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# The East Shore Mainstreet

## KOOTENAY LAKE BC

~Locally-owned, community-supported independent news serving the East Shore of Kootenay Lake~



The pond at the Crawford Creek Regional Park on an early October morning. Please see Garry Jackman's RDCK report (as well as in the letters section and page 12) for more about our park and plans for developing road access as well as the need to develop a site management plan for the park area.

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## Mainstreet Meanderings

by Editor Ingrid Baetzel

### Mom's Story Part 1

(Journal of a Journey)

**M**y mom (Doreen Zaiss) was diagnosed with gastric/oesophageal cancer in January 2019. She died on March 16, 2020. Her cancer story lasted for just over 14 months. It was a beautiful time, and I'm grateful for my role within that time and the closeness it provided to me in my relationship with her. I went with her everywhere - I took her everywhere. Nearly every doctor's appointment, every consult, every hospital emergency. I wasn't alone with it, especially since I always had her. A few friends helped on occasion when I was otherwise engaged, but I would estimate approximate at least 50-75 trips to Nelson for chemo, emergencies and other appointments and a few trips to Kelowna for appointments and radiation. We drove a lot and it was good.

Chemotherapy started in mid-March of 2019. It was a learning curve, and I'm glad I was there. I can't believe how much more I know about cancer, cancer treatments, the medical system, and medical health in general than I did before. Chemotherapy was done at the infusion lab in the Nelson Hospital. That unit has some of the most wonderful nurses I've ever met. They were brisk, knowledgeable, absolutely, unapologetically kind and also no bullshit. They were welcoming and clear to visitors and support people. They quickly understood that I was there as more than a driver and medical/emotional support.

Mom's slow slip towards dementia had already begun (maybe even up to several years before this

time) and she got confused easily. Because she was so strong and so in control - so very Doreen - people didn't see it. I spent so much time over the past year or two convincing people that she was worse than she appeared. I didn't do that because I needed to be right, or to cut her down. It hurt each time I had to tell the story of this big, beautiful brain - this charming, flash-eyed and bright-smiled woman who seemed to be on top of it all. I did it because I had to manage her health and she was occasionally gave people misinformation, and she would say she understood things she didn't, and she was a powerful, powerful force. Even in the month or two before her dying I had to strongly express to a mutual friend of ours that him telling her that he didn't see any issues with her memory and didn't think it was real went against so much of the work we'd done together as a team. Because, since she actually was in a state of dementia (early-ish though it may have been) that state allowed her to nearly believe him and question everything else.

I think there were times when she thought I was conspiring against her. That and the knowledge that I had to keep reminding her about why I was there and why I was managing her health, drove occasional small wedges between us. We always found our way over them, and having medical authorities see the things she did that were dangerous or see her obvious confusion when they asked her questions certainly helped her to see how important it was to always have another set of ears and eyes along with her. The number of times that she deferred to me or asked me to answer questions became staggering over time.

I quite literally had to take actions to keep mom from accidentally killing herself a couple of times - taking the wrong medications, cutting off her J-tube, pulling apart her PICC line and leaving her heart cavity open to bacterial infection... oh so many little scary blunders. It was the height of our role reversal. Her brain deterioration and inadvertent endangerment of herself, me having to take things away from her, control things, correct her (as kindly as I could), go behind

her back to talk with nurses so that they could help me get her to understand. It was, easily, the worst thing about her illness. Cancer was just a thing. It was a reality and something she could get her head around. It was going to take her body from her. But, her mind... her mind... that steel trap of a mind. That was the scary part for both of us. It broke us down many times. It also gave us more laughter than should have been reasonable given the situation. Gallows humour finds its way in so often in this kind of circumstance, and it sure did with us. *(Continued in future editions...)*



## OFFICE DESK

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The East Shore Mainstreet is a monthly publication for the benefit of residents of the East Shore of Kootenay Lake, written by community volunteers.

Send in December 2020 issue items by:

**Next Deadline: Nov 25, 2020**

## LETTERS TO THE EDITOR

### FORMULATE A FUNDRAISER PLAN

Dear Editor,

We are sad to say that the Better to Give Than Receive fundraiser at Newkey's is not going to be possible this year, due to extenuating circumstances. We are trying to be creative and would love to get other points of view as to how we can still raise the money for the East Shore Food Hampers. This has been a huge fundraiser for this area (\$19,000 raised last year!) and we'd love to hear from others to formulate a plan. Please contact us at Newkeys (250.227.6911) if you have any thoughts or ideas.

Thank you,

Pam Newcomen, Newkey's Pub, Crawford Bay

WE can save the earth. Our power is in our consumerism.

Please join the challenge for the month of November 2020. You don't need to give meaningless junk for Xmas presents.

Let's do it and see the positive change we can make. We have the power over these corporations if we refuse to give them our money. ONE month! Big whoop... you can do this. Let's be proud of our unity making conscious efforts to save our environment, animals and humanity. Live life without the shame of being a hypocrite. I am tired of being one.

Carol Vanr, Crawford Bay

### PRESERVE AND REDUCE IMPACT

Dear Editor,

I am writing to express my concern for the damage to the natural beauty that a new road to Crawford Bay Beach may cause. If the idea is to put the new road on the most stable ground, then directly down the airstrip would be the obvious place. I understand the reasons for not wanting to fix the old road after the flooding this year, and deeply empathize with people for their reasons for wanting to be able to drive down to the beach.

Living and working in the area I interacted with a large amount of tourists this year. Many of them first grimaced at the idea of having to walk to the beach in Crawford Bay. Running into the vast majority of them after, I experienced their child-like joy first hand at having such a wonderful time, a time they would have missed if they had driven down to the beach.

As we all know there have been some changes in the world the past 8 months and I could not help thinking of a comparison with the scores of people that have been forced to change their habits due to COVID-19. Changes that are now being embraced and accepted as better for others, the planet and the vast ecosystem which we call home. I feel that if a new road was built down the airstrip it would encroach too much and spoil

the natural beauty. The old road that hugged the tree line did not interfere with the wide open space. I feel we have to preserve wetlands such as these and keep our impact on them to an absolute minimum, protecting them so future generations can enjoy them.

Maybe it's not such a bad thing the road washed out, nature does have a powerful voice and maybe it's not so bad that now we are forced to change our habits and walk down to Crawford Bay Beach.

Mark Wolstencroft (Crawford Bay)

### THANKSGIVING SURPRISE

Dear Editor:

Willing youth, organized by Vienna Doenni, with help from Rebecca Fuzzen and Susan Dill, came out in pouring rain and blustering wind, to do chores for the seniors in our communities. I saw them early in the day raking boulevards and tidying yards. Then, what a surprise! My doorbell announced the arrival of a wonderful turkey dinner and the promise of yet more to come - on a better day.

How does this happen? Columbia Basin Trust and our Regional District of Central Kootenay chipped in to cover some of the costs of advertising, tools and gear, the rest of the event was organized by Vienna Doenni of the East Shore Youth Network, with the help of those ten very wet youth. Lunches and snacks were provided by Darren from the Cabin Restaurant and an early evening meal prepared by Megan at Ladybug was enjoyed by all participants.

Helping Hands Day happens through Community Connections (South Kootenay Lake Community Services Society) in partnership with East Shore Better at Home and East Shore Hospice Societies. This year Rebecca Fuzzen and Susan Dill spearheaded the event and it was a delightful success. Many, many thanks to everyone involved. It was a wonderful surprise and much enjoyed.

Wendy Scott, Riondel

### TIRED OF BEING A HYPOCRITE? I AM.

Dear Editor:

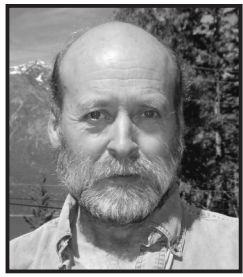
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## RDCK Area "A" Update

by Garry Jackman, Regional Director

### Community Volunteers

As I indicated last month, I want to thank the community volunteers who donate their time, skills and energy to assist with the delivery of many regional district services as well as supporting the numerous community driven organizations.

Some of the RDCK committee and commission volunteer appointments will expire as of this December 31st, while other commissions or committees did not have a full compliment of volunteers for the past year. New volunteers would be welcomed for the Riondel Commission of Management, Rec 9, the Economic Development Commission and of course the fire and rescue services. Please contact me if you want information on these positions.

### Parks

New funding opportunities are on the horizon for projects which support recreation, economic stability and social wellbeing. As reported last month, our regional parks staff reviewed options and prepared a tender package for creating a more accessible, physically stable route into the Crawford Creek parklands while minimizing impacts on the conservation areas. We have a local bid for this work which is within the proposed budget and the road base work is set to begin this month. Staff have also prepared an expanded concept to include planting trees to restore habitat, some fencing to remind those who like to drive off road

that a regional park is not the appropriate location, restrooms and other minor amenities. We are seeking 100% grant funding for this work. We are also still working on receiving some provincial emergency recovery funds to compensate for the loss of public infrastructure (the old driveway) due to flooding so we can apply these funds to the base construction for the new access route.

As the east shore community we still need to move ahead with the public process for developing a site management plan for the Crawford Creek property and then expand the exercise to address lake access at several other locations within Area A. Staff is preparing a more detailed information package for the Crawford Creek site. I can forward reports received to date (or links to the larger reports/studies) on request.

### Working at the provincial level

Each fall local governments from across BC gather to discuss issues of common interest plus meet with cabinet Ministers and senior provincial staff. Key areas of interest have been water (both concerns about watershed protection and the requirements for treating drinking water), forestry (again often around watershed protection but also focusing on wildfire risk reduction), waste management (recycling in particular) and various other items across the regional district.

The meetings this year were truncated in part due to COVID and then due to the election. Now there will be an active provincial government in place again I am waiting with interest to see who the Ministers of Environment and Forests/Lands will be so we can resume our more critical discussions. On the environment side, I noted last month that the province announced a number of proposals around recycling and waste reduction just prior to the election.

Our staff and Board have been working over the past year to prepare a comprehensive update to our

Resource Recovery Plan (how we manage recycling, organics diversion and residual waste going to landfills) for submission to the Minister of Environment for approval. This document will set out a five year capital plan which will seek authority for borrowing for major works along with a ten year projection of service changes. The emphasis is on diversion to extend landfill lifespan and minimize greenhouse gas production.

### Dog control

This year, perhaps more than during a typical summer, I received several calls about animal control, in particular dogs who were viewed as threatening to people and other animals. You may recall me writing about this in the past. In response, I have asked our staff to look at models for animal control and provide a service case analysis for a shared service with Area A, B and C all participating to cover the base costs.

Some areas, like higher population towns and cities, implement animal patrols which can generate considerable revenues through fines and impound charges when owners take a number of days to retrieve their animal. This model is not effective in very rural areas as there are too many roads to patrol and far too many places for a dog to hide when an animal control officer tries to corner an animal. What can work is a service to respond to specific complaints at specific addresses where a bylaw or peace officer can contact the property owner and begin a conversation about the reported animal behavior. The RCMP have been contacted by many complainants this past summer as well and their officers have stated they would be in a better position to respond to vicious dog complaints if the RDCK had an animal control bylaw in place for the area.

There are fixed or base costs, such as establishing an approved lockup for impounded animals, as well as gear for managing and transporting animals. In some electoral areas such contracts to provide part time service can also be augmented by patrols of higher population areas, but I do not see that as being viable for us. I will let you know what recommendations come out of the service case analysis.

If you have questions or comments on any topic please drop a note to [gjackman@rdck.bc.ca](mailto:gjackman@rdck.bc.ca) or call me at 250-223-8463.

## LETTERS TO THE EDITOR

### REMEMBERING GREG

Dear Editor:

Just a few words to remember our friend Greg Garbula who passed at the end of August.

My sincere condolences to Victoria and the Garbula family. The speed and suddenness of his passing were a shock to us all and made us feel our own mortality. Life ain't fair and tomorrow is promised to no one.

In contemplating buying Kokanee Chalets and moving to Crawford Bay many years ago, I had conversations with Greg, who was then the golf course manager. After giving me advice on several issues, he finally said, "Look Paul, you just gotta get here and things will sort themselves out."

Upon arrival here I was pursuing my hobby of stand up comedy. In the old Tom Latta days I would stand on the deck at the golf course and tell horrible off colour jokes, much to the disgust of Victoria and many others. Of course Greg and Sam thought this was hilarious.

In the late '00's Greg and I took turns chairing the Kootenay Lake Chamber of Commerce. His marketing skills and knowledge of the area were a boon to commerce here.

One thing Greg could do is rant. When wound up, he could go up and down an issue or a person like no other. I wish I had kept this one email he sent out about the Crawford Bay beach and how he would try and clean up and mow the grass there and people would yell at him for making noise. Classic Greg.

In recent years Greg used his knowledge and love for the East Shore to purvey a prosperous real estate business. In making a real estate transaction with him a few years ago, Greg called me to say the conveyancing lawyer had made a mistake and I was owed a refund of several hundred dollars. I was amazed he had reviewed the transaction, something I had never seen any other agent do.

For many years, summer and winter, I would look out my window and see Greg and Rosco marching down my driveway. Some days he would stop and we would talk about whatever events of the day, other times a smile and wave and they would carry on.

I look out the window now and of course he's not there, but his memory will always be. Godspeed my friend.

Paul Hindson, Crawford Bay

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## Hidden Taxes

by David George

### Do we have a BC government yet? OR: The election that ain't over until it's over.

Today there is no government in our province. More than one hundred times as many voters chose to mail their ballots this time; more than 500,000 did so, versus around 6,500 in 2017.

Counting of those ballots will not even begin until November 6, 13 days after election day. Final results of the election are supposed to be released on November 16. Will they be?

Who will form the new government? CBC and CTV were all hot to declare an NDP majority government on election night, and if only there were not that huge number of mailed-in ballots, they would have been right.

By my count where the election night totals in a riding seemed to indicate a winner by only around 1,200 votes or less, there are 20 of the 87 ridings where the apparent winner could be reversed.

This includes our own Nelson-Creston riding, where Green candidate Nicole Charlwood trails NDP candidate Brittny Anderson by 953 votes.

On election night and counting advance polls, our riding had only 13,490 votes cast. In 2017, 18,215 voted. Therefore, there may be more than 4,700 mailed-in ballots still to be counted after November 6th, three or four days after this edition of *Mainstreet* hits the stands.

**What is going on in the rest of Canada and the world?** Lockdowns in Quebec, Ontario and surpris-

ingly in Winnipeg are still in the news.

Brazil has taken second place in the grim statistics of total deaths so far, with more than 150,000. It is behind, as one might have guessed, the United States, which has suffered well over 225,000 dead.

The US election happened around the time this *Mainstreet* became available, and heaven only knows what will happen next in that country. Some unions are calling for a general strike if the 45th president does not leave the White House in January.

What news is there in the rest of the world? I will try to give an encouraging example near the end of this column, but for the most part, the news is not good.

The European Union has told Britain that if there is no deal by next January 1, the Brexit will include no trade deals at all.

The United Nations is proving to be almost as much of a farce as Woodrow Wilson's League of Nations was 100 years ago. Why would any sensible group elect two countries with horrible human rights records to the United Nations Human Rights Council? The two are Russia and China. Russia has become a dangerous kleptocracy in which the rich are the only ones with any real rights.

This April 1 (no fooling), China joined the United Nations Human Rights Council, and it has just been elected to a three year position. If you were in any doubt about China and human rights, just look at what it has been doing to Tibet or the Uighurs. Tibet is almost a lost cause, but the Uighurs are undergoing genocide at the hands of the Chinese government. More than one million of these 12 million people who traditionally live in north-west China have been rounded up and put in concentration camps, which China has called re-education camps in an Orwellian fit of double-speak.

Uighur women are offered free housing and many other bonuses if they marry a Han Chinese husband. Of course most Uighurs are Muslims, which annoys China, a country that has declared itself free of any

attachment to ancestors or any religion except that of atheism.

Is China a country which deserves a place in the UN Human Rights Council? I think not. Neither Canada nor the USA have been involved in the UNHRC recently. Perhaps it is time for us in Canada to speak out against that organisation's inclusion of Russia and China.

**And now for some good news.**

Electric car sales in Europe have smashed through even the most optimistic forecasts by experts. One in 10 new cars sold in 2020 will be electric or hybrid, triple last year's sales. New forecasts suggest that it will be one in seven in 2021, as manufacturers scramble to comply with tighter emissions standards. Smart regulation + great technology. It really can be that simple. *Ars Technica* (copied from *Future Crunch*).

Want an all-electric car in Canada? Nissan Leaf sells for around \$42,000, and Tesla 3 starts at \$52,000, with a longer range version for about \$63,000.



**"The way to get started is to quit talking and begin doing." - Walt Disney**

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## Crawford Bay Hall UPDATE

Submitted by Susan Hulland  
Crawford Bay Hall Board Director

We have great news! When the hall's water system was destroyed by spring flooding on Crawford Creek we asked for help from the Nelson & District Credit Union. They responded and we now have running water in our hall again! We were informed about this in an email from Tom Atkins, Senior Manager/Member Experience at the Credit Union who said: "

With participation from our Community Initiatives Program (CIP) Committee and Board of Directors, NDCU is prepared to support the Hall with a contribution of \$14,500. This is the most significant CIP contribution in five years." Hall board director Leona Keraiff commented, "Losing the water system created an emergency that threatened the long term viability of the Crawford Bay Hall and we are incredibly grateful for this help."

Now the hall has water, we could soon be able to accommodate rentals that involve small numbers of people that agree to book their events well in advance and submit their Covid-19 Safety Protocols' plans to us for prior approval. Watch for information on our Facebook page @crawfordbayhall.

Thankfully, our Community Hall Renovation Fund continues to grow. An amazing gift of \$1,500 from the Kootenay Lake Lions Club, as well as donations from the Castlegar Keraiffs and an anonymous donor have increased our total community donations to \$9,730. With the addition of grants and savings accumulated by our association, we are now only \$5,633 away from our Phase 2 Goal edging closer to getting the required professionals into our building to start their work. After this is done we are set up for Phase 3 - the actual work!

We now have the completed Heritage Assessment of the 1938 hall in our hands. This 40-page document was funded by a Heritage BC grant. Information included in it will be critical as we move forward with preserving and restoring the building. Some excerpts from the document along with some really cool photos will soon be on our Facebook page.

The Crawford Bay & District Hall and Parks Association's annual general meeting has been postponed due to Covid-19 restrictions and will be rescheduled in the spring of 2021 when meeting in the park pavilion might be the safest option.

As always, we have several people to acknowledge for volunteer service to our Association. Thanks to our past president John Edwards and to his wife Joan Huiberts for 'putting our park to bed for the winter', to Will Hulland and Peter Larsen for the emergency repair on the hall roof, and to Dave Hough for his hours of volunteer work mon-

itoring and flushing the new water system at the hall.

*Photo Caption: A Socially Distanced Celebration! Crawford Bay & District Hall & Parks Association directions are thrilled by the Nelson & District Credit Union's gift of \$14,500 to cover the costs of establishing a new, better and more economically sustainable water supply for our hall. (left to right) president, Gina Medhurst; vice-president, Susan Hulland; director Nicole Schreiber with daughter, Sylvie; and director, Leona Keraiff. (photo D. Hough)*





**Hacker's Desk**  
by Gef Tremblay

**How to Survive a Revolution... for Billionaires**

The revolution is coming! It is not a question of if, but when. Historians will tell you, with beautiful graphs, when the minority of people has the majority of wealth, then the majority chop the heads off the minority, or revolution happens some other way. This time it probably won't be a head chopping contest, but the revolution will be digital - all bank accounts and digital assets deleted. If you are way over 0, then it will hit hard, if you are way under zero, well then that might be a blessing.

So how to survive the revolution as a billionaires? With islands, houses, cars, private jets, etc, you have to consider that you will lose all of these material possessions. If your assets are in another country, and you only have a digital proof of owning them (because someone crashed the system) then it will become all up for grabs. But who cares? You still have your head so you should feel lucky!

So it's important for you billionaires to prepare for this, and I feel generous enough to share with you, for free, the ultimate plan to survive the revolution.

First there is no way you can just cash out your billions of dollars and after the revolution make new money, so no luck there. Maybe you think you can buy a huge stack of gold and sit on it. Well, this is probably the best way to get your head chopped early on while

the revolution is happening. Maybe you think you'll hire a whole militia to protect you and your gold - but just think for a second - who'd be the first person to lose their head in that scenario?

You have to be strategic about this whole plan and you have to start as soon as possible. The first step is to acquire as much land as you can, but don't spend all your cash on this. Remember, though, that even if you buy land, there will be no one to help you to claim this land after the fact. In order to secure your land-owning title, you'll have to bring people to live on this land. Now you might think - genius! You bring all these people to live on your land and charge them huge rent and lease rates so you get even more rich! Wrong again. You buy a lot of land and bring all these people to live for free. Not only that, you will have to invest in these people, make sure they have a place to live and get them to work on making this community self-sustaining.

When the revolution hits, we won't know how the power grid will be sustained or the food delivery will work. So, you have to implement these two systems, get the people on your land to work on creating an off-grid system and a community who can grow their own food.

You might think I am tricking you out of your money as these communities might survive after the revolution but what about you? Well you have to make sure that everyone knows that you are the one who created these communities. You have to publicly finance these communities for the greater good, put some photos of you here and there, maybe even create a local currency with your face on it. I'm sure having your face on currency makes you grin. Having many communities that are self-sustaining, both with their own energy source and food sources, who know who created them and helped them get to that level of sustainability, you will be rewarded many fold and you will have a safe place to live once the revolution hits.

You might well be thinking to yourself, this sounds all good, but what if this revolution never happens? Well I've got you covered, because the last step in surviving the revolution would be to secretly finance this revolution, as you would be fast tracking something that is bound to happen! As soon as you have your self-sustaining community ready, make sure to invest in underground hackers who'll help tear down the system.

Now that you realize that this is the best idea ever, you probably wonder where to start? Fear not, there is a small community around a huge source of potable water, in a remote region of Canada which would be the perfect community to start this project. They are also quite aware of the need for sustainability and would be quite resilient if not in tune to a revolution. You would be surprised how far a mere 20 billion would go towards creating and supporting a self-sustaining community which will be happy to welcome you (and hide you if the need arises) after the revolution. Come for a visit anytime, it is on the east shore of Kootenay Lake.

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**Crawford Bay Hall Memories & Musings**

by Leona Keraiff

I would like to introduce you to two gals who have spent most of their lives here in Crawford Bay: mother and daughter, Theresia (Teresa) Fruhling and Roswitha (Rosie) Strom. We recently had a wonderful speaker phone chat where happily no masks were necessary.

When I brought up our famously popular Fall Fairs much laughing ensued. It turns out that Rosie's first Fall Fair in 1962 surprised her as she didn't expect to see chickens, cows and other livestock on her walk from the school to the Fair. At this point Teresa commented that she was only on the Fall Fair Committee one time because a particular secretary really coveted the donated prizes. This resulted in Rosie's one time win at the Fair (for her hand sewn Barbie Doll skating outfit which included skates) being a fishing reel (no rod attached) and Teresa's expected fine china tea cup and saucer prize for her cosmos blooms was instead \$2. Rosie's late husband, Einar, also entered the Fair winning first place for his very own churned butter.

I was reminded by these two that the Tea at the Fair was a huge part of the festivities. Imagine the present day hall kitchen and bathrooms reversed within the building. That tiny kitchen was also the route through which traffic flowed from the main Hhall to the small hall where the tea took place. "It was chaos," Rosie said, describing how she tried to help serve baked goods and tea in the middle of wandering visitors. She guesses it was during the mid-eighties when Rosanne Ballard spearheaded the present kitchen/bathroom configuration and refinishing of the hall floor.

Rosie recalls: "I remember Grade 7 P.E class in the hall learning the Hawaiian Hula Dance, Guide and Ranger meetings before going to Mrs.Haverstock's

(now Sussums' place on Jacobson Road), school daytime 'sock hops' with a record player, the 'Enfield Rifle' in the gun cabinet, Christmas dinners, my bridal shower, New Year's dances where the recorded music got so loud we woke up with a hangover although we only drank pop." Teresa added that her husband Joe loved to dance but "we had to stop going because the music got so loud when they turned up the record player".

Rosie went on to say, "The Women's Institute folded so the Christmas Tree Committee began. We would raise money for the childrens' gifts by doing a pancake breakfast in the park for the Kokanee Karnival. The gifts were ordered from Sears. The Kokanee Karnival also held yearly dances in the hall".

Rosie remembers first joining the hall board with Einar during a time when the hall "was in dire straits financially because of a big oil bill they couldn't pay." The Bakers and Ron Turner also joined then. We started Bingo nights with Joe Baker calling to raise that money as well as other fundraisers. Also, we ALL donated \$100 to help. Later, we all got our money back AND there was money to put away for the future." Rosie also volunteered a second time...

Teresa made me laugh when she recalled the following story:

"Mrs. Dobie retired from cleaning the hall when Roswitha was on the board, so who did she ask to help? Her mother, me! I cleaned for one winter only, then back to working for Imasco." She went on to say, "Mrs. Dobie was annoyed with me because when Dieter Dohman wanted to train his two dogs (Dobermans) in the hall, I let him have the key. Mrs. Dobie said 'I never let that key out of my hand!' Running through my head was: 'They let dogs on that wooden floor!'"

Lastly and most endearingly, Rosie and Einar

Strom's wedding reception and dance for 75 guests was held in our community hall July 15,1972. Anne (Jameson) Schweitzer was bridesmaid and toasted the newly married couple. Neil McEachern was best man. Ali Linkowski prepared their celebratory dinner in the hall kitchen. A live band from Nelson entertained the crowd, especially with their performance of "Help Me Make it Through The Night" to which Einar and Rosie danced their first dance. The two of them chuckled for the next 45 years every time they heard that song!

**Who is your Community Hero?**  
a Mainstreet Feature

*Who have you seen doing great things? Who gives back to their community with a full heart? Who deserves a nod? Send the name of the person you'd like to recognize and a brief description of why you think they hold the esteemed title of... Community Hero!*

**Garry Jackman** for working so hard on our behalf. Glad to hear you get to Zoom from home and drive less.  
-Laverne Booth

**David Kale** for lovely work on my house, and for your trail building and more! in the past.  
-Laverne Booth

**Catherine White** for swinging right into action since she moved here 4 years ago, and now makes such a difference in several organizations.  
-Laverne Booth

# Riondel Fire and Rescue Blotter

by Fire Chief Cory Medhurst

The end of October brought winter on both suddenly, and with a bit of an attitude. A little too early for my preference but it could be worse, so for that I am grateful. The fall months have seen a reduced number of calls, two to be precise. This is great considering we had our first snow fall followed by icy roads with no known motor vehicle incidents. A reminder to all that from October 1 to March 31, winter tires (the ones with the snowflake) or tire chains are mandatory on most BC highways; most being all the highways in our area. Also make sure they are in good condition with no visible bulges, cracks, or defects and have at least 3.5mm (about 1/8") of tread. Pay attention to road conditions, slow down and give yourself ample time for travel, and be courteous to others.

**Our calls to date are as follows:**

**September 29** – In the early evening of the 29th, a Riondel resident was walking their dog through town when they noticed what appeared to be an unattended yard fire, burning suspiciously out of control.

When the walker noticed there was no one home at the residence, they called the fire department cell phone (250-551-1352) and asked if we could investigate. As a result, we generated a 911 call through our dispatch and had two members respond. The first member on scene determined that the fire was indeed out of control, unattended and dangerously close to the house. An attempt to extinguish the fire with the garden hose on scene failed, and so the member retrieved our Wildland truck and was able to completely extinguish and overhaul the fire before the other member had arrived

on scene. Please don't leave fires unattended at any time when near structures or in town and always triple check to confirm that your garden burn pile is fully extinguished. This fire had reignited from the previous day without the homeowner's knowledge.

**October 7** - A medical FR call came in during the afternoon of this day. This call saw four members respond to a person in medical distress "somewhere on Highway 3A and Kootenay Lake... believed to be in Gray Creek." Two members responded in our Wildland truck to find the scene while one member was responding from Creston (returning from a day in town), and one member stayed on stand-by.

Once the vehicle was located, the seriousness of the patient's condition made for a quick "load and go", meaning all team members, including the paramedics, worked hard and fast to move the patient from their vehicle to the ambulance and then off to the hospital. This event was urgent enough to see one of our members join the paramedics in the ambulance for the transport to Creston, to help if needed. It is not often do we hear the results of our calls, but this person took the time to write a letter to all paramedics, firefighters, and bystanders thanking them for their assistance in what he said was a serious MI (myocardial infarction, which is fancy terms for a heart attack). The patient and his wife were returning home to Cranbrook from a trip when he suddenly fell ill, with indications of heart issues. Crews were quick to find the couple with limited information, and able to make that difference. Excellent work team.

**Back on the nasty winter topic again**, we would like to remind everyone to please keep your driveways accessible to emergency vehicles this season. If possible, shovel access walkways and paths so we can get in and out to help you; use some ice remover for icy patches; and if you recognize a senior member of our

community, or anyone in need of help with shoveling, please consider lending a hand. Not everyone is comfortable with asking for help and may really need it.

Remember to use proper footwear for the season like winter boots with good tread and consider using a 4x4 add on such as boot cleats or a cane/walking stick cleat when enjoying the brisk, sunny days.

One last thing, if you haven't yet, please have your chimneys cleaned and make sure all heating sources are far enough from flammable materials. Stay warm folks, it's gonna get cold.

**Next Deadline:  
Nov 25, 2020  
www.eshore.ca**



16102 HWY 3A, CRAWFORD BAY  
250.227.9160  
INFO@HUBEATERY.CA HUBEATERY.CA  
**HOURS: THURS-SUN, 12 NOON - 11PM.**

## New Business Introduction The Hub Pub & Eatery

a Mainstreet introduction

**The Hub Pub & Eatery in Crawford Bay opened its doors to the public last month after being closed for several years. The new owners Trish Toole and Peter Cullinane have worked tirelessly to renovate the space and bring a new, tasty and classy pub experience to the East Shore. Trish is the face and force behind the new Hub. Her partner Peter heads Akokli Construction Ltd. and Peter and his crew were central to the renovation. The pub space itself has new seating, tables, lighting, artwork, fresh paint, and a great vibe. Photos of local artisan work is framed on the walls, bringing a synchronicity to the business and its surroundings and welcoming visitors with colour and craft.**

**The team that Trish has assembled includes an amazing crew of front end servers and bartenders, a stellar kitchen crew, and talented chef, who designed the menu and created some of the pub's tastiest dishes. The skill of the team allows Trish to do what she does best – connect and serve customers with a calm and kind grace, gather feedback and information, and lead the ropes of this new, exciting venture.**

**Mainstreet visited with Trish to get a bit of background and introduce the community to the new Hub Pub & Eatery.**

**How long have you been on the East Shore?**

Peter and I purchased property in Destiny Bay in 2013 and moved to the East Shore full time in early 2017 from Vancouver. Peter's brother introduced me to the area and, frankly, I fell in love with it.

**After you discovered the place, what made you decide to start this business?**

I loved the idea of being part of a community. Having a consulting business and working from home can

be a bit isolating. While considering other options for employment, a fantastic opportunity presented itself with the Hub being put up for sale. We saw such potential in this spot and beautiful building as a community hang out and decided to go for it.

**Do you have any history with running a restaurant or pub?**

No history at all! In fact, I was a geologist before this doing mineral exploration. My only experience with pubs was that of most people, being on the patron side of the bar. The learning curve was steep.

**Tell us a little bit about what you offer at the Hub.**

We offer a varied menu, including burgers, nachos, wings (the Tokyo wings have quickly become one of our top sellers), soups, salads, and naan pizzas all for pub lovers. We also serve a few elevated dishes, including our Korean BBQ Bulgogi bowl and Indian Pathia Curry. There is lots of variety, with a number of vegetarian and gluten free options.

We also have an excellent cocktail menu that includes everything from classic Caesars to Mezcal Margueritas, Moscow Mules, Pisco Sours, Gin Fevers and more. We have a great selection of single malt scotch, beers from all three Nelson breweries and so much more. Our aim is to carry as many local brews and wines as possible, the selection continues to evolve!

**What are your plans for the future with the business?**

My goal, once Covid restrictions are lifted, is to bring in live music, performances, open mic nights, trivia game nights and more! The name, The Hub, was kept because I want it to become a space the commu-

nity thinks of for events, meetings, and celebrations. I'm always open to ideas and feedback. In the summer we hope to utilize our outdoor space as much as possible.

I'd also like to make more use of the vacant land south of The Hub to increase artisan outlets along Highway 3a. This summer, I had Andrew with his business Stones and Weave (hand-crafted leather and stones jeweller) set up shop in a shipping container beside The Hub. I had great feedback from this venture, from both Andrew and the community, and I hope to expand in the summer of 2021.

**What do you want the community to know about the Hub?**

First, I'd really love to thank the community for all the support during our first month. We are so very grateful for the turn out and support. Opening in October can be awkward, but it has been an unexpected blessing as it has given the community a chance to experience the space first, before the influx of tourists.

In addition it has allowed us to get community feedback, work out kinks etc...

**Do you have any special events or notices coming up?**

For now, we will continue to perfect what we have going. We will have weekly features on the menu, both entrees and desserts, so watch for that. Watch here in the *Mainstreet*, on Facebook, Instagram and our website for upcoming events and notices.

Looking forward to seeing everyone!

**The Hub Pub & Eatery, 16102 Hwy 3A, Crawford Bay. Phone: 250.227.9160. Email: info@hubeatery.ca. Website: hubeatery.ca. Winter Hours: Thurs-Sunday, noon to 11pm.**





## Thoughts from the Frog Pot

by John Rayson

### Coronavirus CONTINUED

I wrote the October column on globalization but ended on a note to remind readers that it was really about the pandemic, as it is affecting all aspects of our lives. As a physician, I have found the whole issue of the pandemic riveting. I feel compelled to continue writing with regards to the virus.

In April, Canada experienced over 2000 cases per day and much effort was put into flattening the curve in order to preserve our health care system. In general, the efforts were successful and thus as the weather improved and the numbers decreased many jurisdictions relaxed the rules. Adding to the relaxation of rules, many were suffering from “quarantine fatigue”, plus experts appeared to be changing the rules, with resulting confusion; by experts, I mean physicians, scientist and public health officials. All, including our elected officials, state they will be guided by the science. Please remember that science is a process and as new information becomes available, what appears to be a change is really an addition to existing knowledge, resulting in changes to recommendations: e.g. we now know that wearing a mask is essential to the control of the virus.

Experts warned of a potential second wave of the virus in the fall in conjunction with the normal flu sea-

son. Many Canadians did not feel this was a credible threat plus they considered the virus under control.

GUESS WHAT!!! A second wave is occurring and the health jurisdictions are again applying various restrictions; repeating advice to wear masks, social distance, wash hands, avoid large gatherings and stay home if ill. At the same time, governments wish to keep children in school and minimize the damage to the economy.

With the second wave the disease appears to be milder, the average age of new cases is under 40 and the wearing of masks appears to reduce the amount of virus spread.

We are treating patients more effectively; oxygen being given earlier in the treatment cycle and dexamethasone used routinely for patients with lung involvement. The hospitalization and death rates appear to be lower.

Now outbreaks are related to the entertainment districts, condos and large gatherings including weddings and celebrations of life. Originally care homes, now again the disease is beginning manifest itself in care homes. Authorities, conscious of the mistakes made in the original handling of the epidemic when elderly individuals were confined to their rooms with no visitors, resulted in large number of seniors isolated from family and friends, becoming depressed and giving up. Present restrictions are attempting to address these negative aspects and allow appropriate visits and outside walks for residents. In addition, governments are struggling with the issue of children in school. It is vital children continue with their education but how and in what form is the question. There is not an easy answer.

As of October 16, 2020 Canada had 2700+ cases per day with Quebec, Ontario, Alberta and British Columbia leading the way. One should note, that at the height of the pandemic in the spring, Canada had over 2000 cases per day. Similar scenarios are occurring around the world and rates of new cases are rising. All governments are struggling with the issues and attempting to minimize the effect on their economy whilst preserving the health of individuals.

We have been fortunate on the East Shore and, to my knowledge, have not had any cases of the virus. However, many residents have been dealing with the severe negative economic impacts of the pandemic; restaurants, bars, service providers etc. Those of us at the top of the economic scale and those in sectors that have seen an upsurge; groceries, campgrounds and some parts of the tourism industry have done well. In large centres, i.e.; Vancouver with a 97% reduction in passenger traffic at the Vancouver airport, the resulting effect on small businesses and the service sector at and around the airport is devastating; not to mention the effect on small business and individuals in the rest of those regions.

I raise the issues of the economy as it is only going to become more severe over the next few months. We must help those most affected and as a whole, society must recognize the issues. The virus has not gone away, we still need to wear masks, social distance, wash our hands and avoid large gatherings. We do not have a cure and a vaccine is many months in the future.

I recently read a book by Fraheed Zakaria entitled *Ten Lessons for a Post Pandemic World*. The pandemic is going to have a significant effect on how we live in the future. It is my intention to share some of these thoughts in future columns.



## Young and Dumb

by Arlo Linn

### The Western Haiku

The haiku is a poetic style whose simplicity is matched only by the profound beauty these short poems can invoke. The simplicity of the 5-7-5 syllable scheme forces writers to create a beautiful story in very few words. It may be very limiting, but in a sense it being bounded in rules actually makes it more freeing. Anyone can sit down and create a haiku because the template and rules are quite obvious, making it easier than writing a free form non-rhyming poem in my opinion. The haiku could be compared to the game of chess. If chess had no rules and pieces could move as the players wanted the game could not continue for very long, nor would people continue to play it. It is the rules that bind a haiku that make the poetic style endearing and long lasting. This was not the opinion of Jack Kerouac.

Jack Kerouac, for those of you not familiar, was a famous American novelist (*On The Road*, *The Dharma Bums*) from the 1950's and 60's and was a pioneer of the Beat Generation. A book of Kerouac's poems was released posthumously in 2003, compiling roughly 500 haiku that Kerouac had jotted down in notebooks throughout his life. I have included some of Kerouac's haiku throughout the body of this article. Kerouac's poems although definitely haiku do not adhere to the

standard 5-7-5 syllable scheme. Kerouac felt that the Japanese language differs substantially enough that english haiku did not have to adhere strictly to the syllabic rules, instead he said “I propose that the ‘Western Haiku’ simply say a lot in three short lines in any Western language.” He felt that the poem was bogged down by unneces-

sary verbiage and instead should be, as he put himself, “Above all, a Haiku must be very simple and free of all poetic trickery and make a little picture and yet be as airy and graceful as a Vivaldi Pastorella.” The results speak for themselves. Kerouac is able to encapsulate the beauty that the traditional haiku can without making them feel like they must fit into a template.

The Western Haiku has not had a long lasting impact like that of other writings by Kerouac. People are not writing Western haiku, or at least they are not publishing writings of them. However, I do believe that this poetic technique is valuable for writers to practice.

In university a very common writing task a professor will have you do is write about a very complicated subject in a very small amount of words. This is to teach students not to focus on the flair and style of their writing, but to instead work on being able to present as much information as possible in the fewest lines.

The Western haiku is very much the same. Dramatic flair and unwanted verbiage is not allowed, instead one must fit a whole story into just three lines, and in as few words as possible. If writing a novel is like building a great monument, then the Western haiku is the carving of a fine statue out of stone. Cutting off all that is unneeded until only the true form of your intention remains.

**Full Moon  
Pine Tree  
Old House**

**Ghengis Khan looks furiously  
east, with red eyes,  
Hungering for autumn vengeance**

**Haiku, shmaiku, I cant  
understand the  
Intention of reality**

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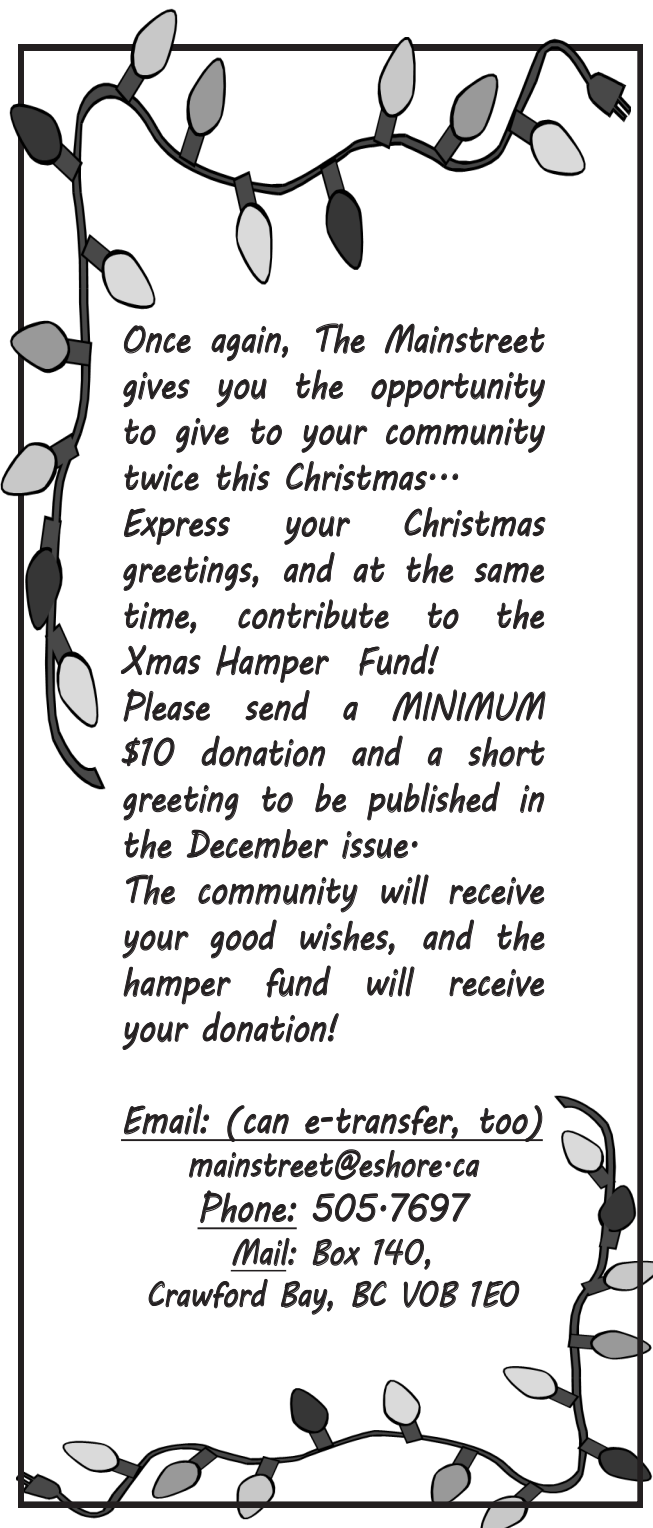
**Mainstreet in the days of paste-up. Pictured are, left to right: Fran Kinder, Janet Schwieger, Brenda Panio, John Edwards and Dinim Drew.**

## East Shore Youth Completes Remote First Aid Training

by Vienna Doenni

October was an important month for the East Shore Youth Network as seven youth members were trained in Remote Wilderness First Aid. Remote first aid is needed where there is no fast access to an ambulance or hospital; thus almost anywhere on the East Shore. Only 1:100 Canadians have completed first aid training, an even smaller percentage has completed extensive and specialized training such as the 20 hour Remote First Aid course. First aid training was identified by our local youth as priority, and they happily devoted their time and energy to it.

The seven youth (ages 12-14) spent long days in and around the beautiful Gray Creek Hall, preparing for any kind of emergency they may encounter. They covered heart attacks, strokes, external and internal injuries and gave seemingly endless amounts of CPR to adult and infant dummies, all according to the latest standards and guidelines of the Red Cross. The youth played through more than 20 scenarios, identifying a variety of emergencies and then deciding on the appropriate response. Youth coordinators were carefully checked for "illness and injuries" and then appropriately bandaged, braced, wrapped and carried to a "safe location". East Shore residents can feel proud and safer knowing we have dedicated young individuals among us that are ready and trained to help wherever needed.



Once again, The Mainstreet gives you the opportunity to give to your community twice this Christmas... Express your Christmas greetings, and at the same time, contribute to the Xmas Hamper Fund! Please send a MINIMUM \$10 donation and a short greeting to be published in the December issue. The community will receive your good wishes, and the hamper fund will receive your donation!

Email: (can e-transfer, too) [mainstreet@eshore.ca](mailto:mainstreet@eshore.ca)  
 Phone: 505-7697  
 Mail: Box 140,  
 Crawford Bay, BC V0B 1E0

## Stay Informed With the New SD8 Mobile App!

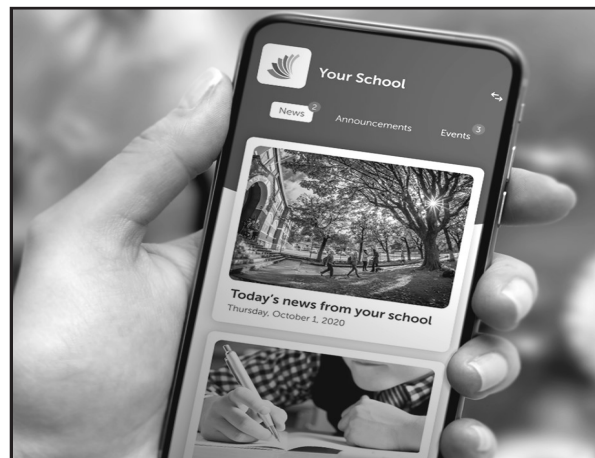
Kootenay Lake School District launches Schoolkit Hub App

An important new communication tool is now being offered for staff, parents and students in the Kootenay Lake School District to stay well-informed and better connected. The mobile app, Schoolkit Hub, is now available for download free on both iPhone and Android.

The new mobile app provides audiences with the latest announcements, news, events and contact information about the District, any of the schools and select departments.

"This tool is another opportunity we can offer parents and students to remain right up-to-date on school and district information, especially during these times," said Superintendent Dr. Christine Perkins.

Once downloaded on a phone or tablet, a user can choose which school(s) or district department they wish to receive information from. Notifications are then sent whenever new items are published, as well as immediate alerts for emergency broadcasts or unscheduled closures.



### App features include:

- Up-to-date information on the district and school top news stories
- Notifications from the district and/or school(s) of the user's choice
- School Calendar event notifications
- Contact and staff information on each school and departments
- Important Bus route announcements
- Make a Payment link
- Report Absence feature
- Emergency Broadcast notices (i.e. school closures – inclement weather or lockdowns)

"We understand that many parents are visiting our school websites on their mobile devices," explains Dr. Christine Perkins "so the launch of the new app helps to get the important information out through an efficient notification system." In addition to the app, school information will continue to be distributed through websites, social media, email and phone calls when appropriate. The new app is FREE and easily downloadable to iPhones (Apple App Store) and Androids (Google Play). Search for "Schoolkit Hub by Sotropa.

Visit <https://www.sd8.bc.ca/app> for download links.



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## Kootenay Lake Chamber Fall 2020 Update

submitted by Pres. Ron Mondor

As we continue to foster a strong business community for the economic well-being of our region for years to come the Kootenay Lake Chamber of Commerce now has nine directors taking on many tasks. Since Covid 19 began in late winter the directors of the Chamber have been busy behind the scenes maintaining contact with various industry partners and regional groups to keep the East Shore's best interests at the forefront. With the many challenges individual businesses have had to face it appears that most businesses have pulled through the first wave unscathed.

The directors have been meeting on a regular basis via Zoom (except for the usual summer hiatus). Our grant application to the RDCK for billboard signage and webpage development was approved and we send our sincere appreciation to Director Garry Jackman for providing us with \$4800 in funding. We will continue to seek additional funding to expand the billboard project if possible and anticipate having this project completed by the spring of 2021.

In order to allow our members to become aware of what we have accomplished and what tasks we now want to achieve, we are going to hold our next meeting at the Crawford Bay Hall on Monday, November 16, 2020 at 7pm. As this will be a socially distanced gathering with limited space we require that you RSVP in advance to the Chamber at [info@kootenaylake.bc.ca](mailto:info@kootenaylake.bc.ca) as soon as possible to secure your space. We will call for nominations of new directors as this meeting will be followed by our Annual General Meeting on Monday November 30 at 7 PM. We look forward to seeing you at one or both of the upcoming meetings and welcome your ideas.

### The Executive Team

- President – Ron Mondor from Destiny Bay Resort & Grocers
- Vice President – Richard Bertram from Kokanee Springs Golf Resort
- Treasurer – Janet Wallace from Barefoot Handweaving
- Secretary – Gauri Taylor-Topp from Yasodhara Ashram

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## Tom's Corner

by Tom Lymbery

### Catholic League of Decency

Would you believe that movies were once so restricted that films could not show married couples in bed together? That's just one of the restrictions that the Catholic Legion of Decency (later called National Legion of Decency) imposed on Hollywood-produced movies for years. Of course, movies banned by this organization became very popular, but that didn't mean that they came to your local theatre, for the Legion had surprising powers, including restricting distribution of films as well.

In Canada the Legion and other organizations had even more powers than would seem possible, as these were very moralistic times. The Cold War was in full force, along with McCarthyism in the US and the Gouzenko spy affair in Canada. Social Credit governments dominated the scene both in BC and Alberta. Censors were hard at work; book-banning was widespread.

In the midst of all this the outspoken Pierre Berton was becoming a TV celebrity, as well as writing

a provocative daily column in the *Toronto Star*. In them he expressed his opinions on the backward state of restrictions on Canadian morality, and suggested that sex before marriage should be acceptable. He was equally forthright in his interviews, which much attracted people to his television talks. But when he wrote an article in *Maclean's* about teenage sex he really landed in trouble. Apparently morality proponents including the Knights of Columbus and the Catholic Women's League were strong enough to influence businesses to decline to sponsor Berton's controversial TV programs.

All this is told by Berton in his book *My Times*. Many of us assumed Berton and his wife were Roman Catholics because they had eight children, but large families were not unusual in his day. Berton himself explains that his wife always wanted another baby and later adopted two.

I had grown up through these restrictive times, and I can report firsthand how our lives were impacted. For example, I had no intention of "having to get married", so I had to search the *Free Press Weekly* classifieds for mail order condoms, or "French Safes" as they were known for years. Few companies sold these and they had to word their classifieds very carefully, or the papers wouldn't accept them. When they eventually arrived in the mail I found that each one was stamped "For Prevention of Disease Only" - that was the only way the manufacturers could make them legally.

In order to sell these in our store I had to hide them under the counter, as drug stores did. Who had the nerve to approach a druggist with this request? Many didn't, and had to resort to premature withdrawal which was most risky. Denny Davis told me of a man who survived the Great Depression in Vancouver by rolling condoms on a broom handle and selling them door to door. How did he contact the lady of the house

with this welcome under-the-counter product? I expect that once the salesman was established on a street, the word would pass from housewife to housewife with telegraph speed - "Look for the man in the red jacket", perhaps.

Birth control was rigidly suppressed by the Catholic Church and strongly discouraged by some other organized religions, but many people really didn't want a baby each year even if their religious leaders pursued this.

Fred Smith, brother of author Catherine Anthony Smith, was a bachelor from a Catholic family, and Gray Creek Catholics including Fred tended to be Liberal voters. Once when Fred and I were talking in our store, I happened to mention the Dionne quintuplets who were often in the news. Fred's comment was "God's answer to birth control."

Sharon had problems giving birth to both our daughter and our son, so our Nelson doctor suggested that I should get a vasectomy. Even in 1966 this wasn't allowed in Canada, so I had to go to Spokane for this relatively simple but permanent procedure. Canada also wouldn't allow any abortions, forcing many women and girls to go to back street operators, and resulting in many deaths and much sterility.

But a year later in 1967, a new bill with its sweeping reforms was introduced by the then Justice Minister Pierre Elliott Trudeau with these words, "There's

no place for the state in the bedrooms of the nation", adding "What's done in private between adults doesn't concern the Criminal Code." That helped a lot, and we were actually able to display condoms in our store. Since these were often made in shapes such as a top hat or a red hand, I tried to get our visiting saleslady to order some in the shape of our glass-topped gas pump. But it didn't happen.

When the Kinsey sex surveys came out in 1948 and 1953 they brought much factual information on topics previously covered by misinformation or perhaps religious hoopla. For instance, many of us had been told that masturbation was a bad thing, and if persisted in it might make us blind. There was the story of the fellow who, on being told this, asked, "Can I do it until I need glasses?" The Kinsey surveys told us that it was natural and we were not abnormal. Even so the Kinseys had virtually no luck finding any who would admit to being lesbians. It has taken many years for people to realize that those born with different lifestyles are not abnormal.

Pierre Berton's efforts were not in vain, as without his influential work as a newspaper columnist and public affairs broadcaster in radio and TV, Trudeau might not have taken action as soon.

Berton's childhood home on 8th Ave. in Dawson City, YT eventually became a writer's residence, where Luanne Armstrong once spent a very cold winter as a writer-in-residence.

## GRAY CREEK PASS REPORT

Unusually early snowfall on October 12th closed the pass for wheeled traffic which sometimes doesn't come until early November. Who had their snowmobile ready?

## TOM SEZ

Fortis is charging propane at the same price as natural gas in Revelstoke as it pipes propane directly to customers. Unfortunately this won't happen elsewhere but we wish it could as propane is much more costly than natural gas.

The Dawson City ferry George Black was scheduled to make its last run October 24, but this had to be done two days earlier due to unexpected blocks of ice in the river. So it was pulled up on shore to protect it from the Yukon River ice until after the river breaks next spring.

John Wayne recommended - Help someone when they get into trouble and they will remember you when they get in trouble again.

Please make sure you have a snow float so that you don't have to lift shovelfuls of heavy snow, store staff will demonstrate how well the floats work.

Dogpatch Pottery keeps the memory of the most popular comic stirp "Lil Abner" live in our area. Drawn by Al Capp who was a genius with his art but more so because of the political inferences that he inserted into his work. A fascinating character and well worth some time on google. I hadn't known that he had lost a leg - when visiting a US President his wooden leg collapsed - they wanted to call a specialist but he said "I only need a mechanic"

The ESIS Ferry cam is accompanied by an excellent Tower Cam which looks across Pilot Point and down the west arm.

Mexico is closing all cemeteries and banning any Day of the Dead events for 2020 because of Covid 19 to prevent crowd events.

Firesmart is advising us that a mixture of deciduous trees (birch, maple and poplar) slows down the spread of forest fires better than our thick conifers. It is unfortunate that Forestry has never attempted to slow down the Birch Bugs that have killed so many birches and also attacked the maples. Short sited but Forestry doesn't consider any of these a commercial species.

When I had my annual eye checkup at the Optometrists I was asked "How many hours a day do you spend on the computer?" A new and important question. So glad to still have excellent eyesight, unlike two lifelong friends, one blind in one eye and the other having lost the use of both.

Early snow cuts back on fall tourism - the time of year when small business can begin to turn a profit having been able to pay their taxes and expenses.

In Nelson we are on cable TV - a disadvantage as we can't get channels like Victoria and Toronto, so we are stuck with too many US political ads.

A recent article reporting on a new carwash opening, reminds me of some years ago Playboy had a series of articles about the joys of having sex while going through an automated carwash.

Lets blame the early snow on the unnecessary snap election.

With so many election promises made, we hope the NDP come through with their projected free birth control for those that can't afford the existing system.

# Pools in Castlegar, Creston and Nelson Open Again

**Pre-registration required, no drop-ins allowed**

Nelson, BC: The Regional District of Central Kootenay (RDCK) Community Services was working towards a return to aquatics, as indoor pools in Castlegar, Creston and Nelson opened Tuesday, October 13. Pools have been closed since March 16, 2020 due to COVID-19.

RDCK Community Services, under the guidance of the Provincial Health Officer (PHO), Interior Health, BC Recreations and Park Association (BCRPA) and Lifesaving Society, has been focused on collaborating with other municipal recreation services to safely reopen indoor pools across the RDCK. Once opened, users must use a pre-registered reservation process to book space in the community complex of choice. No drop-ins will be allowed. Detailed schedules are currently being finalized and will be promoted to communities in the coming weeks. Re-opening will occur in a series of stages and will be adapted as restrictions change within the province. Some amenities will remain closed upon the initial opening.

Staff are actively working on site-specific safety plans for each of the three indoor pool facilities in the RDCK. The safety plans will include, modifications on how patrons will enter and exit the facility, modified use of the pools including the flow of people within the pool areas, cleaning protocols, adapted schedules and more. Non-medical masks or face coverings are now required when entering and moving through all common areas of indoor recreation facilities, except when exercising or performing physical activity. Wearing a mask combined with other important preventative measures, such as frequent hand washing and physical distancing, will help prevent the spread of COVID-19. At this time, change rooms will not be available. Users are expected to arrive in their swimming attire and will be provided with a spot to store their shoes, coats and outerwear.

Once the safety plans are finalized, these will assist user organizations in planning their use of the pool. All organizations renting pool space will need to provide the RDCK with a COVID-19 safety plan. A virtual meeting was held with pool user groups to review re-opening plans and new facility requirements.

“The RDCK aquatic centre work group is working hard towards re-opening pools October 13th,” said Marty Benson of Nelson and District Recreation Complex and Chair of the RDCK Aquatic re-opening work group. “The re-opening of pools has many layers to work through to ensure a safe return for our staff and our patrons. Safety is our first priority.”

Joe Chirico, General Manager of Community Services adds: “Safety measures such as physical distancing of two metres between participants and keeping total number of users under 50 people continue to impact our recreation and parks operations. The RDCK and all our recreation partners will abide by all Provincial Health Orders and recommendations to keep our community safe.”

The RDCK appreciates the patience of all our users as we implement a new reimagined service with COVID-19 policies and procedures in place. Recreation and park services continue to be reviewed regularly as new information and protocols become available. For the most up to date information on the RDCK pool openings, please go to [www.rdck.ca/recreation](http://www.rdck.ca/recreation).

Incorporated in 1965, the Regional District of Central Kootenay (RDCK) is a local government that serves 60,000 residents in 11 electoral areas and nine member municipalities. The RDCK provides more than 160 services, including community facilities, fire protection and emergency services, grants, planning and land use, regional parks, resource recovery and handling, transit, water services and much more. For more info about the RDCK, visit [www.rdck.ca](http://www.rdck.ca).



## RESOURCE RECOVERY FACILITIES HOURS OF OPERATION

**Crawford Bay Transfer Station**  
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10:00 am – 4:00 pm  
Sunday & Tuesday

**Boswell Transfer Station**  
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Wednesday & Saturday

How to reach us: Toll Free: 1-800-268-7325  
Website: [www.rdck.ca](http://www.rdck.ca)  
Facebook: @rdcentralkootenay



## HIGH-SPEED INTERNET

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Central Kootenay Lake's community non-profit ISP.



## NOTICE OF PUBLIC HEARING

6 pm to 8 pm Thursday December 3, 2020

Online via Webex: email [esenyk@rdck.bc.ca](mailto:esenyk@rdck.bc.ca)

Telephone: 1 (604) 449-3026 Access code: 133 998 3994

In Person: Ramada Inn Creston – Meeting Room

NOTICE is hereby given that a Public Hearing will be held to receive representations from all persons who deem it in their interest regarding the following:

**Location and Legal Description:** 5437 Cory Road, Wynndel.  
Lot 1 District Lot 4595 Kootenay District Plan 1585, Except Parcel A (See 1435071) (PID 015-849-601)

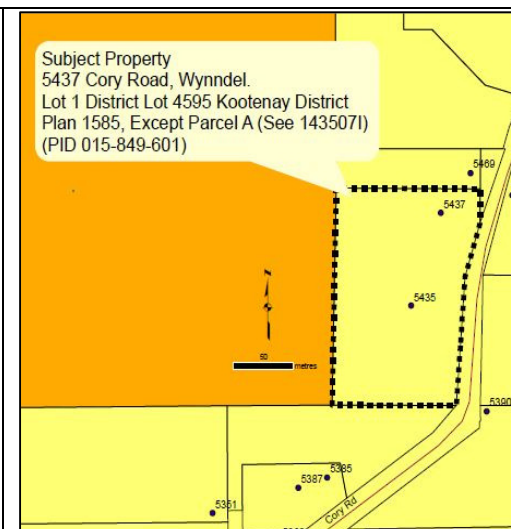
**Temporary Use Permit:** Application for a Temporary Use Permit has been made to enable the owners to add two additional cabins for Temporary Guest Accommodation, three Recreational Vehicle sites and to use the property to host events such as weddings and family re-unions.

The application for the Temporary Use Permit may be inspected from November 12, 2020 to December 3, 2020 both inclusive, on the web: <https://rdck.ca/EN/main/services/land-use-planning/applications.html> and at the Regional District of Central Kootenay between 8:30 am and 4:30 pm, Monday to Friday (closed for lunch 12:30 pm to 1:30 pm).

Written submissions for or against the proposed amendment can be provided in advance or verbal submissions made at the Public Hearing. Written submissions must be delivered to the Regional District of Central Kootenay, prior to 4:00 pm on December 3, 2020. All written submissions are public information pursuant to the *Freedom of Information and Protection of Privacy Act*.

The hearing will be hosted via a web video program, Webex. To receive an emailed invitation to attend contact Eileen Senyk (information below). To attend by telephone call the toll-free telephone number listed above and dial the access code when prompted. If you cannot attend remotely - in person attendance will be located at the Ramada Inn in Creston 11809 Hwy 3A, Creston with social distancing and safety provisions in place. **Please note that the space can only accommodate up to 30 people.** If you plan to attend in person, please email the Planner at the contact below so that we can provide information regarding whether there will be capacity for additional people.

Further instructions on how to attend can be found on the web: <https://rdck.ca/EN/meta/events/events-list/public-hearings.html>



Please direct enquiries to Eileen Senyk at (250) 352-8190 or toll-free 1-800-268-7325, email [esenyk@rdck.bc.ca](mailto:esenyk@rdck.bc.ca).

Regional District of Central Kootenay  
Box 590, 202 Lakeside Drive, Nelson, BC V1L 5R4  
fax at (250) 352-9300 or email at [plandeptr@rdck.bc.ca](mailto:plandeptr@rdck.bc.ca)

DATED at Nelson, B.C. this 29<sup>th</sup> day of October, 2020.

Mike Morrison  
Corporate Officer



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### Nelson & District

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**New days of operation are in effect. Starting November 2, 2020, the East Shore branch will be open Monday to Friday.**

Please call the East Shore branch directly at 250.227.9221, or visit [nelsoncu.com](http://nelsoncu.com).



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## The Power of Collaboration Brings Small Business Gift Certificate Program to the Region

press release

Together, Columbia Valley, East Kootenay Community, Grand Forks, Heritage, Kootenay Savings and Nelson & District Credit Unions have teamed up to fund an exciting online gift certificate marketplace designed to support our local small business community.

The "Support Local BC" program was originally launched as a response to the changing business environment of COVID-19 and allows participating businesses to sell gift certificates online, at no cost to them. The website, [www.supportlocalbc.com](http://www.supportlocalbc.com), allows the public to purchase gift cards for themselves or as gifts for others – with 100% of the proceeds going directly to the businesses. There are no fees for business owners at any point. Since its launch in April, more than \$400,000 in gift cards have been purchased, and communities of all sizes are seeing the benefit.

Now, more than ever, supporting local is an investment in our communities and ensures everyone can thrive and prosper. Thanks to this collaborative Credit Union sponsorship, all independently owned local businesses, across the Boundary Country, Columbia Valley, and Kootenay regions can now participate in this program for free.

Businesses wishing to participate in the program can visit - [www.supportlocalbc.com/pages/submit-your-business](http://www.supportlocalbc.com/pages/submit-your-business) to get started.

Gift certificates are available in \$10, \$25, \$50 and \$100 denominations. Anyone wishing to make a purchase can do so anytime by visiting - <https://support-localbc.com/>

## Creston Valley Rotary Club Donates \$20,000 to RDCK

Nelson, BC: The Creston Valley Rotary Club donated \$20,000 to the Regional District of Central Kootenay (RDCK) to put towards the new outdoor park at the Creston & District Community Complex (CDCC). This significant and generous donation will fund the final steps of construction of the new Creston Community Park; specifically the installation of new amenities that overlook the park, the complex, and the Creston Valley.

"We are very grateful for the contribution the Creston Valley Rotary Club has made to this project," said Tia Wayling, Recreation Coordinator, CDCC. "The funds allow us to put the final touches on the park, including adding new benches and interpretive plaques. This partnership is another example of how well this community comes together to create beautiful spaces for all to enjoy. Once gatherings are allowed, we look forward to celebrating the opening of the park and show appreciation to all those involved."

The Creston Community Park is located at the top of the CDCC and accessible directly off 20th Avenue. The funds will go towards the installation of a two tiered seating area fitted with benches and railings to provide panoramic views of the CDCC facilities and the Creston Valley. Part of the donation also includes funds towards interpretive plaques which will recognize the history of the property and valley, as well as geographical landmarks.

"The Creston Valley Rotary Club is proud to be a part of this exciting and wonderful community project," said David Handy, President, Creston Valley Rotary Club. "We look forward to watching this facility as it is used and enjoyed by residents and visitors to the Creston Valley and the CDCC."

The Creston Community Park includes pickleball, basketball and volleyball courts, skatepark, horseshoe pits, playground, accessible pathways and a viewpoint overlooking the valley. Construction of the Creston Community Park originally started in April 2018 and will be completed for a total cost of \$3.95 million. Funding was provided by the Government of Canada through the Gas Tax Fund, Columbia Basin Trust through their Recreation Infrastructure Program, and the RDCK. For more information please go to [www.rdck.ca/recreation](http://www.rdck.ca/recreation).

November 2020 *Mainstreet* 11

### The East Shore Mainstreet KOOTENAY LAKE BC

The Mainstreet is a community-written monthly newspaper that serves the communities of Wynnadel through Riondel and Balfour. It's available at the following stores for retail: Wynnadel Foods - Wynnadel, Destiny Bay Grocers - Boswell, The Lakeview - Gray Creek, The Gray Creek Store - Gray Creek, The Crawford Bay Store - Crawford Bay, Riondel Market - Riondel, The Osprey 2000, and the Gill and Gift in Balfour.

Contact: Ingrid Baetzel, Editor

Phone: 250.505.7697

Box 140, Crawford Bay, B.C. V0B 1E0

Email: [mainstreet@eshore.ca](mailto:mainstreet@eshore.ca)

Web: [www.eshore.ca](http://www.eshore.ca)

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Sample Sizes - more sizes available.

Column Width: 3.25 inches - double width: 6.75

inches - full width: 10.25 inches

Services Directory: \$5/month, up to 3 lines.

Classified Ads: \$5/first 30 words,

10c/word additional

**\*\*THESE RATES ARE FOR B/W ADS ONLY\*\***

**FOR FULL COLOUR, ADD 30%**

# RDCK Board Highlights

press release

## Board Supports Local Grant Projects

The Board is supporting a number of local initiatives this month, including sending a letter of support to both the City of Nelson and Village of Kaslo for their application to the British Columbia Community, Culture and Recreation Infrastructure Program intake of the Investing in Canada – Infrastructure Program (ICIP) for their new public library projects.

As well, the Board has sent a letter of support to the Village of Salmo for two separate initiatives; their application to the Community Economic Recovery Infrastructure Program intake to restore Salmo's historic train station and their application to the Rural and Northern Communities Grant intake for a new, multi-purpose community facility at Salmo's KP Park.

## RDCK Partners with Whitewater Ski Resort Ltd.

The RDCK will partner with and apply on behalf of Whitewater Ski Resort Ltd. in an application to the Province of British Columbia Community Economic Recovery Infrastructure Program Destination development stream for its Whitewater Backcountry Adventure Lodge and Camping Development Project in the amount of \$1,000,000.

## Riondel Fire Amendment Bylaw

The Board approved the amendment of the Riondel Fire Protection Area Service Bylaw. Due to the high demand of fire services in the area, the amendment will allow the RDCK to increase the maximum requisition in the service establishing bylaws by 25% or less every five years without inspector approval. The maximum amount of money that may be requisitioned annually shall be \$189,000 or \$1.854/\$1,000 of net taxable value of land and improvements within the service area, whichever is greater.

The RDCK Fire Service will be preparing communication to the community of Riondel to present the need for this increase to the bylaw limit and the demands on the fire service.

## Contract for New Crawford Creek Regional Park Access Road Awarded

The Board awarded the Crawford Creek Regional Park Road/Parking construction project to GRS Contracting LTD., for a maximum value of \$113,504. This cost will be included in the 2020 and 2021 Financial Plan for Area A Regional Parks.

## RDCK win a 2020 Federation of Canadian Municipalities Sustainable Communities Award

In collaboration with the Regional District of East Kootenay (RDEK), the Regional District of Kootenay Boundary (RDKB) and Columbia Basin Trust, the Regional District of Central Kootenay was selected as a winner of a 2020 Sustainable Communities Award for exceptional work in the Visionary Award category for Accelerate Kootenays. The award honours and celebrates the most innovative environmental initiatives in

cities and communities across Canada.

The Accelerate Kootenays Project was the first community driven collaborative strategy to build a clean transportation network by installing public charging infrastructure for electric vehicles (EV) throughout the region within communities. It was coordinated over three years, at the cost of \$1.89 million and involved multiple partners with varying expertise to transform a rural region into one that facilitates EV travel.

## Board Approves Upgrade to all RDCK Fire Hall Exhaust Extraction Systems

The Board approves the procurement, installation and financing of a vehicle exhaust extraction system at all 17 Regional District of Central Kootenay Fire Halls. The 2020 Financial Plan will be amended to increase Capital Expenditures by \$32,000 at each of the 17 fire halls.

The new vehicle exhaust extraction system will ensure clean air and safety to all fire service members in the fire hall environment. The new system will remove all toxic gases and particulates directly from fire trucks and accessory vehicles.

## DISCRETIONARY GRANTS AREA A

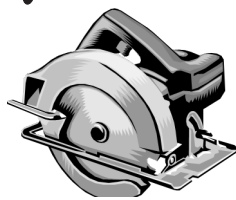
- Friends of Kootenay Lake Stewardship Society (FOKLSS) - \$1,000
- Gray Creek Hall Society - \$2,800

## RECREATION COMMISSION NO. 9 GRANTS

- Boswell Memorial Hall Society - \$864
- Boswell and District Farmer's Institute - \$1,650
- Boswell and District Farmer's Institute - \$810
- Crawford Bay District Hall, Park & KB Boat Launch - \$6,200
- East Shore Circle of Friends - \$550
- East Shore Trail & Bike Association (ESTBA) - \$2,310
- East Shore Facilities Society – (SKLCSS) - \$1,629
- Gray Creek Historical Society - \$1,100
- Gray Creek Hall Society - \$2,000
- Riondel & District Curling Club - \$1,262
- Riondel Senior Citizens - \$55

*Ed: Grant section amended to show just Area A amounts*

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# Oxygen Art Centre Shares Educational Art Videos For Free Online

MEDIA RELEASE

FOR IMMEDIATE RELEASE: Oxygen Art Centre shares educational art videos for free online

Oxygen Art Centre is excited to share four educational art demonstration videos now available for free through our online channels.

The videos are created by artists Jaymie Johnson (Gallery Assistant, Canada Summer Jobs) and Natasha Smith (Education Coordinator).

Natasha Smith shares a demonstration on Low-Tech Printmaking, offering a step-by-step instructional on the materials and techniques to create your own print at home. Using natural materials, Smith creates magical prints with ferns and leaves found in her backyard.

Jaymie Johnson shares three video demonstrations. The first video guides viewers how to make your own ink using natural or botanical matter like red cabbage. The second video is all about accordion bookmaking, where Johnson shares two methods to making a sketchbook or notebook utilizing materials you might already have at home. The third video explains how to make your own zine. Johnson guides viewers through a stop motion animation drawing explaining how to fold, cut, and develop your own zine.

Start creating at home today! Share your creations by tagging us on Instagram or by sending us an email.

Audio and video image description transcriptions for all videos can be accessed on Oxygen's website. All videos are free and can be accessed on Oxygen's website and YouTube channel.

Oxygen's educational demos are generously supported by the Province of British Columbia, the Government of Canada, Vancouver Foundation, United Way, and Osprey Community Foundation.

View videos here [<https://oxygenartcentre.org/classes/demos/>].

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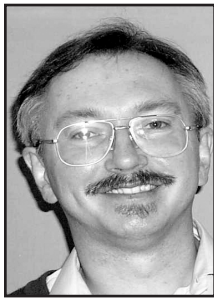
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## Seldom Scene

by Gerald Panio



*How happy is the blameless vestal's lot!  
The world forgetting, by the world forgot  
Eternal sunshine of the spotless mind!  
Each pray'r accepted, and each wish resign'd;  
--Alexander Pope, "Eloisa and Abelard"*

*Sand is overrated. It's just tiny little rocks.  
--Joel Barish*

*Well, technically speaking, the operation is brain damage, but it's on a par with a night of heavy drinking. Nothing you'll miss.  
--Dr. Mierzwiak*

*I'm not wiping as clean as I like here.  
--Stan*

*Hide me somewhere deeper, somewhere really buried—  
Joel, hide me in your humiliation!  
--Clementine*

You've heard this before: you don't know what you have till it's gone. But what if it's gone for a reason? What if you never really wanted it in the first place? What if you're better off without it? If you got it back, could you do more with it the second time around? What if you lost it again, then where would you be?

This is the kind of headspace that Charlie Kaufman's screenplay for *Eternal Sunshine of the Spotless Mind* (2004) tosses you into. Kaufman is the same guy who also messed around with your head as the writer for *Being John Malkovich* and *Synecdoche, New York*. This time around he's tackling the theme of love found and love lost (and maybe found and lost and found again), with the help of veteran French director Michel Gondry and some perfect casting. Gondry and Kaufman worked together on the screenplay, garnering an Oscar win for their efforts.

Jim Carrey, in one of his best and most understated roles, plays Joel Barish, a rather feckless non-entity, who supposedly has a girlfriend, but whom we only ever see alone, drawing and writing in his journal. We never learn how he makes his living. On his way to work in New York one morning, he impulsively bails and catches a train out to the seashore at Montauk. Since Joel believes himself to be boring and incapable of surprising anyone, he can't understand his sudden urge to buck the system.

Joel's detour leads to an encounter with (a) the girl of his dreams, or (b) the girl of his nightmares. That girl is Clementine Kruczynski, played against type by one of my favorite actresses, Kate Winslet. With her bright orange sweatshirt, blue hair, and in-your-face attitude, Clementine definitely isn't Joel's cup of tea. She is, however, impossible to ignore.

Up to this point, about 17 minutes into the film, we're on well-trodden ground. The old Opposites Attract scenario. Despite the fact that Clementine is clearly high maintenance, despite the fact that she's an emotional hand grenade tossed into Joel's half life, it's inevitable that they're going to have a brief moment of bliss lying side by side, holding hands, on the ice of the frozen Charles River. Nothing new here. We can guess where this is going....

And then things get weird.

There have been clues. Two years' worth of missing pages in Joel's journal. Something odd about dates. Some young dude named Patrick who pounds on the window of his car when he drops Clementine off at her apartment. The narrative stops being linear. Time loops. There's a dream-like dissolve from one setting to another.

The next time Joel meets Clementine, at the Barnes & Noble bookstore where she works, she's flirting with another guy and glances at Joel without a flicker of recognition. The coldest brush-off ever? It's looking that way, until one of Joel's friends offers an explanation that, if true, takes the whole concept of relationships into the Twilight Zone.

Enter Lacuna Inc. A dental office for the brain. And no, I'm not going to explain that.

Chipper, sexy Kirsten Dunst is Lacuna's receptionist. She's hooked up with Stan (Mark Ruffalo), one of the company's technicians. Stan's co-worker is the aforementioned Patrick, identity and panty thief, played to creepozoid perfection by Elijah Wood. The man in charge is Dr. Mierzwiak (Tom Wilkinson), generally unflappable, providing a service he feels is equivalent to offering his clients a new life.

But what guarantees that the new life is better than the old one? Can't it be worse? Does giving a stability-challenged person like Clementine power over her past help her towards a better future? Is this empowerment, just another crutch, another cop-out, another addiction? While Carrey's Joel is convincing in his lethargically cynical self-flagellation, Winslet's Clementine is someone I think we've all met at some point in our lives. She's the free spirit who has either seduced us with her spontaneity or shocked us with her utter irresponsibility. Or both. She's our fairy tale, or the lead-in to, in her own words, a "piece of shit" story. The odds are just about even.

Salvation. Sacrifice. Resurrection. How often does the person you thought was going to save your life end up smothering it? Or is the smothering just a self-fulfilling prophecy, an excuse for frequent failure? How big or small is the hill your love is going to die on? How many times does "Should I stay or should I go?" turn into "Should I go back?" How often do love affairs rise from their own ashes?

*Sunshine's* saddest figure might be Dr. Mierzwiak, who spends his life listening to the defeated, and whose brilliant work by definition must go unacknowledged by his patients. At least, that is, until a single night's combination of hero worship, lust, intoxicants, spite, and perversity conspire to collapse what in the end was a psychological house of cards.



*Eternal Sunshine* is one of director Michel Gondry's rare feature-length films. His preferred medium is the video short film, of which he's made close to a hundred. Composer Jon Brion provided *Eternal Sunshine's* fine, minimalist-but-lyrical score. Beck delivers the film's coolly ironic theme song, "Everybody's Gotta Learn Sometime." Ellen Kuras, one of the small sisterhood of influential female cinematographers (she's a three-time winner of the Best Cinematography award at the Sundance Film Fest), did some of her best work on *Sunshine*. Check out the surreal scene with Joel as a young boy hiding under his mother's kitchen table—all done directly through the camera, no special effects involved.

Maybe it ultimately all comes down to this: If your partner doesn't clean the hair off the soap in the shower, how far are you willing to go?

And while we're speaking of narratively discombobulating love stories that mess with your mind, the best recent one might be the penultimate episode of Season 1 of the remarkable new *Watchmen* series. Called "A God Walks into Abar," the storytelling lives up to the standard set by the Hugo

Award-winning graphic novel written by Alan Moore, illustrated & lettered by Dave Gibbons, and colored by John Higgins. Put *Watchmen* on your streaming list. Love doesn't get any stranger. History doesn't get any darker.



# SUNNY WOODS

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*pebbles*  
by Wendy Scott  
**A Sudden East  
Shore Winter Day**

As I write I'm looking out the window and wondering where the rest of autumn got to and what's that white stuff? Surely it is too early for winter! The leaves remain green and hang on tightly still, but as the north wind brings flurries past the window three deer pause in their tip-toed climb up the rockery as they seem to puzzle as well at winter's sudden arrival. Then a magnolia branch cracks and falls — oh no! And another one goes! Winter is actually here. And it comes with wind and snow. Little heaps of snow on each green leaf too heavy together on every branch. The jays seem frantic with the suet in the feeders until the flicker arrives then they cling to a twig — at a safe distance and watch. I think they are studying the flickers tail-tucking technique.

By the time you read this, winter may be in full swing. Spring still in the far distant future. So maybe now might be a good time to test those newly installed winter tires and drive (carefully) to one of Riondel's beaches or wander over to Crawford Bay take a look at the artisan's shops — if they are open. Hmmm, that may be a problem, but give it a try. It's time to get those Christmas thoughts arranged.

And while you're at it, pick up a take out meal from one of our many very good eating places — although Black Salt will be closed very soon--

be warned! It is winter — yes — don't go anywhere expecting to find some food unless you call first.

On the other hand, maybe the cats have the right idea, one of them is already cozy under the stove and the other two close by with their feet tucked under them. Maybe that's the idea — if only I could find a fur coat! Speaking of fur coats, how come the bears are still wandering around, and with cubs! What a strange year it is. Surely they are not waiting to hear the election results from south of the border. Sorry about that; I did not mean to say it. I shall go back to planning a meal and watching wintering birds.

Enjoy the winter. Some say it is their favourite season.

**Next Deadline:  
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Once again, *The Mainstreet* gives you the opportunity to give to your community twice this Christmas...  
Express your Christmas greetings, and at the same time, contribute to the Xmas Hamper Fund!  
Please send a MINIMUM \$10 donation and a short greeting to be published in the December issue.  
The community will receive your good wishes, and the hamper fund will receive your donation!

Email: (can e-transfer, too)  
mainstreet@eshore.ca  
Phone: 505-7697  
Mail: Box 140,  
Crawford Bay, BC V0B 1E0

**Blast from the  
Stacks  
Riondel Library News**

by Muriel Crowe, Shirleen Smith & the Riondel Librarians

November - by Thomas Hood (1799-1845)

No sun — no moon!  
No morn — no noon —  
No dawn — no dusk — no proper time of day.

No warmth, no cheerfulness, no healthful ease,  
No comfortable feel in any member —  
No shade, no shine, no butterflies, no bees,  
No fruits, no flowers, no leaves, no birds! —  
November!

If a cheerful poem on the theme of November exists, I've never seen it. In fact, seeking out such poetry is not for the faint of heart in these challenging times. Especially heading into November.

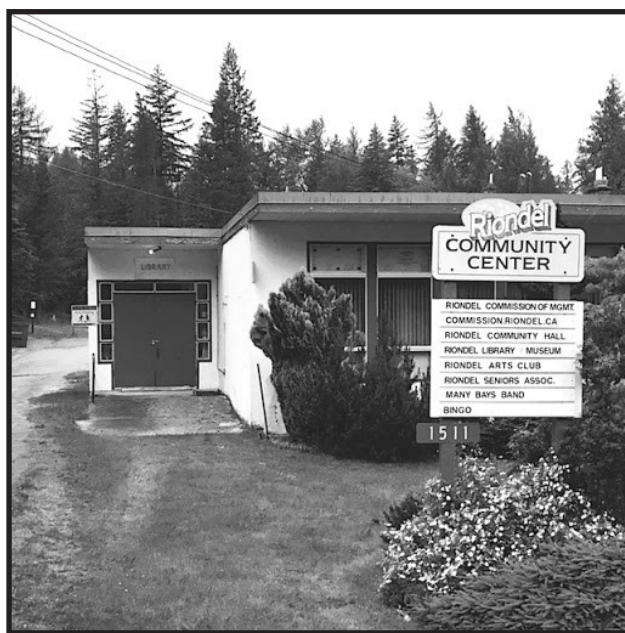
Fortunately Riondel Library has the antidote. Amongst the stacks there is an extensive humour section, literally loaded with laughs: cartoons, caricatures, comics, and compendiums of all your favourites: *Peanuts*, *Garfield*, *FarSide* and the beloved *Calvin and Hobbs*, among many. Perhaps now is the time to sign out a dose of prevention for the November blahs.

In other library news, we now sport a fully functional book return slot. Now not only can you take books out, you can return them. Anytime!

Change is afoot at the library once again. There are rumours of some form of re-opening of various activities at the Riondel Community Centre (which houses

the library). At the time of writing, nothing is certain. The library may choose to remain closed to the public, or it might open for certain days per week. As we are all painfully aware, measures to protect everyone from the Covid pandemic are a moving target. We'll keep you posted at [www.library.riondel.ca](http://www.library.riondel.ca) or phone us.

In the meantime, you can continue to order your books by phone or email. If you're dying to judge a book by its cover (and who isn't?), head over to the website to see images of the covers of the latest new



acquisitions. For more info on each book, just search online outlets such as Goodreads or Amazon — and then borrow your selections from Riondel Library.

While we're on the subject of change and continuity, it's high time we acknowledged our cadre of volunteer librarians, new and old ... um, previous. To the

two relative newcomers: belated thanks for your assistance and good cheer. To the ongoing staff, whether on the front lines or behind the scenes: none of this would be possible without you. Thank you.

Lastly, we'd like to remind everyone that, much as we fervently wish otherwise, we're still in the grips of a serious pandemic. And it's getting worse. At the Library we're taking precautions to keep patrons and volunteers alike safe and healthy. We encourage others to do your part so we can get through this thing with as little pain as possible. Be wise, brave and kind, Library people.

**Library Info:**

**Hours:** Monday/Wednesday/Saturday 10-12 am  
**Location:** Riondel Community Centre, south-east door  
**Contact the Library:** the\_librarian@bluebell.ca or 250-225-3242  
**Website:** [www.library.riondel.ca](http://www.library.riondel.ca)

**How to Take Books out:**

- SELECT your books by going to [www.library.riondel.ca](http://www.library.riondel.ca) and click on the Catalogue button, sign in to Library World using Riondel Reading Centre. No password required. Email or phone your requests to the Library..

**How to Return Books:**

- Drop your books off during the Library's open hours.
- About mid-October: drop your books off any time using the Book Return Slot.

The good news is there's still no overdue fines. But please return your books/DVDs promptly so others can enjoy them as well.

## Smarter Than Jack or Jill

by Sharman Horwood

*Animals are smart, amazing creatures. If you have an animal story you'd like to share, please contact me at shhorwood@gmail.com.*

### Not For Cuddling

Sharks are not exactly cute. Nor are they anyone's preferred pets, unless of course you're the villain in the animated film *Despicable Me*. However, current research is changing its mind on this sharks. While you might not be inclined to swim with them, they are more intelligent than previously thought, and they are important for maintaining balance in the oceans.

In the wild, predators are generally more intelligent than the animals they prey upon. In theory, "intelligence is expensive," according to Worldbuilding (a website designed to help writers imagine other worlds and their ecology). Brains use more calories than other organs. Our "metabolic rate increases when engaged in mental activity," says David A. Levitsky, professor of nutrition and psychology at Cornell University. He does add, though, that "in terms of total daily intake" the amount is "trivial" (*The New York Times*, September, 2008). Nonetheless, predators need that additional energy, and they need it all year round, not just seasonally, in order to thrive. Outside of primates, among many species, predators often have that higher intelligence. Among primates, brains developed once they began eating meat, and thus consumed more calories. Once this occurred, the large muscles at the sides of their jaws moved more to the side and down, thus freeing up a larger cavity in their skulls where their brains could grow and develop.

Fish can be more intelligent than we expect. According to Culum Brown from Mcquarie University, "in many areas, such as memory, their cognitive powers match or exceed those of 'higher' vertebrates, including non-human primates" (Wikipedia). This has been defined by L. G. Humphries in his article "The Construct of General Intelligence," 1979, as "the process of acquiring, storing in memory, retrieving, combining, comparing, and using in new contexts information and conceptual skills," particularly in fish. Many fish can retain information for months or even years: "Anecdotally, channel catfish . . . can remember the human voice call announcing food five years after last hearing that call" (Wikipedia) and goldfish remember the colour of a tube used to deliver food to them as long as a year after it was last used for that purpose. Also, if intelligence is indicated by brain size in relation to body size, sharks have one of the largest in this ratio. They have brains "about as massive relative to body weight as birds and marsupials" (Wikipedia, "Fish Intelligence").

"Spiny sharks," or Acanthodians, are shark ancestors, and have been around for more than 420 million years. In a way, sharks existed on this planet prior to most of the dinosaurs. These predators are fairly adaptable, within their physical limits, and usually are successful within their ecosystem.

Cristina Zenato is a shark rescuer. She has worked with sharks for 25 years, and she has removed over 300 hooks from her local sharks, Caribbean reef sharks, near her home in the Bahamas. Cristina is a diving instructor and an experienced cave explorer. She started to dive with sharks because she admired their beauty. She loves the way they "seamlessly" move through the water. She says she "wanted to pet a shark from the first moment . . . [she] saw one," and though it took a year, she succeeded. She wears good protective gear, and teaches respect for these animals.

One day, one of the sharks she sees regularly, called Foggy Eye because of a partial occlusion in one eye, came to Cristina as usual. The shark had a hook in her mouth. To Cristina, removing hooks is her way of making "their lives a little bit better, to relieve their pain." The only way she could remove the hook from Foggy Eye was to put her hand into the shark's mouth and tug it out. (You can see video of this on my Facebook timeline, posted on October 23.) Foggy Eye was not happy. She swam away as quickly as she could. But she came back, and she continues to come back to see Cristina. Zenato says that she will feel a pressure on her back or hip, and turns to find Foggy Eye there. The shark wants Cristina to pet her, and likes to put her head gently into the diver's lap. Many of the sharks that have had hooks pulled from their skin, their fins, or face do return to the group around Zenato. Also, their numbers are growing. Since then, Cristina says, sharks she doesn't know sometimes turn up, looking--or so it seems to Zenato--to have a hook removed. She is happy to oblige. Asked if they communicate with her, she says, "Yes!"

The sharks' behaviour here is different. They're not hunting. They are looking to see if there is food, of course, but they approach Cristina more for an interaction with her. Some of them are also looking to find relief from their pain, too. The behaviour is surprisingly intelligent; they recognize her as a separate being, and they give her their trust, being calm and allowing her to pet them once they get to know her. In fact, they invite that response from her, which in itself is remarkable.

To Cristina Zenato, rescuing sharks is important. Sharks help to maintain an ecological balance in the deeps, and as she says, "this planet survives on the balance of the oceans." To her these feared, but intelligent, animals are just as important as other species: they are a part of the world, a significant element in the planet's ecosystem.

## For the Love of Genre

by Sharman Horwood

### Poisonous Environment

I am writing about a little known mystery writer, Jane Haddam, this month, partly because I'm sorry she's no longer with us. One of her best novels is *The Headmaster's Wife* (2006), because of the type of mystery, and also because it probably was written with some basis in the author's own experience as a college instructor.

Jane Haddam's real name was Orania Papazoglou, and she died last year. She was a journalist, but soon turned to genre writing "after attending the 1981 Romantic Times Booklovers' Convention" (Wikipedia). She was there to cover the convention as a journalist but left it as a fiction writer. Her article on the conference was rejected, and she wrote the novel *Sweet, Savage Death* instead. That novel was nominated for the Edgar Award, and though it didn't win, from that point on Orania continued to write mystery novels. She used pseudonyms: she tried Nicola Andrews, and then Ann Paris, but soon settled on Jane Haddam. Haddam's favourite protagonist is Gregor Demarkian, an Armenian American, supposedly made famous by his previous FBI work.

In *The Headmaster's Wife*, Demarkian is called by the son of one of his former clients, Mark DeAvecca, an eighteen year old boy attending Windsor Academy, a preparatory school in the eastern U.S. Gregor knew the boy because of a previous case involving his mother, a famous television journalist. Mark made the decision to attend Windsor Academy against his mother's wishes because he liked the atmosphere of the school. However, Mark's quickly becomes embroiled in the distasteful side of the institution. For one thing, his roommate is a drug dealer who commits suicide. Then Mark thinks he sees a dead body on the frozen ground near the pond outside the school's quad. The school is definitely not what it tries to appear to be.

No one he speaks to about the dead body believes

him. Every one of his teachers thinks that Mark is a slacker, a lazy boy who doesn't belong at Windsor. They are all certain he takes drugs, and they have a low opinion of him. In his second semester, he coasts along on a low C average. He doesn't shower regularly, nor wear clean clothes. His favourite subject is History, but he fails the exam because he doesn't write anything down. He simply stares at the paper and then leaves. The teachers all credit his confusion and chaotic behaviour to drugs. His roommate, Michael Feyre, is a drug dealer, which confirms their suspicions, though at least one of the teachers does buy some of Michael's product. They plan on not re-inviting Michael back to the school and they're sure they will do the same with Mark. They keep telling Demarkian that the boy doesn't belong at Windsor. However, Michael commits suicide before they take any action. Instead, they look down on Mark as another of the same sort.

Mark himself doesn't understand what is happening to him. Normally he is very interested in his schoolwork, and loves reading. At his previous school, he was a good student, with good grades, part of the reason why Windsor Academy accepted him when he applied. Now he maintains that he can read an entire page, but not remember a single word. He is confused all the time, and constantly drinks coffee to try to wake himself up. The coffee doesn't help, and he wanders around the campus, very confused and tired. He thinks that perhaps the body he saw was a hallucination, and he looks up the symptoms for Huntington's Chorea. Huntington's "is mostly an inherited neurodegenerative disease that results in the death of brain cells" (Wikipedia). Mark is afraid he is developing it because the disease fits his symptoms, but there is no history of it in the family. He maintains all along that he does not take drugs, no matter what the teachers believe. He has difficulty staying awake; he has problems thinking. He tries to study but just can't remember anything.

Gregor, fortunately, recalls Mark as a normal, physically active teenager prior to coming to this school, good at his schoolwork and an avid reader. Demarkian is concerned.

Mark's health abruptly gets worse. Fortunately,

Gregor forces the school to call an ambulance and get the boy into a hospital. Mark survives, but that is remarkable given the results of his blood tests.

As with many good murder mysteries, the story is set against a backdrop of unusual characters. The teachers at Windsor, all united against Mark because he hasn't done well, are themselves a strange group. For years the headmaster's wife, Alice Makepeace, has had affairs with boys in the upper classes. She maintains she is politically rebelling, and teaching the boys to do so as well, but damaging her husband seems to be her most important goal. One of the teachers, Marta Coelho, assure Gregor Demarkian that Mark is a very bad student. She is a very strict teacher who completed her doctorate at an Ivy League school but was unable to subsequently find a job. Many of the other instructors also have dubious backgrounds or attitudes towards their students. Demarkian is dismayed by their lack of expertise and professionalism.

Haddam admired P.D. James' novels. In the Demarkian novels, P.D. James' influence is strong.

In James' mysteries, the plot is staged against a backdrop of British bureaucracies, such as the criminal justice system or the National Health Service. Their failings, either on a personal level or as an institution, contribute to the murder at the core of the story. In *The Headmaster's Wife*, Haddam uses the inadequacies of the preparatory school system, displaying the worst of the teachers' mindsets. When the school doctor protests against Demarkian's kindness towards Mark DeAvecca, in fact against the boy having been taken to the hospital at all, Gregor is certain that something is definitely wrong with this school and that Mark has almost died because of it. In this case, the doctor missed Mark's bad infection of strep throat; she barely examined him when he went to her because of her belief in the boy's supposed drug addiction. As with James' novels, the cause of the problem is rooted in the institution, and in people's prejudices.

Haddam wrote thirty Gregor Demarkian novels in her career. Some of her earliest and a couple of her later novels are a little thin, but they are all an enjoyable read.

## Book Reviews

### McGowans War, Ranch Tales

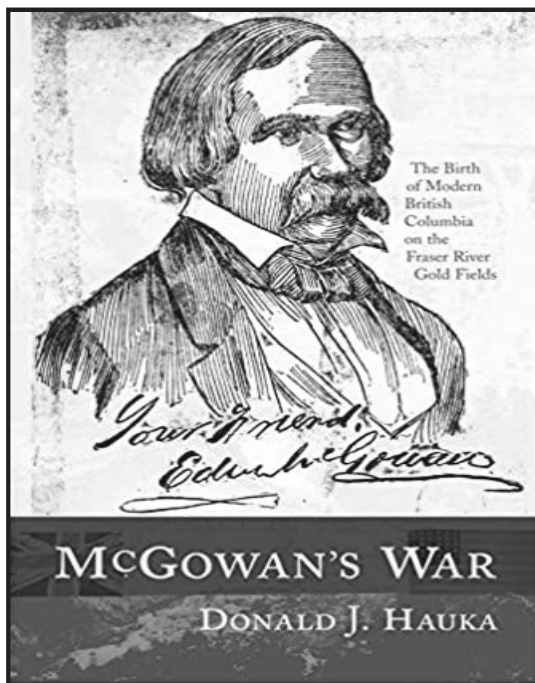
by Tom Lymbery

**MCGOWANS WAR**, BY DONALD J HAUKA, the Birth of Modern BC on the Fraser River Goldfields, New Star Books, 250 pages. \$21.00

This is a most important book, never read by those who took down the statue of BC Governor, James Douglas, who was a mulatto (part coloured) who supported the native people more than the goldseekers. He appointed coloured police, but these were despised by the US southerners who came to work the new goldfields.

Sir James had a most difficult position, having to utilize his own plans to control the infant colony. He was divided by his duty to the Hudson Bay Company and that of the British government. Since it took up to six months to get replies from England, he was only able to govern and devise laws as he thought best.

McGowan was from San Francisco where had served as a judge under the somewhat primitive US system and was part of the massive number of gold seekers drawn to rich bars on the lower Fraser Canyon. Many of these felt they could impose the loose justice that was used in the western expansion, but not in British territory. They might have succeeded as Douglas had few British citizens he could deputize and sparse funds to employ police, McGowan is the



title of this book but he actually is a minor character to Sir James Douglas.

The Hudsons Bay discouraged settlement so Douglas had to revise his efforts and somehow design a colony that welcomed immigrants.

**RANCH TALES, STORIES FROM THE BC FRONTIER**, by Ken Mather, Self published but distributed by Heritage House, 161 pages. \$16.95

This is a most excellent story, for it includes chapters on those who brought cattle and horses to BC and also the terminology of ranching, as so many words came from the Spanish.

The Chinook language is described but its most important factor was that it allowed native cowboys to become a very important part of BC ranching – unlike Alberta where there was no mutual language to allow indigenous men to take part in the growth of the cattle and horse culture.

Again, the author tells us much about how important Chinese cattlemen became – quite possibly unknown to many interested in lifestyles of our country.

Who realizes that so many horses were shipped from BC to Alberta when that province continued to need more draft and riding horses? Not an easy drive or route as much of it had to be through Washington state and then up through Idaho through the Crows Nest Pass.

Once again, *The Mainstreet* gives you the opportunity to give to your community twice this Christmas... Express your Christmas greetings, and at the same time, contribute to the Xmas Hamper Fund! Please send a **MINIMUM \$10 donation** and a short greeting to be published in the December issue. The community will receive your good wishes, and the hamper fund will receive your donation!

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We are now closed - Thank you all for another great season!

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## Did You Know?

### EAST SHORE HEALTH CENTRE NEWS!

The East Shore Kootenay Lake Community Health Society welcomes our new nurse practitioner:

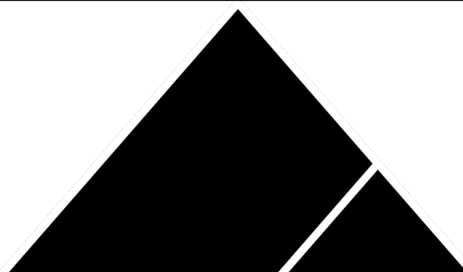
**Jayne Ingram**

Jayne will be available for appointments Monday through Friday - call the clinic (250-227-9006) for more info.

### Memorial Wall

Whether your loved one has scattered ashes, was buried elsewhere or was 'beamed up', the **Memorial Wall in Gray Creek Cemetery** can mark their time here.

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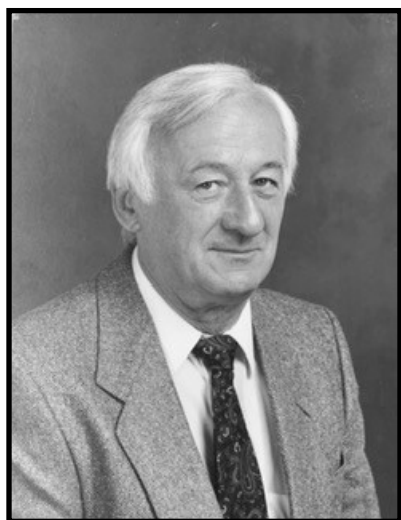
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**HOURS: THURS-SUN, 12 NOON - 11PM.**



## Notice of Passing

Stanley Rakush



Stan Rakush went gently at the age of 85 after a battle with cancer on October 9th 2020.

Stan was born and spent many years in Montreal where he raised his family. Following a trip out west while visiting his daughters, he decided to relocate to coastal BC after driving through

the beautiful scenery. Stan eventually made his way to Riondel, BC where he continued to enjoy his love of fishing and being close to his family.

Stan's strong and charming personality will be greatly missed by his daughters, Catherine and Victoria (Greg), his grandchildren and great-grandchildren, his sisters, Alice and Oksana, his niece Alison and his friend and partner Ruth. He will be reunited with his beautiful daughter, Catherine and embraced by his son-in-law, Greg.

Many thanks to all who helped with his care, Dr. Janz and the staff at Mountain Lakes in Nelson.

Cremation has already taken place and although, as his wish there will be no service, we will remember him fondly and often. We hope you have found peace and are dancing in the stars.

## Notice of Passing

Frank Eugene Dill

**Intro by Tom Lymbery:** *Frank Dill and his family came to the Kootenay Bay ferry landing and were surprised to find that there was no restaurant. They bought the site where Kaniksu Lodge had burned and built what is now the Cabin restaurant. They expected to sell their new building but ended up running the restaurant themselves. As a builder Frank was important to the East Shore.*

It is with great sadness that the family of Frank Eugene Dill announces his passing on September 26, 2020. Frank left us peacefully surrounded by his family at his home in Winlaw, BC.

Frank was born in Heidelberg, Germany on February 25, 1927. After finishing school, he was recruited to serve in the German Army until 1945.

After the War he decided to immigrate to Canada near the end of 1951 and established himself again as a Master Electrician, which is the trade he was taught in Germany.

He lived in many parts of Canada but made his final home in British Columbia where he has lived with his family for the past 45 years.

He was loved by all people he came in contact with over his lifetime and he will always be remembered by everyone who got to know him. Frank was predeceased by his Wife Frieda and his Son Frank Dill Jr.

Frank will be forever missed by his Daughter Ricki Morin (Jules), Granddaughter Julie Morin (Dwayne), Great Grandson Logan Sol, Great-Granddaughter Madison Sol, Grandson Randy Morin, Great Granddaughters Briella & Annalise Morin, Sister-in-Law Baerbel Landes, Daughter-in-Law Susanne Dill and all of his family in Germany and Friends in Canada.

Many thanks to all of the wonderful people involved in helping Frank with his journey: The Mountain Lake Seniors Community and their staff, Interior Health and Dr. Janz. By Frank's request there will be no service.

In lieu of flowers, donations can be made to the local SPCA Nelson BC and the Salvation Army Nelson.

You will live forever in our hearts until we meet again.

*Op/Ed:*

## Get Your Bubble Vaccinated

by Susan Brown, President and CEO, Interior Health

Right across Canada, more than ever, we need people of all ages and walks of life to get vaccinated against influenza.

The more we reduce the presence of respiratory illness this winter, the better positioned we are to continue fighting against COVID-19.

When we assess a patient's respiratory symptoms, our job is easier if they have had the flu shot because it helps us determine if the illness is more likely influenza or COVID-19.

So far, Interior Health has been fortunate that our health-care system has kept up to the demands of COVID-19. But I can share with you, we are seeing challenges in some places, such as testing sites and labs, and we have entered a fragile time with the cooler weather. We need to avoid the influx of really sick patients with influenza, which, combined with COVID-19 pressures, could push our health-care system to the edge.

I know from more than 30 years of experience in health care that getting the flu shot helps prevent the system from surging over capacity.

If you are under 40, you may think influenza and COVID-19 are nothing to fear, but we need everybody to think of others during this difficult time. While the symptoms for you may be mild, as with COVID-19, you could unknowingly pass the flu to loved ones and it can be fatal.

Our seniors and elders have been there for all of us and they need our support today. I can't think of a better way to show appreciation than by taking advantage of any defence that will protect their health when they need us the most.

The flu shot is a tool in the tool box. The choice is yours to decide whether to use the tools to protect yourself and the ones you love.

Over the next few weeks, you will hear more about Interior Health's public campaign to encourage vaccination. We will be working with many different providers to promote our influenza campaign this year.

The flu season typically ramps up in November, but before it reaches our communities, talk to your bubble, your neighbours' bubble, and your social media bubble. Encourage everyone to get their bubble vaccinated.

Even if you have never felt the need to get the flu shot before, please do it this year. Help protect each other and the health-care system we all need.



The Mainstreet is a community-written monthly newspaper that serves the communities of Wynndel through Riondel and Balfour. It's available at the following stores for retail: Wynndel Foods - Wynndel, Destiny Bay Grocers - Boswell, The Lakeview - Gray Creek, The Gray Creek Store - Gray Creek, The Crawford Bay Store - Crawford Bay, Riondel Market - Riondel, The Osprey 2000, and the Gill and Gift in Balfour.

Contact: Ingrid Baetzel, Editor

Phone: 250.505.7697

Box 140, Crawford Bay, B.C. V0B 1E0

Email: [mainstreet@eshore.ca](mailto:mainstreet@eshore.ca)

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## Memorial Wall

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**BLANCHE TANNER** - Breath Practitioner, (Family Constellation) Heart-Centred Therapy (Meditation), Healing Emotional, Physical & Sexual Abuse, Addictions, Relationships, Anxiety, Depression. 227-6877

**COUNSELLING & SUPPORT SERVICES:** Free and Confidential for children, adults and families. Services include: Adult Mental Health and Addictions; Child Youth Mental Health; & Family Support. Call 1-866-774-5324 (toll-free) or 250-353-7691. North Kootenay Lake Community Services Society.

**EAST SHORE HOSPICE** - Palliative care for anyone facing life threatening illness. Confidential support for individuals and their loved ones. Hospice can also provide grief and bereavement support. 250 227 9006 ext 29 - eastshorehospice@gmail.com. Volunteers needed. Please contact for more info

**FIRST CONTACT EAST SHORE MIDWIFERY** - Sylke Plaumann, registered midwife. 250-227-6846.

**KOOTENAY SOUND HEALING CENTRE** on Riondel Road, offering Sound Healing treatments, Gong meditations, Astrology consultations, Workshop/Event space, Acutonics@ classes, and products. www.kootenaysoundhealing.com, 250-225-3518, theresa@kootenaysoundhealing.com

**REGISTERED ACUPUNCTURIST, LISA SKOREYKO R.AC.** Treatment for pain, emotional disturbances, gastrointestinal issues and much more. 250.777.2855. Unit #9 Crawford Bay Inn. 16210 Hwy 3A, Crawford Bay.

**REGISTERED HERBAL THERAPIST, MASTER HERBALIST** - Maya Skalinska, M.H., R.H.T. Iridology, Tongue & Pulse analysis, Nutritional consultations, individual herbal remedies, Flower Essence consultations & remedies. For appointments, please call 250-225-3493.

**REGISTERED MASSAGE THERAPIST:** Harre-son Tanner - Over 40 years clinical experience. Treatment of Lumbo/Sacral Strain, Whip Lash, Frozen Shoulder, Migranes/Headaches, TMJ problems, & Stress. No doct refl req'd. 227-6877/cell: 505-6166.

**SUSAN SNEAD ACUTONICS PRACTITIONER (TUNING FORK THERAPY):** With certificates in Ayurvedic massages, Foot Reflexology, Fibonacci tuning fork alignment. Bach Flower Remedies and Astrological consultations. 250.225.3520.

**THERESA LEE MORRIS, SOUND HEALING TREATMENTS** with planetary gongs, singing bowls, tuning forks and chimes. Certified Acutonics Practitioner and Instructor, theresa@kootenaysound-healing.com, 250-225-3518

**WILLIAM MORRIS, PhD, DAOM,** offering astrological consultations combining 40 years of clinical practice weaving Chinese medicine, Astrology and Sound Healing. wmorris33@gmail.com 250-225-3518

**RENTALS/ACCOMODATION**

**YEAR ROUND SHORT TERM ACCOMMODATION.** Bluebell Cottage in Riondel. Can sleep up to 10 people. Newly renovated, warm and cozy. 250-551-7953. Openings still available for the holidays.

**RESTAURANTS**

**CRAWFORD BAY HALL & COMMUNITY CORNER BUILDING** - available for community events, wedding receptions, workshops etc. Non-smoking facilities. Call Kathy, 227-9205.

**NEWKEY'S PLACE** - Hwy 3A in Crawford Bay, licensed area. Open noon til close Monday to Sunday. Food Specials all day. 227-6911.

**ROCKWOOD CAFE** - Authentic Chinese food, and perfect burgers. Open Tues - Sun. Hwy 3A Gray Creek. 227-6840.

**YARD/LANDSCAPING/SITE PREP**

**TREE SERVICE, RESIDENTIAL** - Fully insured Limbing, Pruning, Topping, Falling. Danger Tree Assessments, Free Estimates. Call James Linn at 250 225 3388



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**Next Deadline:**  
**Nov 25, 2020**

**Massage Therapy**  
**Harre-son Tanner, RMT**  
*Over 40 years clinical experience*



\* Knowledgeable \* Skilled \* Experienced  
For appointments, call 227-6877/505-6166

**CLASSIFIED ADS**

**BUSINESS ANNOUNCEMENTS**

**Insurance Certification** requires professional chimney installation – we are the pros – Gray Creek Store, 250.227.9315

**BUSINESS SERVICES**

**Fax service,** photocopies, (with no PST/GST) Tom Lymbery – Notary Public, 250- 227-9315, fax 227-9449, 250 551 0423 for Notary Public.

**Next Deadline:**  
**Nov 25, 2020**

- Planning a wedding?
- Holding a meeting?

Consider renting the **BOSWELL MEMORIAL HALL**  
Booking/info: Karen Lee at 250.223.8686

*The Fitness Place*

**Open to members**  
**7 days per week**  
**5:30am-10:30pm**

Reduced supervisor hours may occur with reopening, so please contact Julia Kinder at [eastshorefacilities@gmail.com](mailto:eastshorefacilities@gmail.com) or 250.777.2497 (email is preferred)

**YOUR HALL IS AVAILABLE!**  
For community events, wedding receptions, workshops... you name it!  
**Booking: Kathy Donnison - 250.227.9205**

**CRAWFORD BAY HALL**  
*Your community hall*

**A non-smoking facility**



**NOT YOUR AVERAGE VOLUNTEER GIG**  
*Serving the East Shore.*

Join us. Be a volunteer responder. | **RIONDEL FIRE/RESCUE SERVICES**  
Call 250.551.1352

# BULLETIN BOARD

**Community Notices, Thank You's, Not-For-Profit Announcements (all not related to business), Church Calendar & Meeting Places - free on the Bulletin Board.**

**\* BULLETIN BOARD \* BULLETIN BOARD \***

**CHILD HEALTH CLINIC, ADULT IMMUNIZATIONS, PUBLIC HEALTH NURSE**

Will be at the East Shore Health Centre monthly. For information, call Creston Health Unit at 250-428-3873. **EAST SHORE HEALTH CENTRE Call 227-9006**  
**\*See calendar for doctor days\*** - Doctor hours are from 9:30am to 4:30 pm. Please call 227-9006.  
 Interior Health Authority, Community Care Nursing and Home Support Services - 250-352-1433.

**HEALTH CLINIC MESSAGE**

**We are doing phone appointments right now, unless the patient absolutely has to be seen, or they can go to emerg. In Creston or Nelson. If someone is having symptoms of Covid-19 they are asked to stay home and call 250-551-7500 or 811.**

**Lab and Doctor apts.**

**Our doctors are doing telephone appointments when possible.**

**If you are experiencing any symptoms such as fever, cough, shortness of breath,**

**“Please do Not Come INTO CLINIC**

**“ Call 811 or Nelson Testing Site Phone 250-551-7500**

**We do not have the testing kits here at the clinic.**

**HEALTH PHONE NUMBERS**

- ES Health Centre: 227-9006
- Drug & Alcohol: 353-7691
- Child & Youth: 353-7691
- Community Nursing: 352-1433
- Public Health Dental Screening/Counseling: 428-3876
- Hospice: 227-9006
- Baby Clinics: 428-3873
- Mammography Screening: 354-6721
- Physiotherapy: 227-9155
- Massage Therapy: 227-6877
- Mental Health Crisis line - 1-888-353-CARE (2273)

**DOCTOR DAYS IN NOVEMBER (SEE ABOVE RE COVID PROTOCOL)**

- NOV 3, TUES: DR A PIVER
- NOV 4, WED:
- NOV 5, THURS: DR E BARBOUR
- NOV 10, TUES: DR A PIVER
- NOV 11, WED:
- NOV 12, THURS: DR B MOULSON
- NOV 17, TUES: DR A PIVER
- NOV 18, WED:
- NOV 19, THURS: DR E BARBOUR
- NOV 24, TUES: DR A PIVER
- NOV 25, WED:
- NOV 26, THURS: DR E BARBOUR

**RIONDEL SENIORS**


It has been a long 8 months, but the Riondel Community Centre is reopening early November. The Riondel Seniors Association Activity Programs will be starting up once again on a somewhat staggered and altered basis. We are still working out details and actual start dates - there will be more info in December. In the interim, Seniors Association members will be emailed specifics as programs come on board. If you are not a member, but are interested in the specifics, please email Sherrie Sutcliffe <sfulton@sfu.ca> and we will happily provide you with details as they are resolved. The Riondel Seniors Association looks forward to a new season and welcoming back our regular attendees and, hopefully, welcoming new members and visitors. Thanks so much for your patience and understanding.

**CHAMBER MEETING COMING UP - REGISTER!**

Be informed about what your Chamber has accomplished and priorities for the year ahead. Everyone welcome! Please RSVP since space is limited for this physically distanced meeting. Nominations for new directors will also take place in preparation for the Annual General Meeting (Monday, Nov. 30, 7 pm.)

**CHAMBER General Membership Meeting:**

When: Monday, Nov. 16, 2020, 7 pm  
 Where: Crawford Bay Hall  
 RSVP info@kootenaylake.bc.ca



*The Mainstreet is a community-written monthly newspaper that serves the communities of Wynndel through Riondel and Balfour. It's available at the following stores for retail: Wynndel Foods - Wynndel, Destiny Bay Grocers - Boswell, The Lakeview - Gray Creek, The Gray Creek Store - Gray Creek, The Crawford Bay Store - Crawford Bay, Riondel Market - Riondel, The Osprey 2000, and the Gill and Gift in Balfour.*

**Contact: Ingrid Baetzel, Editor**  
 Phone: 250.505.7697  
 Box 140, Crawford Bay, B.C. VOB 1E0  
 Email: mainstreet@eshore.ca  
 Web: www.eshore.ca

**ADVERTISING RATES**

**\$35** - 3.25 wide X 1.75 tall (inches)  
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**\$45** - 3.25w X 3t  
**\$50** - 3.25w X 4t

**\$55** - 3.25w X 4.5t    **OR** 6.75w X 2.25t  
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**\$100** - 3.25w X 10.25t  
**\$130** - (1/4 page) 5w X 7t  
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**OR** 3.25 w X 14.5t    **OR** 10.25w X 4.5t  
**\$225** (1/2 page) - 10.25w X 7t  
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**Sample Sizes - more sizes available.**  
**Column Width:** 3.25 inches - double width: 6.75 inches - full width: 10.25 inches  
**Services Directory:** \$5/month, up to 3 lines.  
**Classified Ads:** \$5/first 30 words, 10¢/word additional

**\*\*THESE RATES ARE FOR B/W ADS ONLY\*\***  
**FOR FULL COLOUR, ADD 30%**

**CHURCH/MEETING CALENDAR**

**RIONDEL COMMUNITY CHURCH**

Everyone welcome.

**CHRIST CHURCH & EAST SHORE CONGREGATIONS ST. ANSELM'S CHURCH BOSWELL (Anglican)**

No services at the present time. Contact Christ Church Creston for info - 250.402.3225

**HARRISON MEM CHURCH, ANGLICAN**

Crawford Creek Rd., Crawford Bay  
 No services at this time.

For info, please contact Rev. Leon Rogers: 250.402.3225

**KOOTENAY LAKE COMMUNITY CHURCH**

*A Lighthouse on the East Shore*

Come & join us Sundays at 10 am.  
 Coffee fellowship after the service.  
 Pastors Richard and Ramona Dannhauer  
 16190 Hwy 3A, Crawford Bay: 250 505 8286

**YASODHARA ASHRAM**

Satsangs available anytime for inspiration - Online at our website (yasodhara.org/about-yasodhara/satsang/) or YouTube (youtube.com/user/yasodharaashram/).

**MOST HOLY REDEEMER CATHOLIC CHURCH, RIONDEL**

Fr. Lawrence Phone: 428-2300  
 Sun Mass at 2pm.

**CHRISTIAN SCIENCE CHURCH SERVICES**

Held in the Anglican Church, 8151 Busk Rd, Balfour  
 Sundays, 9:30 am All welcome! 250.229.5237

**MEETING PLACES**

**LIONS CLUB** - meets at the Kootenay Lake Community Church - 16190 Highway 3A, Crawford Bay. Meeting Times: 7 pm. 2nd and 4th Tuesday of the Month. For More info call Lion Mike Jeffery - 250-227-6807 or Lion David George at 250-227-9550 or Lion Fraser Robb at 250-227-9636.

**TOPS** - Take Off Pounds Sensibly: meets Thursdays at 8:30am, Kootenay Lake Community Church basement. Info: Myrna at 227-9420

**PARENT ADVISORY COMMITTEE**

(PAC) Meetings held at 4:30 pm at the Crawford Bay School on the first Wednesday of the month. Email cbess.pac@gmail.com for info.

**ALCOHOLICS ANONYMOUS:**

Meets every Sunday at the Community Corner Bldg. in Crawford Bay at 7:15 (1 hour meeting)

**Kootenay Lake**

**Ferry Schedule**

**Winter Schedule**

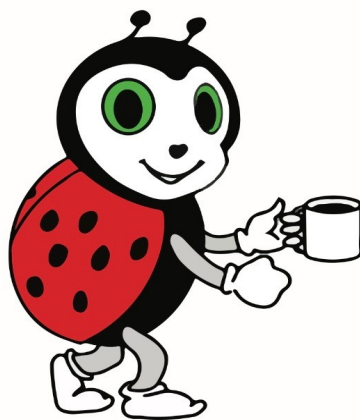
All Times listed in East Shore time.

| Vessel | Departs Balfour | Departs Koot. Bay |
|--------|-----------------|-------------------|
| Osprey | 7:30 am         | 8:10 am           |
| Osprey | 9:10 am         | 10:00 am          |
| Osprey | 10:50 am        | 11:40 am          |
| Osprey | 12:30 am        | 1:20 pm           |
| Osprey | 2:10 pm         | 3:00 pm           |
| Osprey | 3:50 pm         | 4:40 pm           |
| Osprey | 5:30 pm         | 6:20 pm           |
| Osprey | 7:10 pm         | 8:00 pm           |
| Osprey | 8:50 pm         | 9:40 pm           |
| Osprey | 10:40 pm        | 11:20 pm          |

# LADYBUG COFFEE

...at the ferry landing

Open every day, 7:30am to 3pm  
(Yes, we will be open all year!)



**Fall Menu now on!**

Everyday: O N C E D  
S L S F B -D  
B S  
LADYBUG ON WHEELS I  
S F W

EAST SHORE INTERNET SOCIETY

## HIGH-SPEED INTERNET

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www.eastshoreinternet.ca

Central Kootenay Lake's community non-profit ISP.

Once again, The Mainstreet gives you the opportunity to give to your community twice this Christmas... Express your Christmas greetings, and at the same time, contribute to the Xmas Hamper Fund! Please send a **MINIMUM \$10** donation and a short greeting to be published in the December issue. The community will receive your good wishes, and the hamper fund will receive your donation!

**Email:**  
mainstreet@eshore.ca  
**Phone:**  
250-505-7697  
**Mail:**  
Box 140,  
Crawford Bay, BC V0B 1E0

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