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Serving the East Shore Communities of Boswell, Gray Creek, Crawford Bay, Kootenay/Pilot Bay and Riondel



Grand Opening for the Enchanted Playground

Pictured above: the Reynolds family who have been instrumental in the new playground in Crawford Bay. Top right, from left to right Garry Sly from Community Connections, Ada Bull from BCAA, Mike and Ivy Jeffery from the Lions Club, and a Richard Bertram from Kokanee Springs Golf Resort. Elijah Reynolds, aged 6, cuts the ribbon while Ellie Reynolds thanks all the helpers. Bottom right: Linnea Powell and Che Reynolds play with Ada in the sandbox.

Sunday October 22 was a day that couldn't decide whether it wanted to focus on torrential rain, drizzle or bright and hopeful fall sunshine, so it went for all of the above. In the late afternoon the area around the new playground had a good crowd gathered to celebrate the official Grand Opening of the Enchanted Playgarden, the new playground at the Crawford Bay Park, and the sun mostly shone

Kids and adults of all ages have already been playing here regularly since July, but it was important to cut a ribbon, celebrate, and publicly thank all the many people and organizations who helped along the way. Most notably, Ellie and Charles Reynolds, who have poured their hearts, souls and seasons into this beautiful space. This community owes a debt of gratitude to this tremendously hard-working family.

At the event, the Nelson-based Ukeladies performed, delicious organic vegan squash soup (ingredients kindly donated by the Kootenay Co-op), cookies and fresh off the press warm apple cider were served, and kids did what they do best. They played... really hard. The new donor sign was unveiled, with awesome graphic design work by Geff Tremblay of Studio Ponnuki.

The Reynolds would like to thank everyone who came out. According to Ellie, "It wouldn't have been much of an opening with just us standing there. We'd like to extend big thanks to playground fairies Jen Newcomen, Elisa Rose and Lisa Skoreyko for all the help. We'll be back at it next year - fundraising for, and building one more climbing structure to go right in the centre. If you think it's impressive now - just you wait!" She added, "Charles and I left the park that day feeling very triumphant, appreciated, exhausted and very grateful that we were able to bring our dream to fruition and see the fruits before our eyes - kids playing outside in the new space, ours and everybody else's. There's not much more hopeful and sweet than that."



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Mainstreet
Meanderings
by Editor Ingrid Baetzel
**Studio/Apartment
Fire - Crawford Bay**

In the early morning of October 21, 2017, a Crawford Bay residence and studio burned to the ground, along with all supplies and equipment inside and a nearby vehicle.

The rental property and studio, a two-story unit, belonged to Crawford Bay's Jacqueline Wedge who lives in the neighbouring house with her two children.

At 2:05am, Wedge woke to a sound and light outside her home and looked out her window to see flames shooting from her rental house just 20 feet from her own home. Fortunately, her renter, Tiffany Lahey, was not at home at the time of the fire and no human lives were lost or seriously injured in the fire, although sadly the renter's cat did perish.

Wedge states that the value of pottery (she is a potter and artist by trade) and building, garden, crafts, paint and other supplies in the lower level studio is substantial and much of it is irreplaceable.

Lahey, who lived upstairs, has lost everything she owns but the clothes on her back and her vehicle.

Wedge's vehicle caught fire and burned out in the blaze as well. Within a day of the fire, a generous resident had gotten a replacement vehicle for her to use as long as necessary. The family and neighbours were present to help move things further away from the blaze and do what they could to contain it, but mostly they had to just watch it burn.

Wedge's house stands, but has seen damage due to the high heat. Most of the windows on the east facing side of her house are cracked or broken and will need replacement.


Wedge says, "The apartment and studio are gone.

That means no more rental income or product left to sell. Not to mention, all my clay, glazes, paints, bisque ware and glazed pieces, hand tools and stamps, a small kiln, silver/beads, wires and finishing supplies, packing supplies, other art supplies, tie dye dyes and 10 years' worth of pottery and mosaic publications. All of it is gone."

Wedge stated that this is not a fully comprehensive list of the items and materials lost (not to mention the actual value of the building itself), but she estimates that just the possessions in the building would be valued at well over \$40,000.

There is no official word on the cause of the fire.

Community residents are gathering to help out through an active Facebook chat and support group and are creating a plan to help out the family and tenant. In late October, a work bee occurred to fix up the house and clean up the burned out studio/apartment. Donations boxes were established to help both parties affected. There is an account at the Crawford Bay Store where people can make deposits to help the family with food costs and a GoFundMe (for both the family and Lahey - who is now out of a home) is in the works as well as an account at the credit union.



**Annual
General
Meeting**
Community Connections
(AKA South Kootenay Lake
Community Services Society)
Thursday, November 30 at 7pm
Tara Shanti Retreat – 134 Riondel Rd.
Refreshments and snacks will be offered.



OFFICE DESK

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LETTER TO THE EDITOR
A FOND FAREWELL

Dear Friends:

It is with heavy hearts that we bid a fond farewell to all our friends in Riondel and along the Eastshore.

We have loved our life of 28 years here but "IT IS NOW TIME" for us to move and be closer to family and services.

We thank you for your friendship, for your love and caring and for the many memories we are taking with us.

God Bless you all and as the song goes

"Thank you for being our friends"

*With much love,
John and Margaret Kehler*

HEALING ARTS SYMPOSIUM 2017

Dear Editor:

The presenters and organizers of the East Shore's 2nd annual Healing Arts Symposium held this year at Yasodhara Ashram, would like to extend their gratitude and heart felt thanks to all those who make this year's symposium a great success!

To all the participants who ventured far and wide we thank you, and for the local participants who live on the East Shore we are so grateful for your presence at this year's event.

Many thanks to our guest speakers Dr. Duncan Grady and Jim Leslie who imparted so much wisdom and knowledge.

A huge hug goes to Nicole Plouffe who designed our Face Book page and kept it running with new updated postings; we love you.

Also, we were thrilled to have Theresa Lee Morris as one of our presenters and for sharing her amazing planetary gongs throughout the two day event. Thank you for the gift of sound Theresa.

To all the shop owners who offered to sell the tickets, we are grateful for your support.

Lastly we offer deep gratitude to Yasodhara Ashram for the use of the Radha room and for helping with the set up and take down. The space was a perfect venue for all the workshops offered.

As this will be an annual event we hope to inspire others to venture out next year for another wonderful experience. For those who wish to learn more about the presenters and topics of this 2017 Symposium please visit our website at www.healingartssymposium.ca.

*Susan Snead,
Riondel Road*



Starbelly Jam Music Festival Society

ANNUAL GENERAL MEETING

November 26th 2017 2PM (mst)

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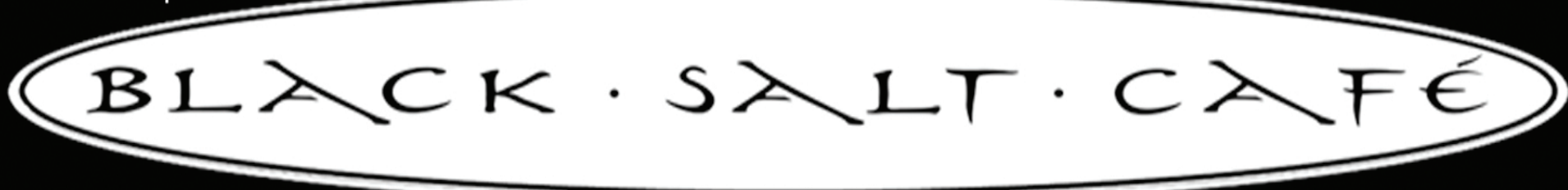
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RDCK Area "A" Update

by Garry Jackman,
Director - Area "A"

PRE BUDGET THOUGHTS: At our November 9 Creston Valley Services Committee meeting and our November 16 RDCK board meeting we will have some pre-budget 2018 discussions. The first order of business is to ensure our 2017 budgets are still on track. This late in the year some budgets will not have much leeway to make adjustments but given local government is not permitted (under provincial legislation) to knowingly run a deficit within any service it is prudent to have a look at year end projections to December 31 and defer any purchases or other expenses which are not time sensitive if an over run is expected in a service.

These meetings will be public, with the Creston meeting on the 9th being held at 9:00 am at the Creston and District Recreation Complex and the Board meeting on the 16th starting at 9:00am at the Nelson office on Lakeside Drive. The Board meeting is several hours long and the budget discussion will not occur until well into the meeting. Agenda packages for our meetings are available to the public on the website at rdck.bc.ca. Agendas are typically published one week prior to the meetings.

Below I will give some details on a few of the service budgets where I anticipate changes beyond inflation or minor adjustments.

CEMETERY SERVICE: The RDCK supports several cemetery services within the district, some as

shared services between two or more local government partners. Cemetery Service S174 is 'shared' between Electoral Areas A, B and C plus the Town of Creston meaning properties from all of these areas are taxed at the same mil rate to support various cemeteries. Two cemeteries within the service area, the Hillside Cemetery (still active) and Pioneer Cemetery (closed years ago yet still requiring grounds maintenance), are owned and maintained by the Town of Creston. There are five other smaller cemeteries which are owned and maintained by local societies located within Area A and B. These are the All Saints Anglican and the Lister Cemetery in Area B and the Boswell, Gray Creek and Crawford Bay cemeteries in Area A. The total taxation for this service in 2017 was \$95.4K with the majority of the funding going to support the Hillside and Pioneer cemeteries in Creston (\$83.9K) and smaller grants ranging from \$1.5K to \$3.5K going to the small rural sites.

Over the past few years there has been a marked shift in sales of burial plots and concerns about the sustainability of the largest site, Hillside, was raised. Many families now opt for cremation of remains rather than casket burials. In order to provide the services which the public request, such as columbaria for ash urns or small interment plots for ashes, the approach taken at the Creston site needs to change. In addition, the site requires some basic upgrades (water line improvement, pavement repairs and storage building upgrade). A consultant which specializes in cemetery operations and design was brought in two years ago to advise on what modifications to the site would encourage greater use, in particular for interment or scattering of ashes, and how the fees should be structured to provide a fund for perpetual care of the plots as is required by provincial legislation. As a result the town council decided to increase their fees across the board to help build up a perpetual care fund.

A few capital projects have been proposed which

from Balfour used to be 12:30 AM, and from Kootenay Bay 1:10, leaving us with the only way out, the road to Creston for six hours rather than the current nine hours.

I presented the following electricity concerns:

1. Two-step residential electric rates. Please drop them. They are not needed. People in this province are conserving energy to the extent that residential rates are adequate at the old "postage stamp" rate system, with one residential rate only. The present two-step rate is unfair in several ways. It penalises people with electric heat where natural gas is not available. It is also not a great idea to have people move from hydroelectrically generated power to burning natural gas, even at 95% efficiency. It will also penalise people who buy electric cars and trucks when they recharge them at home. Please direct BC Hydro and Fortis through Order in Council to the B.C. Utilities Commission to immediately change the two-step residential electricity rate to a single rate.

2. Surely Site C can now be shut down, and the flooding of good northern BC farmland cease. Through increasing attitudes towards conservation, it is not necessary.

3. Consider the advantages of nationalising Fortis and absorbing it into BC Hydro. For far too long since the sale of West Kootenay Power to a company in the United States we have seen profits flow out of this province to foreign shareholders.

Now Fortis owns our electric company, and profits are still flowing to what amount to foreign shareholders, even though some of them are Canadian. Profits from the sale of electricity in all of BC should remain in BC.

4. Stop the 'milking' of BC Hydro profits via the "Provincial Dividend" or whatever euphemism it now

may result in a notable budget increase. These include upgrades to the entrance gates, a memorial wall for mounting plaques (often requested when ashes have been scattered), identifying a scattering garden for ashes, placing columbaria with niches for sale along the memorial wall and possibly a green burial area. Costs for these improvements and tax impacts over the next few years will be discussed at the upcoming meetings.

BYLAW ENFORCEMENT: Calls for bylaw officers to respond to complaints have steadily increased over the past several years. RDCK bylaw staff is located in Nelson (currently two full time bylaw officers) who provides quick response to some complaints yet days delay to respond to others, waiting for two or three complaints to come in before driving to the more distant rural areas to investigate. Last month the RDCK Board authorized staff to proceed with hiring an additional bylaw officer to be stationed in Creston. This will reduce travel time for many responses thereby increasing efficiency, although all of the bylaws officers will be available to respond across the RDCK since all eleven rural areas pay into the service. Cases where the Creston based officer may work closer to Nelson or Castlegar would be to gain direct experience (and lend support) on the more complex cases which go through the courts to seek an injunction or court order to comply. Taxes for bylaw will see a direct increase as a result of this new position.

BUILDING INSPECTION: The province has increased the standards for training and experience which local government building inspectors must meet. In addition, we anticipate a few RDCK building inspectors will retire over the coming year or two. In order to bridge the transition the Board has authorized a budget increase to allow hiring of new inspectors to overlap with current staff prior to retirement and to ensure the inspectors who remain within the service will meet the training standards.

In 2017 the majority of the \$1.14M cost for building inspection was covered by fees (about 57%) while the balance was covered through taxation. Part of the reason for this is situations where residents construct or renovate houses, shops, garages or other structures without a permit (so no fee paid) yet result in consuming building official time to try to bring them into compliance by obtaining a permit and following minimum code standards. Often residents resist this process so the result is the RDCK files a "notice on title" with the land office warning future potential buyers that work performed was not inspected.

The building inspection budget projection for the end of 2017 is a slight surplus, with more permits paid than forecast, but this will not be sufficient to cover the costs for the transition to new inspectors.

If you have questions or comments on any topic please drop a note to gjackman@rdck.bc.ca or call me at 250-223-8463.



Hidden Taxes

by David George

Keeping the Lights On Keeping the Ferries Running

After absence during the BC election earlier this year, MLA Michelle Mungall finally sent her Nelson Community Office manager Laurie to the East Shore in October. Three residents, myself included, met with Laurie for more than an hour to raise concerns about ferries, electricity, libraries, and increasing the number of people who are able to settle locally, make a living and bring up children here on our beautiful East Shore.

Although it has been said by Tom Lymbery that "We're all millionaires here," bringing economic development on the proper small scale to the East Shore remains a challenge.

Ferry service is important, and the idea of having hourly sailings from Kootenay Bay is attractive, and one way to achieve better emergency medical care, among other benefits. Although moving the Balfour terminal to Queens Bay has not been advanced, it remains the only practical way to achieve hourly sailings. Whether the Balfour terminal moves or not, we do need another ferry, and I have sent a letter to Michelle outlining the advantages of building a zero pollution electric ferry to replace the old Balfour, built in 1954. It would also replace the Osprey 2000 as principal ferry, and could be built in Nelson.

Even more important, Michelle is expected to get some later sailings back, making it possible for us to attend events in Nelson without having to leave for the last ferry by 9pm. Those of us who have lived here for more than 20 years remember that the last sailing

Continued on next page...

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NOVEMBER Horoscope

by Michael O'Connor

Horoscope for November 2017

Tip of the Month: Scorpio time is deep, dark and mysterious.

It can be interpreted as negative and even evil as with the darker themes associated with Halloween. On the flip side, this depth can be recognized as powerful and positive. Without depth in all its rich implications, life would be boring and superficial. Scorpio also represents gaining insight into the deeply hidden reaches, whether it is a cell, a person's psychology or notions of soul and reincarnation, for example. Scorpio and its ruling planetary pair, Mars and Pluto can also be understood as penetrating and surgical, removing what is no longer useful or outright rotten, thus producing a necessary transformation. Jupiter in Scorpio for the next 12-months is inviting us into the depths.

Aries (Mar. 21-Apr. 19): Some deep changes have begun in and around you. Positively, some measurable returns are beginning to come in. These are prompting further investigation and negotiation to achieve win/win deals.

Taurus (Apr. 20-May 20): Your workload probably increased in October. This trend continues as November begins. You will soon be pushing for more returns on your efforts and won't be idly pushed aside. Your ambitions are on the rise, inspiring strategic action.

Gemini (May 21-June 20): A creative cycle involving big ideas continues. Learning more has become

important but you will verify all information and interpretations presented. Your powers of analysis are strong. You want knowledge you can actually use.

Cancer (June 21-July 22): Making changes in your life includes fresh plans and new designs. In the short term, these may be the source of havoc and disruption, as with a renovation project. You will be attending to both short and long-term goals.

Leo (July 23-Aug. 22): Establishing a steady focus has probably been a challenge for some time, but that is changing now. Your focus and confidence should be on an upward swing. The biggest challenge is to break free of rut patterns that have taken root.

Virgo (Aug. 23-Sep. 22): Important and powerful fresh starts are underway. These include and will require focus. Your energy levels and resolve will rise as the month progresses. Yet, you will not patiently and gladly suffer laggards and luddites.

Libra (Sep. 23-Oct. 22): One way or another you are marching into new territory. You are in an ambitious and determined mood. Seeking the talent and resources of others to work smarter than harder is likely. Communications could prove challenging, initially.

Scorpio (Oct. 23-Nov. 21): Your energy, passion, and power are rising. You feel expansive and are ready to take a few risks. You may, however, still be dealing with accumulated inertia and doubts. Weave curiosity and possibility with optimism.

Sagittarius (Nov. 22-Dec. 21): Breaking through blocks and barriers continues. The focus is split between inner and outer obstacles. Trust and persevere with both. You are challenged to draw upon inner reserves of faith and

will have to pay some dues soon, but you are alive and in the game.

Capricorn (Dec. 22-Jan. 19): Weeding out the old to make way for the new is a central theme. Things could get tougher between now and the new year, so focus to build your strength and be mentally and emotionally ready. Positively, this represents an important breakthrough.

Aquarius (Jan. 20-Feb. 18): You are in a process of promotion. Achieving recognition is featured. Social and cultural involvements are likely, especially early on. You will also be expected to give more to people and situations. This trend will continue and increase into 2018.

Pisces (Feb. 19-Mar. 20): You are in a visionary and philosophical mood. Yet, your ambitions and drive are also running strong. You may need assistance and support to succeed and that is exactly what you intend to do. Opportunities for travel may also emerge.

Hidden Taxes, continued from previous page...

goes by. Hundreds of millions of dollars should not go into provincial general revenue, but should be used to pay down some of BC Hydro's growing long-term debt. Note that a study presented in October to the BC Utilities Commission on behalf of landowners in the Peace region estimates that shutting Site 'C' down now would save between \$2 and 4.4 billion. Wind and solar energy production would easily fill future needs, especially in light of the fact that BC Hydro has regularly overestimated future demand.

---Re: Library funding---

Some time ago, when the Liberal government of this province attacked libraries by attempting to drop funding of all libraries, including those reduced by Orwellian new-speak terms to "Reading Centres", you (Michelle), spoke up for those of us in little communities who do not have public libraries because we are not incorporated. As a member of the provincial finance committee you tried, unsuccessfully, to get the meagre grant of \$1,800 for new book purchases restored to our Library/Reading Centres.

While I do not know how many of the original 15 or so of these are left, I do know that there are probably four or more in your riding, including the ones in Crawford Bay, Riondel, and Yahk. Will you please communicate with whichever Minister has jurisdiction over libraries and have them restore funding to the Reading Centres? It would cost, as I said at that time in the past when you tried to help, only about \$30,000. Will you help us now that you are part of a government in power?

---Keeping the lights on---

In the years since Fortis took over in 2003, there have been at least 180 hours of electricity outages here,

which is more than a week (168 hrs) and an average of around 15 hours a year. This is not acceptable. Fortis has had more than 14 years to catch up with the tree clearing work the previous American owners did not do. It has obviously failed or not tried, at least so far as the East Shore of Kootenay Lake is concerned.

Meeting with Fortis at the Boswell hall took place October 25, and logs of outages were presented. We'll see if this has any positive effect. Stay tuned.

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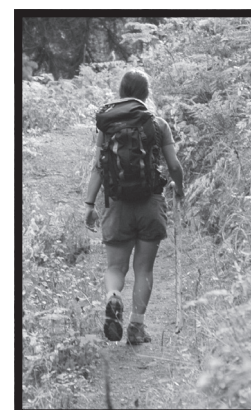


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Hacker's Desk

by Gef Tremblay

Dare to Sketch

I've discovered that a sketchbook is an essential tool in a designer's workflow. From web design drafts, to logos, posters and other graphic designs, carrying a sketchbook helps me jot down some quick notes, and work on my other projects from anywhere. It doesn't require cell network, nor battery.

Last week I found a book about sketchbooks. It was a nice short book with tons of practical information and guidance on how to use a sketchbook.

Dare to sketch: A Guide to Drawing on the Go, by Felix Scheinberger, published in Germany in 2012, was released in English just last month. The printed version of the books would probably offer a lot more visually, but the wit and inspiration offered by the author is intact in the Kindle version.

The author begins by praising the art of illustration: "The vast possibilities of image processing have damaged the credibility of photography. Drawings are enjoying a boom because they are authentic."

This is quite spot on as far as the demand in the design industry. Photos are still important in design, but the simplicity and vibration that illustration offers are fresh and different. It is often more accessible to digest information. In science and politics magazines, you can see that there are more and more illustrations which interpret the article on its own, offering a simplification of often tedious subjects.

The author quickly moves to very a pragmatic and actionable subject. Here on how to choose for a sketchbook: "Don't use a wire-bound sketchpad. This binding style has a gap in the middle and you won't be able to make double-page images."

This was surprising, but I realized how it made sense for my workflow. I had a perfect bound sketchbook that I didn't touch for a while and I got back to using it. The perfect bound also gives the opportunity to draw in a square space or using two page drawings on a landscape spread.

Touching on the fear to start a new sketchbook - the author invites us to not start on the first page, nor to draw in a chronological order. Simply start with the worst drawing you can do, right in the middle of the book. That way you break the fear of ruining your sketchbook with a bad drawing and if it really is a bad drawing, you won't see it each time you open your sketchbook. On the subject of bad drawings, he continues: "Do not tear any 'failed' pages from your sketchbook. It turns out ugly and also ruins the opposite page in the binding. Instead, revise the page on another occasion. Continue drawing on it, make a collage, or use some colour. You'll be surprised by what a flawed page can offer."

I found this quite comforting and added to my creative fun. He then moves on to talking about how to draw and paint: "Draw in whatever way comes naturally. Every artist has something like a 'natural line' that he or she was practically born with."

That natural line concept is the foundation of what illustration is. When you can find that line and learn

to enjoy it then I think you can draw anything. This natural line will create an effect of consistency in the drawing and will give its unique style.

Then he continues with colour (he actually wrote a whole book about watercolour in the perspective of sketchbooks).

"In sketchbooks, it is often sufficient to colour only a few accents. Paint what seems important to you and bravely leave the rest unpainted."

I love using water colours with my illustrations and I've been mixing these mediums more and more. But I was putting water colour all over the page until I took some training in more traditional water colour techniques. Only using the water colour on a few accents really makes it pop out and it's also a lot simpler.

Toward the end, the author writes about his experience of light: "The light is already there before we begin, thus the act of drawing means omitting the light and creating shadows."

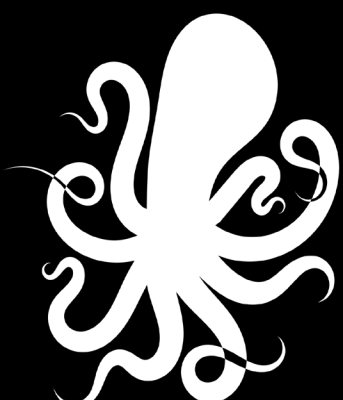
"The most important thing to realise is that what you see is light, but what you draw is shadow."

Light, which is so important in drawing, can be quite elusive, but his view on the subject made it clear

that I had to reframe how I work with light.

I was charmed by these personal subjective ideas that were shared.

Although I don't agree with everything he said, it made me think and reflect, but also made me sure to always have a sketchbook everywhere I go, and also to get one for my daughter.



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Crawford Bay Hall & Parks Report

by John Edwards, Board Chair

Almost a year has rolled by since our last AGM and we're looking ahead to our next one, which will be on Tuesday, Nov. 21st, 7:30 p.m., Crawford Bay Hall.

We're expecting some big changes to happen in the coming year, so please come out to the AGM and share your ideas as to what would make our Community Hall, Park, and Boat Launch better places.

The seemingly never-ending negotiations with School District 8 are finally reaching a conclusion, and we expect to acquire the former school property, where our Hall resides,

early in the new year. This will bring us to something we've been looking forwards to for many years - the renovation of our community hall. Yes, our board has been painfully aware of how run down and dilapidated the Hall has become, but we made the decision to not put any money into cosmetic improvements before we actually acquired the land, as we had no idea what the transaction would cost and our funds are limited. We're very close to an agreement with SD8 at a very reasonable price and as soon as that's complete we'll begin the process of planning and applying for grants to help with the renovation.

The property will be a wonderful asset to our community when it's developed to its full potential!

The past year has been a great one for Crawford Bay Park, thanks to Charles and Ellie Reynolds and their amazing effort at building a new natural playground there. I'm down at the Park virtually every day all summer long, and I've never before seen so many happy kids, boinging on the chimes and drums, playing in the water feature, swinging, sliding and crawl-

ing through the tunnels. Their parents often came over to me to congratulate us on having such a wonderful kid's park, before going back to join their kids boinging on the chimes. Ellie and Charles deserve a humungous "Thanks!" from everyone in our community, because the effort they put in has been exceptional.

That's one of the incredible things about Crawford Bay Park - almost everything there has been created by volunteer efforts, just to make our community a better place.

Starbelly Jam was back again this year, and used the Park to put on another spectacular musical event that left everyone who attended with some very wonderful memories. A huge thanks, once again, to all of those stalwart volunteers who helped put on Starbelly - especially the organizing committee, who put in so much work.

Our current Crawford Bay & District Hall & Parks Association Board consists of myself, Gina Medhurst (Treasurer), Helene Carter (Secretary), David Wells, Doug Stokes, Marion Johnston, and Jayanti Holman. We would love to see some new faces come forward at the AGM and volunteer for the board. Some of us old Koots have been doing this for decades, and need to have some more support from younger generations - especially with the exiting prospects of improving the Hall and Park on the horizon!

So please, mark November 21 on your calendars and come out and support your community facilities.

Next Deadline:
November 22, 2017

ATM at ES Credit Union to be Replaced

by Ingrid Baetzel for *Mainstreet*

Susan Hulland sent in the following reply by Tom Murray, Chief Executive Officer of Nelson and District Credit Union. Hulland had written to Murray regarding the repeated and ongoing failures at the East Shore branch of the credit union ATM.

Hulland propositioned the following, "Since many local member users are similarly distressed by the repeated failures of the aged equipment at the East Shore branch, may I suggest a Letter to the Editor or press release to our community monthly newspaper, *Mainstreet*, to let folks know that you are doing something about this long standing problem?"

This did not materialize before printing, but Murray's earlier response is below, shedding some positive light on this situation.

Hi Susan,

Thank you for your email in regards to the reliability of the East Shore ATM. We appreciate hearing from our Members.

We couldn't agree with you more about how unreliable that ATM has become. It is our least used ATM, yet goes out of service more than all our others. We have tried a variety of fixes, but have finally come to the conclusion that it is at end-of-life and have scheduled it for replacement.

We expect to have a replacement installed by the end of this year. While not inexpensive, it is important to us to ensure our Members have reliable service.

Thank you for taking the time to contact us.

Kind Regards,
Tom Murray, Chief Executive Officer NDCU

ESIS Autumn Update

submitted by East Shore Internet Society Board and Staff

Welcome to Autumn in all its glory! This is one of the best times of the year to really dig into projects. ESIS' work on the Connecting Canadians project continues apace with a focus this month on completing the Kokanee Springs tower installation. The structure is nearly complete and the next phase of mounting Access Point equipment on the tower is beginning as of this writing! November will bring connectivity upgrades to many subscribers in Crawford Bay. Much gratitude to Mike Jeffery, Garth Norris, Alex Lackovic and friends for their volunteer efforts and expertise in tower building.

ESIS Customer Support has become aware of some phony tech support scammers targeting East Shore residents with telephone calls claiming that your IP address has been copied, or similarly your computer has been identified as compromised, and for a fee these scoundrels will clear-up that problem for you. In fact, if you give access to your computer to one of these callers, it's quite likely they will install malware rather than remove it, and sometime in the future your computer might pop-up an alert saying once again to call them (and pay them) to solve the problem which they created.


If you receive a call similar to this, do not allow access to your computer or arrange to pay money. If you're not sure what to do, you can call ESIS Customer Support toll-free at 1-844-776-3747 (PRO-ESIS), then press 1. All voicemail messages will be responded to. You can also contact us by email at support@eastshoreinternet.ca.

Tech-savvy readers may have heard of a recently-detected vulnerability in WiFi encryption, called the KRACK vulnerability. This exploits implementation flaws in the WPA2 security protocol used by most WiFi routers. It is a serious issue globally, however the threat level to ESIS subscribers is quite limited.

It is an excellent idea to keep your router's firmware up-to-date, and router vendors are updating their products' firmware to deal with this issue now. If you have an older router, consider upgrading! In some cases you may notice performance improvements immediately. ESIS stocks new routers from \$60 for increased range 802.11n, to \$90 for for dual-band 802.11AC. Our technicians can configure it for you and make sure everything works correctly with the ESIS equipment.

Next Deadline:

November 22, 2017



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Boundaries, Tax Bases, & Structure Fires

by Fire Chief Cory Medhurst

At 2am on October 21, the East Shore was witness to yet another tragic structure fire; this one on Jacobsen Road in Crawford Bay. The fire destroyed an occupied apartment and a working pottery studio owned by Jaqueline Wedge; as well as incinerating the family vehicle and causing extensive damage to the close proximity family home. Riondel Fire Department was dispatched for "life safety" to this fire and responded with five members (six including FF Wedge-Darchen who lives there). As this is outside of the Riondel fire protection boundary, the crew responded in the Rescue Truck alone. Our responsibility on this call was mostly to ensure public safety, as is the case with any structure fire outside of the boundary.

Almost a year ago to the date another structure fire demolished an unoccupied cabin in Kootenay Bay which was extremely close to the occupied residence. Again, RVFD responded for life safety. In fact, in well over a decade of service I can personally recall many fires that we have attended outside of the fire boundary that have destroyed homes and properties; we have always attended, for life safety. I speak for all Fire Fighters when I say it is one of the hardest calls to attend when there is an active fire, with all our training and equipment and we show up and are helpless, except to provide public safety and medical aid (albeit a very important roll). It can be demoralizing to watch as a neighbour or friend's home is engulfed to ashes. This particular fire was at one of our own member's homes and still, we could do nothing but ensure people's safety. I speak from experience when I say it is personally heart breaking.

Since the Wedge fire I have been inundated with many questions. However, one obvious question that stands out for me is why we can't respond with Fire Apparatus. I find myself always referring to our Fire Department's responsibilities and the boundaries where they lie. With three different boundaries encompassing three separate services I will explain:

Structural Fire Boundary: as a volunteer fire department, our primary responsibility is the protection of people, structures, and homes from fire, within the set fire boundary. This boundary, set on a taxation base, currently encompasses the town of Riondel and the Riondel roads North, South, and East. The residents within this area are taxed for this service and have fire protection. The boundary ends, or begins at the junction of Highway 3A and Riondel Road. Structure fires outside of this area are in the authority of the BC Wild-fire Service (Ministry of Forestry) on crown lands. Unfortunately, privately owned land is not covered.

First Responder Service and Boundary: I certainly don't want to go into length on history, but in the late 90's the RVFD began training on Medical First Response. Most members were trained to the provincial EMA-FR (Emergency Medical Assistant-First Responder) level. A truck was donated, and the team began responding to medical calls; assisting the ambulance service where needed; often being the primary agency on scene waiting for an available ambulance.

This boundary extends from Garland Bay north of Riondel, to the end of Pilot Bay road and to a specific address on highway 3A heading South. That address ironically is 13911 Highway 3A. FR's respond to all emergent medical calls, car accidents, and yes fires. Hours of additional training go into this service, as it is our largest call volume. Funding for this service is taxed on all residents within this boundary as well through the next service.

Road Rescue Service and Boundary: This service refers to an additional group of training and agreements collectively called Road Rescue. This includes the JAWS of life and auto extrication equipment and training; vehicle stabilization techniques and equipment; low angle rope rescue training and equipment; as well as a water/foam unit for vehicle fires. This boundary is the same as first response, but carries further South to the Akokli bridge. Funding is paid through taxes on all residents in the area.

The only vehicle payed for by these two services is our Rescue truck.

The brief explanations above are limiting to what we as a Department actually do and have or will respond to; although it helps to answer my original question. We can not legally remove fire apparatus from a specific tax base. It would be extremely negligible, and we would be fully liable if the taxpayers' apparatus wasn't available in the event of a structure fire in the boundary. It sounds political and financially driven, and it probably is. However, from a Fire Chief's point of view it also unfortunately makes sense with distance, time, and resources.

So what can be done to have fire protection in other areas on the East Shore? We posed that question to Director Jackman in 2015 which began the inquisition

into the possibility of extending Riondel's service in the form of a satellite fire hall. An excellent interview with Director Jackman can be viewed at: www.mynelsonnow.com/8442/fire-protection-for-crawford-bay-mooted/. The RDCK Board of Directors were asked to direct resources to a perform a feasibility study on the idea of a satellite fire hall within an allowable distance of the existing department. Without going into numbers, percentages, distances, tax increases, insurance breaks and so on we did map out and tentatively know where and what is needed to proceed. I believe Gary is actively pursuing this concept with the Board and we should see progress soon. Until we see a building containing a fire truck elsewhere on the East Shore there is something we can do.

The foundation of any organization is a strong membership. The membership drive I mentioned last month is not only to increase our current roster, but to add that necessary amount of person power to even begin to draw the plans for a new building, that's 25 members in total. I used to think of the old saying "if we build it they will come" in reference to a satellite hall; however, I soon realized that you need the people first, kinda like the shovel. We are in an excellent position right now to grow the department, have members trained and ready for when the shovel breaks ground. I believe the RDCK will do their part, I know we as a community can do our part – join us today and make that difference tomorrow.

To join, come to our weekly practice on Thursday evenings from 7 – 9 or call one of the following:

FC Cory Medhurst – 250-551-1352; DFC Robert Boker – 250-225-3305; AFC Dan Séguin 778-962-0269



East Shore Christmas Food Hampers 2017

submitted by Richard Dannhauer

It is that time of the season when the East Shore Christmas Food Hamper program is in motion.

Last year 48 Christmas Hampers were given out to families and individuals throughout the communities of the East Shore. These hampers contain many basic food needs including a complete Christmas dinner of either a turkey or ham with ALL the fixings. We want to thank everyone who makes this program a success.

We want to give a big thank you to Gina Medhurst for all the hard work and dedication she has given towards the Christmas Food Hamper program. As of October this year, Gina has stepped down as coordinator and Richard and Ramona Dannhauer will be the new coordinators of the Christmas Food Hamper program.

If you would like to help this Christmas season we are accepting non-perishable food donations until December 18. Donation boxes will be at different locations on the East Shore.

Financial donations are also accepted and can be deposited directly into the East Shore Christmas Food Hamper account at the East Shore branch of the NDCU.

Watch for an upcoming event at NewKeys on November 18 - the annual "Better To Give Than Receive" Hamper Fundraiser which includes a silent auction, meat draw and bake sale. December 6 is the last day to receive applicants for the Christmas Food Hamper program.

If you or if you know of a friend that would benefit from a Christmas Food Hamper this season, contact Richard or Ramona Dannhauer at 250-227-9044.

Riondel Seniors News

Submitted by Fran O'Rourke

The Riondel Seniors winter activities are starting up again. We were delayed when the Community Centre heating was compromised, but the problem has been resolved, and we are anxious to show off the new paint job completed this summer, (thanks to a Rec # 9 grant) that makes the space brighter and cleaner.

The first event will be the 'Flu Clinic Friday, November 3, 1:00 - 2:00 pm in the Seniors Room. Protect yourself and others by getting your 'flu shot.

The main event for November will be the Remembrance Day Ceremony, Saturday, November 11. We are partnering with the Many Bays Band again this year. The ceremonies will begin in the auditorium at 10:30 am. Lunch, available by donation, will follow in the Seniors Room. Our first Pot Luck Lunch of the season, Tuesday, November 21 at 12:30, will include a special guest, Rebecca Fuzzen who will provide us with information about the Better at Home project that is being launched on the Eastshore. If you are not a member but are interested in the topic, you are welcome to join us for modest \$5 drop-in fee.

We always welcome new members. It is a member driven organization; if you don't find activities that interest you, we also welcome ideas and new diversions. We are also always looking for new volunteers and leaders; organizations like the Seniors are only as strong as the volunteer pool available. We have conducted business with a minimal board of directors for the last 3 years and those individuals are wearing down; to maintain the society, we have to have minimum number of board members. If you are a member or would like to become one, consider taking a leadership role in the coming year to keep the Seniors going.

Ongoing programs for Seniors:

- Whist: Friday, November 3, 7:00 pm. \$3 for members, \$4 for non-members.
- Wednesday Afternoon Bridge. Nov 1 & 15: looking for players, beginners welcome. Jacqui Wallace for more info - 250.225.3312.
- Walk a Mile 10:00 and Essential Strength Training 10:30 - Monday, Wednesday, Friday
- Pool 12:00 Monday & Thursday
- Bingo 6:30 pm Wednesday
- Yoga Thursdays at 10:00



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**NEW LOCATION! We now have our clinics
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Mobile Clinic Dates:

November 14 & December 12

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locally-made
ARTISAN GIFTS
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raffles · kid crafts
beautiful people...

CRAWFORD BAY
HALL 10-4 MST
DEC 3rd 2017
SUNDAY

Tipi Camp Facing Major Changes

submitted by Guiding Hands Recreation Society Board of Directors

After the end of the successful and inspiring 2017 operating season our organization received a letter from the landowner indicating her wish to terminate the lease with Guiding Hands Recreation Society.

We are eight years into a ten-year lease. The lease is uncomplicated, and allows either party to terminate with six months notice.

The current lease term will now end on September 30, 2018 and allows a final year for Tipi Camp at Cortiana Bay. The land manager hopes the 2018 season will be one of celebration for 30 years of Tipi Camps legacy. We too look forward to celebrating.

In keeping with the organization's mandate, the camp infrastructure remains relatively easy to remove from the site. In addition, this year our team has spent a great deal of time cleaning up and shipping out many years of clutter and discarded items, as well as cleaning up fallen trees from the 2015 storm.

We have not received any formal indication as to the reason for the landowner's decision. It is however her right to terminate the arrangement. The Guiding Hands Board of Directors stands ready to take responsibility for any breach of land lease.

In the past year GHRS has been involved in significant community outreach and partnership development with several East Shore organizations. We are heartened by the exciting possibilities this has leant our society.

The society has formed a transition team to explore our options to ensure the future of the organization beyond 2018.

Ferry Lore

by Tom Lymbery

The Anscomb always had a sign that read *No Animals on Upper Deck* and for some time this was accompanied by another which said “This Means You, Thunderbird” after the antics a local logger performed on the ferry. Was this stencilled sign painted by a comedian or perhaps even one of the ferry crew?

When the Anscomb upper works were lifted 24” to allow tractor trailers to drive through (they couldn’t when the Anscomb started service in 1947) at the same time the car deck washrooms were made much narrower so that there was more room for cars. This needed a doorknob sized hole in the wall of the Mens so that there was room for the space to be mopped out. Persistent graffiti at this spot said “If yours fits, phone 229-####” (229 is the Balfour prefix).

Since the double-ended Osprey never changes direction with the coffee bar on the south side and the car deck lounge on the north, where has Port and Starboard gone? Perhaps some joker will stencil “Bow?” on one end. And how about “Mustard Station” next to the coffee bar sign?

While this one has never appeared on our ferry you may have seen “Marriages performed by the Captain of this vessel are only valid for the voyage.”

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CRAWFORD BAY HALL

Your community hall

A non-smoking facility

Tom Sez

by Tom Lymbery

Kootenay Lake is the largest ice free lake in Canada. The only BC lake to have a large hydrographic map, and the only one west of Saskatchewan to be included in the Great Canadian Lake series on TV.

Heffner, the man who started Playboy in 1953 and died recently at 91, was a ground breaker in the years when both Canada and the US attempted to keep contraceptives underground. He wrote of cunnilingus and fellatio as the words “oral sex” weren’t acceptable in those years.

Please bury your carrots, turnips and beetroot to have fresh veggies next April and May. 12” deep is usually sufficient in your garden.

Hard to keep track of US Thanksgiving? It’s the Thursday before the Grey Cup

Our Kootenay Lake fall colours are spectacular as Sharon and I found when we took Via Rail to Halifax and back one October. The east is great but we have more contrast with so many yellows to offset the various shades of re

Will Greyhound be gone forever? Application to cut back service through the Southern Interior to 3 days a week portents a likely demise. This will hit those without cars and times when no planes can fly. Canadian Greyhound started in 1929 in Nelson originating from Johnny Learmonth’s home-built bus in 1922. Creston especially will lose out as this is a divisional point with drivers staying overnight.

Apparently all our aluminum cans go to Kentucky to be made into more aluminum sheet. Perhaps
8 Mainstreet November 2017

Temple Update – Temple Hosts Community Events

by Yasodhara Ashram

The Temple of Light hosted two meaningful community events in October, fulfilling its role as a sacred space for peace, hope and unity.

The Celebration of Life for Alvin Dunic on October 14 brought together hundreds of his family, friends and co-workers in the Temple; others watched the service from a life-stream video in the Ashram’s main building.

The Interfaith Climate Change Vigil on October 22 included a candle-lighting ceremony symbolically representing everyone coming together in the Light. Representatives from many faith traditions including Anglican, Bahai, Buddhist, Doukhobor and United attended the satsang led by Ashram president Swami Lalitananda and Rebecca Dale.

The vigil was one of a monthly series coordinated by the Nelson Interfaith Climate Action Collaborative which is organized by the West Kootenay Eco Society. The Ashram is an active member of the Collaborative, and one of a number of faith organizations committed to using 100% renewable energy by 2050.

On November 14, the Ashram invites community to a talk and discussion on Healing the Columbia with local author and Nelson’s 2017 Cultural Ambassador Eileen Delehanty Pearkes. Join Eileen at 3 pm, and stay for an Ashram and Temple tour at 4 pm.

We welcome our friends and neighbours to visit the Temple during our open hours daily (generally 9:00 am to 5:30 pm).

Landscaping will continue next spring. We look forward to welcoming you to the official opening in June.

we could do this in Crawford Bay instead, but likely the Kentucky workers only get \$6 per hour

Why the devil do we have two Oliver Roads in Gray Creek? Lets change Oliver Road North (behind the Rockwood Café) back to Haddon Road and end the confusion

Wool pants will keep you warm even if the wool is wet. Combine these with Stanfields long johns and enjoy winter outdoors. Stanfields are made in Canada for Canadians. They solved the problem of wool shrinkage which has made them the underwear leader.

Teck Resources got a fine of 1.4 million near their Elkford operations for apparently killing 74 fish with a spill – that’s about \$18,900 per fish (or did I misplace the decimal and its \$189,000?

Teck’s proven reserves of zinc at their Red Dog, Alaska site predict that the metal source for the Trail smelter will continue for many years. Growing price increases for lead and zinc are helping as well.

Boeing of Seattle took out TV ads to tell us that they are better than Bombardier but these seem to have disappeared fast once our Canadian plane builder made a deal with Airbus.

Air North has to fly in diesel fuel to Old Crow, Yukon as there is no access once the Porcupine and Yukon rivers freeze. The airline was heavily fined for apparently spilling in 2014 about 25 gallons of diesel, even though none of this actually reached the river. They also had to apologise in their magazine “Yukon – North of Ordinary”

Power failures are coming over the colder season. Here’s a new item – a battery powered trouble light – surprisingly bright and long lasting. Please check your lamp oil, wick, kerosene and more.

The Future of Our Economy Starts Today

submitted by Laura Heycamp

The Creston Valley – Kootenay Lake Economic Action Partnership (CV-KL EAP) remains active towards creating an “Economic Action Strategy” for our local communities between Yahk to Yaqaan Nukiy to Riondel.

As the end of Phase 2: Determining Plan Direction is near, community ambassadors from Lower Kootenay Band, RDCK Electoral Area’s A, B, C, and the Town of Creston remain eager to hear from you! They’ve been busy connecting with agencies, schools, and businesses through meetings and local events. Community input and involvement is critical for determining the direction of this plan.

Here are a few ways to have your voice heard right now:

- **Complete the short Economic Action Partnership survey** by Friday November 3, 2017. It is available online by visiting eap.kes.bc.ca on your desktop, mobile, or tablet device. A paper survey is available for pick-up and drop-off at the following locations: Yahk General Store, Canyon Country Store, Race Trac Gas, College of the Rockies – Creston Campus, Creston & District Community Complex, Kootenay Employment Services, Creston Valley Public Library, Wynndel Foods & Outdoors, Sirdar Store, Lakeview, Destiny Bay, Gray Creek Store, Crawford Bay Market, and Riondel Market. Share with local friends, family members, and colleagues. The more information we gather, the better.
- **Attend the Community Open House** on Wednesday, November 8, 2017 from 5-7pm at the Creston & District Community Complex. It will be a drop-in for businesses, associations, and community members to share input about direction and ideas towards building a regional economic strategy. Kootenay Employment Services, who is leading the project, will be present with partners, community ambassadors, and Colleen Hamilton and William Trousdale from EcoPlan International; the experienced, Vancouver-based planning firm helping build our strategy. Guests will be informed about results from recent community engagement, questionnaires, and learn about next steps in developing the strategy.
- **Connect with us.** Follow us on Facebook @crestonvalleykootenaylake for up-to-date events and milestones. Tell your friends, family members, and colleagues to join the conversations happening right now.

In November, a steering committee will come together to review community feedback, determine the priorities, and help implement economic actions from Phase 3: Evaluation and Prioritization.

Next, the CV-KL EAP partners will review the priorities and determine next steps and direction of Phase 4: Implementation. The intended date for implementation will commence in Winter 2018.

At any time, you can connect directly with your area’s community ambassador. They would love to talk to you about the project. To do this, please email economy@kes.bc.ca, or if you prefer phone, call Laura Heycamp at 250-428-5655 ex. 429 and you’ll be connected to the right ambassador.

Remember, the future of our economy starts today.

Further Background Information on Crawford Creek Lakeshore Land

submitted by Larry Brierly, former RDCK Director, Area A

September 21, 1991

“Are you in favour of the Regional District of Central Kootenay adopting Bylaw #866 to establish a local service within a portion of Electoral A to provide financial aid to an organization responsible for the operation and maintenance of the Crawford Bay and Kootenay Bay Halls, Parks and Beaches at a sum not to exceed \$0.45/1000 of net taxable value of land and improvements.” (The amount to be raised annually was \$6,000.)

RESULT OF THIS VOTE: YES - 84 NO - 101 REJECTED - 5. UNSUCCESSFUL – 53.1%

1991 is not 2017. Certainly the culture, community parameters and population interests are different then from now.

The intention of this letter is for us to have future success through awareness of our past.

The Hall Board of 1991 had worked on gaining formal access to Crawford Bay beach and ownership of the change house/toilet land. Community polling in October 1990 showed 66% of the voting age population in favour of this tax levy. Several meetings were held with the public, the Hall Board, Kokanee Springs, RDCK representatives and provincial government agencies.

MLA Howard Dirks requested Manager, Land Administration coordinate a meeting to review and determine opportunities and options for confirming public access to the beach at Crawford Bay in cooperation with Kokanee Springs. Attending that meeting were: Manager, Kokanee Springs Resort; Chair, Crawford Bay & District Parks Association; Parks Division, Ministry of Lands & Parks; Lands Division, Ministry of Lands & Parks; 2 persons from Ministry of Transportation & Highways; RDCK Planning Department; Area A, RDCK Director.

Road location, road maintenance, surveying, title of change house/toilet and its property to be passed to Crawford Bay & District Parks Association. All this would be done at no cost to the Association.

The \$0.45/\$1000 referendum was to annually maintain the Hall, the Community Park, the beach property, pump out and maintain the beach house & toilet with a budget of \$6,000.

I have tried to be brief while providing the core efforts of those long-ago actions.

We do know the recent Crawford Bay meeting gave a ‘ball park’ estimate of \$60 per \$300,000 value of lands & buildings to purchase all the Crawford Bay beach and wet lands. There were also hints something is intended for Kuskonook. Whether this includes the small provincial park at the boat parking area, the small beach adjacent, or the old provincial park previously incorporated into the WildLife Lands is unclear. This could be a regional park with Creston and District.

Gray Creek Pass Report

by Tom Lymbery

We continue to get phone calls about the Pass but now that early winter at higher elevations has come, this changes our store staff’s reply to enquiries such as, “What make of snowmobile do you have?”

Two parties from Kimberley drove their ATV’s through the snow and down our side on October 23. However they took chances as the mountain snow is so much deeper than usual this year.

Bugs on the Menu at Cabin Restaurant

submitted by Jon Steinman

NELSON – The Deconstructing Dinner Film Festival featuring documentary films on food and drink is celebrating its fifth year in Nelson and this year is partnering with the new Cabin Restaurant at the ferry terminal in Kootenay Bay to offer up a four-course dinner on Saturday, November 5, featuring one of the film’s ingredients – bugs!

One of the twelve films comprising the festival this year is BUGS. The film follows a team from Copenhagen-based Nordic Food Lab, made up of chefs and researchers, who travel the world to learn what some of the two billion people who already eat insects have to say. Director Andreas Johnsen follows them as they forage, farm, cook and taste insects with communities in Europe, Australia, Mexico, Kenya, Japan and beyond. BUGS was an Official

Selection at the Tribeca Film Festival in 2016 where it was nominated for Best Documentary Feature.

The film is being sponsored by Entomo Farms – a producer of edible insects. When Chef Jason Mall-off heard about the event, he immediately offered to showcase the culinary capacity of this alternative food source. Jason spent some years working as a chef in Mexico where insects are a commonplace staple among the local diet. Entomo Farms is supplying Cabin with ingredients for Jason to utilize within the 4-course meal.



Given the pressures on the planet’s ecology from meat-intensive food production and rising population, it seems curious that western societies do not make use of such an abundant, nutritional and low-impact food source. As the United Nations Food & Agriculture Organization states in their 2013 report Edible Insects, to feed the 9 billion people expected to populate the planet by 2050, “we need to find new ways of growing food.”

Livestock production now takes up nearly a third of all the earth’s land. The meat industry causes around a fifth of greenhouse gas emissions annually. If we are serious about having any future at all, let alone a green and equitable one, we need to radically change our food systems. There are around 2037 documented edible insect species – and counting. With many established cultures and traditions that forage for and consume insects, and countless recipes and techniques, insects are a resource many believe we should be ‘tapping into’.

The dinner will begin at 5:30pm sharp and guests are invited to arrive at 5pm to enjoy a pre-dinner drink. Reservations are required for the event. Interested in catching the film? The BUGS film screens in Nelson on November 9 at the Capitol Theatre.

- When: Sunday, November 5, 5:30pm sharp
- Where: Cabin Restaurant (Kootenay Bay)
- Cost: \$45 (or for those catching the 7pm ferry to Balfour, \$40 for 3-courses)
- Reservations: 250-777-2315 or kootenaycabinrestaurant@gmail.com
- Web: <http://filmfest.deconstructingdinner.com>

Riondel Campground End of Season Report

Submitted by the Riondel Community Campground Society Board and Administrator

Another productive summer camping season has come and gone. There was the usual crush of visitors during the high season months of July and August, and a steady stream of bookings was maintained through the cooler shoulder months. Numerous day-use visitors also came out to spend time on the scenic North Bay beach.

Guests appreciated the improved administrative office and this became an extremely busy place at times.

The lending library was frequently utilized and the charging station for all those ‘devices’ was a welcomed amenity to many guests. Campers told us the ice machine was a definite plus, as well as the outdoor dish-sink.

We received grant funding from Nelson & District Credit Union for four folding benches/tables (which quickly became popular and well-used), along with two replacement picnic tables. The Saturday Community Markets expanded with a few more vendors and this was a weekly destination for both campers and cottagers.

Many thanks to Market Coordinator Myrna Seefeldt and all the local vendors who participated!

Our lack of a volunteer Events Coordinator this year resulted in a scaled-back schedule. Despite this, the Canada Day ‘talent-showcase’ was well-received and the board hopes to make this an annual event.

The Many Bays Band graciously performed an outdoor concert in July, and there was a ‘Dine & Dance’ event in August featuring Mila’s Yummies and Mike Stenhouse. The board has ideas for bigger and better events next year, if anyone out there is interested in helping out as our Events Coordinator, we invite your input.

Some new office procedures were implemented this year, such as the POS system, for a more streamlined accounting practice.

Based upon the many positive comments received from guests, the past season was a pleasurable experience enjoyed by all. The Board acknowledges the very capable efforts of attendant Howard Sempf and volunteer Ari Mastro, who were conscientious and gracious hosts to all our visitors.

The only source of disappointment this past season was the repeated occurrences of damage to our swim dock, which was installed two years ago. For a second year in a row, a hole was smashed through the flow-through decking. Replacement boards were ordered and installed, and just a few days after, another hole appeared in the decking (third occurrence). This vandalism seems to be deliberate and targeted.

The board is very concerned as to why this senseless damage continues to happen, and is considering the removal of the swim dock. If anyone has any information about this, we would appreciate your assistance.

The campground is now closed, but there are plans to hold a second Christmas in the Campground, with hot beverages and carolling around the fire. More details on this will be announced in early December.

Monthly Director meetings are held at 2pm on the second Thursday of the month at the administrative office and are open to Members and the general public.

Tidings Of Joy: A Celebration of Christmas Music

by Deberah Shears

The church bell will be ringing again. On Wednesday, December 13, at Harrison Memorial Church (Crawford Creek Rd.), two community music groups, the Many Bays Community Band and the Many Bays Singers, will be presenting a program of Christmas music. The program will consist of carols, traditional and contemporary.

From Joy to the World to Carol of the Stable Dog to Night of Silence - these beautiful carols will warm your hearts and prepare you for this joyous season. Come and share the Christmas spirit with your neighbours and friends.

There will be two performances again this year: 4 pm (matinee) and 7 pm. Admission will be by donation at the door and everyone is welcome.

Riondel Arts Club

by Sharman Horwood

Members of the club are currently enjoying the start of Shirley Wyngaard's course on colour. Good information, and how to apply it to every kind of work, in painting, quilting, mosaics, or crafts, are part of the class.

In November, the club will be showing their work in the Crawford Bay branch of the Nelson & District Credit Union. We would like to thank the credit union for their continuing support of local art.

For the month of December, the art club will have a show in Cowan Office Supplies in Nelson, and we would like to thank them as well. The support of local businesses gives artists a place to show their work, and receive comments from people in our area.

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YOU'RE INVITED TO OUR
OPEN HOUSE

Economic Action Partnership is hosting an Open House (Drop-In)
Wednesday, November 8th @ 5pm-7pm
Location: Main lobby at the Creston & District Community Complex

This will be a drop-in for **businesses, associations and community members.** We will be sharing the overview of the project, feedback from community engagement, and next steps.



CRESTON VALLEY - KOOTENAY LAKE
Economic Action Partnership
Working Together For Shared Prosperity

2017 Creston Christmas Art And Craft Market

by Creston Valley Arts Council

Travelling down to Creston on Saturday, November 18? Then the Creston and Community District Complex will be a great place to visit. Bargains galore will be available at the 41st Creston Christmas Art and Craft Market between 9:00 am and 4:00 pm and sponsored by the Creston Valley Arts Council.

This Market is one of the most popular sales events of the year with more than 1500 people coming through the doors last year. It is one of the ongoing successful accomplishments of the arts council which includes the area from Riondel to Yahk. There was very little response to the first fair in the United Church Hall in 1977, but today it is an extremely successful event. It attracts over 60 exhibitors from the Creston Valley and from throughout the Kootenay region.

The products range from specialty foods to body products, pottery, candles, jewellery, local honey and cider, and toys. In other years such items as hand-dyed scarves, stained glass, beeswax candles, Christmas wreaths, and gluten-free baking have been available. Your nose will be tickled by the aromas of lavender, coffee beans, peanut brittle and freshly glazed nuts. Children's clothing, original art work and seasonal placemats are among the many other items for shoppers to check out.

This year the organizers have reached out to the Lower Kootenay Band and have invited them to hold

an exhibition of native arts and crafts alongside the Christmas Arts and Craft Market. This exhibition will be held in the Erickson Room and organizers are grateful to Wayne Louie for his assistance, knowledge and willingness to share. Louie has several canoes, a bulrush tepee, and artefacts to display along with some really interesting history and culture. Louie creates the Sturgeon Nosed Canoe that he has built from white pine and features the history and culture of his people. The people of the Lower Kootenay First Nations created these canoes where the nose of a canoe was shaped like the nose of a sturgeon fish which assisted them in navigating the bulrushes in order to catch their prey. Make sure you check out this exhibition while at the Arts and Craft Market.

Footlighters will be selling tickets to there next show *Hansel and Gretel* which will be on the stage at the Prince Charles Theatre Nov 30, Dec 1 and 2 at 7:30 pm.

Across the parking lot at Rotacrest the Images Watercolor Show will be taking place throughout Saturday and also on Sunday November 19. Admission to the Market is a cash donation to the Creston Food Bank. Vendors will be supplying items for raffle baskets so please enter the raffle at the front desk.

The Creston Valley Arts Council uses the profits from this event to support artists and arts-related groups throughout its mandated area. The Council would like to thank Anne Fetterly for her year long dedication to organizing the Market. She is helped by a host of volunteers. Further information is available on the Arts Council website at www.crestonvalleyartscouncil.ca.

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ARTS & CRAFT MARKET
Creston & District Community Complex
Saturday, November 18 - 9am to 4pm



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ADVISORY PLANNING COMMISSION ELECTORAL AREA 'A' VOLUNTEER POSITIONS

The Area Director for Electoral Area 'A' of the Regional District of Central Kootenay is seeking interested individuals to act as **Advisory Planning Commission (APC)** members from within Electoral Area 'A' of the RDCK which encompasses:

- Wynndel
- Sirdar
- Kuskanook
- Sanca
- Boswell
- Gray Creek
- Crawford Bay
- Riondel

The Area 'A' APC is an RDCK Board-appointed commission for citizen input into land use matters. Members make recommendations to the Local Area Director on community plans and development proposals within Area 'A'. Applications for the Advisory Planning Commission will be received up until **4:00 pm on Friday, November 3rd, 2017**.

Applications shall be submitted to:
Meeri Durand, Planning Manager
Box 590, 202 Lakeside Drive, Nelson, BC V1L 5R4
email: mdurand@rdck.bc.ca

Next Deadline: November 22, 2017
www.eshore.ca / mainstreet@eshore.ca

Hansel & Gretel

by Footlighters Theatre Society

Nov 30, Dec 1 and 2 Footlighters will be at it again, this time doing damage to Hansel and Gretel. Following the success of Jack and the Beanstalk (2007), Aladdin (2011), and three sell-out performances of Cinderella (2014), long time Footlighters member, and playwright/director, Frank Goodsir is tackling this beloved Grimm Brothers fairy tale.

Loosely based on the traditional telling of the fairy tale, this adaptation tells of two children, Hansel (Caleb Wells) and Gretel (Andrea Daignault), and their widowed father, the woodcutter (Devon Coward) who live at the edge of the Black, but sometimes very colorful, Forest. Father leaves to go to a fair in Sirdar to sell his wooden toy carvings. Hansel and Gretel, who are supposed to stay at home, disobey their father and go with the orphans (there are always lots of orphans in these shows) who just happen to live next door, to another fair in West Crestonia.

Along the way they meet Miss Twinkleknees (Simone Wiebe) who is the new teacher at the orphanage and becomes quite vexed when she realizes the children are missing; Mrs Griddlestein (Gail Kitt), the cook at the orphanage who is wandering through the Black Forest with a rope that has a noose at the end; a loud and mean troll (Logan Thompson) who wants his troll toll; a trio of eccentric witches (Gillian Wells, Ann Deatherage and Zoe Marini), sister to the Gingerbread Witch; Big Bird (Caleb Olney) who desperately wants a part in the show, a kindly Police Person (Warren Bruns), and the King and Queen of Crestonia (Gary Atha and Penny Reine respectively) who are on their yearly state visit.



Andrea Daignault (Gretel), Simone Wiebe (Miss Twinkleknees), Devon Coward (Father) and Caleb Wells (Hansel).

At the Fair the crowd is entertained by the Crestonian Corps de Ballet (Kate Webb and Anna Payne), and two wandering minstrels (Rudy Sager and Goodsir). The show is held together by the Manager (Peter Simon) and the Junior Manager (Ethan Simon) who try to keep everyone in line and keep the show moving. This father/son duo will also be providing some musical entertainment at the Fair.

The story of Hansel and Gretel would not be complete without the outrageous antics of the Gingerbread Witch (Jason Smith) who eventually gets her come-uppance in the oven. Smith will also be designing the set from ideas supplied by the director. Smith and technician Dan Caverly will be also providing some new special effects from some recently purchased lighting and sound equipment.

While Goodsir wrote and is directing the show, Simone Wiebe is in charge of the music. Songs include One Of Those Songs, Lovely Lonely Man, The Happy Wanderer, The Crestonia National Anthem, Kids, Oh My Papa, Razzle Dazzle and Thank You Very Much. All musical numbers will be staged by choreographer Kate Webb. The show is being produced by Ann Deatherage. Jennifer Dewald and her team of seamstresses will be creating some very colorful costumes. Stage Manager is Jennifer Huscroft with assistance from Leif Deatherage.

Those having dinner at Real Food Café on show nights can get a free desert with their dinner purchase if they show their tickets. Reservations for dinner can be made by phoning 250.428.8882

So, why not take in a fun filled, colourful evening's entertainment fit for the whole family which is full of songs, dances and comedy. Tickets are available at Black Bear Books, Kingfisher Used Books and Fly In the Fibre in Creston.

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November 2017 Mainstreet 11

Tom's Corner

by Tom Lymbery
*Another Ferry,
Another Lake*



The first time I caught the *MV Columbia* ferry from Galena Bay to Shelter Bay on the Arrow Lakes, I took note of four square hatches about 24" high along one side of the car deck. Wondering what they were, I asked a deckhand. He readily explained that these are emergency exits - people wearing life jackets can jump into them, and a slide then takes them down to lake level 15 feet below, somewhat similar to an airplane's emergency inflatables. Something ingenious that we have never seen on ferries before.

On a more recent trip with our son David, I asked a different deckhand who fetched the engineer, Curt. Curt opened the hatch for us to show that these are not emergency exits at all. Rather, they allow access for the crew either to come up from the

engine room or to go down, without having to cross the deck between the vehicles. That deckhand last year had given me a completely bum steer! Perhaps he believed that recorded announcement which tells us that every crew member knows all the emergency procedures. In Googling for information on this new vessel, I found another reference to these hatches as "slides", so he was not the only one misled.

I had been telling Dave about these possible exits to the water level, and as we drove down onto the ferry after the green light came on, he thought he could see possible openings. This ferry now has two lanes driving on as well as driving off, so loading and unloading are faster than the *Osprey*.

Engineer Curt was most helpful, and took Dave and myself down below deck where two massive four cylinder diesels were propelling us across to Shelter Bay. We were amazed at the space where he works - picture the vast area below the cars on the *Osprey*. Curt has worked 21 years on the *Balfour*, *Anscomb*, *Osprey* and currently the *Columbia*, virtually all the way back to the years when Jim Oliver of Gray Creek was an engineer on our lake ferries.

You tend to believe what you read in the news. I had come across a report that the *DEV Galena* and *MV Shelter Bay*, the two ferries that had struggled to keep up with Highway 23 traffic before the advent of the *Columbia* three years ago, had been removed. ("DEV" means Diesel Electric Vessel, while "MV" is Motor Vessel.) Surprise - as we entered Shelter Bay there they were - the *Galena* and the *Shelter Bay* still at anchor just west of the west side landing. So they are still ready to go if needed, as one had been in 2016 when the *Columbia* bent a propeller on a drift log.

That erroneous story appeared along with a report that the *Columbia* was entirely self-sufficient, and able to have routine servicing done without being taken out of service. Former BC Minister of Highways Tod Stone commented that "We can't guarantee continuous ferry operation - there may sometimes be delays." So I asked Engineer Curt if he felt it might be possible to upgrade the *Osprey* so that she wouldn't have to be taken out of service every year for maintenance. (Then we wouldn't need a replacement for the *Balfour*.) Curt's reply was that he felt it was doubtful, but you never know.

Curt also explained that the *Columbia* is actually somewhat bigger than the *Osprey*, even though both are rated as 80 car ferries. I suspect the *Columbia's* carrying capacity may be greater as she has her bridge and all on her north side. There are no passenger accommodations except for washrooms - for pedal or motor cyclists on rainy days, washrooms are the only refuge. I say "north side" and "south side" for vessels which cross without turning around, as "port" and "starboard" are irrelevant for this type of operation. I keep looking when I'm on the *Osprey* to see if

some joker has stencilled "Bow?" at one end or the other.

WaterBridge Steel Inc. of Nakusp was awarded a 26.5 million dollar contract to design and build the *Columbia*. The company cleared away the site of a former shake and shingle mill on Nakusp's lakeshore and began construction in 2012, with the *Columbia* going into service on June 26th 2014. You can see a time lapse cam of the construction if you Google www.waterbridgesteel.com. The *Columbia* is 320 feet long and 64 feet wide - I couldn't find the *Osprey's* measurements to establish which is actually the

biggest of the two. Certainly our *Osprey* is the vessel to be proud of, with her coffee bar and accommodation, but most of all the beautiful decorations of our local osprey birds that we appreciate so much.

The *Columbia* takes 20 minutes to cross, so she can easily maintain her hourly schedule. That's the example that Highways has been looking at for moving the Balfour terminal to Queens Bay.



The MV Columbia ferry at the Galena Bay landing on the Arrow Lakes. My son Dave and I are just about to drive on, on our way up to Revelstoke. This ferry, much larger than it appears in the photo, is able to carry as many if not more vehicles than our Osprey. Photo courtesy of Dave Lymbery



One of the four hatches on the car deck is open to show the ladder used by the ferry crew to go down to or up from the engine deck. Certainly not an "escape hatch slide" for passengers. Photo courtesy of Dave Lymbery



Henry Rose Fireplace Access

by Tom Lymbery

Thanks to Mick Farron of Gray Creek for contributing his time and material building this bridge and steps to access the Henry Rose Fireplace site - one of the historic stops on the Gray Creek Tour. Henry Rose built a cabin in the 1890s near his mining prospects and George Oliver rebuilt Henry's fireplace as part of our 1958 Centennial. A group of 12 from the Arrow Lakes Historical Society of Nakusp came this September for the tour but couldn't cross the larger roadside ditch that YRB had just completed. Now Mick has neatly completed bridge, steps and hand-rail for our Gray Creek Historical Society. Rose Pass is named after Henry and he is also famous for running a floating brothel at the Pilot Bay Smelter as well as in 1902 being the last man hanged at the Nelson gaol.

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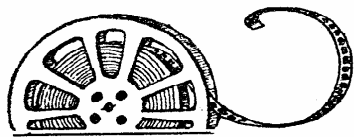
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Seldom Scene

by Gerald Panio



"[The European directors] seem to fracture reality. They find mystery in commonplace moments. They find humor in even the gravest political acts. They seem to find an art and a seriousness which I think was completely unexpected and which had once been the province of literature alone. So that a popular art was suddenly seen as a serious art." —Don DeLillo

"I never made a single scene that compromised my convictions or my personal morality." —Luis Buñuel

BUTLER: And the sheep, madam?

Along with Portuguese director Manoel de Oliveira, who lived to be a 106 and averaged a film a year after he turned 100, the great Spanish director Luis Buñuel deserves to be a poster boy for senior citizens everywhere. Much of Buñuel's best work was produced in the two decades after he turned 60. One of the earliest masterpieces from his post-60 renaissance was *The Exterminating Angel* (1962). There is nothing quite like it, even in Buñuel's own, very strange oeuvre.

For me, this is the film which comes closest to achieving the impossible task of capturing dream logic from the inside out. On first viewing, it's likely that most of the utterly irrational events and conversations in *The Exterminating Angel* pass unnoticed. Just as they do in dreams. Sure, a couple of bizarre moments pop out, but while the viewer is trying to come to grips with them a dozen other impossibilities slip by without raising a ripple of alarm. You have to watch this film two or three times just to see how thoroughly Buñuel weaves his spell.

All of the standard Buñuel themes are here: the attack on bourgeois values, black humor, anti-clericalism, surrealism, class consciousness. There are neither villains nor heroes. If at first it looks as if the servants might be spared the fate of their masters, I'm pretty sure that Buñuel is saying that ultimately we're all in this together. No one is immune to anarchy.

Think of *The Exterminating Angel* as *Lord of the Flies* rewritten by Sigmund Freud, Salvador Dali, and Franz Kafka. Instead of a bunch of upper class schoolboys, we've got a bunch of upper class toffs in tuxedos and ermine stoles. Instead of being trapped on an island, the characters are trapped in the drawing room of a posh mansion.

How, you ask, can one be trapped in a drawing room? Buñuel's answer is a marvel of surreal storytelling. Suffice it to say that no actual coercion is involved. No doors are locked, no passages barred, no sentries posted.

But the nightmare spreads.

The one butler who is left to serve the guests (the others servants desert the household, intuiting the something very bad is coming) looks through a foyer at the opening that frames the drawing room in which the guests are crowded. It's almost as if he were looking at a television set, as if the characters had been swallowed whole by mass media for future broadcast to the masses. Reality TV before its time. Later in the film, crowds will gather outside to gawk at the



hoodooed mansion, like they do at the site of the mine disaster in Billy Wilder's *Ace in the Hole*.

In his play *No Exit*, Jean-Paul Sartre said that hell was being stuck forever with other people one despised. There is no love lost among the individuals that host Edmundo Nobile invites over to a post-opera supper. As long as the booze flows freely and the caviar is served at the right temperature, everyone acts civil. Etiquette is preserved, even when it hurts. Even as couples plan infidelities and guests peg one another as insiders and outsiders, polite conversation is *de rigueur*. A bit snarky, maybe, but never violating the rules of the social game.

Then the food runs out. The water runs low. Bodies begin to smell. The drawing room becomes a behavioral sink. And because this is a dream, the deterioration is more a creeping infection than a sudden catastrophe. Language itself begins to lose its meaning; conversations are both earnest and absurd. Two samples:

CHRISTIAN: It's nothing. [My wife Rita's] feeling a bit tired. In her condition, it's to be expected.

LUCIA: It's a good sign that she's sleepy. Congratulations!

CHRISTIAN: Thank you.

LUCIA: It's your fourth child, isn't it?

CHRISTIAN: I don't know. I can't keep count any more.

JUANA: Are you sure you know who the father is? I mean...

CHRISTIAN: You'd better ask her.

RITA (tired): Science will tell.

Lucia leaves them and goes up to another group consisting of Blanca, Ana, and Raul.

LUCIA: Blanca! I thought you'd gone.

BLANCA: I stayed on for a little. Raul was explaining to us that the fauna in Rumania...

RAUL: Because of the harshness of the climate...

BLANCA: But we've been chatting too long. I'm really going.

COLONEL (worried): How come they're not leaving? It's nearly four o'clock [in the morning].

LUCIA: They'll go in a few minutes. Take advantage of the general confusion to slip into my boudoir.

COLONEL: What about your husband?

LUCIA: If he comes I'll tell him I wanted to show you my incunabula.

You may not believe me, but it's quite possible that when you watch *The Exterminating Angel* for the first time dialogues

like these will seem perfectly normal. The characters certainly believe they're normal. I love the way the actors keep remarking that some little detail seems very strange when in reality *everything* that's happening is way beyond strange. No one even notices when Ana, Sylvia, and Blanca talk about the Cabala and try performing an exorcism with a pair of chicken claws and some feathers that just happen to be in Ana's purse.

Nor does anyone seem to find it strange that people wander in and out of drawing room closets, decorated with Russian-style icons, as if those closets were cousins of Dr. Who's Tardis (bigger on the inside!) or portals to alternate universes. Time itself is meaningless. First it's supper time, then it's 4 am, then it's four days later, then we lose track completely.

As the party degenerates into the predictable chaos of paranoia, blame, hysteria, and even death, a couple of Freemasons provide some much-needed comic



relief with their secret Masonic cry for help and one of my favorite lines:

ROC: Christian, the time has come! The word that must never be uttered!

That word, of course, has no more effect than the chicken claws.

You may have noticed that I haven't spoken of specific actors here. The casting is flawless, but with this film the whole focus is on the spider's web that Buñuel weaves. Our attention is on the spider, not the flies.

In the hands of a lesser director, *The Exterminating Angel's* descent into "vulgarity, violence, and filth" would have culminated in some kind of a bloodbath—just to prove how low human beings can go when ties no longer bind. Instead, Buñuel comes up with one of the most perfect endings in all of cinema. It's an ending that's both hilarious and yet more terrifying than anything that's gone before. I can picture the director giving himself a high-five when he nailed that final twist.

And then there's the bear.... (Films from the Criterion Collection and Kino Lorber now seem to be available for purchase or rent through iTunes. They're not cheap, but at least they're out there. *The Exterminating Angel* is a Criterion film.)

If you've got access to a U.S. proxy server, the Filmstruck streaming service gives you access to the entire Criterion library—and much more—for about the same price as a Netflix subscription.)

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SARAH SLEAN

by Wendy Scott

Sarah, the songstress; her voice floats, rings, whispers; Sarah, the performer who apologises for the non-existent 21 piece orchestra; Sarah, who surprises every second, every minute with her presentation; her gifts of sound and her breaths of silence to an intimately close audience at the Tara Shanti Retreat in Kootenay Bay.

Sarah with her backup crew: Bret Higgins on bass; Andrew Aldridge, guitar, and Ryan Granville-Martin with the flying drum sticks; Sarah, together with her musicians from somewhere in a faraway realm, conjure a balance of melody and magical harmonics with a quick surprise of syncopating beat.

Music, stories, laughter, tears; these all flow from the Tara Shanti into the dusk of a Kootenay evening until our presumed recognition of the familiar is drawn all the way into a black night of stars to land gently, unexpectedly, as Sarah offers her brilliance and her deep sincerity for us to recall. And the music of that Kootenay night rides with us to become ours again and yet again.

Thank you Haemish for managing to convince this angel of music to step onto the East Shore of Kootenay Lake and to bring us the gift of her voice: her music lingers in the tall trees, echoes on the water, and calms a mind too busy to take a breath and listen.

November 2017 *Mainstreet* 13

As autumn squalls grip the Kootenays, sportif Lindarians seize the opportunity to take one last trip down Mammary Lane, a popular hiking trail north of town. So it was, on a blustery November afternoon that your doughty reporter headed up the gently rising trail with local mountaineer and chairman of the Lindero Hysterical Society, Theo Tuxedo.

As we approached the valley between the rounded peaks, Tuxedo regaled me with tales of the dimly remembered past. "These woods are home to more species of wildlife than you find in the nature guides," he began tantalizingly. I chuckled, anticipating his launch into the subject of his recent publication, *Sasquatch Sightings In and Around Lindero, 1895-2015*.

But no, today's topic was more invasive. Theo reminded me of the tiger (or was it a lion?) that caused quite a stir when it escaped from its owners and was never heard from again (or was it the owners?), which I remembered quite clearly, being only 2 years ago. "That big cat wasn't the first exotic escapee," Theo hinted as the path got steeper up the narrow valley known locally as the Cleavage. "Sure there's been lost pythons and abandoned crocodiles, that happens everywhere. You catch sight of them in the back country every so often."

I glanced at the sylvan stream below us in the valley. Was that a glistening log by the shore?

Theo seemed to pick up the pace as he warmed to his topic. I loosened my scarf. Then he dropped his bombshell, "What do you know about dragons?"

I chortled and listed their well-known attributes: giant fire-breathing flying lizards. Theo's index finger wiggled skyward, "Exactly!" He was positively skipping from boulder to boulder as we crested the first peak. I panted, trying to keep up, "But dragons are mythical, aren't they?"

"Most of them are," he waved his shillelagh impatiently. "No, these are the real thing. They glide more than fly, so they stick to the high country. And it's only the big females that breath actual fire, and only rarely. More often they just spit sparks."

I digested this information as we clambered onto the rounded peak. Something loomed large in the alpine meadow far ahead. Theo took no notice. "Of course, reports of dragons roaming the forests around Lindero have been completely suppressed."

I wheezed in disbelief.

"For two reasons," Theo explained, as he resumed his full stride across the ankle-twisting terrain. "One is that it's illegal to own one under subsection 23 of the Exotic Animal Importation Act, the Flammable Pets clause." This was news to me.

"The second reason is you never see them. They're distant relatives of chameleons." I thought I noticed a knotty tree stump wink slowly. "So how do you know they're here, then?" I asked.

Thankfully Theo paused to admire the view across the two sister summits. "Well, first there's the hints in the back issues of the [now defunct] Lindero Daily Pesterer. Only a few old-timers remember the great dragon escape of 1936. A fellow named Doge Chasy brought in seven big strange creatures he bought from a circus to use in his logging operation. Of course, they ran off right away after setting fire to his camp and eating his horses."

I sat on a stump and slipped off my shoes, unconvinced. "There were other clues. The circus where he got them wasn't named but there were reports from

down Curdle Lane way of a show that featured very realistic dragons. Everybody assumed they were fake, of course, but in their final performance, they managed to get tangled in the trapeezes before a spectacular blaze burned the whole fair to the ground. It even made the front page of the Pesterer."

I checked my heels for blisters, "If such creatures exist, what makes you think they're still here?"

Theo focussed his binocs on a shadow moving across a distant outcrop. "The forest fire records. Since the dragons' release, you can plot the increasing rate of fires radiating out from Doge's woodlot, particularly in breeding season."

I tried to shove my feet back into my shoes as Theo set off on the descent. "Aren't the fires due to lightning strikes?"

"Oh, that's what they say, alright. But a lot of these fires spring up in prime dragon habitat when there's no lightning."

"Could they be humanly caused?" I queried as I limped after him.

"Actually, in a way they are," Theo ruminated. "If there's one thing that sets the females' nostrils alight, it's humans around their young. Usually no one gets hurt, but a dragon's blast contains enough gases to knock you out and leave you confused for hours. You've heard of disoriented hikers staggering out of the bush?"

"Dragon encounters?" I suggested, while nervously scanning the path ahead.

"Most likely," Theo mused, as we passed through a peculiar smokey patch marking our descent into the Cleavage once again.

I must have been quite exhausted as I don't remember the rest of our return journey. After a good night's sleep, it struck me that now I've completed my trip down Mammary Lane, perhaps it's best to conduct future treks within the town limits, perhaps a gentle stroll along the Road to Runes. I hear the town has good intentions of paving it in the new year.

[Filed by Lindero correspondent H. Porpoise]

Next Deadline:

November 22, 2017

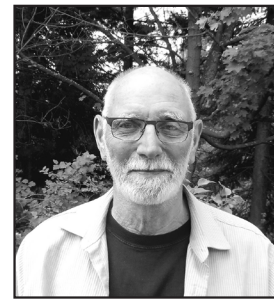
Riondel Community Library

by Muriel Crowe

Every month I get this same question racing through my mind – well actually it is generally more of a crawl than a race – 'what is there to write about?' This month was a little faster than normal thanks to our new roommates. The Historical Society has set up their first display and even though I have seen much of this display previously it all seems new and fresh. Maybe that is just from the feeling that we are much more important than we were without this friendly neighbour.

This is the month of our annual Celebration of Words at Dutch Harbour on November 18. Wendy has a slate of wonderful authors with a variety of stories to tell. Fortunately for the rest of us Wendy is the one who puts in the most effort for this event. I'm tempted to say that we bribe her with munchables and sweets but the truth is they are usually very picked over by the time she gets to them. Perhaps this year I will put a mini chocolate bar in her pocket in thanks.

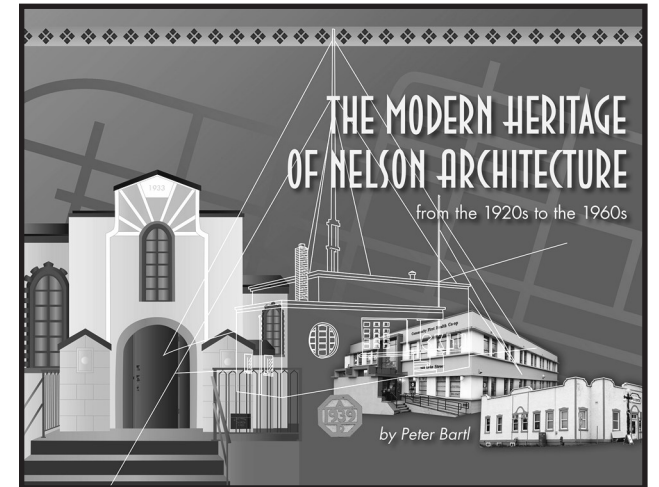
While you are waiting to hear these wonderful authors please visit the library, enjoy a stroll through the Historical Society's display and then borrow a few books, bocce balls, DVD's or CD's. Let us know what you would like your library to invest their money and time into.



Local Author Releases Nelson Architecture Book

submitted by Jane Merks

When Peter Bartl first bought his property in Pilot Bay, he researched the area, created a collection of archival photos and articles and then donated them to the Nelson Museum.

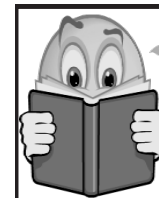


When he bought his house in Balfour he helped research, create and design the historic panels at the Balfour Ferry Landing.

Now that he has been in Nelson for five years, he has written *The Modern Heritage of Nelson Architecture: from the 1920s to the 1960s*, documenting over seventy buildings built in the Art Deco, Mission Revival and Modernist styles.

With over 150 full colour pages containing almost 500 photographs, the book documents buildings no longer there, buildings that have changed tremendously and interiors of homes never seen before.

The book will be available at Touchstones Nelson, Otter Books and the Gray Creek Store for 37 dollars. For more information contact Peter Bartl at bartlmerks@shaw.ca.



SET YOUR CLOCK!
MARK YOUR CALENDAR!

Celebration of Words

...coming your way at Dutch Harbour Lodge!

Saturday, Nov 18, 2017 2 pm – 4 pm

THE READERS THIS YEAR:

Antonia Banyard: award winning author will tell us her own story of emigration from Zambia in Africa to Nelson, BC.

Amanda Bath: writer and translator brings her own startling memories of Johnsons Landing.

Greg Nesteroff: newscaster, historian, and contributor to several Kootenay papers tells the tale of Riondel's unpronounceable name.

Sharman Horwood: Riondel's own science fiction writer takes us into another place, another time. Hold onto your seats.



pebbles
by Wendy Scott
**Light, Dark, Warm,
Cold & Stars Of
Many Dimensions**

Here we are in Riondel with what is the tail end of a storm that rattled cities and towns to the south of us with much more vigour than we had to endure.

It's autumn. It's the Eastshore, the lights are out. (why does our wind not have a name!) The routine is automatic: turn off computers; call Fortis, then, because hunger nudges, call a dear sister with a wood stove and sit with her to share warm soup and an evening lit by the flicker of firelight.

But let's get the story straight; the outage was brief – the first one that is, and the late afternoon was normal – until light vanished once again and night time hallways were really black.

But before fumbling for that flashlight, step outside and look up into a sky so full of the darkness of night and the deep brilliance of space that breath takes an extra moment to resume.

The huge and gorgeous Harvest Moon is down to a sliver now; meteors have crashed and burned; comets are scattering tail debris; a Space lab wanders across the sky; and there's a bus up there zipping past at the speed of – well, how long does it take for an asteroid to clear earth and head around the sun at an approximate speed of 30 kilometres per second. Hm, the sun is about 150 million kilometres from our little planet – so you figure it out. Ingrid would not appreciate all those zeros.

And if you were lucky and managed to look up during a mid-October night you might have experienced

a magnificent display of purple-blue-mauve-green and silver dancing in a whirlwind display above your head. During the months of March and October Earth's magnetic field lines up directly with that of the sun and we are presented with Technicolor displays and the auroras dance.

So there's a hubbub in the night time sky, but stop – you are in the middle of the road, now listen; midnight silence surrounds you (no it's not midnight yet, but stay with me here) Look up. The big dipper is low in the northwest and Orion rises in the eastern sky pointing to a star that has its own song: Betelgeuse.

You've learned the names of constellations; you can point out planets and maybe name some of their moons. As you gaze up you may feel at one with that broad band of stars and planets, nebulas and space dust – your Milky Way galaxy; part of this bundle of brilliance and black density that we call, Universe.

But don't get complacent. In fact, get ready to feel very lost and alone. This barely understood universe is the only piece of heavenly real estate we can claim at present in the space-time continuum of our cosmic existence. Astronomers keep looking; there are hints behind stars and somewhere out in space beyond the Kuiper belt, someday, someone might catch a glimpse. But for now, our concept of other vast arrays of worlds must hide in the pages and images of science fiction and fantasy, or reach back to the dawn of space and time.

Okay, stop craning your neck. You're still in the middle of the road. Turn around and go back to Bob's Bar and Grill. As I write this, we have seven days left to desert our kitchens and enjoy the camaraderie that comes with shared meals and chats with friends.

Yes! Bob and Wendy are retiring! And yes, Bob and Wendy have been serving fish and chips, chicken pot pie, liver and onions, steak, shrimp, prawns and

surprise salads – all this and more for ten years! Over those ten years many of us have gathered with our friends around the tables, enjoyed Mike Stenhouse and his music, Donnie Clark and his singing trumpet, The Many Bays Band, The Kehler Family Band, and so many other musicians. You may have decided that today is your chance to enjoy and maybe select an original painting from an Eastshore artist – or you could have popped in on a whim for a snack.

And parties? You bet: birthdays; anniversaries; goodbyes; hellos; and serious or just for fun celebrations. We still can't quite believe it, even though we've been told; it has been announced, advertised, proclaimed, explained, and we understand!

But, really? The lights can go out in Riondel, the ferries can skip a beat, the stars can fall, but Bob and Wendy will never desert us...will they?

Well no. They have given us ten years of ordering food, serving drinks, catering, arranging entertainment, and being host, hostess, cook, bartender, and friend. And that is ten years that will not be forgotten. Ten years to look back on and remember with love and gratitude.

Thank you for putting up with us, for catering to our every whim (nearly every one) and for assuring each of us that we are the best customer ever. Thank you for granting an escape from all those universal puzzles as well as all our little day-to-day fizzles.

We love you both, and we look forward to meeting you at the store, the library, at concerts, dinners, teas, or just roaming around (at loose ends perhaps?) in your new-found freedom. Heck, we might even see you at the beach!

Bob and Wendy: You have achieved stardom, now, welcome to the world of normal folks.

We wish you calm seas, warm winds, a few holidays, but who needs travel plans – you're retired. Enjoy yourselves.

Smarter Than Jack or Jill

by Sharman Horwood

Animals are amazing, smart creatures. This column is about exactly that, and I am willing to write up any of your animal stories that show animal intelligence (not to mention cuteness). If you have a story that you wish me to write, please contact me at shhorwood@gmail.com. I won't use your name if you don't want me to, and the story has to be a true story or anecdote. Please include your phone number so I can contact you if I have any questions.

Desperate Measures

I find bears amazing, and fall is that time of year when they waddle past our homes, eagerly searching for any scrap of food they can get. They have to eat a lot, and in evolutionary terms, that means getting smart about where the best food can be found, and knowing what foods will most likely help them fatten up for the winter. As a result, their bodies are equipped to help them survive, and—sometimes—they are smart enough to know how and when to steal whatever they need.

Come fall every year, bears have to find as much high-calorie food as they can. They eat approximately 41 kg (90 lb) of food in order to gain two to three kg (four to six lbs) of fat in one day in order to survive hibernation. In the case of female bears, their bodies are designed to help them get through lean winters in another way as well. They don't become pregnant, even if they've mated, unless they gain enough fat to last through the cold months. They can physically delay gestation until then, and in fact, they often don't start the gestation process until they hibernate. That way their bodies can continue to store more food beforehand to prepare them for the long cold months to come.

Bears are one of the few animals that can

clasp something to their chests. That's because of the way their forelegs articulate, and in videos of mother bears with their newly born cubs in the den, they cup their paws around the very tiny creature, as small as a mouse, and gently pull it in close in a way that other wild creatures cannot. While this ability helps them handle their young cubs, it also gives them the means to steal things that might be food.

One morning Simon and Henri went outside to take care of their garbage. They noticed that their recycling bin had been moved. Nothing in it had been taken but the entire bin had been tugged to one side. The next day they noticed that something had been into their compost, pawing it around. It was one of those big black composters, complete with a lid. Both of them knew that it could have been skunks, which like to eat the worms and grubs that thrive in the compost containers, but skunks themselves are too small to climb up inside the bins. They are attracted to the smell, however, and will linger around, to the sorrow of any nearby neighbourhood dogs. No, whatever had been at this compost bin was larger.

The next day the mystery was solved. A big bear picked up the bin and tucked it under one arm, carrying it away with him. Unfortunately—for the bear—all the compost was left behind. It had picked up the container, not realizing the compost material with all those luscious grubs and worms wouldn't come with it. Then, with people around, the bear had to give up on that particular bounty.

At another house in our area, Anne and David had a problem with bees this fall. They could see the bees enter the siding on their house. They plugged up the holes, but discovered that in fact the bees were still getting in and building nests in the drop ceiling of their basement. They took the ceiling apart, sprayed, removed the nest, then vacuumed out the areas between the joists with their shop vacuum. Satisfied, they thought they'd taken care of their bee prob-

lems. However, another problem was about to surface instead.

Their son, Evan, and his girlfriend were sitting on the front deck one night shortly afterwards. They heard some noise underneath their feet, and suddenly a big brown bear surged out from under the deck firmly clasp the shop vacuum to its chest. It lurched away into the bush, dragging the vacuum with it up the hill. Apparently, the smell of bees in the machine was just too strong to resist, and bees mean honey with lots of sugar and calories. The disappointed bear abandoned the shop vacuum in the bushes. There was no honey but he'd been willing to try.

Bears have some rather finely developed survival skills. Shop vacuums have a lot of strong smells in them, like dust and oil, but the bear identified the small smell that indicated bees. The animals also realize that some things are just asking to be stolen. They are desperate for that high calorie food, so they will take advantage wherever they can. They also note where food is most easily available, like high-fat salmon on their yearly migration or ripe huckleberries high up on the mountains. Survival means they have to be smart in this world in order to survive.

Next Deadline:
November 22, 2017
www.eshore.ca
mainstreet@eshore.ca



Holistic Health Tips

by Kim Young

7 Tips for a Good Night's Sleep

"It is not stress that kills us, it is our reaction to it."
- Hans Selye

We live in a stressful world, and modern, rushed lifestyles have allowed stress to filter into almost every aspect of our lives.

Stress can be defined as: a state of mental and emotional strain resulting in adverse or demanding events in our lives. While it's impossible to avoid all the stresses that come our way, the solution lies in the way we react to it. Learning to cope with stress in a healthy manner will minimize the negative impact it may have on our immune system.

What is the immune system?

The immune system is the body's form of defense. It is made up of a myriad of cells, tissues and organs that work together to fight toxins and other foreign substances that threaten to do harm to the body. When we are stressed, the immune system's ability to defend the body is compromised and we become more susceptible to disease, infections etc.

What can happen when our immune system is affected by stress?

- Studies have shown that the immune system of highly stressed people have sluggish responses to health challenges;
- Chronic stress raises the levels of the stress hormone cortisol which can then suppress the effectiveness of the immune system, making us more vulnerable to infections;
- While cortisol does its job, the immune system receives signals to slow down, and if stress is not eased and cortisol stays high, the immune system may remain in low gear;
- The under-performing immune system can then result in serious inflammatory conditions, which is the cause of many ailments;
- The immunity of those who would normally have a healthy immune system, is subsequently lowered;
- Chronic stress leads to a lower amount of certain proteins being produced that are instrumental in the signalling for "reinforcements" between immune cells. Without this communication the body is in danger of contracting acute illnesses, leading to extended recovery times;
- Stress can further have an indirect effect on the immune system if a person uses unhealthy coping strategies like binge-eating unhealthy foods, and smoking or drinking much more than usual.

The bottom line is that if you have constant, chronic stress which is not effectively handled, you lay yourself open to various illnesses that can have a devastating effect on your health.

Surveys conducted worldwide have revealed some disturbing facts:

- In the US 75% of adults reported experiencing high to moderate stress in the past month, and more than half felt their stress has increased over the past year.
- 91% of Australians presently feel stress in at least one part of their lives, while Australian employers report absenteeism due to stress costs the economy about \$14.2 billion annually.
- 7 million working days are lost annually in the UK, thanks to stress related issues, at a cost of about 28.3 billion British pounds.

BUT...A little stress is not always bad thing - it keeps you alert to react to sudden, unexpected stressful situations. Short-term suppression of the immune system will not put you into danger, it's only when it's chronic that you'll be prone to infection and disease.

Brief, curtailed bouts of stress due to unforeseen

events or circumstances in your life, will simply keep you on your toes to respond quickly to the situation, and will have no negative effect on your immune system.

Steps you can take to help reduce stress:

- Eat good nourishing foods each day that include minerals like magnesium, calcium and potassium which have a calming effect on the body (dark leafy greens, nuts, seeds, whole grains, yoghurt, and bananas are just a few examples).
- Remove (or at least reduce) sugars and processed foods from your diet.
- Avoid excessive caffeine, which may give you a short boost, but could leave you feeling jittery and anxious.
- It's very important to get enough sleep. Sleep pattern disturbances, or even mild insomnia, will be perceived by the body as major stress. Cortisol will rise to new heights, and your systems' immunity will fall to new lows.
- Connect with others and talk to family and friends if you feel the need to unburden your mind.
- Find a way to cope with stress on a daily basis that fits with your lifestyle: meditation, listening to relaxing music, or spending time in nature are all great ways to de-stress.

The efficiency of your stress-coping skills will be the key to a vital, fully-functioning immune system.

If you are finding it too difficult to handle stress on your own, get assistance from someone who has the expertise to help you.

You do not have to be a statistic of poor health because of stress.

Kim is a Holistic Health and Lifestyle Coach and Reiki Master who lives in Kootenay Bay with her husband Jim and their dog Buster. Her website is: www.holistic-health-tips.com

Riondel Men's Club Winners

submitted by Glen Kinder



Club Champion - Bill Nicolson - 66
 Low Net Champion - Duncan McGillivray - net 52
 1st flight - low gross - Mark Easton - 70
 2nd flight - low gross - Brent Leibel - 80
 3rd flight - low gross - Brian Hubka - 83
 1st flight - low net - Bob Miller - net 61
 2nd flight - low net - Mike Jeffrey - net 56
 3rd flight - low net - Dave Rokeby-Thomas - net 57
 1st flight - 2nd low gross - Don Howie - 76
 2nd flight - 2nd low gross - Nils Anderson - 81
 3rd flight - 2nd low gross - Cliff McGregor - 88
 1st flight - 2nd low net - Brian Bishop - net 62
 2nd flight - 2nd low net - Iain Anderson - net 59
 3rd flight - 2nd low net - Brian Zytaruk - net 61
 1st flight - 3rd low gross - Grant Crosby - 79
 2nd flight - 3rd low gross - Lance Delpont - 81
 3rd flight - 3rd low gross - Bob Driscoll - 92
 1st flight - 3rd low net - Greg Place - net 62
 2nd flight - 3rd low net - Les Bidinger - net 61
 3rd flight - 3rd low net - Lyle Skeien - net 66
 Most improved golfer this year - Lance Delpont

The Riondel Men's Club would especially like to thank Bob and Wendy Miller (Bob's Bar) for the support, food, drinks and friendship they have provided us over the last ten years. We wish them all the best in their retirement. You will be missed.

Photo: Club captain Army Ames presenting the trophy to this year's champion, Bill Nicolson.

Better at Home on the East Shore

by Rebecca Fuzzen

In April of 2017 the Better at Home program on the East Shore began delivering rides to people ages 55 and up.

Since the program has been operating on the East Shore 23 rides have been organized and 22 have been successful.

The Better at Home program on the East Shore continues to offer transportation to seniors for medical appointments and grocery shopping. The program also facilitates friendly visits. The generosity of volunteers is the back bone of this program as are so many necessities on the East Shore.

On Tuesday Nov. 21 the Riondel Seniors Society will be hosting a potluck and Coordinator Rebecca Fuzzen will be there promoting the program, handing out brochures and answering questions.

If you would like to know more about this program or know of anybody who would benefit from these services the number to contact is 250-505-6717.

One can also send email inquiries to betterathomeeastshore@gmail.com.

Health & Happiness

by Dr. Sid Kettner

Grief—Restoring Joy After Loss

Last month we considered stress. One of the worst causes of that condition is grief. I just attended a great seminar earlier this week in Creston on this subject. The presenter was Cameron Johnston who has authored books on stress management and counseled many as a burnout coach. He kindly allowed me to share and adapt some of his ideas for this column so that you could be the benefactor of his knowledge.

We have all suffered loss. It may have been a parent, your spouse (by death or divorce), a child, your job, your home, your finances or even your reputation. It may have been somewhat expected. Or it may have hit suddenly by forces out of your control—a fire, a flood, a tornado or a motor vehicle accident. Grief ensues—it is painful, it is horrible and it can even be devastating. Up front, let me state what others have noticed: Grief is not something you will get over. But it is something that you go through. And healing will come.

Common symptoms include some or many of these: A tightness in the chest or throat, a hollowness in the stomach, breathlessness, weak muscles, loss of energy, a dry mouth or even oversensitivity to noise. Mental sensations may be disbelief, confusion, sleep disturbance, absent mindedness, dreams of the loss, a searching or calling out, restlessness, visiting places or carrying objects that remind us of the specific loss, an appetite disturbance, social withdrawal, sighing and crying.

Then come the fears. A fear that we may cry. A fear that another loss may happen. A fear of losing one's mind. A fear that we cannot raise the children alone. A fear that your friends may soon abandon you. A fear that you will not be able to care for your house, your property, your finances or even your health. There may be the fear of being in the house alone by yourself. Some are real fears, others are not, but they all can destroy us if we don't take the time—and it takes a lot of both time and pain—to go through the grieving process correctly. Then, only then, can healing start. There is hope. Next month we will continue this topic and give you the tools to deal with it, whenever or however grief may strike. You will learn that hope can change everything. So hang in there.

Notice of Passing

Einar Strom

Oct 12, 1941 – Aug 22, 2017

Born in Nelson BC on October 12, 1941. Passed away on August 22, 2017 in Calgary after major surgery.

He is survived by his wife Roswitha, his daughter Lora Wentworth, Noel and grandchildren Lucas and Holly, his son Kevin, Jacque and grandchildren Avery, Ellie, Ephraim and Benjamin., his brothers Carl and family, Bill and family, sisters Linda Buchanan and family, Linea Jones and family.

Rest in peace husband, father and brother. You are very sadly missed by us all.

Remembrance Garden

by Wendy Scott

A few words of remembrance by Fiona McLaren, who we remember:

LEST WE FORGET

I arrived a little early in the auditorium. I was the only living soul. It was very quiet. I looked at all the empty chairs lined up in rows and thought how small in number they were compared to the sum of all the people who had actually laid their lives on the line... I imagined all the chairs filled up by uniformed men and women of the services in the two great wars and the ones since. They were faintly visible, but definitely there. In my mind, I got up to thank them all. I stood in the middle, at the front, by the table with all the little poppies pinned to the tablecloth in tribute to my ghostly audience...

A door had opened in my soul and the room that is my human awareness was filled to saturation with pity, sorrow and a profound regret at young lives cut short, some of life's best experiences never to be.

This was the price paid for our freedom...

Overwhelmed, I watched my "audience" file away and fade, but their thoughts lingered: "Remember us, but grieve no more", "Be happy", "This is our legacy to you."

Life, in all its sadness and glory, moves on, Enjoy! God Bless!

STRANGE HARVEST

by Stanley E. Higgs

Dip gently you scythe, good reaper,
O'er the fields of Calvados;
Tread softly Normandy's furrowed earth
From Epron to the coast,
For the harvest is not all the yield of the soil,
Nor the furrows the mark of the plough,
But the earth's rich red is the blood of the dead,
The dead who are sleeping now.

They came from the sea, like you and me,
But they beached on a steel-rimmed coast,
They carved their way through the Hun at bay,
And blasted the tyrant's boast
That no might could breach that wave-locked shore,
No Allied foot gain hold:
The sea would be red with the blood of the dead,
The dead who had been too bold.

On their left and right were Britain's men,
And from south of the Forty-nine
Came the western flank of the Allied ranks
Through mortar, shell and mine.
The wall was stormed, the beaches won,
As skies grew sullen and wild,
Till the strength of the mighty men of the sea
Seemed less than the strength of a child.
Three precious weeks they fought each yard
From their hand-dug holes in the clay,
Through the treacherous grain up the rising plain
To Malon and La Folie.

Who will forget the Falaise Gap?
Or Pincon west on the Orne?
But at Authie, and Gruchy, and Franquerville
Were these later victories born.

Great cities and countries have fallen now
To the hosts this vanguard led,
Let us not forget the debt we owe
To the oft unhonored dead.
I have seen the hell where a hundred fell
At Rots and Grey Le Vey,
Midst the reeking corn all mortar torn
From Gazelle to Carpiquet.
Les Ruissons is the resting place
Of men who cannot die.
Glengarrigans, Novas, Camerons,
Hussars and H.L.I.

They learned to fight midst the fetid stench
At Buron and Periers,
They pitted their youth 'gainst the war-learned craft
Of the Panzer Grenadiers.

So honor the men of the western plains,
Black Devils, Reginas too;
The Queens, North Shores and Chaudieres,
And Scots from the Western blue.
Victoria, Winnipeg, Ottawa
Sent sons for the treacherous trail
Who must feed the guns and the tanks and the men,
The men who dare not fail.

There were gunners and sappers from homes which range
From the East to the setting sun,
And many lie where the ripening rye
Danced to the devil's fun.

They do not ask a golden casque,
Or tower of graven stone,
But that men may live in a world set free
From guilt by their blood atoned.

Dip gently your scythe, good reaper now
O'er the fields of the hallowed dead,
For young men fought and young men died
Near the sea, where the earth is red.

Normandy, 1944

Au Revoir Margie And John

by Wendy Scott

Music, dance, and laughter; for Margie's fingers,
Music does not sleep.

Margaret Kehler and her long-suffering husband, John, have taken to the road – at least as far as Alberta. Why do I say, long-suffering? Because, as all her friends, neighbours and relatives know, Margie never stops.

I met Margie twenty years ago at a mothers' day tea. She was at the piano (of course) in the Seniors' Room at Riondel Community Centre; tea was served and she was playing old favourites. I joined in and she stopped! and declared, "You Sing!"

I'm not sure what happened next, but in the ensuing whirlwind, a choir evolved and Margie's fingers continued to fly. Then I discovered her voice – oh my, she sang tenor – an octave below the sound I'm accustomed to hear from a tenor of the male persuasion.

Margie is a Roman Catholic, but she was encouraged (successfully) to sing with her gathered choir in the Riondel Community Church – Protestant – just next door (and allowed to slip out quickly after the service for her RC Mass)

She danced, Margie did, and formed the group known as, The Trashy Ladies. The Ladies were in the lead at Riondel Days parades, and she brought them to every possible event on the Eastshore. They travelled to Creston, and Boswell, as well as Nelson, and of course, all significant Do's at Riondel Community Centre – especially Christmas!

Margie even took her Ladies to Las Vegas with success, laughter, and more songs and exuberant dance than that party town might have expected from a group of gals firmly fixed in the Seniors' slot. Her music and laughter will continue to dance in the whimsical winds of Alberta, and John will put up with all of it – why? Because, secretly, he enjoys it too.

Au revoir, dear friends, the echoes will bounce for a long time over and around that Rocky Mountain Trench.

Happy trails to you,

Until we meet again.

Happy trails to you

Keep smiling until then.

Who cares about the clouds when we're together?

Just sing a song, and bring the sunny weather.

Happy trails to you,

'Till we meet again.

-Dale Evans

We Have New Equipment!



COME IN TO THE GYM. Try out the new Crossover unit. We will soon have a heavy bag installed and more to come!

THE EAST SHORE FITNESS PLACE WELCOMES YOU
(located at the Crawford Bay School)

WE HAVE PUNCH CARDS! Buy a punch card for \$30 for 6 visits (doesn't expire) & your 7th visit is FREE!

PRICES: Drop in: \$5 Monthly: \$30

April & November 3 for 2 Specials: \$60

12-18 year olds: free 70+ Seniors: optional donation

Disabled/lower income: subsidized up to 50% off on request.

Mon-Sat, 8-10am AND Mon-Fri 6-8pm

Hours subject to change based upon volunteer support.

Check East Shore Fitness Place on Facebook or Instagram for up to date schedule changes and notices.

Email: eastshorefacilities@gmail.com

Need help getting back to your activities?

EAST SHORE PHYSIOTHERAPY

ANNA ROSE BScPT

**Health Centre, Crawford Bay
250-227-9155
eastshorephysio.com**



Whether your loved one has scattered ashes, was buried elsewhere or was 'beamed up', the **Memorial Wall in Gray Creek Cemetery** can mark their time here.

Visit the unique woodland cemetery on Oliver Road South and contact

Tom at lymbery@netidea.com for a handsome brass plaque.

SERVICES DIRECTORY

The Service Directory is a great way to have your business listed as a reference for those shopping for a particular professional service. Keep your phone number handy and your message clear.

AUTOMOTIVE/MARINE

EASTSHORE AUTOMOTIVE - Service & Repair 250-227-9370

NORTHSTAR CRESTON - 1-800-551-9351 Full service 8-bay shop featuring Certified Service lube,oil and filter starting at \$22.95 plus parts & eco fees. Full line of major tire brands, GM & AC Delco parts and batteries.

BUSINESS SERVICES

MUTUAL FIRE INSURANCE of B.C. Quotes on Homes, Mobiles, Farms & Tenants. Seniors discounts at 55. Home Protection; No Claim; New Home. ph/fax 250-428-7937, broker Virginia Harder.

CONSTRUCTION/CONTRACTORS/TRADES

GRAY CREEK MECHANICAL - Marine Repairs and Surveyor: Serving the Eastshore since 1994 15295 Oliver Rd. Gray Creek. 250-227-9285 - Jerry or Sharon

HULLAND AND LARSEN CONSTRUCTION - experienced residential construction & custom finish work. 250.551.2915 or 250.505.3570. (see ad in contractor section)

STEEL WHEELS - Septic systems planned & installed. We dig too, mini hoes for you. Dave/Donovan. 250.354.8498

THE GREEN MACHINE - Excavation, Landscaping, Installation of Waterlines. Ph.: 250.225.3485

TURLOCK ELECTRICAL CONTRACTING LTD. (See colour ad in this issue for more information.) 250-227-9688 or 250-551-4671

PERSONAL CARE/HEALTH

ALEXIS PHILLIPS, M.A., R.C.C. - Registered Clinical Counsellor specializing in complex trauma, relationship issues, grief & loss, anxiety & depression. Apptmnt/consultation, call 250-509-0368. Email: alexandralianephillips@gmail.com

BLANCHE TANNER - Breath Practitioner, (Family Constellation) Heart-Centred Therapy (Meditation), Healing Emotional, Physical & Sexual Abuse, Addictions, Relationships, Anxiety, Depression. 227-6877

COUNSELLING & SUPPORT SERVICES: Free and Confidential for children, adults and families. Services include: Adult Mental Health and Addictions; Child Youth Mental Health; & Family Support. Call 1-866-774-5324 (toll-free) or 250-353-7691. North Kootenay Lake Community Services Society.

EAST SHORE HOSPICE - Palliative care for anyone facing life threatening illness. Confidential support for individuals and their loved ones. Hospice can also provide grief and bereavement support. 250 227 9006 ext 29 - eastshore-hospice@gmail.com. Volunteers needed - volunteer training offered once a year. Please contact for more info

FIRST CONTACT EAST SHORE MIDWIFERY - Sylke Plaumann, registered midwife. 250-227-6846.

GERALDINE ALTER - MASSAGES & WELLNESS FOR WOMEN - European deep tissue, energetic reflexology, Breuss spine-vertebras massage, relaxing massage, hot and cold stone therapeutic massage, Reiki. I am a certified professional therapist in Europe, over 15 years practice, 250-227.9890.

KOOTENAY SOUND HEALING CENTRE on Riondel Road, offering sound healing treatments, gong meditations and Acutonics® classes. Theresa Lee, certified Acutonics® teacher and practitioner, 250-225-3518 kootenaysoundhealing.com

REGISTERED HERBAL THERAPIST, MASTER HERBALIST - Maya Skalinska, M.H., R.H.T. Iridology, Tongue & Pulse analysis, Nutritional consultations, individual herbal remedies, Flower Essence consultations & remedies. For appointments, please call 250-225-3493.

REGISTERED MASSAGE THERAPIST: Harreson Tanner - Over 30 years clinical experience. Treatment of Lumbo/Sacral Strain, Whip Lash, Frozen Shoulder, Migranes/Headaches, TMJ problems, & Stress. No doct refl req'd. 227-6877/cell: 505-6166.

SUSAN SNEAD - MASSAGE: Certificates/training in Ayurvedic massages, Reflexology, Polarity Therapy, Acutonics Practitioner Level 4, Fibonacci tuning fork alignment, Astrological Counselling. 250- 225-3520

RECREATION/TOURISM/WHAT'S ON

RIONDEL GOLF COURSE - Beautiful nine hole executive course. Power carts available. Tee times not required. For information : 250 225 3584

RIONDEL ARTISAN SHOPPE - The Circle of Friends is now open for the season. Seven Days a week during July & August. Hrs: 10am-4pm. Showcasing local artisans. (235 Fowler St.)

RESTAURANTS

CRAWFORD BAY HALL & COMMUNITY CORNER BUILDING - available for community events, wedding receptions, workshops etc. Non-smoking facilities. Call Kathy, 227-9205.

NEWKEY'S PLACE - Hwy 3A in Crawford Bay, licensed area. Open 10 am til close Monday to Sunday. Food Specials all day. 227-6911.

ROCKWOOD CAFÉ - Authentic Chinese food, and perfect burgers. Open Tues - Sun. Hwy 3A Gray Creek. 227-6840.

YARD/LANDSCAPING/SITE PREP

INTERFACE WILDFIRE PREVENTION: FireSmart Canada Consultant - Assessment and Mitigation of Wildfire Hazards - Brushing, Thinning, Limbing, Clearing - Burning Permits - Multi-Use Trail and Access Road Clearing/Maintenance. Farley Cursons - 250.505.6489/interface.strategies@gmail.com

TREE SERVICE, RESIDENTIAL - Fully insured Limbing, Pruning, Topping, Falling. Danger Tree Assessments, Free Estimates. Call James Linn at 250 225 3388

*Next Deadline:
November 22, 2017*

CLASSIFIED SECTION

BUSINESS

ANNOUNCEMENTS

Insurance Certification requires professional chimney installation – we are the Pro's – Gray Creek Store, 250.227.9315

BUSINESS SERVICES

Fax service, photocopies, (with no PST/GST) Tom Lymbery – Notary Public, 250- 227-9315, fax 227-9449, 250.227.9448 for Notary Public.

RENTALS/RL EST.

2 bdrm home for rent in Riondel. Furnished, waterfront, \$800/mo + utilities. Phone Anna at: 1-604-807-5022

NOTICES

Community Christmas Potluck: Calling community members to give a hand so we can keep this community event alive. If you enjoy this event then please get in touch and give us support. To find out how you can get involved call Lisa 250-777-2855 or check out our Facebookgroup "Community Christmas Potluck"

Bevy of Angels Christmas Craft Faire: Sunday, December 3 at the Crawford Bay Hall. Locally made artisan gifts, delicious lunch, raffles, kids crafts, beautiful people and more! 10am-4pm.

Winter is on the Way.



2 Things

before you go...

1. Talk to us about a travel insurance policy.
2. Don't forget your toothbrush.

Our Hours:

Tuesday - Friday 9 am - 5 pm
Closed from 1 - 2 pm
Saturday 8:30 - 12:30

Kootenay Insurance Services Ltd.

#16030 Hwy 3A, Crawford Bay
Phone: 227-9698

YOUR HALL IS AVAILABLE!

For community events, wedding receptions, workshops... you name it!
Booking: Kathy Donnison - 250.227.9205

CRAWFORD BAY HALL

Your community hall

A non-smoking facility

- Planning a wedding?
- Holding a meeting?

Consider renting the **BOSWELL HALL**

Booking/info: Rose at 250.223.8288

NOT YOUR AVERAGE VOLUNTEER GIG
Serving the East Shore.

Join us. Be a volunteer responder. | RIONDEL FIRE/RESCUE SERVICES
Call 250.551.1352

Creston Veterinary Clinic
Your Hometown Vet
1 (250) 428-9494

Mobile veterinary clinic available in Crawford Bay.

Please call Creston Veterinary Clinic to book appointment & for more details.

NEW LOCATION! We now have our clinics at the Crawford Bay Motel, Unit 6

Mobile Clinic Dates:
November 14 & December 12

BULLETIN BOARD

Community Notices, Thank You's, Not-For-Profit Announcements (all not related to business), Church Calendar & Meeting Places - free on the Bulletin Board.

CHILD HEALTH CLINIC, ADULT IMMUNIZATIONS, PUBLIC HEALTH NURSE

Will be at the East Shore Health Centre monthly.
For information, call Creston Health Unit at 250-428-3873.
EAST SHORE HEALTH CENTRE Call 227-9006
See calendar for doctor days - Doctor hours are from
9:30am to 4:30 pm. Please call 227-9006.
Interior Health Authority, Community Care Nursing
and Home Support Services - 250-352-1433.

PHYSICIAN COVERAGE FOR NOV 2017

**Note: Call to cancel if you can not make your
appointment. We always have a wait list for
patients needing to get an appointment.**

Nov 1, Weds: Dr Moulson
Nov 2, Thurs: Dr. Lee
Nov 7, Tues: Dr. Piver
Nov 8, Weds: NO DOCTOR
Nov 9, Thurs: Dr. Lee
Nov 14, Tues: Dr. Piver
Nov 15, Weds: Dr. Moulson
Nov 16, Thurs: Dr. Lee
Nov 21, Tues: NO DOCTOR
Nov 22, Weds: Dr. Moulson
Nov 23, Thurs: Dr. NO DOCTOR
Nov 28, Tues: Dr. Piver
Nov 29, Weds: Dr. Moulson
Nov 30, Thurs: Dr. Lee

**Please Note: Lab hours 7:30 - 10:30 am, Weds
Call to make appointments at 227-9006
on doctor days and Thursday morning.
Tues, Weds & Thurs (8:30 to 12:30)
Phone: 250-227-9006 Fax : 250-227-9017**

HEALTH PHONE NUMBERS

ES Health Centre: 227-9006
Drug & Alcohol: 353-7691
Child & Youth: 353-7691
Community Nursing: 352-1433
Public Health Dental Screening/Counseling: 428-
3876 Hospice: 227-9006
Baby Clinics: 428-3873
Mammography Screening: 354-6721
Physiotherapy: 227-9155
Massage Therapy: 227-6877
Mental Health Crisis line - 1-888-353-CARE (2273)

BOSWELL HALL HAPPENINGS

Yoga - Wednesdays, 9:30 - 11:00am. Contact is Meri-
lyn Arms 250-223-8058
Fitness - Mondays and Fridays 9 - 10am, Contact is
Darlene Knudson 250-223-8005
Carpet Bowling - Tuesday at 7pm. Contact is
Tom Sawyer - 250.431.8404
Book Club - Thursday, November 9 at 2pm. Con-
tact is Melody Farmer - 250.223.8443
Quilters Guild - Tuesday, November 21 at 1pm.
Contact is Linda Brown: 250.223.8607
Vinters - Sunday, November 19 at 2pm. Contact is
Alan Mader: 403.467.5720
BADEV - Monday, November 6 at 10am
Focus On Health - Monday, Nov 27 at 10:30am.
Contact is Margaret Crossley - 250.223.7445
Boswell Historical Society AGM - Friday,
Sept 8 at 3:30pm at Anselm Church

SPECIAL EVENTS

November 16 - Boswell Hall AGM. Potluck at 6pm
and meeting will begin at 7pm.
Nov 26 - Boswell Hall Christmas Trade and Craft Fair,
11am-3pm. A light lunch will be hosted by the Boswell
Fitness Group and a Bake table hosted by the yoga
group. The book club will be selling used books.

A WONDERFUL EVENING AND THANKS

A sincere thank you from Haemish to all the generous folk
who arranged for the world-class performer, Sarah Slean, to
bring her gift of music to the East Shore: Maggie and Gordon
at Tara Shanti for the use of their living room, Jai for her help,
support and keeping me fed, Lea, Gala, Terry and Todd for
handling the ticket sales and promo, Dave and Andrea for
moral support and advice, Miroslav for the use of his sound
equipment, Cassia for keeping the parking orderly, The CB
School for the loan of their chairs, Freya, Sola and Dema for
coat checking and making me laugh, and all the others who
made this concert the wonderful evening that it was.
Band Members: Drums: Ryan Granville-Martin (A BC boy),
Bass: Bret Higgins, Guitar: Andrew Aldridge, Tour Manager
and sound Ben Malone

Thank you, Haemish M.

COMMUNITY CHRISTMAS POTLUCK

Calling community members to give a hand so we can
keep this community event alive. If you enjoy this event
then please get in touch and give us support. To find out
how you can get involved call Lisa 250-777-2855 or check
out our Facebook group "Community Christmas Potluck"



The East Shore Mainstreet
KOOTENAY LAKE BC

The Mainstreet is a community-written monthly newspaper
that serves the communities of Wynnndel through Riondel and
Balfour. It's available at the following stores for retail:
Wynnndel Foods - Wynnndel, Destiny Bay Grocers - Boswell,
The Lakeview - Gray Creek, The Gray Creek Store - Gray Creek,
The Rockwood Cafe - Gray Creek, The Crawford Bay Store -
Crawford Bay, Riondel Market - Riondel, The Osprey 2000,
and Kootenay Gourmet in Balfour.

Contact: Ingrid Baetzel, Editor
Phone: 250.505.7697
Box 140, Crawford Bay, B.C. V0B 1E0
Email: mainstreet@eshore.ca
Web: www.eshore.ca

ADVERTISING RATES

\$35 - 3.25 wide X 1.75 tall (inches)
\$40 - 3.25w X 2.5t
\$45 - 3.25w X 3t
\$50 - 3.25w X 4t
\$55 - 3.25w X 4.5t OR 6.75w X 2.25t
\$65 - 3.25 X 6t OR 6.75w X 3t
\$85.00 - 3.25w X 9t OR 6.75w X 4.5t
\$100 - 3.25w X 10.25t
\$130 - (1/4 page) 5w X 7t
\$150 (1/3 page) - 6.75w X 7t
OR 3.25 w X 14.5t OR 10.25w X 4.5t
\$225 (1/2 page) - 10.25w X 7t
\$400 (full page) - 10.25w X 14t

Sample Sizes - more sizes available.
Column Width: 3.25 inches - double width: 6.75
inches - full width: 10.25 inches
Services Directory: \$5/month, up to 3 lines.
Classified Ads: \$5/first 30 words,
10c/word additional

****THESE RATES ARE FOR B/W ADS ONLY****
FOR FULL COLOUR, ADD 30%

Kootenay Lake Ferry Schedule

Winter: Sept 6/17-June 13/18

**Time Change Nov 5 - add one hour to
departure time for East Shore time.**

Vessel	Departs Balfour	Departs Koot. Bay
Osprey	6:30 am	7:10 am
Osprey	8:10 am	9:00 am
Osprey	9:50 am	10:40 am
Osprey	11:30 am	12:20 pm
Osprey	1:10 pm	2:00 pm
Osprey	2:50 pm	3:40 pm
Osprey	4:30 pm	5:20 pm
Osprey	6:10 pm	7:00 pm
Osprey	7:50 pm	8:40 pm
Osprey	9:40 pm	10:20 pm

CHURCH/MEETING CALENDAR

RIONDEL COMMUNITY CHURCH

November 2017 SCHEDULE

Nov 5: Ramona Dannhauer, 1pm
Music: Richard and Ramona
Nov 11: Remembrance Day Service, 10:30am, Riondel
Community Centre
Nov 12: No Service Today
Music: Deberah Shears
Nov 19: Catherine Rose, United Church, 11am
Music: Deberah Shears
Nov 26: Leon Rogers, Anglican, 1pm
Music: Deberah Shears

CHRIST CHURCH & EAST SHORE CONGREGATIONS

ST. ANSELM'S CHURCH BOSWELL (Anglican)
For information call Christ Church Creston 428-4248
**No services at the present time. Contact Christ
Church Creston for info - 250.428.4248**

HARRISON MEMORIAL COMM. CHURCH, ANGLICAN

Crawford Creek Rd., Crawford Bay Everyone Welcome!
**For info, please contact Deberah Shears at
250.225.3336 or Rev. Leon Rogers: 250.428.4248**

KOOTENAY LAKE COMMUNITY CHURCH

A Lighthouse on the East Shore

Come & join us Sundays at 10 am.
Coffee fellowship after the service.
Pastors Richard and Ramona Dannhauer
16190 Hwy 3A, Crawford Bay 250.227.9444

YASODHARA ASHRAM

Satsang (non-denominational, "in the company of the
wise"), each evening 7:30pm. Everyone welcome,
250.227.9224

MOST HOLY REDEEMER CATHOLIC CHURCH, RIONDEL

Fr. Sylvester Ibekwe Phone: 428-2300 Fax: 428-4811
Sun Mass at 2pm. 1st Sunday of month,
Fellowship Sunday.

THE CHURCH OF JESUS CHRIST OF LATTER DAY SAINTS

1520 Campbell Avenue, Riondel, B.C.
Meetings begin at 10 am, every Sunday.
Info call, 250-227-9522

CHRISTIAN SCIENCE CHURCH SERVICES

Held in the Anglican Church, 8151 Busk Rd, Balfour
Sundays, 9:30 am

Next Deadline:
Nov 22, 2017

MEETING PLACES

LIONS CLUB - meets at the Kootenay Lake Community
Church - 16190 Highway 3A, Crawford Bay.
Meeting Times: 7 pm.

Second and Fourth Tuesday of the Month
For More info call Lion Mike Jeffery - 250-227-6807 or Lion David
George at 250-227-9550 or Lion Jim at 250-227-9622.

TOPS - Take Off Pounds Sensibly: meets every Monday morning
at 8:30 am in the Kootenay Lake Community Church basement.
Call Myrna for more info: 227-9420

PARENT ADVISORY COMMITTEE

(PAC) Meetings held at 5:15 pm at the Crawford Bay School
Email cbess.pac@gmail.com for info or to add to the agenda.

Next PAC Meeting:
November 6th, CBESS Library

November 2017 Mainstreet 19

NOVEMBER 2017

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		EVERY TUES: Tara Shanti Yoga, 9:30-11am	EVERY WEDS: 1 Volleyball, CB School, 7pm Yoga @ Bos Hall, 9:30-11 Ashram Hatha, 6-7:30 Ashram Dreams, 7:45 Rio Seniorr Bridge Dr. Moulson	EVERY THURS: 2 Tara Shanti Yoga, 9:30-11am Dr. Lee	3 Rio Seniors Whist	4 Full Moon
5	6	7	8	9	10	11
Bugs on the Menus, Cabin, 5:30	Xmas Hamper deadline	Lions Mtng, 7 pm Dr. Piver	EAP Open House, Creston NO DOCTOR	Dr. Lee		Remembrance Day
12	13	14	15	16	17	18
		Creston Vet Clinic Healing the Columbia, Ashram, 3pm Lions Mtng, 7 pm Dr. Piver	Rio Seniorr Bridge Dr. Moulson	Dr. Lee		Celebration of Words, Dutch Harbour, 2pm Better to Give, Newkeys Creston Xmas Fair/Market
19	20	21	22	23	24	25
		Riondel Seniors Potluck Hall and Parks AGM, 7:30 NO DOCTOR	Dr. Moulson	NO DOCTOR		
26	27	28	29	30	DEC 1	DEC 2
Starybelly Jam AGM, GC Hall, 2pm		Lions Mtng, 7 pm Dr. Piver	Dr. Moulson	Hansel and Gretel, PCSS Creston Community Connections AGM, Tara Shanti, 7pm Dr. Lee	Hansel and Gretel, PCSS Creston	Hansel and Gretel, PCSS Creston

Nelson & District
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THE HISTORIC
GRAY CREEK STORE
EST. 1913

250-227-9315
graycreekstore.com

Mon-Sat 9-5:30 & Sun 10-5

BEAT THE CHILL!!!

- Wool Pants Have Arrived!
- Econo Heat Ceramic Wall Heaters - use only 400 watts of electricity!
- Great Selection of Small Space Heaters!
- Wood Stove Deals Still to be Had!

PLUS: WETT inspections & Free In Home Consults

the MARKET

- *Groceries *Deli Meats/Cheeses
- *Fresh Meat & Produce *Liquor agency
- *Natural foods *Fishing tackle *Gas

OPEN:
Mon-Sat: 9-6:30 & Sun: 10-5

Bottle Depot: Sundays, 10-3

Check out the many delectable cakes, pies and desserts in our freezer. Yum!

Don't forget about our weekly specials!

Phone: (250) 227-9322
Fax: (250) 227-9417
Email: cbstorebc@gmail.com

Transfer Station Hours

CR. BAY: Sun, Tues & Thurs, 9am-3pm
BOSWELL: Weds/Sat 11-3

Bottle Depot at CB Market, Sunday/Thursday, 10am-3pm

East Shore Reading Centre:
Tues & Sat: 12-3 Thurs: 7-9 pm

Riondel Library:
Mon: 2-4 pm, Weds: 6-8 pm
Tues, Thurs, Sat: 10am-12:30pm