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The East Shore Mainstreet

KOOTENAY LAKE BC

Serving the East Shore communities of Boswell, Gray Creek, Crawford Bay, Kootenay Bay and Riondel

INSIDE:
News, Views,
Reviews,
Hot Topics,
Current Events,
Letters & Ideas

*MS ONLINE

It's A Wrap! Fall Fair

a Wonder - 2, 6-8

Man Loses Wife on

Elephant: 4

Proust Questions: 4

The Costs of 9/11: 5

Kings O' the Ball: 8-9

Come on in today!

The Fitness Place: 14



Photo: Ron Saalfeld - see page 7 for full caption



Photo: Dena Kubota



Photo: Dena Kubota



Photo: Dena Kubota



Photo: Ingrid Baetzel



Photo: Dena Kubota



Photo: Dena Kubota



East Shore Internet Society
ESIS 21015 TINGLUGI SOCIETY

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esis.theeastshore.ca

Central Kootenay Lake's community non-profit ISP

100th Annual Kootenay Lake Fall Fair

The Fall Fair in Crawford Bay was a huge success and very well-attended for its celebration of the 100th Anniversary of the event in September of 2011. The organizers went well above and beyond the call of duty to bring spectators, participants, residents and visitors a memorable, highly entertaining and sense-stimulating experience.

Return undeliverable items to:
The East Shore Mainstreet
Box 140, Crawford Bay, BC, V0B 1E0
Agreement #: 40718537



MS Issues

by Ingrid Baetzel, Editor

I don't understand electricity... Or radio, light, micro or gamma waves. I don't get how a television screen relays information and other pertinent garbage to my eyeballs.

I don't really get how my eyes work, for that matter. Nor my ears, nor the infinitesimal cellular waltz inside my body that makes me work the way I do. Red blood cells? Neurons, protons, molecules and all those strangely-named and odd-looking little bones in my inner ear? I don't get it.

I don't comprehend the internet in any important way, nor am I able to envision what it will be in ten years or one hundred years.

I don't decorate my house nor have I figured out how to can. I don't know how to play an instrument anymore nor can I run one one-hundredth the distance my husband can run. I don't harvest food from my garden and I don't sew. I don't do yoga and I don't kayak. I don't geo-cache (although I want to) and I don't dance much anymore (although I want to).

And yet, inside all of this (and substantially more) lack of comprehension, willingness to just accept things as they are, and pure ignorant bliss lies one of the happiest, most satisfied people I know.

This past year has been, to say the least, challenging. It has hurt in places that I didn't even know I had. I have let go, whether through death or loss of friendships or through illness and grief, of some pretty heavy weight around my heart and have come

out the other side lighter in spirit and free.

What is this magic combination of loss and learning? When will my little human psyche be completely awake to the fact that in every death, like that of the deciduous tree greenery, there is slumber, internal conscious stirrings, and re-birth? So often, when we're in the grief and the loss, it feels suffocating and terrifying. Then, when it's just over, we rebuild.

I lost a few friends in 2010/2011. Those who died carry our love energy and remain strong in our thoughts. Those who turn their backs or step away for their own survival do the same and maybe someday they will find a way to their own peace and release. Maybe they already have.

Once upon a time, a reader criticized me for not writing about important community issues and for using this column for self-pitying personal rants. Well, guess what? I'm doing it again, except that I don't pity myself today. I am glad and grateful and not taking the grief further than it is meant to go, for myself.

The things I don't know could fill a two hundred and seventy three story building, not one floor more nor less. Every day, I lap those little lessons in life up with a teaspoon. What do you say to another sip?

Acupuncture

Christine Peel,
Registered Acupuncturist

For an appointment, 250.505.8130

LETTERS TO THE EDITOR

SUPPORTING OUR CAMPERS

Dear Editor

Dutch Harbour Camp was very appreciative of the Nelson & District Credit Union – Crawford Bay Branch donation of \$500 dollars towards our canoeing program. We were able to purchase 20 life jackets and 10 paddles.

Visitors to our camp come from as far as Vancouver, Kelowna, Calgary, Washington State and many places in between to attend children camps, family camps, ladies and men's retreats, school groups and family reunions. To know that we are doing our best to meet the safety standards required to insure all our campers are safe this donation is greatly appreciated by the camp and the committee members.

Thank you for supporting our campers with this generous donation.

Nils & Bonnie Anderson, Managers/Caretakers

WOW, 100 YEARS!

Dear Editor:

WOW 100 Years! That is pretty amazing. We want to say a huge thank you to all who assisted with the 100th Kootenay Lake Fall Fair. You are too numerous to mention individually, but you know who you are.

We had a great day and I believe that everyone who joined us for our celebration had a fun time enjoying the live music, great BBQ, all the Historical booths, the Riondel Art booth, dressing up in old time outfits, the zucchini races (who knew that a zucchini could go THAT fast)?

But most of all I would like to say thank you to all the people who entered exhibits in the fair, our community embraced this 100th Annual event and participated by entering in the Fruits & Veggies, Flowers, Baking, Preserves, Farm products, Art & Crafts, Photography and of course the Children's Section. All together we tallied 965 entries.

Congratulations to all those who won first and second place ribbons, competition was tough this year and

the judges really had their work cut out for them, so if you won then you definitely have bragging rights.

Again thank you to all who entered, participated, volunteers, or came out and enjoyed the day. It was because of YOUR involvement that the 100th Kootenay Lake Fall Fair was a HUGE success.

Mike and Ivy Jeffery, Fall Fair Committee

FALL FAIR WAS TERRIFIC!

Dear Editor:

Congratulations to all of you stalwart Fall Fair organizers for the best Crawford Bay Fair that I've ever experienced.

The huge amount of work that you all put into it really paid off and it was an event that our community can be proud of.

The antique chain-saw display was really interesting, as were all of the historical exhibits, and it was fun trying to win the various guessing games, and just to mingle with friends and neighbours and take in all that East Shore musical talent.

The Lions did a superb job on the food, too. As for the entries - it was really inspiring to see the fruits of so much creative energy.

Our slogan "Artistic By Nature" pretty much captures the essence of this place. Hats off to everyone involved in such a first-class show!

John Edwards, Crawford Bay

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OFFICE DESK

Box 140, Crawford Bay, BC, V0B 1E0

Editor: Ingrid Zaiss Baetzel (since 2002)

Retail Distribution, Subscriptions, Advertising, Layout:
Ingrid Zaiss Baetzel

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\$50 to the US, and \$75 Internationally)

Phone: 250.227.9246

Email: mainstreet@theeastshore.net

REPORTING: Galadriel Rael

Email: lagala@theeastshore.net

Proof Editor: Doreen Zaiss

Writers: Community

Article? Letter? Etc? Drop off at Gray Creek Store drop box,
mail to Box 140, Crawford Bay, V0B 1E0
or Best Yet, Email to: mainstreet@theeastshore.net

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Next Deadline:

Wednesday, Oct 26, 2011

WHY 10% ISN'T ENOUGH:

To the Editor:

My local purchase of a bottle of whiskey, priced at \$31.99 at BC Liquor stores, resulted in a charge of \$33.95 plus deposit, which is an over-pricing of a little more than 6% (six percent). I thought this was a bit much until I researched it more.

Rural agency stores now only get a 10% (ten percent) discount when they buy liquor. Perhaps someone will tell me when this was changed by a greedy BC government from the 15% (fifteen percent) which I recall from years ago.

Yes, rural stores are allowed by the BC government to charge the supposed retail price PLUS OR MINUS 10% (ten percent). How could they make money if they sold liquor at cost? In fact, how can they make money with only a 10 to 20 percent markup?

Recently I visited the new Nelson liquor store in the mall next to Save-On. They reportedly get only a 10 percent discount when they buy liquor, but they may carry some brands not stocked in the BC government liquor stores. They are also reportedly able to charge not just up to 10 percent more, but they may apply ANY MARKUP THEY LIKE!

Is this fair to our local rural agency stores? No, it is not!

Perhaps our local MLA could look into this unfair discrepancy.

David George, Crawford Bay

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Word on the Mainstreet

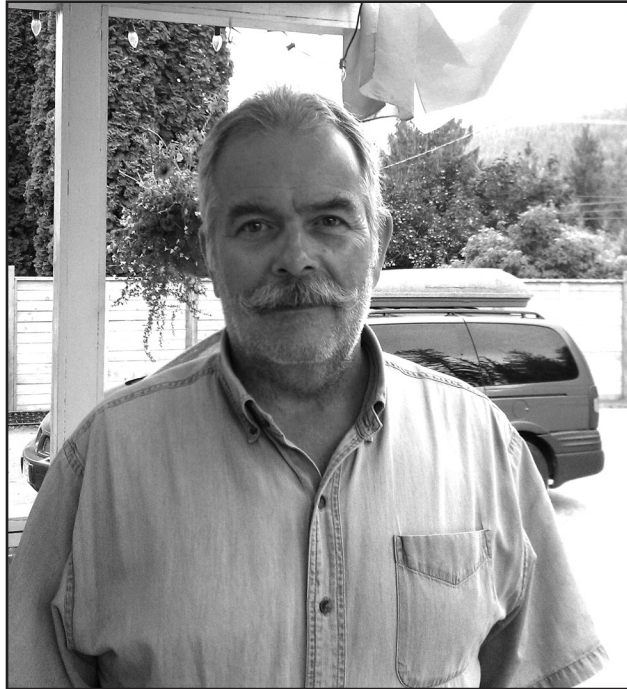
by Mainstreet reporter, Galadriel Rael

QUESTION: What are you most thankful/grateful for in this life?



Family, friends, hockey, happiness, and especially health.

**Jacki Friesen, Riondel, B.C. and
Lorrie Rhead, Boswell, B.C.**



Being happy... that covers it all. I'm thankful for being here.

Jim Rothwell, Gray Creek, B.C.



Food and life. I'm grateful for the nature that's here. I've lived in the city, but I've been here for three years, and this is way better.

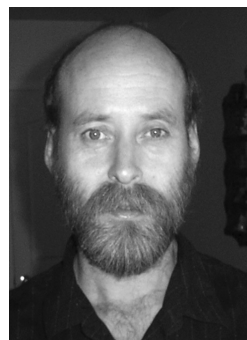
Justice Nicholson, Crawford Bay, B.C.

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RDCK Area "A" Update

by **Garry Jackman, Director, Area "A"**

September has been a busy month, but not at all without its very enjoyable events. One of the best attended for the eastshore must have been the 100th Kootenay Lake Annual Fall Fair. It was a great event, reflecting once again the hard work of the volunteers who dedicated their time and talents. Our MLA, Michelle Mungall, was in attendance and I would have to say was very much in the spirit of the event, donning a dress fashioned after a style dating back a century. We enjoyed lunch to some great musical entertainment and strolled around the grounds on a perfect fall day. The entries were at near record levels, the exhibits were excellent and the contests to identify objects and historical trivia were just plain fun. Tina and I are awaiting anxiously to see if our love of antiques has translated into a prize for identifying objects from the past which at one time were in almost every household. Capping the day, I believe, was the presentation of the plaque from the Ministry of Agriculture recognizing the achievement of the community holding such an event over the span of a century. Well done, and here's looking forward to year 101.

September has also seen a significant stepping up of meetings and seminars for the RDCK. I attended meetings for the Riondel Commission of Management, Creston Valley Services Commission, Creston and area transit, Kootenay Lake Partnership (stewardship group - sessions held this round over two full days with 9 presentations from partners), east resource recovery

commission (solid waste), a site trip to observe the mining exploration/drilling ongoing in the Wynndel watershed, a seminar on aquatic invasive species, rural affairs committee, RDCK Board meeting, International Joint Commission annual meeting for the Kootenay Lake Board of Control, five days of Union of BC Municipalities (UBCM) meetings and conference sessions, and at the time of writing I hope to attend the Columbia Basin Trust annual general meeting in Kaslo. I will not try to comment on all of the discussion and issues here, but if a topic interests you please give me a call.

Development

I will talk generally about development this month, including the often controversial topic of variances. Even though many areas of the world have seen economic turmoil, the RDCK has continued to receive a steady flow of development and building applications. In our rural areas building permit stats are running 6% to 7% lower than year to date figures for 2010 but the trend to develop new residential properties, especially along lakefront, has continued to be strong which I believe is a reflection of the natural attributes, both in terms of environmental beauty and friendly communities, which so many people are seeking. Since we are in a rural setting, with unevenly sized and shaped lots, differing local conditions and a relatively minimal set of restrictions on what any particular structure may look like, we are constantly receiving applications for variances from either individual landowners trying to get the most out of their little piece of heaven or from developers trying to maximize their return from a project while delivering properties to the marketplace which are desirable.

While the RDCK is responsible for managing many aspects of development, there are several interrelated steps in many developments involving Highways, Ministry of Environment, the 'Land' Ministry and federal

fisheries (DFO). Year over year the process does not seem to have become any less cumbersome. Hopefully, processes which evolve from the Kootenay Lake Partnership will help streamline some of the reviews by identifying common sense approaches depending on how critical habitat may be impacted around the lake. Meanwhile, RDCK planning staff have developed a new Land Development Application Procedures Bylaw which updates the steps required for various applications in a form which is consistent with current practice and Board policy. Second, staff have prepared a new Subdivision Bylaw which pulls together some of the basics to be considered, such as water and sanitary services, parkland dedication, allocations for roads, etc. This bylaw received public input through referral for comment to Advisory Planning Commissions, provincial government agencies, local surveyors and engineers who are involved in land development plus some of the local developers. Again, it is a snapshot of current practices and requirements and no doubt will be amended over time as provincial regs change and as better information or practices are available.

Union of BC Municipalities

As noted above, a full week is allocated in September for local government reps hold an annual conference to discuss common issues amongst member communities and to bring issues to Provincial reps. Next month I will give updates on our successes in putting forward messages and concerns from local government. Some of the hot topics are regulations for small water systems, changes to the Provincial policy over diking authorities, improvements to the BC ambulance service, new product stewardship groups, rural road maintenance and impacts of changes to how the Agricultural Land Commission operates.

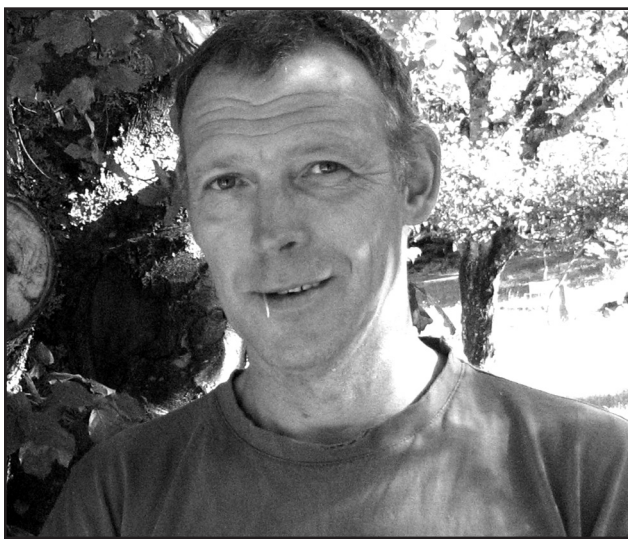
As always, contact me by calling 250-223-8463 or at gjackman@kootenay.com.

Getting to Know You

Mainstreet's Proust Questionnaire

The Proust Questionnaire is a questionnaire about personality. Its name and modern popularity as a form of interview is owed to the responses given by French writer Marcel Proust.

In an era when we have become more insular than ever, it seems timely to ask these questions - the ones that help identify us and set us apart from one another and also that teach us greater lessons about our neighbours. I am starting this feature with a friend, because this friend is the one who was the impetus for the idea. Thank you, Mauz.



Uwe (Mauz) Kroker

- What is your favourite virtue?* I don't have one
- What is the trait you most deplore in yourself?* Judgement
- What is the trait you most deplore in others?* Envy
- When and where were/are you happiest?* Getting her love
- Who is your hero in real life?* Dirty Harry
- What natural talent would you like to be gifted with?* Playing piano
- What is your best characteristic?* Patience
- What is your greatest fear?* To die before my mother
- What was your greatest triumph?* Quitting smoking
- What was your greatest tragedy?* Lost loves
- What is your greatest extravagance?* Being generous
- What do you dislike most about your appearance?* I'll keep that my secret
- If you died and came back as a person or thing, what/who would it be?* Me again
- What is your most treasured possession?* My hands



Thoughts from a Disturbed Mind

by Harvey Valgardson

Teeth and Travel

Okay. First of all, to the people who have been enjoying my extended silence, tough luck. I'm back. Next, to the more discerning readers who have expressed disappointment in my absence, I apologize. I have been somewhat distracted this summer and consequently I am experiencing difficulties forming a thought, never mind finishing one. It's my teeth. They hurt.

Over the years I have been pretty good about looking after the darn things. I brush, I floss and at least once a year I go to the dentist for a cleaning and checkup. He always finds something that needs doing for the sake of my oral health and his Rolls Royce payment and I had long ago resigned myself to dropping around a grand a year in that torture chamber. About three years ago I was told that the grand had increased to six. Perhaps he needed a new Rolex or maybe his mistress was becoming more demanding but that was too much for me. I balked.

Three years of balking has not helped the problem. It has, predictably, gotten worse. These days that six thousand estimate is looking pretty attractive because my last quote was a tad over twenty. Anyone attempting to get that much money out of my pocket better be offering incredible sex and a lot of beer. A whole lot of beer. I can't even imagine that much beer.

I've been told that the situation, left untended, could kill me. I suppose a normal person, faced with that possibility, would bow to the inevitable and get them fixed. I am not a normal person. I am cheap, I am obstinate and I really don't have that much left to live for. Gazing into the future all I see is many miles of rough road and while my Christian upbringing prevents me from prematurely ending the journey, I sure as heck won't spend twenty grand to prolong it. No, I had pretty much decided to explore the upper limits of my pain threshold whilst waiting for some particularly virulent strain of infection to put me out of my misery. That level of pigheadedness is well within my capabilities and it is probably how the whole thing would have ended if it weren't for the fact that my wife wants to ride an elephant.

There are not that many places on the planet where you can ride an elephant. India is one of them. If you Google elephant rides in India and follow enough links you will eventually learn something germane to this rant. Dental work is relatively cheap in India. Hmmm. That called for some research. Would it be possible, I wondered, to spend the winter in India, put my wife on an elephant and get my teeth fixed for less money than the teeth would cost me here? No, probably not, but it would be close so I guess that is what I will do.

At this point some of you are likely saying "Aw, isn't that sweet. He won't spend the money on himself but he will if it makes his wife happy." Well, you're wrong. I've got this whole thing figured out to where it's not going to cost me a cent. I'm simply going to put the entire fiasco on my credit cards and, since there is no way we will survive this adventure, I won't have to pay any of it back.

I have a very delicate stomach. Yes, it's a big one, but it's delicate and it does not tolerate anything different. India is, I think, very different so there is no doubt in my mind that I will eventually succumb to Delhi belly. It doesn't really matter though because by then I will have almost certainly lost my wife. She doesn't know how to steer an elephant. The closest she has ever come to pachyderm piloting is racing sled dogs and I don't believe that experience will help her much. Watching her ride away will be the last I ever see of her although people in outlying regions may catch an occasional glimpse. Years from now Indian parents will tell their children the story of the crazy foreign woman who would gallop her elephant through their village yelling gee, haw, gee, haw. They'll probably call her the geehaw lady. Very sad.

As for me, well, I am going to put a few bucks aside to have my body brought back to the best shore. Next spring, if you get a chance, stop by for the viewing. Check out my smile. By then it will have cost a fortune and destroyed two lives. Someone might as well enjoy it. At least that's what I've been thinking.

New Key's Place

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Now on our FALL Menu and Hours!

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Party for Gerry and all Libras

Ladies night/
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every Wednesday

Sunday breakfast to start again

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Neil Diamond Impersonator

Don't miss the exciting October happenings!

↓ ↓ ↓ ↓

For more details & up-to-the-minute bookings/events, come & check out the "Upcoming Events" board.

WINTER WONDERLAND

7th ANNUAL RIONDEL CHRISTMAS CRAFT FAIR

SATURDAY, NOVEMBER 12, 2011
10am-3pm

RIONDEL COMMUNITY CENTRE
Admission Free

LUNCH ON THE STAGE
11:00-2:00

HOMEMADE SOUP, BUNS, SWEETS
Admission by donation

HOSTED BY RIONDEL COMMUNITY CHURCH CIRCLE
Blessing Baskets, Door Prizes, Raffles

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Our Back Yard

by Galadriel Rael,
Mainstreet reporter/
correspondent

Sept 11 & the Costs

I know, I know, the last thing that everyone wants to hear about is more 9/11 stuff. But following the 10th anniversary of the attacks on the world trade center, and the bombardment of almost glitzy news and media coverage, I was left with this resounding feeling, like such a small part of this story was actually being told. I felt frustrated, torn between feeling grief for the victims of the 9/11 attacks and their families, but also for the millions of victims and families that have now fallen at the hands of the U.S.A and its allies.

On September 10, 2001, I saw my dad off from a lovely visit, wished him safe travels, and asked him to call when he got safe and sound to New York City. I didn't get a call that night so when the phone woke me up the next morning, I assumed it was him; instead, it was my mother telling me to turn on the TV because New York was being bombed! I laughed and said what are you talking about? I turned on the TV just in time to watch the second plane hit. Meanwhile, my grandmother woke up that morning with a note on the table reminding her to go vote and head down to the Twin Towers to sort out some paper work that couldn't be resolved over the phone. The question was did she go vote first, or head straight down to the World Trade Center. She decided to go vote. If it wasn't for that

simple decision, my grandmother quite possibly could have been one of the 2,751 people that died that day. Despite the fact that my family skimmed through the attacks unharmed, the reality of just how close we were to that tragedy left us rattled.

So yes, ten years have passed, most people have resumed their normal life, and besides extra security checks at the airport we remain mostly undisturbed. Or do we? Even though Canada has had a somewhat limited part in the wars waged on Iraq and Afghanistan, we have still spent over 18 billion dollars in Afghanistan alone. That may seem like a large number, but compared to the 2 trillion projected cost of the wars incurred in the United States, Canada's bill is looking awfully cheap. Experts have been forever in disagreement about whether war helps or hurts economies. Some say that war is good for the economy, claiming, as an example, the US benefited economically from World War II. The other side of the argument points to the inherent costs of war that generally go unaccounted for like interest, veterans care, training, diplomatic service, etc. Not to mention the value or lack thereof on human life, and the fear and psychological damage on a whole society. Another factor not calculated into the equation is that with the money spent on the war, the US could have paid for the health care bill. What socio-economical benefits could have been gained from a healthier population?

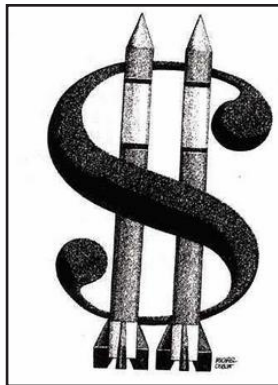
It has been estimated that the war is costing every American around 830 dollars per year, and considering the tough times, ask those people struggling to pay their bills, if war is good for the economy. Okay, so you might be thinking, that's the State's problem, not ours,

but I beg to differ. Since 2002 with the war in Iraq, oil prices have quadrupled, having a ripple effect not only here in Canada, but around the world. We pay more for almost every single product we purchase, from food to furniture and everything in between, because the cost of shipping has been pushed so high. The faltering US economy has already sent waves of instability around the world, and we are directly affected by its policies and spending. It is hard to fathom that the US's military spending, (they invest more on their military than any other country on the planet), isn't hampering its recovery from the recession. Without going further into detail and boring you with statistics, indications are that the numbers don't add up in our favour.

So who's being hurt here? Our economies are suffering, and experts agree that the war in Iraq has actually increased terrorism. Hundreds of untruths were spoken by Bush's administration to push forward with the war on Iraq, and then Afghanistan.

The stories of children orphaned from the attacks on the world trade center are tragic, but we must also consider that the war in Iraq has left 5 million children orphaned, and 2 million in Afghanistan. Malnutrition rates have increased substantially, the majority of children suffer from psychological problems, and there are now thousands of refugees. What the US calls "collateral damage" is in fact the lives of millions of innocent families that never had any connection to the destruction of the Twin Towers. We grace "ground zero" with endless commemorations, mark this event with statues and make movies about it, while the Middle East suffers a 9/11 almost every day.

I can't imagine the rage of losing a loved one due to such a senseless act like 9/11. But I do know this, if my grandmother had chosen differently that fateful morning, she would not have wanted the blood of innocent children spilled in her name.



AREA "A" EDC Economic Development Commission

Volunteers are needed for the EDC.

Community minded individuals who are interested in how our tax dollars are allocated ... please contact Lorna at lornarobin@bluebell.ca or Garry Jackman gjackman@kootenay.com (phone 250-223-8463) There are about 6 meetings per year at communities along the East Shore.

There is \$20,000 now available for grants to organizations for the 2011 calendar year, for projects for Area A (East Shore) relevant to the promotion and encouragement of economic development. All applicant groups must be a registered society or apply to a registered society to sponsor the application and handle the funds.

Next application deadlines:
October 7, 2011... March 7, 2012
Approval/funding lag time 6 to 8 weeks

An application form can be printed from the RDCK website following this path, or filled out online and emailed:

<http://www.rdck.bc.ca/corporate/grants/electoral_area_a_economic_development_grant.html>

Email lornarobin@bluebell.ca
Or call 250-225-3333 for more info

Visit **InvestKootenay.com**

Kootenay Lake Fall Fair AGM

October 23, 2011

4pm at the Crawford Bay Hall

We are looking for new people to take over the running of the Fall Fair and would like the community's input.

For info call Mike or Ivy Jeffery,
250.227.6807

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Interior Health FREE FLU CLINIC

Get your free flu shot at:

- Main Creston Clinic, Holy Cross Parish Hall, Thursday-Friday, Oct 27/28, 9am-5pm
- Crawford Bay Community Hall, 9:30-10:30am, Thursday, Nov 3
- Riondel Community Centre, 1-2pm, Thursday, Nov 3

Flu shots are safe, effective, and free for the following:

- People 65 years and older and their caregivers/household contacts
- Children and adults with chronic health conditions and their household contacts
- Health Care workers
- Emergency responders
- Healthy children age 6-23 months
- Household contacts and caregivers of infants age 0-23 months
- Pregnant women who will be in their third trimester during influenza season & their household contacts
- Residents of nursing homes and other chronic care facilities
- People who work with live poultry and/or swine
- Aboriginal people
- Adults who are very obese

The flu (influenza) is highly contagious.

Getting your flu shot protects you and those around you - at home, school and work.

For more information contact your local public health office, call the flu line at 250.428.3880 or visit www.interiorhealth.ca

The 100th Annual Fall Fair: Good Friends, Good Food, Good Times

by **Jeanne Lahnemann**

The Kootenay Lake Agricultural Fall Fair Committee hosted its 100th Fall Fair in September. It was history in the making. The grounds were a buzz at 7am that day as people arrived to set up displays and get ready.

At 10am, the opening ceremonies were underway with the Creston Army Cadet Pipe Band playing as special guests took their places. After the singing of "Oh Canada", Mike Jeffery, fair president, introduced Garry Jackman of the RDCK who said a few words about our community and the spirit of the people both present and past.

Michelle Mungall, our MLA was next and presented the community with a certificate of appreciation from the constituency in recognition of all the volunteer hours that make our community what it is today.

Mike Jeffery then spoke about the early settlers who saw such great opportunity here and the changes that have taken place over the last 100 years. Mike then introduced the five special guests who themselves have worked tirelessly on fall fairs over the years: John Oliver, Evelyn Green, Tom Lymbery, Doreen Reimer and Cathy Poch. Tom Lymbery advised that his father was at the first fair in 1911. Next up was Greg Tegart, presenting the Century Farm Award on behalf of the Minister of Agriculture for BC. This was followed by the ribbon cutting and the fair was officially opened.

There was lots to see and do at the fair, from the 965 exhibits gracing the hall to the historic displays, boat safety display, seed saving, apple display, art and of course the antique chain saw display.

In addition, we had the privilege of being entertained all day with music by local musicians, storytelling by Susan Hulland, games and competitions and could it possibly have been - the mysterious appearance of an old miner looking a lot like Jim Crawford. Is it possible he came to see what all the excitement was about in this place that bears his name?

Let's not forget the good food. The Lions BBQ was excellent with people more than willing to line up for burgers and the best fries EVER. And what would a fair be without popcorn, cake and ice cream, not to mention a clown?

The fair would not have taken place without the continued support and generosity of the people in the community.

We would like to take this opportunity to thank the following for their donations of cash and prizes:

- Columbia Basin Trust
- RDCK and Garry Jackman
- Riondel Historic Society
- Nelson & District Credit Union
- Lions Club
- The Purple Door
- North Woven Broom
- Kootenay Forge
- Barefoot Hand Weavers
- CB Auto
- Bob's Bar & Grill
- Sunnywoods Garden Centre
- Yasodhara Ashram
- Newkey's Place

- Crawford Bay Store
- Kokanee Springs Golf Resort
- Gray Creek Store
- Dog Patch Pottery
- Fireworks Copper & Glass
- D3 Logging
- Kootenay Insurance Services
- Black Salt Café
- Mojo's Café
- Dena Kubota
- A&L Creations
- J. Lahnemann

We would also like to thank all our volunteers who worked so hard to make this event the best in 100 years. Thank you to all who donated baking for the bake sale. Thank you to all who entered exhibits. We believe there were a record number of exhibits with 965 items entered. There was hardly room in the hall to display them all. The competition was fierce and the judges had some very hard decisions to make. Congratulations to all who won prizes.



Presentation of the Century Farms Award

Photo: Dena Kubota

We would like to announce the grand aggregate winners:

- Men's Grand Aggregate- James Green
- Ladies Grand Aggregate- Kathy Donnison
- Fruit & Vegetables Aggregate- James Green
- Flowers and Potted Plants Aggregate- Doreen Reimer
- Preserves Aggregate- Kathy Donnison
- Spirits Aggregate- Fred Green
- Home Baking Aggregate- Kathy Donnison
- Farm Products Aggregate- Nicole Schreiber and Shirley Enger tied
- Needlework Aggregate- Kathy Donnison
- Arts & Crafts Aggregate- Michele Plumridge
- Photography Aggregate- Dena Kubota
- Pre-School/Kindergarten Aggregate- Vera Hulland
- Junior (6-8) Aggregate- Rowan Medhurst
- Intermediate (9-12) Aggregate- Maya Sly
- Senior (13 & over) Aggregate- Sunny Gardner
- All Ages Section- Daniel Wensink

The raffle prize winners were as follows:

- T-Shirt Quilt- Bonnie Anderson
- Chocolate Truffle Cake- Jeanne Lahnemann
- All Things Sunflower- Diana Stokes.

HERE'S TO THE NEXT 100 YEARS



Brian and Shirley Enger at the Fall Fair entrance in full costume.

Photo: Dena Kubota

Kootenay Heritage Quilt

by **Dena Kubota**

Congratulations to Bonnie Anderson who purchased a winning raffle ticket at the Kootenay Lake Fall Fair last month. Her prize, the Kootenay Heritage quilt, is a fun representation of the East Shore. It was pieced from twenty-one new and previously loved T-shirts depicting this area; even the title/label was cropped from an old shirt.

Initially, the quilt was envisioned as a visual record of events and organizations that constitute our community. But upon completion, I realized it also embodies the spirit of cooperation and generosity, two characteristics so apparent here. Without assistance from a collection of enthusiastic individuals and businesses, I could not have completed this project.

Thank you to the following for donations of T-shirts and/or time:

- Bob's Bar and Grill
- Trevor Ferguson
- Gray Creek Store
- Sherlyne Green
- Diane Hallstrom
- Ivy Jeffery
- Mike Jeffery
- Fran Kinder
- Kokanee Springs Golf Resort
- Nelson and District Credit Union
- Brenda Panio
- Riondel Golf Club
- Riondel Fire Department
- Vivian Rayson
- Anne Rokeby-Thomas
- John Smith
- Kathy Smith
- Issy Snelgrove
- Fran Sutherland
- Tipi Camp
- Jacquie Wallace
- Yasodhara Ashram

There were a few shirts that did not "make the cut" – mostly due to non-East Shore content or fabric incompatibility – so if you did not see one you donated and would like it returned, please contact me (at Pilot Bay Resort).

In addition to those who were part of the creative process, I am grateful for everyone who offered words of praise and/or bought a ticket towards the final result. Overall, September 10 was a wonder-full day, fitting for a 100th year celebration of the people, businesses and history of Kootenay Lake's east shore and I'm happy to have shared a part in it.



Dena Kubota in front of her Kootenay Heritage Quilt



Tom's Corner

by Tom Lymbery

Antique Chainsaws

Since the Fall Fair's display of antique chainsaws attracted so many interested people, we would like to print more details of some of the models, particularly those which were used to cut a log.

Chainsaw Museum owner Mike Acres has all of his classic saws completely repainted and in operating condition. It can take many long hours to clean up a machine that has worked in a sawdust environment, and many more to do a paint job to look as if it just left the factory. His collection includes 160 units restored to factory fresh, as well as many others awaiting restoration. Please look up "Chain Saw Collectors Corner" www.acresinternet.com/csc.nsf to see Mike's lifelong involvement with saws, as well as details on each model in which you may be interested.



Mike Acres (left) demonstrates cutting a log with his 1951 two man Disston saw, with Tom Lymbery at the helper end of the saw.

Photo courtesy Ron Saalfeld, Kaslo

Ted Sutherland of Kaslo and his brother David brought fifteen units to display. They were accompanied by Kaslo photographer Ron Saalfeld with his tripod to record much of the action at the Fall Fair. Ted has at least 300 saws in his collection and is running out of storage space, including a forty foot container, a trailer and more.

For those of you who couldn't see all of the models, we will see how many we can feature in the Mainstreet. How about the Druzhba, a 1959 Russian chainsaw which stands upright so that you can fell a tree without bending over? The rewind starter is removable to keep it from freezing up in winter. Druzhba means "friendship" - an apt name to be able to work upright. Mike Acres had a friend bring this from Russia in his carryon luggage.

The oldest saw in Mike's display was a 1941 Timberhog two man unit, which was built in Vancouver as a copy of Stihl's Model BD. Stihl saws came to the west coast in the 1930s, but as soon as the war broke out in 1939 parts and units were no longer avail-

able, so Vancouver had to make parts and eventually a whole saw - the big 140 lb Timberhog unit. People at the Fall Fair were asked to guess the difference in weight between the Timberhog and a one man IEL Beaver saw.

Mike also displayed a 1951 Disston model DA-211 with a twin cylinder engine made by Mercury Outboard. This beautiful unit is the two man saw which Mike used to cut logs, with Tom on the helper end of the saw. Mike rates this as the most reliable chainsaw engine made.

Mike Jeffery displayed a 1951 Homelite model 20MCS, - the first gasoline saw made by Homelite, with a belt gear

reduction of 2.75 to 1. This has a rewind with a ball drive, and you often had to kick the saw to get the balls to drop to engage the starter.

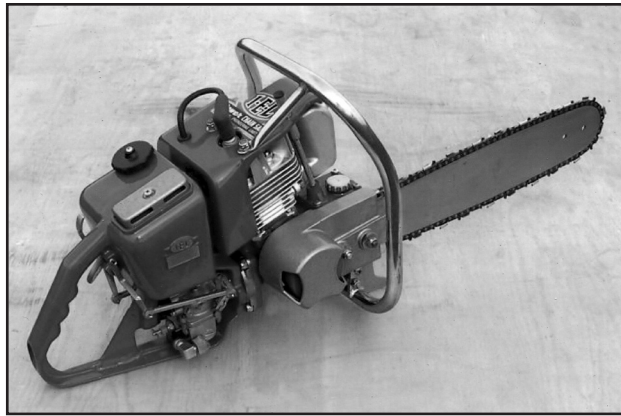
Tom brought a 1947 PM (Power Machinery) Universal model made in Vancouver. Early day saws were of sand cast aluminum and left unpainted. This unit was purchased by Henry Pennington in Ogden, Utah in 1947 and brought to his home in Crawford Bay, in order to cut wood for the two fireplaces in his large house (formerly Gooch). This has the scratcher chain, with teeth similar to a crosscut - hard to file but Frederick Simpson of Gray Creek had the necessary vise and expertise. However Henry was no mechanic, so this model has much less than twenty hours on it. There was no rewind starter, so you needed to wrap a cord around a pulley. The specified gas to oil mix on the saw is 8 to 1 - a mighty thick mixture!

Tom showed a 1953 STRUNK Model 3 - 19. This used a lawnmower motor supplied by Power Products, with the saw built by Strunk. Evidently Mr. Strunk felt his name made a good brand! This saw was owned by Mike Mackey of Boswell, whose claim to fame was that he caught the largest Gerrard Rainbow - 33 pounds. Mike held the record for some years, until George and Rhoda Hill of Gray Creek landed a 35 3/4 lb fish. That record still stands today - 2011.

Ted Sutherland displayed a 1950 two cylinder "Super Twin" Pioneer made by IEL (Industrial Engineering Ltd) in Vancouver. These saws used float type carburetors, so they had a swivel between engine and gearbox to allow the bar to be turned horizontally to fell trees. Mighty heavy - how many of you tried to pick this one up? Mike Acres had a fully restored 1951 Super Twin set up as a two man saw - a better option for anything so heavy.

The most historically interesting saw which Mike has restored (Tom has an un-renovated unit) is a 1951 IEL Model HA - the world's first DIRECT DRIVE CHAINSAW. This revo-

lutionized tree cutting, as prior to this the gear drive saws were unable to underbuck, angle cut, and cut off branches. With the crankshaft turning the chain directly, this did away with a five pound gearbox, and allowed saws to be sold for a much more reasonable price. IEL had to design a completely new chain, instead of the earlier large teeth chains. Soon, IEL/PIONEER in Vancouver was selling more saws in Canada than the total of all the other makers' production.



The world's first direct drive chainsaw, the 1951 IEL Model HA, which revolutionized tree cutting. Photo courtesy of Mike Acres, Chain Saw Collectors Corner - www.acresinternet.com/csc.nsf

Caption for Antique Chainsaw cover photo:

Mike Acres (left), Ted Sutherland (centre), and Tom Lymbery show the giant 1941 two-man Timberlake chainsaw next to the petite 1947 IEL Beaver in a weight guessing contest. The 140 lb Timberlake is as long as the table! Behind them are more vintage chainsaws on display at the 100th Kootenay Lake Agricultural Fall Fair, Sept 10, 2011. Photo courtesy of Ron Saalfeld, Kaslo.

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Gray Creek Pass Report

by Tom Lymbery

This side is in good shape, thanks to grading and the Forest Service improvement project of stabilizing and cement barrier installation. The alder encroachment needs the smasher-thrasher to beat it back, as it's even growing in front of the road signs.

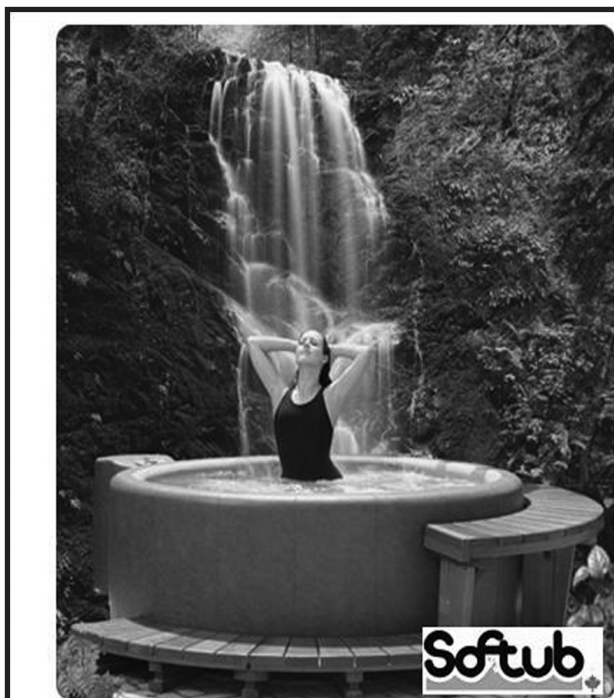


Floyd Oliver's Memorial at Oliver Lake.

Photo: Denny Davis

Shouldn't the section alongside St Mary's Lake be paved to prevent the summertime dust drifting over the water and affecting the fish?

There is a movement afoot to upgrade the road to a Resource Road, which could allow some improvements from Highways, who are currently letting Forest Service carry the load. Perhaps a Tourism Resource Road is a new designation.



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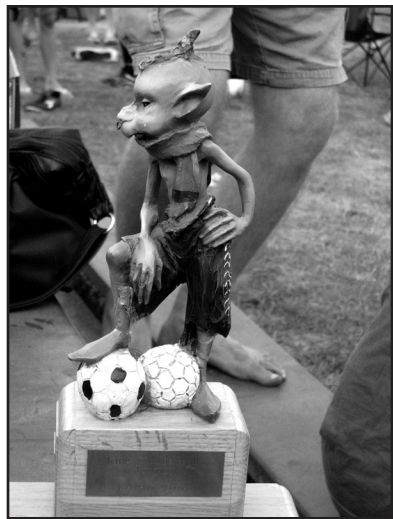


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The King Comes Home

by John Edwards

Our East Shore Soccer Tournament started in 2000, a two-day extravaganza of Kootenay soccer, with teams from all the towns in the region invited to come to Crawford Bay and compete for the **King O' The Balls** championship. The trophy features a unique ceramic figure imported from Portugal - a semi-alien creature with his foot poised above a couple of soccer balls, with his hands on his hips and a sneer on his lips that clearly indicates he's King of the Balls.



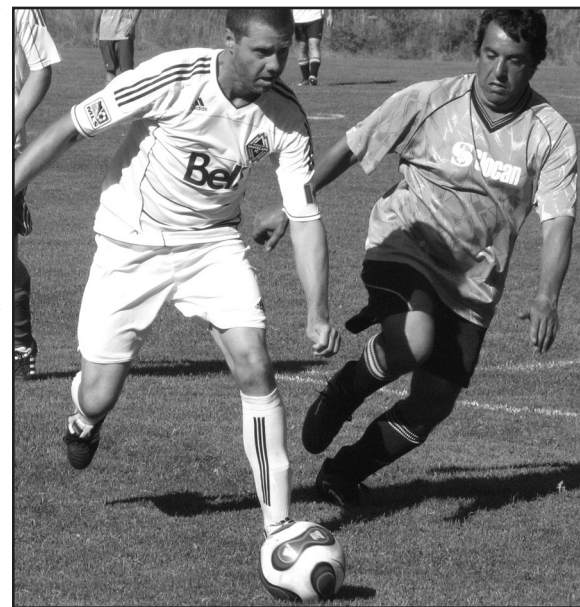
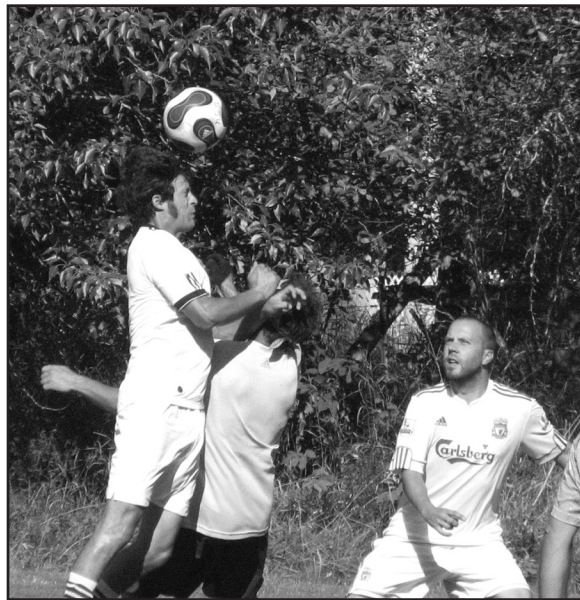
East Shore United has been handing this trophy over to the captains of various other teams since 2003, the last time we won it ourselves, so the alien has found himself in Kaslo, Nelson, Slokan, and other unsavory locales for years at a time - a king in exile. This year we were determined to bring him home.

Our Coach and organizer extraordinary,

Nick Hodgkinson, upped the ante by inviting five other teams to come and compete instead of the usual three or four, so we were in for a battle. Nick had watered the soccer field endlessly all summer and it was looking incredibly prime, thanks also to a professional diagonal double cut put on it by the crew from **Kokanee Springs, Enzo and Craig**. It's currently the best soccer field in the Kootenays, thanks to them and Nick. He'd also arranged for **Galadriel Rael and Kenji Fukushima** to serve up Mexican food from the

a bullet into the far corner of the Creston net. Then **Donny Lott** served notice that his sharp-shooting talents were at full capacity by placing a perfect penalty kick over a Creston wall and into the back top corner. It was the start of an onslaught that saw us pound in five straight goals before half time and then cruise on to an easy win. First step accomplished.

Nick the Scheduler had put ESU to the test by not playing us again 'til Game 5, which meant that we had to sit on the sidelines in the blazing sun for four hours watching other teams play, giving us plenty of potential beer-drinking time, but we rose to the challenge with a self-imposed two beer limit and came out against our old rivals from Slokan hungry for another win. Slokan had lost their first game against Creston 4-3, and were low on players, so we lost no time taking it to them and came away with an easy 2-0 triumph to wrap up Saturday's play for us. We were the only team to come up with two wins, so things were looking positive, but Rossland was looking ominously strong. When the last game of the day was finished, players from all sides joined in for a huge Toonie Shoot-Out. This is the East Shore invented game of skill that pits shooters against goal-keepers in penalty shots with a two-dollar entry, winner take all. Fifty shooters stepped up to the hat to fire away against



a feast! Way to go, **Jake and Janaki**. The night's festivities were topped up by ESU team member **Scully's** band playing down at **Newkey's Pub** for a big crowd of soccer players from all over the Kootenays, demonstrating more East Shore hospitality.

Sunday morning dawned crystal clear and we knew we were in for another day of intense heat. Our first game was against Trail, and we continued on our shut-out path, drubbing the smelter kings 4-0. Then we cheered on the young Creston team against

Kaslo, last year's champions, and were surprised to see them fight hard to a 0-0 tie. This was Kaslo's second tie plus one loss in the tourney, eliminating their chances at making the Final.

Then we were up against Rossland, who we knew by then to be the team we would play in the championship game, so this would be a preview. ESU was confident, as a record of 11 goals for and 0 against would make us, but Rossland quickly put the boots to that. They fielded a strong team and excellent goalkeeper, and quickly got us down by a couple of goals. We only managed one in reply and got some

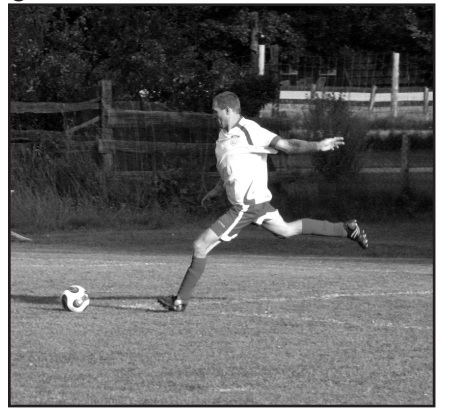
unlucky bounces in our own end. Final score 4-1 for Rossland! ESU came off the field not a happy crew, to say the least. Maybe we weren't as good a team as we'd started to think we were.

We headed to the lake for a swim and to recollect our team spirit, and the cooling waters had the desired effect. We got back to the field in time to see the Creston team, improving with every game, rise up and shut down Rossland 3-1, as we cheered them on from the sidelines. Maybe Nick's scheduling wasn't so bad after all, as we took to the field to play Rossland in the Final right after their loss to Creston.

Our strong central defender, **Billy Morgan**, had been hurt badly in the last game, as had midfielder **Aaron Savoie**, and both decided they couldn't play. From the large crowd that had been growing on the sidelines, **Iron Man triathlete Juergen Baetzel**, a former ESU defender, stepped forward and volunteered to play for the first time in about five years, and he borrowed some cleats and ran onto the field - a huge boost to ESU morale! We were a super-charged unit as we kicked off with everything on the line, and we ran amok over

Rossland. To the raucous cheers of a big East Shore crowd, we staged a complete reversal of the earlier game, beating them to every ball. Juergen played as if he'd never missed a game.

Our offense clicked into gear. **Donny Lott** was shooting like Lionel Messi and scored three amazing goals from his left forward position. He was even seen to run back on defense a time or two! When the double whistle blast sounded we had them 4-0 and they looked relieved to have finally stumbled out of the fight. East



kitchen all weekend, and for Nicola to be on hand with her hot-dogs and Jamaican patties. Throw in **Kathy and Liz's Donnison's Sunday Market** going strong and Crawford Bay Park was one hive of activity that weekend.

Saturday morning, August 27 saw us start the tourney by kicking off against a team from Creston that had never played in any of our contests before - a team of mostly young men put together by a pastor from a Creston church - not your typical soccer combatants.

They played hard and fast but our seasoned team moved the ball confidently around them and it wasn't long before one of our defenders, **Aaron Whitley**, galloped down the field to join in a rush and calmly fired

Dano Cheverie from ESU and **Jason Allard** from Kaslo, alternating shot by shot as Keepers. If you miss your first shot you can buy your way back in again for a \$5 fee, so the pot went up another \$50 quickly. After literally hundreds of shots and much harangue and hilarity from the watching crowd, only three shooters were left and Danno and Jason proceeded to close the door on them, making spectacular consecutive saves to clinch the pot and divide it up between the two of them.

As twilight began to fall, **ESU Captain, Jake Kelly** announced dinner time for the entire team and served up huge platefuls of pasta and salad and garlic toast from a BBQ on the side of the field. What

Shore United had finally won our own tournament again. The cheers ringing out from Crawford Bay Park could be heard all over the community - there was no doubt that we'd prevailed. Some of our young players, like **Wyatt Davidson, Donovan Hough, and Bhodan Doval**, had never even laid eyes on The King up close, and busily began inventing ways to drink celebratory beverages from a trophy with no cup.

Nick handed out the coveted **Golden Glove award to ESU's Dano Cheverie**, for fewest goals against (only four in 5 games!), and the Golden Boot award for most goals in the round-robin play to **Joey from Creston**.

A huge triumph for ESU, and a huge thanks to Nick for organizing, coaching, and taking all the heat when things went wrong.

It's our 2nd straight tournament win of the season, leaving us with only the Silver Boot on October 1 to win to make a clean sweep of the Kootenay tournament season. Stay tuned!

#17 Retired With Love

Also on the Saturday of the King O' the Balls Tournament was the retiring of the #17 jersey of Tino Keerssemeeckers who passed away almost a year ago of cancer.

Coach Nick Hodgkinson spoke warmly and with much appreciation of Tino's spirit and dedication to ESU and soccer on the East Shore in general. Tino's family was present to receive his jersey and to watch as the team took Tino for one last lap around the pitch.



All soccer photos by Ingrid Baetzel

Results for 2011 Riondel Men's Club Championship

by Glen Kinder

Club Champion - Rob Sutcliff - score: 63
Low Net Champion - Mike Jeffrey - score: net 48

1st flight - low gross - John Kehler (70)
2nd flight - low gross - Bill Smith (73)
3rd flight - low gross - Spud Meyer (77)

1st flight - low net - Glen Kinder (59)
2nd flight - low net - Don Sian (56)
3rd flight - low net - Harry Arnott (57)

1st flight - 2nd low gross - Doug Bothamley
2nd flight - 2nd low gross - Ole Johnson
3rd flight - 2nd low gross - Army Ames

1st flight - 2nd low net - Andy Dejonghe
2nd flight - 2nd low net - Cliff McGregor
3rd flight - 2nd low net - George Stewart

1st flight - 3rd low gross - Bob McAllister
2nd flight - 3rd low gross - Phil Newman
3rd flight - 3rd low gross - Dave Rokeby-Thomas

1st flight - 3rd low net - Don Howie
2nd flight - 3rd low net - Greg Place
3rd flight - 3rd low net - Ken Fraser

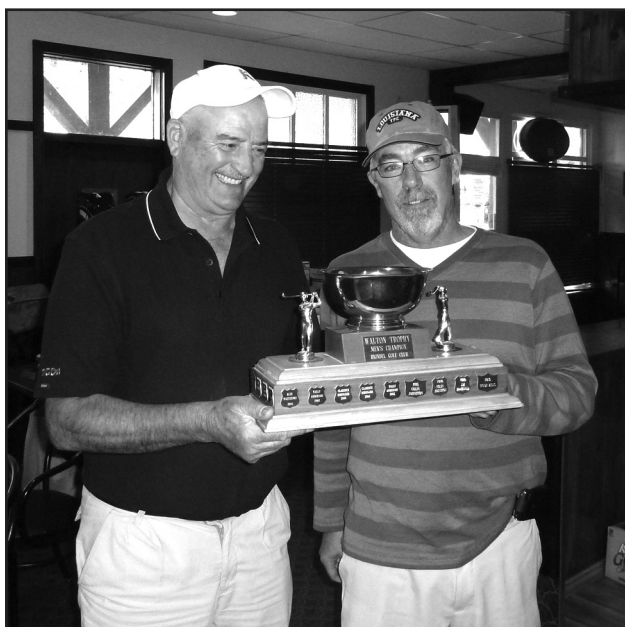
Most improved golfer this year - Don Sian

KP - 1st flight - Rob Sutcliff
KP - 2nd flight - Cliff McGregor
KP - 3rd flight - Mike Jeffrey
KP - All flights - Lee Martin

Longest Putt - Bob McAllister
Closest to target - Tom Lang
Longest Drive - Rob Sutcliff

The Men's Club would like to congratulate and thank the folks at the Riondel Golf Club for the excellent playing conditions and inspired pin placements for our tournament.

We would also like to thank the following for prize donations: Bob's Bar & Grill, Kokanee Springs Golf Resort, Riondel Golf Course, Mirror Lake Golf Course, North Woven Broom, Kootenay Forge, Lou Cote (Imperial Oil), Doug Bothamley (Hi-tech Seals)



Lou Cote congratulating Rob Sutcliff on winning the Riondel Men's Club Championship
Photo submitted by Glen Kinder

Next Deadline: Oct 26, 2011

Gray Creek Regatta Report 2011

submitted by David Oosthuizen

The Gray Creek Regatta took place over the Labour Day weekend off The Lakeview resort in Gray Creek on the East Shore of Kootenay Lake. Seventeen boats competed in the Cruiser and Dinghy fleets plus nine youngsters in Optimist dinghies on short courses near the shoreline.

The 13 Cruisers were divided into two groups according to international speed rating tables. The top three placings in the A Fleet (faster boats) went to Nelson sailors with Craig Berg first in Wicked, a Rocket22, Jim Reaburn second in Orbit, a J29 and Jay Blackmore third in Makai, a San Juan 30. In the B Fleet, first went to the Richard Deane family of Rossland in Windsong, a San Juan 21. He was followed by Mike Bowick of Nelson second in Hot n' Spicy, a Catalina 27, and Bob and Fred Schutter of Gray Creek third in St. Gillas, a Hunter 26.

Four very different boats competed in the Dinghy Fleet. Overall winner, repeating from last year was Fritz Dau of Richland, Washington and a summer resident of Gray Creek sailing a HobieFX17 catamaran. He was followed by four teen boys from Nelson placing second in a Potter19 donated by Ramona Matix skippered by Kayden Foy and crewed by Aigne McGeedy-Bruce, Matthew Stachniak, Oliver Horner. Melissa Townsend took third place in a home-built 13-foot dinghy, also from Nelson.

Gray Creek resident Tim Elias had a very credible 4th place overall, close behind three very experienced sailors in A Fleet.

Optimist Fleets (kids aged 6-14):

A 6 way tie for 1st in the Optimist Green Fleet (training fleet):

- Versailles McGeedy-Bruce sailing Kokanee Camera
- Indigo Bowick sailing Kokanee Camera
- Seth Oosthuizen sailing Secret Garden Toys
- Rayne Loeppky sailing the Puppa Mike
- Aysia Loeppky sailing the Puppa Mike
- Sierra Morely on the Bibby

Optimist Blue Fleet:

- 1st Yaël Oosthuizen sailing Speed of Light
- 2nd Jessie Thurston sailing Kokanee Camera
- 3rd Owen Thurston sailing Secret Garden Toys

The Gray Regatta has roots in challenges between East Shore settlements back to 1923. This was the 37th since the modern series began in 1975. The historic trophy is on display at the Gray Creek Store. The event is organized by the Kootenay Lake Sailing Association based in Nelson with support from The Lakeview Resort.



**RDCK
Recreation
Commission No. 9**

Call for Grant Applications

Please submit your recreation grant-in-aid applications to the Rec 9 Commission by **October 22, 2011**. Application forms can be downloaded from the RDCK website or obtained from the Riondel Commission Office, Room #6 at the Riondel Community Centre. The Rec #9 meeting to review applications will be scheduled for **early November** and will be advertised on the RDCK website and in *Mainstreet*.

Community Connections
- your community services society -
is at a crossroads

WHAT NEXT?



We tried it: A start-up year of operations as a new non profit for Area A of the East Shore, dedicated to developing community services, facilitating communication, and strengthening organizational capacity. This initiative rose out of an identified need for a coordination mechanism for community services, and for an organisation which would be the receiving entity for funds from various agencies.

It worked! We laid a firm foundation as an organisation, and attracted over \$20,000 in grants to the area—funding construction of the Crawford Bay School—community greenhouse; hosting community conversations, workshops, site visits and further grants related to local food issues; enabling the Samba Music Group to access funds for community instruments; supporting regular folks to find and access relevant grants for their project ideas; developing a community resources website...

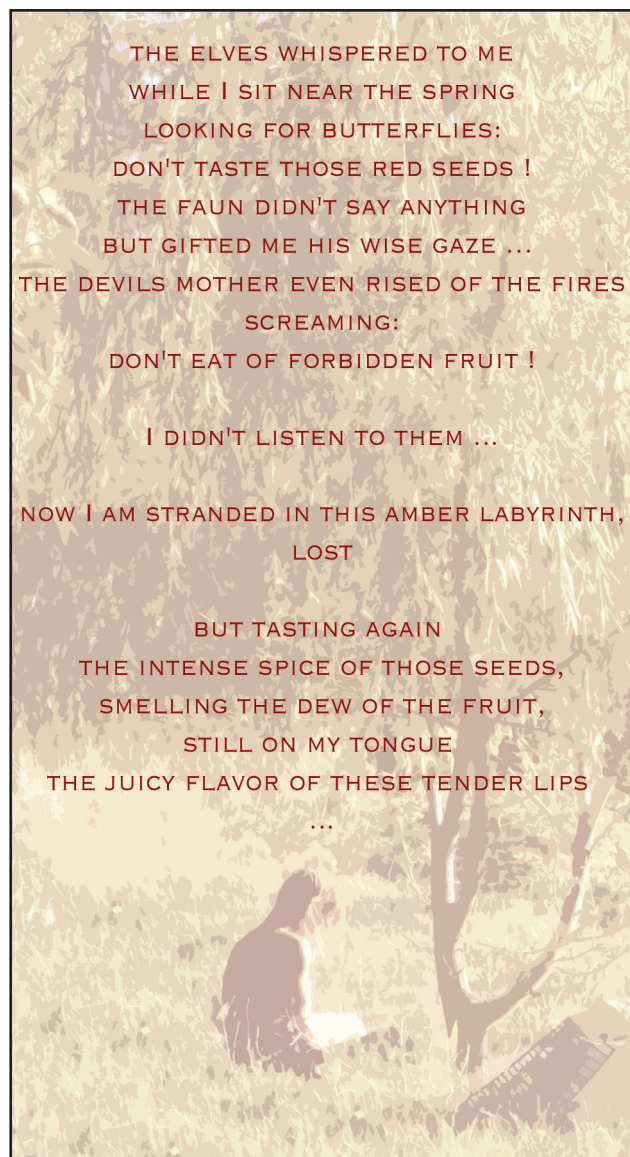
What next? Based on what we've learned this year, **it's time to transform.**

This is your organisation! Where do you want us to go from here?

Join us, and local representatives of Community Halls, RDCK Economic Development Commission, Kootenay Lake Chamber of Commerce, CBS Parents Advisory Council, the Ashram, Crawford Bay School, KLEECA, East Shore Health Society, and Tipi Camp

Crawford Bay School Library Thursday October 6th 3-7pm
Catered by Black Salt Café

Childcare can be arranged upon request – minimum 48 hours' notice please
For more information please contact Shandi, 250-505-9581 or skootenaylakecss@gmail.com
Thanks to Columbia Basin Trust for supporting this event!



THE ELVES WHISPERED TO ME
WHILE I SIT NEAR THE SPRING
LOOKING FOR BUTTERFLIES:
DON'T TASTE THOSE RED SEEDS !
THE FAUN DIDN'T SAY ANYTHING
BUT GIFTED ME HIS WISE GAZE ...
THE DEVILS MOTHER EVEN RISED OF THE FIRES
SCREAMING:
DON'T EAT OF FORBIDDEN FRUIT !

I DIDN'T LISTEN TO THEM ...

NOW I AM STRANDED IN THIS AMBER LABYRINTH,
LOST

BUT TASTING AGAIN
THE INTENSE SPICE OF THOSE SEEDS,
SMELLING THE DEW OF THE FRUIT,
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It's October & our Season Ending Sale is on!

The Sacred Journey Gray Creek Gallery will be closing for the season on October 8.
Do come visit us in Nelson at 441 Baker St through the fall and winter season.
Thanks for all your support on the East Shore!

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100 Years for Glade
submitted by Tom Lymbery



The community of Glade on the Kootenay River between Nelson and Castlegar has just celebrated it's 100th Anniversary. Here is Denny Davis of Victoria in front of a lovely boat full of flowers at the Glade ferry landing. Denny is photographing Tom as he photographs Denny.

Crawford Bay School Permaculture Workshop

submitted by the Eastshore Food Discussion, written by Eva Snyder

Permaculture is the name given to a brilliant system of thought and method of gardening/farming in which the natural tendencies and interrelationships of plants are observed, and then mindfully encouraged in our own garden plots, to the benefit of plants and people alike.

It is acknowledged that plants that enjoy one another's company oftentimes thrive together. An example in our own Ashram garden is shown by observation of a thick sea of "pesky pigweed" growing amongst some of our tomatoes. Any self respecting gardener wouldn't allow such a thing to continue, would they? It was then pointed out by one keen-eyed garden intern that the tomatoes in question were also remarkably the healthiest tomatoes in the garden, despite our neglect in tying these particular tomatoes up properly,



Permaculture Workshop on August 25, a visit to the Ashram's gardens.

Photo submitted by Laverne Booth

weeding, mulching, all things a conventional "good" gardener might do. How could this be? As it turns out, pigweed, also known as amaranth, has a special talent for improving soil structure and drawing nutrients from the subsoil, enriching the topsoil, to the benefit of our tomatoes! This allows them to prosper and avoid disease while keeping our pathways green and using all available space.

The permaculture system has at its core three basic ethical guidelines of equal importance. They are as follows: Care for the earth, care for the people, and share the abundance. Care of the earth includes appreciation for all life forms and the role they play on this planet. Care of the people allows that "by meeting people's needs in compassionate and simple ways, the environment surrounding them will prosper."** Sharing the abundance means giving freely when a bounty comes our way.

There are then twelve principles growing from this ethical foundation. They are as follows:

- Observe and interact - Is it working, or not?
- Catch and store energy - Water reservoirs, solar panels, geothermal heating.....
- Obtain a yield - aim for at least enough product to get by.

- Apply self regulation and accept feedback - The wisdom lies within the group, work with others to ensure the best outcomes
- Use and value renewable resources and services - Use what is in our local area and what we already have.
- Produce no waste - Compost, reuse & reduce the amount of unnecessary material resources used.
- Design from patterns to details - "start by observing patterns in nature and society, and work the details in as we go."**
- Integrate rather than segregate - by putting the right plants together they can work collectively to support one another.
- Use small and slow solutions - easier to get started and maintain while producing more sustainable outcomes. Keeps project within our capability to use local materials.
- Use and value diversity - there is great strength in diversity when confronting disease and pests.
- Use edges and value the marginal - "the interface between things is where the most interesting events take place. These are often the most productive elements in the system."
- **Creatively use and respond to change - "We can have a positive impact on the inevitable change by carefully observing and intervening at the right time"***

To conclude on a personal note, through permaculture I am beginning to learn that the garden does not have to be a battlefield, in which weeds are the sworn enemy. It has the potential to be a friendship when carefully thought out. Permaculture challenges the conventional notion of what a garden should look like, and what beauty is. My opinion is that when all elements are in balance and life can flourish harmoniously as in nature, true beauty is revealed.

**Quotes taken directly from permacultureprinciples.com
Referenced from permacultureprinciples.com



Thought For Food

by Farley Curzons

A return to traditional foods is a way of taking power away from the multinationals and giving it back to the artisan. The kind of food processing that makes food more nutritious is the same kind of food processing that our farming community has been practicing for a very long time.

The way we eat determines not only how healthy we will be but also what kind of economy we have.

Industrialized food processing has undeniably affected the physical and mental health of our society since its inception a century ago. The inescapable fact is that certain people are making an awful lot of money today selling foods that are unhealthy. They want you to keep eating the foods they sell even though doing so makes you fat, depletes your vitality, shortens and degrades your life. They want you to be docile, compliant and ignorant. They do not want you informed, active and passionately alive, and they are quite willing to invest billions of dollars annually to accomplish their goals.

It may seem strange to us that, in earlier times, people knew how to preserve vegetables for long periods without the use of freezers or canning machines. This was done through the process of lacto-fermentation. Lactic acid is a natural preservative that inhibits putrefying bacteria. Starches and sugars in fruits and vegetables are converted into lactic acid by the many species of lactic-acid-producing bacteria. These lactobacilli are ubiquitous. They are present on the surface of all living things and are especially numerous on leaves and roots of plants growing in or near the

ground. Long ago we learned the techniques for controlling and encouraging their proliferation to put them to our own use, just as we learned to put certain yeasts to use in converting the sugars in grape juice to alcohol in wine.

The ancient Greeks understood that important chemical changes took place during this type of fermentation. Their name for this type of change was "alchemy". Like the fermentation of dairy products, preservation of fruits and vegetables by the process of lacto-fermentation has numerous advantages beyond those of simple preservation. The proliferation of lactobacilli in fermented vegetables enhances their digestibility and increases vitamin levels. These beneficial organisms produce many helpful enzymes as well as antibiotic and anti-carcinogenic substances. Their main by-product (**lactic acid**) **not only keeps fruit and vegetables in a state of perfect preservation but also promotes the growth of healthy flora throughout the intestine.**

A partial list of lacto-fermented vegetables from around the world is sufficient to prove the commonality of this practice. In Europe the principle lacto-fermented food is sauerkraut. Described in Roman texts, it was prized for both its delicious taste as well as its medicinal properties. Cucumbers, beets and turnips are also traditional foods for lacto-fermentation. Less well known are ancient recipes for pickled herbs, sorrel leaves and grape leaves. In Russia and Poland we find pickled green tomatoes, peppers and lettuces. Lacto fermented foods form part of Asian cuisines as well. Japan, China and Korea make pickled preparations of cabbage, turnip, eggplant, cucumber, onion, squash and carrot. Korean Kimchi, for example, is a lacto-fermented condiment of cabbage with other vegetables and seasonings that is eaten on a daily basis and no Japanese meal is complete without a portion of pickled vegetable. American tradition includes many types of relishes-corn relish, cucumber relish, watermelon rind-

all of which were no doubt originally lacto-fermented products. The pickling of fruit is less well known but, nevertheless, found in many traditional cultures. The Japanese prize pickled umeboshi plums, and the people of India traditionally fermented fruit with spices to make chutneys.

Lacto-fermented vegetables are easy to make. Fruits and vegetables are first washed and cut up, mixed with salt and herbs or spices and then pounded briefly to release juices. They are then pressed into an airtight container. **Salt inhibits putrefying bacteria for several days until enough lactic acid is produced to preserve the vegetables and fruits for many months.** The amount of salt can be reduced or even eliminated if whey is added to the pickling solution. Rich in lactic acid and lactic-acid-producing bacteria, whey acts as an inoculant, reducing the time needed for sufficient lactic acid to be produced to ensure preservation. Use of whey will result in consistently successful pickling. During the first few days of fermentation, the vegetables are kept at room temperature. Afterwards, they must be placed in a cool, dark place for long-term preservation.

Lacto-fermentation is an artisanal craft that does not lend itself to industrialization. Results are not always predictable. For this reason, when the pickling process became industrialized, many changes were made that rendered the final product more uniform and more saleable but not necessarily more nutritious. Chief among these was the use of vinegar for the brine, resulting in a product that is more acidic and not that nutritionally beneficial. Pasteurization has also been employed, thereby effectively killing all the lactic-acid-producing bacteria and denying consumers the beneficial effects on the digestion.

Lactic-acid fermented vegetables and fruit chutneys are not meant to be eaten in large quantities but as condiments. They go beautifully with meats and fish of all sorts, as well as with pulses and grains. They are

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East Shore Food Discussion Group

by Dana Gallinger

Is your compost more of a feeding station for wild-life then a productive producer of soil?

Do you want to know how to capture tomato seeds or understand what permaculture is?

The Eastshore Food Discussion Group invites all interested community members to the upcoming October Food Series. Every Wednesday, except for the October 5, will host a speaker at Crawford Bay School. Topics will be:

- **Seed Saving with Netta Zeberoff** of the Doukohbor Discovery Centre.
- **Bokashi Composting with Todd Veri** from MyCrobz Bacteria Solution
- **Introduction to Permaculture with Gregoire Lamoureux** of the Kootenay Permaculture Institute.

Talks begin at 9:25 and will be approximately 45 minutes with a Q&A period at the end.

Bring your curiosity and a friend.

easy to prepare, and they include health benefits that cannot be underestimated.

Scientists and doctors today seem to be mystified by the proliferation of new diseases throughout the modern world. Not to mention record numbers of food intolerant individuals and those suffering from chronic fatigue, arthritis, allergies and various types of cancer.

Could it be that in abandoning the ancient practice of lacto-fermentation and on our insistence on a diet in which everything has been pasteurized, we have compromised the health of our intestinal flora and made ourselves vulnerable to legions of pathogenic microorganisms?

If so, the cure for these diseases will be found not in vaccinations, drugs or antibiotics but in a restored partnership with the many varieties of lactobacilli, our living partners in the microscopic world.



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Western Pacific Marine Ltd. would like to thank you for your patience.

BOOK REVIEWS

by Tom Lymbery

WHITE WATER SKIPPERS OF THE NORTH – THE BARRINGTONS, by Nancy Warren Ferrell, publisher Hancock House, 216 pages, \$19.95

The Barrington brothers were the only boat captains to maintain a consistent, scheduled freight and passenger service on the Stikine River, from Wrangell, Alaska to Telegraph Creek, BC. This is the river that the Moyie was designed for, but the CPR sent her to Kootenay Lake instead. This turned out to be fortunate, as she likely would not have survived long on a wild river that requires boats to climb 600 feet in 160 miles. The Iskut River is a tributary to the Stikine and the Barringtons were able to get their boats 35 miles up a river so shallow and tortuous, that in more recent years a gold mine used hovercraft for access.

Author R M Patterson in his book *Trail to the Interior*, tells us of his trip on the Barrington's boat Hazel B3 to Telegraph Creek in 1946, with an alarm bell using different rings to alert passengers to bears, eagles, and other wildlife. In order to build the first airfield at Watson Lake in 1942, the boats pushed barge after barge, carrying 45 gallon drums of gas, tractors and bulldozers up that hill of water. The equipment and material was trucked from Telegraph Creek to Dease Lake, and then barged down the Dease River to Lower Post on the Liard River in order to build an airfield at Watson Lake, and for construction of the Alaska Highway.

Syd Barrington was the foremost captain of the brothers and named all of their Stikine River boats after his wife Hazel - Hazel B2, Hazel B3, and Hazel B4. These were all different, some lighter and able to float over the Stikine's ever shifting sandbars more easily, some larger with a full deck of cabins.

Telegraph Creek had outfitters and guides who took people from all over the world to hunt world record sheep, goats, caribou, bears and more. This created business for Barrington Transportation, but perhaps more important was the Cassiar gold fields on Dease Lake and river. The brothers were gamblers and brought in equipment to work their own claims.

The author searched all over for a book on the Barringtons, and since there wasn't one to be found, decided to do the research and write this amazing story.

CANADIANS IN THE BATTLE OF THE ATLANTIC by Larry Gray, Folk Lore Publishing, 336 pages, \$18.95.

While the author didn't interview Johnny Oliver about his service on the RCN Corvette, Weyburn, he has managed to find many of the men and women who served on the unforgiving North Atlantic Ocean. This is a most comprehensive book as it includes many stories from the Canadian navy, as well as those in the merchant marine who had the dangerous task of protecting the convoys.

Canadian women were not allowed to serve aboard ship, except in Norwegian vessels, and some did, serving as radio operators. The WRENS, the ladies arm of our navy did get overseas, many working on radio listening devices, to find transmissions from German submarines, in order to alert corvettes, destroyers and planes to intercept and attempt to sink the undersea menace.

The battle of the St Lawrence River was never released to the media. It is hard to imagine so many submarines were active in that inland sea. To give some idea of how big an ocean can reach in the river -- heading for Montreal, when our family was returning from a trip to England in 1936, the first land we saw was Anticosti Island, and that is a long way up the waterway. This book lists the many freighters and naval vessels that were torpedoed there, and how difficult it was to mount an effective war on the subs. Planes were very effective in seeking out subs, but there weren't enough available.

A few other books have attempted to cover the struggle to keep the lifeline of ships getting to England, and back, but this has far more detail, and is also very readable.

THE CINNAMON MINE – An Alaska Highway Childhood, by Ellen Davignon, Harbour Publishing, 203 pages, \$18.95

Out of the 150 or so books that I read each year, this is the best one in several years. With a Danish father who came to Canada to arrange a reindeer drive from Nome, Alaska to Aklavik, NWT, the author's two sisters and brother don't stay in one place long in the Yukon. Their parents saw an opportunity to build one of the first tourist lodges on the Alaska Highway.

This is witty and brightly written, changing chapters from the kids working their cinnamon mine, to the assembly of a lodge constructed by taking apart the buildings left behind at the headquarters of the Canol Pipeline operation, to boarding construction crews that somehow turn up, to three kids under ten serving the lunch crowd when their parents are away.

Their Danish mother is an excellent cook, even with woodstove and no refrigeration, so the recipes and baking are tasteful as well. Johnson's Crossing on the Teslin River has a very long bridge and the kids are forbidden to walk on the railings, high above the rushing river, but guess what? Attending a one room school, waiting table and looking after tourists is also the way we grew up in Gray Creek, except that we didn't have parents to teach us some Danish language and pastries.

The author and her husband took over the lodge from her parents and she continued with the baking she had learned from her mother. She doesn't claim it but I can believe that the cinnamon bun tradition along Yukon Highways started from their Johnsons Crossing Lodge.



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Come On In: We're There For You

by Doreen Zaiss

Just four years ago Yasodhara Ashram made the first contribution to the fundraising effort to build a fitness centre in our community. Local individuals, businesses and organizations joined in with contributions leading to a bundle of \$145,000. That's an amazing sum for a community of our size. Even more money was raised through grants, and a grand total of \$815,000 helped to manifest The Fitness Place, upstairs at the Crawford Bay School. Now we just want that generous community to come out and use the facility that they helped build.



The Fitness Place is run by volunteers who manage to keep it open part-time six days of the week. (See our ad for details). Leona Keraiff who has been the backbone of this project is delighted that "we're making such a positive contribution to people's wellness."

The centre is not there just for skinny people to show off their tight bodies in skimpy clothes. People of all sizes and abilities use the facility. Our goal is to help people feel better, physically and mentally. We try to make that easy by keeping the cost of membership or daily admission as low as possible. Our prices are lower than any others around.

TOM SEZ

by Tom Lymbery

We know that porcupines will eat your tires if you leave a vehicle at high elevations – but will they gnaw on golf balls? We found two men lofting golf balls from the 6800 summit of the Gray Creek Pass!

John Edwards took me to task for omitting the sequoias that he planted 25 years ago at the entrance to Wedgwood Manor. The sequoia gigantea is about 35 feet high, and I need to look at the dawn redwood (metasequoia glyptoboides) when it turns colour prior to dropping its needles this fall, as it's a deciduous conifer, similar to larch.

Worldwide, one person dies of diabetes every seven seconds.

Lucas Myers will be bringing LIVE THEATRE back to Gray Creek Hall this fall. Will this occasion coincide with our first snowfall, as it has in several past performances?

Wedgwood is a registered trademark by the china company. The Wedgwood Hotel in Vancouver had to pay a penalty and change its spelling, (adding the 'e') but our Wedgwood has clearance as the builder, Commander Harrison's wife was a Wedgwood.

Look for ASPEN gasoline that has virtually no emissions and no smoke, available in chainsaw mix or straight gas for small engines – can be left for years in a machine without deterioration. Mike Acres uses this in his antique saws – some may only be run for a few minutes this year, or next year. Otherwise he would have to drain the gas and run the unit until the carburetor ran dry.

Please check out www.royaltheatretrail.com for the Bolshoi Ballet, Metropolitan Opera, and National Theatre Live from September to April 2012. Many of these are 1 pm Sundays so Trail is possible from the Best Shore.

Deer at play? We have stucco wire cages around young maple trees - a buck got his horns in the wire netting and tossed it into the bush. Next he did the same thing to two more trees.

Stanfields – the only brand you need for winter comfort. Stanfields rise to fame came when they solved the wool underwear shrinkage problem.

Advice to be happy from Michael J. Fox: "Leave the past behind and live in the moment." As the song says "Yesterday is history – tomorrow is a mystery."

14 Mainstreet October 2011

Let's hear from some of the people who use The Fitness Place regularly:

Work for me is very physical and uses certain muscles repeatedly. In the gym I can work other muscles and become more balanced, both physically and mentally. I feel lighter because I'm not having to drag my body around.

Niels Elris

I'm there because I want to get tighter.

40-something

I had total hip replacement surgery in August, 2010 and am in much better physical health now, one year later, than I was before. I can paddle, cycle, garden and play soccer with my grandchildren with few limitations and no pain.

In part, this is because of the wonders of modern medicine and our great health care system. But it's also because of me and how I approached my first ever surgery.

Perhaps it's my Scout training but I like to be prepared. (The pre-operation literature tells all joint replacement patients that it's in their best interests to be in the best physical health possible at the time of their operation. After years of pain and limited activity I was not very fit but I decided to do something about that.

I became a member of the Community Fitness Place in October 2009 and went to work – very slowly – to improve my overall strength. I challenged my sadly underused cardio-vascular system too, on low impact machines that didn't hurt my fragile hip.

It paid off. My recovery from surgery was speedy and the results were life-changing. I still go to the gym. Now that I'm a pensioner I consider time spent on fitness as preparation for the rest of my life.

Susan Hulland

Routine is the thing. When I've worked out I can't wait to come back. It's good for my body and my soul and the effects carry through the week. I'm strong and friends can see the difference in my body.

Jacqueline Wedge

I'm there because I want to get bigger.

Young Dude

I come to The Fitness Place because it forces me to have an agenda to keep fit.

Tony Leger

The Fitness Place serves the community well, especially as a morale booster in the winter months. As we all know our cherished Kootenay winters can drag on for what seems an eternity.

It enables people to stay fit when conditions outside don't allow for us to be as active as we'd like to be.

All the amenities that are offered in large urban gyms exist here, but at a fraction of the price. As an added bonus, there are always familiar, friendly faces present, which provide an opportunity to catch up and shoot the breeze.

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The Fitness Place

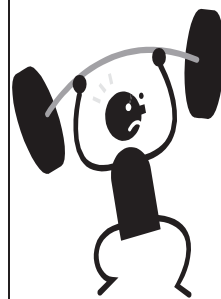


October Hours:

Monday: 6:30-10:30 am & 6-8 pm
Tuesday: 8:30-10:30 am & 6-8 pm
Wednesday: 6:30-10:30 am and 6-8 pm
Thursday: 8:30-10:30 am and 6-8 pm
Friday: 6:30-10:30 am
Sat: 8:30 - 10:30 am

The Fitness Centre apologizes for any inconvenience with the changing hours. Fewer volunteers means reduced hours.

Please wear clean indoor shoes and bring a water bottle and towel.



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Fall Greeting From Tipi Camp

by melanie faith

What a fantastic season at Tipi Camp 2011. With the work of many hands, we had the camp up and running by the first of June to welcome four different school groups throughout that month; Nelson Waldorf, Crawford Bay Elementary, Kimberly Independent School and Twin Rivers from Castlegar. We're open to offering camp rentals/bookings to other schools during the month of June 2012 as well, so if you know of one that might be interested, have them contact us through the website www.tipicamp.ca or telephone (250-505-3173).

Each of the WISE (Wilderness Immersion & Self Esteem) Programs, four in total, were well attended by two different age groups of children. Sign up your child early for WISE camp next year as this year's camp filled quickly. We launched the new YA! (Young Adult) Program in collaboration with Self Design High and Kootenay School of Lifelong Learning, and to our delight, this camp gently lifted off the ground, which was quite encouraging after the amount of work and energy it takes to develop a new program such as this. In total, the camp hosted more than 150 visitors this summer.

We had several fundraisers for the camp this year including our annual Yoga-thon in January (keep posted for Tipi Camp Yoga-thon January 2012) at the North Shore Hall, Benjamin Jordan and his soaring work and contributions at the Capitol Theatre, and to top it all off, a silent auction that was held in May at the magnificent Shpaxieland in Boswell. We're incredibly grateful to have so much positive energy and light surrounding us; it all helps us to maintain momentum and to propel this non-profit society.

Without our volunteers, contributors and constant support team, we would never be able to pull off the amazing feat of running Tipi Camp and to that we owe our deepest gratitude. In particular, we would like to thank Lois Wakelin and her staff at the Lakeview Store in Gray Creek, Kate Woodhouse, Sunnywoods, Gray Creek Store, Crawford Bay Store, Rec 9 for funding the WISE Bursary Program, CKCA for assisting with funding for Family Nature Weekend, Nelson District Credit Union, Lions Club, Columbia Basin Trust Community Initiative, the Osprey Foundation and the Pumpkin Hill Foundation.

Thanks to all our members who renewed their memberships as well as all our staff, volunteers and board members and a huge thanks to Alice and Janet Bruce for sharing their land with us.

We would like to have an appreciation evening at the Gray Creek Hall on Friday October 7, 2011 with music by Farley and some tea and sweets to warm us up on these cool, fall nights. Festivities will begin at 7 pm, so please come by; we'd love to see you and your family one last time before the snow flies.

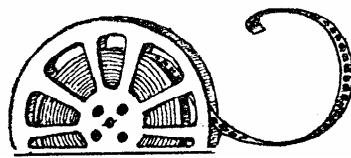
To get involved as a volunteer at Tipi Camp, you can register on our website www.tipi.camp.ca or call Sandra at 250-505-3173. Also, use this contact information if you are a facilitator and would like to book a potential workshop in 2012.

We are always accepting donations and new members. If you would like to be a part of Tipi Camp in this way, please send cheques payable to: Guiding Hands Recreation Society, P.O. Box 20, Crawford Bay, B.C., V0B 1E0

Next Deadline:

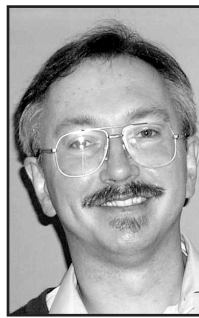
October 26, 2011

250.227.9246



Seldom Scene

by Gerald Panio



"Life's a treat with Shaun the Sheep/He even mucks about with those who cannot bleat."

Just over a decade ago, Nick Park and his team at Aardman Animations in England made a hapless inventor and his far-more-intelligent dog the stars in a clay-mation revolution. Wallace & Gromit were featured in Academy Award-winning shorts (*A Grand Day Out* in 1989, *The Wrong Trousers* in 1993) and then a feature-length film, *Wallace & Gromit: The Curse of the Were-Rabbit*, that in 2005 managed to snaffle the Oscar from the likes of Hayao Miyazaki and Tim Burton. Along the way, Nick Park added a new character to his clay-mation menagerie: a smart-alecky ovine trickster with the irresistibly alliterative name of Shaun the Sheep. The rest, as they say, is history.

Claymation is a wonderful medium that makes use of plasticine or plasticine-like materials and the animating energy of stop-motion photography. Although it's an art form that can require enormous patience (roughly 12 individual moves & shots for every second of film—21,600 stops for a 30-minute movie) even rank amateurs can produce cool stuff almost immediately (check out the student-made videos at the Crawford Bay School website). Nick Park and his fellow animators supercharged the medium with their wicked sense of British humour, their mind-boggling attention to detail, and their endearing characterizations. This isn't your parents' (grandparents?) Gumby.

Shaun the Sheep turned up in the third Wallace & Gromit short, 1995's *A Close Shave*. Shaun then went on to star in two seasons of six-minute shorts on British television. For a while, only a couple of mini-anthologies were available in North America (*One Giant Leap for Lambkind*, *Off the Baa!*), but now the entire 40-episode first season is out on DVD. One of my favourite memories of the past summer is watching Shaun with our grandkids, and in particular the memory of our grandson singing along and waving his arms to the irresistible title song and sequence. That tune's probably entirely overwritten portions of my brain that stored things like first-year university calculus and semiotics. As a grandparent, it's a price I'm willing to pay.

The setting of the *Shaun the Sheep* stories is a ramshackle old English farm with a big old stone farmhouse, three rather nasty pigs, a short-tempered (is there any other kind?) bull, some chickens & chicks, Shaun & his flock, Bitzer the watchdog, a surly housecat, and an irascible, mumbling farmer who's clueless about the chaos & mayhem transpiring all around him.

One of the strongest features of the series is an absence: the complete lack of dialogue. In essence, the viewer is transported back to the days of silent slapstick comedy, but with the added bonus of perfectly rendered sound effects. Bleating, snorting, grunting, and snuffling can be surprisingly eloquent. My hat's off to all of the actors who provided the voice-overs, and to the sound effects crews.

Another strength is the detail of the mise-en-scène. The pasture, for example, is dotted with lovingly-textured sheep droppings; the farm truck and tractor have been aged and weatherbeaten to perfection; the farmer's face is a rustic masterpiece; trees and hedges are painstakingly and gorgeously rendered; and the farm-

house and barn are worlds unto themselves. On the other hand, however, the animators are also masters of minimalism—chicks are simply endearing little yellow balls with beaks, aliens are green, one-eyed ambulant socks.

Reviewer Steven D. Greydanus was right on the money when he wrote that "What makes Park's little gems...so rewarding for film lovers is the way Park lovingly evokes whole genres and cinematic conventions through attention to every element of the moviemaking process: lighting and shadow, score, art direction, even pacing and timing." Greydanus was referring to the Wallace & Gromit films, but there's a definite carryover into Shaun's opus.

A typical Shaun the Sheep story arc begins with a mundane action (the farmer discovers the wood box is empty; an old stereo is tossed out on the rubbish heap; a cement pad is poured). This simple beginning manages to escalate into the absurd (sheep cavorting in trees, farm animals restaging Saturday Night Fever complete with disco ball, Shaun with jackhammer & gas-powered leaf blower), followed by a return to pseudo-normalcy just before the farmer has a chance to realize that all is not as it should be.

Bitzer the watchdog has the unenviable job of trying to keep his unruly flock in line and his master out of the loop. At the best of times he can lounge about with his iPod and cell phone and lunch box, but more likely he's frantically trying to rebuild a tractor trashed by joyriding sheep or saving his master from being brained by little green men wielding a stuffed fish. It doesn't help that the sight of a stick or a bone turns him from two-legged picture of country cool to a four-legged simpering lapdog.

The three pigs are enthusiastic vulgarians. No trick is too low to be savoured; no misfortune is too tragic to be mocked. In their showdowns with Shaun, the end result is usually a draw.

Shaun himself is a classic trickster—both instigator and victim. He's got a collegial working relationship with Bitzer, a leadership role within the flock, an ongoing feud with the pigs, and a full-time job keeping the farmer out of the loop. He's kind of the Buster Keaton of sheep. With the difference that where Keaton was famous for being stone-faced, one of Shaun's most endearing features is his—dare I say it?—sheepish grin.

The remaining sheep are a motley crew. One very, very large oblivious sheep named Shirley with a voracious appetite, a cute-as-a-button young 'un named Timmy along with his doting mother, and a sundry bunch of other simultaneously innocent and knowing wooly scene stealers.

Included with the Season One anthology *Shaun the Sheep: A Woolly Good Time* is a child-friendly short called "The Mini Making of Shaun" that explains how the show is created. It's one of those little DVD extras you don't want to miss. Not to mention "Sing-Along With Shaun."

I can't really pick any favourite episodes; there are elements I love in all of them. As titles go, however, I'd have to pick *Little Sheep of Horrors*, *Heavy Metal Shaun*, and *Zebra Ducks of the Serengeti*. Of course, there's also an official website: www.shaunthesheep.com. With any luck, Season Two will be out on DVD by the time the grandkids come by again next summer. Life's a treat, indeed.



Elena Yeung Kootenay Bluegrass Tour

press release

Elena Yeung is making sure bluegrass music is alive and well in the Kootenays. Following her 2008 debut *The Gravedigger's Daughter*, she is getting set to release her second CD, *Dandelion* with a tour of communities in the region.

"I can't believe the first CD is three years old," Yeung says. But after a year of touring, a year of resettling in Creston, songwriting, and finally recording, the time has indeed flown by. *The Gravedigger's Daughter* has since received respectable reviews nationally and received international airplay.

Like its predecessor, *Dandelion* follows much of the traditional bluegrass sound but also makes several detours into older influences of bluegrass – old-time, gospel, folk, and swing. As implied by its title, the overall tone is more fun and light-hearted. There is also more variation in instrumentation, including dobro, clawhammer banjo, piano, and a special a capella number in five-part harmony, recorded with *The Persuasions* in New York City.



"The first CD was a tremendous learning experience. I just wanted to have fun this time around, and include my friends from the bluegrass community in Vancouver. But this project became a learning experience on a whole different level. There were moments of absolute magic that still make me smile every time I listen to it."

Elena will be performing at the Gray Creek Hall on Friday, November 4 at 8 pm (tickets \$10). Joining her are fiddler Karl Sommerfeld, guitarist Keith Larsen and Steve Jones on upright bass. For more tour dates and other information, please visit www.myspace.com/elenaYeung or www.radio3cbc.ca/bands/Elena-Yeung.

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Great selection of garden seeds now in stock...

Fresh produce market open!

Hours: 11-5 Daily

15964 Hwy 3A, Crawford Bay
250-227-9506



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For community events, wedding receptions,
workshops... You name it!

Booking info, Kathy Donnison @ 227- 9205

CRAWFORD BAY HALL

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A non-smoking facility.

16 Mainstreet October 2011

DECK:

How I Instigated Then Overcame an Existential Crisis Through Home Improvement

Written & Performed by Lucas Myers

- Saturday, Oct. 15
- Gray Creek Hall
- 7:30 Pm
- Tickets \$10 at the door



DECK examines the fine line between perfectionism and obsession, chaos and freedom and why a piece of 2x6 lumber isn't really two inches by six inches. Not even close. DECK stars Cliv, a meticulous single parent of two who has been forced to reassess his future after taking major losses in the recent recession. He embraces a new start as a small town, eco-conscious, back-to-the-lander. His attempts at self-sufficiency are hijacked by a bad house buy and he is forced to try his hand at home improvement. Enter Corey, the charismatic carpenter who takes Cliv under his wing and offers to lend a hand. As Cliv is drawn into Corey's world of free-wheeling free living, Cliv begins to lose his grasp on reality and is consumed by suspicions of Corey's true motives. DECK is a darkly hilarious take on the modern milieu of a small town, semi-urban environment.

Please note: This performance is not suitable for children.

WARNING: POWER TOOLS, PHYSICS, PARTIAL NUDITY

The PAC Box

Your Parent Advisory Council is working hard as a liaison between school and families and would like to take a moment to let you know about what's going on...

HOT LUNCH PROGRAM: This wonderful, nutritious lunch program has begun again for the 2011/2012 school year, and we are excited to announce a rotating two-week menu for your ease of choice. We are also exploring the possibility of occasionally adding organic, free-range meats to the menu, but are hoping to get your responses to our survey back in the mail so that we make the most informed decision possible. Please watch for surveys and return them!

PAC MEETING: Our next PAC meeting will be held on TUESDAY, Oct 11, 2011 due to the Thanksgiving holiday weekend. It is also our AGM, where we will elect our executive and we hope to see more faces out for this important meeting. We are excited to announce a presentation by someone from ANKORS (AIDS Network Kootenay Outreach and Support Society) presentation on that evening and are looking into drug/alcohol awareness and substance abuse programs to be implemented.

East Shore Community Library/Reading Centre News

by David George

MORE MOVING NEWS

A meeting to discuss and co-ordinate the move from upstairs at the Castle to the much larger downstairs will happen downstairs at the Castle on October 15 at 10 am. Come and give us ideas about how you can help.

THANK YOU

To all who bought used books at our table at the Crawford Bay Sunday Markets. We raised \$107 at seven markets. Larger donations can receive an official charitable donation receipt which can be submitted with your Canadian federal tax return.



The Singing Soul

Improvisational
A Cappella Singing
with David Hatfield

Fri, Oct 14: 7-9 pm - \$15 intro evening

Sat/Sun Oct 15-16: 10-5 pm - \$75 (Fri inc)

Where: St Stephen's Presbyterian Church

308 NW Blvd Creston BC

Tickets: Black Bear Books,
Creston - 428-2711

Info: 250-428-3995



Riondel Community Library

by Muriel Crowe

Summer is definitely over; we saw the first snow on Woodbury Ice field this morning. Many of our summer residents have deserted us for another year and the traffic in the library is certainly at a slower pace.

I'm happy to announce that the August winner of our surprise package was Anthony Arnold and the September winner was Sharon Turner. We hope you both enjoy your prizes. Who will be next - we don't know, it's still a mystery. Several people have mentioned that they enjoyed previous recommendation lists so that will be set up in some manner very soon. Are there other activities you would like to see in the library? Please make recommendations or requests.

We are working at correcting the spine labels on all of the books but particularly on the adult nonfiction books, this should make finding books from a catalogue reference a little easier. Currently some have very different information in the computer catalog to that on the book spine. All biographies will soon have special Biography labels on the spine and our "oldies but goodies" section in the second room are having their fleur de lis stickers replaced with Classic stickers. Before I get us all completely confused I will close this and go read one of my library books.

Next Deadline:

Oct 26, 2011



Bible Talk

by Pastor Doug Middlebrook

With the summer quickly coming to an end, seeing all the visitors leave has gotten me thinking about the prodigal son and his wanting to leave a safe place.

Luke 15 is referred to by some as the most known story in scripture (besides that of Jesus) found in the bible. I would like to suggest it is more than the story of the Prodigal Son. So much attention is put on the actions of the wayward son that a lot of the chapter's meaning is missed.

Before this parable, Jesus first tells the story of the good shepherd who lost a sheep and went looking for it. He then tells the story of the woman who lost a coin and went and turned her home upside down and inside out until she found it. He ended these two stories by telling the Pharisees and Scribes that they called their friends and rejoiced in having found them. He then tells the story of the boy who took his inheritance and wasted it and then realized the error of his way and came home. In these three stories there is a character that is often not thought of. We are happy that the lost sheep is safe. We are happy that the money was found and we are happy for the boy finding his way back home.

What we sometimes forget is the effort put forward by people in these stories. The shepherd left all the other sheep and went looking for the lost one. The woman tore her house apart, the father spent years waiting and watching for his son's return. He never gave up.

A parable is defined as an Earthly story with a Heavenly meaning. Jesus was telling them that God is the Good Shepherd, that He is like the woman searching for the lost coin and He is the Father who never gave up on the wayward son. He told these stories to help the Pharisees and Scribes understand the love that God has for mankind.

You see we are God's sheep. He treasures us as gold and He waits and wants us to return, to come home, so to speak. The other aspect of this parable that often gets overlooked

is that of the elder son who stayed and worked. We read that when he heard of his father's action for his brother that he became angry with his father and even refused to enter his house. He would have no part in celebrating the return of his brother; in fact it appears that he feels he has been wronged. The father went out to him and tried to explain that he was losing nothing by the return of his brother, but that everything he (the father) had was his.

I believe God is trying to tell us that He is looking, searching and wanting us to return to Him. He wants us to know that even though others are being welcome it does not change how He feels for us. Jesus is telling this to the Pharisees and Scribes but He is doing it in front of the sinners. He wants the people to know how important they are to God and to what lengths God is willing to go to see them safely back where they belong.

Jesus is God's love for us and He ran the full gauntlet for us. He came to be the light so we could find our way, so we could come home and be forgiven. The parables in Luke 15 demonstrate the love of God for us by telling how far He will go to find us.

Happy Thanksgiving to all and may the Lord's blessing be with each one.

Remembrance Garden

by Wendy Scott

Memories have a habit of crowding and pushing at times, but each remains uniquely individual. This is the case for the new plaques that have arrived for the garden. They will be installed on the benches when Dave Loeppky finds the time for the intricate procedure. The names include Will Holt (Mr. Grump), Jim Poch, Don Johnson, Ethel Christensen, and Brandon Salviulo.

There has been another gracious donation towards a new bench for the garden and Dave Loeppky has taken on this task as well.

We are very fortunate to receive Dave's expert and generous help, and the assistance of all our volunteers.

Information:

Plaques – Wendy 250-225-3381 wmescott@gmail.com
Shrubs – Muriel 250-225-3570 mcrowe@bluebell.ca

her husband, Mike, beside her and the support of family and friends, her life ended. John Crawford, Velma Lowen's dear companion, met the same sudden fate. Each one died with those who loved and cared, close by.

At times a life is snuffed out by the overwhelming depression of a man's own despair. Seeking release from his own distress, his death becomes an instant tragedy of loss. No one's to blame, and there's no technician to call to fix the picture. Grant Montgomery is gone and his wife, Mel, is left to mourn, and with the help of her family, to cope and step forward again into her continuing life.

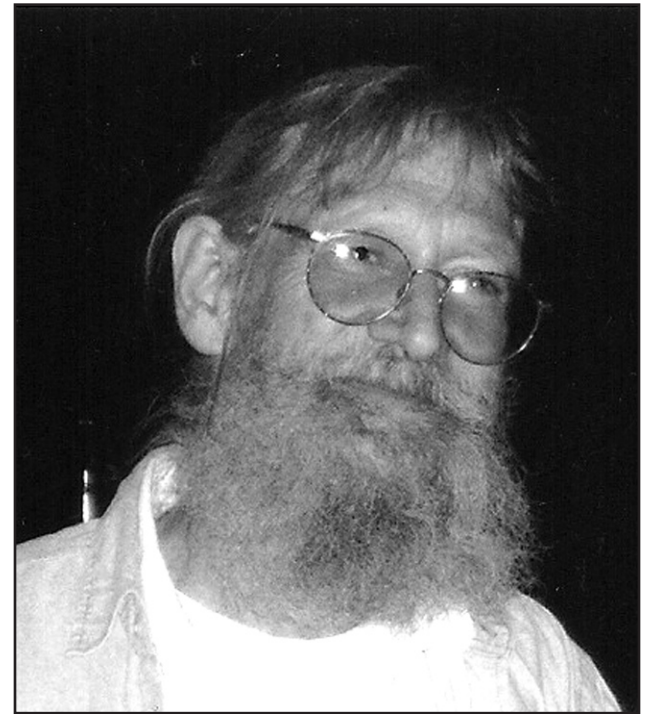
Time allows the empty spaces in our lives to collect into selective memories. It is perhaps those memories that determine that a gathering is due -- for those with more to share as well as for the remembered absent spaces.

The gathering today might be an extension of the Fairy Treats Coffee Club, with all those empty coffee mugs included: Will Holt, Elaine Lennemoller, Geoff Beley, Jim Poch, Neil Mceachern, Stirling Tugwell and dear Frieda Dill, are among the more recent around that table, and here today in the empty spaces.

Empty mugs that have accumulated over a number of years are a collection that is comparable in some ways to the single bottle of rare wine that Tom Lymbery recalled today; a bottle put away by members of a group, a school, a club that by definition is dwindling in number. The wine becomes a tontine -- an annuity, collected by many until the last surviving member reaps the benefit. There's a tontine in everyone's life -- whether the prize be shares, tea cups, silver spoons, a letter opener, rare wine if you are lucky, or a stack of empty coffee mugs with Mr. Grump's at the top of the heap.

Stir carefully. These mugs will overflow.

Notice of Passing



Rick Hanbury 1946 - 2011

Richard Lewis Hanbury passed away September 7, 2011.

A celebration of Rick's life will be held at the Gray Creek Hall on October 20 at 3:30pm.

There will be a pot luck dinner followed by a music jam.

Everyone welcome.

Next Deadline:

Oct 26, 2011

mainstreet@

theeastshore.net



pebbles

by Wendy Scott

A Gathering

There are times when even/To live is an act of bravery

-Seneca

First there's hesitation. Then the memories begin to trickle through the chit-chat;

a story or two comes to the surface and pretty soon talk tumbles for recognition along with laughter and a few teary eyes. The gathering: a few friends, tea, coffee, and some very nice goodies -- all these are for a man who lived a solitary life and gave of his time generously -- often remaining anonymous.

Will Holt, Mr. Grump, died last winter. He would have enjoyed this kind of party, but there were empty spaces around the tables -- spaces that would have been occupied by Will's friends. And this was the lingering sadness here today. Spaces are bound to appear in our lives, but we find it difficult when they accumulate -- as they seem to have done over this last year on the East Shore.

When illness lingers family members have time to come and bid good bye, but sudden death is a shock and a tragedy. Rick Hanbury, Pauline's husband, friend, companion, recognized the creeping numbness of aneurism and knew his time was short, a few crucial calls meant the knowledge of family was a comfort as he slipped away.

As Dale Vanruskenvelde was drawing near to the end of his life, his son, Allan, was able to spend time beside him. Rosa Salma, the lady whose soft accent never lost its charm and whose nimble fingers stitched finishing touches around many of Riondel's windows, had returned to her Riondel house to complete her own finishing touches when her heart failed her, and with

Notice of Passing

Rose Marie Dortman



Introduction

by Tom Lymbery: *Rose Dortman (McGregor) grew up at her parents, Ray and Ruth McGregor's farm in Crawford Bay. This was where the airstrip is today. She attended Crawford Bay School. Rose was an excellent badminton player*

and won many tournaments. We were amazed that she could demonstrate her skill by firing a badminton bird neatly over the rafters in the Crawford Bay Hall (before the present ceiling was installed).

Rose Marie Dortman (nee McGregor) passed away in Creston, BC on August 24th, 2011 after a lengthy illness at the age 76 years. Rose was born in Creston on March 24, 1935 to Ruth and Raymond McGregor. She received her education at PCSS in Creston as well as in Vancouver.

On July 19, 1957 she married Randy Dortman in Crawford Bay. During the period of 1957 -- 1963 she was a well-respected teacher in Riondel, BC. In 1964 she and Randy bought a ranch in Creston where they have enjoyed life for the past 47 years of their 54 years together.

SERVICES DIRECTORY

The Service Directory is a great way to have your business listed as a reference for those shopping for a particular professional service. Keep your phone number handy and your message clear.

AUTOMOTIVE/MARINE

EASTSHORE AUTOMOTIVE - Service & Repair 250-227-9370
NORTHSTAR CRESTON - 1-800-551-9351. Full service 8-bay shop featuring Goodwrench Service - \$41.95, genuine GM & AC Delco parts. Full line of major tire brands featuring: BFGoodrich, Michelin, Uniroyal, Hankook, Goodyear and Firestone brands.

BUSINESS SERVICES

MUTUAL FIRE INSURANCE of B.C. Quotes on Homes, Mobiles, Farms & Tenants. Seniors discounts at 55. Home Protection; No Claim; New Home. ph/fax 250-428-7937, broker Virginia Harder.

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MARK JOHNSTON CONSTRUCTION LTD. Ph: 250-227-9583, email: info@mrkjc.com

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ALEXIS PHILLIPS, M.A., R.C.C. - Registered Clinical Counsellor specializing in complex trauma, relationship issues, grief & loss, anxiety & depression. Apptmnt/consultation, call 227-6824.

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BLANCHE TANNER - Breath Practitioner, (Family Constellation) Heart-Centred Therapy (Meditation), Healing Emotional, Physical & Sexual Abuse, Addictions, Relationships, Anxiety, Depression. 227-6877

COUNSELLING & SUPPORT SERVICES: Free and Confidential for children, adults and families. Services include: Adult Mental Health and Addictions; Child Youth Mental Health; & Family Support. Call 1-866-774-5324 (toll-free) or 250-353-7691. North Kootenay Lake Community Services Society.

FINGER PRINTS AND HAND ANALYSIS - P. Danielle Tonossi IHA. Over 25 years practical experience as a Healing Facilitator/Readings. Discover the inner purpose of your life and what it takes to live it more fully. 250- 227-9478. More info: http://www.crystalgardenspirit.com/IndivSessions.htm

FIRST CONTACT EAST SHORE MIDWIFERY - Sylke Plauermann, registered midwife. 250-227-6846.

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MASSAGE, SHIATSU - DEEP TISSUE - REIKI, mobile or in Crawford Bay, call James Wood, 250.227.6849 for an appointment.

REGISTERED HERBAL THERAPIST, MASTER HERBALIST - Maya Skalinska, M.H., R.H.T. Iridology, Tongue & Pulse analysis, Nutritional consultations, individual herbal remedies, Flower Essence consultations & remedies. For appointments, please call 250-225-3493.

REGISTERED ACUPUNCTURIST - Christine Peel, R.Ac. Traditional Chinese Medicine treatments including Acupuncture, Moxibustion, & Cupping. Call 505-8130.

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RESTAURANTS

BOCCALINO RESTAURANT, MOTEL & CABINS -
BUNKERS GRILL AT KOKANEE SPRING - Closed for the season

CRAWFORD BAY HALL & COMMUNITY CORNER BUILDING - available for community events, wedding receptions, workshops etc. Non-smoking facilities. Call Kathy, 227-9205.

MAXX & NAMBI'S KITCHEN - Open Sundays, 9 to noon with full breakfast menu. Hwy 3A in Crawford Bay. 227-6854.

NEWKEY'S PLACE - Hwy 3A in Crawford Bay, licensed area. Open 10 am til close Monday to Sunday. Food Specials all day. 227-6911.

ROCKWOOD CAFÉ - Authentic Chinese food, great pizzas and perfect burgers. Open Tues - Sun. Hwy 3A Gray Creek. 227-6840.

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TREE SERVICE, RESIDENTIAL - Limbing, Pruning, Topping, Falling. Danger Tree Assessments, Free Estimates. Fully Insured. Please Call James Linn at 250 225 3388

STEEL WHEELS - We dig. Registered on-site wastewater practitioner. Dave Hough - 227-9646.

 **RDCK Waste Management Facilities**
THANKSGIVING DAY HOURS OF OPERATION
All Waste Facilities will be CLOSED on Monday, October 10, 2011
 Normal operating hours apply for the rest of the week.
 For details see our website:
www.rdck.bc.ca/environment/waste/waste_disposal
 OR contact the
 Recycling Council of BC Hotline at 1-800-667-4321
 or the RDCK at 1-800-268-7325

CLASSIFIED SECTION

AUTOMOTIVE/MARINE

2005 Chevrolet Uplander: AWD, sliding doors, good shape, low mileage, \$7000.

Telescopic Boat Hooks: extend up to eight feet, but are only 3½ feet when retracted. The hook end is plastic so its easy to get your dog back in (as long as its wearing a life jacket) Gray Creek Store.

Flat Fix: to seal and inflate tires on cars or light trucks, carry this for back road travel \$10.95 - Gray Creek Store

New - 5.5 Hp 2 Inch Transfer Pump: Reg \$465, Spec \$395 - Gray Creek Store

PFD - Personal Flotation Device: make sure your life jacket fits and WEAR IT. We stock many sizes and even those for dogs - Gray Creek Store

Use a garden hose to flush or service your outboard without having it in the lake. Hose adaptor kits \$13.95 - Gray Creek Store

BUS ANNOUNCEMENTS

Jotul wood & gas stoves on sale October 10-24! 15% off all Jotul instock & special order. Gray Creek Store

Sunday Hours: now 10 am to 6 pm. (Still 9 am to 7 pm all other days) - Gray Creek Store

Sirdar General Store - A unique place to shop on Duck Lake. Angling & Hunting Licences & Tags, plus 2011/12 Migratory Bird Permits. Trout & Bass Tackle, Groceries, Chocolate & Energy Bars, Cold Drinks, water, energy drinks, Ice Cream Treats, Chips, & Nuts. Assorted Greeting & Post Cards, Souvenirs, Local Crafts, Post Office. 8050 Hwy 3A, 250-866-5570, or Fax 250-866-6811. (There have been two cougar sightings along Duck Lake & CPR tracks.) Happy Thanksgiving Day!

Insurance Certification requires professional chimney installation - we are the Pro's - Gray Creek Store

BUSINESS SERVICES

Fax service, photocopies, (with no PST/GST) Tom Lymbery - Notary Public, 250- 227-9315, fax 227-9449

CLASSES/WORKSHOPS

Egyptian Bellydance Workshop with Zahira. Sunday ,October 16th 1-3pm at the Community Corner in Crawford Bay. \$25. All participants must pre-register by October 14th. Please call Amanda Hulland at 250-225-3346.

Piano Lessons: Wednesdays and Thursdays in Crawford Bay. Contact Jacqueline Wedge @ 227-6803.

Pottery Classes for adults and children. Private studio, beginner & intermediate, small classes run for 6 weeks: \$150 including all materials and firings. call Jacqueline Wedge to register - 227-6803.

The East Shore AFTER SCHOOL ART classes are held on Mondays after the school day, from 3 to 5 pm. All ages are welcomed, even parents can join us. An exploration of mediums and methods... sometimes messy, always fun, call Jacqueline Wedge at 227-6803 to get more info, drop-in welcomed. Thanks go out those who have donated supplies, and to everybody who comes out to be blissfully creative with us!

The East Shore Mandala Project: a unifying public art endeavour linking our amazing communities together through creative expression! call Jacqueline @ 227-6803 to get involved, all ages, all level of experience. All you need is a desire to paint, and your fame will come organically...

ORFF Classes: I would like to offer ORFF music classes to young children on the East Shore, starting this winter. If there is enough interest, I would like to get classes started by January. Call Jacqueline Wedge at 227-6803 if your youngster would like to move, sing, dance, share, make noise, shake & jiggle things, and play rhythmic games in a safe creative space.

EMPLOYMENT OPPS

Visit InvestKootenay.com for East Shore opportunities to buy or sell a business and more.

EVENTS

The Bevy Of Angels Christmas Craft Faire: will be held early December as usual, in Crawford Bay. If you are interested in renting a table, please call Jacqueline at 227-6803 to apply. Deadline is November 15, no exceptions. Only hand-made items, the funkier the better!

HOME/BUILDING

Back again! Tarps and more tarps. Green is best, up to 40 foot by 60 foot - Gray Creek Store

Extension cords in all sizes - from \$2.95 60 \$119.95 - Gray Creek Store

Fire extinguisher and smoke alarm combo pkg \$49.95 - Gray Creek Store

Forstner Wood Bits by Irwin - now we have a full stock for Carpenters - Gray Creek Store

At last a clean burning gas that you can leave in your chainsaw for years without deterioration . ASPEN 2 mixed also produces no smoke or hazardous emissions - Gray Creek Store

Lifetime Wood Stain: the non toxic one - you wouldn't want to drink it, but a dog can! Gray Creek Store

Fresh Start: a latex paint from BENJAMIN MOORE covers old oil paint and surprisingly will evndo the same for creosote. Gray Creek Store

Tidy up around your construction work site with a Magnetic Rake, works wonders before your tires find the nails and screws - Gray Creek Store. Reg \$49.50, Special \$37.50

Please change your old lightbulbs for the much more efficient florescent bulbs. These don't waste the heat of incandescent bulbs and reduce your power bill. Gray Creek Store

Economic Paint: we have Benjamin Moore mistints in quarts and gallons at half price or less (we made a mistake in tinting) Five gallon mistints at \$25 - Gray Creek Store

Dusk to Dawn Light: screws into a regular socket \$14.95 - Gray Creek Store

Reaching deep into a water tank or flooded plumbing? We have heavy duty plastic gloves that go to your shoulders - Gray Creek Store

16', 20', 24', Industrial Aluminum Ladders: plus a 8' to 13' multiway ladder - Gray Creek Store

Jonsered mix oil for saws/two cycle engines has gas stabilizer included - save expensive carburetor cleaning to remove varnish left by lesser mix oils - Gray Creek Store

MISCELLANEOUS FOR SALE

What a stock - time to sock up for winter - socks and more socks - Gray Creek Store

Books make the longest lasting Christmas gifts. Buy them early so that you can read-em before you gift-em - Gray Creek Store

Headlamps from \$10.75. The shortest day is nigh - Gray Creek Store

Roadside Emergency Kits \$39.95: with everything from jumper cables , tire sealant, to an emergency blanket , first aid kit, and more - Gray Creek Store

"Find an Ounce of Gold a Day" with our gold panning kits, or check the beaches for antique coins with a Metal Detector - Gray Creek Store

Canadian Made Gumboots: these include insoles which are essential in a rubber boot - Gray Creek Store

Where else can you find a Yare Hydrant Repair Kit but Gray Creek Store

Live Animal Traps: Squirrels to Raccoons, \$24.95 - \$79.95 - Gray Creek Store

The Gun Safe: locks up yours safely, and has a separate locking drawer for ammunition and your six gun - Gray Creek Store

Lakota Joint Care capsules: let Lakota defeat your rheumatism as the Lakota defeated Custer. Also: Beta Carotene capsules extend the use of your eyes - Gray Creek Store.

Save Power: plug in those printers and computers to a power bar, then one switch turns all of when not needed or when thunderstorms threaten - Gray Creek Store

Hydrographic chart of the Lake. boater's necessity, hard to find anywhere but Gray Creek Store

NOTICES

Nelson Parkade - offers easy downtown parking. Just one dollar per hour or four dollars per day. NExt door to the Hume Hotel on Vernon Street. We accept credit Cards. Call for weekly or monthly rates. 250.354.8834

OUTDOORS/REC

The Hunter's Hoist Kit: the easy way to string 'em up. Can we persuade you to delete some of our surplus deer? Gray Creek Store

Best selection of fishing lures, rods, reels, nets, weights and down riggers on the eastern shore - Gray Creek Store.

ATVs or Motorcycle Helmets - two styles and looks - Gray Creek Store

Log Lifter with hickory handle, get your log off the ground for easier firewood cutting \$97.50 - Gray Creek Store

RENTALS/REAL ESTATE

For Rent: We are a Co-op living situation in which 3 creative and responsible individuals are looking for 2 more compatible house mates at Tara Shanti Lodge in Kootenay Bay. It's a shared accommodation with responsibilities and has ample bathrooms for \$400 per tenant/mth, this includes Hydro. For more information call Maggie and Gord at 403 863-6848 or yogamag@shaw.

YARD & GARDEN

Snow Floats. Don't shovel that white stuff - float it, no lifting - Gray Creek Store

Grip O Log Splitter: No hydraulics to freeze or leak, Honda powered , TWO SECOND CYCLE TIME, uses the effort of two flywheels, was \$3400 now \$2995 - Gray Creek Store

The Bucket Saw: for tree pruning, can be used with one hand, an innovation from Jonsered / Husquvama, or a narrow bodied electric saw - Gray Creek Store

WANTED

Desperately Seeking Cooked Crayfish: Our theatre troupe is seeking some special props for our winter performance. They include a red crayfish (or lobster) doll/toy, an ominous looking 19th century Russian revolver, hats and clothing for 19th century Polish Jews and Russian army officials (in particular bowler hats, yarmulkas, and other period-specific clothing) for all body shapes and sizes. Any ideas? Call Ingrid at 250.227.9246.

Furniture Sought: Twin/Queen beds, desks, chest of drawers for kids rooms. Good quality only - 250.227.9246



BULLETIN BOARD

Community Notices, Thank You's, Not-For-Profit Announcements (all not related to business), Church Calendar & Meeting Places - free on the Bulletin Board.

CHILD HEALTH CLINIC, ADULT IMMUNIZATIONS, PUBLIC HEALTH NURSE Riondel Seniors Association AGM and Potluck Luncheon will be held on Feb 8th at 12:00 in the Seniors room at the Riondel Community Centre.

Will be at the East Shore Health Centre monthly.
For further information, call Creston Health Unit at 250-428-3873.

EAST SHORE COMMUNITY HEALTH CENTRE Call 227-9006

See calendar for doctor days - Doctor hours are from 9:30am to 4:30 pm. Please call 227-9006. Also in clinic: Interior Health Authority, Community Care Nursing and Home Support Services, Tues - Fri, 8:30 am to 3:00 pm. Phone: 227-9006, Fax: 227-9017.

PHYSICIAN COVERAGE FOR OCT 2011

Oct 4, Tuesday - Dr Grymonpre
Oct 5, Wednesday - Dr Moulson
Oct 6, Thursday - Dr S Lee
Oct 11, Tuesday - Dr Grymonpre
Oct 12, Wednesday - Dr Moulson
Oct 13, Thursday - Dr S Lee
Oct 18, Tuesday - Dr Grymonpre
Oct 19, Wednesday - Dr Moulson
Oct 20, Thursday - Dr S Lee
Oct 25, Tuesday - Dr Grymonpre
Oct 26, Wednesday - Dr Moulson
Oct 27, Thursday - Dr S Lee

Note: Please call to cancel if you can not make your appointment. We always have a wait list for patients needing to get an appointment.

Please Note: Lab hours 7:30 - 10:30, Weds Mornings. Call to make appointments at 227-9006 on doctor days and Thursday morning. Tuesday, Wednesday and Thursday (8:30 to 12:30) Phone: 250-227-9006 Fax : 250-227-9017

BOSWELL HALL GOINGS-ON

- 1. St. Anselm's Church Services** with Rev. Robin Celiz on the 1st Sunday of the month at 1:30pm
- 2. Yoga with Lea** is held on Thursdays at 9:30 - 11 am. Contact Marilyn Arms 250-223-8058.
- 3. Boswell Hiking Group Boswell Hiking Schedule** for the rest of the summer is as follows. Sept 4: Balancing Rock, Sept 14: Roman Nose, Sept 21: Fry Creek, Sept 28: Sphinx, Oct 5: Loon Lake, Oct 12: Wind-up. All interested hikers are welcome. Call Melody Farmer for additional information at 250-223-8443 or email Melody at melodick.farmer@gmail.com
- 4. BADEV (Boswell and District Emergency Volunteers) Annual Corn Roast:** 5:00 - 7:00 Sept. 3 at the Conrad Residence, 12306 Wallace Road, the driveway just south of Boswell Hall - follow the signs. The menu includes fresh local corn, beans, hot dogs and ice cream. There are always lots of raffle prizes to be won and wonderful local musicians to entertain you. The cost is minimal - \$5 for adults, \$3 for kids under 10 and no charge for preschoolers. Everyone welcome!
- 5. Fall Fowl Feast,** 6pm, Sept 24 at the Hall. Tickets available starting September 16 at Destiny Bay Grocers. \$10 (\$12 at the door).

FALL FAIR AGM

You are invited the Fall Fair AGM to be held on October 23, 2011 at 4PM at the Crawford Bay Hall. We are looking for a new team to take over the Fair, as the current team has been involved for over 6 years and some of the members many, many more. We are hoping that someone would like to head up the future Fall Fair to continue this worthwhile community event into the next millennium. If you have any questions call Mike or Ivy Jeffery 250.227.6807

THANK YOU PAUL

Crawford Bay Hall & Parks Association want to express a huge "THANKS!" to Paul Hindson of Kokanee Chalets for the great job he's done all season taking care of the Park garbage for us. One more behind-the-scenes hero, doing big things to make the community better. Way to go Paul.
Creston Community Art Council

CALL FOR ENTRY

FOR CRESTON CHRISTMAS CRAFT FAIR
November 26, 2011. Please contact Harry Miller 250-428-2527

MANY, MANY THANKS

To all the volunteers who helped make the 100th Fall Fair such a success, we thank you. To the conveners, to our master of ceremonies, to those who donated baking and raffle prizes, to those who helped with setting up and tearing down, to those who helped sell at the bake sale, to those who helped serve tea, cake, and ice cream, we thank you. To those who set up displays and spent the day providing information, to those who organized the games and competitions, we thank you. And to all those who embraced this fair by dressing up in vintage costume, we thank you. Kootenay Lake Fall fair Committee

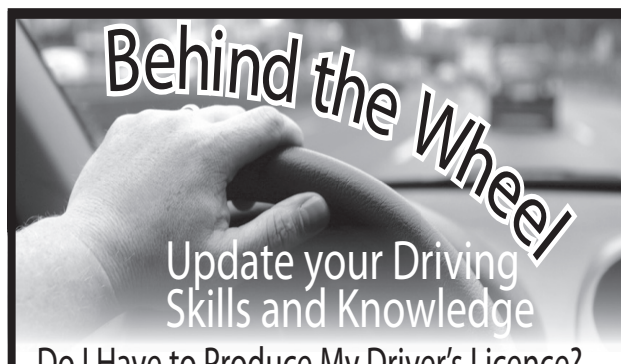
BIBLIOBUS COMING

The Francophone Association's Traveling Library (Bibliobus) will be in Crawford Bay, October 12th 2011, at the Elementary and Secondary School, 16 150 Walkley Rd, from 4h30 pm until 6h30 pm. Come borrow books, and CD's, and replenish your stash of maple sirup. Everyone welcome! Info: 250-352-3516

THE LITTLE PRINCE HAS LANDED IN TOWN

The population is invited to a magical night of bilingual theatre, a unique experience for everyone who loves French, but doesn't necessarily speak it. An adaptation of Saint-Exupery's "Le Petit Prince" will be presented in Kaslo, October 14 at the Lighthouse Theatre at 7:30 pm and in Nelson, October 22 preceded by a dinner at 5:30 pm and show time at 8 pm. As part of Association des Francophones des Kootenays Ouest, (AFKO)'s 25th Anniversary, we hope to assemble as many people as possible this family friendly event. Admittance by donation. It is strongly encouraged to reserve well in advance, as seating is limited. 250-352-3516

Next Deadline: Oct 26, 2011



Behind the Wheel
Update your Driving Skills and Knowledge
Do I Have to Produce My Driver's Licence?

For most of us, there is no way around it. If we drive a motor vehicle on a highway we must carry our driver's licence with us at all times and produce it on the demand of a police officer. We must also allow the officer to take it in hand and examine it. There is no 24 hour grace period to produce it at your convenience, contrary to what many people commonly think.

If the officer asks, we must also state our name and current address. A response of "It's printed right there on the licence" is not acceptable.

A driver's licence is important to an officer doing traffic enforcement. It properly identifies you, sets out what kind of vehicles you may operate and could include other restrictions and privileges. Being able to produce your licence when asked reduces the possibility that you are a prohibited or suspended driver.

Police officers are permitted to take photos of a driver as part of their investigational notes. I often did this when I stopped a driver who could not produce a licence. The photo sometimes turned out to be important later on to positively identify the driver for court purposes. It also resolved personation complaints when the driver knew they were not properly licensed and masqueraded as a friend or family member who did to avoid prosecution.

Legal purposes aside, carrying your driver's licence can assist medical treatment and notifying next of kin if you are killed or injured in a collision.

The author is a retired constable with many years of traffic enforcement experience.

To comment or learn more, please visit www.drivesmartbc.ca.

kis Kootenay Insurance Services Ltd. 16030 Hwy 3A
Crawford Bay, BC
• Phone 250.227.9698
• Fax 250.227.9533

Monday to Friday: 9:00 - 5:00 • Saturday: 8:30 - 12:30
www.kootenayinsurance.ca

CHURCH CALENDAR

RIONDEL COMMUNITY CHURCH

OCTOBER SCHEDULE

OCT 2: Brent Mason, Presbyterian, 2pm
Music: Brent Mason

OCT 9: Jean Daniels, UC, 10am
Music: Fiona McLaren

OCT 16: Rev Robin Ruder Celiz, Anglican, 1pm
Combined service at Harrison Memorial Church

OCT 23: Dirk Pidcock, Anglican, 11am
Music: Sharon Lymbery and Fiona McLaren

OCT 23: Brenda Panio, Anglican, 11am
Music: Anne Rokeby-Thomas and Fiona McLaren

Special music every Sunday. Please check www.riondel.ca for changes. Info at 250-225-3381

CHRIST CHURCH & EAST SHORE CONGREGATIONS ST. ANSELM'S CHURCH BOSWELL (Anglican)

For information call Christ Church Creston 428-4248

Oct 2 - 1:30 pm - Rev. Robin Ruder Celiz

HARRISON MEM. COMM. CHURCH, ANGLICAN **Note: during the fall/winter, we will only be having one church service per month**

Crawford Creek Rd., Crawford Bay Everyone Welcome!

Sunday, Oct 16 at 1pm: Rev. Robin Ruder Celiz.
This will be a combined service with Riondel Community Church at Harrison Memorial Church.

For information call Karen Gilbert: 227-8914 or Sue Philp: 227-9140

email: harrisonmemchurch@gmail.com

KOOTENAY LAKE COMMUNITY CHURCH

A Lighthouse on the East Shore

Come & join us for a time of Praise, Worship & then the Word
Sunday Service 10am -11:30am

TEMPLE OF DIVINE LIGHT

Dedicated to all religions. Satsang each evening 8:00 pm.
Everyone welcome - Yasodhara Ashram 227-9224

MOST HOLY REDEEMER CATHOLIC CHURCH, RIONDEL

Reverend Thomas Kakkaniyil Phone: 428-2300 Fax: 428-4811
Sunday Mass at 2 pm

1st Sunday of the month, Fellowship Sunday.

THE CHURCH OF JESUS CHRIST OF LATTER DAY SAINTS

1520 Campbell Avenue, Riondel, B.C.

Meetings begin at 10 am, every Sunday. Info call, 250-227-9522

CHRISTIAN SCIENCE CHURCH SERVICES

Held in the Anglican Church,
8151 Busk Rd, Balfour
Sundays, 9:30 am - All welcome

For info, call: 250.505.8021

The East Shore Mainstreet

MEETING PLACES

LIONS CLUB - meets at the Kootenay Lake Community Church - 16190 Highway 3A, Crawford Bay.
Meeting Times: 7 pm.

Second and Fourth Tuesday of the Month
For more info, call Lion David at 250-227-9550
or Lion Jim at 250-227-9622.

TOPS - Take Off Pounds Sensibly: meets every Thursday morning at 8:30 am in the Kootenay Lake Community Church basement. Call Marilyn for more info: 227-9129

THE RIONDEL AA GROUP - meets every Tuesday at 8pm in the Community Center. Call 225-3355 for more information.

PARENT ADVISORY COMMITTEE (PAC) Meetings held at 7 pm at the Crawford Bay School library on the second Monday of the month.
October Meeting: Oct 11, 7pm

Next Deadline:

Oct 26, 2011

October 2011 Mainstreet 19

OCTOBER 2011

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						1
2 Strong Start, CB, 9-12 Yoga w/ Lea, Comm Corner, 8:45 am Bottle Depot, 10-2	3	4 Strong Start, Riondel, 10-1 After School Art, 3-5 Dr. Grymonpre	5 Strong Start, Family Pl, 1-4 16+ Volleybll, CB School, 6:30pm Dr. Moulson Lab 7:30-10:30	6 Strong Start, Riondel, 10-1 Many Bays, Bob's Comm Connections Mtng, CBESS Library, 3-7pm Yoga w/ Lea, Bos, 9:30 pm TOPS, KLCC bsmnt, 8:30am Dr. Lee	7 Strong Start, CB, 9-12	8
9 Strong Start, CB, 9-12 Thanksgiving Dinner Party, Bob's Yoga w/ Lea, Comm Corner, 8:45 am Bottle Depot, 10-2	10	11 Strong Start, Riondel, 10-1 After School Art, 3-5 PAC Meeting, CBESS Library, 7pm Lions Mtng, 7 pm Dr. Grymonpre	12 Strong Start, Family Pl, 1-4 16+ Volleybll, CB School, 6:30pm Dr. Moulson Lab 7:30-10:30	13 Strong Start, Riondel, 10-1 Yoga w/ Lea, Bos. Hall, 9:30 pm TOPS, KLCC bsmnt, 8:30am Dr. Lee	14 Strong Start, CB, 9-12 Singing Soul Workshop, Creston	15 DECK with Lucas Meyers, GC Hall, 7:30 pm Singing Soul Workshop, Creston
16 Strong Start, CB, 9-12 Bellydance Wrkshop, Comm Cnr Building Singing Soul Workshop, Yoga w/ Lea, 8:45 am Bottle Depot, 10-2	17	18 Strong Start, Riondel, 10-1 After School Art, 3-5 Dr. Grymonpre	19 Strong Start, Family Pl, 1-4 16+ Volleybll, CB School, 6:30pm MAINSTREET DEADLINE Dr. Moulson, Lab 7:30-10:30	20 Strong Start, Riondel, 10-1 Rick Hanbury Celebration of Life, GC Hall, 3:30 Yoga w/ Lea, Bos 9:30 pm TOPS, KLCC bsmnt, 8:30am Dr. Lee	21 Strong Start, CB, 9-12	22 Rec 9 Grant App Deadline
23/30 Strong Start, CB, 9-12 Yoga w/ Lea, Comm Corner, 8:45 am Fall Fair AGM (23), CB Hall, 4pm Bottle Depot, 10-2	24/31	25 Strong Start, Riondel, 10-1 After School Art, 3-5 Lions Mtng, 7 pm Dr. Grymonpre	26 Strong Start, Family Pl, 1-4 Mainstreet Deadline 16+ Volleybll, CB School, 6:30pm Dr. Moulson Lab 7:30-10:30	27 Strong Start, Riondel, 10-1 Yoga w/ Lea, Bos. Hall, 9:30 pm TOPS, KLCC bsmnt, 8:30am Dr. Lee	28 Strong Start, CB, 9-12	29 B&W Halloween Party, Bob's

The East Shore MAINSTREET

Contact: Ingrid Zaiss-Baetzel

Phone: 250-227-9246 Fax: 250-227-9264
Box 140, Crawford Bay, B.C. VOB 1E0
E-mail: mainstreet@theeastshore.net

**ADVERTISING RATES

- \$35.00 - 3 1/4" wide by 1 3/4" high
 - \$40.00 - 3 1/4" wide by 2 1/2" high
 - \$45.00 - 3 1/4" wide by 3 1/4" high
 - \$50.00 - 3 1/4" wide by 4" high
 - \$55.00 - 3 1/4" wide by 4 1/2" high
or 6 3/4" wide by 2 1/4" high
 - \$65.00 - 3 1/4" wide by 6" high
or 6 3/4" wide by 3" high
 - \$85.00 - 3 1/4" high by 9" high
or 6 3/4" wide by 4 1/2" high
 - \$100.00 - 3 1/4" wide by 10 3/8" tall
 - \$130.00 (quarter page) 5 1/4" wide by 7 1/2" tall
 - \$150.00 (third page) - 6 3/4" wide by 7 1/2" high
or 3 3/4" wide by 14 1/2" tall or 10 3/8" wide by 4 1/2" tall
 - \$225.00 (half page) - 10 3/8" wide by 7 1/2" tall
 - \$400.00 (full page) - 10 3/8" wide by 14 1/2" tall
- Sample Sizes - more sizes available.
Column Width: 3 1/4 inches - double column width: 6 3/4 inches - full width: 10 3/8 inches
Services Directory: \$5/month, up to 3 lines.
Classified Ads: \$5/first 30 words,

KOOTENAY LAKE FERRY YEAR ROUND SCHEDULE

Winter Schedule in effect:
All times listed in "East Shore Time"

Vessel Name	Balfour Terminal		Kootenay Bay Terminal	
	Summer	Winter	Summer	Winter
Osprey 2000		6:30 am		7:10 am
Osprey 2000		8:10 am		9:00 am
Osprey 2000		9:50 am		10:40 am
MV Balfour				
Osprey 2000		11:30 am		12:20 pm
MV Balfour	N/A		N/A	
Osprey 2000		1:10 pm		2:00 pm
MV Balfour				
Osprey 2000		2:50 pm		3:40 pm
MV Balfour				
Osprey 2000		4:30 pm		5:20 pm
MV Balfour				
Osprey 2000		6:10 pm		7:00 pm
Osprey 2000		7:50 pm		8:40 pm
Osprey 2000		9:40 pm		10:20 pm

Note: The Osprey 2000 will be out of service Oct 17-Nov 3. Expect delays!

ADVERTISER	PAGE	
Angus MacDonald Reiki	14	Western Pacific Marine 13
Artisans	11	Winter Wonderland 13
Barefoot Handweaving	5	
B-57 Excavating	11	
Black Salt	13	
Bob's Bar	13	
Boswell Hall	3	
Christine Peel Acupuncture	2	
Community Futures	11	
Comm. Connections Mtng	10	
Crawford Bay Hall & Parks	3	
Crawford Bay Store	10	
Credit Union	11	
EDC	5	
ESIS	1	
East Side Mojo's	3	
Eastshore Physiotherapy	14	
Emco Lathe for Sale	2	
Fall Fair AGM	5	
Fitness Place	14	
Graciebean	11	
Gray Creek Store	18	
G.R.S. Contracting	11	
Harreson Tanner	14	
Hulland and Larsen	11	
IHA Flu Clinics	5	
JB Construction	11	
Junction Creek Hub	10	
Kootenay Insurance Services	19	
Kootenay Springs Softub	7	
Lea Belcourt Yoga	7	
Newkeys	4	
PAC Box	16	
Poem	10	
RDCK Rec 9	9	
Sacred Journey	10	
Singing Soul Workshops	16	
Sunnywoods Farm	2	
Sunset Seed	10	
Turlock Electrical	11	
Will Chapman	11	

Transfer Station Hours

CRAWFORD BAY:
Sun, Tues & Thurs:

9 am - 3 pm

BOSWELL:
Weds/Sat

12-4



Library Hours:

ES Reading Centre:

Tues & Sat: 12-3
Thurs: 7-9 pm

Riondel Library:

Mon: 2-4 pm,
Weds:
6-8 pm
Tues, Thurs, Sat:
10am-12:30pm

ES Health Centre 227-9006 COUNSELLORS

Drug & Alcohol: 353-7691 Child & Youth: 353-7691 Public Health Dental Screening/Counseling: 428-3876
Community Nursing: 227-9019 Hospice: 227-9006 Mammography Screening: 354-6721
Baby Clinics: 428-3873 Physiotherapy: 227-9155 Massage Therapy: 227-6877
For more on facility, call Kathy Smith, 227-9006