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The East Shore Mainstreet

KOOTENAY LAKE BC

Serving the East Shore communities of Boswell, Gray Creek, Crawford Bay, Kootenay/Pilot Bay and Riondel

INIDE:

News, Views,
Reviews,
Hot Topics,
Current Events,
Letters & Ideas

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The East Shore
Mainstreet
Box 140, Crawford Bay, BC
VOB 1E0

Agreement#: 40718537



Thank You, First Responders & Fire Fighters

Photo by Daniel Seguin

In a month when gratitude and thankful awareness is promoted, it seems timely to extend a huge, East Shore thank you to our wonderful **VOLUNTEER Riondel Fire Fighters and First Responders**. This team of people has grown significantly in past years, providing training and creating amazing life-changing opportunities for so many community members, from high school students to the semi-retired. There may not be a more selfless volunteer endeavour around, and this crew of wonderful community members deserves our endless appreciation.

Back row: Riley Felardeau, Bradon Notte, Quinton Wastrodowski, Acting Chief Cory Medhurst, Lt. James Linn, Jason Harrison, Capt. Jonas Plauman (and daughter Ira), Front row: Dan Seguin, Daniel Webster, Joe Leblanc, Sharon Webster, Mickey Draper. Missing: Robert Boker, Bob Fiedler, Lance Delport; Fynn Boker, Francis Holman, Niels

Elris, Clive Derbyshire, Michael Guay-Rufiange, Seb Choletter, Dano Cheverie and Susan Dill.

Right now, there are 25 in the department - an all-time high! Two are First Responders only, eleven are Fire Fighters and First Responders and twelve are Fire Fighters only.

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UNIT NINE



MS Issues

by Ingrid Baetzel

As many readers know, the Crawford Bay Transfer Station is closed for most of the month of October, with

plans to open again to the public on October 26 (possibly with somewhat restricted access due unforeseen factors that may occur such as weather, etc).

In speaking with Simon Bamber, the project manager for the upgrade project, *Mainstreet* learned that what is happening is an upgrade of the Transfer Station as a whole to help in fall in line with recommendations from the Resource Recovery Plan developed years ago by consultants for the RDCK. More detailed information on this plan can be found at the rdck website (rdck.bc.ca).

The primary focus is on better demarcation of designated dumping areas (separating the woods from the metals, the appliances from the tires, etc) by installing retaining walls for different sections in the lower area of the transfer station. They are clearing the site in order to lay gravel and create a better floor for the specific sections. They are also focussing on improved vehicle access for, presumably, ease of use and safety. Finally, a compactor is going to be installed to help reduce and minimize haulage. As far as fee increases, Bamber couldn't comment.

To accommodate residents with their garbage disposal during this time, **the Boswell Transfer Station will be open as follows:**

- **Sundays, Tuesdays and Thursdays: 9-3**
- **Wednesdays and Saturdays: 11 to 3.**

The Boswell Transfer Station is located about 23 kilometres south of Crawford Bay and is located at 12575 Hephher Road, Boswell.

For more information during the construction, contact: Recycling Council of BC Hotline at 1-800-667-4321, or the RDCK at 250-352-8161.

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For details see our website:
www.rdck.ca or contact the
 Recycling Council of BC Hotline at 1-800-667-4321
 or the RDCK at 1-800-268-7325 or 250-352-8161

The East Shore Mainstreet
 KOOTENAY LAKE BC

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LETTERS TO THE EDITOR

STIRRING POT NOT HELPING CAUSE

Dear Editor:

I have lived on the East Shore for more than 40 years during which time I have observed, participated in, and even led some community initiatives that were controversial. From these experiences I have learned that donating one's time, energy and money supporting even the best of causes can go one of several ways, ways that can have different affects on those involved and on the community in general. I will use examples from my own experience to illustrate my points.

Some groups meet their goals with minimal controversy and produce long term benefits for many. The **Lockhart Creek Heritage Committee's** eight year campaign to turn a small lakeside park into a shoreline-to-summit Class A park would fall into this category.

Other groups meet their goals after some challenges but eventually succeed and enrich our community with a minimum of long term controversy. The work of the **Riondel Moms & Tots** group in the mid-1970s would fall into this category.

Groups can meet their goals after considerable and protracted controversy and still end up with positive long term results. The **Crawford Bay Hall & Park Associations** tax referenda to maintain that community's public facilities is a good example here. Negative impacts were suffered by many, both on and off the board, but the community eventually ended up with improved facilities.

Finally, the worst case scenario. A group does NOT meet its goals at all due to controversy. Example: The **Kootenay Lake Eastshore Eldercare Cooperative** Association's seven year struggle to provide housing for local seniors. The results are that the East Shore still has no eldercare facility and bad feelings still do exist.

Unfortunately, the escalating controversy surrounding the East Shore Internet Society, ESIS appears to be

well on the way to becoming a similar situation. In forty years of watching community initiatives go sideways I have learned a few things:

Inflammatory articles (June *Mainstreet*) that criticize individuals, quote incorrect 'facts' and offer no solutions, do not help the cause. Filled with biting innuendo and 'quotes' from unknown sources Mr. Hindson's letter did little but stir the pot.

Even more dangerous are directors who quit boards but continue to actively undermine them. If you couldn't bring change within the organization, what but ego would keep a person lobbying from the outside?

People who would completely tear down an organization can make contentious issues more difficult to solve. To those who feel that Bob Carter should resign and that ESIS will soon be redundant I ask: What's your Plan B? Who can replace Bob? Can TELUS really meet everyone's needs? Do they even want to? At what cost?

Now here's the really big question. Can ANY server actually meet the growing needs of a small rural area such as ours? How about cutting back on expectations? Considering that band width is a shared resource, it seems to me that cooperation among users needs to be part of the solution.

Though I live in a notoriously difficult reception area I have always experienced prompt and thorough service when I have had a problem. In fact, I am a satisfied ESIS customer! Maybe this is because I am an old timer whose usage is minimal and maybe it's because life has taught me to take a more long term view on community issues.

I can appreciate that visitors and newcomers are upset that they can't get the kind of service they enjoyed in Calgary or Kelowna. But, please think about this. Did you relocate here for the peace and beauty, for the quiet and safety, for the diverse community and the

awesome school or did you move here for the Internet service?

The East Shore community relies on scores of not for profit organizations to sustain it. Each has an elected board of directors. As a director one has both responsibilities and privileges. Your activities can enhance the past, improve the present and shape the future or they can turn friends against friends, spread mistrust, perpetuate deceit and, ultimately, destroy a valuable resource that was built by many to serve us all.

Susan Hulland, Crawford Bay

REFERENDUM CHOICES

Dear Editor:

To all residents and property owners in Riondel, The RDCK Deputy Election Officer, Anitra Winje, has informed me that the November Election is going to be held in the Riondel Community Center.

Anitra Winje has told me that there is a mail in ballot available for those of us who choose not to enter the building because of health concerns outlined in the many reports done on this building. Please contact Anitra directly: awinje@rdck.bc.ca

If you pay taxes in Riondel and live elsewhere in BC or know of someone, they are also eligible to vote. Please help us say NO to this proposal and let's find affordable, community focused solutions, without the overburden of higher taxes.

Danielle Linn, Riondel

DECEIT AND CORRUPTION

Hey Christy;

With ears to the ground it's become undeniable that your political legacy is one of deceit and corruption.

Throughout the BC interior, it's next to impossible to find anyone who believes your political intentions are credible or even legal.



RDCK Area "A" Update

by Garry Jackman,
Director, Area "A"

RURAL HEALTH: During a session of our annual meetings

between local government and provincial representatives in September the Minister of Health stated they are launching a new initiative to look at rural health in BC. I looked that evening for the web links to provide written input and did not find them, although I did find links to rural health initiatives dating back fourteen years. I will continue to look for the links and once they are available I will back up the comments I made at the session with more written detail.

The fact that the issues persist from decade to decade is daunting, but I believe we need to continue to highlight opportunities to make improvements or promote models which are better suited and more efficient at supporting residents in our communities. Along with members from our local health society, I continue to do this in the discussions around home care nursing for the East Shore. Earlier this year Interior Health agreed to allow nurses from the Creston region to serve all of the East Shore, thereby avoiding the longer travel times on the ferry. Unfortunately, as the nursing contract negotiations concluded a number of staff across the province decided to exercise their rights to transfer to other locations or to assume other duties within their current facility, leaving the home care nursing contingent in Creston with two vacant positions out of a total of six. Therefore service to the northerly portions of Area A continued to be provided out of Nelson, as personnel were available. The

Creston positions have now been staffed and I look forward to the transition and still support the concept of dedicating one or two staff to cover the East Shore as required in order to maintain continuity of service providers. Ideally, Interior Health would adopt our recommendations to return to a model similar to what we enjoyed in the past, with a dedicated nurse.

Some other interesting points were raised during the health system discussions. Doctor recruitment has been improving around the province, largely due to following models such as Creston has used where the community amenities and opportunities, for the physicians and their families, are emphasized in order to obtain the best fit for the entire family. One panel member who is a physician from Oliver and who has been very engaged in the recruitment efforts across the province made some interesting comments. He said the best results are seen when a community is able to articulate its attributes well (local skiing, hiking, lake access, etc). Those communities with a legacy of protests and news articles containing complaints about the service levels have actually stood out with potential new recruits as towns to avoid. He indicated, based on his direct discussions with physicians, that students at medical schools and physicians in other countries are aware of these communities and tend not to want to jump into the frying pan. We may forget at times that our local stories can be picked up through the internet and passed on to targeted groups around the world. The lesson to be learned may be to identify the problem clearly to the right people and then look for solutions, solutions and solutions from that point on.

BILL 24 AMENDMENTS TO THE AGRICULTURAL LAND ACT: On September 24 I attended a briefing from the province on the outcomes of the public consultations over possible regulatory amendments following the passing of Bill 24 earlier this year

LETTERS TO THE EDITOR

From your pipeline charades, illegal creation of a Jumbo municipality, BCTF treatment and the mismanagement of environmental waste near Quesnel (to name a few) your legacy has become one of lies, manipulation and unaccountability.

From hospitals to highways to schools the bc liberal government has gutted the basic services and human rights of British Columbians with impunity.

The citizens of British Columbia will no longer tolerate your toxic agenda. No one with the most basic level of comprehension will support you and your tattered party.

To your credit however, it seems you have sparked the interest of a previously untapped voter demographic. But they won't vote for you.

Your approach to democratic governance is an unacceptable breach of public trust. Your ego is beyond unhealthy and your public relations skills cannot hide the overwhelming truth of your intentions.

You and your ministers are public servants, not corporate CEO's. Get that straight.

Sincerely,

Farley Cursons, Gray Creek, BC

HALLOWEEN IN RIONDEL

Dear East Shore:

Yay, Halloween in Riondel is going to be awesome! We are having an outside tent adjacent to the Riondel Fire Hall on Fowler St. The firefighters will set off the fireworks, pizza from Bob's Bar and Grill, hot chocolate and cold drinks and we will hand out candy that has been generously donated from the Riondel residents.

The party starts at 5 and goes until 8ish. There is going to be an amazing magic show from Angus MacDonald. This party is made possible with hopefully a Rec9 grant and individual donations and volunteers.

Hope to see you all there in costume.

To donate candy, money, fireworks please call 250-225-3388 or leave donations at the Riondel Market.

Thank-you,

Riondel Youth Recreation Group Society

SWIMMING LESSONS CANCELLED

Dear Editor:

Unfortunately, because of the strike, there were no swimming lessons for our Area A youth.

The Riondel Youth Recreation Group Society would like to thank Columbia Basin Trust, Rec9, and Garry Jackman for the discretionary grant that funded this project.

Huge thanks to Sharon Webster for filling out grant applications, attending meetings and being a wonderful treasurer. Also thanks to the many participants for our Pickle Ball and Car Wash Event to raise money for snacks for the swimmers.

We have every intention in having this swim program run next year. Huge thanks to Brooke Cherfils the program director for the Creston Aquatic Center, for her enthusiasm for this project and her diligence and vision to make this project even possible.

Thank-you to Dan Rude, principal of Crawford Bay School, who was a partner and a supporter. Thanks to the Gray Creek Hall for renting us the hall at a reduced rate, and thanks to everyone who recognizes the importance of swimming lessons and open water safety.

Please join in on our mission to bring water safety to our Area A youth for 2015.

Warm Regards,

Danielle Linn, Riondel

Next Deadline: Oct 29

www.eshore.ca

which split the BC agricultural land reserve (ALR) into two zones. Local government has direct involvement in the process for some developments in the ALR plus receives referral information on proposed subdivisions. Beyond these direct ties, your interests in our food supply and long term viability of the ALR, coupled with the short term sustainability of existing farm operations, remains a high priority for advocacy through local government.

The briefing summarized eleven possible areas for regulatory change (call me for more detail) and related responses from agricultural organizations, interested parties and the public at large. It also included a general category where more innovative suggestions were solicited through the public engagement process. These results are expected to be released by the end of September, along with who will be on the six regional Agricultural Land Commission panels. Three of the panels are in zone 1, while the other 3 are from zone 2 representing the Interior, the Kootenays and the north as identified by slightly modified boundaries.

The Rural Development Institute (RDI) is undertaking a comprehensive project around our local agricultural producers, distributors and markets. Hopefully we will be in a position in the near future to inform our regional panel on what regulatory changes, if any, will best support agriculture in our region. The regulatory changes are now in the hands of the provincial cabinet, though they may be issued incrementally so we may yet have time for further input.

FIRST NATIONS LAND CLAIMS: The relationship between first nation's chiefs and councils and regional district elected reps is, in my opinion, very important and relevant. I believe we have supported one another well through the Kootenay Lake Partnership process and I know there are more opportunities on the horizon for cooperation and partnerships

In this province, some first nations are going through the treaty process, as is the case for the KNA and their member tribe of the Lower Kootenay Band, while others are going through the courts to settle issues around land rights. In June this year a landmark decision was handed down by the Supreme Court of Canada around the Tsilhqot'in Nation affirming, for the first time in Canadian history, the existence of aboriginal title and outlining the implications around provincial powers to impose conditions on or permit land use where aboriginal title has been established.

Locally, the treaty process has been long and complex with land offers from Canada and BC being made public last year. First nation's leaders are now consulting with their members and preparing for next steps hopefully leading to a treaty.

If you have questions or concerns regarding the Regional District or any community issues please contact me by calling 250-223-8463 or e-mail gjackman@kootenay.com.

Western Pacific Marine Ltd
Kootenay Lake Ferry Office

OSPREY 2000 FERRY

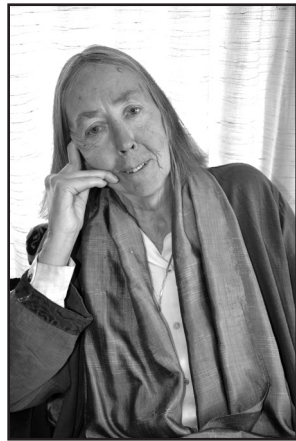
OUT OF SERVICE

Oct 14 - Oct 28, 2014

Western Pacific Marine Ltd. advises travelers that the Osprey 2000 will be out of service Oct 14 through Oct 28, 2014, inclusive for maintenance. **The M.V. Balfour ferry will be in service during this time - expect sailing delays.**

Western Pacific Marine Ltd. would like to thank you for your patience and apologizes for any inconvenience.

Getting to Know You



Mainstreet's Proust Questionnaire

**Luanne
Armstrong**

What is your best memory?

I have so many best memories of life, it is hard to pick one. My life has really been a series of great and wonderful discoveries, but if I have to pick one, it might be the day I sounded out a whole book by myself and realized I could read and the world opened up. It was a small moment but best memories often are that, just tiny flashes of light that then go on to illuminate the world.

What do you feel that you cannot live without?

I have often said that for me, a life without horses, dogs (and small children from time to time) about is not worth living. They somehow all go together. And then if you have horses and dogs, (and cats) you have to have a field and a place to walk and probably trees and water. So all of that. That's a lot to ask, I know. And books, many many books.

What is the trait you most admire in others?

The trait I most admire in others is a kind of fierce intellectual and emotional honesty that takes the world on its own terms, takes charm and vagueness and crap for what it is and sees right through it.

When and where are you happiest?

Oddly enough, the very happiest time of my life was doing my Ph.D at UBC. I loved the people I was working with, I loved the work I was doing, I loved wandering through the library and coming home with a stack of books and staying up half the night reading. I loved standing in the hall for an hour with three people talking about some theory or other. I loved the fact that writing was considered important. It was very fulfilling, all of it.

Who, living or dead, would you most love to have to yourself for one hour?

I have wondered about this. After all, I might want to argue with some of the people who got things so wrong, like Descartes, and his declaration that animals can't feel pain. But I am also so curious about history, and about the women who wrote about things and then were disappeared right out of history. And there are so many great writers. Plus I think I might want an hour (or several) with some great revolutionary, such as Rosa Luxemburg. I think I would love to know what she would say about our time. But most of all, I want an hour with George Orwell. I have many questions for him.

What natural talent/skill would you like to be gifted with?

Oh music of course. I always wanted to be either a singer or a pianist. My mother had a great soprano voice and loved opera and had trained to be a singer and all of her children and grandchildren grew up listening to opera. I would have loved to have been a great singer or even a good singer.

What is your best physical feature?

I am physically tall and strong which was a good thing for me as a child since I had to do so much heavy farm work beside my father. It also means I am still quite strong despite being crippled with rheumatoid arthritis.

What is your greatest fear?

I am not afraid of much but I am always and constantly afraid of poverty. I have struggled with having enough money to survive for my entire life. I had to go to work very early to help my family and so the sense of poverty is engraved in my bones. My mother worried about money constantly and I was her confidante. My father said to his children, "You work or you starve." I don't know if I could ever get rid of worrying about money.

And of course my greatest fear is always that something might happen to my children or grandchildren. I really have few fears for myself.

What was your greatest triumph?

Getting my Ph.D. It had been a dream of mine for years but I didn't see how I could afford it and then suddenly at UBC all the doors opened and I was invited to do it and UBC even paid me. Part of the Ph.D was writing a book about the farm so that felt as everything in my life was finally connected and had come full circle.

What is your greatest vice?

Drinking tea, talking on the phone, going for lunch, in other words, too many people in my life when I should be home working!

What is your greatest extravagance?

My horse. What wouldn't I do for him? Right now he works for his own living at the Therapeutic Riding Centre in Creston, and comes home for the winter. What a great horse. But as any rider knows, there is simply a ridiculous number of things you can buy that go with a horse addiction.

What do you dislike most about your appearance?

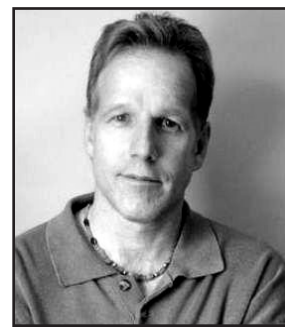
I don't know. I don't like any of it. I have never liked my looks so I try to rarely notice my appearance other than to make sure I have enough clothes on to be warm and decent. But I have a huge scarf collection so I figure if I wear a really nice scarf every time I go out, perhaps people will look at the scarf and not at me.

If you died and came back as a person or thing, what/who would it be?

I have often thought I might come back as a large raptor, a hawk or an osprey, although I am not that fond of raw fish. Definitely I would not return as a person and not as a domestic animal. But watching ospreys soar on the wind is pretty intoxicating and I am quite sure they are having fun. And to spend winters in Argentina or Mexico doesn't sound so bad either.

What is your most treasured possession?

That's a hard question too. I would say this farm, but I don't own it in any sense at all – it holds me and all that I am and it has taught me everything I know. (I have written elsewhere about my beliefs in the impossibility of "owning" land.) So I don't really own anything. I have a house full of stuff I am merely looking after in order to pass it onto the next generation. I do have an engraved silver necklace that my children gave me. It is the only jewelry I own and so the only thing I have that might qualify as a "treasured possession." In a fire, I would grab it plus my computer. That's about it.



October Horoscope

by Michael O'Connor

Tip of the Month:

The Moon waxes to full this week and will culminate as a lunar eclipse. As

explained last week, this eclipse is the second in a special series of four consecutive eclipses of the Moon which are prophetically referred to as Blood Moons. Such titles are neither strictly the domain of astrology or astronomy, but of the sensationalized descriptions of imaginative people. But the title does seem quite fitting all the same. As it is, these are woven into a tale of intrigue and are considered to be significant and powerful portents of change on a mass, collective level.

Of course, change is one of those perennial certainties that defy all other opinions and objections – a core feature of the game of life. Yet there certainly are peaks and valleys. As cycles go, these are usually distributed across a wide playing field called life such that while some people are experiencing valleys, others are undergoing peaks. It is for this reason that some question the validity of any form of prediction. Assuming that everyone could or should undergo the same experience is however rare, at least, and generally speaking naïve.

However, there are those rarer moments in time that host events that have a mass collective impact. The first moon walk back in 1969 might be deemed one of those moments or when Comet Hale-Bopp crossed the skies back in 1997, for example, represent such moments. The launching of the internet as public domain back in 1993 represents another one of these collective peak moments.

So, now we have the frame of reference of a tetrad of lunar eclipses. These may be regarded as and may in fact provide a frame of reference in time for pivotal world events. The international gathering of forces in the Iraq and Syria represent one example of such an event. There may be others yet and if some prophesies are accurate; there will be other more celestial spectacles to come. One thing is for sure, the current crisis in the Middle East has captured mass, global attention. That this tetrad of eclipses ends in September 2015 suggests that this show has just begun. Stay tuned!

Aries (Mar 21 – Apr 20)

Creating and realizing harmony in your most important relationships remains a central theme. There is reason to say you feel excited, enthusiastic and fulfilled. All this amidst a significant process of change and transformation over the past couple of years finds you in new territory with new perspectives, perhaps even a changed body. Embrace the change and continue to cooperate on all fronts.

Taurus (Apr 20 – May 21)

The process of weaving a healthier rhythm, attitude and approach into your lifestyle continues. A core goal is to increase your overall levels of confidence. Since everything we do we do to feel good and since it is linked to good health, well... fill in the blank. This is where the investment of giving to the situation implies making better lifestyle choices.

Gemini (May 21 – Jun 21)

A creative cycle is underway. Inspirations to both embrace and express art and culture is on your radar. Your biggest challenge stands to be time management. Getting excited and taking on too much is a distinct possibility and will be an issue to overcome through to next summer. In the positive, this cycle presents a big opportunity to fulfill some creative dreams.

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Cancer (Jun 21 – Jul 22)

Creating beauty at home and with family is in the spotlight. It is inspiring you to engage with new designs and plans. Yet it also indicates that you have to put in more time, energy and effort than usual. This trend will continue over the coming weeks. But at least the focus is upon family so the returns stand to be immediate.

Leo (Jul 22 – Aug 23)

You are in a cycle that suggests you are covering a lot of ground. A mix of travel, errands, networking, meeting new people and altogether tending to a lot of details on a variety of fronts is likely. Fortunately you are in an energetic and adventurous mood. Imaginative input and some measure of research is also implied. Focus to activate successful relationships above all.

Virgo (Aug 23 – Sep 22)

Establishing new foundations and momentums is the basic goal now. Renovations of some kind are implied. These may be linked to your home or office, but also perhaps to your style of approach or basic philosophy. It is important that you exercise faith in yourself and in the overall process as you enter new territory.

Libra (Sep 22 – Oct 22)

An expansive and pioneering cycle continues. It is inspiring you to try new things open to new ideas and meet new people. This is spurring your energy levels to levels you have not experienced for some time. It does require that you make investments or pay membership dues and so on. But that is the way the game is played so be willing to play.

Scorpio (Oct 22 – Nov 21)

Working behind the scenes is likely and ideal now. Whether you are taking care of loose ends and unfinished projects and/or drawing up plans for new ones, do duck out of the limelight for a while. Your ambitions remain strong and this does include public and professional expansion. But at least in the short term, do what you can to recharge your energy cells.

Sagittarius (Nov 21 – Dec 21)

Following through on letting go of the old in preparation for bringing in the new continues. The key to this follow-through process is to trust it as an important feature of your destiny at this time. The good news is that it is almost over. But it will linger into next year even though the main thrust of it will end in December.

Capricorn (Dec 21 – Jan 19)

This is a go-ahead time in your professional life. It does include the likely prospect of acquiring new tools and skills. There are also indications that you have to access deeper reserves of faith and confidence to confront fears and persevere. It remains important as well that you recognize the talents, creative abilities and leadership of others then aim to collaborate.

Aquarius (Jan 19 – Feb 19)

An expansive cycle in terms of vision, perspective and philosophy continues. It may also simply a time of increased social and cultural stimulation. But it is likely that people and circumstances will inspire you one way or another. You are also in a bit of a punchy mood and want to break through any inner or outer lines of resistance. See a bigger picture.

Pisces (Feb 19 – Mar 20)

Out with the old and in with the new is an important theme now. The key is to trust the flow of endings and to embrace the new as it steadily rolls in. Just like a turning wheel with a marker point, it illustrates how quickly the new cycle begins as the previous one ends – immediately. So persevere and be willing to get or give new training.



Hacker's Desk
by Gef Tremblay
Ai Weiwei

In the wake of this new Canadian Chinese agreement, (FIPA will come into force in October 1), it's often confusing to understand our relationship

with China. On one hand, they are one of the last communist powers, but they are also the main hub for all of our technology. The media doesn't talk much about what is really going on in China, and there seems to be more a feeling of fear and abuse than of a possible ally.

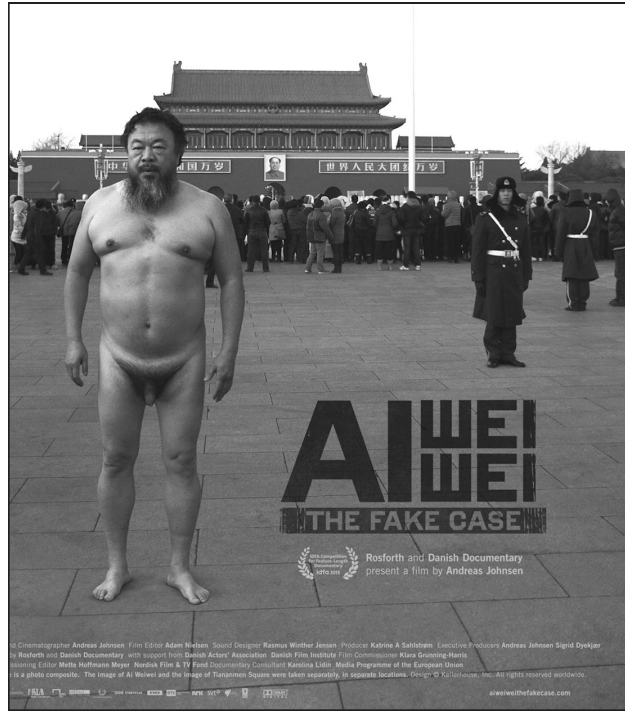
In his new movie, released just last week, Ai Weiwei shows us a different perspective on China. Although he also denounces the abuse of his government, Ai Weiwei is showing a strong pride in being Chinese, and truly exploring ways to bring change to a system that he deemed outdated.

Ai Weiwei is one of the most important contemporary artists and activists. Some of his greatest efforts have been to work on the Bird's Nest or Beijing National Stadium for the Olympics. Later he moved toward more socially active pieces of art; in 2008 Weiwei started investigating and bringing to light the government corruption and cover-ups of the Sichuan schools corruption scandal where over 50,000 students died in a poorly built school that collapsed after an earthquake.

Between 2008 - 2011 he has brought the Sunflower exhibit around the world, where he displayed millions of porcelain sunflower seeds handmade by hundreds of Chinese artists. The exhibit explored both the concept of 'Made in China' as well as the political symbol of the sunflower. Mao used the sunflower to depict the sun; the sunflower would represent the people turning to the sun to show their revolutionary loyalty. The visitors of the exhibit could themselves step on the seeds, to hear and feel the pieces of art. In 2011 Ai Weiwei got arrested by Chinese officials, kept incarcerated for 89 days and was then under probation and couldn't publish any material pertaining to his arrest. With great relief, his new movie *The Fake Case* was received, distributed only digitally through the internet, iTunes, Google store and Amazon. The choice of distribution is mirrored by how much Ai Weiwei has used the internet.

The movie moves slowly, from the dazed period after the incarceration, to the production of new art from Ai Weiwei. The rhythm is a bit slow, and the composition a bit quirky, but the messages and the content are quite refreshing. What I found the most inspiring is how Ai respects the laws of his country, and instead of trying to flee the country, stays with his family and his surroundings and continues to do his work. Instead of expressing anger and despair toward a broken system, Ai conveys a feeling of hope for change and pride in the Chinese people. He works with the system to try to bring a change.

"If they don't allow young people to freely gain information, China simply cannot meet this challenge... They cannot always be the production quarters of the world. I mean just like servants. China is slavery now to the world, you know, cheap labour..."



You understand art being an extension of him, through the media and through photos and other mediums. To express his feelings of surveillance he streams online four cameras that can be publicly viewed 24/7 on weiweicam.com. "I have nothing to hide," says Weiwei. In a later piece S.A.C.R.E.D, Weiwei depicts the situation of his 89 days of interrogation - a realistic sculpture that depicts his arrest and incarceration in six parts.

For me it's an inspiration to see him not giving up on his country. Instead he chooses to play by the rules, and to hope for better days. He uses his whole life experience and talent as an artist to help his people

to move forward. It helped me understand not only what the Chinese people are going through, but also how activism can be creative and non violent. I sometimes wonder how we can bring a change in our own society, when I see choices that our government makes that I don't agree with. Watching his pure intent toward change has helped me change perspective on how activism is to deeply care for the people around you.

You can watch and purchase his movie here: <http://aiweiweithefakecase.com/>

 Thank you, REC #9
The Hexagon Players wish to warmly (and dramatically) thank the RDCK Rec 9 Commission for the generous support of our efforts in providing the community with theatre - we are grateful.

Self-Healing with Yoga
Monday 7pm to 8:30pm
studio ponnuki, 2019 Riondel N rd
Drop-in \$10

Yoga with your ancestral wise Self
Wednesday 9:30am to 11am
Gray Creek Hall
Oct.1st to Dec 10th
\$100 for 11 classes. Drop-in \$12

Hatha Yoga at Boswell Hall
Thursday 9:30am to 11am
Drop-in \$10

studio ponnuki
ponnuki.net 1.877.782.2843 yoga@ponnuki.net

Is Buying Sunnywoods a Project You Can Get Behind?

by Laverne Booth
for the East Shore Learning Hub

WHAT ARE THE MAIN BENEFITS? Bringing the existing infrastructure, location, and increasing demand for local food together with a community that has entrepreneurial skills and wants to attract young people. If we want local food, sustainable agriculture and to support younger people to do the work and get the benefits, it will take multiple partners and some kind of a business resource or incubator/training centre to make it happen.



In the past few months, some research has been done and there is hope: a capable manager (with young family) has been identified. There are funding potentials: in preliminary conversations with the funding agencies, all have been encouraging including Nelson and District Credit Union, Columbia Basin Trust, Southern Interior Trust, Community Futures. There is the potential of angel investors and community members purchasing shares. There is a new model of business- Social Enterprise that is being supported by the Basin Business Advisors (free business support) and Enterprising Non-profits who may provide grant funding for a business plan.

WHAT DO WE NEED? A team of local people who see the potential of taking over the existing business, expanding it into growing our own food system and supporting the employment potential of young families. If you have business skills and/or enthusiasm and determination, please consider joining the team. See contact information below.

On a sweltering August day this summer, seven people met at Sunnywoods for lemonade and a talk about the potential of a community bid to buy the existing business. One community member came to express a “no” vote with the economy weak right now and the low number of younger people in the community. Others felt these are exactly the reasons to go ahead, so that we can attract young families and meet our basic needs for food.

To clarify, when we talk about “the community” buying a business, this does not mean increased taxes, this means that community members who see the potential would work to buy the property, manage the successful existing business, employ knowledgeable people, expand the retail potential, encourage new and existing local products, manage the land base and infrastructure that is already in place to increase fresh food production for the benefit of those who live here.

Please join the community conversation on **Friday October 10 at the Learning Place at Crawford Bay School at 7 pm.**

If you have a food business idea or want to be involved in any way, please come out for this conversation. For more information or to express interest, contact Laverne at eslearningplace@gmail.com or call (cell) 250-551-5827.

Working Smoke Alarms Save Lives

by Cory Medhurst, Acting Fire Chief,

It's time once again for Fire Prevention Week and, from October 5 – 11, the Riondel Volunteer Fire Department is teaming up with Fire Prevention Canada (FPC) and the National Fire Protection Association (NFPA) to remind local residents that working smoke alarms save lives: test yours every month. During this year's fire safety campaign, we will be spreading the word about the importance of having working smoke alarms in the home and testing them monthly.

According to the latest NFPA research, working smoke alarms cut the chance of dying in a fire in half. Meanwhile, almost two-thirds of home fire deaths resulted from fires in homes with no smoke alarms or non-working smoke alarms. Roughly half of home fire deaths result from fires reported at night between 11 p.m. and 7 a.m. when most people are asleep. Home smoke alarms can alert people to a fire before it spreads, giving everyone enough time to get out.

According to the latest NFPA research, working smoke alarms cut the chance of dying in a fire in half

This year's Fire Prevention Week campaign includes the following smoke alarm messages:

- Read and follow the manufacturer's instructions carefully.
- For best performance, an alarm should be mounted on the ceiling in or near the centre of the room, hall or stairway, and at the head of each stairway leading to an occupied area.
- Optimum location for wall mounts is at least 15 cm (6 inches) from the ceiling but not more than 30 cm (19 inches) from it.
- Avoid installing where the temperature is less than 5C (41F) or exceeds 48C (119F).
- Keep alarms away from doors and windows.
- Never locate an alarm in front of an air register, fans or vents.
- Keep alarms at least 60cm (2ft) from any corner.
- Do not recess smoke alarms in walls or ceilings!
- Smoke alarms in rooms with ceiling slopes greater than 30 cm (one foot) rise per 2.4 m (eight feet) horizontally should be located on the high side of the room.
- Avoid locating an alarm at the peak of an “A” frame type ceiling.
- Never paint a smoke alarm.
- Keep alarms 60 to 90 cm (two to three feet) away from light fixtures.

In Recognition of Fire Prevention Week, the Fire Department will be assisting with fire drills, and giving a fire safety presentation to the students at Crawford Bay School; as well as placing posters around to remind everyone of the importance of checking their smoke alarms.

Fire Prevention Week was established in 1922 to commemorate the Great Chicago Fire, the tragic 1871 inferno that killed more than 250 people, left 100,000 homeless, destroyed more than 17,400 structures and burned more than 2,000 acres. The fire began on October 8, but continued into and did most of its damage on October 9, 1871. Fire Prevention Week is the longest running public health and safety observance on record.

Who Can Vote in Riondel Referendum, Nov 15?

by Muriel Crowe

There are always questions about voting with every election but a referendum seems to create more as there are more restrictions and at the same time more opportunities.

For this referendum if you live between 1020 Riondel Road and 2277 North Riondel Road and are on the provincial voters list you can vote.

For this referendum if you live between 1020 Riondel Road and 2277 North Riondel Road and are on the provincial voters list you can vote...

To be a resident elector you must meet the following criteria.

- 1] You are a Canadian citizen
- 2] You are 18 years of age or older on or before general voting day.
- 3] You are a resident of BC for at least 6 months immediately prior to the day of registration.
- 4] You are a resident of the RDCK jurisdiction for at least 30 days prior to the day of registration
- 5] You are not disqualified by the Local Government Act or any other act from voting in an election or otherwise disqualified by law.

Residency is established in that the person is a resident of the area where the person lives and to which, when absent, will return. There are other details for this status which are available on the RDCK website under elections and this will be available in the Riondel Library as well.

You may vote as a non-resident property elector under certain conditions.

- 1] You are not entitled to vote as a Resident Elector.
- 2] You meet all of the conditions of numbers 1, 2, 3 and 5 from above and you are the registered owner of real property in this jurisdiction for at least 30 days prior to registration day.
- 3] You must register in relation to only one piece of property in the jurisdiction.
- 4] If more than one person owns the property, only one person may register and that person must have the written consent of a majority of the other owners.

Non-resident Electors must complete a Non-Resident (Property) elector registration application form. Registration may take place on Election Day but non-residents should make sure that they have all of the required documentation. This form and a voter's registration form are available on the RDCK website. Persons who own property here but who live in another province may not vote by provincial law.

Copies of the forms and of the RDCK information will be available at the Riondel Library. Mail in ballots will be available for those unable to attend the polling station on election day and information regarding these will be posted on the bulletin board as soon as available.

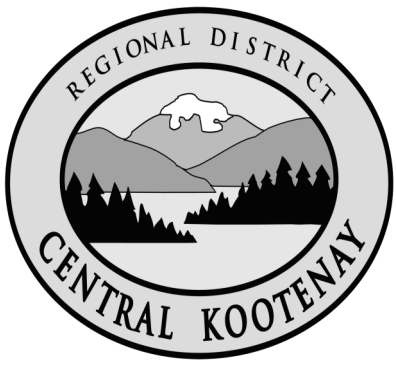


Working Smoke Alarms Save Lives

Test Yours Every Month!

Fire Prevention Week • October 5-11, 2014 • Go to FPW.org





**REGIONAL DISTRICT
OF CENTRAL
KOOTENAY**

**PUBLIC NOTICE TO
ELECTORS OF**

RIONDEL

**In a PORTION of ELECTORAL AREA A
regarding the
RIONDEL COMMUNITY CENTRE LOAN
AUTHORIZATION BYLAW NO. 2414, 2014
OTHER VOTING (REFERENDUM)
-VOLUNTEER SCRUTINEERS-**

Applications to volunteer as a scrutineer for the "Riondel Community Centre Loan Authorization Bylaw No. 2414, 2014" Other Voting (referendum) on November 15, 2014 will be received by the Chief Elections Officer or appointee at 202 Lakeside Drive, Nelson, BC from 8:30 a.m., October 13, 2014 to 4:30 p.m., October 22, 2014. Each applicant, who must be entitled to vote as an elector will be required to complete an application which will state the volunteer's full name, place and time the volunteer wishes to work, mailing address, telephone number, and a statement as to whether the volunteer is in favour of or against the question. The question will be:

"Are you in favour of the Regional District of Central Kootenay adopting Bylaw No. 2414 to provide for the following:

- the borrowing of up to \$1,200,000 dollars, for a term not to exceed 20 years, for capital purposes associated with the renovation of the Riondel Community Centre to be requisitioned through the Riondel Recreation Facilities Specified Service on the basis of taxable assessed value on land and improvements?"*

Please note that one scrutineer against and one scrutineer in favour of the question will be appointed for each voting place if sufficient applications are received. Please contact the undersigned at 352-6665 in order to obtain the appropriate forms. Applications must be received by 4:30 p.m. October 22, 2014.

*Randy Matheson
Chief Elections Officer*



**Community Connections
Fall - Back into
Community-Gear!**

by Greg Blackwell

The Community Connections Board met on September 22 for the first time since our June 23 AGM. We are pleased to welcome back directors **Janet Wallace, Dana Gallinger, Paris Marshall-Smith, Galadriel Rael, and Palma Wedman**, as well as new directors **Gef Tremblay, Ingrid Baetzel, and Farley Cursons**. The officers elected at our board meeting are **Janet Wallace - President, Paris Marshall-Smith - Vice President, Palma Wedman - Treasurer, and Farley Cursons - Secretary**. We're excited about the year ahead and looking forward to the many, but not yet formulated ideas, our team will bring to the table.

In the spring there are typically a large number of community based grant applications and project start-ups. Summer is subsequently busy with a variety of project activities, programs, fairs, and festivals. As we head into fall we see a number of these summer projects come to a close. Some of the projects sponsored by Community Connections this summer were **Medley & Arts Summer Camp, Kootenay Lake Art Connections, School Garden Expansion, Youth Fund Programs, Early Years Kindermusik, Pickle Ball Court, and Kids Summer Arts & Recreational Camp**. Thanks again to the huge number of volunteers required to bring these important programs to the East Shore.

The **Community Directed Fund** initiative funded by Columbia Basin Trust and administered by Kootenay Employment Services continues to move along. **This three-year \$600,000 initiative for the Riondel-Creston-Yahk region** has been outlined in *Mainstreet* several times by Garry Jackman, our Area A Regional Director. Garry is on the steering committee of twelve individuals along with myself and Paris Marshall-Smith. In early summer the five areas in our region submitted a variety of past planning documents pertinent to priorities and needs of our region. One Day Community Partners in Creston were enlisted during the summer to bring these documents together and subsequently produced an 82 page report which has been reviewed. Now it needs to be studied by the committee to determine what the eventual focus areas will be ... stay tuned.

Community Connections, with funding from RDCK, is sponsoring an **Invest Kootenay Promotion project** that is currently underway. This is specific to the East Shore and the project lead is resident Branca Lewandowski. Branca has been busy from the start contacting businesses, realtors, and pertinent groups to raise awareness, solicit feedback, and assist those interested in participating in promoting investment opportunities. Our objective is to attract investment and lifestyle living on the east shore. We expect to wrap this project up at the end of October with recommendations for both the East Shore and Invest Kootenay.

In June we secured a small grant from Invest Kootenay through Community Futures with the objective of promoting lifestyle and vibrancy of living and working on the East Shore. With limited resources, our objective is to develop a short exciting video clip that can be used in a variety of ways such as facebook, websites, and youtube. **Riondel's own Bohdan Doval** has accepted the challenge to develop and produce the video clip. **He has been busy this summer filming in a variety of the limitless locations we have across the East Shore ... have you seen him hiding out there with his camera?**

We are also pleased to sponsor an **East Shore Internet Society Board Development Workshop** this fall funded by Columbia Basin Trust. The ESIS Board was newly elected at the June AGM and is eager to contribute to ensuring good service for all ESIS subscribers. This workshop is intended to be educational and accelerate the board and ISP Catergraphics effectiveness as a team and enhance our exposure to the community. As well, we trust this will act as a catalyst for stronger governance, communications, and operations management. We are optimistic about what the outcome of this effort will mean to our ESIS subscribers and our capability to provide the best possible local internet service. Thanks again to the many volunteers and community members who make these projects possible!

To contact Community Connections www.cconnections.ca or please call or email our administrator Greg Blackwell at 250-227-9218x5505 or cell 250-509-0751, at skootenaylakecss@gmail.com or gblackwell@theeastshore.net, or drop by our office 1-4pm Wednesdays at Crawford Bay School.

SUNSET SEED COMPANY



*Your Complete Farm,
Garden & Pet Care
in Creston, BC
250-428-4614*

**NOW OPEN! We look forward to seeing you.
1628 Canyon St, Creston (right next to 7-eleven)**

Riondel Referendum Date Looms, Controversy Grows

by Fran O'Rourke

The referendum regarding the Riondel Community Centre is on November 17. As the date gets nearer, the controversy gets muddier. A host of side issues have crept up to obscure the central question. You may hear statements such as:

1: The referendum is unfair and undemocratic.

No democratic exercise is perfect. Some people will be excluded from this vote, but another process would disenfranchise others. The choice was made to piggy-back the question on the regional election, not because of who it might exclude, but because it is the most economical option and gives most residents a say in the decision. Just be sure that you are on the voters' list; contact RDCK if you are not.

2. The Community Centre is a sick building and should just be torn down.

I don't have the expertise to comment on the health of a building, but I do know that a host of inspectors, engineers, and contractors have investigated the building to its very corners. If the building was essentially unsound or beyond saving in their opinion, we would not be voting.

The option that is being offered in this referendum includes replacing the leaky roof, removing the building sections over poorly ventilated crawl spaces, remediating any residual damage, and eliminating problem drainage; thereby addressing the health issues. If the borrowing is approved, the Community Centre will become safer, more economical, more useable, and healthier than it has been for decades, all at less cost, according to the research of the Task Force, than erecting a new building. If the vote is no, such repairs cannot take place; the building is likely to degenerate, and this option will no longer be available.

3. We should get volunteers to fix the building.

This old barn raising model is appealing but unfortunately unrealistic. Remember, the building has been in the hands of volunteers for 40 years. If that was a viable solution, why is it not already fixed? A community centre does not house hay or livestock, and any public building must meet the highest codes and standards, which means having workers with skills, certificates, licenses, and, in these litigious times, insurance. It requires a huge commitment of time, energy and co-ordination, more than can be reasonably expected of volunteers even if there were enough able-bodied and qualified people available.

4. Finally, the plan is too expensive.

At least this is at the heart of the question. But it is up to you to decide if the plan is too expensive. The referendum will ask if you agree to borrowing up to 1.2 million dollars for renovating the Riondel Community Centre with the repayment to be added to our taxes for up to twenty years. With a commitment to borrow and firm plan in place, we can apply for grants; if successful, they will reduce the borrowing and, most likely, the term on the loan.

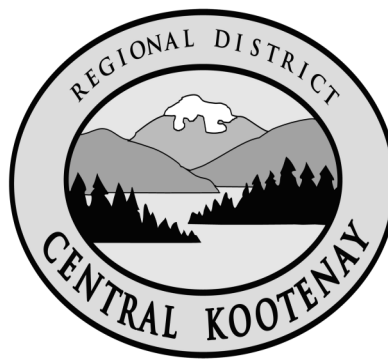
If the answer is yes, as a property owner, your tax increase – based on current assessments – is estimated to be 1.55 per \$1,000 of assessed value. Translated, that means on a property – land and improvements – assessed at \$130,000, the increase is estimated to be \$200 per year (130x1.55). If the total assessed value is \$750,000, the tax increase is estimated at \$1,160. Clearly some home owners will bear a higher burden. For a home assessed at \$260,000, the tax portion of your mortgage will increase about \$35 per month. Even as a renter, you can expect the tax increase to be added to your rent. The fact is irrefutable; fixing the Community Centre is going to cost a lot.

There are no free solutions: fixing the centre will cost money. Whether we continue with the current option, look at other buildings, or decide to do without, it will cost us money. Even removing the buildings will go on our taxes. The option on the table was offered by the task force and chosen in the straw poll because it was deemed to be the most economical way to have a safe and serviceable centre. Whatever option is ultimately chosen, it will require money and taxation is the only way of financing it.

Is it TOO expensive? That is for you to decide because the referendum is asking you to weigh value against cost. How much do you value the services and opportunities available at the Community Centre? If we allow this opportunity to slip by and the current building is lost, what will the replacement cost be? How much do you think a viable and accessible Community Centre contributes to our property values, to our businesses, to a sustainable community? Only you can decide how much you are willing to contribute toward a viable Community Centre.

That is the only real issue facing you on November 17, and you can only have a voice on that issue by voting.

**YOUR East Shore Mainstreet
"Creativity, Community,
Conscience"**



REGIONAL DISTRICT OF CENTRAL KOOTENAY

PUBLIC NOTICE TO ELECTORS WITHIN

ELECTORAL AREAS A, D and E
regarding the

Establishment of Local Conservation Fund Service OTHER VOTING (REFERENDUM) -VOLUNTEER SCRUTINEERS-

Applications to volunteer as a scrutineer for the Regional District of Central Kootenay Local Conservation Fund Service Establishment Other Voting (referendum) on November 15, 2014 will be received by the Chief Elections Officer or appointee at 202 Lakeside Drive, Nelson, BC from 8:30 a.m. October 13, 2014 to 4:30 p.m. October 22, 2015. Each applicant, who must be entitled to vote as an elector will be required to complete an application which will state the volunteer's full name, place and time the volunteer wishes to work, mailing address, telephone number, and a statement as to whether the volunteer is in favour of or against the question. The question will be:

For the Electoral A, D and E Local Conservation Fund Service:

"Are you in favour of the Regional District of Central Kootenay adopting Bylaw No. 2420 to provide for the following:

- *establish the 'Regional District of Central Kootenay Local Conservation Fund Service' within Electoral Areas A, D and E; and*
- *annually requisition up to a maximum of \$106,500 or \$0.062 per \$1,000 of taxable assessed value of land and improvements, whichever is greater, to be collected by an annual parcel tax?"*

Please note that one scrutineer against and one scrutineer in favour of the question will be appointed for each voting place if sufficient applications are received. Please contact the undersigned at 352-6665 in order to obtain the appropriate forms. Applications must be received by 4:30 p.m. October 22, 2014.

Randy Matheson
Chief Elections Officer

The Doors to Fitness are Open

by Doreen Zaiss



Marie Spicer practises balance and dance while Greg Davidson works on rehab for his shoulder.

The equinox has passed, the sun is giving way to the moon, and the beach towels are folded and stored at the back of the closet. It was a summer that invited all sorts of outdoor activities, keeping us fit and physically involved. Time to take some of that energy indoors. The Fitness Place awaits you.

The Fitness Place is well equipped with treadmills, elliptical trainer, stair master, bikes and leg press among a dozen other devices. There are mats, balls, free weights and balancing implements. Just as important, there is a friendly and casual atmosphere that welcomes everyone who is interested in making their bodies stronger or more comfortable.

You may be a jock, you may just want to firm up, or you may be recovering from a surgery. Whatever the case, you are welcomed inside.

Attendance was low in the summer, maybe because it was too beautiful outside; maybe because we had staffing shortages; maybe because people weren't sure that the gym was open. We are doing our best now to be certain that the doors are open when you arrive during the posted hours. (See the ad in this issue.)

Admittance is through the door at the top of the outdoor stairs. An elevator near the school gym entrance is available on request for those who find the outdoor staircase too great a challenge. We'll be glad to get you started.



Located above Crawford Bay School gym - second right on Walkley Road.
Elevator available if steps are a problem.

Our Hours

8-10 am Monday - Saturday
6-8 pm Monday - Friday

Questions answered at: thefitnessplace@theeastshore.net

Riondel Men's Club Championship Winners

by Glen Kinder



"Arnie Ames presents the trophy to this year's Riondel Men's Club Champion, Don Howie"

Overall low gross (club champion)- Don Howie (69)
Overall low net champion - Garth Norris (net 54)

1st flight low gross - Bill Nicolson (71)
2nd flight low gross - Bob Miller (73)
3rd flight low gross - Spud Myer (81)

1st flight low net - Bob McAllister (net 55)
2nd flight low net - Richard Gomola (net 55)
3rd flight low net - Ralph Sigurdson (net 56)

1st flight - 2nd low gross - Brian Bishop (71)
2nd flight - 2nd low gross - Don Clark (76)
3rd flight - 2nd low gross - Mike Jeffrey (85)

1st flight - 2nd low net - Glen Kinder (net 58)
2nd flight - 2nd low net - Bill Smith (net 60)
3rd flight - 2nd low net - Duncan McGillivray (net 57)

1st flight - 3rd low gross - Doug Bothamley (77)
2nd flight - 3rd low gross - Don Sian (79)

Ladies Golf Comes to Close, KSR

by Lynne Wood

Kokanee Ladies Golf Club held their wind-up event and party Tuesday, September 23.

By all counts 2014 was a terrific year. The weather was most cooperative as we were only rained out once – the first Tuesday of the season. Each week twelve to sixteen women came out and enjoyed the friendship and comradery of the Club as much as they enjoyed the golf. Club members participated in a wide variety of fun games and had their skills sharpened through weekly challenges like KP's (closest to the pin competitions), deuce pots (weekly cash awards for those scoring a two on any hole), chip-ins, ringer boards and the like. On July 29 the Kokanee Ladies Club hosted 20 golfers from the Creston Ladies Golf Club and it was a fun event that will no doubt be repeated in 2015.

This year the Peggy Stocker Memorial Tournament was won by Leone Lund and the runner-up was Terri Stocker. The Kokanee Ladies Club Championship was held August 11 and 12 and Paula Howe won low gross while Terri Stocker won low net.

Finally, 'Hats Off' to all the Kokanee Staff – from the pro-shop to the starters to the grounds crews and the servers in the restaurant, indeed to all who worked at Kokanee this season – you not only created an incredible golf course to play, you offered a friendly and fun environment for all of us to enjoy each and every time we visited the club this season.

And, to all the ladies within the surrounding area who golf, we'd love to have you join the Kokanee Ladies Golf Club in April 2015. See you then.

3rd flight - 3rd low gross - Bill Wallace (87)

1st flight - 3rd low net - Andy Dejonghe (net 60)
2nd flight - 3rd low net - Arnie Ames (net 60)
3rd flight - 3rd low net - Jim Gilbert (net 58)

Most Improved golfer this year - Richard Gomola

KP - 1st flight - Don Howie
KP - 2nd flight - Don Clark
KP - 3rd flight - Bill Wallace
KP - All flights - Bill Nicolson

Longest Putt - Spud Myer - 21' 6"
Closest to target - Tom Lang
Longest drive - Bob Miller

Many thanks to Bob's Bar and Grill for all they do to make our Men's Day golf such a pleasure.

Kokanee Springs Resort Event Raises Money for School Lunch Program

by Ian Wiber

This year's Kokanee Men's Open Tournament was a huge success; 114 men participated and Ben Proskiw is this year's overall champion after winning in a playoff with Ryan Krisko. Fine play by both men.

The real winner in this event is our local school lunch program which will receive a nice donation towards helping to provide proper nutrition to all of our students. Money is raised each year for various charities in our area. The ever popular "Charity Chip", 50/50 ticket sales and support from local business combine to allow a nice donation each year.

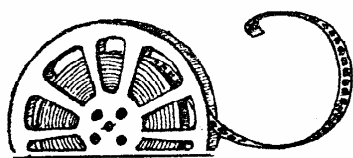
This year's main corporate partner was the Nelson and District Credit Union whose \$500 sponsorship will allow us to provide a cheque to the school for approx. \$1,500. Thank you to the NDCU for getting involved and helping the community. As well, a special mention must go to the Crawford Bay Market for their generous donation.



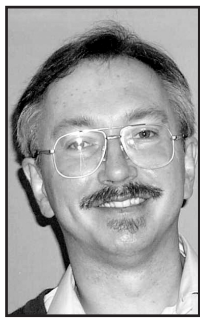
Kokanee Spring's General Manager Richard Bertram receives the cheque from Susan Tesoriere from NDCU for their sponsorship.

Next Deadline: Oct 29

www.eshore.ca



Seldom Scene by Gerald Panio



"To look life in the face. Always to look life in the face. And to know it for what it is. At last, to know it. To love it for what it is. And then, to put it away." --Virginia Woolf, in *The Hours*

"That was the devilish part of her—this coldness, this woodenness, something very profound in her, which he had felt again this morning talking to her; an impenetrability. Yet Heaven knows he loved her. She had some queer power of fiddling on one's nerves, turning one's nerves to fiddle-strings, yes." --from Virginia Woolf's *Mrs Dalloway*

It's hard to imagine a more banal title for a novel or a film than *The Hours*. But time is not a trivial thing, especially when one is uncertain whether prolonging it is worth the effort. Hours can become hammers, beating on the brain until one is on one's knees, crying mercy. Stephen Daldry's *The Hours* (2002) is a movie based on a novel by Michael Cunningham (1998) based on a novel by Virginia Woolf (1925), about three women for whom time means being mired in the past, choked in the present, or robbed of a future. Like a piano piece written for four hands, *The Hours* flawlessly weaves together storylines from Richmond, England, in 1923, Los Angeles in 1951, and New York City in 2001. And for once, an A-list cast—including Meryl Streep, Julianne Moore, Nicole Kidman, Miranda Richardson, and Ed Harris—lives up to its billing. There isn't a single performance in *The Hours* that strikes a false note.

The narrative begins with a death—Virginia Woolf's suicide on March 28, 1941, near Rodmell, Sussex. Terrified of a recurrence of the mental illness which had haunted her for much of her life, Ms. Woolf filled her pockets with stones and walked into the River Ouse near her home. Through the rest of the film the viewer comes to terms with that decision, and other potentially fatal ones involving a California housewife, a New York editor, and celebrated poet. Three women. One man. Four whole lives in a single day. One question: "Why is everything wrong?"

As Virginia Woolf, Nicole Kidman plays astonishingly against type. The glamour that I've always associated with her is subsumed here by her grasp of Woolf's precarious balance between vulnerability and drive. After the shocking opening scene, we see Woolf in 1925, just beginning her revolutionary novel *Mrs Dalloway* and chafing at her exile from the "overstimulation" of the London scene. Kidman captures Woolf's passion, self-doubt, fierce intelligence, and desperation without a hint of histrionics. The showdown between Woolf and her husband Leonard (Stephen Dillane) at the local train station is one of the most moving portrayals of the dilemmas posed by mental illness that I've seen in film. There's a terrible irony in Woolf's debating over whether the main character of *Mrs Dalloway* should live or die, while at the same time knowing, always knowing, that she had the same power over her own life.

On a happier note, I'll be forever grateful to *The Hours* for motivating me to read *Mrs Dalloway* and *To the Lighthouse*, astonishing stream of consciousness novels that have left me as awed by what words can do as I was when I first encountered the poems of Emily Dickinson, the diaries of Anais Nin, and the

short stories of Flannery O'Connor and Alice Monroe. Reading Virginia Woolf's writing aloud is one of the most sensuous experiences English literature has to offer.

The second narrative thread of *The Hours* shows us a day in the life of Laura Brown, a young housewife in California. She has a home in a classic LA suburb of palm trees and pink flamingos, a war-hero-turned-working-joe (John C. Reilly) for a husband, and a young son (Jack Rovello) who idolizes her to pieces. The interior of her house is a fever dream of post-war consumerism—what you'd get if you crossed Walt Disney with a Sears Catalogue. (I worship the ground that the movie's production designer, Maria Djurkovic, walks on). Julianna Moore imbues Laura with tremendous pathos as she moves towards the realization that the role she's playing is precisely that—just an act that fools everyone but herself. What happens when Mary Stewart goes over to the dark side? In Laura Brown's case, reading Woolf's *Mrs Dalloway* both triggers a terrifying self-revelation and pulls her back from the abyss. Realizing who she is and who she's pretending to be, Laura faces the same impossible choices as Virginia Woolf's between freedom and sanity.



Special mention must also go to Toni Collette, who plays Laura's next-door neighbor, Kitty. Kitty is Laura's house, personified. She's the incarnation of every 1950s male fantasy of what a housewife should be. Except. She's not. Here, too, there are widening cracks in the façade.

If the audience isn't sure whether Laura will bend or break or bolt, Kitty seems a hair's breath away from shattering completely.

The third protagonist in *The Hours* is Clarissa Vaughan, played with understated perfection by Meryl Streep. The time is 2001. Here's another woman who seems to have it all. A successful career as a New York editor. A stable 10-year lesbian relationship. A dynamic young daughter just striking out on her own. An unending round of literary soirées for the best and the brightest. She even has a Mission in Life: nursing an acerbic, philandering poet ravaged by AIDS. Richard Brown (Ed Harris) was also the love of her life when she was 18. He'd quickly ditched her for a gay lover, but decades later neither of them seems able to leave the past behind.



As Clarissa prepares for a party to fete Richard's being awarded a lifetime achievement prize for his poetry, they're both at a crossroads. With a single, barbed line Richard manages to set Clarissa adrift: "Mrs. Dalloway, always giving parties to cover the silence." Suddenly, silence is all there is and Clarissa becomes desperate to know that there is something more. "I seem to be unraveling," she says plaintively. Richard has his own shocking answer for her. He's also the key to a final revelation which pulls the entire film's narrative together. Ed Harris's performance is harrowing and unforgettable. A reminder of the devastation wrought by AIDS, past and present.

Philip Glass has done his usual superb work with the score of *The Hours*. Excellent cinematography by Seamus McGarvey. Special credit to film editor Peter Boyle for blending the storylines so seamlessly.

Oddly enough, the movie version of *The Hours* struck me as more powerful and affecting than the novel on which it was based. This almost never happens. The reversal might have something to do with the fact that reading almost anything after Virginia Woolf's own writing seems like a bit of a let-down. Or perhaps I didn't grasp the subtleties of a story based on such a complex matrix of disparate but interlinked lives. Dammit. I guess the book deserves a second look. It did win a Pulitzer Prize. The final showdown could be a photo finish. Pun intended. I'll let you know next month. I'm still leaning towards the movie, though.



AREA "A" EDC Economic Development Commission

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Projects for Area A (East Shore, Riondel to Wynndel) relevant to the promotion of economic development may be eligible for a grant from the Regional District of Central Kootenay. Applicant groups must be a registered society or apply to a registered society to sponsor the application and handle the funds.

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Kootenay Lake Art Connection

by Geri Gomola

This year's Art Connection was a successful venture and went pretty much as planned. There were twenty-eight venues and galleries and over thirty five artists involved. The brochure was planned and illustrated works of artists and artisans as well as descriptions of the venues and galleries and what they sold and whose art they carried. If you are interested in showing your artwork, entering your gallery or business in the 2015 Art Connection please contact your representative in the following areas: Val van der Poel for Wynndel, Karen Arrowsmith for Boswell area, Geri Gomola for Gray Creek, Donna Robertson at Crawford Bay and Lilliane Dejonge at Riondel.

On June 27 there was a juried art show and reception that took place at the Wynnwood Cellar Estate Winery kicking off this year's events. Garth Low's painting was the viewer's choice. Val van der Poel, Leah Wilson, Melody Arnold, Geri Gomola, Kent Jantzie, Sharon Witt, Laura Leader, and Shirley Wynnarrd exhibited their art at the Winery during the summer.

Bob's Bar and Grill hosted the opening at Riondel. The new Circle of Friends was a visited venue at that time.

The first two hundred dollar gift voucher to be used for art created by a Kootenay Lake Art Connection artist was won by a visitor Teresa Marie Farres of Red Deer and the second was won by Mary Ward of Proctor, B.C.

The final reception was held at the former Fairy Treats - a perfect location. It was a fabulous evening with great weather, lake views, food and music and artists and their patrons.

Bob's Bar and Grill prepared the food. Bob van der Poel played a jazz medley for a half hour to start off the evening. Donny Clark and members of his band showed off their excellent musical abilities and Daryl and Russ showed their talent with a country medley. Entertaining us next was Dylan and Ran with a rock medley. The artists and business people were impressed with the quality of music.

Thanks to the community members and tourists who made it a point to support the artists and venues and galleries by making the Art Connection part of their summer excursions. Thanks to the artists with the vision to participate in this worthwhile enterprise.

A special thanks to our sponsors, RDCK, Columbia Basin Trust, Nelson and District Credit Union, Creston Arts Council and Kootenay Lake Chamber of Commerce.

Prickly Pig Allied Arts Club

by Geri Gomola

According to Tom Lymbery, a knitting club named the Porcupine Club once held weekly meetings at the Gray Creek Hall where they enjoyed each other's company and encouragement. The group broke up when the German translation was discovered to mean "Prickly Pig Club."

Some of us, artists and artisans, have decided to meet regularly once a week to paint or craft. We decided to use the old translated version of the club's name. At this point, it is a drop in event with no fees.

The first meeting will be on Monday October 6. After that we will be meeting on Thursdays from 11am until 4pm, all at the Gray Creek Hall.

Bring your lunch and refreshments and whatever you are working on. See you there.

Starbelly Jam AGM & Dance Party

Nov. 1 - Gray Creek Hall

submitted by Farley Cursons

Starbelly Jam Music Festival will be holding its Annual AGM to celebrate its successes and look to the future. This meeting is open to the public and will be followed by a spooktacular dance party featuring 2014 festival performers Rhoneil, Ms. Strange and haunting guest performances by some mysterious locals.

Advance tickets: Adults \$10 advance and \$15 at the door. Youth \$5 advance and \$8 at the door. Under 12 free. Advanced tickets available at the Crawford Bay Market.

The AGM starts at 7pm with the music beginning at 8:30. Those interested in the inner workings of the festival organization and would like to become more involved will find this a great place to start. We hope to nominate and vote in a couple of new board members as well as confirm the commitment of executive staff for the 2015 festival season. This is also a great opportunity to renew society memberships and keep the Halloween vibes going. Prizes of course for the best dressed.

This community has built a music festival to be proud of. Come on out and be part of the magic that results in the east shore's cultural event of the year.



Susan Tesoriere on behalf of the membership of Nelson & District Credit Union presenting a sponsorship cheque to Paul Hindson of Kootenay Gut Buster Comedy Festival.



Susan Tesoriere on behalf of the membership of Nelson & District Credit Union presenting David Hough and Joan Valgardson from East Shore Library Society a cheque to support internet access at the library.



Karol Draper on behalf of the membership of Nelson & District Credit Union presenting a cheque to Lea Belcourt and Christine Hamilton for Starbelly Jam children's activities

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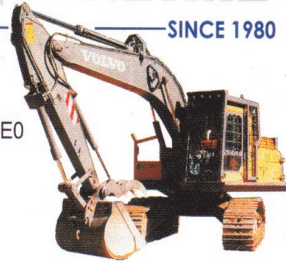
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Watch Facebook and posters for amazing music events in October!

Next Deadline:
October 29

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Starbelly Jam invites you to join us at our spooktacular AGM and Halloween Celebration at the

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Music: 8:15 -2am

Tix: Adult \$10 ADV, \$15 DOOR
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Available at C Bay Market or online @ starbellyjam.org

Happy Halloween

Gentle Fall Cleanse Ayurvedic style

by Zora C. Doval

It is hard to believe that the summer flew by so fast and it is fall again. As the tidal waves coming in and going out, so do the seasons roll in and out, obeying a dictate from the larger forces of nature. The hot season is going out and it is time for the cooler season to take the reins for a while. The time of rest, internalization of energy and hibernation is ahead of us... not a bad prospect.

In oriental medicine (both Ayurvedic and Chinese), it is recognized that most diseases manifest themselves during this vulnerable junction time when two seasons wrestle for supremacy. The outgoing season has to surrender and the new season wins. During the fall, we are experiencing the exact opposite from spring: the cold season is increasing in strength and we all know the accompanying symptoms: cooler temperatures, more rain, perhaps even frost, in the human body perhaps colds, flu, chills, bouts of arthritis etc. It is a time when our health is vulnerable to disease.....and so seasonal cleansing is advised.

Last year's spring detox seminars were focused mainly on the spring season. This fall I'd like to introduce the same type of gentle cleanse with adjustment for the fall season. Some people expressed to me their interest to do the cleanse if more support was available to them during the actual cleanse. There are always questions and hurdles during a cleanse, particularly what to eat, how to properly prepare it, how to make it interesting, how to avoid boredom, temptation, with what to replace those delightful items (such as coffee, wine, desserts...)

I do understand that it is not easy to complete a cleanse, as it goes against the grain of normal mundane life filled with temptations of all kind. People imagine that life is all about enjoyment, little thinking about possible suffering following dietary/lifestyle indiscretions. In ancient India (where Ayurvedic medicine originated) it was a culturally accepted custom to admit oneself once or twice a year into an Ayurvedic clinic or spa to undergo a seasonal cleansing done by highly trained technicians, even doctors. It was understood that preventing the disease is always better (cheaper too) than treating one. People voluntarily subjected themselves to the minor inconvenience of a cleanse rather than to a major suffering of a disease.

In India the traditional cleanse called **pancha karma** in Sanskrit can be a fairly elaborate and lengthy process lasting anywhere from 7 - 40 days. In the texts it is stated that a 40 day cleanse is required to cleanse all the tissues of the body and rejuvenate it, so a person can feel like they are back in their teens. Few people can delve this deeply into it. However, even a shorter cleanse is better than no cleanse at all.

The proposed cleanse that we want to accomplish in the format of a support group, will be of medium duration and will be gentle, so that people can go about their daily work and chores. My intention is to make it as enjoyable and palatable as is possible without jeopardizing the fundamental principles of a traditional Ayurvedic cleanse.

We will start the cleanse with a four-hour presentation on Monday, October 13, where we will cover all the basic principles, dietary and lifestyle recommendations, herbal supplements, type of exercise, etc. The following two weeks will mostly consist of gradually eliminating those food groups that are generally hard to digest and are thus a burden on our digestive system, also slowly introducing those food items that are highly beneficial and healing to our gut. As this is the hardest part of any cleanse because it usually invokes resistance of our emotional being, we will proceed slowly and gently, keeping in mind that (just as Rome was not built in one year) we need to be gentle with ourselves if we don't want to invite a pendulum effect (that is swinging back to our previous cravings). People will also be able to choose their

own depth of detoxing. One of the common mistakes people commit when detoxing is to try to do too much in one session. I will present Dr. Deepak Chopra's method of easily and gently bringing any "vice" to a desirable level.

After the **two gentle preparatory weeks** we will delve into the actual cleanse and at that time our body will be not only willing but quite eager to go deeper. The actual 9-day cleanse will consist mostly of a monodiet that has been used in Indian clinics for centuries and has a proven record of success. All herbs will be provided.

Additionally I will teach more aspects of the self cleanse that are very helpful and fun: the art of **Abhyanga** or daily self massage with warm oil, an **Ayurvedic facelift** using the knowledge of the **marma points** (sensitive points on the body, a concept similar to Chinese acupuncture) and an introduction to the now famous **Kneipp water treatments** (introduced by a German priest Father Kneipp, now widely popular and practiced in Germany).

It will be an honour to have Qz Heidl, who is now working as a cook at the Yasodhara Ashram to be part of the team; she will demonstrate how to prepare some delicious while also healthy meals. Besides the classical Ayurvedic cooked dishes there will be some extremely tasty raw desserts - a smallish compromise with the modern times.

Also, there will be an option for daily exercise. I am negotiating with the local yoga teachers to have hatha yoga and some cardio also. This will be part of the support group and on donation basis.

If this sounds appealing to you and you have some question or need more info, please call me at **250-227-9434** or check my website ayurvedanow.ca for updates. You can also find this on Facebook.

Health & Happiness

by Dr. Sid Kettner

Over Eating – Part 1

All of us want to win at the "losing game" (dieting). We all want to drop some pounds—for both health and happiness. But how? It is estimated that 25% of overweight and obese people are that way because of a genetic tendency. The rest of us tend to overeat because of emotional reasons. Depression, stress, boredom, loneliness are examples. So we must honestly look at our lives, discover our reason and then resolve that before we can hope for lasting success in weight control.

There is no magic pill. No expensive equipment is necessary. Yet our chance of success can be increased by up to 100% by scrapping diets and embracing a lifestyle of nutritious eating instead. It will take time, hard work and persistence—as does anything that is worthwhile.

Firstly, we need to compare useless diets with successful lifestyle eating.

o The goal of a diet is self-limiting—we reach the goal, the diet is over, the weight returns. In a life-long, life style of eating the goal is open-ended since it becomes part of our daily life.

o In dieting, there is a surface change—concerned only with food and exercise. In a lifestyle eating food and exercise are still important, but there is also the challenging and changing of the feelings that led to our being overweight and unhappy.

o In dieting the progress and success is measured only the scale and when the numbers are bad on some days, high stress results and we feel like we are in a constant battle.

o In dieting the results do not last—even if the initial goal is reached, less than 1 in 20 can keep it off. That is less than 5%. In a lifestyle of nutritious eating, the results are lasting, the goals continue to expand and grow, so there is no reason to return to our old habits of overeating.

There is a Ten-Step Plan to use our thinking brains to help us in this journey of losing pounds forever. Designed by Dean Anderson, a behavioral psychologist, I would like to share it with you as you start the new season of Autumn 2014 and as you, more importantly, start a new season in your life of health. So stay tuned for Part II next month.

Asana of the Month

by Jayanti Holman

Hanumanasana - The Splits Post

Heart Chakra Pose

*Beginner

**Intermediate

***Advanced

****Advanced with Flexibility



Benefits

- Helps cure sciatica & other defects of the legs
- Stretches & tones the leg & hip muscles
- Relaxes and strengthens the abductor muscles
- Increases the blood supply to the pelvic area
- Helps with elimination and peristalsis
- Deeply stretches hamstring and quadriceps

Doing the pose

*Kneel on floor, with hands shoulder distance apart -bring right foot forward between hands, foot flat on floor -your right leg is forming a right angle -drop your back knee to the floor

**lunge forward into left hip, feeling front hip stretch -with hands on floor to either side of right foot;

***slide back leg away from torso, & front leg forward -try to straighten both legs -then; slowly lower hips to the ground

****if you can raise arms over head, palms together -hold for 4-8 breaths

Focus while in the pose

- Aim to straighten both legs
- Try to rest the front buttock on the floor
- Put as much pressure on the hands as needed
- Lengthen the spine up out of the hips
- Relax the face and throat
- Keep the legs strong and active
- Allow for a gentle curve of the lower back

To come out of the pose

- Place hands on floor to either side of the hips
- Drop your back knee or, roll onto the outer edge of the front hip
- Bending both knees, roll onto the outside of the front hip
- Slide both knees back under you to come to all fours again

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The 2014 Kootenay Lake Fall Fair

by Jacqueline Wedge for the Fall Fair Committee

"It was such a great day!" said practically everyone.

The 103rd East Shore Fall Fair really was a great day. Contests, competitions, ribbons, awesome French fries, pickles and cakes, fund raisers, fantastic live music, kid activities, monogrammed balloons, vendors, info booths, jaws of life.... You know, a typical kind of day out in rural BC.

It was quite heartening and exciting to see so many entries from children and youth this year. The 2013 decision to not judge art or kid entries was a rather bad one, and by reinstating the ribbons and prizes, kids got busy. The photography exhibit was bursting with a glorious array of contrasting and colourful shots from local photographers. Vegetables and fruit, grown on the east shore are, frankly, stunning to say the least. Spirits? Well let's just say there are some pretty incredible things a-brewing on our mountains... Canning, baking, and farm products (some pretty important items for when the zombie apocalypse comes, or what-have-you) were well represented, showing us that stuff made at home is really the best stuff. Needlework, art and crafts were beautiful (we are an artistic community, it really shows).

Outside of the hall, The Riondel First Responders did extrication, removing dummies from a staged car accident on site, so we could all see this amazing team in action. The Iron Chef competition saw four teams battling it out with a given amount of time and ingredients: hurrah to the Ashram for winning the SPOON of DESTINY (they will be avenged in the future; everybody wants the spoon of destiny...). Catherine McGrath and Vendredi played swinging tunes during the afternoon - such fantastic sweetness to add to the day. The fall tea was a fundraiser for high school students (drama) and raised money for their yearly trip,

Fall Fair 2014 Results

- Men's Grand Aggregate: James Green
- Women's Grand Aggregate: Jacqueline Wedge
- Fruits & Vegetables: James Green
- Flowers: James Green
- Preserves: Yasodhara Ashram
- Spirits: Mike Gareau & James Green tied
- Baking: Maya Sly
- Farm Products: Jacqueline Wedge
- Needlework: Brenda Panio
- Crafts: Dena Kubota
- Photography: Jacqueline Wedge
- Students 5 and under: Vera Hulland
- Students 6 - 8: Colben Hulland
- Students 9-12: Olivia Wedge and Rowan Medhurst tied
- Students 13 and over: Zoe Baetzel
- Students all ages: Rowan Medhurst
- Special Section theme chickens: Jacqueline Wedge

Taste Testing Results:

- Chocolate Chip Cookies: Felix Wedge-Darchen
- Hummus: Jacqueline Wedge
- Pickles: Erin Cristofoli, Heidi Lovick & Janaki Pogreba

50/50 draw won by Jessica Rideout. \$81.50 (25%) was donated by the Fall Fair to the playground committee. The raffle was won by Garry Jackman.

It takes a community to host and handle a harvest celebration, and we would like to thank everyone who participated. Everyone, whether you submitted in many categories, or even if you just showed up to look at the flowers.

Many, many thanks to all the volunteers, with hats off to The Lions Club (lunch), Riondel Volunteer Fire Dept, the Nelson and District Credit Union, the Donnisons (tents), and the folks who donated prizes and items for the auction at the end of the day. The intake, judging and convening, MCing, set up and clean up, promo and other tasks were very much appreciated.

It certainly takes a community to make this wondrous day happen. We ARE a wondrous community. We need to remember this fact, and need to celebrate it on certain occasions. We always need help putting on this festive September Saturday, please contact Jacqueline Wedge or Fran Kinder if you see yourself participating. Over this snowy winter, we also encourage you to think about your submissions for the 104th, 2015 Kootenay Lake Fall Fair.



An awestruck Indira at the baked good table



Ashram chefs in the Iron Chef Competition



The giant pumpkin!

Photos by Dena Kubota

Gray Creek Regatta Report 2014

by Kim Deane

Tim Elias of Gray Creek was winner in the largest fleet at the 2014 Gray Creek Regatta held during the Labour Day weekend at The Lakeview resort. Tim sailed with Fred Schutter, also of Gray Creek plus other local crew members. Fred has sailed his own boat in many past regattas, but this year joined Tim to form a super-team in Tim's Kirby 25 cruising boat. They had six firsts in the B-fleet of five sailboats.

Summer residents of the East Shore took first places in three other fleets. They were the Richard Deane family (Kim, Kara and Graham) in the San Juan 21 Fleet, Fritz Dau in the Multi-hull Fleet (in his Hobie catamaran) and Alexander Mountain and Gavin Deane in the Laser Fleet.

Winner in the A-Fleet was Jo Reaburn from Nelson.

Eighteen boats competed in the Regatta. Once again, the Crawford Bay waters provided a wonderful sailing weekend. Eight races were run for most fleets. This is a high number for such an event, and was made possible by the favourable winds. These were sufficient both days and varied in strength and direction to make the racing interesting and challenging.

An additional feature this year was six Optimus dinghies from Nelson shared by a number of youth. These boats were used in a successful summer sail training program in Nelson. The youngsters sailed in a tight group, much like a flock of ducks. They displayed strong sailing skills and boldly crossed to Picnic Bay and explored along the far shore. Mothers became a little concerned but all returned in good order for a late lunch.

The event was organized by the Kootenay Lake Sailing Club based in Nelson. Their Melissa Townsend hosted a barbeque and social gathering on the Saturday evening. Appreciation was expressed to Lois Wakelin at The Lakeview and the regular campers there for supporting the event, including additional mooring buoys for the visiting cruising boats. Winner's names will be added to the historic Gray Creek Regatta trophy, first awarded to victors in challenges between East Shore communities during the 1920's. It is displayed upstairs in the Gray Creek Store.

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Local Heroes Non Profit Board Members

submitted by Laverne Booth for
East Shore Learning Hub

How can we thank those people who keep our local groups going? How do we encourage new people to get on board? Volunteering is good healthy fun, when it is going well, and the feeling of accomplishment when we pull off an event, or complete that project is exhilarating.

There are some training opportunities this fall that are meant to encourage volunteers and keep our organizations vibrant and alive. We have the pleasure of a visit with Val Mayes who, many will remember from last year, is a fun presenter with a wealth of background and knowledge about the world of voluntary associations and charitable organizations.

Consider signing up for **Roles and Responsibilities for Non-profits** from 6:30 to 9:00 pm on October 23. What is expected from the Chairperson, Secretary and Treasurer to ensure due diligence in the important work of running a society?

On Friday October 24 the workshop is **Wondering about Becoming a Charity?** 1 to 4pm. What are the advantages and challenges of becoming a charity? Val is a trainer with Revenue Canada Charities division and can answer all your questions.

Both events will be the East Shore Learning Place at the Crawford Bay School. The cost is \$35 plus GST. You can register at the school by filling out a registration form and popping a cheque in the mailbox. Or give Laverne a call at (cell) 250-551-5827.

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Tom Sez

by Tom Lymbery

Moving the ferry landing from Balfour to Queens Bay makes a lot of sense – the possibility has been in the news lately. This could easily accommodate an hourly trip which would solve the ferry schedule problem. If you look at Queens Bay from the ferry you can see a large area between Highway 31 and the lake that has no buildings or private property. This would need a lot of fill but that’s nothing compared to Tsawassen.

Nottingham has been named THE CITY OF FOOTBALL in England for 2015. This is of great interest to me as my grandfather was presented with a clock and plaque because of his involvement in the beginnings of Notts Forest Football (Soccer).

Could a reward be offered to any ferry employee who finds ZEBRA or QUAGGA mussels on any boat crossing on the boat? We need to ensure that these most invasive species don’t become established in Kootenay Lake.

Energy Logs - Have you seen this fall’s second semi load of these in our warehouse? Made entirely of shavings from Wynndel Box and Lumber - only two of these eight-pound logs are needed to burn eight hours and are comparable in price to purchasing firewood.

Petre Reid and his wife Ann made a special trip from England to approve the new stone on Toby (Petre’s mother) grave next to Topsy’s in our Gray Creek Cemetery.

We sometimes chuckle over US pronunciation of words such as *route or root* – many from the south say *rut* for both of these different words. *Cottonwood rut* – for instance.

Lightening and lightning are words often used in the wrong context and are worlds apart in meaning. Lightening means making something lighter in weight or colour, such as painting the room white to lighten it, while lightning is the electric discharge in the skies that creates thunder.

Will there be a book written about serial killer Cory Legebopoff? This type of book is a very fast seller and the gorier it is the better the readers like it.

The recent invasion of crows has kept them busy searching out and eating this year’s crop of stink-bugs. The birds have been all over decks, roofs and cedar trees as the bugs hibernate under the bark.

By the time you read this there will likely be fresh snow on Kokanee Glacier. Can someone please give us an update on the ice field behind the Sphinx? I have been told that you can’t call that a glacier.

Will the incumbent RDCK director who opposes fireworks get re-elected? Fireworks are an essential part of many kids’ holidays on the lake. Please don’t let me confuse you – this is not our local Area A director!

Waterless Solution For Shale Fracking

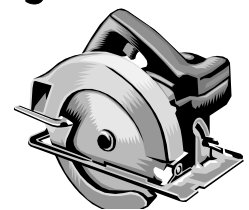
submitted by Tom Lymbery

Many controversies continue to surround hydraulic fracturing of underground shale deposits in the search for oil and gas. This consists of blasting millions of gallons of water down a well to release natural gas or oil, but the water that needs to be disposed of may contain drilling compounds and contaminants.

GasFrac Energy Services of Calgary has pioneered an alternate system to avoid using the vast amounts of water. Instead of water, gelled propane under pressure is used and because this turns into gas it mixes with the gas produced. Thus there is no disposal problem as there is with water.

As yet most of GasFrac’s projects have been in western Canada for Husky Energy but many of the world’s largest companies are now looking at this system. It is also beneficial in areas with a water shortage. (From an article in *Propane Canada* magazine)

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Gray Creek Pass Report

by Tom Lymbery

Perhaps we will see October snow on the pass, but I have driven a 2 wheel drive over the route on Halloween without seeing a vestige of snow – every year is different. The route is usually passable with 4 wheel drives well into December.

Traffic has been average this year, but last year was the only time we have seen people walking the Trans Canada Trail. If you Google the Gray Creek Pass you will see that Trails BC still offers the option of following the old Power Line route which requires wading Gray Creek.



Hidden Taxes

by David George
Milking the Cash Cow, Part 2

A billion here, a billion there...pretty soon it adds up to real money." This is the most famous and the most misquoted statement made by the late U.S. senator Everett Dirksen. He did say the first part, but apparently not the second, telling a fellow airplane passenger that the second part was a misquote by a reporter, but that it sounded so good he never bothered to deny it.

This month we consider ICBC, formed in 1973 by the NDP government of Dave Barrett, and now more than 40 years old. ICBC was intended to give BC drivers relief from the dog's breakfast of competing insurers offering automobile coverage. It was stated that no one would have to pay more, and most would pay less for auto insurance. This was mostly true in the early years.

Many times over the last 40 years, basic compulsory auto insurance rates have increased, however. They are set to increase again this year.

Just like BC Hydro, ICBC is now being milked by the BC provincial government of millions of dollars each year.

The milking started in 2010, and by the year 2015 will likely have reached a total of \$1.22 billion. This is almost as much as the \$1.23 billion BC Hydro will have been milked for much the same period. "A billion here, a billion there..."

At the end of 2013, consolidated financial statement of ICBC states the "Excess Optional capital payable to the Province of BC" (what Orwellian double-speak!) as \$237 million for 2013 alone. This financial statement also reveals that retained earnings have exceeded \$3 billion since 2012.

"A billion here, a billion there..."

All this after bungled optional insurance charges resulted in about 240,000 drivers paying too much, and 350,000 paying too little. Cheques were sent to people who paid too much, supposedly before the end of August. Did you get one? I didn't. People who paid too little won't have to pay more, though.

Are there any watchdogs looking over ICBC? Yes, but the BC Utilities Commission has been given this task of regulating something it should never have been asked to regulate.

There are two groups with extensive material about ICBC. The Consumers' Association of Canada has a large website at www.consumer.ca where you may find their BC branch's 2013 report "A Consumers' Perspective to Fixing ICBC: 15 recommendations to put British Columbians back in the driver's seat". It recommends, among other things, ending the monopoly of ICBC on basic auto insurance. Also look at the Canadian Taxpayers Federation at www.taxpayer.com for their report "Rein in the Crowns: a 2014-15 Pre Budget Submission". It is long, but worth reading.

Read about BC Liquor Stores in part three of Milking the Cash Cow, next month in Hidden Taxes.



Tom's Corner

by Tom Lymbery
National Park Emblems

I was most interested to hear from Eckhard Perk whose parents Leo and Doris purchased the Golden Pine house from Oscar and Frieda Wirsig. Eckhard and his brother Ron grew up in Gray Creek and went to school in Crawford Bay.

Eckhard contacted me because after buying a copy of *Tom's Gray Creek* at the Moyie, he found the report of Len Clark and D'Arcy Bacon taking two carloads of students from our Gray Creek School to see the King and Queen when their train stopped in Banff in June



This Banff National Park licence plate topper dates from the 1939 Gray Creek school's trip to Banff, and came from the car belonging to Len Clark, one of the drivers. Motorists entering Banff National Park once purchased these to attach to their cars' licence plates and radiator grills, just as we now buy paper permits at the park gates today. More on these metal buffalos and other National Park permits at www.bcpl8s.ca/NationalParks.html

Photo courtesy of Eckhard Perk

1939.

In those years the receipt for paying your way through Banff National Park was a metal buffalo with "Banff, 1939" that you attached to the top of your licence plate. Evidently Len Clark had discarded this item when he put his 1940 license plate on his car – and this is what Eckhard had found when he was looking through the rubbish pile that had been used when Len and Cax lived in the house.

Other National Parks used symbols such as the fish on the radiator of Mrs. Gooch's car on page 119 of my book. Today you only get a printed receipt so those metal emblems have become collectors' items. Eckhard considered selling his, but fortunately has hung onto it.

It is gratifying to hear comments from so many like Eckhard who have read every page and found items to comment on. One reader remarked that he wished he had been able to ride on the legendary Kettle Valley Rail line, as I did when I was attending boarding school in Vancouver. Several of the girls who worked summers in our store and campground have also appreciated re-finding memories of those carefree years.

Leo Perk had great ambitions for the place, and he and a partner contacted the Clark family in Victoria in 1985 to ask permission to use Catherine Anthony Clark's book *The Golden Pine Cone* as the theme for a gift shop and campground they were planning on the property. Apparently this didn't find favour with the Clarks, so instead Leo called his operation *Black*

Bear Park and set it up above the highway just to the north of Wolverton Creek. He brought in some excellent chainsaw sculptures (including of course a black bear.)

1986 was Expo year and the Province of BC was encouraging each town to set up a new approach sign, so I got busy with a small Frontier chainsaw and lettered the "Welcome To" and "Come Again" Gray Creek signs. Gerry Abele had made a shake-roofed sign for Dieter Dohmen's motor rewinding business, "ELECTRO DOHMEN" in the former Gray Creek Forest Products' large cement block dry kiln. Dieter was moving his operation to Castlegar so I asked him if I could use his set up for the new "Welcome To" sign and he gave me the go-ahead. However I incurred the wrath of Leo Perk, as he wanted that for his Black Bear Park sign, but I had asked first.

Leo's Black Bear Park was an interesting attraction. He had even set up a *Pan Some Gold* that provided a gold pan and allowed paying customers to pan some flakes that they could take home in a tiny glass bottle. This wasn't local gravel, - it is something you can buy a cubic yard of. Unfortunately Doris Perk lost her life to cancer and is buried in our Gray Creek Cemetery, so Leo, Ron and Eckhard moved away.

*Next Deadline:
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Traveling the World by Bike

story and photo by Paul Hindson

You just never know who's going to show up. Arriving at the front desk of Kokanee Chalets the evening of September 22, a young Dutch girl on a bicycle was seeking a tenting spot. She had just come over the Gray Creek Pass, and was in her words "a little knackered". With some further conversation, her most fascinating story emerged.

Her name is Mirjam Wouters, and she has been travelling the world by bicycle for 12 years, including India, Australia, New Zealand, even Iceland.

I'm very proud to have her as a guest at the Chalets and the East Shore, and wish her continued good luck on her trek. Visit her blog at cyclingdutchgirl.com for more of her story.



*Next Deadline:
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Book Reviews

by Tom Lymbery

TRAINMASTER - the Railway Art of Max Jacquiard, by Barrie Sandford, publisher National Railway Historical Society, hardcover, 164 pages, \$39.95

Max Jacquiard is the best railway artist Canada has ever produced. His paintings are as good as any nation's pictures of the years of steam. Max has been inducted into the Railway Association of Canada's hall of fame for his amazing artwork.

Barrie Sandford, best selling author of *McCulloch's Wonder and Steel Rails and Iron Men*, has selected 100 of Max's finest paintings for *Train Master*. He has blended these with supporting background text and historical images.

Virtually all of Max's work is in the mountains of British Columbia and Alberta so the Rockies, Selkirks, Purcells, Monashees and Coast Mountains form the backdrops for the 1920 to 1955 steam era. The only thing missing from the full colour of this book are the unforgettable sounds of steam. Max's amazing art shows the smoke from the locomotives so accurately that you know how tough the grade is, and can also see the diminished cloud when the train is coasting downhill. For those with a great interest in the wonder of steam in the mountains this is the best of books.

THE IRON HORSE COMES TO THE KLONDIKE - Three Mines on Three Creeks Bring Railways to the Yukon, by Eric L. Johnson, self published, 100 pages, \$16.95

This is quite a contrast to *Trainmaster* as it features narrow gauge, with some of the smallest locomotives you have ever seen. In fact some of these were second hand and had served on the streetcar rails of Spokane, in the years when they had to have a wooden box built over them, so that the steaming monster wouldn't frighten the horses.

If you visited the Yukon Pavilion at Expo 86 in Vancouver you would have seen one of these seven ton Porter saddle tank units. These were so small that one photo in the book shows four of them loaded on a flatcar of the White Pass and Yukon Railway. These flatcars used between Skagway and Whitehorse were relatively short as this is itself narrow gauge.

Two of these operations were built to haul coal to the banks of the Yukon River some 50 miles downstream to the north of Dawson City, closer to the Alaskan border. The coal was a relatively low grade lignite so didn't find favour with the sternwheelers or those heating buildings. The Cliff Creek operation had only a mile or two of steep track, while Coal Creek was much more ambitious. Coal Creek built about 12 miles of track alongside the creek with a relatively light climb to the coal seams. This became a large operation with the building of a large coal burning plant and 40 miles of power line to convey power to Dawson, which had been producing power by burning wood. The plant was built and supplied power to operate the gold dredges. Once rivers were dammed to supply hydro energy the coal burning plant was not competitive, so was dismantled and the equipment shipped elsewhere.

The third narrow gauge operation was built by the Detroit Yukon Mining Co on Bear Creek connecting Dawson to Sulphur Springs. The intention of this line was to take steam shovels and equipment to make gold recovery more efficient than the earlier hand shovelled works. This was short lived as the large dredges were coming soon.

It's surprising how clearly this book has been able to print so many very old photos. The author enlisted others to scramble with him through the grown up bush to these sites of about 1905, looking for abandoned flatcars, wheels and the site of the thermal power plant. As well they have traced the existence of some of these unusual steam locomotives in the Yukon, Alaska and one in Ontario.

Riondel Reading Centre

by Muriel Crowe

We always expect a slow down at the end of summer and are pleasantly surprised to have our numbers stay the same. This year is no exception as we settle back into routine. WE will soon be planning our authors reading event in November. We look forward to some new authors and perhaps a visit from former authors. If you have suggestions please contact Wendy Scott.

We have several collections of DVD that are sold to us as one unit. We are going to separate these into one or two DVD units. The Dame Judy Dench set of eight DVD's is being split into six singles and one double unit. Series such as *Downton Abbey* will stay as single units.

As you are all aware there will be a referendum in Riondel regarding the Community Centre building this November. This type of voting is a little different than a standard election. Information print outs will be available at the library for anyone interested. Information about all of the preparation to get to this stage is available too.

We are trying to expand our collection of books for the 7 to 12 age group. If you have suggestions please make a note of them for us. We wonder also if parents would like us to carry DVD's for children. We try not to compete with local businesses who rent out DVD's so would purchase documentary type programs.

A wee reminder that we have many cookbooks and craft books if you are searching for a way to use up all that garden produce. Drop in, visit and borrow.



pebbles by Wendy Scott Belonging

Exactly at midnight
Yesterday sighs away
William Stafford

Some say a child remembers its moment of birth.

I can't vouch for that, but as a mother, I can certainly recall – vividly – those seconds, minutes, hours, before and after my own children entered this world; the world that would, for better or worse, become theirs.

That moment, for a mother, is filled with relief, apprehension, wonder, and sometimes, sorrow. I'm one of the fortunate women who knew she could provide a house, a home, love, and a family for the tiny creature held, so carefully, in her arms. I counted fingers; I wondered at the length of my little one's feet; I delighted in her deep violet eyes, and it was not long before I understood what William Stafford meant when he said... *Kids: they dance before they learn there is anything that isn't music.*

I was, as I said, fortunate. A woman beside me was not. She gave birth to the foetus she had carried full term, but there would be no dancing for her child; no music; only sorrow. I could only hope she was not alone.

I brought my children into the freedom of my Western Canadian world, my British Columbia zeitgeist, which at that time was alive and well in Vancouver. Some declare this especially unique spirit is here in Kootenay country – and always has been. I think part of that spirit is evident in the people who cared enough to rescue an orphan osprey and send it to the wildlife centre in the lower Mainland where they knew it would be cared for. Then they completed their mission by bringing the bird back to its Kootenay home and set it free into a world that could be envisioned by Maya Angelo when she wrote ... *The free bird leaps/ on the back of the wind/ and floats downstream/ till the current ends/ and dips his wings/ in the orange sun rays/and dares to claim the sky.*

To give an orphaned bird into the care of a surrogate mother was a great leap of faith. To know that one of those fiercely graceful creatures you will be able to hear and see this summer, whistling and calling and dropping like missiles from sky to lake, and rising again with talons clutched securely around a Kokanee – to know that the impressive raptor sailing above you has relatives cruising not only the Swedish skies, but great swathes across Europe, Scotland, Africa, India, and that you could even spot Osprey around most of Australia's coastline; to know all this only makes this adoption and rehabilitation vital and quite special.

This was not the only osprey left in the Kootenay – it was not even of an endangered species; it was simply a homeless chick. And here in the Kootenay, that is enough to raise awareness and concern. We care here. May we always continue to do so.



Western Pacific Marine Ltd
Kootenay Lake Ferry Office

OSPREY 2000 FERRY

OUT OF SERVICE

Oct 14 - Oct 28, 2014

Western Pacific Marine Ltd. advises travelers that the Osprey 2000 will be out of service Oct 14 through Oct 28, 2014, inclusive for maintenance.

The M.V. Balfour ferry will be in service during this time - expect sailing delays.

Western Pacific Marine Ltd. would like to thank you for your patience and apologizes for any inconvenience.

Next Deadline:
October 29, 2014
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www.eshore.ca

Creston Art Displays

by Val Van der Poel

It is hard to believe that summer is over - where did it go? Oh well, I guess it is time to get back to regular living and I hope checking out the new art displays at the Creston Public Library and the Creston Chamber of Commerce will be part of your regular schedule.

Art in the Library offers a wonderful display called "Vibrant Variety"

(try to say that three times in a row) and features 5 Creston area artists. Come and see the wonderfully colorful acrylics of Richard Mitton, the always exciting mixed media paintings of Shelly Lamb, the intricate detail work of Grace Tyler, the peaceful landscapes by Kurtis Lander and the charming paintings of pups and flowers by Emmie Bennis. You can see this vibrant display during library hours from August 30 until November 1 and please leave a note in the guest book so we will know you came.

The Art in the Chamber display is something a little different this time; visitors will be treated to 3 separate exhibits. "Art in Glass Cabinets" features artists whose work is smaller than average, art perfect for small gifts or treats. The fascinating Encaustic art of Caroleen Lucas is full of color and mystery with something new to be seen every time you look. The charming Beach Art Jewellery of Margaret Swetlishoff offers an unusual reminder of those sunny days at the beach. This part of the display started on September 4 and ends on October 30.

The second exhibit at the Chamber is "Core Matters: Farm & Food". This is a special display by nine area artists who are using art to show the importance of farming in Creston. The exhibiting artists are: Andy and Elaine Alfoldy, Eileen Gidman, Karen Arrow-smith, Ute Bachinski, Eileen Hirota, Sandy Kunze, James McDowell and Carol Schloss. Here is a little bit from the artists about the display:

"We believe the breadth of approaches to the theme "Core Matters:

Farm and Food" employed by each artist from realism to semi abstraction will be of interest to viewers as well as aesthetically pleasing."

The "Core Matters" exhibit started September 4 and ends on October 3.

Come down and see how these artists interpret the importance of farming in our valley.

The third part of Art in the Chamber will be a display by three well-known "Creston Favorites", Andy and Elaine Alfoldy and Ute Bachinski. Come and see what they do when they are not painting about food! The wonderful color, humor and detail these artists use in their art are always pleasing to the viewer. The 'Creston Favorites' display will start on October 3 and end on October 30.

I hope Creston residents and visitors to the area will take some time to check out both of these venues to see just a portion of the wonderful art available in the area. Remember, most of the art is for sale so think about starting your Christmas shopping early.

These community art displays are sponsored by the Community Arts Council of Creston, the Creston Public Library and the Creston Chamber of Commerce and Visitors Centre.

\$2 Million in Grants Available

press release

Are you planning a project that will help youth, social wellbeing or the environment? Columbia Basin Trust may be able to help.

"We are pleased to make nearly \$2 million available to support community projects that will benefit our youth, improve social well-being or enhance our environment," said Lisa Kilpatrick, Senior Manager, Sector Initiatives. "We encourage people to visit our website to see where their project best fits, read examples of previously funded projects and then connect with us."

To get started, read the program application guides online, then contact the Trust to discuss your project idea.

Application deadlines are:

- Oct. 15: Youth Grants: cbt.org/appliyouth
- Oct. 22: Environment Grants: cbt.org/applyenvironment
- Oct. 29: Social Grants: cbt.org/applysocial

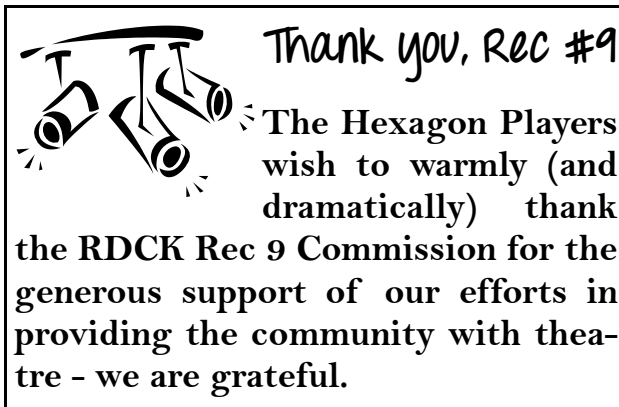
The Youth Grants program funds projects that directly benefit Basin youth aged 12 to 29 and develop youth leadership, support youth engagement, or enhance employment and entrepreneurial opportunities.

The Social Grants program funds community or regional projects that positively impact social wellbeing and address social issues in communities.

The Environment Grants program funds projects that advance environmental wellbeing in the areas of ecosystems, climate or environmental education.

The Trust has residents with expertise in each of the sectors who volunteer with the Trust to evaluate applications, make funding recommendations to Trust staff and provide advice in relation to the program.

- Columbia Basin Trust supports efforts to deliver social, economic and environmental benefits to the residents of the Columbia Basin. To learn more about the Trust's programs and initiatives, visit cbt.org or call 1-800-505-8998.



La Cafamore at the Harrison

press release

La Cafamore has been a performing group since 2008. Over the years, the configuration has changed, but every concert brings its challenges and rewards. For Carolyn Cameron, this particular set of concerts has her on the piano instead of her regular position as violinist. "People often ask which instrument I prefer", says Cameron. "I seem to go in phases where I prefer one or the other. The thing about piano is that you can potentially play 10 wrong notes at a time, whereas on violin, generally there is only one". The group looks forward to another opportunity to play in Crawford Bay. "The energy and enthusiasm of the audience is what keeps us coming back" says Cameron. "I realize that this is Thanksgiving Sunday, but everyone needs a turkey break. Get that bird in the oven and come to the concert!"

Help Shape How Columbia Basin Trust Supports You

Have your say and win \$1,000 to donate

press release

Columbia Basin) – Columbia Basin Trust is asking residents where it should focus its efforts to best support residents and communities in the Columbia Basin now, and into the future.

The Trust is kicking off a year-long Basin-wide public engagement process starting with a series of drop-in community workshops and an interactive engagement website. Called "Our Trust, Our Future," this process will connect the Trust with residents to find out what's important to them and build on the input they may have provided in the past.

"We'll be connecting with Basin residents to reflect and celebrate our collective accomplishments over the past 20 years, and also to imagine what the next 20 might look like," said Greg Deck, Columbia Basin Trust Board Chair. "In the next three to five years the Trust's revenues are expected to double. As our delivery of benefits to the region grows, it's important that residents continue to provide guidance in charting that future."

The Trust will be reaching out in various ways across the Basin. Expect to find the Trust hosting drop-in community workshops, presenting at community and agency meetings or staffing a booth in a public space. Residents can also send comments by mail or provide their thoughts online. Everyone who participates will have a chance to win \$1,000 to donate to a local non-profit of their choice.

"Some residents have already provided input to us in the past—now we want you to expand on those ideas," said Neil Muth, Columbia Basin Trust President and CEO. "What's most important to your community? What should we do more of? What are your ideas? We hope you will be part of this conversation and help us shape how we support your efforts now, and into the future."

For more information about the process and to have your say in person or online, visit ourtrustourfuture.cbt.org.

Columbia Basin Trust supports efforts to deliver social, economic and environmental benefits to the residents of the Columbia Basin. To learn more about the Trust's programs and initiatives, visit cbt.org or call 1.800.505.8998.

The set of concerts are advertised as "Trios with a Twist" because none of the works were originally intended for La Cafamore's violin, viola and piano combination. "The Mozart trio was arranged for our combination with the composer's approval, although it was originally performed with clarinet, viola and piano", says Cameron. The 2 other works on the program, Schumann's "Fairy Tales" and Brahms' horn trio featured clarinet and horn respectively. "When the instrumentation changes, the whole character of the piece is changed". Cameron hopes that those familiar with these works in their traditional instrumentation, will take a chance on a new experience. "Regardless of the instrument combination, the melodies of these works are incredible".

The group will be touring the communities of Nelson, Cranbrook, Invermere, Rossland and Crawford Bay.

Sunday October 12, 2:00 p.m.

Harrison Memorial Church

Crawford Bay

October 2014 Mainstreet 19

SUNSET SEED COMPANY



Your Complete Farm,
Garden & Pet Care
in Creston, BC
250-428-4614

NOW OPEN! We look forward to seeing you.
1628 Canyon St, Creston (right next to 7-eleven)

Remembrance Day Ceremony Planned

by Nancy Galloway



Will R. Bird Collection, PA2439. A post in the Canadian front line, February, 1918.

A Remembrance Day ceremony will be held in the Riondel Community Center on Tuesday, November 11 beginning at 10:30 am, with a minute for silent reflection at 11 am. The Many Bays Band will provide music, and the Seniors will provide a light lunch following the ceremony.

You are invited to join us in honoring all those Canadians who have lost their lives or suffered harm as a result of their selfless service to our nation.

"They shall not grow old, as we that are left grow old: Age shall not weary them, nor the years condemn. At the going down of the sun and in the morning, We will remember them."

The First World War broke out 100 years ago in Eastern Europe, and grew rapidly to a global conflagration involving all of Europe, the Balkans, Turkey, Russia and Japan, as well as Canada and the US.

It was a war that had many 'firsts': poison gas made its first appearance, as did aerial warfare, machine guns and tanks. It proved that horse-mounted cavalry were no longer appropriate.

Most of the European conflict occurred in trenches, which stretched from Belgium to Switzerland. With the opposing trenches separated by as little as a hundred feet, this ensured a stalemate, unless enormous losses were incurred in trying to overrun the opposition.

And the losses were staggering. A total of 65 million men were mobilized from all the nations involved. Of these, 21 million were killed, 21 million wounded and 7.7 million taken prisoner. Thus it came to be known as The War to End All Wars, erasing romantic notions about warfare and instilling a fear of foreign military involvement.

During the course of the conflict, the Canadian Expeditionary Force grew to 619,636 soldiers, nurses and chaplains, of whom 424,589 served in Europe. Losses stood at about 39%: 67,000 killed and 250,000 wounded.

For Canada, there was great pride in the achievements of its soldiers on the battlefields of Ypres, Vimy and Passchendaele. These gave the nation confidence that Canada could stand on its own, apart from the British Empire.

The armistice ending the war was finally signed at about 5 am on November 11, 1918, with all hostilities to cease "at the 11th hour of the 11th day of the 11th month". The following year, King George V formally decreed that the day be set aside to honor the memory of all those lost in the war, calling it Remembrance Day.

The red poppy has become a familiar emblem of Remembrance Day due to the poem "In Flanders Fields". These poppies bloomed across some of the worst battlefields of Flanders (the Dutch-speaking part of Belgium) in World War I, their brilliant red colour an appropriate symbol for the blood spilled.

The East Shore MAINSTREET

Contact: Ingrid Zaiss-Baetzel

Phone: 250-227-9246 Fax: 250-227-9264

Box 140, Crawford Bay, B.C. V0B 1E0

E-mail: mainstreet@theeastshore.net

** ADVERTISING RATES

\$35.00 - 3^{1/4}" wide by 1^{3/4}" high

\$40.00 - 3^{1/4}" wide by 2^{1/2}" high

\$45.00 - 3^{1/4}" wide by 3^{1/4}" high

\$50.00 - 3^{1/4}" wide by 4" high

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or 6^{3/4}" wide by 2^{1/4}" high

\$65.00 - 3^{1/4}" wide by 6" high

or 6^{3/4}" wide by 3" high

\$85.00 - 3^{1/4}" high by 9" high

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Sample Sizes - more sizes available.

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Services Directory: \$5/month, up to 3 lines.

Classified Ads: \$5/first 30 words,

10¢/word after the initial 30.

** 30% MORE FOR COLOUR ADS**

Kootenay Lake Community Church Welcomes New Pastor

by Jan Brooks



We who attend Kootenay Lake Community Church are excited to welcome Richard Dannhauer as our new pastor.

Richard and his wife Ramona are joining us from the Grand Forks Christian Center. They are long time Grand Forks residents except for the twelve years they served with YWAM (Youth with a Mission) in Russia. They are moving here October 1 and are looking forward to becoming part of our wonderful East Shore Community.

Their first Sunday with us will be October 5. We will be having a lunch after the service and we invite you to come and join us as we welcome them to our Church.

Self-Healing with Yoga

Monday 7pm to 8:30pm

studio ponnuki, 2019 Riondel N rd

Drop-in \$10

Yoga with your ancestral wise Self

Wednesday 9:30am to 11am

Gray Creek Hall

Oct.1st to Dec 10th

\$100 for 11 classes. Drop-in \$12

Hatha Yoga at Boswell Hall

Thursday 9:30am to 11am

Drop-in \$10

studio
ponnuki

ponnuki.net 1.877.782.2843 yoga@ponnuki.net

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Mainstreet is a click away.

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Visit us online at www.eshore.ca
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Notice of Passing

LESLIE DREW

June 11, 1929 - August 21, 2014



Leslie Anne Muir Drew (nee Holmes) born June 11 1929 in Nelson BC. Leslie spent her early years in Gray Creek and Crawford Bay where the family house was across the road from Harrison Memorial Church. She attended Gray

Creek School when her mother was managing Gray Creek Auto Camp. She enjoyed that time as Gray Creek was a transportation hub with the SS Nasookin carrying the daily Greyhounds. In 1940 she moved with her parents to Nelson, where she completed her schooling, graduating from Nelson High School in 1946. Later, while working she completed grade 13 by correspondence.

Shortly after graduation she joined the *Nelson Daily News* as a cub reporter. This was the start of a successful 30 year career in journalism with newspapers in Nelson (1947-1960), Prince Rupert (1962-1970), Nanaimo (1970-72) and the *Victoria Daily Colonist* (1972-1977) where she was Family Editor and then City Editor.

Leslie married Frank Drew in 1961. During their years in Prince Rupert, she and Frank made numerous trips to the Queen Charlotte Islands. Fascinated by the argillite carvings of the Haida, Leslie teamed up with carver Douglas Wilson to research, write, and publish the beautiful and insightful book "Argillite - the Art of the Haida" (1st edition 1980) In 1981 Leslie and Frank settled into their newly built home ("Sahtlam Rise") on a small acreage near Duncan where they created a lovely landscape garden. Knowledgeable rhododendron enthusiasts, Leslie and Frank were among the founding members of the Cowichan Valley Rhododendron Society, of which Leslie became secretary and an editor of the society's newsletter.

After Frank's death in 1996, Leslie continued on at Sahtlam Rise, actively engaged in researching and writing on topics of historic interest. She passed away on August 21, 2014. Family and friends will recall Leslie's ironic sense of humour, her Duncan Farmer's Market marmalade, her relentless curiosity of tracking down the facts, and her spirit of generosity - especially with books. A gathering of family and friends will be announced later. Memories of Leslie may be shared with family at in_memory@shaw.ca

Notice of Passing

BERT DYLKIE

Norbert Charles Dylkie died September 1, 2014 in Prince George at the age of 96.

In the 1950s and early 1960s he was a partner with Walt Palmer and Bill Townsend in Nelson Creston Transport. The three truckers had the contract to haul Creston milk daily to Palm Dairies in Nelson. With a truckload of 5 gallon milk cans they had priority loading on the ferry. When Palm gave them only two weeks notice that the haul would be changed to a stainless steel tanker, Bill Townsend took over the route by himself running two or three trips a week.

www.eshore.ca

mainstreet@theeastshore.net

Notice of Passing

Mary (Smith) Carruthers

October 15, 1923 - August 19, 2014

It is with great sadness that we announce the passing of our dear mother - Mary (Smith) Carruthers. Mary settled alongside Kootenay Lake with her husband Bruce Smith in 1978. She embraced her new life in the community and over time became involved in the St. Anselms Church choir. Her skill as an organist and delight in sharing her musical knowledge kept her active in the musical community for all of her remaining years. As well, Mary was actively involved with Trinity United Church and Christ Church in Creston. Mary would be seen driving her 'silver bullet' to various functions, graciously adding her musical expertise and pleasure to every event.

Her husband, Bruce passed in 1992, and later in 1999, Mary married Alex (Alec) Carruthers of Creston sharing her life with him in his Creston home and on Kootenay Lake. After Alec's passing in 2005, Mary continued her Kootenay Lake living, always happy to see her many friends and maintaining her great delight in the choir and her organ playing duties.

In August 2013, Mary went to Calgary to recover from a back injury. This was always deemed to be temporary, as she had great plans to get back to "God's greatest place on earth" and resume her life in the Kootenays.

Unfortunately, this was not to be her path, and Mary passed peacefully in Calgary on August 19, 2014, her humour and graciousness fully intact. Her impact on family and friends will never be forgotten.

Mary is survived by sons Bruce and Ross; daughter Bonnie; daughters in law Deborah and Jackie; grandchildren Brooke (Steve), Ivan (Ashley), Laurel (Nick), Garret and Shayla; and great grandchildren Tyson, Raven, Silvan, Loch, Phoenix and Ocean.

A service and Memorial were held on Saturday, Sept 6 at St Anselms Church Boswell, B.C. followed by a luncheon at Boswell Hall.

In lieu of flowers, please support your local choir or musical organization in your community. Her love and gift of music is her legacy.

We miss you Mom, and will have you in our hearts forever.

YOUR HALL IS AVAILABLE...

For community events, wedding receptions, workshops... You name it!

Booking info, Kathy Donnison @ 227- 9205

CRAWFORD BAY HALL

"your community hall"

A non-smoking facility.



Western Pacific Marine Ltd
Kootenay Lake Ferry Office

OSPREY 2000 FERRY

OUT OF SERVICE

Oct 14 - Oct 28, 2014

Western Pacific Marine Ltd. advises travelers that the Osprey 2000 will be out of service Oct 14 through Oct 28, 2014, inclusive for maintenance. **The M.V. Balfour ferry will be in service during this time - expect sailing delays.**

Western Pacific Marine Ltd. would like to thank you for your patience and apologizes for any inconvenience.

Eastshore Garden of Remembrance

by Wendy Scott

Fall has arrived in the garden. The bracken is bronze and cedars are losing their tired summer foliage. There's big pine cones strewn on pathways and scattered across the grass. You're welcome to stroll through and gather a bag or two, or just sit for a while and enjoy the soft comfort of autumn.

Wendy - wmescott@gmail.com 250-225-3381

Muriel - mcrowe@bluebell.ca 250-225-3570

The East Shore MAINSTREET

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250.227.9246

SERVICES DIRECTORY

The Service Directory is a great way to have your business listed as a reference for those shopping for a particular professional service. Keep your phone number handy and your message clear.

AUTOMOTIVE/MARINE

EASTSHORE AUTOMOTIVE - Service & Repair 250-227-9370

NORTHSTAR CRESTON - 1-800-551-9351. Full service 8-bay shop featuring Goodwrench Service - \$41.95, genuine GM & AC Delco parts. Full line of major tire brands featuring: BFGoodrich, Michelin, Uniroyal, Hankook, Goodyear and Firestone brands.

BUSINESS SERVICES

MUTUAL FIRE INSURANCE of B.C. Quotes on Homes, Mobiles, Farms & Tenants. Seniors discounts at 55. Home Protection; No Claim; New Home. ph/fax 250-428-7937, broker Virginia Harder.

CONSTRUCTION/CONTRACTORS/TRADES

HULLAND AND LARSEN CONSTRUCTION - experienced residential construction & custom finish work. 250.551.2915 or 250.505.3570. (see ad in contractor section)

JB (JUERGEN BAETZEL) CONSTRUCTION: Over 16 years experience, strong work ethic. Foundations to Finish (concrete, framing, roofing, drywall, siding, flooring, finish, carpentry, tile setting, some plumbing & wiring knowledge) 250.227.9246 or 250.551.7697.

STEEL WHEELS - Septic systems planned & installed. We dig too, mini hoes for you. Dave or Donovan. 250-227-9646.

THE GREEN MACHINE - Excavation, Landscaping, Installation of Waterlines. Ph.: 250.225.3485

TURLOCK ELECTRICAL CONTRACTING LTD. (See colour ad in this issue for more information.) 250-227-9688 or 250-551-4671

PERSONAL CARE/HEALTH

ACUPUNCTURE - Christine Peel R.Ac. 16210 hwy 3A Unit 9, Crawford Bay Motel. For appointment pls call 250-505-8130.

ACUTONICS - vibrational healing with tuning forks, practitioner available. For appointments call Theresa Lee 225-3518/cell:505-4706

ALEXIS PHILLIPS, M.A., R.C.C. - Registered Clinical Counsellor specializing in complex trauma, relationship issues, grief & loss, anxiety & depression. Apptmnt/consultation, call 250-509-0368.

BLANCHE TANNER - Breath Practitioner, (Family Constellation) Heart-Centred Therapy (Meditation), Healing Emotional, Physical & Sexual Abuse, Addictions, Relationships, Anxiety, Depression. 227-6877

COUNSELLING & SUPPORT SERVICES: Free and Confidential for children, adults and families. Services include: Adult Mental Health and Addictions; Child Youth Mental Health; & Family Support. Call 1-866-774-5324 (toll-free) or 250-353-7691. North Kootenay Lake Community Services Society.

FINGERPRINTS AND HAND ANALYSIS - P. Danielle Tonossi IHA. Discover your Life Purpose and what it takes to live it fully or host a Self-Discovery Hand Reading Circle. My expertise is at your service - 250-227-9478. Info: www.crystalgardenspirit.com

FIRST CONTACT EAST SHORE MIDWIFERY - Sylke Plaumann, registered midwife. 250-227-6846.

MASSAGE REBALANCING-SHIATSU - New in Crawford Bay. Help to re-establish your body's flow of energy and stimulate your inherent ability to heal with a unique combination of deep tissue, joint release and shiatsu. Veronique: 250-777-2471.

MASSAGES & WELLNESS FOR WOMEN - Reflexology according to the clock of Chinese medicine, Rebootology: European method for deep tissue, Breuss spine massage with St. John's Wort oil, relaxing massage, Reiki, hot and cold stone therapeutic massage. Call Geraldine, certified therapist in Europe, over 15 years of practice, 250-227-9890

REGISTERED HERBAL THERAPIST, MASTER HERBALIST - Maya Skalinska, M.H., R.H.T. Iridology, Tongue & Pulse analysis, Nutritional consultations, individual herbal remedies, Flower Essence consultations & remedies. For appointments, please call 250-225-3493.

REGISTERED MASSAGE THERAPIST: Harreson Tanner - Over 30 years clinical experience. Treatment of Lumbo/Sacral Strain, Whip Lash, Frozen Shoulder, Migranes/Headaches, TMJ problems, & Stress. No doct refl req'd. 227-6877/cell: 505-6166.

SAPPHIRE HAIR SALON: Kate Page, hairdresser and proprietress. 16210 Hwy 3A (Crawford Bay Motel) Unit 9. Call to book an appointment: 250.505.6950.

RESTAURANTS

CRAWFORD BAY HALL & COMMUNITY CORNER BUILDING - available for community events, wedding receptions, workshops etc. Non-smoking facilities. Call Kathy, 227-9205.

MAXX AND NAMBI'S FAMILY RESTAURANT: Open 7 days a week. Sunday Breakfast 8 till noon. (located beside Newkey's)

NEWKEY'S PLACE - Hwy 3A in Crawford Bay, licensed area. Open 10 am til close Monday to Sunday. Food Specials all day. 227-6911.

ROCKWOOD CAFÉ - Authentic Chinese food, great pizzas and perfect burgers. Open Tues - Sun. Hwy 3A Gray Creek. 227-6840.

YARD/LANDSCAPING/SITE PREP

TREE SERVICE, RESIDENTIAL - Limbing, Pruning, Topping, Falling. Danger Tree Assessments, Free Estimates. Please Call James Linn at 250 225 3388

Creativity, Community, Conscience

Creativity, Community, Conscience

CLASSIFIED SECTION

BIZ ANNOUNCEMENTS

Sirdar General Store: A unique place to shop on Duck Lake - along Hwy 3A. 2014 - 2015 Fishing & Hunting Licences, Tags & Regulations plus CVWMA Fishing & Hunting Permits & Federal Bird Permits, Fishing Tackle, Groceries Creston Valley Bakery Products, Island Farms Milk Products, Chips, Chocolate & Energy Bars, Soft Drinks Water, Juices, Coffee. Greeting & Post Cards, Local Crafts & Souvenirs, Winter Gloves, Mitts, Scarves Toques. Post Office & Faxes, 8050 Hwy 3A, Phone 250-866-5570; Fax 250-866-6811. Please watch for children catch the School Bus, pets, wildlife. Happy Thanksgiving.

Insurance Certification requires professional chimney installation - we are the Pro's - Gray Creek Store, 250.227.9315

BUSINESS SERVICES

Fax service, photocopies, (with no PST/GST) Tom Lymbery - Notary Public, 250-227-9315, fax 227-9449, 250.227.9448 for Notary Public.

JOB OPPORTUNITIES

Part-time Bookkeeper/evening Cleaner needed at The CB Market for year-round employment. Please bring resumés to The CB Market. Atten: Sonja, Or email to cbm_market@theeastshore.net.

NOTICES/EVENTS

Roles and Responsibilities for Non-profits from 6:30 to 9:00 pm on October 23 and Wondering about Becoming a Charity from 1 to 4pm on Friday October 24, with Val Mayes. Both events will be the East Shore Learning Place at the Crawford Bay School. Cost is \$35 plus GST. Register at the school by filling out a registration form and popping a cheque in the mailbox. Or give Laverne a call at (cell) 250-551-5827.

Singing In The Oral Tradition - East Shore Open Circle Singers begins in October. For more information call Marie Spicer 250 225-3503 or watch for posters. Funded by CBT and CKCA.

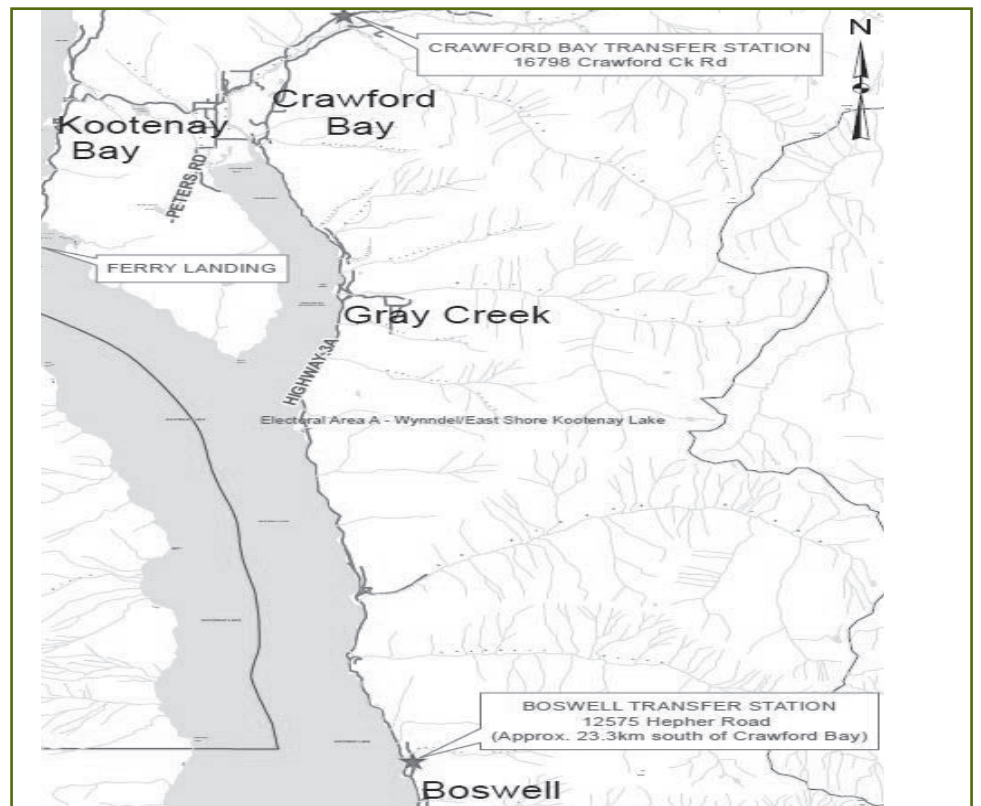
Bevy of Angels Christmas Artisan Fair. Sunday, DEC 7 from 10-4. Local art and craft, kid craft area, lunch, and amazing things. Deadline for application as a vendor is nov 10. Call Jacqueline at 227-6803 to apply. 40\$ per table. All items must be handmade in the kootenays. (Also looking for musicians to play for tips, hugs, and lunch.) This is the best little craft fair around, and you know it!

We have a shortage of book-keepers on the East Shore. Start your training now! October 6,9,16,20 Book-keeping for Small Businesses with Kate Woodhouse from 6 to 9pm, CBay School. Cost is \$160

October 25 - Quick Books/ SAGE with Kate Woodhouse from 9 am to 4pm. CB. Cost is \$80. Call to register 250-551-5827 or email eslearningplace@gmail.com

Want to take some skill training to help you get work? Talk to Paultette at Kootenay Employment Services in Creston at 250-428-5655 to apply for your CBT training funds up to \$800.

Computer Fundamentals in a weekend with Geoffroy Tremblay. October 17,18,19 This 20 hour workshop is for everyone who needs a good foundation to use their computer efficiently. Cost is \$250. (may be able to get CBT work training funds for this course) We hope to run this course in Riondel on November 7,8,9. Please express interest early! Call to register at 250-551-5827 or email eslearningplace@gmail.com



CRAWFORD BAY TRANSFER STATION WILL BE CLOSING TEMPORARILY FOR UPGRADING WORKS STARTING ON SEPTEMBER 21, 2014.

THE SITE IS SCHEDULED TO REOPEN ON OCTOBER 26, 2014.

To accommodate Residents with their garbage disposal during this time, the Boswell Transfer Station will be open as follows:

SUNDAYS:	9AM TO 3PM
TUESDAYS:	9AM TO 3PM
WEDNESDAYS:	11AM TO 3PM
THURSDAYS:	9AM TO 3PM
SATURDAYS:	11AM TO 3PM

The Boswell Transfer Station is 23.3 km south of Crawford Bay and is located at 12575 Hephher Road, Boswell, BC.

For more information during the construction contact:
 Recycling Council of BC Hotline at 1-800-667-4321
 RDCK at 1-800-268-7325 or 250-352-8161
 Office Hours: 8:30am - 4:30pm, Mon-Fri

BULLETIN BOARD

Community Notices, Thank You's, Not-For-Profit Announcements (all not related to business), Church Calendar & Meeting Places - free on the Bulletin Board.

CHILD HEALTH CLINIC, ADULT IMMUNIZATIONS, PUBLIC HEALTH NURSE

Will be at the East Shore Health Centre monthly.
For information, call Creston Health Unit at 250-428-3873.

EAST SHORE HEALTH CENTRE Call 227-9006

See calendar for doctor days - Doctor hours are from
9:30am to 4:30 pm. Please call 227-9006.
Interior Health Authority, Community Care Nursing
and Home Support Services - 250-352-1433.

PHYSICIAN COVERAGE FOR OCTOBER 2013

**Note: Call to cancel if you can not make your
appointment. We always have a wait list for
patients needing to get an appointment.**

Oct 1: NO DOCTOR
Oct 2: Dr. Grymonpre
Oct 7: Dr. Grymonpre
Oct 8: Dr. Moulson
Oct 9: Dr. Grymonpre
Oct 14: Dr. Grymonpre
Oct 15: Dr. Moulson
Oct 16: Dr. Lee
Oct 21: Dr. Lee
Oct 22: Dr. Moulson
Oct 23: Dr. Lee
Oct 28: Dr. Lee
Oct 29: Dr. Moulson
Oct 30: Dr. Lee

**Please Note: Lab hours 7:30 - 10:30 am, Weds
Call to make appointments at 227-9006
on doctor days and Thursday morning.
Tues, Weds & Thurs (8:30 to 12:30)
Phone: 250-227-9006 Fax : 250-227-9017**

BOSWELL HALL HAPPENINGS

Yoga: Thursdays, 9:30-11:00 am. Marilyn Arms 250-223-8058
Tone & Trim Fitness: Mondays & Fridays 9am
Darlene Knudson 250-223-8005
Vinters - October 8th, 7pm
Contact Jeanne Kay Guelke 250-402-3791
Book Club - NO BOOK CLUB THIS MONTH
Contact Melody Farmer 250-223-8443
Quilters Guild - October 21st, 1pm
Contact Jan Brooks 250-223-8667
BADEV - Thursday, Oct 9th 9am
Contact Rod Stewart 250-223-8089
CARPET BOWLING starts Oct 14, 6pm
Contact Tom or Linda Sawyer 250.431.8404

BOSWELL HALL SPECIAL EVENTS

• **OKTOBERFEST:** Oct. 25th 6:00pm. LIVE
MUSIC! Contact Fred Schenkel 250-223-8259

BEVY OF ANGELS CHRISTMAS ARTISAN FAIR

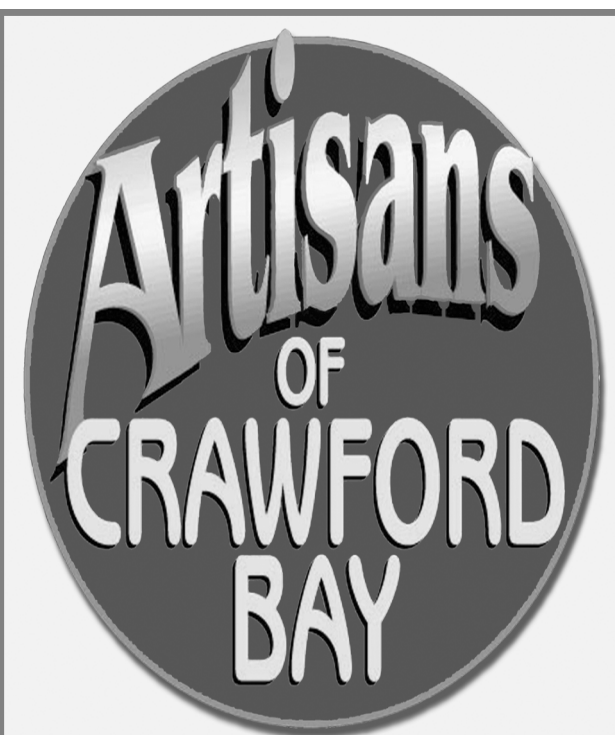
Sunday, DEC 7 from 10-4. Local art and craft, kid craft
area, lunch, and amazing things. Deadline for applica-
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a registration form and popping a cheque in the mailbox. Or give
Laverne a call at (cell) 250-551-5827.



Meet the wood carver, the
weaver, the broom maker,
the enamelist, the potter,
the blacksmith and more.

*A hotbed of creativity
~open every day*

info: 250.227.9467 or 9655 or 9245

www.artisansofcrawfordbay.com

KOOTENAY LAKE FERRY YEAR ROUND SCHEDULE

**Off-Season Schedule in effect:
All times listed in "East Shore Time"**

Vessel Name	Balfour	Terminal	Kootenay Bay	Terminal
	Summer	Winter	Summer	Winter
Osprey 2000		6:30 am		7:10 am
Osprey 2000		8:10 am		9:00 am
Osprey 2000		9:50 am		10:40 am
MV Balfour				
Osprey 2000		11:30 am		12:20 pm
MV Balfour	N/A		N/A	
Osprey 2000		1:10 pm		2:00 pm
MV Balfour				
Osprey 2000		2:50 pm		3:40 pm
MV Balfour				
Osprey 2000		4:30 pm		5:20 pm
MV Balfour				
Osprey 2000		6:10 pm		7:00 pm
Osprey 2000		7:50 pm		8:40 pm
Osprey 2000		9:40 pm		10:20 pm

CHURCH CALENDAR

RIONDEL COMMUNITY CHURCH

October 2014 SCHEDULE

Oct 5: Br. Jeff Zak, 11am

Music: Marie Gale

Oct 12: Rev. Derrick Smith, 1pm

Music: Marie Gale

Oct 19: Rev. Jim Hearne 11am

Music: Marie Gale

Oct 26: TBA

Music: Marie Gale

Please check www.riondel.ca for changes Info at 250-225-3381

CHRIST CHURCH & EAST SHORE CONGREGATIONS ST. ANSELM'S CHURCH BOSWELL (Anglican)

For information call Christ Church Creston 428-4248

**Oct 5: 1:30 - St. Anselm's TBA - Contact Christ
Church Creston for further information.**

HARRISON MEM. COMM. CHURCH, ANGLICAN

Crawford Creek Rd., Crawford Bay Everyone Welcome!

October: No service

Riondel at Riondel Community Church, 1pm

For information call Karen Gilbert: 227-8914

KOOTENAY LAKE COMMUNITY CHURCH

A Lighthouse on the East Shore

Come & join us Sundays at 10 am.

Coffee fellowship after the service.

16190 Hwy 3A, Crawford Bay 250.227.9444

YASODHARA ASHRAM

Satsang (non-denominational, "in the company of the wise"),
each evening 8pm. Everyone welcome, 250.227.9224

MOST HOLY REDEEMER CATHOLIC CHURCH, RIONDEL

Reverend Thomas Kakkaniyil Phone: 428-2300 Fax: 428-4811

Sunday Mass at 2:00 pm

1st Sunday of the month, Fellowship Sunday.

THE CHURCH OF JESUS CHRIST OF LATTER DAY SAINTS

1520 Campbell Avenue, Riondel, B.C.

Meetings begin at 10 am, every Sunday. Info call, 250-227-9522

CHRISTIAN SCIENCE CHURCH SERVICES

Held in the Anglican Church, 8151 Busk Rd, Balfour

Sundays, 9:30 am - All welcome For info, call: 250.229.5237

**Next Deadline:
October 29, 2014**

MEETING PLACES

LIONS CLUB - meets at the Kootenay Lake Community
Church - 16190 Highway 3A, Crawford Bay.

Meeting Times: 7 pm.

Second and Fourth Tuesday of the Month

For More info call Lion Mike Jeffery - 250-227-6807 or Lion David
George at 250-227-9550 or Lion Jim at 250-227-9622.

TOPS - Take Off Pounds Sensibly: meets every Thursday morn-
ing at 8:30 am in the Kootenay Lake Community Church base-
ment. Call Marilyn for more info: 227-9129

PARENT ADVISORY COMMITTEE

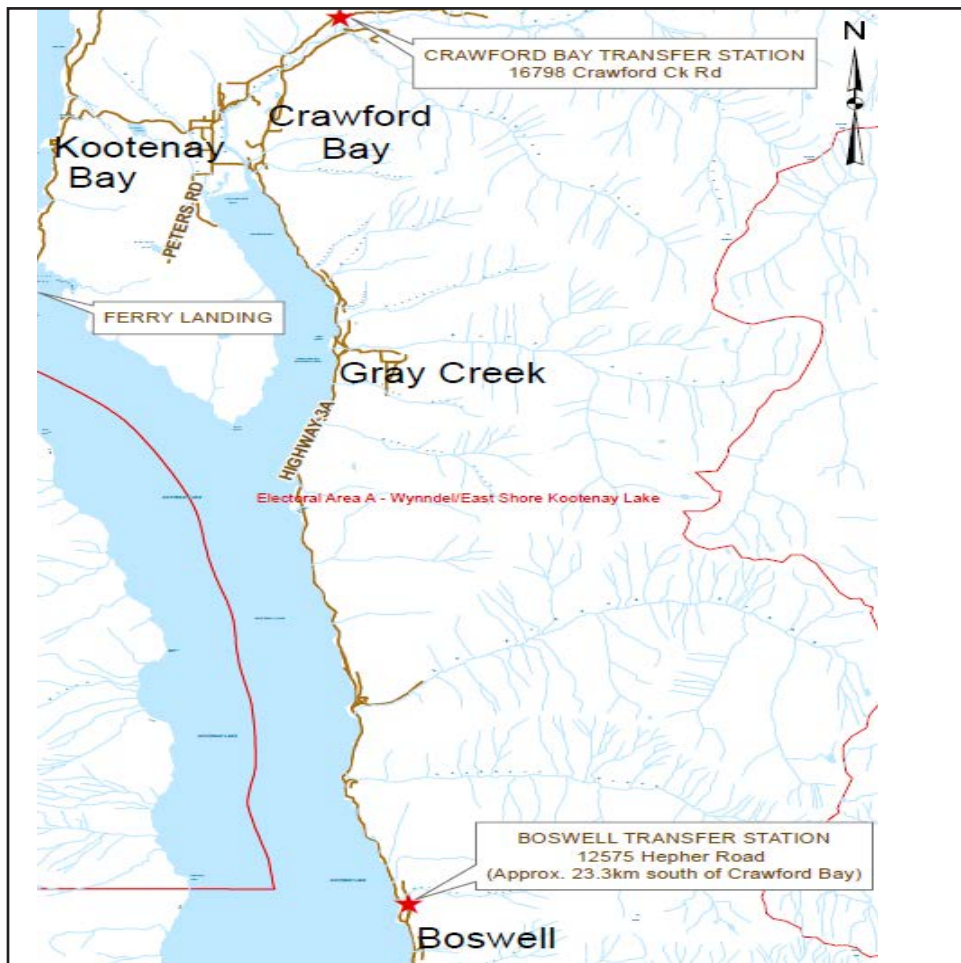
(PAC) Meetings held at 7 pm at the Crawford Bay School library
on (usually) the second Monday of the month. (or Tues if Pro-D)
Call Ingrid to be put on the agenda - 250.227.9246

**Nov PAC Meeting: No more meetings until Sept/Oct
All parents/guardians welcome!**

Creativity, Community, Conscience

OCTOBER 2014

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1 Yoga Ancestral Self, GC Hall, 9:30am Volleyball, 7pm, CB Gym Bingo, Rio CC, 7pm No Doctor	2 Hatha Yoga, Bos Hall, 9:30am Dr. Grymonpre	3	4
5	6 Self Healing w/ Yoga, Studio Ponnuki, 7pm	7	8 Yoga Ancestral Self, GC Hall, 9:30am Volleyball, 7pm, CB Gym Bingo, Rio CC, 7pm Dr. Moulson	9 Hatha Yoga, Bos Hall, 9:30am Many Bays Practice, 7pm Dr. Grymonpre	10 Community Conversation, Swds Purchase, Learning Place, 7pm	11
12	13 Self Healing w/ Yoga, Studio Ponnuki, 7pm	14 Osprey out of service until Oct 28 Lions Mtng, 7 pm Dr. Grymonpre	15 Youth Grants Deadline Yoga Ancestral Self, GC Hall, 9:30am Volleyball, 7pm, CB Gym Bingo, Rio CC, 7pm Dr. Moulson	16 Hatha Yoga, Bos Hall, 9:30am Prickly Pig Allied Arts Club, GC Hall, 11-4 Many Bays Practice, 7pm Dr. Lee	17	18
19 La Cafamore, Harrison Memorial Church, 2pm	20	21 Chamber Meeting, 7pm, CBESS Community Meeting Room Dr. Lee	22 Enviro Grants Deadline Yoga Ancestral Self, GC Hall, 9:30am Volleyball, 7pm, CB Gym Bingo, Rio CC, 7pm Dr. Moulson	23 Hatha Yoga, Bos Hall, 9:30am Prickly Pig Allied Arts Club, GC Hall, 11-4 Many Bays Practice, 7pm Dr. Lee	24	25
26	27 Self Healing w/ Yoga, Studio Ponnuki, 7pm	28 Lions Mtng, 7 pm Dr. Lee	29 Social Grants Deadline Yoga Ancestral Self, GC Hall, 9:30am Volleyball, 7pm, CB Gym Bingo, Rio CC, 7pm Osprey back in service Dr. Moulson	30 Hatha Yoga, Bos Hall, 9:30am Prickly Pig Allied Arts Club, GC Hall, 11-4 Dr. Lee	31 EDC Deadline Halloween in Riondel, 5pm	Nov 1: Starbelly Jam AGM and Halloween Party, GC Hall, 7pm



CRAWFORD BAY TRANSFER STATION WILL BE CLOSING TEMPORARILY FOR UPGRADING WORKS STARTING ON SEPTEMBER 21, 2014.

THE SITE IS SCHEDULED TO REOPEN ON OCTOBER 26, 2014.

To accommodate Residents with their garbage disposal during this time, the Boswell Transfer Station will be open as follows:

SUNDAYS: 9AM TO 3PM
TUESDAYS: 9AM TO 3PM
WEDNESDAYS: 11AM TO 3PM
THURSDAYS: 9AM TO 3PM
SATURDAYS: 11AM TO 3PM

The Boswell Transfer Station is 23.3 km south of Crawford Bay and is located at 12575 Hephher Road, Boswell, BC.

For more information during the construction contact:

Recycling Council of BC Hotline at 1-800-667-4321
RDCK at 1-800-268-7325 or 250-352-8161
Office Hours: 8:30am - 4:30pm, Mon-Fri

ES Health Centre
~227-9006~
Drug & Alcohol: 353-7691
Child & Youth: 353-7691
Public Health Dental Screening/Counseling: 428-3876
Community Nursing: 352-1433
Hospice: 227-9006
Mammography Screening: 354-6721
Baby Clinics: 428-3873
Physiotherapy: 227-9155
Massage Therapy: 227-6877
For more on facility, call Kathy Smith, 227-9006



ADVERTISER	PAGE	
Sunset Seed	7	
Artisans	23	Turlock Electrical 12
Black Salt Cafe	16	Western Pacific Marine 3
Boswell Hall	11	
Classified Ads	23	
Community Futures	2	
Crawford Bay Hall & Parks	15	
Crawford Bay Market	13	
Credit Union	13	
Credit Union Job Opp	13	
Creston Vet Clinic	10	
EDC	10	
ESIS	12	
Eastshore Physiotherapy	14	
East Shore Music Lessons	4	
Fitness Place	9	
Fridgeworks	12	
Gray Creek Store	12	
G.R.S. Contracting	12	
Harreson Tanner	10	
Hexagon Players Rec9 Tks	5	
Hub, The	13	
Hulland and Larsen	12	
JB Construction	12	
Kokanee Springs Golf Resort	12	
Kootenay Insurance Services	16	
Lakeview	1	
RDCK Loc. Cons. Scrutineers	8	
RDCK Rio Ref Scrutineers	7	
RDCK TS Hours Thanksgiving	2	
RDCK TS Yard/Garden	11	
RDCK CB TS Closed	22,24	
Riondel Market	12	
Sapphire Hair Salon	1	
Starbelly Jam AGM Party	13	
Studio Ponnuki Yoga	5	

Transfer Station Hours
CRAWFORD BAY:
CLOSED UNTIL OCTOBER 26

Visit Boswell TS during this time:

BOSWELL:
Weds/Sat: 11 - 3 pm
Tues, Thurs, Sun: 9-3

Library Hours:

East Shore Reading Centre:
Tues & Sat: 12-3
Thurs: 7-9 pm

Riondel Library:
Mon: 2-4 pm,
Weds: 6-8 pm
Tues, Thurs, Sat: 10am-12:30pm