

\$2.38  
+ GST =  
\$2.50

# The East Shore Mainstreet

## KOOTENAY LAKE BC

Serving the East Shore communities of Boswell, Gray Creek, Crawford Bay, Kootenay/Pilot Bay and Riondel

### INSIDE:

News, Views,  
Reviews,  
Hot Topics,  
Current Events,  
Letters & Ideas

Checkusoutonline!

[www.eshore.ca](http://www.eshore.ca)

Requests for ESIS: 2,3

Canada Post Cuts: 2,5

May Horoscope: 4

Calm Technology: 5

Street Address Visible?: 6

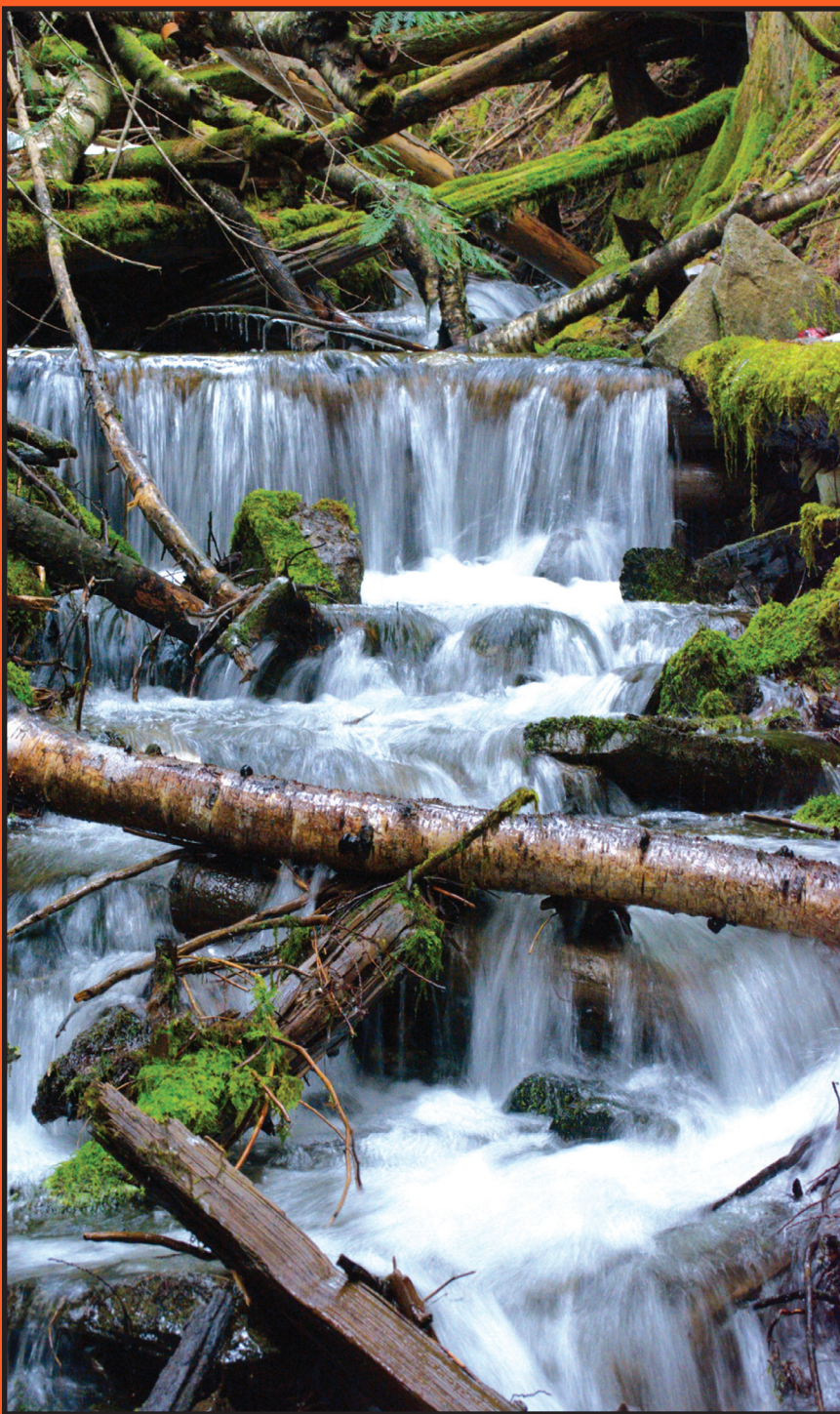
Righting the Wrongs: 7

Tipi Camp Season: 8

Silent Auction: 1,10

New Business: 14

New Principal: 18



According to the Ministry of Forests, Lands and Natural Resources Operations, this is the second lowest provincial average snow water equivalent in the past 31 years. These lower snow packs are the result of both warmer temperatures and drier conditions through the winter. As well, Environment Canada is forecasting a very high likelihood of above normal temperatures over the April to June period across British Columbia. This year may see an increase in wild and interface fires, so residents are encouraged do what they can to minimize risk to homes and communities. r

Run-Off Photo: Allan Hughes



### Silent Auction & Dinner Fundraiser

@ Crawford Bay Hall

Saturday, May 30, 6-9pm

Help Develop the New Crawford Bay  
Park Natural Playground

We need YOUR HELP!

Seeking donations of goods and services for the silent auction, as well as help for the event itself. If you have an item, certificate or service you would like to donate, contact Ellie [easey01@gmail.com](mailto:easey01@gmail.com) or 250 227-6944.

You can also donate directly to the Playground fund by dropping off a cheque at the NDCU payable to SKLCSS (memo Playground Fund).

### ROCKWOOD CAFE

EAST SHORE'S FAMILY CHINESE RESTAURANT

CHINESE & ASIAN SPECIALTY DISHES  
PREPARED WITH FRESH INGREDIENTS

Join us for the

### MOTHER'S DAY BUFFET

on Sunday, May 10th

from 5 pm

\$16.95/person

Reservations Recommended

250 - 227 - 6840

NO MSG | FAMILY FRIENDLY

TALK THE TALK, & WOK THE WOK

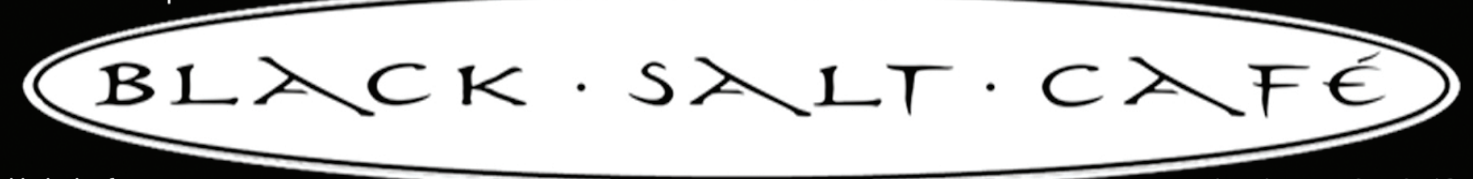
15292 HWY 3A, GRAY CREEK | PLEASE CALL FOR RESERVATIONS

Return  
undeliverable items to:

The East Shore  
Mainstreet  
Box 140, Crawford Bay, BC  
V0B 1E0

Agreement#: 40718537

lunch-dinner-espresso



[blacksaltcafe.net](http://blacksaltcafe.net)

250-227-9596

your eastshore bistro in Crawford Bay



# MS Issues

by Ingrid Baetzel

Yesterday my dad was taken to jail. Not only that, I was his one call. Talk about weird. I never thought that I'd be saying that out loud in a public forum and be a bit proud of it. Well, maybe "never" is a bit of strong. It's no mystery that David Zaiss is an activist. He makes no secret of the fact. He's seen the inside of a jail before, more than once.

David's story is long (he is 75 years old) and a bit convoluted, but I'll try to keep it as simple as I can. What follows is what I wrote on Facebook to clear up a few details. As I mentioned, the devil is in those details, and most of what I know is based on what my dad himself told me, along with several of his colleagues and friends. Nothing is 100%, but I can vouch for the fact that my dad is a loving warrior who has been central in other cases of standing up to powerful authorities who mistreat their employees and he has been found to be in the right. He has been pivotal in having another corrupt, power-hungry boss fired for framing and unjustly firing a girl under Dad's management several years ago when he was a bagger/cashier manager at a Michigan grocery store. When he stood up to this boss, he was fired himself, but he didn't give up and he uncovered the bad boss for who he was and got him fired in turn. He is always looking out for the ones who get stepped on. This I know. The details of this story are long and varied, and stretch over many years, but I'll give it a go.

Most recently, my dad worked at the Interlochen Arts Academy, which is a HUGE visual/performing arts school and music camp boasting alumni like Jewel, Norah Jones, Dylan McDermott - the list goes on. It's gigantic and very notorious. Dad worked at the

school for many years and loved it. He made connections with students and faculty.

Eventually he started hearing, through students and the academy's grapevine, about a series of seemingly wrongful dismissal cases. The students talked to him about their fears and concerns. Dad has always been an activist. He protested against the war in Vietnam - he protested in sit in's and moving protests in the 60's. He has always stood up for those who couldn't or didn't know how. After a time, the administration (according to dad's reports and anecdotes from both of his novels - *The Ping Pong Club* and *Dismissed*) got wind of his "trouble making" and terminated him. He protested that through his books, through letter writing, through visiting campus and talking with the students and staff. When the administration (Jeff Kimpton) got wind of this, he ordered Dad to stay off campus. When Dad didn't respect that wish, Kimpton went legal and got a no trespass order put on him. When Dad rode a public bus through the campus, he was taken to court and fined and put on two years probation with a lengthy list of stipulations.

In mid April he walked the eight miles to the school, hoping to be allowed to sing in the chorale that he had sung with so many times before, and went on campus. He was reported and removed from campus by security (he reports that the first time he was removed from campus - not this most recent time - he was hit and shoved). He walked back home the eight miles, wondering what would happen. On Friday, April 24, the sheriff's deputy came to his house and arrested him. He's in the Grand Traverse County Corrections Division in Traverse City, Michigan.

I have started a crowd funder to help raise money to give dad a helping hand when he comes out, not to mention some cash to help him buy the necessities while he's in jail. People have asked how they can help - here's the link: <http://www.gofundme.com/suk36eg>.

He'll be there for 30 days... for a trespass breach... for refusing to let a bully dominate him. I'm very proud of him.

## LETTERS TO THE EDITOR

### ESIS, YOU'RE ALMOST THERE!

Dear Editor:

On April 20, seven ESIS member/users met to discuss their concerns that the escalating atmosphere of discord within ESIS could result in a significant Internet service interruption.

The conversation amongst the ad hoc group was generative and explored possible ways of supporting the ESIS situation. The group was therefore pleased to read in the ESIS Spring Newsletter, which was published that same day, that the board was "considering mediation".

This is a great synchronicity as we understand that some ESIS members have stepped forward offering to provide free high quality facilitation and conflict resolution services.

As ESIS continues to work through its situation, we encourage those involved to move beyond consideration and accept the offered facilitation and mediation support in an effort to begin rebuilding trust in the community.

Sincerely,

Ad hoc ESIS members: Richard Bertram, John Edwards, Dave Hough, Susan Hulland, Brenda Oates, Daniel Seguin and Janet Wallace

### CANADA POST PROPOSES FURTHER REDUCTIONS OF SERVICE TO THE SIRDAR POST OFFICE

Dear Editor:

Canada Post plans to again cut the hours of service to the Sirdar Post Office. Just last year they reduced the postal service by 33% and now they are proposing a further 20% reduction in service. The proposed new hours of operation would be Monday through Thursday 9:00-12:00 & Friday 9:00-12:00 + 1:30-5:30

2 Mainstreet May 2015

If these reductions are implemented, there will be a negative impact on the services as well as the earnings of the affected employee. These reductions in service are severely limiting customer access to pick up or mail parcels, pick up call for items, such as registered letters, Xpresspost or purchase postal products, etc. As the Postmaster currently provides the premise for your Post Office, customers may be able to receive postal service outside of these hours, but it is important to understand that this service is being provided by the Postmaster on his/her own time. Canada Post is not paying this employee for the extended hours of service they are providing.

Canadian Postmasters and Assistants Association (CPAA) is the union which represents Canada Post employees in rural Canada.

CPAA is not in favour of a reduction in postal service to your community, but we need your support.

Canada Post has recently announced its plan to pursue the privatization of Postal Outlets. Corporate Post Offices staffed by CPAA members have a proven record of providing responsible, professional and consistent service. CPAA Post Offices are staffed by trained, competent and reliable employees. CPAA members have the ability to meet the needs of the communities we serve. We know and understand our communities and have earned the trust and respect of our neighbours.

We know that rural Canadians rely on their postal service. Should Rural Canadians be expected to tolerate a reduced level of Postal Service? We urge you to take up the cause and insist that the Federal Government halt the steady erosion of postal service in our Rural Communities. As a Federal Crown Corporation, Canada Post takes direction from our Federal Government. Let your MP, David Wilks, know that you are not in favour of a reduction in your postal service. We

## OFFICE DESK

Box 140, Crawford Bay, BC, V0B 1E0

**Editor: Ingrid Zaiss Baetzel (since 2002)**

**Retail Distribution, Subscriptions, Advertising, Layout:**  
Ingrid Zaiss Baetzel  
(Subscriptions: \$40/year within Canada, \$50 to the US, and \$75 Internationally)  
Phone: 250.227.9246  
Email: [mainstreet@theeastshore.net](mailto:mainstreet@theeastshore.net)

**REPORTING: Galadriel Rael**  
Email: [lagala@theeastshore.net](mailto:lagala@theeastshore.net)

**Proof Editor: Doreen Zaiss**  
**Writers: Community**

**Article? Letter? Etc?** Drop off at Gray Creek Store drop box, mail to Box 140, Crawford Bay, V0B 1E0

**or Best Yet, Email to:** [mainstreet@theeastshore.net](mailto:mainstreet@theeastshore.net)

The opinions expressed in this paper are not necessarily the opinions of staff or advertisers. We reserve the right to edit for clarity or brevity and acceptance of submissions is completely at the discretion of the editor.

**Copies every issue: 1000**

The East Shore Mainstreet is a monthly publication for the benefit of residents of the East Shore of Kootenay Lake, written by community volunteers. Send in June 2015 issue items by:

**Next Deadline: May 20, 2015**

*Subscribers: Did you know?*

You can buy a one year digital subscription and get your newspaper online, nearly a week before it comes out in stores! Just go to [www.eshore.ca](http://www.eshore.ca) and click Subscribe! Then follow the steps to purchasing a digital subscription. A link will be sent to your inbox once a month and your fresh, new Mainstreet is a click away.

want to see that your community's postal service is not reduced. Please share your opinions with your MP, CPAA and Canada Post Customer Service 1-800-267-1177.

Please support your Post Office and say NO to further reductions in service!

MP: David Wilks, Kootenay-Columbia, 100-B Cranbrook St. North, Cranbrook, BC V1C 3P9 ([david.wilks@parl.gc.ca](mailto:david.wilks@parl.gc.ca))

CPAA: Barb Lincoln, BC & Yukon Branch, 7519 Sechelt Inlet Rd, Sechelt BC V0N 3A4 ([cpaa.bcyukon@gmail.com](mailto:cpaa.bcyukon@gmail.com). Please include your town name in the subject line)

We need to hear from you! Please take a moment to let your voice be heard.

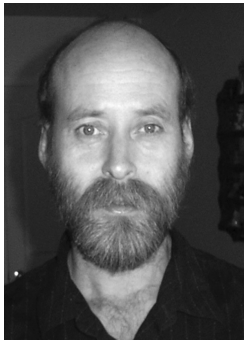
*Thank-you,*  
**Carolyn Elliott, Vice-President**  
**CPAA BC & Yukon Branch**  
3711 Bosun Way  
Pender Island BC V0N 2M2

### LETTER TO EAST SHORE INTERNET SOCIETY AND CARTERGRAPHICS

Dated: April 7, 2015

It has come to the attention of the Kootenay Lake Chamber of Commerce that there is a potentially serious conflict between the ESIS board and Cartergraphics. You are both members of the Chamber and our businesses depend on reliable internet connections.

We had understood from reports given at our Chamber meetings that speed and reliability were improving and set to improve even further with the recent fibre optic boost donated by the CBT and the grant to facilitate rural connectivity. Certainly we respect that this is a complex situation and we have even had members step forward to solicit support to bring in a larger company to provide competition.



## RDCK Area "A" Update

by Garry Jackman,  
Director - Area "A"

**FIRE AND WATER:** Through the seasons the RDCK emergency response staff prepares to assist residents in the event of natural disaster. This year we had unusually early spring runoff with rapid snow melt resulting in numerous small slides and some localized flooding. Now, at a time when staff is normally facing the major spring runoff the snowpack levels are on average normal to low. Depending on rainfall and the possibility of one or more major storms such as a "pineapple express" we could still experience additional localized flooding but the risk of widespread flooding is relatively low.

Information can be found by searching "British Columbia River Forecast Center" and looking for the Kootenay region on the map. As of the time of writing this submission the Redfish Creek snow gauge (above the west arm) and East Creek (north end of the lake) were tracking slightly higher than average snow levels while the gauges at seven other locations within the BC side of the Columbia basin are tracking slightly below to well below average snowpack levels. The lowest are Morrissey Ridge and Moyie Mountain which are not far above record low snow pack levels. These are the gauges closest to the BC/US border where the runoff passes through the Libby dam. On the US side of the basin snow packs are also low. Our lake level has remained between 1741 feet and 1742 feet (Queen's Bay gauge) for more than a month now. The

BC Hydro Columbia River operations summary this spring forecasts a combined runoff (US plus Canada) on the Columbia at 81% of average, with near average conditions on the Canadian side and lower runoff in the US.

Attention now turns to planning for wildfire response. RDCK emergency response coordinator Alanna Garret will be hosting an emergency services evacuee registration and referral training session on May 7 at 7pm at the Crawford Bay Hall. The session will be worked around a wildfire scenario. Alanna has asked anyone who is interested to pre-register (250-428-0299) so she can have enough refreshments on hand.

**LOCAL SERVICE AREAS:** I will be skipping from topic to topic a bit in this section but I am seeking input on a number of issues around local services. Some RDCK services are provided across wide areas of the region (such as solid waste management, planning or building inspection) while other services only apply to small, defined areas within an electoral area. These smaller services tend to be voluntary; meaning at some point in the past residents started the conversation around having the RDCK create the service and through the process providing their "voter assent" through referendum or alternative approval methods. There are two fundamental types of services that you will see within a defined area. One is a contribution service where the RDCK only provides funding to an independent group (a society most often) to deliver the service and the other where the RDCK is set up to deliver the service more directly, often with the input of a local commission or committee.

For an RDCK operated service, the voter assent means the residents within the service area agree to have the service or facility operated through the RDCK and to pay for all related costs. These costs range from

operational costs for heat, light and maintenance staff time for minor repairs, contracted services for major repairs or upgrades and even legal fees arising from actions taken against the service. If the cost is related to the service the residents within the service area pay the costs through their property taxes. These rules are established by the province, not the regional district. Examples would be the Riondel community facilities, the major recreation complex in Creston, the Sanca or Riondel water systems or the Riondel or Wynndel fire services.

A few examples of contribution services would be the library and cemetery services which support a number of sites, the Crawford Bay Hall and Park service, the road rescue service or search and rescue. For a contribution service the regional district has been authorized to collect funds through property taxes, with the consent of voters, to pass to the group or society which is authorized to deliver the service.

Over the past few months I have received requests to investigate changes to some services. The one request is to take another look at extending or providing fire service to the Kootenay Bay / Crawford Bay areas. There was a vote by mail-in ballot several years ago, as you may recall, for a separate Crawford Bay fire service which was defeated by the voters. This current discussion is around extending the Riondel service area to include more communities. A few issues need to be considered prior to moving ahead, such as options (least cost initially plus longer term costs) to provide a service, impacts on and support from voters in the proposed area for service extension and reassurance that there will not be any negative consequences for persons within the existing service area. I have requested staff put together initial information on options for public discussion.

The other request is to increase the 'cap' and/or mill rate for the Crawford Bay Hall and Park contribution service to help fund major hall upgrades. This discussion should, in my mind, take place first through the Hall Society in a manner to ensure a high likelihood of broad community support. I understand it has been discussed at the AGM, but the level of public input needs to be as broad as possible to ensure the right target for a funding increase is put to the voters.

I look forward to your comments and recommendations on both of these proposed changes.

As always, if you have questions or comments on any topic please drop a note to [gjackman@rdck.bc.ca](mailto:gjackman@rdck.bc.ca) or call me at 250-223-8463.

## LETTERS...

Emotions can run high when so much is at stake and we certainly do not want details to spread which can deepen divisions and further polarize the community. We do respectfully ask that an independent mediator agreed upon by both parties be called in to facilitate civil discussions. Maintaining business and personal relationships is extremely valuable in a small community.

Let us all move forward and work towards constructive, productive and resilient connections.

Sincerely,

The Kootenay Lake Chamber of Commerce  
executive: Gina Medhurst – President,  
Paul Hindson – Vice President  
and Janet Wallace - Treasurer



FISH AND WILDLIFE  
COMPENSATION PROGRAM

### You're Invited: Come Talk With the Board

Please drop by and meet the Fish and Wildlife Compensation Program (FWCP) Board members and Program Manager. Learn more about FWCP's work across the Columbia Region and here in the West Kootenay.

Where: KASLO HOTEL  
When: MAY 6, 2015, 5 - 6pm

For more information,  
email [crystal.klym@bchydro.com](mailto:crystal.klym@bchydro.com)  
or call 250 365 4591

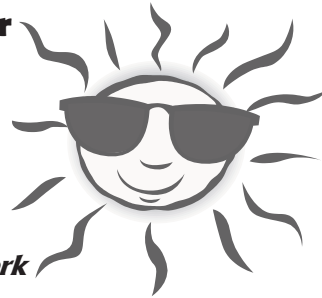
The Fish & Wildlife Compensation Program is a partnership between Public Stakeholders, First Nations, BC Hydro, the Province of B.C., & Fisheries and Oceans Canada, to conserve & enhance fish & wildlife impacted by BC Hydro dams.

## Sunnywoods Farm

Your East Shore Garden Centre

See us for all your  
garden needs!

- Bedding plants
- Soils
- Seeds
- Trees & Shrubs
- Fresh Produce
- Local Beef and Pork



Store Hours:

Open Every Day, 10-5

15964 Hwy 3A, Crawford Bay  
250-227-9506

THE HISTORIC  
**GRAY CREEK STORE**  
EST. 1913

**Is now hiring Customer Service Representatives!**

Do you have data entry skills or forklift experience?

Applications available at the Gray Creek Store or email resume to [gcs@graycreekstore.com](mailto:gcs@graycreekstore.com).  
Attn: Christy Musil

Questions?  
Please call Christy at 250-227-9315.

lunch-dinner-esspresso

250-227-9596

BLACK · SALT · CAFÉ

[blacksaltcafe.net](http://blacksaltcafe.net)

your eastshore bistro in Crawford Bay

May 2015 Mainstreet 3



# May Horoscope

by Michael O'Connor

**Tip of the Month:**

*'May Day, May daze, May days ahead...'* Amidst the sensual and lovely weather of this time of year

many important movements are underway. From the astrological perspective, Mercury enters Gemini where it has much to say and on the heels, or is it hooves, of the Taurus New Moon (May 17), the winged messenger turns retrograde (May 18) yet again for the second of its tri-annual three-week retreats. This time in its own sign where Mercury proves extra sharp, we will all be 'hearing all about it'.

As the Bull watches on and goats push the likes of Bill C51 forward leading sheeple astray, the rams must decide which side to support. Brutes uphold laws that curtail freedoms and rights, and the collective are challenged to see through the darkness of night. Baffled with bull and dazzled with brilliance, many eyes are distracted while real business (as usual...) cut deals behind closed doors favoring the few.

So what are we to do in this time of great deception when private agendas well hidden in plain sight reveal clever intentions to obscure mass perceptions? Among the simpler answers, and spiritual ones too, is to realize how powerful and important your free will is to you. Acknowledge with awareness what you call 'corruptions projected' and simply voice your vote as: "No, such actions are not accepted!" Then share your thoughts with those who will hear and with full faith that the universe is all ears. (This riddle will be further unraveled in my newsletter.)

*(Read more in my Newsletter. Sign-up is free on my website.)*

**Aries (Mar 21 – Apr 20)**

A busy, multi-tasking time continues. This includes reaching out to stimulate your network on both social and professional levels. Your ambitions are on the rise again. You are willing to travel if you must; especially if doing so allows you to weave business and pleasure. Satisfying simple curiosity is featured. The time is right to exchange knowledge and skills.

**Taurus (Apr 20 – May 21)**

A dynamic cycle has begun. You are determined to get a lot done. Yet you are keen to work smarter than harder. Making information technologies and other such tools work for you will gain your full attention. At deeper levels, in order to advance you must be willing to make or undergo some significant changes. The future beckons and you are happy to move forward.

**Gemini (May 21 – Jun 21)**

Amidst a swirl of dreams and plans gestating in the back of your mind, you also feel inspired to explore new angles of approach. You feel extra creative yet your energy levels or resolve may not be so high...yet. This will change in a few weeks so for now prepare the ground and be open to new ideas and possibilities. Focus on ideas and actions that support feeling secure.

**Cancer (Jun 21 – Jul 22)**

Breaking through old lines of resistance is activating your sense of individuality and what you deem your rights. Many thoughts are running in the back of your mind and these may even amount to a process of inner debate. Weighing various perspectives and options against one another will lead you to making carefully considered actions. Tending to family will lead to beautiful expressions.

**Leo (Jul 22 – Aug 23)**

The time has come to make your presence more fully known. Many new ideas and plans have been available, especially if you have been on the search. These continue to support your ambitions. Increasing your social outreach will prove helpful both professionally and regarding social popularity. As this is such an expansive time in your life, use this flow to advance your position.

**Virgo (Aug 23 – Sep 22)**

Looking to the bigger picture will prove satisfying now. Doing so will coincide with new perspectives and perhaps the acquisition of new tools. You stand to also gain some deep insights both regarding the human condition and about the role you are destined to play at this time. Since every bit counts, you have the opportunity to think global and act local for both spiritual and material success.

**Libra (Sep 22 – Oct 22)**

A process of clearing and even of purging continues. Altogether, you have entered something of a regenerative period. Financial interests and considerations are featured. You also feel inspired to engage in various social activities. Knowing what is happening in the world touches upon joyful events, where the human spirit shines brightly, so you can share in the inspiration.

**Scorpio (Oct 22 – Nov 21)**

Your relationship world continues to open wide. As eager as you are to engage, you also feel moved to approach things and especially certain people with some caution. Call it testing the waters or sounding the depths. As these clichés suggest, appearances can be deceiving and many realities can remain hidden beneath the surface. Taking carefully calculated risks will feel right.

**Sagittarius (Nov 21 – Dec 21)**

The initial stages of a rather epic ascent have begun. You are wise to pace yourself. There is reason to say that you have encountered some companions to share the adventure, perhaps unexpected ones. With each step your vista over the expanse below widens revealing what you could not clearly see just a short while ago. Find reason to enjoy the journey.

**Capricorn (Dec 21 – Jan 19)**

You have entered an extra creative cycle. It will require that you give more than you might like to and to pay extra close attention to the details. As well, you may feel the urge to exert a rebellious approach, to defy or push through the existing status quo. If you are not already getting support of one kind or another, be willing to ask and you will very likely receive.

**Aquarius (Jan 19 – Feb 19)**

Establishing a new base of operations on the home front continues. Creative thinking and conceiving new angles of approach will prove inspiring. Sometimes it is more about process than outcome, at least in the short term. Opportunities to expand your social sphere are brewing so remain alert. Returns for past efforts are headed your way but will require sincere effort to maximize their potential.

**Pisces (Feb 19 – Mar 20)**

Many thoughts, ideas and plans are running through your mind. You would like to establish a more secure base. To this end you may have to take an inventive approach to succeed. Traditional methods will not serve you so well now. Yet, you may have the breakthrough your fears to even think this way. Brainstorm to outline a list of innovative possibilities.

**Michael O'Connor - Life Coach Astrologer**  
 sunstarastronomy.com  
 sunstarastronomy@gmail.com  
 250.352.6871  
 Affirmation\*Inspiration\*Vision\*Strategy  
 Author of the forthcoming book:  
*What Astrology Can Do for You*

*Next Deadline: May 27, 2015  
 mainstreet@theeastshore.net*

## Getting to Know You

### Mainstreet's Proust Questionnaire



**Caolan Condon-Vallis**

**When and where were you happiest?**  
*Right here, right now.*

**If you could change one thing about yourself, what would it be?**  
*I would be married.*

**What do you consider your greatest achievement?**  
*Maintaining life-long friendships.*

**What is your greatest fear?**  
*IBS.*

**If you died and came back as another person/animal/thing, what would it be and why?**  
*A butterfly, because nobody ever suspects the butterfly.*

**What is your most treasured possession?**  
*My Mats Sundin rookie card.*

**Where would you most like to live?**  
*Toronto.*

**What is your greatest regret?**  
*Not being easier on my mom.*

**What or who is the greatest love of your life?**  
*Beer.*

**Who do you most admire?**  
*T-Swizzy. (Taylor Swift)*

**What is your greatest extravagance?**  
*Beer.*

**Who, living or dead, would you want to spend the day with if you could?**  
*T-Swizzy.*

**What talent/superpower/skill would you most like to have?**  
*I wish I could sing.*



## Hacker's Desk

by Gef Tremblay

### Calm Technology

Going from home to home, helping with home tech support, I see that technology is failing us most of the time. My clients generally feel that they

are overwhelmed with technologies and think they are the problem. Seeing it from the other side of mirror, I know that the culprit is not them, but technology itself.

For my own use I tend to go with technologies that are what I call 'low commitment technology'. What do I mean by that? Well, I like devices that perform one action but do it well, a device that does what I want, and that keeps all of its opinions to itself. A device that I can change, modify, hack or change without any complaints, or lawsuit

For instance, I use a Kindle from Amazon. It's one of the first models, it's black and white, and there is no light on it. It stays by my bedside, and has such a long battery life that I often lose the charger since I never use it. It never needs to update; I never need to clean up unused files on it; I don't repair it, and it doesn't complain that it's not the latest version of a gadget and that I should buy a new one. It's a book reader and it does its job the way you'd expect a book reader to do its job.

I also have an electronic typewriter. What can I do with that? Well, I can type. For instance this article was written on my typewriter. What else does it do? Well, nothing else. It's a black

and white screen, with a very long battery life and a full size keyboard attached to it. It cost me \$40 and will probably last for many years. It won't ask to be updated or upgraded, and will simply do its job.

For my computers at home, my main studio computer and our laptops, I use old machines running Linux. My laptop was made in 2006. I still buy parts for it, and I just changed a hard drive made in 2008 in my computer. Why is old and Linux consider a low commitment device? Well for one thing, it's cheap. If I lose my laptop, I'd be sad, but it wouldn't be a huge financial problem. Since the computer has been around for many years, there are tons of replacement parts on the market. On the other hand, Linux is free, so there is no financial burden there. Linux is also open source; I can use my computer in any way I want with any hardware I would like. In comparison, it's actually illegal to install Mac OS X on a computer that is not made by Apple!

We've come up with devices that try to do so much, but yet fail at very simple tasks. One of my clients once told me that her phone didn't ring anymore. She contacted an Apple technician who told her that she had to update her system. Yet her phone was a couple years old so didn't have enough space to update. The solution? Buy a new phone. It's when I see that technology fails us so miserably that I hope for more intuitive and less time and energy consuming devices. And let's not even mention the Apple watch here, a wrist watch that

has a 18 hour battery life.

The term 'low commitment technology' is not a new trend. Through some research and to my surprise, it's a concept that was explored in the 1995 by PARC (Palo Alto Research Center) researcher Mark Weiser and John Seely Brown. They coined the terms "calm computing" and "calm technology" in reaction to the wave of complexities and amount of information we're bombarded with. The term was revived by Amber Case (1), who's actually writing a book about it!

**Calm technology can be explained in few principles:**

- Technology should require the smallest amount of our attention.
- Technology can communicate, but doesn't need to speak.
- Technology can create ambient awareness through different senses.
- Technology should communicate information without taking the wearer out of their environment or task.

• Technology should inform and calm.

**A person's primary task should not be computing, but being human.**

- Give people what they need to solve their problems, and nothing more.
- Technology should make use of the periphery.
- A calm technology will move easily from the periphery of our attention, to the center, and back.
- The periphery is informing without overburdening.

**Amplify the best of technology and the best of humanity.**

- Design for people first.
- Machines shouldn't act like humans.
- Humans shouldn't act like machines.
- Amplify the best part of each

As you can see, a lot of the technology that we use around us isn't calm. But how are these principles helping you in everyday life? These can be used in order to navigate and to choose what type of tools you want to surround yourself with. This doesn't only apply to electronics; you can look at any type of object and use these principles. Not only can it help choose what you want to use, it's also a guideline toward creating new technologies that are helping humans being more human, instead of becoming working machines. You can read more about it on Amber Case's website <http://calmtechnology.com>

Using computers and new gadgets often makes us feel dumb and silly, yet we're at such an advanced level of design and technology that every device should be intuitive and easy to use for anyone. Why are computers still so complex when most of their users only need them for email, web browsing and video, and few others use them for gaming and creative purpose?

1: [http://www.ted.com/speakers/amber\\_case](http://www.ted.com/speakers/amber_case)



## Hidden Taxes

by David George

*Neither snow nor rain nor heat nor gloom of night stays these couriers from the swift completion of their appointed*

*rounds.* --U.S. Postal Service unofficial motto, from Herodotus describing ancient Persian postal system c. 500 BCE.

Did you get any mail today? Not email, real letter mail? If you didn't, you're not alone. Canada Post delivered only four billion pieces of domestic letter-mail in 2012, down from five billion in 2006 to slightly less than 15 million addresses in Canada.

Have you sent a letter recently? Rate to Canada is 85 cents, to USA \$1.20, and all other international \$2.50. Plus, GST added to the price of the stamp, which of course is a government monopoly. At least here in Beautiful British Columbia we are no longer getting stuck paying an additional seven percent on top since the hated HST was repealed. Does anyone but us old-timers remember the penny postcard?

The other day a strange card from Canada Post appeared in our mailbox at the Crawford Bay post office. It was from Canada Post, and urged one to Live an Active Workstyle---Now Hiring---Rural & Suburban Mail Carriers. It went on--- Work with people, make the open road your office, and connect your community as a Rural & Suburban Mail Carrier with Canada Post. Visit online for full details on available positions in your community. Reverse side of the card was in French.

So I went online and looked at the positions which were available. Nineteen across Canada, four of them in BC for Rural & Suburban Mail Carriers. The BC ones were for relief workers, with no salary or hourly rate quoted. There was an opening in Field, BC for a postmaster, working a 20 hour week, for \$20.48 per hour. That works out to \$21,299 per 52 week year, and might be enough for a single person to live on.

Our own postmaster Julia (Canada Post is not PC) works a 32 hour week, and just a couple of weeks ago, two people from Canada Post spoke with her and said that her hours would be cut back some time soon. This strikes me as Not a Good Thing.

With practically no courier deliveries here on the East Shore, we depend on our post office for parcels, as well as letters. Don't hold your breath for Amazon to deliver them by drone any time soon.

Canada Post is a crown corporation with about 71,000 employees. Few are veterans. South of us, the U.S. Postal Service employees about 750,000, of which 236,000 are veterans.

Why doesn't Canada Post actively recruit veterans? They have served our country, in many cases coming home with physical and mental wounds. Is it not fitting that we should help them find jobs similar to the way the USA has been treating its veterans for many years?

If you think we should help our veterans and also keep Canada Post strong and available especially in our rural communities, please take a moment and write or phone or email to our MP David Wilks in Cranbrook. Ask him to support Canada Post. Ask him to have Canada Post hire our veterans.

David Wilks, MP:

Toll free: 1-800- 668-5522 or 250-417-2250  
100-B Cranbrook N, Cranbrook, BC V1C 3P9. E mail: [david.wilks@parl.gc.ca](mailto:david.wilks@parl.gc.ca)

## EAST SHORE TECH SUPPORT

Riondel - Crawford Bay - Gray Creek - Boswell

computer, laptop, ipad, iphone  
MAC+WINDOWS+LINUX  
network, internet, upgrades, repairs

1.877.782.2843

help@ponnuki.net



**Next Deadline:  
May 27, 2015**

## Get Flashy! Get Seen!

**Can First Responders See Your  
Fire Number/Street Address?**

**submitted by Sharon Webster**

If you have been paying attention as you are driving up the lake, you will have noticed some of the new reflective address signs are in place. The Riondel Volunteer Fire Department is encouraging all residents to get an address sign to mark their property and make it easier for emergency responders to find them. They will make a sign to order for you and even come and install it if you wish.

When I have been talking to people about the address signs, one of the things that many people are not aware of is that emergency personnel are not given the name of the person who requires help, just the address. For example, the 911 operator does not say that Mrs. Jones requires an ambulance, but will say that a 60 year old female at XXXXX address is experiencing shortness of breath. Also, ambulances from



Creston and Nelson will respond to our area if there is no ambulance available here. Anything that gets help to you faster in an emergency is a good thing.

Another thing that I have noticed is that many people have beautifully made address signs that are not visible at night. We have one at our house that is a lovely wooden sign that my son made in shop class. We are attached to it and will keep it up, but we have added a reflective sign as well. As you can see above, only the reflective one shows up in the headlights at night.

The signs that the fire department are making are made of aluminum with baked on reflective paint in blue, green or red. The numbers are white, 4 inches tall and are also reflective. We can make single sided signs (\$25) or double sided (\$35) and will drill holes to suit your specifications.

For a donation and the cost of materials, we will come and install the sign too. We ordered 100 signs and they are selling well. In fact, we have sold out of double sided red already, but still have blue and green. All colors are available in single sided.

If you are interested in placing an order, there are order forms on the bulletin boards at the post office boxes in Riondel, Crawford Bay and Kootenay Bay and also on the board at Gray Creek Store. If you have questions, you can call Cory Medhurst at (250) 551-1352 or Sharon Webster at (250) 225-3253.

**Next Deadline:  
May 27, 2015**

## International Firefighters' Day May 4

**by Fire Chief Cory Medhurst, Riondel Volunteer Fire Department**

International Firefighter's Day was inspired by a tragic line of duty death which devastated Australia, and the world.

On December 9, 1998 in Linton, Australia five wild land firefighters lost their lives while aiding a neighbouring team to extinguish a large mutual aid wild land fire. As a result Lt. JJ Edmondson, a volunteer Lieutenant and firefighter in Australia sent an email proposal around the world recommending an international day of remembrance.

May 4 was chosen as it was traditionally Firefighters' Day throughout much of Europe; recognizing Saint Florian, the patron saint of firefighters. St Florian is said to be one of the original Roman fire battalion commanders around 300 AD.

Although International Firefighters' Day originated from the line of duty deaths of the Australian firefighters, they are not the only aspect of the emergency services recognized on this day. Every person in the emergency services is recognized whether they are career/paid firefighters; volunteer firefighters; wild land firefighters; industrial firefighters; first responders and paramedics, among others. Without all sectors of the emergency services working together, one could not support itself without the other.

On May 4, take a moment to help us remember the fallen, honour the retired, and appreciate the current men and woman of our emergency services.

May is also a good time to remind everyone about the real threat of wild land fires here at home. 2015 is predicted to be one of the driest seasons since the West Kelowna fires of 2009. With snow packs at record lows and a forecasted hot and dry spring/summer season, the members of the Riondel Volunteer Fire Department would like to encourage all community members to become FireSmart at home, and help keep the threat of wildfire down. Be aware of, and obey local and regional fire bans; be aware of weather conditions and be prepared with the proper equipment and adequate water supply if burning outside of any fire bans; remove large amounts of yard waste and take them to your local RDCK transfer station.

Go online to [bcwildfire.ca](http://bcwildfire.ca) for more information, and to watch current wildfire conditions, alerts and fire prohibitions. Report a wildfire to 1-800-663-5555 or \*5555 on your cell.

SUNSET SEED COMPANY



*Your Complete Farm,  
Garden & Pet Care  
in Creston, BC*

**250-428-4614**

NOW OPEN! We look forward to seeing you.  
1628 Canyon St, Creston (right next to 7-eleven)

## Gray Creek Pass Report

**by Tom Lymbery**

We are eagerly awaiting this year's snow survey reports. Can the pass possibly open before the *Earliest Ever* date of June 14? George Commandeur the Forestry Engineer who was in charge of the Pass construction in 1988-90 has offered photos for a feature on the 25<sup>th</sup> anniversary. Claude Richmond the Minister of Forests cut the ribbon on August 17, 1990. Kokanee Springs was one of the major promoters of the Pass, hoping to obtain better access from Alberta.

## Tom Sez

The pink cherry by the store was blooming April 15 – five days earlier than ever before. One customer said it was worth driving to Gray Creek just to see that tree.

Is there a best before date on Medical Marijuana?

Can we seed our roadsides with real milkweed to help Monarch Butterflies survive? (What many of us call our native milkweed is actually designated dogbane)

Please save some tomato seed to plant in the ground in your veggie garden. Not as early to ripen but much more volume than the transplanted tomato plants.

The Garden Bandit Weeder is back in stock – this excellent Canadian made hand weeder is not available at Walmart or Canadian Tire. Several colours to choose from.

Special Rakes for special jobs – gravel rake, magnetic rake and an unusual lawn rake.

Hockey Playoffs would be much more exciting if they were only between the US and Canadian teams.

The LAST SPIKE of the Kettle Valley Railway was driven April 23, 1915 at Princeton 100 years ago.

Back in the Kootenays without a calendar? We have one saved for you.

Kokanee Springs Motorcycle Show and Shine will be at their parking lot May 16 with a Poker Run May 17.

When Michael Douglas Pollack died of a massive stroke at age 32 his eyes and other body parts have extended the lives of 13 people. Please make sure that you are an organ donor by registering at [www.transplant.bc.ca](http://www.transplant.bc.ca). Mike grew up in Smithers and Nelson.

We are debating stocking Adult Colouring Books - what is the market for these?

Couldn't the possible invasion of Zebra Mussels be controlled by offering the ferry crews a reward for finding any on the many boats that trailer across the lake?

Who left a TV at our Gray Creek Recycling bins? PLEASE these go to the recycling depot behind Nelson Ford. From there they go to Teck/Cominco in Trail who process tons of TV's every day to reclaim the lead from the glass.

If you live on a gravel road please endeavor to use as much surface as possible – don't drive in the same track in the middle, which will lead to a rutted surface with rain erosion.

Rumour has it that ICBC will soon require plates and insurance on all ATV's. I read at least seven newspapers on line each day and to date have found nothing of this change.

You had to look early before the cottonwood leaves came out to see the bald eagle on its nest at the mouth of Croasdaile Creek. We hope that we will be able to have signs identifying the seven creeks in Gray Creek.

# Walking... to Right the Wrong

by Ingrid Baetzel

In mid-April, many East Shore people likely saw a man with a cart and dog walking along Hwy 3A. This man is 63-year-old Robin Edgar Haworth (his dog is named Koda) and they are on a mission. His goal is to walk across more than half of Canada to raise awareness about numerous cultural issues that he's concerned about.

Many locals ran into Robin and Koda and engaged in interesting dialogue with this man on the move. The original and primary reason for the walk was to raise awareness and to demand a national inquiry on the almost 1,200 missing or murdered aboriginal women reported in Canada over the past 20 years. However, that has expanded to attempting to draw attention to 30



key societal issues that he cares deeply about, including greenhouse gas emissions, extended waiting lists for people seeking medical care and the inadequacy of current minimum wages across Canada.

As a proud First Nations man, (he is a member of the Tsinshian Nation, Wolf Clan from the Lower Mainland), Robin has participated in sweat lodge ceremonies, extended meditation sessions and fasts for many years.

It was at the end of a four-day session of sweats, including intensive meditation and fasting, that Haworth decided to walk across more than half of Canada to raise awareness about numerous cultural issues he's concerned with. All of the issues that Robin would like to see discussed during pit stops in communities he visits during his journey can be found at [facebook.com/rightthewrong2015](https://facebook.com/rightthewrong2015).

Koda and Robin began the cross-country trek from Penticton to Ottawa – a journey of more than 5,000 kilometres – on Saturday, April 4. They were seen on the East Shore and Kootenay Lake Ferry on April 16.

“After four days of sweats, meditation and a four-day fast that started on New Year’s Eve, I had this vision that my voice may carry some importance in this world,” said Robin, who worked in the commercial fishing industry for more than 20 years and has garnered significant attention as an artist and painter over the past three decades. “I came up with the idea of going on this walk across Canada in the following days and have spent most of my time since then getting ready for this walk. I want to try and make a difference in this world in my own small way.”

When asked if he was accepting donations, Robin said that if people want to donate cash, he will accept only a small portion. “I will need roughly 20 to 30 dollars a day to feed myself and Koda,” he said. “Any other money I receive will be forwarded to organizations that are committed to fighting for the call for a national inquiry on missing and murdered aboriginal women.”

Regarding the anticipated results of his walk, Robin said this: “It’s my hope that some of these politicians will want to meet with me to discuss some of these important issues,” he said. “My journey is not about negativity, but remaining positive and I hope that my positive attitude will lead to change among our political leaders.”

Robin expressed that if he can average 30 to 40 kilometres per day, he expects that they will arrive on Parliament Hill in Ottawa in July or August.

“I don’t really have any date set in my mind ... I will get there when I get there,” he said. “If we experience some bad weather, we’ll call those camping days and settle down for the day until the weather improves. I’m 63 years old and I’m in no hurry.”

## Reminders to Drive Defensively



*Neither of these accidents involved serious injuries to those involved. Let them stand as a reminder to residents to keep speed down and, of course, to avoid driving impaired. The truck accident (right) photos were sent in by Janet Schwieger, and the power pole is on the highway near the Schwieger driveway in Gray Creek. This was the third replacement of this same pole, and there have been many other accidents over the years swiping it. This appears to definitely be a bad place for a pole but they keep putting it back. The other accident (above) was photographed by Farley Cursons who was first on the scene and involved too high a speed around the sharp corner in downtown Crawford Bay. The two young people from Montana were unhurt.*



## Community Connections

### Moving Forward

by Greg Blackwell

Back in November we talked about Community Connections (CC) kicking off its **Organizational Development & Growth** planning with a CC Board facilitated workshop. While this effort is expected to take several months to complete, we have been moving ahead on some items.

- We have been **rebuilding our website** to provide more valuable information about the grants and projects we sponsor, a better east shore business and service directory, important community contact information, lists of key associations we have and funding organizations we have worked with, an updated look and feel, and more. We expect to launch the new website very soon.

- One of the commitments I made when I joined Community Connections in January of 2013 was to move the organization to a **formal bookkeeping system**. We have acquired AccountEdge bookkeeping application software and are in the process of implementing it. We expect this conversion from the current spreadsheet based system to be completed in a few months.

- In January I talked about **partnerships and communications** as areas of interest as Community Connections does planning. We have started this process by reaching out more significantly to outside organizations that have an interest in being proactive on the east shore. As well, we have begun to have chats with the Hall Boards in several communities forming part of Area A to identify potential common needs or sharing points. Stay tuned for more on these activities.

If you have ideas about what we can or should provide to the community or business please pass them along.

We have had a busy past few months. The Area A Economic Development Commission held their grant submission review meeting on March 16 at Boswell Memorial Hall. CC is pleased to report that we sponsored four grant requests and all four received some level of funding for their projects. The Regional District of Central Kootenay, Community Initiatives Program application review meeting was held April 6 at Gray Creek Hall. CC sponsored five grant applications and all received some level of funding for their projects. There are always more applications than there is money to provide and we thank the committees of individuals involved who take the time and effort to do this challenging work on behalf of our communities.

At current writing we have 20 projects or programs open and 14 potential additional grants pending approval. If you are thinking of having Community Connections sponsor your grant application, please get to us early so we can do a good job of supporting you.

**We would like to congratulate the Youth Council managing the Community Directed Youth Fund program for recently becoming its own official non-profit society. June will mark the end of the third year of the program and start of the fourth and final year. Having said that, we have positive indication from Columbia Basin Trust who funds the program that given its success they intend to continue support and renew their agreement with us.** Community Connections has sponsored the program locally since inception, has been pleased to participate as a partner and team member, and looks forward to transitioning the role we have to the Board of this new Society.

To contact Community Connections [www.connections.ca](http://www.connections.ca) or please call or email our Administrator Greg Blackwell at 250-227-9218x5505 or cell 250-509-0751, at [skootenaylakeccs@gmail.com](mailto:skootenaylakeccs@gmail.com) or [gblackwell@theeastshore.net](mailto:gblackwell@theeastshore.net), or drop by our office 1-4pm Wednesdays at Crawford Bay School.

**Membership Drive 2015**

**Guiding Hands Recreation Society's TIPI CAMP**

submitted by Sandra Bernier

The Tipi Camp is an outdoor retreat centre surrounded by nature located in a remote bay near the tip of the Crawford Bay Peninsula on beautiful Kootenay Lake. Four large tipis, a spacious outdoor kitchen and dining area offer comfortable accommodations and delicious vegetarian meals by the lakeshore. Our non-profit society hosts retreats and workshops for children, teens, first nations, yoga and special needs groups.

Tipi Camp has been running Wilderness Immersion for Self Esteem (WISE) programs since 1993, and is dedicated to promoting sustainability through practice. Participants sleep in Tipis, eat communal meals, use composting toilets powered by solar panels and engage in discussions led by ecologists, camp facilitators, and First Nations elders on local flora and fauna, wilderness survival skills as well as the natural history of our region.

Please support our activities with your membership. As the Guiding Hands Recreation Society continues to develop its board capacity and embrace strategic planning for the future, your society membership provides much needed recognition and a funding base for our operations each year. We continue to maintain a safe, comfortable base camp, enveloped and permeated by the natural world. Caring staff and facilitators help to create moments that let nature back into our lives.

In an effort to maintain and update our sustainability practices, the Guiding Hands Recreation Society has now switched to on line membership forms available on our website [www.tipicamp.ca](http://www.tipicamp.ca). We will also gratefully accept a hand written membership form available as a cutout below.

On behalf of the Guiding Hands Recreation Societies Board of Directors and Executive Staff, thank you for your continued support and interest.

**Tipi Camp Envisioning a Sustainable Future**

submitted by Farley Cursons

Located on a remote shoreline of Kootenay Lake's pure, open waters; poised under endless dark night skies framed by the majestically rugged Selkirk and Purcell mountain ranges, the Tipi Camp is more than just a refuge from the increasing demands of our modern world – it is a place where Earth's natural rhythms gently reawaken one's sense of connection between self and the cosmos. Fall asleep in a North American tipi, listening to the waves lapping on the shore; wake to the cries of loons and the smell of breakfast being prepared in our outdoor summer kitchen. Participate in one of our workshops, or let us help in organizing your own workshop or small conference, rent the camp with your friends and family.

At Tipi Camp you have nothing but time to enjoy the ones you love most in an idyllic setting. Relax at the campsite, eat in our spacious outdoor kitchen, hike through the changing forest on Crawford Bay Peninsula, explore the lakeshore in one of our canoes, swim at secluded beaches, or simply read in a hammock or nap in the shade – the choice is yours.

The camp was established in 1988. It is a registered non-profit society called Guiding Hands Recreation Society. The land that the camp is on is owned by Alice Bruce who was born and raised on the east shore of Kootenay Lake. Her family was one of the first pioneers to settle in the area. Alice and an old time friend Peter Duryea came up with the idea of creating a low impact place where people could come out and be soothed and educated by the natural beauty that is there. Thus Tipi Camp was born.

Tipi camp was established to educate the public about the values of nature and outdoor recreation in a healthy society. We serve as advocates of environmental protection and sustainable communities.

Nestled on a bay near the tip of the Crawford Bay Peninsula, the Tipi Camp looks south down Kootenay Lake for forty miles. The Selkirk and Purcell Mountains disappear into the distance. From here you can hardly see a sign of human development. This place looks and feels much like it has for thousands of years. Our low impact approach leaves the land with the least possible disturbance. Tents and tipis provide accommodations that are comfortable and close to nature.

Gracious staff and delicious vegetarian meals make one feel right at home. Miles of trails embrace the camp; canoes stand ready.

Our initial camp assessment this spring revealed some monumental challenges as several of the largest trees around the camp uprooted and fell over during the winter. Consequently our initial camp clean up consisted of four chainsaw operators and half a dozen volunteers to clean up the downfall debris. In the weeks to come we will have another volunteer work party to set up the camp (TBA).

Many in our region are concerned about wildfire potential this summer and at Tipi Camp we take this hazard seriously as well. We were able to perform some hazard mitigation techniques around the camp kitchen and the heritage cabin located behind the camp. By removing the buildup of forest floor fuels and maintaining an interface between the wild land and the Tipi Camp site we are better prepared should we find ourselves facing a forest fire. The camp is also equipped with firefighting tools including a high powered water pump which we maintain and train all camp staff on proper use.

**Guiding Hands Mission Statement**

*The objective of the Guiding Hands Recreation Society is to educate people about the value of nature and outdoor recreation and to teach individual responsibility for conservation, ecological awareness and sustainability.*

The Tipi Camp is currently accepting resumes for camp cooks and assistants, boat drivers and camp managers. Please send a cover letter and resume to:

Guiding Hand Recreation Society  
Box 20 Crawford Bay BC V0B 1E0

or,

You can send a PDF via email to:  
[tipicamp@theeastshore.net](mailto:tipicamp@theeastshore.net)

As the Guiding Hands Recreation Society looks to the future and invests in itself to develop its governance capacity, we recognize the need to connect more with our east shore community. Our Board of Directors would benefit greatly from new ideas and local initiatives to solidify our current programs and develop new ones.

Please join us at our AGM and "Open Tipi" day on Sunday, June 28 and consider becoming a board member. For more information go to our website [www.tipicamp.bc.ca](http://www.tipicamp.bc.ca) or email [tipicamp@theeastshore.net](mailto:tipicamp@theeastshore.net).

**Next Deadline:  
May 27, 2015**

**Guiding Hands Recreation Society Membership Form**

Name(s) .....

Address ..... Town/City ..... Prov/State.....

Country ..... Postal/Zip Code ..... Phone # .....

Email .....

Membership Type:     Student/Senior (\$15)     Individual (\$20)     Family (\$35)  
 Supporting (\$50)     Friend of the Tip Camp (\$100)     Benefactor (\$500)     Patron (\$1000)

Do you have any skills you would like to volunteer?

Interested in becoming Board Member     Helping with set up and take down     Fundraising     Advertising  
 Bookkeeping/Administration     Other .....

*Mail to: Guiding Hands Recreation Society Box 20, Crawford Bay, BC Canada V0B1E0*





Guiding Hands Recreation Society's  
**Tipi Camp Nature Retreat**  
**Summer 2015 Event Calendar**

- June 28:** Social potluck, Open Tipi's and AGM - everyone welcome!  
 Celebrating 28 years of Tipi Camp. Water taxis available from 10 to 12.  
 and returning between 2 and 5.
- July 3-5 :** *Family Nature Weekend:*  
**& July 5-7** This years Family Nature Gathering will be about developing responsible  
**& July 3-7** wilderness camping and travel skills. Learn how to build a shelter, start a fire,  
 secure food and most importantly how to cultivate the survival attitude.
- July 11-17:** **WISE Teen Mountain (Camp I)**  
 Youth 13-16 years old join experienced guides for a trek into nearby mountain  
 Self-discovery, cooperation and nature awareness highlight the program.
- July 20-25:** **WISE Children's Camp I (Kids Camp I)**  
 Children 9-12 years old learn and play in a program designed to build self-este  
 respect for each other and appreciation of nature.
- Jul 27-Aug 2:** **WISE Teen Mountain (Camp II)**  
 Youth 13-16 years old join experienced guides for a trek into nearby mountain  
 Self-discover, cooperation and nature awareness highlight the program.
- Aug 4-9:** **WISE Children's Camp II (Kids Camp II)**  
 Children 9-12 years old learn and play in a program designed to build self-este  
 respect for each other and appreciation of nature.
- Aug 12-14:** Nelson Clubhouse
- Aug 17-23:** Karuna and Paul Erickson - Heart Yoga: Embracing Your True Nature  
 Let go, relax, breathe, open your heart and return to the joy of your true nature  
 Heart Yoga is a loving and gentle practice that is strengthening, energetic and  
 awakening.



For additional information or to register, please visit [www.tipicamp.bc.ca](http://www.tipicamp.bc.ca)  
 or contact us at [tipicamp@theeastshore.net](mailto:tipicamp@theeastshore.net) or 250.505.3173

## Fresh from the Greenhouse

by Marie Spicer

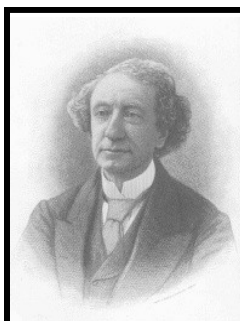
Russell Anderson, Joanne Anderson and the rest of the Anderson family would like to extend a heart-felt thank you to the many community members who have extended freely of their time, energy, material substance, expertise and enthusiasm to help with the establishment of this new East Shore enterprise.

There are many thank you's due to many individuals. Dozens of helping hands have hammered nails, carried boards, dug holes, moved equipment, planted seeds, planted seedlings, written notes, sat in meetings, planned garden layouts, planned under-water heating systems and designed overhead sprinkling systems all inspired by the dream of producing locally grown nutritious food.

Now that many of the details of the initial set up are falling into place, we move onto our next set of business challenges. Many thanks are extended to Greg Blackwell from Community Connections for his expert advice in helping us to define our business along with its structures and goals.

For private inquiries of sales of vegetables, soil, and gravel needs, please call Joanne Anderson 1- 604-209- 2828 or 250 227-9559.

**MOTHER'S DAY**  
**OPEN HOUSE(S)**  
 AT VARIOUS LOCATIONS  
 ARTISANS OF CRAWFORD BAY:  
 see real live artists make things  
 special sales  
 local chocolates  
 new artisans to check out  
 refreshments !!  
 TWISTED ROOTS GREENHOUSE  
 (16521 Crawford Creek Road)  
 plant sale  
 wonderful greens!  
 netting sales  
 greenhouse tours  
 IN BEAUTIFUL CRAWFORD BAY  
**SUNDAY**  
**9 MAY 10<sup>th</sup>**, from 10-4




**A good Driving Record\***  
 &  
**Your Auto Insurance**

The opportunity to save on your auto insurance with RoadStar Gold is available at this point in history! \*RoadStar Gold savings are for those customers who have retained their 40% CRS discount for more than 11 years in a row.

**Our Hours:**  
 Tuesday - Friday 9 am - 5 pm  
 Closed from 1 - 2 pm  
 Saturday 8:30 - 12:30

**Kootenay Insurance Services Ltd.**  
 #16030 Hwy 3A, Crawford Bay  
 Phone: 227-9698



Located above Crawford Bay School gym - second right on Walkley Road.  
 Elevator available if steps are a problem.

**Our Hours**  
 8-10 am Monday - Saturday  
 6-8 pm Monday - Friday  
 Call during open hours: 250.227.9218, ext: 5542

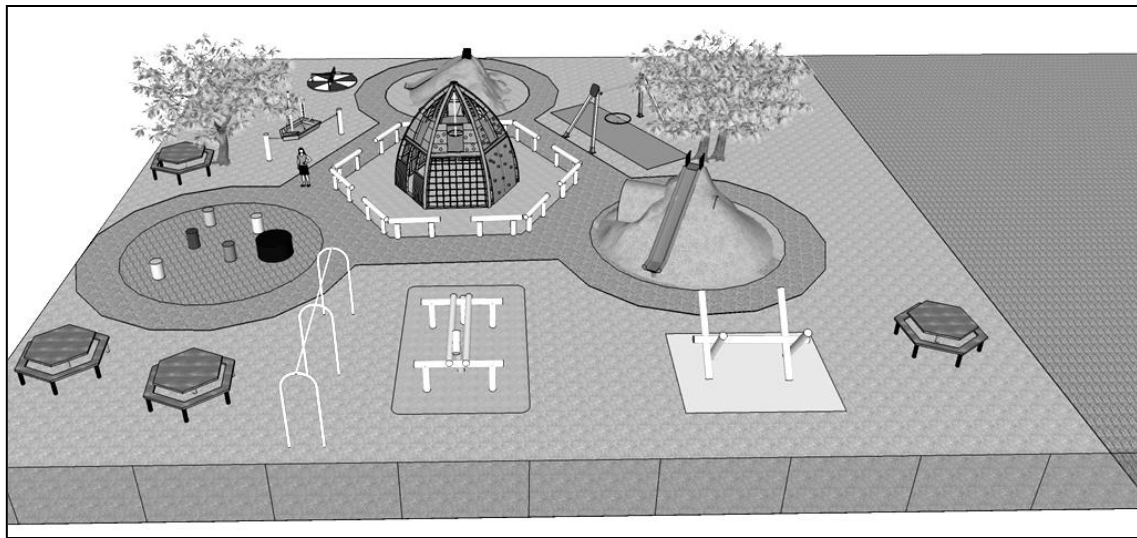
**Next Deadline:**  
**May 27, 2015**

## EASEY Does it!

by Ellie Reynolds

### Our Unique Community Deserves a Unique Playground

Since last month's article where I explored the theory of natural playgrounds, we have been hard at work (I should say Charles has had his nose to the grindstone of Google Sketch) and come up with a playground design (see below) that we love. It's based loosely on



geometrical 'zones' delineated by curving and straight pathways that will break up the space and allow some hard surfaces for kids to ride bikes on. There is a large hill slide with crawl tunnel running under the berm, and a smaller hill slide surrounded by a sand and water play area. The playground will also have a space for outdoor musical instruments and custom log climbing structures. In the center will stand a landmark hexagonal gazebo structure that accommodates many ways of climbing, scaling, sliding, and resting on the wooden deck structure. The swings and roundabout remain as they were, grandfathered into the new landscape.

**So, what now? Well now comes the fun part - Fundraising! In addition to local grants and sponsorship, we are planning a Silent Auction and Dinner Fundraiser at the Crawford Bay Hall on Saturday, May 30, from 6-9pm**

**We need YOUR HELP!**

**Are you a business or service provider on the East Shore?** Please consider donating an item or service to the silent auction. We have already received generous donations from many Nelson businesses and I'm now calling out to all you generous locals to come up with the goods too.

All donors will receive a personal thank you card, a public thank you in a future *Mainstreet*, and shout out at the event and opening ceremony of the playground. This is a way to contribute to a local project that will impact ALL our children and families, not to mention all those who visit the area. If you have an item, certificate or service you would like to donate, please contact Ellie (easey01@gmail.com) or tel. 250 227-6944).

**We are also seeking volunteers for the actual event**, to set up, serve and cook food, serve drinks, sell raffle tickets and clean up. I've never organized a community fundraiser before and I'm hoping some veterans will step up and lend a hand. There's not much time left before Starbelly and we would love to raise enough funds to have phase one of the project completed by the time hundreds of families show up at the park.

**If you would like to donate directly** to the playground fund (administered through Community Connections) you can drop off a cheque at the NDCU payable to SKLCSS memo Playground Fund. I will shortly be creating a crowd funding website too, so watch out for that.

Our unique community deserves a unique playground. We can do it.

In other EASEY News, the NDCU sponsored 'Parent Breakfast Series' is a great success so far, with two more Sunday morning sessions still to go. The parents who have attended (including myself) have really valued the experience of having a supportive space to reflect on parenting and build on our understanding of what our children's and our own real needs might be, underneath all the challenging behavior. Laura Douglas creates a very welcoming and non-judgmental space for us to open up, laugh and commiserate. As I've written before, parenting during the early years can really

be an isolating experience, where our genuine contact with other adults can feel limited. Events like these really help us get to know each other as people and parents, and share a delicious breakfast (thanks to Mara

Latouf and John Leishman), without which I don't think any of us could drag ourselves to school on a Sunday morning.

## Make History with the SS Moyie National Historic Site of Canada Call for Volunteers

Be part of Canada's rich and colourful history. The Kootenay Lake Historical Society in Kaslo invites you to volunteer on the oldest, in-tact passenger stern-wheeler in the world – the Queen of Kootenay Lake a hundred years ago. The huge collection of artefacts in the beautifully restored ship is remarkable.

Many exciting volunteer opportunities exist:

- \* Tour guides, hosts and hostesses at the Interpretive Visitor's Centre
- \* Archives and historical projects – digital skills appreciated
- \* Handimen/women for maintenance and repair
- \* Marketing & Fundraising Committee volunteers
- \* Newsletter - writing skills appreciated
- \* Board member

The Visitor's Centre and Museum opens on Mother's Day, May 10th, 2015. Opening day admission is free, although donations are gladly accepted.

If you have a few hours or more to spare, the KLH Society would love to have you. Contact Robin at [SSMoyieVolunteer@gmail.com](mailto:SSMoyieVolunteer@gmail.com) or text a message to 250-551-0631.

### *The East Shore Mainstreet: Creativity, Community, Conscience*

## RDCK Rejects All Bids for Renovating the Nelson Aquatic Centre

press release by RDCK

The RDCK has rejected all bids for renovating the Nelson and District Aquatic Centre, the Regional District of Central Kootenay said today, meaning that the centre will not close on May 1st, as previously announced.

"Although this tender process did not produce a bid that was within budget it is important that taxpayers receive value for money and that the facility meets the needs of the community over the next 40 years," said Joe Chirico, community services manager for the RDCK.

"This is why a tender process occurs. You want to hear what the market has to say and sometimes that's something different than what you wanted or expected."

Before going to tender, the RDCK consulted with an external design team and a quantity surveyor to estimate the cost of the project. The commission and RDCK board approved a \$4.92 million budget with borrowing not to exceed \$4.5 million for all renovations. The two qualifying bids received were over budget by at least \$1.2 million.

Factors in higher bids can include project complexity, perceived level of risk, the one-of-kind nature of a project, and remoteness of location compared to other commercial construction projects out for tender. The NDCC Aquatic Centre Renewal Project includes all these factors.

Renovations had been scheduled to begin May 1 and take about eight months to complete. To establish a new project timeline and tender process, RDCK

staff will further review the two tenders it received, meet with the project design team over the next three weeks and report back to the Recreation Commission on April 27.

"The Commission is committed to the project. We also know everything in the scope of the project is necessary, and we will do what it takes to ensure we have good value for our investment," said Nelson and District recreation commission chair Ramona Faust.

Repairs to the aquatic centre will include new mechanical systems, electrical panels and equipment, a relocated lifeguard station, new sauna, pool decks, tiles and new water proofing membranes. Renovations will extend the life of the facility by at least another 40 years.

The RDCK will continue to provide regular updates over the coming weeks.

## RBC Learn to Play Grant

press release

The RBC Learn to Play Project provides grants to local organizations and community groups that are building the physical literacy of Canada's kids and youth. Grant applications are now being accepted online.

RBC Learn to Play Community Grants ranging from \$1,000 to \$10,000 and Leadership Grants ranging from \$10,001 to \$25,000 will be awarded to local organizations and community groups to implement programs and strategies consistent with teaching youth the basics of being active.

**The application deadline is May 8, 2015.**

RBC Learn to Play Project grants are funded by RBC and the Public Health Agency of Canada and delivered by ParticipACTION. Together, we're helping kids build confidence through play!

<http://www.rbc.com/community-sustainability/community/learn-to-play/about-the-rbc-learn-to-play-project.html>

## More Chainsaw Hints

by Tom Lymbery

Always carry a small plastic wedge in your back pocket to put in the cut once the top of chainsaw bar is well under the top of the log. This is so much easier than getting your bar and chain stuck.

Before you start your saw please check your chain tension. It should be tighter than you think – as tight as you can so that you can only just turn the chain – with your glove on. There's no danger if a saw chain comes off, it doesn't fly anywhere. BUT, seven drive links will be burred so that you can't fit the chain back in the bar slot and you will need a new chain as well as being out of business for most of the day.



Take your bar and chain off occasionally to clean the bar slot (a basic depth gauge tool has a cleaner) and the chain brake. Turn the bar over when you re-assemble – this will equalize the bar wear.

You can use a magnifying glass to understand chain sharpening. The chrome is the cutting edge and dirt will wear this away. That mark on the edge of the tooth is what makes your chain dull. You must file so that mark disappears completely. If you don't then the chain will be ineffective again after cutting just a few blocks.

Cutting branches and small stuff is possible but this takes practice and again a tight chain. If you want to bore with the bar tip you have to make sure you know what you are doing as the bar tip has a devastating kickback. You need to have someone show you how boring is done.

If you look carefully at the side of your chain you will see the number 25 on the side of the depth gauges. This is in front of the cutting edge of each tooth and controls the size of each chip made by the cutter – 25 thousandths of an inch. After you have sharpened your chain about 30 times you may notice that the top of these depth gauges is shiny so you then need to file these down slightly using a depth gauge file and measuring tool. Filing off five thousandths of an inch is sufficient. Many people call depth gauges rakers but this is just a carryover from the cross cut saw days.

Once again 50 to 1 is the correct mix for chain saws and trimmers - don't add extra oil – this will only add to the exhaust smoke. Good quality 50-1 mix oil adds a blue colour to your gas so you can easily see that it has the oil included. Please take a felt pen and mark your red plastic gas can MIXED SAW GAS. This is important to make sure that you don't by mistake fill your saw with straight gas that you may be using in your lawn mower. If you put straight gas in a chainsaw it will run for only a few minutes and will then need a most expensive cylinder and piston.

I'm disappointed that Canadian Tire and others have discounted chainsaws so much that we can't maintain a saw service shop any longer but if you have a question about saw operation or safety please ask me when you see me.

## A Fond Farewell

submitted by The Kootenay Lake Lions Club

The Kootenay Lake Lions Club would like to take this opportunity to thank all of the individuals and businesses that have supported our Community Spirit Calendar since we started this project 27 years ago. For all of those 27 years the Community Calendar was one of our two major annual fundraisers, at its peak bringing in up to three thousand dollars a year to support our club's contributions to local organizations, individuals in need, the students of Crawford Bay Elementary-Secondary School, causes such as Cops for Kids and The Canadian Cancer Society, and the Kootenay Lake Hospital. During the last few years, however, calendar sales have declined and our Lions Club has been investing a lot of time and energy into our new bottle and can recycling program, in operation from Riondel to Boswell. After considerable discussion, and looking at how much extra time and energy would be needed to try and rejuvenate calendar sales, our Club has regretfully decided to suspend the Community Calendar project as of this year. Our recycling program, which has seen remarkable community support, has shown itself more than able to make up lost calendar revenue and should provide significant financial support for future Kootenay Lake Lions Club projects.

Particular thanks goes to all of our local Lions who have spent the last 27 years faithfully updating birthday and anniversary dates for the calendar, and hand-delivering some 300 calendars all along the East Shore. Special thanks to Calendar Chairpersons Ellard Egeland and Gerald Panio, and to Lions George Grimstad, Hope Fortune, and Doug Anderson who have over the years taken on the challenging job of collecting and organizing calendar advertising. And speaking of advertising, high fives to the following business supporters, some of whom have been listed on the Community Calendar from its very first year! (marked by \*\*):

- Kokanee Springs Golf Course (Woods' Pumphouse Grill)\*\*
- East Shore Community Branch of the Nelson & District Credit Union\*\*
- Crawford Bay Market
- Newkey's Pub & Maxx & Nambi's Kitchen
- Bob's Bar & Grill
- Kootenay Insurance Services\*\*
- Graciebean Holding Ltd.
- All-Rite Sewage Pumping
- Eastshore Automotive
- North Woven Broom
- Gray Creek Store\*\*
- Riondel Market\*\*
- Kootenay Lake Community Church\*\*
- Riondel Golf Course\*\*
- Kootenay Forge\*\*
- Black Salt Café
- Kokanee Chalets
- Bocalino
- Tipi Camp Family Holidays
- The Lakeview
- Chrisson Homes Inc.
- Turlock Electrical Contracting Ltd.
- Harrison Tanner R.M.T.
- Garth's Plumbing & Heating Ltd.
- Kootenay Springs Softub
- Victorian Rose
- Fairy Treats
- Weaver's Corner/Barefoot Handweaving
- Century 21
- Junction Creek Hub
- GRS Contracting & Fish Hawk Marina\*\*
- Aqua Pure Services
- Boulder Beach Aggregate

- Twyla's Style Shoppe
- Nelson Home Furniture

Lastly, all of those calendars would have been pretty lackluster without the excellent featured photographs contributed by a long list of local photographers and historians. Merci beaucoup!

The Kootenay Lake Lions Club depends exclusively upon the active support of our East Shore community. For over a quarter-century the Community Spirit Calendar was a shining example of that support. Thank you for continuing to make it possible for us to meet our Lions mandate of "We Serve."

## Lions Looking To Light Up Someone's Eyes

by Tom Lymbery

Please help someone in a third world country to see properly by donating your old eyeglasses to the LIONS. These are sorted into prescription types and distributed by free clinics to those who have never had an opportunity to have their eyes tested. Some have little vision at all until they receive the donated glasses.

Old sunglasses, hearing aids and cell phones are also recycled by the LIONS. Please look for the donation boxes in the Credit Union, Riondel Market, Gray Creek Store and the Boswell Post Office.

Please check your drawers and GIVE VISION TO A DISADVANTAGED PERSON.

**Next Deadline:**

**May 27/15**

**[mainstreet@theeastshore.net](mailto:mainstreet@theeastshore.net)**

**Strong. Proud. Free.  
Get ready to celebrate  
Canada 150!**

**from the office of David Wilks, MP**

The Government of Canada has invited residents of Kootenay Columbia to get involved in the celebration of the country's 150th anniversary of Confederation – a pivotal milestone in our nationhood.

"Canada's 150th anniversary of Confederation in 2017 is set to be an exceptional year for Canadians and their country", said David Wilks, M.P. "It will be a rare opportunity to reflect and deepen our sense of what it means to be Canadian and inspire a new era of optimism and pride across the country, for a Canada that is Strong, Proud and Free."

In lead up to and during 2017, Canadians are being encouraged to give back to their community and their country in ways that will have a lasting effect on Canadian life for generations to come.

"In a country as vast and diverse as Canada, each of us can contribute something unique and meaningful to this celebration," said Wilks.

For more information about the Government of Canada's plans and vision for the 150th anniversary of Confederation and how residents of Kootenay Columbia can play a central role in shaping these celebrations, Canadians are invited to visit [Canada.ca/150](http://Canada.ca/150).

The site also includes information about the Canada 150 winning logo and how to apply for funding to celebrate this important anniversary.

**May 2015 Mainstreet 11**



CUSTOM HOMEBUILDING  
DESIGN SERVICES  
REMODELING

**HULLAND & LARSEN**  
CONSTRUCTION LTD  
www.hullandandlarsenconstruction.com  
(250) 551-2915 or (250) 505-3570  
contact@hullandandlarsen.com Licensed and Insured  
*Serving the communities of Kootenay Lake.*

**Turlock Electrical Contracting Ltd.**  
*Your Local Electricians*  
Commercial, Residential  
Over 15 Years Local Experience

- New Construction
- Additions & Renovations
- Service Panel Upgrades
- Electric Heating Systems
- Money-Saving LED Lighting
- Service Calls

Ph: 250.2279688 Cell: (250) 551-4671  
brandon@turlockelectric.ca



East Shore Internet Society  
High-Speed Internet

250-505-4089  
info@esis.theeastshore.ca  
esis.theeastshore.ca

*Central Kootenay Lake's community non-profit ISP*

Kate Page, Proprietress  
Book ahead: 250.505.6950

**SAPPHIRE HAIR SALON**

16210 Hwy 3A, Crawford Bay  
UNIT NINE




**RIONDEL MARKET**  
*Hunting and Fishing Licences*  
Groceries - Liquor Outlet  
Fresh Baking - Ice Cream  
Bait - Fishing Tackle  
Post Office - Videos  
Camping Supplies  
Ice - Fireworks  
May 16 - June 28 Hours  
Mon. - Thurs. 9am to 6:30pm  
Fri. - Sat. 8am to 8pm  
Sun. 9am to 5pm  
250-225-3214

**ACUTONICS® LEVEL I**  
Sound Gates To Meridian Harmonics

**KOOTENAY SOUND HEALING CENTRE**

May 15<sup>th</sup>, 16<sup>th</sup> & 17<sup>th</sup> • 9am to 6pm • \$450  
www.kootenaysoundhealing.com

Theresa Lee • Certified Acutonics Teacher  
Riondel, BC • 250 225-3518

CONTINUING EDUCATION CREDITS are available for acupuncturists through NCCAOM and massage and bodywork practitioners through NCBTMB.

**DESTINY BAY RESORT**  
ON THE EAST SHORE OF  
BEAUTIFUL KOOTENAY LAKE  
11935 Highway 3A DESTINY BAY BC  
Come & join us during our 2015 season  
Mid-May to Mid-September  
Open for dinner each evening throughout the  
season by advance reservation only.  
For accommodation or for  
more information go to:  
**www.destinybay.com**  
1-800-818-6633  
or 250-223-8234




*Sacred Journey*  
World Imports and Art Galleries

**2015 New Collections Arriving!**  
Home & Garden Décor  
Gems, Crystals, Clothing & more

CRAWFORD BAY:  
Opening May long weekend  
GRAY CREEK: Opening June for Spa Services  
NELSON: Now open through the summer,  
Mon-Sat, 10:30-5pm

For more info: 250.354.4116



RDCK Resource Recovery Facilities  
VICTORIA DAY  
HOURS OF OPERATION

All Waste Facilities will be CLOSED on  
Monday May 18, 2015  
Summer hours will be in effect at the Crawford Bay  
Transfer station with additional opening on  
Thursdays from May 1st, 2015 (9:00am to 3:00pm).

For more information contact the  
Recycling Council of BC Hotline at 1-800-667-4321  
or the RDCK at 1-800-268-7325  
or our website: [www.rdck.ca](http://www.rdck.ca)




**Kokanee Springs Golf Resort**

**Mother's Day**

Call us: 250.227.9226 for information about our Mother's Day dinner specials & to make reservations!

**We're Open!** Woods Pumphouse Grill is open daily from 7am-10pm. Come and check out our new menu and enjoy a game of golf!

We also invite you to check out our website ([www.kokaneesprings.com](http://www.kokaneesprings.com)) and like us on Facebook.

Get Rewarded Here!



*Spectacular Golf, Epic Adventures, Unforgettable Experiences*



Mother's Day  
Sunday May 10th

"SPRING FLING"

Meet the new artisans  
Refreshments and Specials  
www.artisansofcrawfordbay.ca



We're here  
to help you  
find work.

Monthly In The Community Rooms  
at the Crawford Bay School

WorkBC

Employment Services Centre

FREE Services include:

- Employment Counselling
- Resume Development • Job Search
- Career Assessments
- Access To Training & Certification
- Self Employment & Program Options
- Customized Employment & More!

Book Your  
Appointment Today!  
Call 250-428-5655

Kootenay Employment Services Society  
119 - 11<sup>th</sup> Ave N, Creston BC



The Employment Program of British Columbia is funded by  
the Government of Canada and the Province of British Columbia.



Is extending their hours... Starting Friday, May 8

Mon-Thurs: 9am-6:30pm, Saturday 9-7  
and Sun 10am-5pm



Bottle depot will continue to be open Sundays, 10-3  
And starting May 14, will also be open Thurs, 10-3

We take pride in being able to offer you a wide variety of GROCERIES (including many natural and organic foods), FRESH MEAT AND PRODUCE, a delectable selection of DELI MEATS & CHEESES, FISHING TACKLE, GAS, & a large assortment of LIQUOR!  
Don't forget to check in regularly and take advantage of our ongoing sales!



PLUS! We'll have flowers just in time for Mother's Day...



Phone: (250) 227-9322 Fax: (250) 227-9417 cbm\_manager@theeastshore.net

Nelson & District  
CREDIT UNION Logically, Locally.

Deposit  
Anywhere™



Tap.



Snap.



Send.



Relax.

Do it now @ [www.nelsoncu.com/DepositAnywhere](http://www.nelsoncu.com/DepositAnywhere)



[www.eshore.ca](http://www.eshore.ca)

[mainstreet@theeastshore.net](mailto:mainstreet@theeastshore.net)



East Kootenay Bay Ferry Crossing

At the former Fairy Treats location...  
Call 250-402-9633

GRAND OPENING!  
MAY 15

Drop by to see our variety of art and artisan works.  
Proudly promoting art in the Kootenays!

- Fabric art
- Wall art
- Organic beauty products
- Garden art
- Lampwork glass
- Jewelry ... and so much more

Find us on Facebook for further  
information and updates on promotions!



THE HISTORIC  
GRAY CREEK  
STORE  
EST. 1913



General Store

- |                                |   |
|--------------------------------|---|
| Woodstoves & Fireplaces        | Housewares                                  |
| Lumber & Building Materials    | Paint & Supplies                            |
| Chimney & Stove Pipe           | Electrical                                  |
| Plumbing                       | Key Cutting                                 |
| Work Clothing & Safety Gear    | Marine                                      |
| Nickel Candy & Fireworks       | Tools & Hardware                            |
| Fishing & Hunting Licenses     | Camping Gear/Tarps                          |
| Gardening Tools & Supplies     | Bear Bangers/Spray                          |
| Gloves/Rubber Boots/Flip Flops | Fishing Gear/Tackle                         |
| Groceries                      | Propane & Acetylene                         |
| Wide Selection of Axes/Handles | Kootenay Lake                               |
| BC History Books               | Nautical Charts                             |
| Rope & Chain                   | A Friendly Smile and a Great Cup of Coffee! |

Tom's Cool  
Tool Pick...

The Garden Bandit  
is coming soon!



250-227-9315 [graycreekstore.com](http://graycreekstore.com)  
Hours: Mon-Sat 9-5:30 & Sun 10-5

Kootenay Lake  
Art  
Connection

KOOTENAY LAKE ART CONNECTION  
JUNE 26 - SEPT 1, 2015

New venues/galleries will be open for your enjoyment.  
There will be over 25 artists and artisans in over 25 venues.  
Time is running out if you want to be a member this year.  
Thanks to our confirmed sponsors: RDCK, CBT, Nelson & District Credit Union and Creston Arts Council.

For more info, call Geri at 250.227.9085

***New Business Introduction***

by **Ingrid Baetzel**

**Faeries' Landing Art Market & Bistro**



A new business is moving into town. At the old Fairy Treats location, Cherie Rensing of Celtic Fire Design, is setting up shop and excited about a busy 2015 season. The new business is **Faeries' Landing Art Market & Bistro**. *Mainstreet* spent some time chatting with Cherie about her new venture...

***Mainstreet: Welcome Cherie. Can you tell us a little of your story? Where do you hail from and how did you come to the decision to open this new East Shore business?***

I'm a glass artist and jewelry designer and have been in business for eight years. I moved to the Creston Valley almost four years ago from Kamloops. I travel around doing pop up stores and festivals in Alberta and BC with my work and I love to bring along the work of other friends. For the last two years I've been part of Artistic Visions, a group of 15 artists who displayed art during the summer at the Chamber of Commerce and Visitor Center in Creston. I witnessed firsthand how amazing it is to have local art available in a central location for tourists.

I did a test market at the old Fairy Treats building last August to see if operating an art market would work... Faeries' Landing is becoming a reality and because of the full kitchen already in place, it just makes sense to include offering quick light take-out snacks. Our plan is to offer different options from Mojo's and together we'll serve those travelling on our ferry.

I've always loved the old Fairy Treats building and truly loved working there during the test market - WHAT A VIEW! It's a wonderfully inspiring vista for an artist to create from. I think the location alone is a great venue for a gathering place for amazing art.

***Mainstreet: What do you intend to do with the space?***

My plan is to promote Kootenay art and artisans particularly the Crawford Bay and Kootenay Lake ones. I'm looking forward to being able to have their cards and brochures displayed and be able to direct both locals and travelers to their individual studios and store fronts as well. My business philosophy has always been working towards win/win situations and I believe Faeries' Landing will be a great addition to the community. I plan on having a large map of the Kootenays displayed where local artisans can "put their name on the map" along with all the artists who will be sharing the space with my art.

***Can you tell us a little about what you'll be showing and selling at the art market?***

Faeries' Landing will be a part of the Art Connection and Culture Art Tour and hope to be having visiting artist events as well. Currently the artists displaying their art with my glass work and inspirational and custom designed wallsign art are: Earl Dean who makes whimsical gnome homes. Tammy Krisman is "Little Works" and makes incredible scroll saw art. Aaron Weitman from "Rock on Art" makes wonderfully crazy and unique metal art critters from reclaimed junk. Linda Bullock brings me her stunning hand dyed silk scarves and Yvonne Boyd has amazing wooden parquetry art. I'm sure there will be more artists I'll be adding all the time. It will be an evolving market and I welcome artists contacting me.

***When do you plan to open?***

Our grand opening will be May 15 and I plan on operating through to the fall. I'm not 100% sure of hours at this point. We are considering 7am - 6pm right now, but honestly I need to make sure I've got staff first.

***You're looking for employees? What do you need?***

I'll need a couple of people for the kitchen to do prep work for the snacks and a couple to work the art market. I'm looking for enthusiastic people who are reliable with great problem solving skills and a great attitude. Kitchen staff require food safe. Both full and part-time positions are available.

***Can you tell us how they can reach you?***

Absolutely. They can call me, Cherie Rensing, at 250-402-9633, or email [Cherie@celticfiredesign.com](mailto:Cherie@celticfiredesign.com)

***Good luck, Cherie. We look forward to seeing what you bring with you in this new business enriching the East Shore!***

**BC, not the Climate Leader it Claims to Be  
Emissions are increasing, not decreasing**

press release by the **Sierra Club**

New greenhouse gas emissions data released by the Canadian government shows that British Columbia's emissions have increased in 2013 to 63 million tonnes of carbon dioxide. This is a 2.4 per cent increase from 2012 levels (61.5 million tonnes).

Just days before the new data was released, the B.C. government was touting itself as a world leader in climate action, highlighting B.C.'s carbon tax, the accomplishment of "meeting our 2012 GHG reduction target" and beginning the work on a new climate action plan. Information about the 2013 increase in emissions was glaringly omitted.

"It is encouraging to hear the provincial government will begin work on a new climate action plan, however, to be effective requires an accurate assessment of our successes and failures to date," says Jens Wieting, Sierra Club BC's forest and climate campaigner.

The B.C. government announced a relatively ambitious emission reduction target 8 years ago: to reduce B.C.'s emissions by 33 per cent of 2007 levels by 2020 (and a 6 per cent reduction by 2012). Unfortunately, the new data shows the province is not on track, with a reduction of only 2 per cent as of 2013 and only 5 years to go to 2020. Contrary to claims by the B.C. government, the province is not a world leader in climate action. The European Union, for example, reduced emissions by 19 percent in 2013, compared to 1990, while B.C.'s increased emissions by 13 percent over the same period.

"A coherent climate action plan should be based on science and invite key stakeholders to provide input from all sectors. Among the many measures that are needed is a phase out of fossil fuel subsidies, as well as reconvening the annual increase of the carbon tax. Increasing protection of forests and other natural carbon banks, like eelgrass beds, is urgent to preserve and restore their ability to sequester carbon."

"Thanks to the amazing growth of renewable energy and other breakthroughs, there are no excuses left for rejecting more ambitious targets. What we cannot afford is investment in new fossil fuel projects, like LNG terminals for fracked shale gas or tar sands oil pipelines to ramp up oil production in Alberta."

"B.C. should follow Premier Clark's suggestion to "meet or beat" the bar set for climate action by world-leaders and adopt the European Union target of 40 per cent reduction of 1990 emissions levels by 2030. This would help to inspire hope on the road to the important United Nations climate summit in Paris at year-end. Canada has not met the March deadline to submit a 2030 proposal and nobody is holding their breath for Ottawa."

**CRESTON  
VETERINARY CLINIC**

Dr. Robert McLeod,  
Dr. John Pfeffer & Dr. Emma Davis  
**1(250)428-9494**

Mobile veterinary clinic available in  
Crawford Bay. Please call Creston Veterinary  
Clinic to book appointment & for more details.

**NEW LOCATION! We will now be  
doing clinics at the Crawford Bay  
Motel, Unit 6...**

**Mobile Clinic Dates:**  
May 5 and June 2 at the  
Crawford Bay Motel.

**SUNSET SEED COMPANY**

*Your Complete Farm,  
Garden & Pet Care  
in Creston, BC*  
**250-428-4614**

**NOW OPEN! We look forward to seeing you.**  
1628 Canyon St, Creston (right next to 7-eleven)

**THINKING OF SELLING  
YOUR PROPERTY?**

---

**CHECK OUT WHAT TEAM CRESTON  
CAN DO FOR YOU!**

- Provide you with a prelisting info package, outlining what we will do to help sell your home. **NO OBLIGATION**
- Provide information on how to prepare your home for sale.
- Show you how a **VIDEO TOUR** is an open house that is available all day every day.

**Shelley Voight**  
Managing Broker/Owner  
250.254.9599  
[svoight@telus.net](mailto:svoight@telus.net)

**www.teamcreston.ca**  
**250.428.9040**

**Wayne Dunbar**  
Personal Real Estate Corporation  
250.428.1400  
[waynedunbar@gmail.com](mailto:waynedunbar@gmail.com)

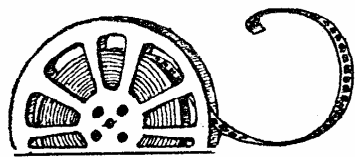
**Create your own job!**  
Small business accounts for 98%  
of all business in B.C.

**You may have a hobby or skill that with a bit of help could turn into a viable business. If you want to explore this more, call us for a free appointment.**

The Self Employment Program offers income benefits for up to 52 weeks as well as business management training & counseling for qualifying entrepreneurs.

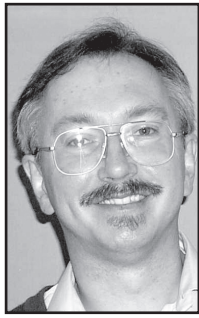
Call Alison Bjorkman at  
**250-428-6356** to book a free  
appointment in Crawford Bay...  
[www.futures.bc.ca](http://www.futures.bc.ca)

Growing communities one idea at a time.



## Seldom Scene

by Gerald Panio



Matthew Vaughn, your movie sucks. I'll explain shortly.

This month, I'm going with a digression and a deviation. For fans of the Hexagon Players' recent *Kill Me, Deadly* production, and for long-time aficionados of film noir, Eddie Muller's *Dark City: The Lost World of Film Noir* is a book to die for. Muller builds his whole study around the metaphor of the Dark City, with individual chapters devoted to shadowy genre byways like "Hate Street," "Vixenville," "The Psych Ward," and "Loser's Lane." The film stills are iconic and abundant, discussions of individual films and actors are insightful, and the prose gets purple enough to make Mike Hammer blush. Here's the intro to "Hate Street":

"Hot winds shake the sycamores. Leaves dance on the dry lawn. Dad sits at the wheel of the Hudson, staring at their dream house. Room 619 of the Embassy, that's his dream house now. He can feel her heat on his fingertips. His lips still ache. How can he go back? Mortgage, insurance, scrimping for some new things, always more things. The ball 'n' chain is waiting inside with her list. He checks his eyes in the rearview: she'll never know. Mom sees him through the kitchen curtains, coming up the walk. She thumbs the edge of the blade: it's good and sharp."

Not exactly a springtime mood, I know. My timing's never been that good. But if you're already starting to miss those long dark days of winter, *Dark City* is just the book for you. And if you want to follow up on some of Muller's video recommendations, the Open Culture website is a rich repository of hundreds of free online classic Noirs and other films. Check it out at <http://www.openculture.com/freemoviesonline>.

Now for the deviation. When I first began this column, one of my personal ground rules was that life was too short to waste any of it writing about bad movies. Except, maybe, when they were so bad (*Evil Brain from Outer Space*) that some kind of literary psychotherapy was needed to avoid permanent damage. Regular movie reviewers, of course, don't have this luxury of choice. They have to write about what they're seeing—brilliant, indifferent, lousy. Roger Ebert, karmically balancing out the sublime in the three volumes of his *Great Movies* anthologies, also put together three volumes of disasters: *I Hated Hated Hated This Movie*, *Your Movie Sucks*, and *A Horrible Experience of Unbearable Length: More Movies That Suck*. All three anthologies are available as bargain-priced Kindle e-books. Needless to say, most of these reviews are far more entertaining than their subjects.

This month, for the first time, I feel it incumbent upon me to join the ranks of the scoffers. I've just watched a film so bad that I must wreak vengeance upon it. I once believed that the reports of the Decline of Western Civilization were greatly exaggerated, but after watching *Kingsman: The Secret Service* (2014) in Salt Spring Island's very cool little Fritz Theatre and seeing this movie score an 8.1/10 rating on the Internet Movie Data Base (not quite reaching *Citizen Kane*'s 8.4, edging out *La Dolce Vita*'s 8.0, comfortably ahead

of *Goldfinger*'s 7.8), I now have grave doubts. We might actually be looking at the imminent collapse of life as we know it.

Maybe it all started with Alanis Morissette's song "Ironic" back in 1995. Prior to that song's dominating the airways, the term "irony" was pretty well-defined within the purview of literary anthologies, *Mad Magazine*, *National Lampoon*, and *The Simpsons*. After Alanis, "irony" gradually became a catch-all term for humorless cynicism combined with creative constipation. Hearing *Kingsman* described as an ironic take on James Bond confirms once and for all the lethal damage that's been done to a once venerable literary trope.

Let's face it, James Bond was always ironic...bracingly so in the films with Sean Connery, smarmily so in those with Roger Moore, and debonairly so in those with Pierce Brosnan. Trying to do an "ironic" re-write of something that's ironic to begin with is not clever, it's just dumb. The *Austin Powers* and *In Like Flint*

movies worked because they were parodies—cartoonish flights of fancy with zero pretention and some flashes of wit. *Kingsman* is so smugly nudge-nudge, wink-wink that the only way it can be processed is by a discharge of bile. My brother-in-law, who watched it with me, captured the feeling perfectly when he said as we were walking out of the theatre: "You know that satisfied feeling you get when

you come out of a movie? I'm feeling the opposite of that." I could have kissed him—for a terrifying moment I was afraid he was going to say it was the best thing he'd seen all year and I'd have to spend the rest of our stay on the island lying to him. Instead, I got to tell him that we'd just seen what a Quentin Tarantino movie might look like void of intelligent design.

The only way I can explain the existence of a movie like this at all is by the fact that there must be one or two entire generations that never saw the original *Avengers* TV series with Patrick Macnee and Diana Rigg. What you don't know can hurt you.

Let's get down to brass knuckles. What can you say about a movie, made in an era when fanatics are blowing up priceless monuments in Africa and the Middle East, that starts with the so-called heroes (white guys) blowing up precious monuments in the Middle East. Why do they do this? 'Cuz it's cool to blow sh-t up. The same reason the fanatics in the real world do it.

What can you say about a movie made in 2014 that still insists on casting women in underwritten second fiddle roles as brainless bimbos to be rescued and then (fit vulgar word in here) by dapper, blow sh-t-up white guys? *Kingsman* ends with the smirkiest, crudest, most demeaning sexist exchange I've seen in the last several decades. It was as if, at the end of a typical Bond film, James Bond had declared to the world that wanking off while looking at his reflection in a mirror was really a lot more satisfying than sex with women he didn't give a damn about.

For anyone who might try to make the case that *Kingsman*'s Gazelle (Sofia Boutella), with her bladed prosthetic legs, is a memorable femme fatale, that argument might hold a little more water if she didn't have convicted killer Oscar Pistorius as a contemporary role model. This is female empowerment? I was reminded of the similar waste of Mila Kunis's talents in the recent, disappointing sci-fi picture *Jupiter Ascending*. (It is possible that Gazelle's appearance in the original comic book on which *Kingsman* is based predates the Pistorius case, in which case the overlap is unfortunate rather than distasteful.)

What can you say for a movie whose action showpiece is an extended 10-minute hand-to-hand slaughter involving dozens of innocent victims...inside a church!? All done to make a plot point (the bad guy is really really really bad) that another director could have made as effectively in 30 seconds, and that the audience knew already anyway. Maybe I just missed the ironic humour in the massacre. They can be funny, can't they? Doubly so when you stereotype the victims?

Speaking of action showpieces, let's not forget the five minutes of exploding heads. In time to music. With fireworks.

Oh yeah.

What can you say about the hypocrisy of a movie rating system that allows director Matthew Vaughn to cop a PG rating because his 10-minute slaughter scene and bursting heads cleverly minimize visible blood spatter?

What can you say for a movie whose idea of a super villain is Samuel Jackson as a deranged environmentalist (aren't they all?) with a lisp, and a diabolical plan of infiltrating every level of society with mindless surrogates whose visible neck implants are only slightly less obvious than if they sported the Mark of the Beast on their foreheads? Jackson may have been trying for the role of The Man You Love to Hate but the most he could pull off was The Man You Hate Because He Wasted 129 Minutes of Your Life.

Michael Caine also has a starring role in this turd. Did he and Jackson not read the script? Do they need the money that bad? Did they ever for a moment think what it would mean if *Kingsman* were the last movie they made before they unexpectedly exited this world? Perhaps comic book publishers have so come to dominate the global movie marketplace that even big name stars don't notice when the emperor has no clothes.

There is one genuine irony. People are going to make a point of watching *Kingsman: The Secret Service* because they can't believe it's as bad as I'm saying it is. Others because they're thinking: Exploding heads & prosthetic blades, outtasite!! *Seldom Scene* will have become complicit, in its tiny way, in the movie's success. Damn.

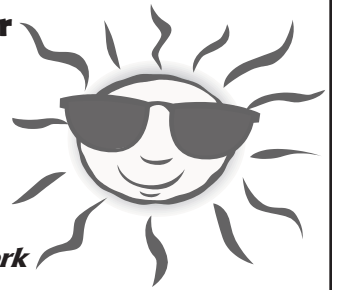


## Sunnywoods Farm

Your East Shore Garden Centre

See us for all your garden needs!

- Bedding plants
- Soils
- Seeds
- Trees & Shrubs
- Fresh Produce
- Local Beef and Pork



Store Hours:

Open Every Day, 10-5

15964 Hwy 3A, Crawford Bay  
250-227-9506

THE HISTORIC  
**GRAY CREEK STORE**  
← EST. 1913 →

Is now hiring Customer Service Representatives!

Do you have data entry skills or forklift experience?

Applications available at the Gray Creek Store or email resume to [gcs@graycreekstore.com](mailto:gcs@graycreekstore.com).

Attn: Christy Musil

Questions?

Please call Christy at 250-227-9315.

## Kootenay Lake Art Connection Update June 26<sup>th</sup> to Sept 1, 2015

by Geri Gomola

The project is meant to showcase artist and artisan work in galleries and business venues from Wynndel to Riondel. It is meant to bring tourists and community members in to get their initials on the brochure and view the art and make purchases that would otherwise not have occurred. The project is meant to see new artists and artisans emerge and create more visibility and more opportunities for them. The brochure, signage and advertising is intended to enhance commerce along the Kootenay Lake Art Connection route. Residents and tourists alike will be encouraged to interact with the artwork. The Art Connection will enhance the awareness of the arts and culture on the east shore as well as expose and promote little known business enterprises and generate more business for the existing businesses in the communities along 3A.

We are happy to announce that **Kunze Gallery** will be a member again this year will be the first gallery of the art tour. The Kunze Gallery will show case the accomplishments of established and emerging artists with paintings, pottery, sculpture and photography. Besides **Sandy Kunze** paintings and clay pieces **Heath Carra**, **Maggie Leal Valias**, **Cory Cannon** and **Andrew Bibby** will be featured in this gallery.

The **Wynndel Store** is also a member this year and **Harry Miller's** rustic wood carvings will be featured there.

**Mellowood Studio and Art Gallery** will feature the original art work of **Val Van der Poel**.

**Wynnwood Cellars Estate Winery** tasting room will showcase the artwork of the juried art show picks for 2015.

**Stone Cold Ice Cream** will feature **Dan Komars**. Stone creations and thirty flavours of ice Cream.

**Arrowsmith Gallery** will feature 12 artists' works along with **Karen Arrowsmith's** well known water colors.

**Emerald Eastcliff Art Gallery** in Gray Creek will feature **Geri Gomola's** mixed medium works.

It looks like **Sacred Journey Art Gallery** will also be participating, in the Gray Creek and Crawford Bay locations along with the regular Nelson location. Artists yet to be determined.

Lois Wakelin is contemplating an outdoor sculpture at the **Lakeview Store and Marina** location.

The Historic **Gray Creek Store** will be in and we are confirming that artist as well.

**Wedgewood Manor B&B** is a confirmed member and will be showing a new artist this year.

**Kokanee Chalets** is a confirmed member and will be showing one of our artists in the hotel lobby.

**Nelson and District Credit Union** will also be a sponsor of the Art Connection and the artists there are yet to be determined as well. We will probably feature three artists.

**Newkey's Place** will be a member this year and feature one of our artists.

**Mervin Robertson Art Gallery** located in the heart of Crawford Bay will be featuring around 37 local artists as well as the work of **Donna Robertson**, **Daniels Tonossi** and **Mervin Robertson's** wood carvings.

The **Black Salt Cafe** will be opening soon and featuring two artists **Gary Sly** and **Diane Trudel**. We can't wait to see the menu.

**Jacqueline Wedge** will be opening her pottery studio this year in the former glass blowing studio and joining the two other working studio's there, **Kootenay Forge and Firework's Copper**.

**Barefoot Handweaving Studio/Gallery** will feature **Ted Wallace's** paintings and **Janet Wallace's** weavings as well as a few others.

**Celts and Vikings Store** will feature handcrafted Northern European themed items.

**North Woven Broom Company** will be a member and feature their famous handcrafted brooms.

**Kokanee Springs Golf** resort (under new manage-

ment) will be one of our more famous venues.

The **Yasodhara Ashram** will be hosting a different type of venue this year. They will be having a silent auction from June 27 until September 1 and approximately 16 artists will showcase their work. The temple had a very unfortunate fire in the winter and your support for the silent auction will be help raise funds for rebuilding. **Danielle Tonossi** has confirmed her work will be there. We will let you know when we get a list of the other artist members there.

**Bob's Bar and Grill** will be hosting the **Riondel Art Club** again this year and be proud members.

There is a new gallery venue at the Kootenay Bay ferry land this year. **Faeries' Landing Art Market and Bistro** – welcome to the Art Connection!

There also is a new material and sewing shop **Stitch and Beach** at Kootenay Bay this year that will be a member as well. **Circle of Friends**, another member, will be opening the Riondel Gallery again this year

As of this date we are still signing up new and old venues and members. You may still be able to get a place or show a painting. Time is of the essence though, so call, Geri at 250-227-9085 for Gray Creek area, Lillianne at 250-227-9652 for the Crawford Bay and Riondel area, Karen 250-223-8177 for the Boswell area and Val 250-866-5772 for Wynndel. We are busy working for you, so give us a call. This should be the best Art Connection yet.

## Art for All Ages at Medley

By Lorna Robin

Medley Arts Camp fans, we have heard your call for more art classes and responded! Besides singing with **Bessie Wapp**, dancing with **Slava Doval**, learning guitar with **Rita Deane** or ukulele and marimbas with **Ben Johnson** and **Jacqueline Wedge**, you can also fulfill your burning desires to mess about with paint. This year's Medley offers art for every age and stage.

If you ever wondered where the visionary artists go to find their beautiful visions, well, they do not go too far: just behind their eyes, deep into their heads and hearts. If you want to try this yourself, **Zora Doval** will be teaching Visionary Art. This class will start from a totally different premise than art classes usually start: you will begin with closed eyes and a short guided meditation to retrieve a vision or remember a dream. Some of the greatest art is created from inner vision rather than by copying what is out there in the "real" world. If you like to connect with your deeper self and have a lot of fun while doing that, join us.

With **Shirley Wyngaard**, you can immerse yourself in landscape painting - learning through fun exercises and creation of paintings: selecting, analyzing and interpreting images; methods of transferring image to painting surface; understanding and effective use of shape, line, colour, value and texture to create contrast, perception of space, and so forth.

There will also be exciting offerings for youth and young children, taught by **Rielle Oswald** of Kaslo. More information can be found at the Medley Arts Camp website. The best vacations can be close to home.



Jacqueline Wedge getting arty with kids at the 2014 Medley Arts Camp.

## Art in the Library and Chamber

by Val van der Poel

Spring is such a busy time of year that we need to be reminded to stop and take time for a bit a relaxation. What better way to relax than taking in one of the wonderful art displays at the Creston Public Library and the Chamber of Commerce and Visitor Centre. It could also be an opportunity to pick up something different for Mother's Day.

The Art in the Library display is *Artistic Journeys*: a look by three local artists and where they come from and where they have been. The charming watercolors of Audrey Orosz will take you from the fields of Saskatchewan to the hot climes of Mexico. The vibrant art of Linda Lashbrook will lead you on a journey from cities to countrysides to flower gardens all in a variety of media; all a delight to the senses. Anne Graves will share scenes, in both watercolor and acrylic, from Europe to Vancouver and back home again to sights in our own valley. *Artistic Journeys* starts on April 25 and continues until June 27, so take time to recharge this spring by enjoying the Art in the Library.

"Paintings, Pottery and Pizazz" is what will greet you when you stop in at the Chamber of Commerce starting April 30th. Many local favourites will be strutting their stuff for this exhibit: Win Dinn's fabulous mixed media, Laura Leeder's delicate watercolors, Eileen Gidman's lovely watercolors and dye-painted fabrics, Andrea Revoy's quirky pottery creations, Allison Bjorkman's fabulous utilitarian pottery, Gloria Elliot's charming variety of acrylics, Carolyn Stone's exquisitely detailed watercolors, Emmie Roelofse's fun and colorful painted fabrics and Jenny Steenkamp's wonderful oils. In addition to these well known local artists we have two special exhibitors. Newcomer to the valley, Karen Tschierschwitz, will be displaying some of her charming pastel pieces, depicting a wide variety of subjects. And finally, Lika Meers-Skarznska will be showing a selection of her wonderful tapestries - make sure you have a look at her portfolio to read about the tapestry that has been blessed by the Pope. Everything you see when you visit will be a delight to the senses and you are sure to be able to find something that you would love to take home with you. We hope you will stop by from April 30 to June 30 to take that relaxing break from your busy life and enjoy the art. By the way, during the road construction it might be easier to park in the Farmer's Market area and enter the Chamber from the back door.

The community art displays are sponsored by the Community of Creston Art Council, the Creston Public Library and the Creston Valley Chamber of Commerce and Visitor Centre to enable artists from Yahk to Riondel to display their art and to let the public see the wonders of the world through the artists' eyes. The art in both locations is for sale so please support the local artists and the venues. If you would like your name on the list to display at one of these venues contact Val van der Poel at 250-866-577.

- Planning a wedding?
- Holding a meeting?

Consider renting the  
**BOSWELL HALL**

Booking/info: Judy @ 250-223-8664



## A Year Abroad: My Goal

by Daelin Peel-Smith

In a small community like Crawford Bay, it is necessary to move forth and bring exciting new things to everyone here. I believe that although adults are the ones running everything, youth are the ones that really need to be proactive. For some that could seem like an annoying expectation, but for myself, it was a well appreciated challenge.

As of three months ago, I decided to apply to several student exchange programs that take place in Germany. After the nerve-racking interviews and application forms, I narrowed down my pursuit to Youth For Understanding Canada, a nonprofit organization that works to bring youth from around the world into new cultures and countries. With this program (that I have been accepted into, and is currently finding me a host family!) I will spend 11 months in Germany, leaving this August. While away I will stay with a volunteer host family, attend a state school for my grade 11 year, and to the best of my ability become fluent in another language. With that in mind, although a life changing experience, this exchange does come at a very literal and monetary price.

As many community members are most likely aware already, I have been fundraising quite avidly recently. My most successful efforts have been through crowd funding, bake sales, and bottle drives. In all of these I have been absolutely blown away by the amount of support that has come my way. In more current events I will soon be starting a large raffle to help fund the remaining cost of the exchange, and I will begin working soon, too.

As for other preparatory efforts, Mauz Kroker, a local community member, has been tutoring me in German weekly. This will be a massive help once I arrive.

Now comes the most important part of this article, or at the very least the part that means the most to me. I wish to say thank you, to everyone. To each of you who has supported me through my online fundraising, my bottle drives, and through offering advice. For tutoring me in German, for showing appreciation to a youth for taking on this kind of project, and more than anything, I want to thank everyone reading for helping create and grow a community that encourages and supports its members to strive for excellence.

Before I leave this August I will be writing another article as an update on how everything has been going, a form of a goodbye. Once away I will share my experiences in Germany monthly, and do my best to keep everyone in touch.

If you would like to read more about my exchange or make a donation you can visit [www.gofundme.com/daytodeutschland](http://www.gofundme.com/daytodeutschland). Also, if you have any questions about my exchange or fundraising efforts feel free to contact me at [daelin773@gmail.com](mailto:daelin773@gmail.com) and I would be happy to answer them.

## Meet Friends at the East Shore Summer School

by Laverne Booth

Are you making plans for the grandkids or other visitors this summer? The three week summer program this year at Crawford Bay School could be just the right place and the right time.

The **Kids SMART Camp (Science, Movement and Art)** which runs from July 20 to 24 (the week after Starbelly Jam) is led by Kaslo 3D artist Rielle Oswald. The camp runs at the same time as **Shokunin Master Classes** for adults, featuring small, intimate classes with local and regional artists. Adults can go out and shoot with **wildlife photographer Jim Lawrence**. You can **write with Luanne Armstrong** in a writing mentorship relationship that can grow each year at Shokunin. Or this year you can do **theatre with Lucas Myers and Krista Lynch**, **visionary painting with Danielle Tonossi**, **make music with Greg Los-tracco**, **write historical non-fiction with Art Joyce** or create **spiritual art with Zora Doval**. [www.eastshorelearninghub.ca](http://www.eastshorelearninghub.ca)



Ellie Reynolds

**Medley Arts Camp** offers a five day program from July 27 to July 31 of daily creative experiences so you can choose one class a day or several. All ages can enjoy dancing with **Slava Doval**, singing with **Bessie Wapp**, playing Samba or the ukulele with **Ben Johnson**, painting with **Shirley Wyngaard**, playing the guitar with **Rita Deane** or marimbas with **Jacqueline Wedge**. There is a special **Kindermusik** class for the younger crowd (0 to 6) with Ellie Reynolds. [www.medleyartscamp.ca](http://www.medleyartscamp.ca)

From August 4 to 7, 2015 be prepared to see groups of people speaking French, Spanish and German all over the place! At the **Global Gesture Language Camp** families and individuals will do fun things like geo-cache the historical treasures of Gray Creek, visit the artisans, find animal tracks, prepare a simple meal in French, Spanish or German, and share it, learn some signs and songs. This is the first year for this language camp, and we hope local families who are raising their children in a first language which isn't English, will come and invite other family members and friends for a fun, immersion experience in your own language. Individuals who are learning to speak Spanish, German and French are welcome. [www.eastshoresummerschool.ca](http://www.eastshoresummerschool.ca) (in construction)

**How can local people get involved?** Volunteer (worth \$15/hour towards a class credit), sign up family members (call 250-551-5827) or go to the websites, there may be subsidies for local children, youth and seniors. **Help bring visitors to the region to attend the East Shore Summer School-** it is good business for us all and attracts attention to our fabulous, environmental school.

**Next Deadline:  
May 27, 2015**

## THINKING OF SELLING YOUR PROPERTY?

CHECK OUT WHAT TEAM CRESTON CAN DO FOR YOU!

- Provide you with a prelisting info package, outlining what we will do to help sell your home. **NO OBLIGATION**
- Provide information on how to prepare your home for sale.
- Show you how a **VIDEO TOUR** is an open house that is available all day every day.



Shelley Voight  
Managing Broker/Owner  
250.254.9599  
[svoight@telus.net](mailto:svoight@telus.net)



[www.teamcreston.ca](http://www.teamcreston.ca)  
250.428.9040



Wayne Dunbar  
Personal Real Estate Corporation  
250.428.1400  
[waynedunbar@gmail.com](mailto:waynedunbar@gmail.com)



**AREA "A" EDC**  
Economic Development  
Commission

**next application deadline:  
May 31st, 2015**

**Projects for Area A (East Shore, Riondel to Wynndel)** relevant to the promotion of economic development may be eligible for a grant from the Regional District of Central Kootenay.

**Potential applicants are invited to come to a meeting and tell us about your idea... we will help round out your plan and connect you with an appropriate umbrella organization.**

For information please contact:  
Lorna Robin, EDC Chair 250-225-3333  
[lornarobin@bluebell.ca](mailto:lornarobin@bluebell.ca)

**Community Connections** (aka South Kootenay Lake Community Services Society, SKLCSS) is a registered society that may be able to sponsor your application.  
email [skootenaylakeccss@gmail.com](mailto:skootenaylakeccss@gmail.com)

\*\*\*\*\*  
Why not visit [www.InvestKootenay.com](http://www.InvestKootenay.com)?  
over 1000 investors are registered!!  
List your business opportunity  
FREE compliments of EDC-Area A

## The PAC Box

Your Parent Advisory Council is working hard as a liaison between school and families and would like to take a moment to let you know about what's going on...

**PAC MEETING:** May PAC meeting is on May 11 at the CBESS library. All parents/guardians are welcome & voting members. Join us!

**GROCERY GIFT CARDS:** The grocery gift card fundraiser is on-going throughout the year. For May/June, proceeds go towards the secondary travel and extracurricular programming. Upcoming deadlines are May 3 and June 14. Call the school for more info: 250.227.9218 and place your orders, or contact Ingrid ([mainstreet@theeastshore.net](mailto:mainstreet@theeastshore.net)) or Erin ([namaskar@theeastshore.net](mailto:namaskar@theeastshore.net)).

## YOUR HALL IS AVAILABLE...

For community events, wedding receptions, workshops...You name it!

Booking info, Kathy Donnison @ 227- 9205

## CRAWFORD BAY HALL

"your community hall"  
A non-smoking facility.

## New Principal CBESS Announced

press release/Mainstreet interview

From Deanna Holitzki, Director of Human Resources: The district is pleased to announce Laury McPherson as the new principal hired to School District #8, deployed to Crawford Bay Elementary Secondary School. The position is effective June 1, 2015.

Laury will be moving to our district with significant experience both as a teacher and administrator. She has been working and living with her family in a small community in Brunei for several years. Prior to working internationally, Laury worked in schools in British Columbia. Laury grew up in a very small community outside Williams Lake and loves rural living.

She has been very key in promoting and developing opportunities for authentic learning projects, shared visioning, student engagement, individualized learning, mentoring programs, and working collaboratively with students, staff, and community in promoting student learning. Laury has also been instrumental in initiatives such as drama productions, Earth Week, Peace Week, service learning trips and opportunities, and in promoting student participation and action.

Dan Rude will continue as principal, and will be in the school every Monday and Thursday, until Laury takes over on June 1.

Mainstreet spoke with Laury via email and asked a few questions...

**What brought you to apply for the job as principal of CBESS?**

My family and I have been living in Brunei, on the island of Borneo, for twelve years now. We all felt that it was time to return home, particularly as we were missing our extended family and our children are now teenagers (Oliver is 15 and Anabelle is 13). However, we only wanted to make the move if we found an opportunity that matched our criteria, as we are very happy over here as well. We wanted to move to a place in BC that was small and rural; had an active and friendly community; had ample forests and all the recreational opportunities that go along with that; was located on a beautiful lake; was creative; and had a school that embodied all of the things that I value: parental involvement, innovative programming, care for the environment and people, and active engagement. Clearly, there are few places that can match that! I saw the posting for Crawford Bay School, researched it thoroughly, and was struck with what an absolutely perfect fit it was. I knew that this was where we were meant to be.

**What are you most looking forward to?**

In addition to looking forward to meeting everyone and becoming part of this amazing school, I am looking forward to the beauty of the area, being back in the trees of BC, having a garden and growing berries and all the things we have missed, riding my bike in the cool air (it is permanently very humid over here), seeing the flowers of BC, and sitting on a deck and looking at the lake.

**Have you found residence already?**

No, and if anybody has a lead, please let me know. We plan to rent for the first year, and then hope to purchase a lot and build a dream house on the lake. We will need to rent a place that has 2 or 3 bedrooms, and is either furnished or unfurnished (but furnished is better). Ideally we could move in June 1. A furnished vacation cabin would work well. My husband is a psychologist and has a private practice over here, and will be staying in Brunei for the first year to sell that and transition (with several month long visits to Crawford Bay!), so our rental home does not need to be large.

**What do you hope to bring to the position?**

I hope to continue to develop all of the innovative programs that are currently in place, and build from what has already been established. From there, we will decide together what is important for our children and then make that happen.

**Do you intend to collaborate with Dan Rude, our former principal?**

Definitely! We have been emailing and we will be working together during the transition. I am very fortunate to have his support as I settle in. Everyone associated with School District #8 has been incredibly welcoming and friendly. I can't wait to start.



## Kootenay Lake Factsheet

by British Columbia Wildlife Federation (BCWF) and the West Arm Outdoors Club (WAOC)

- Lake fertilization began in 1992 to restore lake productivity to a level close to the pre-hydro development era that had resulted in reduced nutrients entering the lake. The primary purpose of adding nutrients was and still is to produce food (zooplankton) for kokanee that adult Gerrard rainbow trout and bull trout primarily feed on.

- The Ministry monitors algae levels very closely and the data clearly indicates the right levels of production of the preferred algae for zooplankton. The Ministry must stay within the province's water quality guidelines. Green algae that are observed during the summer along the shoreline are normal and are a food source for insects that young trout eat.

- The Ministry data shows lake fertilization produces ample zooplankton for the kokanee. This program has resulted in Meadow Creek kokanee spawner numbers rebuilding from less than 200,000 in the late 1980s to over 1,000,000 by the 2000s. However during the last three years kokanee spawners have declined drastically with only about 70,000 spawners estimated in Meadow Creek. Annual lake hydroacoustic surveys suggest even lower numbers can be expected for the next three years.

- The large increase in kokanee numbers resulted in an increase of predators. The numbers of Gerrard spawners began to increase in the early 2000s

## Is Community Education a Social Enterprise?

by Laverne Booth

The two year pilot project of the East Shore Learning Hub partnership is drawing to an end (August, 2015). The good news is that Selkirk College will continue funding a part-time coordinator position and support training/employment projects such as the upcoming Trails Are Us and Fire Safety on the East Shore project.

Much appreciation goes to Columbia Basin Trust who supported the pilot project stage, and is unable to fund continued operational funding. The project has been very successful having run 65 courses with 400 students involved over the past year and a half.

The Faculty Club of the Selkirk Learning Hub which met in March at Bob's Bar and Grill, talked about how a trading system might help more people to teach, learn and connect. A well-known instructor recently refused payment after teaching a course, because he wants credits to learn something else...

To reflect on this possibility, and to explore entrepreneurial approaches to education in the community, an advisory board is coming together. Are you interested in sitting on this board? Meetings take place every two months with occasional phone consultations. If you are, please contact Laverne at 250-227-9218 ext 5518 or email [laverne@theeastshore.net](mailto:laverne@theeastshore.net).

*Next Deadline:  
May 27, 2015*

and record numbers of Gerrards were counted during the last four years.

- The data also indicates bull trout numbers increased in the 2000s, but are currently declining

- Rainbow trout and bull trout have virtually eaten themselves out of house and home. The data confirms that these fish are in poor condition resulting in small skinny adults.

- The data shows there is ample food zooplankton in the lake for kokanee but their numbers have collapsed to critically low numbers.

- The impact of the collapse of the Kootenay Lake Fishery will be very noticeable on the local economy. Direct expenditures by anglers exceed 4 million dollars per year. Guided fishing trips have been cancelled, seasonal residents have removed their boats from the lake and popular fishing derbies have been cancelled.

- Recovery of kokanee and trout populations will take many years, possibly a decade if left to nature.

- There is a need for the government to conduct an independent review to determine how fisheries managers could have averted this current crisis (learn from the event) and what proactive measures can be undertaken to accelerate the recovery (act to improve the future) of what was formerly the province's best inland large lake fishery.



## Tom's Corner

by Tom Lymbery  
**Frontier Chainsaws, Built in Trail**

As mentioned in the March *Mainstreet*, there was a chainsaw factory established in Trail, BC. As a one industry town with the smelter operated by CM&S / COMINCO/ TECH the city of Trail has always hoped to broaden its employment base so they welcomed and assisted Quadra Manufacturing to build a plant near the Trail Airport - their first saws branded Frontier appeared in 1975.

The Canadian Chainsaw (Power Machinery) operation in Vancouver was sold to the Skil Tool Company who wanted to expand into saws. However Skil only continued manufacturing in Vancouver for a period, then shut down entirely and sold off the tools and remaining parts stock.

This left those with saw design and manufacture out of employment, so some of these people got together to build machines and took up Trail's invitation, as well as obtaining government grants for anyone creating new jobs.

Tom McLachlan of the Trail Chevrolet dealers, Kay Motors was very enthusiastic and personally invested \$200,000 into the new operation.

They were looking at meeting the supposedly fabulous market for a \$99 chainsaw so the model they produced was small and light, using either a 12" or 16" bar with a very small 1/4" pitch chain that was the right size to be driven by the small 34 cc output of the two cycle engine. Unfortunately this chain was too small to be assembled by machines, so had to have ladies put the intricate chain parts together. Before long the 3/16" pitch chain appeared, which was more economic and cut well on these saws.

Frontier was the brand on their saws but there was a considerable market to brand the units Pioneer, Jonsered or Husqvarna, Jobu, Partner, Danarm and more as these companies didn't make a unit this small. I am sure if I had negotiated a 100 saw order we could have had a GRAY CREEK BRAND CHAINSAW. They never quite achieved the \$99 retail price - I remember the suggested list was \$115. Homelite came out with a unit of this size so there was considerable high powered competition.

When they were getting set up in 1973-74, Mike Acres operated Frontier Overnight Express from Trail to Vancouver and back five nights a week.

I believe the only parts they actually manufactured in Trail were the crankshaft and connecting rod - the rest of the parts were built elsewhere, so the operation was essentially one of assembly. Die cast and plastic parts came from Ontario, carburetors from Tillotson in Ohio, ignition modules from Phelon in Massachusetts and nuts, bolts and screws from Vancouver. Chain and bars from Windsor and more. Trail is a union town so they were paying CAIMAW rates of \$11 an hour - a very good wage 40 years ago.

I don't know how many units they actually sold but when the grants ran out, so did the operation, about 1978. Even though Tom McLachlan put in an additional \$25,000, it went into receivership that sent in Gary Isberg as overseer who made the condition that Jim and son Don Hutchinson were no longer part of the operation. Don was a pilot and had been flying a twin engine plane from the Trail Airport on sales promotion trips - perhaps flying too high. It carried on

for a while but could not change the costs without being moved closer to the supply of parts, so off to Huron Park, Ontario and a new name of TML (Trail Manufacturing Ltd.) I remember that Jonsered took it over until they became part of Swedish Electrolux. Electrolux did much more amalgamation at that time including Pioneer Chain Saws Ltd, all under the name of EMAB Canada. Poulan was also moved from Markham, Ontario to Huron Park.

It was a good saw, with possibly the only disadvantage that the gas cap and the chain oil cap were close together. I can remember several owners, including Bill Fraser who mistakenly filled the fuel tank with chain oil. About 1986 they came out with the Husqvarna Model 33 which used the Frontier engine but had improved chainbrake and vibration isolation, looking nothing like the original models.

That original engine turned out to be very well balanced and durable, even though it used some bushings instead of roller bearings. After the first basic model those with a chainbrake and automatic oiler were marketed, with a cover being put in where the oiler button had been. Very likely there are many units still out there. I had a customer who bought a new Frontier

each fall to cut Christmas trees in the East Kootenay. He carried his tent on the top of his car as he would camp out in the minus 10 F temperatures needed to keep the needles on those trees for long distance shipping - and continued to do this well into his 80s.

When he ceased this seasonal job he told me that it was because he couldn't get along with the property owner - he was still able to get those trees cut and assembled for bundling. Servicing saws used for Christmas trees required blowing out masses of milk weed seed pods and seeds that had been ingested by the cooling fan - saws literally "stuffed with seeds."

References from Tom McLachlan's book *Ruined by CIBC Dealer Plan - the Rise and Fall of Kay Motors*.

I received invaluable assistance on Frontier from Mike Acres and permission to quote from his Chainsaw Collector website, and provided the rare Frontier logo. Mike came to the 100th anniversary of the Kootenay Lake Fall Fair where his display and demonstration of antique saws attracted so many to that special event. Also thanks to Rick Pearson whose lifetime of chainsaw distribution covered other areas.



## MP's Stance on Bill C-51

from the office of David Wilks, MP

(Dated Feb 21/15)

Horribly, as we have seen in Canada, the international jihadist movement has declared war on us. Canadians are being targeted by these terrorists simply because they hate our society and the values it represents.

One only need to look back over the past several weeks at the terrorist attacks in Ottawa and Saint-Jean-sur-Richelieu as well as attacks abroad in Australia and Paris, to see that the threat of radical Islamic extremism is a very real threat.

As I travel throughout Kootenay Columbia, I hear constituents over and over saying that these threats require a strong response.

That is why, under the strong leadership of Prime Minister Stephen Harper, our Conservative Government took action and brought forward the Protection of Canada from Terrorists Act and Anti-terrorism Act 2015, that protects Canadians against jihadi terrorists who seek to destroy the very principles that make Canada the best country in the world to live.

Our Government rejects the argument that every time we talk about security, our freedoms are threatened. Canadians understand that their freedom and security go hand in hand. Canadians expect us to protect both, and there are protections in this legislation to do exactly that.

The fundamental fact is that our police and national security agencies are working to protect our rights and our freedoms, and it is jihadi terrorists who endanger our security and who would take away our freedoms.

Providing national security agencies with new tools will ensure that gaps in sharing information about suspected terrorists does not limit their ability to prevent attacks on Canada or against Canadians.

We as politicians do not enforce the law, but we have the duty to make sure that law enforcement has the necessary tools to keep Canadians safe. As a former RCMP officer, I can assure you that this government is doing everything in its power to continue to do just that.

**NEXT DEADLINE:  
MAY 27, 2015**

***mainstreet@theeastshore.net***

**WWW.ESHORE.CA**

**YOUR THOUGHTS/IDEAS ARE  
ALWAYS WELCOME!**

## BOOK REVIEWS

by Tom Lymbery

**DISASTER IN PARADISE – The Landslides in Johnston's Landing** by Amanda Bath, Harbour Publishing, \$22.95, soft cover, 240 pages.

This is a most moving book, not only describing the disastrous effects of the double landslide down Gar Creek but researching the ongoing trauma that Bath experienced as well as that of all those who survived. Four people were killed in two homes that were inundated with a blasting wall of mud and trees.

In the steep hillsides of Kootenay Lake Creek driven landslides are a fact of life. I have personally been very involved in three, but these damaged property but, fortunately, not people. The floods of June 26, 1955 created havoc for every larger creek in the West Kootenay tearing out bridges and roads, as well as the rail line and town of Sandon, but no deaths. The two Croasdaile Creek floods came on the same day of May 18 in 1964 and 1967, closed the highway and left rocks and debris through our orchard and fields but no loss of life. The small and isolated community of Johnston's Landing was a much greater disaster with only three bodies recovered and the fourth being deeply buried in her shattered house. I know many of the people involved as I have delivered many woodstoves to the area.

The author and her husband were fortunately not in their house by the lake when it was destroyed and had a second house in Kaslo, so were not left homeless like several others. She had a remarkable escape when she went by boat in the hopes of finding her cat and some of her possessions the next morning before the second slide came blasting into the lake. This was caught by a film crew so everyone had a chance to see the unbelievable force generated by a creek flood. And this was a steeper creek with an even faster flow. Three years later you can still look across from Highway 31 on the western shore to see the large scar originating high up the mountain.

Hundreds of emergency workers and news people soon arrived with helicopters overhead and tried to prevent residents from helping others, for fear of the unstable area. However Kaslo RCMP Chris Backus arrived within two hours of the first day's slide, staying a week and using consideration and empathy with the distraught residents, which many of the officials from cities didn't have. The author especially commends this officer.

She details the trauma of losing your neighbours and your home, and her experience is valuable for anyone who loses a close relative or has their house destroyed by fire – situations that leave you in limbo – unable to think clearly or even do basic tasks. Her solution was to almost immediately start writing about what happened and talking to Johnsons Landing friends who were part of the devastation – and this is how her most readable book came about.

**LAYING THE CHILDREN'S GHOSTS TO REST** Canada's Home Children in the West by Sean Arthur Joyce, Hagios Press, soft cover, 352 pages, \$18.95.

Art Joyce only learned a few years ago that he is a descendant of *Home children* – child immigrants who were sent to Canada for years to work on farms with the theory that they would achieve a better life here than if they remained in an impoverished family in Britain. Many were growing up in slum conditions with parents unable to support a family. Perhaps a single mother of four would have great difficulty feeding her children so believed that two would have a better chances if she enlisted them with Dr. Barnardo who developed homes in England to accommodate these young people before sending many to Canada.

Some were treated fairly as *one of the family* but many became poorly treated servants. They were all

indentured to their employers with some wages to be paid at maturity. For the girls it often meant being subjected to sexual abuse in isolated farm households. Barnardo did have inspectors in the hopes of making sure these children were properly treated but these inspectors were unable to reach many of the remote farms.

Leslie Vivian Rogers was a Barnardo boy who was sent to Canada at the age of five. Leslie Drew had problems researching his life for a booklet "LVR – the Wit and Wisdom of Leslie Vivian Rogers" for a Nelson High School reunion in the 1980s. LV Rogers remains the name of Nelson's High School to this day.

I am amazed at the research that Art Joyce has done into the Home Children since Dr. Barnardo and others involved had a policy in the early years of not providing family information to the children or even to enquiring relatives. Some found they had no birth certificates and virtually all grew up with the stigma of coming from a very disadvantaged family. Even one organization called itself The Waifs and Strays. Art's grandfather, Cyril William Joyce never talked about his life in England before he was sent to Canada at the age of 16. Certainly his heritage has given Art the incentive to dig deeply to produce an excellent 350 page book with a most important index.

*The East Shore Mainstreet*

*Creativity, Community, Conscience*

## Riondel Library

by Muriel Crowe

Our 5th annual open house was a success despite a slightly smaller crowd. This year we sponsored a writing competition for students. Just four entries came in but all four were worthy of prizes. The four writers were Addison Fowler, Sarah Wensink, Tannis Harms and Zephyr Harms. The judges had praise for all authors and the audience enjoyed hearing the stories and essay. Also reading for us that evening were Tom Lymbery and Shirleen Smith from their books, Rhonda Borman stepped in to read from Sharman Horwood's manuscript. as Sharman was unable to attend. There were several door and other prizes. Thanks go to the Riondel Golf Club for their donation of two passes, Sharman Horwood for a print and a wolf photo, Otter Books for two books, Secret Garden Toys for a game and Coles in Nelson for a tote bag, books and prints.

Our next event will be the book sale on the August long weekend. Two industrious volunteers have been busy sorting through the old stock left over from previous book sales, some were discarded and some were donated to Gleaners. The stock for this years sale may be a little less but it will be mainly new. There is a new display of easy reader books as well as some new adult fiction. I'm hoping that some young adult readers will put in requests for books, it would make purchase decisions much easier.

Spring is definitely here and with it some wonderful activities. This is a reminder that we have lots of books on gardening, golfing, hiking, fishing and bird watching as well as a magazine about running. Come and browse, borrow and remember that this week is volunteers week so thank your volunteer librarians and thank yourself for volunteering too.



***Do you know where to go  
if you had to evacuate due to a  
Wild Fire or Flood?***

**ESS Volunteers are hosting a  
2 Hour Evacuee Registration and Referral  
Training Session  
Crawford Bay Hall, May 7<sup>th</sup> at 7:00 pm**

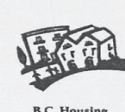
- Find out how Emergency Social Services (ESS) Volunteers respond in the event of an emergency.
- Learn how to register evacuees and provide basic services for the first 72 hours in the event of a single dwelling house fire or a large scale emergency.

***This orientation session is provided free of charge and refreshments will be provided***

***- No strings attached – No obligation to join ESS -***

**For more information please contact:**

**Alanna Garrett Emergency Coord: 250-428-0299 [agarrett@rdck.bc.ca](mailto:agarrett@rdck.bc.ca)**



## Health & Happiness

by Dr. Sid Kettner

### Getting Older? Great!

We all seem to keep doing it. And as George Bernard Shaw once said, "Do not try to live forever, you will not succeed." So now we merely have the choice of enjoying it or enduring it. Personally, I decided to enjoy it. Now I find that medical/psychological research is showing that older adults tend to be happier than younger people. Really! I kid you not. Good news for all of us with naturally colored white hair.

The announcement from the Association for Psychological Science suggests that older people are better able to regulate their emotions. They tend to dwell more on positive events than the younger set and to leave behind more negative ones. The researchers noted, as well, that as we age we tend to seek out situations and relationships that will boost our mood. We attend social outings with friends rather than merely spending time with people we have to "endure," who tend to bring us down or who stir up trouble and "drama."

Older folks tend to dwell less on setbacks, disappointments and unachieved goals. They focus instead on improving their well-being and the well-being of their relatives and friends. Noble pursuits, for sure. They realize that "Aging is not lost youth but a new stage of opportunity and strength." Betty Friedan. And medical research continues to encourage us control our life spans by the extent to which we avoid those known unhealthy behaviors that cause most people to die before reaching old age.

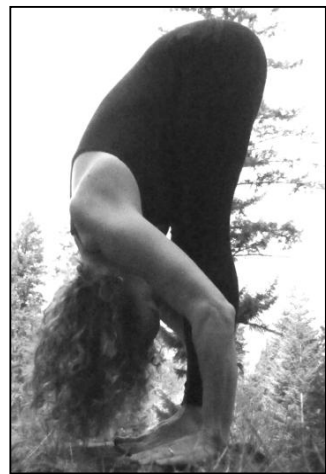
And there are some other fun consequences of aging. Not too practical perhaps, but why should everything have to be practical? As Albert Einstein quipped, "I have reached an age when, if someone tells me to wear socks, I don't have to." Thanks Albert. I feel better already. So get outside and enjoy spring. It won't come again for another year.

### Yoga & Asana Basics

Standing Forward Bend Pose~Uttanasana

by Jai Holman

*This forward bend is also a half inversion, which benefits the nervous system, heart & mind. This pose is seen as an elixir of youth. Its practice promotes a continued youthful vigour throughout life. "You are as young as your spine."*



#### Benefits

- Improves the length & health of the spine,
- Strengthens the back and abdominal muscles
- Tones, kidneys, liver, spleen & reproductive organs
- Massages abdominal organs
- Stretches all the muscles on back side of the body
- Aids digestion & elimination
- Corrects inequalities in lengths of the legs
- Strengthens and stretches hamstrings
- Alleviates depression
- Refreshes blood supply to the brain, prevents wrinkles
- Enhances energy, concentration & calm

#### Doing the Pose

With legs together, centre the weight on the balls of the feet. Inhale deeply as you stretch both arms straight up extending. Exhale, stretch down toward the floor, hands beside your feet or hold behind your legs wherever you feel comfortable. Breathe gently as you hold this pose

#### Focus in the pose

Keep the legs firm, active & straight or slightly bent  
Keep the body weight centred over balls of your feet  
Lift up through the sit bones as you ground down in the feet  
Allow the head and neck to relax with the pull of gravity

## Notice of Passing

MAXINE JOY MORRISON

Maxine's life came to full completion on April 18, 2015. She was born on September 18, 1940 in Moose Jaw, Saskatchewan, the first child of Norman (Buck) Clifford Morrison and Violet Pearl (Gough) Morrison, and moved several times in small town Saskatchewan with her family. Maxine was a free spirit and adventurer with a heart of gold.

Following graduation from the School of Nursing, Regina General Hospital in 1962, Maxine began her varied career and adventurous life as a Registered Nurse. Nursing provided opportunities to work in acute care and occupational health in northern communities in British Columbia, (Crawford Bay), Alberta, Saskatchewan, Manitoba, and Québec. In BC and Alberta, she assisted with air and land search and rescue. In the late 1970s, Maxine obtained her pilot's license at Mitchinson's in Saskatoon and later obtained her twin engine and commercial rating. She became a flying instructor out of Springbank AB while continuing to nurse.

She aspired to be a "Flying Nurse" for remote communities. She travelled throughout the world, working passage on a Norwegian tramp steamer visiting the shores of East and South Africa, and visiting Ireland, Alaska, Hawaii and India. Intrepid, she hitch-hiked across Canada. Maxine lived frugally, but was generous with those who were less fortunate, and her social calendar was always full. Absolutely passionate about politics, Maxine would take up causes and challenge politicians (including Justin Trudeau) with articulate arguments. She associated with those who were interested in foreign affairs and was a member of the Canadian International Council. Her concern for Canadian affairs led to membership in The Canadian Club.

Continuing education was a high priority and she would research a subject, becoming knowledgeable about it before taking up an argument. In recent years, she attended seniors' classes at the University of Saskatchewan. She became an accomplished pianist and classical guitar player. Her interests included gardening to provide winter food supplies and an association with nature. Maxine talked the talk and walked the walk. Her honesty, integrity, and loyalty were strong and consistent characteristics in all her relationships and advocacy for causes. She was always willing to give a helping hand to anyone and everyone.

Left to celebrate her life are her sister Sharon (Allen) Bibby and brother Don (Lois), six nieces and nephews, six grand nieces and nephews, and innumerable friends in and outside Canada from all ethnic backgrounds. She was predeceased by her father (1984) and mother (2011). Many thanks to the home and hospital Palliative Care Teams, doctors, friends and her sister Sharon for their support during Maxine's final adventure.

In honour of Maxine, donations may be made to the Saskatchewan Aviation Council, 202, 1630 Quebec Avenue, Saskatoon, SK S7K 1V7 or to the Palliative Home Care Program, #201 - 310 Idylwyld Drive, North, Saskatoon, SK S7L 0Z4. Condolences may be sent to mail@saskatoonfuneralhome.com. Arrangements have been entrusted to Saskatoon Funeral Home.

**YOUR East Shore Mainstreet**

**"Creativity, Community,  
Conscience"**

## Notice of Passing

Joseph William Henry La Plante

La Plante, William passed away peacefully on March 27, 2015 at the age of 94 years. Remembered and sadly missed by his children; Elaine of Terrace, BC, Linda (Cliff) of Invermere, BC, Anna-Marie (Stephen) of Coombs, BC, grandchildren Danielle, Tia (Randy), Christine, Lisa (Richard), Chad (Crystal), eight great grandchildren and his sister Rita (Gene).

Bill was sadly predeceased by his wife, Amy, son-in-law Len, grandson Brian and sister Pat. Bill was very proud of his service in the Royal Canadian Navy during WWII. He was an avid golfer and instrumental in the construction of the Summerland Golf and Country Club. He was also an outstanding woodcarver and great lover of horses.

He will be missed by friends and family alike. The family would like to pass on our sincere gratitude to Dave and Ali Carlton and Jan and Cindy Klassen for their friendship, care and support of Dad over the years. A Celebration of Life will be held at a later date.

**From Tom Lymbery:** *Bill La Plante worked at the Bluebell Mine in Riondel and he and his family lived in Gray Creek at 14490 Highway 3A, (property now owned by Charles Reynolds). He was a good friend of Johnny Oliver who likely supplied Bill with the cedar that he adeptly carved. This took considerable skill because cedar is so soft and splits easily.*

**Massage Therapy**  
**Harreson Tanner, RMT**  
**Over 30 years clinical experience**



\* Knowledgeable \* Skilled \* Experienced

For appointments, call 227-6877/505-6166

**Next Deadline:**  
**May 27, 2015**

**EAST SHORE PHYSIOTHERAPY**



**Anna Rose**  
BScPT

- Full Assessments
- Home Programs
- Gentle Treatments

Health Center, Crawford Bay

**(250) 227-9155**

## Remembrance Garden

by Wendy Scott

Good news and good outlook for what should be a lovely summer. Thanks to Kathy's persistent work, our grant for a watering system has been approved. So the garden will maintain its greenery no matter how dry the season becomes. More news to come re: our search for another engraver. Enjoy this wonderful spring.

Wendy - wmescott@gmail.com, 250-225-3381

Muriel - mcrowe@bluebell.ca, 250-225-3570

May 2015 Mainstreet 21

SERVICES DIRECTORY

The Service Directory is a great way to have your business listed as a reference for those shopping for a particular professional service. Keep your phone number handy and your message clear.

**AUTOMOTIVE/MARINE**

**EASTSHORE AUTOMOTIVE** - Service & Repair 250-227-9370  
**NORTHSTAR CRESTON** - 1-800-551-9351. Full service 8-bay shop featuring Goodwrench Service - \$41.95, genuine GM & AC Delco parts. Full line of major tire brands featuring: BFGoodrich, Michelin, Uniroyal, Hankook, Goodyear and Firestone brands.

**BUSINESS SERVICES**

**MUTUAL FIRE INSURANCE** of B.C. Quotes on Homes, Mobiles, Farms & Tenants. Seniors discounts at 55. Home Protection; No Claim; New Home. ph/fax 250-428-7937, broker Virginia Harder.

**CONSTRUCTION/CONTRACTORS/TRADES**  
**HULLAND AND LARSEN CONSTRUCTION** - experienced residential construction & custom finish work. 250.551.2915 or 250.505.3570. (see ad in contractor section)  
**STEEL WHEELS** - Septic systems planned & installed. We dig too, mini hoes for you. Dave or Donovan. 250-227-9646.  
**THE GREEN MACHINE** - Excavation, Landscaping, Installation of Waterlines. Ph.: 250.225.3485  
**TURLOCK ELECTRICAL CONTRACTING LTD.** (See colour ad in this issue for more information.) 250-227-9688 or 250-551-4671

**PERSONAL CARE/HEALTH**

**ALEXIS PHILLIPS, M.A., R.C.C.** - Registered Clinical Counsellor specializing in complex trauma, relationship issues, grief & loss, anxiety & depression. Apptmnt/consultation, call 250-509-0368.  
**BLANCHE TANNER** - Breath Practitioner, (Family Constellation) Heart-Centred Therapy (Meditation), Healing Emotional, Physical & Sexual Abuse, Addictions, Relationships, Anxiety, Depression. 227-6877  
**COUNSELLING & SUPPORT SERVICES:** Free and Confidential for children, adults and families. Services include: Adult Mental Health and Addictions; Child Youth Mental Health; & Family Support. Call 1-866-774-5324 (toll-free) or 250-353-7691. North Kootenay Lake Community Services Society.  
**FINGERPRINTS AND HAND ANALYSIS** - P. Danielle Tonossi IHA. Discover your Life Purpose and what it takes to live it fully or host a Self-Discovery Hand Reading Circle. My expertise is at your service - 250-227-9478. Info: www.crystalgardenspirit.com  
**FIRST CONTACT EAST SHORE MIDWIFERY** - Sylke Plaumann, registered midwife. 250-227-6846.  
**KOOTENAY SOUND HEALING CENTRE** on Riondel Road, offering sound healing treatments, gong meditations and Acutonics® classes. Theresa Lee, certified Acutonics® teacher and practitioner, 250-225-3518 kootenaysoundhealing.com  
**MASSAGES & WELLNESS FOR WOMEN** - Reflexology according to the clock of Chinese medicine, Rebutology: European method for deep tissue, Breuss spine massage with St. John's Wort oil, relaxing massage, Reiki, hot and cold stone therapeutic massage. Call Geraldine, certified therapist in Europe, over 15 years of practice, 250-227-9890  
**REGISTERED HERBAL THERAPIST, MASTER HERBALIST** - Maya Skalinska, M.H., R.H.T. Iridology, Tongue & Pulse analysis, Nutritional consultations, individual herbal remedies, Flower Essence consultations & remedies. For appointments, please call 250-225-3493.

**REGISTERED MASSAGE THERAPIST:** Harreson Tanner - Over 30 years clinical experience. Treatment of Lumbo/Sacral Strain, Whip Lash, Frozen Shoulder, Migranes/Headaches, TMJ problems, & Stress. No doct refl req'd. 227-6877/cell: 505-6166.  
**SAPPHIRE HAIR SALON:** Kate Page, hairdresser and proprietress. 16210 Hwy 3A (Crawford Bay Motel) Unit 9. Call to book an appointment: 250.505.6950.  
**SUSAN SNEAD - MASSAGE PRACTITIONER:** Certificates/training in Ayurvedic massages, Reflexology, Polarity Therapy, Acutonics Level 1, Fibonacci tuning fork alignment, Astrological Counselling. 250- 225-3520

**RESTAURANTS**

**CRAWFORD BAY HALL & COMMUNITY CORNER BUILDING** - available for community events, wedding receptions, workshops etc. Non-smoking facilities. Call Kathy, 227-9205.  
**MAXX AND NAMBI'S FAMILY RESTAURANT:** Open 7 days a week, Sunday breakfast: 9-noon. (located beside Newkey's)  
**NEWKEY'S PLACE** - Hwy 3A in Crawford Bay, licensed area. Open 10 am til close Monday to Sunday. Food Specials all day. 227-6911.  
**ROCKWOOD CAFÉ** - Authentic Chinese food, great pizzas and perfect burgers. Open Tues - Sun. Hwy 3A Gray Creek. 227-6840.

**YARD/LANDSCAPING/SITE PREP**

**TREE SERVICE, RESIDENTIAL** - Limbing, Pruning, Topping, Falling. Danger Tree Assessments, Free Estimates. Please Call James Linn at 250 225 3388

*Creativity, Community, Conscience*  
 mainstreet@theeastshore.net

*Next Deadline:  
 May 27, 2015*

CLASSIFIED SECTION

**BIZ ANNOUNCEMENTS**

**Insurance Certification** requires professional chimney installation - we are the Pro's - Gray Creek Store, 250.227.9315

**BUSINESS SERVICES**

**Fax service**, photocopies, (with no PST/GST) Tom Lymbery - Notary Public, 250-227-9315, fax 227-9449, 250.227.9448 for Notary Public.

**CLASSES/WRKSHOPS**

**Medley Arts Camp**, July 27-31, website is up with details of courses, times, and instructors. www.medleyartscamp.ca Mail in registration is available now, online registration coming soon. The best vacations can be close to home

**JOB OPPORTUNITIES**

**Gray Creek Store:** looking for customer service representatives. Do you have data entry skills or forklife experience? Applications are at the Gray Creek Store or email resumes to gcs@graycreekstore.com, attention: Christy Musil. Contact Christy with any questions: 250.227.9315.

**NOTICES**

**LEARNING OPPS:** What would you like to learn, teach or connect around? Deadline for the Selkirk Fall Calendar is May 24. Call today! 250-551-5827.

**REAL ESTATE**

**Unique Gray Creek Property for SALE:** Beautiful home & second studio building, new kitchen, bamboo flooring, two baths, decks, loft, large master bedroom. Located Jasper Road on 10 acres of forested land with walking trails... For more info & viewing. Call 250.505.3435.  
**Land for Sale:** Beautiful lake views from this 10 acre lot located half way up Gray Creek Hill, choices for prime building sites, electricity in place, water spring. For info call 250 505 3435.

**Free Classifieds available online at eshore.ca, the Mainstreet's official website!**

*Next Deadline:  
 May 27/2015*

*mainstreet  
 @theeastshore.net*

*www.eshore.ca*

*250.227.9246*

*Creativity,  
 Community,  
 Conscience*

**The MAINSTREET**

Contact: Ingrid Zaiss-Baetzel

Phone: 250-227-9246 Fax: 250-227-9264

Box 140, Crawford Bay, B.C. VOB 1E0

E-mail: mainstreet@theeastshore.net

**\*\* ADVERTISING RATES**

- \$35.00 - 3 1/4" wide by 1 3/4" high
- \$40.00 - 3 1/4" wide by 2 1/2" high
- \$45.00 - 3 1/4" wide by 3 1/4" high
- \$50.00 - 3 1/4" wide by 4" high
- \$55.00 - 3 1/4" wide by 4 1/2" high or 6 3/4" wide by 2 1/4" high
- \$65.00 - 3 1/4" wide by 6" high or 6 3/4" wide by 3" high
- \$85.00 - 3 1/4" high by 9" high or 6 3/4" wide by 4 1/2" high
- \$100.00 - 3 1/4" wide by 10 3/8" tall
- \$130.00 (quarter page) 5 1/4" wide by 7 1/2" tall
- \$150.00 (third page) - 6 3/4" wide by 7 1/2" high or 3 1/4" wide by 14 1/2" tall or 10 3/8" wide by 4 1/2" tall
- \$225.00 (half page) - 10 3/8" wide by 7 1/2" tall
- \$400.00 (full page) - 10 3/8" wide by 14 1/2" tall

Sample Sizes - more sizes available.

Column Width: 3 1/4 inches - double column width: 6 3/4 inches - full width: 10 3/8 inches

Services Directory: \$5/month, up to 3 lines.

Classified Ads: \$5/first 30 words, 10¢/word after the initial 30.

**\*\* 30% MORE FOR COLOUR ADS\*\***

# BULLETIN BOARD

## Community Notices, Thank You's, Not-For-Profit Announcements (all not related to business), Church Calendar & Meeting Places - free on the Bulletin Board.

### CHILD HEALTH CLINIC, ADULT IMMUNIZATIONS, PUBLIC HEALTH NURSE

Will be at the East Shore Health Centre monthly.  
For information, call Creston Health Unit at 250-428-3873.

### EAST SHORE HEALTH CENTRE Call 227-9006

\*See calendar for doctor days\* - Doctor hours are from  
9:30am to 4:30 pm. Please call 227-9006.  
Interior Health Authority, Community Care Nursing  
and Home Support Services - 250-352-1433.

### PHYSICIAN COVERAGE FOR APRIL 2015

**Note: Call to cancel if you can not make your  
appointment. We always have a wait list for  
patients needing to get an appointment.**

April 1: Dr. Moulson  
April 2: Dr. Lee  
April 7: Dr. Grymonpre  
April 8: Dr. Moulson  
April 9: Dr. Lee  
April 14: Dr. Grymonpre  
April 15: Dr. Moulson  
April 16: NO DOCTOR  
April 21: NO DOCTOR  
April 22: Dr. Moulson  
April 23: Dr. Lee  
April 28: Dr. Grymonpre  
April 29: Dr. Moulson  
April 30: Dr. Lee

**Please Note: Lab hours 7:30 - 10:30 am, Weds  
Call to make appointments at 227-9006  
on doctor days and Thursday morning.  
Tues, Weds & Thurs (8:30 to 12:30)  
Phone: 250-227-9006 Fax : 250-227-9017**

### BOSWELL HALL HAPPENINGS

**Yoga:** Thursdays, 9:30-11:00 am. Marilyn Arms 250-223-8058  
**Tone & Trim Fitness:** Mondays & Fridays 9am  
Darlene Knudson 250-223-8005  
**Vinters** - 7pm, May 13  
Jeanne Kay Guelke 250.402.3791  
**Book Club** - May 14, 2pm  
Contact Melody Farmer 250-223-8443  
**Quilters Guild** - May 19, 2pm  
Contact Jan Brooks 250-223-8667  
**BADEV** - May 14, 7pm  
Contact Rod Stewart 250-223-8089

### BOSWELL HALL SPECIAL EVENTS

**Plant Sale & Lunch:** May 9th time TBA: Contact  
Barb Basaraba 250-223-8339 or Heather Krislock 250-  
223-8333.

**Farmer's Institute** Fundraiser Dinner: May 30th  
6:00pm. Contact Bob Arms 250-223-8058

### OPEN WRITING GROUP

Open Writing Group at the Crawford Bay School Library,  
4-6pm - cookies & tea provided. \$3 drop-in. Dates: May  
25, June 22, July 27, August 31 and Sept 28.

### CELEBRATION OF LIFE

Colin Horwood's Celebration of Life will be held on  
Saturday May 2nd at 2:00 pm in the Riondel Commu-  
nity Centre. All welcome.

## The MAINSTREET

Contact: Ingrid Zaiss-Baetzel

Phone: 250-227-9246 Fax: 250-227-9264

Box 140, Crawford Bay, B.C. VOB 1E0

E-mail: [mainstreet@theeastshore.net](mailto:mainstreet@theeastshore.net)

### \*\*ADVERTISING RATES

\$35.00 - 3<sup>1/4</sup>" wide by 1<sup>3/4</sup>" high

\$40.00 - 3<sup>1/4</sup>" wide by 2<sup>1/2</sup>" high

\$45.00 - 3<sup>1/4</sup>" wide by 3<sup>1/4</sup>" high

\$50.00 - 3<sup>1/4</sup>" wide by 4" high

\$55.00 - 3<sup>1/4</sup>" wide by 4<sup>1/2</sup>" high

or 6<sup>3/4</sup>" wide by 2<sup>1/4</sup>" high

\$65.00 - 3<sup>1/4</sup>" wide by 6" high

or 6<sup>3/4</sup>" wide by 3" high

\$85.00 - 3<sup>1/4</sup>" high by 9" high

or 6<sup>3/4</sup>" wide by 4<sup>1/2</sup>" high

\$100.00 - 3<sup>1/4</sup>" wide by 10<sup>3/8</sup>" tall

\$130.00 (quarter page) 5<sup>1/4</sup>" wide by 7<sup>1/2</sup>" tall

\$150.00 (third page) - 6<sup>3/4</sup>" wide by 7<sup>1/2</sup>" high

or 3<sup>1/4</sup>" wide by 14<sup>1/2</sup>" tall or 10<sup>3/8</sup>" wide by 4<sup>1/2</sup>" tall

\$225.00 (half page) - 10<sup>3/8</sup>" wide by 7<sup>1/2</sup>" tall

\$400.00 (full page) - 10<sup>3/8</sup>" wide by 14<sup>1/2</sup>" tall

Sample Sizes - more sizes available.

Column Width: 3<sup>1/4</sup> inches - double column

width: 6<sup>3/4</sup> inches - full width: 10<sup>3/8</sup> inches

Services Directory: \$5/month, up to 3 lines.

Classified Ads: \$5/first 30 words,

10¢/word after the initial 30.

\*\* 30% MORE FOR COLOUR ADS\*\*

## KOOTENAY LAKE FERRY YEAR ROUND SCHEDULE

Mountain Standard Time - Winter Schedule in effect

Vessel Name	Balfour	Terminal	Kootenay	Terminal
		Winter	Bay	Winter
Osprey 2000		6:30 am		7:10 am
Osprey 2000		8:10 am		9:00 am
Osprey 2000		9:50 am		10:40 am
MV Balfour				
Osprey 2000		11:30 am		12:20 pm
MV Balfour				
Osprey 2000		1:10 pm		2:00 pm
MV Balfour				
Osprey 2000		2:50 pm		3:40 pm
MV Balfour				
Osprey 2000		4:30 pm		5:20 pm
MV Balfour				
Osprey 2000		6:10 pm		7:00 pm
Osprey 2000		7:50 pm		8:40 pm
Osprey 2000		9:40 pm		10:20 pm

## CHURCH CALENDAR

### RIONDEL COMMUNITY CHURCH

#### May 2015 SCHEDULE

May 3: Ramona Dannhauer, 4pm

Music: Richard

May 10: Please join us on the 10:40 ferry to Balfour,  
St. Michael's Church, 11am

May 17: Jim Hearne, 11am

Music: Marie Gale

May 24: Jeff Zakk, 11am

Music: Marie Gale

May 31: Brenda Panio, 11am

Music: Marie Gale

Please check [www.riondel.ca](http://www.riondel.ca) for changes Info at 250-225-3381

### CHRIST CHURCH & EAST SHORE CONGREGATIONS ST. ANSELM'S CHURCH BOSWELL (Anglican)

For information call Christ Church Creston 428-4248

**No services at the present time. Contact Christ  
Church Creston for info - 250.428.4248**

### HARRISON MEM. COMM. CHURCH, ANGLICAN

Crawford Creek Rd., Crawford Bay Everyone Welcome!

**No services at present time.**

For info, please contact *Karen Gilbert: 227-8914*

### KOOTENAY LAKE COMMUNITY CHURCH

*A Lighthouse on the East Shore*

Come & join us Sundays at 10 am.

Coffee fellowship after the service.

Pastors Richard and Ramona Dannhauer  
16190 Hwy 3A, Crawford Bay 250.227.9444

### YASODHARA ASHRAM

Satsang (non-denominational, "in the company of the wise"),  
each evening 8pm. Everyone welcome, 250.227.9224

### MOST HOLY REDEEMER CATHOLIC CHURCH, RIONDEL

Reverend Thomas Kakkaniyil Phone: 428-2300 Fax: 428-4811

Sunday Mass at 2:00 pm

1st Sunday of the month, Fellowship Sunday.

### THE CHURCH OF JESUS CHRIST OF LATTER DAY SAINTS

1520 Campbell Avenue, Riondel, B.C.

Meetings begin at 10 am, every Sunday. Info call, 250-227-9522

### CHRISTIAN SCIENCE CHURCH SERVICES

Held in the Anglican Church, 8151 Busk Rd, Balfour

Sundays, 9:30 am - All welcome For info, call: 250.229.5237

**Next Deadline:  
May 27, 2015**

## MEETING PLACES

**LIONS CLUB** - meets at the Kootenay Lake Community  
Church - 16190 Highway 3A, Crawford Bay.

Meeting Times: 7 pm.

Second and Fourth Tuesday of the Month

For More info call Lion Mike Jeffery - 250-227-6807 or Lion David  
George at 250-227-9550 or Lion Jim at 250-227-9622.

**TOPS** - Take Off Pounds Sensibly: meets every Monday morning  
at 8:30 am in the Kootenay Lake Community Church basement.  
Call Myrna for more info: 227-9420

### PARENT ADVISORY COMMITTEE

(PAC) Meetings held at 7 pm at the Crawford Bay School  
on (usually) the second or third Monday of the month. (or Tues)  
Call Ingrid to be put on the agenda - 250.227.9246

**March PAC Meeting:  
May 11, 2015**

May 2015 Mainstreet 23

*The East Shore Mainstreet*

*Creativity, Community, Conscience*

May 2015

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						1 2
3	<b>Full Moon</b> 4	5	6	7	8	9
	<b>Intn'l Firefighters Day</b> TOPS, KLCC, 8:30am <b>Self Healing w/ Melina,</b> 7-8:30pm drop in, Studio Ponnuki,	<b>Creston Vet Clinic,</b> CB Motel Dr. Lee	<b>FWCP Mtng, Kaslo, 5pm</b> <b>Volleyball,</b> 7pm, CB Gym <b>Bingo, Rio CC, 7pm</b> Dr. Grymonpre	<b>Emerg. Services Evac</b> Mtng, CB Hall, 7pm <b>Hatha Yoga Bos Hall, 9:30-11</b> <b>Many Bays Practice, 7pm</b> Dr Grymonpre	<b>RBC Learn to Play</b> Grant Deadline	<b>Colin Horwood Celebration of Life,</b> Rio CC, 2pm
10	11	12	13	14	15	16
<b>Mothers Day Buffet,</b> Rockwood <b>Artisans Spring Fling</b> <b>GC Hall Annual Workbee,</b> 10am-2pm, GC Hall	<b>PAC Meeting,</b> Learning Lab, CBESS, 7pm TOPS, KLCC, 8:30am <b>Self Healing w/ Melina,</b> 7-8:30pm drop in, Studio Ponnuki,	<b>Lions Mtng,</b> 7 pm Dr. Grymonpre	<b>Volleyball,</b> 7pm, CB Gym <b>Bingo, Rio CC, 7pm</b> Dr. Moulson	<b>Hatha Yoga Bos Hall, 9:30-11</b> <b>Many Bays Practice, 7pm</b> Dr. Lee	<b>Faeries Landing</b> Grand Opening,	
17	18	19	20	21	22	23
	<b>TOPS, KLCC, 8:30am</b> <b>Self Healing w/ Melina,</b> 7-8:30pm drop in, Studio Ponnuki,	<b>Dr. Lee</b>	<b>Volleyball,</b> 7pm, CB Gym <b>Bingo, Rio CC, 7pm</b> Dr. Moulson	<b>Hatha Yoga Bos Hall, 9:30-11</b> <b>Many Bays Practice, 7pm</b> Dr. Grymonpre		
24/31	25	26	27	28	29	30
<b>31: EDC Grant Deadline</b>	<b>Open Writing Group,</b> CBESS, 4-6pm TOPS, KLCC, 8:30am <b>Self Healing w/ Melina,</b> 7-8:30pm drop in, Studio Ponnuki,	<b>Lions Mtng,</b> 7 pm Dr Lee	<b>Volleyball,</b> 7pm, CB Gym <b>Bingo, Rio CC, 7pm</b> <b>Mainstreet Deadline</b> Dr. Moulson	<b>Hatha Yoga Bos Hall, 9:30-11</b> <b>Many Bays Practice, 7pm</b> Dr. ?		<b>CB Park Playground Silent Auction and Dinner,</b> CB Hall

**How long would it take our local Emergency Services to find your home?**



**The Riondel Volunteer Fire Department is making Highway Fire Signs to ensure that Emergency Services can find you!**

**Colour Choices are: Red, Blue, or Green**  
**Single Side \$25.00 Double Sided \$35.00**  
 To order or for more information: Sharon Webster at 250-225-3253  
 All signs are 6" x 20", 0.08 gauge aluminum, painted with engineer reflective paint  
 All numbers are 4" tall using highly reflective prismatic white

**ES Health Centre ~227-9006~**


Drug & Alcohol: 353-7691    Child & Youth: 353-7691  
 Public Health Dental Screening/Counseling: 428-3876  
 Community Nursing: 352-1433    Hospice: 227-9006  
 Mammography Screening: 354-6721    Baby Clinics: 428-3873  
 Physiotherapy: 227-9155    Massage Therapy: 227-6877  
 For more on facility, call Kathy Smith, 227-9006

ADVERTISER	PAGE		
Rockwood Cafe	1		
Artisans	13	Sacred Journey	12
Artisans/Twisted Roots Plant	9	Sapphire Hair Salon	12
Black Salt	1,3	Studio Ponnuki	5
Boswell Hall	16	Sunnywoods	3,15
Classified Ads		Sunset Seed	6,14
Community Futures	14	Theresa Lee Acutonics	12
Crawford Bay Hall & Parks	17	Tipi Camp Schedule	9
Crawford Bay Market	13	Turlock Electrical	12
Credit Union	13		
Creston Valley Realty	14		
Creston Vet Clinic	14		
Destiny Bay Resort	12		
EASEY Silent Auction for PG	1		
EDC	17		
ESIS	12		
Eastshore Physiotherapy	21		
Faeries' Landing	13		
Fitness Place	9		
Gray Creek Store	13		
Gray Creek Store Help Wanted	3,15		
Guiding Hands Membership	8		
Harreson Tanner	21		
Hulland and Larsen	12		
KES	13		
Kokanee Springs Resort	12		
Kootenay Insurance Services	9		
Kootenay Lk Art Connection	13		
PAC Box	17		
RDCK TS Hours	12		
Riondel Market	12		

**Transfer Station Hours**

**CRAWFORD BAY:**  
Sun, Tues & Thurs  
9am - 3pm

**BOSWELL:**  
Weds/Sat 11 am-3pm



**Library Hours:**

**East Shore Reading Centre:**  
Tues & Sat: 12-3  
Thurs: 7-9 pm

**Riondel Library:**  
Mon: 2-4 pm,  
Weds:  
6-8 pm  
Tues, Thurs, Sat: