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Directed by and Developed with Bessie Wapp

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An Opportunity to Support Local Arts and See *Matchmaker on the Roof!*

“Matchmaker on the Roof” is a one-woman show written and performed by Ellie Reynolds (Gray Creek) and directed by Bessie Wapp (Nelson).

The comic, musical-memoir show had its premiere at the Gray Creek Hall back in 2019 and also toured the East and West Kootenays. In 2020 it was selected by Nelson’s Capitol Theatre to be part of their Homegrown Season. As theatres are currently closed to live audiences, the show was professionally recorded and made available to the public on February 21, 2021. Purchase tix online at capitoltheatre.ca (Cost is \$10). Available for streaming anytime until March 10. View it on any device that can connect to the internet.

Photo top left: Go climb a tree! Luka Baetzel gets a good view from way up an old growth tree at the Crawford Creek Regional Park. - *photo Ingrid Baetzel*

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Mainstreet Meanderings

by Editor Ingrid Baetzel

Mom's Story, Part 5 - Final

On March 16, 2020, Doreen passed away. This month marks one whole year since that day. I will end the story of her last year with us

this month and thank you all for reading, and gratitude to many of you for the kind and loving feedback.

The aftermath of mom's episode was intense for everyone. My brother Jake had just gotten back to the island and the next day he had to turn around and came back. He got to us on Friday evening, March 14. It was a relief to have him with us. Earlier on that day, Mom had said to my sister-in-law Jen and I that she was ready. The realness of that message hit me hard in the heart. I had known it was coming. She'd needed reminding that she was the one making the call – she called the shots and was in charge. What can you be more in charge of than deciding that you want to die? It is the most ultimate power move – the accumulation of a lifetime of saying yes, of fighting for goodness and joy and love and success and peace. Putting all of that wonder and life into the decision to end one's own on one's own terms must be a profoundly spirit-connected thing. I try to pull back to how it felt when I heard the words leave her mouth. I distinctly remember a conflicting sense of relief and terror, tinged with acceptance and great gratitude that she was there on her own. When the MAID subject came up over the past weeks, it was always with such a sense of trepidation. I didn't know if she was remembering that she had it as an option, and sometimes when it came up,

it seemed like she had forgotten; that she had resolved herself to just feeling like this until she didn't anymore. After nearly 75 years of experiencing colds and illnesses like any human, the concept of an illness irrevocably leading to death must be deeply complex. When you're sick, you wait and get better. That's the lifetime proven pattern. But, there was no getting better from this one. There was just letting go.

I contacted Home Health and they contacted Dr. Mieske. That's when we learned that there was no medically assisted death over the weekend and that it would likely be several days before it could be done – something we hadn't considered. The doctor said that it wouldn't happen that day - Friday, nothing would occur over the weekend, and she doubted that we would get the meds before mid-week. Well, mom wasn't having that. My birthday was on Wednesday, and she refused to die on my birthday. I couldn't help but laugh at this brutal consideration of my feelings in the face of what she was experiencing, but I genuinely appreciated it, while simultaneously feeling a bit embarrassed.

It was looking like she might have to muster through nearly another week of this awful illness, spitting up, diminishing in every way, being spoon fed ice chips, constantly massaged for pain, sung to, read to, tucked in, carried to the toilet, cried over, and generally just fading into less and less of the huge (in terms of spirit, mostly) human she always was. It was disheartening. I fought very hard to not get too angry and to be accepting, while asking Dr. Mieske to do what she could... and she did. She drove to pharmacies, called off-duty pharmacists, worked her tail off, and by the time the weekend passed, early on Monday morning, she called to say that she and nurse Lia would be coming over that day.

The weekend had been full of trying to absorb it all – the ever-shortening days ahead of her, the questions about how and when. Close friends came and sat with her – those who wouldn't be at the death bed. One dear friend had a powerful hour or so, just sitting

with her, being completely connected and present. It tore my heart to pieces and then built it back up again in gratitude for the love she had fostered. Another darling friend read poems to her and exuded love constantly. Others had their own special time alone with her – friends of hers who had been friends for my whole lifetime. How to you say goodbye forever? It's a cliched notion, but it just came up over and over and over. How do you say goodbye forever?

She made a list and figured out who she wanted on her day, and then she revised it, and then forgot she had done it and asked me to make a list for her again, with slightly different people. And then repeated that. She had Jenn and Jake make lists of what she wanted and who she wanted to be there. I think her friends and family drifted around her dreams, catching her with their love and hope, and she responded each time. She knew she wanted Jake, Jenn, Juergen and I there. She was open to Luka being there if he wanted to be. That was a big one. I spoke to my 16-year-old son at length about it, telling him it was his choice. He said he would certainly be in the house, but not sure if he could be right there with her. In the end, he was, and I will never forget that achingly sad and totally loving presence by her bedside, being the man he was becoming and the child he always was to his Grammy – strong, brave, broken and beautiful.

There are so many details to this day that I need to hold close. I will tell you this: it was everything. Six of my mom's dearest friends and five of her closest family members sat in rotation with her. She was cracking jokes and holding court like I'd never seen before. She was drifting on the endless beauty of the hovering seconds. We listened to her music, Sami joiks, Keith Jarrett, Jan Garbarek and Shaman's Dream. We took photos and let her take photos of us. When it was time, it was just time. Again, I need to hold some in right now, but I can tell you that there was deep peace and no violence, no fear from her, no regret. She said what she needed to say to each of us, and then she said, "I'm ready." My brother and I held her hands and felt her leave her body in a sigh.

We washed her, anointed her, sang to her, dressed her and sat with her. I would have taken more time but also, it was just the right amount of time before the Funeral Home showed up to take her away. And then, it was all empty. And then, it was all over. Like the worlds greatest vacuum, the space and energy were sucked out and I remember standing in the middle of her home, her life, feeling like I was floating on nothing and existing in bare essence. What am I without my mom? I still, to this day, nearly a year later, struggle to define my life without her right next door, or just a call or a hoot away. She is in everything and I love her more today than ever before. *Takk, mamma. Takk for at du tilbrakte tid med oss.*

OPINION EDITORIAL

Lies, Damn Lies, and the Power Of Disinformation in the 21st Century

by Paul Hindson

"When two people say bullshit to each other, it's bullshit. When a million people say bullshit to each other, it's a religion. But... it's still bullshit."

-Paul Hindson, 2019

"Loud pipes save lives"

"There is no connection between petroleum use and climate change"

"Covid 19 was caused by US soldiers visiting China"

"Guns don't kill people-people do"

"There is no connection between smoking and lung cancer"

"There is no connection between sugar, processed food and obesity"

"The 2020 US election was rigged"

"Vaccinations are dangerous"

Hey folks, how is your winter going? Not being the Ontario Finance minister, I was denied my usual trip to palm trees and margaritas, so what better diversion than watching the grand soap opera of US politics unfold?

For the ridiculously long 11 week span between the US election on November 3 and Joe Biden's inauguration on January 20, (boring Canadian politics have a new parliament sitting a week after the election) I, like millions of others, was glued to CNN, MSNBC, Fox News, BBC, etc, watching Donald Trump using social media to purvey the most giant lie in world history, and very nearly getting away with it.

The use of media to disseminate propaganda is nothing new. 1940s radio saw Europe enduring the taunts of Lord Haw Haw spewing Nazi propaganda,

counteracted by the calm but steely voice of Winston Churchill.

Any type of media is a two-edged sword. For a dinosaur in his 60s like me who didn't grow up with it, the internet is fabulous. Gone are the days of record collections and encyclopaedias. YouTube is the greatest jukebox I have ever seen. I sometimes donate to ad-free Wikipedia because it is fabulous to look up anything or anyone in real time. Need to build or fix something? Punch a few buttons and a generous person has a video showing you how. Texting has a huge advantage over telephone. Netflix has limitless movies for \$10 a month.

Then there's the downside. Watching the Netflix documentary, The Social Dilemma, gave me shivers. Internet giants like Google and Facebook said to be using us as pawns to gather data in their pursuit of Artificial Intelligence ("If you're not paying for the product, you ARE the product"). Social media (SM) bullying causing suicide among teenagers, especially girls. Our excellent local teacher Matt Winger says dealing with the fallout from SM bullying is one of his biggest problems. Also, purveyors of any of the quotes listed above are consistently sneaking onto SM platforms to influence people for the sake of their own vested interests.

Then there's Donald Trump. Trump very skilfully used Twitter and other SM platforms to outmanoeuvre mainstream journalists and their pesky fact checking and to advance his version of reality. I love the line in "Jesus Christ Superstar" when Pilate says to Jesus, "We all have truths-are mine the same as yours?"

Trump's use of his massive Twitter bully pulpit and MAGA slogans reached a whole group of people who, for whatever reason, feel disenfranchised (the massive topic of globalisation and its worldwide effects is best left for another time) and turned mainstream media and politicians into the enemy for these folks.

But Trump also reached a subset of this group that is truly nasty. QAnon, Proud Boys, Oath Keepers and

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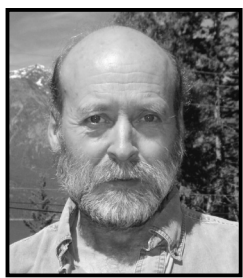
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The East Shore Mainstreet is a monthly publication for the benefit of residents of the East Shore of Kootenay Lake, written by community volunteers.

Send in April 2021 issue items by:

Next Deadline: March 24, 2021



RDCK Area "A" Update

by Garry Jackman,

Crawford Creek Park and Wetlands:

I continue to receive questions about what plans are being made around the park and wetlands. I have responded to many and tried to answer their specific question along with providing some more general information. I have also provided information periodically through this column. I would like to try something different, not quite a formal town hall since we cannot meet in person and not all of the pieces are in place for our parks planning and management staff to propose a draft park management plan yet. I have asked our staff to arrange a Webex meeting for late March where we can review some of the work which has been done to date, outline what needs to be done and answer some of the questions which are most commonly raised. The date, time and access details will need to be distributed later in the month either by email, the online *Mainstreet* or various organizations.

I invite anyone to send me questions directly in advance (email info below) so I can summarize them and be sure to have answers on hand. Below are some of the frequent questions received so far.

How will vehicles be "controlled" to keep them off the beach plus out of the wetlands and other sensitive areas such as the ground nesting bird habitat around the perimeter of the hay fields? Number one question. Ideally the operators of those vehicles would learn a little self control and respect for their environment and others, then we would be done. The RDCK

can and will issue fairly expensive tickets, often on the basis of a photo sent in by an observer who was able to capture identifying marks on the vehicle (such as a license plate) and identify the location as being within a park. This is tied to ICBC vehicle registrations where applicable so the tickets will eventually be paid or the owner will lose their insurance. However, I do not want to make the session all about compliance and enforcement since common sense and effective site layout are the better starting points and those will be discussed.

How will people be "controlled" with respect to late night and overnight use of the lands? Last summer we saw a substantial influx of visitors who did not have a pre-arranged campsite or other accommodations and so were camping on crown land where there were no amenities. The beach area along the Crawford Bay headwaters was one such area. Many residents expressed concern over people staying overnight, even though that is allowed on provincial crown land in that location. Other than by boat or walking the shoreline, access to the crown land strip along the water will only be possible through the lands which the RDCK holds on your behalf, so that can be the control mechanism. Gates, limited barriers and signage can go a long way. Otherwise, as noted above, there is a compliance and enforcement route.

How will sensitive habitat and species be protected? Aside from keeping some out of certain areas with their off road vehicles, a great deal of planning has gone into this but there are a couple of important steps remaining linked to indigenous knowledge and reconciliation. We saw a great interpretive signage project come out of the young students at Crawford Bay School and we need to build on that along with education around indigenous cultural values. As I have noted in previous articles, we have an in depth biophysical study of the area, detailed floodplain mapping and have sensitive habitat mapping and a cultural assessment of the foreshore, the latter being conducted

as part of the Kootenay Lake Partnership. When you look at what the "scientific" investigations revealed about the most critical and productive lake habitat and compare it to the indigenous cultural values you will see a great deal of correlation. This should not surprise any of us. The people who have been living here for several thousand years know where to be at various times of the year to benefit from nature's bounty. I recall a discussion during an event celebrating the anniversary of the Salmo/Creston highway opening. Some were recounting the heroic efforts of European surveyors to determine and map out the best routes to travel across the mountains. A member of our group pointed out to me the obvious – the new explorer primarily just had to follow the existing trails, which are what the indigenous explorers established over thousands of years, at times by following the prominent wildlife trails. At Crawford Creek there are knowledge gaps around traditional and cultural use which will be filled as next steps so a comprehensive education, monitoring and protection program can be established.

Will the area be developed just for locals or will it be marketed or promoted for visitors? The foregoing words do not do justice to the numerous variations I have had on this general question. Some want to keep the beach relatively exclusive and for locals, whatever definition you choose for that, while others are keen to see some economic benefits from their investment through taxation to purchase the properties. This will no doubt be a great part of our conversation. I do need to note, however, that even though many dedicated volunteers gave their time, energy and knowledge to support the acquisition of the property including fund raising efforts, the majority of the cost still rests on the backs of all Electoral Area A residents (Wynndel/East Shore Kootenay Lake).

What else can the land be used for? Another interesting question. We received a generous contribution from the Columbia Basin Trust to support the

Continued on next page...

OPINION EDITORIAL

many others. These guys were always there, simmering below the surface, and Trump was just the right guy to legitimise them, embolden them, and tell them they were right.

Next thing you know, the world starts to wake up to the daily truth of black people being killed in the streets. I always find it ironic when white people see black people as a "problem" when there wouldn't even be a significant number of black folk in America if the white folk hadn't been too lazy to do their own work. Most American black people are descendants of slaves. But what is some poor black guy in a for-profit Louisiana prison making license plates for \$1.00 an hour if not just more slavery? Black Americans are five times as likely to go to jail at some time in their lives as whites.

Then came the backlash - the Black Lives Matter and Antifa groups spurred on by the killing of George Floyd, Daniel Prude and others. Civil war in downtown Los Angeles, Seattle, and St Louis ensued.

While there has always been a somewhat adversarial relationship between Democrats and Republicans in the US, social media has spurred the members of these parties and their representatives to truly despise and mistrust members of the other party. Families and friends disown each other for liking the "wrong" party. The US Senate and House of Representatives have been reduced to a useless sandbox with kids throwing dirt at each other instead of the powerful legislative bodies they should be. Any idea for legislation brought forward by the other party is promptly rejected, no matter how good or urgent it is, and the same thing is happening in Canada. Our disgruntled neighbours on the prairie provinces shut out the Liberals in the last election, and western alienation is stronger than ever, again magnified by social media.

While it is truly scary to know that Facebook, Twitter, Google, even YouTube, is being used to manipulate us, it's even scarier that a demagogue like Trump could

use these platforms to polarise the entire population for the sake of building up his base - "Trump Army".

This all set the stage for the 2020 US election being the biggest and most polarised in history. For all the adoring Trump supporters, there were even more who despised Trump and would vote to get rid of him. Trump, knowing mail in ballots would favour the Democrats, began as early as last spring to use SM platforms and speeches to sow the seed that mail in ballots were fraud.

In the 2016 election, Hilary Clinton actually had almost three million more votes than Trump (Trump 63 million, Clinton almost 66 million). But the Electoral College awarded Trump 306 votes, Clinton 232. Of course, to Trump this was a "landslide".

In the 2020 election, Joe Biden actually beat Trump by almost seven million votes (Trump 74 million, Biden 81 million) (Wikipedia). Ironically, the Electoral College awarded Biden 306 votes and Trump 232, an exact reversal of the 2016 election. Despite every newspaper and media outlet-even Fox news-reporting a Biden win, Trump repeatedly called the election "rigged" and refused to concede. Trump had also called the 2012 election that re-elected Obama rigged. Nobody paid much attention that time.

And so, the circus started. Over 80 failed legal challenges of election results, death threats to polling officials, clandestine websites and social media posts spouting conspiracy theories, Parler and One America News, Rudy Giuliani holding press conferences with hair dye running down his face. Note: One of the best Saturday Night Live episodes I have ever seen was broadcast November 7, just days after the election. Jim Carrey plays an impressive Biden, the always brilliant Alec Baldwin as Trump, and chameleon Kate Mackinnon as Giuliani.

All of this lead to the January 6 storming of the

capitol during the election certification and, finally, the inauguration of Biden. Joe insisted on having the event outside, and I bit my nails worried that a bullet hole would appear in his forehead. In 2001 George W. Bush was inaugurated after a hotly contested election with Al Gore. Thousands of demonstrators pelted his motorcade with eggs. Rough day, I guess.

The first experience I had with disinformation is one of the quotes above: "Loud pipes save lives". As a 51-year motorcycle rider, I can tell you there has been no study ever that proves this. I hear this over and over as an excuse for committing continuous sonic assault on everyone within 100 feet. Again and again there it is-on hoodies, t-shirts, stickers, and out of mouths.

A religion is an entity that expects to be recognised, legitimised, and respected while there is no real evidence backing it up. It exists solely on belief. Fully 75% of Republicans and over 40% of the US population believe the 2020 election was rigged, without one shred of real evidence. The only reason they think so is because Donald Trump said so... over and over and over.

One of the few really effective weapons against disinformation is financial penalties. Smartmatic and Dominion Voting Systems, two of the biggest US automated election systems, recently launched multibillion dollar lawsuits against Trump, Fox News, Giuliani, and other major sources of the Big Lie.

Have we seen the last of Trump? I doubt it. Even though he lost, he still got 74 million votes, a record for the Republicans, and 11 million more than 2016. The parade of high-ranking Republicans headed to Trump's Florida home the last couple of weeks shows he still has huge influence. He could easily form his own party and split the right, just like the Reform Party did in Canada in 1993.

Stay tuned. And don't believe everything you see.

“RDCK” continued from page 3...

conservation value of the lands. At the same time, recreation, along with all of its social benefits, is also recognized as a primary use. Other questions are raised about additional food production or even pieces of land being made available for community services. Again, I look forward to your thoughts.

Will inclusive access be a goal? Yes.

Federal census

It looks as though the 2021 federal census will take place in May. I will not repeat everything I noted last month except to say it is time to be proud and honest if you are actually an east shore or Wynndel resident and state as much so we can reap the benefits of having our true population recognized in that critical data base.

RDCK 2021 Budget

Very few residents took advantage of the opportunity to hear preliminary budget numbers and ask questions on February 1st. Hopefully more will call into the March 1st session which will cover all services provided in partnership with Areas B and C plus Creston along with services covering most of the east shore. If you go to the RDCK website home page calendar you can hover on various dates to see other public budget presentations that you could log into.

If you have questions or comments on any topic please drop a note to gjackman@rdck.bc.ca or call me at 250-223-8463.



Hidden Taxes

by David George
Why Are We Waiting?

We are waiting for our Covid-19 vaccination shots. Sometime in March we are supposed to be able to book them online. But wait: only those of us 80 years of age and older can book for the first vaccination in March.

Age 80 is a very high bar, compared to other places where people I know live. For example, in Connecticut and New Hampshire, vaccinations are now being given to anyone over 65 years. In Maine is it currently 70 plus.

Here in BC, the next age group will be those 75-79, then 70-74, and then 65-69. This means that couples may not be able to receive the shots at the same time. All seniors are equal, but some are more equal than others. This is not right!

Further confusing things are some news reports that some Canadian provinces are considering giving only the first shot of the two recommended by Pfizer and Moderna. This would be a terrible mistake, and must be resisted. Everyone must receive two shots, or we risk more of the most vulnerable dying.

Also, we do not need any whinging about whether the vaccines are safe. Science proves they are, and people who refuse them may be refused some services in the real world, such as sending their children to school, or travelling by air or staying in hotels.

Vaccine identification cards are going to be issued, and for many years they will be as important as your passport. We may need annual booster shots. This is still uncertain, but it may be an annual thing just like annual flu vaccine shots.

To finally hammer this home about vaccine safety: you cannot, repeat can not, get Covid-19 from the vaccines. They do not contain any of the virus. Period.

and above the ceilings of our hall.

As we make progress with our plans to rejuvenate and preserve Crawford Bay’s community hall, it adds perspective to our work to look back in one of the hall board’s minutes books (generously loaned to me by the Gray Creek Historical Society) to see how the community managed to find the money to build the hall 83 years ago. Information gleaned from the internet puts the fundraising efforts into perspective because in 1938 a pound of hamburger was 12 cents, a loaf of bread cost 9 cents, a dollar would buy 4 pounds of butter and gasoline cost 10 cents a gallon!

History From A Crawford Bay Hall Minutes Book

January 21, 1938

Financial statement was presented and the special building fund had reached \$179.79.

Plans for a new hall were discussed. The chairman explained that the proposal was to raise \$500 by voluntary effort, then turn it over to the Crawford Bay School trustees who would obtain authority from the ratepayers to borrow another \$1,500 to nance the new hall in the school grounds. The hall would also be used for school purposes such as concerts and gymnasiums (sic). It was estimated that the loan for \$1,500 repayable over ten years would not exceed a 2 mil rise in school taxes. Repairs to the old hall were also suggested but did not nd favour with the meeting.”

January 25, 1938

It was decided unanimously that J. Richardson act as chairman of the committee and W. Fraser as secretary. Copies of letters written to the Superintendent of Education and Bank of Commerce by the school secretary seeking

As almost all of us know, medical insurance has been free to residents of BC since January 1 2020. Unless you are an international student, that is, in which case you will pay a lot, but you will still be covered.

We are so much better off than most of our neighbours to the south, and if we visit them, when we are able to once again, we can obtain complete medical emergency coverage comparatively cheaply. Blue Cross and BCAA offer good plans.

Have you booked a lab appointment lately? You will have had to do it online. In Crawford Bay, with labs only on Wednesdays you may well have to book your appointment more than a month ahead.

The Laboratory Self-Scheduling System is now in effect, for the Interior, Fraser, and Coastal health regions. Find it at <https://www.labonlinebooking.ca/home>. It is simple to use, and there is a contact help email available which leads one to a doctor, an MD, at UBC. If you have more trouble with the online system, or cannot connect online, call our local Crawford Bay clinic at 250-227-9006, and they will help.

Be aware, however, that while the online system works, it will not show your appointment in My Health Portal online. If you have booked a lab appointment and received confirmation, you may see it only on the self-scheduling system’s website.

Looking at the Appointments section of My Health Portal will not show it. Given that Interior Health must be paying some money to the other system, it is a shame that your lab appointment will not appear in both systems. One might agitate for cross-system linkage by calling the help number for My Health Portal at 1-844-870-4756, Mon.-Fri. 7am – 7pm (PT).

Interior Health has an elaborate website, but the part I found fascinating is their section About Us, Quick Facts. Did you know that IH alone has an annual budget of \$2.6 billion? That serves to cover the 801,000 people in the region, for a total of \$3245 per person per year.

There are 21,000 staff, 1,900 doctors, and 4,800 volunteers who all cover four regional hospitals, 16 community hospitals, and two tertiary hospitals, with a total of 1,433 hospital beds, and 6,992 long term care and assisted living beds. There are 22 health care centres, including our very own here in Crawford Bay.

Are we in our East Shore communities getting our money’s worth for \$3245 a year? I believe we are, even though the ambulance has to be driven south 15 minutes from Riondel for many calls. Riondel also has first responders, who regularly come out for ambulance calls as well.

May we all stay well, and stay safe. Next month some of us will have had our first vaccine shots. Waiting will be over for some of us, at last.

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Crawford Bay Hall UPDATE

Submitted by Susan Hulland



We are excited to announce that architect Nelson Rocca of Studio 9 in Nelson and three engineers (structural, mechanical and electrical) have recently visited our hall. All are actively engaged in helping us to update the building and to make it significantly more energy efficient.

Our community fundraising account got another boost of \$135 this month from the sale of Bruce Paterson’s colour prints and black and white cards depicting the Crawford Bay Hall. Thanks again to the owners and staff of the Crawford Bay Market and to the community, for continuing to honour our efforts. This puts the total raised solely from within the community to \$19,352. The \$19,687 in grants received makes up the rest of the funds.

Thanks to Paul Hindson for the gift of not charging our association for the last grass cutting he did at the park in 2020 and to Will Hulland for helping us chase down structural information hidden within the walls

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the brighter our
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information re a loan for building purposes were read. Also letters written by hall committee to Bank of Montreal and Mr Exter... Plans for raising \$500 cash and \$1,500 loan were discussed. Plans for building materials and methods were examined and secretary was instructed to write for costs of architects charged for speci c details and estimates for construction and also for overseeing correct carrying out of work.

The secretary received verbal guarantees toward the building fund: Mrs Gooch, \$50 and possibly \$100; W. Fraser, \$25; Mr Harvey, \$100; Mr Fisher \$10; Mrs Watson, \$100; Mark & Mr and Mrs Peterson, \$3.00.



Hacker's Desk

by Gef Tremblay

Psychomagic

Jodorowsky has been a very influential character in my life for a long time. As a teenager, I discovered the many comic strips he had created with Moebius, (one of my favourite illustrators) as well as many others. His sci-fi stories mixed with magic and spirituality were so different and inspiring. I later discovered his completely surrealist and crazy movies, again so different from anything I've seen before. It's only in the last year that I've discovered yet another part of his life, a spiritual part that blends creativity and healing: psychomagic.

Born of a Russian family who relocated to Chile, Jodorowsky describes his upbringing to have been surrounded and inspired by poetry. He often describes Chile as a poetic country. Throughout his student life, he and a friend explored psychology, philosophy, and poetry in the rural and urban environment.

He discovered the Tarot at a young age and it has since become a central part of his life and his healing method. During his discovery and exploration of tarot, he decided to re-create as closely as possible the Tarot of Marseille, not from his drawings but by compiling as many older tarot decks as possible. You can easily buy his tarot online.

After moving to France, working in a theatre while hanging out and being influenced by the surrealist group, he came back to live in Mexico where he met with a Zen master and opened his house as a zendo (meditation centre). Later in his career, he started producing few movies, *The Holy Mountain* and *El Topo* being two of his most well know movies. Filled with

strong and twisted symbolism, nudity and violence, his movies are far from being an easy watch, you have to be prepared for quite a ride.

All these paths of his exploration somehow culminated in psychomagic. Similar to his movies, psychomagic is not for the faint of heart. It takes its foundation in psychotherapy but expands it into the world of action. For him, psychotherapy helps the patient to figure out the trauma that needs to be resolved but doesn't have a system to resolve that issue. Once you find what creates the trouble inside you, you can act on it through psychomagic. Instead of acting on these repressed memories and desires directly, Jodorowsky invites the patient to act on them symbolically.

What comes out of this treatment, is a complete theatrical, surrealist session, fuelled by the archetype of the patient. If you take, for example, your dream world as one way that your mind copes with reality, you can imagine how you could be acting out these dreams in real life, in a more orchestrated way. Of course, Jodorowsky brings in Tarot but also likes to study the genealogy of his patients before the treatment.

He does not use the Tarot as a tool to tell the future, but as an exploratory tool into someone's past, where he or she can discover what needs to be healed. His take on genealogy is also refreshing to see in a healing modality. He talks about how a name will carry energy, and when a child is named after a grandparent, if there were some unresolved issues with that parent or grandparent, some of these can be transferred to the child. Some sort of generational karmic movement could be an important element in the healing process.

It feels as if his previous movies were actually a way for him to release and heal past trauma. He went through this process himself and maybe realized the healing potential of these creations.

Spirituality, creativity and healing go hand in hand for me. His technic reminds me of Family Constellations mixed with Kundalini Symbolism and dream

work. I do feel that theatre itself is a healing mechanism, so his whole technique has quite an appeal for me. Could his technique become more mainstream? I highly doubt it, as it takes quite a lot of courage to face your fears and archetypes like this. But I find it an interesting take on healing and I highly recommend anyone who doesn't know Jodorowsky to get a glimpse of his creative, crazy art... well maybe start with his books and comics as his movies might give you the wrong impression!

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Crawford Bay Hall Memories & Musings

by Leona Keraiff

This month's family story is both a musical journey and an example of community spirit. The prominent characters are familiar to many of us.

Gina Medhurst's first encounters with our community hall started in elementary school band, led by Kirsten Verhoeven and David Zaiss. The clarinet was her first instrument of choice, then the bass clarinet, followed by the oboe and anything else Kirsten could get her to play. Jim Donald's community band, lovingly called the "Dorkestra", was next for Gina when she added the baritone saxophone and French horn to her repertoire. The present day "Many Bays Community Band" is a mainstay of the East Shore though sadly not during Covid. Highlights for Gina were when the amazing Donnie Clark would "pop in" to band class.

Gina's Mom, Lorna Robin, is also musically inclined. "The Applesauce Fiddlers put on an event one year that really raised the rafters, 'The Heritage Fiddle Project'. We had Zav Rokeby-Thomas as our special guest performer; she is a wonderful fiddler from Creston who was living on Saltspring Island at that time. Our group (five fiddles, cello, accordion, bodhran) had workshops with Zav in the hall for two days, and for the performance we played heritage tunes from across Canada and later played for a contradance that was called by a lady from Sandpoint. The hall was so packed that night, and everyone was dancing, elders and little ones joining hands and everyone in between. That was 2008, I think. I remember our granddaughter Rowan dancing with Peggy Tugwell." Gina's dad, John Smith, added, "And I played the drum!" Daughter Rowan said, "Grandma taught me violin, Jacqueline (Wedge) the piano and I learned marimbas at school".

Gina's husband Cory first spotted Gina when she was performing in *God's Country* in high school. This was one of Doreen Zaiss' most famous theatre productions held in the hall. The following year, both Gina and Cory appeared on stage together for Doreen's version of *A Midsummer Night's Dream*.

When asked about the Fall Fair, all five members of this family responded. John organized the photography competition with Dena Kubota, Cory entered his ironwork (until Tony Waterfall decided to enter!), Gina and Rowan both competed when they were kids, while Lorna enjoyed the tea and cake.

Lorna stated, "I also remember the New Year's dances that were a yearly event in the early 1980's. A band was hired and everyone was dressed in their best. There were some couples who knew all the moves and danced so smoothly, I always liked to watch them. Dances of the time were the waltz, foxtrot, 2-step, and polka." At this point John admitted to having "two left feet." The three Medhurst's all LOVED the Hexagon Player's New Year's dance and party after their performance of *Kill Me Deadly*. It was 40's-50's style: with balloons full of tickets, Allan Hughes' photo booth, Will and Michelle's music, speakeasy style with roulette and games for all!

On the subject of the Crawford Bay Hall Board: Gina has served for 16 years (as the treasurer for most and for the past few as Chair). "Finally purchasing the land from School District 8 was a definite highlight. The negotiations were history making," she stated.

Lorna added, "I spent some time on the hall board and also on the park board, which was separate at that time. During my time on the board we decided to combine the two in order to maximize efficiencies, and asked the RDCK for a referendum to raise tax money for the hall and park, which was quite controversial. It passed the second time around. Before then, there were ongoing fundraising efforts to keep the hall and park kept up and then, as now, volunteer burnout was a problem. Having some tax money eased the burden for volunteers, who always seemed to be the same few

people. Then as now some things don't change! I am excited to see the efforts now going on to revitalize our community hall. I know it will bring a new generation back for many kinds of celebrations."

Gina organized East Shore Christmas Hampers in the hall for four years. Lorna helped lead Brownies and John spent time in the hall when he was one of many leaders of the first Crawford Bay Scouts during the 80's. John and Cory both donated ironwork to countless silent auctions and fundraisers. John particularly mentioned Starbelly Jam in its infancy, raising funds in the hall.

Personal family treasured memories: Rowan remembers the school lunch program fondly. "Terry Fiddick makes the best spanakopita & Caesar salad." Gina added that when "Mom's & Tots began in the small hall during those early lunch days, Terry passed her delights through the wee window to us." Rowan also mentioned East Shore Youth Network activities such as: Vienna's Horror Movie Night, Matt terrifying all of us kids, the Haunted House. Also Lea Belcourt's Bingo and movie nights were so fun. Rowan gleefully recalled that kids were told the backstage of the hall was haunted, "and then we locked them in!"

Cory enthusiastically told me that he and Gina attended a four part parenting course with Alvin and Teeka Dunic in the hall. "I knew him as Diana's husband and Dominique's step dad for years, as Mr. Dunic the teacher, then there he was as a new dad himself, willing to learn and to share. I made a new friend."

When queried about the community Christmas dinners the family unanimously replied, "Very special and memorable".

"Our wedding reception," Gina and Cory exclaimed. "was catered by Lee Ballash, Mystery Train played (John convinced them to reunite for this event!), 165 family and friends attended, there were tailgate parties in the parking lot and the best surprise - Maureen Draper made my wedding gown and when I went to pay for it Maureen and Eddy said "It is a gift!"

Riondel Fire and Rescue Blotter

by Cory Medhurst, Fire Chief

I must start this month's article with an apology to our editor for my constant tardiness and added stress to her caused by it. I valiantly try to have the article done by the deadline. I usually think about it for a few days prior to the due date, then find myself busy at other things, procrastinate a bit, and then open the logbook of calls and realize that I really should have started well before my reminder text. Last night, after I received my reminder text, I started a brilliant article about spring, the sunny days ahead, and the lack of snow on the ground. I now, after finding myself busy at other things all day, am writing in the middle of a blizzard. By that description one could easily figure out how late my article is. Sorry Ingrid, and sorry readers on the East Shore; I may have caused the snow to fall.

Well, February certainly did not disappoint for call volume, and as I am REALLY late with the article, here are the calls to date:

January 31 – 4 members responded to a medical FR call in Crawford Bay to assist the ambulance with patient movement and access to a difficult driveway. As the crew was helping retrieve equipment, they were called out to another incident in Gray Creek. 3 members left the scene leaving one First Responder remaining to assist Paramedics.

January 31 – The 3 members from above were joined by another member at the scene of an MVI roll-over in Gray Creek. A vehicle traveling down Gray Creek hill lost control on the ice and rolled over, end-

ing up down an embankment. The two occupants, a parent and child, were able to free themselves. A friend of the occupants came to assist while one of the First Responders was able to assess the two for serious injuries; with none being found, the friend drove them to Creston for further assessment at the hospital.

February 3 – A medical emergency in Gray Creek had three members attend to assist the Paramedics. One FR living in Gray Creek was able to assess the patient before the ambulance arrived making for a quick transfer from the patient's vehicle to the ambulance.

February 3 – Later in the evening a call for a chimney fire on Riondel Rd was answered by five members; luckily with enough members in Riondel to bring out the apparatus (fancy talk for Fire Truck). The homeowner was told by a friend to put some water in the fire box and shut down the dampers. This worked to smother the flames shooting out the top and stop the fire. The crew inspected the home inside and out for any extensions, or fire spreading to other parts of the home. Finding none, the crew was satisfied that the fire was extinguished and returned to the hall.

February 7 – A medical emergency in Riondel had two members responding. The circumstances around the incident saw that the ambulance already had the patient and were on route to hospital. Both members stood down.

February 9 - members were paged to a possible shooting in Crawford Bay, with specific instructions to "wait for RCMP". Members joined the ambulance crew and staged near the incident location, waiting for further information and for the RCMP from Creston. While staging, the crews were both called off the original incident and asked to attend with the RCMP to another incident relating to the first, in Gray Creek.

February 9 - When members arrived on scene there were 3 RCMP vehicles and a fourth vehicle stopped on the side of the road. The crew quickly set up traffic control to secure the scene and assisted Paramedics with one patient who had sustained gunshot wounds. When the patient was loaded and the ambulance was heading to Creston, the crew was asked to attend another patient back towards Crawford Bay. When the crew arrived on that scene, the RCMP cleared the First Responders to administer first aid treatment. Members tended to a patient who had also suffered a gunshot wound. The crew waited with the patient until the Creston ambulance arrived and took over care.

February 13 – A medical emergency up an icy driveway in Kootenay Bay had 4 members attend to assist paramedics with patient movement. The walkway from the home to the ambulance was precariously icy and required all members to help carry the patient.

February 15 – A call from the Fire Chief from Kaslo requesting assistance with a couple of his members who had driven 14KM north of Riondel and got stuck had 3 members respond. With unpredictable conditions on the forest service road, a decision was made to use a member's personal vehicle to investigate as not to get an emergency vehicle stuck as well. When the crew arrived at Garland Bay north, it was obvious that the 40-foot ice road uphill was not currently driveable without chains, which were not available at the time. As darkness had set in, the firefighters that were stuck were informed of the situation and asked to walk the 5KM to reach our members. They were brought back to Riondel without further issue.


To allow our editor to get the paper into the printers and get some sleep I will leave the article at that. Stay tuned next month for our new Rescue truck reveal, as well as a discussion on tax bases and the services that we provide. Stay healthy, happy, and warm.


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by Al George, Crawford Bay



Thoughts from the Frog Pot

by John Rayson
**CORONAVIRUS
THE FUTURE**

**Has the pandemic made us crazy?
Or
Were we crazy before?**

There is no doubt we are all experiencing “covid fatigue”. We have been dealing with the pandemic and writing about it for the past year. It is now apparent that we are not yet at the end of the process as we await our vaccination but must continue to wear masks, social distance and avoid any gatherings of those not in our household. Many questions remain.

Vaccines have been developed very quickly, with a new process. Science and the experts do not know whether or not they will have a long-term effect. The variants and mutations emerging in a number of nations and rapidly spreading around the world present another challenge as to present vaccination effectiveness. Variants spread quicker but seem to have a less serious affect. To the best of our knowledge the vaccines continue to be effective against the variants, but long-term studies are not available. We have not had a full and complete scientific evaluation of the variants. However, our communications, including tv and social media lead us to believe that all is solved instantaneously. Social media spreads information within hours and each individual is an

editor with no accountability or responsibility. We all point to politicians as the ones making decisions, but, they are also receiving much of their information via social media.

A book entitled *Factfulness* by Hans Rosling, published in 2018, identified a pandemic as the major threat facing the world. It is believed that the present pandemic began with transmission to humans via a wild animal vector in Asia. The market for live, wild meat products in Asia has not changed and regulation is not forthcoming. In addition, humans are pushing further into remote areas to identify additional sources of protein. Do we really think that this is the last pandemic and if another occurs it will be a hundred years in the future? I think not!!

Canada now has a problem with vaccine supply. We did not order enough, nor on time. We now question as to why we cannot produce at home? From 1913 to the 1980’s, Connaught Labs, a superstar in the development and manufacture of vaccines was a leading Canadian company. We privatized and sold it. What remains of the organization is now owned by a giant French pharmaceutical company.

In 2004, Theresa Tam, now Chief Public Officer for Canada and on TV each day, produced a blueprint for a Canadian response to a pandemic. The plan was ignored and funding allowed to lapse by subsequent governments. Canada developed a world leading and internationally recognized Global Public Health Intelligence Network [GPHIN]; the network was downgraded and allowed to deteriorate. Even WHO, World Health Organization, could not believe that Canada did not understand the value of the network both locally and internationally. We replaced experienced epidemiologists with bureaucrats. We could have avoided many of our present problems had we maintained our own capabilities plus continued a presence in China; as we had established with our previous systems. We

are the architects of our own disaster.

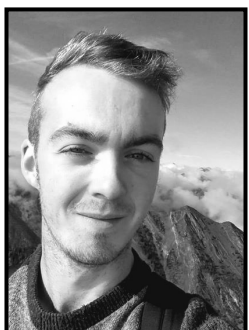
Now, let us turn to the future. Some things will change but many will remain the same. Aristotle, 2400 years ago, stated that man is a “social animal”. We continue to be a social animal and our cities will continue to grow and expand as they have with previous pandemics such as the bubonic plague in the 1300’s. At present, 84% of Canadians live in an urban environment. This percentage will continue to grow in the future, in spite of some recent movements to more rural areas. It is estimated that within ten years, 90% of Canadians will live in an urban environment.

Globalization will continue. In fact, globalization may have begun in 1492 with Columbus, accelerated during the period 1820-1914 with the lowering of transportation costs, slowed during the periods of WWI and WWII, but has seen dramatic growth in recent years. Globalization may change but will continue as each country attempts to emphasize its advantages.

The world is bipolar. During the time that I grew up, this meant, U.S.A. vs Russia. Now it is the U.S.A. vs China. The U.S.A. and China have the two largest economies in the world. The U.S. economy is much larger at the moment but China is making rapid advances. We should note, that four out of every seven individuals living today live in Asia, while only one out of every seven lives in North or South America. China is rapidly developing the “Belt and Road” initiative and making massive investments in Asia and the Middle East. I don’t believe we know what the future will bring or how our grandchildren will live.

Adding to all of the above, inequality between segments of the world’s population is once again increasing. Our middle class is disappearing and more of the world is experiencing extreme poverty. This change is after recent significant advances in decreasing the amount of extreme poverty in recent decades. Some of this change can be attributed to the world wide effects of the pandemic but not all.

Food for thought and the basis for much disruption in the future.



Young and Dumb

by Arlo Linn
The Way

This is the second installment of my writings “Lessons from the Tao Te Ching”.

If you missed the first part of this series, I recommend going back to last month’s issue by finding it on the *Mainstreet* website, as that will better help you understand my conclusion. I covered the first four lines of the passage below last week, and in the second part I will cover the last four.

(ED: the website isn’t currently completely up to date with past issues, but this is just the push I need to get to it! Watch for it to be updated this month!)

*When rich speculators prosper
while farmers lose their land;
when government officials spend money
on weapons instead of cures;
when the upper class is extravagant and irresponsible
while the poor have nowhere to turn -
all this is robbery and chaos
it is not in keeping with the Tao*

*when the upper class is extravagant and irresponsible
while the poor have nowhere to turn -*

The number of Canadians officials (and now, joining their ranks this week, Canadian-American senator Ted Cruz) of various levels of government that were either pressured or chose to resign over taking secret holidays over the last few months has been simultaneously horrendous and laughable. We have many government officials who have been pressuring the

Canadian public, as they should, to be safer and more conscientious of the pandemic that is still ongoing. And while they preach social distancing and staying home for the holidays, they go on extravagant trips. What’s worse is that many officials tried to hide it from the Canadian public. Now, I am very glad that so many of these irresponsible government officials were fired or forced to resign, but that is only because they got caught. How long would certain individuals be able to put on a proud face as one who is serving their country to the highest degree while simultaneously engaging in all the activities that they explicitly forbid or highly advise the public to avoid partaking in. In some ways it seems that many laws out there exist only to prevent poor people from partaking in them, but anyone with an excess of wealth is able to circumvent these same issues. This forces many poor people into a corner that can seem difficult, if not impossible, to escape.

*all this is robbery and chaos
it is not in keeping with the Tao*

The running theme of this whole passage, or one of the running themes, is conflict. Rich speculators vs farmers, weapons vs cures, rich vs poor. This chapter of the *Tao Te Ching* outlines the danger in pitting one group or idea against the other. I believe I may have come off as anti-rich in formulating my interpretation on the meaning of this chapter of the *Tao Te Ching*, but that has not been my intention. Rather, I believe that one can be exceedingly rich and be an outstanding member of society, all depending on how they decide to spend their vast amounts of capital. Someone like Bill Gates is very admirable to me. With his help, Polio has become an almost forgotten disease, no one in any developed country needs to worry about their child getting this horrible illness, and now very few

people in the entire world need to be worried about this disease. Of course, Bill Gates isn’t the only person to thank, but the eradication of this disease may have been an impossibility to do in such a small time frame if it wasn’t for the vast amounts of wealth that people like him contributed to this cause. *The Tao* never states that rich people are the problem, but rather that when the rich abuse the poor there is a problem. The proper way forward is not through conflict, conflict only breeds more conflict. The creation of weapons over cures only ensures the fact that those weapons will be used. The proper path as put forward by this passage is through cooperation and harmonic order, as that is the opposite of robbery and chaos. When the powerful enoble the weak, and the rich help the poor, all this is in harmony with the Tao.

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Tom's Corner

by Tom Lymbery

Creeks Along the Eastern Shore

We are indeed fortunate to have many creeks along the eastern shore of Kootenay Lake. They give us all the water we need and can supply most homes with gravity pressure.

Gray Creek's many streams far outnumber the three creeks in Crawford Bay which drain into the lake – Burden, Crawford and Beaver. When my father Arthur Lymbery came from Nottingham, England in 1911 he spent some time looking for orchard land in the Okanagan, Arrow and Kootenay lakes. From someone he had received excellent advice, "Make sure there is sufficient water." Thus he avoided the Balfour area which has almost no creeks. He finally decided on Gray Creek and 100 acres served by both Croasdaile and Oliver creeks. Both creeks could be used to water fruit trees by using basic ditches. He wasn't misled by fruit land promoter/fraudster "Honeymoon" Fred L. Harris, who claimed that irrigation wasn't necessary. Harris' own place north of Riondel had underground water.

The naming of many creeks resulted when a new property owner applied for a water licence to the Water Rights Branch in Nelson. If this was the first application for that water, the inspector would name the creek after the applicant. So they became Wilmot, Croasdaile, and Birkbeck creeks, for example. Most likely McFarlane Creek was named this way as well, but not even Greg Nesteroff has found the man behind that name.

Starting at the north end of Gray Creek, there is a small watercourse north of Weasel Creek. It is nameless, as no one has yet applied for a water licence. This creek has a large lime content, which is interesting because its bearing appears to be across the bay from Lime Lake. The stream goes under Hwy 3A at the sharpest corner, where you really have to slow to 40 K.

Weasel Creek, the next creek south, is at the north end of Wilmot Road, and runs under the highway at Starbelly Beach. The creek is obviously named for the animal. Its principal user in the 1930s would have been the Gray Creek relief camp, followed after the war by the Dawson, Wade & Co. road construction camp. The first house nearest Weasel Creek was Geoff Beley's.

Wilmot Creek was named for Sir John Eardley - Wilmot in 1908. Many years later Jim Burge had a timber limit up this creek where he also operated a sawmill called Burge Lumber Co. It was nicknamed "The Burge Slumber Co" after Oscar Wirsig dropped in to see Jim and found him still in bed at 9 am. A four-inch pipe from Wilmot Creek, dropping down to just above the highway, was sufficient to power Conrade

Feenie's generator. Feenie's wife wouldn't move into their house until there was power.

Haddon Creek is named for Colin Haddon, who built his small house right beside the stream on what is now Oliver Rd North behind Rockwood Café. As an early fruit grower, road worker, sternwheeler deckhand and writer, Colin chronicled his efforts in his diaries which Gray Creek Historical Society published as *Fishes and Wishes and Fruit*.

Croasdaile Creek preserves the name of Henry E. Croasdaile. Croasdaile gave the community of Gray Creek its start when he took out a water licence on Croasdaile Creek in 1906 and planted 200 acres in apples at the north end of what is now Oliver Rd South. In 1908, now joined by other fruit growers, Croasdaile was the catalyst for starting postal service and regular sternwheeler service to Gray Creek. In 1930 the enterprising Burge family ditched Croasdaile Creek water into an six-inch pipeline to run a Pelton wheel, a kind of a mini hydro-electric turbine, to provide electric light and later operate their sawmill and



Oliver Creek crosses under Hwy 3A in this 1946-era wooden culvert, coming out between the 7th and 8th tree in the row of plane trees (counting from the north), and flows into the lake. Cooped with staves like a barrel, the culvert is still watertight 75 years later. Photo and discoverer: Janet Schwieger, Feb. 16, 2021

home freezer. They continued to operate some years after power arrived in Gray Creek in May 1952.

Oliver Creek is a small creek between the Schutters and the Olivers on Oliver Rd South. The creek once disappeared underground so it wasn't visible from the highway. Because its volume is low, Tom Oliver and

Arthur Lymbery took out water licences on Gray Creek in order to supply extra summertime water to Oliver Creek. Now it crosses under Hwy 3A in a 1940s wooden culvert into the line of London plane trees, and flows into the lake. This small creek used to supply gravity water both to our store and house until the steel pipe under the highway rusted out. Now the store has a 66' deep well.

Aulden S. Gray and John P. Redding were prospecting partners in Gray Creek in the 1890s. Gray became

the name of the west-flowing creek, and Redding the larger creek that flows east into St Mary's River. While Gray and Redding were cutting cordwood for the Pilot Bay smelter, they used a basic flume with Croasdaile

Creek water to float the wood down to the lake to be loaded on a barge. The cabin they built in 1894 for this project later became the "Little Log" at the Gray Creek Auto Camp, and is now preserved at the Gray Creek Hall. The 1952 power line to Kimberley follows the Gray Creek/Redding Creek drainages across Gray Creek Pass, as did the first four-wheel-drive road, and in 1990, the more drivable road we use today.

Continuing south, Birkbeck Creek is named for Sam Birkbeck, the builder of the Gray Creek Hall in 1912-13 and Arthur Lymbery's first house. My dad always rated Sam as one of the most knowledgeable locals. Birkbeck Creek supplies gravity water to several homes, including the Musils.

McFarlane Creek comes to the highway at the Lakeview Store. Cycling by the store in the summertime, I always appreciated the cold draft that crosses the road above this stream. George Oliver's brother Tom built an overshot waterwheel on the creek just above the highway to power an electric generator for the store's owners, the Gibbs family. But as soon as Wilf and Ida Kocher took over the store in 1950, the waterwheel fell slightly off its bearings and never ran again. Wilf turned to using a boat motor as a generator, but unfortunately that started a fire which destroyed the original store. Present day owner Lois Wakelin has a water-powered generator on McFarlane Creek which feeds into the Fortis power grid. When D'Arcy Bacon and Fred Wilmot were building Kootenay Cottages (now East Shore Properties) in 1936-37, they had George Oliver and others build a two-mile long flume from McFarlane Creek. It was high enough to carry water to Fred Wilmot's home as well - now Charles and Ellie Reynolds, 14490 Hwy 3A.

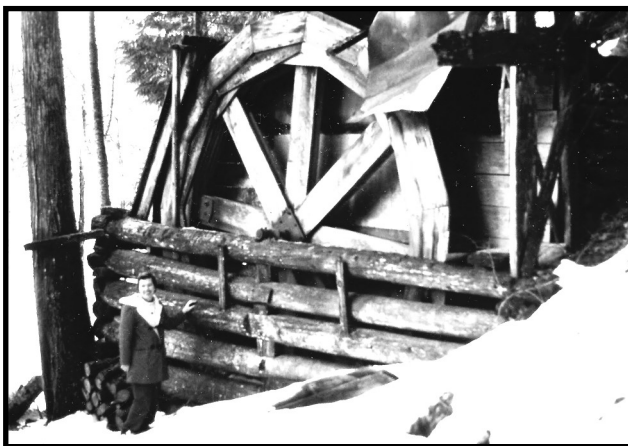
Len Clark found that the new highway being built up the lake in 1930 was coming right through his place. After standing off the road crew with his rifle, Len was satisfied with the addition of an underpass for Wolverton

Creek, so that his cows could safely go under the highway instead of across it. Later on when the Wirsig family operated Gray Creek Forest Products, they used Wolverton Creek water to fill their log pond, as well as run under the saws to carry the sawdust away. Our local Wolverton Creek may have been named for Newton Wolverton, an early Nelson fruit land developer and promoter, but we don't yet know how or why.

Despite its small size, Lindsay Creek is a steady water supply for several homes on Maia Lane near Gents Beach. Lindsay Creek was named by 1909 and likely earlier, probably for one of two early fruit land agents, Herbert L. Lindsay and Robert K. Lindsay (no apparent relation.) Both men were active in Gray Creek around this time.

Furthest south is Crown Creek near Burden's Rock, or Burden's Cut. It took the road construction crew about six months to blast their way through it in 1929-30. Above it is an area which had been surveyed into 10 acre lots back in 1908 to be sold as orchard land. It is more recently marketed as Gray Creek Estates.

Highways will only allow road signs to name creeks with bridges across them, and not those that flow through culverts. This is unfortunate as so many of our creeks have historical significance. If our highway was built to today's standards, many of these culverts would be required to become bridges instead, as even the smallest streams have fish, mostly small western brook trout, and Gray Creek was once famous for its kokanee. Gray Creek Historical Society would like to post signs naming all our creeks where they cross the highway, but so far Highways has stymied our proposal.



The overshot waterwheel on McFarlane Creek which once supplied hydro-electric power to the Lakeview Store across the highway, photographed in Dec. 1975. At lower left is Laura Simpson, who owned Lakeview with her husband Brian at the time. Photo: Laura

East Shore Life YouTube Channel

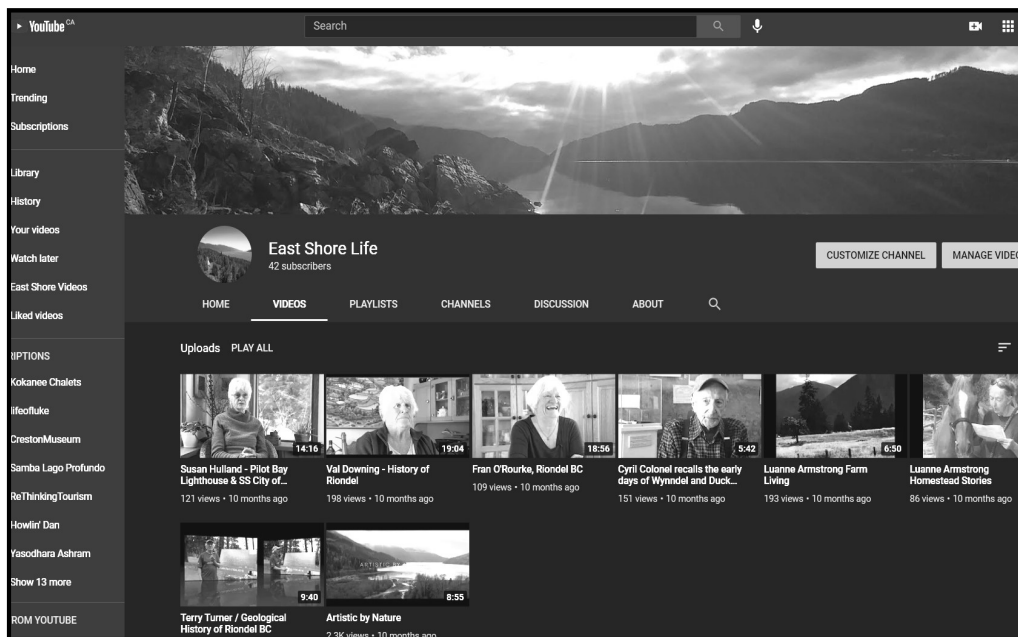
By Farley Cursons

People without the knowledge of their past history, origin and culture is like a tree without roots.

- Marcus Garvey

One of the most inspired parts of the Enhanced Tourism Education Program (AKA Building East Shore Tourism) for me was co-producing several knowledge holder interview videos and the 'Artistic by Nature' artisan / mountain biking video. All the videos were created by local filmmakers who represent just a few of the many talented individuals that live in our community.

Video brings together two things that catch our attention like nothing else: movement and noise. Both of these features play a significant role in conveying an efficient message. Alternatively, text relies on a specific choice of words, punctuation and visual cues to set a desired tone. Our brain loves video because it is programmed to retain visual content better than a page loaded with words. According to studies, the average viewer remembers 95% of a message when it is watched, whereas only 10% when the message is read.



Video can extend even beyond verbal and nonverbal communication by including visual aids like images and footage, which further strengthen the experience. The simple matter of the speaker being visible makes video all the more accurate and effective. The medium has had soaring potential for years and now with the COVID 19 pandemic its true capacity has been realized. The extent of video's social scope is miraculous. If you want to reach out to the world, all you need is video.

Following the completion of the Enhanced Tourism Education Program there was some discussion on how to present the videos. Initially we had hoped to host a wine and cheese style event where we would invite the video creators, the video subjects, community leaders and residents to view the video collection and perhaps have a Q&A afterwards. It wasn't long after that the BC Health orders came into effect and gatherings were not being recommended.

So now the challenge was to find a way to get the interviews to the people. The content simply couldn't be shelved. The answer appeared relatively quickly. I needed to start a YouTube channel. While I probably watch a couple hours of youtube videos everyday I had never given thought to creating a channel. After a couple of days of research I figured it out and set it up. With professional support from Geoffroy Tremblay at Studio Ponnuki we loaded up the ETEP videos and were then able to provide URL links to the channel as well as the individual videos. We decided to call the YouTube channel 'East Shore Life' to correspond with the existing eastshore.life website directory.

After a bit more time developing the channel I began to see all the possibilities for how the medium

could connect our community when we couldn't actually be in the same room with one another.

While the YouTube channel features the Knowledge Holder and Artistic by Nature videos I began to search out any and all existing videos that were East Shore related and started loading them into the new channels 'playlists'. Some of the videos now available through the East Shore Life YouTube channel are the Artisans of Crawford Bay, Spectacular by Nature and The Enchanted Playgarden at Crawford Bay Park. History buffs might enjoy seeing videos of the Bluebell Mine headframe demolition or the MV Anscorb leaving Kootenay Bay in the 1950's. The playlist keeps growing and it's definitely worth checking out.

Additionally you can view the next column titled 'channels' where one can find many other local YouTube channels like Howlin Dan, Bohdan Doval and Yasodhara Ashram to name a few.

Back to the featured videos, our community elders are an amazing source of information about the past and there is much to be gained from the stories of their lives. The stories told from the perspective of many years of experience, have meaning now and in the future. With these stories on video, our community can capture for posterity the historical facts and the human interest element of these people's lives. A collection of life accounts cannot be understated as a valuable resource for understanding the history and special

culture of our community. A big thank you to Babs Lucas, Dan Silakiewicz and Leah Wilson as well as Tammy Bradford at the Creston Museum for their work and support on the channel's current featured knowledge holder videos.

As mentioned the East Shore Life YouTube channel features 'Artistic by Nature' by Bohdan Doval. This video explores the life and work of three Crawford Bay Artisans;

Luke Lewis, Galadriel Rael and Leia Rae Belcourt who are not only talented artists and business owners but also enjoy going mountain biking on our local trails together.

The knowledge holder video series is continuing thanks to support from the RDCK. In the coming weeks we will be loading our most recent knowledge holder videos but until then be sure to watch the current feature interviews of Luanne Armstrong, Cyril Colonel, Susan Hulland, Val Downing, Terry Turner and Fran O'Rourke.

The East Shore Life YouTube channel is now a key piece of the East Shore's video knowledge base. It's been a labour of love and a real privilege to curate all of this information. As a strong proponent of community volunteerism, I see the creation and management of the East Shore Life YouTube channel as just one example of how volunteers can fill needed roles in society and contribute to a positive cause. I hope you enjoy the East Shore Life YouTube channel. Be sure to "like" and "subscribe" so you don't miss any of the new videos that are posted.

I'd like to thank our current project consultants Tom Lymbery and Frances Roback and the core production team, Babs Lucas and Geoffroy Tremblay. Thanks must also be given to the ETEP/BEST steering Group; Richard Bertram, Laverne Booth, Garry Jackman and Gauri Taylor-Topp. Additional thanks to Garry Sly and South Kootenay Lake Community Services Society for their professional support through the journey and for sponsoring our latest funding requests.

When Data Gives the Wrong Solution

Submitted by Herve Blezy, Director Regional Affairs, Kootenay Lake Chamber of Commerce

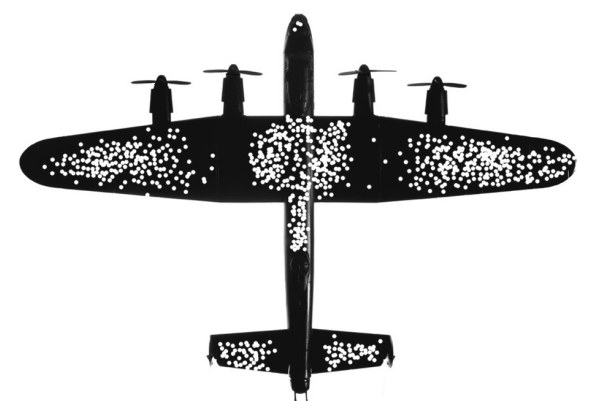
Intro by Herve Blezy: Intro: Building Infrastructure with poor data? Whenever a government department or a company hires a third party, a Terms of Reference (TOR) document should be developed, to provide valuable information and guidance to the third party. What is the purpose of the study, who will provide the information, how will the information be processed and what will the deliverables? Other key considerations are who is accountable for the study and in what time frame will the study be completed in? Who is the real client?

The third party should review the TOR and ask themselves whether the intent and scope of the project is correct based on the purpose of the study. Where will the study data come from and has it been verified for accuracy? I hope you find this article interesting as I will follow up on another article next month.

The following article was written by Trevor Bragdon, reprinted with permission. It is titled:

When Data Gives the Wrong Solution

During World War II, researchers at the Center for Naval Analysis faced a critical problem. Many bombers were getting shot down on runs over Germany. The naval researchers knew they needed hard data to solve this problem and went to work. After each mission, the bullet holes and damage from each bomber was painstakingly reviewed and recorded. The researchers poured over the data looking for vulnerabilities. ((Syed, Matthew. 2015. Black Box Thinking. New York: Penguin Random House. pp 33-37))



The data began to show a clear pattern (see picture). Most damage was to the wings and body of the plane. The solution to their problem was clear. Increase the armor on the plane's wings and body. But there was a problem. The analysis was completely wrong.

Before the planes were modified, a Hungarian-Jewish statistician named Abraham Wald reviewed the data. Wald had fled Nazi-occupied Austria and worked in New York with other academics to help the war effort.

Wald's review pointed out a critical flaw in the analysis. The researchers had only looked at bombers who'd returned to base.

Missing from the data? Every plane that had been shot down.

But the research wasn't a wasted effort. These surviving bombers rarely had damage in the cockpit, engine, and parts of the tail. This wasn't because of superior protection to those areas. In fact, these were the most vulnerable areas on the entire plane.

The researchers' bullet hole data had created a map of the exact places that the bomber could be shot and still survive. With the new analysis in hand, crews reinforced the bombers' cockpit, engines, and tail armor. The result was fewer fatalities and greater success of bombing missions.

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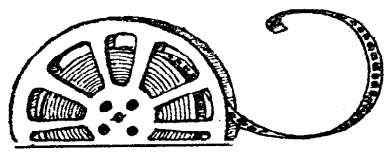
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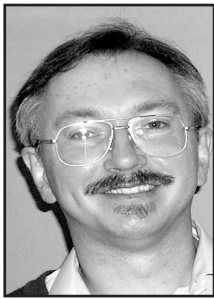


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Seldom Scene



Where Ma Rainey and Beethoven once unwrapped their bed roll/Tuba players now rehearse around the flagpole/ And the National Bank at a profit sells road maps for the soul/To the old folks home and the college.

--Bob Dylan, "Tombstone Blues"

Gertrude 'Ma' Rainey was one of the greatest and most loved blues singers of all time. Her blues were rough and earthy, profound in depth and with a warmth which transcended mere words. She would moan 'hmmmmmmmm', and the audience would moan with her....She was an extraordinary-looking woman, ugly-attractive with a short, stubby body, big-featured face and a vividly painted mouth full of gold teeth; she would be loaded down with diamonds—in her ears, round her neck, in a tiara on her head, on her hands, everywhere. Beads and bangles mingled jingling with the frills on her expensive stage gowns. For a time her trademark was a fabulous necklace of gold coins, from 2.50 dollar coins to heavy 20 dollar 'Eagles' with matching gold earrings....

On stage she would have a huge eagle backdrop, and would appear out of a big box made to look like a phonograph, blowing kisses. At the time when Lon Chaney's silent movie *The Phantom of the Opera* was doing the rounds, her show once started with someone in the balcony bellowing "The Phaaantuhm!" as her five-piece Georgia Jazz Band assembled in the pit. All round the theatre the chorus of voices then joined in, "The Phaaantuhm – the Phaaantuhm", rising to a crescendo as the stage curtain rose to reveal the giant replica of a Victrola, bathed in blue light. From inside the cabinet came Ma's moaning voice, the enormous doors then sung open, and there she was, resplendent in her sequined black dress and her shimmering jewellery."

-from Giles Oakley's *The Devil's Music: A History of the Blues*

Although I'd spent a fair amount of time during my university years listening to blues music, the singers I listened to were exclusively male. I'd never heard of Ma Rainey until her name cropped up in a Dylan song, and it was only many years later that I began listening to her protégée, Bessie Smith. In a similar vein, I was completely ignorant of the works of the Pulitzer Prize-winning Black American playwright August Wilson until *Fences* was made into a film in 2016.

Now we have director George C. Wolfe's version of Wilson's *Ma Rainey's Black Bottom*, featuring powerhouse performances by Chadwick Boseman and Viola Davis. I'd have been tempted to review Ma Rainey even if Boseman's role as Levee, the ambitious young trumpet player who is trying to reconcile a fraught past with his dreams of a shining future, were the only thing I liked in the picture. Boseman's death from colon cancer at age 43, just prior to *Ma Rainey's* release, came as a tremendous shock to the acting community and to all of the fans who'd celebrated his ground-breaking success as T'Challa in Marvel's *Black Panther* (2018), and his pivotal role in Spike Lee's *Da 5 Bloods* (2020). Levee's is the kind of angry-young-

man role that the combination of a gifted playwright and equally gifted actor turn into dramatic gold.

The set-up for *Ma Rainey's Black Bottom* is simplicity itself. It's 1927. Ma Rainey is at the peak of her career. Although she has built up her fame almost exclusively through her touring in the South of the U.S., she has come to Chicago to make her first recordings. A four-piece back-up band has been thrown together for the occasion. Three of the musicians are veterans who aren't about to lose any sleep dealing with the fretting of white producers & managers and the demands of temperamental artists. The fourth musician, Levee, thinks he has the brains and talent to beat the system, and has absolutely no patience for what he dismisses as Rainey's "old jug band shit." Generation gaps aren't just something white people struggle with. In one way, Levee's resentment isn't misplaced; Ma Rainey worked with jazz greats like Louis Armstrong, Coleman Hawkins, and Fletcher Anderson, but her backing instrumentation could as easily be banjo, kazoo, jug, and washboard. Levee's tragic mistake is in assuming that Ma Rainey's strengths—her professionalism and her unapologetic roots in minstrel & tent shows and the blues of the poor in the Deep South—were weaknesses. Here was a woman who was able to stand her ground against white-controlled record companies, and come out of the Great Depression running two of her own theatres in Columbus and Rome, Georgia. She was Paramount's biggest selling star in the 1920's, the incarnation of classic blues at a time when as much as 75% of the blues songs were written from a woman's point of view. All Levee can see is a gaudy, hidebound

"tit show" prima donna. Ma Rainey is as archaic and downright weird in his eyes as she was in the eyes of some of the people in the audiences on her Northern tours.

Nor does Levee have much more in common with the other musicians in the room. Until they hear his brutal monologue on how racist violence destroyed his parents, they haven't a clue as to what's driving his anger, his arrogance, his contempt for religion, his reckless ambition. His fellow musicians—Cutler

(Colman Domingo), Toledo (Glynn Turman), and Slow Drag (Michael Potts)—have been around long enough to dodge the more deadly racist undertows, to adapt to changes in the music scene, and to grow old doing what they love to do. Their philosophy is a stoic one, mirrored in classic blues and gospel, tempered by years of Northern urban life. Live and let live. It's okay to be a fool sometimes—if you can deal with the consequences and not be the same fool twice. These musicians may no longer have much more in common with Ma Rainey than they have with Levee, but she has their respect because they see that she knows how to play by her own rules despite a power structure that's stacked against her. All Levee sees is fawning cowardice, a willingness to "be satisfied with a bone somebody throw you." He thinks he knows how to handle white men. He thinks he's going to make them respect him.

He's wrong. White businessmen like Irvin (Jeremy Shamos) and Sturdyvant (Jonny Coyne) may run into a brick wall when they face off against Rainey; but they roll right over Levee like he isn't even there.

Adding some fuel to the fire is Taylour Paige as Dussie Mae, a hot shimmying backup singer/dancer in Ma Rainey's entourage, and Rainey's personal girl toy. Levee's quick to put the moves on her, oblivious to the fact that by hitting on Dussie Mae he's headed for the same brick wall that Irvin and Sturdyvant smash into. Even more literally, Levee gets a concrete look at his future when a peak of frustration causes him to force open an unassuming steel door at the back of the recording studio. No exit.

Along with the superb performances, special mention has to be given to the formidable Branford Marsalis for his work on the musical score of *Ma Rainey's Black Bottom*, and to Ann Roth for her amazing attention to detail in the costuming.

This film isn't the last cinematic word on Ma Rainey. Just as *Lady Sings the Blues* isn't close to being the movies' last word in Billie Holiday. Some day we're going to get a documentary or feature film dedicated solely to Rainey's life as a performer and stage manager. Hers is an amazing story that deserves to be afforded the kind of reverence that Robert O'Meally paid to Billie Holiday in his book *Lady Day: The Many Faces of Billie Holiday*, and the same respect shown in James Erskine's recent documentary *Billie* (2019). Gertrude 'Ma' Rainey's death certificate listed her occupation as "housekeeping." I'd like to think that was her ironic parting shot at everyone who'd downplayed her roles as a demanding band leader and tough-as-nails businesswoman.

By the time Rainey started recording for the Paramount label in 1923, she was 37 and was known by her preferred title of "Madame" Rainey. She recorded 94 songs over five years. Some good starting points: "See See Rider Blues," "Levee Camp Moan," "Trust No Man," "Black Cat Hoot Owl Blues," "Hey Bo Weevil," "Moonshine Blues," and "Chain Gang Blues." From Elijah Wald's *Escaping the Delta*, here's a final recollection from Thomas "Georgia Tom" Dorsey, who was one of Rainey's bandleaders and went on to become the "Father of Gospel Music":

"She possessed her listeners; they swayed, they rocked, they moaned and groaned, as they felt the blues with her. A woman swooned who had lost her man. Men groaned who had given their week's pay to some woman who promised to be nice, but slipped away and couldn't be found at the appointed time. By this time she was just about at the end of her song. She was 'in her sins' as she bellowed out. The bass drum rolled like thunders and the stage lights flickered like forked lightning:

*I see the lightning flashing, I see the waves a-dashing
I got to spread the news, I feel this boat a-crashing
I got to spread the news; my man is gone and left me
Now I got the stormy seas blues...."*

If you'd like to experience more of August Wilson's theatrical work, Netflix is also currently featuring the documentary *Giving Voice* (2020). *Giving Voice* captures the work of some of the thousands of high schoolers who participate in the annual August Wilson Monologue competition for an opportunity to perform on Broadway.

Also in bookstores these days is Isabel Wilkerson's *The Warmth of Other Suns*, the epic chronicle of the almost 6 million black citizens (like Levee) who fled the South for northern and western cities—the Great Migration.



Blast from the Stacks Riondel Library News

by Muriel Crowe, Shirleen Smith

Spring

by Mabel Linn (1917)

A flicker of leaves

Across my book,

And a quavering bird-note

Call me

To the window;

And there –

Is Spring,

Laughing up the slope

With jonquils

In her hair

And teasing the thrush

Because his song

Is rusty!

March: Is it a month or a command? This sort of ambiguity is common in the eastern West Kootenays where residents habitually hedge their bets. Should we celebrate the coming of spring? Sure, but don't stow away the splitting axe just yet. Is it time to plant the garden? Go ahead, there's always row-covers.

Riondel librarians understand the complexity of life here. Yes, our celebrations are tinged with contingency, but our setbacks are leavened with levity as well. So it is with the pandemic. The library has been closed for months, but have you heard about our **Around the World in 80 Reads Contest?** Patrons are taking out books and then entering to win free books! And telling us where they travelled between the covers, and what their Trip Advisor-like review would be. The next prize draw is March 8, so get your entry in by March 6 for a chance to win!

Furthermore, as East Shore dwellers grow weary of social distancing and whatnot (but keep soldiering on!), the librarians are prescribing measures to keep us safe while we wait for the cavalry to round the final bend with six-shooters full of vaccines. To keep us distracted while we practice rolling up our sleeves, we recommend plunging into a series. Riondel Library stocks a bunch of these, from the humorous and gently coddled Alexander McCall Smith's *Ladies No. 1 Detective* stories, to more hard-boiled gritty series such as: Lee Child's *Jack Reacher*, Gail Bowen's *Joanne Kilbourn*, Iona Wishaw's *Lane Winslow*, James Patterson's *Women's Murder Club*, James Rollins' *Sigma Force*, and of course Sue Grafton's *Kinsley Malone*. And many more, trust me. Serial reading is guaranteed to make you forget you're still trapped at home.

And that's not all. Is your heart yearning for a particular book that doesn't seem to be in the Riondel Library collection? Don't despair, email! In many cases, we'll be able to order in your book.

How to access Riondel Library:

To take out books and DVDs: just phone or email us. (contact info below) We'll even call you when it's ready to pick up. To return books and DVDs: drop them off in the book return slot (easy peasy) or in person (with masking and social distancing!) during hours when a Librarian is there. And: there's still no overdue fines! To see some books and DVDs: visit the website where you'll find images of new acquisitions and a catalogue of all our holdings.

Finally, Riondel Library is cheering everyone on in our collective effort to stay safe. We get it. Everyone is so done with all these pandemic precautions. We're right alongside you yearning for up-close-and-personal time with our loved ones. But! We all have to suck it up just a little longer. The new variants are scary and we're as much or more at risk than we've ever been. But help is on the way. Hang in there, library patrons and East Shore citizens in general. We love you. Stay safe, keep well.

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East Shore Reading Centre News

By Taryn Stokes, Librarian

We have recently received some fantastic books into the library from many of our favorite authors - Steve Berry, J.A. Jance, J.D. Robb, and more. However, today I want to highlight some of the Science Fiction/Fantasy (SFF) books we've added to the shelves. If you've never considered this genre then these accessible and very well written books just might change your mind!

The first book is *The Invisible Life of Addie LaRue* by V.E. Schwab. This book was a Goodreads Choice Award Nominee in 2020 for Fantasy. The story takes place on earth as we know it, filled with understandable characters navigating their way through this thing called life. The fantastical element of this book (which earns it a SFF designation) is that the main character makes a bargain with a supernatural being as a young woman (300 years ago in France) to avoid an unwanted marriage. Her 'deal' prevents aging and gives her everlasting life to explore her freedom, however, as with any deal too good to be true, it comes with some major downsides. She cannot create anything lasting and no one can remember her the moment she is out of their sight. The story details her struggles in the past and the progression of her story in the present. It's a love story mixed with historical fiction and a very enjoyable novel.

A new Science Fiction book is *Spin* by Patricia Cornwell. Many of you may know Patricia Cornwell as the author of the popular series featuring medical examiner Kay Scarpetta. *Spin* is her second book with the main character Captain Chase. The writing style and flow of the novel is very similar to her writing with the Kay Scarpetta series, except boasting more technical jargon and acronyms. Some of the acronyms are familiar ones - FBI, CIA, NASA, TP (remember stocking up last spring!) but you are also going to be introduced to a few new acronyms as well.

Yet another Fantasy book that may be different than your expectations is *Highfire* by Eoin Colfer. This is the author of the Artemis Fowl series (also on the library shelves). *Highfire* is about the adventures of a teenage boy in Louisiana and is filled with sarcastic wit, naughty language, a corrupt and distasteful sheriff, plus a talking dragon that loves reality television and vodka; *Highfire* makes for a hilariously entertaining read.

Two other books worth noting are *Piranesi* by Suzanne Clarke (2020 Globe 100 Books) and *To Sleep in a Sea of Stars* by Christopher Paolini (Goodreads Choice Awards Winner in 2020 for Science Fiction). Enjoy these reads with a nice warm drink! The library is open Tuesday and Saturday from noon until 3pm.

BOOK REVIEWS

by Tom Lymbery

BIG LEDGE – by Brian D'Eon – the Triumphs and Tribulations of Robert E Sproule. Home Star Press, 301 pages, \$20.

Here's a very different look at the story of the original staker of the Bluebell Mine at what was then known as the Big Ledge, as the Riondel name didn't appear until the French family named Riondel took over after 1900.

This is historical fiction – combining poetic sensibility with historical accuracy. The story is told in reverse, with Robert Sproule in a jail cell with a priest that is listening to Sproule's story on the eve of his execution in 1886, having been convicted of the murder of Thomas Hammill as Hammill had jumped Sproule's mining claim – the Bluebell.

The Archangel Michael and Hindu goddess Parvati are heavenly eavesdroppers who add an amusing philosophical dimension along with quotes from Shakespeare, and the Bible. D'Eon weaves this together, complete with humour, acting as a kind of Greek Chorus.

C J Woodbury is a big game hunter and reporter who wrote several accounts of the Sproule – Hammill trial. Another character brought in is Anglo-Austrian author William Baillie Grohman whose scheme to divert the Kootenay into the Columbia River at Canal Flats who believes Sproule is innocent, taking on his defence for a share in the Bluebell galena claim.

D'Eon story is favourable to Sproule and raises doubts as to his guilt and you get the notion that perhaps he shouldn't have paid the supreme penalty of being hanged. See what version you come up with from this most interesting book?

HUGO'S MEMORIES, A LIFE WELL LIVED, by Hugo Hess. Publisher Wild Horse Creek Press, 176 pages, \$19.95

Here is an interesting story of a man growing up and living all his life in Wynndel, his excursions on Duck Creek as a child and early employment as a teenager. After completing high school he decides he wants to work with diesel and keeps at his course. Of a certainty he finds that he can't get a job as he has no experience. However he takes on any mechanical work he can find and eventually gets employed in Cranbrook for servicing diesel fuel supply technology.

He wants approval from his father who considers that he is just another monkey wrencher until he sees his son in a white coat doing a highly respected job. Hugo loves climbing and hunting so takes you on some high altitude excursions after big game.

Keith Powell of Better Book fame has retired and now has Wild Horse Press with book design, layout and publishing so Keith has brought this story to light. Keith continues to produce "Talking Kootenay Books" where he interviews newly published authors in conjunction with Shaw TV – available on cable. An interesting experience I found a few years ago when I was one of his subjects.



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Kootenay Lake Ferries
Osprey 2000 Ferry

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for semi-annual maintenance

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MV Balfour weight restriction:
Only one 6-8 axle semi-trailer per sailing
Western Pacific Marine Ltd would like to thank you for your patience.



STAFF REQUIRED

KOKANEE CHALETs
REQUIRES STAFF FOR
2021 SEASON

POSITIONS: FRONT DESK/HOUSEKEEPING

START DATE MAY 15

HOURLY WAGE, BONUS AND BENEFITS

EXPERIENCE AN ASSET BUT NOT REQUIRED

BRING RESUMES TO CHALETs
OR EMAIL info@kokaneechalets.com



pebbles
by Wendy Scott

MARS

When Douglas Adams wrote *Hitch Hikers Guide to the Galaxy* NASA had yet to consider a flight – let alone a successful landing on our nearest planetary neighbour, Mars. Fifty years ago NASA launched a successful “fly by” with Mariner 4. That was an exciting event, but in February of this year, 2021, we were able to see an image that would be a perfect illustration for the *Hitch Hikers Guide*: Perseverance Rover literally hung above the surface of Mars showing that ships were indeed able to “hang in the sky in much the same way as bricks don’t” this incredible feat was brought about with a team of researchers, including Dr Douglas Adams – not the sci fi authour, but the scientist from Purdue University who was brought to this project because of his expertise as an entry, descent and landing engineer. Dr. Adams would help to develop a successful parachute to lower the spacecraft through the very thin Mars atmosphere at precisely the correct spot on Mar’s surface. *The New York Times* called it a “true extraterrestrial Wright Bros event.”

July 20, 1969, marked a date that our family will remember. We had taken a few days to enjoy the beach at Parksville on Vancouver Island and at the same time watch the skies above – or at least to view images of Space above our planet and with the help of a borrowed TV watch Buzz Aldrin and Neil Armstrong walk on the moon. As Michael Collins watched from the spacecraft that had made that successful first landing of humans outside of Earth’s atmosphere.

NASA & European Space Agency worked together to ensure the success of this month’s Mars

mission. There are toopes to find evidence of microbial life in dry river and stream beds. Then we can truthfully proclaim that there was at least once life on Mars.

In order to accomplish this feat NASA’s Perseverance would deploy its huge parachute to lower its rover to Mar’s surface.

There’s a binary message encoded on the underside of the parachute which is a quote from a past US President. It is .. “far better is it to dare mighty things than to know not victory nor defeat”

Although this feat could be accomplished with a tiny four pound spacecraft, in order to protect the current spacecraft it was necessary to refer back to NASA’s successful launch and return of the Stardust spacecraft – protected with a material called PICA (Phenolic Impregnate Carbon Ablator). Testing of the parachute, which at 130 pounds is the largest ever used outside Earth’s atmosphere, took place in the world’s largest wind tunnel.

The tunnel could hold a 737 jet, but couldn’t quite contain the parachute, which peeked out one end of the tunnel, Adams said. The parachute was designed to generate up to 65,000 pounds of drag force, according to NASA’s Jet Propulsion Laboratory. The all-important heat shield was crafted of material known as PICA (Phenolic Impregnated Carbon Ablator)

Perseverance’s rover was also equipped with a microphone which managed to record that successful touchdown.

So stay tuned for more out of this world sights and sounds.

Come to the cliff, he said

They said they are afraid.

Come to the cliff he said.

They came.

He pushed them.

And they flew

TOM SEZ MARCH 2021

This month’s book reviews has both extremities of our area: *Hugo’s Memories* from Wynndel and *Big Ledge* for Riondel’s.

Black Press has gone into the package delivery business and are looking for drivers. This is to distribute their papers themselves and also to fill the void created when Greyhound closed out their fast shipment service.

Give out several copies of *Mainstreet* every month here at Lakeview Village in Nelson – these are passed around and I am pleased how many people like our paper. One lady tells me that Jack Todd (obituary in January edition) was her first date. Others remark how they enjoy reading a paper where the text outnumbers the advertising.

Man enters Rossland City Hall armed with a bow and arrow” recent headline! What next, a spear with a native stone point?

Thanks to Crockett Books of Trail for selling the most bookstore copies of *Toms Gray Creek* – perhaps Trail appreciates all of the COMINCO and WKP&L stories. Next in volume is Otter Books of Nelson, very consistent with their stock. I have never put the books on Amazon, preferring instead the local independents and museums.

Our lake will continue dropping in order to reach a 0 mark by March 31. Depending on runoff it may go lower, but likely won’t rise in April, giving you one month for beach cleanup and dock repairs.

14 *Mainstreet* March 2021

We keep up with obituaries in *Mainstreet* but why do we so rarely see birth announcements?

Ed: We are asked all the time about how much obituary notices cost in the Mainstreet. They are now and have always been free. Only recently did we learn how much other newspapers charge for this service in BC – upwards of \$800! And yes, we welcome birth announcements as well, at no charge to the new family.

The City of Nelson started giving out countertop composters to selected residents. These turn your kitchen waste into dry material suitable to put in your garden and would solve the problem of bears and raccoons eating or destroying your compost pile.



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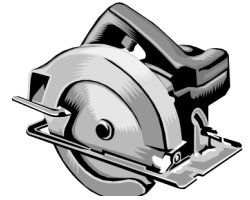


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The East Shore Mainstreet

KOOTENAY LAKE BC

The Mainstreet is a community-written monthly newspaper that serves the communities of Creston through Riondel and Balfour. It's available at the following stores for retail: Wynndel Foods - Wynndel, Destiny Bay Grocers - Boswell, The Lakeview - Gray Creek, The Gray Creek Store - Gray Creek, The Crawford Bay Store - Crawford Bay, Riondel Market - Riondel, and on the Osprey 2000.

Contact: Ingrid Baetzel, Editor

Phone: 250.505.7697

Box 140, Crawford Bay, B.C. V0B 1E0

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Smarter Than Jack or Jill

by Sharman Horwood

Animals are smart, amazing creatures. If you have an animal story you'd like to share, please contact me at shhorwood@gmail.com.

The Cleverness of Tools

At one time, scientists believed that only humans use tools and language. Since Jane Goodall first did her research on chimpanzees, and watched them modify twigs or stems of plants to stick into the termite or ant nests, we've realized that humans are not the only species that make and use tools. Research with dolphins, parrots, and others has also shown that language isn't uniquely human, either. Many of these species have a language that is their own, and sometimes they learn human language as well.

As tools, humpback whales create bubble nets. They do this cooperatively. First one, then another, followed by a third and fourth dive down, and once deep they let out bubbles from their enormous lungs, surrounding a school of herring with a wide circle of rising bubbles, like a net. The fish are confused, thinking the bubbles are solid. Then the whales as a group rise to the surface, their mouths wide, and scoop up the unfortunate herring.

Dolphins create a similar trap, though they use mud instead of air. In shallow waters around Florida, they will swim in, disturbing the sandy mud. The mud rises, just like the bubbles do, trapping the fish in the centre of the net. The dolphins swim around the outside and catch the fish as they try to escape by jumping out of the water.

In Shark Bay, Australia, dolphins also create a different kind of tool. They tear pieces of basket sponge from the seafloor, and cover their beaks with them. They use this covering to grub for fish hiding in the

sandy sea bottom. The sponge protects their sensitive noses from scrapes or stings while rooting about under the sand. Researchers have watched mother dolphins teach their daughters how to do this. Dolphins in the same area have also been spotted using conch shells to hunt. They trap fish with the empty shells and then raise their heads out of the water, shell held high, and shake them. The fish drop out of the shells and into the waiting mouths.

Birds are definitely some of the smartest animals around the world, including crows, ravens, jays, and parrots. In one study of crows, for example, the crows were learning to recognize certain words. However, the crows began to make fun of the researchers. They mimicked the humans' tones and accents while the researchers were in the room, but not when they were out of the room. Crows have a sense of humour, apparently. Captive parrots have been known to speak to each other as humans do, imitating human questions and answers. They don't do this by rote. They generally seem to understand each other, too, though their comprehension isn't specific.

However, many of these birds don't just mimic what humans do. Sometimes they develop their own ways of using human technology.

The New Zealand kea is one of these birds. In studies, researchers have placed them in a group in enclosures. They then set up experiments in which these parrots face certain tasks in order to solve a puzzle, and thereby retrieve some food. One bird has to pull on a cord and raise one side of the box that contains the food. When the kea is pulling on the cord, however, it cannot get at the food. The scientists wanted to see what would happen then. The keas quickly showed them. While the first was raising the side of the box, a second kea stuck its beak into the box and grabbed the food. Keas are apparently quite willing to cooperate with each other without reward. While researchers didn't plan this outcome, the birds did.

On a television program called "Wild Patagonia", the producers examine the different species throughout that area of South America. At the tail end of the final

episode, they examined a group of burrowing parrots (the burrowing parakeet or the Patagonian conure, native to Argentina and Chile). This is a small parrot, and they sometimes live in very large colonies. They create their nests by tunneling into the sandstone, limestone, or earth cliffs. Some of these nests are three feet deep, and as many as 35,000 pairs have been known to form either of the two largest colonies.

Parrots are known for their intelligence. The African Grey is known to be the smartest, with the kea not far behind. The burrowing parakeet is also smart. In order to counter predators, such as falcons, a group of them will fly above and behind a Peregrine when it is sizing up the colony. From there they can dive bomb the predator cooperatively and drive it away.

These birds also have a unique way of getting water. The area near one large colony is fairly dry. Local farms rely on windmills to pump water up out of wells and into troughs or reservoirs they can then use to water crops or stock. These windmills are similar to ones seen in old-fashioned westerns: a circle of cupped metal blades set high on a tower. When the wind blows, the blades turn, and water is pumped up to the surface. The water flows up and out of a pipe.

The burrowing parrots, a small species, have learned how to use these water wheels. When there is no wind and the water isn't flowing, they cluster on the blades on one side of the windmill. Their collective weight turns the blades and eventually water flows out of the pipe so the parrots can drink it. They cluster on the blades, each shuffling tight against the next so another can add its weight to the windmill and force the blades to turn.

The farmer hasn't taught them how to use the windmill. In fact, the local farmers probably don't want them to use the windmills at all. However, the parrots have recognized what the windmills do, and since nature is opportunistic, taught themselves to use these tools to get the water they need. These smart little birds have learned how to use this human tool for their own ends.

For the Love of Genre

by Sharman Horwood

Getting to Mars

This month I am celebrating Mars. The closest planet that might someday support a human population, it has been a popular subject in science fiction. Some of these stories are quite good, including four that are superb.

Science fiction has always had a bit of romance in it. This doesn't mean love, but a romanticized view of some subjects, like Mars, particularly some of the older novels. One book by Robert Heinlein, *Podkayne of Mars* (1963) is a Young Adult romp for teenagers. The title character, Podkayne, grew up on Mars and wants to become a starship pilot. She and her young brother, Clark, travel with their diplomat uncle to both Earth and Venus for the Three Planets Conference. Unfortunately, there are radicals wanting to sabotage negotiations between the three governments, and thus the two teenagers and their uncle become targets. The two teens are dismayed when citizens of other planets call them "criminals." Mars had originally been a convict colony, similar to Australia, and though it as well has evolved into a stable, productive society, prejudices remain. Clark is kidnapped by the radicals, and Podkayne, of course, shows her indomitable spirit in escaping in her attempt to rescue Clark. Heinlein's wit makes this an enjoyable read and though the novel is dated, I would recommend it for most teenagers.

Another somewhat romanticized novel about Mars is Arthur C. Clarke's *The Sands of Mars* (1951). Martin Gibson is a writer from Earth travelling to Mars in order to write newspaper and magazine articles on the planet's development. He takes passage on the starship, Ares, a name used in *The Martian*. When they arrive at the red planet, Gibson is delighted with the planet itself, its vegetation, and the way the city domes have been laid out. Of course, Mars doesn't really have any vegetation, but this novel was written at a

time when scientists thought there might be; since then through observation and probes like the ones currently orbiting the planet, they've learned that the seasonal changes in colour and brightness are due to the sublimation of carbon dioxide ice as well as dust storms that progress over the planet. In Clarke's novel, however, it is vegetation, and Gibson is fascinated, so much so that he wants to remain on Mars permanently.

Arthur C. Clarke's novels use science as their basis and extrapolate that knowledge to show how it can affect people's lives and society. This novel was written before much was known about Mars, and before technology had developed computers, for example. Gibson carries his typewriter to Mars, using paper for his articles, transmitted by a machine like a fax. Also, the spaceship drive is based on nuclear technology. Even though the novel is rife with anachronisms like this, it is still a pleasant, short read.

Kim Stanley Robinson's acclaimed *Mars* series is much more rigorous in obeying the science of the time. There are three, and they are very good books: *Red Mars* (1992), *Green Mars* (1993), and *Blue Mars* (1996). All three novels won several awards each, notably the Hugo Award, and the Locus Award for Best Science Fiction Novel (both *Green Mars* and *Blue Mars*), whereas *Red Mars* won the Nebula Award and the British Science Fiction Association Award. Many fans believe the three *Mars* novels are Robinson's best work. Since he is a very popular writer, that says a great deal.

Red Mars deals with the colonization and the beginning of the terraforming of Mars. It starts in 2026 with the initial colonial journey to Mars aboard the Ares, which seems to be a recurring spaceship name. Aboard are the first hundred Martian colonists, leaving an over-populated Earth suffering from ongoing ecological disasters. The Ares was built from a cluster of space shuttle external fuel tanks, which instead of falling to Earth, have been kept in orbit until enough of them have been gathered to build the ship, as a result making the journey more cost effective, and thus more possible. Robinson uses innovative ideas like this throughout the three novels.

Green Mars deals with the ongoing terraforming of the red planet, and follows the lives of the remaining First Hundred, their families and grandchildren. *Blue Mars* takes place at a time when atmospheric pressure and the increase in the planet's temperatures allows liquid water to exist, creating rivers and seas. This book has a wider scope than the first two. It covers the social and political development of the planet now that it can be occupied, including at least one rebellion.

The last book this month is, in my opinion, just as good. This is *The Martian* (2014) by Andy Weir. Originally self published in 2013, the novel was so popular that publishers approached Weir in order to obtain the rights to it. Many of you may have seen the movie, directed by Ridley Scott. The movie really gives a strong sense of the planet so I would recommend the movie as well as the book, and seeing the movie won't harm your appreciation of the book.

In the novel, a group of researchers travel to Mars on the Hermes. (Their return flight is on--of course--the Ares.) They set up a habitation shelter where they can process their samples and do their research. Unfortunately, the mission has to be aborted abruptly due to a violent, planet-wide dust storm. The six shut everything down, and head for the MAV (Martian Ascent Vehicle), which will take them up into orbit to the waiting Ares. However, one of the six is hit by wind-blown debris. Before the rest of the crew can find him, the storm worsens, the MAV starts to lose stability, and they have to leave if they are to survive. The crewman, though, hasn't been killed as they thought. He regains consciousness after they have left, pulls himself out of the accumulated sand, and he returns to the habitation shelter. The novel's plot centers around his attempts to survive, and if he can then be returned to Earth. Since the Ares has left orbit, this is debatable.

The story is well thought out, and Weir uses science to aid his Martian. This isn't one of the romanticized stories of Mars. It is realistic, and well put together.

Happy reading!

Imagine Kootenay is One Voice for an Entire Region

press release

Collaboration is key to economic growth in the Kootenays

Kootenay/Boundary Region, BC: Imagine Kootenay is shifting gears and plans to be a leader in economic development in the Kootenay/Boundary region. By working with local community economic development initiatives to attract investment and workforce, Imagine Kootenay aims to deliver tangible results on local priorities.

Imagine Kootenay is a group of local government, chambers of commerce and economic developers coming together to share and deliver key learnings relating specifically to investment and workforce attraction. This unique group of leaders is able to share their community initiatives with their peers and work for a unified approach to economic development.

A unified, well developed approach to investment and workforce attraction has a much higher impact and is more effective than individual communities trying to create their own paths. The Imagine Kootenay Partnership is true regional collaboration unlike any other project that currently exists and has resulted in \$19.4M in direct investment into partner communities since 2009.



ImagineKootenay.com is a website that promotes communities in the region and allows for business owners to list their business for sale at no cost. There are currently almost 300 available business listings on the website and 2,500 investors. Last year alone the website had over 96,000 unique website visits.

Imagine Kootenay is managed by Factor 5 Group, an economic development social enterprise that specializes in co-creating sustainable communities. Factor 5 plans to make business listings and customized community campaigns a high priority, while working with community and regional partners to address critical challenges including housing development.

Incoming Steering Committee Chair and Mayor of Radium, Clara Reinhardt, is excited for her new role, as she has been involved with Imagine Kootenay for many years.

New Regional Food Hub Will Scale-up Food Processing

Creston, BC – Fields Forward Society is excited to announce a new Regional Food Hub in the Creston Valley. Farmers and food processors from across the Columbia Basin will have access to the food processing facility, beginning August 2021 when Phase One will be complete. A full launch will take place in the winter of 2022.

“Producers and processors in the valley and Columbia Basin are ready for a dedicated facility to accelerate innovation and aggregate our food products to the scale required to reach new markets,” said Danny Turner Fields Forward Chair and owner of Just-A-Mere Organic farms.

As part of StrongerBC: BC’s Economic Recovery Plan, the Ministry of Agriculture, Food and Fisheries is providing a \$750,000 grant over three years to Fields Forward as the lead community group on the food hub. The facility will be one of seven new Food Hubs in the province.

“Our food and agricultural community have so much potential, and this Food Hub will help everyone who wants to grow their business and will contribute to food security in the Creston Valley,” said Tanya Wall Fields Forward Vice-Chair and RDCK Area B Director.

The funding will be used to renovate a facility, purchase equipment and cover staff positions for two years.

The Food Hub will produce juices from fruits and vegetables, package vegetables for institutions, bottle jams, freeze-dry products into powders, and provide other food processing services.

The purpose of the Food Hub is to help Kootenay region food and farm businesses to grow and innovate by giving them access to community-based processing equipment and facilities they might otherwise not afford. It will also offer an aggregation and distribution service, and sales support. Cold, dry and freezer storage is planned. Businesses will rent the equipment or hire Fields Forward’s staff on a fee-for-service basis. Fields Forward will participate in the BC Food Hub Network connecting and learning from 12 food hubs throughout the province.

Fields Forward Society is a food and agriculture initiative in Creston and District working to build a vibrant and productive local agri-food. It has the mandate to support and sustain the community’s environmental, indigenous, social, cultural, economic, and aesthetic values. In addition to the new Food Hub, it owns a community fruit-juicing machine used by the region’s orchardists.

For more information, visit www.fieldsforward.ca.

Join in on the Community Conversations 2021

submitted by Catherine White, Chair for the Age Friendly Council

No need to get dressed up / you can join by zoom or phone from home.

All Area A residents are welcome to join by zoom at the following link: <https://eastshore.life/conversations>. These conversations will take place every Monday evenings from 7 to 8:30 pm MST starting on March 8. The conversation schedule is as follows:

March 8: Affordable Housing

March 22: Food Abundance

April 5: Transportation Options

April 19: We are all aging! Services needed!

May 3: Networking the Networks

May 17: Charitable Giving East Shore Fund

Sponsored by the Age Friendly Advisory Council. For information or to suggest a conversation please email eslearning@gmail.com or call 250-551-6020

What is Community Conversations 2021?

The Age Friendly Advisory Council is organizing these conversations around topics of interest identified by our wonderfully aging residents in the 55plus survey.

We are inviting residents and organizations to attend so we can learn what is already going on from different points of view, share ideas for improvement of services, and take a small step in a good direction of benefit to all. There are invited panel members and participants in each conversation.

March 8: Affordable Housing

Affordable Housing needed by seniors, families, workers, and single people! Do you need housing? Come share your story. Hear about a new housing initiative in Slocan.

March 22: Food Abundance

Are you a food producer or retailer? How can we support food production and distribution locally and regionally? Have you heard about the community greenhouse initiative?

April 5: Transportation Options

Have you heard about the air car share coop, a new peer to peer car and truck sharing program by the Kootenay Car Share Coop? We will be joined by staff and board members of the East Shore Transportation Society and Air Car Share program. *Note: send an email to eslearningplace@gmail.com and request some cool transit options webinars to see before the conversation.*

April 19: We are All Aging! Services needed!

Our demographics in Area A tell the story- we are all aging and if we want to stay living here in our own homes and communities, there is much to be done. Hear what is going on now and talk about what else we need for services to support volunteers, families, elders, and caregivers.

May 3: Networking the Networks!

How can we link up our communication and information services? Hear how organizations are communicating now, and imagine how we could network up and down Area A.

May 17: Charitable Giving- an East Shore Fund

Does your organization need charitable funds? How can we accept donations, estates, bequests to benefit the donors with tax receipts and benefit our organizations in a diversity of projects? We have invited the Creston Kootenay Community Foundation.

ZOOM OR CALL IN: <https://eastshore.life/conversations/>. For technical assistance contact Garry at 250-505-2634 or Laverne at 250-551-6020.

**Western Pacific Marine Ltd
Kootenay Lake Ferries
Osprey 2000 Ferry**

OUT OF SERVICE
April 6th 2021 – May 7th 2021
for semi-annual maintenance

The smaller capacity MV Balfour ferry will be in service operating on the regular winter schedule. Potential for increased wait times during busy sailings. Please refer to DriveBC.ca for updates in regards to COVID-19 restrictions.

MV Balfour weight restriction:
Only one 6-8 axle semi-trailer per sailing
Western Pacific Marine Ltd would like to thank you for your patience.

**STAFF
REQUIRED**

**KOKANEE CHALETS
REQUIRES STAFF FOR
2021 SEASON**

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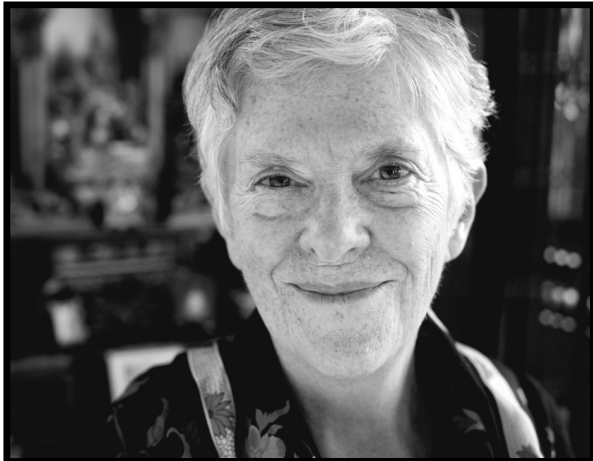
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Notice of Passing

The Passing of
Swami Radhananda,
Past President and Spiritual
Director - Yasodhara Ashram



Swami Radhananda, president and spiritual director of Yasodhara Ashram from December 1993 to May 2014, passed away peacefully January 28 at the Ashram on the East Shore where she was lovingly cared for by Ashram residents and local caregivers.

In her 20 years of leadership of the Ashram, Swami Radhananda introduced an experiential style of teaching that empowers people to make their own discoveries, fosters a focus on harmony and inclusivity, and encourages young people on the spiritual path. She also set the Ashram on its environmental sustainability focus, ensuring that it will be a place of learning and transformation for generations to come. She was a spiritual leader who embraced humility and courage, and she was especially supportive of women fulfilling their potential.

She fostered the Ashram's support of the East Shore through attracting youth who moved to the area, local employment, the offering of community and school classes - and initiated the Strawberry Social to bring the community together each summer.

Swami Radhananda was a devoted disciple of Swami Sivananda Radha, who appointed her as successor before her death in 1995. Swami Radha established the first ashram in Canada in Burnaby, BC in 1957-58 before founding the Ashram in the Kootenays in 1963.

Swami Radhananda first came to Yasodhara Ashram in 1977 as Mary-Ann McDougall - mother, wife and teacher - where she met Swami Radha and became a lifelong student of this spiritual lineage of yoga. She was the director of Yasodhara Yoga Centre (then Shambhala House) Lethbridge, Alberta from 1986 to 1990, when she moved to the Ashram. She had a rewarding career as an educator and consultant.

Swami Radhananda is the author of a memoir about her time with Swami Radha, *Carried by a Promise: A Life Transformed by Yoga*, and a book of inspirational essays, *Living the Practice, Collected Writings on the Transformative Potential of Yoga*. Both books express her practical approach to yoga.

In *Living the Practice* she writes: "How do you live your yoga practice? Start small. Make a commitment. Follow through. Keep doing it until it works for you. Test it out - don't just do a practice in your room. Try it in real-life situations. You can bring the practices into whatever you do - cooking, gardening, driving your car, working, being with people. An ordinary life infused with practice becomes a meaningful life."

Swami Lalitananda, who in 2014 was appointed as president by Swami Radhananda, states, "Although we are saddened by her passing, we are also joyful for her liberation. She has fulfilled her promise and lived a life transformed through yoga. We will continue to learn from her wisdom through her books, videos and through our memories of precious times with her."

Notice of Passing

SKELTON, Garry Gordon
1940 - 2021



It is with great sadness that we announce the passing of Garry G. Skelton in Kelowna, BC on Sunday, January 17, 2021, with loved ones by his side.

Garry will be cherished in the hearts of beloved wife Helene; sons Les (Lana) Skelton, Quinn Skelton (Shonna Barth), and Lance Skelton (Noreen Spanell); grandchildren Rylan (Abigail) Skelton, Kaeden Skelton, Dena Skelton, Kristin Skelton, and Jase (Baily) Skelton; brother Monte (Peggy) Skelton and their sons Thomas (Lisa) Skelton and Stephen Skelton; sister-in-law Elizabeth Soriat and her children Linda (Barry) Stensrud and John (Lynn) Soriat; brother-in-law Fred (Debbie) Wacheck and his daughter Breanna (Dave) Ingham, as well as many aunts, uncles, cousins, great-nieces and great-nephews.

Garry was predeceased by brother Blaine Skelton (October 14, 2007), and brother-in-law John Soriat (husband of Elizabeth Soriat), who also passed away on January 17th, seven years prior.

Garry was a RCMP member stationed in Nelson in the early 1960's. He changed careers and began working at Columbia Beverages through the mid-1990's, until retirement. He filled his spare time with the love of his life, Helene, and hobbies that included flying, skiing, boating, hiking, fishing, and travelling. We all know that Garry's most loved hobby was flying, and all that it encompassed both in the air and on the ground. His flying buddies will attest to that! His dedication as an early member of Nelson Pilot Association (NPA), extensive hours of volunteer work, and serving as NPA President for fourteen years showed his love and commitment to the NPA. His many flying buddies will dearly miss his camaraderie, engaging anecdotes, great sense of humour, and easy smile.

His other flying activities included many Remembrance Day formation flypasts over the Nelson Cenotaph, CASARA search and rescue, and flyouts with his many pilot buddies in his beautiful Cessna 172. There were numerous day trips for lunches in Oliver, and Fairmount Hot Springs, weekend fly in fishing adventures to Beatrice and Scum Lake, his first time skydiving in Ely, Arizona when he was 70 years old, and several international trips crossing into the United States and Mexican airspaces.

In 2006, Garry, and dear friend Bill Randel, built a lovely cabin on Kootenay Lake at Gray Creek where grandchildren, family and friends will continue to spend their summers. Garry would take anyone who was interested in a plane ride, as it was parked at Crawford Bay Airstrip, visible from the cabin's deck. Many close friendships were made sitting at lakeside campfires, enriched by Garry's wonderful and kind personality. He will be greatly missed, and for those that time spent with him, his memory is cherished.

While Garry was born in Briar Crest, SK, Nelson was home to Garry and Helene for over forty years. They recently moved to West Kelowna, and they have been delightedly welcomed by the warm retirement community known as Sonoma Pines, where they have met many wonderful people.

The Art of Hospice

by Barbara Kuhn

Caring for someone at the end of their life does not come with a formula. The experience of dying is as individual as you are. This is true whether you, or someone you love is dying.

The process of dying is dependent on the person's situation. Each person faces the end of their life through advanced age, a disease process, an accident, or a combination of these factors. Each situation is different.

The response by family, palliative caregivers and hospice volunteers changes as the person is dying. Every day is different; what can be done by, or for, the patient one day may not be possible the next. This is especially hard for the primary caregiver.

We at hospice are here to offer respite to caregivers and companionship for the dying. We know that your needs are always changing, and we will do what we can to support you.

If you or someone you know is in need of Hospice Care or you would like more information, please contact Susan Dill East Shore Hospice Coordinator at the East Shore Community Health Centre Hospice Office at 250 227-9006. In addition, there is a free Library with hospice related books and some DVD's on care, grief, and mourning. The Library is best accessed at the Hospice Office on Tuesdays between 10am-2pm.

Watch for more articles and information on Hospice care that will be posted regularly in **The East Shore Mainstreet** by Maggie Kavanagh and/or Barb Kuhn or any one of our other volunteers.

New Key's Place

250.227.6911

March Specials!

Monday: Veggie Burgers/Hey Y'all Iced Tea

Tuesday: Grilled Ham n Cheese/Bud Lite Bottles

Wednesday: Wings/\$3.75 Hi Balls

Thursday: Reuben Sandwich, MGD Bottles

Friday: Butterfly Shrimp Appies/Glass of Red or White Wine

Saturday: Hot Roast Beef Sandwich/Mug of Bud

Sunday: Fried Chicken w/ Homemade Mac n Cheese/Caesar Cocktails

Watch for Cash Pub Trivia, coming soon!
Win prizes and cash.

Lottery Tickets, Pull Tabs, Keno,
Books, Ice, Smokes, Movie Rentals,
Pool Table, TVs

Open daily at noon!

Covid protocols in place - masks mandatory.



"The way to get started is to quit talking and begin doing." - Walt Disney

Have you ever thought about turning your passion into a business? Do you think you have what it takes to be an entrepreneur? Contact Community Futures for more information on Programs & Workshops available to you!

Call Amanda Murray at 403-678-7044
or amurray@futures.bc.ca to book a
free appointment in Creston.
www.futures.bc.ca

Growing communities one idea at a time.

Memorial Wall

Whether your loved one has scattered ashes, was buried elsewhere or was 'beamed up', the **Memorial Wall in Gray Creek Cemetery** can mark their time here.

Visit the unique woodland cemetery on Oliver Road South and contact **Tom at lymbery@netidea.com** for a handsome brass plaque.

SERVICES DIRECTORY/CLASSIFIEDS

The Service Directory is a great way to have your business listed as a reference for those shopping for a particular professional service. Keep your phone number handy and your message clear.

AUTOMOTIVE/MARINE

EASTSHORE AUTOMOTIVE - Service & Repair 250-227-9370

NORTHSTAR CRESTON - 1-800-551-9351 Full service 8-bay shop featuring Certified Service lube, oil and filter starting at \$24.95 plus parts & eco fees. Full line of major tire brands, GM & AC Delco parts and batteries.

BUS SERVICES/ANNOUNCEMENT

MUTUAL FIRE INSURANCE of B.C. Quotes on Homes, Mobiles, Farms & Tenants. Seniors discounts at 55. Home Protection; No Claim; New Home. ph/fax 250-428-7937, broker Virginia Harder. vwharder@shaw.ca

CONSTRUCTION/CONTRACTORS/TRADES

HULLAND AND LARSEN CONSTRUCTION - experienced residential construction & custom finish work. 250.551.2915 or 250.505.3570. (see ad in contractor section)

SAMURAI HARDWOOD FLOORING: Sales, Installations, Tile, Stairs and Millwork www.samurai-hardwood.com 2505513764.

STEEL WHEELS - Septic systems planned & installed. We dig too, mini hoes for you. Dave/Donovan. 250.354.8498

TURLOCK ELECTRICAL CONTRACTING LTD. (See colour ad in this issue for more information.) 250-227-9688 or 250-551-4671

PERSONAL CARE/HEALTH

ALEXIS PHILLIPS, M.A., R.C.C. - Registered Clinical Counsellor specializing in complex trauma, relationship issues, grief & loss, anxiety & depression. Apptmnt/consultation, call 250-509-0368. Email: alexandralianephillips@gmail.com

BLANCHE TANNER - Breath Practitioner, (Family Constellation) Heart-Centred Therapy (Meditation), Healing Emotional, Physical & Sexual Abuse, Addictions, Relationships, Anxiety, Depression. 227-6877

COUNSELLING & SUPPORT SERVICES: Free and Confidential for children, adults and families. Services include: Adult Mental Health and Addictions; Child Youth Mental Health; & Family Support. Call 1-866-774-5324 (toll-free) or 250-353-7691. North Kootenay Lake Community Services Society.

EAST SHORE HOSPICE - Palliative care for anyone facing life threatening illness. Confidential support for individuals and their loved ones. Hospice can also provide grief and bereavement support. 250 227 9006 ext 29 - eastshorehospice@gmail.com. Volunteers needed. Please contact for more info

ELISA ROSE SHAW, QHHT PRACTITIONER: Certified Level 2 in Quantum Healing Hypnosis Technique. Healing and answers through past life regression and connecting with your higher self. Email elisaroseforever@gmail.com, call 250-505-0128.

KOOTENAY SOUND HEALING CENTRE on Riondel Road, offering Sound Healing treatments, Gong meditations, Astrology consultations, Workshop/Event space, Acutonics® classes, and products. www.kootenaysoundhealing.com, 250-225-3518, theresa@kootenaysoundhealing.com

REGISTERED ACUPUNCTURIST, LISA SKOREYKO R.AC. Treatment for pain, emotional disturbances, gastrointestinal issues and much more. 250.777.2855. Unit #9 Crawford Bay Inn. 16210 Hwy 3A, Crawford Bay.

REGISTERED HERBAL THERAPIST, MASTER HERBALIST - Maya Skalinska, M.H., R.H.T. Iridology, Tongue & Pulse analysis, Nutritional consultations, individual herbal remedies, Flower Essence consultations & remedies. For appointments, please call 250-225-3493.

REGISTERED MASSAGE THERAPIST: Harre-son Tanner - Over 40 years clinical experience. Treatment of Lumbo/Sacral Strain, Whip Lash, Frozen Shoulder, Migranes/Headaches, TMJ problems, & Stress. No doct refl req'd. 227-6877/cell: 505-6166.

SUSAN SNEAD ACUTONICS PRACTITIONER (TUNING FORK THERAPY): With certificates in Ayurvedic massages, Foot Reflexology, Fibonacci tuning fork alignment. Bach Flower Remedies and Astrological consultations. 250.225.3520.

THERESA LEE MORRIS, SOUND HEALING TREATMENTS with planetary gongs, singing bowls, tuning forks and chimes. Certified Acutonics Practitioner and Instructor, theresa@kootenaysound-healing.com, 250-225-3518

WILLIAM MORRIS, PhD, DAOM, offering astrological consultations combining 40 years of clinical practice weaving Chinese medicine, Astrology and Sound Healing. wmmorris33@gmail.com 250-225-3518

RENTALS/ACCOMMODATION

YEAR ROUND SHORT TERM ACCOMMODATION. Bluebell Cottage in Riondel. Can sleep up to 10 people. Newly renovated, warm and cozy. 250-551-7953. Openings still available for the holidays.

RESTAURANTS

CRAWFORD BAY HALL & COMMUNITY CORNER BUILDING - available for community events, wedding receptions, workshops etc. Non-smoking facilities. Call Kathy, 227-9205.

NEWKEY'S PLACE - Hwy 3A in Crawford Bay, licensed area. Open noon til close Monday to Sunday. Food Specials all day. 227-6911.

ROCKWOOD CAFE - Authentic Chinese food, and perfect burgers. Open Tues - Sun. Hwy 3A Gray Creek. 227-6840.

YARD/LANDSCAPING/SITE PREP

TREE SERVICE, RESIDENTIAL - Fully insured Limbing, Pruning, Topping, Falling. Danger Tree Assessments, Free Estimates. Call James Linn at 250 225 3388



JK Excavation Ltd.
250.354.7055
jkexcavationltd@gmail.com
trucking. excavation. snow removal

Next Deadline:
March 24, 2021
www.eshore.ca

Massage Therapy
Harre-son Tanner, RMT
Over 40 years clinical experience



* Knowledgeable * Skilled * Experienced
For appointments, call 227-6877/505-6166

CLASSIFIED ADS

BUSINESS ANNOUNCEMENTS

Insurance Certification requires professional chimney installation – we are the pros – Gray Creek Store, 250.227.9315

BUSINESS SERVICES

Fax service, photocopies, (with no PST/GST) Tom Lymbery – Notary Public, 250- 227-9315, fax 227-9449, 250 551 0423 for Notary Public.

Next Deadline:
March 24, 2021

- Planning a wedding?
- Holding a meeting?

Consider renting the **BOSWELL MEMORIAL HALL**
Booking/info: Karen Lee at 250.223.8686

The Fitness Place

Open to members
7 days per week
5:30am-10:30pm

Reduced supervisor hours may occur with reopening, so please contact Julia Kinder at eastshorefacilities@gmail.com or 250.777.2497 (email is preferred)

YOUR HALL IS AVAILABLE!
For community events, wedding receptions, workshops... you name it!
Booking: Kathy Donnison - 250.227.9205

CRAWFORD BAY HALL
Your community hall

A non-smoking facility



NOT YOUR AVERAGE VOLUNTEER GIG
Serving the East Shore.

Join us. Be a volunteer responder. | **RIONDEL FIRE/RESCUE SERVICES**
Call 250.551.1352

BULLETIN BOARD

Community Notices, Thank You's, Not-For-Profit Announcements (all not related to business), Church Calendar & Meeting Places - free on the Bulletin Board.

* BULLETIN BOARD * BULLETIN BOARD *

CHILD HEALTH CLINIC, ADULT IMMUNIZATIONS, PUBLIC HEALTH NURSE

Will be at the East Shore Health Centre monthly. For information, call Creston Health Unit at 250-428-3873. **EAST SHORE HEALTH CENTRE Call 227-9006**
See calendar for doctor days - Doctor hours are from 9:30am to 4:30 pm. Please call 227-9006. Interior Health Authority, Community Care Nursing and Home Support Services - 250-352-1433.

HEALTH CLINIC MESSAGE

We are doing phone appointments right now, unless the patient absolutely has to be seen, or they can go to emerg in Creston or Nelson. If someone is having symptoms of Covid-19 they are asked to stay home and call 250-551-7500 or 811.

Lab and Doctor apts.

Our doctors are doing telephone appointments when possible.

If you are experiencing any symptoms such as fever, cough, shortness of breath,

“Please do Not Come INTO CLINIC “
Call 811 or Nelson Testing Site Phone 250-551-7500. We do not have the testing kits here at the clinic.

HEALTH PHONE NUMBERS

ES Health Centre: 227-9006
Drug & Alcohol: 353-7691
Child & Youth: 353-7691
Community Nursing: 352-1433
Public Health Dental Screening/Counseling: 428-3876
Hospice: 227-9006
Baby Clinics: 428-3873
Mammography Screening: 354-6721
Mental Health Crisis line - 1-888-353-CARE (2273)

DOCTOR /NURSE

DAYS: MARCH 2021

March 1, Mon: Jayme Ingram
March 2, Tues: Dr Piver & Jayme Ingram
March 3, Wed: Dr Moulson/Jayme Ingram
March 4, Thur: Dr Barbour
March 5, Fri: Jayme Ingram
March 8, Mon: Jayme Ingram
March 9, Tues: Dr Piver
March 10, Wed: Dr Moulson/Jayme Ingram
March 11, Thurs: Dr Barbour/Jayme Ingram
March 12, Fri: Jayme Ingram
March 15, Mon: Jayme Ingram
March 16, Tues: Dr Piver
March 17, Wed: Dr Moulson
March 18, Thurs: Dr Barbour
March 19, Fri: NO COVERAGE
March 22, Mon: Jayme Ingram
March 23, Tues: Dr Piver/Jayme Ingram
March 24, Wed: Dr Moulson/Jayme Ingram
March 25, Thurs: Dr Barbour
March 26, Fri: Jayme Ingram
March 29, Mon: Jayme Ingram
March 30, Tues: Dr Piver/Jayme Ingram
March 31, Wed: Dr Moulson/Jayme Ingram
NO WALK-IN SERVICES
APPOINTMENTS ARE REQUIRED

Public Service Announcement: In the February edition of *The Mainstreet*, a letter published gave wrong information regarding Gleaners Too in Creston. It was written that it was not open nor taking donations, but that is not accurate. The Gleaners Too hours are as follows (as stated on their Facebook page):

Gleaners Too Hours

Monday – 9-2 (Donations)
Tuesday – 9-4 (Store Open)
Wednesday – 9-2 (Donations)
Thursday – 9-4 (Store Open)
Friday – CLOSED
Saturday – Noon- 4 (Donations)

Thanks to Rose Yopek for noticing this discrepancy and pointing it out.



The East Shore Mainstreet
KOOTENAY LAKE BC

The Mainstreet is a community-written monthly newspaper that serves the communities of Creston through Riondel and Balfour. It's available at the following stores for retail: Wynndel Foods - Wynndel, Destiny Bay Grocers - Boswell, The Lakeview - Gray Creek, The Gray Creek Store - Gray Creek, The Crawford Bay Store - Crawford Bay, Riondel Market - Riondel, and on the Osprey 2000.

Contact: Ingrid Baetzel, Editor
Phone: 250.505.7697
Box 140, Crawford Bay, B.C. V0B 1E0
Email: mainstreet@eshore.ca
Web: www.eshore.ca

ADVERTISING RATES

\$40 - 3.25 wide X 1.75 tall (inches)
\$45 - 3.25w X 2.5t
\$50 - 3.25w X 3t
\$55 - 3.25w X 4t
\$60 - 3.25w X 4.5t OR 6.75w X 2.25t
\$70 - 3.25 X 6t OR 6.75w X 3t
\$95 - 3.25w X 9t OR 6.75w X 4.5t
\$115 - 3.25w X 10.25t
\$150 - (1/4 page) 5w X 7t
\$175 (1/3 page) - 6.75w X 7t
OR 3.25 w X 14.5t OR 10.25w X 4.5t
\$250 (1/2 page) - 10.25w X 7t
\$450 (full page) - 10.25w X 14t

Sample Sizes - more sizes available.
Column Width: 3.25 inches - double width: 6.75 inches - full width: 10.25 inches
Services Directory: \$5/month, up to 3 lines.
Classified Ads: \$5/first 30 words, 10c/word additional

****THESE RATES ARE FOR B/W ADS ONLY****
FOR FULL COLOUR, ADD 30%

Next Deadline:

March 24, 2021

www.eshore.ca

mainstreet@eshore.ca

250.505.7697

CHURCH/MEETING CALENDAR

RIONDEL COMMUNITY CHURCH

Everyone welcome.

CHRIST CHURCH & EAST SHORE CONGREGATIONS ST. ANSELM'S CHURCH BOSWELL (Anglican)

No services at the present time. Contact Christ Church Creston for info - 250.402.3225

HARRISON MEM CHURCH, ANGLICAN

Crawford Creek Rd., Crawford Bay
No services at this time.

For info, please contact Rev. Leon Rogers: 250.402.3225

KOOTENAY LAKE COMMUNITY CHURCH

A Lighthouse on the East Shore

Come & join us Sundays at 10 am.
Coffee fellowship after the service.
Pastors Richard and Ramona Dannhauer
16190 Hwy 3A, Crawford Bay: 250 505 8286

YASODHARA ASHRAM

Satsangs available anytime for inspiration - Online at our website (yasodhara.org/about-yasodhara/satsang/) or YouTube (youtube.com/user/yasodharaashram/).

MOST HOLY REDEEMER CATHOLIC CHURCH, RIONDEL

Fr. Lawrence Phone: 428-2300
Sun Mass at 2pm.

CHRISTIAN SCIENCE CHURCH SERVICES

Held in the Anglican Church, 8151 Busk Rd, Balfour
Sundays, 9:30 am All welcome! 250.229.5237

MEETING PLACES

LIONS CLUB - meets at the Kootenay Lake Community Church - 16190 Highway 3A, Crawford Bay. Meeting Times: 7 pm. 2nd and 4th Tuesday of the Month. For More info call Lion Mike Jeffery - 250-227-6807 or Lion David George at 250-227-9550 or Lion Fraser Robb at 250-227-9636.

TOPS - Take Off Pounds Sensibly: meets Thursdays at 8:30am, Kootenay Lake Community Church basement. Info: Myrna at 227-9420

PARENT ADVISORY COMMITTEE

(PAC) Meetings held at 4:30 pm at the Crawford Bay School on the first Wednesday of the month.
Email cbess.pac@gmail.com for info.

ALCOHOLICS ANONYMOUS:

Meets every Sunday at the Crawford Bay Hall on Wadds Road at 7:15 (1 hour meeting)

Kootenay Lake

Ferry Schedule

Winter Schedule

All Times listed in East Shore time.

Vessel	Departs Balfour	Departs Koot. Bay
Osprey	7:30 am	8:10 am
Osprey	9:10 am	10:00 am
Osprey	10:50 am	11:40 am
Osprey	12:30 am	1:20 pm
Osprey	2:10 pm	3:00 pm
Osprey	3:50 pm	4:40 pm
Osprey	5:30 pm	6:20 pm
Osprey	7:10 pm	8:00 pm
Osprey	8:50 pm	9:40 pm
Osprey	10:40 pm	11:20 pm

LADYBUG COFFEE

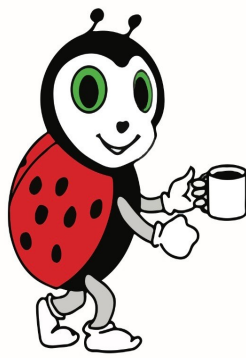
OPEN EVERY DAY, 7:30-3PM, ALL YEAR

DAILY BAKING, SOUPS, LUNCH SPECIALS AND OUR HEART, OSO NEGRO COFFEE AND ESPRESSO.

AND, OF COURSE, OUR WORLD FAMOUS BREAKFAST SANDWICH IS ALWAYS ON THE MENU!

OUR FREEZER IS STOCKED WITH HOME-COOKED MEALS AND SOUPS TO TAKE HOME AND WARM YOUR BELLY!

Ladybug on Wheels: Best way to order is email – meganrt@live.com, message us on Facebook or stop by the Ladybug. Phone number coming soon!



HIGH-SPEED INTERNET

1 (844) 776-3747
www.eastshoreinternet.ca

Central Kootenay Lake's community non-profit ISP.



Gray Creek Store
Building Community Since 1913

Mon - Sat 9 - 5:30 * Sun 10 - 5

Westform
Metals

shop locally!

...thanks to everyone for being kind and working together to keep our community healthy!

We can take care of all your metal roofing and siding needs!

Free Delivery
Monday, Wednesday & Friday
Between Riondel and the Glass House



250-227-9315
orders@graycreekstore.com
www.graycreekstore.com



No need to get dressed up - you can join by zoom or phone from home!

Community Conversations 2021

All Area A Residents Welcome

Monday evenings from 7 to 8:30 pm MST

Zoom or Call this link:

<https://eastshore.life/conversations/>

March 8: Affordable Housing

March 22: Food Abundance

April 5: Transportation Options

April 19: We are all aging! Services needed!

May 3: Networking the Networks

May 17: Charitable Giving East Shore Fund

Sponsored by the Age Friendly Advisory Council. For info or to suggest a conversation please email eslearningplace@gmail.com or call 250-551-6020

70th Annual General Meeting
PLEASE JOIN US VIRTUALLY



NDCU 70th AGM

Tuesday April 27, 2021

PLEASE RSVP FOR INVITE
AGM@nelsoncu.com

Please join us at our AGM for the review of 2020 and learn more about the proposed merger with our 5 regional partner credit unions.

Nelson & District
CREDIT UNION >>> Logically. Locally.

THANK YOU! You can STILL...



Huge, heartfelt thanks to the wonderful donors and supporters who have given generously over the past month or two. It warms us to the core to know that you care about the future of this beautiful locally-owned, independently-run community newspaper.

Those who haven't yet, but still want to, can easily support Mainstreet with a donation in a number of ways. Please see options to the right.

Donate on the website: www.eshore.ca or...

Donate any amount, or subscribe to pay monthly without having to remember to do it yourself! Pay via:

- ⇒ Paypal
- ⇒ Credit Card
- ⇒ Etransfer (to mainstreet@eshore.ca)
- ⇒ Direct Deposit (at the Credit Union)
- ⇒ Cash or cheque (Box 140, Crawford Bay, V0B 1E0)

Go to www.eshore.ca for more information.

Thank you, Mainstreet supporters & community.