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The East Shore Mainstreet

KOOTENAY LAKE BC

~Locally-owned, community-supported independent news serving the East Shore of Kootenay Lake~



Little Ferry Through the Side View Mirror

photo by Jacqueline Wedge

The saga and struggle for local commuters who have dealt with over a month of the little MV Balfour running in place of the MV Osprey has been well documented on social media and camera rolls. Between logging companies who take the first ferry (the one most commonly used for those who need to travel to the other side for work, school or appointments), and taking up the most substantial portion of the weight restrictions, to needing to park cars over night to hold a spot in line, to watching the little ferry navigate some of the craziest lake water in a spring storm (check out Dirk Jonker's YouTube video of the event at <https://www.youtube.com/watch?v=XnR-HIXd0Vc> or just type *Windstorm on the Kootenay Lake Ferry*), it's been a complicated and frustrating time. Jacqueline Wedge has been honing her phone photography skills with a series of weird and wonderful ferry photos, and this is one of them. Here's to a the return of the MV Osprey ferry and smoother sailing for May!

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Mainstreet Meanderings

by Editor Ingrid Baetzel

Pressure Test

Last month was a difficult one... As humans living on this watery orb, the time we're experiencing is, by nature, a difficult one. We are divided. We are afraid.

We are responding. There is awakening, there is entrenching, there is a harkening and there is a deep freeze going on and we are making choices based on our emotions, based on what we read, what we're told, and how we interpret information. That is a deeply HUMAN experience, and while this struggle terrifies me, it is us at our barest selves and in many ways we're floundering. In many others, we are deep in a growth phase, because growth often reveals itself through death and loss – a restructuring of spirit. Our myriad struggles and choices seem to float on every breeze, like gossamer filaments, and we grab them, hold them tightly, release them.

I am paying close attention to my role here as an editor and as a human in this big, beautiful fishbowl. Notoriously, throughout the twenty years I've been doing this job, choices made for the *Mainstreet* have hit some chords and I've made choices that brought disappointment, wrath, threats of lawsuits, anger. But, the place I've always settled back to is to continue to be a spot where my community can express itself. I posted a response to a question about vaccinations on the cover of last month's paper and drew a lot of heat on social media and in person for allowing that voice to be heard. The bottom line is, I will not be the person who decides whose voice gets to be heard. There are a thousand other publications that do that, and I won't silence your opinions and thought processes.

I have printed hundreds of statements and ideas over two decades which I heartily disagreed with, and that I even found borderline dangerous or incendiary, but I don't regret it. For the past year and a half, I have printed (and regularly posted on social media) press releases, articles and information about vaccine clinics and health protocols, public restrictions, advice from experts in various fields. Last month, I also printed an article that speaks to another viewpoint and perspective, and there are more similar submissions in this month's issue, not to mention articles and letters condemning that mentality. I am printing all of these perspectives.

I am here to allow you to speak, if you choose to use this medium. I believe that no one is making a decision based upon one letter or one article and I also believe that silencing voices is absolutely, fundamentally wrong as a non-partisan, independent newspaper that relies on its community for content. I do not have paid staff, nor an overseeing board or publishing house. I cannot be more, or less, than *here for you*. I achingly hope that, as a community, we find ways to have discussions about Covid-19 and our beloved community's choices inside of that, and we keep learning about each other without condemnation, name-calling or threats. That said, this is THE topic of our time. It is in everything, and it invokes deep fear and deep frustration. So many of us are tired and scared.

I'm going to go on record here and tell you where I stand, personally, and remind you that my stance has NOTHING to do with my choices in printing. I have had the vaccine. I believe in a lot of the science, and I question other aspects of it. I have fear for our communities of elderly and compromised people who can not afford to get this virus. I loathe certain management choices made by government (specifically, the shutting down of small business while allowing big box corporate conglomerates to continue with business as usual). I see hypocrisy and wisdom running side by

side and know that we are all struggling to find our own balance within this challenging time. I am optimistic that we are going to get on the other side of this, but my biggest fear is losing ourselves and our sense of belonging in the process. I beg of you to be tolerant, patient, and stand strong and, ideally, flexible in your beliefs, while being open to the likelihood that other intelligent, compassionate and thoughtful people are doing the same.

And please, if you have something to say, I implore you to submit it. It's a certainty that there are many others like you sharing similar viewpoints, and we are already so isolated and alone - find your community, share your heart. I can only do so much with your private letters and private comments or anonymous statements on social media. I don't know if I have it in me to just hold it for you - I don't have the answers. I just have this vehicle and I welcome you all on board.

The East Shore Mainstreet
KOOTENAY LAKE BC

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The East Shore Mainstreet is a monthly publication for the benefit of residents of the East Shore of Kootenay Lake, written by community volunteers.

Letters to the Editor

DR BARBOUR'S DEPARTURE

Dear Community:

With the greatest regret I must announce my retirement from practice at the East Shore Community Health Clinic, as of April 30, 2021.

I would have hoped to work on the East Shore for a few more years, and transition gradually to a new practitioner, but unexpected health issues have left me unable to work at full capacity and forced my retirement at this time.

It has been my good fortune to work with the terrific staff and colleagues at the clinic, and it has been a privilege to get to know many wonderful people in the East Shore communities. I will be remaining here after retiring, as Michael and I feel that this is one of earth's special places.

We have not yet finalized locum coverage arrangements, but I hope to have news soon. In the meantime, your medical files remain in the electronic records here and registration will be transferred to the panel of our Nurse Practitioner, Jayme Ingram.

With appreciation for your understanding.

Liz Barbour, Riondel

LIVING IN A WASTELAND

Dear Editor:

Inflated lumber prices and uncontrolled logging are driving a massive destruction of our environment and wildlife habitat. And the madness has only just begun. We will soon be living in a wasteland.

I beg people to connect with our new MLA, Brittny Anderson, and encourage her to initiate logging reform on public as well as private land.

She can be reached at 250-354-5944, or 250-387-3655, or 1-877-388-4498. Her email address is britny.anderson.MLA@leg.bc.ca.

Jon Wyngaard, Riondel

SOME THOUGHTS

Dear Editor:

The other day when I came home from Creston I thought about two women I had met during the day. One told me she had been thrown out of Home Hardware for refusing to wear a mask. The other was upset about her experience when entering a health food store with her children. They were still wearing the masks from their visit to a dental office. She was lectured and attacked by the owner of the health food store because her children had masks on.

I wonder if both of these experiences are based on fear. In our society these days it seems like we interpret and misunderstand risk as danger and translate this into fear. By risk I mean a projected possibility, while danger is real. For example, I'm at risk of burning in a forest fire since I live in the woods. The danger, however, is when I see the flames reaching my neighbors property.

Over the course of the last year I have observed basically three different types of fear.

Fear of the virus. Historically fear of infection and disease is quite legitimate. People die and families grieve. Never mind, in 2020 according to Johns Hopkins University 1.8 million people died of Covid 19 world wide. Is this 50% or 10% of the population? 1% would be 78 million. So 1.8 million equals 0.03%.

Fear of dictatorship. Every person growing up in a dictatorship, like I did, sees the parallels created by the transformation of our society because of the pandemic. Neighbors denouncing neighbors for not following the rules. There is a widely spread one sided narrative of the situation and different opinions are censored. The social isolation prevents conversation and discussion of any alternatives. On the other hand, I can say what I am saying here and it is even published.

Fear of poverty. In the past poverty easily meant starvation. A bad potato harvest wiped out entire villages in Ireland a few hundred years ago. Losing your job your business and your livelihood, makes poverty seem very close to home. Right now, at least in our community, people do have a roof over their head and food.

What is our biggest problem? Can we honestly say one fear is more legitimate than another? Fear is real according to our inner condition. Therefore a peaceful communication is necessary when we want to live with each other. I suggest next week you go out and find a person with a completely different opinion. Meet and respectfully listen to the other person's fear. Don't silence your self and don't silence the other.

Sylke Plaumann, Gray Creek

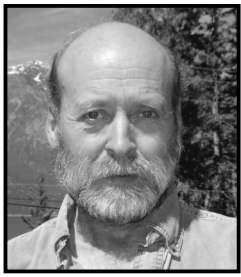
COMPASSION, UNDERSTANDING, TOLERANCE, HUMANITY

Dear Editor:

For many of us, the world is a terrifying place right now. There is the fear of getting ill. Fear of losing one's livelihood. Fear of a brand new vaccine. Fear of people who won't take that vaccine. Fear of people who won't wear masks. Fear of isolation and the loss of freedom and choice. The list seems to grow exponentially.

With this fear comes anger, suspicion, blame, division, and depression. But the separation of people is the most catastrophic symptom of this pandemic, and far more disturbing and debilitating than the disease itself. Covid is a terrible illness, yes. Having had it, I speak from experience. But its effects have been mild compared to the fear surrounding it.

This fear also seems to have affected people's critical thinking, logic, and ability to question. We have watched health officials flip flop with their directives, politicians yoyo on preventative measures, scientists



RDCK Area "A" Update

by Garry Jackman,

Columbia Basin Trust Community Initiatives

Program (CBT-CIP): The CBT-CIP applications for Area A were reviewed by our local volunteer group with a bit of a hiccup this year due to the extended power outage and loss of internet. As has been the case for all years, the number of requests were overwhelming, with 46 applicants seeking a combined total of \$92.2K while we only had \$34.4K to disburse. My thanks to the volunteers who make our local review an efficient and fair process. The results go to the RDCK Board meeting on May 20th for approval following which finance will disburse cheques to successful applicants.

REC 9 Grants: This spring we received 16 applications requesting a total of \$35K versus a funding allocation of about \$21.1K. I note a few of the applications are for substantial capital works which is not the intent of the Rec 9 service bylaw. The bylaw is intended to support recreational activities and programs but not by building large capital works to support the programs which would require far more funding than is available. In the past the volunteer commission has agreed to limit allocations for equipment or capital related work to \$1K per applicant. We will hold our meeting to review the applications on May 4th. We may need to stress once again in our advertisements the purpose and limitations of this fund.

BC Transit: Every ten years BC Transit performs a system wide review to help with future route planning as well as to determine what is working and what needs enhancement (or reductions) within the existing transit network. Electoral Area A is involved in two transit systems, one being the West Kootenay Transit system which extends across Trail, Castlegar, Nelson, the Slocan Valley, up to Nakusp and part of Arrow Lakes, along the west arm of Kootenay Lake then up to Kaslo and north as well as from Nelson down to Ymir and Salmo. This is a huge area and has multiple partners who invested in their share of the rolling stock and can prioritize portions of the routes, but which is managed as a whole so as to be seamless to the riding public. The other is the Creston Valley Transit system which extends from Ericson through Creston, partially into Electoral Area C to West Creston and partially into Area A as far as Wynndel (a few days a week).

A review of the West Kootenay Transit network was completed over the past year and a half and many of you may have participated either at the open house held in Nelson (pre COVID) or online since. The final recommendations came to the RDCK Board at a recent meeting and I voted against its adoption on the principal that once again it suggests taxation (likely to rise soon) into a portion of Area A with still zero hours of transit service on the Kootenay Bay side of the ferry. I do support the great work the partners have done to enhance service between the population centers, I am pleased that after a few years of requests the bus at Balfour aligns with the ferry schedule and I recognize service as far as Balfour has improved. My objection is that the projected increases in taxation with no intention to expand actual service into Area A is not acceptable. The Board, just as you expect, did approve the plan as a whole, noting my objection and the reasons stated.

BC Transit took note and asked that I review our needs and expectations with them again, in addition

to holding separate meetings with a few community champions. During my meeting with BC Transit on April 7th they confirmed they have no plans to put a bus on the ferry, lest a disruption in ferry service result in a domino effect across their larger service area. Fair enough. What they did agree to is to focus the Creston Valley Transit service on reaching all along Area A and propose routes which would help people get to the Kootenay Bay terminal (where they would continue on the Balfour routes once across the lake) or people would get to Creston, ideally with select early morning runs which could meet up with the Cranbrook Health Connections run one day a week. That bus gets people with medical needs to Cranbrook hospital with some priority booking times for tests and consultations so they can get back home the same day. Stay tuned for their open consultation process on these options or others as you may bring forward.

Crawford Creek Park and Wetlands: I enjoyed the community conversation which we held on the evening of April 20th. Our key parks staff were in attendance along with a number of members of the public. Some of the discussion did touch on the ongoing concerns around inappropriate use of the site but I felt we also had a good conversation about next steps and the larger vision.

As planned, I opened the meeting with a recap of some of the objectives the community voiced prior to the land being acquired, including:

- maintain trails, open space and beach access for local and regional recreation
- support local tourism economy with controlled access to waterfront & trails
- protect riparian areas along Crawford Bay and Crawford Creek
- protect existing wetlands
- expand protection to and restoration of sensitive areas previously impacted

Continued on next page...

Letters to the Editor, Continued

deliver contradicting messages as more information becomes evident— understandably, as this disease is brand new. Yet so many people are convinced they know what's going on. We are now drowning in a sea of arrogance and sanctimony, scorn and ridicule. Critical thinking is now a crime, and hypocrisy reigns.

This virus that has divided us so completely should have been the thing that brought us all together. This should have been the time to practice compassion and understanding, tolerance and humility. To help each other as our lives, and our emotional, mental and spiritual health are threatened. This should have been a time to examine our own prejudices, our ability to be open and receptive to new ideas and possible solutions, to hear each other and respond with care and selflessness. This should have been a time when we held each other up, like never before.

What an epic fail.

Even here, in our tightly knit little community, people criticize others for breaking the very same rules they themselves will be breaking this summer when tourists arrive. There are double standards regarding essential travel and hosting strangers from large centers. But it seems that when one's livelihood is at stake, the rules change.

The amount of illogical thinking, hypocrisy, thoughtlessness and unkindness that I've witnessed among those I have held such respect for is heart breaking

For example: After being asked, I recently submitted a couple of sentences for the last edition of *Mainstreet's* cover to represent the almost one half of residents opting out of being vaccinated. I stated my reasons, which were a direct quote from the CDC on the difference between the Covid "vaccine" and traditional vaccines. In less than a week, I heard the gossip about a local resident slugging me for my contribution. Instead of being open minded and respectful, she chose to slander and spread malicious gossip.

This kind of behavior here, and everywhere else in the world, is what makes this pandemic far more difficult than the virus itself. It contributes to the loneliness and feeling of separation, and the myriad of other fallouts we are witnessing on a daily basis.

The reality is that nobody really knows anything for sure yet. How can ANYONE feel justified ridiculing anyone else's thoughts on the matter?

We continually hear the words "be kind". But usually these words come only from those who are pushing their own agenda. Sorry. That's not kind. That's manipulative bullying. Real kindness is finding the humility to hear, sympathize, and consider other points of view. Let's all try to be supportive and loving to each other. We have enough stress without alienating each other as well.

Michella Moss, Gray Creek

VACCINE HISTORY AND A PLEA

Dear Editor:

We are well into the second year of the Covid pandemic, and consistently with any other stressful event in world history, underground, anti-authoritarian conspiracy theories abound. With the 20th anniversary of 9/11 coming up, it's almost laughable to vaguely remember the various rabbit hole theories spouted after that event.

As a long time reader and contributor to the *Mainstreet*, I noted the April issue had not only an anti-vaccination opinion on the front page, but also another opinion piece voicing fear of vaccinations and government action to contain this virus.

Whenever I hear anti-vaccination opinions, it reminds me of the long struggle those in the medical and sanitation fields have had in overcoming suspicion and disinformation in trying to make the world a safer and healthier place.

Today's society, with eight billion people aboard, would not exist without two huge advancements in our

history: 1) separation of sewage and drinking water and 2) vaccines.

Life in 1500's Europe was described as "short and mean". Forget menopause, women were pregnant at 12 and dead at 40. Men also lived short lives. The proliferation of cities caused huge sanitation problems. Do you know why it's customary for the man to be on the outside walking down the street? Because buckets of human excrement were regularly tossed from balconies. Rats proliferated in these squalid conditions, carrying many diseases. Though the Romans and many other ancient cultures had developed sophisticated systems to properly dispose of excrement, these methods were "laid to waste" in European and North American cities.

Everyone has heard of the Bubonic Plague, but how about a few more? How about cholera, tuberculosis, leprosy, anthrax, polio, smallpox, syphilis, gonorrhoea, diphtheria, dysentery, on and on.

In mid Millennial Europe, it was considered healthy to be as filthy as possible. Bathing was believed to make you sick. Cholera and dysentery killed huge segments of the population.

It was only in the mid 1800's that the importance of proper sanitation was recognized and implemented. Imagine a "revolutionary" hotel, office, or apartment building with pipes supplying clean drinking water and flushing toilets carrying waste away to a safe processing location, something we now take for granted.

Smallpox, one of the deadliest diseases of the 2nd millennium, killing three in ten and disfiguring millions more, prompted the first vaccination. In 1796, Dr. Edward Jenner began inoculating people with Cowpox, a similar disease in cattle, with great success.

Almost 100 years later, in 1885, a smallpox outbreak in Montreal caused by a train conductor from Chicago resulted in a polarisation of French and English parts of the city. Citizens of the English section

Crawford Bay Hall UPDATE

Submitted by Susan Hulland



Hall: We have been busy at the hall. Recently we had some emergency patching done on the roof of the building by Lemur Construction of Creston.

Septic system explorations done by Riteway Holdings of Creston and Steel Wheels are almost finished. (This was necessary as unfortunately neither the IHA nor the School Board were able to give us documentation of what had been built in the past or where the various components were located!)

The board recently decided that an official Site Plan of the land was a prudent expenditure since several parties have expressed interest in possible use of some of the 8 acres of land surrounding the hall. The survey will be done by Spectrum Geotechnical of Kootenay Bay.

The Crawford Bay Hall Rejuvenation & Preservation Fund grew again this month with \$225 from sales of cards and prints of our 83 year old building. These

were made from an original drawing donated to us by former school teacher, Bruce Paterson. Thanks again, Bruce!

Another big 'Thank You' to secretary, Shelby Sanford, and the Crawford Bay School for assistance with replicating posters for the sale of our cards and prints which have earned our association \$900 to date.

Park: Watch for a new addition to the park's Children's Enchanted Playground anticipated to arrive this month! Another improvement there will be new sand generously donated by Yellowhead Road and Bridge, a company which has always been very responsive to our 'asks'.

As the sun begins to shine and you want to get outside more please wear your masks, keep your numbers small, maintain your distance from others and sanitize your hands when using our facilities and remember that you do so at your own risk.

We will soon be posting a sign stating 'No Overnight Camping or Campfires' in the park.

Kootenay Bay Boat Launch: There is a new feature at this site that we hope will be used by those fishing and recreating on Kootenay Lake. The Creston Valley Rod and Gun Club has installed a receptacle for recycling used monofilament fishing line. It's a good place to dispose of line that's found on local beaches too as every piece removed from the environment helps save wildlife.

We will soon be posting a sign saying 'No Overnight Camping or Campfires' at the boat launch. We hope that will help to stop some of the problems that occurred there last summer as reported to us by nearby residents who keep watch on this facility.

Letters to the Editor, Continued

rushed to get vaccinated, while those in the French section reacted with suspicion and mistrust of the vaccine. Dr. Joseph Coderre, a respected physician-professor, not only claimed the smallpox vaccine wouldn't prevent smallpox, he warned it would cause syphilis. The result was over 90% of the deaths occurring in the French side (*Maclean's April 2021*).

The period from 1880 to 1950 was one of incredible development for vaccines which eradicated a list of diseases including cholera, rabies, tetanus, diphtheria, tuberculosis, polio, encephalitis, many more, of course met the whole way with suspicion and mistrust. (*Wikipedia Timeline of Human Vaccines*)

Over the past weeks I have heard everything from "It's just the flu" to "I'm not going to be part of a science experiment" to "the vaccine has electronic chips to spy on us" to "this is a conspiracy to control us".

I hope everyone here on the East Shore realizes what a bubble we are in. If there were any good place to ride this thing out, here it is. Go anywhere - England, Brazil, India, New York State, California, El Paso Texas, mass graves, rows of refrigerated trucks full of bodies, Paramedics forced to leave people dying in their beds.

A recent hotel guest here was an exhausted Creston health worker who was absolutely incensed by the attitude of some people here.

Everyone is entitled to their opinion, but be careful who you talk to. You might not like the response you get.

In recent weeks, the USA has launched a massive vaccination campaign, resulting in a dramatic reduction of deaths. Their society is on their way back, and ours can be too.

Remember football games, music concerts, socialising in bars or anywhere, freedom? The only way back is, as usual, sanitization and vaccination.

On April 17, I received the Pfizer vaccine at Crawford Bay School. Business was brisk, with many folks I knew moving through, and others outside complaining they had not gotten an appointment for their shot yet.

4 *Mainstreet* May 2021

Thanks everyone for being part of the solution.

Paul Hindson, Crawford Bay

*Read in *Maclean's*: https://apple.news/AHsxRX-U1gRmup6_SmYFee4w

COVID

Dear Editor:

A week has passed [at time of submission] since finding out there was Covid at a funeral [held on the East Shore]. Next action: calling a friend, weekend plans with, and her and her daughter helped navigate booking a Covid test in Nelson. Waking up Friday, the day of the test I began the task of contacting people that I had spent time with since the funeral. Hard calls to make. Going for the test, being told to self isolate, even with a negative result. Super emotional. No family time and I may have exposed my clients friends community to Covid. Brutal. Fortunately the test was negative. Negative is the new Positive!

I learnt a lot from this experience. Past the blame and the shame there's a deep gratitude and knowing that there's possibilities. We can learn to support and love one another without physical contact. A principal I practice is win win. All relationships need to be win win. That's why our actions matter so much like washing our hands to protect the people around us as well as ourselves. It's a win win. I chose to go to the funeral and it was a beautiful intense loving experience. Witnessing a family and community grief and love. I could of gone and physically distanced myself.

In hindsight, I could have chosen not to hug. We are so socialized to express our love with physical contact it's challenging. I can learn and I can change. It's truly a miracle that learning can take place without the consequences of Covid. We really are so fortunate We need to be kind and loving to ourselves and others. We joined the other millions of Canadians who had to wait for their test results. Physical contact is not worth the stress or risk of Covid. For me it's not a win win! Here's to doing our part in keeping our communities safe.

Thank you,

Danielle Rogers, Riondel BC

THANKS FOR PRINTING

Dear Mainstreet,

I appreciate the *Mainstreet* for printing my article "The Other Pandemic" in the April edition of the *Mainstreet*. I imagine the editor received a lot of backlash for printing it even though she may or may not agree with what I wrote. In trying to convey a prevalent message that is opposed to the single narrative we have been listening to for over a year now, it has not been easy to "speak out." I knew it would be met with reaction from some and a voice of support for others.

I do not wish to deliberately hurt or scare anyone more than they already are. My purpose is to inform and draw light on other information much of mainstream media is choosing to ignore. I have learned the hard way that there are repercussions from taking a stand on certain issues, especially when judgment and strong opinions are aired. This leads to hurt feelings and separation from friends and loved ones. In these times though, it's important to be aware of new evidence and disclosures which are coming to light at an alarmingly fast rate. For this reason I wanted to share what I have learned with my community so that others can be informed too.

Once again I applaud the *Mainstreet* for printing my alternative message for people to think about. We are living in a country of free speech are we not? If anyone wishes to have a respectful discussion with me about the said article, my contact information is posted in the service section of this paper. Blessings to you!

Susan Snead, Riondel Road

A QUICK NOTE OF THANKS

Dear Editor:

I just want to take a minute to voice my very heartfelt gratitude to *The East Shore Mainstreet* for sharing different perspectives in its Covid and vaccine coverage.

Crawford Bay Hall Memories & Musings

by Leona Keraiff



Almost every article I have written this past year has contained the words "My highlight was Santa's visit in the hall." so I decided to check in with the Prest family as they

have a very special connection to our favourite fella in the red suit!

My first phone call was to Louise Prest who said "We called him Mr. Christmas because he loved everything about Christmas, especially lights and decorations."

Louise's husband Richard probably became the community's cherished Santa after having driven the school bus for an entire year when Rosanne Ballard was sick. (1985) "He enjoyed the kids so much." Louise said.

"Peggy Stocker may have asked him and it didn't take much convincing at all. Lois Adams made him a fantastic new suit as the old one was "tacky". The Christmas Tree Committee paid for the beard and hair as well as the fabric."

Richard once told Louise that "a little girl told me she wanted me to bring a gift for her little brother, Travis". "He was so impressed with how sweet and unselfish she was." Louise added.

"Yahoo Nicole Mackenzie," I said! Louise loved being Santa's helper. She told me that Richard took it very seriously; eating dinner on time so they could sneak home, dress and get back promptly. He looked forward all year to that Community celebration and "Ho Ho Ho ed" there for over 20 years.

Louise also shared her memories of Floyd Oliver's retirement party, New Year's Dances, (Richard loved

to dance and I can attest to how smooth a dancer he was), daughter Dawn's wedding, Christmas concerts, Mrs. Berg's ballet classes, volunteering in "that little library" with Doc and Mrs. Stewart, entering her roses in the Fall fair once and helping with the Tea.

Louise spoke to her son Glenn for me who recalls Carmen and Ida's wedding (Draper) and that he painted the trim during the 1983 hall reno.

I contacted Louise and Richard's daughter Dawn who sent me the following via email:

My first memories of CB hall date back to when my family and I first moved to Crawford Bay in 1974. The fall fair was a pretty big deal back then and I participated by entering a handmade rag doll (it was quite creepy looking if I recall) and as I got older I would serve tea at the fair in the tiny room, behind what is now the kitchen.



Ballet – I remember ballet classes with Madame Berg in the hall, as well as recitals. It was super drafty so we wore our dads' wool socks with the toes and heels cut out to keep our muscles warm!

School concerts – I performed in many school plays in that ole hall. It was really cool because there was a walkthrough behind the stage that you pass back and forth through. We also used to hide there and freak people out (but that's another story)

Sock hops - Probably the first time I ever danced with a boy was at one of the sock hops in the hall, Roy Hawkins and Darren Stocker, who were my best buddies, come to mind.

Then there were various community functions over the years. Dances with Gerry and Gerry playing (that was my old principal Gerry Schiavon's band). CB riding club meetings. News Years Eve used to be a fairly big shindig back in the day as well.

My mom volunteered at the little library there, so I remember going there and signing out books. Such a cute little library it was.

I worked on the renovations in the summer of 1983, it was a government grant job (remember those?) I remember tripping down the stairs, spraining my ankle, and having to go on Workers Compensation for the first and last time in my life. I can't really remember who I worked with, I think fellow classmates Doug Nickish and Norman Bainbridge, but don't quote me on that, I am not totally sure.

My wedding was held there in 1985. Family did all of the cooking and one of my husband's friends played the music, records if you can believe it! Lots of my husband's family came from the Valley, so it was really fun!

I didn't live in CB when my Dad played Santa in the hall, so I have no memories of that other than I know how much it meant to him. He was so excited when Lois Adams made him a custom Santa suit that he had to model it for us when we came over that Xmas.

My dad's celebration of life was held there. It seemed very fitting, with our long background with the hall.

Louise found a photo showing Richard in fine form and added that he loved the suit so much he occasionally showed up at the park "Christmas Tree Light up" so he could wear it again!



Hacker's Desk

by Gef Tremblay

Finding My Voice

I just finished an online yoga retreat, and I am left feeling an urgency, a tension in me. I want to act; I want to react to everything that is happening, everything that is wrong. I want to find a way to change and to bring change, to help with the environment and bring back balance in this inequality. It is not comfortable, it is not tamed, it is not what I am used to think. The retreat was very gentle; silence, breathing, a few movements, a few mudras, yet it applied enough pressure to crack my shell. Was it my true self, my true voice that was released?

Watching "Heartland" on Netflix, I feel my voice fading out, I can clearly see its soul-sucking effect. When everyone is in bed, I watch "Invincible" an ultra-violent cartoon, and the numbing is even greater. What is it with media and numbing of the mind? Although I realize the effect, I am glad to be out of that space, back to my self, but which self? The intense voice fades out, I don't need to save the world anymore.

I am afraid of what that voice would sound like. I am afraid to lose what I have built so far, to change so drastically that my world would be changed as well. It would bring me to a new place, for which I feel I am not ready. At the same time, it seems inevitable that I will get there. I can only slow down the process, there is no turning back, and I have known that for many years now. Once you've learned to read, you cannot fake it anymore.

In Ayurveda, there are three doshas based on the elements of earth, water, fire, air, ether. We are all composed of each of these doshas on different level. I am mostly Kapha, earth and water. I have read again and again that in their spiritual path, the Kapha dominant people will not have a lot of spiritual experience early on in their process. It would take many years to get to that, but once these experiences start to emerge, they become part of life. This is what is happening now, and with these experiences a lot more about me is revealed.

That voice also changes the way I write, or is the way I write which changes my voice? In last month's article, I rooted my writing in my own life experience. It felt liberating to take my own personal experience of reality as a foundation of my creativity. I wonder how my spiritual experiences shapes that creative voice? When I discovered my style of drawing, about 10 years ago, I merged my doodling technique with my day-to-day illustration. This was the birth of my personal illustration style that I still rely on and evolve to this day. I am unclear what that style, that voice is in writing. What is to emerge in my writing style, and do I have to come to a certain awakening in order to write from a more real part of myself?

But more importantly, why am I afraid of my voice? And when did I lose it? Did I ever know it? Why isn't there a process to find it out in our culture? There are a lot of tensions in our society, now even more than ever. There is a lot of division, who is for this and who is against that. I feel that a lot of people refrain from talking and expressing their point of view, and we end up not being able to discuss and question. This in turn creates even more division and a lost opportunity to connect and explore reality as a community.

I don't know what my voice will sound like, but if there is fear, it probably means that it will be quite exciting to discover all about it.

Letters Cont'd

Over the past year, I've been following a wide range of media coverage from all over the planet. I have seen a distinctive shift in recent months. Sadly, many so called 'Mainstream Media' organizations have elected to promote a radically narrow view of events and the data being collected.

More currently, many of these events, perspectives and attitudes seem to be quickly deleted (censored) from our Social Media feeds.

Personally, I am not overly attached to any viewpoint. I am trying to remain objective and continue to search for balanced information, until such time and things become clearer.

I feel this is a time to strive for calm, kind, respectful interactions with other members of our community. Sadly, I see people becoming more and more polarized with each passing month. I suspect we are all feeling anxious, frustrated and confused.

These are difficult times - such as we have never encountered before.

I applaud *The Mainstreet* for covering differing opinions and experiences. I suspect this is not an easy task, as people seem increasingly agitated and annoyed with one another, (and sometimes, even with members of their own family).

Thank you for helping assure that we hear from differing voices in our community.

I hope we can all welcome some meaningful discussion, or at least take time to try and understand one another, during this difficult time. It may not be easy, but I suspect we will be going through this for quite some time to come.

With great respect,

Will Chapman, Gray Creek

Riondel Fire and Rescue Blotter

by Fire Chief Cory Medhurst

April turned out to be a busy month, with yet another windstorm knocking out power for days and showering the highway with massive trees and debris. There were again many reports throughout the regional district of more bush or wildland fires, started by peoples burning in their yards. Another reminder to please pay attention when burning, watch the wind and have all the necessary tools, equipment, and water on hand; NEVER leave a fire unattended or burning overnight. It is deceptively dry out there this year which is why I am so adamant to remind all to burn safe. The RDCK is once again offering free FireSmart home assessments to all residents in the district. This program sees a Wildfire Mitigation Specialist who performs a full 360 assessment of your property to produce a customized report with a list of mitigation actions that you can take to measurably reduce the wildfire risk to your property and home. This program has proven to be effective and is accessible through the RDCK website at <https://www.rdck.ca/firesmart>, or by calling 250-352-1539 to book your assessment. **Calls to service for April are as follows:**

March 31st – a call for a lift assist in Gray Creek saw 6 members respond to help Paramedics with patient movement. 3 members arrived and were able to assist, calling off the others who were on route.

March 31st – The same 6 members responded to a medical emergency with the ambulance in Pilot Bay. The first members on scene were able to gain access to the home and helped with patient care and movement.

April 7th – 4 members responded to a medical FR call in Crawford Bay. Members attended to the patient while waiting for the Paramedics and proceeded to assist with patient movement.

April 7th – multiple calls came in for a smoke alarm in Crawford Bay that was continuously activated by reported burnt toast. As Crawford Bay is not in a fire service area, the alarm company was notified of such and the calls ceased. A reminder to new residents with alarm systems that if you do not live in the Riondel fire boundary, a response will unfortunately not be activated to smoke alarms.

April 10th – 3 members responded to a medical FR call in Riondel. Members assisted the lone Paramedic with patient care until a full ambulance crew from Creston arrived and took over patient care and transport.

April 13th – A motor vehicle incident in Crawford Bay had 5 members respond. With one occupant seriously injured and the other deceased on scene this call saw a large mutual response involving Riondel Fire Dept, Creston Fire Dept, BC Ambulance from Riondel and Creston, Creston RCMP with the district Coroner, as well as ground response from Kalso Search and Rescue, and a helicopter with crew from Nelson Search and Rescue. What began as a technical rescue unfortunately became a recovery, carried out with respect for the deceased while maintaining safety for the crews. Our heartfelt condolences go to the family and friends of the occupants.

April 18th – On the day we saw extreme north winds ravage the East Shore, 8 members responded to a call for public assistance in Pilot Bay. A group of day hikers returning home in their car had been caught between multiple groups of downed trees. Crews had to battle downed trees on both Highway 3A and Riondel road before getting to the original scene. The crew was able to free the vehicle but were unable to proceed further due to trees down on the power lines. A small crew then proceeded to assist locals with home oxygen needing power. Members monitored these individuals for the duration of the outage.

April 24th – 2 members responded to a medical FR call in Crawford Bay. Members assisted with patient movement and insured the ambulance could back out

of the precarious driveway.

April 26th – A medical FR call had 4 members respond to assist with patient movement. Members attended to the patient while waiting for the Paramedics and proceeded to help move the patient.

Just a quick note to clarify a recent post from our friends at the East Shore Health Society. To assist us with recruitment, a notice has been published regarding low member volume and the critical need for members in our department. This is not a new topic of discussion, rather a continuous one where we are always looking to recruit new members to join us. It has come to our attention that this message may be misleading. The current members of Riondel Fire are still active and responding to all calls with a mission to have no call unanswered. Although you will often see 4 - 6 members responding to each call, it is the same 4 - 6 members time and time again. These members, like all volunteer Fire Department members, can face burn out from balancing their daily lives with spontaneous and unpredictable calls to service. Aside from a mandatory minimum membership for all departments according to the insurance underwriters of BC, there is a growing desire for a satellite Firehall in Crawford Bay which of course would require even more members. The urgent plea for members is not saying we are not responding to calls, rather asking the public to help us to respond to these calls through training and practice every Thursday night from 7 – 9 PM.

I would like to take a moment to acknowledge and thank our members for their continued efforts in maintaining public safety throughout the COVID pandemic. By abiding by all COVID regulations set out by our Regional Medical Director and Regional Fire Chief during all calls, practices, and mandatory hall maintenance we can reassure the public of our dedication to your safety, and to the safety of our crew and loved ones during these crazy times. With extra PPE and the added stress of possible COVID infection our members have stood strong and continue to maintain safe responses.

East Shore COVID Clinics Report

submitted by Tom Wishart

Five clinics were held during March and April in Crawford Bay School to vaccinate East Shore residents against the COVID virus. A total of 811 people had big smiles on their faces as they exited the School having received their 'jab'!

Thanks are due to Interior Health and Creston Public Health that decided to put on these clinics in our 'remote' area, and to the Crawford Bay School for opening its doors to the clinics.

Many thanks also to the professionals who worked at the clinics--the nurses from Creston, Kaslo, Castlegar and Salmo, and Eagle Security, and much valued locals, Cory Medhurst, Nicola Candy and Dr. Liz Barbour. School Principal Sarah Wick came out during Spring break to open the school and set up the Internet access; without Sarah's help, the Clinic would not have been able to take place.

Kim Young, a member of the Board of the East Shore Kootenay Lake Community Health Society (ESKLCHS), worked with Interior Health to make the vaccination process as efficient as possible. Kim attended every clinic along with 'special' helpers Peggy Skelton and Sharon Webster who assisted with setup and clean-up. Other Board members including, Christa Harstall, Laverne Booth, Margaret Crossley, and Karen Arrowsmith, assisted at one or more clinics and several of these brought cookies and muffins for the working crew members. Ladybug Coffee prepared an amazing lunch of soup, sandwiches, sweets and homemade pie for the nurses and staff attending the first clinic with financial support from ESKLCHS.

Despite a few mix-ups (almost exclusively at the first clinic) when some people arrived too early or were inadvertently left off the list of scheduled appointments, most people were pleased with the arrangements.

ESKLCHS owes Susan Dill a big "thank-you" for encouraging residents to take out memberships in the Society. Having a large number of members is important as it lends credence to the Board's claim to represent the community when meeting with Interior Health.

The Society is pleased to have been a part of these "mass" vaccination clinics and will continue to advocate for health services for all of us on the East Shore.

Those unable to attend any of the local clinics can book appointments on-line at <https://www2.gov.bc.ca/gov/content/covid-19/vaccine/register>, by phone at 1-833-838-2323, or at any Service BC Office.

Creston Public Health states that residents can expect to receive their second injection in four months, but should monitor the media/news/radio for information on how to book an appointment for the second dose.



"The way to get started is to quit talking and begin doing." - Walt Disney

Have you ever thought about turning your passion into a business? Do you think you have what it takes to be an entrepreneur? Contact Community Futures for more information on Programs & Workshops available to you!

Call Amanda Murray at 403-678-7044 or amurray@futures.bc.ca to book a free appointment in Creston. www.futures.bc.ca

Growing communities one idea at a time.

A Message from the East Shore Kootenay Lake Community Health Society on behalf of the East Shore Community Health Centre

submitted by Kim Young

Booking your lab appointment: go to www.labonlinebooking.ca or call 1-877-740-7747. When you are booking your appointment, It is your responsibility to notify the booking agent, or include in your online booking, if you are having a urine test, fasting blood test, ECG or a timed lab test – these types of tests will have an effect on the amount of time required for your appointment.

Prescriptions: Prescription renewals need to be made 3 weeks PRIOR to running out of medication!

Your pharmacy will send a prescription request form to the clinic, with a list of your medications that your physician needs to have BEFORE your booked appointment time.

NOTE: Until further notice, If there is no power in Crawford Bay, the clinic will be closed.

Courtesy: We recognize that these challenging times can be stressful but this does not excuse verbal abuse or harassment of staff. Interior Health and the East Shore Community Health Centre have a zero-tolerance for abuse. If you are experiencing emotional difficulties and would like support, call: 310-6478 or contact your physician



Thoughts from the Frog Pot

by John Rayson

DEMOCRACY

Lincoln: "Government of the people, by the people, for the people."

It is appropriate to define what we mean by democratic government. In Canada we have a representative democracy: we elect individuals to represent us in our parliament. Once we elect individuals and laws are passed by our elected representatives, it is expected citizens will follow the laws. In Canada we believe in: Peace, Order and Good Government vs our neighbours to the south who identify with: Life, Liberty and the Pursuit of Happiness. Both countries have a representative democracy.

Last month I wrote on the rise of "the Strong Man" in politics. The people of the U.S. have now elected a far more rational individual, Joe Biden. However, the threat to democracy remains as extreme polarization continues in the U.S. Plus, 74 million individuals voted for the previous president: many continue to believe in a "rigged" election. We cannot relax our concern with regards to our democratic foundations as the country that shares our continent continues to have many problems. An example; one of the most pressing difficulties, not given a lot of thought by many, is the crisis of fresh water in the U.S.A. Water is essential, not only for drinking, but the majority of fresh water (70%) is consumed by agriculture (growing our food supplies). Now you may ask, why is this a threat to our democracy?

In the 1960's a proposal was circulated in the U.S. called NAWPA (North American Power and Water Alliance). This proposal called for the directing of water from Alaskan and Canadian rivers, through B.C. and Alberta, resulting in the water being delivered to the Colorado and Yellowstone river systems (U.S.A.). It also included a plan for a canal from Alberta to the Great Lakes resulting in stabilisation of the levels of the Great Lakes. The proposal would result in flooding of large areas of B.C., including the elimination of Prince George, but would provide water to the southern United States and Mexico plus stabilize the Ogallala aquifer in the Midwest U.S. The proposal remained in circulation until the 1990's. The U.S.A. is now experiencing severe water shortages in the Colorado River basin and the central plains of the U.S. Not only is drinking water threatened but most of the food for the U.S. is grown in these drought areas. Do we need to consider the re-election of "Strong Man" in the U.S. with these problems apparent, exacerbated by climate change, to have this proposal reactivated?

Another example is Turkey; in the early 2000's considered for inclusion in the European Union as an evolving democracy but now under the leadership and one-man rule of Erdogan, seen as "not free" and has become an authoritarian society.

The above examples are not meant as conspiracy theories but should be seen as food for thought; issues occurring in our environment to which we do not give enough thought.

Having discussed the issue of a "strong man" and the fragility of democracy, I will now turn to the issue of the existing pandemic which challenges our individual responsibilities as citizens in a democracy; yes, we do have responsibilities as well as rights. In a representative democracy we elect individuals to establish the rules and it is our responsibility to follow the rules. Elected office implies leadership. It would seem

we are ruled by individuals who follow the polls and give us what we want, not necessarily what we require. Our present leadership has undermined the opinion of our medical experts with regards necessary steps to be undertaken in dealing with unprecedented events requiring leadership. We, as members of the society, are expected to follow directions, even though the directions may be unpleasant. The regulations decided upon are usually for the "common good" and in fact may not be agreed upon by all but all are expected to follow. The concept of "a common good" appears to have been forgotten in the modern world and the thought, "no man is an island unto himself", as articulated by the famous English poet John Donne, is but a quaint idea and certainly not embraced by much of today's "me" generation.

The final decision must be made by elected politicians (yes, we elect them) and is not the prerogative of the medical personal. As we are faced with a "third wave" these hard decisions do not appear to be forthcoming (at least not in B.C.).

As Canadians we pride ourselves on a middle of the road stance: this means we can be hit from both directions.

Remember if we long for "a strong man", Bertrand Russell, a noted British philosopher stated: *Democracy: fools vote. Dictatorship: fools rule.*

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Hidden Taxes

by David George

Eight Years Ago

In June 2013, I began writing a little column for *The East Shore Mainstreet* dealing with some of the hidden taxes we encounter and pay, often without realising they are built into the prices we pay for almost everything, every day.

After about a year, I wrote four successive columns titled *Milking the Cash Cow*, dealing with the sneaky ways in which the Liberal government was siphoning off funds from each of the following BC Crown Corporations: BC Hydro, ICBC, BC Liquor Distribution Branch, and the BC Lottery Corp.

Look further along in this column for some news about a possible class-action lawsuit against ICBC.

Now, eight years later, this small soapbox from which I speak every month often deals with local or world issues as well as hidden taxes.

Since I first started writing, the world has changed in many ways. Our friends and neighbours to the south have just escaped from a toxic presidency.

We here in the True North are dealing with a worldwide pandemic of the same devastating reach as that which afflicted Canada and the whole world in 1918 and 1919. In those years, millions died of what was inaccurately called the Spanish Flu.

Now, we have not only greatly improved medical care available, but we have decoded the actual genetic sequence of this new plague, and have created vaccines against it almost unbelievably quickly.

When Covid-19 was first recognised as a pandemic in March 2020, many of us thought it would surely be over and done with in a year, at most. Not so. The best we can hope for now seems to be that we might be able to celebrate the December holidays this year in a normal manner.

What can we do to safely pass the time until the present plague goes away? There is more easily avail-

able entertainment on the internet now than there was in 2013. Some of it is even free. I have been watching the hundreds of episodes of an old show called *What's My Line?* which ran from 1950 until some time in 1967. Each week the panel of four would try to guess the occupation of two or three people.

A mystery guest also appeared, for which the panel was blindfolded. Dorothy Kilgallen and Arlene Francis along with Random House publisher Bennet Cerf and a guest panelist were on every week. The moderator for all except four shows was John Charles Daley. The shows were produced live and preserved on 16mm kinescope film, and most of them are in good shape. Many famous stars appeared on the show. If you are looking for movies on DVD, our two libraries on the East Shore, in Riondel and Crawford Bay, plus the one all the way down in Creston have thousands of films available for free. As well, there are tens of thousands of books, and books on CDs. Cards are free from each library, and Crawford Bay is now open for limited browsing Tuesdays and Saturdays from Noon to 3pm. The Interlibrary Loan system is up and running again and books (only books) are available free for the asking, usually arriving within three weeks.

Now back to ICBC and the cash cow. In my 17th "Hidden Taxes" column, I profiled and critiqued ICBC, from which all of us in BC must buy our basic automobile insurance.

When Dave Barrett's NDP government started this single and mandatory insurer, they promised that no one would pay more they they were paying for private insurance. I was insured by State Farm, and under ICBC, I paid more.

At the time of my earlier column, ICBC was being milked of hundreds of millions of dollars, resulting in everyone paying more than necessary for this monopoly's rates. To be fair, most of the milking was done by Liberal governments.

Since early 2020 a lawyer, Scott Stanley, has been trying to initiate a class-action lawsuit against ICBC. The objective is to force refunds, more than the present amounts which some of us have already received from an embarrassed government. The NDP has prom-

ised another refund for the period from last October through this past March.

Hearings regarding certification of the suit are ongoing since April 26. The amount in question is nearly \$900 million, and that ain't hay! Stay tuned to BC news about this lawsuit. CBC will be covering it from time to time.

Locally, look forward to the second round of vaccine shots, which we might even have available before Canada Day. With gratitude for all our first responders and health care people, and everyone working in our local businesses, enjoy this Spring weather.

Finally, stay well and stay safe on our beautiful East Shore's main street. This too shall pass.



By Al and Ali George

Meteorite Hunter Seeks Impact Fragments on East Shore

A Mainstreet Interview

On Monday, September 4, 2017, at approximately 10:14 p.m. a fireball streaked across the night sky, lighting the East Shore of Kootenay Lake. As fascinating as that was for many of us, the results of that impact continue to develop and we can now say that we have drawn the interest of meteorite hunters, new and experienced. Emily-Rose Kinsley is one of the latter groups, and Mainstreet spent some time learning her story and what brought her to shore to search for these astonishing space rocks.

MS: Can you tell us a bit about yourself?

Emily: Hi, my name is Emily-Rose Kinsley. I'm a 31-year-old transgender female of British background and northern Ontario. But BC is my home now. I don't have any degrees in this field, but I read a lot books, speak and learn from many very intelligent people and have a good solid team I have built around me over the years

MS: What brought you to the area? When did you hear about the meteor strike?

Emily: I find strike be a distasteful word related to missiles and destruction of the worst kind. I do believe impact is a better term. I first heard of the impact back in 2019 and have been researching for the past 2 years. I was supposed to be here last summer but Covid and other opportunities for a hunt came into play. What brought me here was to help further the Canadian advancement in science and research of the meteorite field. Research from Canadian meteorites is invaluable. Tagish Lake meteorites held so many secrets and amino acids - just imagine what this meteorite could hold!

MS: What do you hope to find in your expeditions? What have you found so far?

Emily: Well great question! There is an estimated 90 kilos in these mountains. The hope is to find as much of that as possible along with the main mass. By doing so, a meteoritical society submission can be made, which will give it an official name.

MS: Is this part of a study program? Are you affiliated with a school, or is this more free-lance work?

Emily: I am a freelancer. I run my own business called Cosmic Creations at which I go and harvest meteorites and other gems, rocks, crystals, and minerals. However, I am affiliated with the Universities of Calgary and Alberta for research and submission. With their data and other organizations' seismic readings, I'm able to put a pretty accurate map together telling me where pieces are roughly.

MS: What fascinates you about meteorites?

Emily: They are the key to life. The secrets they hold are astonishing. Did you know some meteorites hold amino acids in them?!?! Amino acids are the building blocks of life. Your skin, hair, nails. I strongly feel we can learn a lot of how life started and evolved by studying meteorites and the universe.

MS: Can you clarify the difference between meteors and meteorites?

Emily: A meteor makes pretty lights in the skies. A meteorite is what you find. Lil fun way of remembering: a meteor will never touch the ground. It is what we call an object entering the earth but never reaching ground. A meteorite is an object that has hit the ground

MS: What is their value, or is it purely scientific?

Emily: Well right now, their value is unknown. That really depends on the meteorite market and classifications. Some meteorites can go from 10 cents a gram to 1000 dollars a gram. I suspect this Canadian meteorite will do well.

MS: What can we learn from them?

Emily: The most important thing to remember is that these are pieces of life. Most meteorites are billions of years old, from the beginning of time. We can learn how the cosmos was created, we can study Mars before we even step foot on it with machines thanks to Martian meteorites... from impacts that cause pieces of Mars to be ejected into space and land here. The research potential is unlimited. Meteorites were a huge help as to how the Inuit's were able to advance into the Iron Age in the northern islands of Canada and Greenland. Not only have they advanced our civilization to new ages, but now we use them to learn how we came to be.



MS: What sort of local partnerships have you made, or will you be making?

Emily: My plans are to have a portion being donated to museums and to the expandspacestudios.org which my good friend and meteorite expert Grant Hawkness runs. From there, pieces of the meteorite will be put into sponsorship packages and sent to all corners of the globe with a kit that includes lunar and Martian meteorites and other specimens, as well as microscopes and gear so kids may have hands on learning in schools to help further an interest in space exploration and research. Some will be sold to private collectors to help fund my next hunt - the Canal Flats meteorite. Others will be on my private collection display, and a piece will be donated somewhere local for residents to view.

I am starting make some cool partnerships and networking in the area. It's been great being here and listening to statements and witnesses. But because some things are still in the works, I'm going to wait to speak more on those partnerships, but I am hoping to be doing some creating with the forge and also broom makers in town!

MS: Anything else you'd like to add?

Emily: If anyone ever has an interest and wants to learn or come join on a hunt and find your very own meteorite, get a hold of me at cosmiccreationsbyaemilie@gmail.com. I also, with my business, Cosmic Creations, design meteorites into rings and star trek badges and other cool custom designs for folks. I also have plans to take a fist sized piece of the moon and design an identical replica of the moon.

Local Organic Farm Deepens Commitment to the East Shore

press release

Cartwheel Farm is a certified organic market garden tucked away on the south slope of Goat Mountain. First generation farmers Nigel and Laura Francis have been growing vegetables, herbs, and fruit on the little parcel of land for seven years now.

Along with a small team of local young people, Nigel and Laura tend about a hundred garden beds, each about three feet wide and a hundred feet long. The farm is home to one heated greenhouse and several covered tunnels. The growing practices reflect the small-scale of the operation and most work is done by hand. The garden grows everything from Asian greens to French heirloom tomatoes – dozens of carefully selected varieties each year.

From the start, the couple's adventures in growing and sharing food have been about trying to build a farm that is right for this place in the world, this moment in history, and for their family. "Our work is all about relationships," says Laura. "It is about our connections to each other, to the plants that we tend, to the land where we live and farm, and to the people we feed."

Nigel adds, "Each year we get a little better at understanding the needs of the plants and the soil, the patterns of the seasons, and how the garden works as a dynamic whole. We also learn more about how our customers really want to eat. I love the challenge of pulling that knowledge together and figuring out how to evolve what we do."

Relationships with Cartwheel customers are cultivated in many ways, but the heart of the farm is their delivery service. This will be Cartwheel's fourth year delivering what they grow to East Shore homes, restaurants, and grocery shelves. From June to mid-November, their food can be found at Black Salt Café, Red's Bread and Bakery, the Crawford Bay Market, the Destiny Bay store, and the Yasodhara Ashram.

Most of what is harvested at Cartwheel Farm goes directly to some 150 local families. Each week, compostable brown bags are packed with six to eight items from the garden. Stapled to every bag is a piece of recycled paper printed with a list of what has been harvested, recipes for the week, and a note from the farm.

"Sometimes we send a story from the garden. Sometimes a poem. Sometimes some thoughts about food security or our dreams for the future of local food. We love helping the people we grow for to feel inspired about how they cook and eat," says Laura.

The pandemic has deepened Nigel and Laura's commitment to creating long-term relationships with East Shore eaters. They say that support from Kootenay Lake residents was remarkable last season. That support made it easy for them to decide to partner with the East Shore Transportation Society again this year. The ESTS community bus will travel from Cartwheel Farm up the lake to Riondel weekly beginning Wednesday, June 2.

People can learn more about the Cartwheel delivery service by visiting cartwheelfarm.com or calling Laura and Nigel at 250-254-5525.

Next Deadline:
May 26, 2021
www.eshore.ca

Crawford Creek Regional Park Public Meeting Report

By Ingrid Baetzel, Mainstreet Editor

On April 20, 2021, four or five RDCK representatives and a dozen local residents joined in on a WebEx chat regarding the Crawford Creek Regional Park. The purpose of this community meeting was to provide an update on some of the activity on the site, listen to local input and answer questions about next steps where possible. The public also had an opportunity to ask questions.

Director Garry Jackman, Regional Parks Planner Mark Crowe, Regional Parks Manager Cary Gaynor and Regional Project Manager Jeff Phillips were all on the call and began the meeting with a bit of an update on the process to date.

They presented on the things that have been done to date and are still being worked on (biophysical inventory and study, mapping, identifying, and describing various species, soils, ecological communities and park use, as well as the new access road, First Nations confirmation, draft management plan and more). They also discussed steps going forward and what still has to be accomplished, plan approval and funding permitting.

Many residents have by now seen the new road that has been built to the end of the old airstrip and there are varying opinions on it. One of the first questions answered was about the curves in the road, and Gaynor answered that question by saying that the goal was to create something of a meandering route and dis-incline people from using it as a “drag strip”. The new road location was decided upon partially in response to the freshet event of last year, with the hope that it will be the least invasive and easiest to maintain location that will not be as likely to be impacted by another event like that flooding. They are developing a ditch on the left side of the road, and a berm on the right side, and plan to be installing the parking lot at the end, with cedar split rail fencing, signage and regulations. The parking lot is expected to be 250 square meters and accommodate around two dozen cars, maximum. There is also a plan to plant trees along the road and beautify in time.

The old road has been decommissioned (at least obstructed) but will remain as a trailway. There is also a plan to develop new bathroom amenities on site, develop more beach and other area trails, look into waste management issues (perhaps more in partnership with local advocacy groups), and generally beautify and protect the area.

Other uses for the land were also discussed and this topic will continue to be discussed. Community meetings via working tables and/or online will be announced to find “the highest and best use of the park area,” said Mark Crowe. Making more impactful changes to the area, like implementing a “gift shop” concept, as one participant explored, would require public approval through either the alternate approval process (a certain number of people DON’T object, motion goes through), or a referendum. Many ideas were explored and discussed, but not all fit in with the mandate of the Regional Parks (such as anything not related to the park directly or items intended for capital gain).

Managing waste on site was another discussion, and the district representatives indicated that it was a tricky subject. Balancing misuse or abuse of any waste facilities with the need to accommodate in order to keep the area clean is clearly a fine line. It was discussed that again, it might be good to partner with local groups who want to take that one. Perhaps funding could be sought to deal with it?

Another question arose from the meeting regarding protection of sensitive species and impact on them

regarding reseeding and harvesting of hay and the timeliness of the biophysical study which was done in the fall. Garry Jackman answered with the following: “We did consult with the biologist, which was the same person involved with last year’s bird survey and the biophysical work. He explained that although there is no perfect time to do this work, the time chosen is as good as it gets. Mautz [the person doing the hay project] began the work as soon as the field was sufficiently dry enough to access and before any grass growth. This area is lower value than the area adjacent the trees and low-lying spots to the east. Mautz will no longer harvest hay from these high wildlife value areas due to the higher value hay he will realize from this reseed exercise. Should we have concerns with grass fires, Mautz will cut it, but not for hay in the east area adjacent the trees. Although the initial 2019 biophysical survey was largely a snapshot, there has been ongoing work with the biologist, including in the spring of 2020 to observe nesting patterns as implied above, to ensure ecological values are given a high priority as other values are considered, such as the recreational and farming values which the community as a whole supported provided they be limited in scope.”

Regarding potentially abusive use of the land with motorized vehicles, Jackman responded, “There has been beach access for most of the year even with the old driveway located in the Crawford Creek riparian area. The west beach is frequently accessed by visitors in spring and early summer using the wetlands trail, as is the east beach for those who do not have 4x4 vehicles. Except in very high flood years, many pickup trucks accessed the east beach year-round. Abusive use of the land with motorized vehicles has been discussed a number of times and will see progressive action to mitigate and educate. We have a great community which is willing to step up and provide photo evidence to support ticketing and more severe follow up if necessary. A federal fisheries warden who I have worked with over a number of years for lake issues has expressed interest in helping with the cases where miscreants decide to drive on and pollute the beach as well.”

He continued, “The road will be fenced at the point where it currently ends, and a walk-in path from there is already in place a short distance from the end of the parking area although it will have one removable bollard to prevent vehicles which may breach the fence from making it all the way to the beach. We also need to keep RV’s and campers off of the crown land strip just above the foreshore. I believe many of us are on the same page, but if our process needs to be adjusted, I do welcome input.”

Director Jackman can be reached at gjackman@rdck.bc.ca or by phone at 250-223-8463.

Future meetings will be announced, and it is hoped that all who feel strongly about this park take part and lend their voices. Without feedback, the wheels will just roll forward. Now is the time for input; watch for opportunities!

Join the Community Conversation!

submitted by Laverne Booth

Around 80 residents have attended the four community conversations organized by the Age Friendly project “Moving Ahead in Area A”. The topics are those that surfaced in the age 55plus survey as areas in need of improvement. Affordable housing, food abundance, transportation options and health and home care services are needed so that our East Shore/Wynndel communities are friendly and welcoming to all ages with special attention on our aging population.

All the of zoom calls have been recorded, so if you missed one and would like to view, please to go to the link <https://eastshore.life/conversations> - the recordings are located at the bottom of the page.

Residents can call in to the conversation by phone or by zoom on the computer. Some of our elders are doing well accessing the conversations by phone. Some like Steve and Frances, have yet to miss a call and did help us find out that *6 is how you can mute or unmute on the calls. Call 250-551-6020 if you need help or want help to access these calls.

Zoom technology is challenging for some. PLEASE help your neighbour or friend to access technology where there is interest. It looks like we may be isolated for a while longer- and many elders are alone now and very lonely. Technology can be a life line.

Two more conversations are coming up in May and all residents are invited to attend.

Networking our Networks is on Monday, May 10 from 7 to 8:30 pm. How are we currently informing residents and communicating among groups and communities in Area A? Can we network our networks? We will be inviting all the people we know who have newsletters, facebook groups, websites and email lists in Area A. If you are not invited and are wanting to be part of the conversation- please come! More info: eslearningplace@gmail.com

On Monday, May 31 7pm please join us in Charitable Giving, The East Shore Fund. Many of our smaller organizations have tried to access grant funding through charitable organizations of different types, only to find out that charities and foundations can only grant funds to other charities. This is a conundrum! Do all our societies need to become a charitable organization? What is involved? Maybe we can group together, perhaps under the Creston Kootenay Community Foundation to raise funds and give out tax receipts for a few of our wonderful community projects. Lots to talk about- See you there!

The way the conversations work is that panelists are invited who are key people in the community issue/opportunity. Also all residents are invited to introduce yourself, add comments, make questions, give opinions, seek solutions. Each conversation is unique and may or may not have conclusive outcomes. Sometimes the relationships formed in the calls will manifest in the future, or a project idea voiced by one will be taken up by another. One thing we ask is that participants are brief and to the point and leave time for all to speak.

The idea is that awareness is required by community members so that our organizations and local government can make the best decisions to help us “move forward” in Area A. As we all know, with no municipality and with relatively distant regional district staff, we are the ones who make things happen through our individual efforts and community based groups.

So awareness is key, and encouragement to take action is another factor. Through these conversations we hope the main message going out to residents is this: GET INVOLVED where you can, we need you, want you and know that you can make a difference in our communities.

Next Deadline:
May 26, 2021
www.eshore.ca
mainstreet@eshore.ca
250.505.7697

Crawford Bay Hay Association Spring Hay Report

by Mautz Kroker

\$1100 is the first number for this year. This is what I took in from hay sales through the first four months of this year. Small amounts, like drops collecting in a puddle, but not too bad for the first season. It seems the local concept works out on a small scale. There are still bales left, some of them will get sold, some might end up as compost.

I have now started preparing for the new season. The first thing was taking care of this damned baler that caused so much trouble last year. I brought it to Kemlee equipment to overhaul and adjust all components. The guy who invented the baler mechanism must have been a genius and lover of fine details. Without working all of the details together smoothly, I will be standing crying in the field between broken bales and knots. I talked to the guy who fixed the baler and I hope I learned enough from this old and experienced man to keep the machine running well. The last hay sales helped pay this bill.

And there is good news for local equine owners! After examination of last years hay quality I had to talk with park management to improve the quality and outcome of the whole hay venture. Through all the years that nobody took care of the soil, weeds were taking over... especially horsetail and vetch. There are big areas just covered with horsetail and useless to harvest. I had to make a decision as to whether to continue with the "local hay" idea or to leave it. I had some conversations with the park administration and biologist and finally we came to an agreement.

In the future, I will leave the east side of the field (approximately 30% of the area) untouched. This will give birds and wildlife permanent protected space and goes along with the plan to increase protected area. Because the soil there is very damp, it will not create a big fire hazard later in the season and most of this grass will keep green.

For the other part of the field, I will, over the next two years, do some decent groundwork, like plowing, tilling and harrowing to break the weed root systems down. Finally, I'm going to reseed the worked area with old heritage orchard grass that is perfect and easily digestible for any livestock. I got new equipment for doing this and I am convinced that it will pay off the effort and increase the outcome for the park over the coming years.

I will do this in two steps, the part west of the new road this year and the area east of the road next year, and seeding will be then the following spring.

All improvements of the soil will be done mechanically and according to the park policy, I won't use any chemicals or poisons to get rid of the weeds. It's a longer process with more effort but without any harm to mother nature.

This will impact and minimize the hay sales in the coming two years as well but after this work is done there won't be any bales left in the barns when a new season starts. I get many calls from equine owners around the lake who are interested in organic quality hay that there is no doubt to sell every bale.

I hope those plans and work will support the park project and make most of the community happy. I know it's impossible to keep everybody happy about a decision but if anybody has concerns, you're welcome to contact me to discuss this project and plans in a fair manner.

The Crawford Bay Hay Association numbers from summer 2020 to April 2021 are the followings:

- Hay sales 2020 to April 2021: + \$6865
- Parts and supplies 2020: - \$1713
- Mechanical labour 2020: - \$1327
- Repair equipment (Kemlee) 2021: - \$1065
- Advertisements: - \$100
- Fuel for haying: - \$600
- Fuel for deliveries: - \$80
- Part payment for labour (hay bales): - \$550
- Cheque RDCK: - \$1350
- **Total: + \$80**

When I look now back to the first year of the East Shore Hay Association, I call it a success. It wasn't perfect and despite the fact that I couldn't really pay myself for the work, at least it didn't cost money. The park administration got some revenue, all bills were paid and what company can claim to have no new debts after it's first year of operations? First ground work is done and a good way is prepared for better success.

Last and not least, the best and most sincere thanks to Eddy Draper and Mike and Ivy Jeffery for all their help, smiles, tools, beers and support. This wouldn't have happened without all three of them!

Hoping for a sunny and safely dry harvest season...

Next Deadline:
May 26, 2021
www.eshore.ca

Santano Family Proud to Bring Swift Internet to the East Shore

interview by Laura Francis

Kitt and Natalie Santano started offering local Internet service in Creston in 2012. Since then, Swift Internet has grown slowly, but steadily. Its wireless network has expanded every year. This spring, Swift Internet will start offering high-speed Internet and TV service to the communities from Sanca to Gray Creek.

Swift's founder Kitt took some time to talk about Swift and why he is excited to begin serving the East Shore.

Q: What inspired you to found Swift Internet?

A: When we launched Swift, we could see how rural communities were falling behind cities for Internet access. My family's dream was to bridge that gap. We felt passionate about bringing our friends and neighbours high-speed service. We wanted to do that at a fair price and with genuine care.

Q: Do you feel like Swift has been achieving your vision?

A: It feels good to say, yes. I love new technology and I love where I live. These last years with Swift have really convinced me that smart tech and good service are a powerful combination. In some parts of the world, the connectivity gap between the city and the country just gets worse and worse. But Swift has been keeping pace with how people use the Internet. We are constantly reinvesting in our network. That's possible because we have close relationships with our custom-

ers. We can plan spending with confidence because we know that we are targeting the actual needs of specific people and communities.

Q: Has the pandemic impacted how you approach your work?

A: For sure. I mean, usage on our network is up about 20%. That says a lot about how people are relying on the Internet. Many of our customers are managing everything from working remotely to medical appointments online. My family was already homeschooling before the pandemic, so we can appreciate what good connectivity has meant to students and families lately. All in all, people are needing fast speeds and reliability more than ever right now. That has made me extra aware of the local communities that are living without good service. The whole Swift team is more dedicated to getting creative so that we can keep bridging those gaps.

Q: Is that part of why Swift is making the move to serve more East Shore communities?

A: Definitely! We have been getting requests to serve all of the East Shore for years. It has always been on our radar. When the pandemic hit, we started studying local maps of where people are suffering the most. That made it clear where our priorities should be. We have accessed our savings, loan funding, a grant from the Regional District of Central Kootenay Area A, and support from other partners so that we can act now.

Q: When can folks in Sanca, Boswell, Gray Creek and in between expect access to Swift service? What will you be offering?

A: We hope to have our new towers live and serving customers as soon as early June. We will be offering a good range of Internet packages – from a \$60/month package for lower speed users to 75/20 Mbps pack-

ages for higher speed users. We will also be offering Swift TV service, with a discount for folks who sign up for both Internet and TV. All of that will come with Swift's standard approach to pricing and customer care – no minimum contract lengths, no installation fees, no equipment rental charges, no hidden fees, and prompt support from our friendly Creston staff whenever help is needed. We don't oversell our customers and we try to keep things simple and friendly!

Q: You describe the Swift approach to customer service as "eccentric". What does that mean to you?

A: Sometimes I say, "eccentric." Sometimes I say, "old fashioned." On the one hand, Swift is all about cutting-edge technology. On the other hand, our values are all about connecting with our customers. We do our best to ask all the right questions so that we understand who our customers are and what they do online. That helps us set people up with the services that they need. Once we are serving a community, we can generally get new customers hooked up within a day of requesting service. We also respond to network issues and customer requests for service and support as quickly as we can. I often make that connection with the customer myself.

Q: If people are interested in learning more about Swift, what should they do?

A: We have lots of good information on our website, but a call is always best. We'd really love families and businesses on the East Shore to reach out. We have been working towards this expansion for a long time. I am happy to finally be in place where we can start getting to know people and offering them Swift service. Also check out our ad in this issue.

Building Activity in the RDCK Continues at Record Levels

press release by RDCK

Nelson, BC: Building activity in the Regional District of Central Kootenay (RDCK) remains at record levels as we pass the first quarter of 2021. Through the end of March, inspections completed by building officials are up 50% over last year at this time and permits issued are up 46% over this time last year as well.

Throughout this high growth period, our small pool of dedicated RDCK building officials, as well as, administrative and technical support staff continue to provide prompt, quality and professional building services to the community, despite working with limited staff resources and a high volume of work. Current processing time for building permits is approximately six weeks, though processing times can be longer as staff are now spending more time in the field completing inspections and less time in the office.

"We appreciate your patience and understanding during this extremely busy time," said Christopher Gainham, RDCK Building Manager. "We recommend all potential applicants prepare accordingly for extended processing times as we deal with unprecedented demand."

To reduce the likelihood that an application is rejected or delayed, applicants should ensure they come prepared with a "counter ready application", meaning the application is complete and free from errors or omissions. By doing so, you will help reduce processing time and do your part to make sure your project stays on schedule.

To assist applicants in navigating the building process, the RDCK has produced some useful online resources, including our permit application information page.

Check out rdck.bc.ca for the RDCK Building Brochure which provides useful guidance on the requirements when applying for a building permit and for general information on the building process on our main page.

Incorporated in 1965, the Regional District of Central Kootenay (RDCK) is a local government that serves 60,000 residents in 11 electoral areas and nine member municipalities. The RDCK provides more than 160 services, including community facilities, fire protection and emergency services, grants, planning and land use, regional parks, resource recovery and handling, transit, water services and much more. For more information about the RDCK, visit www.rdck.ca.

Next Deadline:
May 26, 2021
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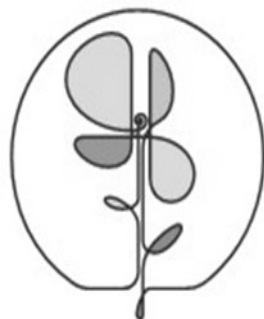
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TOM SEZ

by Tom Lymbery

We were hopeful that with so many vaccinated we might have a July 1st celebration this year with the Kootenay Lake Lions barbecue and the night-time fireworks over the lake, but unfortunately with the new recergerence of covid infections our hopes may be in vain.

Looking forward to see what the Census results show – with all the real estate transactions we know there are many new residents but will the Census takers be able to persuade those who dither? Since the census will be mailed will it reach those who don't receive mail?

Looking for the new ferry construction to start – at the designated site on the beach in Nelson there are some 40 foot containers but nothing else – will it be named the MV Queens Bay?

A good teacher is like a candle – it consumes itself to light the way for others.

Obituaries can include some unusual stories – such as a Kimberley lady who passed away at the age of 101 – "she nearly burned her house down making cookies".

The daily freight train heading east through Nelson often had 5 or more carloads of lumber from Interfor in Castlegar – we know the lumber demand is up but are surprised to see so much on the rails. Occasionally a carload from Kalesnikoff but most of their product is going into their new facility producing structural timbers.

In reading a book on a BC painter E J Hughes I found that my 9th grade teacher at North Shore College, Joseph Plaskett was the first recipient of an Emily Carr scholarship. Joe became most successful in Europe, painting still lives.

Whitehorse has about a 10% Phillipino population and one lady has just been elected to city council.

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Moving Ahead with Transportation Options

submitted by Age Friendly Advisory Committee and Staff

The third community conversation in the Age Friendly Assessment project "Moving Forward in Area A" was held on April 12 about transportation options.

Eighteen people attended the zoom/phone call conversation including Regional District research analyst Tom Dool, BC Transit public engagement staff Melissa Coates, Garry Jackman, local organizations including Better at Home, East Shore Transportation Society, East Shore Kootenay Lake Community Health Society (SKLCCS), Community Connections, Yasodhara Ashram, Leslie Payne from Kootenay Seniors transportation program of Nelson Cares, and Colleen Doyle, Executive Director of Kootenay Car Share Coop and the new Air Car Share program. Several community members expressed the need for local transportation options for youth and aging residents, many of whom do not drive.

If you missed the conversation, you can see the recording of the zoom call at eastshore.life/conversations (scroll down to the bottom of the page.)

Tom Wishart of ESKLCCS reviewed the statistics from the June, 2019 transportation survey in which 226 residents indicated that 75% would use a bus for health needs, recreation, shopping and social needs/opportunities. The general conclusion is that East Shore residents currently do a lot of driving for medical purposes, and alternatives are needed.

Here is the good news: In the Creston Valley Transit Future Service Plan, BC Transit is proposing service to the East Shore. Our residents will be asked for feedback to this plan this spring, likely in May or early summer. Unfortunately due to Covid, we will not meet in person, but we will be asked to comment on the plan. According to Tom Dool (RDCK) we still need to prove the business case-where is the demand, how can the bus tie into other services (such as the ferry), what days/times are best. BC Transit buses can only drive on pavement (not gravel) and the cost needs to be considered. BC Transit pays for half of the cost of service; currently residents between Riondel and Boswell are not taxed through a transportation service-so we need to consider if we will pay more taxes into a bus service. Details will be available soon. Residents are welcome to talk to Tom Dool: tdool@rdck.bc.ca

The BEST Shore Bus run by the East Shore Transportation Society is pleased that with support by the Economic Development Commission (EDC) and the Columbia Basin Trust (CBT), it will be offering a weekly trip for passengers into Creston starting at the end of May, and will be delivering fresh organic food from Cartwheel Farms to families, stores and restaurants throughout the summer. To sign up for food delivery with Laura and Nigel call: 250-428-6571.

The Better at Home volunteer driving program which employs part-time coordinator Rebecca Fuzzen and is administered by Valley Services (Creston), is reduced due to Covid currently. Please do call Rebecca if you are a senior who needs grocery or medication pick ups and or rides to medical and wellness appointments. Better at Home is not an emergency service, so please call ahead to 250-.505-6717

Community Connections is attempting to solve an issue that has come up when individuals are taken by ambulance into emergency rooms and then not admitted to the hospital. How to get home? If you or someone you know is stranded, please call our Fire Chief Cory Medhurst at 250.551.1352.

A long standing issue has been access to a wheelchair van which is needed by a small but important portion of our east shore residents. Leslie Payne of Kootenay Seniors of Nelson Cares runs a volunteer driving program throughout the West Kootenays, and thinks we may have found a solution. Volunteer drivers from the east shore can register with Leslie Payne at seniorstransportation@nelsoncares.ca to be a volun-

teer driver and then access the wheelchair van of the Kootenay Car Share Coop. There are a few details to be worked out in this arrangement, but finally a solution!

The Kootenay Car Share Coop and ED Colleen Doyle, based in Nelson are celebrating the 20th anniversary this year and has 15 vehicles that can be driven by coop members in Nelson, Kaslo and Revelstoke. Colleen Doyle also represented the Kootenay Ride Share program, which is run by Sustainable Kootenays, and features the East Shore as one of the 'nodes', check this out on line Kootenay Ride Share. The Kootenay Car Share Coop partners with a number of organizations such as Nelson Cares, a program called Friends of the Family where children who need medical travel are supported, another program where seniors are given no interest loans to access vehicles and an assisted driver program for seniors who do not drive to have autonomy and access. To find out more, contact Colleen at nelson@kootenaycarsharecoop.ca.

A new program, Air Car Share Coop, is a peer to peer sharing program where we can sign up private vehicles (cars, trucks, vans, bus) on the booking system. Neighbours can use our cars once signed up as a coop member, and right now pay \$17/day plus mileage charges. (The program is new and ICBC is adjusting to this new way of doing business- so these charges can change). Both the owner and the (vetted) drivers are insured through the car share. There is a great webinar on the new program along with information about signing up. Check it out www.carsharecoop.ca.

How many trucks and other vehicles do we really need? Is this an opportunity to have a truck or two that can be shared in each of our communities, where we pay our neighbours a small amount per use, rather than all the costs of insuring and maintaining our own vehicles?

Kootenay Car Share Coop is also promoting electric vehicles and is working with the city of Nelson to set up electric golf carts for visitors to ride around on, as well as an electric bike share. These efforts at micro-mobility are the way of the future. Sandra Phillips of Movmi.net has written an article about how municipalities and regional districts are starting to work together using technology to manage transportation options. Imagine the day when visitors get off the ferry, look at an app and locate transportation service to get around and visit the East Shore.

On a provincial level, the BC Rural Health Network is promoting "Let's Ride, Make Public Transit Province Wide" which is a Union of BC Indian Chiefs initiative. According to Peggy Skelton, local resident who sits on the BC Rural Network, an average of \$2234 is spent annually by rural residents to get to medical services (information from the Centre for Rural Health).

Transportation is moving ahead on the East Shore, and of course there is more to do! The East Shore Transportation Society can use more board members-please contact Laverne Booth if you are interested at 250-551-6020. Contact Rebecca Fuzzen if you would like to be involved with Better at Home volunteer driving and friendly phone visits program:

Please come out on July 24 from 10 to 4pm to the Crawford Creek Park. The Age Friendly Advisory group is organizing a day to promote Active Transit. We encourage you and the family to bike, walk, take the wheelchair or the bus to the new Crawford Creek Park. Our new Member of the Legislative Assembly (MLA) Bittny Anderson will speak that day on Active Transit.

Tom Dool (RDCK) commented at the end of the Zoom meeting about the value of getting together so we can work more fluidly between residents, local organizations and local government. We are all committed to keeping residents aging well in place in our communities, and we know that transportation access to affordable housing, health and home services, community halls, and medical services is critical. Garry Jackman said that he agrees with Tom, we can start looking at our whole Transportation Eco-system and "some of the fixes don't take much!"

NOTICE

ANNMARIE OSTERMAN may have a beneficial interest in the Estate of **JOHN COLBEY MOHNSSEN**, deceased. An application for an estate grant at the Cranbrook Court Registry located at 102 – 11th Avenue South, Cranbrook, BC is being submitted to appoint Patrick Tyler Mohnssen as Administrator of the estate. Any information regarding the known address for Annmarie Osterman should be forwarded to Rockies Law Corporation, 201-290 Wallinger Ave, Kimberley, BC, V1A 1Z1, Phone: 250-427-0111, Fax: 250-427-0555



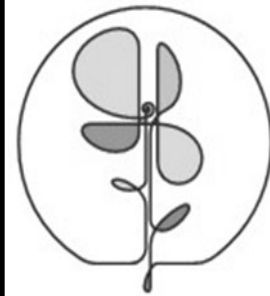
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Trail Report & Spring Membership Drive

by Farley Cursons, ESTBA Executive Director

Like many communities in our region, the East Shore of Kootenay Lake offers many front and backcountry wilderness escapes that are accessed by recreation trails. Many of the trails we enjoy on the East Shore are rich with historical significance and offer unique educational experiences that are nothing short of fascinating. From the Pilot Bay Lighthouse and Sawmill Bay trails in the Pilot Bay Provincial Park to the 16km Lockhart Creek trail and the William Fraser Trail on the Crawford Peninsula, there are opportunities to explore some incredible routes that have been in existence for over 100 years and others that have been traditionally used for thousands of years by the Ktunaxa First Nation.

In recent years, The East Shore Trail and Bike Association (ESTBA) has been privileged to be a part of creating new trail experiences as well as assuming management of the Crawford Peninsula trail routes that were previously held by our partners at Guiding Hands Recreation Society. Today ESTBA manages or supports management of over 40 km of multi-use non-motorized trails which include; Crawford Peninsula, Pilot Peninsula, Riondel Heritage Trail, Crawford Creek Regional Park, Lockhart Creek and the Trans Canada Trail. A complete list of authorized trails that we promote is on our website. Our trail map is also on the website with physical maps at the visitors center in Crawford Bay as well as many local businesses.

Without a doubt, recreation trail management is dynamic and requires a serious amount of behind the scenes work to ensure the trails we promote are safe and the work we do meets specific asset management standards. Yes, it's fun to build the trails but similar to the iceberg analogy, there is a lot going on that isn't always evident. Our non profit society holds a Licence of Occupation with Teck Metals LTD, Partnership Agreements with Recreation Sites & Trails BC and BC Parks as well as land permission contracts with private landowners. This is all wrapped up in layers of liability insurance, MOTI highway access permits, grant writing, chance finds procedures for archeological evidence, invasive species monitoring, trail use data collection and extensive annual reports for our partners.

Management of the East Shore trail networks would not be possible without support from the RDCK Area A Recreation 9 Commission, the Area A Economic Development Commission, the Trans Canada Trail Society, Recreation Sites & Trails BC and the Columbia Basin Trust. These groups support both ongoing maintenance and liability coverage as well as new trail projects that will be announced in the coming weeks.

We all enjoy the health and social benefits of trails but there are significant and positive economic impacts that have become evident over the last decade or so. Destination marketing statistics show an increase in both visitor and resident attraction to areas with rec-

reation trails. The lake remains the biggest attraction to the region, however, hiking trails are a close second with mountain biking not far behind. While recreation facilities like swimming pools, rec centers and skating rinks have been forced to close during the COVID 19 pandemic, recreation trails, for the most part, have remained open. Thanks to a light snowpack at lower elevations, the trails on the East Shore were used quite a bit over the winter. Destination marketing for the East Shore has also gotten a big boost thanks to its inclusion in Nelson & Kootenay Lake Tourism promotions where outdoor recreation is a primary driver.

Over the years our trail management plans have anticipated post winter corridor clearing. This year, spring came with few issues and then the region was hit with one hell of a storm in the third week of April. Storms like these have been noticeably increasing over the last several years. Besides the two day power outage and our highways being covered with trees, the area's recreation trails specifically on the Crawford Peninsula, also received a wallop with hundreds of tree blowdowns. After a bit of dialogue with woodlot managers we began to open up the Peninsula trails starting with the William Fraser, Woodlot, Fraser Hill Viewpoint and Height of Land trails. At the time of this writing we are dialoguing with BC Parks man-

agers to coordinate our efforts on the Boomers Landing Trail and the Pilot Bay Provincial Park Lakeshore Trail. Thanks for your patience as we work to tackle the more remote trail areas. Thanks also to all the local trail users who have let us know about the blowdowns.

While you can sign up for an ESTBA society membership anytime, May is our annual membership drive month. We have membership options for youth, adults, family and business/organizations. Does your business or organization promote and/or benefit from well managed recreation trails on the East Shore? A \$50 business/organization membership goes a

long way to supporting our management efforts ensuring your clients and guests have a great time exploring our beautiful area. Our website also has a super easy-to-use 'Donate' button if you're able to support this amazing community asset further. Go to www.estba.ca. See you on the trails!

**We acknowledge that the land on which we gather is the traditional territory of the Ktunaxa First Nation and is home to the Métis and many diverse Aboriginal persons. We honour their connection to the land and rivers and respect the importance of the environment to our strength as a community.*



Lots of Talk But Little Action On Old Growth Protection

press release by Wildsight

One year has passed since the release of A New Future for Old Forests, a thorough provincial old growth report, yet little has been done to stop old growth logging.

Premier Horgan and the BC NDP promised to fully implement the report's recommendations. But instead of an immediate deferral of critically threatened old growth, our globally unique ancient forests continue to be loaded onto logging trucks.

The report authored by Gary Merkel and Al Gortley presents a pathway to protect old growth and transform the way we use, value, and view our forests in BC. The authors urge the Minister to consider the report's recommendations as a whole, noting that "had previous old forest strategies and recommendations been fully implemented, we would likely not be facing the challenges around old growth to the extent we are today, i.e., high risk to loss of biodiversity in many ecosystems, risk to potential economic benefits due to uncertainty and conflict, and widespread lack of confidence in the system of managing forests."

In September, Forests Minister Conroy deferred logging in nine old growth areas, but very few of the forests in these areas were immediately threatened by logging or made up of productive old growth forests.

Pressure continues to build on the Province to take meaningful action.

The Union of BC Indian Chiefs (UBCIC) passed a resolution calling on the Province to work with First Nations to protect old growth forests while engaging and supporting Indigenous communities. The UBCIC also called for funding to support Indigenous-led land-use plans, Indigenous Protected Area management, private land purchase, and conservation economies. BC's recent budget did not include dedicated funding for old growth.

At least eight communities and regional districts, including Victoria and Nanaimo have passed resolutions calling on the government to protect old growth and immediately implement the old growth panel's recommendations. The BC Chamber of Commerce has also supported expansion of old growth forest protections.

"In jurisdictions around the world old growth logging has become an archaic practice of the past," says Wildsight Conservation Specialist Eddie Petryshen. "Yet here in BC, we're logging like there's an endless supply of old growth."

In the 1990's the US "Timber Wars" in Oregon, Washington, and California, brought about the Northwest Forest Plan which largely ended the practice of logging ancient giants on public lands. In 2001, the state of Western Australia banned the logging of old growth forests. In 2002, New Zealand banned the logging of its irreplaceable old growth forests on public lands.

Today, less than 3 percent of BC's productive old growth forests are left and the majority of these forests are at risk of being logged in the near future.

"John Horgan's government has to chart a new course. These forests are worth so much more standing than they are logged," says Petryshen. "Let's protect these globally unique forests and ensure that we are leaving an old growth legacy for future generations."

Wildsight is calling on the provincial government to protect old growth immediately, starting with deferring logging in the most at-risk productive old growth forests.

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Tom's Corner

by Tom Lymbery
Time Zones and Daylight Savings

Many know the Canadian railway legend Sandford Fleming for his role in engineering the route for the new Canadian Pacific Railway. But did you know it was also Fleming who developed the international standard time system we know today?

When we made a family trip to England in 1935 when I was seven and my sister Alice was ten, Dad took us to the Prime Meridian – a metal marker set in cement - at the Greenwich Royal Observatory, and had us stand on it for a few moments. This marks Longitude 0, where East meets West. This gave us a grounding in the many time zone changes we crossed on our way back to Gray Creek - by ship to Montreal, by Greyhound through Toronto, and then through the US to our home in Gray Creek. If you Google the Greenwich Prime Meridian you will find photos of people's feet on both sides of the marker, straddling two time zones.

Scottish-born Sandford Fleming (1827 - 1915) was apprenticed to a surveyor at the age of 14, and in 1845, 18-year-old Fleming emigrated to Canada with his older brother. In 1849 he qualified as a surveyor in Canada, and produced a great deal of work in the fields of land surveying and map-making. He went on to become the chief engineer for both the Intercolonial Railway and the Canadian Pacific Railway, and was a founding member of the Royal Society of Canada.

In 1872 he worked on a preliminary survey for the rail line across Canada which recommended the northern Yellowhead Pass route. His railway surveying also included the Coquihalla Pass which was considered by the CPR in the 1870s before the Fraser River route was decided on.

It was Sandford Fleming who came up with the concept of dividing the world into 24 international time zones, each one hour apart. Prior to that virtually every town kept its own time, set by estimating 12 noon by the sun. Toronto, for example, was 23 minutes behind Montreal. Imagine the days of train travel when two trains approaching each other on the same track are running on two different time clocks!

Fleming was influenced to find solutions for rail travel which ran on "this town's time" after he missed his train over a time mix-up and spent an uncomfortable night at the station. He proposed a single 24-hour clock for the entire world, with the 24 hour divisions linked to the Greenwich meridian. His innovation which he called "Cosmic Time" solved the problem, but it took time to be accepted – in England, officials dismissed him as "just a colonial." But those with common sense saw his proposal as an essential solution. On November 18, 1883 all North American railway systems adopted Standard Time, using one-hour-wide time zones. Fleming became known as the "Father of International Standard Time", and he was later knighted as Sir Sandford Fleming.

While the Kootenay Lake Ferry was landing at Gray Creek in 1931-1947, so many people arriving to catch the ferry had as their first question, "What time is it, and when does the next ferry leave?" At one time the time zone boundary was between Boswell and Gray Creek, and sometimes that further complicated how to answer the question. One man didn't believe in the time changes, and he even wanted to argue the point with my dad. The man said he had travelled all the way from Winnipeg without changing the time, and stated firmly that he was going all the way to Vancouver and had not the least intention of changing his watch. In those same years the sternwheeler SS Nasookin was scheduled to leave Gray Creek for Frasers Landing, one mile west of Balfour, at 10.30 am, 1.30 pm and 4.30 pm, taking one hour to cross the lake. She always blew her steam whistle at the moment of departure, so those without watches knew the time. In 1942, with gas rationing and less wartime traffic, ferry service was scaled back to the 1.30 pm and 4.30 pm trips.

Daylight Saving is another matter. It was introduced Canada-wide during the war to make better use of the daylight hours as well as to save coal and oil for lighting. Even Nelson had a plant which burned coal to produce coal gas, but I don't think it was ever used for street lighting.

Currently Creston / Gray Creek are six hours behind Greenwich Mean Time, while Nelson / Vancouver are seven hours behind. We have a Migratory Time Zone on the East Shore. It's marked with a sign which moves from Yahk to the Kootenay Bay ferry landing every fall at the shift to Standard Time, and back to Yahk again in the spring for Daylight Saving. Another part of BC which is close to a time boundary is Fort St John and Dawson Creek. They never use Daylight Saving.

Daylight Saving was first proposed by George Hudson in New Zealand in 1895. He was a bug collector and wanted to use the evening hours to pursue insects. It wasn't used to any extent until the First World War, when the German empire organized Daylight Saving in 1916 to conserve coal. Wartime England in 1939-1945 enforced double daylight saving.

I remember a letter from my uncle Jim Warren complaining that he couldn't get the chickens to roost even at 10 pm. He was probably on leave from the army at the time. He served as an officer's chauffeur, escaping France at Dunkirk and then going on to North Africa, still as a driver.

Some years ago we booked a three week holiday on the island of Fiji, which is closer to Australia than to Hawaii, and 12 hours ahead of Greenwich Mean Time. It's exactly in the middle of the world's 24 time zones. The daily Fiji newspaper claims it is "the First Paper published in the World today." We were on the underside of our northern world – at night we could see the Southern Cross instead of the North Star. Fiji had brought South Asians to harvest sugar cane a century ago who are now the business people, and to us they seemed very pushy. In contrast, Native Fijians were very helpful and friendly to us, and they work in the tourist industry. We much enjoyed them and our time there in the warmth. We met New Zealanders there who asked, "What's the difference between Canadians and Americans? You all sound the same." Our reply was that we couldn't tell New Zealanders from Australians – they both sound the same to us.



Sandford Fleming's proposed 24-hour world clock, using letters for the earth's meridians instead of numbers.



pebbles
by Wendy Scott

Golden Hues

April is about to slip into May and we are poised to welcome the rest of the year. Some say we wait eagerly -- hoping it will be worth the wait, which has been a trifle muddled at times; others wait impatiently, wishing it was nothing but a bad dream -- bordering on a nightmare. But look on the bright side -- winter's over and we are in the midst of a beautiful spring -- it is a time for tiny white butterflies and little blue ones and their larger black cousins with bright wingtips; it is a time of dangling catkins and golden forsythia along with the spread of those ubiquitous dandelions across carefully tended lawns.


But, wait, I see the bluebells are scattered across the grass and hazcaps are beginning to bloom as well and the mulberry's fat buds are just about ready to open and display their impressive pink blossoms but, alas, we are still restricted to our various bubbles and we wait to venture beyond, or to welcome our dear friends and family members into our homes, or indeed, into our town, but the time will come when we will be able to wander again and even ride the ferry across the lake and perhaps visit the Lookout on Buchanan Mountain. It's been five years since I watched from that Lookout as clouds formed seemingly at eye level to stretch such a great distance to the east, and indeed, when a person does have the opportunity of flying above those clouds and seeing the jagged peaks of the Purcell Mountains sink into what resembles a bed of soft white cotton; it is an image J.M. Barrie might have used as Peter and Wendy flew off to wonderland.

In the meantime we can still be among the folks who anticipate a new ferry and you may not only wonder indeed how close it will be to the promised design but when the time might indeed when you can watch it pass the Osprey on a maiden voyage from Balfour to Kootenay Bay.

And since we have endured another power outage and the telephone seems to be dead we might have reason to sincerely hope our wishes are not stuck in the realm of Never never land.

Perhaps we need a few ladybugs to assist! Do you have any to spare, Megan?

"Would you like an adventure now," he said casually to John, "or would you like to have your tea first?"
- J. M Barrie - Peter Pan



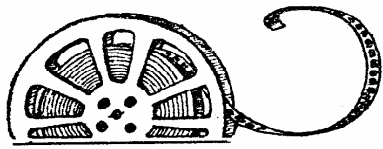
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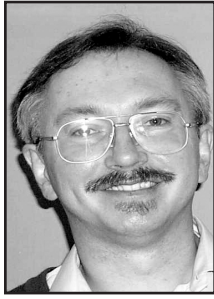
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Seldom Scene

by Gerald Panio



Q. Will you please identify yourself for the record.
A. My name is Abbie. I am an orphan of America.
Q. Where do you reside?
A. I live in Woodstock Nation.
Q. Will you tell the court and jury where it is.
A. Yes. It is a nation of alienated young people. We carry it around with us as a state of mind in the same way the Sioux Indians carried the Sioux nation around with them. It is a nation dedicated to cooperation versus competition, to the idea that people should have better means of exchange than property or money, that there should be some other basis for human interaction.....
Q. When were you born?
A. Psychologically, 1960.
Q. Can you tell the Court and jury what is your present occupation?
A. I am a cultural revolutionary. Well, I am really a defendant—
Q. What do you mean?
A. —full time.....
Q. Prior to coming to Chicago, from April 12, 1968, on to the week of the convention, did you enter into an agreement with David Dellinger, John Froines, Tom Hayden, Jerry Rubin, Lee Weiner, or Rennie Davis to come to the city of Chicago for the purpose of encouraging and promoting violence during the Convention week?
A. An agreement?
Q. Yes.
A. We couldn't agree on lunch.
—from the official transcript of the Chicago 8 trial

It was an actual legal proceeding. But it was also the longest piece of political street theatre in American history. The defendants included the two founders of the Students for a Democratic Society (SDS), a Black Panther, two members of the Youth International Party (Yippies), a middle-aged pacifist & organizer for the Mobilization Committee to End the War in Vietnam (MOBE), and two university professors. The witness list included Allen Ginsberg, Pete Seeger, Ed Sanders, Norman Mailer, Judy Collins, Dick Gregory, Arlo Guthrie, Timothy Leary, Phil Ochs, Country Joe Macdonald, William Styron, and a former Attorney General of the U.S., Ramsey Clark. I am, of course, talking about the trial of the Chicago 8/7, which opened on September 26th, 1969. The 8 defendants were charged with conspiracy to incite the riots at the Democratic National Convention in August 1968. The trial lasted four and a half months, and produced 22,000 pages of testimony. Last year Aaron Sorkin brought it to the screen as *The Trial of the Chicago 7* (Netflix).

Sorkin has taken dramatic liberties with both the transcript and the physical setting (there are several good online articles detailing the changes), but he and his cast & crew have been remarkably successful in recreating an extraordinary moment in American history. As Dwight Macdonald wrote in his introduction to the edited paperback edition of the trial, it's hard to believe that judge Julius J. Hoffman (played in the film by veteran actor Frank Langella) wasn't deliberately put on the bench to demonstrate that every left-wing complaint about "the System" was absolutely true. The Honorable Julius J. Hoffman was the judge who sustained prosecution objections over defense objections by a ratio of 98 to 2, declared a mistrial after having Bobby Seale (Yahya Abdul-Mateen II) dragged into the courtroom chained & gagged, was still repeatedly getting one of the two main defense lawyer's names wrong after four months, and handed out 160 contempt of court citations that would have meant years of jail time for both the defendants and their lawyers. Defense lawyer William Kunstler (Mark Rylance), who'd never been cited for contempt in decades of

civil right practice prior to the Chicago trial, was sentenced to 48 months, 13 days on 24 contempt charges.

The strongest feature of *The Trial of the Chicago 7* is the way that it individualizes the characters in the drama. This sense of the defendants as activists with differing agendas and moral codes is hard to grasp from written transcript alone. In the film, Bobby Seale comes across as powerful and dignified, giving in to outrage only upon learning of the killing of Black Panther leader Fred Hampton (declared justifiable homicide at the time; now seen as a targeted assassination under FBI initiative). Abbie Hoffman (Sasha Baron Cohen) and Jerry Rubin (Jeremy Strong) are prototypical 60s radicals, driving Judge Hoffman to distraction with their laughter, their irreverence, and their encouragement of the antics of their followers in the courtroom. One of director Sorkin's interesting choices for the movie was actually to downplay the Yippie-inspired chaos in the courtroom (applauding, kibbitzing, laughter, fist pumping, etc.), likely out of concern that the theatre would start to distract from the messaging and character development.

Unlike in the case of a subsequent trial of Black Panther activists, where bail was set so high as to render payment impossible, the Chicago 7 defendants were all out on bail during the course of the trial. The film is punctuated by sharp scenes of Abbie Hoffman doing trial-themed stand-up comedy in Chicago nightclubs.

Eddie Redmayne's Tom Hayden is a total contrast to Rubin and Hoffman. He's a patriot at heart, with little patience for Yippie anarchism. But for a simple twist of fate, Hayden could credibly have served in Vietnam, or even been standing on a police line in Chicago. He's a true believer, and his exchanges with his fellow defendants and his lawyers are at the heart of the drama. Even after the judicial outrage committed against Bobby Seale, he automatically stands in the court room when Judge Hoffman enters—the only person not on the government's side to do so. His own knee-jerk complicity shocks him to the core. We can understand how he could have written a key manifesto for the student activist movement (the Port Huron Statement), why the power-that-be would try to make an example of him, and why, later in life, he could be a respected elected representative in the California Assembly and the California Senate.

Also not fitting the revolutionary stereotype was defendant David Dellinger (whose name Judge Hoffman also couldn't seem to get right). Dellinger's pacifism was a long, long way from Rubin & Hoffman's trickster politics. Dellinger was an actual Boy Scout leader. He had been a theology student, an ambulance driver in the Spanish Civil War, and an incarcerated conscientious objector in World War II. The moment in film where Dellinger loses control and is dragged out of the courtroom by the marshals is another dramatic highlight.

The two professors who were caught in the government's snare, John Froines (Denny Flaherty) and Lee Weiner (Noah Robins), play minor roles. They may, as they wryly observe in the film, have been indicted just so the prosecutors could look less mercenary when they were acquitted. Or they may have just served as warning examples for other academics who were speaking out against the war.

Sorkin has chosen to cast his lawyers, with the exception of J.C. MacKenzie as prosecutor Thomas Foran, as sympathetic figures. Even prosecuting attorney Richard Schultz occasionally questions the legitimacy of some of the proceedings (something which

isn't reflected in the transcripts I read). Both Mark Rylance and Ben Shenkman, as defense attorneys Kunstler and Weinglass, are a little more even-keeled than I suspect they were in the actual courtroom. I think once they realized the lay of the land, and how prejudiced the proceedings were against their clients, they weren't above participating in some of the shenanigans and tweaking the judge's sense of propriety and decorum. It's unlikely that all 38 citations for contempt were completely groundless.

In the end, all convictions (five of the defendants were sentenced to the maximum 5-year prison terms) and contempt citations were reversed on appeal. It was a victory for the anti-war movement, for the civil rights movement, and for those who continued to believe in American democracy. The manner in which Sorkin chose to end *The Trial of the Chicago 7* honors the memory of both the protestors and those who died in the war they were trying to stop.

Rennie Davis, John Froines, Bobby Seale, and Lee Weiner are still alive and well. Tom Hayden died in 2016. Jerry Rubin worked on Wall Street, and died in 1994 when he was hit by a car. Abbie Hoffman died in 1989 at age 52 from a self-inflicted overdose of barbiturates due to manic depression.

This is not the first time that the Chicago trial has made it to the screen. In 1987, Jeremy Kagan directed *Conspiracy: The Trial of the Chicago 8* for HBO. There was an animated version, *Chicago 10*, written and directed by Brett Morgen in 2007. And in 2011 *The Chicago 8* was written and directed by Pinchas Perry. With such a rich cast of characters and such a massive amount of trial material upon which to draw, it would be fascinating to have a chance to compare the various presentations. If I ever get that chance, I'll have to do a special update on this column.

In retrospect, it's remarkable that at the Democratic Convention, after all of the toxic rhetoric from both authorities and protestors, and four days of violence with hundreds of injuries among protestors and police, no one died. Elsewhere, others were not so lucky. At a summer protest against the 1968 Olympics in Mexico City, Mexican Armed Forces killed hundreds of civilians. No trials followed the Tlatelolco Massacre. No one was ever held responsible or convicted for the killings. A 2001 investigation revealed that the sniper fire which had been attributed to protestors came from members of the Presidential Guard who had been instructed to fire on military forces in order to provoke them.

For the record, two more trial excerpts:

Mr. Davis: I guess if I have any hope at all it is that I am allowed out of prison by 1976 because in 1976 the American people are not going to recount their history, they are going to relive their history, and when I come out of prison it will be to move next door to [state prosecutor] Tom Foran. I am going to be the boy next door to Tom Foran and the boy next door, the boy that could have been a judge, could have been a prosecutor, could have been a college professor, is going to move next door to organize his kids into the revolution. We are going to turn the sons and daughters of the ruling class into Viet Cong.

[Judge Hoffman]: I have heard the evidence here. I have watched all of the defendants whom you have asked me to release on bail with respect to the counts on which they have been found guilty. From the evidence and from their conduct in this trial, I find they are dangerous men to be at large and I deny your motion for bail as to Dellinger, Davis, Hayden, Hoffman and Rubin respectively.

Smarter Than Jack or Jill

by Sharman Horwood

Animals are smart, amazing creatures. If you have an animal story you'd like to share, please contact me at shhorwood@gmail.com.

Voices, Part I

Have you ever stood outside and felt you were surrounded by a chorus of voices you didn't understand? You are quite right. The natural world is quite a great deal more complicated than we have known. Also, since language is part of how we qualify intelligence, there is more intelligence out there--meaning the natural world--than we have suspected.

If you stand in your garden now, because it's spring you will be surrounded by bees, butterflies, and other insects zooming around on their normal day-to-day business. Bees, we've discovered, dance to communicate with each other. When they return to the hive after locating a prime source of pollen, the returning bee will dance in a specific way to direct its hive mates towards that source. It's called a "waggle dance." It indicates where and how far away the source is, and we have learned how to interpret the dance, thanks to Dr. Karl von Frisch; he won the Nobel Prize in 1973 for deciphering bee language.

Ants communicate with each other through pheromones, sounds, and touch. Pheromones are chemical signals that smell. Ants understand them by "tasting" the pheromones with their antennae. When ants pass each other, they touch the other with their antennae in order to smell their pheromones. They use pheromones as a scent trail to indicate direction to other ants from the colony, as well as to indicate which nest the ant is from, and what its social status is in that nest. They also release different pheromones, distress chemicals, as wasps do, to alert the nest to a possible threat. They also use chirping sounds, called "stridulation," created

by rubbing two parts of their abdomen together. The sounds can indicate where the best leaves are on a particular plant, or they can also indicate if the ant is in trouble. Ants will "kiss" each other as well. That's how they feed each other and their larvae. However, they are also exchanging chemical mixes to communicate status and colony information.

Butterflies have a variety of methods of communication. They use pheromones--scent chemicals--as well as colour, sound, and physical actions. Like ants, they communicate through chemical "cues." The males use pheromones to seduce females. Some butterflies, like the male Cracker butterfly (*Hamadryas*), can make loud noises with his wings, too. Some of the chrysalides (Gossamer-wing butterflies) will make clicking sounds that draw ants towards them. The ants will then protect them. Butterflies will also use physical postures or aggressive flight behaviour in courtship or to protect an important flower. Monarch butterfly males release chemicals from scent glands on their hind wings to attract females. Monarchs also use colour, though that is more a result of natural selection. The colours of their wings--particularly the bright orange--suggest they are poisonous to eat.

Sometimes the specifics of a message are just not clear to us as humans. Scientists have watched male bowerbirds as they construct their elaborate displays of leaves in a bower, intending to attract females. They create these displays using specific colours, such as grey and brown, or predominantly blue--each of the birds uses different colours. There the males perform a dance for the females. They will over time adjust their dance, too, if they find that a particular performance isn't successful.

Mammals communicate in a variety of ways as well. When a dog licks your face, it's doing so because that's what puppies do with their mother to ask for food. Among wolves this licking stimulates the adult's urge to regurgitate, and that's what the cubs will eat after they've been weaned but aren't yet large enough to hunt for themselves. One of the more interesting developments in understanding animal communication is what has been learned about chimpanzee commu-

nication. Previously, researchers have focused on the sounds chimpanzees make. They do make particular squawks to alert the others in their group, for instance, when a leopard is nearby. However, chimpanzees cannot make sounds in the way humans do. They do communicate vocally, but these are usually broad noises to indicate generalized emotions. Instead they relay on gestures, body postures, and facial expressions, along with a variety of noises for more specific communication. By combining these, chimps express a large variety of messages to each other.

Researchers have found that human language rules tend to apply to chimpanzees' use of gestures. The most used gestures tend to be short, while longer gestures are broken up with a variety of shorter gestures, as humans do in their languages. For example, a female chimp will squawk at her son or daughter to get their attention, then turn away and rub one foot's arch against the back of her other calf, then place one palm over the other arm. Taken all together these mean "come with me now."

Linguists maintain, as did Noam Chomsky, that animals cannot use language because their brains lack the physical structure for it. Their argument is that only humans can use language because of their brain structure. However, that doesn't take into account the variety of animal and insect languages, as well as the quantity of what they communicate. Also at this point we don't understand these forms of communication entirely. Our physical structure is different to the animals and insects, and in order to understand them we need to understand the animal. So far, the animals have surprised us by their ability to learn sign language (Koko, the gorilla, for example, who signed enough to be able to ask for a pet kitten). They've also surprised us with their ability to manipulate visible symbols. One Bonobo chimp has learned how to use a board of symbols to express over 3,000 words. Nor do we understand their desire to communicate with us, as in the case of dolphins.

Next month's column will consider whale communication, Voices Part 2.

For the Love of Genre

by Sharman Horwood

A Crucial Context

Most of the best writers just don't write enough, at least not enough for me. Jane Austen only wrote five novels, though she had more in mind before she passed away at young age of 41. Sue Grafton didn't finish all of the alphabet before she died; she passed away with just one left to go. Although he was a prolific writer for his time, Chaucer didn't finish *The Canterbury Tales*. Some of the tales are abbreviated and their purpose can only be guessed at. Susanna Clarke is a very good author, but who hasn't written a great deal. She wrote *Jonathan Strange & Mr. Norrell* in 2004, an alternate history that won the Hugo Award. Then for sixteen years she wrote only a few short stories apparently due to bad health. Finally, in 2020, she wrote *Piranesi*, a short speculative novel that is unusual and very good. It, too, is nominated for the Hugo Award this year.

The title character, Piranesi, lives in an odd House that is, as far as he has been able to explore, infinite. It is a maze of endless great halls, with immense staircases to upper and lower levels. These halls are inhabited only with classical statues of creatures and beings Piranesi doesn't recognize. They also don't represent anything that Piranesi has seen in the House. He names them, such as a statue of a Gorilla that to Piranesi represents "Peace, Tranquility, Strength, and Endurance." He has no memories of gorillas. In fact, he cannot remember any other life outside of the House.

The House's halls go on and on. There is nothing outside that Piranesi can see except ocean. It surrounds the multitude of halls, and the House's lower levels are all submerged in this ocean. Piranesi uses the ocean to survive. Seaweed recovered from the lower levels can be used in many ways. He dries it so it can be burned,

and can as well be used to make nets he uses to catch fish. The fish skins can be dried and used to make clothing so that Piranesi doesn't go naked and cold in the cooler times of the year. Certain birds inhabit the lower halls as well, living off the fish like Piranesi.

He does keep journals. (Where the notebooks have come from isn't explained at first.) Piranesi makes ink from the seaweed, and to write with, a feather for a quill. His journals go back years. They are a record of his exploration throughout the House. For example, one entry talks about whether or not trees exist. Piranesi's notes start with "Entry for the Nineteenth Day of the Fifth Month in the year the Albatross came to the South-Western Halls." On that day he finds a leaf floating on the water that clearly isn't from the ocean. He says it is "like something meant to live in Air." At one point he finds shredded pieces of paper with writing on them that the birds have salvaged for their nests on the statues. He recovers what he can and tries to piece them together in the hopes that they might reveal how he came to the House, and ultimately why he is here.

Piranesi is alone, but occasionally a man turns up in the House. The novel suggests he might have brought the blank journals for Piranesi to use, and the knife that he uses to clean his fish before cooking them. Piranesi calls this man the Other, and records their conversations in detail. The Other warns him away from contact with anyone else who he might find in the House, but the Other doesn't explain why or how they might arrive. The Other and Piranesi are searching supposedly for "A Great and Secret Knowledge" that is hidden somewhere in the House.

Piranesi writes his journals in meticulous detail. In fact, that attention to particular details suggests that elsewhere Piranesi might have been trained as a scientist when he was younger. He methodically lists the names of the Halls, such as the Eighty-Eighth Western Hall, and at one point he "climbed a Staircase to

the Upper Hall above the Nineteenth Eastern Hall." He also creates an Index to his journals for reference when he looks at previous information he's written in the books. However, where Piranesi came from, and who he was before isn't clear until later in the novel.

The House is a kind of prison for Piranesi and that might be the link that explains his name, if nothing else. Giovanni Battista Piranesi was an Italian archaeologist, architect, and artist. He was famous for his etchings of Rome, and a series of "fictitious and atmospheric prisons" (Wikipedia). His Neo-Classical drawings and etchings of Roman ruins and architecture were famous, and in some cases are now the only record of the actual structure. One third of those original ruins are now gone. The etchings of imaginary prisons show "enormous subterranean vaults with stairs and mighty machines" (Wikipedia). Some of them have been configured to include imaginary and "impossible geometries." The House in this novel suggests an impossible structure that exists in another world, and somehow Piranesi has been placed in it as a kind of maze-like prison.

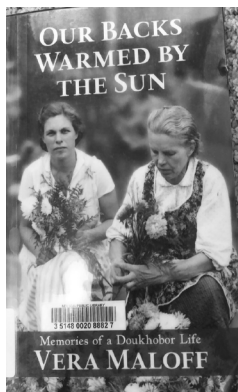
Piranesi does meet others who have found their way into the House from elsewhere, but I will leave that up to you to discover if you find the idea of this book interesting.

For me it is one of those novels that came highly recommended. I was certain it wasn't for me, however. In the end, I found it was a good read, and I hope you'll enjoy it as well. I also hope it wins the Hugo.

Next Deadline:
May 26, 2021

BOOK REVIEWS

by Tom Lymbery



OUR BACKS WARMED BY THE SUN – Memories of a Doukhobor Life by Vera Maloff, publisher Caitlin Press, 264 pages, \$24.95

Here's a most excellent book that tells us much more of Doukhobor life than others, as it's the life of the author's grandfather, Pete Maloff. He was a consistent believing in the traditional vegetarian and peace loving tradition, so firmly opposed to even paying taxes, as he was sure these would be used to fund Canada's army. For leading a protest march in Nelson that included nudity he was sentenced to 3 years at hard labour in Oakalla Prison but was released after two years because of his good behaviour. All the relatives were sent to live in a former logging camp in Porto Rico north of Ymir where they had a cold and uncomfortable winter, but later were returned to their homes. Pete absolutely refused to register in 1941, when National Registration became compulsory for anyone over 16 years. For this he was sentenced to three months in the Nelson Gaol – and when released as he still refused registration he would be re-arrested and sentenced to a further 3 months..

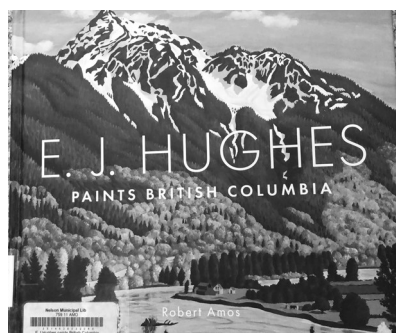
Pete Maloff supported the theory behind the Sons of Freedom but they didn't want him because he hated their bombings and burnings. Pete was eventually allowed out of prison on the condition he stayed out of contact with others, so he survived in a remote cabin with food supplied by his young granddaughter. In January 1946 G.A. Butling of Nelson, with names of supporters attached, wrote to the Honorable St. Laurent, Minister of Justice in Ottawa asking that since the war was over the imprisoned Doukhobor war resisters be released and not further persecuted. Butling was a pacifist, husband of Helen Butling who was of the Deane family at Deanshaven, near Riondel. Helen is also commemorated by a bronze plaque at the physiotherapy department of the Nelson Hospital.

They grew many vegetables and flowers, marketing these at farmers markets in Trail and Nelson as well as delivering to customers. Pete's mother (the author's great grandmother) was so industrious that she was able to buy a new International truck for \$3400 – an enormous sum in the depression 1930s. Because of their refusal to register in 1940 no Doukhobor men were allowed to get work or obtain driver's licences. So at the age of 19 Leeza had to go to take a driver's test in Nelson with their old 1927 Chev sedan, which she passed, even having to crank the car as it didn't have a self starter. As a true pacifist, Pete wouldn't kill any animal so live trapped the pesty gophers, then rowing them across the Kootenay river to release live on the other side, knowing those gophers wouldn't swim back.

Well designed, this book uses many Russian terms, with immediate translation, but also a comprehensive glossary. The letter from G A Butling is also printed in full so you can review his careful wording.

E.J. HUGHES PAINTS BRITISH COLUMBIA by Robert Amos, Publisher Touchwood Editions, 192 pages, \$35.00

This is a large format hard cover with Hughes pencil sketches in tones and all paintings in colour so is a delight to peruse.



There are 10 Kootenay paintings including Riondel and Kaslo. His Riondel painting shows the marina with its different coloured boats.

E.J. Hughes is widely known as British Columbia's best loved landscape artist and many of his paintings are worth millions of dollars. So here is your opportunity to own some of these paintings worth millions for only \$35. Along with his paintings the book also includes many of his preliminary sketches and his life story.

The amazing success of marketing Emily Carr paintings for most substantial prices allowed the formation of the Emily Carr Foundation with its scholarship program. Hughes received the second of these scholarships, with the first going to Joseph Plaskett who was my 9th grade teacher at North Shore College. Plaskett moved to Europe to further his artistic ability and became a very successful painter of still life.

These are true to life as Hughes didn't like any surrealistic art. His 1946 painting of "Fishboats – Rivers Inlet" auctioned for over one million and later for over 2 million. The Moyie is featured in his paintings of Kaslo and we are indeed fortunate that he came to Kootenay Lake.

Next Deadline:

May 26, 2021

www.eshore.ca

mainstreet@eshore.ca

East Shore Reading Centre

by Taryn Stokes, Librarian

Happy May to everyone! It has been another great month of reading. In March we had 267 items checked out and in April we had 198 items checked out. The InterLibrary Loan service is seeing good activity with 16 items requested so far since the system reopened to us on March 15. New books include *The Survivors* (Jane Harper), *Stargazer* (Anne Hillerman), *Of Women and Salt* (Gabriela Garcia), *Every Last Fear* (Alex Finlay) and *The Other Emily* (Dean Koontz). Twenty-nine items were added to our reading centre in April including new books and donations, so I won't list them all but you can see the items on the library's Online Patron Access Catalog (<https://opac.libraryworld.com/opac/signin.php?libraryname=ESC> OMLIB).

If you are looking for a book recommendation - I highly recommend checking out the Goodreads website/app. It is considered a "social cataloging" website which is a subset of social media. You can create reading shelves, see what your literary friends are reading and join discussion pages on specific books. It is a good way to keep track of books you have read or want to read. The company is owned by Amazon - but don't let that stop you from browsing. You can choose to set up an account (free) or use the site without an account. A feature I really enjoy is the Reading Challenge, for which an account is required. With the challenge you set a reading goal for the year and get updates on your progress. For number geeks there are statistics including the number of pages read and progress from past years. Goodreads will provide book suggestions based on books you have already read (such as a similar genre or author).

Happy Reading! As always, we are open Tuesday and Saturday from 12-3PM and happy to have new readers visit us. Memberships are free.

Blast from the Stacks Riondel Library News

by Muriel Crowe, Shirleen Smith & the Riondel Librarians

Riondel Library is like the Sun
by The Riondel Librarians

*Like our springtime sun
Behind clouds sublime,
The Library's open
Some of the time.*

*Now and then,
The sun shines 'bout.
And the Library's there
just for take-out.*

*Like the wandering albatross,
O'er vast oceans flies.
You can travel the world,
In a book, for a prize.*

*Myself, I journeyed
Wide and far, eh.
And then I won
A John LeCarré.*

*When you come in,
Remember the flattery
For our pretty bin
To recycle your battery.*

*Plus, there's letters from rockets,
And snakes, bears and squids,
Fish swimming in schools,
And lots more for you kids.*

*Our Librarians' advice:
Like a chickadee be.
To take out a book,
Call me-me-me.*

Library hours & Contact:

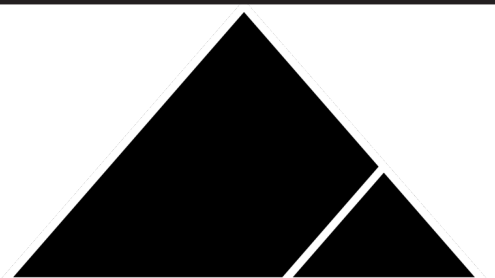
-hours: Monday/Wednesday/Saturday 10-12 am
-phone: 250-225-3242
-email: the_librarian@bluebell.ca

Around the World in 80 books Contest

To enter: take out a book and tell us where you travelled. Enter with every book! A book prize every month!

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May 26, 2021



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Hope Air Helps Patients Access Vital Medical Care Far From Home

press release

There are not many words to express my gratitude! Thank you for caring and going above and beyond—literally! I am forever grateful to Hope Air.

These are the types of comments Hope Air receives from people around Canada, including in the Basin—people who, with Hope Air’s support, have been able to receive vital medical care.

“Hope Air is Canada’s only national charity that provides free flights and accommodation—for patients of all ages and medical needs—so they can travel to medical care,” says Alanna Scott, Vice President of Development. “We focus on patients who are living on a low income who would have a challenge coming up with the funds to travel to the medical care that they need.”

The free flights and accommodation are possible thanks to partnerships with airlines, the Radisson Hotel Group and many donations and grants from individuals, corporations and foundations. The Trust has been one of these partners since 2014.

One of the people in the Basin who has benefited is a woman named Kathryn. Living in Salmo at the time, Kathryn was suffering from increasing memory loss and confusion and needed to travel to Vancouver for a diagnosis, which turned out to be vascular dementia.

“Hope Air offered support by paying for my daughter to accompany me and for arranging for accommodations,” she says. “I cannot tell you the ease and comfort I felt being supported. This was huge in my struggle for health and wellness.”

In small and rural communities, essential services may not be available. Therefore, many patients must travel long distances to obtain a diagnosis, get medical treatment or attend follow-up appointments.

“Even if you have great health care locally,” Scott says, “if you need to access a specialist, or specialized medicine, or a specialized machine, you’ll often have to travel to major cities.”

Without a free flight, a patient may be faced with an unwelcome choice: travel far by road, possibly in bad weather; incur debt to pay for a flight themselves; or postpone or cancel the appointment altogether, risking their health.

Another Basin patient, from Creston, needed care to treat eye cancer. “Thank you for the seamless travel by air for medical appointments in Vancouver,” she says. “The fact that there was assistance with accommodations allowed me to relax as I anticipated my medical appointments.”

Since 1986, Hope Air has provided over 155,000 free flights throughout Canada. In 2020, 397 of these were for people in the Basin, along with 91 nights of accommodation. The flights generally head to Vancouver, Kelowna or Calgary, and over the years have been required for issues like cancer, musculoskeletal disorders, injuries, cardiovascular disease and high-risk pregnancy.

Because of the pandemic, the 2020 numbers are lower than average, but Hope Air is still fully operating.

20 Mainstreet May 2021



tional and helping patients reach care. “There’s more virtual medicine, and some people are also a little reluctant to travel if they don’t have to,” says Scott. But Hope Air’s services are still crucial for many—for example, people with cancer—“because they do need to get to medical care that cannot be done virtually and cannot be delayed until after the pandemic.”

Some air routes that have been cancelled because of the pandemic have proven a challenge. However, a number of people, especially those with compromised immune systems, have preferred to drive on their own anyways. But, Scott says, “We are still providing accommodation regardless of whether they travel by air or not.”

And when restrictions lift and life restarts, Scott doesn’t think that Hope Air’s services will simply bounce back to their usual numbers—she thinks they’ll increase. “Our mission is more critical than ever because the pandemic has affected so many families’ abilities

to work and many, many Canadian’s incomes. This means that some people are going to be even less likely to be able to afford big costs for travel for medical care.”

Therefore, don’t hesitate to contact Hope Air if you’re in need. “The Hope Air team was wonderful in the midst of a stressful time,” the

Creston woman told Hope Air. “I will be recommending you to others, especially if they have to consider driving over five mountain passes in winter.”

To learn more and apply for a free flight and accommodation, visit hopeair.ca or call 1.877.346.HOPE (4673).

East Shore Hospice

by Barb Kuhn

Saying goodbye to friends is something we all have to do. Saying goodbye to several friends within a short period of time is really hard. I have a few friends that are over the border and I can’t be there for them at this time, so talking on the phone will have to do.

One friend was in such horrible pain that she couldn’t even talk to pray with me. I sang her a hymn, and this was no easy task. Singing and crying are hard to do simultaneously. She cried, too, but was grateful for the call. I knew it would probably be the last time we spoke.

It occurred to me that many people are afraid to call when they know that their friend or loved one is dying. Many believe that the person won’t hear them, especially if the person who is dying can’t talk anymore. We can still hear when we are actively dying. Sometimes that call will make a wonderful difference to the dying person or their family.

I have never met anyone that regretted saying goodbye to someone they loved.

East Shore Hospice volunteer care is free of charge and is available in your home. Hospice care does not replace nursing care, home support or any other professional service. A hospice volunteer can be a caring listener with an open heart and mind, who is also comfortable sitting in silence with a terminally ill person. This support can also give the caregiver(s) some respite to care for themselves. This means that the caregiver can have time away from the caretaking role.

If you or someone you know is in need of Hospice Care or you would like more information, please contact Susan Dill East Shore Hospice Coordinator at the East Shore Community Health Center Hospice Office at 250 227-9006. In addition there is a free Library with hospice related books and some DVD’s on care, grief and mourning. The Library is best accessed at the Hospice Office on Tuesdays between 10am-2pm.

Fitness Place Update

by Amy Hotchkiss, Manager

The Government of B.C. has implemented province wide restrictions to help slow the spread of COVID 19. These measures include the pause of any indoor high intensity group exercise until May 25 at midnight. As per the Government, “high intensity group exercise causes a sustained and accelerated rate of breathing and may involve close contact with other people”. This means the East Shore Facilities gym cannot operate, as we do not have the staff to accommodate or enforce the measures required to be open. As such, we will be closed until May 25 at midnight at least, with the possibility of extension. We hope that we can get up and running soon. In the meantime, stay safe and enjoy your exercise outdoors!

In other news, Julia Kinder has stepped down as the Manager of the East Shore Facilities. We want to thank you, Julia, for your dedication over the last two years. We wish you the best in all your future endeavours! Going forward, the ESFS has hired Amy Hotchkiss as the new manager, so she will be the new point of contact for all things ESFS and can be contacted at the same email: eastshorefacilities@gmail.com or by text at 587 434 8770.

NOTE: The Go Fund Me page for our treadmills has gone live! We are hoping to raise \$14,000 to first go towards replacing our two treadmills, and later to add a Smith machine and new bumper plates to our line up. As a small community gym, we rely on you guys and your network to make this kind of stuff happen! No donation is too small (or too big). So please donate what you are able and share this page with as many people as you can, whether they be part of the community or not!

Here is the link to the page: gf.me/u/zmzrm5. It is also being shared to all our social media platforms. We hope to see you guys in the gym again soon!

Next Deadline:
May 26, 2021
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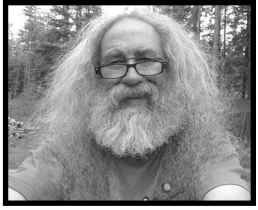
Kootenay Insurance Services Ltd.

#16030 Hwy 3A, Crawford Bay
 Phone: 227-9698

Notice of Passing

Robert "Bob" Lewis Taylor
April 12, 1960-January 16, 2021

(reprinted with adjustments at request of family)



"Burn sweetgrass or sage, play rock & rolls or good music, read comics, be happy and safe, watch 'B' movies, ride your bike, go fishing, enjoy the outdoors, don't lose your sense of 'haha', love your family,

and stay connected." ~ Bob's words of wisdom and way of life.

Robert "Bob" Lewis Taylor, April 12, 1960 to January 16, 2021, loving husband, father, brother, nephew, son, uncle, and friend passed away in Gray Creek, B.C. at 60 years of age. Born in Winnipeg, Manitoba to Anna Blanche (McFeeters) Taylor and Wilfred Dennis Taylor, Sr. he was very proud of his Cree, Scottish, and British heritage.

He was an excellent mechanic and wonderful carver. No matter the weather, he always said it was a beautiful day. Be happy, he was.

Private Family Celebration of Life. In lieu of flowers, friends and family can make a memorial contribution to the BC Children's Hospital, 928 West 28th Avenue, Vancouver, BC V5Z 4H4 or online at www.bcchf.ca, or plant a tree - he loved them.

COVID-19 Immunizations Now Available in More Pharmacies Across IH

Press release from IHA

IH WIDE – B.C.'s age-based immunization program continues to accelerate across the Interior region.

People aged 30 and over may now choose to receive their COVID-19 vaccine from pharmacies in Castlegar, Cranbrook, Kamloops, Kelowna, Lake Country, Penticton, Vernon and West Kelowna.

The BC Pharmacy Association website lists pharmacies where COVID-19 immunizations are available, and people are reminded to only schedule one appointment, either using the provincial system or with a participating pharmacy directly.

Interior Health would like to remind everyone that COVID-19 activity is currently increasing across the region. Vaccinated or not, it is crucial that everyone follows all public health orders and guidance to reduce COVID-19 transmission throughout the community.

Visit the BC Pharmacy Association website: <https://www.bcpharmacy.ca/resource-centre/covid-19/vaccination-locations>.

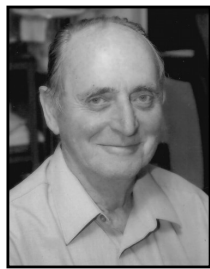
For a list of all Interior Health COVID-19 vaccination clinics and other resources visit: <https://news.interiorhealth.ca/news/covid-19-vaccines/>

To learn about B.C.'s COVID-19 Immunization Plan and the Phase 2 rollout, visit: www.gov.bc.ca/getvaccinated.

Next Deadline:
May 26, 2021

Notice of Passing

Denis Guy Bouillet, 1933 – 2021



Denis Guy Bouillet passed away peacefully with his family by his side on April 16, 2021 at the age of 87 years.

Denis will be dearly missed by his loving wife of 59 years, Barbara; children Allan (Wendy) and their children; Jennifer, Rebecca, Amanda of Grand Prairie, AB; Tracey (Charlie) and their children; Jordan, Kyle, Alexander and Madeline of Calgary, AB; Michelle (Brad) and their children; Dylan and Taylor of Calgary, AB; and Denise (Ed) and their children; Emily and Sophie of Summerland, BC; 10 great-grandchildren; two brothers; two sisters; as well as numerous nieces and nephews. Sadly predeceased by his parents and six siblings.

Denis spent his working years in Riondel and Kimberley, BC. In addition to working with Cominco, he owned and operated Rocky Mountain Sports. Once retired, his second career in woodworking emerged. He is well known for all the great Adirondack chairs, cutting boards, wine crates, and toy wooden elastic guns that decorate numerous homes near and far. He spent many happy Saturdays at the Penticton Market selling his beautiful creations and making new friends.

For those who adored him, Papa will always be remembered for his hard work and kindness, his special smile and exuberant hugs, the countless hours spent together at the market or on any one of the many family trips, and finally for the way he filled his home with the smells of sawdust and his culinary delights, especially his delicious cookies.

Due to COVID-19 restrictions, a Celebration of Life will be held at a later date. Details to follow.

Memorial tributes may be made to the BC Cancer Society or a charity of your choice.

Covid-19 Vaccine Appointments Accelerating Throughout IH

IH WIDE – Get notified of when to book your COVID-19 vaccine appointments – both your first and second doses – by registering on the provincial Get Vaccinated system today.

Anyone aged 18 and older should register for a notification telling them when it is their turn to schedule their immunization. If you've registered once, you do not need to do so again.

Individuals who have already received their first dose of the COVID-19 vaccine but who have not registered, should complete the Get Vaccinated registration process. This will ensure a notification is sent when it is time to schedule the second dose.

There are three ways to register for notifications:

1. Online by visiting the provincial website at www.getvaccinated.gov.bc.ca
2. By phone: 1-833-838-2323
3. In person at a Service BC office.

For a list of all Interior Health COVID-19 vaccination clinics and other resources visit: <https://news.interiorhealth.ca/news/covid-19-vaccines/>

To learn about B.C.'s COVID-19 Immunization Plan, visit: www.gov.bc.ca/getvaccinated

Notice of Passing

OXTOBY, Waltraut 1927 - 2021



Mrs. Waltraut Elfriede 'Wally' Oxtoby (nee Wirsig) of Innisfail, Alberta passed away at her residence at Revera Aspen Ridge, Red Deer, Alberta on Easter Monday, April 5, 2021 at the age of 93 years.

She was born at Nieder-Langenau, Germany on Easter Sunday, April 17, 1927. In 1929, Wally immigrated to Canada with her parents and older brother, to Kenora, Saskatchewan and then to The Pas, Manitoba. With the local school being inaccessible, Wally and her brother travelled alone back to Germany, to be with their grandmother for two years, and attend school. Wally's fondest childhood memories were from Germany and The Pas.

In 1945, the Wirsig family moved to Sundre, Alberta. After completing school in Sundre, Wally secured a job at the Olds School of Agriculture, as a dining room waitress. It was there, on a blind date, she met the man of her dreams, Clifford Roy 'Toby' Oxtoby. They married in 1947, and moved to Roy's family farm at Innisfail, Alberta. On the farm, she raised her family, worked with Roy building and working on the farm, and later for Toby's Backhoe. The two always shared equally the work and social responsibilities that Roy took on, enjoying the Flying Club, Lions Club and square dancing. Wally worked hard her whole life, never considering her gender would stop her from doing any activities, or, from doing them well. She played softball; winning an Alberta Championship, enjoyed curling; achieving many trophies and loved skiing with her family and travelling the world with Roy. Throughout her whole life, her most important focus was her family, enjoying all their accomplishments and activities. In retirement, Wally and Roy lived a few years in Kevisville, Alberta and recently in Red Deer, Alberta. Her quick wit, adventuresome spirit, strength of character and devoted love will be deeply missed.

Wally will be lovingly remembered by her two daughters, Terry (Dave) Gerrard and Jeralyn (Henrik) Rasmussen, her five grandchildren and their families, Dory (Janine) Gerrard; Alex, Damon, Kane; Kurt Gerrard; Paul (Vicki) Rasmussen; Evan and Carter; Steffen (Amanda) Rasmussen; Lars, Freja; and Marina Rasmussen. She will also be sadly missed by her two sisters, Gertie Casemore and Sieglinde (John) Hogg and her two sisters-in-law, Ann Wirsig and Kathy Wirsig. She has now gone to rest with her husband of seventy-one years, Clifford Roy 'Toby' Oxtoby; her three brothers, Horst (Joan) Wirsig, Claus Wirsig and Ralph Wirsig, her brother-in-law, Harold Casemore and her parents, Oscar and Frida Wirsig.

A Private Family Graveside Service was held at the Innisfail Cemetery, Innisfail, Alberta, on April 16, 2021. If desired, Memorial Donations may be made to the MS Society of Canada, 105, 4807 - 50 Avenue, Red Deer, Alberta, T4N 4A5 or at www.mssociety.ca, or to a Charity of the Donor's choice. Condolences may be sent or viewed at www.heartlandfuneralservices.com. Arrangements in care of: Heartland Funeral Services Ltd., 4415 - 49 Street, Innisfail, Alberta. Phone: 403.227.0006 Fax: 403.227.6437

Memorial Wall

Whether your loved one has scattered ashes, was buried elsewhere or was 'beamed up', the **Memorial Wall in Gray Creek Cemetery** can mark their time here.

Visit the unique woodland cemetery on Oliver Road South and contact **Tom at lymbery@netidea.com** for a handsome brass plaque.

SERVICES DIRECTORY/CLASSIFIEDS

The Service Directory is a great way to have your business listed as a reference for those shopping for a particular professional service. Keep your phone number handy and your message clear.

AUTOMOTIVE/MARINE

EASTSHORE AUTOMOTIVE - Service & Repair 250-227-9370

NORTHSTAR CRESTON - 1-800-551-9351 Full service 8-bay shop featuring Certified Service lube, oil and filter starting at \$24.95 plus parts & eco fees. Full line of major tire brands, GM & AC Delco parts and batteries.

BUS SERVICES/ANNOUNCEMENT

MUTUAL FIRE INSURANCE of B.C. Quotes on Homes, Mobiles, Farms & Tenants. Seniors discounts at 55. Home Protection; No Claim; New Home. ph/fax 250-428-7937, broker Virginia Harder. vwharder@shaw.ca

CONSTRUCTION/CONTRACTORS/TRADES

HULLAND AND LARSEN CONSTRUCTION - experienced residential construction & custom finish work. 250.551.2915 or 250.505.3570. (see ad in contractor section)

NEW BUILD & RENOVATION - Design Consulting Services Westwood Cabinetry - Kitchen, Bath & Custom Closets. Furnish, refresh and update your home or rental property. Book an appointment - jennifer@socialroominteriors.ca. Visit SRI Design - www.socialroominteriors.ca

SAMURAI HARDWOOD FLOORING: Sales, Installations, Tile, Stairs and Millwork www.samurai-hardwood.com 2505513764.

STEEL WHEELS - Septic systems planned & installed. We dig too, mini hoes for you. Dave/Donovan. 250.354.8498

TURLOCK ELECTRICAL CONTRACTING LTD. (See colour ad in this issue for more information.) 250-227-9688 or 250-551-4671

PERSONAL CARE/HEALTH

ALEXIS PHILLIPS, M.A., R.C.C. - Registered Clinical Counsellor specializing in complex trauma, relationship issues, grief & loss, anxiety & depression. Apptmnt/consultation, call 250-509-0368. Email: alexandralianephillips@gmail.com

BLANCHE TANNER - Breath Practitioner, (Family Constellation) Heart-Centred Therapy (Meditation), Healing Emotional, Physical & Sexual Abuse, Addictions, Relationships, Anxiety, Depression. 227-6877

COUNSELLING & SUPPORT SERVICES: Free and Confidential for children, adults and families. Services include: Adult Mental Health and Addictions; Child Youth Mental Health; & Family Support. Call 1-866-774-5324 (toll-free) or 250-353-7691. North Kootenay Lake Community Services Society.

EAST SHORE HOSPICE - Palliative care for anyone facing life threatening illness. Confidential support for individuals and their loved ones. Hospice can also provide grief and bereavement support. 250 227 9006 ext 29 - eastshorehospice@gmail.com. Volunteers needed. Please contact for more info

ELISA ROSE SHAW, QHHT PRACTITIONER: Certified Level 2 in Quantum Healing Hypnosis Technique. Healing and answers through past life regression and connecting with your higher self. Email elisaroseforever@gmail.com, call 250-505-0128.

KOOTENAY SOUND HEALING CENTRE on Riondel Road, offering Sound Healing treatments, Gong meditations, Astrology consultations, Workshop/Event space, Acutonics® classes, and products. www.kootenaysoundhealing.com, 250-225-3518, theresa@kootenaysoundhealing.com

REGISTERED ACUPUNCTURIST, LISA SKOREYKO R.AC. Treatment for pain, emotional disturbances, gastrointestinal issues and much more. 250.777.2855. Unit #9 Crawford Bay Inn. 16210 Hwy 3A, Crawford Bay.

REGISTERED HERBAL THERAPIST, MASTER HERBALIST - Maya Skalinska, M.H., R.H.T. Iridology, Tongue & Pulse analysis, Nutritional consultations, individual herbal remedies, Flower Essence consultations & remedies. For appointments, please call 250-225-3493.

REGISTERED MASSAGE THERAPIST: Harre-son Tanner - Over 40 years clinical experience. Treatment of Lumbo/Sacral Strain, Whip Lash, Frozen Shoulder, Migranes/Headaches, TMJ problems, & Stress. No doctor referral required. 250.505-6166.

SUSAN SNEAD ACUTONICS PRACTITIONER (TUNING FORK THERAPY): With certificates in Ayurvedic massages, Foot Reflexology, Fibonacci tuning fork alignment. Bach Flower Remedies and Astrological consultations. 250.225.3520.

THERESA LEE MORRIS, SOUND HEALING TREATMENTS with planetary gongs, singing bowls, tuning forks and chimes. Certified Acutonics Practitioner and Instructor, theresa@kootenaysound-healing.com, 250-225-3518

WILLIAM MORRIS, PhD, DAOM, offering astrological consultations combining 40 years of clinical practice weaving Chinese medicine, Astrology and Sound Healing. wmorris33@gmail.com 250-225-3518

RENTALS/ACCOMMODATION

YEAR ROUND SHORT TERM ACCOMMODATION. Bluebell Cottage in Riondel. Can sleep up to 10 people. Newly renovated, warm and cozy. 250-551-7953. Openings still available for the holidays.

RESTAURANTS

CRAWFORD BAY HALL & COMMUNITY CORNER BUILDING - available for community events, wedding receptions, workshops etc. Non-smoking facilities. bookings@cbhall.ca

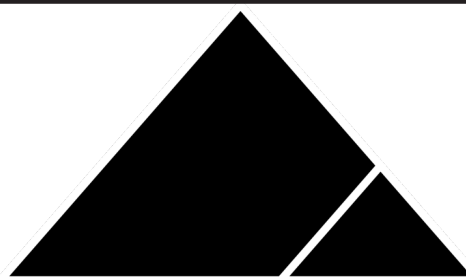
NEWKEY'S PLACE - Hwy 3A in Crawford Bay, licensed area. Open noon til close Monday to Sunday. Food Specials all day. 227-6911.

ROCKWOOD CAFÉ - Authentic Chinese food, and perfect burgers. Open Tues - Sun. Hwy 3A Gray Creek. 227-6840.

YARD/LANDSCAPING/SITE PREP

TREE SERVICE, RESIDENTIAL - Fully insured Limbing, Pruning, Topping, Falling. Danger Tree Assessments, Free Estimates. Call James Linn at 250 225 3388

*Next Deadline:
May 26, 2021*



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Harre-son Tanner, RMT
Over 40 years clinical experience**



* Knowledgeable * Skilled * Experienced

For appointments, call 250-505-6166

CLASSIFIED ADS

BUSINESS ANNOUNCEMENTS

Insurance Certification requires professional chimney installation – we are the pros – Gray Creek Store, 250.227.9315

BUSINESS SERVICES

Fax service, photocopies, (with no PST/GST) Tom Lymbery – Notary Public, 250- 227-9315, fax 227-9449, 250 551 0423 for Notary Public.

RENTAL/PROPERTY

ISO: Looking for a property or pad to park a 24' 5th wheel. Single longtime Nelson resident who spends summertime on the east shore. Location: from Kootenay Bay south to Boswell. Can make do with outhouse and no wifi, but water necessary. Electricity could be a generator and a view is Optimal! 250 509 0536

*Next Deadline:
May 26, 2021*

- Planning a wedding?
- Holding a meeting?

Consider renting the
BOSWELL MEMORIAL HALL

Booking/info: Karen Lee at 250.223.8686



“The way to get started is to quit talking and begin doing.” - Walt Disney

Have you ever thought about turning your passion into a business? Do you think you have what it takes to be an entrepreneur? Contact Community Futures for more information on Programs & Workshops available to you!

Call Amanda Murray at 403-678-7044 or amurray@futures.bc.ca to book a free appointment in Creston.
www.futures.bc.ca

Growing communities one idea at a time.

NOT YOUR AVERAGE VOLUNTEER GIG
Serving the East Shore.

Join us. Be a volunteer responder. | **RIONDEL FIRE/RESCUE SERVICES**
Call 250.551.1352

BULLETIN BOARD

**Community Notices, Thank You's, Not-For-Profit Announcements
(all not related to business), Church Calendar & Meeting Places -
free on the Bulletin Board.**

*** BULLETIN BOARD * BULLETIN BOARD ***

CHILD HEALTH CLINIC, ADULT IMMUNIZATIONS, PUBLIC HEALTH NURSE

Will be at the East Shore Health Centre monthly.
For information, call Creston Health Unit at 250-428-3873.
EAST SHORE HEALTH CENTRE Call 227-9006
See calendar for doctor days - Doctor hours are from
9:30am to 4:30 pm. Please call 227-9006.
Interior Health Authority, Community Care Nursing
and Home Support Services - 250-352-1433.

HEALTH CLINIC MESSAGE

**We are doing phone appointments right
now, unless the patient absolutely has
to be seen, or they can go to emerg in
Creston or Nelson. If someone is having
symptoms of Covid-19 they are asked to
stay home and call 250-551-7500 or 811.
Lab and Doctor appts.
Our doctors are doing telephone ap-
pointments when possible.
If you are experiencing any
symptoms such as fever, cough,
shortness of breath,
"Please do Not Come INTO CLINIC"
Call 811 or Nelson Testing Site Phone
250-551-7500. We do not have the test-
ing kits here at the clinic.**

HEALTH PHONE NUMBERS

ES Health Centre: 227-9006
Drug & Alcohol: 353-7691
Child & Youth: 353-7691
Community Nursing: 352-1433
Public Health Dental Screening/Counseling:
428-3876
Hospice: 227-9006
Baby Clinics: 428-3873
Mammography Screening: 354-6721
Mental Health Crisis line - 1-888-353-CARE (2273)

DOCTOR /NURSE DAYS: May 2021

May 3, Mon: Jayme Ingram (NP)
May 4, Tues: Dr Piver/Jayme Ingram
May 5, Weds: Dr. Moulson/Jayme Ingram
May 6, Thurs: Jayme Ingram
May 7, Fri: Jayme Ingram
May 10, Mon: Jayme Ingram
May 11, Tues: Dr Piver/Jayme Ingram
May 12, Weds: Dr. Moulson/Jayme Ingram
May 13, Thurs: Jayme Ingram
May 14, Fri: Jayme Ingram
May 17, Mon: Jayme Ingram
May 18, Tues: Dr Piver/Jayme Ingram
May 19, Weds: Dr. Moulson/Jayme Ingram
May 20, Thurs: Jayme Ingram
May 21, Fri: Jayme Ingram
May 24, Mon: STAT - NO COVERAGE
May 25, Tues: Dr Piver/Jayme Ingram
May 26, Weds: Dr. Moulson/Jayme Ingram
May 27, Thurs: Jayme Ingram
May 28, Fri: Jayme Ingram
May 31, Mon: Jayme Ingram
NO WALK-IN SERVICES
APPOINTMENTS ARE REQUIRED

T'AI CHI IN THE PARK IS BACK AT THE BEACH

At the Crawford Bay Beach (or pavilion, weather depending), from May 3 to June 30, Mon/Tues/Wed at 830 - 10 am. There will be offered a T'ai Chi beginner/refresher session in foundations and basics: learning to stand and breathe and shift weight and step, and the beginning moves of the yang style short form. There will be a warmup and some simple Qi Gong exercises along with instruction. It has to be a somewhat limited class size for regulation compliance so I am asking people to pre-register. I advise layers of loose warm clothing and comfortable flat footwear. Also some sort of bug spray is probably a safe bet as the mossies were pretty intense sometimes last year! For more information please contact Zoe, text or call 250 777 1091.



The Mainstreet is a community-written monthly newspaper that serves the communities of Creston through Riondel and Balfour. It's available at the following stores for retail:
Wynndel Foods - Wynndel, Destiny Bay Grocers - Boswell, The Lakeview - Gray Creek, The Gray Creek Store - Gray Creek, The Crawford Bay Store - Crawford Bay, Riondel Market - Riondel, and on the Osprey 2000.

Contact: Ingrid Baetzel, Editor

Phone: 250.505.7697

Box 140, Crawford Bay, B.C. VOB 1E0

Email: mainstreet@eshore.ca

Web: www.eshore.ca

ADVERTISING RATES

\$40 - 3.25 wide X 1.75 tall (inches)

\$45 - 3.25w X 2.5t

\$50 - 3.25w X 3t

\$55 - 3.25w X 4t

\$60 - 3.25w X 4.5t OR 6.75w X 2.25t

\$70 - 3.25 X 6t OR 6.75w X 3t

\$95 - 3.25w X 9t OR 6.75w X 4.5t

\$115 - 3.25w X 10.25t

\$150 - (1/4 page) 5w X 7t

\$175 (1/3 page) - 6.75w X 7t

OR 3.25 w X 14.5t OR 10.25w X 4.5t

\$250 (1/2 page) - 10.25w X 7t

\$450 (full page) - 10.25w X 14t

Sample Sizes - more sizes available.

Column Width: 3.25 inches - double width: 6.75

inches - full width: 10.25 inches

Services Directory: \$5/month, up to 3 lines.

Classified Ads: \$5/first 30 words,

10¢/word additional

****THESE RATES ARE FOR B/W ADS ONLY****

FOR FULL COLOUR, ADD 30%

Next Deadline:

May 26, 2021

www.eshore.ca

CHURCH/MEETING CALENDAR

RIONDEL COMMUNITY CHURCH

Everyone welcome.

CHRIST CHURCH & EAST SHORE CONGREGATIONS ST. ANSELM'S CHURCH BO- SWELL (Anglican)

No services at the present time. Contact Christ Church
Creston for info - 250.402.3225

HARRISON MEM CHURCH, ANGLICAN

Crawford Creek Rd., Crawford Bay

No services at this time.

For info, please contact Rev. Leon Rogers: 250.402.3225

KOOTENAY LAKE COMMUNITY CHURCH

A Lighthouse on the East Shore

Come & join us Sundays at 10 am.

Coffee fellowship after the service.

Pastors Richard and Ramona Dannhauer
16190 Hwy 3A, Crawford Bay: 250 505 8286

YASODHARA ASHRAM

Satsangs available anytime for inspiration - Online at our website
(yasodhara.org/about-yasodhara/satsang/) or YouTube
(youtube.com/user/yasodharaashram/).

MOST HOLY REDEEMER CATHOLIC CHURCH, RIONDEL

Fr. Lawrence Phone: 428-2300

Sun Mass at 2pm.

CHRISTIAN SCIENCE CHURCH SERVICES

Held in the Anglican Church, 8151 Busk Rd, Balfour
Sundays, 9:30 am All welcome! 250.229.5237

MEETING PLACES

LIONS CLUB - meets at the Kootenay Lake
Community Church - 16190 Highway 3A, Craw-
ford Bay. Meeting Times: 7 pm. 2nd and 4th
Tuesday of the Month. For More info call Lion Mike
Jeffery - 250-227-6807 or Lion David George at 250-227-9550
or Lion Fraser Robb at 250-227-9636.

TOPS - Take Off Pounds Sensibly: meets Thurs-
days at 8:30am, Kootenay Lake Community
Church basement. Info: Myrna at 227-9420

PARENT ADVISORY COMMITTEE

(PAC) Meetings held at 4:30 pm at the Crawford Bay School
on the first Wednesday of the month.
Email cbess.pac@gmail.com for info.

ALCOHOLICS ANONYMOUS:

Meets every Sunday at the Crawford Bay Hall on
Wadds Road at 7:15 (1 hour meeting)

Kootenay Lake

Ferry Schedule

May 2021

Vessel	Departs Balfour	Departs Koot. Bay
Osprey	6:30 am	7:10 am
Osprey	8:10 am	9:00 am
Osprey	9:50 am	10:40 am
Osprey	11:30 am	12:20 pm
Osprey	1:10 pm	2:00 pm
Osprey	2:50 pm	3:40 pm
Osprey	4:30 pm	5:20 pm
Osprey	6:10 pm	7:00 pm
Osprey	7:50 pm	8:40 pm
Osprey	9:40 pm	10:20 pm

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Serving the communities of Kootenay Lake.

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Local Fresh Tulips Flowers Garden Starts
Mother's Day Bouquets!
May Hours
Wednesday-Sunday
10am-5pm
Pre-order a Mother's Day Bouquet
Call or Text
1-250-420-7442
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Beside the Black Salt Cafe
Hwy 3a Crawford Bay, BC



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Huge, heartfelt thanks to the wonderful donors and supporters who have given generously over the past month or two. It warms us to the core to know that you care about the future of this beautiful locally-owned, independently-run community newspaper.

Those who haven't yet, but still want to, can easily support Mainstreet with a donation in a number of ways. Please see options to the right.

Donate on the website: www.eshore.ca or...

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Thank you, Mainstreet supporters & community.