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YEAR 28, NUMBER 5

MAY 2018

The East Shore Mainstreet

KOOTENAY LAKE BC

Serving the East Shore Communities of Boswell, Gray Creek, Crawford Bay, Kootenay/Pilot Bay and Riondel



Shotokan School of Karate students and teachers: (front, l-r) Benjamin Petrie, Klaus Plaumann, Avery Pitt and (back, l-r) James Linn, Arlo Linn and Geoffroy Tremblay. Photo taken by Mandy Petrie after most recent grading at which Benjamin Petrie and Avery Pitt passed their 8th Kyu and Geoffroy Tremblay passed his 6th Kyu. Classes offered every Monday & Wednesday (beginner's class on Wednesday) at Crawford Bay School.

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Mainstreet Meanderings

by Editor Ingrid Baetzel

Heli Skiing in Our BackYards? Reports on Two Recent Meetings

In April, the East Shore heard about two coinciding proposals to develop back country touring operations in the Purcell Mountain area. What follows are reports from both of those meetings. **Please note that there is a meeting being hosted by Wildsight at the Gray Creek Hall on May 3 at 7pm to talk about the environmental impact of these two proposals.**

North West Mountain Experience Proposal

Approximately 25 people attended the April 18, 2018 informational meeting regarding one of two proposals which could impact East Shore residents in significant ways (this one by North West Mountain Experience is to start an Eco-Adventure Tourism program in the Purcells on Armour Mountain).

Daniel Morton, along with his wife Mary and their son Logan, arranged to present the plan to East Shore residents at 7pm on April 18 at the Crawford Bay Hall. Daniel is an ACMG (Association of Mountain Guides) Backcountry Ski Guide and his wife Mary is a professionally trained chef. Their company is called North West Mountain Experience and is based out of their home in the Slocan. They have been renting back-country huts and lodges and touring groups (they have around 500 regular guests and an approximate 80% return rate) all over southern BC and into Alberta for many years now. Morton expressed that it's become harder to secure huts and lodges with the high demand of back country skiing and excursions. They have to

book years in advance and it requires a huge amount of planning, says Morton.

NWME is asking permission to build a lodge to sleep 12 guests and 4 staff (and eventually an additional guest hut) between the East Shore and Kimberly in the Purcell Mountains. Their proposal is to helicopter in 12 guests, once per week, during the winter months. Their helicopters are AStar machines, reportedly much smaller and quieter than the Bell 205's and 212's. These weekly trips would mean a couple of round trips maximum to bring the existing guests out and bring in the new guests and supplies. Morton calls his outfit a non-mechanized one because, although they use a helicopter to bring people in, it's all just human power from the point of drop off. There are no snowcats or other motorized machinery at work. They use composting toilets, solar power, and take out everything they bring in.

The Lands Office accepted Morton's proposal first (of the two coinciding "heli-ski" proposals) for review. It is important to note that NWME's proposal is asking for tenure on just over 10,000 hectares, all based in the RDEK region. The Retallack proposal is asking for over 70,000 hectares.

Morton has already begun local partnerships with businesses, including Kokanee Springs who would host the launch pad for the helicopter and provide accommodation for the guests. That doesn't mean that the guests would be required to stay there, or that they couldn't come earlier and enjoy the region before going up to the ski lodge. A local resident man suggested that NWME even encourage guests to come earlier for that explicit purpose. Morton was very receptive to the idea. Morton also stressed that their proposal has the end goal of being a non-mechanized, eco-tourism, sustainable, non-resource based one, including the lodge and out buildings.

Morton pointed out that this right to tenure does not give anyone exclusive use of the terrain, and he is very open to locals visiting the site and willing to work out deals with those who would like to experience it

Cont'd on page 4

LETTER TO THE EDITOR

OUR FERRY LEGACY

Dear Editor:

In response to the survey that was conducted by the Ministry of Transportation and Infrastructure (MOTI) to the changes proposed at the Balfour Ferry terminal on Kootenay Lake, I would like to present my view as to what has transpired with this essential service of moving vehicles and people across Kootenay Lake and linking the Highway 3A system.

My first ferry ride was in 1959 and since then this ferry has become an important part of life for my family and friends from the East Shore of Kootenay Lake.

When the ferry route was changed from Gray Creek to Kootenay Bay in 1947 many people questioned why the terminal was to remain in Balfour and not relocate to a more direct route out of the West Arm. It would have greatly helped to reduce the distance and time needed to cross. That was over 70 years ago.

In those 70 years the Kootenay Lake Ferry has travelled very close to twice the distance, needing twice the time required to connect this highway link than is necessary. Over the years the Ministry has done nothing to address or solve the problem until recently, when it appeared the MOTI's commissioned feasibility studies (2012, 2016) proposed a new terminal site. The reports done by independent engineering consultants recommended the Queens Bay North site as meeting all requirements for a terminal and at the same time avoiding the many problems that the Balfour terminal suffers; fundamental problems mainly associated with limited space, and the hazard of navigating a narrow channel.

These problems will continue to beset the Balfour Terminal regardless of how many upgrades and tax dollars are thrown at it.

In June of 2016 the Ministry approached only the communities of Balfour and Queens Bay with information and consultation meetings. Despite the many requests, MOTI chose not to meet or inform the East Shore residents, who are the regular users and rely on

this service.

The East Shore residents would greatly benefit from a shorter route (economic development, health services, school activities, access to education, recreation, shopping facilities and commuting to our largest centre); and yet this entire constituency was not directly consulted.


The Ministry now publicly admits the original 2016 survey process was not conducted properly and MOTI should have consulted with the East shore residents and other users ensuring that an equal voice was heard by all the users. No one on the East Shore could have imagined that the 2016 survey was to be used as the ONLY basis for the decision as to whether to move the ferry from Balfour, basing that decision on the number of for and against submissions, and completely ignoring professional recommendations.

The MOTI has a misplaced confidence in the results from the Public Consultation, Round 1.

With the exclusion of the East Shore from participation, the process was dominated by a group of biased activists and residents from Balfour-Queens Bay and ferry landing businesses, whose concern was not to improve this system, but retain the status quo. This was done by portraying an economic, social and lifestyle devastation of the Balfour area were this relocation to take place. The so-called Public Consultation is a sham.

With its unwarranted confidence in public opinion, the MOTI is now taking great lengths to inform and accept views from the East Shore residents regarding what they would like to see the Balfour terminal look like. It is a hypocrisy and insult to ignore the East Shore in Round 1 and then present their decision as "we listened to you". This is disgraceful behaviour from a government ministry.

The Kootenay Lake ferry system has been unnecessarily travelling twice the distance and time per sailing for 70 years, not giving the East Shore residents, travellers, businesses and the transportation industry any



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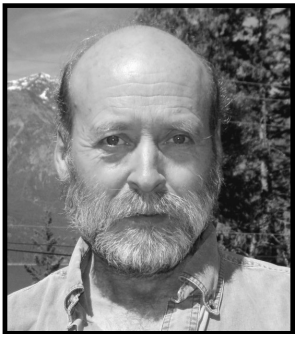
Copies every issue: 700-1000

The East Shore Mainstreet is a monthly publication for the benefit of residents of the East Shore of Kootenay Lake, written by community volunteers. Send in June 2018 issue items by:

Next Deadline: May 23, 2018

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RDCK Area "A" Update

by Garry Jackman,
Director - Area "A"

IN YOUR OWN WORDS (Part 2.2 – sign up for ongoing input):

In January and April of this year I relayed information on a series of meetings which were held across Wynndel/East Shore Kootenay Lake to seek your thoughts and concerns around a wide range of issues including our local economy and resident attraction. The "kitchen table" meetings were held at Riondel, Kootenay Bay, Crawford Bay, Gray Creek, Boswell, Armstrong Bay, Sirdar and Wynndel. A follow up forum held on March 16th at Crawford Bay School brought out around 70 residents who added their voices to the ongoing discussion. The "action" portion of that forum was brief, so it will be followed up by another event in the fall.

There are opportunities to talk to your neighbours every day, but the opportunity to have your voice heard formally by government may seem to be less frequent. The provincial government routinely posts opportunities for public input on specific issues, as does local government for official community planning, the resource recovery planning I referred to earlier this year, and other major initiatives such as the upcoming recreation and leisure master planning.

In the interim, there are a number of opportunities for you to meet routinely and forward your recommendations for the betterment of our communities to local government. I mention this again here because of a few of the comments I have heard around two back country tenure applications which are currently open for public review and comment through Front Counter BC. I want to recap one of the mechanisms for you to participate more formally in such discussions as well as the other opportunities to help guide your community through local government commissions and committees.

this issue.

We are now faced with dredging the narrows or the Osprey will continue to drag on the bottom and suffer ongoing hull damage.

Although there are now proposals to improve the Balfour landing, it is too small and traffic is forced onto the highway. A similar dangerous situation exists in Kootenay Bay as trucks are unable to access the runaway lane on the 8 per cent approach grades.

Building a new landing in Queen's Bay would create dozens of jobs for years during construction and cut the current 35 minute crossing to 18 minutes, all in deep water. There would also be a huge reduction in fuel use and carbon footprint.

Right now the economic well being of this entire area is being sacrificed for the sake of a few individuals.

What happened to the greater good?

Paul Hindson, Crawford Bay

RESPONSE TO RETALLACK/KTUNAXA ADVENTURE TOURISM APPLICATION

Dear Editor:

I support economic development for First Nations. I do not support the high intensity of helicopter traffic that is the main mode of activity in this operation. I support an Adventure Development tourism model that is primarily ground based.

This would also provide high levels of employment. The proposed model requires a high degree of expensive technology (helicopters) and a high degree of qualifications (pilots). This is a high cost aspect of the model. A primary ground operation would provide a higher requirement for general skills. This could be desirable from an employment standpoint.

If the partnership is designed to provide employment to both parties, a primarily ground operation might be more employment effective. As well, the transport and storage of fuel present hazards. How many fuel spill incidents can be expected over a 45-year time frame?

The most formal way you can participate in the review of land use applications is through the Advisory Planning Commission (APC). I have mentioned the APC in several articles, but I want to emphasize again the difference between this commission and other local government commissions and committees. Appointing and supporting an APC is a statutory obligation for local government. An APC has citizen members only and is supported by the local elected official(s) and staff. The membership makes its recommendations and sends them directly to the regional district to become part of the official record, independent of any comments which may arise through the political process. An APC will receive some referrals (which I will describe more fully below) automatically as part of their mandated role but may receive additional referrals at the request of the local elected official.

Referrals are a process used by various orders of government, including first nations, to obtain comments and recommendations in areas of overlapping jurisdiction. Some referrals fall along the lines of a courtesy, as the party receiving the application or documents to be reviewed may have limited interest or powers regarding the proposal. Other referrals will require the support of the party, such as some Agricultural Land Use applications, or else the process or application will not proceed any further. The circumstances and variety of applications are numerous so I will not try to go through them here (I would need to go back to the books for refreshers on some as well). The point is that an application coming to you as an APC member will be influenced to a greater or lesser degree depending on what that specific application is for.

So why mention any of this at all?

At the recent monthly meeting of a local organization the agenda contained an item on two back country land use tenure applications. Part of the conversation touched on when an organization should or could express an opinion or take a position on behalf of the greater group. Each organization should do as it sees fit, and really it comes down to a question of authority and acting in good faith. It is not possible to capture everyone's concerns nor is it always possible to reach consensus. That said, I pointed out there is a formal

The open house presentation at the Crawford Bay School was inadequate because the proponents were attempting to soft-sell the project. Much of their effort concerned tertiary issues, not primary questions. For example, I spoke to a Retallack representative. I referred to studies and citations included in the proposal that described the stress and habitat disruption experienced by ungulates and goats caused by helicopter traffic. He agreed. I then challenged the plans to mitigate wildlife stress.

The methods to mitigate trauma to wildlife are weak and inane. It is intellectually dishonest. These methods might be useful in a single instance. They will not be effective over a 45-year time frame. Habitat viability is not a controversial issue. It is known what causes habitat degradation.

The tenure area is impacted by clearcuts, roads and mineral exploration. The roads provide access to all users. The logging, snowmobiling, road traffic, are episodic and seasonal. They have impact to a lesser degree. There is encroachment on wildlife. The proposal would be 7200 helicopter flights per year or 19.72 per day for 45 years. This is the number provided by the Retallack rep. He said this was the maximum for the duration of the tenure. It would not increase.

The helicopter traffic in this area currently is episodic. It is heavy when fire suppression is occurring. The accumulation of stress created by Retallack-Ktunaxa plan is unecological. I am concerned that government approval would be solely economic based and a dereliction of stewardship.

The scale of this proposal and the intensity of mechanisation is a disappointing irony when combined with the desires of "adventure" tourists to experience nature in its pure state. The stress on wildlife caused by low altitude permanent daily air traffic has to be considerable. This is not fly-over traffic, it is take off and landing which is much more invasive.

The public presentation was not designed to answer hard questions. That was clear when the Retallack rep repeatedly attempted to shuffle me over to a group

role within local government for citizens to play where they will be asked to voice a consensus or majority view but to do this they need to be engaged as part of the local APC. Currently the RDCK Area A Advisory Planning Commission only has two members, having one member recently stepped away due to other obligations. Over the years this group has had a half dozen or more active members. Meetings are to be held in a public location and are open to the community at large plus the applicant who's referral is being reviewed. Over time the APC members gain fairly broad experience around land use issues which puts them in a good position to consider how an application may impact our communities and to make recommendations to either increase benefits or minimize negative impacts. The APC can also recommend not approving an application, or it be resubmitted with changes.

If you think you are interested in serving your community in this capacity please contact me. I can put you in touch with the current APC members plus staff to receive their overview of what is entailed. You may also go to the RDCK website at rdck.ca and search "admin", then "government" then go to the "APC" tab. You will see only 6 of the 11 electoral areas have had APC information posted and some is not up to date. This is a sad reflection on how we have responded to meeting the expectations of the Local Government Act across the RDCK, but without volunteers these commissions do not exist in some areas.

I would dearly like to see our current committed APC members receive more support with additional members and become as active as they are able in providing recommendations. If you do not think the APC will be right for you, other options to participate are:

- Riondel Commission of Management
- Rec 9 Commission
- Area A Economic Development Commission
- Sanca Water Commission
- CBT-CIP review committee

Within some of the establishment bylaws there are restrictions for members to live within a defined service area, a geographic balance is sought for some committees and commissions plus members in general are to be residents of Area A. Give me an email/call for more information: gjackman@rdck.bc.ca or 250-223-8463.

that were doing the sales effort and responding to soft questions.

The public response time deadline of May 13, 2018 is unacceptable. A proposal of this magnitude and tenure life would have taken years to develop. To allow a few weeks for public study and conversation is wholly inadequate.

Regarding stress on humans caused by daily permanent helicopter traffic:

I did not see studies or citations in the proposal that addressed the psychological stress experienced by human and pets to constant helicopter noise pollution. This stress is real. Examples: When fire suppression operations have been centred in Crawford Bay, the airstrip has been used as a helicopter staging area. The noise stress of weeks of helicopter traffic was such that a local resident left the area for the duration. That doesn't indicate that only one person was stressed. This was a single event. It ended. People recovered. We know it is going to end.

There is stress on residents but there is also impact on backcountry users. The volume of air traffic, take off and landings would be disturbing and diminish the experience of other back country users. The idea of climbing to the summit of Sphinx Mountain to be met by a helicopter landing nearby or hovering overhead would be an aggravating experience. To meet other hikers on the trail who are not dropped out of the sky is a pleasant exchange.

Of all the ways the back country is accessed, truck, snowmobile, motor cycle, bicycle, ATV and foot, the helicopter has the most damaging impact on wildlife and humans. The design of this proposal with its primary reliance on helicopters is both unecological and damaging to wildlife and humans who are not "Adventure" tourists.

For those who are looking, this is the approving authority to send feedback to concerning the Retallack proposal. There is a May 13 cutoff date. Ray.Morello@gov.bc.ca. Heading: Adventure Tourism Plan Application #440593.

Stephen Albrechtson, Gray Creek



May Horoscope

by Michael O'Connor

Tip of the Month: May 2018 is a massive month, astrologically. The BIG news is Uranus entering Taurus on May 15 and hours later Mars enters Aquarius. Uranus is the

big news and deal because this begins a 7-year transit (5/15/2018 – 7/7/2025). Expect revolutionary repercussions, especially economic.

Aries (Mar. 21-Apr. 19)

It may seem as though you are getting busier by the day. Tending to a variety of fronts is likely and will prove increasingly so. Big changes are brewing, perhaps especially linked to your financial interests and investments. You are determined to win.

Taurus (Apr. 20-May 20)

You have already entered new territory and you are happy to familiarize yourself with its various details. Your ability to focus will be challenged by your interest in variety. Like preparing for a big party, you are busy and the guests will be arriving...soon.

Gemini (May 21-June 20)

Although it may take a bit longer to rebuild your momentum, at least you feel inspired to express yourself creatively. How depends on you and could take the form of romantic interests. By mid-May, you will begin breaking through all blocks and barriers.

Cancer (June 21-July 22)

A rather tense cycle has begun to ease up, or at least you feel better able to handle them. Still, you may feel

ready to take some extra space. Your ambitions will begin to rise again as the month progresses. By June you will be in dynamo mode.

Leo (July 23-Aug. 22)

Getting the attention you want and feel you deserve is high on your list now. This will include reaching out to be seen and heard by both friends and work-related connections. One way or another you will shake things up to get attention.

Virgo (Aug. 23-Sep. 22)

Digging deep and making efforts to see a bigger picture is keeping you busy. Sharing your knowledge, gifts and insights socially and professionally is a source of inspiration. You are pushing for a breakthrough. Continue and you will get it.

Libra (Sep. 23-Oct. 22)

Financial considerations are leading your focus. You have been working to face and overcome your fears. Heated discussions and stimulating exchanges will activate further research. Interests in cultural and perhaps foreign affairs are featured.

Scorpio (Oct. 23-Nov. 21)

Interests in activating new momentums continue. Your resolve will deepen all month. Big changes on relationship fronts are brewing. Conflicting desires may be an issue. Whatever supports your genuine sense of individuality will guide your choices.

Sagittarius (Nov. 22-Dec. 21)

A focus on health is underway. More discipline may be required. Inspiration will turn to critical analysis. Learning exchanges with others you deem knowledgeable and brilliant will escalate. Attending to mind and emotions as well as body will prevail.

Capricorn (Dec. 22-Jan. 19)

Enjoying what pleases you can continue. Yet, already you realize you have to give to receive. You are half happy and willing to oblige. On the other hand, you are reticent. Yet, measuring investment on return will balance your perspectives.

Aquarius (Jan. 20-Feb. 18)

Creating beauty close to home remains important. Inner work is implied. By mid-month you will be focused to break through somehow. Big moves are indicated and these may be literal, as in plans to relocate. Fun times initially will become work.

Pisces (Feb. 19-Mar. 20)

Many new thoughts, ideas, and perspectives are surfacing. Taking new initiatives, perhaps especially regarding financial interests is already underway. Inspirations to share your talents will reveal your beauty. This will lead to greater diversity.

ESIS AGM

(East Shore Internet Society Annual General Meeting)

**June 11, 7pm
Crawford Bay Hall**

**Come out and see what ESIS is doing for the community.
Show your support for the board!**

Cont'd from page 2

first-hand. They are asking for permission to build the cabin and then take folks skiing back there. The lodge location would be 44km northwest of Kimberly, 24km NE of Crawford Bay and 21km N of Riondel. Morton says the impact of the lodge and skiing outfit will be absolutely minimal to residents, but will bring 12-24 guests into the area throughout the winter, potentially making a nice little boost to the local economy. The proposal includes summer hiking and touring as well, but that is to be developed. The winter ski tours are the focus for now. There would also be jobs available with the lodge, including building, trades work, hut keeping and more. Morton also said he would feature the area and businesses on his website to encourage visits and continue to seek out local partnerships.

NWME's proposal notes that the application respects the Purcell Conservancy, leaving a one kilometre buffer between the border of the Conservancy and their outlying border and the lodge itself is 7 km away from the line. They are also well away from the provincial park. "Environmental concerns are important with any development, and we take it very seriously," said Morton. "We are given guidelines by the Ministry of Environment, and we stay well within them. The last thing we want to do is endanger or threaten wildlife."

Regarding the coinciding, larger proposal and what might happen, it was expressed that both could be accepted, both could be rejected or either one could be accepted or rejected. It's up to residents now to give feedback on what they want to see happen. NWME has given their informational meeting and you can read the full proposal and give feedback on it at the following address (feedback on this proposal is only taken until May 6 (Note: if you have difficulty with the link, save the pdf on your desktop and open it from there): <https://arfd.gov.bc.ca/ApplicationPosting/viewpost.jsp?PostID=54933>

4 Mainstreet May 2018

Retallack/Ktunaxa Back Country Adventure Proposal

by Ingrid Baetzel, a Mainstreet report

At the April 25 Open House at the Crawford Bay School performance space, Retallack and the Lower Kootenay Band welcomed well over one hundred people to view and discuss their proposal for tenure to operate a back-country adventure tourism endeavour.

The partners have jointly submitted an application for a tenure on the east side of Kootenay Lake, south of the Purcell Wilderness Conservancy. The proposed 70,000 ha (177,000 acre) multiple use tenure will allow for guided hiking, horseback riding, climbing and mountain biking in summer and guided ski touring, heliskiing, mountaineering, snowshoeing and dogsledding in winter. According to the informational placards up at the open hours, the project envisions the following:

1. Winter guided adventure tourism activities including ski touring, heliskiing, mountaineering, snowshoeing and dogsledding.
2. Summer guided adventure tourism activities, including hiking, horseback riding, climbing and mountain biking.
3. A future lodge located on the traditional Gambling Otter land of the yaqan nu?kiy.

The proposed tenure area encompasses a traditional connectivity corridor and trade route between the Ktunaxa peoples. The proposed area of 70,000 ha will allow for the disbursement of potential impacts and user conflicts. The projected use is up to 36 guests per day per summer or winter operating season (each approximately 100 days in duration). In total this will result in a maximum of 3600 guest days per operating season.

The two organizations had several representatives on hand to answer questions and delve a little more deeply into their proposal. People expressed a wide range of responses to the proposal, from absolute support and appreciation to scepticism and outright rejection. In discussion with several different local residents, Mainstreet heard responses such as, "I'm excited to see the opportunities this proposal might bring to our region," and "I'm terrified of the impact these helicopters will have on wildlife and our serenity."

Although there are people strongly opposed to the proposal, the general sentiment appeared to be one of cautious support but with caveats. Most residents expressed that they'd like to see as few helicopter tours per day as possible and wish they could know that actual sound impact of these flights. "I hope that this doesn't become a sound pollution annoyance," said one attendee. "I don't see how it won't."

In discussion with Chris McNamara, chairman and CEO of Retallack, he expressed that they would be (like North West Mountain Experience) using AStar helicopters, which are substantially more quiet and nimble. The down side of these helicopters, when the numbers are crunched, is that they carry fewer passengers, so that presumably implies more flights per day. McNamara explained that they might be looking at up to 36 visitors per rotation. Because the AStars carry only four or five passengers, that would presumably mean 9 or 10 trips every time they bring people up to the lodge, and 9 or 10 trips every time they bring people back down. If the larger helicopters (205/212) are used, that would imply about half as many trips, but they are reportedly louder and more impactful, not to mention harder to easily manoeuvre in tricky terrain.

Retallack already has an existing lodge in the Selkirk mountains between New Denver and Kaslo. They currently have approximately 800 existing clients and boast an 85% return rate. So far, they have seen substantial success doing their catskiing operation out of



Hidden Taxes

by David George

Life Beyond Dogpatch - Part 1

Beautiful Kootenay Lake, and the Kootenay River influence our life on the East Shore in many ways. We have a micro-climate based on heat stored in the lake, and clean air and water which are the envy of city dwellers. Yes, we did have some smoke last summer from fires, but in general, those of us fortunate to reside here would not live anywhere else. No, we do not have as many fish in the lake as we used to, but that is being worked on. We have ample electricity generated at dams on the Kootenay and Columbia River systems.

We have a free ferry to the other side of the lake although it does not run 24 hours a day, and was operating at reduced capacity for longer this year than usual, due to low water in the entrance to the West Arm and the desire to avoid damage to the hull of MV Osprey.

We do not have serious flooding in the spring, and that is because since 1964 we have a treaty with the United States called the Columbia River Treaty.

That treaty grew out of the 1909 Boundary Waters Treaty signed by US President William Howard Taft on behalf of the United States of America, and His Majesty the King of the United Kingdom of Great Britain and Ireland, and of the Dominions beyond the Seas, Emperor of India, Edward VII, represented by His Excellency The Right Honourable James Bryce OM FRS, Ambassador Extraordinary and Plenipotentiary. Look up Bryce (10 May 1838 – 22 January 1922) in Wikipedia for more about this fascinating Victorian and Edwardian diplomat, traveller and author.

that location, which encompasses over 10,000 acres (the new proposal in the Purcells is for over 70,000 hectares). McNamara said that Retallack has been largely responsible for the much of the economic stability in the area, due to the numbers of wealthier outdoor enthusiasts coming in. He spoke to an absolute willingness to partner with local East Shore businesses and do their best to shop and support locally. Sceptics of the project say they fail to see this partnering having a lasting impact and question how the partnership will actually directly and positively impact existing businesses that are typically closed or hours are deeply reduced in the winter months. McNamara said they would be eager to hire locally for not just the start of the project with building and implementation, but that the project could offer an array of long-term employment for all ages. They are estimating 125 new jobs being created.

Many at the meeting expressed profound concern for the impact on wildlife and pristine, untouched back country area. The concern for the dwindling caribou population and quietude of hibernating animals and their well-being is pervasive. As Wildsight has recently reported, the Purcell caribou herd has only very recently been recorded as having dwindled down to four remaining animals, along with the mere three remaining in the Selkirk range. This project has them very concerned for the future wellbeing of these threatened creatures among so many other species.

McNamara said that one of the first things that Retallack and the LKB would be working on is a real-time GPS system to create a data base of existing animals and their habitats in the area. This would be ongoing and would help create census data and build a real time map to help protect species existing in the area and respect their habitat. He expressed the long-standing and devoted stewardship of the land by the Ktunaxa people and their full support and involvement with this project would surely hold everyone to

Two US Secretaries of State were involved with the 1909 treaty, The first, Elihu Root, served from July 1905 to January 1909, when he became a US Senator for New York state. He also was a pal of Andrew Carnegie and worked with him in the cause of world peace. Root received the Nobel Peace Prize in 1912, and it is worth looking him up on the Nobel website. Root's successor as US Secretary of State was one Philander Chase Knox (1853-1921). Now before you snigger at the name, he was named after an Episcopal Bishop named Philander Chase. Both Root and Knox are worth looking up online.

The beauty of the Boundary Waters Treaty lies in that it deals with general issues rather than too many specific details. It is still in force and has been made part of the Columbia River Treaty of 1964.

The Boundary Waters Treaty also established, in Articles III and VII, the International Joint Commission which mediates and resolves disputes about water between the USA and Canada.

Article IV ends with "It is further agreed that the waters herein defined as boundary waters and waters flowing across the boundary shall not be polluted on either side to the injury of health or property on the other." This article was used in a successful suit a few years ago against Teck/Cominco for polluting the Columbia River in the past. The IJC first met in 1912, and has a website www.ijc.org which can be viewed in either English or French.

Before the Columbia River Treaty, between 1929 and 1938, the International Joint Commission dealt with an application by West Kootenay Power to build and operate the Corra Linn dam and dredge the Grohman Narrows to increase flow out of Kootenay Lake.

By 1928, West Kootenay Power had three power dams on the Kootenay River, and wanted electricity

account and keep preservation and protection at the forefront of the project as it develops.

The proposal representatives have said they aim for carbon neutrality and expect to perhaps even achieve carbon negativity in this project. When asked how that would be achieved, McNamara said that they would be purchasing carbon offsets and doing all they could to reduce emissions and their carbon footprint in perpetuity. "If we could use electric helicopters and plug into micro-hydro systems today, we would," said McNamara.

For those wishing to give feedback on this proposal, we have until May 13 to do so. Go to the following link: <https://arfd.gov.bc.ca/ApplicationPosting/view-post.jsp?PostID=54966> and send in your thoughts on the proposal. Now is the time for input to allow for amendments to the proposal and have a say in the process. It has been suggested that copying those thoughts and sending them to the directors of the RDCK and the RDEK might be useful as well. The following is from the press release put out in mid-April by Retallack and the LKB.

"We are interested in developing an innovative, diverse and sustainable adventure tourism economy for the long-term well-being of the Ktunaxa people and local communities. We are pleased to partner with Retallack who has a proven local track record of business turnarounds, operational excellence, environmental leadership and innovative growth expansion into new markets. In our opinion this application presents a model of stewardship, that balances local environmental, social, cultural, and economic values," said Chief Jason Louie.

"It is important to note that the proposed tenure area is not in current or recently proposed Federal or Provincial Caribou habitat. With the exception of the construction of a limited number of mountain biking trails, the application proposes to use the current land

for the new fertilizer plant in Trail. Between 1930 and 1932 WKP constructed the Corra Linn dam with three generators providing 49 MW of power. Storage of water in Kootenay Lake was not permitted, however, until flooding in Idaho in 1938 convinced farmers there to go along with using Kootenay Lake as storage and flood control for which it had been designed.

On the 11th of November 1938, the six Commissioners (three from the US and three from Canada) of the International Joint Commission signed an Order of Approval for WKP to store water behind Corra Linn dam subject to maximum and minimum water levels at certain times of year. Kootenay Lake levels are regulated partly by how much water can flow through the Grohman Narrows, and by the 14 spillways at Corra Linn dam.

One condition of the Order was that the Grohman Narrows would be dredged of at least 250,000 cubic yards (190,000 cubic metres) of rock, gravel, and boulders, to be completed not later than the April 1, 1940. The maximum water level measured at both Queens Bay and Nelson was to be 1745.32 feet (531.97 m) between September 1 and January 7 each year.

During the first three months of each year the level was to be reduced to 1739.32 feet (530.14 m) by or about the April 1, a difference of some six feet (1.83 m).

The low level was reached this year, and persisted through April 15 when it began to rise, with a predicted level by May 2 of 1744.70 feet or (531.78 m).

Last year minimum levels were achieved on schedule, but in 2016 a higher than normal runoff caused the lake to be higher than normal in April.

None of these figures explain why we have had reduced service on our Kootenay Lake ferries.

That will be a subject of the next instalment of *Hidden Taxes, Life Beyond Dogpatch, Part 2*.

base 'as-is.' No new roads will be constructed and old growth, including the sacred White Pine, will be protected. This will help with the ongoing preservation of wild spaces. In keeping with Ktunaxa values there are also a number of innovative conservation strategies that have been proposed, for example, the use of wildlife technicians who will facilitate better ongoing monitoring and management and the commitment in our management plan for our operations to remain carbon neutral or even negative," said Curtis Wullum, LKB Director of Development Services.

"By proposing this locally-based project we are looking to help create and support long-term local employment and existing businesses but also shape this operation so that it becomes an example of how to create and manage a sustainable operation that benefits the public, the Ktunaxa people

and the habitat that we share with wildlife. We are entering a new age of reconciliation and we are excited with our new First Nations partnership. For over 13,000 years, the yaqan nu?kiy have inhabited the Kootenays. Their local land management and wildlife knowledge is second-to-none. There are many First Nations values and principles that can be applied to enable this to become a model of stewardship that is reflective of and adaptive to public and wildlife concerns. We therefore remain open to public consultation and suggestions for improvements to this application," said Chris McNamara.

To submit additional comments and suggestions please E-mail sustainabletenure@gmail.com.

For those wishing to learn more about potential environmental and ecological impact of the proposals, Wildsight will be hosting a meeting at the Gray Creek Hall on May 3 at 7pm to discuss environmental and animal impacts of the projects being proposed. All are welcome to attend.

Ferry Tales

by Sonni Greene

In late 2016, the Ministry of Transportation and Infrastructure, Marine Branch (MoTI), announced that the proposal for the long-anticipated relocation of the Kootenay Lake Ferry out of the Kootenay River Channel in Balfour to the Kootenay Lake in Queens Bay was to be abandoned in favor of retaining the present terminal. This decision flies in the face of the recommendations of a succession of studies, commissioned by the MoTI itself, in 1990 (Reid Crowther and Partners), 2012 (WorleyParsons) and lately and most comprehensively by SNC Lavalin in 2016, which have all proposed and endorsed a Queens Bay Terminal site on the western shore of Kootenay Lake.

The SNC Lavalin report “Balfour Terminal Relocation Project Feasibility Study” presented a cost comparison between Balfour and Queens Bay sites. If the Balfour Terminal is retained: new ferry (to provide the needed capacity of 126 vehicles i.e. 76 vehicle ferry + 50 vehicle ferry), approximately 25 million; upgrade and improvement to Balfour holding area, 10 million; dredging 2.5 million; Total estimated Balfour Terminal cost - 37.5 million. If a Queens Bay Terminal is constructed: estimated construction costs - 25 million (+/- 25%). The choice of a Queens Bay site translates into a savings of about 33% over the cost of a Balfour Terminal improvement.

Other cost benefits of a shorter route: a 40% improvement in crossing time translates into expense savings for commercial users and service personnel, and significant improvement for emergency response times; no extra ferry running in the summer for 2.5 months, yields up to 20% savings in annual operating costs.

Other benefits of a relocation to Queens Bay: no channel navigation safety issues; no disruption to the movement of goods and services during construction, avoiding costly delays for shippers and inconvenience for travellers; no overflow vehicle delays at any time of the year avoiding any need for vehicle holding area upgrades in Kootenay Bay. All factors considered, a Queens Bay terminal holds the greatest overall benefit for the travelling public at the least cost.

After receiving the report by SNC Lavalin, the MoTI announced in 2016 that a Public Consultation Process, Round 1, would be undertaken involving the communities that would be affected by a relocation, the purpose of which was ostensibly to hear and take into account community concerns. East Shore residents considered this to be a fair course of action but at no time imagined that the public consultation would amount to something like a referendum ultimately determining the outcome of a choice. For most of us, the public consultation had always been seen as directing mitigation, not decision-making. Clearly, we were mistaken; the consultation formed the basis of the decision.

The MoTI quite rightly organized an Open House as well as meetings with key community and business stakeholders from the Balfour area. Oddly enough at the time, there was no engagement by the MoTI with East Shore community and business stakeholders. This, despite requests from East Shore residents, businesses and Garry Jackman, Director, RDCK, to do so. What this exclusion amounted to was discrimination toward those communities most likely to benefit from shorter and more frequent ferry sailings and would likely support a preference for the Queens Bay site. As a result of this exclusion, the Public Consultation Report, as later submitted, basically summarized the concerns and predilections of the Balfour community alone.

During Round 1, the Balfour community received a discretionary grant of \$9000 by Ramona Faust of the RDCK to fund “researching” but in effect funded a campaign promoting the community’s interests and

was used for the purpose of canvassing support. The work included soliciting signatures from travellers waiting on the Balfour ferry holding area who likely had little understanding of the issues and decision consequences. The grant enabled the creation of a website and signage promoting the retention of the Balfour Terminal exaggerating the economic and social consequences of a move (like the signage “Save our Community!”).

Unlike Balfour, the East Shore communities, received no financial aid whatsoever, greatly limiting the scope of garnering written support and participation in the consultation process. One-sided promotion by Balfour residents (fair enough) as well as elected officials of considerable influence actively and demonstratively endorsing only one side, that of the interests of Balfour (not so fair), had the effect of seriously skewing sentiment, and later, any petition and poll results. In these highly biased circumstances, how could a questionnaire presented by the MoTi as part of a consultation process be used as a credible gauge of the broader public opinion? Later, how could the skewed results be considered reliable and be taken as significant or statistically representative?

In late 2016, the MoTI, announced that the decision had been made to retain the Balfour Ferry Terminal. The decision was met with stunned disbelief by resident users of the ferry and equally matched by jubilation from businesses in Balfour who saw the continuation of ferry waits in Balfour as ensuring a captive customer base for their products and services. East Shore stakeholders, on the other hand were forced to accept that poor access to provisioning, health care services, contractor services and employment/education opportunities offered in the Nelson area, would continue into the foreseeable future. A stillness settled on the issue.

The report “Public Consultation Summary Report” was published in early 2017. Objective examination of the content of the report and the design of the survey soon revealed that the consultation process was highly flawed and biased

For example, the response to the questionnaire indicated that 79% of respondents reside in communities where members are infrequent users or non-users of the ferry, 21% are frequent or occasional users living along the East Shore. In every question throughout the questionnaire, no distinction is made whether the respondent is a frequent user or an infrequent or non-user of the ferry. To illustrate the fallacy in omitting this distinction, the response to Question 3 of the questionnaire (“Is the prospect of a reduced crossing time from 35 minutes to 17 minutes important to you?”) was 21% said yes, 79% said no. This is precisely the proportion of frequent users (East Shore communities, 21%) and infrequent or non-users (other communities, 79%). In other words. 100% of actual users of the ferry considered travel time important; 0% of non or infrequent users considered it important to them – obviously. What possible statistical relevance is the response of a non-user addressing questions concerning ferry usage? The figures cited in the report gave a misleading and overwhelming impression that most people did not care if the lake transit time was shorter.

The obvious procedural and design flaws of the public consultation process beg the question: was the process merely naively designed and unintentionally biased or was the process deliberately manipulated with the intention that the outcome should derail the relocation project?

Following on the Round 1 consultation process, the MoTI began Round 2 Public Consultation in February 2018. During this period, the MoTI, paradoxically, arranged a public information session on the East Shore, having previously failed to interact with the community and ignored its entreaties to do so during Round 1 before the decision was made. Confidently armed with the slogan “We listened to you”, the MoTI presented their vision of the Balfour Ferry Terminal

Improvement Project” to the East Shore community soliciting input and opinion on the Balfour configuration. Having been ignored throughout the Round 1 consultation, affronted residents met this effort with derision, seeing no reason to accept such a mockery of “public participation” from the architects of Round 1. At this stage, many people began expressing their outrage and disappointment at the behavior, actions and decisions of the MoTI by sending letters stating their views to government officials and ministers to raise awareness of the issue.

The Round 2 presentations by the MoTI, focussed entirely on the Balfour Terminal with nothing put forward for the Kootenay Bay Terminal which suffers precisely the same current vehicle holding limitations and problems as the Balfour Terminal. This omission demonstrated again that the MoTI was inattentive, unaware or dismissive of matters respective of the East Shore. (A statistics professor might say to his class: “that is an example of a systemic exclusion bias”)

If spurious conclusions have been drawn from clearly erroneous and misleading survey results, then the sampling process parameters, methodology and survey results should be re-examined and reviewed. If public consultation is to significantly influence a decision, it must be seen to be fair and equitable. In this instance, the discrepancies cited suggest it has not been the case. There is sufficient reason to believe questionable elements in the consultation process have compromised decision-making and the fundamental requirement of procedural fairness. On the other hand, if the discrepancies outlined are the consequence of deliberate manipulation of the process and duplicitous public engagement, the reasons for doing so should be investigated and brought to light.

The technical feasibility study undertaken and presented by SNC Lavalin in 2016 is unambiguous in its conclusions and recommendations that a terminal relocation to the Queens Bay North site is the best solution to the problems inherent to the Balfour Terminal. This report should have formed the basis of the MoTI’s decision regarding a ferry terminal, not the results of a flawed sampling of opinion. Every indicator, environmental, economic, technical and social, points to the Queens Bay North site as being superior to any other. Given that the Round 1 Public Consultation Process was flawed through inequitable consultation, biasing influence, poor sampling design, and systemic bias, the rationale presented by the MoTI for retaining the Balfour Terminal is completely unsupportable.

By its own mandate, the ministry is required to “open up B.C. through innovative, forward-thinking transportation strategies that move people and goods safely, and fuel our provincial economy.” (Source: Ministry of Transportation and Infrastructure 2013/14 Service Plan). To reject the proposal of a well-conceived and cost effective new terminal in favor of maintaining an outdated, ill-placed terminal and continue navigating through a hazardous channel is not in the spirit of that mandate. In the public interest, the decision should be re-examined.



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Trail Maintenance

by Farley Cursons, ESTBA Projects Director/Tipi Camp Trail Crew Coordinator

“Set loose, a child would run down the paths, scramble up the rocks, lie on the earth. Grown-ups more often let their minds do the running, scrambling, and lying, but the emotion is shared. It feels good to be here.”

David Miller

Maintenance shouldn't substantially change the character of a trail or diminish user experiences. Just as a good trail appears to have always been there, good maintenance should be almost invisible. It's important to trim back vegetation each season – or more frequently, if necessary. Maintain a high ceiling on trails used by cyclists or equestrians. Keeping the corridor open helps keep people on the trail. For example, cutting vegetation on a trail's uphill side allows users to stay on the center of the tread. Otherwise, they may be forced off the downhill side. Creative pruning along alternate sides of a trail accentuates curves to keep a twisty trail twisty. Don't trim more than necessary. Over-trimming tends to make a trail too straight, inviting speed if your on a bike.

Straight lines are rare in nature, and they're rare in good trails. Trails should blend with the land. When building or maintaining a trail, the goal is to complement natural processes. Determine what that means for the area, then imitate it. A contour trail that snakes and dances across a hillside can be invisible from below. Trails that are pleasing to the eye are usually friendly to the land. Achieving balance between soil protection and recreation is what good trail design and construction are all about. A good trail is both sustainable and fun. Trails also must be appealing enough to keep users from wandering off and increasing the risk of erosion.

Erosion

Erosion is the natural process of wearing down and moving rock and soil by wind and water. Trail erosion can be accelerated by a combination of trail users, water and gravity. All trail users loosen soil, especially on steeper grades where they resist gravity. Water compounds the process if it's allowed to channel or “focus” down the trail. Water takes loose soil with it, cutting deeper into the tread (clear path for travel) each time it flows.

The goal is to encourage sheet flow – a dispersed flow of water down a hillside. When water is allowed to focus, it can do more damage than any trail user. Erosion is minimized when trails are designed to make water sheet rather than focus.

The Solution: Contour Trails

A contour trail gently traverses a hill or side-slope. It's characterized by a gentle grade and a tread that out-slopes slightly toward the low side. These features minimize tread erosion by encouraging sheet flow of water across the trail.

Subtle undulations in a trail create grade reversals and grade dips that also defend against water damage. These features diminish erosion by redirecting water off the trail. Contour trails are sustainable, environmentally friendly and appealing to users. They thwart water damage in ways that are nearly invisible.

Tread - Maintaining the trail tread:

1. Look for places where water is being trapped on the tread. It's best to do this when it's actually raining. Remove obstacles or features that cause puddles and force users off the trail to get around.

2. Restore the out-slope and/or remove berms. This is often the primary maintenance job. If a trail has become in-sloped or developed a berm, it will collect

3. Fill and pack any holes or ruts after removing a problem.

4. Because certain soil types won't bond to each other, you may need to fix a hole or a rut by skimming the surrounding tread down to its level. Don't forget to re-establish the out-slope

5. On trails with very steep grades, or in rainy areas, armoring may be necessary to sustain the tread. Armoring means placing stones or other highly durable material into the tread surface. When using stones, be sure they're large enough not to be displaced by use. Proper armoring helps a trail bed last indefinitely.

Natural Obstacles

Rocks may roll onto a trail and trees may fall across it. In most cases, these things should be removed. But sometimes, natural obstacles are a blessing, giving a trail an interesting, technical character. If the majority of people can pass over or through an obstacle while staying on trail, and it isn't trapping water, consider leaving it. Obstacles help keep speed down while giving experienced trail users the challenge they like.

Drainage

As just mentioned, out-slope restoration and de-berming are essential to maintaining sheet flow across a trail. However, many contour trails (even those with proper out-slope) can benefit from improved drainage. If a trail doesn't have natural grade breaks or reversals to direct water, artificial ones can be added. ESTBA recommends two types: rolling grade dips and knicks.

Rolling Grade Dips

A rolling grade dip (RGD) is an unobtrusive way to divert water off the side of a trail by altering the grade. Water is pulled from the trail, not forced off abruptly. RGDs are longer and subtler than traditional water bars. They also are more effective than water bars because they're large and durable, yet smooth enough to be negotiated by all users. They're a particularly good drainage device for trails used by mountain bikers. Unlike water bars, they don't entice cyclists to ride off-trail to get around them. And cyclists won't impact the tread by braking hard as they approach.

Knicks

Like a RGD, a knick is smooth and subtle. This is a shaved-down section of trail, about 10 feet in diameter, canted with the hill's natural slope. Knicks are typically built on flatter sections of trail where water tends to puddle. They work well on non-cohesive soils.

If a certain trail has become a maintenance nightmare it's important to stand back and look at the big picture. We often find that various problems along a section can be solved with one contouring re-route.

Perhaps a trail is almost always muddy because it goes through the lowest point in an area. It might have fall-line sections, steep grades, poor flow or vulnerability to floods. We would look for a new route that solves as many problems as possible. Of course, a trail that's viewed by one person as a steep, eroded, maintenance nightmare might be someone else's favorite challenge. When re-routing around steep sections, we will look for special features that make the new route challenging while keeping grades sustainable. It's important to think about “trail flow”. Does the new passage fit the flow of sections it connects? How do we make the re-route more appealing than the old trail with a mix of suitable grades, interesting features and sustainability. The new trail must make users forget the old one. Make it more fun!

Water Crossing - Trail Retirement

A water crossing doesn't always have water. It might be the site of runoff or be a rare flash flood zone. Every crossing is important for two reasons:

1. Where a trail has the most impact on water quality.
2. Where water has the most potential to damage a trail. When water from two sources join, it's called hydrologic connectivity.

An example is a trail that collects water and channels it into a stream. Runoff from trails may carry soil that causes sedimentation, which can harm aquatic plants and animals. A well-designed water crossing minimizes the trail's negative impact on water quality and the riparian corridor (the habitat along the edge of a river or stream). Good design minimizes hydrologic connectivity by building gentle grades near water crossings to direct flow off the trail. Never design a trail with fall-line sections oriented toward water crossings. This encourages land erosion and sedimentation.

When crossing a waterway, also consider how it may affect the trail.

Will water be diverted by the tread? What will happen when the waterway floods? What seems like a perennially dry gulch could channel a roaring torrent following a cloudburst.

See you on the trails!

An Invitation:

Riondel Heritage Trail Project
Community Open House
Riondel Community Centre
Saturday, May 19
Noon – 3:00

The Riondel Heritage Trail Project has already begun with remediation to some of the existing paths through community green spaces.

We invite you to view the proposal of further development, enter the Name the Trail Contest, and provide input on the historical story boards.

Help develop the trails by getting involved in trail building through a financial contribution or volunteer time. Refreshments provided.

Next Deadline:
May 23, 2018
mainstreet@eshore.ca
www.eshore.ca
250.505.7697



CB Hall and Park Clean Up

Hey you... yeah, you!
Why not come down to the CB Hall & Park areas & help **CLEAN THEM UP?!**
Sat, May 12, starting at the CB Hall at 9am!

It'll be fun AND Lunch is FREE.
Please come on out and help us get our community facilities ready for another glorious year!

Your Crawford Bay & District Hall & Parks Association

Crawford Bay Hall & Parks Acquires Old School Land Finally – A Done Deal!

by John Edwards

After over ten years of negotiating with School District #8, our Crawford Bay & District Hall & Parks Association has finally completed the deal of purchasing the property that our Crawford Bay Hall sits on, the former school grounds. So we can now proudly say that the people of the East Shore own yet another fine piece of land, and the potential to develop it for the enjoyment of all of us is huge.

The transaction formally closed on Friday, April 6th, and the land has already been fully paid for with money that our Association has been setting aside for at least ten years for this very purpose. To say that our Board members are pleased would be a huge understatement!

We've been unable to apply for grant funds to help renovate our Community Hall for many years now, simply because most of the granting agencies insist that you must own the property that the building is located on (or have at least a ten-year lease in place) before they will consider your request for renovation funding.

As all of us have noticed, Crawford Bay Hall has looked run down and neglected for a long time now, while we worked on seemingly endless negotiations with SD#8, but that can now change.

We'll be seeking renovation funds to totally upgrade the entire building from Columbia Basin Trust and the Federal Gas Tax fund, and hope to get started with improvements in the coming year.

However, an improved Hall is not all that can happen now that we own the land. There's a surplus of great, level property that can be used for any number of community purposes, and we plan to host some public meetings very soon to get your opinions as to the best uses that all this land can be put to.

We've already had some ideas brought forward – from community garden space to kid's play area – and I'm sure there are many more out there.

I'd like to publicly thank SD#8 Secretary Treasurer Kim Morris and SD#8 Board Chair Lenora Trenaman for their many years of help towards making this purchase a reality for us. Both of them were extremely supportive all the way along. I'd also like to thank our own Hall & Parks Association Board of Directors for their undying support of this project, and all the help they gave in bringing it to fruition.

We're scheduling a Hall & Park Clean-Up Day for Saturday, May 12th, starting at 9:00 a.m. at Crawford Bay Hall – so please come on out and help with tidying up these community owned grounds and buildings, for the enjoyment of all of us. Free lunch will be served for everyone who comes and pitches in.

Onward and upward!

Lake Levels Kootenay Lake

submitted by FortisBC

FortisBC is advising customers that the Kootenay Lake Board of Control has declared that the spring rise has begun as of April 25, 2018. Please be advised that during this time, Kootenay Lake levels are predominately driven by natural inflows as a result of melting snow pack and precipitation, and are subject to sudden, large increases. In order to help mitigate peak lake levels, FortisBC has been operating the Kootenay River system at the maximum discharge since early March and will continue to do so until after the lake peaks.

Kootenay Lake is currently at 1740.1 feet at Queen's Bay, and is forecast to rise to 1745.0 feet by May 5. Due to the current snow pack conditions there is an elevated risk of the lake peaking above 1752 ft at Queens Bay.

For information on Kootenay Lake levels, flood safety or current and forecast levels, visit <https://www.fortisbc.com/Electricity/CustomerService/Kootenay-LakeLevels/Pages/default.aspx> or call 1-866-436-7847 Monday to Friday, 7am to 7pm.

For information on emergency flood preparedness, contact your local authorities or visit the Emergency Management BC website at pep.bc.ca.

Wildsight Holds Town Hall Meetings to Discuss Retallack Tenure Proposal

press release by Wildsight

A year-round backcountry tenure for heli-skiing, heli-biking and heli-hiking and more is proposed for the heart of the south Purcell wilderness. Covering 700 square kilometers, it stretches from the mountains just above Kootenay Lake all the way to St. Mary's Lake near Kimberley. The proposal has been put forward by adventure tourism operator Retallack, and it has recently been announced that the project will be in partnership with Yaqaan nu?kiy, the Lower Kootenay Band.

"We're concerned because this area is prime wildlife habitat," says Eddie Petryshen, Wildsight's Conservation Coordinator. "Besides being crucial for wildlife connectivity in every direction, it has important huckleberry patches for grizzly bears and sustains mountain goats, wolverines, moose, trout and more. And the surrounding area supports the struggling South Purcells mountain caribou herd."

Wildsight is holding public town hall meetings to discuss the impacts to wildlife and ecosystems of this proposal and another in the same area.

There will be a meeting in Kimberley at Centre 64 on Monday, April 30 at 7pm; in Nelson at the United Church Hall on Wednesday, May 2 at 7pm (co-hosted with the West Kootenay Ecosociety); and in Gray Creek at the Gray Creek Hall on Thursday, May 3 at 7 pm.

The proposed tenure includes building 33 helicopter-accessed bike trails that cover more than 160 km. The operation would bring a hundred people or more into the backcountry every day. "With this many downhill bike trails, so many people on them and all-day helicopter traffic in the summer and winter," says Petryshen, "we're looking at a pretty fundamental change to the backcountry in the upper St. Mary's Valley and the mountains above Kootenay Lake." At the same time, Northwest Mountain Experience is also asking for a 110km² tenure in Dewar Creek, near the Purcell Wilderness Conservancy, for a helicopter-accessed backcountry lodge with ski touring and hiking.

The BC government is accepting public comments on both tenure proposals. Comments on Northwest Mountain Experience's proposal are accepted until May 6 and on Retallack's proposal until May 13.

See wildsight.ca for more details.



**RIONDEL & DISTRICT CURLING CLUB
BBQ STEAK DINNER FUNDRAISER**

SATURDAY, MAY 19, 5:30 TO 7 P.M.

TICKETS: \$30.00

LOCATION: RIONDEL CURLING RINK

**TICKETS AT RIONDEL MARKET
AND CRAWFORD BAY STORE**

**FOR INFO CALL:
ISSY - 227-9447 OR WENDY - 227-8925**

HELP WANTED

CRAWFORD BAY MARKET

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Meat Cutter/Deli Operator

Some knowledge and experience a plus but not required for a suitable applicant.
On the job training will be provided.

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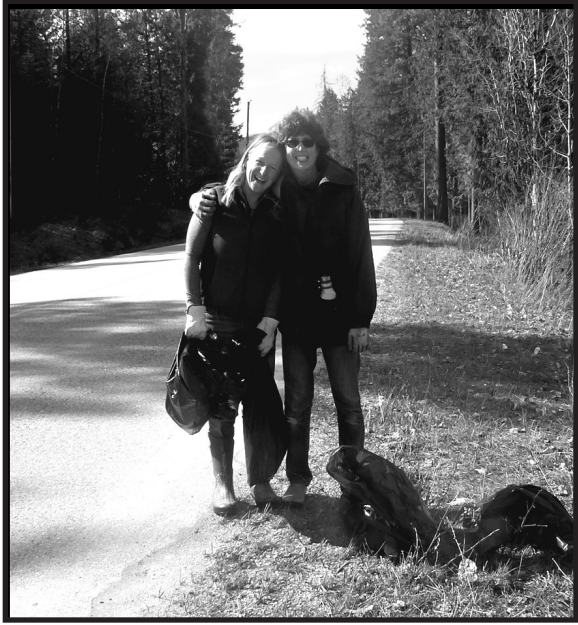
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Earth Day Highway Clean Up '18 - a photo montage...



Crawford Bay School staff and students, along with community members and organizers all lent a hand on Highway Clean Up day on April 20. Organizer John Smith is pictured below, left, and photos are provided by Lorna Robin.



Riondel Seniors News

by Fran O'Rourke

Research has proved that nurturing social connections as we grow older is as important to healthy aging as exercising or eating a healthy diet. Though Riondel Seniors Association could not survive without the members who pay their yearly fees, we offer several opportunities to non-members and non-seniors to expand their, and our, social connections. All of our programs offer a free trial experience, just to put you foot in the door, and the option of paying drop in fees that count towards full membership if you continue to enjoy the activity, but some do not require a membership at all.

This year we have new AV equipment, thanks to a New Horizons for Seniors grant, and one of the perks is enjoying movies every Monday night at 7:00. Everyone is welcome, no age limit and no membership required. Our donation box is out, but you can join us to enjoy excellent movies and a bag of popcorn any week without signing up for anything. To find the coming attractions, check out the Riondel Cable ads channel, use their webpage notices on bluebell.ca, or look for our Marquee Mondays posters on the bulletin boards at the Riondel Market and the Community Centre.

Bingo, which takes place every Wednesday at 6:30 pm in the Community Centre, doesn't require a membership either. Any week you can purchase a few cards and try for a pot. We can't promise a big win, but expect a lot of chat and laughter.

Finally, our Whist Parties that take place at 7:00 pm on the first Friday of every month are another opportunity to enjoy a very social atmosphere. There is an entry fee, and members receive a small break on that, but no membership is required.

Whether or not you choose to accept this invitation to enjoy some of our social opportunities, do make the effort to find and maintain the social relationships that will sustain you through the years. It is too easy some days, especially in the winter, to stay comfy at home, but friendships take some effort. Pick up the phone, email, write a letter to someone you are thinking of, but best of all find a real face to talk to. Live well and enjoy the journey.

Next Deadline:
May 23, 2018
mainstreet@eshore.ca
www.eshore.ca
250.505.7697

**HELP
 WANTED**

CRAWFORD BAY MARKET

is looking for a part time

Meat Cutter/Deli Operator

Some knowledge and experience a plus but not required for a suitable applicant.

On the job training will be provided.

If interested, please call or email Sonja at:

250-227-9322

Email cbstorebc@gmail.com

Golf Kokanee Springs Ladies Day

by Shelley Bumanis

Kokanee Springs Resort opened for the 2018 season April 20 and Ladies Day started the following Tuesday April 24. The course is in great shape, a touch wet but with the sun expected over the next many days should be in great shape for May.

Kokanee is once again offering a great rate on green fees for Ladies Day. You pay only \$60 for 18 holes including cart (a 42% savings), \$42 if you choose to walk or \$32 cart included if you can only join us for 9 holes. You also receive a 15% discount on pro shop merchandise on all items excluding golf balls and clubs. The above only applies to those that are participating with the Ladies Day Club.

We have new tee times this year. Starting May 1 our first tee off will be 12noon so please be up at the Pro-Shop for an 11:30 check in where and when the foursomes will be set up and the game of the day explained. Skins are also played (one tie all tie) and for those that choose to participate make sure you bring some quarters. Interested in joining us, email our new Club Captain Anne Olthof at asolthof@gmail.com or call the pro-shop at 250-227-2005 by noon Monday's to be added to the list. If you have an index/factor please include that as well so handicaps can be determined. If you can golf at the last minute show up for 11:30 and we'll fit you in.

All calibers and ages of golfers are welcome to join Kokanee Springs Ladies Day. Come make new friends or visit with the old but either way come for some fun and a few laughs. The more the merrier.

SD#8 Disposal of Properties

press release by School District #8
 Trustee Lenora Trenaman

In its efforts to advance the 2016-2024 Long Range Facilities Plan, the Board will be disposing of the following property, subject to the Minister of Education's approval, and the Board's authority:

- School Board Office, Nelson BC
- Former AI Collinson Elementary School, Nelson BC
- Former Gordon Sargent Elementary School, Nelson BC
- Kin Park, Creston BC
- Tennis Courts and Pool Land, Salmo BC
- Old Maintenance Yard, Crawford Bay BC
- Yahk Elementary School, Yahk BC
- Yahk Land, Yahk BC
- Ymir Land, Ymir BC
- Retallack Land, Retallack BC

The board recognizes the important partnerships and complexities some of the properties above entail. Therefore, the method of disposal for each property may vary as instructed by the Board and have yet to be determined.

"One of the overarching principles of the facilities plan is to decrease the cost of ownership of the Board's assets", says Chair Trenaman.

"By divesting the Board of properties not housing SD8's programs and students, the Board can better allocate resources to classrooms and programming, and reduce deferred maintenance costs over the long term."

Once the board has determined how it will dispose of each property, those methods will be communicated.

In the meantime, all inquiries and tours need to be authorized and arranged through the Secretary-Treasurer.

For further information, please contact Secretary-Treasurer Kim Morris at 250-352-

Changes To Hours Of Operation For Some Waste Transfer Stations Coming Soon

press release by RDCK Waste

Nelson, BC: Effective May 1, 2018, the hours of operation for some Regional District of Central Kootenay (RDCK) waste transfer stations will be changing.

Hours of operation at some sites will be extended, and reduced at others. These changes were made following a comprehensive review and recommendations from staff, which the RDCK Board of Directors approved at its meeting in January 2018.

Waste transfer stations with new hours of operation include: Balfour, Boswell, Central (Salmo), Edgewood, Kaslo, Marblehead and Slocan.

Hours of operation remain unchanged for: Burton, Crawford Bay, Creston, Grohman (Nelson), Nakusp, Ootischenia, Rosebery and Ymir.

For a comprehensive list of the new hours of operation for all affected sites, please visit the RDCK website at www.rdck.ca, under Services / Waste & Recycling / Hours of Operation. The information can also be accessed with this direct link: <http://rdck.bc.ca/EN/main/services/waste-recycling/hours-of-operation.html>. Information can also be obtained in person at waste transfer stations, by calling the RDCK Environmental Services Department at (250) 352-8161 / 1-800-268-7325, or by email to wastedept@rdck.bc.ca.

Note that some hours continue to be subject to change. Any further changes will be posted on the RDCK website.

Incorporated in 1965, the Regional District of Central Kootenay (RDCK) is a local government that serves 60,000 residents in 11 electoral areas and nine member municipalities. The RDCK provides more than 160 services, including community facilities, fire protection and emergency services, grants, planning and land use, regional parks, resource recovery and handling, transit, and much more. For more information about the RDCK, visit www.rdck.ca.



CB Hall and Park Clean Up

Hey you... yeah, you!

Why not come down to the CB Hall & Park areas & help CLEAN THEM UP?!

Sat, May 12, starting at the CB Hall at 9am!

It'll be fun AND Lunch is FREE.

Please come on out and help us get our community facilities ready for another glorious year!

Your Crawford Bay & District Hall & Parks Association

Riondel Campground Report

by Paula Bailly, Executive Administrator, Riondel Community Campground Society

(photo by Susan Snead)

Recent unseasonable weather conditions did not deter several community-minded volunteers from coming out to spring work-bees in Riondel Community Campground. Sites and grounds were raked, fallen wood was cut for site dividers, storage sheds were emptied, picnic tables were scraped and the fire was tended.

Afterwards, everyone gathered around the fire to visit and roast hot dogs over the fire or enjoy baked treats and a hot drink. RCCS Board Members offer a heartfelt thank you to everyone who attended the work-bees on April 7, 14 & 22 – your willingness to join in and help out was uplifting and sincerely appreciated! The board acknowledges the following hard-working volunteers: Selena Brouwer, Ari Mastro, John Noakes, Sybilla, Howard & Han Sempf, Peter Spaans, Levea Sturko, Gef Tremblay, Melina Cinq-Mars & Naima, Susan Wilson & Jed Bowen, Jon Wyngaard, Lynne Cranna and Five Kortbeek. (My sincere apologies if I've missed someone, please know we are grateful for everyone's help!)

Thanks as well to:

- Crawford Bay Store, who contributed to the hot-dog fixings for the volunteers
- Susan Snead for all her beautiful photographs
- Boris Kwasnycia for the donation of 4x4 posts to display campground signage
- Bob Fiedler who so willingly provided information about the existing waterline system and helped with pre-planning for the waterline enhancement

Our 2018 AGM was held in the Campground administration office on Tuesday April 10. Levea Sturko and Peter Spaans graciously agreed to serve on the Board and were elected as new Directors. The Board now consists of Simon Lazarchuk (Chairman), Peter Spaans (Vice-Chair), Susan Snead (Treasurer), Henri Roberts (Campground Liaison) and Levea Sturko (Director).

The campground is looking good after all the volunteer clean-up and is now open. We anticipate another busy season and are hoping to expand the list of scheduled events.

Weekly community markets on Saturday mornings (July and August) will be organized by Sherlyne Green and Brenda Panio.

Swimming lessons are tentatively scheduled for July and more information will be announced once these details are finalized. It would be helpful if interested participants would contact us so approximate numbers could be provided RCCSociety@bluebell.ca.

We are hoping to hold another Canada Day Talent show plus some food & music events during Riondel Days and throughout the summer season. "Campfire Talks" and "Bingo Nights" were very popular with guests and visitors in the past -- it would be wonderful to revive them. All of this depends on having an Events Coordinator in place (a paid position for 2018). Please contact the society for more information.

The campground's board is proud of the improvements that have been made so far. Further enhancements are planned for the long-term. The contribution of Society volunteers is vital to the campground's continued operations and we thank you all for your support.

Happy camping!



Environmental Education Programs At Creston Valley Wildlife Management Area To Resume This Spring

Columbia Basin Trust provides \$295,000 toward facilities and programming

press release

Columbia Basin – Environmental education and awareness programs at the Creston Valley Wildlife Management Area are going to continue under new management. Since 1974, these programs were provided by the Creston Valley Wildlife Management Authority, but this ended with the permanent closure of the interpretive centre in October 2017. Now the programs will continue thanks to the collaborative efforts of the Authority and the Kootenay-Columbia Discovery Centre Society (KCDCS), with funding from Columbia Basin Trust.

The informative and fun programs engaged with thousands of visitors each year, teaching them about wetland ecosystems and wildlife. Now, with \$295,000 in support from the Trust over five years, this valuable service will continue to welcome students, residents and tourists of all ages.

"The community showed great support for these programs, and residents moved quickly to make sure they wouldn't lose this educational, economic and cultural resource," said Kindy Gosal Columbia Basin Trust, Director Special Initiatives. "We're pleased to help this community act on such a widely held priority and give the society a sense of financial stability while it works toward its future."

KCDCS will use \$95,000 this year to cover transition costs; install a portable classroom, office and washrooms; and deliver a variety of programming for adults and children, such as canoe tours, family fun days and special events. For the subsequent four years, the Trust will provide \$50,000 per year to continue to support the programs.

Jim Posynick is Chair of the KCDCS. "The Wetland Education and Awareness Program creates an understanding and appreciation for the natural world so participants can make informed decisions and actions related to the environment. It also gives vol-

unteers, community members and other organizations opportunities to help promote wetland conservation, stewardship and research. Having a safe, functional and appealing temporary home and the funding to think long-term will provide us with the foundation we need while making plans for a permanent location."

This project is one example of how the Trust helps communities and residents achieve their collective priorities and take action on issues and opportunities. Learn more at ourtrust.org/community.

Columbia Basin Trust supports the ideas and efforts of the people in the Columbia Basin. To learn more about the Trust's programs and initiatives, and how it helps deliver social, economic and environmental benefits to the Basin, visit ourtrust.org or call 1.800.505.8998.



The Mainstreet is a community-written monthly newspaper that serves the communities of Wynndel through Riondel and Balfour. It's available at the following stores for retail: Wynndel Foods - Wynndel, Destiny Bay Grocers - Boswell, The Lakeview - Gray Creek, The Gray Creek Store - Gray Creek, The Crawford Bay Store - Crawford Bay, Riondel Market - Riondel, The Osprey 2000, and the Gill and Gift in Balfour.

Contact: Ingrid Baetzel, Editor
 Phone: 250.505.7697
 Box 140, Crawford Bay, B.C. V0B 1E0
 Email: mainstreet@eshore.ca
 Web: www.eshore.ca

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Take notice that 1155768 BC Ltd, located at Nelson, BC has applied to the Ministry of Forests, Lands, Natural Resource Operations and Rural Development (FLNRORD), Kootenay Boundary Region, for a Licence of Occupation for Adventure Tourism – multiple uses (mechanized and non-mechanized), situated on Provincial Crown land in the Purcell Mountains, and containing 70,992 hectares more or less.

The Lands File No. for this application is 4405893. For more information, or to submit written comments concerning this application, please visit the website at <http://arfd.gov.bc.ca/ApplicationPosting/index.jsp> Search>Search by File number: **4405893**. Written comments can also be directed to Authorizations Specialist, FLNRORD, Kootenay Boundary Region, 1902 Theatre Road, Cranbrook, BC V1C 7G1. Comments will be received by FLNRORD up to May 12, 2018. FLNRORD may not be able to consider comments received after this date.

Be advised that any response to this advertisement will be considered part of the public record. Access to these records requires the submission of a Freedom of Information (FOI) request. Visit <http://www.gov.bc.ca/freedomofinformation> to learn more about FOI submissions.



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119 - 11th Ave N, Creston BC



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Saturday, June 2, 2018

Gray Creek Hall

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DIY Fooding by Elisa Rose Chocolate Kisses

It's THAT time of the month again, and no, I am not talking about rent day. You know when you get that craving for chocolate, and it's not in a junk foody way but rather, in a medicinal way? When you just know that you will feel better after eating some, and usually, the darker the better. Yes, I'm talking about the craving I get on the first day of my period, although there are a million reasons we all have for needing a pick-me-up.

On days like these, I often don't want to leave the house to go buy a chocolate bar. Fortunately, my kitchen cupboards are usually well stocked with all the staples, so it's easy to whip up a batch of Chocolate Kisses. Admittedly, they don't always get to the final stage of making them into individual "kisses", so maybe I should call this recipe Yummy Chocolate Stuff.

There are many variations on this recipe, and I pretty much always make it a bit different each time, so for now I'll give you the instructions based on what I'm eating as I write this. **Here is how to make Chocolate Kisses or Yummy Chocolate Stuff on a Spoon.**

Ingredients, preferably added in the following order:

- a large spoonful of coconut oil
- (the same spoon)ful of cocoa powder
- (same size but different spoon)ful of honey
- (whichever of those spoons)ful of cashew butter
- (optional) coconut flakes

Instructions:

- Cream the above ingredients together, being careful not to create a cloud of cocoa powder. I advise changing spoons because you will make the honey dirty with the chocolate and coconut oil if you don't use a clean one, but, if you are fine with that, or are fine with licking the combination of coconut oil and chocolate powder off the spoon to clean it, go right ahead! I don't worry too much about contaminating the cashew butter with any of these other ingredients.

- Taste it, and adjust the flavouring to suit your needs, adding one thing if it's not strong enough or a bit of everything else if one thing is too strong.

- At this point, it is totally up to you if you want to just sit your butt back down on the couch and eat this with a spoon straight from the bowl. However, if you want to make it presentable and maybe share it with others, continue on to make chocolate kisses.

- Chill the bowl of chocolate yummy stuff for an hour or so until it hardens up a bit.

- Pour some coconut flakes into a small bowl.

- Scoop the chocolate yummy stuff out by the spoonful and roll each spoonful into a ball or a just a lump is fine too.

- Roll the ball/lump in the coconut flakes until evenly coated and then place it on a plate. Continue until it's all used up.

- Either chill again to firm up the balls/lumps or eat right away.

A few ways to modify this are to use butter instead of coconut oil, carob instead of chocolate (reduce honey as carob is already sweeter than chocolate), or peanut butter or other nut butter instead of cashew butter. If you want to use a small food processor to make this, you could first grind some oats and then add the remaining ingredients to blend. Or, add a half an avocado to the mix and blend, to make it nice and creamy.

Or -- I could go on and on but this is the last suggestion I promise -- add a banana and an avocado to the cocoa powder, coconut oil and honey in a food processor and you will end up with a delightful pudding.

Reconciliation Workshops Draw Interest

by Yasodhara Ashram Society

Pahan Pte San Win and Wanbdi Wakita of Bear Paw Teaching & Healing returned to the Ashram April 20-22 to offer an inspiring and heartfelt weekend of Indigenous teachings.

Community members from Crawford Bay, Riondel, Kaslo, Nelson and area, along with Ashram residents and guests, participated in workshops and satsangs focused on reconciliation, love and healing.

It was a time of listening, sharing and reflecting on questions such as: How do I live in balance? What does reconciliation mean? What is my personal action plan for reconciliation? What does it mean to be an ally?

The weekend closed with a sacred pipe ceremony in the tipi followed by a satsang honouring Missing and Murdered Indigenous Women and Girls in the Temple of Light.

Thank you to Pahan & Wanbdi for their wisdom and generosity and to all those who participated. More than \$2500 was raised to support the Sundance of Women to be held in Manitoba in 2018 - the second of four annual Sundances honouring the Spirits of the Missing and Murdered Indigenous Women and Girls MMIWG. A participant noted that "The intentions and goals of the Sundance for Women are truly profound."

We also thank Nelson and District Credit Union (East Shore Community Branch) for their generous support, David Kayle for the loan of his tipi, and Beth MacLellan for lending her beautiful drum.



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BBQ STEAK DINNER FUNDRAISER**

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LOCATION: RIONDEL CURLING RINK

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Save the Date! Temple Grand Opening and Strawberry Social June 23, 2018

by Yasodhara Ashram Society

The Ashram invites all friends and neighbours – and visitors too – to the Grand Opening of the Temple of Light combined with the Annual Strawberry Social. Mark Saturday, June 23 in your calendar now.

The day will be a time to cut the ribbons, meet old friends and new, and celebrate a sacred space that will



serve the Kootenay community for years to come. Festivities will start with the Strawberry Social at 1 pm, followed at 2:30 pm by brief official ceremonies and a dance performance by Slava Duval and Dance Fusion youth.

Now that spring has arrived, landscaping around the Temple has begun with the planting of some native trees. A medicinal garden is in the longer-term plans.

You are welcome to drop in to spend quiet time in the Temple, or to walk around the grounds. Please be sure to check in at the Gift Store, generally open 9 am to 5 pm.

- Planning a wedding?
- Holding a meeting?

Consider renting the
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Booking/info: Rose at 250.223.8288

Gray Creek Pass Report

by Tom Lymbery

Lennard Pretorius, a Kamloops doctor who initiated the BC EPIC 1000 cycle race over 1040 most challenging kilometres from Merritt to Fernie tells me that there are already 60 cyclists signed up for the 2018 tour. Some of the front runners will come through Gray Creek on Sunday July 1st. I hope that the importance of this event will persuade Cranbrook Forestry to snowplow the upper levels, as they did in 2017. With this happening every year that may be able to solve the infernal question 'When is the Pass going to be open?'

I am challenging the Trans Canada Trail's assertion that the TCT's highest elevation in all of Canada is 2,185 metres on Alberta's Kananakis Country Trail. I am sure that 6,800 feet of GCT is greater?

Tom Sez

by Tom Lymbery

The fall and winter edition of *Articulate* magazine has an article on Bruce Paterson who taught school in Crawford Bay and Creston. Bruce's pen and ink sketches of the Gray Creek plane trees, the Henry Rose fireplace and more are accompanied by much historical detail in his books.

BC Historical Federation's annual conference is at Nakusp May 24 to 26. So close and what an opportunity to hear local history on tours, as well the selection of speakers includes Mark Forsythe, on Forestry and Tom on chainsaw history. Please look at bchistory.ca and click on conferences.

Before the leaves are fully out check out the bald eagle nest at Croasdaille Creek – first creek north of the store. These nests are usually hidden as this is once the large cottonwood leaves are fully open. Will the eagles be able to slow the proliferation of geese?

Late spring? In 2001 the lake hit its lowest ever point on April 7. How did the MV Osprey get through the Procter Narrows that year? Does it have a double bottom?

Back on the lake and need a real calendar? The store has one saved for you.

Gray Creek Museum Days are Friday July 27 through Monday July 30, 2018 at Gray Creek Hall. Hours - noon to six pm each day. Amazing displays organized by Frances Roback and Janet Schwieger bring visitors from all over – and especially those with a local background so it's also something of an old home week.

With a good look at the efforts the crew of the MV Balfour had to do during the weeks that the Osprey couldn't navigate the Procter Narrows, we ask again why are the Balfour crew are paid \$6 an hour less than those who work on the Osprey? Keeping the Osprey out of service for weeks when traffic was heavy proves that Balfour is unsuitable for a ferry terminal.

There will be no more frosts once the bracken has fully opened its fronds.

Essential tools – a pitchfork if you are burning brush as it makes it easy to push the fire together and burn the pile entirely. A Picaroom when you are cutting firewood – this one allows you to pick up even heavy firewood blocks one handed. If you've never used one you'll be amazed.

Since Boswell suffered a 3-day power failure please consider propane that will keep you warm – we have units that fit in small spaces. And LED lights have changed – a unit can light your whole room with batteries that will carry you through many brown outs.

No one wants to pay taxes, but please consider Greece where tax evasion is so rampant that the whole country is broke so there is no money to maintain essential services.

Late spring brought a Croasdaille Creek flood closing the highway on May 18, 1964 – and again on May 18 1967. But the biggest of all was June 26 1955 when every creek in the west Kootenays washed out bridges – the end of Sandon and rail lines.

If your apples have lots of blooms please pick off many flowers so that these will fruit next year – as apples tend to fruit alternate years.

Kokanee Springs was originally planned to include a ski resort but had problems finding the right ski hill. Will the proposed Retallack/Ktunaxa ski project bring this to reality?

Silent Auction Thanks

Submitted by Nicole Plouffe

Our Silent Auction on April 7 was a huge success! We made \$6995 thanks to wonderful businesses, organizations from Nelson, Kaslo, Creston and the East Shore, and individuals who generously donated their goods and services without a blink of an eye helping support Tipi Camp.

Through a snowstorm and slushy roads, dedicated East Shore residents came out in their natural, community-minded fashion and it was a grand evening of food, music and energetic bidding. Thank you to everyone; we are so grateful and these funds will go a long way in supporting the camp and getting kids to camp! We had many last-minute donations so if you did not make the list, please forgive us for not including your name.

- Ainsworth Hot Springs
- Allan Hughes & Beth MacLellan
- Ali George
- Amanda and Will Hulland
- Ambrosia Artisan Chocolates
- Anna Rose
- Arrowsmith Gallery
- Yasodhara Ashram
- Baillie-Grohman winery
- Baldface
- Balfour Golf Course
- Barefoot Hand Weaving
- Black Salt Cafe
- Blanche Tanner (Breath Session)
- Blown Away Glass
- Carol Lowe
- David Kale
- Dog House Studios
- Dog Patch Pottery
- East Shore Mobile Massage
- Flickering Goddess Soaps & Candles
- La Gala Jewelry
- Lady Bug Cafe
- Gray Creek Store
- Honey Candles
- Jones Boys
- Julia Kinder
- Kalibri Wood
- Kaslo Jazz Fest Etc.
- Kokanee Springs Men's Club
- Kokanee Mountain Zipline
- Kootenay Gourmet
- Kootenay Lake Boat Tours
- Kootenay Lake Rock and Soil
- Kootenay Sound Healing
- Kunze Gallery
- Lake Leathers
- Lakeview Store
- Lisa Skoreyko Acupuncture
- Lorna Robin
- *Mainstreet Newspaper*
- Maggie Kavanaugh Yoga
- Maya Skalinski (Niramaya)
- Moes Art Bread
- Morris Flowers
- Newkeys Pub
- North Woven Broom
- Oso Negro
- Otter Books
- Purcell Studios
- Riondel Campground
- Ripping Giraffe Board Shop
- Save on Foods
- Scotty Buxton
- Secret Garden Toys
- Selena Soaps
- Shambhala Music Festival
- Sheila Brockington

- Shirley Wynnegard
- Skimmerhorn Winery
- Starbelly Jam Music Festival
- Strutters
- Sunnywoods
- Susan Hulland
- Susan Snead
- Tara Shanti Retreat
- Thors Pizza
- The Cabin Restaurant
- The Fitness Place
- Walnut Beach Resort
- Wedgewood Manor
- William Tell Family Estate
- Whitewater Ski Resort
- Yahk Soap and Gifts
- Yum Son

Next Deadline:
May 23, 2018
mainstreet@eshore.ca
www.eshore.ca
250.505.7697

Words & Their Music

by Wendy Scott

Last Friday in the Riondel Community Centre we were treated to Riondel Library's Seventh Annual Open House and the magic of all the words that flow with an event such as this.

Before the readings began Terry Turner and Susan Hulland presided at the official opening of the new Historical Society space in the expanded library. Terry and Susan told us of the history of the society and how many other historical groups have sprung into being elsewhere from this one ambitious beginning.

Throughout the rest of the evening we were treated to lively and, might I say, dance-able, music from Deberah Shear's talented fingers; contests were ongoing in the library to test computer skills; tasty and tempting refreshments were offered in the Senior's Room; the Art Room was open and we were treated to a display of original paintings by the late Johannes van der Krabben. A debt of gratitude is due to Johannes' wife, Winnie Wai Yen Fung for allowing these works of art to be on display in the Community Centre.

The rest of the evening was in the hands of the word-makers and their words. In order for words to take flight a singer must be at the helm, and indeed we were able to enjoy four of the best.

Alanda Greene opened the reading event with her continuing tale of a young girl and her days with the Blackfoot people;

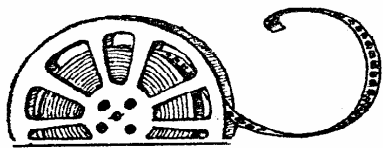
Linda Crosfield's poetry sang of mangroves and crocodiles and skinny dipping with her mother;

Susan Hulland remembered her days in Oyama and what a young girl can learn through a hole in the straw while hidden in a hayloft – if she is very quiet.

Luanne Armstrong completed the evening and we learned of her generosity as a mentor, an editor, and as an author in her own right of her many titles.

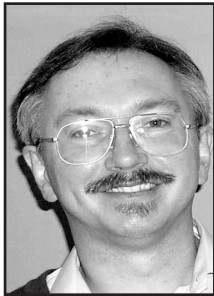
Our thanks, first of all must go to Muriel Crowe, our librarian, who not only allows us to take off on these flights of fancy but shepherds us through to proper completion with many reminders. And second, but not least by any means to the energetic and faithful volunteers who make the everyday routines in the community centre possible and sustainable.

Many thanks to all volunteers, readers, and listeners. Watch for the fall event! And in the mean time – read on.



Seldom Scene

by Gerald Panio



Cedric Gibbons. Adrian. Edith Head. Three names I've seen in the credits for more films than I can remember. They represent the extraordinary pool of behind-the-scenes talent on which directors and actors draw to make their work memorable. Those three names have piqued my interest by their sheer ubiquity, and I've always wanted to learn a little more about their careers. So for this month's column, rather than diving into a film, we'll take a detour into biography.

It's not hard to make a case for Cedric Gibbons as the most influential and famous production designer/art director in the history of American cinema. First of all, there are his 38 Oscar nominations and 11 wins. Second, there are the 1000 (or is it 1500?) films on which he worked. Third, the fact that he is credited for creating "the Metro look" that set MGM films apart from any others. In the 1920s Gibbons reshaped Hollywood set design according to the gospel of Art Deco, setting new standards of glamour and opulence from which he never looked back. Of his work on the 1936 production of *Marie Antoinette*, critic Bosley Crowther wrote: "Versailles itself was slightly tarnished alongside the palace Gibbons whipped up."

Visiting the set of *Our Dancing Daughters* (1928), actor William Haines remarked that the set "looks like someone had a nightmare while designing a church and tried to combine it with a Grauman theatre." The turning point in Gibbons' career came when he visited the 1925 Exposition des Arts Décoratifs et Industriels Modernes in Paris. Not only would he introduce Art Deco stylings to Hollywood, his influence extended to interior home designs among the affluent. His own home, shared with actress Dolores Del Rio, lived up to his sets. His office at MGM was another tour de force.

According to Howard Mandelbaum and Eric Myers' invaluable *Screen Deco: A Celebration of High Style in Hollywood*, during his years with Goldwyn—prior to moving to MGM—Gibbons was responsible for another key innovation in set design: "...Gibbons banished all painted backdrops from interior scenes. He insisted on naturally constructed sets, and soon became known as the man who 'put the glove on the mantelpiece'—an action impossible to perform if the mantelpiece were merely a painted backdrop...Gibbons was crucial in establishing [constructed sets] as the rule rather than the exception. Already he was displaying his trademarks: lavishness and high style." Mandelbaum and Myers also go on to describe Gibbons' pioneering of the Big White Set—visually stunning, but a nightmare challenge for cinematographers.

Cedric Gibbons was born in New York in 1893, and died in California in 1960. He started film work in 1915 in Thomas Edison's studio, then worked with Samuel Goldwyn, and in 1924 was appointed head of the art department at the newly-formed MGM. He worked there for the next 32 years. Along with huge sets, he was also equally adept with smaller, intricately detailed backgrounds. It's not surprising that he also designed the Oscar statuette which he took home so frequently. He was one of the 36 founding members of the Academy of Motion Picture Arts and Sciences. Taking a bit of time off from designing the "dream

worlds of the well-to-do" (including, in *Our Blushing Brides*, an Art Deco treehouse the size of an armory), Gibbons co-directed one film: *Tarzan and His Mate* (1950). I'd imagine that Jane was pretty happy with her accommodations.

Adrian, whose "Gowns by Adrian" credit on close to 300 films was a sure sign of sartorial elegance and dazzle, was born Adrian Adolph Greenberg in 1903 in Naugatuck, Connecticut. He died in 1959, from a heart attack while working on the musical version of *Camelot* (for which he was given a posthumous Tony Award). He may have been Hollywood's greatest costume designer. Like Gibbons, he worked for MGM, creating the signature looks for Joan Crawford, Greta Garbo, Katharine Hepburn, Jean Harlow, and Norma Shearer. Among his memorable creations were the costumes for *The Wizard of Oz*, including Dorothy's scarlet slippers. He dressed

Joan Crawford for 28 of her films. Edith Head, Adrian's only serious challenger for the costume designer crown, called *Letty Lynton* (1932) the most influential film in cinema fashion history because of Joan's Adrian-designed white, ruffled gown (a million copies of which were sold in department stores).

Adrian's career began with costume designs for Rudolph Valentino and Cecil B. DeMille. He went on to put his stamp on everything from elaborate costume spectacles to individual stars' glamorous satin gowns. With period costumes, he never worked with actual period clothes; instead, he used silhouettes as the basis of his original designs.

Adrian left MGM when studio bosses insisted that Greta Garbo be dressed as a more ordinary-looking woman. "When the glamour goes for Garbo, it goes for me as well," was his parting comment.

Adrian never won an Oscar. The first Academy Award for Costume Design was handed out in 1948, by which time he'd stopped working for film and was concentrating on the fashion company he'd set up in 1942. Later, after a short retirement with his family in Brazil, he came back to do design work for Broadway musicals.

Adrian was married to Oscar-winning actress Janet Gaynor from 1939 until his death. This may have been a "lavender" or "bearded" marriage, with both partners rumored to be gay or bisexual but needing to provide a cover in the toxic, repressive Hollywood atmosphere of the time.

Last, but certainly not least, we have costume designer Edith Head. She's credited with work on 750 films over six decades. She worked on 47 movies in 1940 alone. With 35 Academy Award nominations and 8 wins, John Huston quipped that getting the Oscar was written into her contract. She was the first woman to be a top designer in Hollywood, and she's tied with composer Alan Menken for third most Academy Awards won.

Not bad for a woman with no formal training for her career. As a young woman, she picked up a Master's Degree in languages and was teaching French and art at the Hollywood School for Girls. In 1923, she got into the movies by partially faking a portfolio in answer to an ad for a sketch artist. She landed a job at Paramount and remained there for 44 years. She was head designer from 1937 on. Her portrait's been on a U.S. postage stamp and in a Google doodle. Ms. Head was a shameless self-promoter, regularly appearing on television in the 50s and writing books such as *Dress Doctor* and *How to Dress for Success*.

The list of actors for whom she created signature looks is long and impressive: Clara Bow, Jean Harlow, Mae West, Hedy Lamarr, Dorothy Lamour, Barbara Stanwyck, Marlene Dietrich, Veronica Lake, Mary Martin, Bette Davis, Elizabeth Taylor, Ingrid Bergman,

Audrey Hepburn, Natalie Wood, Carole Lombard, Olivia de Havilland, Shirley MacLaine, Paul Newman, Robert Redford. Her talent was perhaps best captured in her work with Alfred Hitchcock's blonde actresses, particularly Grace Kelly. Edith Head said that designing for Kelly in *To Catch a Thief* (1955) was her all-time favorite assignment.

She once said, "The basis for the Academy Award [should not be] how beautiful the costumes are but how much they contribute to the picture, how integral a part they are of telling the story." Summing up an entire Hollywood decade, Ms. Head observed that "In the 1930s costumes didn't have anything to do with real life." In addition to dressing the stars in both their screen roles and their private lives, she was a major American fashion force. A workaholic, she completed her last picture two weeks before she died at age 83.

Edith's own appearance was deliberately unglamorous, even severe. She wore trademark blue-lensed glasses at work because they helped her evaluate how colors of clothing would look when photographed in black & white. She had a wry sense of humor, once remarking "I have yet to see one completely unspoiled star, except for Lassie."

Edith Head was raised in the mining town of Searchlight, Nevada. Her parents never married. When she died, she left her estate to charity. YouTube has a fine short documentary on her work, *Edith Head: The Paramount Years*. There's also a Canadian play, *A Conversation with Edith Head*, by Paddy Calistro and Susan Claasen. Interestingly, in 1967 Edith's contract at Paramount expired and was not renewed, despite her 44 years of service. I've never seen a clear explanation why. Not surprisingly, she immediately landed a job at Universal Studios and just kept on working.

I've got a couple of good books on cinematographers in my library. Maybe one day I'll come across a book about some of cinema's other unsung heroes—set designers, art directors, production designers, makeup artists, and costume designers. One upside of the annual Awards presentations is the yearly reminder of how much we owe them all.

Riondel Arts Club

by Sharman Horwood

In the past week, the Riondel Arts Club participated in the spring Open House, sponsored by the Riondel library. Members had their art up on the walls in the art room, and two of the artists remained in the room to demonstrate how they do their work. The Arts Club also set up a display in the Community Centre's hallway of a dearly missed member of the club, Johannes van der Krabben.

Johannes was at one time a student of the Emily Carr College of Art in Vancouver. He loved bold colours, and had a strong expressionist style. He once said that he couldn't draw, he couldn't paint, but he was nonetheless a gifted artist. Please feel free to go see his paintings in the Riondel Community Centre hallway.

Gerald Panio is continuing to lead his popular discussions on art on Tuesday afternoons. On May 1, he will be showing Sister Wendy's look at 17th century painting in Spain, France, and the Netherlands. May 8th will feature Nicolas Poussin and his Adoration of the Golden Calf (1633). On May 15, Gerald will continue with Sister Wendy's look at art during the French Revolution and the Industrial Revolution. On May 22, he will focus on Emily Carr and her Scorned As Timber, Beloved Of The Sky. On May 29, Gerald will continue with Sister Wendy's examination of Impressionism. All of these are lively, interesting discussions. Please feel free to come and participate; everyone is welcome.

In the meantime, I hope you enjoy spring's natural art about us



Starbelly Jam Update

Submitted by **Geoffroy Tremblay**
and **Ben Johnson** for
Starbelly Jam Society

We are in full swing for 2018's Starbelly Jam festival! We have extended the early bird ticket sale, and there are still some left - Hurry! Visit www.starbellyjam.org to get your early-bird passes now, there are only a limited number.

Workshops

The 2018 Performer line-up is nearly complete and the Artistic Directors (Amanda & Ben) are now busy with workshops line-up. There will be music workshops offered by world-class performing artists! A new scavenger hunt, geared towards teenagers, is also being planned. Other workshops will include: yoga, capoeira, belly dance, gong meditation and many more.

Sponsorships

We will do away with our printed program guide this year and experiment with a simpler version of the schedule while also having an online version of the program guide. That means that we won't have the same advertising real-estate to offer as we have in the past. If you are a regular advertiser you can still support the festival through sponsorship. Starbelly Jam is now a registered Charity organization, and we have an exciting sponsorship program with many perks. If you are interested in supporting the festival as a sponsor please get in touch with us at sponsorship@starbellyjam.org

Food and Crafts

Starbelly Jam is not only about music and workshops. Lee Reidl has organized an awesome line up of food and crafts vendors. This year we wanted to share about what to expect at the festival, so head down to the website to read all about our 2018 vendors.

Music

From the Artistic Directors, here is an update on some of the bands we'll have the pleasure to present:

My Son The Hurricane - A brass-infused Funk Beast! Hailing from Niagara/Toronto, the perennial festival closers and dance floor inciters mix New Orleans style grooves with funk, jazz and hip hop. Bolstered by a giant horn section and the well-oiled rhythm players, charismatic emcee Jacob Bergsma and charmingly sassy vocalist Sylvie Kindree drive the show, creating a spectacle of sound, and challenging the crowd to keep up to their collective energy.

Begonia - On one end of the spectrum there are varieties of the Begonia which can be a dark, grievous, rough around the edges. And on the other end, a petite, elegant flower. In between, the plant attempts to harmonize its two poles, forming an array of varieties that each borrow from the delicate and the unseemly. It is in this same vein that Winnipeg based Begonia (Alexa Dirks) finds herself, trying to find a balance.

Lemon Bucket Orkestra - a guerilla-punk-Balkan-folk-brass band massive like no other. Tracing their genesis back to the streets of Toronto, the original quartet of busking troubadours quickly amassed a battalion of like-minded musical souls and the full-blown, dozen-plus strong Orkestra was born.

After Funk - a fun-filled, soul driven, funk-rock explosion. Hailed as "The grooviest band north of the border" (Live for Live Music), the Toronto-based funk family have been blazing a trail through the North American music scene leaving only happy hearts and dancing feet in their wake.

Iskwé - Named one of the 'Top 10 Artists to Watch' by CBC Music, Iskwé (which means 'woman' in her native language) is fostering an unmistakable sound that weaves together her Irish and Cree/Dené roots with poignant politically charged lyrics, dark soulful R&B rhythms, electronic flourishes, and trip hop breakbeats.

Tri-Continental - Bill Bourne, Lester Quitzau and Madagascar Slim present a truly unique and critically acclaimed sound that is a great success in terms of soulfulness and presence, intensity and atmosphere. An engagement between artists and friends built on artistic respect and a deep passion for, and knowledge of the blues, resulting in a beautiful, infectious sound where blues, world, Celtic, folk, flamenco and African rhythms fuse into one.

Declan O'Donovan - A masterful songwriter collects life's experiences and artfully turns them into songs that capture the imagination of a listener. Declan O'Donovan is that songwriter, that contemporary troubadour who utilizes a broad palate of voice and piano to tell intriguing stories through the music he creates.

Sarah Jane Scouten - A traditionalist at heart, Sarah Jane Scouten shows her signature flair for the roots of roots music. With respect for these roots, she writes from her own perspective, and rather than copying a style, only writes about what she knows profoundly. This songwriter hits hard and close to home, then laughs it off.

Heavy Airship - With a thunderous sound, Heavy Airship descends on the Kootenay region of British Columbia like a storm coming in from the Misty Mountain. In just a short time the Nelson-based Led Zeppelin tribute has gained a faithful following in the area and has shared the stage with the likes of Dr. Hook and the legendary BC/DC.

Petunia & the Vipers - Vancouver's hill-billy-flavoured, swing-inflected, ragtime goodtime, thunderously rolling, one-of-a-kind band does not sit comfortably in one certain genre. It has been described as Hank Williams on acid... Tom Waits meets Elvis at Woody Guthrie's Hobo junction... Avant-Country night club scene music... Something in between 1920's and steam punk.

Rembetika Hipsters - Canada's premier Greek rembetika ensemble. Rembetika is one of the pillars of modern Greek music which made the bouzouki the standard, and what many have called the "Greek blues" for its songs of heartache & hashish. Since 1996 the Hipsters have expanded the boundaries of Greek music, from Calgary, across Canada and all the way back to Greece.

Rick Scott - Rick first rose to prominence in 1964 in the Canadian folk scene playing with Joe Mock and Shari Ulrich in the legendary folk trio PIED PUMPKIN. He is an award-winning singer, songwriter, storyteller and actor who combines music and laughter in lively, participatory concerts for all ages. His gift for combining wacky humor and poignant human commentary has earned him a devoted following from four generations around the world.

Volunteer

As you all know, Starbelly is made possible by the help of hundreds of our volunteers. We will be opening the registration for volunteers shortly - so keep an eye on the website at www.starbellyjam.org.

Follow us on facebook www.facebook.com/StarbellyJamMusic, or if you prefer you can sign up for our newsletter which keeps you informed of tickets sales and other events. You can sign up for the newsletter directly on www.starbellyjam.org.

TICKET PRICES

Early Bird Tickets (Still available, limited quantities)

Weekend Passes

Adult \$120 / Senior \$85 / Youth \$80

Advance Tickets (available until July 19)

Weekend Passes

Adult \$130 / Senior \$90 / Youth \$85

Day Passes

Adult \$75 / Senior \$55 / Youth \$50

Gate Ticket Prices

Weekend Passes

Adult \$145 / Senior \$100 / Youth \$95

Day Passes

Adult \$85 / Senior \$65 / Youth \$60

Starbelly Jam Wants You Volunteer Opportunities

by **Farley Cursons, Executive Director, Starbelly Jam Music Festival**

The first Starbelly Jam Music Festival began way back in 1999 and has truly become an endearing legacy for our East Shore communities. Bringing this event to life every year requires a significant amount of planning, networking and human resource development. Our mission to provide a safe, larger than life music festival can be credited to an amazing array of volunteers, staff and community partnerships. Besides the 400+ volunteers and staff that work together to bring the event weekend to life, our board of directors and executive staff work year round to sustain and create partnerships within the community and the outlying region.

Volunteering is fundamental to a healthy and democratic society; all citizens have a right and a responsibility to contribute in the manner that works for them. Millions of Canadians of all ages contribute their time to get involved with people, causes, and organizations they care about. While volunteering continues to grow, there have been significant shifts in the way people want to be engaged.

People today tend to lead more structured lives, are more results-oriented, autonomous, tech-savvy, and have multiple responsibilities and interests. Volunteers bring their personal talents and interests, professional skills, and education to volunteering in order to respond to needs in their communities. Volunteers seek a range of options and opportunities where they can see the value and impact of their contributions in the community. More people are interested in group volunteering, short-term assignments, and virtual volunteering, and they view volunteering as a way of contributing or gaining skills.

That is what makes festival volunteering so rewarding. We can see our efforts cascading across an enormous operational spectrum creating almost instant results.

Do you want to make a difference in your community? Why not become a volunteer at Starbelly Jam?

Whether this will be your first year volunteering for the festival or if you've been volunteering for years, we ask that you register through the website. All staff and volunteers are required to become society members this year. A large society membership assists with our grant funding requests. You can sign up through the volunteer page on the festival website. The cost is five dollars.

Volunteers must fulfill ten hours of volunteer service to gain the Friday Night, Saturday and Sunday entry passes. Eight hours if they are only attending Sat and Sun, four hours for one day entry

Youth (17 yrs and younger) and Seniors (65+) must volunteer five hours for a weekend festival pass.

Volunteer Hours can be completed before, during, and after the festival. Volunteering two 5 or 4 hour shifts at one time, depending on the nature of the position is most common. You may notice some volunteers putting in more than the ten hours required for the weekend. This is usually appreciated but not mandatory.

Starbelly Jam also has a number of management positions available. Some with modest stipends. We are looking for the right person to take on event decorations, parking management, craft vendor coordinator, as well as on-site volunteer coordinator. If any of these positions appeal to you please let us know. If you have seen a department or management position that interests you but already has a manager there is opportunity for mentorship to ensure long term stability and healthy succession in the organization.

The volunteer intake page on the festival website opens May 1. Countdown commencing, engines on!

For more festival information go to: www.starbellyjam.org. See you at the Festival!

It's a truth universally acknowledged, in Lindero, that certain things are associated with certain others. Like spring storms and power outages. Or sports trophies and garage sales. Or curling and poetry.

So it was that on a blustery evening late this spring, the cream of East Shore sporting literary society filed into the Curling Rink Canteen for the annual season wrap-up Banquet and Curling Poetry Slam.

A veritable Bard's Bonspiel, the Slam is the ultimate showcase of talent for poetic curlers from up and down the lake, and somewhat beyond. This year, Phrank Intense, poet in residence at Lindero's own curling club, was master of ceremonies. He kicked off the night with his most touching and popular composition, "I Can't Get Over the Hog Line With You, Sweetie," about which no more needs to be said.

Phrank was followed by Ben Tameter reciting one of his racier pieces, "Hurry Harder Helga!" which furrowed the brow of his wife Betty. Next was a testament to enduring love from Blanche Versh, "You Rock my House, Skip."

And then, with a flash and a pop, the lights went out and the Banquet/Curling Poetry Slam was plunged into darkness. Momentarily. Cell phones and lighters quickly filled in until a squadron of candles was deployed to the tables. Despite the romantic change of scene, none of the diners decamped, being unwilling to forgo our annual prime rib & fixins feast.

The poets, deprived of their written couplets, quatrains and whatnots, were forced to improvise. They hit upon the obvious muse: Tortoise, the local power company.

Phrank led the charge:

*"I've pondered this for many an hour,
Why can't Tortoise deliver us power?"*

Blanche seized the baton next:

*"Soft, what dark from yonder window breaks?
The lights are down, but not the rates."*

Ben jumped in,

*"Whose woods these are I think I know,
Held up by power lines, they grow."*

Not to be outdone, Phrank brought it home,
*"As dry leaves before the wild hurricane fly,
I'm on hold with Tortoise, and the hours flit by."*

The banqueters erupted in delighted applause. Then the conversation became more prosaic. At the table near the bleachers where I was seated, local general knowledge holder Josie Parker filled us in on Tortoise's recently announced plans to address all the power outages.

"I read all about it in the *Strange Street*," she proclaimed as the rest of us shifted uneasily, having ourselves avoided the boring looking article. "All the outages are creating a problem for Tortoise, it seems." "Negative publicity?" I surmised.

Josie snorted, "Ha. Lost revenue for all the hours the power is down," she enlightened. It didn't take us long to guess the solution to that one. "Yep," confirmed Josie, "they plan to jack up the rates to make up for the shortfall."

"Are they going to use the extra cash to maintain the lines so there'll be fewer outages?" asked young

Dierdre Duckinghamworth, who clearly doesn't get out much. We guffawed into our custards. "Au contraire!" Josie expounded Frenchly, "They're applying for an Environmental Stewardship Grant to conserve the Aerial Ecosystems in all the trees leaning on the lines."

"And they're streamlining the customer service telephone hotline system, even though they don't get many complaints..." I complete her thought, "...because no one can get through." Josie smiled wickedly. "Their fix for that one is to get customers to take a more 'user-positive' approach. Instead of reporting power outages, they'll only field calls about power in-ages." Dierdre proved a quick study, "That'll save us all a lot of time."

"You bet," Josie agreed. "But Tortoise's biggest new revenue scheme won't come in until the provincial regulator approves." "Uh-oh", we all said. Josie nodded solemnly, "Tortoise plans to offer us clean, cheap nuclear power in the future." There was something familiar about this promise. "And bill us a surcharge to encourage us to switch."

Dierdre was hopelessly confused, "Wait a sec. How will surcharges get us to switch to nuclear? It's not even available here!" "Exactly," I chimed, "Clear profit. And our current hydro is cleaner anyway."

With no sign of the lights coming back on any time soon, our table consoled ourselves with another pitcher of Curling Rink Canteen Mojitos before venturing out into the starry starry night, utterly unspoiled by light pollution.

[Filed by Lindero correspondent H. Porpoise]

Contact Mainstreet

250.505.7697

Tom's Corner

by Tom Lymbery
D-Day to VE Day



I have been reading at least four books about the Allies' invasion of Europe on June 6, 1944, and the fighting that was finally successful by May 8, 1945. The most exciting of these books is *Pegasus Bridge* about the British parachute drop which achieved their objective. The author says it may well have been the key to the success of the invasion.

The next book, *Band of Brothers*, is about US paratroopers who went through most intensive and tough training in the US which turned them into a cohesive unit. That made all the difference when they dropped into Normandy. This company went through the Battle of the Bulge, then all the way through Germany to seize Hitler's headquarters in the Alps.

Another book, written by a Canadian, is about the extremely tough fighting that the British and Canadians went through, from their "Bridge Too Far" offensive, up to the end. All these books remark on the differences between German engineering and that of the Allies. The German 88s (guns) and tanks were far superior – it was only the preponderance of tanks and supplies coming from the US and Canada that finally won the war.

However the British, encouraged by Winston Churchill, designed and produced much unusual equipment that really worked, such as flails, called "funnies" by the British, which beat the ground ahead of tanks to explode land mines. Perhaps this name discouraged US forces from ever using these? They really worked, and the tank carrying them was still a regular tank, able to use its guns as well as any other unit. Other funnies were bales of logs carried by tanks to drop into tank trap ditches and fill in the spaces. This enabled the tanks and equipment following them

to continue on their way. The Crocodile was a fearsome flame thrower, able to throw flames a great distance to burn out pillboxes and other fortifications. Some feel that if the US had agreed to use these, they would have had an easier time on the beaches of Normandy.

Books about the US forces all emphasize how much Field Marshal Montgomery was disliked by the US. Since he was the one with real battle experience, Supreme Commander Dwight Eisenhower had to put Monty in charge. How could one man be so revered by the British, Canadian and Australian troops, but hated by the US?

When I loaned a book about tank battles to Max Carne, he told me of his experiences as a tank driver. In Normandy he was fortunate to be driving a newer tank with an escape hatch for the driver who sat low down in front and steered through a slit. The tank Max was driving was hit by a shell and the entire tank "brewed up", killing all except Max who escaped by using the hatch. ("Brewed up" means the entire tank burns and explodes, including all its stock of shells.) Max transferred to another tank and he survived the rest of the war with no other close calls, down to the downfall of Germany. After his return home he drove for Greyhound out of Nelson, and I got to know him when he used to drop off the daily mail sack for our post office.

From 1942 to 1946, I boarded in North Shore College and St. George's in Vancouver, where the war only affected us with rationing and dimmed street and advertising lights. This prevented the city's glow from highlighting the ships for Japanese submarine torpedoes. By 1944 we had veterans returning to St. George's such as Nip Parker, who had lost a leg, but in spite of that

he was refereeing rugby games. We all knew that VE Day was coming, so Headmaster John Harker required all of us boarders to be away from the school so that the staff could celebrate unrestrained. Ken Lodge and I were billeted for three days with day boy Judah at his parents' house in the Shaughnessy area. (All of us were called by our last names, so we only got to know a few first names.) We three took the streetcar downtown where the streets were full of toilet paper and people celebrating. The theatres were still open, and one day we went to the Beacon Theatre where the fan dancer had trained doves to hover in front of her boobs

– a memorable celebration for 16-year-olds. (The term stripper didn't appear until many years later.) All too soon we were back to studying, as we were scheduled to write Grade 12 exams even though we were only in Grade 11. Harker had advanced our schedule to get us as far as possible through high school before we were called up at the age of 17. However the war in Europe was all over on May 8, 1945, followed in a few months by the defeat of Japan on August 14, 1945, so none of our class had to



A fire-fighting crew is about to disembark from a BC Forest Service landing craft, in this undated Internet photo.

join the services.

Among the benefits of the D Day invasion that came to Kootenay Lake were a couple of small landing craft that BC Forest Service somehow acquired. These were just large enough to land a small jeep which could be put ashore at remote creeks to assist in firefighting. A storm that wrecked one of these landing craft at the Gray Creek Forestry Station brought Tomo Baba from Kaslo to repair it. Thus he was able to buy a used Pioneer chainsaw from me that he needed for his next project – stabilizing the Moyie at Kaslo.

MORE ON PAGE 20...



pebbles
by Wendy Scott

WINGED FLIGHT

It's half way through April and the tree swallows are dipping and diving, arguing and playing circle games in the front and back of my house.

Last years' families have returned to put in bids for their nurseries. The two active houses were home to four chicks each; how many have come back -- well, lets just say they won't all fit. During the next week sticks, twigs and clumps of dry grass will be ferried from fields and lawns within a designated gathering area. They have given up on an ornamental birdhouse stuffed already with too much material to allow even the tiniest bird access.

More than one abandoned building site remains as testament to a lack of adequate code, or inspection for that matter, leaving bundles of twigs like bad perms after a rainstorm.

Over and above the commotion, and except for one resident pair, Canada geese move well organized communities north, alternating their lead birds as they progress. Long strings of swans, almost too high to see, move at a dizzying speed until out of sight again.

Their calls, haunting and compelling, touch some hidden place in our being and we must listen and watch. And often we heed that call; as Canadians we can still come and go as we please. Although nearly eighty years ago a stubborn conflict of wills and loyalties would escalate into another migration which somehow appeals to humanity's need to be top dog

– no matter the cost to life, to home, to family.

The year was 1941; the location a small house in West Vancouver; the event, a party; the attire, formal and/or dress blues; the focus, “until we meet again”; the unwritten rule, no mention of those who will never return.

The child on the edge of this party crowd could not help but hear the dread behind the laughter. The dense, thick blackout curtains shaded the windows as ordered by the air-raid patrol warden. She was familiar now with the visits of the ARP man, but it was the undulating alarm of the air raid siren that terrified her more than anything else; especially the first time it sounded before her family had a chance to hang those heavy black curtains and her grandmother calmly turned off every light in the house and they sat in silence, waiting for the all-clear.

Her parents had emigrated from England before the outbreak of World War II, and now her father would be returning to England with his regiment to defend not only his homeland, but the world that she was born into. He would, thankfully, return, but not for another six years. By that time, on a cold, wet Vancouver night, she would be a ten year old stranger to the man dressed in khaki walking towards her across the echoing floor of the CPR station.

At present Canadians are not obliged to devote a portion of their lives to military service. In fact, any hint of bringing back conscription is fiercely rebuked. But a few days ago on CBC's Sunday Edition, author and Booker prize recipient, David Grossman, spoke of another life and the struggle for independence, freedom, and peace in his homeland of Israel. Palestinians and Israelis face, what some say will be a lifetime under occupation or as occupier. Both will live, or have lived, part of their teenage years in military service and

in active combat. And many will face, as David Grossman did, the loss of family members and close friends. To be, as he said, a free nation in your own land can appear to be unattainable.

Birds migrate in order to build nests and raise their families and then return south to introduce the route to their kids and get ready to come back and do it all over again – even the tiny hummingbird somehow manages to make it all the way to Mexico and back. Canadians, however, need only a whim to set them off – well maybe a cold winter might encourage many to leave – but generally we can drive or fly as we wish or prepare to welcome family members or friends who decide to visit us.

And yet not too far from us countries are at war and will inevitably gather missing years to fit into their lives and will spend more years trying to comprehend the significance and need for the loss of those years and the lives they were unable to kiss good bye.

The hummingbirds are en route; we can prepare their sugared water, and then, if we wish to do so, we can follow them into a warm winter, emulating their winged flight, or taking another mode of transportation, because we have the freedom to do so.

Next Deadline:
May 23, 2018
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250.505.7697

Smarter Than Jack or Jill

by Sharman Horwood

Animals are amazing, smart creatures. This column is about exactly that, and I am willing to write up any of your animal stories that show animal intelligence (not to mention cuteness). If you have a story that you wish me to write, please contact me at shhorwood@gmail.com. I won't use your name if you don't want me to, and the story has to be a true story or anecdote. Please include your phone number so I can contact you if I have any questions.

Elk: The Measure of a Friendship

A few days ago, when I was near the lake, I came across two female elk. I was on the road near a friend's cabin. There was a small meadow nearby, with lots of brush, and while the two elk watched carefully as I drove past, they didn't run. They watched calmly as I passed. They weren't alarmed: I wasn't behaving like a predator. I stopped to watch for a moment. They were beautiful, and immense.

Elk are the second largest of the deer family. Moose are the largest, but a mature female elk can weigh around 440 lbs. They are also very smart animals. This may be the result of evolution, combined with the dangers of their natural environment, but I am still in awe every time I see one.

Because they're prey animals, elk live in herds. If they're attacked, there really is safety in numbers. They stay clumped together and run, all of them trying to keep as close to the center as they can. That is the safest spot. Wolves, for example, separate a weaker individual from the rest of the herd and then run it down, until it is too tired to defend itself. The world is a cruel

place for prey. Elk, however, have a strong defense: their size and their relationship with the herd.

I believe these two female elk were on their own because they are pregnant and will soon give birth. At this time of year, pregnant elk leave the herd to bear their young. They don't return to the herd until after the young are born primarily because the noise and smell of the herd draws predators. The female elk have a better chance when they are on their own of hiding their newborn calves, and keeping them clean so the smell won't reveal them. Sometimes they are not alone, however.

About five years ago I watched a documentary on a group of wolves in an Idaho national park. Two researchers spent months living and following a group of grey wolves. The wolves, of course, were spectacular, and lived an uneasy existence in the wild. Finding prey isn't always easy, and of course a wolf can be kicked by a large elk and either killed or simply maimed, if it's lucky. The researchers became familiar with the wolves, and with some of the individuals in the elk herd that the wolves followed.

While this couple followed the wolves, they witnessed something rather remarkable. One of the elk in the herd injured her leg. She twisted it on a large rock, and couldn't run. She couldn't keep up with the rest of the herd, and was quickly becoming separated from their protection. Of course, the wolves immediately recognized her vulnerability. She tried to frighten them off, stamping her feet and charging at them when they came too close. She was quite smart about her defense, however. When she couldn't drive the wolves away, she climbed a nearby hill, bordered by a bluff, trying to get out of their range, giving herself a bit of strategic defense. But she was tiring, and it was only a matter of time.

What happened next was simply remarkable. Another female elk saw that the first was injured. According to the researchers, these two females tended to be near each other in the herd. They were obviously companions, or related, and liked to be together. The second had realized that the first—her friend, so to speak—was in trouble. In fact, dusk was close, and the injured elk wouldn't survive the night.

This second elk separated herself from the herd, and ran to be with her injured friend. When the wolves got too close, there were now two of these large animals kicking out with sharp hooves, strong legs. As night came, the two elk remained above, close to the bluff, stamping at any wolf that came close. In the morning, both of them were still there, at the top of the bluff. The wolves had given up. Their friendship in the herd had prompted the one to help the other. They survived together as a result of that friendship.

Identifying other animals within a social system, and the intelligence that goes with that—recognizing context, relying on others—is necessary for survival. Horses in particular can categorize other members of their herd: who is the primary male, where each individual is in the social order of the herd. Prey animals in a herd are much more aware of the others' individual roles. They have to be. In the wild, being alone can have deadly consequences, yet working together creates a healthy group.

I think the two elk I saw near the lake were pregnant females, getting ready to give birth. May and June are the months when deer and elk bear their young. In the case of elk, they leave the herd to do so. These two were staying together to keep each other company, an act of positive friendship that would help them care for each other as well as their calves. For elk that is intelligent behaviour.

Better at Home

by Rebecca Fuzzen

On Wednesday April 18 at the Crawford Bay Hall twelve people, a combination of volunteers from Hospice, volunteers from Better at Home and community members, came out to attend a Volunteer Training workshop hosted by Sandi McCreight. As well as being the Coordinator for the Castlegar Better at Home Program, Sandi also works with her Community Response Network to support the aging population. Sandi led and presented us with information on the following topics: boundary setting, confidentiality, conflict of interest, safety, self care and a person's right to live at risk. The group also received the Gatekeeper Training that was developed by the BC Association for the Community Response Networks. The goal of the Gatekeeper Training is to "help people identify high risk vulnerable adults, particularly, those who are isolated, living alone and would benefit from some type of assistance to maintain their independence."

The training presented the opportunity for the invaluable volunteers of our East Shore communities who are working with vulnerable people to ask questions. It also presented the opportunity for people to meet each other, share thoughts and feelings, knowledge, stories and resources.

Volunteerism here on the East Shore is an indispensable asset and a resource that adds not only value but also show the huge hearts of our communities. A big shout out and also an abundance of gratitude to all those out there volunteering and making things happen, improving the quality of lives and driving seniors to their medical appointments. Many thanks go to Garry Jackman and the RDCK for sponsoring this event. Also thank-you to Sarah at the Hub for the delicious pizza we had for lunch.

Because of our wonderful volunteers, the East Shore Better at Home Program continues to offer and provide free friendly visits as well as free rides to seniors registered in our program.

There will be a follow up session held in the future to further support our volunteers.

Do you have questions, thoughts, comments or a new referrals for the Better at Home Program on the East Shore? Or are you interested in volunteering? Then please call 250-505-6717. We can also be reached by email at betterathomeeastshore@gmail.com.



Holistic Health Tips by Kim Young 7 Ways to Prevent Mental Decline Anxiety

If you wish to forget anything on the spot, make a note that this thing is to be remembered.
— Edgar Allan Poe

There has been much research done over the years about the best way to keep a healthy brain as we advance in years. Studies show that the health and lifestyle decisions we make every day could prevent mental decline and even dementia.

There are plenty of steps you can take to maintain your cognitive function and beat mental decline as we move into our later years. Here are just a few:

Get Organized

It's a lot easier to remember things when you live an organized life – that means that everything should have a place and it should live there. When you arrive home from a long day always put your keys in the same place, keep your handbag or wallet in the same spot, and the same goes for the everyday items you use. It's easy to remember where things are when you always keep them in the same place.

Concentration

As we age it becomes more difficult to concentrate – which means that seniors need to work harder to shut out distractions.

Temporary memories are particularly susceptible to slipping away due to distraction. Make an effort to focus and concentrate on your everyday activities while you are doing them to train your brain to focus.

Study results from Wake Forest University Baptist Medical Center suggest that the use of attention training can alter brain activity, so the aging population can learn to block out distractions in order to improve concentration.

"There are a growing number of activities, from crossword puzzles to Sudoku, promoted as ways to keep our minds young," said Jennifer Mozolic, a Wake Forest graduate student who presented the results. "Our early data suggest that attention training is indeed a way to reduce older adults' susceptibility to distracting stimuli and improve concentration."

Manage Stress

A bout of stress may leave you more focused, sharper, and able to pay close attention. However, chronic stress has the opposite effect and it can interrupt your ability to form memories and recall information. Managing stress is imperative to healthy aging and cognitive function.

Eating Habits

Your diet is vital to a healthy body and brain, which means getting plenty of vitamins and minerals. Ensure you're loading up on antioxidants and brain foods like folic acid and omega-3 fatty acids. Your diet can improve your brain health so make sure you are eating high-quality foods every day.

Exercise

Daily exercise provides your circulation with a healthy boost and even improves your cholesterol levels, both of which can benefit your cognitive abilities. A 30 minute walk outside will provide plenty of mental and physical exercise.

Sleep

Your brain processes your day while you sleep, this is when it consolidates memories and reboots. Do your cognitive function a major favor by getting plenty of sleep each night. Creating a healthy routine around

bedtime will help to prepare your body to get at least seven hours of good quality rest.

Weight

Maintaining a healthy weight is important at any age. Being overweight puts pressure on your heart, and contributes to hardened arteries, which makes it harder for your heart to function properly. Obesity often leads to diabetes, which has its own role in your heart health and the health of your nerve cells. It makes sense then that people carrying excess weight experience steeper mental decline.

Time Magazine referenced a study from Northwestern University. The study looked at almost 9,000 women, aged 65 to 79, and found that with every increase in BMI (body mass index) there was a decrease in memory. ([http://content.time.com/time/health/article\(body mass index\)](http://content.time.com/time/health/article(body%20mass%20index))). This may be due to a lack of blood flow in smaller vessels creating essentially, mini-strokes that go completely undetected and further, this damage is cumulative.

I hope you will incorporate a few of these suggestions into your life so you can thrive as you grow older. While aging is inevitable there are many things we can do to help make our later years, the best years of our lives.

Kim is a Precision Nutrition certified Holistic Health and Lifestyle Coach, Functional Aging Specialist and Reiki Master who lives in Kootenay Bay with her husband Jim and their dog Buster. Her website is: www.holistic-health-tips.com

Cont'd From "Tom's Corner" DDay to VE Day



Thanks to Ron Lang for preserving this historic baked enamel sign and hanging it in his restaurant at Balfour - a reminder that Greyhound had a Balfour Depot from June 1947 to October of 1963. Ron says he found this in about 10 feet of water in his marina some 20 years ago. In October 1963 Red Sutherland drove the last eastbound coach across the lake and next day conducted the first Greyhound westbound trip over the just opened Creston - Salmo road. In the late 1950s and 1960s Greyhound was so popular that there were up to four scheduled trips daily each way. They had priority loading so it was much faster to take the bus to Nelson and back, from the eastshore than it was to endure the mile long ferry lineups.

Contact Mainstreet

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Notice of Passing



**Dorothy Hearn
(nee Smith)**

Mar 25, '23 – Mar 22, '18

Our adventurous mother passed away in the early morning hours of Thursday March 22, 2018. She went peacefully on her own terms. She would have been 95 in just three more days.

She was born on March 25, 1923 in Newcastle Upon Tyne, England. She grew up mainly in Edinburgh, Scotland with her three siblings. She graduated from the first physiotherapy class at the Royal Edinburgh Infirmary in 1940 and then went to work in Dundee and Kirkcaldy in Scotland.

She bravely ventured to Canada in 1957 with her Australian friends on what was supposed to be the start of her world tour. After working briefly in Toronto and then Vancouver, she found work in the Kootenays. She started playing badminton in Nelson where Eddie hit her on the head with a badminton bird in January and they were married in May. With Eddie's two young children Christine and Ron she embarked on family life; David and Lorna quickly followed. Dorothy continued to work as a physio while raising a family. She was a lifelong learner, taking courses, going on birding and geology hikes.

She also immersed herself in the community of Salmo, from Guiding, Scouting, and playing badminton, West Kootenay Naturalists, Salmo Memorial Community Church, singing with various choir groups (including Glacier Harmony), and her most beloved Salmo Public Library, where the new wing is named after her. In 2012 she was awarded the Queen's Diamond Jubilee Medal for her years of volunteer service.

With Eddie she travelled extensively back to Great Britain, south to Arizona, to Vancouver to see Christine and Erik, and often to Winnipeg to visit Lorna and family. Their Masonic jaunts took them to all corners of British Columbia and the Yukon, as well as other places around the world.

Mom mentored many with her good humour and optimism through the years. She is survived by her children Christine (Erik Tofsrud), Ron, David and Lorna (Bob McLarty), as well as granddaughters Jillian, Kathleen, Emma, and Lizzie, and many nieces and nephews.

She was predeceased by her husband Eddie and grandson Andrew, sister Sheila Baird, and her brothers Robert and Alan. She was the last of her generation.

A memorial service was held on Thursday March 29, 2018 at the Salmo Valley Youth and Community Centre (206 7th Street, Salmo, BC). We would like to thank Dr. Innes and the entire staff at the Trail Regional Hospital for excellent care of our mother. Donations in her memory can be made to the Salmo Public Library (PO Box 458 Salmo, BC V0G 1Z0).

Eastshore Garden of Remembrance

Spring is here! Swallows are setting up house; Juncos and Chickadees compete for their share of seed bells; flickers announce their presence on the nearest metal post; Nuthatches run up and down tree trunks; bald eagles gather yet more sticks to add to last year's messy bundle and high above the commotion, soaring and silent the turkey vulture rides ascending currents.

But all it takes on a sunny day is an open window to hear the sounds of spring and succumb to the lure of the season. Time to take your morning coffee onto the deck, then walk around to check on your shrubs and make sure the deer haven't sampled the miniature iris, or the random clumps of aconite. Better check on that cedar hedge as well -- hungry deer can carve a ridiculous waistline that will not grow back.

Good luck -- enjoy the sunshine. Info -- Wendy -- 259-225-3381 or Muriel -- 250-225-3570

Notice of Passing



**Victoria
Chichmanian**

Our friend Victoria Chichmanian passed away peacefully on April 7, 2018 at Mountain Lakes Seniors Home.

Victoria lived at Mountain Lakes for 8 years prior to her death, where she received excel-

lent and compassionate care. Her last years there were greatly enhanced by her caregiver and companion, Maria.

Victoria was predeceased by her son Rainbow who died tragically at age 3, and is survived by her brother Armand, sister in law Ursula, niece Amy, and nephew Gregory.

She was born in Alexandria, Egypt and immigrated to Canada in 1957, at age 12. Her family fled the persecution of Armenians in Egypt at that time. Victoria was an adventurous, self-reliant, and inspirational woman. She was exceptionally talented and gifted in many areas; a linguist, healer, athlete, businesswoman, carpenter, and above all friend.

She lived her life with passion and enthusiasm. She shared and inspired the virtues of love and forgiveness and will be remembered by her friends, family and community.

A celebration of her life was held at the Queens Bay Church on May 1, starting at 5 pm. Pot luck finger foods, libations, songs, dances and stories.

Notice of Passing

**Missing from Ralph Wirsig
obituary notice of last month...
introduction by Tom Lymbery**

Intro: At the age of 14 Ralph came to Gray Creek when his family moved from Sundre, Alberta. He attended school in Crawford Bay and Creston, and worked weekends and summers logging or in the mill at the Wirsig's Gray Creek Forest Products Ltd.

His memories provided much background for "Tom's Gray Creek - Part II"

Hospice Report

by Susan Dill, Coordinator

The following are some things we can do to help ourselves as well as others who are grieving the loss of a loved one. There are some excellent books and resources available, (see list further down in this article).

- Allow time to specifically feel; just like you might make time to be with a friend, it's important to make time to be with your own feelings. Sitting quietly without distractions can help with this exercise;

- Talk about how you are feeling with a friend or someone you trust. I feel listening is one of the most precious gifts we can give, if we can truly sit and listen without judgment or without giving advice, it can have a very powerful effect on us. Talk to your Doctor if you are unsure about the emotions you are experiencing;

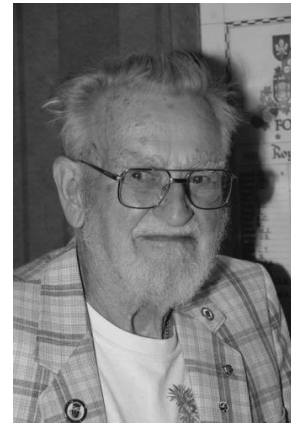
- Consider attending a bereavement group. Nelson offers a weekly support group - call 250-352-2337 to find out more information;

Here are some books that are available at the East Shore Community Health Centre in Crawford Bay (see below for hours):

Elisabeth Kubler Ross: *On Grief and Grieving*

Megan Devine: *It's OK That You're Not OK*

Margareta Magnusson: *The Gentle Art Of Swedish Death Cleaning*



Rex Pendril Brown
Victoria, British Columbia

June 03, 1923 - April 11, 2018

Pen died at Mt. St. Mary Hospital. Predeceased by his wife Betty Kovalcik and siblings Philip, Monica, and infant Marigold. Survived by daughter Marian and son Rex, and Brown and Kovalcik nieces and nephews. Pen was born in Vancouver to

Philip Brown (engineer) and Emma Bentall Brown (stenographer), both from Essex. He attended UBC at age 16 then worked at banks in Vancouver and Toronto for 15 years. Restless, in 1955 he became assistant lightkeeper at Cape Mudge, Quadra Island. In 1957 he became lightkeeper of Fiddle Reef off Oak Bay, and Betty responded to Pen's matrimonial ad. They married and moved to Pine Island light station off the north end of Vancouver Island. After ten years in that challenging post, Pen and his family moved to Oak Bay. Pen worked in the Coast Guard office until retiring in 1989. He served as Santa Claus to lighthouse children, and volunteered at Fisgard historic site, Oak Bay Volunteers, and the Cancer Centre. Pen supported the Conservatory of Music and the Historical Society, enjoyed Alaska cruises with Betty, and was devoted to his house, garden, and cat. Many thanks to the staff of Mt. St. Mary and St. Elizabeth. Pen requested no service. Re celebration of life please write Box 5065 Stn B, Victoria V8R 6N3.

From Tom Lymbery: Pen Brown is featured in several of the Dorothy's Stormy Lake books. He and artist Doug Riseborough were Quakers and helped Dorothy and Bobby to that connection. Being pacifist Quakers allowed both Pen and Doug to work on the road through Kootenay National Park during WW II instead of joining the services.

Memorial Wall

Whether your loved one has scattered ashes, was buried elsewhere or was 'beamed up', the **Memorial Wall in Gray Creek Cemetery** can mark their time here.

Visit the unique woodland cemetery on Oliver Road South and contact **Tom at lymbery@netidea.com** for a handsome brass plaque.

British Columbia Bereavement Helpline: 1-877-779-2223 (9am-5pm M-F) or www.bcbh.ca and look under resources then coping with grief.

Or: www.myGrief.ca and www.virtualhospice.ca.

East Shore Hospice volunteer care is free of charge and is available in your home. Hospice care does not replace nursing care, home support or any other professional service. A hospice volunteer can be a caring listener with an open heart and mind, who is also comfortable sitting in silence with a terminally ill person. This support can also give the caregiver(s) some respite to care for themselves. This means that the caregiver can have time away from the caretaking role.

If you or someone you know is in need of Hospice Care or you would like more information, please contact Susan Dill East Shore Hospice Coordinator at the

East Shore Community Health Centre Hospice Office at 250 227-9006. In addition there is a free library with hospice related books and some DVD's on care, grief and mourning. The library is best accessed at the Hospice Office on Tuesdays between 10am-2pm.

Watch for more articles and information on Hospice care that will be posted regularly in *The East Shore Mainstreet* by Maggie Kavanagh and/or Barb Kuhn or any one of our other volunteers.

SERVICES DIRECTORY/CLASSIFIEDS

The Service Directory is a great way to have your business listed as a reference for those shopping for a particular professional service. Keep your phone number handy and your message clear.

AUTOMOTIVE/MARINE

EASTSHORE AUTOMOTIVE - Service & Repair 250-227-9370

NORTHSTAR CRESTON - 1-800-551-9351 Full service 8-bay shop featuring Certified Service lube, oil and filter starting at \$22.95 plus parts & eco fees. Full line of major tire brands, GM & AC Delco parts and batteries.

BUSINESS SERVICES

MUTUAL FIRE INSURANCE of B.C. Quotes on Homes, Mobiles, Farms & Tenants. Seniors discounts at 55. Home Protection; No Claim; New Home. ph/fax 250-428-7937, broker Virginia Harder.

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ALL-SERVICE HANDYMAN - Mark Johnston. Call 250.505.4983 or email: markjo59sol@gmail.com

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STEEL WHEELS - Septic systems planned & installed. We dig too, mini hoes for you. Dave/Donovan. 250.354.8498

THE GREEN MACHINE - Excavation, Landscaping, Installation of Waterlines. Ph.: 250.225.3485

TURLOCK ELECTRICAL CONTRACTING LTD. (See colour ad in this issue for more information.) 250-227-9688 or 250-551-4671

PERSONAL CARE/HEALTH

ALEXIS PHILLIPS, M.A., R.C.C. - Registered Clinical Counsellor specializing in complex trauma, relationship issues, grief & loss, anxiety & depression. Apptmnt/consultation, call 250-509-0368. Email: alexandralianephillips@gmail.com

BLANCHE TANNER - Breath Practitioner, (Family Constellation) Heart-Centred Therapy (Meditation), Healing Emotional, Physical & Sexual Abuse, Addictions, Relationships, Anxiety, Depression. 227-6877

COUNSELLING & SUPPORT SERVICES: Free and Confidential for children, adults and families. Services include: Adult Mental Health and Addictions; Child Youth Mental Health; & Family Support. Call 1-866-774-5324 (toll-free) or 250-353-7691. North Kootenay Lake Community Services Society.

EAST SHORE HOSPICE - Palliative care for anyone facing life threatening illness. Confidential support for individuals and their loved ones. Hospice can also provide grief and bereavement support. 250 227 9006 ext 29 - eastshorehospice@gmail.com. Volunteers needed - volunteer training offered once a year. Please contact for more info

FIRST CONTACT EAST SHORE MIDWIFERY - Sylke Plaumann, registered midwife. 250-227-6846.

KOOTENAY SOUND HEALING CENTRE on Riondel Road, offering sound healing treatments, gong meditations and Acutonics® classes. Theresa Lee, certified Acutonics® teacher and practitioner, 250-225-3518 kootenaysoundhealing.com

LISA SKOREYKO R.AC. - Registered Acupuncturist. 250.777.2855. Unit #9 Crawford Bay Inn. 16210 Hwy 3A, Crawford Bay.

REGISTERED HERBAL THERAPIST, MASTER HERBALIST - Maya Skalinska, M.H., R.H.T. Iridology, Tongue & Pulse analysis, Nutritional consultations, individual herbal remedies, Flower Essence consultations & remedies. For appointments, please call 250-225-3493.

REGISTERED MASSAGE THERAPIST: Harrison Tanner - Over 30 years clinical experience. Treatment of Lumbo/Sacral Strain, Whip Lash, Frozen Shoulder, Migranes/Headaches, TMJ problems, & Stress. No doct refl req'd. 227-6877/cell: 505-6166.

SUSAN SNEAD - MASSAGE: Certificates/training in Ayurvedic massages, Reflexology, Polarity Therapy, Acutonics Practitioner, Fibonacci tuning fork alignment, Astrological Counselling. 250- 225-3520

RESTAURANTS

CRAWFORD BAY HALL & COMMUNITY CORNER BUILDING - available for community events, wedding receptions, workshops etc. Non-smoking facilities. Call Kathy, 227-9205.

NEWKEY'S PLACE - Hwy 3A in Crawford Bay, licensed area. Open 10 am til close Monday to Sunday. Food Specials all day. 227-6911.

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EMPLOYMENT/JOB OPPS

Red's Bakery is now hiring full-time & part-time positions for the 2018 summer. If interested, please send resume to rydavista@gmail.com. Only resumes sent via email will be considered.

Memorial Wall

Whether your loved one has scattered ashes, was buried elsewhere or was 'beamed up', the **Memorial Wall in Gray Creek Cemetery** can mark their time here.

Visit the unique woodland cemetery on Oliver Road South and contact **Tom** at lymbery@netidea.com for a handsome brass plaque.

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Upcoming Clinic Dates:
May 8 & June 5

Please call Creston Veterinary Hospital to book your appointment today!

CRESTON VETERINARY HOSPITAL
Your Hometown Vet!
250-428-9494
www.crestonvet.com

BULLETIN BOARD

Community Notices, Thank You's, Not-For-Profit Announcements (all not related to business), Church Calendar & Meeting Places - free on the Bulletin Board.

CHILD HEALTH CLINIC, ADULT IMMUNIZATIONS, PUBLIC HEALTH NURSE

Will be at the East Shore Health Centre monthly.
For information, call Creston Health Unit at 250-428-3873.
EAST SHORE HEALTH CENTRE Call 227-9006
See calendar for doctor days - Doctor hours are from
9:30am to 4:30 pm. Please call 227-9006.
Interior Health Authority, Community Care Nursing
and Home Support Services - 250-352-1433.

PHYSICIAN COVERAGE FOR May 2018

Note: Call to cancel if you can not make your appointment. We always have a wait list for patients needing to get an appointment.

May 1, Tues: Dr. Piver
May 2, Weds: Dr. Moulson
May 3, Thurs: Dr. Lee
May 8, Tues: Dr. Piver
May 9, Weds: Dr. Moulson
May 10, Thurs: Dr. Lee
May 15, Tues: Dr. Piver
May 16, Weds: Dr. Moulson
May 17, Thurs: Dr. Lee
May 22, Tues: Dr. Piver
May 23, Weds: Dr. Moulson
May 24, Thurs: Dr. Lee
May 29, Tues: Dr. Piver
May 30, Weds: Dr. Moulson
May 31, Thurs: ?

Call to make appointments at 227-9006
on doctor days and Thursday morning.
Tues, Weds & Thurs (8:30 to 12:30)

Phone: 250-227-9006 Fax : 250-227-9017

HEALTH PHONE NUMBERS

ES Health Centre: 227-9006
Drug & Alcohol: 353-7691
Child & Youth: 353-7691
Community Nursing: 352-1433
Public Health Dental Screening/Counseling: 428-3876
Hospice: 227-9006
Baby Clinics: 428-3873
Mammography Screening: 354-6721
Physiotherapy: 227-9155
Massage Therapy: 227-6877
Mental Health Crisis line - 1-888-353-CARE (2273)

BOSWELL HALL HAPPENINGS

Yoga - Thursdays, 9:30 - 11:00am. Contact is Marilyn Arms 250-223-8058

Fitness - Mondays and Thursdays, 9 - 10am, Contact is Darlene Knudson 250-223-8005

Book Club - Thurs May 10 at 2pm. Contact is Melody Farmer - 250.223.8443

Quilters Guild - Tuesday, May 15 at 1pm. Contact is Linda Brown: 250.223.8607

Vinters - Sunday, May 27 at 2pm. Contact is Alan Mayder: 403.467.5720

BADEV - Monday, May 7 at 10am. Contact is Rod Stewart - 250.223.8089

May 26, 1pm: Nifty Needlers Fibre Arts Show is being held Saturday. Guest quilters from Crawford Bay - Many Hands. There will be refreshments, door prize and quilt raffle.

Eastshore Freshwater Habitat Society AGM

June 20/18, 7PM At Kootenay Lake Community Church

We've Had a Facelift!



COME IN TO THE GYM. We've got you covered.

THE EAST SHORE FITNESS PLACE WELCOMES YOU
(located at the Crawford Bay School)

WE HAVE PUNCH CARDS! Buy a punch card for \$30
for 6 visits (doesn't expire) & your 7th visit is FREE!

PRICES: Drop in: \$5 Monthly: \$30
April & November 3 for 2 Specials: \$60
12-18 year olds: free 70+ Seniors: optional donation
Disabled/lower income: subsidized up to 50% off on request.

Mon-Sat, 8-10am AND Mon-Fri 6-8pm

Please watch the Fitness Place Facebook and
Instagram pages for notices/closures.

Contact us! eastshorefacilities@gmail.com



The Mainstreet is a community-written monthly newspaper that serves the communities of Wynndel through Riondel and Balfour. It's available at the following stores for retail:
Wynndel Foods - Wynndel, Destiny Bay Grocers - Boswell, The Lakeview - Gray Creek, The Gray Creek Store - Gray Creek, The Crawford Bay Store - Crawford Bay, Riondel Market - Riondel, The Osprey 2000, and the Gill and Gift in Balfour.

Contact: Ingrid Baetzel, Editor

Phone: 250.505.7697

Box 140, Crawford Bay, B.C. VOB 1E0

Email: mainstreet@eshore.ca

Web: www.eshore.ca

ADVERTISING RATES

\$35 - 3.25 wide X 1.75 tall (inches)

\$40 - 3.25w X 2.5t

\$45 - 3.25w X 3t

\$50 - 3.25w X 4t

\$55 - 3.25w X 4.5t OR 6.75w X 2.25t

\$65 - 3.25 X 6t OR 6.75w X 3t

\$85.00 - 3.25w X 9t OR 6.75w X 4.5t

\$100 - 3.25w X 10.25t

\$130 - (1/4 page) 5w X 7t

\$150 (1/3 page) - 6.75w X 7t

OR 3.25 w X 14.5t OR 10.25w X 4.5t

\$225 (1/2 page) - 10.25w X 7t

\$400 (full page) - 10.25w X 14t

Sample Sizes - more sizes available.

Column Width: 3.25 inches - double width: 6.75 inches - full width: 10.25 inches

Services Directory: \$5/month, up to 3 lines.

Classified Ads: \$5/first 30 words,
10c/word additional

THESE RATES ARE FOR B/W ADS ONLY

FOR FULL COLOUR, ADD 30%

CHURCH/MEETING CALENDAR

RIONDEL COMMUNITY CHURCH

May 2018 SCHEDULE

May 6: No Service

Music: Richard and Ramona

May 13: Derrick Smith, 1pm

Music: Brenda Panio

May 20: Ramona Dannhauer, 1pm

Music: Richard and mime by Linda and Louise

May 27: Catherine Rose, 11am

Music: Marie Gale

CHRIST CHURCH & EAST SHORE CONGREGATIONS

ST. ANSELM'S CHURCH BOSWELL (Anglican)
No services at the present time. Contact Christ
Church Creston for info - 250.428.4248

HARRISON MEM CHURCH, ANGLICAN

Crawford Creek Rd., Crawford Bay Everyone Welcome!
For info, please contact Deberah Shears at
250.225.3336 or Rev. Leon Rogers: 250.428.4248

KOOTENAY LAKE COMMUNITY CHURCH

A Lighthouse on the East Shore

Come & join us Sundays at 10 am.

Coffee fellowship after the service.

Pastors Richard and Ramona Dannhauer
16190 Hwy 3A, Crawford Bay 250.227.9444

YASODHARA ASHRAM

Satsang (non-denominational, "in the company of the
wise"), each evening 7:30pm. Everyone welcome,
250.227.9224

MOST HOLY REDEEMER CATHOLIC CHURCH, RIONDEL

Fr. Sylvester Ibekwe Phone: 428-2300 Fax: 428-4811
Sun Mass at 2pm. 1st Sunday of month,
Fellowship Sunday.

THE CHURCH OF JESUS CHRIST OF LATTER DAY SAINTS

1520 Campbell Avenue, Riondel, B.C.
Meetings begin at 10 am, every Sunday.
Info call, 250-227-9522

CHRISTIAN SCIENCE CHURCH SERVICES

Held in the Anglican Church, 8151 Busk Rd, Balfour
Sundays, 9:30 am
All welcome!
For info, call: 250.229.5237

Next Deadline:
May 23, 2018
mainstreet@eshore.ca
www.eshore.ca

MEETING PLACES

LIONS CLUB - meets at the Kootenay Lake Community
Church - 16190 Highway 3A, Crawford Bay.

Meeting Times: 7 pm. Second and Fourth Tuesday of the Month
For More info call Lion Mike Jeffery - 250-227-6807 or Lion David
George at 250-227-9550 or Lion Jim at 250-227-9622.

TOPS - Take Off Pounds Sensibly: meets every Monday morning
at 8:30 am in the Kootenay Lake Community Church basement.
Call Myrna for more info: 227-9420

PARENT ADVISORY COMMITTEE

(PAC) Meetings usually held at 5:30 pm at the Crawford Bay
School on the first Weds of the month.
Email cbess.pac@gmail.com for info or to add to the agenda.

COMMUNITY HEROES

a Mainstreet Feature

Who have you seen doing great things? Who gives back to their community with a full heart? Who deserves a nod? Send the name of the person you'd like to recognize and a brief description of why you think they hold the esteemed title of... Community Hero!

Mick Farran of Gray Creek, with his hard work and dedication to the cemetery, hall and Rose's Cabin site repairs. He is helpful to many community members as well, keeping a watchful eye on things while they are away and helping people out wherever he can.

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1 Art Discussion w/ Gerald Tara Shanti Yoga, 9:30-11 * Creston Vet, CB Motel, Unit 6	2 * Volleyball, CB School, 7pm	3 Wildsight Info Meeting, GC Hall, 7pm Tara Shanti Yoga, 9:30-11 Yoga w/ Melina, Bos Hall, 9:30 - 11am	4	5 Hidden Dynamics Family Constellation Workshop, Gray Creek Hall, 9:30am
6	7 BADEV, Boswell Hall, 10am Fitness Classes, Bos Hall, 9am	8 * Creston Vet, CB Motel, Unit 6 Art Discussion w/ Gerald Tara Shanti Yoga, 9:30-11 * Lions Meeting 7pm	9 * Volleyball, CB School, 7pm	10 Boswell Book Club, Bos Hall, 2pm Fitness Classes, Bos Hall, 9am Tara Shanti Yoga, 9:30-11 Yoga w/ Melina, Bos Hall, 9:30 - 11am	11	12 Taste of the Ashram CB Hall/Parks Cleanup, CB Hall, 9am
13 Taste of the Ashram	14 Fitness Classes, Bos Hall, 9am	15 Quilters Guild, Bos Hall, 1pm Art Discussion w/ Gerald Tara Shanti Yoga, 9:30-11	16 * Volleyball, CB School, 7pm	17 Fitness Classes, Bos Hall, 9am Tara Shanti Yoga, 9:30-11 Yoga w/ Melina, Bos Hall, 9:30 - 11am	18	19 Rio Curling BBQ, Rio Curling Club, 5pm Riondel Heritage Trail Project Open House, Rio CC, noon-3pm
20	21 Fitness Classes, Bos Hall, 9am	22 Art Discussion w/ Gerald Tara Shanti Yoga, 9:30-11 * Lions Meeting 7pm	23 MAINSTREET DEADLINE * Volleyball, CB School, 7pm	24 Fitness Classes, Bos Hall, 9am Tara Shanti Yoga, 9:30-11 Yoga w/ Melina, Bos Hall, 9:30 - 11am	25	26 Nifty Needlers Fibre Arts Show, Boswell Hall, 1pm
27 Vintners Club, Boswell Hall, 2pm	28 Fitness Classes, Bos Hall, 9am	29  Full Moon Art Discussion w/ Gerald Tara Shanti Yoga, 9:30-11	30 * Volleyball, CB School, 7pm	31 Fitness Classes, Bos Hall, 9am Tara Shanti Yoga, 9:30-11 Yoga w/ Melina, Bos Hall, 9:30 - 11am		

THE HISTORIC GRAY CREEK STORE
EST. 1913

250-227-9315
graycreekstore.com



Mon-Sat 9-5:30 & Sun 10-5

We are spring cleaning too!
So we are having a GARAGE SALE AND SHOP BLOW-OUT!
June 2/3, 2018



Check out all of the spring cleaning supplies in stock!

PLUS: WETT inspections & Free In Home Consults

Kootenay Lake Ferry Schedule

April/May 2018

Vessel	Departs Balfour	Departs Koot. Bay
Osprey	6:30 am	7:10 am
Osprey	8:10 am	9:00 am
Osprey	9:50 am	10:40 am
Osprey	11:30 am	12:20 pm
Osprey	1:10 pm	2:00 pm
Osprey	2:50 pm	3:40 pm
Osprey	4:30 pm	5:20 pm
Osprey	6:10 pm	7:00 pm
Osprey	7:50 pm	8:40 pm
Osprey	9:40 pm	10:20 pm

Transfer Station Hours

CR. BAY: Sun, Tues, Thurs 9am-3pm
BOSWELL: Weds/Sat 11-3

Bottle Depot at CB Market, Sunday/Thursday, 10am-3pm

East Shore Reading Centre:

Tues & Sat: 12-3 Thurs: 7-9 pm

Riondel Library:

Mon: 2-4 pm, Weds: 6-8 pm
Tues, Thurs, Sat: 10am-12:30pm