally cleaned the hall, baked cookies for meetings and provided a luncheon at AGM. She was also the keeper of the keys of course. How on earth will we replace her now that she has decided to retire?

When I asked Kathy for her favourite hall memories her immediate response was "Medieval Events". When she and her family arrived in 1990 they brought with them their dedication to the "Society of Creative Anachronism". They hosted feasts, tournaments (yes, hand to hand combat with bamboo rattan swords and shields), community medieval suppers and at least one Valentine's Feast. Local participants were joined by folks from Saskatchewan, the USA and the West Coast. Because Kathy and her family; Joe, Liz and Andrew learned that there was a gold boulder at the bottom of Kootenay Lake, they named this area "Shire of Lochdor" meaning "Lake of Gold". Participants made their

I have been on and off Facebook in the last few years, and his statement really helped me to simply quit Facebook and Instagram once and for all. Not that I participated a lot in the social experiment, but it was there and I would waste time on it on and off - it was ripe for deletion.

Off all social networks, I still wanted to use the internet to connect with other people. I slowly uncovered all the other social networks I previously used. Starting with this small community of hackers at <https://sdf.org>, I then realized I still had a Tumblr page, which was reading all the posts I made on Vimeo and SoundCloud. I was surprised to see all these old forms of expression. I watched the video I was hosting, I listen to the music I published years ago.

It was again that feeling of finding something again, and not recognizing it right away. There were a lot of online tools before Facebook, Instagram and TikTok.

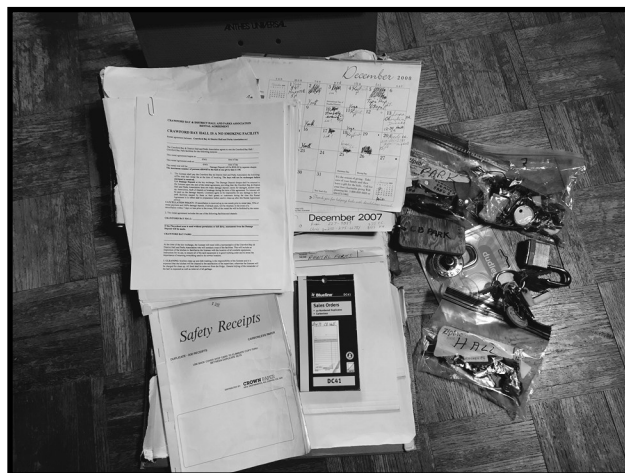
The internet is really about connection. What I realized on Facebook is that the connections are just a by-product of the constant noise for attention and advertising. I've since subscribed to Mastodon, which is a Twitter/Instagram/social mutant, where anyone (and I mean anyone) can run a server. There are a lot of crazy things on there. I find myself still browsing aimlessly, but since there is no advertising, and there is no censoring or data manipulation, I feel less abused by a system. It is still quite wasteful, but the entertainment level is definitely a bit higher.

I find it calming to come back to an internet before Facebook; it feels more real. We watched some Vimeo videos (Naima, Melina and I) and most of the time we were touched by the creativity and simplicity. Nothing to sell or to push on us, simply people creating videos, not trying to be the next viral superstar.

I've also reconnected to a group of creative people on [sdf.org](https://sdf.org), who are broadcasting on an online radio channel called [aNONradio.org](https://anonradio.org). It's super small, and

armour and clothing. "Lords and Ladies" came to feasts in their fancy attire. (check our FB page @crawfordbayhall for photos of these amazing outfits).

Kathy also really appreciated and enjoyed our 100th Kootenay Lake Fall Fair. "It was amazing" she exclaimed, "a great, great day". Kathy contributed an incredible 56 entries that year: baking, preserves, wine, canning and sewing to name a few. She was honoured to win the Grand Aggregate Award. She and partner Joe Bechal also won the costume contest wearing garments Kathy sewed herself. Her 1912 silk dress and hat were recreated from a book in authentic style staying up until 2:30 am on the eve of the fair, to perfectly match the photo.



There were some "high maintenance" renters as Kathy described them. One family in particular from Saskatchewan were particularly challenging as they required six trips by Kathy to show the hall to various family members, caterers, the wedding planner and the band as well as reassurances that the septic system would not fail and that the tank did NOT need to be emptied before the wedding. Living in close proximity to the hall meant every time someone blew

there are in between two to fifty listeners at a time. It's really cute and all the dj's have quite an active community. I'm planning to have a half hour show on there at some point this summer, seeing how accessible it is.

It feels like these smaller online communities of creative people really bring something different out in me. When I'm exposed to all these viral best of the best forever, I don't feel like I can do anything about it. It seems strenuous and not really interesting to attain such online wannabe fame. Yet connecting to a smaller community, through forums or chats or image boards (and there are a lot of these communities living outside the Facebook/YouTube/Twitterosphere), I get to meet real people who are doing something creative and are quite positive about sharing and communicating. This even goes to the extent that when someone is 'trolling' in a chat or forum, other participants often tell them to go do this stuff on Facebook or Twitter. If you have a bad attitude, go share that on social networks, not in our smaller more focused community.

From my teacup to my previous online communities there is definitely something to be celebrated about the past. Now, with the pandemic in its (hopefully) final phase, maybe it's time to go back to what we really love? What will it be?

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a fuse Kathy had to go and reset it. If there were water troubles she and John Edwards both had to respond. "Trouble shooter" was her second title after "booking agent".

Her favourite renters were a young couple from Calgary who held their wedding reception in our lovely old building after a ceremony on the beach which included live butterflies. Kathy and her daughter Liz catered the celebration which continued the butterfly theme along with plenty of white tulle, pink flowers and pink cupcakes. "However, I made two green ones for the groom," Kathy told me. The next day Kathy found an arrangement of flowers with butterflies and a thank you card for her and Liz.

Kathy attended many silent auctions in the hall. Taking home a late 1800's framed embroidered silk scene on one occasion was a highlight. She also enjoyed the annual blacksmith meetings/workshops that she and Liz catered every May. The annual Christmas potlucks, community fundraisers, (in particular the one for Larry Ehrler's kidney) and a famous dessert event stand out for Kathy. I needed more details about the dessert night of course. "It was a fundraiser for the new roof over the stage. Desserts were on trolleys and Liz was belly dancing to keep folks entertained." Kathy stated. Ray Whitta saw Liz and exclaimed "Isn't this the part when you do this?" while tucking \$5 into her hip belt. By the end of the evening Liz had \$20 and donated it all to the new roof.

Kathy's last tale was about Freckles, the ginger cat who attended meetings and funerals at the hall. "He seemed to know who to visit and who to support" she shared with me. "He even took his place on a chair between myself and a burly RCMP member at the Y2K meeting."

In closing, I learned the secret to getting Garry Jackman to a meeting in the hall; his favourite "slice", Kathy's almond raspberry bars!

# Riondel Fire and Rescue Blotter

by Fire Chief Cory Medhurst

June 2021

Over the years the Riondel Fire Department has received inquiries from insurance agents and prospective home buyers wondering who does fire protection for the East Shore. This year we have received more calls than usual from excited, new home or landowners to the East Shore, wondering where their closest fire department is so they can inform their insurance companies. Regrettably, if they are outside of the Riondel Fire Boundary the answer is "Sorry, you're not covered for fire protection". This comes as quite a shock to new residents, and surprisingly to some long-term residents of the East Shore as well. Even more shocking to many is that this fire protection boundary also applies to wildland fires including trees on powerlines that ignite or burn piles that get away. As a reminder for all new and seasoned residents, we have three separate boundaries that we respond to for different emergency events; fire protection, road rescue, and medical first response.

First and foremost is our fire protection boundary where we provide all services including structural fire protection; the main service we train for and are funded to provide, by the property taxes in that specific area. This boundary begins at the junction of Highway 3A and Riondel Rd and continues North to the residences at Tam O'Shanter Creek. Almost all our equipment (hoses and nozzles, shovels and axes), apparatus (big shiny trucks), personal protective equipment (firefighting gear), and training is paid for by the property taxes within this boundary.

Our next boundary on the East Shore is our medical First Response boundary where we provide medical assistance for all types of medical emergencies, either to help our local ambulance crew or to attend to medical events until an ambulance is available. This boundary encompasses the fire boundary (including north to Garland Bay) and extends from Pilot Bay through Gray Creek, ending at 13911 Highway 3A where the Boswell First Responders take over.

Our largest response area is our road rescue boundary (motor vehicle incidents including the use of the JAWS of life and rope rescue) which continues from the first two boundaries extending further south to Akokli Creek Bridge, where Creston Fire Department then assumes responsibility. The training, equipment, and rescue apparatus for the last two services are funded through a yearly provincial road rescue grant from EMBC and through a minimal deduction from property taxes. With over two-thirds of our calls being outside of the fire boundary, these services are proportionately underfunded and in need of reassessing. All these calls keep us busy training and responding.

## CALLS TO SERVICE IN MAY:

**May 11** – 4 members assisted Paramedics with a serious medical call in Crawford Bay. 2 members were originally available for the call and on scene to help, but when the situation progressed and the need for more hands became evident, another page was requested which provided 2 more members with 2 others on standby.

**May 14** – A medical emergency in Riondel had 2 members attend to assist the Paramedics. Members attended to the patient until the ambulance arrived and relieved them.

**May 14** – Another medical emergency in Crawford Bay had 3 members attend. Members were quick to

assist the paramedics with retrieving equipment and helping with patient movement.

**May 25** – A call for a medical situation had 4 members attend in Gray Creek. 2 members who were in Gray Creek were able to attend quickly to the scene to assess and assist the patient until the other members and paramedics arrived. The members then helped with equipment retrieval and patient movement.

There were also two events in May that our department was not dispatched to attend to that we would like to acknowledge. On May 14 at around 7:30PM wind blew over a tree in Pilot Bay which landed on power lines. A fire was ignited and began to grow when residents called 911, and eventually Wildfire BC. We were contacted by Wildfire BC and asked if we could respond as their crews were all busy and far away. Our response was that we would have a crew ready to go if they could get us tasked by the province to respond AND receive permission from our Regional District CAO through our Regional Duty Chief. It sounds like a huge task, but usually happens with one phone call. It's basically someone taking responsibility for removing apparatus out of a service area, and the province agreeing to compensate the taxpayers of the service through paying the department for responding. Let's back up and reflect on the responsibility part. The person that allows our department to remove a truck from the service area is taking on the risk of a fire event in the service area not being responded to or having an unusually slow response. This is a big decision to be made attached to huge liability; one that I appreciate not being mine to make.

A similar out of fire boundary fire event took place on May 27 in Crawford Bay. Once again around 7PM, heavy winds knocked over a tree which landed on live power lines, igniting a fire. When residents called 911, they were reportedly told that Riondel FD refused to attend, which unfortunately is not true as we were not contacted by dispatch for this event. More likely what happened was that our dispatch in Kelowna looked at a map and realized that Crawford Bay is not in a protection area, stated that Riondel could not attend, and contacted Fortis to have a crew respond, as well as Wildfire BC. Another resident in Crawford Bay emailed me personally during the event to alert us and to ask if the rescue truck could attend. Unfortunately, the email was not seen until later in the evening, but still would not have been attended to as there was not a medical emergency and there were no life safety concerns or extrication required. It sounds like a harsh reality, and it is; but it is far harder for us members to have to say no to our neighbours when help is needed. A satellite fire hall would sure help clear things up.

Just a quick mention that our rescue truck is equipped with medical and road rescue equipment for specific types of calls and does not have the capability of fighting a fire whether it be a structure fire, wildfire, or vehicle fire. Our Wildland Truck can respond to vehicle fires within the road rescue boundary, but in a strange twist requires permission and a task number to respond to wildfires that are out of the fire boundary. Rather than trying to remember what Riondel FD can and can't respond to, in the event of any emergency wherever you live call 911; we are working with our dispatch partners as well as the Regional District Fire Services and Wildfire BC to always be contacted for these events so that we are at least made aware and can get eyes on the situation prior to Wildfire crews arriving. More to come next month.

**If you have any questions or comments regarding the services we provide or how they are funded; if you are interested in joining our team to move towards developing more fire services or to help with our many calls; or if you need an address sign to identify your property at 3AM for emergency services to find you quickly and easily please text or call 250-551-1352 or email us at cmedhurst@rdck.bc.ca or jplaumann@rdck.bc.ca**

# NDCU SERVICE UPDATE

by Tom Murray, CEO for Nelson and District Credit Union

I hope this message finds you and the ones closest to you healthy and safe. I want to stress that the safety and wellbeing of our employees, members and community continues to be our top priority. We continue to limit our hours of operation at all our branches, and strongly urge all members to conduct your banking remotely whenever possible.

**I am pleased to provide a service update for the Nelson & District Credit Union East Shore branch.**

It has been an unusual fourteen months, to say the least. When NDCU first implemented COVID-19 protocols we did not expect it to last this long, let alone into the foreseeable future. We are in a continual state of reviewing our protocols to strengthen our workplace safety for employees and members.

We appreciate your patience as we have severely restricted member access to the East Shore branch over the past 14 months as we made every attempt to maintain services with our small employee pool at that location. We reduced branch hours, with the branch closed to walk-in traffic, to limit exposure for employees and members. Thank you for your continued support with the restrictions we had to enact, and your adherence to our protocols.

**I am pleased to announce that the branch will re-open its doors to serve members in person, on Tuesday, June 1, 2021, for Tuesday-Wednesday-Thursday operations with restricted branch hours, of four hours:**

**OPEN to MEMBERS: 10am-1pm  
CLOSED for LUNCH: 1pm-2pm  
OPEN to MEMBERS: 2pm - 3pm**

## Please consider the points below:

- After the doors close on Tuesday-Wednesday-Thursday, employees will continue to serve members remotely until 3:45.
- The branch will be closed to member access Monday and Friday; service to members is remote, between 10:00-3:45.
- If you have travelled outside of Canada in the past 14 days, have had close contact with a person who tested positive for COVID-19 or experiencing flu like symptoms, please do not attend the branch.
- Masks are required upon entry for all members (masks will be provided if you do not have one).
- Please adhere to the Social Distancing protocol of 6 feet (2 metres) while in the branch, and while being served by an employee. This will allow for **only 3 members in the branch lobby, and only 1 member in the ATM vestibule.**
- Members may have to wait outside, prior to entry, if lobby/atm is at capacity.
- Upon entry, please hand sanitize at one of our stations in the branch lobby or ATM vestibule.
- Plexi-barriers are in place for the protection of employees and members.
- High touch-point sanitization protocols have been enhanced and employees are practicing proper hygiene.

**Please phone your branch, 250.227.9221, or email, info@nelsoncu.com, if you require service or support** – many of the transactions that are typically done in-branch, such as bill payments, transfers or ordering cheques, can be completed over the phone with one of our employees. We are here to help!

I appreciated your kindness and patience with us during these times. As a credit union, helping is at our heart. Thank you for your understanding.

Be Calm. Be Kind. Be Safe.



## Thoughts from the Frog Pot

by John Rayson

### PRIMARY CARE

The purpose of this column and the title “Thoughts from the Frog Pot” is not to present solutions but to stimulate individuals to give thought to issues that are current and not necessarily in the forefront of the news.

In the interest of complete disclosure, I was a Family Practitioner in a small Kootenay city for 27 years; was then and now remain committed to the concept of a family physician for all patients. During that period Family Physicians in small communities provided full-service coverage; including emergency room coverage, hospital visits, 24hr. community coverage, plus obstetrics; a delivery model that was not necessarily desirable nor sustainable. It is not that the Family Physician should deal with all problems but as an individual knowledgeable with regards the patient and family, is their initial contact with the medical system, should be in a position to assist in the navigation of what is becoming an increasingly complex and confusing system. In addition, we have increasing numbers of individual with long term chronic disease; diabetes, chronic pulmonary disease, renal disease and cardiovascular issues, all of which are a part of an aging population, requiring significant assistance with self-management over long periods of time.

Recently, there are many reports of individuals with difficulty in finding a primary care physician. These problems arise in all parts of the country, including

the Kootenays plus larger centres in the province. It is a national problem with up to 4.8 million Canadians lacking access to a primary care physician.

The problem is complex and many factors over a number of years have contributed. I was the first Medical Manpower Chairman for B.C. during my time with the B.C. Medical Association. In the eighties and nineties, there was a marked shift of physicians to specialties plus the number of females entering medical school, increased markedly. Women now comprise 50% of medical graduates. By necessity, females must take time out of their career for pregnancy and the raising of families: the result is a decrease in available physician manpower. At one point only 38% of graduating physicians were entering family practise, [thankfully, this trend appears to be reversing].

The above problems were compounded by; a profession that did not profess high regard for the provision of primary care, proper training for primary care was lacking and financial incentives absent. The public was oriented to instant care and the rise of the “Walk In” clinic, with instant access was adopted by the public and the profession. In many areas the emergency room became the point of entry to the health care system.

The issue of access to the health care system via the family physician has now become an object of interest. Many anecdotal reports have been highlighted by the media with resulting high profile reporting. A lack of access to Family Physicians does appear to be a fact in Canada, a phenomena which appears to be nation wide.

In recent history, women and children have been the ones to most access the health care system on a regular basis due to issues of childhood disease, maternal care and the early diagnosis of breast and cervical cancer. Males on the other hand have avoided contact with the system other than for emergencies. Now with

an aging population, the male segment of our society is much more concerned with access to the system. Our society has an increasing number of individuals with chronic diseases who are aging and many of whom [to our surprise?] are male.

In this column, I have attempted to provide a scope of the problem plus some of the long term issues contributing to this state of affairs. Canadians identify with and state that; our health care system is the best in the world. I have documented in other columns that we are only number one in the world compared to the United States. A number of independent studies have indicated the United States health care system ranks 37th in the world; thus we are 36th. We have much to learn.

In subsequent columns it is my intention to explore some of the solutions being considered to increase access for Canadians to primary care through an appropriate relationship with a Family Physician.

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## Young and Dumb

by Arlo Linn

### We're All Going to Die, and That's Okay

When is the appropriate time in your life to think about your death? Of course we all know that in the end we are going to die, but how often do we stop and think about what that will actually mean? For example, in recent thoughts on my own mortality I realized that I did not have a concise opinion or thought of what would happen to me after I died, in the spiritual sense of course. My body will most likely be dealt with in the fashion of the time, which is hopefully quite a few years off. For seemingly all of our species' intelligent life we have had some view of what the afterlife would look like, be it reincarnation, a heaven of some sort, or your spirit reentering the world upon your passing. These are questions which were solved by our ancient parent cultures thousands, if not tens of thousands of years ago. But in our new culture, which seems to value rationality and the scientific method above all else, sometimes to our detriment, we have lost our spiritual connection with death. For the first time in what may be thousands of years, some people's outlooks on death have become divorced from the cultural spirituality or religion we would have all at one point shared with our neighbours.

Even if one were to want to meditate on their death and mortality, where do you start to look for answers? if you were just to draw from western sources you would be limited in how you think about death, as the western philosophies seem not to focus on mortality as much as our eastern counterparts do. The ancient Greek

philosophy of stoicism offers a way of meditation on death through its slogan of “Memento Mori” which is translated as “Remember your Death”. It serves as a reminder that know matter your status or age, death is inevitable. This is not meant to be a morbid thought, rather it is meant to keep one humble, and to not lose sight of the fact that death comes for all, great or small. Memento Mori was sometimes told to victorious roman generals to keep them humble and remind them of their death. The stoics would also think about the death of others around them as to be better prepared for the possibility of their passing. Marcus Aurelius in his book “Meditations” wrote “As you kiss your son good night, whisper to yourself, “He may be dead in the morning”. Now if you are like me the first time I read this you are struck by the morbidity of this passage. Knowing something of Aurelius allows us to put this into context. Aurelius had 12 children, and he lost almost half of them in his lifetime through the various afflictions and ailments of the day. He understood the finiteness of life much better than most modern readers could. The passage above would serve as a reminder to love his children as much as he possibly could as their time on earth, as is everyone's, is not guaranteed.

In our culture it seems as if one moment you are too young and free to be bothered with the subject of your own mortality. Then a few years later (no one could tell you how many) death seems to be so close at hand that to think about or bring it up is too frightening a prospect. When does this leave us as human beings to grapple with the inevitability that is our death, it is the only inevitability in fact. The only thing we can count on in our lives is that at some point we are going to lose them, and yet so little thought is paid to it. I am unsure of how this can be rectified. The Buddhist monks of Bhutan think and meditate on death thrice daily, they take every chance to acknowledge the ever-present death around them, as death is always present around

us. The Bhutanese are not a sad or morbid people either, as they steadily rank in the top 10 happiest countries in the world. The ancient samurai would also think about their death daily, once upon waking and again as they went to rest. This served a practical purpose for a warrior culture that valued death in battle, but it also served a spiritual purpose that the samurai found rewarding. Death is not something to be feared, as to fear such a thing is to fear an inevitability. I understand the fear of death of course, and I for one am afraid of it, but I wish to lose my fear of death as I believe that holding no fear of your end allows you to better live your life unburdened by the fact of your own mortality. So if you are going to do one thing today, reflect on Memento Mori, and remember your death.



Check out these legends of Sunday Soccer and East Shore United. Some of the icons of our local team, left to right: Ted Wallace, Bob Schutter and John Edwards

Photo by Robert Marcheterre

## GRADUATES OF 2021

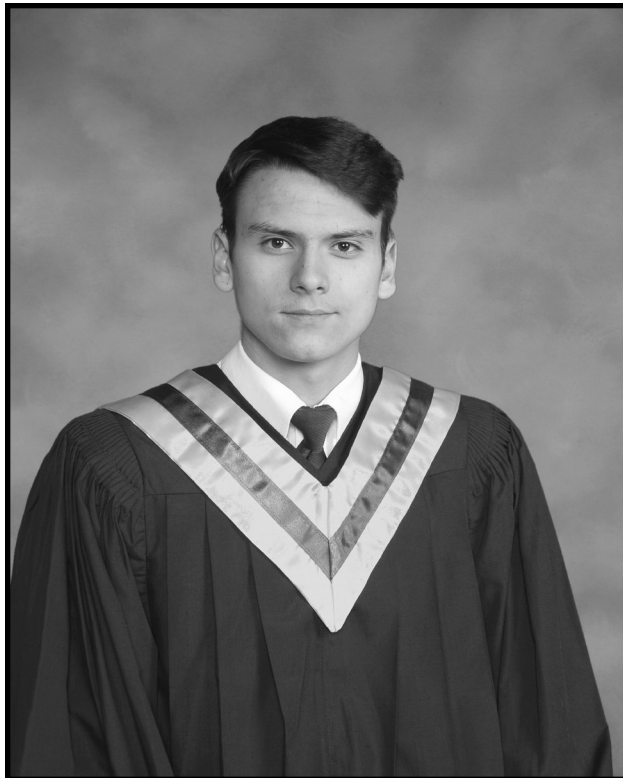


**EASTON AHLEFELD**

**Your history with Crawford Bay School and area:** The first time I came to Crawford Bay School was in Grade 5. It was very new and exciting, but then I moved back to Creston. In Grade 10, I came back and it was the same feel – new, full of cool activities and great people.

**Your plans for the future:** My plan is to be a carpenter and I'm going to get my red seal for carpentry.

**Your message to impart:** In this world, you either crank that soulja boy or it cranks you.  
—Soulja Boy

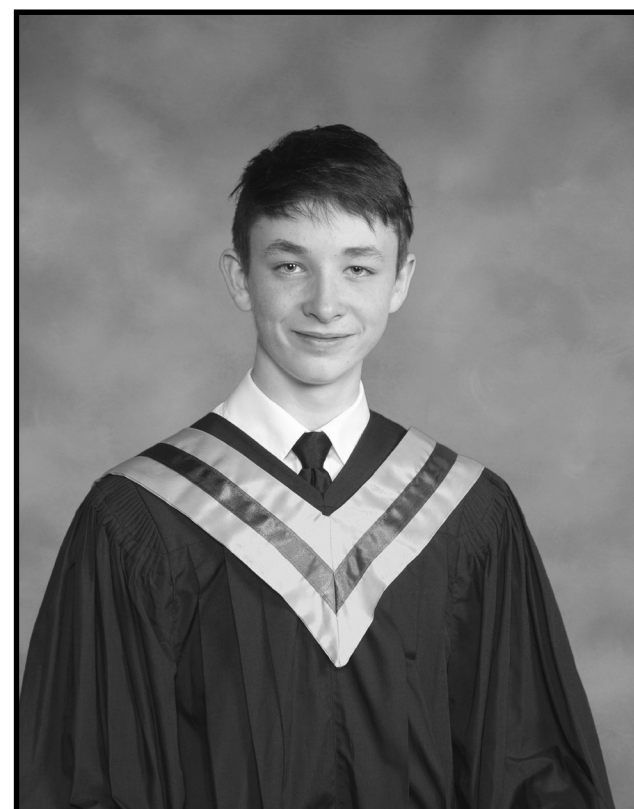


**BENJAMIN CRAWFORD ANDERSON**

**Your history with Crawford Bay School and area:** I have had 13 years with CBESS. I was born in Fort McMurray, Alberta and moved to Crawford Bay when I was 3.

**Your plans for the future:** not provided

**Your message to impart:** not provided



**GABRIEL PAGE-CHEVERIE**

**Your history with Crawford Bay School and area:** I have gone to CBESS for 13 years, from Kindergarten to Grade 12. I have really enjoyed my time here. They do a really good job at making it a calm, approachable place.

**Your plans for the future:** I plan to go to college to do a couple courses, then I want to go to university into Social Services, or at least that field of work, where I can help people.

**Your message to impart:** Don't sweat the little things.

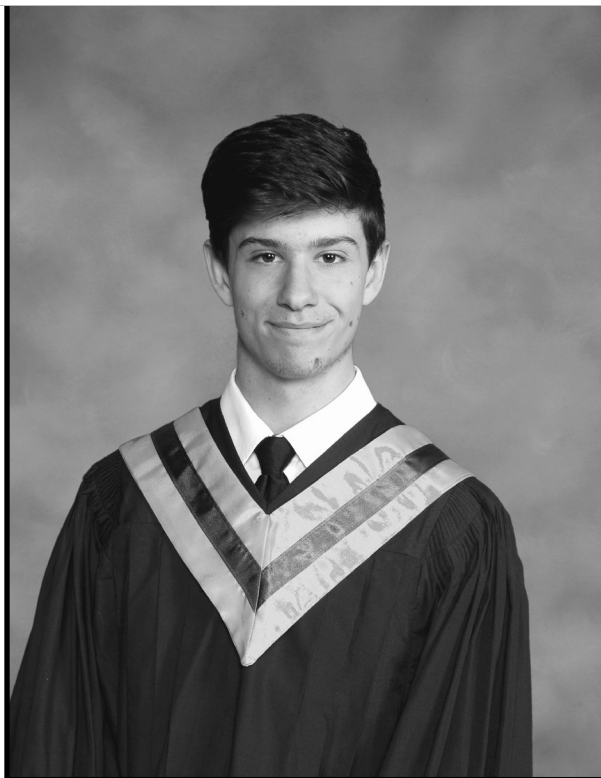


**LILYAN MAE SAUNDERS**

**Your history with Crawford Bay School and area:** I came to Crawford Bay School and year and a half ago from Calgary. My experience at Crawford Bay was an amazing small town experience. I never want to leave.

**Your plans for the future:** I plan on taking a gap year to work and then I plan to attend university to become a teacher with a Psychology and Art undergrad degree.

**Your message to impart:** Was released from her 4-year sentence.



**WILLIAM WILTZEN**

**Your history with Crawford Bay School and area:** I lived in Cranbrook for five years and went there for kindergarten, then I moved to Kamloops for one year and did first grade there and then moved to Gray Creek, BC in grade 2. I've been here for 11 years now and I have enjoyed my time at this school. I got to meet a lot of interesting people and explore a lot.

**Your plans for the future:** I'm going to Selkirk College for carpentry and plan to pursue jobs in the summer.

**Your message to impart:** You can always learn more.



Congratulations on your graduation, Gus!

You met every challenge with courage and determination, and in spite of the seemingly Sisyphean nature of your task, you managed to push that boulder right to the top (screw you, Hades!). We are so proud of you and love you with all our hearts. Love, Mom, Pop, and Grace

*"What makes a man a man?... Is it his origins? The way he comes to life? I don't think so. It's the choices he makes. Not how he starts things, but how he decides to end them." - Guillermo del Toro, 'Hellboy'*



## Emergency Support Services for the East Shore

Submitted by Jon Jackson, RDCK

As we approach the traditional emergency season (which in our area typically starts with the spring flooding followed by wildfires), the Regional District of Central Kootenay would like to remind residents to be prepared to be self-sufficient for a minimum of 72 hours after an emergency, and possibly up to a week, depending on the situation. A few minutes spent getting ready now can save a lot of headaches in the event of an emergency.

There are guides, tips and suggestions at our website: [www.rdck.ca/emergency](http://www.rdck.ca/emergency)

Preparedness, together with receiving timely notification of an emergency, is key. People can register on our website to receive emergency Alerts (be ready), or Orders (evacuate)

We encourage everyone to have a plan for somewhere to stay in case an evacuation becomes necessary, such as at the home of friends or family who live outside of the immediate area.

Other important things to consider include having sufficient medications, medical equipment (spectacles, hearing aids, mobility devices, dentures etc.), and vital information such as copies of insurance policies, personal identification, contact info for friends and family etc. ready in a kit.

Our new Neighbourhood Preparedness Program has been designed to guide groups of residents to collaborate with each other for mutual support in the event of an emergency: "Neighbours helping neighbours". Its a great way to draw on each others' skills and knowledge for everyone's benefit. Again, the information is available on the RDCK website.

I'd also like to mention the Emergency Support Services ('ESS') team, which relies on volunteers to provide short term help to people in their community that have been affected by emergencies. We currently have six teams around the region, but response times may vary depending on the location of the emergency. It would be helpful to have a few volunteers on the East Shore who would be willing to assist their neighbours with things like:

- Coordinating provision of food, clothing lodging
- Emotional support
- Pet care
- Transportation
- Providing information
- Family reunification

Full training will be provided, and volunteers will be connected within a network of other awesome volunteers in the region for support.

This is so important to help people impacted by emergencies, and really helps get them back on their feet more quickly. Our volunteers report that they love being able to support their community, and as a side benefit, they learn how to handle emergencies that could affect them and their own families.

There's more information available on the Emergency Management BC webpage here: <https://www2.gov.bc.ca/gov/content/safety/emergency-preparedness-response-recovery/volunteers/emergency-support-services>.

People interested in volunteering can contact me via email, and I'll be happy to provide more info.

## Chamber of Commerce Announces Executive Director Appointment and Organizational Changes



May 18, 2021 - The Kootenay Lake Chamber of Commerce is pleased to announce its appointment of Farley Cursons of Riondel as the organization's first-ever Executive Director.

He starts immediately in this part-time contract position.

"We are delighted to have Farley join our dedicated team of volunteer directors that work collaboratively to provide our business community with a high level of service and support. His knowledge of and devotion to the East Shore, as well as his ability to gather people to work together toward common goals, will serve us well," says KLCC President Gina Medhurst, owner of Kootenay Forge.

Gina also noted the Chamber's appreciation of the Economic Development Commission/RDCK Area A funding for the Executive Director position in 2021, and the support of Area Director Gary Jackman.

First priorities for Farley's work will include connecting with current and potential members, taking over some administrative functions currently handled by volunteers, investigating communication and educational opportunities for members, and connecting with regional business development associates.

His professional and volunteer background includes Executive Director of East Shore Trail and Bike Association (ESTBA); Project Manager for Creston/Kootenay Lake Economic Action Partnership establishing an agriculture worker campground in response to COVID-19; Project Manager for Building East Shore Tourism (BEST) and Executive Director/Co-Producer of Starbelly Jam, a leader of Guiding Hands Recreation Society, plus various local committees and steering groups in RDCK Area A.

"Please welcome Farley to this new position and offer your support," adds Gina. He may be reached at [executivedir@kootenaylake.bc](mailto:executivedir@kootenaylake.bc).

In other Chamber organizational news, business and personal priorities triggered by the Provincial 'reset/lockdown' have led to changes in volunteer leadership. Gina returned to the role of President this month due to the resignation of Ron Mondor of Destiny Bay. "We express our deep gratitude to Ron for his years of leadership and dedication to the East Shore business community. We will miss him and wish him well," Gina says on behalf of the entire Board. Richard Bertram, general manager of Kokanee Springs Golf Course and Resort, also stepped down as Vice-President and will continue as a director, including representing KLCC on the Nelson Kootenay Lake Tourism Board. Megan Rokeby-Thomas, owner-operator of Ladybug Coffee of Kootenay Bay steps into the Vice-President role.

### Other current directors are:

Karen Arrowsmith – Secretary, owner Arrowsmith Gallery  
 Lois Wakelin – Treasurer, owner of Lakeview Store  
 Herve Blezy – owner of Blezy Consulting Inc.  
 Megan Rokeby Thomas – owner of Ladybug Cafe  
 Gauri Taylor-Topp - resident of Yasodhara Ashram  
 Janet Wallace – owner of Barefoot Handweaving

The Chamber board looks forward to an energizing, focused year in which members' interests are enhanced in innovative, sustainable ways.

## Board the Best Shore Bus this Summer!

submitted by Dee Gilbertson

The East Shore Transportation Society is looking forward to a second season of delivering nutritious farm fresh vegetables from Cartwheel Farms of Creston, all the way to Riondel on Wednesdays! Contact Cartwheel Farms at [cartwheelfarm.com](http://cartwheelfarm.com) or 250-254-5525 for more details. We are again grateful for this opportunity to collaborate with Cartwheel Farms.

Planning a weekly trip to Creston during a pandemic using our old and high maintenance bus has proved to be a stressful financial challenge. As we are able to only carry five passengers at this time, and a general decrease in social events due to Covid-19, along with the unpredictability of planning for the entire season, we have decided that it may make the most sense to try and gather a "bus full" (which is five passengers currently) charging \$25 per passenger (return trip) and also rely upon the generosity of some of our grant funding to fund the costs of a pre-planned trip to Creston. Given the type and age of the bus we are operating, the cost of a trip to Creston outweighs what most people would feel reasonable for the cost of fare. The restrictions of Covid-19 have caused the cancellation of events that would have provided profit to us to then attempt a weekly trip to Creston, despite the assured negative operating cost to do so.

If you would like to ride the bus to Creston in July (date to be determined, input appreciated!) please contact Dee at [esbus@gmail.com](mailto:esbus@gmail.com) or 250-551-8800 to put your name on the list. She will contact all interested riders by June 21 to confirm details.

We hope that you were able to provide your input via the survey promoted recently in our area by BC Transit. It is our opinion that the overhead required to initiate a true public transit service will need to be provided through government services and hope that this survey will be the first step in BC Transit attempting to offer that to us here on the East Shore. In the meantime, we will continue striving to find ways to be involved in the transportation needs of our residents and visitors and hope to gather enough riders to see the bus travelling to Creston this summer! (Saturday markets? Weekday trips to the Rec Center?)

Thank you for your ongoing support from the ESTS Board of Directors.



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**SERVICE UPDATE FOR EAST SHORE BRANCH**

**Nelson & District Credit Union** wants to assure you that the health and safety of our members, employees and the East Shore community is a top priority. We appreciate your kindness and patience with us during these times.

The East Shore branch will re-open its doors to serve members in person, on Tuesday, June 1, for Tuesday-Wednesday-Thursday operations with restricted branch hours.

Call the **East Shore branch** directly at **250.227.9221**, visit [nelsoncu.com](http://nelsoncu.com) or review the complete communication in this issue of **The Mainstreet**.

**TOM SEZ JUNE 2021**

by Tom Lymbery

**T**ouchstones Museum is planning an event commemorating LGBY4Q2S+ and is asking for submissions.

**A**Mexican bank – Banco Intercam emailed Mothers Day greetings! They also credit 3% monthly on your chequing account and email a monthly statement showing transactions.

**A**new use for turnips – some gangs use them for silencers - Holding one in front of the gun. Perhaps they might lose a few fingers?

**T**he chipper shredder has made a much better on the Riondel Road than the smasher thrasher which previously left such a mess.

**2**021 breakup of the Yukon River at Dawson City was May 6 at 4.21 pm. This is recorded when tripod on the ice moves a wire to a clock on shore. Records of this event go back to 1898 when there were 30,000 people in Dawson for the gold rush. The ferry, George Black is back in operation so the Top of the World highway to Alaska is open.

**L**ennard Pretorius reports that 150 have signed up for Epic 1000 – the exhausting cycle race from Merritt to Kimberley with the front runners coming through Gray Creek June 30<sup>th</sup> and crossing the Pass to Kimberley.

**W**ith recent warmer weather we expect the Gray Creek Pass to be basically snow free by June 25<sup>th</sup>. An ideal time to see pink snow – an algae that the spring sun forms in the crust.

**W**e have little idea where lumber some from – I see a skid of white spruce from an Alberta sawmill in our lumberyard.

**K**okanee Karnival of Sports that attracted 3000 people to the logging sports and horse show was always plagued by rain – this dry May would have been ideal,

**A**fter reading the *Mainstreet* article about Standard Time, Greg Nesteroff reports that Sanford Fleming invested quite extensively in Kootenay mining stock, but doesn't appear to have ever visited here. In 1897 the prospects of making a fortune in the Kootenays was almost worldwide news.

**Riondel Golf Club**

by Riondel Golf Club  
Board of Directors

**INVITATION:** The Riondel Golf Club is Celebrating our 60th Anniversary (Est.1961). From the staff to volunteers, the dedication and caring of many people over 60 years has been truly amazing. To celebrate our 60th, we are having weekly draws for members. There is still time to get your membership and be entered for the draws of gift cards, certificates or golf passes donated by local businesses.

Check out our website [riondelgolf.com](http://riondelgolf.com) for affordable pricing. The seasoned golfer will find the course a challenging way to sharpen up your short game. The casual golfer will find it is a great way to enjoy a walk or ride with all that nature can provide, and socialize in a safe way. We are following all Covid protocols to keep everyone safe. Please familiarize yourself with our protocols on our website before coming to the course.

We would like to thank our many Local Sponsors who have provided prizes for our 60th Anniversary Draws: Crawford Bay Market, Gray Creek Store, Bob's Bar and Grill, Chris Noakes Realtor Coldwell Banker Canada, Save On Foods - Creston, Kal Tire - Creston. Independent Grocers Pealow - Creston.

Hope to see you out there golfing.



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The Ladybug would like to express our thanks and appreciation for Mr Messinger and his Grade 7-9 Woodworking class from Crawford Bay School. They made us 10 beautiful planter boxes that we are so proud to display (see above photo). Thank you!

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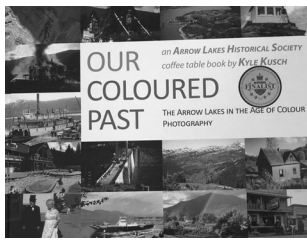
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## BOOK REVIEWS

by Tom Lymbery



**OUR COLOURED PAST - THE ARROW LAKES IN THE AGE OF COLOUR PHOTOS**, BY KYLE KUSCH, Arrow Lakes Hist Society, 350 photos, hard cover, \$41.95

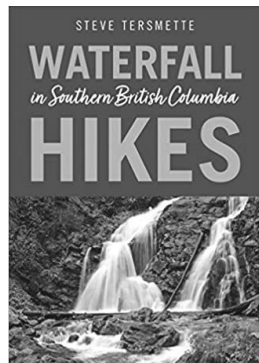
Here's a stupendous collection of 350 photos in full colour. A man came to Nakusp in 1940 with the then unknown colour film so this goes back 81 years. Kyle has selected the best both historically and in print. Kyle showed these Nakusp photos in full colour at the Arrow Lakes Theatre for the 2014 BC Historical Federation Conference in Nakusp. I saw these but it is delightful to be able to savour each photo in your own time.

Many of Ellis Anderson's excellent colour post cards are included. One of the community of Renata is most striking as it shows hundreds of fruiting cherry trees in full bloom after all of Renata's buildings have been burned before the disastrous flooding that ruined so many communities. Ellis was able to picture the whole town with every tree completely flowering. Renata was sufficiently isolated that it wasn't hit by the Little Cherry Disease so it was BC's largest producer of cherries in the early 60s.

Also included are many historic photos collected by Greg Nesteroff. Greg's "Lost Kootenays" should be out this fall, with so many of the photos and descriptions that the ever popular Lost Kootenays Facebook page attracted. Greg's great resource of old time newspaper reports answers many of the questions triggered by the photos.

Kyle Kusch's selection includes many photos from before the tragic flooding of the Arrow Lakes by the High Arrow Dam at Castlegar. The back cover of this book says it best "Filled with historical facts, stories, and whimsical anecdotes, Our Coloured Past is a gateway into the recent past of one of British Columbia's unique regions."

**WATERFALL HIKES IN SOUTHERN BRITISH COLUMBIA**, by STEVE TERSMETTE, Rocky Mountain Books, 224 pages, \$22.00



Virtually all waterfalls in our Southern Interior are included in colour photos, with maps, driving and hiking directions and descriptions so this book is most valuable to everyone. Even if you can't get away to some of these locations its

exciting to see and read of those waterfalls, we with abundant rain and snowfalls are so fortunate to have. What a gift to a friend who perhaps lives in Arridzon! There are 91 clear waterfall photos - you will surely take your own but these in the book are the best.

Even though the coloured photos are the important features of this book, Steve's writing enhances the text enormously. I found myself reading about the access to waterfalls in Yoho National Park and Glacier National Park that I had never heard of, for Steve emphasizes the best that are often passed by because they are just a little further than the best known. His descriptions make me wish that I was not afflicted with a fear of heights that prevents me from so many trails. Though this book tells you that access to 80% is "easy" and the rest "moderate" so don't be discouraged by my problems. Steve lives in Kimberley so is in the middle of the area he describes.

The West and East Kootenay sections are familiar to most of us but the Okanagan and the National Parks are not that far away - though some attract so many visitors that Steve advises what time of day to go. There is also a list of Favourites divided into titles such as To Get Wettest, Best Swimming Holes, Best places to spend a night, Best picnic sites. This is a book to take with you, or you'll wish you had remembered it.

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## Seldom Scene

by Gerald Panio



*"When the tree falls, the monkeys run."*

I can't remember if I've ever done a column with multiple mini-reviews, so this may be a first. I've had a few fun films rattling around in my head over the last while, and here they are in all their ragged glory.

First off the mark is a recent Netflix documentary, *The Last Blockbuster* (2020). Directed by Taylor Morden and written by Zeke Kamm, this is the story of the last Blockbuster video store left standing in North America. It's in Bend, Oregon, about a thousand kilometers to the southwest of us. The "star" of *The Last Blockbuster*, aside from the store itself, is owner/manager Sandi Harding. Nicknamed "Blockbuster Mom," Sandi could be the patron saint for enterprising small businesses everywhere. Gregariousness personified, she has combined energy and initiative to keep her store alive & well when 12,000 other Blockbusters worldwide bit the dust. During her tenure, she has seemingly employed half of the young people in her town. In the spirit of diversification, her store is also a mini-mart of snack foods and kitschy memorabilia. Sandi has been unrelenting in her quest to offer her customers the widest, coolest selection of films she can possibly get her hands on. True movie love. At a time when documentaries are trending towards the apocalyptic & dystopic, *The Last Blockbuster* is flat-out inspirational. But you don't have to drive to Bend to get a taste of Sandi's spirit. Reo's Videos, in continuous operation in Nelson since the 80s, has just reopened at its new 225 Hall Street location. I'm waiting for our West Kootenay historian, Greg Nesteroff, to do a home-grown documentary on Reo's. Launched by Reo Rocheleau in 1987 out of the back of his corner store, Reo's Videos became one of the finest independent video stores in the country.

Next on the marquee is *Soldier of Fortune* (1955), a Clark Gable film you've likely never heard of unless you're a fan of Turner Classic Movies or the Fox Movie Channel. Director Edward Dmytryk doesn't get a lot of love from film historians these days, particularly for his later films. That may be karma for his abject recantation before the House Un-American Activities Committee in 1951. His testimony got him off the industry's blacklist, but helped incriminate several of his former colleagues. *Soldier of Fortune*, if mentioned at all, is generally dismissed as another Dmytryk dud. The basic plot is unremarkable. Susan Haywood plays the role of Jane Hoyt, an American woman who travels to Hong Kong to try to discover the whereabouts of her husband. Louis Hoyt (Gene Barry) has disappeared while on a dubious photographic expedition in Communist China. In desperation, Jane enlists the services of Hank Lee (Gable), a roguish American expatriate who controls much of the smuggling trade in the waters off Hong Kong. Naturally, Jane is not immune to Hank's seductive wiles. But this is where

the film turns from banal to remarkable. Here we are in the middle of the Father-Knows-Best and puritanical Hollywood Production Code 1950s, and we suddenly have a film that frankly declares that sometimes a marriage just doesn't work and a woman is free to choose another man if she wants a better shot a happiness. I did not see that coming. And it's not because Louis Hoyt is a jerk. There's a reason his wife is risking her life to rescue him, and his friends have raised \$7,000 to help her on her mission. Jane remains loyal to the man, but not to the lover. She's tired of playing second fiddle to Louis' addiction to risk. I'm going to stick my neck out here and say that *Soldier of Fortune* could be one of the most mature, adult films of the 1950s. The Haywood-Barry-Gable triangle is both surprisingly understated and emotionally convincing.

There's more that I liked about the film. No one gets killed, or dies tragically to fulfill a cliché. All of the secondary characters earn their salaries—Michael Rennie as a stoic, bemused British police officer; Alexander D'Arcy as a dissolute French roué, Tom Tully as a misogynistic bar owner, Mel Welles as a Portuguese lowlife running the world's sleaziest language school, and Grace Chang (a future star of Hong Kong cinema) as a young sampan-based prostitute. Not at all a given at this time, several Asian characters have speaking roles, and all are actually played by Chinese actors. Hank Lee's junk is a boatbuilder's dream. There's fine location shooting in Hong Kong by veteran Director of Photography Leo Tover. And one really impressive Chinese-junk-mounted 20mm anti-tank cannon that, 20 years later, was featured in Clint Eastwood's *Thunderbolt and Lightfoot*. Lastly, some very clever editing—Susan Haywood was unable to leave the U.S. to shoot in Hong Kong because she was involved in a nasty divorce and custody battle, so all her scenes were shot on the Fox backlot and on stages in Hollywood. *Soldier* was Clark Gable's first movie as an independent freelancer, after a 25-year reign at MGM.

Moving on from the unjustly maligned to the batshit crazy, we have *Fantasy Mission Force*, a 1983 Jackie Chan vehicle directed by Yen-Ping Chu, co-starring Jeremy Wang Yu and Brigitte Lin. There is nothing I can say that will fully prepare you for this film. But I'll try anyway. Let me start by suggesting that it's a Chinese version of *The Dirty Dozen*, *The Wild Bunch*, and *Mad Max*, scripted and shot after a drug-induced, prolonged derangement of the senses. Jackie Chan fights with a chicken. It's World War II, and the Japanese have occupied a zone around Hudson's Bay. Or maybe Luxemburg. I'm not sure. In any case, there's lots of dense jungle. The climax involves an attack on a fortified barn (I kid you not) by Japanese Nazis waving flares and riding swastika-plastered American muscle cars. There's also a haunted house sequence with haunted toilet paper, ghosts cheating at mah-jongg, bunny-hopping vampires, and music stolen from *Halloween* and *Planet of the Apes*. There's Mack Sennett slapstick featuring bluegrass banjo music and Chinese soldiers in kilts. Flying color-coded Amazons with deadly bedsheets. Ku Klux Klan cavemen. Abraham Lincoln as a WW II American general. As one critic wrote, *Fantasy Mission Force* teaches us that "1940s Canada was a pretty strange place" and "the

1970s Lincoln Continental was the car of choice for the battle-ready Roman centurion in the World War II Canadian wilderness." And let's not forget Brigitte Lin with a horse and a bazooka blowing up her own house for no reason whatsoever, a harmonica version of "Camptown Races," the 25 giant explosions, and an astronomical body count. This is the ultimate What the F—? movie because that's what you're likely to be saying every five minutes as you watch it, even if you've never sworn before. One critic linked *Fantasy Mission Force*'s lunacy to a Hong Kong film genre called *mo lei tau*, variously translated as "makes no sense" or "cannot differentiate between head and tail." Its leading exponent is Hong Kong filmmaker and actor Stephen Chow Sing-chi. I've obviously got some homework to do.

I'll end with two documentaries about music and politics. The first is *Bob Marley: Uprising Live!* The 1980 Uprising Tour was Marley's last before his death at age 36 in 1981. The concert featured in the DVD was filmed in Germany, at Dortmund's Westfalenhalle, for the German TV series Rockpalast. It's awesome to see and hear Bob Marley at the height of his musical mission for peace, justice, and brotherhood. Backing him on 18 songs are the Wailers and the I Threes. As a bonus, the concert opens with four superb songs by the I Threes—Rita Marley, Marcia Griffiths, and Judy Mowatt. Coming after 9/11, these lyrics from "That's the Way Jah Planned It," sung by Rita Marley, seem eerily prophetic:

*Jah Jah made the land and waters  
He made the moon and stars  
Man thinks he can make it better  
But now he's gone a bit too far  
You're building automatic weapons  
And razing building stone  
But Jah Jah is the Master  
And he knows when they'll fall  
They must fall yeah.*

*Shut Up & Sing* (2006) is about a different kind of fall. And rise. At a 2003 concert in London, the Dixie Chicks' Natalie Maines made a one-sentence impromptu comment that had the impact of a hand grenade on the most successful band in North America. A lifetime's work upended in seconds. The 2006 documentary by Barbara Kopple and Cecelia Peck shows what it was like to be the sudden full-on target of the predatory patriotism and vitriolic vilification that would become the hallmarks of the Trump presidency. And that continue to infect American politics to the point where democracy risks being choked to death by a tidal wave of disinformation, sycophancy, hypocrisy, and intolerance. The Dixie Chicks (now just called The Chicks) didn't make nice in the years after 2003. They weathered the storm. There was a Grammy-winning album in 2007. A sold-out reunion tour in the U.S. and Europe in 2016. They are currently the best-selling female band in the U.S., and the best-selling country group, in the period from 1991 to the present day. But I wonder how the landscape looks to them now. The title of their last album was *Gaslighter*, not exactly a reason to celebrate.





# Tom's Corner

by Tom Lymbery  
Plane Trees

~And More~

Arthur Lymbery came to Gray Creek in 1911 to pursue his lifelong passion – TREES. Having qualified as a lawyer in Nottingham England, Dad was attracted by Canada's promoting fruit-growing as a pleasant life – plant trees and enjoy fishing and hunting while you wait for the trees to produce. Most fortunately he was given the advice that water was most important, so he found a 100-acre property here with Croasdaile Creek and the smaller Oliver Creek running through it, with both creeks able to ditch water to his orchard.

Dad's plantings included not only fruit trees but also a walnut grove around the house he built. The walnut trees still stand today, to the delight of bears which Janet and Rob Schwieger can hear crunching up the nuts in the fall. He became a sales rep for Layritz Nurseries in Victoria, and for many decades he ordered in fruit and ornamental stock for local friends, customers and our own family. Upon finding the Nottingham medlar in the Layritz catalogue, he planted one the next spring, took up grafting, and grafted several medlars to our native thorns. Among his many other non-native plantings were mulberry, copper beech, linden, red horse chestnut, sugar maples, even giant sequoias.

In 1931 when the new highway from Creston was completed as far as Gray Creek, the SS Nasookin became the Kootenay Lake ferry, landing at the new Gray Creek wharf. The highway ended just past the ferry parking area. Dad installed a gate across the road at the spot where his little store once stood, and the path continued from there to his orchard and ranch house. He planted a row of London plane trees along here, and they survived with the small amounts of water he was able to give them. While the Gray Creek Relief Camp was in operation in 1936, its crew began to extend the highway from the wharf north along the lakefront, so Dad moved some of the plane trees further up to where the road curved. Road foreman Lawson Hepher had his crew continue this road north, and by 1942 it was in use as far as the Rockwood Café where it joined the original eight-foot road to Crawford Bay.

Paving the highway in 1949 brought an unexpected benefit to the plane trees. Rain from even a brief shower would run across the pavement to the row of trees, and they began a steady growth. When we had a problem with BC Telephone pruning the plane trees, Dad resolved the issue by contacting a senior supervisor in Kamloops, who had the line move to the other side of the highway.

In our new house below the store in its new location above the beach, my parents found that the sand grew everything well with the addition of some cow manure. I was offered ten cents for each graft I made for a flowering may on a wild thorn, and also some

medlar scions on wild thorns that were frequently found at the top of the beach. More exotic trees were planted, such as the large European beech tree by the Lions recycle bins at the Gray Creek Store. In the Auto Camp, Dad planted copper beech, sugar maples, a red oak and more. He bought acorns and a row of oaks became the border for the road to the boat ramp. A good crowd was on hand for the May 12, 1937 planting of two Windsor Coronation oaks to observe the coronation of King George VI. They still stand tall today, one at the top of the former Gray Creek wharf and the other at the junction of Oliver Road and the highway. Both are marked with historic signs.

*"The health and the economic security of the human race depend on how well the forests of the world are managed. (...)" - Richard St. Barbe Baker, Green Glory, 1949*

Dad joined the Men of the Trees organization (now International Tree Foundation) begun by his friend Richard St Barbe Baker 100 years ago. Baker was a true environmentalist who devoted his life to global tree reforestation. A professional forester, Baker launched his tree conservation movement in Kenya in 1922 by inspiring the local Kikuyu to hold a Dance of the Trees, which engaged them in tree planting. Baker had worked in Saskatchewan to learn how trees preserve water as well as stabilize soil. He became

friends with John Diefenbaker who later became Canada's prime minister. Baker had a knack of connecting with important and influential people worldwide - which was most fortunate as he had little funding and depended on others to provide his transportation and other needs.

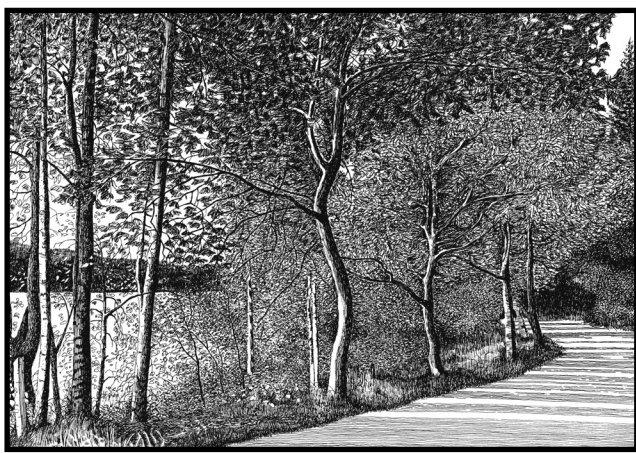
Creston photographer Ellis Anderson took great care to get the best shot for his postcards. In 1974 Ellis chose his photo of the old Gray Creek Store with its Japanese ornamental cherry in full bloom for his new souvenir postcard of Gray Creek. He wrote on the back of the postcard: "The resort and store at idyllic Gray Creek bring a breath or rural English charm to Kootenay Lake (...)

Rows of plane trees, [ornamental] cherry and hawthorn were planted to grace this lovely lakeside haven. The flowering tree in the photo is a Japanese Hisakura Cherry." Dad grew the cherry tree from his 1937 graft onto a seedling from a tossed cherry pit. We bought 1000 copies of this card and still have many in stock. Ellis also collected history books, and when I paid him for the cards he often spent some of it for a new history book.

Mother was just as enthusiastic about trees as Dad, even including them in her write-up for the Auto Camp. You can read much more about my parents' legacy of heritage trees in Part Two of my book, "Tom's Gray Creek". For more on Richard St. Barbe Baker, see Wikipedia: [en.wikipedia.org/wiki/Richard\\_St.\\_Barbe\\_Baker](http://en.wikipedia.org/wiki/Richard_St._Barbe_Baker), and Paul Hanley's excellent 2018 biography, *Man of the Trees: Richard St. Barbe Baker, The First Global Conservationist*.



Ellis Anderson's 1974 photo of the old Gray Creek Store and its blooming cherry became the iconic Gray Creek postcard image. Photo gift of Heather Lyon (Don Lyon) via Greg Nesteroff, GCHS 2014.017



Creston artist Bruce Paterson's pen-and-ink drawing of the row of London plane trees north of the old Gray Creek Store, courtesy of the artist.

# Blast from the Stacks Riondel Library News

Muriel Crowe, Shirleen Smith  
& the Riondel Librarians

Mother Nature has thumbed her nose at us insignificant humans once again, this time rolling her eyes at our kvetching about being confined to our homes and very small circle of contacts for a whole year. "That's nothing!" Ma Nature scoffed this month, "Behold a terrific swarm of cicadas emerging from the earth who just spent the last 17 years in lockdown! Do you see them complaining?"

Here at Riondel Library, seldom is heard a discouraging word. We remain closed to in-person book browsing so contact us to request books or for assistance in selecting what you'd like to read. Return your books at our handy slot - and recycle your batteries while you're there.

Also now's the time to enter the immensely popular Around the World in 80 Books contest! There will be only one more monthly draw. Tell us where you travelled lately – between the covers of a book. Last month, Dave Pridham was the lucky winner.

However, don't despair if you fail to nab a book prize in this contest. We're launching a new one: What Book Am I?. For the next three months, there will be a puzzle to solve in the Blast from the Stacks Mainstreet column. Submit your correct entry for a chance to win the monthly prize. Your entry will also be eligible for the Grand Prize Draw in August: a gift certificate for Ladybug Coffee! This month's puzzle is an anagram. Hint: it's a recently acquired book in the Riondel Library, set in the Kootenays. Unscramble the letters to reveal the title and author:

**ROU BCASK DAMREW YB HET NUS**  
by RAVE FLAMFO

Good luck Riondel Library patrons! Let the summer reading begin.

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Monday/Wednesday/Saturday 10-12 am  
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[the\\_librarian@bluebell.ca](mailto:the_librarian@bluebell.ca)

**Around the World in 80 books Contest**

Last call! To enter: take out a book and tell us where you travelled. Enter with every book! A book prize every month!

**What Book Am I? Contest**

New contest: solve the puzzle in this column. Email your entry to the library (or phone it in if you prefer). Correct entries go into the monthly prize draw and the Grand Prize draw in August.

**Next Deadline:**  
**June 23, 2021**  
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## Smarter Than Jack or Jill

by Sharman Horwood

*Animals are smart, amazing creatures. If you have an animal story you'd like to share, please contact me at shhorwood@gmail.com.*

### Voices, Part 2

(Thank you, Gerald Panio, for passing the National Geographic articles to me. They were so interesting and led to these two columns.) A great deal of communication is going on all around us, all the time, and we are at an exciting moment when we are starting to learn how to understand the natural world's different voices. To start with, much of our awareness of them comes because we have started to understand the context, the events that surround these species' lives. Scientists are connecting behaviour to the animal's sounds or actions, and it is revealing a lot. Animals learn to adapt their behaviour when it is not effective. In other words, they learn, and this accumulated knowledge becomes the species' or clan's culture, clarified as "the ability to socially accumulate and transfer knowledge" (Craig Welch, National Geographic, May, 2021).

Animals use language in part as identification, even at times using specific sounds to indicate particular members of their species. Dolphins, for example, learn whistle sounds that are key to identification: "Every dolphin learns a unique signature whistle from its mother, which it keeps for life." They remember each other's signature whistles as we do each other's names. (Virginia Morell, ScienceMag.org, April, 2021). Dolphins have also developed a sense of team membership, based not on friendship but on previous cooperation from members of their group. Researchers call them cooperative alliances, and we have only just

learned that this occurs among dolphins and whales in particular.

Researchers are starting to identify the context of sounds. For example, prairie dogs use a variety of calls. When alerting each other to danger, they have specific calls to indicate whether the danger is from hawks, coyotes, or even people. "They'll even produce different sounds if the person they see is tall or short, or wearing white or red" (Craig Welch, National Geographic, April 2021). In other words, they are communicating about distinctive characteristics they've identified. In order to understand this, researchers had to look at the context of the sounds: where they were voiced, under what circumstances they were made, and even which member of the group is voicing the alert.

Part of understanding context comes from observing behaviour and linking it to specific sounds. In the case of whales, scientists are trying to determine when the sounds are made. (The researchers refer the sounds as "codas," a series of complicated clicks that are repeated.) Do they come when the whale is about to hunt? Or when the whales are initiating mating? Do they use a particular arrangement in the codas, ones that would identify as grammar or syntax, as we use in our sentences? Context could answer these questions.

A team of researchers is applying these principles to whale sounds, not just their songs. (Only four species make actual songs, but all of them make a wide variety of sounds.) Whales, like dolphins, identify each other with "specific click patterns which they appear to use like names" (Craig Welch, National Geographic, April, 2021).

The research is showing, too, that different clans of whales have their own dialects. Orca from the Northern Pacific use similar sounds to those of the south but with variations in consistency and organization. Orca from the Northern Atlantic use quite different codas within each group. However, the scientists are focusing more on sperm whales because they have the larg-

est brains in relation to their body size. Sperm whale clans use different dialects when communicating with each other as well. All of them use click patterns, and they learned these codas from their group just as human children do from their families, by imitating the adults, and babbling repeated series of sounds over and over until they come to associate sounds with certain situations or things.

Also, according to the scientists, language among humans evolved "to mediate social relationships" and sperm whales have complex social lives, says Shane Gero, who has recorded thousands of codas among sperm whales, carefully noting where they are, which other whales are nearby, and what they are doing at the time they make the coda.

There is a great deal of information for the researchers to analyze, literally thousands of codas to track, noting the context of each series of clicks. In order to do that, they are looking to artificial intelligence, or AI, to help them. The research team consists of five experts: marine biologists David Gruber and Shane Gero, with their recordings of sperm whale communication; the whale biologist, Roger Payne; a Harvard roboticist, Robert Wood; and Daniela Rus, a director of computer science and AI research at MIT. Michelle Fournet, an acoustic ecologist at Cornell University, points out that humans tend to evaluate animal behaviour in terms of human behaviour. For example, we tend to think a dog licking our face is similar to a human kiss. The act is a sign of connection, but doesn't have the same affection as a kiss. Dogs are focused more on establishing relationships within the pack. She says, "Artificial intelligence can weed out our biases and more accurately find meaning in communication and behaviour" (Welch, National Geographic, April, 2021). As a result the team plans to use AI to match click codas to whale behaviour in order to gain a clearer sense of what is being communicated. **Continued next page...**

## For the Love of Genre

by Sharman Horwood

### The Parallel of Sisters

Have you ever reluctantly picked up a book, certain that you won't be interested, and then found you couldn't put it down? That was my experience with Maggie O'Farrell's *The Vanishing Act of Esme Lennox* (2006). The novel is written with page-turning energy, and covers a range of topics, including family relationships and all the secretive malice that can go with any association. The book also underlines the stress due to the disconnection between cultures: a young life lived in India and then in Scotland.

Esme Lennox is an elderly woman who has lived in a psychiatric hospital for sixty years, since she was sixteen. Her first memories are of the family's life in India. There they were wealthy, and the servants looked after the children. This meant that most of the time the children could please themselves. When they left India, Esme was a young teenager, an intelligent, active child who was also headstrong. Scotland, however, was a different world with different social obligations, all of which she resisted.

Her sister, Kitty, however, was able to manage the transition. To her it was an exciting adventure so she did her best to fit into 1930s polite society in Scotland. She was willing to wear gloves when she was out. Esme wouldn't, despite her mother's disapproval. Kitty obeys her parents, behaving like the other girls from school. She makes many new friends in her classes. Esme, however, doesn't. She's smarter than the other girls in class work; she is also not interested in fashion or the attention of boys. She is tall and gawky, and dismissive of her classmates. She frequently embarrasses her family. She refuses to acquiesce to her parents' demands. She doesn't want to pay attention to boys; she doesn't understand why her classmates taunt her. After a short time and many quarrels, her parents are

exasperated. At one fateful party, Esme's behaves very badly. Her parents decide that she will never behave well, and they commit her to a psychiatric hospital at the age of sixteen. Neither her parents nor Kitty go to visit Esme after she is institutionalized. Essentially, she is forgotten.

After sixty years, the sanatorium is closing. The experts' psychiatric assessment of Esme is that she will be able to live on her own. She will have to make some adjustments, but she is otherwise rational. However, Esme has only one relative who can help her, and that is Kitty's granddaughter, Iris Lockhart. Kitty herself is still alive. She has Alzheimer's and apparently doesn't recall much of the sisters' past as a family. She, too, is now in a home. Her granddaughter, Iris, is a fashionable young woman in modern day Edinburgh, where she runs a dress shop. She has never been told anything about Esme. She didn't know that her grandmother had a sister. To her dismay, Iris receives a letter notifying her that her great-aunt is about to be released and that Iris now has power of attorney over Esme's affairs. She is also told that she will be responsible for helping Esme adjust to modern life.

When she does gather Esme from the institution, Iris quite likes her. She begins by showing her great-aunt around modern Edinburgh, and then takes her home. The house is the same house that Esme lived in when her family returned from India. It has all the memories, all the disassociation when trying to place a modern context against the memories that still cling to her thoughts. One room was where the linen was kept, another where the servants stayed, and the room Iris gives to Esme used to be a storage room. Things have changed. Esme is told that Kitty is alive, living in a home herself. Esme very much wants to visit her.

In a way this novel is more literary than mystery, although the entire story has mystery elements to it that are reminiscent of novels like Daphne Du Maurier's *Rebecca*. Why did Esme's parents have her committed, what really happened at that teen party that so offended her family, and why was she essentially written out of the family by all of them? Apparently,

in Great Britain in the 1920s and 1930s, incorrigible children were committed to institutional life. However, why did Kitty never refer to Esme again, to her children, or to her granddaughter? Had she been as relieved as her parents were about committing Esme? The two sisters didn't speak for sixty years, not even when their parents passed away.

Most of the written material available about Maggie O'Farrell centres on her recent novel, *Hamnet and Judith* (2020). The novel is about Shakespeare's son, Hamnet, who died at the age of eleven. History has presumed that he died of the plague, but there are no records of the cause of death. Though many historians discount the influence of family on Shakespeare, he did go on to write *Hamlet*, and to many at that time the names Hamlet and Hamnet were the same. This novel has won two awards in less than a year.

Her earlier novel, *The Vanishing Act of Esme Lennox*, is exceptionally well written. O'Farrell says, on writing, "there's an indescribable joy in being able to write when nothing stops you." This sort of energy sparkles through each successive page. As Kate Kellaway says in *The Guardian*, in March, 2020, "as a writer . . . [O'Farrell] is most herself when on the brink, when thinking about what it is for a life to hang in the balance." After writing the first draft, O'Farrell passed it to her husband, William Sutcliffe, to read. He, too, is a novelist. He told her she needed "to rewrite half of it." O'Farrell says they "they had a slightly frosty dinner" after that, but the next day she thought, "dammit, he's right!" (*The Guardian*, March 2020). The novel is well realized and very effective. Kellaway maintains that "it reads like a fairytale rooted in heartbreaking reality." The reality is overwhelming, the fairytale atmosphere vivid.

The novel has a devastating conclusion, and yet it is an honest one for her characters. As O'Farrell herself says, "in any fairytale, getting what you want comes at a cost."

*Cont'd from prev page*

Is it language? According to linguists, “the most intelligent non-human animals lack a communication system that could be called language” (Welch, National Geographic, April, 2021). However, the researchers are discovering a great deal more meaning is attached to many of the codas they’re studying. They’ve mapped them as they are used to teach youngsters within the group, as well as directions between the whales. For instance, in orca hunting groups, the senior female directs them in the hunt: who is to help contain the herring shoal, who is to go below them, and which of them go to each side. If this isn’t exactly language, by any definition it certainly is the basis of communication that becomes language.

This is an exciting, new branch of applied knowledge. It may have other applications as well. The researchers are aware, too, that their efforts might establish a system that humans could use to communicate with extra-terrestrials, should that day ever come. Then, like the whales, ET wouldn’t have to call home.

## East Shore Writers

a submission by Gord MacMahon

### Obsession and Logic

I can be prone to obsess at times. I become entrenched in a certain point of view and as time goes on I seek out evidence to support and further cement my perspective.

Recently the situation in Israel kindled my particular preoccupation with issues where there is an overriding sense of unfairness. The images streaming out of Gaza stuck in my mind through the day like a bad dream I couldn’t shake. Listening to the news only made matters worse as it seemed that every day, high stakes politics defied logic ignoring basic human rights. Hearing about the billions that the US give to Israel in military aid only started my journey down a predictable rabbit hole.

My typical pattern of obsession was however interrupted by a book I am reading called, *Deer & Thunder, Indigenous Ways of Restoring the World* by Arkan Lushwala, a Peruvian elder. I happened to pick it up again at a chapter where he describes Supaycha, where healing occurs through inclusiveness. He begins by describing his experience visiting the Middle East where hate and fear have grown between nations leading to suffering and death. He goes on to describe how polarized our society has become, where we always seem to be on one side or the other of any given issue. He describes how his Andean culture creates inclusion and how the heart holds ones’ intention, requiring humility and mutual respect to develop. He believes that in our time, ‘we need to fight for life’ and be grateful for what our adversaries activate within us; to reconcile the contrary forces within ourselves tapping into the wisdom that lies beyond the mentality of our material world.

After my timely encounter with Arkan’s lesson, I went back and re-read the chapter closely a couple more times. As his message sunk in, I began to feel the need to consciously shift away from my obsessive self-defined truths towards a more common understanding. I began to see my polarized way of viewing the world everywhere I looked. I saw my own habit of taking a position and building on it brick by brick until it became a clear bias and how I would, if given the slightest encouragement play the rant stored up inside my logical mind. I now consciously choose to break down the brick walls I have built and allow the light of change to stream in.

*The East Shore Writers group is a small group of committed writers who like to explore creative expression through poetry and prose. The group consists of both novice and experienced, published authors and has been meeting monthly since 2018. When Covid restrictions came into place, the meetings moved online, sharing writing and feedback via email. During this past year the group has written and shared their craft along a theme or writing prompt. Hoping to resume face to face meetings later this year.*



pebbles  
by Wendy Scott

### Riondel Summertime

It is a time of sunflowers and daisies, chicory, wild sweet peas and brilliant scarlet poppies. Dusky red boysenberries crawl along fences, delicate, brief raspberries stand in leafy rows and dark, sweet, heavenly blackberries tumble into back lanes.

But, most of all, Riondel summer is a time for skipping generations. Grandchildren of all ages arrive en masse to visit, explore and enjoy that kind of freedom that happens with a holiday away from home where doors are seldom locked, streets can be walked, curfews are non-existent or pretty flexible and, most important of all, a kid can walk to the beach in five minutes. All these assets compensate for a lack of shopping malls, movie theatres and Big Macs.

What is it about grandparents that allow them to be relatively easy-going with those children of their children. It could be because Nature provides a breathing space. She allows them to skip the generation of their children and reach back to the modified memories of their own childhood. Then there is the fact that sons and daughters who have become parents are too close to their own adolescence to forget what they tried to get away with – especially sons. Grandparents are well aware of this phenomena and rather enjoy that period of “payback time” – especially when those grandchildren enter their teens.

But teens were little persons not very long ago. There was another summer. Another beach, when a yellow bucket and shovel were necessary tools for a five year old girl and a grandmother a necessary companion as the yellow bucket is filled with “good” sand – cool, fine and white – no pebbles. “We need water, Granny.” Yellow bucket must be taken to the creek because the sea is a long way out, “Hold my bucket Granny, please?” Small feet navigate across slippery stones to crouch on a rock with yellow shovel. Busy creek is scooped into yellow bucket full of good sand. Small child turns to jump back, but it has become too far, “I’m scared, Granny.” “I will catch you.”

For the very young each summer is new until small items begin to lodge in that incredible memory bank: the inside of a cupboard, a window seat in the family room, big black and white squares on the kitchen floor. Pretty soon the swing is remembered well, along with the fish pond and then the time comes when a purple handful of berries is picked almost upon arrival.

Then the time comes when a four year old with magical powers constructs a castle on Riondel beach. Not your common everyday sand project. No, this one had a complex floor plan laid out with sticks and pebbles and extended a good ten feet along the beach. Hallways and bedrooms were apparently well marked. One had to be careful not to walk through walls. Granny was obliged to sleep in one of the bedrooms while granddaughter went about the business of managing the castle household until the time came for Granny to be wakened with a magic wand and creep very quietly into the lake to zap monsters with that same wand. At this point Harry Potter’s world had taken over the castle and completely changed the floor plan – just in time to run up to the swings and be pushed.

And what did you do at Granny’s today? I picked gooseberries – they are green and have lots of juice and you can put them on your Cheerios – and when peaches get fat, they fall off their trees – that’s when they taste best. I watched the waxwings fly really fast and disappear into the mulberry tree – then I listened to them whistling and a squirrel way up on the top of a fir tree threw lots of little cones at me – he almost hit my head.

In mid-August the sundeck will hold grandparents and whatever combination of children and grandchildren happen to be present. They will sit in deckchairs and watch for meteors, falling stars, earth grazers, whichever definition has been selected for that evening. If we are lucky, the moon will be insignificant, and we can see the stars draw magic streaks across a

dark sky and if we are really fortunate the sun will pop its spots and create some northern lights to wisp and shift and fling their tails above our heads.

All over town there will be games in the grass, cocoa on the sundeck and stories in the dark. Granddads are the best for stories in the dark – scary stories in the dark. And all over town there are grannies and granddads, aunts, uncles, some great grammas and even one or two special friends with no particular titles. They are all waiting to be found – on the grass, at the beach or under a tree in the park. They specialize in stories and searching for pink and purple pebbles and some even have beach umbrellas that look like great big yellow sunflowers. They are not afraid of june bugs or snakes and bees never sting them. They will let you pick beans and lettuce and dig for potatoes and feed the fish – just a little tiny bit.

Generations of little persons march through our lives on their way to a space reserved only for teens – a seven year sabbatical. They open that door and close it quickly behind them. There are not many windows and keyholes are not for peeking. They do emerge occasionally to do strange and wonderful things. They seem to have a natural affinity to those little persons and to the old folks – both so close and so far away.

Buckets of sand turn into castles or cakes; pebbles build magic rooms and scatter; creeks cut through beaches and have to be crossed. There might be a bridge, a log perhaps or a few mossy rocks. They may fall in. Somehow the other side will be reached and then it will only be possible to look ahead because the world, as they perceive it, will require their touch. Their journey will continue forward until Time allows a backward glance and they can pause and turn around in wonder to wait for more castles, lots of magic and many more cakes.

## East Shore Writers

a submission by Cindy Thiessen

Into our second year of the pandemic most of us can attest to some atrophy of our sanity. Our mental and emotional well-being are suffering. Too many unfinished tasks and creative projects beckon, promising productivity and sense of accomplishment. But we are operating on low battery and often conk out before we can begin. Now we are taunted by our failure to thrive!

It’s easy to fall down this rabbit hole of self-reflection into obsessive oblivion. We need to grab one small pleasure to charge our battery and boost our confidence. Wrangling words is my rodeo where I can walk away feeling like a winner. Welcome to my tongue-in-cheek look at this malady.

### RAVING RABBIT RANT

Round and round in a spiral of nothing  
much too much time on my  
hands down the wackiest  
rabbit hole  
Caught in the craziest circus spin  
cycle for the Cirque de Lune  
Bugs on a bicycle  
Looney tunes  
Merry-go-round in a room of mirrors  
bouncing light against the odds  
are against this straight  
jacket rabbit  
Catch me quick as you can if I fly  
by the seat of my pants  
seeking an exit from my  
hare-brained self  
Hold a council of sages, for cages  
are ages and ages trapped  
inside this close-quartered  
rabid rabbit

*Cindy is a member of the East Shore Writers group. See Gord MacMahon’s submission for more info.*

## East Shore Reading Centre

By Librarian Taryn Stokes

Happy June to everyone! We had 253 items checked out in May thus far, and 32 new items added to the catalogue. New books include *The Code Breaker* (Walter Isaacson), *The Final Twist* (Jeffery Deaver), *Project Hail Mary* (Andy Weir) and *The Girl Who Died* (Ragnar Jonasson). In recognition of Canada Day, it is also worth noting that 10 of the new items added in May were written by Canadian authors. These books include *Find You First* (Linwood Barclay), *The Girl in His Shadow* (Audrey Blake), *Swimming Back to Trout River* (Linda Rui Feng) and *Other Words for Home* (Jasmine Warga).

July is just around the corner, why not mark Canada Day with some Canadian books? A fitting new release is *Extraordinary Canadians* (Peter Mansbridge). This book was an amazing read highlighting contributions of Canadians from around the country. The Canadians are not the typical "names" of entertainers and sports heroes, rather they are unlikely heroes (immigrants, doctors, advocates) who have overcome adversity to make Canada a better place for all of us.

In terms of fiction, Canadian authors abound. For those looking for a post-COVID medical thriller consider *Lost Immunity* (Daniel Kalla). A chilling psychological thriller about a family is *The Push* (Ashley Audrain). *Indians on Vacation* (Thomas King) offers a witty glimpse into a couple's European holiday while revealing complicated personal and political histories. *The Shape of Family* (Shilpi Somaya Gowda) is a moving story about a family overcoming a tragedy moving into a hopeful future. *Tilly and the Crazy Eights* (Monique Gray Smith) portrays the transformation of eight elders on a bucket-list trip to the Gathering of Nations Pow Wow.

Our list of Canadian authors wouldn't be complete without mentioning the many local Kootenay authors that we have on the shelves. There are so many great reads out there it will be a breeze to find a Canadian book or two for this upcoming summer. We welcome Lois Lien to the volunteer team. The Reading Centre is open Tuesday and Saturdays 12-3

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## Aging on the East Shore: Community Services Improving!

submitted by Laverne Booth

Around twenty residents joined Area A Director Garry Jackman and the Age Friendly project staff for a community conversation on Aging In Place and Community, Health and Home Care Services. We noted that our services are expanding piece by piece thanks to the many dedicated volunteers and staff of our organizations.

One thing is clear; we need to ask for services- if we don't ask, they won't happen. As Garry says, others will benefit from our asking, and more local services will help relieve the system in other ways such as keeping people out of emergency rooms.

To see the presentations by our local staff and volunteers, go to [www.eastshore.life/conversations](http://www.eastshore.life/conversations), scroll to the bottom and watch the zoom meeting. The participation of our valuable volunteers and local staff is greatly appreciated!

**Garry Jackman emphasized that demographics are important** as we contemplate our future. We have almost 20% more aging residents than most other jurisdictions in the province, and the complex care required to keep our wonderful residents in our communities adds challenges to our services. Aging well at home is increasingly a focus for all levels of government.

**Age Friendly 55plus survey outcomes:** responses of 130 residents (around 10% of our over age 55 residents from Wynnadel to Riondel) indicate that 60% have no family in the area, almost 40% are single, 30% have mobility issues, and 20% are lonely and lacking in social networks.

**Kim Young, East Shore Kootenay Lake Community Health Society (ESKLCHS)** former liaison with the Crawford Bay Clinic encouraged people to participate in Interior Health's VISIONING process regarding our health services on the East Shore. Please email suggestions and ideas to [eshealthsociety@gmail.com](mailto:eshealthsociety@gmail.com). The East Shore has become part of the Primary Care Network approach that BC government has adopted to strengthen health care. The addition of the nurse practitioner position is part of this process. Building a clinic that can house a growing team is on the back burner for now, although the conversation continues.

**Linda Cassidy, ESKLCHS Chairperson** reported that the Society provided support to the mass vaccination clinics at the Crawford Bay School. 811 residents were vaccinated!

**Jayne Ingram, our Community Nurse Practitioner** at the East Shore Health Centre described her extensive training as a nurse and in medical practice. She works five days/week with her own patients. Jayne can order tests, interpret results, prescribe medications, and diagnose and manage disease. Jayne can be reached at 250-227-9006.

**Nicola Candy, Community Care Nurse**, works three days a week (T-W-Th) at the clinic in Crawford Bay, and can be reached at 250.227-9019. Nicola does home assessments and home care nursing including palliative care, can arrange home support, set up home equipment and refer to other services.

**Cory Medhurst is our Community Paramedic** attached to the Riondel Ambulance Service. Cory supports people with chronic conditions at home or on the phone and can offer home health monitoring equipment sometimes. Residents can be referred by doctor or nurse and can contact Cory directly at 250-551-6096 or [CPRiondel@bcehs.ca](mailto:CPRiondel@bcehs.ca).

**Christa Harstall of the ESKLCHS** mentioned that we tend not to think about emergency services until we need them. Fortunately the Riondel Fire Service and First Responders and Boswell First Responders are active, but new volunteer fire fighters and first responders are needed!

**Better at Home** is a non-medical service coordinated by **Rebecca Fuzzen** (250-505-6717). Currently community volunteers offer friendly phone calls, and food and medical pick-ups. The volunteer driver program is not running and sorely missed due to COVID. Call Rebecca if you need a ride-- she can sometimes help.

**Elder Services** are growing through **Community Connections**. **Susan Dill** coordinates a program where elders can get help with trash and recycling disposal and some (limited) yard and home care via contractors Ken and Angie Doggart. Call Susan at 250-227-9350 for elder services as well as East Shore Hospice support.

**Catherine White, chair of the East Shore Transportation Society (ESTS)** reports that the Best Shore Bus can be rented by residents for outings, wedding, and events. The bus will contract with Cartwheel Farms again this season to deliver fresh produce by drivers Jodi Robertson and Doreen Nault. Call 250-551.8800 or email [estsbus@gmail.com](mailto:estsbus@gmail.com)

**Focus on Health workshops** are held monthly at the Boswell Memorial Hall (via Zoom during COVID). The program is sponsored by the ESKLCHS and Interior Health and is facilitated by Natasha Goldsbury, Chronic Disease Management Nurse. Educational sessions emphasize health promotion through good nutrition, exercise of the body and the mind, and stress management strategies. Community members come together to prepare and share healthy soups and participate in discussions on interesting and timely health topics. To be added to the contact list for the 2021-2022 sessions, email [margaret.crossley@usask.ca](mailto:margaret.crossley@usask.ca).

**Crawford Bay School principal, Sara Wick**, reported that COVID had made things difficult this past year. Heather Bury and the grade 5/6 class hosted an inter-generational program where seniors zoomed into the classroom to share their stories.

**Wendy Miller of the Riondel Age Friendly Committee** hopes to celebrate the grand opening this summer of the Heritage Trails that this group has worked on over several years to connect the green spaces and extend some of the historic trails in Riondel. Congratulations! These trails are a testament to the dedication of our community volunteer organizations.

**Taryn Stokes, new librarian at the East Shore Reading Centre** in Crawford Bay reports that they have DVDs, audio books, new books and inter-library loans available from noon to 3 pm on Tuesdays and Saturdays. They are looking for feedback from community members. The Riondel Reading Centre is also open for pick-ups.

**Boswell Memorial Hall** is a prime example of the important role our community halls play as places to socialize and bring together all ages of residents. Chairperson Gary Hill reports that 9 directors of the board are all seniors as are most of the leaders of the many activities that took place at the hall before COVID. The hall has a commercial kitchen, generator, water and washrooms and is an emergency centre through RDCK.

**Recent power outages** have brought emergency services to the top of mind. We have a new emergency coordinator with the RDCK, Jon Jackson. If you have questions or concerns, talk to Jon at 250-352-1530 or email [JJackson@rdck.bc.ca](mailto:JJackson@rdck.bc.ca). To register on the Voyent Alert system, Google [rdck.ca/Emergency Notifications](http://rdck.ca/Emergency%20Notifications). Jon wants to work with neighbourhood groups to set up local emergency response teams. As we all know, the best way to survive an emergency is to know your neighbours.

**Next Deadline:  
June 23, 2021**



## Notice of Passing

**FRANCIS BRENNAN DREW**  
JUNE 28, 1932 - MARCH 07, 2020



Eldest son of Francis William Maxwell Drew and Marion Elizabeth Dyball, Frank/Brennan traveled to Canada from Exeter, Devon, England with baby brother Richard in 1935. They settled in Gray Creek,

B.C. in an era where paddle wheelers plied the waters of Kootenay Lake. After growing up in Gray Creek and Nelson, B.C. Frank moved to Vancouver where he married in 1956, had three children and in 1964 moved the family to Victoria where the fourth child, Kim, was born. Later in life, he had two more children.

Frank had a lifelong preoccupation with cars. He was also fond of his pet cats and canines. Frank had a septic tank business on the Saanich Peninsula until 2005, when he retired and later returned to the Kootenays, where "it's not so busy!"

Left to mourn their loss are brothers Dinham and Steven, children JoAnne, Steve, Gene (Heather), Kim (Ron), Jordan (Kyla) and Kathryn, twelve grandchildren and four great-great grandchildren.

A heartfelt thank you to Dad's caregivers at Jubilee Manor in Nelson. Family gathering to be held in the summer.

## East Shore Hospice In the moment

by Maggie Kavanagh

Recently a friend was diagnosed with a serious illness. Although she is peaceful and accepting, we (some of her family and friends) are saddened and shaken by the grief that comes with the possibility of her leaving us.

### To all the grief:

*May you be shared, expressed, heard, witnessed, appreciated and acknowledged. May you find your voice and feel your own strength and courage. May you continue to Love and be Loved.*

East Shore Hospice volunteer care is free of charge and is available in your home. Hospice care does not replace nursing care, home support or any other professional service. A hospice volunteer can be a caring listener with an open heart and mind, who is also comfortable sitting in silence with a terminally ill person. This support can also give the caregiver(s) some respite to care for themselves. This means that the caregiver can have time away from the caretaking role.

If you or someone you know is in need of Hospice Care or you would like more information, please contact Susan Dill East Shore Hospice Coordinator at the East Shore Community Health Center Hospice Office at 250 227-9006. In addition there is a free Library with hospice related books and some DVD's on care, grief and mourning. The Library is best accessed at the Hospice Office on Tuesdays between 10am-2pm.

Watch for more articles and information on Hospice care that will be posted regularly in *The East Shore Mainstreet* by Maggie Kavanagh and/or Barb Kuhn or any one of our other volunteers.

## Notice of Passing

**JOHN JOSEPH STRONG**  
JULY 30, 1952 - MAY 8, 2021



It is with deep sadness that the family of John Strong announces his passing at the East Kootenay Regional Hospital, at the age of 68, after a brief battle with cancer.

John grew up in Crawford Bay before moving to Kimberley, spending over 40 years there living and raising his family. Our dad was dreamer with many hobbies and inter-

ests. He loved anything involving the water, including swimming in his pool, driving his boat, and scuba diving. More than anything, though, he cherished his grandkids. We were so lucky, and grateful to be able to watch him be a grandpa.

John leaves behind his loving wife Heather, children Becky (Kyle), Megan (Jonathan) and AJ, his precious grandsons Devin, Asa and Wyatt, as well as his sisters Coralynn (Stuart) Smith, Sherri Strong and Kerri (Chucker) Dewar. He will be fondly remembered by many nieces, nephews, family and friends. John was predeceased by his parents Everett Sr and Josephine, and his brother Everett Jr.

At John's request, a funeral service will not be held. His family would like to thank all of the hospital staff in both Cranbrook and Kelowna for caring for our dad in his final months.

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&  
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The opportunity to save on your auto insurance with RoadStar Gold is available at this point in history! \*RoadStar Gold savings are for those customers who have retained their 40% CRS discount for more than 11 years in a row.

### Our Hours:

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Closed from 1 - 2 pm  
Saturday 8:30 - 12:30

## Kootenay Insurance Services Ltd.

#16030 Hwy 3A, Crawford Bay  
Phone: 227-9698

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250.354.7055  
[jkeexcavationltd@gmail.com](mailto:jkeexcavationltd@gmail.com)  
trucking. excavation. snow removal

## Notice of Passing

**ANNE (NEE HOYT) PAGE-HEPHER**  
DEC 23, 1931 - MAY 6, 2021

Intro from Tom -

Anne's 2nd marriage was to Peter Hepher whose father was Lawson Hepher of Boswell who built the kitchen at Gray Creek Hall and the Cemetery Lych Gate.



Anne (nee Hoyt) Page-Hepher, a long-time resident of Creston, died peacefully on May 6, 2021 with her family around her. Anne was born in Vancouver, BC on December 23,

1931 spending her early years on South Pender Island and Cordova Bay. At the age of 10, after both her parents had died, her mother's best friend, Peggy MacKenzie and family stepped in to help becoming Anne's new family. While the death of her parents would have been difficult, Anne was a positive person, and this cheerfulness continued throughout her lifetime.

Anne was pre-deceased by her sisters Mary and Sheila; her husband, Jack Page, in 2002; and her second husband, Peter Hepher, in 2015. Anne is survived by her sister, Sharon; her brother, Ian; her children, Gary, Garth, Leslie and Ken; her step-son Ian Hepher; and her 16 grand and great grandchildren, Nicole, Tara, Tessa, Nathan, Andrew, Meredith, Jacqui, Meghan, Kira, Simone, Kate, Quinn, Saree, Reagan, Jack and Clara.

When Anne completed high school she trained as a teacher through normal school having her first classroom at age 17. She met her husband Jack at UBC in the early 50's. After marrying they moved to Creston to make their home. When their children were young Anne started Creston's first co-operative pre-school and then worked as the manager/coordinator of Creston's homemaker service, alternating between the roles with her dear friend Vera Staples.

Anne met her second husband, Peter Hepher, through volunteer activities, and the two of them had 10 happy years together much of it spent at their cottage on Kootenay Lake. Anne was a keen social activist and was honoured to receive Creston's Citizen of the Year Award in 1992. Anne also cared deeply for the natural world working with a number of environmental groups over her lifetime.

Anne will be dearly missed by her friends and family.

In lieu of flowers it was Anne's wish that donations be made to the Creston-Kootenay Foundation or to the Trinity United Church, Mission and Service Fund.

A Celebration of Life for Anne will be planned for a better suited time in the future.

**Next Deadline:**  
**June 23, 2021**

## Memorial Wall

Whether your loved one has scattered ashes, was buried elsewhere or was 'beamed up', the **Memorial Wall in Gray Creek Cemetery** can mark their time here.

Visit the unique woodland cemetery on Oliver Road South and contact **Tom at [lymbery@netidea.com](mailto:lymbery@netidea.com)** for a handsome brass plaque.

**SERVICES DIRECTORY/CLASSIFIEDS**

The Service Directory is a great way to have your business listed as a reference for those shopping for a particular professional service. Keep your phone number handy and your message clear.

**AUTOMOTIVE/MARINE**

**EASTSHORE AUTOMOTIVE** - Service & Repair 250-227-9370

**NORTHSTAR CRESTON** - 1-800-551-9351 Full service 8-bay shop featuring Certified Service lube,oil and filter starting at \$24.95 plus parts & eco fees. Full line of major tire brands, GM & AC Delco parts and batteries.

**BUS SERVICES/ANNOUNCEMENT**

**MUTUAL FIRE INSURANCE** of B.C. Quotes on Homes, Mobiles, Farms & Tenants. Seniors discounts at 55. Home Protection; No Claim; New Home. ph/fax 250-428-7937, broker Virginia Harder. vwharder@shaw.ca

**CONSTRUCTION/CONTRACTORS/TRADES**

**HULLAND AND LARSEN CONSTRUCTION** - experienced residential construction & custom finish work. 250.551.2915 or 250.505.3570. (see ad in contractor section)

**NEW BUILD & RENOVATION** - Design Consulting Services Westwood Cabinetry - Kitchen, Bath & Custom Closets. Furnish, refresh and update your home or rental property. Book an appointment - jennifer@socialroominteriors.ca. Visit SRI Design - www.socialroominteriors.ca

**SAMURAI HARDWOOD FLOORING:** Sales, Installations, Tile, Stairs and Millwork www.samurai-hardwood.com 2505513764.

**STEEL WHEELS** - Septic systems planned & installed. We dig too, mini hoes for you. Dave/Donovan. 250.354.8498

**TURLOCK ELECTRICAL CONTRACTING LTD.** (See colour ad in this issue for more information.) 250-227-9688 or 250-551-4671

**PERSONAL CARE/HEALTH**

**ALEXIS PHILLIPS, M.A., R.C.C.** - Registered Clinical Counsellor specializing in complex trauma, relationship issues, grief & loss, anxiety & depression. Apptmnt/consultation, call 250-509-0368. Email: alexandralianephillips@gmail.com

**BLANCHE TANNER** - Breath Practitioner, (Family Constellation) Heart-Centred Therapy (Meditation), Healing Emotional, Physical & Sexual Abuse, Addictions, Relationships, Anxiety, Depression.227-6877

**COUNSELLING & SUPPORT SERVICES:** Free and Confidential for children, adults and families. Services include: Adult Mental Health and Addictions; Child Youth Mental Health; & Family Support. Call 1-866-774-5324 (toll-free) or 250-353-7691. North Kootenay Lake Community Services Society.

**EAST SHORE HOSPICE** - Palliative care for anyone facing life threatening illness. Confidential support for individuals and their loved ones.Hospice can also provide grief and bereavement support. 250 227 9006 ext 29 - eastshorehospice@gmail.com. Volunteers needed. Please contact for more info

**ELISA ROSE SHAW, QHHT PRACTITIONER:** Certified Level 2 in Quantum Healing Hypnosis Technique. Healing and answers through past life regression and connecting with your higher self. Email elisaroseforever@gmail.com, call 250-505-0128.

**KOOTENAY SOUND HEALING CENTRE** on Riondel Road, offering Sound Healing treatments, Gong meditations, Astrology consultations, Workshop/Event space, Acutonics® classes, and products. www.kootenaysoundhealing.com, 250-225-3518, theresa@kootenaysoundhealing.com

**PROVINCIALY REGISTERED HCA** - Christian McStravick providing confidential, home based support for individuals, and their family members. Specializing in personalised home health care, respite care, and hospice care. Servicing Boswell to Riondel. Please contact Christian via phone:250.225.1955 or email:christianmcstravick@gmail.com

**REGISTERED ACUPUNCTURIST, LISA SKOREYKO R.AC.** Treatment for pain, emotional disturbances, gastrointestinal issues and much more. 250.777.2855. Unit #9 Crawford Bay Inn. 16210 Hwy 3A, Crawford Bay.

**REGISTERED HERBAL THERAPIST, MASTER HERBALIST** - Maya Skalinska, M.H., R.H.T. Iridology, Tongue & Pulse analysis, Nutritional consultations, individual herbal remedies, Flower Essence consultations & remedies. For appointments, please call 250-225-3493.

**REGISTERED MASSAGE THERAPIST:** Harre-son Tanner - Over 40 years clinical experience. Treatment of Lumbo/Sacral Strain, Whip Lash, Frozen Shoulder, Migranes/Headaches, TMJ problems, & Stress. No doctor referral required. 250.505-6166.

**SUSAN SNEAD ACUTONICS PRACTITIONER (TUNING FORK THERAPY):** With certificates in Ayurvedic massages, Foot Reflexology, Fibonacci tuning fork alignment. Bach Flower Remedies and Astrological consultations. 250.225.3520.

**THERESA LEE MORRIS, SOUND HEALING TREATMENTS** with planetary gongs, singing bowls, tuning forks and chimes. Certified Acutonics Practitioner and Instructor, theresa@kootenaysound-healing.com, 250-225-3518

**WILLIAM MORRIS, PhD, DAOM,** offering astrological consultations combining 40 years of clinical practice weaving Chinese medicine, Astrology and Sound Healing. wmorris33@gmail.com 250-225-3518

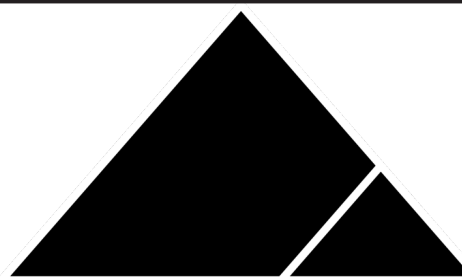
**RENTALS/ACCOMMODATION**

**YEAR ROUND SHORT TERM ACCOMMODATION.** Bluebell Cottage in Riondel. Can sleep up to 10 people. Newly renovated, warm and cozy. 250-551-7953. Openings still available for the holidays.

**RESTAURANTS**

**CRAWFORD BAY HALL & COMMUNITY CORNER BUILDING** - available for community events, wedding receptions, workshops etc. Non-smoking facilities. bookings@cbhall.ca

*Next Deadline:  
June 23, 2021*



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Harre-son Tanner, RMT  
Over 40 years clinical experience**



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For appointments, call 250-505-6166

**CLASSIFIED ADS**

**BUSINESS ANNOUNCEMENTS**

**Insurance Certification** requires professional chimney installation – we are the pros – Gray Creek Store, 250.227.9315

**BUSINESS SERVICES**

**Fax service**, photocopies, (with no PST/GST) Tom Lymbery – Notary Public, 250- 227-9315, fax 227-9449, 250 551 0423 for Notary Public.

**RENTAL/PROPERTY**

**ISO:** Looking for a property or pad to park a 24' 5th wheel. Single longtime Nelson resident who spends summertime on the east shore. Location: from Kootenay Bay south to Boswell. Can make do with outhouse and no wifi, but water necessary. Electricity could be a generator and a view is Optimal! 250 509 0536

**WANTED,** looking for a used, good condition, movable storage shed and/or a 20' to 40' steel storage container. 250 225 3555

- Planning a wedding?
- Holding a meeting?

Consider renting the  
**BOSWELL MEMORIAL HALL**  
Booking/info: Karen Lee at 250.223.8686

**Community Futures** Central Kootenay

**"The way to get started is to quit talking and begin doing." - Walt Disney**

Have you ever thought about turning your passion into a business? Do you think you have what it takes to be an entrepreneur? Contact Community Futures for more information on Programs & Workshops available to you!

**Call Amanda Murray at 403-678-7044 or [amurray@futures.bc.ca](mailto:amurray@futures.bc.ca) to book a free appointment in Creston.**  
**[www.futures.bc.ca](http://www.futures.bc.ca)**

Growing communities one idea at a time.

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# BULLETIN BOARD

**Community Notices, Thank You's, Not-For-Profit Announcements (all not related to business), Church Calendar & Meeting Places - free on the Bulletin Board.**

**\* BULLETIN BOARD \* BULLETIN BOARD \***

**CHILD HEALTH CLINIC, ADULT IMMUNIZATIONS, PUBLIC HEALTH NURSE**

Will be at the East Shore Health Centre monthly. For information, call Creston Health Unit at 250-428-3873. **EAST SHORE HEALTH CENTRE Call 227-9006**  
**\*See calendar for doctor days\*** - Doctor hours are from 9:30am to 4:30 pm. Please call 227-9006.  
 Interior Health Authority, Community Care Nursing and Home Support Services - 250-352-1433.

**HEALTH CLINIC MESSAGE**

**We are doing phone appointments right now, unless the patient absolutely has to be seen, or they can go to emerg in Creston or Nelson. If someone is having symptoms of Covid-19 they are asked to stay home and call 250-551-7500 or 811. Lab and Doctor apts. Our doctors are doing telephone appointments when possible. If you are experiencing any symptoms such as fever, cough, shortness of breath, "Please do Not Come INTO CLINIC" Call 811 or Nelson Testing Site Phone 250-551-7500. We do not have the testing kits here at the clinic.**

**HEALTH PHONE NUMBERS**

ES Health Centre: 227-9006  
 Drug & Alcohol: 353-7691  
 Child & Youth: 353-7691  
 Community Nursing: 352-1433  
 Public Health Dental Screening/Counseling: 428-3876  
 Hospice: 227-9006  
 Baby Clinics: 428-3873  
 Mammography Screening: 354-6721  
 Mental Health Crisis line - 1-888-353-CARE (2273)

**DOCTOR /NURSE DAYS: June 2021**

**June 1, Tues:** Dr Piver/Jayme Ingram  
**June 2, Weds:** Dr. Moulson/Jayme Ingram  
**June 3, Thurs:** Jayme Ingram  
**June 4, Fri:** Jayme Ingram  
**June 7, Mon:** Jayme Ingram  
**June 8, Tues:** Dr Piver/Jayme Ingram  
**June 9, Weds:** Dr. Moulson/Jayme Ingram  
**June 10, Thurs:** Jayme Ingram  
**June 11, Fri:** Jayme Ingram  
**June 14, Mon:** Jayme Ingram  
**June 15, Tues:** Dr Piver/Jayme Ingram  
**June 16, Weds:** Dr. Moulson/Jayme Ingram  
**June 17, Thurs:** Jayme Ingram  
**June 18, Fri:** Jayme Ingram  
**June 21, Mon:** Jayme Ingram  
**June 22, Tues:** Dr Piver/Jayme Ingram  
**June 23, Weds:** Dr. Moulson/Jayme Ingram  
**June 24, Thurs:** Jayme Ingram  
**June 25, Fri:** Jayme Ingram  
**June 28, Mon:** Jayme Ingram  
**June 29, Tues:** Dr Piver/Jayme Ingram  
**June 30, Weds:** Jayme Ingram  
 NO WALK-IN SERVICES  
 APPOINTMENTS ARE REQUIRED

**T'AI CHI IN THE PARK IS STILL AT THE BEACH**

Tai Chi classes are still offered until June 30th, Mon-Wed on the beach at Crawford Bay (or in the pavilion when wet), 830 -10 am... Join us for warmup exercises, Qigong routines and foundations of Tai Chi. Feel free to call or text Zoe for more info @ 250 777 1091.

**EASTSHORE FRESHWATER HABITAT SOCIETY AGM**

On July 5 at 1000AM  
 Held at Mackay Park Beach, Boswell  
 Everyone welcome.



The Mainstreet is a community-written monthly newspaper that serves the communities of Creston through Riondel and Balfour. It's available at the following stores for retail: Wynndel Foods - Wynndel, Destiny Bay Grocers - Boswell, The Lakeview - Gray Creek, The Gray Creek Store - Gray Creek, The Crawford Bay Store - Crawford Bay, Riondel Market - Riondel, and on the Osprey 2000.

Contact: Ingrid Baetzel, Editor

Phone: 250.505.7697

Box 140, Crawford Bay, B.C. VOB 1E0

Email: mainstreet@eshore.ca

Web: www.eshore.ca

**ADVERTISING RATES**

**\$40** - 3.25 wide X 1.75 tall (inches)  
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**\$60** - 3.25w X 4.5t OR 6.75w X 2.25t  
**\$70** - 3.25 X 6t OR 6.75w X 3t  
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**\$150** - (1/4 page) 5w X 7t  
**\$175** (1/3 page) - 6.75w X 7t  
 OR 3.25 w X 14.5t OR 10.25w X 4.5t  
**\$250** (1/2 page) - 10.25w X 7t  
**\$450** (full page) - 10.25w X 14t

Sample Sizes - more sizes available.

Column Width: 3.25 inches - double width: 6.75 inches - full width: 10.25 inches

Services Directory: \$5/month, up to 3 lines.

Classified Ads: \$5/first 30 words, 10¢/word additional

**\*\*THESE RATES ARE FOR B/W ADS ONLY\*\***

**FOR FULL COLOUR, ADD 30%**

**Next Deadline:  
 June 23, 2021  
 www.eshore.ca**

**CHURCH/MEETING CALENDAR**

**RIONDEL COMMUNITY CHURCH**

Everyone welcome.

**CHRIST CHURCH & EAST SHORE CONGREGATIONS ST. ANSELM'S CHURCH BOSWELL (Anglican)**

No services at the present time. Contact Christ Church Creston for info - 250.402.3225

**HARRISON MEM CHURCH, ANGLICAN**

Crawford Creek Rd., Crawford Bay  
 No services at this time.

For info, please contact Rev. Leon Rogers: 250.402.3225

**KOOTENAY LAKE COMMUNITY CHURCH**

A Lighthouse on the East Shore

Come & join us Sundays at 10 am.  
 Coffee fellowship after the service.  
 Pastors Richard and Ramona Dannhauer  
 16190 Hwy 3A, Crawford Bay: 250 505 8286

**YASODHARA ASHRAM**

Satsangs available anytime for inspiration - Online at our website (yasodhara.org/about-yasodhara/satsang/) or YouTube (youtube.com/user/yasodharaashram/).

**MOST HOLY REDEEMER CATHOLIC CHURCH, RIONDEL**

Fr. Lawrence Phone: 428-2300  
 Sun Mass at 2pm.

**CHRISTIAN SCIENCE CHURCH SERVICES**

Held in the Anglican Church, 8151 Busk Rd, Balfour  
 Sundays, 9:30 am All welcome! 250.229.5237

**MEETING PLACES**

**LIONS CLUB** - meets at the Kootenay Lake Community Church - 16190 Highway 3A, Crawford Bay. Meeting Times: 7 pm. 2nd and 4th Tuesday of the Month. For More info call Lion Mike Jeffery - 250-227-6807 or Lion David George at 250-227-9550 or Lion Fraser Robb at 250-227-9636.

**TOPS** - Take Off Pounds Sensibly: meets Thursdays at 8:30am, Kootenay Lake Community Church basement. Info: Myrna at 227-9420

**PARENT ADVISORY COMMITTEE**

(PAC) Meetings held at 4:30 pm at the Crawford Bay School on the first Wednesday of the month. Email cbess.pac@gmail.com for info.

**ALCOHOLICS ANONYMOUS:**

Meets every Sunday at the Crawford Bay Hall on Wadds Road at 7:15 (1 hour meeting)

**Kootenay Lake Ferry Schedule**

Vessel	Departs Balfour	Departs Koot. Bay
Osprey	6:30 am	7:10 am
Osprey	8:10 am	9:00 am
Osprey	9:50 am	10:40 am
Osprey	11:30 am	12:20 pm
Osprey	1:10 pm	2:00 pm
Osprey	2:50 pm	3:40 pm
Osprey	4:30 pm	5:20 pm
Osprey	6:10 pm	7:00 pm
Osprey	7:50 pm	8:40 pm
Osprey	9:40 pm	10:20 pm



# Gray Creek Store

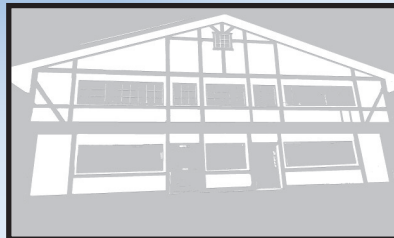
Building Community Since 1913  
Mon-Sat, 9 to 5:30 Sun, 10 to 5

**SUMMER IS ALMOST HERE!**

**\*Jotul Days: June 11-14\***

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[www.graycreekstore.com](http://www.graycreekstore.com)



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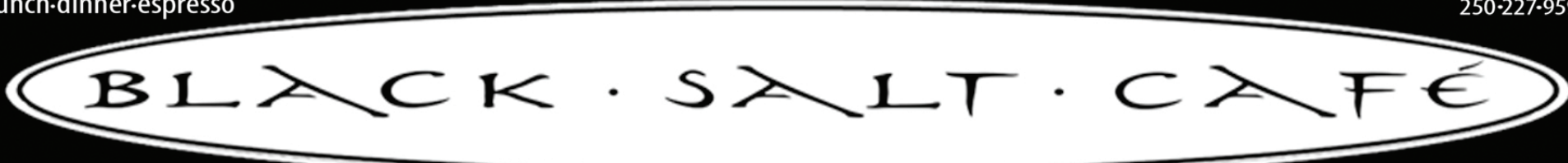
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**HIGH-SPEED INTERNET**  
1 (844) 776-3747  
[www.eastshoreinternet.ca](http://www.eastshoreinternet.ca)

Central Kootenay Lake's community non-profit ISP.

lunch-dinner-esspresso

250-227-9596



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**THANK YOU! You can STILL...**



Huge, heartfelt thanks to the wonderful donors and supporters who have given generously over the past month or two. It warms us to the core to know that you care about the future of this beautiful locally-owned, independently-run community newspaper.

Those who haven't yet, but still want to, can easily support Mainstreet with a donation in a number of ways. Please see options to the right.

Donate on the website: [www.eshore.ca](http://www.eshore.ca) or...

Donate any amount, or subscribe to pay monthly without having to remember to do it yourself! Pay via:

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Thank you, Mainstreet supporters & community.