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The East Shore Mainstreet

KOOTENAY LAKE BC

Serving the East Shore communities of Boswell, Gray Creek, Crawford Bay, Kootenay/Pilot Bay and Riondel

INSIDE:

News, Views,
Reviews,
Hot Topics,
Current Events,
Letters & Ideas

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undeliverable items to:

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Mainstreet*
Box 140, Crawford Bay, BC
VOB 1E0

Agreement#: 40718537



Photo: Jeremy Kelly



Photo: Jeremy Kelly

All Candidates Forum

The Kootenay Lake Chamber of Commerce is proud to sponsor an exciting All-Candidates Forum

on May 6, 2013 from 6-8 pm

at the CBESS Performance Space

John Edwards has graciously offered to be the host/mediator for this event. Please come prepared with questions, but to ensure that they are addressed, email them to info@kootenaylake.bc.ca before the event.

Let's learn about our options and take advantage of this great opportunity to address concerns/thoughts about our region and how it is governed.

Sjeng Derkx,
Green Party



Michelle
Mungall, NDP



Greg Garbula,
Liberal Party



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MS Issues

by Ingrid Baetzel
The Magic of Elsewhere is Here

What happens when a community is invited to gather and share their business ideas, history and plans? Well, a wonderful cacophony of genius ideas and energy is what happens. At the recent (April 27) **What's Happening Spring Business Forum** at Crawford Bay School, Community Connections created a space that allowed for small and large East Shore businesses to introduce themselves or update the community as to what's going on with them.

The most wonderful thing was the frequent murmurs of surprise and approval coming from the listeners as they were told new things about these local businesses. I'd say that we all learned a lot... For example, did you know?

Garry Jackman in his introductory speech about the state of the East Shore informed us that we are losing our "official population" numbers which leads to loss of funding and political power.

The Lakeview Store and Marina has been working on developing their marina, and, as part of the Kootenay Lake Sustainable Boating society, are hoping to install dump stations and a fuel station for boaters at their prime location.

Wild Thing Organics is supplying fresh, unpasteurized milk to local shareholders and will soon be selling their delicious goat and cow cheese at local suppliers. See wildthingorganics.com for more info on the cow/goat share program.

North Woven Broom may be shifting ownership over the next year as Luke, Janet and Rob Schwieger's nephew, tries out the business over the summer.

The Ashram is celebrating 50 years this year with a focus on sustainability (environmentally and economically).

They bring over 1000 people to the Ashram each year, have 12 full and part time employees, hit official carbon neutral status last year and are always open to the public.

The Riondel Ambulance is proud to announce that they now have on-site housing for out-of-towners to stay in when they need assistance or are short-handed.

There is only ONE First Responder left currently!

The Riondel Volunteer Fire Department has a battery-recycle drop off box outside of their department, as well as supplying one at the Riondel Library.

Wynnwood Cellars is a newer winery to the region and is a low-producing, high quality vineyard in Wynndel. A message from the owner that resonated for many was, "If something is special, it's got to be a lot of work."

Gray Creek Store is celebrating 100 years this June! They now have a lumber yard and warehouse and are excited to show the public the new changes to their business.

Many other businesses gave short presentations during this session and thanks must be given to all for taking part and supporting each other as well as **Community Connections** for organizing this excellent event. Here's to a fantastic (business and personal) 2013 season! (Thanks to **Junction Creek Hub** for excellent food and refreshments.)

Sunnywoods Farm

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LETTERS TO THE EDITOR

LEARNING EXPERIENCE TO LAST A LIFETIME

Dear Editor:

Mucho gracias to everyone that made the humanitarian trip to Oaxaca possible. It was incredible from start to finish - an amazing learning experience.

I feel immense gratitude for the opportunity to travel and learn about such a rich culture with our fantastic youth. Unfortunately, my son became ill in the mountains but fortunately, we were able to experience care from a top notch doctor; she was incredible. This experience exemplified how universal health care is and the cost was 10 pesos (the equivalent to 88 cents or one soda pop).

A special thank-you goes to Dan Rude for spearheading this project and making it all possible. This trip was a learning experience that will last a lifetime.

Thank-you to all,

Danielle Linn, Riondel

NEW PLAN FOR CHILD CARE IN BC - LET'S MAKE IT AN ELECTION ISSUE

Dear Editor:

Please consider grilling the leadership candidates about child care in BC.

Research shows that early care and learning is essential for full human development and yet in BC parent fees in child care centers are too high (averaging around \$45/day), staff wages are too low (making it difficult for professionals to stay in the field), there are years long wait lists in many cities and public funding is almost non-existent. Centralized licensing requirements make it difficult for rural areas including our local Family Place to have enough children in the right age groups to run a child care program. Families and community members, including many grandparents, are providing informal child care support for parents who need to work.

2 Mainstreet May 2013

The provincial government under-invests in early childhood compared to international norms, spending just 0.2% of GDP on early care and learning vs. the 0.7% average spending by other developed countries. Canada is at the bottom of the list of G20 countries in universal child care indicators.

Child care workers and advocates in BC have worked to develop the Community Plan for a Public System of Integrated Early Care and Learning becoming known as the \$10/day child care plan. Following international trends, it integrates child care into our education system in a way that builds on the strengths of both our public school system and quality, community-based child care. The Plan extends the universality, public funding and democratic governance of the public school system to services for children under the age of five on a voluntary basis. And it strengthens play-based, experiential, nurturing programs that are staffed by qualified early childhood educators. For more information on this plan please see: <http://www.cccabc.bc.ca/plan/>.

Our East Shore Alliance Supporting the Early Years (EASEY) is encouraging residents to sign cards addressed to our current MLA Michelle Mungall to support the planned approach to child care in BC. You may have seen us set up at the Credit Union or at the Community Connections meeting- if you would like to sign a card or get more information to talk to the candidates in the May 14 election- call EASEY coordinator Laverne Booth at 250-227-9552 or email laverne@theeastshore.net.

Laverne Booth, Crawford Bay

**Next Deadline:
May 29, 2013**



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or Best Yet, Email to: mainstreet@theeastshore.net

The opinions expressed in this paper are not necessarily the opinions of staff or advertisers. We reserve the right to edit for clarity or brevity and acceptance of submissions is completely at the discretion of the editor.

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Next Deadline: Wed, May 29, 2013

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PROMISE TO PROVE OURSELVES

Dear Editor:

Kootenay Cove Cafe & Micro Bakery would like to thank everyone in the community for their patience, support and best wishes for our success. The response has been overwhelming and we promise to prove we deserve it.

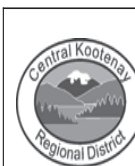
We have had a couple of setbacks that prevented us from the soft opening to 'iron out the wrinkles', before our 'Grand Opening'. The opening is still scheduled for the first week of May. On the weekend of May 3, 4 and 5 there will be lots of food to sample with live music on the Saturday (May 4).

Bring your instruments, smiles, families and appetites. We hope to see you all there!

Jac Gibbs and Liz Schellhorn,

Kootenay Cove Café and Micro Bakery,

Kootenay Bay



RDCK Resource Recovery Facilities

VICTORIA DAY

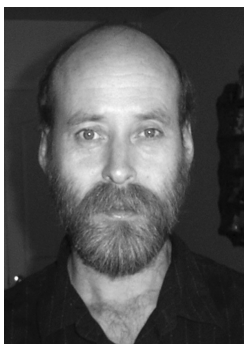
HOURS OF OPERATION

**All Waste Facilities will be CLOSED on
Monday May 20, 2013**

Summer hours will be in effect at the Crawford Bay

Transfer station with additional opening on
Thursdays from May 2nd, 2013 (9 am to 3 pm)

For more information contact the
Recycling Council of BC Hotline at 1-800-667-4321
or the RDCK at 1-800-268-7325
or our website: www.rdck.bc.ca



RDCK Area "A" Update

by Garry Jackman,
Director, Area "A"

Philosophical versus factual

First off, thanks to Ingrid for her editorial tolerance and to readers for the same. I view the opportunity to fill this space with ideas and information each month as a privilege. This week, as I am writing, I am looking forward to a community forum where we will discuss the "state of the East Shore". For me this is largely a philosophical discussion interspersed with factual tidbits to inform and hopefully inspire. It is a useful exercise from time to time, recognizing few issues are black and white (especially in the realms of politics and governance). So now with the philosophy...

The State of the East Shore

I was asked to open the session with a few remarks. My first thoughts went to other similar analysis, such as the American "state of the union" address (no delusions of grandeur, just a connection of ideas), the "state of the economy" reports we often see around budget time from provincial and federal governments and the "state of the basin" analysis undertaken by the Columbia Basin Trust. What more would we need to understand our local issues and opportunities?

I like to think of the "steady state" prior to trying to analyze the transient problems, chronic problems or emerging opportunities. For me, our most important "steady state" is the natural beauty, rugged topography and enviable climate which we enjoy. This is by all indicators the key reason people come here, whether

LETTERS... HUGE POWER BILLS

To The Editor:

Hands up, please, everyone who has noticed their electricity bill from Fortis is a LOT higher since January. If you use any electric heat, you are most likely suffering from the 12 cents per kilowatt hour which is the second step of the infamous Residential Ripoff Rate. The first step is 9 cents per kW/h, and even that is 50 percent higher than 20 years ago, and only applies to your first 800 kilowatts in a month.

How did this happen? The Liberal BC government directed the BC Utilities Commission to direct Fortis and BC Hydro to implement such a rate! If you reading this do not think this is right, I suggest you vote for a change in the provincial government in May.

I also urge you to write the BC Utilities Commission complaining about this rate, and requesting relief from it. Make sure you identify yourself as an electric heat customer if that applies. Look on their website about complaining to BCUC.

The details are shown below:
*Customer Service Specialist
British Columbia Utilities Commission
6th Floor, 900 Howe Street
Box 250, Vancouver, BC V6Z 2N3
Email: complaints@bcuc.com
Fax: (604) 660-1102*

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as visitors or to become residents. It is rarely the reason people leave, those being challenges faced when trying to access health services, steady employment or lack of social interaction. As rugged and resilient as nature may be, we need to maintain good environmental practices and responsible development. I am sitting on the ferry as I type, looking at a beautiful, green shoreline with a few pockets of development nestled between the trees. Last week I spent three days along Lake Windermere which is a totally different landscape. Although much smaller than Kootenay Lake, it is an example very close to home of how miles of shoreline can be heavily impacted by development, leaving huge gaps in the ecological system and requiring fairly harsh restrictions on future development to compensate for the lack of care exercised in the past. Recognizing and respecting the relatively pristine state of our lake is key to maintaining this "steady state" as a fundamental asset.

On the pessimistic side of the analysis, one may dwell on the ongoing challenges of slow growth and unpredictable cash flow. Statistically our growth has been steady and positive, compared to the rest of our region, driven largely by new investment as residents bring their equity to build homes and start some small businesses. Yet this growth is well below the "comfortable" levels of 3% to 5% which in past decades had allowed government to borrow without a clear repayment plan, assuming the growth in tax base would "make it all good" for the next generation (what I view as a seventies mentality). Similarly, any business which enjoys a 3 to 5% annual growth will find the banks friendly and cash flow not at the top of their personal sources of stress. Some Kootenay businesses are enjoying such growth, primarily in the technology and specialized manufacturing sectors, but they tend not to be located along the eastshore. These businesses are springing up closer to the larger population centres using the modest range of urban amenities

coupled with the proximity to skiing, hiking or clear open water as the means of attracting their specialized employees. Look up KAST and CRIK, our two local centres for technological innovation, for much more information. If we can attract similar businesses we could see some of the diversity and year round economic activity which we need. These groups will be releasing comprehensive studies on trends and opportunities in May or June.

Another advantage which we may consider (but not take for granted) as "steady state" is some of our long established, family based businesses which are able to provide local residents with services through the slow, lean winter months plus enhance the experience of our visitors during the busy months. Yes, some of the resorts have transitioned to residential development, but we must thank those businesses for their decades of support to our economy and wish their past owners well in their retirement.

So is the economic state of the eastshore more or less one of steady state? Not entirely. Some local entrepreneurs are growing their business share. I also see growth through new residents who bring their equity and their talents to our communities. Given the numbers of people in urban settings who are willing to migrate, this pattern of slow growth for our communities may actually be sustainable for the foreseeable future.

There are many more factors to consider when discussing the state of the eastshore, ranging from social support systems, opportunities to expand the use of our school, maintaining medical services and more. These cannot be addressed in a short submission such as this, but are part of a larger community conversation. Hopefully you were able to attend the conversation on April 27th and if not perhaps you will be part of future conversations.

CBT Community Initiatives funding

The applications received for 2013 had a total dollar value requested that was five times the funds available. For this reason, the community reviewing committee concentrated first on supporting the most local initiatives as well as initiatives which provide broad benefits to our residents. Out of more than 50 applications only 14 were funded in whole or in part. Please go to rdck.bc.ca for the list of successful applicants or give me a call. Many thanks to the volunteers who took the time to read through the large stack of applications and who provided their insight and sound reasoning to help determine how to allocate the funds.

If you have other questions or concerns please contact me by calling 250-223-8463 or e-mail gjackman@kootenay.com.

Creativity, Community, Conscience

SPCA Update

by Lynda Leduc

I took \$156.05 in to the Nelson SPCA last week from the three SPCA boxes in our local stores. Thank-you. This is some information regarding the Nelson SPCA sent to me by Rob Andrew, the Nelson branch manager.

- in 2012 they took in 473 animals
- reunited over 100 stray animals with their guardians
- adopted out 359 animals into loving homes
- had another 100 + dogs and cats go through low income spay/neuter subsidized program
- gave humane education to over 200 children through our summer camps, school, and community visits
- responded to over 300 cruelty calls in the East & West Kootenays

*Next Deadline:
May 29, 2013*



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We are excited to open for the new season on Saturday May 4, 2013 with exciting new menu items and wines that are based on more Canadian heritage paired with live music by Howlin' Dan! Come on in and check us out! Reservations recommended: 227-6906

Mother's Day Special - May 12

nettle soup - white asparagus salad in a sesame-orange vinaigrette with prosciutto grissini - poached BC trout with steamed vegetables and parsley potatoes - home-made dessert by Dieter - for \$39

**Happy Spring!
Gisela Conrad, Proprietress
& the Boccalino Team**



Word on the Mainstreet

Do you feel heard by your political representatives? What are the key issues of this year's election campaign and/or what more regional issues would you like to see better addressed?



That darned oil pipeline is a really big issue for me. I want a government that supports alternatives to fossil fuels. And that will protect the last of our thousand year old trees. And that will outlaw Monsanto and plastic bags. I guess it's all about the environment for me. Healthy air, soil and water for all creatures everywhere.

Lorna Robin,
Riondel Road



Heard, maybe. Understood, not sure... Every candidate proclaims they listen to the voters. But for me, after 5 to 7 years in the Koots, the same hallucination keeps repeating: no local economy on the East Shore, no jobs besides government jobs (from taxpayers money), non profit jobs (from taxpayers money) while mall business owners and farmers (taxpayers) struggle, and the real economy and source of jobs in the Koots is illegal. I feel that the key issues are food sustainability (how come I can't find local winter veggies even in Creston?), food security (3 days with no roads and check the produce section in your local supermarket), alternative energies (why let Fortis choke businesses and tax payers when the area is blessed for more local hydro power plants?) and fiscal energy (how come I get to toil like a good slave for my fellow Canadians and never get to choose upon what I want my own blood, sweat and tears to be spent on? So, the politicians, they listen, but they don't lead.

Claude-Michel Prevost,
Creston



Yes, I do feel heard when I speak loud and clear - although I have not had many experiences of being very outspoken. Health care, education and environment are highlighted areas in campaigns - seemingly broad issues. Northern gateway pipeline is a specific issue on the agenda of a few. Regional issues I'd like to see addressed: more empowerment to citizens/communities in sustainability initiatives - and granting/sponsoring these initiatives. One example is real local food coming into hospitals.

Maureen Wetsch,
Crawford Bay

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Birth Announcement



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Getting to Know You

Mainstreet's Proust Questionnaire



Nicole Schreiber

1. What is your idea of perfect happiness?

Two things come to mind. The first is a quote from Karl Pilkington, UK's brilliant idiot-genius. "You have to have a little badness to appreciate the goodness." For me that means accepting that life is a mixture of sweet and sour. The second thing is that happiness is in great part a decision of the mind rather than a state reached when there is a 'perfect' outer world. Not always possible to make that choice, and sadness serves its purpose, but helpful to keep in mind when the going gets really rough.

2. What is your greatest fear?

My main fear is about something inevitable really; we will all grow older and eventually die, and I wonder how that will go for those I love and, when I'm feeling very open-hearted, for all people. The worry is, really, whether I'm doing enough to prevent unnecessary problems, so, in that way, in small doses, that fear can be a catalyst for positive change.

3. What is your greatest regret?

I don't have any regrets. I've always done the best I was able. To have made different choices would have been impossible at the time. Looking back, it's easier to see how other possibilities existed, but I also know how I came to make those choices and have understanding for that. Accepting the choices I've made makes it easier to learn from the experiences.

4. What talent would you most like to have?

I am currently attempting to become bilingual; I have been studying Dutch for a number of years and really appreciate language a lot more because of it. Also, I love belly dancing and hope I have some basic talent there that will show as I keep practicing.

5. What is the trait you most deplore in others?

Ha ha, a tricky question! That which we abhor in others, also in ourselves? Well, I dislike social conservatism, as it tends to make people tight and less creative, self aware, and happy. Having grown up in Alberta, I certainly had my training in that and appreciate how challenging it can be to let that go.

6. If you died and came back as a person or thing, what/who would it be?

All life has instincts to survive and reproduce; becoming another life would give a similar experience even if there was some intriguing difference, like wings or gills or greater wealth. If I could learn from the experience and take the knowledge back into my previous life, then I'd like to experience being a rock near the sea, which, over many thousands of years, becomes, from the continuous rising and ebbing of the tides, fine sand. I might find that the rock's 'life' is not so different from being human. I'd surely have a different appreciation of time, though.

7. Who is your hero in real life?

My partner, Bernard, is my hero. He has chronic pain and serious mobility issues. He experiences daily what would make most people into very, very miserable folk. Yet, he tries every day to create happiness and be a loving person. And, he is very forgiving; something I really appreciate.

8. What is your most treasured possession?

Peacock feathers Bernard found (on the ground, not the peacocks!) while working on a farm on Salt Spring Island and which he brought for me when he hitch hiked to Alberta, where I was at the time.

9. What was your greatest triumph?

Triumph is strong, but I was pretty pleased with our efforts last year to put on the Kootenay Lake Fall Fair.

10. What was your greatest tragedy?

Even the worst that has happened in my life is a picnic compared to what most people who have ever lived have experienced. We live like royalty here in Canada. There are things, but they are private sorrows and in the scheme of things, small.

11. What is your greatest extravagance?

Great coffee and time to enjoy it.

12. Who are your favourite writers?

I haven't read fiction in years although I still laugh when recalling Tom Robbins' take on the world. Just finished a solid volume about woman in the Mongol empire by Jack Weatherford which was a very exciting read. And, Richard Dawkins.

13. What is a quality that you most like in a love interest?

The courage to be oneself, even when it's not popular.

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DANCE SHOW

"Earth" and "Water"

Anusha Fernando: A performer, teacher and Artistic Director of Shakti Dance Society, Anusha Fernando brings her understanding of Bharata Natyam Indian Classical dance's depth of tradition and its potential for new creation to two solo Bharata Natyam performances, "Earth" and "Water".

| | |
|--|---|
| Choreography: Jayalakshmi Eshwar Performance: Anusha Fernando | Saturday, May 25 at 7pm Yasodhara Ashram \$15 Adults \$10 Seniors & Children |
|--|---|

Tickets available at the Credit Union and at the Yasodhara Ashram Bookstore (250) 227-9224

Old Crawford Bay School Demolished

by Tom Lymbery

This picture was taken April 3 2013 while Clearview Grinding Ltd had its crew knocking fast into the structure, working their way towards the Crawford Bay Hall. It appeared that any asbestos and possibly drywall were stuffed into big white sacks shown in the photo - one is being picked up by the shovel to be placed out of the way of the destruction.

Ten days later, on April 13, the structures were all gone, leaving the hall standing free. A loader was dumping pieces of wall board, framing and all, into a grinding machine, and from its spout, chopped-up material was being piled that looks almost as if it could be compost. This is then trucked to the Creston landfill to be used as a base for dumped material as well as a cover. Brad Morrison of Clearview Grinding was most helpful when I phoned to ask about the process. He claims that 90% of the buildings they tear down are recycled - much preferable to burning. Nails and any other

The school gym/auditorium had already been smashed away when I took the first picture. That part of the structure was the newest, as this school had been built in sections. It began somewhere in the middle, extending east until it reached the hall, and then west to the gym. As the school was built with a flat roof, the joins to the additions were the source of leaks. This problem was compounded by the fact that flat roofs are impractical in our heavy rainfall environment. This contributed to the mould and air problems which affected the quality of life in the old Crawford Bay School building as it has in the Riondel Rec Centre, which was built as a school.

Brad tells me that virtually all the schools they work on have the same problem - leaks because of the cheap roofs. In contrast our Gray Creek Hall, where many of us attended up to grade eight, has never had water or atmosphere problems. Schools built without a peaked roof were somewhat cheaper to build, but became a continuing expense because of the almost yearly re-tarring of the roofs to try to stem the seepage. The current owners of the second Gray Creek School (built about 1962) have one solution - to cover the roof with a pond liner with a drain in the middle. Builders please take note - a flat-topped building on Kootenay Lake is a Sneddonoff.

John Stocker made sure that his imposing new Crawford Bay Market has a sloping roof. When he was on the board of the Nelson & District Credit Union he suggested that the local branch should not have a flat roof, but the architects over-ruled that suggestion. Perhaps the architects haven't lived in the Kootenays long enough to know that level roofs are not waterproof - water has indeed seeped in from above.

I wasn't able to access the site to see what the crew has done with the water tank under the gym, but Brad explained that the cement from the tank and footings is crushed and left on site. The water supply was pumped from Crawford Creek, which carries considerable sediment. The solution to this was constructing the gym with a 24' by 24' cement water tank below. This allowed

sediment to settle, giving clear water for the school. In summertime Floyd Oliver and Don Caston would work in this eight foot high tank to flush out the accumulated sediment. The School Board also had Don

and Floyd shoveling in heavy snow years.

Floyd and Don were popular school bus drivers for many years. Floyd and Lyle Oliver were born in Gray Creek - their father Tom Oliver (Johnny Oliver's uncle) built a home on what is now the Schutter place. They were just about through grade eight when I started school at the Gray Creek Hall. Lyle became a Greyhound driver, retiring in Penticton, where he has just celebrated his 90th birthday. We hope to see him again at Gray Creek Museum Days (July 26 - 29, 12 noon to 6 PM at Gray Creek Hall this year).

On the question of the Crawford Bay Hall, John Edwards explained to me that Crawford Bay and District Hall and Parks has negotiated a five year lease for their hall, including the football field behind, and also coming south about half way along where the school was. They had to put in a water treatment system for the supply that is pumped from the creek.

Thanks to John Stocker, Gerald Caston, Brad Morrison and John Edwards for help with this article. www.clearviewgrinding.com gives you more info about this Surrey company.



Demolition of the old Crawford Bay School is in progress. Large white bags containing asbestos and possibly other material are being moved by machine to a demarcated area at right for special disposal.

Photo: Tom Lymbery



Just ten days later, the school has been reduced to a pile of finely chipped material.

Photo: Tom Lymbery

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Western Pacific Marine Ltd. advises travelers that the Osprey 2000 will be out of service May 1st through May 14th, 2013, inclusive for maintenance. **The M.V. Balfour will be in service during this time - expect sailing delays.**

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Tom's Corner

by Tom Lymbery
Moving the Auto Camp Building

Every time you come to Gray Creek you will find changes. On April 12, 2013 the former dining room and lodge/gift shop/office of the Auto Camp was moved back sixty feet to allow more parking space, especially since lumber and building supplies come by B-trains. We heard of people making bets as to whether this move could be done without the logs collapsing. But only the bottom logs need replacing, as these were set close to the ground when it was built in 1932. This can now be done before a new cement foundation is poured.

The project to move the building was successfully completed by Ray Besanger. Fortunately this is all on sand, so Ray was able to dig under the sides, and placed and braced two long logs underneath to support both the floor and the entire structure. He then lifted one end of the building with his biggest machine, and placed logs as rollers, so that the final move went smoothly. Even the original floor came through the move okay, considering that

it was built before the log structure. The building is now next to the maple tree that our regulars (long term campers) planted in 1969 as a memorial to my Dad, Arthur Lymbery, with a wooden sign routed by Jack Whitworth.

There's quite a story behind this building. When the highway was completed to Gray Creek in 1931 and the Nasookin started making three daily trips between Gray Creek and Fraser's Landing (Balfour), Charlie Bebbington of Boswell asked my dad about setting up a tent to serve sandwiches and meals to those waiting for the ferry. Dad supplied the lumber for a tent floor which Charlie built, as well as a tiny kitchen with a chimney and wood stove.

That first year saw enough business that Dad gave a contract to Louis Johnson (Beanie's dad) and Alfred Nelson of Crawford Bay to supply, notch and assemble logs around that floor. Their contract in that Depression year of 1931 was \$100. Fifty dollars to each for a month's work was okay - in comparison, relief payments

at that time were about \$10 to \$15 a month for a family.

The Hoskins of Baker's Landing brought enough brick salvaged from chimneys in Pilot Bay to build a fireplace - I haven't been able to find out if this came by

boat or horse and wagon. Bebbington was a good carpenter and was able to install windows and doors and two bedrooms above the dining room, fitting this in between feeding customers. Recycling was a way of life - bricks from Pilot Bay and the front door from a church at Queen's Bay. Charlie also built Huckleberry cabin, and moved and rebuilt a second cabin, which gave the Auto Camp a good start.

Hilary May (Harper) came from Newgate BC and cooked meals and managed the business for a year or two. John and Jeanie Wolfhard, the Brundrits, Mrs. Holmes and others were also cooks and managers at various times. In winters when no one was running the dining room, Mother would make sandwiches for hungry people to be served over the store counter. After the ferry moved to Kootenay Bay in June 1947, she would look after the dining room's fewer customers in the summers and we would eat our meals there. Sometimes customers would get our supper and we would have bacon and eggs.

Sharon and I lived in this building for a few years after we were married, 50 years ago. Later on, Margaret Egeland started a gift shop in the building as well as managing the camp, and her husband Ellard hosted the Kootenay Lake Lions Club meetings in the kitchen for some years. Gladys Szczerba (Todd) took over the gift shop and managing the camp after Margaret passed away. In 2012, the former dining room / gift shop became a fireplace display room, which now moves to the mezzanine in our new warehouse.

Ray Besanger is an ingenious equipment operator - he took over the planning of the building move, after dismantling the former kitchen lodge behind. Ray grew up in Crawford Bay where his parents Henry and Henriette operated the BA full service garage. Ray has a home at Pilot Bay, not far from the basement excavation that marks the 1905 site of the imposing three-story bay-windowed Hotel Pilot Bay.



Ray Besanger uses the bucket of his machine to push the lodge back on log rollers set under the building. Photo: Tom Lymbery

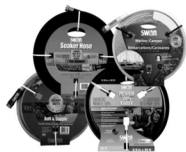
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Garden Produce Wish List – Care to Help Feed the Kids?

by Lee Reidl, Hot Lunch Chef

Greetings from the school kitchen. With spring in the air, I am seven months into my first year at the Crawford Bay School. The initial learning curve is not as steep anymore. The level of chaos from starting to engage youth over what they want to eat and how I want to cook for them is subsiding. The kitchen is busy with volunteers and students working together. In thinking towards September, I would like to put out a garden produce wish list to the community. If you have garden space that you are not using for your own food production – and you have the energy to grow more than you need – I am interested in acquiring produce from you. Some vegetables have more cash value, some are more work to grow. I buy a lot of vegetables every week and there are some things that I use regularly. Here is a list of a few items that I cook a lot.

- Winter Squash: preferably Butternut, some pumpkin, but many varieties are tasty. I have used hundreds of pounds this year, cooking between two to four a week usually.
- Zucchini for the freezer: I grate it and bag it for use later in the year.

- Kale, Parsley and other hardy greens: I use at least two big bunches a week.
- Potatoes: the truth is I go through 20 – 60 lbs a week. Russets for fries, scalloped potatoes, and roasted vegetables... I don't have the storage space to handle a delivery of several hundred pounds at once.
- Cabbage: Aside from cabbage in the food, I would really like to be making some sauerkraut and kimchi next school year.
- Tomatoes: I bought hundreds of pounds of tomatoes last fall and froze them. They have been the base of all the tomato sauce and soup meals this school year. I would love to be able to do that again.
- Dry beans: I have a pressure canner and would like to take some students through the harvesting, drying, threshing, and canning of homegrown beans.
- Apples: The juice pressed from 1000 pounds in October was a huge hit for the kids - and the adults who bought it. I plan to have a working apple press at the school in the Fall and be offering its use for the public. Ideally the kids press your apples and the school gets a percentage of the juice. We could also come and harvest apples to be pressed.

If you are interested in growing anything specifically intended for the school, or offering your harvest, please contact Dana Gallinger at danagallinger@hotmail.com. She will coordinate people's garden intentions over the summer.

If you are one of the many people who donated produce this year, thank you so very much. It was an honor to work with parsley, kale, beans, plums, tomatoes, winter squash, and garlic grown right here. I also want to give thanks to those who donated materials like canning jars and juice carboys to the program. It has been incredibly helpful and the materials will continue to get used. Lastly I want to express my gratitude to all the volunteers who graciously give their time and energy to help me in the kitchen.

May you all have a great summer and I look forward to cooking for the kids and community again in September.



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Momentum and a Heap of Gratitude

by Dana Gallinger

It's brilliant to see individuals, businesses and organizations offering their support to the Community/School Garden project. In January, Pacific Northwest Garden Supply of Nelson gave a generous donation of a set of grow lights and grow stand to the school, while our local Sunnywoods Garden Centre donated Starting Mix, seed trays and plant tags. These donations made it possible for Ms. Okras's grade 4/5/6 science class to do some project based learning around the magic of seeds. Last week students planted a variety of vegetable seeds which will then be transplanted into the garden to keep the supply of produce grown by students in the Hot Lunch Program. In March I had the pleasure of purchasing new tools for the Garden Program. Nelson Farmer's Supply and Gray Creek Store were both generous in providing discounts on garden equipment. I want again to thank REC 9 for the financial support to make these important purchases possible. Other positive and momentum building garden news arrived with the approval to salvage the chain link fence from the old school to fence the garden expansion. Fencing was a major obstacle to the development of an outdoor growing space


The first picking of succulent, fresh salad greens from the greenhouse started in early March and continues to supplement the school Hot Lunch Program. The goal is to continue to increase the amount of food grown by students for the Hot Lunch Program. Ideally, in the future there will be surplus of particular crops to sell to community members or donate to those in need. Next steps are looking at better ways of composting (I'm certain an eloquent solution exists out there), installing a low flow irrigation system utilizing



the rain harvesting catchment system already in place at the school, installing fencing, creating more raised beds and building several cold frames. If you see a way for you to offer support in this ongoing project please contact Dana at 250 227 9893 or email me at danagallinger@hotmail.com

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The parents of kids attending CBESS are raising funds to cover the expenses involved in various student activities.

One of the fundraisers we are doing is selling prepaid shopping cards for the following stores:

- Save-On/Overwaitea: \$10, \$25, \$50, \$100
- Kootenay Co-op: \$50, \$100, \$300

How does it work?

- Through us, you order & prepay for your cards (in above denominations), by either paying Terry Fiddick or Sandy Watson in cash or cheque, payable to CBESS
- We purchase prepaid cards for those stores and they give us a percentage of total of cards purchased towards our fundraiser
- You use these cards like cash when you next shop at the corresponding stores.
- These cards do not expire

We will be doing three rounds of this with the sign-up deadline dates being:

- Tuesday April 2nd
- Tuesday May 7th
- Tuesday June 4th

Contact Terry Fiddick (250.227.9510) or Sandy Watson at the school (250.227.9218) to order your cards!



MEDLEY DAY CAMP Kootenay Lake Art, Music, & Dance - Summer Workshops in Crawford Bay

submitted by **Lorna Robin
and Jacqueline Wedge**

- July 15 – 19, 2013
- Come for an hour, a day, or the week!
- Ages 8 – 108

Here is an opportunity for families from near and far to participate in a week-long offering of fun and learning, among the mountains and near the lake. Planned course offerings include:

Fiddle – beginners to advanced; Guitar – beginners to advanced; Art for youth & adults – life drawing, intuitive painting; Artsy Activities for all ages including mosaic, ink stamping, and collage; Singing and Dancing workshops with working professionals; Accordion; and a host of other fun stuff including Yoga, Laughing Yoga, Marimba Jam, Never-ever Ukulele, Song Writing, Percussion, and Theatre Sports.

All of this will take place at beautiful Crawford Bay School where there is plenty of access to the outdoors and multiple venues for the courses of your choice. There will be yummy lunches, snack times, and an evening campfire with stories and songs. This is the week before our wondrous Starbelly Jam music festival: what a great way to prepare!

A website will be available soon, www.medley-daycamp.ca with more information on instructors and schedules, fees, and where to stay. A face book page will also be set up once we have more details. Registration begins mid-May.

For more info call Lorna 250-225-3333, or Jacqueline 250-227-6803.



2013 Kootenay Lake Fall Fair

by **Jacqueline Wedge**

This year the Fall Fair, a Food Roots event, is happening Saturday, September 14. We have a dynamic, amazing crew making this groovy event a reality this fall. Such great energy has come together to see that yet another sweet food celebration on the East Shore can be enjoyed by all. With last year setting the bar very high (ahem... Nicole Schrieber, we miss you...), the pressure-cooker is on to make 2013 equally fabulous and interactive.

We encourage EVERYONE... yes, absolutely EVERYONE to submit food and food products into as many categories as possible! Though arts and craft sections have been eliminated from judging (but wait, we are still having a huge exhibit and sale), all other sections are remaining pretty much the same... and of course the photography will be in its own little awesome room. (We would be egged if we changed it...) Children will be able to expose, sell, show-off and trade their artwork in the "kids art emporium" (where there will be craft tables and lemonade and balloons, oh my...), because at the last two meeting we unanimously decided that kids art should be celebrated and not judged. Some categories will be tweaked a bit, mostly to accommodate the 2013 theme of PUMPKIN... grow the pumpkin... feed the pumpkin... love the pumpkin... squash the pumpkin... eat the pumpkin...

Synopsis: it's mainly about FOOD, gloriously local FOOD.

The fabulous outdoor booths of last year will be more plentiful this year, and all interested food vendors/ educational food security groups should contact us ASAP to discuss placement: KLFF box 115 Crawford Bay BC V0B 1E0

Booklets will be out mid-May (ish) at local grocery stores, so please peruse the categories, contests, and activities listed to plan your gardens and strategies for September 14. More updated info in the next few issues of the *Mainstreet*. ...BE the pumpkin...

"I, Claudia"

by **Kristen Thomson**

Claudia is an official pre-teen, still reeling from her parents' divorce. Her father is getting re-married, she has a science fair project coming due, and she is in the physical and emotional throes of puberty. Finding refuge in the basement of her school, Claudia discovers the pain at the centre of her brimming child's heart. Some important adults in Claudia's life; her grandfather, her father's new girlfriend, and the school custodian, help shed light on her situation.

Portrayed by a single actor (Lynn van Deursen) the four characters are brought to life with the help of four distinctive masks beautifully hand crafted by Robin Wiltse. This charming one act play blends the humorous and the painful aspects of life's struggles with authentic language expertly written by Ms. Thomson and delightfully portrayed by Ms. van Deursen.

"I, Claudia" was the winner of the 2001 Dora Mavor Moore Award for Best New Play.

"with lines and moments that are hilariously funny, totally unexpected and unimpeachably true"

The National Post

ACTOR'S BIO

Lynn studied theatre at the University of Victoria in the 1980's. She toured Vancouver Island with The Shakespeare Plus Players before working back stage and front of house for City Stage Theatre in Vancouver. She moved to the Kootenays in 1995 to pursue her biggest role to date; that of being a wife

CROMOLI 4 SUPREME LEADER!

written and performed by
LUCAS MYERS

Friday, May 3, The Gray Creek Hall, 7:30 PM,
Tix \$10 at the door

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**VOTE ONCE, VOTE OFTEN, VOTE FOR THE
CROMOLI BROTHERS!**

and mother. In recent years Lynn has performed in "Appearances" with Amber Byatt, "The MacOddo" with all of Argenta, "Harvest" with Gary Schneider, and "Becky's New Car" with half of Kaslo.

In between shows, Lynn spends her working hours managing the office at Boards by George Lumber in Meadow Creek. She has also had the pleasure of performing in Jim van Horn's Co-op Radio fundraisers called "The History of Country Music" for two years running and looks forward to the next one at the Capital Theatre in October. Last May was her first crack at a solo show with "I, Claudia" at the Langham theatre in Kaslo which went over very well to two sold out very appreciative crowds. Lynn couldn't do any of this without the support & talent of her husband Paul, who builds the sets and does the sound & lights for all her shows. She is very excited to be re-mounting the production and thrilled to be able to share it with all her Kootenay neighbours.

- June 7 ~ Crawford Bay @ CBESS
- June 8 ~ Rossland @ The Miners Hall
- June 14 ~ Nelson @ LVR Highschool
- June 15 ~ Silverton @ The Silverton Gallery

Tickets will be \$12 for all shows and will only be available at the door.

All shows will start @ 7:30 pm ~ PG 13

For more information please contact: vanfam@telus.net

A One Act Play comes to
Crawford Bay!

"I, Claudia"

by Kristen Thomson starring
Lynn van Deursen is coming to the
Crawford Bay School.

Friday, June 7 @ 7:30 pm

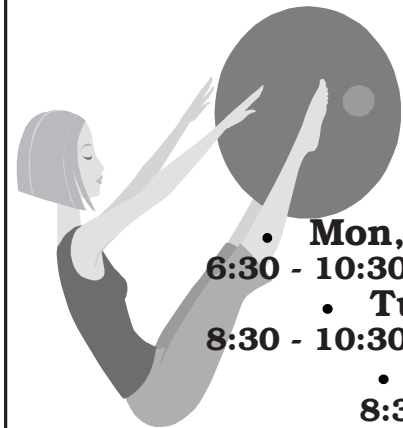
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A touching play about life's many struggles as seen through the eyes of four delightful characters, especially those of 13 year old Claudia. One act, one actor, four masks, formidable theatre. PG 13

**Next Deadline:
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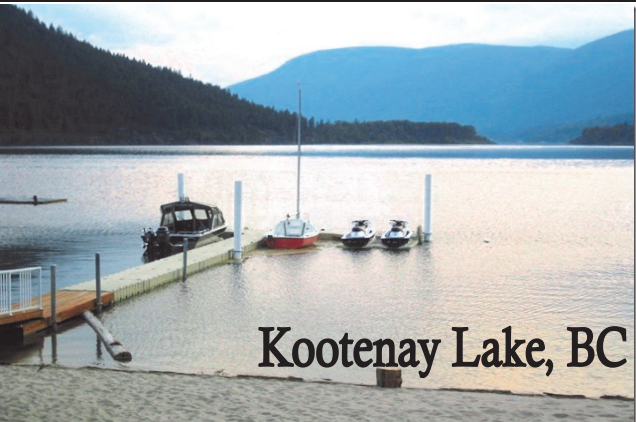


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Mountain Standard Time - Winter Schedule in effect

| Vessel Name | Balfour | Kootenay Bay | |
|-------------|---------|-----------------|-----------------|
| | | Terminal Winter | Terminal Winter |
| Osprey 2000 | | 6:30 am | 7:10 am |
| Osprey 2000 | | 8:10 am | 9:00 am |
| Osprey 2000 | | 9:50 am | 10:40 am |
| MV Balfour | | | |
| Osprey 2000 | | 11:30 am | 12:20 pm |
| MV Balfour | | | |
| Osprey 2000 | | 1:10 pm | 2:00 pm |
| MV Balfour | | | |
| Osprey 2000 | | 2:50 pm | 3:40 pm |
| MV Balfour | | | |
| Osprey 2000 | | 4:30 pm | 5:20 pm |
| MV Balfour | | | |
| Osprey 2000 | | 6:10 pm | 7:00 pm |
| Osprey 2000 | | 7:50 pm | 8:40 pm |
| Osprey 2000 | | 9:40 pm | 10:20 pm |

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All Candidates Forum

The Kootenay Lake Chamber of Commerce is proud to sponsor an exciting All-Candidates Forum

on May 6, 2013 from 6-8 pm
at the CBESS Performance Space

John Edwards has graciously offered to be the host/mediator for this event. Please come prepared with questions, but to ensure that they are addressed, email them to info@kootenaylake.bc.ca before the event.

Let's learn about our options and take advantage of this great opportunity to address concerns/thoughts about our region and how it is governed.



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Green Party



Michelle Mungall, NDP



Greg Garbula,
Liberal Party



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Creativity/Community/Conscience



Kootenay Lake Art Connections (ArtWalk)

Starts June 28 & ends September 3rd

Connecting artists & patrons in communities along the East Shore.

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If you are interested, please call Geri at 250-227-9085 or 250-777-1479 or email emeraldeastcliffgallery@theeastshore.net



Employment Opportunities



Kokanee Springs Golf Resort is accepting applications for the 2013 season:

Lodge:
(brenda@kokaneesprings.com)

- Housekeeping Staff
- Part-time Front Desk Reception

Golf Department:
(craig@kokaneesprings.com)

- Cart shed
- Golf Shop - retail experience
- Player's Assistants
- Janitorial Services

Submit your resume with cover letter stating the department/position you are applying for, to the email addresses above.



From the Principal's Desk ..(and the kids' desks too!)

by Dan Rude

This month I'd like to share with you the writing of 17 of our secondary students on their experiences during our March 11-27 excursion to Oaxaca, Mexico. During this service learning adventure we were involved in seven elements aimed at raising our awareness and learning how we can become more involved global citizens. Once again, we would like to express gratitude to everyone who supported the success of this project through donating time, energy, goods, services, and money. The incredible generosity which is so evident in the Oaxacan culture is also ever-present here on the East Shore!

On another note, the TEDx event that was hosted by Selkirk College and School District No. 8 on March 2 is now online. I feel very fortunate to have been a part of this event, as it was a great opportunity to bring together many diverse ideas that we work with here, and also allowed me to showcase the importance of learning as a community that, I believe, is so vital. Check it out at: [http://www.youtube.com/watch?v=qbWD8ILx15A!](http://www.youtube.com/watch?v=qbWD8ILx15A)

Instituto Cultural de Oaxaca (ICO) – Daelin Peel-Smith & Chris Artzoglou - <http://www.icomexico.com/>

You know that feeling that you get when you're actually learning something? Your curiosity peaks and you actually begin to pay attention. Yeah well, that pretty much covered the whole Spanish classes we were taking. The classes were fun, even though none of the teachers spoke English, but that was fine because it made it all the more educational to have to piece together every single sentence. Body language was a key part in those classes, waving arms and such were a common occurrence. We had Spanish lessons from 9-12, a ten minute break and then a game until lunch. The classes were set in a relaxed environment; the schedule meant little to the content we were learning, all three classes went at their own pace, our group was the only one who finished the booklet, but all the others were within pages of finishing themselves.

The building itself was an old rock structure, with vines growing along the walls. It had an outer wall, with a wrought iron gate. This wall barricaded the school off from the rest of the square. Within there was a garden, where the students (us) played many games, ranging from hacky sack to ninja, to tag. The courtyard had many different plants and trees. They also housed a cafeteria, which served us breakfast, lunch and dinner for the first nine days in the city.

The folks in the facility were nice and very welcoming. Most of them spoke only Spanish so we were forced to use what we had learned in our classes to communicate with them.

All in all, the Spanish school was a really good experience. We all learned a lot and had a good time. I felt a lot more confident when talking to people in Spanish after and I am really glad I had that experience.

En Via – Theo Artzoglou, Shen Fiddick-Halfnight, & Arlo Linn - <http://www.envia.org/>

En Via is a microfinance organization that hands out loans to women starting businesses in Oaxaca, Mexico. They are a non-profit organization that offers interest free loans. They offer more and more loans over time so people

can improve their businesses. En Via loans out money to three women at a time. If somebody would not be able to pay off the loan the other 2 women would have to do it, which encourages them to pay off the loans.

By doing it this way the women are forced to all pay because if they all do not then none of them may get another loan. En Via gains some of their funding for their loans by taking people on the tours that we went on for a charge of \$50. So without tourism this business would be destroyed. The loans get consecutively higher as they progress with their business.

Our school group split into 3 groups. Each group went to three or four different women-operated small businesses. Many of the women made carpets ('tepetes') which is traditional in Oaxaca. For women to expand their businesses through En Via loans, they must give a tour of their store and goods. I was surprised to see how little they sold their rugs for, despite all their hard work. It was interesting how women could get more money from investing in a different line of work, yet they continue to make carpets even though there is a lot of competition. Many of the carpets look very alike but they each are unique - many are made in different ways and with different dyes. For example, some use all natural dyes like pomegranate and cochineal. Other businesses include restaurants, convenience stores, and leather workers. I hope En Via continues to flourish and grow to help as many families as possible to earn sustainable livings.



Monte Alban – Danyell Rosenbaum & Louis Ryde-Kruse - www.sacred-destinations.com/mexico/oaxaca-monte-alban.htm

In Mexico we visited Monte Alban, which is a Zapotec historical site that is located in the low mountain ranges of Oaxaca Mexico. It was built as a collection of residences and ancient tombs. The Zapotec people built the structures and flattened tops of the mountain by hand, without help from livestock or vehicles. The people of power were buried with their jewelry and artifacts that would signal to the gods that they were important people. Monte Alban existed around 500 BC.

When we were there, the tour was very informative and interesting and as we walked along the ruins, we could almost feel the presence of the people who lived back then. When you closed your eyes you could almost feel like you were there in the time of the Zapotec. The tour guide explained what all the buildings were and who lived in them. You could see there were different levels where the people would live, signifying where they stood on the social hierarchy. The closer to the temple you live the more power and wealth you had; the farther away the poorer people lived. Also the temples were oriented by where the sun rose and fell, as the Zapotecs were strong believers in the sun Gods. The Zapotec people also made many sacrifices of people, and used the temples as vehicles into the afterlife, because in their culture, it was an honor to die and to join the Sun Gods, so

the people were very willing to go through the sacrifice.

Monte Alban is an amazing place to go to learn about another culture. The art and jewelry is beautiful. The history that is associated with this marvelous place must not be lost. There are many things we can learn about the way they lived their lives, and contrast it to the way we live now. Maybe we can discover what we have kept from the time that these people lived and what we have forgotten.

Hijos de la Luna – Zoe Ryde-Kruse, Jordan Conrad, & Kira Dinim - <http://www.hijosdelaluna-en.org/>

Hijos de la Luna is a home for children whose parents don't have either the money or time to take care of them. Hijos provides a safe environment for these kids to grow up. Often there are up to fifty-six kids at Hijos de la Luna. This children's home is run by Maria Gonzalez also known as 'Coco'.

The first time we went to Hijos we worked with younger kids making climbing bears, and playing and bouncing on the trampoline they had set up. There were enough of us to give them all a little one-on-one time. These kids have so little and yet for most of them Hijos is the best or only home they have had. They are all happy even though their situation is so poor. The second time we went there were the older kids there and we made god's eyes. The level of concentration with which these kids worked really amazed us.

At this point, when the kids at Hijos de la Luna get into their teens they are sent back to their parents, many of whom live in bars and are involved in prostitution. While we were

there we learned that Coco was trying to buy another piece of land and build another dorm on it so that the teenagers could stay. We decided that this year if we participate in the 30 hour hunger challenge that some of the money we raised would go to Hijos to help support Coco and the kids.

In appearance Hijos is just a dusty yard with a covered area, a trampoline, a bus and some toys. All the kids sleep in dorms together, and Coco always has three or four kids sleeping in her room at night. Everyone that works at Hijos is a hardworking volunteer.

Esperanza Infantil – Phynn Page-Deal, Jessica Rideout, & Drew Ridedout- <http://www.oaxacatreetchildregrassroots.org/>

When we went to Esperanza Infantil, I wasn't sure what to expect.

We had already visited an orphanage and I guess part of me thought that's what it might be like. But it was a lot different actually. Esperanza Infantil is an after school program whose mission is to provide Oaxacan children living in extreme poverty with an education. Many of the children come to the city with their parents who work as street vendors, barely making enough money to survive. There is strong pressure for the kids to work from an early age rather than get an education.

Esperanza Infantil provides nutritious meals, medical care, and all support necessary for more than 600 children to attend public school. To sponsor a child costs approximately \$250 per year, which covers tuition for school, supplies, and food from the center.

When we got there we first had a session with the man who started the program in the 1980's. He shared some amazing success stories of some of the kids who have gone through their program, as well as some of the challenging situations many kids are in. After this, we got into two different groups and started to make stuff with the kids there. I was making God Eyes with them, the other people were helping the kids make climbing bears. It was a very cool program they were doing. They are allowed to go to this place as long as they are in school and as long as they are funded.

I thought that Esperanza Infantil was such an incredible organization because their goal was to make

the future lives of these street kids better by educating them, including learning different languages such as : German, French, and English. By educating them in these languages it will open up a whole new world of job opportunities in different parts of the world. Helping these children through school and teaching them these language skills will prevent these kids from living their lives in poverty and they will strengthen their community.

La Neveria – Ries Fowler & Justice Nicholson - www.ecoturismoenoaxaca.com/laneveria.html

The village of La Neveria is one of the seven amazing ecotourism villages in the mountainous Sierra Norte region of Oaxaca. During our stay up in La Neveria, we worked on various farms. The group I was in helped a man plant his potatoes. We only planted four rows of potatoes. That isn't very much compared to the work the man does all the time. But as Don Warthe (our trip facilitator) said, everything we do to help these people, even if it's only a little bit has an impact on their lives. That was definitely something to motivate me to work harder.

On day two, we husked eight bags of corn for another man. There were hundreds of cobs of corn when we were finished. The man we worked for told us that we had just done in two hours what would have taken him two and a half weeks. Well, that made me feel great. But then I looked into a back room of his house and saw at least forty more bags. Only then did I realize we had done very little compared to what this man does in a year. After lunch on day two we went zip lining. I have never been zip lining before so I was quite excited. I had so much fun I paid extra and went twice.

On day three we went on the hardest, most intense bike ride I have ever done in my entire life. I was amazed at how our guide led us sixteen kilometers across the mountains and only stopped for one water break.

The people of La Neveria were very generous and kind despite the fact that they had so little. Everyone there was very nice and tremendously hospitable. I really enjoyed my time in the mountains, especially the mountain biking. The people here in Mexico are incredible. They have nothing yet they give everything. They have so many reasons to be sad, yet they are always happy, always smiling. It really opened my eyes and made me realize how fortunate we really are. I would love to do more trips just like this one and help people around the world.

Tierra del sol – Felix Wedge-Darchen & Quinton Wastrodowski - <http://tierradelsol.org.mx/web/?lang=en>

When we went to Tierra del Sol, we had just got back from the mountain villages and arrived at a nearby town where we settled into spider infested cabins made of organic materials. We got a delightful tour of the permaculture-based compound, which consisted of a vegetable garden, dry toilets (which are exactly what they sound like), a well, the goats and chickens, the kitchen, and several organic buildings.

The next day we traveled to a nearby town and started constructing earthen ovens, were made out of mud, organic bricks, straw, a used oil barrel, rocks, and some rebar. We finished the day with a nice dip in the pond when a few of us spotted a huge cloud of smoke in the distance. Some of us dried off and went to see what it was from. We got to the edge of the field as the cloud got smaller. We waited for a second and were about to leave when suddenly the neighbour's small slash and burn farming fire became out of hand and quickly spread across the landscape toward us. Some of the adults and one teen fought the fire, and with the help of the local fire fighters we extinguished it.

The next day we went back to the nearby town and finished constructing the earth ovens. Once the ovens were finished we returned to our little slice of heaven where we left on foot to some other Zapotec ruins, which were very interesting! At Tierra del sol, which translates into "land of the sun", their whole purpose is to show people how easy it is to live and not pollute the world any more than is necessary. We learned how awesome and healthy it can be to live in a place made just from organic earth materials.



Barbara Loeppky on behalf of the members of Nelson & District Credit Union presenting Jennifer Irving of Crawford Bay School PAC-Hot Lunch Program with some funding for the program



Susan Tesoriere on behalf of the members of Nelson & District credit union presenting Gerald Panio and Daniel Wensink with funds to go towards the Quebec Exchange happening at the end of May.



Susan Tesoriere on behalf of the members of Nelson & District Credit Union presenting Lea Belcourt and Paul Hindson of Starbelly Jam Music Festival a cheque to support this year's music festival.

EASEY NEWS

Many thanks to the parents who attended the Sunday Breakfast parent series, Laura Watt facilitator, Lorinda English and Kira Dinim child care providers and cook Farley Cursons. Thanks to Nelson and District Credit Union for their support of families and young children on the East Shore.

To sign up for the Community Care First Aid course on May 11 with College of the Rockies please call Laverne at 250-227-9552- parents and volunteers may qualify for a lower rate for this course!

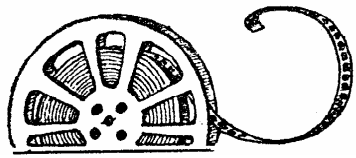
Next EASEY meeting is June 13 at Crawford Bay School Library at 3:15pm.

Please Support These Businesses!

PAC would like to thank the following businesses and artists who donated their wares to our Oaxaca-Fund silent auction - and we kindly ask that you support them as they supported us:

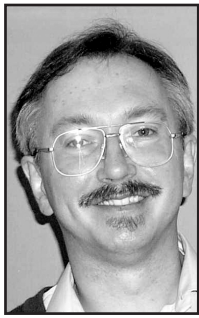
- Abacus Beads - Nelson, AFreakin' Bead Shop,
- Ainsworth Hot Springs, Alanda Greene, Ambrosia
- Chocolates, Arrowsmith Gallery, Avrell Fox Tattoos
- Nelson, Baillie Grohman Winery, Barb Loeppky
- Handwoven Brilliance, Barefoot Handweaving,
- BC Wine Guys - Nelson, Bella Flora - Nelson,
- Bibo - Nelson, Big Cranium - Nelson, Black Salt
- Café, Blanch Tanner - Breath Practitioner, Blown
- Away Glass, Blue Sky Clothing - Nelson, Bobs Bar
- And Grill, Boccilino, CBay Lunch Café, Christine
- Peel - Acupuncture, Christina Depape - Massage,
- Cindy Bonnell/Nancy Schmaus, Cowan's - Nelson,
- Crawford Bay Auto, Crawford Bay Inn, Crawford
- Bay Market, Creston Rec Center, Diane Trudel
- Artist, Digerati Computers - Nelson, Dog Patch
- Pottery, Doreen Zaiss Pottery, East Shore Auto,
- East Shore Fitness Center, Fireworks Enameling,
- Flickering Goddess, Found Salon - Nelson, Gaia
- Rising - Nelson, Gill And Gift - Balfour, Greg
- Lostracco - Guitar Teacher, Gray Creek Store, Har-
- rison Tanner - Massage, Hazel May Farms, Home
- Hardware Building Center - Nelson, Home Hard-
- ware Building Center - Creston, Howlin' Dan,
- Ingo Johnson - Slab Rock, Ink Rebels, Jayanti
- Holman - Gardening, Jem Fitness, Jessie Winter
- Painting, Karl Petteers - Pottery, Kaslo Jazz Etc,
- Kenji Fukushima - Guitar Teacher, Kokanee Cam-
- era - Nelson, Kokanee Chalets, Kokanee Springs
- Golf Course, Kolmel Jewelry - Nelson, Kootenai
- Moon - Nelson, Kootenay Bakery - Nelson, Koo-
- tenay Cobbler - Nelson, Kootenay Coop - Nelson,
- Kootenay Forge, Kootenay Gut Busters, La Gala
- Jewelry, Lea Belcourt - Yoga Teacher, Lenora Tren-
- naman, Levea Sturko, Love Of Shiva - Nelson,
- Lucky Cupcakes - Nelson, Marian Kien, Marie
- Berthaiume Pottery, Marilyn Arms, Mauz Kroker
- Pizza Master, Michael O'Connor - Astrologer,
- Michelle Angela Jewelry, Mojo's, Moonrakings
- Pottery, Morris Flowers - Creston, Mountain
- Camera, Nature's Path - Nelson, NDCU, Nel-
- son Ford, Newalta - Vancouver, Newkeys, North
- Woven Broom, Old World Bakery Balfour, Oso
- Negro - Nelson, Otter Books - Nelson, Pixie
- Candy - Nelson, Pacific Northwest - Nelson, Pre-
- served Seed - Nelson, Purple Door, Riindel Mar-
- ket, Royal Bank - Nelson, Sheila Arnott, Sacred
- Journey - Nelson, Sacred Ride - Nelson, Sapphire
- Hair Salon, Shadow Mountain Outfitters, Shamb-
- hala Music Festival, Sharlene Ryks, Sherlyne
- Green, Shirley Wyngaard, Shprixieland, Silver
- King Tofu - Nelson, Soap Stone, Stained Glass,
- Starbelly Jam, Stevie Jukes - Handwoven Brill-
- iance, Sunset Seeds - Creston, Susan Snead, Ted
- Diakiw, Ted Wallace, *The East Shore Mainstreet,*
- The Hub, Theresa Lee - Acutonics, Thor's Pizza
- Nelson, Tigz Design, Tim Horton's - Creston,
- Turlock Electrical, Vogue Studios - Nelson, Wal-
- lace Aitkens, Wal-Mart - Nelson, Wedgewood
- Manor, West Kootenay Septic, Yasodhara Ashram,
- Yellowhead Road And Bridge

**Next Deadline:
May 29, 2013**



Seldom Scene

by Gerald Panio



In his lively and opinionated romp through Hollywood's treatment of history, *The Hollywood History of the World*, British novelist George Macdonald Fraser argues that the movies have given us far more vivid windows into the past than they've been given credit for. Fraser insists that although we tend to hear a lot about how movies mangle history or deliberately distort it, there are a lot of films out there that have taken great pains to recreate the past through the conjoined efforts of historians, researchers, screenwriters, costume designers, architects, set designers, and producers who scour antique stores and museums to find just the right lamp or just the right armoire. George Fraser quotes James Thurber's sardonic comment on Cecil B. DeMille's *The Ten Commandments*: "It makes you realize what God could have done if He'd had the money," but the argument of his book is that at its best Hollywood has shown us what historians can do when they have access to Hollywood talent. Case in point: Terrence Malick's sophomore film, *Days of Heaven* (1978).

Set in 1917 in the Texas Panhandle, but actually filmed on lands belonging to a Hutterite community about an hour out of Calgary, Alberta, *Days of Heaven* shows us farm life pretty much as it was almost a century ago. Like land leviathans, massive steel-wheeled steam tractors lumber across the prairies. The great leather belts of the combines thrum. Itinerant workers ride the rails and work from dawn to dusk under spectacular prairie skies. Fires blaze and locusts devour. The imposing farmhouse of the wealthy landowner who's one of the film's four central characters isn't a façade—it's a genuine period house built for the movie from the ground up with an astonishing attention to details of materials and furnishings. One small example: "The white cloth of the curtains and sheets was washed in tea to give it the tonality of unbleached cotton, not the overbright whiteness of modern fabric." This is not Hollywood playing fast and loose with history; it's a dedication to ideals that go far beyond simple storytelling. By choosing to do location shooting in a Hutterite community, where furnishings were still handmade, food locally grown, and neither radio nor television present, director Malick could viscerally capture a way of life that mirrored the story he wished to tell. Even the wheat grown there was different than that found on modern industrial farms.

All that said, however, *Days of Heaven* is by no means a pseudo-documentary. The historical detail is in the service of a very contemporary narrative film style. If the standard way of dealing with history on film tends to be epic or novelistic, Malick's approach is lyric and poetic. This is the past in verse translation, in images rather than in sentences. This becomes obvious from the film's opening scenes in a steel mill, where a violent scene plays out with unheard dialogue in a rapid series of shots that are over before the viewer fully grasps what has gone down. For most of us, more accustomed to scenes playing out from beginning to end through a series of close-ups and longer takes, the effect is disorienting. That sense of disorientation persists throughout the film. The story has been pared down to the minimum required for us to connect with the characters. Pure dramatic economy. Even the voice-over narration is sporadic and unpredictable in

its mix of naiveté and worldly wisdom.

While the editing style of Malick's film borders on avant-garde, the plot goes back to the Old Testament. Sarah and Rebekah, the wives of Biblical patriarchs Abraham and Isaac, both ended up pretending to be their husband's sister to avoid perceived threats from the new social milieu they'd just moved into. Neither deception is particularly successful, but the results aren't tragic. In *Days of Heaven*, we have Bill (Richard Gere) practicing the same deception for the same reasons, passing his lover Abby (Brooke Adams) off as his sister. This version doesn't end so happily. Bill pushes his "sister" into marriage with a rich, terminally-ill farmer (Sam Shepherd) who's become enamoured of her after watching her working in his fields. Unlike his Old Testament counterparts, the farmer doesn't have God to warn him off before things get ugly.



Bill's also travelling with his real little sister, Linda (Linda Manz), whose Chicago-accented narration both lightens the tone and adds new levels of pathos.

Richard Gere is fine as the hot-headed drifter, but the strongest performances are those of Sam Shepherd and Brooke Adams. Shepherd is convincing in his vulnerability, Adams in conveying both gentility and survivalism. Addy's not a woman who breaks easily, if at all. Brooke Adams' face perfectly captures an essence one sometime sees in old Depression-era photos of young women on farms or in factories.

Ultimately, though, I'd say that *Days of Heaven* is a cinematographer's film rather than an actor's film. I remember seeing it when it first came out in 70mm and being stunned by its visual beauty. Director of Photography Nestor Almendros deservedly won an Academy Award for his work. In his 1984 autobiography, *A Man With a Camera*, he describes in detail the technical challenges and innovations that were unique to this film. As if Terrence Malick wasn't fortunate enough to have one brilliant cinematographer working for him,



when Almendros had to leave about three quarters of the way through filming (due to a previous contractual obligation to work on a Truffaut film) he was replaced by the equally gifted Haskell Wexler. What Almendros and Wexler didn't know about photography would probably fit on a matchbook cover.

What did they manage to achieve on Malick's film? Almendros and Wexler likely made more use of natural light here than in any movie since the days of Silent Film. They used so little artificial light that they almost had a revolt from the key grips and electricians who would haul their vans of equipment out to the site and then be told they weren't needed at all. A full day's shooting would be pre-planned and rehearsed so it could all be shot in the twenty-minute window of "magic hour" between sunset and nightfall, when prairie light and prairie skies were at their most spectacular. They pushed the envelope so far that to make use of those final bits of dying light the cameras were rolled at lower-than-normal speed and the actors requested to move more slowly. All so they could expose the film at 1/16 of a second instead of 1/50 and gain a couple of extra minutes of shooting time. Special effects were done right in the camera while shooting, rather than later on in a laboratory. It all adds up to the cinematic equivalent of a Vermeer, a Turner, or a Wyeth. Not to mention a touch of John James Audobon and the best of *National Geographic*.

Of course, it didn't hurt that the Almendros & Wexler had the use of a couple of the most sophisticated movie cameras around at the time—the relatively new Panaflex and a Paraglide steadycam prototype.

The film's music is a match for its visuals. The understated, flawless score was by the legendary

Ennio Morricone, with the addition of some gorgeous twelve-string guitar by Leo Kottke and a bonfire-lit Cajun cameo by Doug Kershaw.

If *The Ten Commandments* showed what God could do if he had the money, *Days of Heaven* showed what two of cinema's finest "masters of light" could do if they had (1) a director who knew just how far they could push the envelope and (2) a few weeks in southern Alberta. Incredibly, 20 years would go by before Terrence Malick made his next film.

(*Days of Heaven* is available at Reo's Videos in Nelson, and on Hulu online if it ever makes to Canada....sigh)

Nelson & Area Elder Abuse Prevention Resource Centre

◆ 250-352-6008

◆ preventeldRabuse@sbdemail.com

◆ www.nelsonelderabuseprevention.org

◆ Drop-in Wednesdays 12-2pm

719 Vernon Street, Nelson
Nelson and District Seniors Coordinating Society

Starbelly Celebrates Youth in Music

press release by Megan Cole

When CBC began their Spotlight Search in search of the nation's next musical sensation, no one would have known the last two standing would include Cranbrook's **The Good Ol' Goats**.

Fresh off of the Spotlight Search, The Good Ol' Goats will be bringing their brand of bluegrass alt-folk to the 2013 Starbelly Jam Music Festival this July.

The Good Ol' Goats are Nolan Ackert on lead vocals, banjo and guitar; Angust Liedtke on guitar, dobro, banjo, harmonica and vocals; Theo Moore on standup bass and backing vocals; Angus MacDonald on mandolin, backing vocals and fiddle; Joelle Winkel on shaker and baking vocals; and Julian Bueckert on drums. Using classic acoustic instruments and vocal harmonies, the Cranbrook band draws on themes heard in music by Mumford and Son's, The Head and the Heart, Edward Sharpe and the Magnetic Zeros, and The Avett Brothers.

The Good Ol' Goats are one of many exciting acts to be announced for the 2013 Starbelly Jam Music Festival. The East Kootenay folk-rockers will join the **Sierra Leone Refugee All Stars**, West Kootenay favourites, **Tofu Stravinsky**, Portland's **Shook Twins**, **Cahalen Morrisson** and **Eli West** of Seattle, Locarno, Quadra Island's one-man-band **Shane Philip**, Creston's **Tiizak Hamra**, the **Buckman Coe Band**, Nelson's **Bessie and the Back Eddies**, and the **Tipi Camp Tribute Ensemble**.

"Part of what we do at Starbelly is support and showcase great local and regional talent like The Good Ol' Goats," said artistic director Lea Belcourt. "I'm sure they'll have everyone on their feet this summer, and the fact that they are so young and will be playing our main stage is going to send an awesome message to Kootenay youth about what is possible."

Crawford Bay, B.C. is located on what is known as one of Canada's most beautiful lakes, Kootenay Lake. When travelling from the west, you get to enjoy the longest free ferry ride in the world as you make your way to the festival.

Early-bird tickets for Starbelly Jam are on sale now until May 14. The early bird rate for the adult weekend pass is \$95; \$55 for a youth weekend pass or an adult day pass; \$65 for a seniors weekend pass; a youth day pass is \$30; and a seniors day pass is \$35. There is free admission for children 12 and under.

Tickets can be purchased online at starbellyjam.org/tickets2013

For more information contact Lea Belcourt, artistic director (learae75@gmail.com)

Book Reviews

by Tom Lymbery

THE GLITTERING MOUNTAINS OF CANADA, a Record of Exploration and Pioneer Ascents in the Canadian Rockies, 1914 – 1924, by J. Monroe Thornton, publisher Rocky Mountain Books, \$29.95, 305 pages.

This was originally published in 1925 but has been completely re-edited, redesigned and includes an impressive collection of archival maps and photos. A passionate foreword by environmental writer and historian Robert William Sandford, urges readers to embrace Thornton's belief in the importance of landscape and the poetry of place.

In the years when this was written, access to the peaks required a pack train which took time to bushwhack to the sites to be climbed that season. This meant that the climbers sometimes had to forgo planned ascents because they had run out of food. Much time was taken to find the two mountains that David Douglas named Mount Brown and Mount Hooker in May 1827. Douglas reported the height of these to be between 16,000 and 17,000 feet – about 5000 feet higher than they actually are – he overestimated the elevation where he was standing. This error lingered on maps for almost 50 years, but did bring more climbers to our Rockies.

TREES OF THE NORTHWEST by J. Duane Sept, Calypso publishing, 96 pages, \$14.95

With excellent photos of leaves or needles, cones or fruit, and bark this is a super reference to carry in your backpack. Glossy pages to forestall fingerprints and pitch, and a rear cover ruler giving inches and centimeters will allow you to easily decide which species you are looking at.

THE COLLECTOR - David Douglas and the Natural History of the Northwest by Jack Nisbet, publisher Sasquatch Books, 290 pages, hardcover, \$24.95

Jack Nisbet is the author of Sources of the River about David Thompson, when he was looking for the Columbia River, finding instead a river flowing north and the Kootenay flowing south when he established a fort at Invermere in 1811 – a book I can pick up and re-read at any time. Again in The Collector Nisbet has done most extensive research and now writes a fascinating report of David Douglas, for whom the Douglas Fir is named.

Nisbet is a great storyteller and has produced a modern biography of David Douglas whose botanizing collected uncounted numbers of seeds, plants, mosses and grasses that he sent back to England. First cultivated in Kew Gardens and other nurseries, many of these, such as a red blooming currant, became popular in gardens. He found so many new species that many carry his name douglasi.

This naturalist-gardener-explorer covered much ground along the Columbia River, penetrating into what is now the state of Oregon in search of the Sugar Pine, a large tree that has 18" long cones containing edible seeds. He was able to get along with the native people, conversing in Chinook, although in the next valley he would find a different dialect that even his guide couldn't understand.

He spent time at fort Colville and Kettle Falls – in fact he travelled so much country that folklore credits him with finding the Bluebell ore at Riondel. There is no record that he actually came to our lake, but who can argue with supposition?

A few years later he was looking for flora and fauna in the big island of Hawaii when he somehow stumbled into a pit that had been dug to trap wild cattle and was killed by a bullock already in the pit. An ignominious end to a fabulous collector.

Creativity, Community, Conscience

Riondel Community Library

by Muriel Crowe

Our open house will have come and gone by the time this is published, I hope you were all able to attend and that you enjoyed yourselves. I'm looking forward to the readings and all of the other events going on as we are joined by the arts club, the quilters and many other talented people. We can all thank Wendy Miller for being the live wire that got this event happening.

We have a new batch of DVD's in the library, all from BBC Canada, and from other sources some new books for children and adults. The DVD's arrived as large combos which we have divided into single story packages. I admit to being the world's worst shopper and was quite delighted to find that there are cases made to hold DVD's in almost any combination. A huge bonus for me was being able to order them on line so no need to go near a store. The only shopping I enjoy is buying books, especially with the library's money.

I think we are all looking forward to or at least hoping for some warm weather and enjoying the outdoors. If gardening is your pleasure we have many books to advise and encourage. Golf, fishing or hiking and off road exploring we have books for those activities too. If you just want to relax, come borrow some books, hang your hammock and do it.

**Next Deadline:
May 29, 2013**



AREA "A" EDC Economic Development Commission

\$18,000 is available for projects for Area A (East Shore) relevant to the promotion of economic development. Applicant groups must be a registered society or apply to a registered society to sponsor the application and handle the funds.

Community Connections (aka South Kootenay Lake Community Services Society, SKLCSS) is a registered society that may sponsor your application.

email skootenaylakecss@gmail.com

or phone 250-354-2951

or visit Community Connections office at Crawford Bay School, Weds. 1- 4

**2013 application deadlines:
May 31, Oct 31**

Approval/funding lag time 6 to 8 weeks
An application form can be printed from the RDCK website following this path, or filled out online and emailed:

<http://www.rdck.bc.ca/corporate/grants/electoral_area_a_economic_development_grant.html>

For more information and assistance, email EDC Chair lornarobin@bluebell.ca
Or call 250-225-3333. All meetings are open to the public, call for meeting dates.

Visit InvestKootenay.com

A free service for you to list your business for sale and view investment opportunities

Tom Sez

by Tom Lymbery

There will be no more frost when the bracken fiddleheads are fully open. Please don't try eating even fully curled B C fiddleheads – bracken isn't a real fiddlehead. Cows or horses that eat bracken will die. However they will only eat this if there is no hay or grass available.

There are some roadside daffodils – how about planting more? We are so fortunate to have many roadside wildflowers but daffodils come early. Forget about tulips – the deer will get them.

CAULKS - pronounced CORKS are much sharper than golf spikes. They are used by loggers and those who wish to walk safely on slippery logs. We bought the entire stock from Gaults Ltd. dry goods suppliers, when they went out of business after 110 years

The Feb –March edition of *Canada's History* magazine has an article about the Sons of Freedom terrorizing B.C. in the 1960s which summarizes those problem years quite well. However the author Larry Hannant, states that nine Freedomites received 15 year sentences for the power line bombing – but some records I have read (including *The Span*) say that no one was convicted for putting the line in the lake.

Thanks to Yellowhead Road and Bridge for brushing the roadsides before the lupines are up.

There are far fewer beer cans along the highway this spring, I thought perhaps the drinkers had more eco care, but I think the credit must go to Willy Andrusiak who is doing a good pick up job.

You may see almost no goslings or ducklings this year – if the ravens don't get the eggs they will seize the young birds. The smartest robins build their nest under building overhangs where they are safe from those ravenous ravens.

The Canadian Pacific Railway's annual report demonstrates how metric free all the railways are – all measurements are listed in miles, tons, or gallons. Not only does the CPR own rail lines in the US, but the interchange of traffic prevents any metrification.

Pacific Coastal Air has resumed summer schedules with three daily flights Trail to Vancouver – the quality alternative to Cancelgar. One daily flight for Vancouver leaves at 6.30 pm – this is later in the day than any other flight out of this area.

Norway has the longest road tunnel in the world – nearly 16 miles, between Oslo and Bergen, built since Sharon and I visited Bergen (only rail or ship access then) The new two lane tunnel is so long that it has wider areas with sunset style lighting so that drivers can stop and recuperate.

Gray Creek Pass Report

by Tom Lymbery

Supporting Greg Garbula at the polls could help improvement of the pass. He is the only candidate who knows how important the pass and the Trans Canada Trail is to tourism.

While we had less snow than usual, as yet I haven't been able to find out the depth at the summit. What's happened to the \$25,000 annually that the Ministry of Highways promised to help maintain the pass in 1990? In the earlier maintenance years that long lasting snow bank just below the 6800 foot summit would be plowed, allowing the road to be open two weeks earlier.

Something to Ponder

by Pastor Bill Gooding

JESUS... An anonymous writer captures this truth brilliantly in a writing called *One Solitary Life*.

'He was born in an obscure village, the child of a peasant woman.

He grew up in still another village, where he worked in a carpenter's shop until he was thirty. Then for three years he was an itinerant preacher.

He never wrote a book. He never held an office. He never had a family or owned a house. He did not go to college. He never visited a big city. He never travelled two hundred miles from the place where he was born. He did none of the things one usually associates with greatness.

He had no credentials but himself.

He was only thirty-three when the tide of public opinion turned against him. His friends ran away. He was turned over to his enemies and went through the mockery of a trial. He was nailed to a cross between 2 thieves. While he was dying, his executioners gambled for his clothing, the only property he had on earth. When he was dead, he was laid in a borrowed grave through the pity of a friend.

Nineteen centuries have come and gone, and today he remains the central figure of the human race, and the leader of all man's progress. All the armies that have ever marched, all the navies that ever sailed, all parliaments that ever sat, all the kings that ever reigned put together, have not affected the life of man on this planet so much as that one solitary life.'

Christianity is about Him - Jesus. History itself compellingly reveals Jesus through the years. When we talk about historical events before Jesus we say such a year B.C. BC means Before Christ. Events afterwards are in the year A.D. AD.....means Anno Domini 'The Year of our Lord.'

Jesus has impacted lives from everywhere. David Livingstone tromping through the jungles of Africa stated that the 'risen Jesus walked beside him each and every step of the way.' You have heard of Mother Theresa and her care for the

terminally ill. Others, too many to name, who for the love of Jesus spent their lives taking care of the poor, the needy, the starving, the sufferers of leprosy. People like William Wilberforce taking on entrenched evil in the form of slavery in the British Empire, and it was abolished changing untold millions of lives. Why? Because of 2 Corinthians 5:19: *God was in Christ reconciling the world to Himself, not imputing their transgressions to them and verse 21, which still staggers me, For He made Him who knew no sin to be sin for us, that we might become the righteousness of God in Him.* And that is very good news indeed. FORGIVEN - there is no greater gift. Jesus Christ gave their lives for them and they in turn gave their lives for others.

Jesus Christ's impact is felt today in our world. Over thirty thousand Chinese give their lives to Jesus every day. And by conservative estimates there are over 120,000 people worldwide who embrace the truth of Jesus as Savior and Lord every day.

Well, as I've said before we all know that we have blown it many times. We are transgressors. We know it, and our conscience tells us so. But we cannot deal with it. So we suppress it. We occupy our minds with everything from books, to sports to cooking to TV and the list is almost infinite. We may try some other religious experience, and yet deep down we sense that there is a day of reckoning. And I know this because I have been there. I loved sports, politics, travel and a great many other things. They filled my life and my time. But try as I might, I knew something was missing. Satisfaction eluded me. There was a deep inner restlessness that is hard to express, but perhaps some of you will know of what I speak. And then one day many years ago, before a Good Friday, I watched Franco Zeffereilli's film *Jesus of Nazareth*. Then came the scene, where Jesus is graphically nailed to the cross, and I finally understood that my sins and transgressions were the nails that pierced Jesus and crucified Him. It was unexpected, and this truth seared my heart. I then knew Jesus had died for me. I wept. And then this indescribable peace came over me and I knew I was forgiven. My journey then began.

When I pastored the Mustard Seed, I can recall a person who is now a friend and brother in Jesus. He was a man who carried with him a great burden which was weighing

him down. He faced me with a deep sadness and shed many tears. He had blown it significantly with his family. It actually tormented him as he felt that there was nowhere to go, no hope at all for the future. After awhile I gently said, "Go out of the office to the sanctuary and look up at the cross. And make a choice. Either walk away and go out the door still carrying all that baggage, or drop them at the foot of the cross and walk away empty handed and forgiven. I did not see him for a few days but when I did, he walked erect, his face shone and there was a broad smile. He came over and said one word: "Forgiven."

Forgiven! And that is why we call the gospel "good news." One psychiatrist in Great Britain said, "You could almost empty every institute for the mentally ill, if the residents knew that they were forgiven." There is no higher high than knowing one is forgiven. One can only experience it through Jesus Christ.

Now there are those in our world who will often say that Jesus was a great teacher. But listen again to C. S. Lewis: "I am trying to prevent anyone saying the really foolish thing that people often say 'I am ready to accept Jesus as a great moral teacher, but I do not accept his claim to be God.' But that is the one thing we must not say. A man who was merely a man and said the sort of things Jesus said would not be a great moral teacher. He would either be a lunatic - on a level with the man who says he is a poached egg - or else he would be the Devil of Hell. You must make your choice. Either this man was and is, the Son of God: or else a madman or something worse."

Lewis adds, "You can shut Him up for a fool, you can spit at Him and kill Him as a demon; or you can fall at His feet and call Him Lord and God. But let us not come up with any patronizing nonsense about His being a great human teacher. He has not left that open to us. He did not intend to."

So liar and lunatic, or LORD and GOD. We cannot straddle the fence here. To make no decision at all is to make a decision. And reality is this... we all have been given a choice. I have made my choice. We gaze with wonder at the cross, marveling at Jesus taking our place, bearing our sins, our transgressions and stagger at the enormity of the reality of being "FORGIVEN."

The church is not a church for people who have it all together. We will all admit that we haven't. We are in essence a hospital. We are a place where the broken, the hurting, the questioning, the doubting come and are welcomed. Yes, we are redeemed by Jesus' death for us on a cross, yet we are all on different stages of a journey in discovering and knowing our God. Words fail me here, but there is nothing like this journey. It is indeed an adventure - difficult, even troubling at times. But the reality of the risen Jesus actually living in us and conforming us to His likeness is a journey like no other.

So the invitation is extended again. Come join us, and we will walk together in the discovery of our God. John 3:16,17: *For God so loved the world that He gave His only Son, so that everyone who believes in Him will not perish but have eternal life. God did not send His Son into the world to condemn the world, but that the world through Him might be saved.*

These are people who appreciate sunny, normal days and do everything they can to make sure they stay that way - especially when a century old tradition is threatened. And there's plenty of room for tradition in a city that's been around since the 17th Century.

We do not live in a big city; in fact our communities are about as far removed from Boston as they can possibly be. Our populations combined would probably fit into the Boston City Hall. That does not mean that we do not have shared values. In times of crisis there are threads that bind; hands that reach out; thoughts and prayers that find their way across boundaries and give strength to those who need them most.

Perhaps tragedy and devastation a continent away and the strength and determination of all those who made up the community of Boston on that day and during the following week bring the peace and beauty of our own surroundings into focus and we are encouraged to pay attention to our own community; our neighbours; our grandchildren; the elderly person we meet on the street - on the ferry - in the doctor's waiting room; in short, reach out and savour every aspect of our own sunny days. Look around. It's worth the effort.

time at some point before the Boston event. Ages 18 - 34 would have to complete the course in less than 3 hours and 5 minutes - upper 70's would be allowed 4 hours, 40 minutes - 5 hours, 10 minutes for a woman of 70ish. Think you could do it?

The idea began in 1897 with eighteen participants and no women; in fact women were not officially allowed to compete until (astonishingly) 1972.

We all know by now that on that sunny Boston morning, 20,000 people ran through the normal, happy day into a nightmare of devastation. Anyone watching the race on TV will remember the image of a grey-haired man knocked off his feet by the force of the first bomb blast - he lay on his back on the road, bewildered, looking to the police beside him who were already pulling out their firearms. By that time, many had crossed the finish line and joined others to watch the race - the race that would not complete.

The rest of the day - the rest of the week will be remembered not as it should have been - simply another Boston Marathon with winners, photos, parties and memories, but this marathon would be a record left by two non-participants - two young men, brothers and the subjects of an intense man-hunt. They became the perpetrators of death, dismemberment, psychological and physical wounds that will be long-lasting. Two men who managed to switch off the anticipation, the excitement and worst of all, the achievement of a race well run and complete along with the companionship of other athletes and friends.

What happened in Boston on that day and later in Watertown that week, was an example of two extremes: on one hand two men at some point in the last year or so had been indoctrinated into the art of committing an act of terror. In order to accomplish this a person has to believe fully in the process of killing to prove a point. On the other hand we saw on that day and throughout that week the proof of the rule of law accepted and carried out - not only by law-enforcers but acknowledged by ordinary citizens - citizens who endured and understood the lock down of an entire city and who did what they could, when they could to assist. This included climbing a ladder propped against a blood-spattered boat to see who - if anyone was inside.



pebbles by Wendy Scott A Peaceful, Sunny Day

My skin is very thin. And by that, I do not mean, poke me and I will scream or cry - no I mean literally, my skin is very thin. And that is

why I'm on the ferry this Monday morning on my way to the Nelson Walk-In-Clinic.

A simple scrape had resulted in reason enough to warrant a trip to town and an opportunity to watch, again, the changing faces of Kootenay Lake. No matter the season or time of day, the lake fascinates from slight ripple to stormy chop; from the double depth of mountain tops on sunny glass to the full moon's face above, and in deep indigo mirrored below.

Today begins with sunshine. There are small boats festooned with fishing rods; one or two sailboats move in an almost imperceptible breeze; busy Canada geese; gulls - only a few, and the first swallows of spring.

On the upper deck, a grandpa plays with his giggling, active grandson whose young legs have already slowed grandpa considerably.

It was a peaceful, sunny day, and most important to remember, it was a normal day. Early this morning, about six o'clock Kootenay time while most of us were still catching those nice few extra minutes, thousands of runners - over 20,000 -- were gathered in Boston where it was also a sunny, normal day - all ready to begin what for many was a tradition. Twenty-six miles - about 40 km, or the distance between Nelson and Castlegar - they would run, they would walk, some would "drive" their wheelchairs or swing their way on crutches; there were amputees, and elderly, but in order to officially qualify for the first 20,000 running spots a person needed to be over eighteen and complete an official 26 mile marathon under a set

In Loving Memory Of

STEVEN B. BRANDSTETTER

Passed Away April 16th, 2013

Age 55 years

Residence Crawford Bay, BC

Celebration of Life Gathering
was held on

Saturday, April 27th, 2013

From 1:00 – 3:00 p.m.

Kokanee Springs Golf Course

Crawford Bay, BC

Cremation

Any friends wishing to make a memorial contribution may do so to

P.A.W.S.

2805 Lower Wynnndel Rd.

Creston, BC V0B 1G8

*Funeral Notices are now available to view at
www.crestonbc.com*

Dave Melvin

by Wendy Scott

A steady, resonant beat reverberates for blocks – it comes from the big tuba and those Salvation Army marching feet. But the lighter, more exciting sound is the clear, true notes of a well played trumpet. It's not surprising that the young man who played that horn and believed in the dedication, generosity, faith, and perseverance of the Salvation Army would become a business man and a traveling salesman: a man with a route to follow and deliveries to make: a happy man with memorable smile.

Before all this when Dave was not yet in his teens, war broke out in Europe. At the tender age of eleven, he could hardly take part, but by the time Dave was fifteen years old, he was quite determined to follow his dream and join the navy. Somehow he managed to do just that. Dave served with the Royal Canadian Navy and this first step in his early pre-adult years became the path that would lead him to life-long happiness.

When Dave's ship sailed into Victoria Harbour, Millie Chambers stepped into the life of that young, smiling sailor. In 1949, when Dave was twenty-one years old, the young couple were married and moved to Stettler, Alberta. Millie and Dave raised a family, opened and ran Mel's Shoes and after twenty-five years with their successful business, they sold the shoe store and Dave took a sales position with Westward Parts. Millie traveled with Dave through British Columbia and Alberta as he delivered farming and agricultural supplies as well as car parts and transmission products.

After many long, winding roads, a few ideas and suggestions from friends, and perhaps some unexpected turns, Millie and Dave found Riondel and decided it would be a nice place to spend some time. As happens when people manage to find a town that fits, it's not long before neighbours become friends, and as the new arrivals reach out into the community, this new place becomes home.

Now after a long, happy and successful life, Dave, like that old Salvation Army Hymn, is marching onward: treading where the saints have trod. And perhaps somewhere in that heavenly realm there will be a trumpet for him and he will make music with a heavenly marching band.

*And the night shall be filled with music,
And the cares that infest the day
Shall fold their tents like the Arabs
And as silently steal away.*

Henry Wadsworth Longfellow

Yoga w/ Lea:

Mon: All levels, 9-10:30am, Comm. Crnr.

Thurs: All levels, 9:30-11am, Boswell Hall

Available for booking group Laughter Yoga sessions for parties & private functions.

More info: 250.227.9030

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- **Planning a wedding?**
- **Holding a meeting?**

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Nelson & Area Elder Abuse Prevention Resource Centre

◆ 250-352-6008

◆ preventeldRabuse@sbdemail.com

◆ www.nelsonelderabuseprevention.org

◆ Drop-in Wednesdays 12-2pm

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Elisabeth

by Wendy Scott

*In childhood's long night, both dim and dark
there are small twinkling lights that burn bright
like traces memory's left there as sparks
while the heart freezes so and takes flight.*

Tove Ditlevsen

She was the young girl who knew about the extras in their house. She knew there was something special under their big carpet; perhaps it was another rug, but she never looked. She knew there was silver, china, linen, and even paintings somewhere in the house; somewhere where no one would think to look. But these were all things best forgotten. So in Elisabeth's mind there were blank spaces, just in case anyone was to ask.

Elisabeth was also the young teen who knew about the secret, silent boat with the secret silent man who only rowed the boat on those few winter nights when no moon shone and the face of the sea was rough enough to confuse anyone trying to watch.

Elisabeth may not have known about the other dark, silent vessels – fish boats, sail boats, kayaks, even "empty" freight cars that were all part of the mass evacuation of 8000 Danish Jews from Denmark to the relative safety of Sweden – a neutral country during those devastating years of World War II.

Like her Danish homeland, Elisabeth was strong and resilient and when she made up her mind, there was no turning away, no taking an easier route. She came to Canada, completed the courses that would qualify her to teach physical education. She had rented a house on Cadborra Bay Road and was very pleased to find a position – just up the hill -- at the University of Victoria.

Life was good until her landlord informed her that the house – and the property – had been sold to a developer. This was not good and Elisabeth was not in a position to re-locate. The landlord gave her an option. He indicated that although the house had to go, no one was saying where or how it was to be removed, and if Elisabeth was able somehow to find a piece of property, well then she was perfectly welcome to take along the house.

And that is exactly what she did. The house was trundled uphill – just a few blocks, to rest eventually behind a garden gate and be surrounded by Elisabeth's carefully planned garden. The house and the garden would be tended and cared for by Elisabeth and her husband, Lorne. Lorne's exceptional artwork would adorn the walls. Two daughters would grow up amongst the laughter and tears of a happy family and would, in turn, bring grandchildren into Lorne and Elisabeth's lives.

And now, Elisabeth, like the secret, silent rower, has slipped away quietly, to embark on another journey. There's no turning back, no easier route, but she travels couched by the abundant love of her family. And she left behind her words which will remain for a very long time: *Jeg elsker dig....I love you.*

Elisabeth Loomer

Next Deadline: May 29, 2013

Remembrance Garden

by Wendy Scott

The year was 2002. The Kootenay snow was slick and slippery. The memorial service commemorated the life of a dedicated doctor who had lived in Riondel for twenty years. Until her tragic death on that snowy February day, Dr. M. Frances Savory had tended to the health of residents and visitors in all the East Shore communities from south of Boswell all the way to the end of Riondel's North Road.

It was May 5, 2003 when the dedication ceremony took place. This event culminated from that memorial service where a promise was made and a search undertaken; there was discovery, decision, many volunteers, and the acceptance and belief in an idea.

The garden began with one bench and memorial

plaques for Dr. Savory and her husband, Ben Gough Azmier. The Eastshore Garden of Remembrance now has five benches with fifty-eight memorial plaques either installed or waiting for the construction of a new bench requested with a generous donation by the Poch family.

The East Shore is a collection of small communities. Over the years, countless numbers have passed through, many have stayed. It is a place of memories. Some are sad, many happy, and all poignant.

The garden would not have happened without the support of so many who have volunteered their time and expertise and who have believed in the idea and placed memorial plaques.

This is an ongoing project and we appreciate input, thoughts, ideas.

Many thanks. Here's the info numbers:

Plaques: wmescott@gmail.com - 225-3381 (Wendy)

Shrubs: mcrowe@bluebell.ca 225-3570 (Muriel)

May 2013 Mainstreet 17

SERVICES DIRECTORY

The Service Directory is a great way to have your business listed as a reference for those shopping for a particular professional service. Keep your phone number handy and your message clear.

AUTOMOTIVE/MARINE

EASTSHORE AUTOMOTIVE - Service & Repair 250-227-9370
NORTHSTAR CRESTON - 1-800-551-9351. Full service 8-bay shop featuring Goodwrench Service - \$41.95, genuine GM & AC Delco parts. Full line of major tire brands featuring: BF Goodrich, Michelin, Uniroyal, Hankook, Goodyear and Firestone brands.

BUSINESS SERVICES

MUTUAL FIRE INSURANCE of B.C. Quotes on Homes, Mobiles, Farms & Tenants. Seniors discounts at 55. Home Protection; No Claim; New Home. ph/fax 250-428-7937, broker Virginia Harder.

CONSTRUCTION/CONTRACTORS/TRADES

HULLAND AND LARSEN CONSTRUCTION - experienced residential construction & custom finish work. 250.551.2915 or 250.505.3570. (see ad in contractor section)

JB (JUERGEN BAETZEL) CONSTRUCTION: Over 15 years experience, strong work ethic. Foundations to Finish (concrete, framing, roofing, drywall, siding, flooring, finish, carpentry, tile setting, some plumbing & wiring knowledge) 250.227.9246 or 250.551.7697.

MARK JOHNSTON CONSTRUCTION LTD. Ph: 250-227-9583, email: markjohnstonconstruction@gmail.com

MATTHEW SMITH BUILDER - Trained/Certified Heritage Restoration and Conservation. Carpentry and woodworking services. matthew.smith.builder@gmail.com or 250-505-2305.

THE GREEN MACHINE - Excavation, Landscaping, Installation of Waterlines. Ph.: 250.225.3485

TURLOCK ELECTRICAL CONTRACTING LTD. (See colour ad in this issue for more information.) 250-227-9688 or 250-551-4671

PERSONAL CARE/HEALTH

A TOUCH OF ALOHA MASSAGE - (Leeza Trione) will be at Kokanee Springs Resort, offering Hawaiian Lomi-Lomi, Deep Tissue, Sports, Shiatsu, Reflexology, Cranio-Sacral. 13 years experience. Local rates available. Call 250.227.9226.

ACUPUNCTURE - Christine Peel R.Ac. 16210 hwy 3A Unit 9, Crawford Bay Motel. For an appointment please call 250-505-8130.

ACUTONICS - vibrational healing with tuning forks, practitioner available. For appointments call Theresa Lee 225-3518/cell:505-4706

ALEXIS PHILLIPS, M.A., R.C.C. - Registered Clinical Counsellor specializing in complex trauma, relationship issues, grief & loss, anxiety & depression. Apptmnt/consultation, call 250-509-0368.

BLANCHE TANNER - Breath Practitioner, (Family Constellation) Heart-Centred Therapy (Meditation), Healing Emotional, Physical & Sexual Abuse, Addictions, Relationships, Anxiety, Depression. 227-6877

COUNSELLING & SUPPORT SERVICES: Free and Confidential for children, adults and families. Services include: Adult Mental Health and Addictions; Child Youth Mental Health; & Family Support. Call 1-866-774-5324 (toll-free) or 250-353-7691. North Kootenay Lake Community Services Society.

FINGERPRINTS AND HAND ANALYSIS - P. Danielle Tonossi IHA. Discover your Life Purpose and what it takes to live it fully or host a Self-Discovery Hand Reading Circle. My expertise is at your service - 250-227-9478. Info: www.crystalgardenspirit.com

FIRST CONTACT EAST SHORE MIDWIFERY - Sylke Plaumann, registered midwife. 250-227-6846.

REGISTERED HERBAL THERAPIST, MASTER HERBALIST - Maya Skalinska, M.H., R.H.T. Iridology, Tongue & Pulse analysis, Nutritional consultations, individual herbal remedies, Flower Essence consultations & remedies. For appointments, please call 250-225-3493.

REGISTERED MASSAGE THERAPIST: Harreson Tanner - Over 30 years clinical experience. Treatment of Lumbo/Sacral Strain, Whip Lash, Frozen Shoulder, Migranes/Headaches, TMJ problems, & Stress. No doct referral req'd. Call: 227-6877/cell: 505-6166.

SAPPHIRE HAIR SALON: Kate Page, hairdresser and proprietress. 16210 Hwy 3A (Crawford Bay Motel) Unit 9. Call to book an appointment: 250.505.6950.

SUSAN SNEAD - Astrological Counseling, Foot Reflexology, Traditional and Ayurvedic Massages. Call 250.225.3520.

WELLNESS AND MASSAGE FOR WOMEN - Geraldine Alter and Pierre Blanc, European professional therapists, over 15 years of practice. Reflexology, deep tissue (European method), spine massage with specific oil, relaxing massage, Reiki, hot and cold stone therapeutic massage. 250-227-9890

RESTAURANTS

CRAWFORD BAY HALL & COMMUNITY CORNER BUILDING - available for community events, wedding receptions, workshops etc. Non-smoking facilities. Call Kathy, 227-9205.

MAXX & NAMBI'S KITCHEN - Open Sundays, 9 to noon with full breakfast menu. Hwy 3A in Crawford Bay. 227-6854.

NEWKEY'S PLACE - Hwy 3A in Crawford Bay, licensed area. Open 10 am til close Monday to Sunday. Food Specials all day. 227-6911.

ROCKWOOD CAFÉ - Authentic Chinese food, great pizzas and perfect burgers. Open Tues - Sun. Hwy 3A Gray Creek. 227-6840.

YARD/LANDSCAPING/SITE PREP

TREE SERVICE, RESIDENTIAL - Limbing, Pruning, Topping, Falling. Danger Tree Assessments, Free Estimates. Fully Insured. Please Call James Linn at 250 225 3388

STEEL WHEELS - We dig. Registered on-site wastewater practitioner. Dave Hough - 227-9646.

The PAC Box

Your Parent Advisory Council is working hard as a liaison between school and families and would like to take a moment to let you know about what's going on...

PAC MEETING: Our next PAC meeting will be held on **TUESDAY May 7 at 7pm** in the school library. All parents & guardians are welcome! Call Erin (227-6848) or email namaskar@theeastshore.net to be put on the agenda.

HOT LUNCH PROGRAM: We are looking for people who want to grow food for the Hot Lunch Program. We are focusing on bringing in substantially more locally-sourced and grown food products. Please see Chef Lee's article in this issue for more info. Thank you!

CLASSIFIED SECTION

BUS. ANNOUNCEMENTS

Sirdar General Store: A unique place to shop on Duck Lake. 2013/14 Angling Licenses & Tags, Hunting Licences & CVWMA Permits for Fishing & Hunting, Regulations. Fishing Tackle, Post Office--Stamps. Groceries, Island Farms Milk products, Ice Cream Treats, Pop, Juices, Water Chocolate & Energy Bars, Chips & Nuts. Creston Valley Bakery--bread, buns & pastry. Local Crafts -- Bird Houses, Souvenirs, Greeting Cards. 8050 Hwy 3A Sirdar, BC 250-866-5570. Happy Mother's Day.

Insurance Certification requires professional chimney installation - we are the Pro's - Gray Creek Store, 250.227.9315

BUSINESS SERVICES

Fax service, photocopies, (with no PST/GST) Tom Lymbery - Notary Public, 250-227-9315, fax 227-9449, 250.227.9448 for Notary Public.

EVENTS/WORKSHOPS

Come and dance at the Kootenay Lake Lions Club Spring Dance: Music of the 50's, 60's, 70's, and Country Rock. Saturday May 4 from 6pm to 11pm at NEWKEY'S Pub. Tickets \$15 ea incl appetizers available from Steve Mills @ 227-9061, Pam Spicers @ Newkey's or other Lions Club Members. There are a limited number of tickets so get yours soon!

Mother's Day PLANT SALE. Crawford Bay Hall, 18 Mainstreet May 2013

Sunday May 12th 10-1. bring all of your cuttings, transplants, starts, repotted house plants... all things greenish and plantish. also in the works is a small flea-market. if you require assistance call Jacqueline Wedge @ 227-6803. this is a Food Roots branch. haha get it? branch. (ps hug your mother).

The East Shore's very own - SUMMER MUSIC and ART CAMP! July 15, 16, 17, 18 & 19 2013, for adults and children of all ages. For the week leading up to our wonderful Starbelly Jam music fest, we are offering a fun-filled week of activities in many disciplines, including fiddle (beginner and advanced), guitar, marimbas, ukulele, percussion, voice, dance, painting, life-drawing, collage, fibre, yoga, and more. Week rates, day rates, and drop-in fee options available. Several workshops are happening simultaneously, days are packed-full of activities! Registration is recommended, starting in May, please contact Lorna Robin @ 225-3333 or Jacqueline Wedge @ 227-6803 to do so. Watch for posters, ads, articles, and e-mail info coming soon.

MISC FOR SALE

Industrial 3 bay fridge. 75 cu. ft., 1/2 hp motor. Gray Creek Store. 250-227-9315.

MOVING/ESTATE SALES

HUGE MOVING SALE: MAY 18 19, SELKIRK ROAD CRAWFORD BAY: Lots of furniture, yard, gardening,

household, wine and golf equipment Must come! Cheap prices! Something for everyone. BRING YOUR TRUCK! YOU'LL NEED IT.

NOTICES

Penny Drive - Bring all your pennies to the Forge & Furnace Gallery in Crawford Bay (aka Kootenay Forge downtown) and we will not only turn them into works of art, we will donate double their value to help local children attend the Summer Art and Music Camp in July. Need more info? 250-227-9467

Nelson Parkade - offers easy downtown parking. Just one dollar per hour or four dollars per day. Next door to the Hume Hotel on Vernon Street. We accept credit Cards. Call for weekly or monthly rates. 250.354.8834

RENTALS/REAL EST.

For Rent: We are a Co-op living situation in which 3 creative and responsible individuals are looking for 2 more compatible house mates at Tara Shanti Lodge in Kootenay Bay. It's a shared accommodation with responsibilities and has ample bathrooms for \$400 per tenant/mth, this includes Hydro. Ph: 403-863-6848.

May 29, 2013 Next Deadline



Gray Creek landmark, the Lakeview sign, has been recently reserected to its proper location with the help of many hands. The sign was taken out by a truck in an accident.

Photo: Julia Kinder

Small business accounts for 98% of all business in B.C.

You may have a hobby or skill that with a bit of help could turn into a viable business. If you want to explore this more, call us for a free appointment.

The Self Employment Program offers income benefits for up to 52 weeks as well as business management training & counseling for qualifying entrepreneurs.

Call Erika at 250-254-1967 to book a free appointment in Crawford Bay... www.futures.bc.ca



Growing communities one idea at a time.

BULLETIN BOARD

Community Notices, Thank You's, Not-For-Profit Announcements (all not related to business), Church Calendar & Meeting Places - free on the Bulletin Board.

CHILD HEALTH CLINIC, ADULT IMMUNIZATIONS, PUBLIC HEALTH NURSE

Will be at the East Shore Health Centre monthly.
For further information, call Creston Health Unit at 250-428-3873.

EAST SHORE COMMUNITY HEALTH CENTRE Call 227-9006

See calendar for doctor days - Doctor hours are
from 9:30am to 4:30 pm. Please call 227-9006.
Interior Health Authority, Community Care Nursing
and Home Support Services - 250-352-1433.

PHYSICIAN COVERAGE FOR May 2013

**Note: Please call to cancel if you can not make your
appointment. We always have a wait list for patients
needing to get an appointment.**

May 1, Wednesday - Dr Moulson
May 2, Thursday - Dr Grymonpre
May 7, Tuesday - Dr Grymonpre
May 8, Wednesday - Dr Moulson
May 9, Thursday - Dr Grymonpre
May 14, Tuesday - Dr Grymonpre
May 15, Wednesday - Dr Moulson
May 16, Thursday - Dr Grymonpre
May 21, Tuesday - Dr Grymonpre
May 22, Wednesday - Dr Moulson
May 23, Thursday - Dr Lee
May 28, Tuesday - Dr Grymonpre
May 29, Wednesday - Dr Moulson
May 30, Thursday - Dr Lee

**Please Note: Lab hours 7:30 - 10:30, Weds Mornings.
Call to make appointments at 227-9006
on doctor days and Thursday morning.
Tuesday, Wednesday and Thursday (8:30 to 12:30)
Phone: 250-227-9006 Fax : 250-227-9017**

WEEKLY EVENTS AT BOSWELL HALL:

*Some activities have been completed for this
spring and will begin again in the fall (line
dancing and carpet bowling also bridge)*

- Hiking groups schedule is: May 1 - Pilot Bay, May 8 - Williams Falls, May 16 - Loon Lake, May 22 - Cactus Walk, May 29 - Powder Creek.
Contact Melody Farmer: 223-8443
- BADEV - Contact Rod Stewart 223-8089
- Boswell Book Club - Last meeting in June. Contact Melody Farmer, 223-8443
- Boswell Ladies Club - Contact Jean Stewart 223-8089
- Boswell nifty Needles Quilt Club, meets at 2 on 3rd Tuesday, April-Oct. Diane Schaub 223-8273
- Tone and Trim Fitness - Mon and Fri 9 am
Contact Darlene Knudson 223-8005
- Yoga with Lea - Thursday 9:30 to 11 am, \$6 a class
- Contact Marilyn Arms 223-8058

SPECIAL EVENTS AT BOSWELL HALL:

1. Boswell Hall Annual Plant Sale will be held May 11 at 10AM at the Hall. There will be tables of local artisans' works, a bake sale, and lunch is available. Doors open at 10AM

2. Boswell Farmers' Institute Fundraiser Silent Auction and Steak Dinner will be held May 4, 6pm at Boswell Hall. Monies raised will go towards replacing the Boswell breakwater and boat launch. The dinner will start with shrimp cocktail followed by a barbecued steak dinner with all the fixings and a tasty dessert. The ticket price is \$20 per adult and \$10 for children under ten years of age. Only 120 tickets will be sold. Tickets are available at the Boswell Post Office, Gray Creek Store, Wynndel Store, Mawson's Sports and the Destiny Bay Store. An evening of good food and fun will include door prizes, raffles, and a silent auction featuring items donated by local artisans and businesses. Donations to the silent auction should be submitted to Marilyn Arms (250 223-8058) by April 29. For further information, contact Bob Arms 250 223-8058.

WOMEN'S SOCCER

Women's soccer (16+) starts in May at 5:30 pm on Fridays.
Call Kate Page at (250)225- 3390 or (250)505-6950

RIONDEL YOUTH FAMILY FUN NIGHTS

Family Fun Nights are moving to the Crawford Bay School on Tuesdays 3-5 pm. Starting April 2. Hope to see you all there!
Watch for information about our Friday Family Fun Nights.

EAST SHORE HOSPICE

East Shore Hospice provides practical, emotional and spiritual support to individuals and their loved ones through the stages of dying, death and bereavement. Hospice palliative care aims to make the last months of life comfortable, peaceful and dignified for patients and their caregivers by providing care, support, respite and advocacy. Our office and lending library are located at the East Shore Health Centre. For information or an appointment, please call Ali George (East Shore Hospice coordinator) at 250-227-9006 ext. 29 or email at hospice@theeastshore.net.

THANK YOU

To all the students, teachers, business owners, truck drivers, and neighbours who helped clean up our roadways on Earth Day. You are awesome! Thanks once again to Yellowhead Road & Bridge and the Kootenay Lake Chamber of Commerce who have kept the clean-up going every spring for 10 years, 2003 to 2013. You are awesome too! Great job, everyone.

MERCI

Thank you to the following for making our silent auction/meat draw/dance party fundraiser such a success. Newkeys for providing us a venue again! Hostesses: Cathy and Jennifer. Meat Draw helpers: Eileen, Jennie and Marilyn. PLEASE SUPPORT THE FOLLOWING BUSINESS 'SILENT AUCTION DONATORS' AS THEY HAVE SUPPORTED US: Ambrosia Chocolates, Aprons by Jenn, Artwork by Wallace Adkins, Barefoot Handweaving, Blown Away Glass, Breathless Glass, Crawford Bay Market, Dog Patch Pottery, Fireworks Copper & Glass, Flickering goddess, Gray Creek Store, Handwoven Brilliance, Ink Rebels, Lea Belcourt, Mojo's, Newkeys, North Woven Broom, Sunnywoods, Teen Labour (by our local teens). Much gracious appreciation forever goes to - THE AMAZING ROBBY ROOTS, ANDY, SCULLY & TODD - aka LLAMA. Thanks also to everyone who came out to support our students again!

FAMILY FUN WORKSHOPS

Family Fun Night on Mondays at the Crawford Bay School is hosting a work-shop to decorate chicken wire wings with tissue paper, pictures, photos, glitter and more....parental involvement is needed and registration is required. What else to bring are photos to be copied, scrap-booking goodies, shiny treasures, paint brush for glue, and anything else that you'd like to be glued to your wings. The work-shop starts May 6 from 3pm to 5pm and will run till the end of the month. All ages are welcome, under 12 needs a personal helper, and this Work-Shop is made possible with a grant from the East Shore Credit Union. Please call 250 225 3388 to register.

SPECIAL THANKS FOR FUNDS

A very special thank you to James Wood and the members of his dance group for their kind donations to the on-going restoration & maintenance of the Harrison Memorial Church. We are so pleased that you were able to use our building.

*The members of Harrison Memorial Church,
Crawford Bay*

FITNESS EXPERTISE OPPORTUNITY

Physiotherapist Anna Rose and fitness trainer Julia Schmidt will be sharing their expertise at The East Shore Fitness Place on Friday, May 24th from 6 to 8 pm. If you've been wondering what all those machines are meant to do, this is your chance to find out.

CHURCH CALENDAR

RIONDEL COMMUNITY CHURCH

May 2013 SCHEDULE

May 5: Canon Jim hearne, 11am
music - Marie Gale
May 12: Bill Gooding, 1pm
music - Marie Gale
May 19: TBA, Anglican, 3pm
music - TBA
May 26: Bill Gooding, 1pm
music - Marie Gale

Please check www.riondel.ca for changes Info at 250-225-3381

CHRIST CHURCH & EAST SHORE CONGREGATIONS ST. ANSELM'S CHURCH BOSWELL (Anglican)

For information call Christ Church Creston 428-4248
May 5: 1:30 pm Holy Eucharist

HARRISON MEM. COMM. CHURCH, ANGLICAN

Crawford Creek Rd., Crawford Bay Everyone Welcome!
May 19: 1:30 pm - Holy Eucharist

**For information call Karen Gilbert: 227-8914
or Sue Philp: 227- 9140**

KOOTENAY LAKE COMMUNITY CHURCH

A Lighthouse on the East Shore

Pastor Bill Gooding

Come & join us Sundays at 10 am. Coffee fellowship after the service. 16190 Hwy 3A, Crawford Bay 250.227.9444

TEMPLE OF DIVINE LIGHT

Dedicated to all religions. Satsang each evening 8:00 pm.
Everyone welcome - Yasodhara Ashram 227-9224

MOST HOLY REDEEMER CATHOLIC CHURCH, RIONDEL

Reverend Thomas Kakkaniyil Phone: 428-2300 Fax: 428-4811
Sunday Mass at 2:30 pm
1st Sunday of the month, Fellowship Sunday.

THE CHURCH OF JESUS CHRIST OF LATTER DAY SAINTS

1520 Campbell Avenue, Riondel, B.C.
Meetings begin at 10 am, every Sunday. Info call, 250-227-9522

CHRISTIAN SCIENCE CHURCH SERVICES

Held in the Anglican Church,
8151 Busk Rd, Balfour
Sundays, 9:30 am - All welcome For info, call: 250.229.5237

**Next Deadline:
May 29, 2013**

MEETING PLACES

LIONS CLUB - meets at the Kootenay Lake Community

Church - 16190 Highway 3A, Crawford Bay.

Meeting Times: 7 pm.

Second and Fourth Tuesday of the Month

For more info, call Lion David at 250-227-9550
or Lion Jim at 250-227-9622.

TOPS - Take Off Pounds Sensibly: meets every Thursday morning at 8:30 am in the Kootenay Lake Community Church basement. Call Marilyn for more info: 227-9129

PARENT ADVISORY COMMITTEE

(PAC) Meetings held at 7 pm at the Crawford Bay School library on (usually) the second Monday of the month. (or Tues if Pro-D)
Call Ingrid to be put on the agenda - 250.227.9246

Next Meeting: TUESDAY May 7, 2013

May 2013 Mainstreet 19

Next Deadline: May 29, 2013

May 2013

| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|---|---|---|--|--|--|---|
| *Strong Start is every weekday at the Family Place at the school from 10-1 | | | 1 Volleyball, CB School, 7pm Dr. Moulson | 2 Improv/Theatre, CBESS 7pm Dr. Grymonpre | 3 Cromoli Bros, GC Hall, 7:30 Women's Soccer, CB Park, 5:30 pm | 4 Lion's Dance, Newkey's Silent Auction/Steak Dinner, Boswell Hall Boccalino Opens Ping Pong/Pickle Ball/ Badminton, CBESS gym, 9am |
| 5 Mishras at Ashram, 7pm Hike for Hospice, 9:30 Bottle Depot, 10-2 | 6 All Candidates Forum, CBESS, 6-8pm Turbo Jam, CBESS, 5pm Yoga w/ Lea, CBay, 10am | 7 PAC Meeting, 7pm Dr. Grymonpre | 8 Volleyball, CB School, 7pm Dr. Moulson | 9 Improv/Theatre, CBESS 7pm Yoga w/ Lea, Boswell, 9:30 am TOPS, KLCC bsmnt, 8:30am Dr. Grymonpre | 10 Women's Soccer, CB Park, 5:30 pm | 11 Boswell Plant Sale, 10 am Ping Pong/Pickle Ball/ Badminton, CBESS gym, 9am |
| 12 Mother's Day Special, Boccalino Plant Sale/Flea Market, 10am Bottle Depot, 10-2 | 13 Turbo Jam, CBESS, 5pm Yoga w/ Lea, CBay, 10am | 14 Election Day Lions Mtng, 7 pm Dr. Grymonpre | 15 Volleyball, CB School, 7pm Dr. Moulson | 16 Improv/Theatre, CBESS 7pm Yoga w/ Lea, Boswell, 9:30 am TOPS, KLCC bsmnt, 8:30am Dr. Grymonpre | 17 Women's Soccer, CB Park, 5:30 pm | 18 Ping Pong/Pickle Ball/ Badminton, CBESS gym, 9am |
| 19 Bottle Depot, 10-2 | 20 Turbo Jam, CBESS, 5pm Yoga w/ Lea, CBay, 10am | 22 Chamber Meeting, CBESS Dr. Grymonpre | 23 Volleyball, CB School, 7pm Mainstreet Deadline Dr. Moulson | 24 Fitness Expertise, Fitness Place, 6-8pm Improv/Theatre, CBESS 7pm Yoga w/ Lea, Boswell, 9:30 am TOPS, KLCC bsmnt, 8:30am Dr. Lee | 25 Anusha Fernando Dance, Ashram, 7pm Bottle Drive, 10-1 Women's Soccer, CB Park, 5:30 pm | 26 Ping Pong/Pickle Ball/ Badminton, CBESS gym, 9am |
| 27 Bottle Depot, 10-2 | 28 Turbo Jam, CBESS, 5pm Yoga w/ Lea, CBay, 10am | 29 Lions Mtng, 7 pm Dr. Grymonpre | 30 Volleyball, CB School, 7pm Dr. Moulson | 31 Improv/Theatre, CBESS 7pm Yoga w/ Lea, Boswell, 9:30 am TOPS, KLCC bsmnt, 8:30am Dr. Lee | | |



HARROP - PROCTER FOREST PRODUCTS

Buy local Forest Stewardship Council Certified building products at competitive prices from the Harrop-Procter Community Forest.

- Wide variety of cedar lumber
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- Bull-nose cedar & fir decking
- Cedar and Douglas fir timbers
- Douglas fir flooring
- Cedar, pine and fir paneling
- Cedar and Douglas fir siding
- Douglas fir tight knot baseboard & casing

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Spring Specials:

Fencing grade cedar, 1x4 cedar T and G panelling, 2x4 2x6 2x8 and 2x10 cedar for raised garden beds and other outdoor projects

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250.551.5452 sales@hpcommunityforest.org

Go to www.hpcommunityforest.org for further product info, and to view the documentary film about us.

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Transfer Station Hours

CRAWFORD BAY:
Sun/Tues
Thurs:
9 am - 3 pm

BOSWELL:
Weds/Sat:
12-4

Library Hours:

East Shore Reading Centre:
Tues & Sat: 12-3
Thurs: 7-9 pm

Riondel Library:
Mon: 2-4 pm,
Weds:
6-8 pm
Tues, Thurs, Sat:
10am-12:30pm

ES Health Centre 227-9006

COUNSELLORS

Drug & Alcohol: 353-7691 Child & Youth: 353-7691

Public Health Dental Screening/Counseling: 428-3876

Community Nursing: 352-1433 Hospice: 227-9006 Mammography Screening: 354-6721

Baby Clinics: 428-3873 Physiotherapy: 227-9155 Massage Therapy: 227-6877

For more on facility, call Kathy Smith, 227-9006