

Serving the East Shore communities of Boswell, Gray Creek, Crawford Bay, Kootenay/Pilot Bay and Riondel

INSIDE: News, Views, Reviews, Hot Topics, Current Events, Letters & Ideas

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bove: Sample photo entries by Jacqueline Wedge for this year's Fall Fair - it's on September 13 at the CB Hall. Don't miss it! See the ad in this issue.

Below: East Shore United (ESU) at the local King O' the Balls Soccer Tournament held on the weekend of August 23/24. The team brought the covested trophy home for the first time in many years and played with heart in the name of their teammate and friend, Wyatt Davidson, who passed away earlier in the summer.

Photo submitted by Jesse Davidson

EDITORIAL/LETTERS



MS ISSUES by Ingrid Baetzel

I've thought a lot lately about trying to put out a questionairre to the readership about the *Mainstreet* and

what you want to see from it, what you read, what you would like to see more/less of, ideas you might have for development. The thing is, I know from experience that questionairres tend to be something that people aren't excited about filling out.

So, instead of that, I will continue to ask the readers of this community paper to feel free to send in their ideas and feedback and to know that there are more "exciting things a-brewing" in *Mainstreet*-land.

"Communication", "linking", "ease-of-use", "centrality", "hub", "organization"... These are words being regularly thrown around by different individuals and organizations these last months. We've had some meetings to discuss how we can best make communications better for residents and visitors and effectively link social media, websites, paper copy information, word-of-mouth, and electronic information all in one clean, easy-to-use way.

Out of this thinking has come the plan to create a, hopefully, weekly "What's Going On, East Shore" (title by no means confirmed - it just flowed out of the finger tips this minute and leaves plenty to be desired...) digital/electronic magazine (just a couple of pages) with events/classes/workshops/meetings/ parties/shows/performances - ANYTHING listings. It would NOT be another digital newspaper. It would NOT be a place to advertise businesses through writeups (although the only way it can feasibly work is with the advertising support of local businesses and individuals - more on that later).

What it *would* be is an electronic two to four page calendar of events (in more of a text-style format rather than an actual calendar) that would be mailed out to all subscribers and made available online as well for those who prefer web access or who don't like bulletins coming into their email inbox.

What it would *need* is community ambassadors and representatives from each community who have their finger on the pulse of what's going on in their area. These people would feed the events into a central gathering spot and they would have their community represented in a broad-reaching and inclusive capacity.

So, if you are part of a cable organization, a newsletter, a committee, a board or represent your community in any way and want to see a one-stop shop option for what's-going-on listings in our region, please contact me.

Mainstreet is at least partially sponsoring this new project and will be seeking support from organizations who want to help finance the production of each weekly or bi-weekly publication. We intend to offer page width banner advertising spots to just one or two advertisers per issue. If you want to get in on the ground floor and reserve any of the opening several issues (a great marketing tool for your business as it will be made accessible and free for ALL readers, near and far), contact me right away to reserve your edition. This will be a project in the works over the next few months, so watch for more info to come.

Contact me as soon as you can for advertising slots and/or if you have community information and want to work to make this a beautiful tool in effective communiation and marketing for our wonderful region. Coming together, we can make some magic and create a central, inclusive opportunity for all.

LETTERS TO THE EDITOR

-Direction of Kootenay Co-op-AGM Coming Soon

Dear Mainstreet;

It's not unusual to be part of an organization, reap the benefits of belonging, and remain on the periphery of administration and decision-making. Membership in the Kootenay Co-op is like that for most of us. We know there is an active organization of energy and individuals beyond the cash register, and we are happy to see that the shelves remain full and the operation runs smoothly.

In the absence of active membership presence, boards of most democratic organizations will "steer the ship of state" in accordance with their best understanding of members' wishes. Annual general meetings and board elections provide the majority of member input to this process. My point is this, and it relates directly to the Kootenay Co-op: if like myself you are concerned that the Nelson Commons project is the wrong direction for the Co-op to be taking and likely to cause severe financial instability or worse, then your presence at the AGM on September 24 at 616 Vernon St. is mendatory.

A LETTER OF CONCERN ABOUT FORTIS B.C.

Dear Editor,

I am writing to you regarding an act of irresponsibility by Fortis B.C. I have communicated this concern twice to Fortis' Customer Service, with NO RESPONSE from them. My emails are dated June 2 and July 21.

Fortis has a right-of-way agreement on my property to cut and clear any trees and underbrush that threaten the safety of the power lines.

However, the clearing that I discovered this spring included healthy trees on my property because the trees on the easement, when felled, hung up on my trees, and so they cut my trees down as well!

A greater act of irresponsibility, however, is the lack of clean up which needs to be addressed. This massive fire hazard not only includes felled trees but also old contaminated/treated power poles, galvanized metal, and used insulators.

In hope that Fortis B.C. will do the honourable and responsible thing and contact me so that together we can work out a plan to correct this unacceptable problem. I was sad to go. I don't recall seeing the grandma or her grandchildren again, however I did learn to swim for real.

There was a cookie lady in our community, everyday from age 4-13 I could receive a cookie, it meant so much. I had another neighbour that opened their door and invited me into their home, I watched great shows like MASH, the elections every 4 years, and 007 movies. June taught me to play Solitaire and their British roots gave me a love for the Queen. I am eternally grateful for all they taught me, most of all respect, it is a brilliant feeling. I left Crescent Beach at age 16, bringing community with me.

We chose Riondel because of community and affordability. I love Riondel, I love the whole East Shore. However, our Community Center causes incredible tension and separation, a building that doesn't promote health and inclusion cannot be a Community Center. I am grateful that my ideas of community are beyond a building.

Let's meet where we can all go and afford, low or minimal user fees are essential. The Crawford Bay School is an incredible space and costs \$2 per adult and children are free. This is affordable and community focused, I am so grateful for the many programs and activities our community offers and enjoys because of Crawford Bay School. Riondel could have this and more but not for 1.2 million dollars. What's next fixing the Recreation Center, eventually the Fire Hall, and the Full Circle Artisan Shoppe? It is impossible math! Riondel is unincorporated, the Regional District of the Central Kootenays own all of the buildings in Riondel as well as all the equipment and this government is ultimately responsible. Please vote NO in November and let's meet and talk affordable strategies. Together as a community we can overcome all obstacles and create something beautiful and affordable, safe and inclusive.

KOOTENAY LAKE BC OFFICE DESK Box 140, Crawford Bay, BC, V0B 1E0 Editor: Ingrid Zaiss Baetzel (since 2002) Retail Distribution, Subscriptions, Advertising, Layout: Ingrid Zaiss Baetzel (Subscriptions: \$40/year within Canada, \$50 to the US, and \$75 Internationally) Phone: 250.227.9246 Email: mainstreet@theeastshore.net **REPORTING: Galadriel Rael** Email: lagala@theeastshore.net Proof Editor: Doreen Zaiss Writers: Community Article? Letter? Etc? Drop off at Gray Creek Store drop box, mail to Box 140, Crawford Bay, V0B 1E0 or Best Yet, Email to: mainstreet@theeastshore.net The opinions expressed in this paper are not necessarily the opinions of staff or advertisers. We reserve the right to edit for clarity or brevity and acceptance of submissions is completely at the discretion of the editor. Copies every issue: 1000 The East Shore Mainstreet is a monthly publication for the benefit of residents of the East Shore of Kootenay Lake, written by community volunteers. Send in October 2014 issue items by:

Fast Shore Mainstree

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is mandatory.

Consider this: the Co-op has a membership of coowners in the thousands. When only 35 people show up at an AGM, and they are the ones who are particularly supportive of a bold new initiative, then the board will conclude that there is good support for the project. But from my conversations in the last several weeks, there is gigantic opposition to the condo fiasco. We don't like meetings, I know, and another late night across the lake is a drag. Is that reason enough to let this wrongheaded initiative steam ahead unopposed?

Write a letter, send an email, get to the meeting, let your voice be heard.

Thanks, Anthony Arnold, Riondel

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Sincerely,

Adolf Schmidt 1020 Riondel Rd., Riondel, B.C.

WHY I LOVE COMMUNITY

Dear Editor:

This is why I love community-when I was young community enriched and saved my life on many levels-and still does.

When I was five years old I was saved from drowning by a grandma who sent her two grandchildren in to rescue me. She took me home, clothed me, fed me, I never wanted to leave. The police came to the door and took me home, I don't remember getting in trouble, but

Danielle Linn, Riondel

LOCAL POLITICS/INTEREST



RDCK Area "A" Update by Garry Jackman, Director, Area "A"

WHO ARE WE? I believe it was about 15 years ago

when I was first a member of the Area A Economic Development Commission (EDC). Alan Wilson was the Area A RDCK Director and Rob Schweiger chaired the EDC. We had discussions around the identity and purpose of the group and both how to enlist commissioners and to ensure residents had enough information to access the funding with qualified projects. The conversation has been held many times since with many groups, most recently at the Recreation 9 commission meeting last month.

Fifteen years ago as a member of EDC I suggested we run ads in the *Mainstreet* with the title "who are we?" to catch the readers eye. The ads were brief, giving some sense of who "we" were and what "we" did but more importantly providing contact information to learn more.

Area A has a handful of volunteer commissions which work through the RDCK, including the Riondel Commission of Management (RCOM) which provides support for residents of a defined area around Riondel, Economic Development Commission which covers all of Area A from just south of Wynndel to north of Riondel, the Recreation 9 Commission which covers the portion of Area A from Cow creek (just north of Kuskonook to north of Riondel, the Sanca Water Commission which is localized to 30 some properties near Sanca and the Advisory Planning Commission (APC) which also covers the entirety of Area A. Years ago there was also the Recreation 3 Commission which covered the portion of Area A south of Cow Creek through to the south of Wynndel as well as the Town of Creston and portions of Area B. That commission was disbanded several years ago and incorporated into the Creston Valley Services Committee meetings where the elected reps meet to discuss budget and programming but public are invited to attend and submit ideas at any meeting.

All of the Commissions in Area A are established through bylaws. The APC and EDC also have specific references and restrictions outlined in the Local Government Act (LGA) as these groups could have significant impacts on private landowners and private business operators if care is not taken to avoid excessive land restrictions or provide subsidies which have negative impacts on competition. All of the groups make recommendations for actions to the RDCK board for debate and final decision. Recently the RDCK updated its procedures bylaw and extended the provisions of those procedures to the commissions and committees which operate through the RDCK, although meetings in commissions generally tend to be less formal than at the board.

Commission members are generally residents of the area in which the commission has responsibilities. The area director is identified through the bylaws as a member of some commissions while not for others. Volunteers are generally sought to represent the geographic area of the commission as well as provide a reasonably broad cross section of contact with and involvement in community groups such as clubs, community halls, etc. For example, having eight of eight members of Rec 9 living in Gray Creek would likely provide less balance in terms of contacts and variety of input than if the reps lived in various communities along the service area. On the other hand, it makes complete sense for eight reps the RCOM to live within the relatively small service area as they are the people who are paying the taxes to support their local services.

How can you get involved as a volunteer commissioner? Let me know if you are interested. Come out to a meeting (they are open to the public and should be advertised through posters and/or the media) or check the RDCK website.

WOOD STOVE EXCHANGE PROGRAM: The RDCK has been involved in this program for five years now, offering a small subsidy towards disposal costs for old stoves and more importantly providing access to additional



September Horoscope

by Michael O'Connor

Tip of the Month: I began writing horoscopes in October 1993, the year the internet went public. Writing it has provided me

the privilege and opportunity to share insights, provide practical guidance and inspiration and offer a weekly glimpse illustrating that astrology works.

Astrology works because we share an intrinsic, intimate relationship with nature. We are not simply 'in' the world, the solar system, the universe, in nature; we are one of its many expressions and thereby essentially 'one with it'. Yet in this time of inflated ego perception it is easy to forget this fact and the way we mistreat and abuse the environment reveals that we have intellectually separated ourselves, generally speaking.

Astrology emerged during a time in history when humanity's collective world view or paradigm was animism. Animism celebrates the perception that nature is animated, riddled with life and everything is perceived as having 'life' in it. Moreover, everything in existence was recognized to be inter-related to everything else, a grand web of life. The notion that 'this' is alive and 'that' is not is a modern one subject to a materialistic paradigm. The parallel principle to animism is called holism. It is upon this perception of reality that astrology is founded. Modern astrology has evolved to embrace the fact that we each possess free-will. While it still includes, it is no longer all about endeavors to predict the future out rightly. In this respect it celebrates the idea that our intimate relationship with nature is based on cocreation, which can also be defined as co-operation. Loosely speaking, this is the definition of destiny: to cooperate and thereby co-create.

The future contains probability, but it is not certain and possibility is ever-present. Astrology features archetypes or fundamental principles that reveal our intimate and intrinsic relationship with life. It ever remains up to us to do our part to co-create our destiny in our own life and thereby contribute to the world for the sake of a wholesome and sustainable future for ourselves, humanity and our descendants. This is what responsible astrology is all about and is my main focus with it.

Aries (Mar 21 – Apr 20)

You are probably busy getting some of your last summer licks in. On the other hand, your focus is turning to work and all the practical activities that late summer implies. Venus conjunct Jupiter in Leo is a perk for everyone, and perhaps especially for you. Meanwhile your passions are peaking. The question is: will they be directed to fun and loving - Venus/Jupiter, or to Virgo work?

Taurus (Apr 20 – May 21)

An extra creative cycle continues and is entering a new phase early this month. It has and probably will still include creating beauty at home, and in a big way. Clean and clear, produce art, make love, have a party or all of the above sounds like a winning line-up. Contending with some real power players or circumstances could either douse these flames or fan them. funding offered through the province. For the past two years the province had indicated the program would be discontinued, although it has been announced as continuing into 2015. If you were thinking of taking advantage of the program I would recommend not waiting too long. Many of the older stoves which produced large amounts of smoke and less heat per cord of wood than new stoves have already been replaced, so as the rate of applications decline the possibility of the province cancelling the program increases.

CRAWFORD BAY TRANSFER STATION UPGRADES: Tenders closed in late August for work to upgrade the Crawford Bay transfer station. The site will be reconfigured to improve traffic flow and access plus provide better operational efficiency in particular for handling wood, metals and appliances. Compacting bins will be installed to improve the ratio of weight to volume of the waste so trucking will be more efficient and at a lower cost. The compacting bins become cost effective in the medium term when waste has to be hauled as far as the run from Crawford Bay to the Creston landfill. Beyond a net savings to taxpayers, this is also part of the overall RDCK greenhouse gas reduction strategy.

The project was timed for the fall, with most of the work to be done after the area population declines and some of the seasonal businesses taper off or close. Part of the work will be done with the old bins still in use while other work will require complete closure for a limited time. The contract documents outlined what this period of time can be and include provisions for the contractor to provide their own collection bins if they exceed this time period without reasonable cause. Otherwise, during the planned shutdowns, the capacity and hours at the Boswell transfer station will be increased so residents can use that facility. Once tenders have been reviewed and the contract awarded more specific information will be provided.

If you have questions or concerns regarding the Regional District or any community issues please contact me by calling 250-223-8463 or email gjackman@kootenay.com.

plentiful reserves of creative talent is featured. Making key investments and reaching out to others who can assist you is implied. Call upon experts, professionals, wise counsel and/or angels to realize your goals. Clarify your vision and purpose for best results.

Leo (Jul 22 – Aug 23)

Sometimes the tide comes in bigger than usual, like these days. The overall effect may be somewhat mixed. But if you need to, look closely and you will probably see the silver lining, and possibly gold. The deep end includes some hefty 'renovations' close to home. These could also be of the psychological kind. Put imagination to work, 'for' you.

Virgo (Aug 23 – Sep 22)

A cycle of work behind the scenes will give way to new initiatives and activities. The creative work begun will continue though. It is extra important that you are deliberate and disciplined and faithful that your efforts will prove worthwhile. But this may well prove easier said than done. Weave learning new skills and strategies into your work.

Libra (Sep 22 – Oct 22)

Your social life has been ignited. While the extra stimulation will continue, you may feel the need to step back for a while to rest, as well. It affords a good excuse to read or perhaps write that book. Any wholesome activity that provides quiet time will suffice. Doing so will recharge your batteries but if you do not you could feel depleted in the coming weeks and months.

Gemini (May 21 – Jun 21)

A playful, social mood is lifting your spirits. Given that you have some real work to do in certain areas, you probably need all the upliftment you can get. You will soon have to direct even more time and energy to that as well. This implies 'homework' of some kind. For now focus to fill your tanks with inspiration from a bouquet of colourful variety.

Cancer (Jun 21 – Jul 22)

Building upon new foundations in body, mind, heart and soul is a central theme now. Tapping your

Scorpio (Oct 22 – Nov 21)

Increasing your exposure to be seen, heard and acknowledged continues. But new strategies are needed. This will activate critical analysis towards new approaches and innovations. In fact, you may find yourself re-inventing yourself somehow. With your ambitions riding high, the time is right for a revolutionary breakthrough.

Horoscope, continued next page

Regional Distint

AREA "A" EDC Economic Development Commission

next application deadline: October 31, 2014

A submission can be made at any time -- submit early so we can help you to succeed.

Projects for Area A (East Shore, Riondel to Wynndel) relevant to the promotion of economic development may be eligible for a grant from the Regional District of Central Kootenay. Applicant groups must be a registered society or apply to a registered society to sponsor the application and handle the funds.

Please phone for an application form or request by email:

Lorna Robin, EDC Chair 250-225-3333 lornarobin@bluebell.ca

Approval/funding lag time 6 to 8 weeks

Community Connections (aka South Kootenay Lake Community Services Society, SKLCSS) is a registered society that may be able to sponsor your application.

email skootenaylakecss@gmail.com

visit www.InvestKootenay.com ... over 1000 investors are registered!!... list your business opportunity FREE compliments of EDC-Area A

Horoscope, continued from previous page

Sagittarius (Nov 21 – Dec 21)

A period of fun and adventure but perhaps also some philosophical reflection is giving way to a more practical cycle. But this is also a time of new beginnings and this may be especially true in your job or career. But it will probably take a short-term focus for now. Health considerations are also featured and some adjustments in your lifestyle may be in order.

Capricorn (Dec 21 – Jan 19)

Sometimes a more philosophical perspective is required, like now. This implies stepping back, seeing a bigger picture, or a deeper one and it can also include looking and listening within. However you do it, some contemplation and reflection is in order. Looking back upon what has worked and what has not, is likely. Above all, set your intention to decipher what to do next.

Aquarius (Jan 19 – Feb 19)

A fun, playful, social cycle is now taking a turn to a more serious time. You are ready to get to work or to get more results from your efforts. Some training is implied. Overall, this is an expansive time in your life. Making the most of it implies increased social involvement. Ideally you can weave or at least emphasize both.

LOCAL INTEREST Getting to Know You

<u>Mainstreet's Proust</u> <u>Questionnaire</u>



Bruce Fleming

What is your best memory?

I think that time I talked a growling and barking grizzly out of having his way with me is a pretty vivid one.

What do you feel that you cannot live without?

The sounds & quiet of the natural world are becoming increasingly more valuable to me every day.

What is the trait you most admire in others? Probably the same as everybody else, the ones that remind me a little of myself.

REC 9 Update

by Danielle Linn, Chair

This is an update on Rec 9 for our Area A. This area includes Cow Creek, south of Kuskanook to Riondel.

Rec 9 is a wonderful way to connect all of us and create sustainable recreational activities within our vibrant communities. I am currently the chair and it has been an unique learning experience from how to prepare an agenda, to trying to help locate missing Rec 9 grants, to conflicts of interests and much more; it has definitely enriched my life.

If being knowledgeable about what is happening in our community is important to you and your home is within Area A, please consider becoming part of this team. Presently we are seeking people from the Crawford Bay Area, however all interested people can contact Garry Jackman (RDCK Area A Director) to learn more.

Commissioner Brian Philp has been a member for almost six years and as he is preparing to step down he has developed a score card to help commissioners rate the applications. The evaluation criteria that we

When and where are you happiest?

Lots of places actually but it's pretty hard to beat a deep, intimate one-on-one conversation.

Who, living or dead, would you most love to have to yourself for one hour? Duh.... Dylan.

What natural talent/skill would you like to be gifted with?

None. Those things are trouble.

What is your best physical feature? *My hair.*

What is your greatest fear? *Fear.*

What was your greatest triumph? Adolescence.

What is your greatest vice? I'm happy you seem to think I've overcome them, Ingrid.

What is your greatest extravagance? *My imagination.*

What do you dislike most about your appearance?

That depends on where I'm going and how much time I've had to put on my makeup. If you died and came back as a person or thing, what/who would it be?

God.

What is your most treasured possession?

What possession could possibly be treasured beyond one's own mind?

Birth Announcement



Pisces (Feb 19 – Mar 20)

You are in a rather complex cycle that includes a balance of expansion and contraction. You may achieve this by concentrating your focus to increase your exposure. It may help to weave fun and adventure into your work, yet with extra emphasis on productivity. Yet, avoid frivolous games and play to win!

Michael O'Connor www.sunstarastrology.com sunstarastrology@gmail.com (250) 352-6871 *Affirmation*Inspiration*Vision* Strategy*

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have decided to base a successful grant application includes:

1. Evidence that the program expands, creates, supports recreational activities

2. A budget that is well researched and balanced

3. Evidence that it is open to a broad segment of the population

4. Funds used mainly to cover overhead costs

5. Salaries and instructor fees preferably covered through user fees.

Please keep in mind that this criteria is fluid, meaning it can change with different commissioners, unless the RDCK board mandates it. If you have any questions regarding Rec 9, please write to Box 208 Crawford Bay V0B 1E0. Lindsey Watson and Benoit Beauvillain are thrilled to announce the birth of **NOLAN DAVIE WATSON BEAUVILLAIN.** Born July 26, 2014, 10.6 lbs, and 54.5 cm long (yes, he was a toddler at birth).

Proud grandparents are Terry and Sandy Watson of Boswell and Guy and Christian Beauvillain of Seuilly, France.

LOCAL INTEREST



Hacker's Desk

by Gef Tremblay THE ELEMENT OF COLOUR

Colour is a major part of design and creativity. Compared to other elements - like design, typography, com-

position and rhythm - colour, although simple on the outside, is one of the most complex elements.

But what is so complex about colour? On the surface, all objects have a colour and we all perceive and react differently to different colours; socially we can draw general conventions about colour association, but what is really at the heart of the complexity of colour is that we don't know how it really works.

In short, colours don't really exist. There is light, and vibration and our eyes perceive certain vibrations and not others. If you dig deep enough in the foundation of colour theory you realize that it takes a spiritual, even esoteric, twist to really comprehend what is going on.

From a Western perspective, you can go back to Aristotle, who started analyzing and defining light and colour and who had quite a religious view on the subject. You have to wait until the 1700's for Newton to experiment and explore quite deeply with colour and how it comes from light - that light itself contains all the colours. A hundred year later, Goethe brought a major contribution to the psychology of the perception of light... not only observing how colour comes from light, but also its relation to the eye, to the human itself. But it took until mid 1900's to really clarify how the eye perceives light through a trichromatic process, biologically understanding that the eye perceives three primary colours that create the 10 million colours the eye can see.

Light is an electromechanical radiation. Pure light has all the colours, and each colour, when separated from the pure light, has a different wavelength.

To explain scientifically how colour is produced, you start with light being emitted from a source. Then objects reflect some wavelengths of the light, and absorb some. What is reflected then travels back toward a subject who is seeing the colour. The colour is then affected by surrounding light and atmospheric variations, as well as other nearby colours. That cumulative wavelength then enters the eyes, where it converges and hits the retina.

The retina is composed of cones and rods. The cones are of three types. These three types react to different wavelengths and convert them into electric currents that are sent to the brain. The three types of cones react to blue, green and red, hence the trichromatic theory. The rods in the retina are not so much reacting to colours, but simply to light intensity. It's the rods that help us see in low light, and it's therefore why we don't see much colour in low light.

The eyes then send all these reactions to the brain as electrical currents, more specifically to the ventral stream of the brain, the lower part at the back of the head. From that point, colour perception enters the realm of philosophical debate. It's not clearly understood how colour is perceived at that point, or how it affects us.

In Eastern philosophy, colours are introduced in quite a different way. For instance, in the yogic tradition, colours are associated with the chakra system of the Kundalini. The colours associated with the chakra are actually in the same order as in the rainbow. Were these colours randomly placed in this intricate system?

Riondel Community Centre Referendum Coming Up

by Muriel Crowe

In a previous article, the work of the Riondel Com-Imunity Centre Task Force was mentioned briefly. Their job was one of narrowing the possibilities for a modernized and healthy community centre. The process sounds simple, but it required hour upon hour of discussion, research, emails, and phone calls. The Task Force entertained every possible idea about what could be done to give the tax payer the best value for their dollar, including eliminating the Community Centre altogether. Information was sought regarding metal freestanding buildings, new buildings that would fit on the existing foundation or somewhere in the Regional Park, and code requirements for bringing the existing Centre up to standard. Plans were drawn; reports were studied, noted and saved. The Task Force actively solicited involvement from the community, and an online survey was held to gage public attitudes. An architect was hired which meant stakeholder surveys and more studies regarding the engineering of the building to be reviewed. Finally four options remained. These became the four options presented at the July 5 meeting for the public opinion poll which created the criteria for the referendum that will be held in November. Words are insufficient recognition for the efforts of the Task Force group, but they merit having a sense of great accomplishment and certainly have our deep gratitude. Very special thanks go to Shirley Wyngaard and Sylvia Horwood who chaired the group proficiently and professionally. The plan chosen by public input and put forward for referendum involves demolishing the gymnasium/ auditorium section and about half of the east wing. The remaining area has had the fewest problems

with leaking and includes a lower level finished with a cement floor that has the best potential to become usable space. Using a portion of the existing building represents a significant savings over starting from scratch. The present building has an area of about 11,028 square feet on the main floor and 4,445 square feet of unused space on the lower level. The design chosen would have a pitched, metal roof and would provide 4,950 square feet of renovated space on the main floor and 4,445 square feet on the lower level totaling 9,395 square feet of planned space - huge emphasis on planned. Maintenance and operating costs would decrease and the building would become accessible to all. One furnace would take the place of the current four, in-line hot water heating is probable, insulation and wiring would be brought up to modern standards. The plan includes updated wheel chair accessible washrooms and an attractive, accessible front entrance. The architect has given a rough idea of what the new floor plan could be but the final plan will be our choice. It is probable that groups would have to share space but ample storage and movable walls would make the building much more adaptable. This is where it becomes essential that all user groups and interested parties become involved in the planning for

The Kundalini system is often depicted as a map not only of the body, but of reality all around us. Each chakra not only represents a place in the body, it also represents universal elements, sense, emotion and also the sounds composing the alphabet. I think that the colours associated with these chakras, is in a way a deep understanding of how we interact with colours throughout our life. Again, in Chinese medicine you see the colours associated with the elements, giving a hint toward the foundational role of colour in our reality.

Although, at this point, I couldn't find older text about the role of colours in the spiritual path, I see that there is a lot more than the physical and psychological aspects of colour. Studying Johannes Itten, a modern master in colour theory, who taught at the Bauhause School of Design, was my first introduction to colour theory. Interestingly enough, Itten always brought spiritual practices into the classroom, helping the students to understand design and colour from a deeper perspective. Now why would a German school of design prepare the student using such practices?

From that foundation in colour - the subjectivity and the physicality - every day I still have to choose what is the best colour for this heading, for that image or for this webpage background. It didn't really help me understand how to choose the right colour, but at least it helps me understand why it is so hard to find the right colour.



make grant applications with a much greater chance of success. Funds already held by RDCK and the Commission that were donated for the roof or the building, as well as any raised in the future will, of course, be used in the project. The referendum will be held on November 15. 2014. If you are a resident living from 1020 South Riondel Road to Tam'o Shanter Creek north of town and are on the provincial voters list, you are entitled to vote. If you are not on the voters' list but meet the residence criteria, you can register to vote. If you are a resident of BC and own a second property in Riondel, check with RDCK to find out if you are eligible. If your principal residence is not in BC, according to BC law you cannot vote in the referendum. Information about all of this may be found on the RDCK website under Elections and other voting. Copies of this infor-Continued on next page...

this new centre.

For all of us, the biggest implication about any tax question is how much for how long. The referendum will ask if we will commit to borrowing \$1,200,000 to cover the cost of the plan. The estimate is that property owners will pay \$1.53 per \$1,000 assessed value for twenty years. As an example, for a property currently assessed at \$200,000, the projected tax increase is \$306 per year, and once set, the amount will remain relatively stable even if a modernized community centre causes a rise in assessed values. The money will be earmarked for the project, but we will draw on the total amount as needed and will not pay interest on undrawn funds. Once we have that commitment and blueprints, which guarantees the completion of the project, we can

Referendum, continued from previous page... mation will be available at the Library in Riondel.

There is a plan to have a fourth public meeting on September 9 at 6:30pm at the Riondel Community Centre activities room (the gym). Information will be available prior to the meeting regarding costs, voting and designs. It is not up to the Commission to tell you how to vote, but with all the rumours and misinformation circulating, it is our job to present the real facts and figures around the question, so voters can make an informed choice in November. It is essential that people understand the costs, the actions to be taken and the fact that we as a community must make this decision and accept the responsibility for the outcome. Once again, efforts will be made to ensure that those who are uncomfortable entering the building are able to take part from the doorways. Please plan to attend with your questions and suggestions.

<u>PUBLIC MEETING</u> <u>REGARDING REFERENDUM</u> <u>FOR RIONDEL</u> <u>COMMUNITY CENTRE</u>

Tues, Sept 9 - 6:30pm Riondel Community Centre

GET THE FACTS - NOT THE RUMORS

- ASK YOUR QUESTIONS
- LOOK AT THE DISPLAYS



 ENJOY COFFEE AND COOKIES AND A VISIT WITH YOUR NEIGHBOURS

Kootenay Gut Buster Raises Record Amount For Hot Lunch



LOCAL INTEREST

EASEY Kindermusik Summer Program Rocks the Boards of the Gray Creek Hall by Ellie Reynolds

The first ever EASEY sponsored Kindermusik Summer Program has been a rocking success this year. We had no less than 14 children and families attend over the course of the five week program (mostly East Shore locals and a few summer residents and guests). We had kids aged from two months to seven years attend with mothers, fathers, grandparents and babysitters. Some were Kindermusik veterans and others were attending for the first time

Kindermusik is an age-appropriate, music and movement program for babies through children aged seven, taught in over 70 countries and with over two million families enrolled worldwide. As a Licensed Kindermusik Educator, it has been my great pleasure to open up the many benefits of the program to young East Shore fami-

lies this summer. What a musical and developmental journey it has been! Over such a short time it's possible to see real social, emotional and musical gains from all children, whatever their age and temperment.

We watched as 16 month old Jaeden started putting her instruments away by herself at the end of a play-a-long. Older pre-schoolers like Eira and Paige



Photo by Melina Cinq-Mars

space, it's hard to let things go when it's time to put them away and on and on.

After the excitement of the class was over, we got to open the doors and dine al fresco with one another, lingering and savoring the day as we broke bread together; enjoying delicious food courtesy of the Junction Creek Hub - feeling blessed to live in such a place. The lunch after the class was every bit as important as the class itself in the context of this program. Parents of young children are stretched thin, and often without much access to easy ways to meet and spend quality time with other families. The lunch provided a time to unwind and socialize together, and promote the pleasure of communal meals for both parents and children. The Gray Creek Hall lends itself so beautifully to inside/outside interactions. It felt made-to-measure for this program.

EASEY Coordinator and parent Kristy Winger says, "We are so blessed to have an amazing instructor like Ellie here on the East Shore. This class has been a much needed chance for families to come together, socialize, play, and provide peer support throughout the summer when we are normally all so scattered. The EASEY crew was thrilled to be able to offer such a

> wonderful program for our early years families."

I don't know if the floor boards of the Gray Creek Hall have felt the bouncy tread of so manychildrenmoving across them at one time since the days when it was a one-room school house. This summer saw the return of a new kind of musical one-room school house, and the music was sweet. Heartfelt

thanks go out to the Columbia Basin Trust and Rec 9 Grants for making this summer program possible, as well as to the Hub for providing the delicious food and Greg Blackwell at Community Connections.

Kindermusik classes for children aged 0-7 will be continuing this Fall in Crawford Bay – dates, times and location tba. Contact Kindermusikwithellie1@ gmail.com for more information.



photo by Ingrid Baetzel

Jen Irving and Lee Reidl of the Crawford Bay Hot Lunch Program accept an envelope from Paul Hindson of KGB containing \$1500. Together with 50/50 draw proceeds at KGB Comedy Contest, a total of \$1625 was raised for hot lunch program.

6 Mainstreet September 2014

drums and symbols, snakers and more. And every week we lay down and children snuggled up to those that loved them as we rested and rocked like little boats on the water for 'quiet time'.

ocean and fly to the beach. We explored and jammed with, sand blocks, rhythm sticks, bells and castanets,

and Elijah, loved to help me carry my boxes of instru-

ments back to the table after we were done with them. I

watched as babies like Vivienne and Dane, who had sat

cautiously in their mothers' laps started to venture out

and visit with others and fetch their own instruments

when the time came. My 11 month old Celeste started

to wave and clap along with the Hello and Goodbye songs. Three year olds like Evey and Naima called out

increasingly creative ideas of ways to move, dance, and say hello, learning from each other, and improving

their steady beat rhythm and self control while they

waited their turn. Big kids like Dakota and Shannon

we danced with parachutes, scarves and balls - we danced however we wanted, all around the hall. We sang songs, bounced to the beat, chanted finger plays and rhymes; we pretended to build a boat, jump in the

We danced in community circles, holding hands,

modeled self control, listening and singing skills.

I love the way that each child in a Kindermusik class is allowed to participate at their very own comfort level and in their own unique way – we don't expect them to do more than they can, and we celebrate them in their shining presence in the now. Kindermusik classes are a chance for parents to get uninterrupted playtime with their children – down on the floor at their level. We get to be silly with our kids in a room full of others doing it too - in their own way. There is conflict sometimes in a Kindermusik class – but life is not free from conflict, even for the very young, and the moments are teachable and useful – we wait our turn, we give others

441 Baker Street, Nelson

East Shore Hours Crawford Bay: Sat/Sun/Mon - 10:30 to 5

LOCAL INTEREST/HISTORY



Tom's Corner by Tom Lymbery RATTENBURY

Francis Mawson Rattenbury (1867-1935) was the architect who designed

the imposing Parliament Buildings and Empress Hotel in Victoria, as well as the Nelson Court House and Bank of Montreal. The book *Rattenbury* by Terry Reksten may well be one of the foremost books on BC history. The first edition went through ten printings and the second edition is now in its third. Jim Munro of Munro's Books in Victoria states, "In my view, this is one of the best biographies ever written, and a mustread for all Canadians."

Rattenbury's success came because he was able to see a bigger picture and quickly sketch buildings to fit the scene. Amazingly ambitious, he saw the Klondike Gold Rush as an enormous opportunity and organized a company to build three small sternwheelers – the Ora, Nora and Dora. After Rattenbury and his first wife hiked the Chilkoot Pass they boarded the first of these for the trip from Bennett to Dawson City. He always had a sharp eye for architectural work as well as for business opportunities, but the Yukon project wasn't successful.

I have a greater interest in the Rattenbury story as his son John Rattenbury was a fellow boarder at St. George's School in Vancouver for four years. John was the son of Rattenbury's second wife. I am sure that John knew the grisly story of his father's death at the hands of his mother's lover, but we never talked of that – and I didn't have any knowledge of it until I read the book. We played our daily practice rugby game together, as well as rugby with other schools such as Royal Roads Naval College in Victoria. I recall his aunt who lived on Alma Street gave the two of us lunch one day – and have since wondered which aunt that might have been.

John went on to become a most successful architect himself in the US, but I no longer have contact with him. However, Grant Dominy (who also boarded at Saints so he knew Rats) some years ago sent me a clipping from the *Victoria Times Colonist* dated December 1, 2001 with the heading "SON TAKES UP FATHER'S DREAM" which went on to explain that Prince Rupert was poised to benefit from Francis Rattenbury's dream.

The article continued, "Architect Francis Rattenbury who designed the B C legislative buildings, also drew up plans for an enormous chateau-style hotel, rail station and steamship dock in the northern port town. Those dreams went down with the Titanic when railroad tycoon Charles Hayes, the money man behind the plans, died in the tragedy."

"Now Rattenbury's son, John, named Life Magazine's Architect of the year in 1997, is talking about doing the conceptual drawings for a grand new library in the city - for free. Prince Rupert's city librarian Allan Wilson was contacted by Rattenbury, 72, after the architect heard that the Rupert library had earlier this year (2001) obtained his father's plans for the city." The plans, dating from 1911 to 1915 had been missing for years until they were discovered in the attic of a Victoria private school in 1984. John initially wanted to know if the city intended a grander vision for the library similar to one found in Wilson's website at www.bookboat.com. That vision sees a waterfront building that includes a dock for a "Bookboat" which would take books to native communities in the coastal area.

would put his mind to the project. "This would be a fitting thing considering that we have his father's drawings," said Wilson. "He said he's winding his career down, but would be willing to make conceptual drawings for us. Last week he said there would be no fees if he finds the project intriguing."

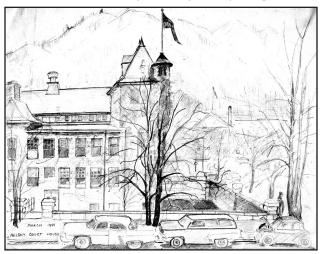
"This would be a huge coup for Prince Rupert since Rattenbury is the founder and president of Arizona based Taliesin Architects and head of the Frank Lloyd Wright Institute." (2001)

John Rattenbury may have done some drawings in 2001 but it doesn't appear that these were able to be used in Prince Rupert – library funding being always a hopeful project.



The next time you visit Nelson, please walk by this imposing Rattenbury-designed Court House and inspect the quality of beautiful stone. Designed in 1903, it was finally completed in 1908.

Photo by Tom Lymbery, August 2014



In 1955, Kathleen Lymbery sketched this view of the Nelson Court House from her room at the Hume Hotel across the street.

Pencil sketch courtesy of Alice and Janet Bruce



NOW OPEN! We look forward to seeing you. 1628 Canyon St, Creston (right next to 7-eleven)



Hidden Taxes by David George Milking the Cash Cow, Part 1:

Cash Cows - wouldn't it be nice to have one? You don't? The province of British Columbia does. In fact, it has one with four very good working teats: BC Hydro, the Insurance Corporation of British Columbia, the BC Lottery Corporation, and the BC Liquor Distribution Branch.

Looking first at BC Hydro (even though we on the East Shore pay Fortis BC for our electricity) we learn from Hydro's 2014 annual report for year ending March 31, that in 2013, the province milked \$215 million from BC Hydro in an annual payment which used to be called a dividend. Hydro maintains the fiction that the province is the shareholder. For various reasons, in 2014 the payment was only \$167 millions.

How did this payment, or dividend arise? A little more than 20 years ago, I attended many hearings on behalf of a consumer group at the BC Utilities Commission dealing with rate applications from both BC Hydro and the former West Kootenay Power.

During one of those hearings, in the early 1990s, BC Hydro's application included the information that the province would require BC Hydro to give it nearly \$250 million out of its supposed profits.

At that time, BC Hydro had a long-term debt of about \$7 billion, mainly in the form of bonds, with terms of around 25 years.

So instead of paying down any of its long-term debt, the province began an annual milking of BC Hydro, which has caused its debt to increase over 20 years from that \$7 billions to the present amount of \$15.5 billions.

Did you miss the debate in the legislature about this annual dividend? No, you did not, because there was no debate in the legislature. The deed was done by an order in council, a scurrilous device by which the government in power can impose what looks like and acts like legislation without any debate whatsoever.

There have been many such orders in council, most of which have undermined the authority of the Utilities Commission, reducing it to what some of us believe is now a body only capable of wielding a rubber stamp.

As has been mentioned in previous columns, the province directed the Utilities Commission to direct both BC Hydro and Fortis BC to implement the infamous "residential ripoff rate", in which two blocks of usage are defined, with the second block costing a whole lot more for the same electricity. Electric heat customers are especially affected by this new rate.

Fortis BC is supposed to be consulting with those

On hearing that Wilson was pushing for something to revitalize the aging downtown, Rattenbury said he



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Please call Debbie at 250-227-9315 with questions.

electric heat customers who do not have access to natural gas. Has Fortis been in touch with any of you about this yet? They are supposed to do so before the end of this year. If they have not, why not call them and demand to be consulted. Call our MLA Michelle Mungall, also, and complain.

One tip: if you can make a good case for having a home which is also a business location, Fortis's Small Commercial Rate is flat, and about 10 cents per kWh. You will pay 7 percent provincial tax as well as GST, but you will save if you have only electric heat.

Read more about ICBC and its extraordinarily large payments to the province in the next instalment of Milking the Cash Cow, in next month's "Hidden Taxes".

ARTS/ENTERTAINMENT



by Gerald Panio

Scene



"Before the war I used my willpower for stupid stuff, like not eating chocolate. I think I thought if I could control myself then maybe the world around me would start making sense. I was pretty naïve." --Daisy, in How I Live

Several years ago one of my students suggested that I consider using Meg Rosoff's novel *How I Live Now* as a high school text. The book, Rosoff's first,

came out in 2004, near the beginning of what might be called a YA (Young Adult) renaissance. The Harry Potter series had started the ball rolling back in 1997, and after How I Live Now would come Stephanie Meyer's Twilight series, Suzanne Collins' Hunger Games books, Stuart Hill's Icemark Chronicles, Neil Shusterman's Unwind "dystology", and Veronica Roth's *Divergent* trilogy. Much of this writing was dystopic, and all of it was marked by a grim awareness that survival always comes with a price. The storytelling was often powerful enough to attract a readership far beyond the teens to which it was marketed. My personal favourites have been the Hill and Shusterman series. And How I Live Now.

Last year, Rosoff's novel was finally brought to the screen—only to disappear behind a flood of higherprofile YA films and enough Marvel Comics spinoffs to make Stan Lee richer than Tony Stark.

How I Live Now deserves better. It's one of the most affecting films of 2013, with an outstanding lead performance by young Irish actress Saoirse Ronan. The film is both visually beautiful (shot in

rural Wales with one of the richest, most vibrant colour pallets in recent memory) and unflinchingly brutal. It's reminiscent of René Clément's similarly-themed, even grimmer, black & white classic from 1952, *Forbidden Games*. Both films have children cast adrift in occupied territories, bereft of parents, witnessing an idyllic landscape relentlessly transformed into a field of slaughter. Rosoff's story is set in a not-too-distant future when international

tensions culminate in a full-scale invasion of Britain. The enemy is unnamed, and part of the haunting power of the novel is that in the beginning the reader shares the main characters' obliviousness to the tides of darkness that are about to sweep over them. The film makes the threat more explicit, more immediate, but still manages to entrance us with an initial picture of a rustic utopia that, like the Kootenays, seems impossibly expect with her luck. Arriving at the farm does nothing to change her impressions. The farmhouse is a shambolic chaos of dirty dishes and clutter. The youngest cousin, Piper (Harley Bird), dresses goats up as unicorns and puts feathery headpieces on dogs. An older cousin, Edmond (George MacKay), seems the brooding Heathcliff type more prone to talk to animals than to people. Although Daisy's told that her Aunt Penn is home somewhere, there's seems to be a complete lack of adult supervision.

Yet appearances are deceiving. The family thrives in chaos. They're a utopian little world unto themselves—spontaneous, self-reliant, playful, loving. Daisy's cynicism doesn't stand a chance. After some initial nay-saying ("I don't fish" "I don't swim") her aversion to the possibility of happiness begins to break down. Her perception of Edmond goes from sullen, to disconcerting (he seems to be able to read minds), to seductive. Daisy has found the family, and the home,

> she needs. Amid rolling hills and green fields and meandering streams the layers of guilt and anger and resentment flake away. The voices in her head that tell her all the things she cannot/must not/ must do are silenced one by one.

And then London is nuked.

How I Live Now conveys as well as anything I've read the creeping horror of the transition from peace to war from the point of view of civilians at first distant from the points of conflict. War begins as something on the news, then in quick succession becomes the sound of jet fighters overhead, the wind and ash of a nuclear blast, the panic

of evacuation and separation, the terror of occupation, and the nightmare of homelessness. For Daisy, benign exile in the countryside becomes a shattering odyssey that will take her back to her new-found home only if she is willing to do whatever is necessary to survive. Were she still the same lost girl who got into Isaac's jeep, survival might not have been that attractive an option. With her cousins' lives to weigh with her own,

> though, there's something worth staying alive for. As she tells Piper at one of their darkest moments: "You take that bad thing. You put it in a box. You close the lid. You look up and you focus on your goal."

> I think one other reason *How I Live Now* resonates with me, both as a book and as a film, is that the

story reminds me of a comic book that freaked me out when I was a kid. First issued by Gold Key Comics in 1965, it was initially called Total War and centred around the invasion of North America by a ruthless, faceless army willing to kill anyone in its way. I was used to bad stuff happening in mythical places like Gotham City and Metropolis, or on the distant-in-time battlefields of the two World Wars, but it was really creepy to have war suddenly brought close to home with no superheroes in sight to save the day. In my naiveté I'd never really considered the whole modern concept of total war, where the primary goal is to break the will of the *civilian* population by any means available. Meg Rosoff was one lucky lady when it came to her first novel. She was 47 when she wrote it, and it took her a mere three and a half months despite working full-time and raising a 4-year-old child. Optioning the book for a movie, she wound up with Saoirse Ronan as her Daisy and Kevin Macdonald as her director. Kevin's the director responsible for the Bob Marley documentary I reviewed here a while ago, as well as for at least two other superb films-Touching the Void (2003) and The Last King of Scotland (2006). In an interview included with the DVD Ms. Rosoff describes how amazing it was to hear dialogue she hadn't written being spoken by the characters she'd created.

Interestingly, while the film version of *How I Live Now* strikes the same healing note as the novel at the end, the movie is crueler to its main characters along the way. I'm going to blame this on the influence of George R.R. Martin, whose *A Song of Ice and Fire* series has taught us, repeatedly, what happens when we get too attached to main characters.



(*How I Live Now* is currently available at the Riondel Market.)

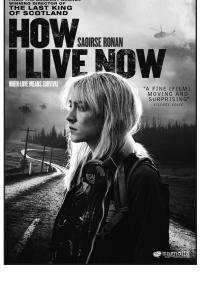


Non-profit groups can submit Recreation grant-in -aid applications to the Rec 9 commission by **September 26, 2014.**

Applications can be downloaded from the RDCK website, picked up at the Credit Union East Shore branch or on the Riondel bulletin board. The Rec 9 meeting to review the applications is scheduled for Thursday, October 9 at 1pm at the Gray Creek Hall at 1pm and is open to the public.

WE ARE ALSO LOOKING FOR VOLUNTEER REPRESENTATIVES FROM CRAWFORD BAY FOR 2015. IF INTERESTED, CONTACT GARRY JACKMAN AT 250.223.8463 OR EMAIL: GJACKMAN@KOOTENAY.COM





distant from violent conflict.

Saoirse Ronan plays Daisy, a Manhattan-born teen with attitude to burn, who's been sent to stay with English cousins she's never met; her father's starting a new family back home and she has no inclination whatsoever to be a part of it. As the novel's first person narrator, her voice is the perfect blend of sarcasm, self-loathing, ennui, petulance, desperation, spunk, and defiance. Ronan captures her spirit from the first moment we meet her.

The first of the cousins she meets is Isaac, a wideeyed 14-year-old innocent who picks her up at the airport in an old jeep. As Daisy's driven out into the middle of nowhere, she's convinced she's fallen into the hands of a bunch of hicks. Just what she would

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Lou Alwood (R) and her sister, Kate Ormiston are retracing a horseback trip from BC to Halifax that Lou and a friend made.

In late April 1965 after riding from Kaslo to Balfour and having to stand with their three horses on the main deck of the Anscomb, they were very cold but the Eddy family invited them to their home in Crawford Bay for a warm up, meal and overnight.

Tom Lymbery took them to see the former Eddy home near the upper bridge on Crawford Creek Road on August 22, 2014.

Freak Vehicle Accident

photos & story by Tom Lymbery

A freak vehicle rollover in downtown Gray Creek, just north of Gray Creek Store at noon August 25 saw an Alberta vehicle break off a telephone pole before rolling over.

The broken pole was suspended on the phone lines for a moment but then it fell onto an Airstream trailer



being towed by a following vehicle, sustaining considerable damage to the trailer.

The lady driver was able to crawl out of her upside down car and was taken away by ambulance. There were no injuries to the people towing the Airstream. Both Fortis and Telus trucks attended but it was only Telus pole that was damaged and there was only a little disruption to phone service. The pole was left dangling in the middle of one lane of the highway. The lines on the eastern shore carry considerable weight of cable as besides phone there is a heavy Shaw fibre optic line.





LOCAL INTEREST

Plane Crash in Crawford Bay

photos & story by Ingrid Baetzel

On August 30 at about 7pm, a small privately owned Cessna plane crashed after what one eye-witness called a "bumpy landing - or perhaps take-off - that the



pilot attempted to rise out of and re-try."

It appeared that after trying to rise off the ground again, the plane hit some trees just off the fairway across the road from the landing strip in Crawford Bay. Witnesses heard a chopping, whirring sound and then two loud thumping booms.

Carolyn VanR, Paul Hindson, Juergen Baetzel and Ingrid Baetzel were playing tennis nearby and ran to the scene just minutes after the plane's impact. Along with other residents (including former East Shore-ite Tobias MacDonald who bravely broke down the cockpit door to get at the people inside) and visitors from the campground across the road, these brave residents rushed to free the two passengers and clear them of the burning wreck. In the one photo, Juergen can be seen





nearly climbing into the plane's cockpit to pull the female victim clear, with Paul and Tobias right there with him, while Carol urges people forward with fire extinguishers, water and blankets. These men literally reached inside the burning, highly explosive wreck and bravely struggled to free the pilot and his passenger at great risk to themselves.

Paramedics and health professionals appeared on the scene and worked on the two victims whose injuries were extensive and devastating.

The young woman was proclaimed dead at the scene and the man was air-lifted to hospital. At the time of printing, their names have not been released, but the plane was reportedly registered to an Edmonton man,

People at the scene, particularly those who pulled the passengers from the plane and dragged them to safety were emotionally overwrought and deeply impacted by the event. Several people went to hospital to be assessed and treated for potential toxic smoke inhalation. All were released the same night.





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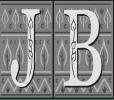
\$1625 was raised for CBESS Hot Lunch Program. Thanks to all sponsors & patrons. See you in 2015! Also, big thanks to the Crawford Bay Hall and Parks Board for once again reducing the rent at CB Park!



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ADS/LOCAL INTEREST



Saturday, September 13 Noon-5pm, Crawford Bay Hall



Can you guess the theme?

Live Music, Food, Cake Walk, Eating Competitions, Magic Show, Vehicle Extraction Demonstration by Fire Department & AMAZING EXHIBITS!

- Drop Off Entries at CB Hall -Friday, September 12 from 3-7pm

Competition booklets available at The Lakeview, Gray Creek Store, Nelson & District Credit Union, Crawford Bay Market, Riondel Market, and Bob's Bar. Rediscover the Lakeview... Come check out our new products!

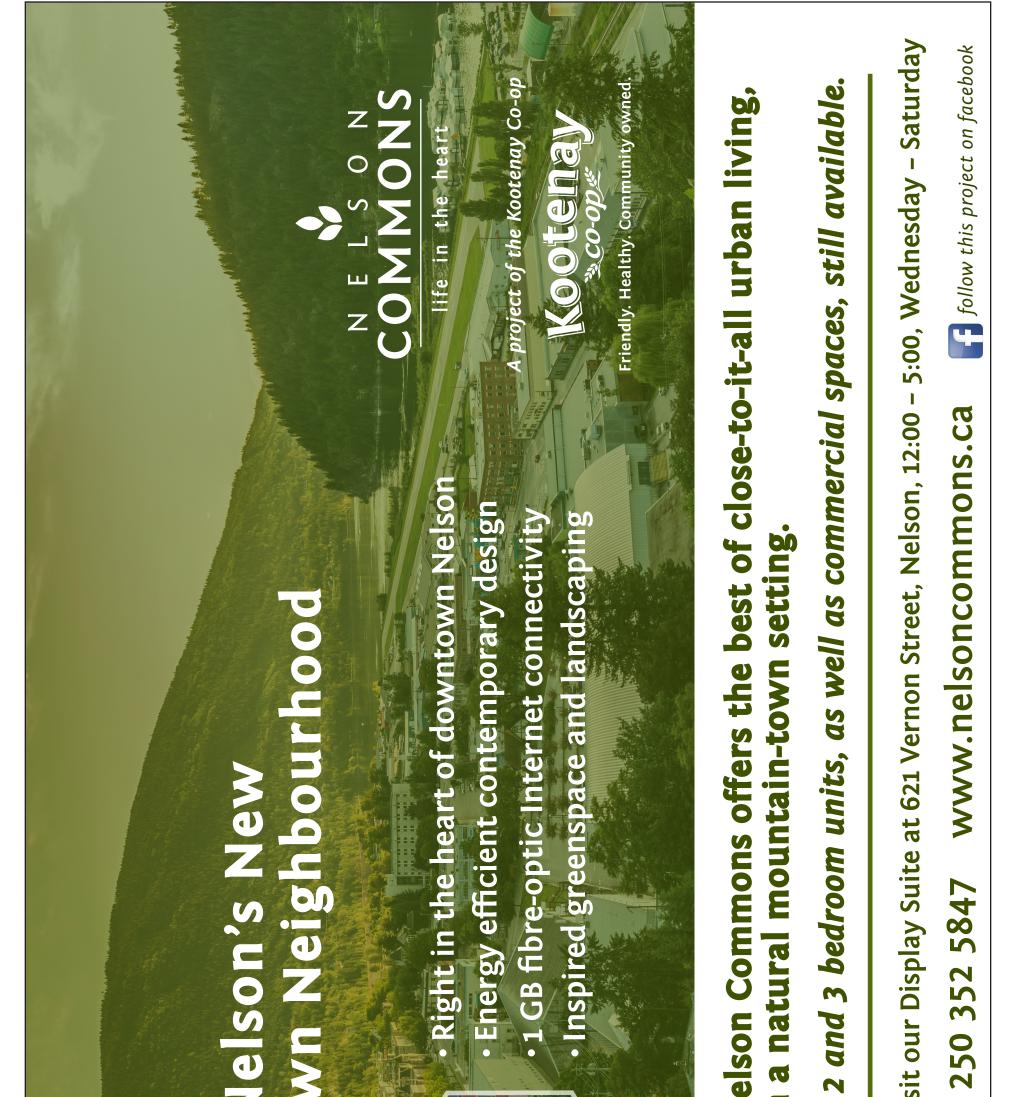
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10 *Mainstreet* September 2014

ADS/LOCAL INTEREST





ARTS/ENTERTAINMENT



Kootenay Lake Art Connection

he 2014 Kootenay Lake Art Connection came to an

end on

September 2 and the final \$200 gift voucher was drawn that day too.To be eligible for the gift voucher, tourist and community members had to visit a minimum of 12 galleries and collected twelve initials on the back of the brochure. The voucher may be used to purchase artwork created by the member artists. The main criteria for the artwork is that it must be made freehand and not patterned.

Our 2014 colorful brochure illustrated the work done by each artist and artisan and gave you the location and hours of operation. It was designed, as it was last year by Warren Clark of Boswell. Warren has received awards for his powerful designs and continues to work on projects in the community.

The juried Art show on June

27 kicked off the event and introduced some great art work (and I know that one of the paintings sold there for sure). That event was catered again by the **Black Salt Cafe** and it took place at the **Wynnwood Cellars Estate Winery.**

This year Riondel was included in the Art Connection and a reception was held there at the new **Circle of Friends** and at **Bob's Bar and Grill.** There was a constant source of food and friends that made for an excellent evening.

The winner of the August first \$200 draw was Teresa Marie Farese from Red Deer, Alberta. She chose a handcrafted item from Barefoot Hand weaving.

The final reception takes place this year at the Kootenay Bay's old Fairy Treats location on the lake and there will be finger food and music by local musicians as well as gift exchanges and much merriment.

It was a successful year as the artists had opportunities to exhibit their work and the businesses had an influx of people visiting their location to view the art and artisan works and to get their twelve initial on the back of the brochure.

You probably noticed the small directional signs on the hwy leading you to the artists work in the venues and galleries.

This year there were twenty eight venues and at least thirty-five artists and artisans. We had a student painting by **Julia Middlebrooke** of Crawford Bay School, located outside the **Lakeview Store**.

The Art Connection will go ahead next year if we have enough people volunteer their help as each community will have to have at least one representative to sign up the venues and artist and collect fees. We are considering having two co-ordinators next year to make someone's load a little lighter. I will be more of a consultant and apply for the grants and be the representative for the Gray Creek area. Val van der Poel will look after the Wynndel area and Karen Arrowsmith the Boswell area. We also have Lillian Dejonge looking after the Riondel area. The brochure which is a huge job will be taken over by Dena Kubota who along with Nancy Galloway and myself has had a hand in the proofing and writing of this year's brochure. We are under the umbrella of the South Kootenay Lake **Community Services Society and Greg Blackwell** 12 Mainstreet September 2014

has helped with the grants and administering them. There has been quite a bit of positive feed back and I believe that the Community and the artists and artisans benefit from the two month long Art Connection and I hope that I will be leaving the position of Co-ordinator or co—ordinators with a lot less work than when it was first conceived. Anyone interested in volunteering, taking it over or working with another co-ordinator please

call myself **Geri Gomola** at 250-227-9085 or 250-777-1479 or **Greg Blackwell** at Community Connections for more information.

At this time I would like to thank our sponsors for making this possible: **RDCK**, Columbia Basin Trust, Nelson and district **Credit Union, Creston Arts** Council, Community Connections and The Kootenay Lake Chamber of Commerce. I would also like to thank you the community members and the summer cottage people who took the time out of their busy schedules to support art and artists in your community. I would also like to thank my friends

and continues to work on projects in the community. *Danielle Tonossi's work - showing at the new* and family for their support through this busy time!



Shirley Wyngaard is showing at the Nelson and District Credit Union



Medley Arts Camp

~A Wonderful Success~

photos and caption by Lorna Robin

Fifty people sang, danced, learned a new instrument, laughed, and enjoyed some artistic mayhem at Medley Arts Camp, July 28 – Aug 1st. See you next year!









WEDS: Wing Night (.10 cent wings, goes up .10 cents every hour) THURS: Theme Night (Greek, Mexican, etc) - \$15 FRI: 8oz New York Steak - \$15 SAT: Baby Back Ribs - \$15 SUN: Breakfast Brunch Buffet 8-1:30 - \$15 (families welcome to eat on outdoor picnic tables after minors-only hours)

Amazing music events in Sept:

Scott Cook: Sept 9 - Prairie Balladeer, world-travelling songwriter GABRIEL PALATCHI: Sept 19 - Hot Latin Keys



Asana of the Month

by Jayanti Holman

Garudasana ~ Eagle Pose

Benefits



• Develops balance, concentration & memory

- Strengthens ankles, legs & spine
- Tones reproductive organs
- Removes stiffness in the shoulders
- Removes leg cramps
 - Relieves pain

Doing the pose

- Standing, balance weight onto your right leg
- Bend your knees & then, crossing left leg over the right leg, wrap the left foot and hook left foot behind right calf
- Cross arms; left elbow over right elbow
- Wrap lower arms around each other
- Place palms together as you bend elbows

Focus while in the pose

- Keep the balance in the body
- Breathe deeply
- Keep back vertical
- Relax shoulders away from ears

To come out of the pose

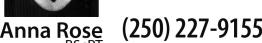
• Exhale; release legs and arms while coming to standing





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Health Center, Crawford Bay



SPORTS/HEALTH

King O' the Balls Soccer Tourney Wyatt Powers E.S.U. to Victory by John Edwards

The tragic loss of **Wyatt Davidson** earlier this summer in a cliff-diving accident is still fresh in many of our minds – especially those of his family, and his friends and team-mates of **East Shore United Soccer Club (ESU).** So as we prepared to host the annual King O' the Balls Soccer Tournament here in Crawford Bay on the weekend of August 23/24, we decided we'd dedicate the tournament to Wyatt and play with him in mind. We hadn't won our own tourney since 2011 and we were determined to win it this year – for Wyatt.

We had two teams come from **Creston**, including a new one - **The Wizards** - a select team from Creston rep teams players, plus the Creston regulars, who've played the West Kootenay tournament schedule for several years now. **Kaslo** brought a team, as usual, as did **Rossland/Trail/Fruitvale** – a combined squad.

Saturday morning dawned cool and sunny/cloudy – perfect for soccer. **Enzo Salviulo** had made a special trip to Crawford Bay the day before to put a superb cut on the grass of the soccer pitch and it looked amazingly professional. ESU was scheduled to take on the Creston regulars at 9:30. By 9 we had a huge turnout of players, rarin' to go, including **Adrian Johnson**, who'd come back from Calgary on holiday just to play in the tournament for us.

The Creston team has a lot of go-power and run really hard, so we have to be sure to pass around them and maintain ball control or we'd end up chasing them all over the field. ESU looked cool and confident and held the ball most of the time, but **Aaron Savoie** still had to make some big saves to keep Creston off the scoreboard. We were well into the 2nd half, when **Donovan Hough** launched a terrific left-foot strike from the right side that soared over their keeper into the top left corner. That broke the ice and we quickly got another from **Johnny Colbeck**, who muscled by their left defender and struck a hard drive into the bottom corner. Just minutes later **Donny Lott** fed one of his perfect crosses right to **Vince Elias**, who headed it home with authoritave power.

When the final whistle blasted it was 3-0 for ESU, and we were on our way.

We got to rest on the sidelines and watch Kaslo take on the Creston Wiz next. Kaslo looked pretty strong and Creston looked disorganized, and the final score reflected that, 2-0 for Kaslo.

Then Rossland, a combined team from that area, stepped up to take on the Creston regulars.

Rossland beat us last June in the Slocan Tourney, so we were curious as to how strong a team they'd brought over this time. They lost no time in demonstrating their fire-power, lighting up the Creston net early and often. When it was over they'd shellacked them 7-1, and Rossland looked like our big rival for the weekend.

We took to the field against Kaslo at 2pm and there was one huge difference from previous tournaments no Eastshore players had drunk any beer between games. It had become the unwritten rule, out of respect for Wyatt and our goal of winning it all. (Coach Nick Hodgkinson put up signs at the Market and at the pubs "No Beer For ESU", which someone quickly changed to "More Beer for ESU"), but the no-drinking rule was maintained, and it made a difference, too. We played the strong Kaslo team hard and controlled most of the play but couldn't score. Their keeper is top-notch. Then Tim, their striker, was knocked down from behind on the edge of the box by one of our defenders and the ref pointed to the penalty dot for a free shot. Steve Willet, Kaslo's finest, stood up to take it and we lined up and held our breaths. He fired his expected bullet drive

to the right of our keeper, Aaron Savoie, and Aaron dove like a cat and punched the ball out – straight back towards Steve who was ready to pound the rebound into the net but Vince Elias got there first and tapped it safely away from in front. No score! Whew!

We'd picked up a couple of good players who happened to be visiting in the Kootenays, friends of ESU, and it suddenly paid off when Nate picked up a loose ball in the Kaslo end and hit a weird, low knuckle-ball to the right post that their keeper didn't see 'til it was by him. We were in the lead at last. It took well into the 2nd half before **Jesse Davidson** picked up the insurance goal on a skipping cross from Vince that bounced right by him at the far post until he super-extended his leg backwards and managed to knock it down and in. Highlight reel! Final score, 2-0 for ESU.

Next game was an inter-Creston rivalry, with the Wiz prevailing 3-1 against their older counterparts, and then it was time for Eastshore United to take on Rossland, our third match of the day.

We were waiting for this one and came out super hard, battling for every ball with all of our strength and speed. Their team has a lot of big players who can really shoot the ball well, so our strategy was to attack them fast on defense and give them no time to set up for shots. That seemed to work, but it was a dog-fight. We played some really nice passing soccer and **Rinaldo Faessler**, our Swiss Master, was wheeling and dealing around Rossland's defense like we'd never seen him play before. He managed to get in close, coolly found the back of their net, and we had the lead. Again, Jesse Davidson sealed the deal in the 2nd half, finessing and grinding his way past three defenders and pounding a brilliant strike from 15 yards. We had our revenge on Rossland, and the game ended 2-0 for ESU!

We'd finished the day with a perfect record of three wins and seven goals with no goals scored against us. So far - so good!

Then it was fun time with players from all sides coming together for the famous East Shore Toonie Shoot-Out, where everyone tosses a toonie into the hat and takes bare-foot penalty shots until you miss or get saved by the keeper. Last shooter to score wins it all. This time it was a Rossland guy who walked off with all the loot, despite a game try by the Eastshore's **Robbie "Roots" Marcheterre**, who fought right down to the wire to place second.

As darkness fell, **Jake Kelly** and Jesse Davidson brought down a BBQ and the fixings for deluxe burgers and salad and we finally got some supper. Their was great hilarity as Jake opened his BBQ lid and discovered a live packrat inside it, which he hurled to the ground. The rat took one look at all the people and dogs and bee-lined up into the motor of Jake's truck, where the dogs went crazy trying to flush him out. Of course the BBQ was properly sterilized before the first burgers hit the grille (at least they tasted great.) Thanks, you guys for a great cookout!

Sunday morning dawned cloudy and cool, another perfect soccer day, and our team could sleep in if we wanted because Nick had scheduled our first game at 1:00. Rossland wasn't so fortunate as they had to take on the Creston Wiz at 10:00 and they looked blearyeyed, to say the least. The Wiz, on the other hand, looked very lively, and proceeded to boot Rossland all over the field, showing them no mercy in a 4-1 drubbing. Ah, the perils of the hangover!

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CRAWFORD BAY HALL

"your community hall" A non-smoking facility. Next up, Kaslo beat the luckless Creston regulars 3-2 in a close-fought match that could have gone either way. Which team we would face in the final was becoming an interesting question.

At high noon we stopped the schedule and brought out a special ESU jersey with Wyatt's name and number 11 on it, signed by the entire team. We ran in a parade with the jersey held high, as all of the other teams stood along the field perimeter and applauded. We met Coach Nick and Wyatt's dad, **Greg**, at centerfield, and presented him with the jersey in his son's *ESU Continued Next Page...*

SPORTS/HEALTH

ESU Continued...

honour. We were all very touched by the ceremony and the support of all the other teams, too.

Our next game was against the Wiz, who'd looked so strong against Rossland that they'd made us nervous, although we were already guaranteed to make the Final, based on our undefeated record.

There was some question if we should go easy and save energy for the Final, but ESU had really only one speed this weekend – full bore.

Johnny Colbeck opened it up for us with one of his famous blazing rushes past their defense, smashing the ball into their net while they were still trying to get his licence plate number.

Jesse Davidson got yet another, teeing up a perfect shot over their keeper that dropped in under the cross-

bar. Then speed-demon Vince Elias launched one of his famous sprints past the Wiz defense and hauled in a thruball, never even pausing as he rifled it past their keeper. **Shyam Hielema-Masse** iced the cake minutes later with a hard-fought-for strike and the rout was complete ESU 4 - Whiz 0.

Next, Kaslo and Rossland squared off to decide who would play against us in the Final. By then, Kaslo was hurting, with no subs and some players enlisted from other teams, including the amazing George Perrier from Slocan. (The rest of the Slocan team had declined to come to our tourney because of a scheduling conflict with the biggest wedding in the Valley this summer, but the stalwart George, well into his sixties - went to the wed-

ding and came anyway, with only the big Slovakian defender, **Vaslav**, to join the Kaslo squad.)

Rossland had recovered from their hangovers and were in redemption mode after being whipped by the Whiz, and they beat up on Kaslo 4 -1.

So it was to be ESU vs. Rossland in the Final. We gave them the option of as much time as they wanted between games, as they'd just played, but they chose to fly right at it. So we warmed up and took to the field. I won the coin-toss and chose to attack up-hill for the first half (the Crawford Bay field has an incline to it, for added character)) but didn't notice the threatening squall and the wind starting to blow from the north. As we kicked off it was into the wind, the rain, and the uphill grade, as well as a fired-up team from Rossland, ready to battle.

We came out pumped and ran hard on the ball, but so did Rossland. The play was fairly even, with keepers at either end making some good saves. Then trouble for us as one of their strikers slipped to the outside of our defense unnoticed, chased down a long ball and to our end of the field our defenders, **Billy Morgan**, **Xavier Schutter, Dan Rude**, and **Robbie Marcheterre** calmly fielded it and passed it back to our midfielders and forwards in the Rossland end.

Finally their dam burst. With only 12 minutes remaining, Johnny Colbeck fought hard down the right wing and beat several defenders before throwing in his cross, and Jesse had the chance he needed in front – boom - tie game! The crowd on the sidelines erupted in hometown joy.

Rossland kicked off and the fight continued, but East Shore could feel victory within our grasp.

Byron Rokeby-Thomas, grandson of Anne and Dave in Kootenay Bay, was playing that day for ESU for his first time ever, after a stellar rise through the ranks of Nelson Youth Soccer. He'd brought the crowd

> to their feet already several times with lightning-quick rushes through the Rossland defense.

With 4 minutes left on the watch, Byron powered in again and fired a strike off the goal post and down. Shyam was in the middle of the 6-yard box and hit the rebound on the first bounce - up - off the cross-bar and down into their net.

When the that goal hit the back of the mesh, the East Shore players on the field and the crowd on the sidelines went berserk. It was loud and wild. What had started to seem impossible was suddenly reality – we had them 2-1 with only minutes remaining, and they were looking whipped.

They were. We easily took care of the final min-

utes, all in their half, and the final whistle blasted. We'd brought The King home to the East Shore – for Wyatt!

What an amazing high that was for East Shore United, to win at home in front of so many loyal fans, cheered on all the way. It doesn't get any better.

The Golden Glove for best keeper went to our own Aaron Savoie. With only one goal scored against him in five games, no one else was even close. The Golden Boot for top scorer went to **Eric** from the Creston Wizards – quite an accomplishment for a player on the fourth-placing team.

We presented the King O' The Balls Trophy to Nick, who presented it to Greg Davidson, and then the entire team passed it around and posed for pictures. Some beers did get opened at that point, you can be sure.

One final presentation was brought forward. East Shore United had framed a Mexican jersey signed by the Sayulita Team, along with an ESU team photo and a vintage white ESU jersey from way back, signed by each team member, thanking Nick for being such a



Located above Crawford Bay School gym second right on Walkley Road. Elevator available if steps are a problem.

Our Hours

8-10 am Monday - <u>Saturday</u> 6-8 pm Monday - <u>Friday</u> *Questions answered at:* thefitnessplace@theeastshore.net

Local Firefighters Take 4th Place at Firefighter Games







shot for our net. He fired low along the ground and it struck the inside of the near post and deflected across and in. We were down 1-0.

Instead of deterring us, that goal made us dig even harder. We poured it on and took control of the play almost completely, with some great chances on their net, but the ball stayed out. Half-time came and went and still we could not score. Jesse Davidson was battling through their defense time after time and getting off great shots, only to be stopped by circus-act leaps from their dynamic keeper. "What do we have to do?" began to seep into our minds. We kept hammering.

Stellar play from our midfield, led by Lewis Loecshnik, who kept shutting Rossland down and turning the attack back on them. When the ball came back 14 *Mainstreet* September 2014 great and dedicated coach. (That jersey, with an ESU fireball logo designed by **Dave Ring**, is now strictly a collector's item.) Just what a coach and organizer he is was totally proven out by the quality of our tournament, both this year's and many years past. "Thanks, Nick!"

Thanks also to the referee team of **Ron Joseph**, **Wayne, Johnny, Steve, and John** for doing a thankless job pretty well, all things considered – and to all of the teams that participated and played like good sports. It was mostly good clean soccer, and a lot of fun.

Last of all – a huge "THANK-YOU!" to the East shore fans that came out to cheer the team on.We really appreciate the support. See you again next year, same time, same place!

photos submitted by Gina Medhurst

A t the 1st Annual Firefighter Games in Pass Creek over the Labour Day Weekend, Riondel Fire Department (called the Wildfires) took fourth place of the fourteen teams competing. In the final obstacle course, called May Day May Day Mayhem, they beat all other teams with time to spare.

Top photo: Top row left to right: Firefighter (FF) Fynn Boker, FF Francis Holman. Bottom row left to right: FF Quinton Wastrodowski, Captain Cory Medhurst, FF Joe LeBlanc.

Bottom photo: FF Wastrodowski (far left) took part in the chin-up competition against 13 other competitors. LITERARY

lunch-dinner-espresso



REVIEWS BOOK

by Tom Lymbery

NAMES ON A CENOTAPH - KOOTENAY LAKE MEN IN WORLD WAR I by Sylvia Crooks, Granville Island Publishing, 250 pages, \$19.95.

This is Sylvia Crooks second book about those who went to serve in two world wars - her first was Homefront & Battlefront: Nelson BC in World War II and in this new book she has furthered her research to include men from Procter, Riondel, Gray Creek, Boswell and more. She was brought up in Nelson, where her father, T. S. Shorthouse was mayor for some years.

She has reviewed the rolls of honour in Boswell and Gray Creek Halls as well as the cenotaphs in Procter and Nelson. There used to be one of these hanging in the Crawford Bay hall and presumably it is stored in the building.

She has researched the immediate response of those who volunteered for the services as soon as war was declared and the efforts made to form the 54th Kootenay battalion. As soon as men were posted to the front lines the horrifying numbers of casualties began - and these are listed with information from letters and Nelson Daily News reports. For identification these are published in a fainter print – darker would be easier to read.

Charles Anthony had been working for two years at the Bluebell Mine, Riondel and had been married in Kaslo only shortly before joining up and was in France as early as November 1914. Many of his letters have survived, some to his mates in Riondel where he was a member of the football team. He met his death at Los Brebis on April 3,1916. His few possessions were returned to his wife Lucy Maria Anthony at Deanshaven.

It is the letters and details of the many who lost their lives in the trenches that give us a picture of the utter devastation of that that 1914 - 1918 war. It is so disturbing to read of so many more whose bodies were left in France or Belgium. It's a wonder that Kootenay Lake communities were able to carry on at all. Of those who did return many were hit by the Spanish Flu.

Sylvia Crooks is having a BOOK PRESENTA-TION at Boswell Hall, September 11 at 7pm.

FOREST & FIORD – THE HISTORY OF BEL-CARRA by Ralph Drew, self published, hardcover, 536 pages, \$49.95

Ralph Drew was awarded the Lieutenant Governor's Medal by Judith Guichon herself, at the BC Historical Federation's annual Conference at Cloverdale in June of 2014. This was chosen as the best 2013 Historical Writing out of 49 entrants in this contest.

Belcarra is now incorporated as a town of about 600 on the North Arm of Burrard Inlet, so the book includes much about the origins of Vancouver and Port Moody. I usually read every word of books I review but have to admit that I found that impossible with this tome. It includes many letters and documents that are set out in a full page type of sidebar (is there a name for this style?) The content of these seems to be repeated sometimes twice in the text - or have I been deluded into reading the same page more than once?

The cover photo shows an interesting sternwheeler but there is no note as to the name of the steamer, or where the picture was taken. There were several steamer lines serving the inlet and these are given good mention, as this became a popular summer getaway for city residents.

Since this is also a community history it includes many pages of the early shacks built by summer peo-



ple that gradually completed houses. Belcarra apparently never had a post office but was served by a post office boat, and there was also a grocery boat that supplied customers several days a week. Travel by water was the most convenient as roads were hampered by the company town of Ioco Refinery reportedly banning access through their property.

The one name in the North Arm that is familiar to most of us is that of the Wigwam Inn, so I expected to find a feature article about this well known hotel/ resort. Because this book's index does not follow long standing requirements that photos are indentified with high lighted numerals it is very difficult to use this book for research. I eventually did find a picture of the Wigwam Inn, but having neglected to note the page number I can't seem to find it again. There are several pages listed for reference to this outstanding Indian Arm destination, but somehow the much needed feature article has escaped the editor's notice.

Our 1931 BC Directory doesn't list Belcarra as its name didn't appear until about 1980 – a relatively recent community. Indian River is listed, apparently another name for Indian Arm and this shows the names of some of the staff of the Wigwam Inn. "British Columbia Post Offices" shows Burrard Inlet as a post office from 1908 to 1970 but doesn't explain that this was operated from a boat.

Riondel Library News

by Muriel Crowe

'm pleased to report once again that we had a successful book sale at Riondel Days and were able to have a smaller sale in conjunction with the JA Cochran School reunion. We are doing some heavy discarding of the books that didn't sell in the sale so if you are interested in large print fiction books please leave your name at the library and we will share some with you.

We are planning another afternoon of readings later this fall but do not yet know who the readers will be. Do you write and would like to share your work? We would be interested in hearing from you.

As always there are many new books in the library and we are always happy to try and find any requests you may have if they are recently published books. Older books can usually be borrowed through interlibrary loans.

Please drop in for a visit, join us if you aren't a member and borrow a book or five. Let us know what you would like to have available through the library.

SYLVIA CROOKS AT THE BOSWELL HALL Sept 11, 7pm by Tom Lymbery

Small Business Expert

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From a review in the Victoria Times Colonist: "Names on a Cenotaph – Kootenay Lake Men in world War I" tells a powerful story about the Great War and takes us into the heart of the action like few other books can do. We are there in the trenches with the men and they are not just numbers, they are real people with professions and families and interests."

Sylvia's presentation on her new book at the Boswell Hall will focus on the many men from communities along the East Shore of Kootenay Lake who lost their lives in this devastating war.

LOCAL INTEREST



pebbles by Wendy Scott Location

Trail is a necessary place - once in a while - for several of us. And it is often a good example of that oft used phrase: getting there is

half the fun, but in the case of this particular location, on a day like today, getting there is everything good about this Kootenay Country where we live and work and play.

We've been told many times that we are fortunate to live here in Riondel beside a lake that is not only huge and gorgeous, but one of the finest for folks with fishing tackle packed and ready. But our industrial cousin, Trail, offers a more formidable fishing experience beside the Columbia River where water tumbles and rushes into whirlpools and rapids and folks must surely don logger's spiked boots to gain purchase on the slick, wet shore.

And yet here, on a Riondel beach, in a secluded spot, clear stillness floats above those multicoloured Kootenay pebbles. These same tiny remnants of ancient glacial activity are found in all the lakes, rivers and streams of the Columbia River system from its risings in the Canadian Rockies and its rapid flow through the lakes and rivers of southeastern BC and at least seven American states. But the big attraction in the waters of Kootenay Lake - along with rainbow trout, whitefish, and even sturgeon - is our own land-locked species of salmon - the Kokanee. It's not such a long trip for these silver marvels in Kootenay Lake as they do not migrate from the Pacific Ocean, but they do, however, move from the deepest waters to the edges of this 100 km long lake, and it is here that the female seeks what you might call a clean bed for her eggs - clear water where pebbles are washed by the incoming streams fed by the melt waters of the very glaciers that created those creeks, the rivers and this lake.

This is also the season for another type of migration. At this time of year we know that our towns will be peopled with tourists, and this year, by the arrival of folks from another time, and almost another place. When mining was active in Riondel, so were the mining families, and many of the remaining members returned this weekend to meet old friends, to remember, and to be reminded.

Trail is different, although in the mining days, our towns were interconnected. Trail - as it remains - was the Smelter Town, and Riondel had the active mine. This weekend, in Riondel, it is the memories that are active.

There was a time, and an afternoon, more than a few years ago, beside another lake - a lake with memories of a different mine - when a boat approached our dock. A woman, alone in the boat, cut the motor and drifted. It was an aimless and confused sort of drift. The dock we had constructed was apparently strange to her and it did not quite fit into the picture held in her

Tom Sez

by Tom Lymbery

FOWL FAIR? The Kootenay Lake Fall Fair on ASept 13 has billed its theme as "Chicken".

Who mixed the paint for the orange/pink bridge in Nelson? Our Cloverdale paint tinting specialists at Gray Creek have much more expertise.

Dease have a look at Gray Creek Cemetery now that Mick Farran is doing the maintenance, supported by Garry Jackman of the RDCK. The Memorial Wall is a feature for those who have spread the ashes of loved ones and this allows a permanent record with the neat bronze plaques that are made in Australia.

ur lumberyard is now drive-through; it is much easier for trailers now, thanks to staff member Lon Oquist.

couldn't believe the interest I found at the book signing at the store. There were even line ups. One couple bought six copies for Christmas presents, so I dedicated each to those they are to be given to.

reg Nesteroff's on-going column with a mostly Ualphabetical story on Kootenay place names is getting close to Gray Creek. What will he have discovered about our hometown?

Tew cars have many features such as self parking N and back-up videos, but how about cars that can drive through 24 inches of water in the floods that we see almost daily on the news?

Tow ever do people find their way to Shambhala? The Valley Advance lists at least 12 people who missed the turn to come west on Hwy 3 at Yahk and were caught at the US border carrying illicit substances. At least two vehicles had problems navigating through Creston on their way home.

aza Strip has been going on for many more years Than we realize. Leonard Willis of Kootenay Bay joined the Canadian Army and was posted to the Gaza Strip in 1957.

The California porn industry has apparently been driven underground because of a California law that requires all actors to wear condoms.

Invasive plants: nothing is quite as bad as the yellow Goldenrod/Tansy that is everywhere, even lawns. There is also a pesty new garden weed that breaks off when you try to pull it.

ake sure you have a full can of Hornet and Wasp Mspray – not just for the stingers but its also more effective than bear spray because of the safer distance from which it makes the bear reverse direction.

Support Available to Hire a Student

Popular School Works Program continues this fall

olumbia Basin) – Businesses and organizations round the Basin can once again get support to hire students through Columbia Basin Trust's School Works program. Applications are available at cbt.org/ schoolworks2014 and are assessed on a first-come, first-served basis.

The program provides a wage subsidy of up to \$8/hour to encourage employers to provide part-time employment to full-time high school and post-secondary students during the school year. Small businesses and non-profit, First Nation and public sector organizations in the Basin may apply. Co-op and practicum student positions are eligible. The program is administered by College of the Rockies.

Oglow's Paint, Wallcoverings and Window Blinds in Castlegar is one of the organizations that has benefited.

'The program took a lot of pressure off us by allowing us to have someone do the heavy lifting and tinting paint-and at the same time learning new skills and dealing with different customers-while allowing us to concentrate on the front end," said owner Tom Oglow. "The growth of the student's confidence was very rewarding for everyone and we would recommend the program to anyone wishing to hire a student."

The City of Fernie was also able to take advantage of the program. It hired a Geographic Information Systems co-operative student from Selkirk College's School of Environment and Geomatics. The student helped City staff transform legacy engineering mapping and related databases into a new industry-standard system, a feat that would have taken much longer without the focus of a student.

'Our [Co-op] student received on-the-job experience in her trained field and had the opportunity to be both creative and innovative. She has walked away armed with skills and insight that many local governments will need as they move forward in upgrading their mapping systems," said Lisa Janssen, Engineering Technologist, City of Fernie.

'School Works has proven to be a successful program for both businesses and students alike," said Lisa Kilpatrick, Columbia Basin Trust Senior Manager, Sector Initiatives. "It gives local businesses and organizations some extra support, while increasing local employment opportunities for students to make some money and get valuable work experience during the school year.

For more information on the School Works Program and to download the application form, visit cbt. org/schoolworks2014.

\$10,000 for **Community Champions**

press release by BC Hydro

On August 15, BC Hydro launched the 2014 edition of our Community Champions Program.

BC Hydro is looking for non-profit organizations from across BC to submit video entries that tell us what they are doing to make their community more sustainable. Videos will be accepted until September 30.

memory.

We invited her in. She stepped into a house that she almost recognized and began to describe what she really saw. By the time she climbed back into her boat we knew she would not remember this visit, or even the conversation on that early afternoon, because the objects, the earth, the air, for her were all of another time. And we knew, also, that she was not likely to return.

Visiting a memory is just that. It is not saying Hello to a new friend, or exploring a different town. It is an expected return into a time that has vanished at a place that no longer exists. It is a reunion of friends at a kitchen table in a black and white glossy print.

Keep the album open and visit again – any time.

16 Mainstreet September 2014

Gray Creek Pass Report by Tom Lymbery

The Trans Canada Trail is claiming that the entire I route will be completed by 2017 so we hope that the Pass may be officially dedicated before long. 2015 will mark the 25th anniversary of the Gray Creek Pass road. It is 63 years since the Power Line Road was built by the CM&S Co (now Teck) and this was what triggered the demand for the Forestry constructed road that we have today, for a route that doesn't require four wheel drive. If Highways had come through with the annual maintenance funding that they promised in 1990 it would be a much smoother trip.

Up to 15 finalists will be selected for public voting between October 15th and November 30th. Results of the public voting will determine the five winners, each of which will receive \$10,000 to continue their sustainability-based project. The five winners will be announced December 8, 2014.

If you are aware of any non-profit groups in your community that would be interested in this opportunity, please encourage them to participate.

We also encourage all participants to share the story of their conservation initiative or show support for their favourite non-profit on social media using the hashtag #BCHCommunityChampions.

For more information on the Community Champions Program, please visit: www.bchydro.com/communitychampions

ailings ponds have always had problems – in 1948 the Sullivan Mine pond between Kimberley and Marysville burst its banks into a creek, taking down the power line and nearly drowning two workers.

Notice of Tassing BETH KASTELAN

Carol Elizabeth Kastelan (Beth) September 12, 1938 – June, 29 2014

Beth grew up and attended school in Crawford Bay where her mother Betsy Linn was a very popular teacher. Beth was born in Hillcrest, Alberta on September 12, 1938. Her early years were spent in Hillcrest before moving with her mother to join her father who was working in Crawford Bay. Beth received her education at Crawford Bay and Creston, graduating from Prince Charles Secondary School. She married Anthony (Tony) Kastelan on May 20, 1957. Together they ran their farm and orchard and raised their family. Their first child, Carl was born in 1959 followed by Jeanette in 1960 and Sarah in 1963. Family life was busy with the farm and trips to Crawford Bay to visit Grandma and Grandpa Linn until Beth's parents retired and moved to Erickson to live on the orchard as well.

As her children grew older Beth began a career with School District No 8 in Creston. She was a familiar and friendly face at Prince Charles Secondary School until finally working in the School Board Office until her retirement. During her employment with the School District, Beth was an active union member taking on various roles within C.U.P.E. over the years.

Beth didn't really retire, though as she then went to work in the business established by her daughters. Wear Withall has been a Canyon Street fixture since 1980. In her later years Beth single handedly ran the business and the challenges that came with it. She was a proud member of the Downtown Business Association and always made sure that the Town of Creston knew her thoughts on various matters. Beth volunteered for various community organizations over the years and most recently served as Chairperson for the Cresteramics Society for the Handicapped.

Beth was an avid sewer, knitter and crafter. Her nightshirts and pajamas were featured at the Christmas Craft Fair every year. One of her greatest joys in life was becoming a grandmother. She dearly loved spending time with her grandchildren and taught them to knit and sew. Her grandchildren loved spending time with her at the family orchard. She was a strong, caring and passionate woman who always fought for the underdog and what she believed to be fair treatment and opportunities for everyone.

She was predeceased by her parents Betsy and Carl Linn. She will be greatly missed by Tony, her husband of 57 years, her children Carl (Dina) Kastelan, Jeanette (Mike) Stenhouse, and Sarah (Dan) Miller, her grandchildren Sam and Sophie Kastelan and Marybeth Stenhouse. As per Beth's wishes there will be no memorial.

YOUR HALL IS AVAILABLE... For community events, wedding receptions, workshops...You name it!

Booking info, Kathy Donnison @ 227– 9205

CRAWFORD BAY HALL "your community hall" *A non-smoking facility.*

Notice of Passing Sydney Ernest Jameson

October 23, 1932 – August 16, 2014

Sydney Ernest Jameson was born October 23, 1932 in Crawford Bay, BC. He was the second son born to George and Gwen Jameson.

Syd grew up and attended school in Crawford Bay, until grade 11. He took his grade 12 in Creston and graduated from Prince Charles High School.

While he was growing up, Syd spent much of his time outdoors. He was an avid hunter and fisherman. Upon graduation, he started working for the BC Forest Service. He worked in various places including Creston and Arrowhead.

In 1952, while working in Arrowhead, he met and married Eileen Mell. They had four children - Donald, Glenn, Gordon and Brent. For a period of time they lived in Vancouver, where Syd was a store manager for Super Value. They moved to William's Lake, where Syd became a Conservation Officer. He worked in Clinton, Fort Nelson, and then Nelson until his retirement.

In 1992 he married Helen Nicole and they made their home in Blewett. He was a member of the Nelson Radio Club, the P.EP.

He is survived by his loving wife Helen, sons Donald, Glenn, Gordon (Andrea) and Brent, grandchildren Justin, Ryan, Brandy, Daniel, Tamara, Natasha, Brooke, Matthew and Colin, and one great-grandchild. Two stepsons, Edward (Carol) Breakwell and Ross Breakwell. Also, two brothers William (Ellen), Reg (Sharon), sister Ruth (Jack) Hacking and Anne (Arnold) Schweitzer. He was predeceased by his father George, mother Gwen, sister Ivy and step-father Jim Dobie.

Funeral services were held on Thursday August 21 at the Bethel Christian Theatre, Nelson.

Remembrance Garden by Wendy Scott

This weekend became an opportunity for many visitors to see the marble plaques they had so carefully composed and requested for mother, father, brother, sister, child, or very special friend. This is one of the advantages of a reunion, and especially a reunion of school friends.

Here in Riondel it was not only school chums who greeted each other, but the vivid memories of those who were missed and so dearly recalled.

Welcome back -- all of you. I hope you had a chance to share happy moments and maybe shed a few tears, mingled, of course, with the laughter of unexpected stories and the joy of reuniting again with those chums who, although you have both aged -- just a bit -- still smile, laugh and talk as they always have. May they will remain in that that special spot in your memory, reserved for childhood.

Bring your memories and requests to us. It will take a bit of time, but we will make sure to have a marble plaque inscribed and placed on a bench in the Remembrance Garden. And there it will remain, for many years to come.

East Shore Hospice News

by Nicole Schreiber, Coordinator

Does Someone You Love Need Help?

Since the change on the East Shore from a local health nurse to a system where nurses come over from Nelson, the East Shore Hospice has not received any palliative care requests from our community. The health nurse visits ill patients in their homes, and has for many years been our primary source of new palliative clients, as they often come in contact with those in our community who are dying and can see when assistance might be desired, by either the dying person or their caregivers. It could simply be that the palliative assistance we can offer has not been required on the East Shore for the past while, and I certainly hope that is the case. It could also be a factor that the nurses must now commute from Nelson, which shortens their day and means they may not be as familiar with the situation of the patient and the patient's family or caregivers. In any case, I thought I would take a moment to let everyone know how quiet it has been for us in regards to palliative care and to remind everyone that we are here. If you or someone you love might benefit from palliative care assistance, be it someone to talk to, someone to walk the dog, someone to just sit and be there, someone to help get to appointments, etc., please request information from us and be the one to bring it forward. Our trained volunteers can assist in many ways, but clients must come or be referred to us; we cannot go and offer our services on our own.

Our annual 'Hike for Hospice' fundraiser will take place Sunday September 28 in Riondel. Registration for this year's awareness and fundraising walk is at 9:30am at the Riondel Community Centre; the walk begins at 10am. After the walk a luncheon will be held in the Centre, with entertainment and prizes for those individuals who raise the most funds. (The event was postponed this spring due to a family health emergency of the coordinator).

Gather pledges, join us for a fine walk through the town, and help increase awareness of hospice and the palliative care assistance that is available here on our wonderful shore. If you cannot participate in the walk, please consider pledging a 'hiker'. 100% of funds raised stay on the East Shore. All ages are welcome; have the kids bring their bikes. Pledge forms are available at East Shore stores, postal offices and the Credit Union.

For more information about hospice palliative care assistance or the upcoming fundraiser, please contact Nicole at 227-9006 ext. 29 or email hospice@ theeastshore.net

Did you know?

You can buy a one year digital subscription and get your newspaper online, nearly a week before it comes out in stores! Go to **www.eshore.ca** and click Subscribe! Then follow the steps to purchasing a digital subscription. A link will be sent to your inbox

once a month and your fresh, new

Wendy: wmescott@gmail.com_250-225-3381 Muriel: mcrowe@bluebell.ca 250-225-3570

Mainstreet is a click away.

The East Shore Mainstreet Creativity, Community, Conscience Visit us online at www.eshore.ca Email: mainstreet@theeastshore.net

SERVICES DIRECTORY

The Service Directory is a great way to have your business listed as a reference for those shopping for a particular professional service. Keep your phone number handy and your message clear.

AUTOMOTIVE/MARINE

EASTSHORE AUTOMOTIVE - Service & Repair 250-227-9370

NORTHSTAR CRESTON - 1-800-551-9351. Full service 8-bay shop featuring Goodwrench Service - \$41.95, genuine GM &AC Delco parts. Full line of major tire brands featuring: BFGoodrich,Michelin,Uniroyal,Hankook, Goodyear and Firestone brands.

BUSINESS SERVICES

MUTUAL FIRE INSURANCE of B.C. Quotes on Homes, Mobiles, Farms & Tenants. Seniors discounts at 55. Home Protection; No Claim; New Home. ph/fax 250-428-7937, broker Virginia Harder.

CONSTRUCTION/CONTRACTORS/TRADES

HULLAND AND LARSEN CONSTRUCTION experienced residential construction & custom finish work. 250.551.2915 or 250.505.3570. (see ad in contractor section) JB (JUERGEN BAETZEL) CONSTRUCTION: Over 16 years experience, strong work ethic. Foundations to Finish (concrete, framing, roofing, drywall, siding, flooring, finish, carpentry, tile setting, some plumbing & wiring knowledge) 250.227.9246 or 250.551.7697.

STEEL WHEELS - Septic systems planned & installed. We dig too, mini hoes for you. Dave or Donovan. 250-227-9646.

THE GREEN MACHINE - Excavation, Landscaping, Installation of Waterlines. Ph.: 250.225.3485

TURLOCK ELECTRICAL CONTRACTING LTD. (See colour ad in this issue for more information.) 250-227-9688 or 250-551-4671

Creativity, Community, Conscience

PERSONAL CARE/HEALTH

ACUPUNCTURE - Christine Peel R.Ac. 16210 hwy 3A Unit 9, Crawford Bay Motel. For appointment pls call 250-505-8130. ACUTONICS - vibrational healing with tuning forks, practitioner available. For appointments call Theresa Lee 225-3518/ cell:505-4706

ALEXIS PHILLIPS, M.A., R.C.C. - Registered Clinical Counsellor specializing in complex trauma, relationship issues, grief & loss, anxiety & depression. Apptmnt/consultation, call 250-509-0368.

BLANCHE TANNER - Breath Practitioner, (Family Constellation) Heart-Centred Therapy (Meditation), Healing Emotional, Physical & Sexual Abuse, Addictions, Relationships, Anxiety, Depression.227-6877

COUNSELLING & SUPPORT SERVICES: Free and Confidential for children, adults and families. Services include: Adult Mental Health and Addictions; Child Youth Mental Health; & Family Support. Call 1-866-774-5324 (toll-free) or 250-353-7691. North Kootenay Lake Community Services Society.

tenay Lake Community Services Society. **FINGERPRINTS AND HAND ANALYSIS -** P. Danielle Tonossi IIHA. Discover your Life Purpose and what it takes to live it fully or host a Self-Discovery Hand Reading Circle. My expertise is at your service - 250-227-9478. Info: www.crystalgardenspirit.com

FIRST CONTACT EAST SHORE MIDWIFERY -Sylke Plaumann, registered midwife. 250-227-6846.

MASSAGES & WELLNESS FOR WOMEN - Reflexology according to the clock of Chinese medicine, Reboutology: European method for deep tissue, Breuss spine massage with St.John's Wort oil, relaxing massage, Reiki, hot and cold stone therapeutic massage. Call Geraldine, certified therapist in Europe, over 15 years of practice, 250-227-9890

pist in Europe, over 15 years of practice, 250-227-9890 **REGISTERED HERBAL THERAPIST, MASTER HERBALIST** - Maya Skalinska, M.H., R.H.T. Iridology, Tongue & Pulse analysis, Nutritional consultations, individual herbal remedies, Flower Essence consultations & remedies. For appointments, please call 250-225-3493. **REGISTERED MASSAGE THERAPIST:** Harreson Tanner - Over 30 years clinical experience. Treatment of Lumbo/Sacral Strain, Whip Lash, Frozen Shoulder, Migranes/Headaches, TMJ problems, & Stress. No doct referral req'd. Call: 227-6877/cell: 505-6166.

SAPPHIRE HAIR SALON: Kate Page, hairdresser and proprietress. 16210 Hwy 3A (Crawford Bay Motel) Unit 9. Call to book an appointment: 250.505.6950.

RESTAURANTS

CRAWFORD BAY HALL & COMMUNITY COR-NER BUILDING - available for community events, wedding receptions, workshops etc. Non-smoking facilities. Call Kathy, 227-9205.

MAXX AND NAMBI'S FAMILY RESTAURANT: Open 7 days a week. Sunday Breakfast 8 till noon. (located beside Newkey's)

NEWKEY'S PLACE - Hwy 3A in Crawford Bay, licensed area. Open 10 am til close Monday to Sunday. Food Specials all day. 227-6911.

RÓCKWOOD CAFÉ - Authentic Chinese food, great pizzas and perfect burgers. Open Tues - Sun. Hwy 3A Gray Creek. 227-6840.

YARD/LANDSCAPING/SITE PREP

TREE SERVICE, RESIDENTIAL - Limbing, Pruning, Topping, Falling. Danger Tree Assessments, Free Estimates. Fully Insured. Please Call James Linn at 250 225 3388

> *Next Deadline: Sept 24, 2014*

CLASSIFIED SECTION

BIZ ANNOUNCEMENTS Sirdar General Store: A unique place to shop on Duck Lake - along Hwy 3A. 2014-2015 Fishing & Hunt-ing Licences, Tags & Regulations, plus CVWMA Fishing & Hunting Permits & Federal Bird Permits--(limited Supply). Fishing Tackle, Groceries, Creston Valley Bakery Products, Island Farms Milk, Chips. Chocolate & Energy Bars, Soft Drinks, Water, Juices. Greeting & Post Cards, Local Crafts, & Souvenirs. Winter Wool Socks, Gloves, Mitts, Scarves, & Toques. Post Office & Faxes. 8050 Hwy 3A, Phone 250-866-5570, Fax 250-866-6811. Happy Labour Day.

Insurance Certification requires professional chimney installation – we are the Pro's – Gray Creek Store, 250.227.9315

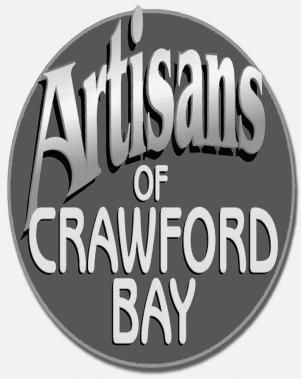
BUSINESS SERVICES

fall: Occupational First Aid level 1, Standard First Aid and CPR-C, Healing with the Arts, and Project Management. Contact Laverne ASAP at eslearningplace@ gmail.com or call 250-551-5827

NOTICES/EVENTS

VOLUNTEERS NEEDED AT THE LEARN-ING HUB - Would you like to take a course but lack funds? Volunteers are needed for data entry, advertising (Facebook), and postering. Knowledge of EXCEL spreadsheets an asset. \$10/hour towards classes and hot lunch when work 3 hours/day. Call today-Laverne at 250-551-5827 or 250-227-9218 ext 5518.

RENTALS/REAL EST. Unique Gray Creek



Meet the wood carver, the weaver, the broom maker, the enamelist, the potter, the blacksmith and more.

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Your Complete Farm, Garden & Pet Care in Creston, BC 250-428-4614

NOW OPEN! We look forward to seeing you. 1628 Canyon St, Creston (right next to 7-eleven)

KOOTENAY LAKE FERRY YEAR ROUND SCHEDULE

Summer Schedule in effect							
Vessel Name	Balfour	Terminal	Kootenay Bay	Terminal			
	Summer	Winter	<u>Summer</u>	Winter			
Osprey 2000	6:30 am	6:30 am	7:10 am	7:10 am			
Osprey 2000	8:10 am	8:10 am	9:00 am	9:00 am			
Osprey 2000	9:50 am	9:50 am	10:40 am	10:40 am			
MV Balfour	10:40 am		11:30 am				
Osprey 2000	11:30 am	11:30 am	12:20 pm	12:20 pm			
MV Balfour	12:20 pm		1:10 pm				
Osprey 2000	1:10 pm	1:10 pm	2:00 pm	2:00 pm			
MV Balfour	2:00 pm		2:50 pm				
Osprey 2000	2:50 pm	2:50 pm	3:40 pm	3:40 pm			
MV Balfour	3:40 pm		4:30 pm				
Osprey 2000	4:30 pm	4:30 pm	5:20 pm	5:20 pm			
MV Balfour	5:20 pm		6:10 pm				
Osprey 2000	6:10 pm	6:10 pm	7:00 pm	7:00 pm			
Osprey 2000	7:50 pm	7:50 pm	8:40 pm	8:40 pm			
Osprey 2000	9:40 pm	9:40 pm	10:20 pm	10:20 pm			

Fax service, photocopies, (withnoPST/GST)TomLymbery – Notary Public, 250- 227-9315, fax 227-9449, 250.227.9448 for Notary Public.

JOB OPPORTUNITIES HELP WANTED! Gray Creek local store looking for part-time retail help, please e-mail resume to info@kootenaylakeview.com INSTRUCTORS NEEDED - Selkirk College/ES learning Hub is looking for local instructors who are available to teach this

18 Mainstreet September 2014

Property for SALE: Beautiful home & second building, studio new kitchen.bamboo flooring, two baths, decks, loft, large master bedroom. Located Jasper Road on 10 acres of forested land with walking trails... For more info & viewing. Call 250.505.3435. Land for Sale: Beautiful lake views from this 10 acre lot located half way up Gray Creek Hill, choices for prime building sites, electricity in place, water spring.For info call 250 505 3435.

A hotbed of creativity ~open every day

info: 250.227.9467 or 9655 or 9245 www.artisansofcrawfordbay.com

BULLETIN BOARD

Community Notices, Thank You's, Not-For-Profit Announcements (all not releated to business), Church Calendar & Meeting Places free on the Bulletin Board.

CHILD HEALTH CLINIC, ADULT IMMUNIZATIONS, PUBLIC HEALTH NURSE Will be at the East Shore Health Centre monthly.

For information, call Creston Health Unit at 250-428-3873.

EAST SHORE HEALTH CENTRE Call 227-9006 *See calendar for doctor days* - Doctor hours are from 9:30am to 4:30 pm. Please call 227-9006. Interior Health Authority, Community Care Nursing and Home Support Services - 250-352-1433.

PHYSICIAN COVERAGE FOR September 2013 Note: Call to cancel if you can not make your appointment. We always have a wait list for patients needing to get an appointment.

Sept 2: Dr. Grymonpre Sept 3: Dr. Moulson Sept 4: Dr. Lee Sept : Dr. Piver Sept 10: Dr Moulson Sept 11: Dr. Lee Sept 16: Dr. Piver Sept 17: Dr. Moulson Sept 18: Dr Lee Sept 23: Dr. Grymonpre Sept 24: Dr. Moulson Sept 25: Dr Grymonpre Sept 30: Dr. Grymonpre Please Note: Lab hours 7:30 - 10:30 am, Weds Call to make appointments at 227-9006 on doctor days and Thursday morning. Tues, Weds & Thurs (8:30 to 12:30) Phone: 250-227-9006 Fax : 250-227-9017

BOSWELL HALL HAPPENINGS

Yoga: Thursdays, 9:30-11:00 am. Merilyn Arms 250-223-8058 Tone & Trim Fitness: Mondays & Fridays 9am Darlene Knudson 250-223-8005 Vinters - Wednesday Sept.3 (this month only-1st Wed.) 7pm Contact Jeanne Kay Guelke 250-402-3791 Book Club - Thursday, Sept 11th 2pm Contact Melody Farmer 250-223-8443 Quilters Guild - Tuesday, Sept 16th 1pm Contact Jan Brooks 250-223-8667 BADEV - Thursday, Sept 11th 9am Contact Rod Stewart 250-223-8089

BOSWELL HALL SPECIAL EVENTS

• Fall Fowl Feast Dinner: Sat. Sept. 27th 6:00pm. Contact Sharon/Bill Bannister: 250.223.8615

HIKE FOR HOSPICE

'Hike for Hospice' awareness and fundraising walk, Sunday September 28th in Riondel. Registration at Riondel Community Centre 9:30am; walk at 10am. Luncheon and prizes at Centre after. Pledge forms at stores and medical clinic. Join us in a lovely walk through Riondel to promote East Shore Hospice and raise funds for our programs. Kids can bring their bikes! Nicole at 227-9006 ext. 29 or hospice@theeastshore.net.

CALL FOR ITEMS

With vegetables nearly exploding from our gardens,



Nathalie's Produce

At the Market every Sunday, 10-2 in Crawford Bay

<u>September:</u> Canning peaches, canning tomatoes, prunes, pears and apples!

> Certified Organic & Conventional NathalieSPPOdUCe@Yahoo.com 250.509.0373

Planning a wedding?Holding a meeting?

Consider renting the BOSWELL HALL

Booking/info: Judy @ 250-223-8664

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CHURCH CALENDAR

RIONDEL COMMUNITY CHURCH

Sept 2014 SCHEDULE Sept 7: Br. Jeff Zak, 11am Music: Marie Gale Sept 14: Rev. John Ruder, 11am Music: Marie Gale Sept 21: Rev. Derrick Smith, 1pm Music: Marie Gale Sept 28: Rev. Derrick Smith, 1pm Music: Marie Gale Please check www.riondel.ca for changes Info at 250-225-3381

CHRIST CHURCH & EAST SHORE CONGREGATIONS

ST. ANSELM'S CHURCH BOSWELL (Anglican) For information call Christ Church Creston 428-4248 Sept 7: 1:30 - Rev. Robin Ruder Celiz Oct 5: TBA

HARRISON MEM. COMM. CHURCH, ANGLICAN

Crawford Creek Rd., Crawford Bay Everyone Welcome! September 21: Rev Derrick Smith - Joint Service with Riondel at Riondel Community Church, 1pm For information call Karen Gilbert: 227-8914

KOOTENAY LAKE COMMUNITY CHURCH

A Lighthouse on the East Shore Come & join us Sundays at 10 am. Coffee fellowship after the service. 16190 Hwy 3A, Crawford Bay250.227.9444

TEMPLE OF DIVINE LIGHT

Dedicated to all religions. Satsang each evening 8:00 pm. Everyone welcome - Yasodhara Ashram 227-9224

MOST HOLY REDEEMER CATHOLIC CHURCH, RIONDEL

Reverend Thomas Kakkaniyil Phone: 428-2300 Fax: 428-4811 Sunday Mass at 2:00 pm 1st Sunday of the month, Fellowship Sunday.

THE CHURCH OF JESUS CHRIST OF LATTER DAY SAINTS

1520 Campbell Avenue, Riondel, B.C. Meetings begin at 10 am, every Sunday. Info call, 250-227-9522

CHRISTIAN SCIENCE CHURCH SERVICES Held in the Anglican Church, 8151 Busk Rd, Balfour Sundays, 9:30 am - All welcome For info, call: 250.229.5237



MEETING PLACES

LIONS CLUB - meets at the Kootenay Lake Community Church - 16190 Highway 3A, Crawford Bay. Meeting Times: 7 pm. Second and Fourth Tuesday of the Month For More info call Lion Mike Jeffery – 250-227-6807 or Lion David George at 250-227-9550 or Lion Jim at 250-227-9622.

Crawford Bay's Dirty Beds Produce is at the height of our harvest season! We would like to put a call out for the following items that can be dropped off at the back of the school either in "the cage" or near the garden. We are looking for donations of sturdy cardboard boxes (no tape or staples please!), leaves, straw, potato sacks/ large burlap coffee sacks and canning jars (250 or 500mL). For more information, please contact Jessie at 778.962.0311 or message us on our Facebook page - "Dirty Beds Produce." Thank you to everyone for your continued support!

We can review your house insurance policy with you. Be sure to keep it up-to-date!

Office Hours: Tues - Fri: 9-5 (closed from 1-2) Saturday: 8:30 - 12:30

Creativity, Community, Conscience

#16030 Hwy 3A, Crawford Bay Phone: 250.227.9698 **TOPS** - Take Off Pounds Sensibly: meets every Thursday morning at 8:30 am in the Kootenay Lake Community Church basement. Call Marilyn for more info: 227-9129

PARENT ADVISORY COMMITTEE

 (PAC) Meetings held at 7 pm at the Crawford Bay School library on (usually) the second Monday of the month. (or Tues if Pro-D) Call Ingrid to be put on the agenda - 250.227.9246
Nov PAC Meeting: No more meetings until Sept/Oct All parents/guardians welcome!

SEPTEMBER 2014

BACK PAGE

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1	2	3	4	5	6
			Volleyball, 7pm, CB Gym			
			Bingo, Rio CC, 7pm			
		Dr. Grymonpre	DI. Mouison	Dr. Lee		
7	8	9	10	11	12	2 1
		Scott Cook The Hub				
		Pub Mtng Riondel CC Refer- endum, Rio CC, 6:30				
		Lions Mtng, 7 pm		Many Bays Practice, 7pm TOPS, KLCC bsmnt, 8:30am		
Sunday Market, 10-2, CB Park		Dr. Piver	Dr. Moulson	Dr Lee		Fall Fair, CB Hall, noo
14	15	16	17	18	19	2
		Vet Clinic, CB Motel, #6	Volleyball, 7pm, CB Gym	IVIALIV DAVS FLACUCE. (DIT		
unday Market, 10-2, CB Park		Dr. Piver	Bingo, Rio CC, 7pm Dr. Moulson	TOPS, KLCC bsmnt, 8:30am Dr. Lee	Gabriel Palatchi, The Hu	b
21	22	23	24	<u>Di. Lee</u> 25	26	
		_0		_0		-
			Volleyball, 7pm, CB Gym Bingo, Rio CC, 7pm			
			Koot. Coop AGM, Nelson	Many Bays Practice, 7pm		
		Lions Mtng, 7 pm	Mainstreet Deadline	TOPS, KLCC bsmnt, 8:30am		
		Dr Grymonpre	Dr. Moulson	Dr. Grymonpre	Rec 9 Grant App Deadlin	e
28	29	30				
ke for Hospice, 9:30, Rio CC		Dr. Grymonpre				
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Open every day, 6:30am - 10pm

Sat: Prime Rib - \$28



Stay & Play Special Sept 21-28

"Last shot at Kokanee for 2014" \$104 pp/night Includes one room for one night and 18 holes of golf with a cart!

> Book tee times by calling the resort at

ADVERTISER	PAGE	Sunset Seed
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Community Futures	15	St
Crawford Bay Hall & Parks	13	
Crawford Bay Market	10	H
Credit Union	9	CRAW
Creston Vet Clinic	15	
EDC	4	<u>Sun, T</u>
ESIS	9	9 an
Eastshore Physiotherapy	13	
Fall Fair	10	
Fitness Place	14	BOS
Fridgeworks	1	We
Gray Creek Store Help Want	ed 7	
Gray Creek Store	10	11
G.R.S. Contracting	10	
Harreson Tanner	13	
Hub, The	12	Libra
Hulland and Larsen	10	
JB Construction	9	Eas
Kootenay Gutbuster	9	Re
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Kootenay Insurance Services	s 19	Tures
Lakeview	10	Tues
Nathalie's Produce	19	Thur
Nelson Commons	11	R
RDCK Rec 98		Li
Riondel Commission Referer	ndum 6	Mon
Riondel Market	10	
Sacred Journey	6	
Sapphire Hair Salon	10	6
Studio Ponnuki	5	Tues,
Sunnywoods Farm	15	10am

Transfer
Station
Hours
RAWFORD BAY:
in Tues Thurs

n - 3 pm

SWELL: ds/Sat: - 3 pm

ry Hours:

st Shore eading

Thurs: Chicken & Ribs - \$22

Brand new menu featuring favourite comfort foods and food for the soul...

Come on in today.

250.227.9226 or the Pro Shop, 250.227.2005.

Reconnecting with the East Shore · one meal, one stroke, E one smile at a time...

ES Health Centre 227-9006 Drug & Alcohol: 353-7691 Child & Youth: 353-7691 Public Health Dental Screening/Counseling: 428-3876 Community Nursing: 352-1433 Hospice: 227-9006 Mammography Screening: 354-6721 Baby Clinics: 428-3873 Physiotherapy: 227-9155 Massage Therapy: 227-6877 For more on facility, call Kathy Smith, 227-9006

20 Mainstreet September 2014

entre: & Sat: 12-3 rs: 7-9 pm iondel ibrary: 1: 2-4 pm, **Neds:** 6-8 pm Thurs, Sat: 1-12:30pm